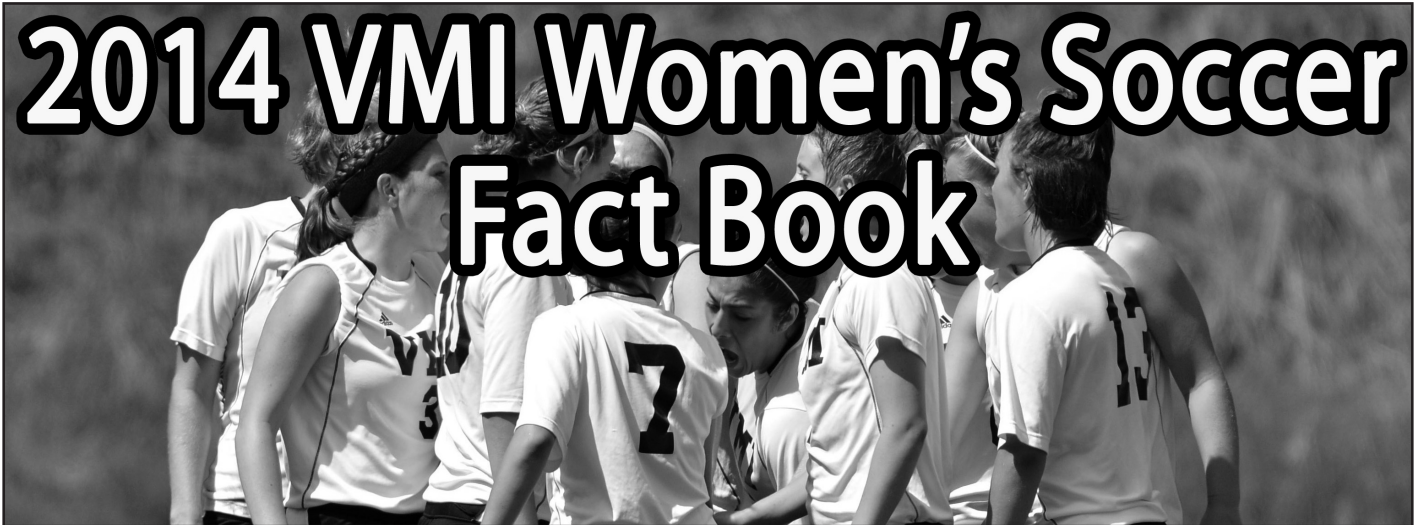


2014 VMI Women's Soccer Fact Book



Quick Facts

General Information

SchoolVirginia Military Institute
 CityLexington, Va.
 Founded1839
 Enrollment1,650
 NicknameKeydets
 ColorsRed, White & Yellow
 FieldPatchin Field (1,000)
 AffiliationNCAA Division I
 ConferenceSouthern Conference
 SuperintendentGen. J.H. Binford Peay, III (VMI '62)
 Athletic DirectorDr. Dave Diles (Ohio '83)

Women's Soccer Team Information

Head CoachBryan Williams (Washington & Lee '81, 10th Year)
 Career Record74-194-18 (16th Season)
 Record at VMI44-116-8 (10th Season)
 Office Phone540-464-7608
 Emailwilliamsbg@vmi.edu
 Volunteer AssistantLT Kristen Laraway (Navy '09)
 2013 Record3-15 (1-10 Big South Conference)
 Team CaptainSarah Putney
 Letterwinners Returning/Lost16/1
 Starters Returning/Lost11/0

Athletic Communications Department

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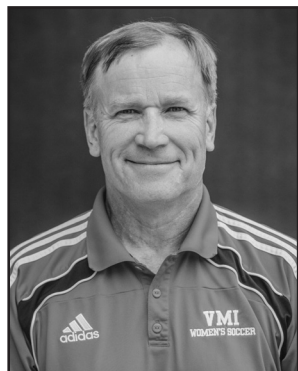


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Credits

The 2014 VMI Women's Soccer Fact Book is a production of the VMI Athletic Communications Office. Copies are available on VMIKeydets.com, but will not be printed and given to the general public. **Written and Edited** by Brad Salois.
Editorial Assistance by John Stark and the VMI women's soccer coaching staff.
Photography by Jeremy Ledbetter, Brad Salois and Chuck Steenburgh '86.



Head Coach Bryan Williams

• Washington & Lee '81

• 10th Season

2014 will mark Head Coach Bryan Williams' tenth season at VMI as the program moves into the Southern Conference for the first time. Williams has led the team to numerous program bests including the team's first NCAA Division I victory in 2005, a conference tournament appearance in 2007 and first postseason win in 2008. The squad subsequently won another Big South first round game the next year and was in the conference semifinal in both 2008 and 2009. 2014 will also mark the largest women's soccer team in VMI history with 25 Keydet athletes comprising the program, 17 returning players being joined by eight freshmen for an increase of 32%.

In 2013, the team was young with almost half of the roster being composed of freshman. The Keydets were one of three teams in Division I with no seniors that season, but the program showed well, especially against the likes of Gardner-Webb, Delaware State and South Carolina State. Junior Killian Buckley was named to the Big South Conference All-Academic Team. In 2012, the Keydets fielded a young squad also, with six freshmen on the roster, three of whom were regular starters. Simone Jimenez and Kacey Hall, four-year stalwarts for the program, ended their careers, with Jimenez finishing tied for fourth in assists in program history. Both Jimenez and Hall both finished VMI at the very top of their majors, with Jimenez moving on in business to Wall Street and Hall taking Chemistry to a new level at Duke University's post-graduate program. 2011 saw Williams' squad paced by Sarah Strand, who had 19 points to tie for the fifth-most in team history. Junior Jimenez also had a breakout campaign, while a talented group of freshman, including the Putney twins and Liz Affronti, played a key role for a young Keydet team.

2010 was a difficult year for VMI, as the Keydets managed just three wins, but one was a third-straight win over rival Liberty on senior day. Sarah Strand was named to the All-Conference team and Simone Jimenez was named to the conference all-academic team. 2009 saw the Keydets set a new program mark for goals against average (1.06), sparked by Angela Redmond's 0.81 GAA and 89.3 save percentage, which was the fourth-best in Division I. In front of Redmond, then-senior Audrey Falconi helped lead a veteran back line that boosted VMI to a semifinal appearance in the conference tournament only to lose to Winthrop in double overtime and penalty kicks. Falconi, who was the first female athlete at VMI to earn the school's top athletic award, the "Three-Legged Stool", and was the conference freshman of the year in 2007, was named to the VaSID All-State First Team following the '09 season. She was also named the Big South Women's Soccer Scholar Athlete of the Year, to the All-Conference First Team, to CoSIDA's Academic All-District Team for the third-consecutive year, and finally, she became the second Keydet player to earn a post-graduate fellowship from the Big South, joining Raevon Pulliam '06.

Several Keydet players have also taken prominent military commissioning opportunities, including LT Alexi Staton who is serving as a naval navigator, Celine Ziobro '09, who was the third Keydet player offered a prominent Air Force pilot training slot, and Falconi, who has earned her medical degree and serves as a doctor in the Army. In 2008, Williams guided the Keydets to their most successful season in school history, one during which the team posted its most overall wins (10), most conference wins (5) and its first-ever postseason win. Williams was recognized for his efforts by his peers, earning Big South Conference Coach of the Year honors after his team jumped from eighth in the league standings into a tie for second during that season.

The accolades didn't stop there, as Williams saw three of his players named All-Conference, while Olivia Moore took home both Big South and All-State Freshman of the Year awards. Overall, VMI was listed as one of the most improved teams in the country in 2008, while establishing new school records in assists (27), shutouts (6), save percentage (81.9%) and goals-against-average (1.30). Williams was named the second coach of the VMI women's soccer program on July 12, 2005. In his first season, Williams led the squad to its most successful year in the program's history, collecting seven wins while also notching the team's first win over a Division I opponent and its first triumph over a Big South foe. Since that time, he has continued to build the Keydets into a competitive program, with the team claiming several milestone wins, including a triumph against Big South foes Winthrop, Radford, Coastal Carolina and back-to-back victories over arch-rival The Citadel. However, the Keydet program is far from the first fledgling program Williams has taken under his wings. Before spending the spring of 2004 back in Richmond, leading St. Catherine's to a 10-6-1 record and a second place finish in the League of Independent Schools, Williams coached for six seasons at Thiel College in Pennsylvania, beginning the men's soccer program and taking over a women's team that was just two years old.



Coaching Staff

Beginning in 1998, Williams shaped both programs into competitive forces in the Division III President's Athletic Conference. Williams was recognized for his efforts by his peers, being voted Women's Soccer Coach of the Year in 2001 and Men's Soccer Coach of the Year in 2002. However, his work with the Thiel soccer programs was only half of the story. In the winter and spring, Williams would then take over his responsibilities as the head coach for the college's men's and women's indoor and outdoor track and field teams. In his five years at the helm of those programs, he was also received Coach of the Year honors, in 2002 with the women's team and 2003 with the men's team. In his tenure, he coached four Conference MVP's, two Academic All-Americans and one All-American. He also led his men's team to a conference championship and two runner-up finishes, while the women's team was four times the runners-up in the conference championship.

Prior to his tenure at Thiel, Williams held coaching jobs at Pembroke Hill School in Kansas City, Mo., where he was the head coach for the girls' team and both assistant head coach and later head coach with the boys' team. While there, he helped lead the team to four state championship appearances in six seasons. While in Kansas City, he won two more Coach of the Year awards, one from the Kansas City Metro Conference, and one from District 7 of Missouri High Schools. Williams also served as the men's club soccer coach at the University of Kansas and the head boys' soccer coach at Shawnee Mission East HS, where he led the team to a regional championship. Williams competed collegiately for the Generals of Washington & Lee, where he was a standout player. Named the Team MVP three times, Williams was also named to the Old Dominion Athletic Conference's First Team, All-Tournament Team and the VISA West All-State team all three seasons. As a junior, he earned a spot on the prestigious NSCAA All-South Team, while as a senior, Williams was captain of the team and received ODAC Player of the Year honors. As a scholastic player at St. Christopher's, Williams was the team captain as well, and received Richmond All-Metro, All-League and All-State honors.

Williams holds both an Advanced Diploma and a National Diploma from the NSCAA, in addition to his USSF National B License. The 1981 graduate of Washington & Lee is married to the former Heather Cook of Doylestown, Pa. and has five children, Virginia (23), George (19), Emma (15), Stewart (6) and Isaac (3).



Volunteer Assistant Coach LT Kristen Laraway

- Navy '09
- Second Season

2014 is LT Kristen Laraway's second season as a volunteer assistant coach for women's soccer.

LT Laraway is a native of Long Valley, New Jersey who graduated from the Naval Academy in 2009 after lettering four years on the Mids' women's soccer team. After commissioning, LT Laraway reported aboard USS CLEVELAND (LPD 7) where she served as the Propulsion Officer from June 2009 to September 2011, completing a deployment to the Western Pacific and Arabian Gulf during that time. She also completed a South Pacific deployment where she participated in Pacific Partnership 2011. Following the CLEVELAND, LT Laraway reported to Costal Riverine Squadron Three (CRS) and deployed to Kuwait as a Boat Detachment OIC. During her time at CRS Three, LT Laraway was selected to play on the Armed Forces Women's Soccer team and went on to compete in the Conseil International du Sport Militaire (CISM) 8th World Military Women's Football Championship in Warendorf, Germany.

LT Laraway is a Naval Science Instructor at VMI's NROTC unit.

Roster

<u>No.</u>	<u>Name</u>	<u>Position</u>	<u>HT</u>	<u>CL</u>	<u>Hometown/Previous School</u>
00	Kirsten Hancock	GK	5-8	Sr.	Midlothian, Va./Midlothian
0	Liz Nickerson	GK	5-4	Jr.	Seaford, Va./So. Conn. State
1	Emily Marbury	GK	5-5	So.	Crozet, Va./Western Albemarle
2	Alex Frank	F	5-3	Fr.	Vicenza, Italy/Vicenza American
3	Erica Putney	D	5-4	Sr.	Midlothian, Va./Midlothian
4	Eryn Daman	F/M/D	5-1	Fr.	DeWitt, Mich./DeWitt
5	Kristen Whitehurst	M	5-5	So.	Dumfries, Va./Potomac Sr.
6	Lauren Wandzel	D	5-9	Fr.	Livonia, Mich./Ladywood
7	Killian Buckley	D/M	5-2	Sr.	Warren, Mass./Tantasqua Reg.
9	Emma Quirk	F	5-4	Fr.	Ashburn, Va./Briar Woods
10	Sam Boney	M	5-7	So.	Stafford, Va./Mountain View
11	Carlee Anderson	M	5-9	Fr.	Vinton, Va./William Byrd
12/25	Bridgette Pouliot	D/M	5-6	Jr.	Woodbridge, Va./Gar-Field
13	Emily Adams	M	5-5	So.	Chino Hills, Calif./Chino Hills
14	Lizzy Cotter	D	5-7	So.	Fairfax, Va./Chantilly
15	Allie Segura	M	5-4	Sr.	Hampton, Va./Kecoughtan
16	Liz Affronti	M/F	5-5	Sr.	Virginia Beach, Va./Norfolk Acad.
17	Sarah Putney	M	5-5	Sr.	Midlothian, Va./Midlothian
18/28	Sydney Bligh	D/GK	5-9	Jr.	Chesapeake, Va./Grassfield
19	Nicole Blixt	M	5-10	Sr.	Montclair, Va./Forest Park
20	Myranda Emery	M/F	5-4	R-Jr.	Manassas, Va./Osborn Park
21	Sam Shepherd	D	5-7	Fr.	Lower Burrell, Pa./Burrell
22	Amy Horney	D	5-9	Fr.	Wilmington, Del./Padua Acad.
23	Aaliyah Lyttle	F	5-2	Fr.	Williamsburg, Va./Jamestown
24	Meredith Baldasare	F/M	5-5	Jr.	Williamsburg, Va./Burton

By Class

Seniors - Hancock, E. Putney, Buckley, S. Putney, Segura, Affronti, Blixt

Juniors - Emery (R-Jr.), Nickerson, Pouliot, Baldasare, Bligh

Sophomores - Marbury, Whitehurst, Boney, Adams, Cotter

Freshmen - Anderson, Daman, Frank, Horney, Lyttle, Quirk, Shepherd, Wandzel

By State/Country

Virginia - Hancock, Nickerson, Marbury, E. Putney, Whitehurst, S. Putney, Boney, Pouliot, Cotter, Segura, Affronti, Baldasare, Bligh, Blixt, Emery, Anderson, Lyttle, Quirk

Michigan - Daman, Wandzel

California - Adams

Delaware - Horney

Massachusetts - Buckley

Pennsylvania - Shepherd

Italy - Frank

Meet The Keydets



#13 Emily Adams

Sophomore - Midfielder
Chino Hills, Calif.
Chino Hills

2013: Played in all 18 games, starting 11 as a true freshman...played all 90 minutes in four matches...had seven shots on the season as a midfielder.

High School/Personal: Four-year letterwinner as a midfielder at Chino Hills HS...three-year scholar-athlete...Honorable Mention for the Sierra League Athletic All-American Award (2012)...played for multiple clubs, including Glendora Futbol Club, Freedom FC, SoCal Infinity and Strikers FC...first place, Italy Cup women's over 20...second place, Copa Catalunya in Spain...intends to major in Mechanical Engineering at the Institute.

Adams' Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2013	18	0	0	0	7	0	0
Totals	18	0	0	0	7	0	0



#16 Liz Affronti

Senior - Forward/Midfield
Virginia Beach, Va.
Norfolk Academy

2013: Missed the season due to a knee injury.

2012: Started 16 of 17 games as VMI's most consistent forward...had two assists on the year, one coming against Old Dominion (Sept. 9) and the other against UNC Asheville (9/27)...ranked second on the team with 17 shots, a season-high three coming in finale against Radford...had at least one shot in 11 different games...posted six shots on goal, four coming over the season's final three matches.

2011: Played in and started all 17 games...scored two goals and had an assist...collegiate debut was a great one, as she notched an assist and the game-winning goal, finding the back of the net in the second OT to best Howard...also scored against Charleston Southern...had 43 shots on the year, nearly half of which were on goal.

High School/Personal: First Team All-TCIS (2010)...First Team All-State (2010)...TCIS Tournament Offensive MVP (2010)...member of Virginia Rush and Beach FC club teams...program's first signee from Norfolk Academy...grandfather (Royce Jones '55) was a former VMI football player who served as Director of Cadet Affairs until 1995...is niece of Craig Jones, VMI '80, former kicker and NFL player with the New York Giants and New York Jets.

Affronti's Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2011	17	2	1	5	43	19	1
2012	17	0	2	2	17	6	0
2013	Did not play						
Totals	34	2	3	7	60	25	1



#11 Carlee Anderson

Freshman - Midfielder
Vinton, Va.
William Byrd

High School/Personal: Four-year letterwinner at William Byrd HS in Roanoke...four-time all-district...team captain...team defensive MVP...Second Team All-Region...Roanoke Star Soccer Elite...also ran indoor track and shares the school record in the 4X100-meter relay...BETA Club...Valedictorian...father played football at Ferrum...intends to major in biology.

Coach's Quote: "Carlee is a tenacious player that I feel will fit the program as a solid midfield player. Her versatility has been shown on the field, not only with her club, but also in her high school play. She has a tremendous upside, thanks to her speed and toughness, and I look for her to grow as a player over the next four years with the program. She is also a terrific student, will do well in her choice of study and will reflect well in the Corps."



#24 Meredith Baldasare

Junior
Williamsburg, Va.
Bruton

2013: Saw action in all 18 games, extending her games played streak to 35 in a row...started eight contests...had two assists, the first of which came in Sept. 8's win over Delaware State...also assisted on a late goal Oct. 11 at Charleston Southern...attempted 15 shots on the year...played a season-high 81 minutes at Howard (Sept. 2)...attempted six corner kicks on the season.

2012: Saw action in all 17 games, starting against Charleston Southern and Gardner-Webb...scored her first career goal Sept. 29 against Presbyterian College...played a season-high 65 minutes against Charleston Southern...had 14 shots, a total that ranked third on the squad...six of those shots were on goal...limited late in the year due to nagging injury.

High School/Personal: Four-year letterwinner for Bruton High School...three-year team MVP...First Team All-District and Second Team All-Region (2012)...Second Team All-District (2011)...All-District Honorable Mention (2010)...third-leading scorer in TCIS District (2009)...led team in scoring in both 2010 and 2011...holds school record for most goals in a game (5) and most goals in a season (21), as well as most assists in a season...ODP Regional Pool...VA Legacy Club team...treasurer for National Honor Society and Spanish Honor Society...grandfather was VMI Class of 1962, while two uncles were VMI Class of 1990...intends to major in Biology.

Baldasare's Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2012	17	1	0	2	14	6	0
2013	18	0	2	2	15	8	0
Totals	35	1	2	4	29	14	0



Meet The Keydets



#18/28 Sydney

Bligh

Junior - Defender/Goalkeeper

Chesapeake, Va.

Grassfield

2013: Played in all 18 games, starting 12...scored two goals on the year, including the game-winner Sept. 6 against South Carolina State...also had a goal in Aug. 30 loss to now-SoCon foe East Tennessee State...played all 90 minutes four times, three of which came late in the year.

2012: Did not see time early in the year, but worked herself into a role late in the season...saw time in nine games off the Keydet bench...played primarily in the defensive midfield role...played a season-high 58 minutes against Charleston Southern...had three shots on the season, one apiece against Presbyterian, CSU and Gardner-Webb.

High School/Personal: Helped Grassfield to its first regional title and state appearance in 2011...earned VHSL State Tournament recognition...former member of Far East All-Pacific All-Star team...All-Okinawa Soccer Tournament MVP...former captain of Western Branch Soccer Club and Okinawa Diplomats...played club soccer for Beach FC...earned VHSL's over 3.5 GPA award...also a top-20 finalist in International Science Fair, and earned first place in a National History Day competition.

Bligh's Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2012	9	0	0	0	3	0	0
2013	18	2	0	4	14	3	1
Totals	27	2	0	4	17	3	1



#19 Nicole

Blixt

Senior - Defender/Midfield

Montclair, Va.

Forest Park

2013: Played in all 18 games, starting 12 including 10 of the season's last 11...scored her first career goal in Oct. 11 loss to Charleston Southern...assisted on a score for her first career point Sept. 8 against Delaware State...had 11 shots on the year.

2012: Saw action in 15 games, starting 10...beginning with the Sept. 27 UNC Asheville game, started each of the final nine games...played a season-high 80 minutes in season finale against Radford...had four shots on the year.

2011: Started each of VMI's first 12 games before suffering a season-ending injury...expected to return in 2012...key part of the young Keydet back line...played every minute in her final 11 matches, including in the double overtime games against St. Bonaventure and Presbyterian...took four shots on the year, two each against Youngstown State and Presbyterian.

High School/Personal: Four-year letterwinner at Forest Park...All-District Honorable Mention...member of 2010 District Champions...played for Loudoun 92 Red Club, ranked #1 in Virginia and #21 in nation in 2010...State and District Olympic Development Program (ODP) 2009...member of National Honor Society...also part of the National Art Honor Society and the Latin Honor Society.

Blixt's Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2011	12	0	0	0	4	1	0
2012	15	0	0	0	4	1	0
2013	18	1	1	3	11	4	0
Totals	45	1	1	3	19	6	0



#10 Sam

Boney

Sophomore - Defender

Stafford, Va.

Mountain View

2013: Played in and started all 18 games as a true freshman, all on the back line...had five shots, three of which were on goal...played all 90 minutes in 11 of the 18 matches.

High School/Personal: Four-year letterwinner as a center midfielder for Mountain View HS...Coaches Award...team leader in assists...First Team All-District...in club experience, played for the Fredericksburg Area Soccer Association (FASA), the same club that former Keydet team captain Kacey Hall played for...member of Virginia ODP program...Super 20's...National 20's Championship...intends to major in mechanical engineering at the Institute.

Boney's Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2013	18	0	0	0	5	3	0
Totals	18	0	0	0	5	3	0



#7 Killian

Buckley

Senior - Midfielder

Warren, Mass.

Tantasqua Regional

2013: Played in all 18 games and saw action all over the field...scored her first career goal, a game-winner, Oct. 9 against Gardner-Webb to break VMI's near-two year Big South losing streak...amassed seven shots on the season...played a season-high 80 minutes against Saint Peter's...named to the Big South All-Academic Team.

2012: Played in all 17 games...made nine starts on the year...played all 90 minutes in Sept. 14 loss to Mount St. Mary's...amassed three shots on the season.

2011: Saw action in 16 matches, including one start (Southern Virginia)...played a season-high 83 minutes against SVU...had three shots on the year, including one on goal against St. Bonaventure...also played over 50 minutes in Oct. 1's tie with Presbyterian...academically, was part of Phi Eta Sigma freshman honor society.

High School/Personal: Four-year starter at Tantasqua Regional...First Team SWCL...member of Central Massachusetts soccer All-Star team...senior captain...played for Massachusetts Premier Soccer and New England Futbol Club teams...National Honor Society member...will attend VMI with a Navy ROTC scholarship.

Buckley's Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2011	16	0	0	0	3	1	0
2012	17	0	0	0	3	0	0
2013	18	1	0	2	7	3	1
Totals	51	1	0	2	13	4	1



Meet The Keydets



#14 Lizzy Cotter

Sophomore - Defender

Fairfax, Va.

Chantilly

2013: Played in all 18 games as a true freshman, starting 10...played all 90 minutes on four occasions...had four shots on the year, three of which were on goal.

High School/Personal: Two-year letterwinner at Chantilly HS...Work Ethic Award...Coaches Award...member of two-time district champion girls' soccer team...team also won regional title in 2013...A and B Honor Roll...On-a-Roll Award...Outstanding Student Award from Chantilly Academy 2013...also played for CSC Revolution club team...lettered one season in indoor track...intends to major in biology at the Institute.

Cotter's Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2013	18	0	0	0	4	3	0
Totals	18	0	0	0	5	3	0



#4 Eryn Daman

Freshman - Forward/Midfield/Defense

DeWitt, Mich.

DeWitt

High School/Personal: Three-year letterwinner for DeWitt HS in DeWitt, Mich...Scholar-Athlete...also played for the Michigan Jags U18 Green, which won a Michigan state title...team captain...MHSAA state finalist...MHSAA regional title...CAAC Cup title...MHSAA and Lansing State Journal Dream Team all-star games...all-conference...all-league...National Honor Society...Academic Hall of Fame...honor roll...Business Professionals of America...intends to major in international studies.

Coach's Quote: "Eryn is the first of two players from Michigan in this year's class. She has tremendous club experience and was a team Captain for her high school side. As a back line player, she helped lead a young team with 19 shutouts this spring back into state contention and a regional berth. Her club coach lauds her for her quickness and ability to get forward to attack from any position, as well as being a true hard worker and a player with a tremendous amount of heart. Eryn's versatility could see her playing multiple positions as she makes the transition to Division I soccer. Another very strong student, she will also be a standout in the classroom and in the Corps."



#20 Myranda Emery

Senior - Forward/Midfield

Manassas, Va.

Osbourn Park

2013: Played in 15 games during the 2013 season...notched points in back to back wins Sept. 6-8, scoring a goal in Sept. 6 win over S.C. State and assisting on a score Sept. 8 against Delaware State...had season-high four shots in Oct. 23 win over UNC Asheville.

2012: Did not play.

2011: Played in 13 games, starting 11...had a goal and an assist in season opener against Howard...had season-high five shots against UNC Asheville...played all 110 minutes in tie against Presbyterian College.

High School/Personal: Four-year letterwinner at Osbourn Park...All-District...Super Y ODP National Camp All-Star...Region I ODP tournament finalist...ODP district and state team...played for Loudoun 92 Red and Arlington Pride club teams...former jump rope gold medalist in the junior Olympics...both father and brother are semi-pro anglers.

Emery's Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2011	13	1	2	4	20	9	0
2012	Did not play						
2013	15	1	1	3	16	8	0
Totals	28	2	3	7	36	17	0



#2 Alex Frank

Freshman - Forward

Vicenza, Italy

Vicenza American

High School/Personal: Four-year letterwinner at Vicenza American HS in Vicenza, Italy...two-year team captain...scored 30 goals in 2013 to set school record...school female athlete of the year in 2013-14...four-time winner of athletic academic achievement award for both volleyball and soccer...four-time First Team All-Region...three-time First Team All-Europe...one-time Second Team All-Europe...four-time All-Tournament Team...lettered four years in volleyball as well...expected to major in international studies.

Coach's Quote: "Alex joins VMI from being stationed with her parents in Vicenza, Italy. Having the opportunity to not only play in the Department of Defense (DOD) European High School and ODP systems, she has also been able to play Italian league ball with her local club and brings a strong European experience to VMI for the first time. Her ability to score goals has been proven time and time again. I fully expect her to make an impact with our move to the Southern Conference and hope she can get on track quickly, to impact the non-conference schedule as well. Having found out about Alex four years ago from a VMI alumnus also stationed in Italy, I am thrilled that she chose us over other options she may have had!"



Meet The Keydets



#00 Kirsten Hancock

Senior - Goalkeeper
Midlothian, Va.
Midlothian

2013: Missed the entire season due to illness.

2012: Saw action in eight games, starting four, as she shared time with Mackenzie Harrmann for portions of the season...started two of VMI's more closely contested conference games, a 2-0 loss to Campbell and a 4-2 loss to UNC Asheville, giving up two and one goal (s) respectively in each...played 363 minutes on the year...had a 2.48 GAA and a 71.4 save percentage...had 25 total saves...expected to miss the 2013 season.

2011: Played the second half of a 2-0 win against Southern Virginia...made two saves and did not allow a goal in her only action of the year.

High School/Personal: Four-year letterwinner at Midlothian HS...First Team All-District (2009)...Second Team All-Region that season as well...two-time Second Team All-District (2010-11)...four-time All-Academic...two-time team captain...high school teammate of fellow signees Erica and Sarah Putney...played for Richmond Kickers Elite club team...two-time Super Y ODP National Camp selection...Super Y ODP Camp All-Star...Super Y ODP Select team...Fayetteville Friendlies All-Star.

Hancock's Career Stats

YR	GP	MIN	GAA	S	S%	W	L
2011	1	45	0.00	2	1.000	0	0
2012	8	363:24	2.48	25	.714	0	4
2013	Did not play						
Totals	9	408:24	2.48	27	.730	0	4



#22 Amy Horney

Freshman - Defender
Wilmington, Del.
Padua Academy

High School/Personal: Key defender on three-time state champion Padua Academy...team has a 66-3-3 record in her 72 career starts...48 career shutouts...has scored six goals as a center back this year...St. Francis de Sales Award...Student Council Leadership Award...Student Body President for 2013-14 year...also plays for Delaware Rush '95, six-time state champions and top-ranked club team in the state...father played baseball at Navy...sister rowed crew at Delaware...expected to major in computer science.

Coach's Quote: "I am excited to have Amy Horney joining the program. She is a central defender with height, athleticism and experience, and her team just won the Delaware State Championship for the third time. Having seen her play, she provides stability and strength to the defense and midfield. She also possesses the ability to come forward on set pieces to score goals. Amy has a terrific club background as well, and her leadership has helped her teams to an average of over 11 shutouts per season. Another very strong student, she is considering commissioning with the Marine Corps. I feel, as with all these players, she will represent the program well on the field and on the hill. She too will continue to mature and become an even better player here at VMI."



#23 Aaliyah Lyttle

Freshman - Forward
Williamsburg, Va.
Jamestown

High School/Personal: Four-year letterwinner at Jamestown HS...two-time First Team All-District...First Team All-Conference (2014)...Second Team All-Region twice...comes off 16-goal, five assist season...named Most Outstanding Female Soccer Player by Peninsula Sports Club...Academic Leadership in American Studies (2013)...played for Tidewater Sharks, Williamsburg Soccer Club and Virginia Legacy Soccer Club...also lettered four years in basketball and was First Team All-District twice...intends to major in biology.

Coach's Quote: "Aaliyah Lyttle comes to VMI with a desire to commission into the Army and pursue physical therapy within that service. A wonderful young lady, she has at times dominated district and regional play with her high school -Jamestown in Williamsburg - and helped her club to find success with her scoring ability. She was particularly strong this year in winning the Peninsula Player of the Year award. Aaliyah's job for VMI will be to create goals and hold the ball to allow the team to come forward. Her upside is that she has not peaked as a player, as well as the a comfort level to the field when she plays. She is a strong, persistent player who is unselfish and opportunistic. I feel she will also make an impact with our team going into the SoCon."



#1 Emily Marbury

Sophomore - Goalkeeper
Crozet, Va.
Western Albemarle

2013: Shared time in goal with Liz Nickerson...started eight games on the year, went 2-9 with a shutout win over Delaware State (Sept. 8)...also beat South Carolina State two days prior...had a 3.37 goals against average and a .638 save percentage...early frontrunner for 2014 starting job in goal.

High School/Personal: Four-year letterwinner at Western Albemarle...two-time First Team all-district...two-time First Team all-region...two-year team captain...led team to 2013 District Championship...35 career shutouts in 51 games played...also a three-year letterwinner in basketball who averaged six points per game...National Honor Society...four-year member of the Principal's Honor Roll...plans to major in biology.

Marbury's Career Stats

YR	GP	MIN	GAA	S	S%	W	L
2013	15	667:21	3.37	44	.638	2	9
Totals	15	667:21	3.37	44	.638	2	9



Meet The Keydets



#0 Liz Nickerson

Junior - Goalkeeper
Seaford, Va.

Southern Conn. St./York HS

2013: Went 1-6 in her first year at VMI with a 1.89 goals against average and a .744 save percentage...shared time in goal with true freshman Emily Marbury...had a scoreless streak of 229:19 that stretched from the first half of Oct. 2's game against Longwood into the opening period of the Oct. 16 game at Liberty...victory was a shutout win over Gardner-Webb on Oct. 9 that broke a near-two year Big South losing streak for the Keydets...was also Nickerson's first game to play all 90 minutes at the Division I level...also played the entire way against Liberty, UNC Asheville and Radford...started 10 games overall.

2012: Played at Southern Connecticut State, a D-II school located in New Haven, Conn...was the top keeper there, going 7-4-1 in 12 games and posting an 0.64 GAA with six clean sheets.

High School/Personal: Was a four-year letterwinner at York HS...two-time Second Team all-district...two-year team captain...played for Phoenix Elite and Virginia Legacy club teams...member of National Honor Society and Spanish National Honor Society...intends to major in business and economics at the Institute...four-year member of the Principal's Honor Roll...plans to major in biology.

Nickerson's Career Stats - Totals at VMI only

YR	GP	MIN	GAA	S	S%	W	L	T
2012	12	1128:12	0.64	43	.843	7	4	1 (at S. Conn. St.)
2013	17	952:39	1.89	58	.744	1	6	0
Totals	15	952:39	1.89	58	.744	1	6	0



#12 Bridgette Pouliot

Junior - Defender/Midfielder
Woodbridge, Va.
Gar-Field

2013: Started all 18 games, running her consecutive starts streak to 35...one of the main Keydet responsible for free kicks and restarts...played all 90 minutes in six matches, including the last four of the season...had seven shots on the year.

2012: Started all 17 games for the Keydets as a true freshman...played every minute in all 17 matches, save one, where she sat out seven minutes...responsible for some of VMI's goal kicks and the majority of VMI's deep free kicks due to her strong, accurate leg...amassed eight shots on the season, four of which were on goal.

High School/Personal: Focused her efforts on travel club soccer...lettered at Gar-Field HS as well and was named Honorable Mention All-District...played for Prince William Soccer ODP, including two years on the state squad in 2008 and 2009...intends to major in Biology at VMI.

Pouliot's Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2012	17	0	0	0	8	4	0
2013	18	0	0	0	7	2	0
Totals	35	0	0	0	15	6	0



#3 Erica Putney

Senior - Defender
Midlothian, Va.
Midlothian

2013: Played in and started 17 of VMI's 18 games...was a fixture on the back-line...had an assist in the Sept. 6 win over South Carolina State...took 21 corner kicks on the year, the second-most on the squad (Myranda Emery)...amassed four shots on the year...played every minute in 13 different matches.

2012: Started all 17 games for the Keydets on the back line...played every minute in eight matches, including five of the final six...had five shots on the year, including two in VMI's win over USC Aiken...had shots on goal against Aiken and High Point.

2011: Played in 14 games as a true freshman, starting 12...played every minute of season opening win over Howard...did so in seven other matches as well...amassed four shots on the year, three on goal.

High School/Personal: Three-time Second Team All-District, multiple-time All-Academic...twin sister of fellow signee Sarah...high school teammate of Kirsten Hancock as well...played for numerous club teams, including Chesterfield United and the Richmond Strikers...lettered two years in indoor track as well, including being a part of the 8th place 4X400-meter relay at the 2009 state championships.

Erica Putney's Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2011	14	0	0	0	4	3	0
2012	17	0	0	0	5	2	0
2013	17	0	1	1	4	2	0
Totals	48	0	1	1	13	7	0



NCAA®

Meet The Keydets



#17 Sarah Putney

Senior - Midfielder

Midlothian, Va.

Midlothian

2013: Served as team captain...started all 18 games...played all 90 minutes in 13 of 18 matches...missed 11 minutes Sept. 25 against High Point, the first minutes she had not played since 2011...played at both midfield and defense at various points throughout the year...will captain 2014 team.

2012: Primarily played on the back line during her second year on Post...one of the more improved players on the squad...played every potential minute of the season, including all 107 in season opener against USC Upstate...came into her own towards the end of the season, when she helped limit two of the Big South's leading scorers - Kelsey Pardue of Longwood and Jamie Bouffard of Liberty - to just one shot apiece...had eight shots on the year, including seven on goal...four of those came in VMI's Sept. 1 win over USC Aiken.

2011: Joined sister Erica and former high school teammate Kirsten Hancock with VMI women's soccer...started all 17 games, frequently playing an attacking midfield position...notched a goal and an assist on the year, with the goal coming in Sept. 16 win over UMBC...assist came at Charleston Southern Oct. 6...attempted a season-high five shots in Sept. 5 win over UNC Asheville.

High School/Personal: Former Second Team All-District selection...All-Academic...had 32 points in the 2010 season...former captain of FC Richmond club team...also played for Richmond Strikers...lettered two years in indoor track as well, including being a part of the 8th place 4X400-meter relay at the 2009 state championships...member of National Honor Society, National German Society and National Art Honors Society.

Sarah Putney's Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2011	17	1	1	3	21	7	0
2012	17	0	1	1	8	7	0
2013	18	0	0	0	11	2	0
Totals	52	1	2	4	40	16	0



#9 Emma Quirk

Freshman - Forward

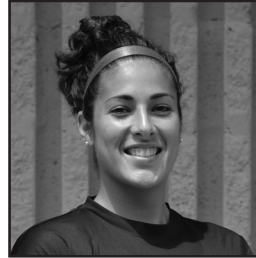
Ashburn, Va.

Briar Woods

High School/Personal: Lettered four years between two different schools, most recently playing at Briar Woods HS for the former state finalists...member of 5A state champions (2014) and scored tying goal in 20th minute of title game...former team captain and varsity MVP while at American Community School, where she was also the 2011-12 female student-athlete of the year...played for Loudon 95G...

Red club team...also lettered one year in basketball and cheerleading...intends to major in English.

Coach's Quote: "Emma joins Alex Frank as a player with DOD experience, having played in Stuttgart, Germany and Amman, Jordan before returning back to the U.S. and playing for a state championship with Briar Woods HS in Ashburn, Va. Emma is an excellent student and has multiple reasons for coming to VMI. A very tough player, she is creative and technical in the middle of the field or from the side. She has the ability to score and create assists for herself and others. Emma will excel on the field and at VMI. Her upside is her international experience, state championship experience and her tremendous growth potential as an athlete and soccer player."



#15 Allie Segura

Senior - Midfielder/Forward

Hampton, Va.

Kecoughtan

2013: Started all 18 games, running her consecutive starts streak to 38 games in a row...saw action all over the field, including at forward...had 11 shots on the year, including five in Sept. 6 win over South Carolina State.

2012: Started all 17 games in her sophomore season...had a team-high 19 shots, eight of which were on goal...had four shots apiece against USC Upstate and Charleston Southern...had three shots on goal against CSU...played all 90 minutes in seven different matches.

2011: Played in 16 games as a true freshman, starting 10...moved into the starting lineup Sept. 2 against Southern Virginia and started the next five VMI games...also started the final three games of the year, all in conference action...played a season-high 110 minutes against Presbyterian College...had a season-best two shots, of her nine total, in opener against Howard.

High School/Personal: Multiple-time All-District honoree...two-time Honorable Mention All-Region, and former Second Team All-Region as well...came into her senior season with 21 career goals...was team's '09 varsity MVP...member of Beach FC Red Piranhas club team.

Segura's Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2011	16	0	0	0	9	6	0
2012	17	0	0	0	19	8	0
2013	18	0	0	0	11	6	0
Totals	51	0	0	0	39	20	0



#21 Sam Shepherd

Freshman - Defender

Lower Burrell, Pa.

Burrell

High School/Personal: Four-year letterwinner for Burrell HS...two-time team captain...scored 10 goals as a defender...also played for Allegheny Force club (three seasons)...that team won the 2013 Mid-Atlantic Soccer Tournament by giving up just one goal and also finished in second at the Columbia Invitational in Maryland...2014 Erie Memorial Day Classic semifinalist...played for Century United club as well...ODP 2008 U14 PA West Regional team...WPIAL All-Section (senior)...Valley News Dispatch All-Star Team (2013)...named one of Topdrawersoccer's top-25 players in Pa...National Honor Society...distinguished honors (sophomore)...honor roll (junior)...U.S. Army Reserve National Scholar-Athlete Award...Rotary Club Academic Achievement Award...two-year Volunteer KinderSoccer Coach...intends to major in chemistry.

Coach's Quote: "Sam Shepherd committed in September of last year, making her the first player in this class. A tough outside defender and wide midfielder, she is quick and likes to attack forward from those positions. She has been part of a very tenacious defense not only with her club, but also with her high school team of Lower Burrell near Pittsburgh, Pa. I am excited to have Sam coming into the program not only due to her upside, but because she is a technical, hardworking player who wants to take on VMI, study chemistry and commission into the Army. She is a strong student and will be an excellent representative of VMI's women's soccer."

Meet The Keydets



#6 Lauren Wandzel

Freshman - Defender
Livonia, Mich.
Ladywood

High School/Personal: Four-year letterwinner at Ladywood HS...member of multi-time Catholic League and District Champion program...four-year honor roll member...part of U17 Nike Rush Team that won 2012 Disney Showcase...LCSC - Livonia City Soccer Club...guest player for U18 Nike Rush (both MRL teams)...grandfather played for the Tigers and Indians in the 30's and 40's...expected to major in biology.

Coach's Quote: "I am very excited to have Lauren Wandzel as part of the team this coming fall. She is our second player from Michigan in the class, and reflects the strength that this group will bring to the current roster of players. Lauren is a strong, central defensive player who also possesses athleticism, height, field presence and speed. She has a terrific club team pedigree and has been a standout for her high school team. She is also playing for a state championship in Michigan, with her team's regional final game scheduled for June 6. Lauren's upside is that she is an improving player who will only get better as she enters the Division I game. She will not only impact our team, but also possesses a terrific attitude and will do well in the Corps. Her long term goal is to commission into the Army, and pursue physical therapy to work with wounded soldiers and veterans."



#5 Kristen Whitehurst

Sophomore - Midfielder
Dumfries, Va.
Potomac Senior

2013: Scored three goals on the year, all of which came in VMI victories...scored both Keydet tallies in Sept. 8's win over Delaware State...got the insurance goal in Oct. 9's victory over Gardner-Webb...had 15 shots on the year out of her midfield role...played all 90 minutes against Delaware State.

High School/Personal: Four-year letterwinner at Potomac Senior HS...two-time First Team all-district...two-time Coach's Award and Team MVP...student-athlete A honor roll...D.C. United 2012 U-20 Super Y (finalists) and Washington Spirit 2013...played for PWSI Courage for seven years...NJROTC Leadership Award...graduated Summa Cum Laude...attending VMI on a four-year Naval ROTC Scholarship and plans to major in international studies.

Whitehurst's Career Stats

YR	GP	G	A	P	SH	SOG	GWG
2013	16	3	0	6	15	7	1
Totals	16	3	0	6	15	7	1



All-Time Results

2003

4-12 Overall

Head Coach: Julie Davis

Aug. 29	Bridgewater	W	4-0
Aug. 31	Randolph-Macon	W	3-0
Sept. 5	at Rowan	L	0-6
Sept. 7	Mercer	L	0-3
Sept. 14	at Radford	L	1-6
Sept. 21	Coastal Carolina	L	1-6
Sept. 26	at Morehead State	L	2-5
Oct. 2	Southern Virginia	W	5-0
Oct. 7	at Roanoke	L	0-4
Oct. 12	UNC Asheville	L	0-4
Oct. 17	at Birmingham-Southern	L	0-2
Oct. 19	at Alabama A&M	L	0-1
Oct. 24	High Point	L	1-3
Oct. 26	at Longwood	L	1-5
Oct. 31	at Carson-Newman	L	0-5
Nov. 2	at Emory & Henry	W	5-2

2004

0-16 Overall, 0-8 Big South

Head Coach: Julie Davis

Aug. 31	at Virginia Tech	L	0-9
Sept. 3	at Gardner-Webb	L	1-8
Sept. 11	Morehead State	L	0-4
Sept. 19	Tennessee Tech	L	0-6
Sept. 24	at The Citadel	L	2-3
Sept. 26	at High Point*	L	0-5
Sept. 30	at Appalachian State	L	0-4
Oct. 2	at Coastal Carolina*	L	0-5
Oct. 6	Radford*	L	0-8
Oct. 10	Alabama A&M	L	1-9
Oct. 12	Longwood	L	1-9
Oct. 16	at Birmingham-Southern*L	0-6	
Oct. 19	Winthrop*	L	0-4
Oct. 23	Charleston Southern*	L	0-3
Oct. 26	Liberty*	L	1-5
Oct. 30	at UNC Asheville*	L	0-4

* - Big South Conference Match

2005

7-12 Overall, 1-7 Big South

Head Coach: Bryan Williams

Aug. 26	The Citadel	L	1-2
Sept. 3	Appalachian State	L	1-5
Sept. 9	vs. Binghamton	L	0-3
Sept. 11	at Youngstown State	W	2-0
Sept. 15	West Virginia Tech	W	13-0
Sept. 17	at Charleston Southern*L	0-2	
Sept. 18	at South Carolina State	W	2-1
Sept. 21	Chowan	W	5-0
Sept. 25	Roanoke	L	2-4
Sept. 28	at Delaware State	W	4-1
Oct. 1	Coastal Carolina*	L	0-2
Oct. 3	Southern Virginia	W	3-1
Oct. 8	at Radford*	L	0-3
Oct. 10	Manhattan	L	0-4
Oct. 15	High Point*	W	4-2
Oct. 18	at Liberty*	L	1-2
Oct. 22	UNC Asheville*	L	2-3 (OT)
Oct. 28	Birmingham-Southern*	L	1-3
Oct. 30	at Winthrop*	L	1-4

* - Big South Conference Match

2006

5-12 Overall, 0-8 Big South

Head Coach: Bryan Williams

Aug. 25	Wofford	L	0-3
Sept. 1	at The Citadel	W	2-0
Sept. 8	at Wagner	W	5-3
Sept. 10	at Manhattan	L	0-6
Sept. 17	Delaware State	W	3-1
Sept. 20	at High Point*	L	2-5
Sept. 23	Winthrop*	L	0-3
Sept. 26	at Appalachian State	L	0-4
Sept. 30	Radford*	L	1-4
Oct. 3	Liberty*	L	0-3
Oct. 8	at Coastal Carolina*	L	0-2
Oct. 10	Southern Virginia	W	6-2
Oct. 15	at UNC Asheville*	L	0-4
Oct. 18	at Longwood	L	1-5
Oct. 21	Charleston Southern*	L	1-3
Oct. 22	South Carolina State	W	5-0
Oct. 29	at Birmingham-Southern*L	1-8	

* - Big South Conference Match

2007

5-13-2 Overall, 1-6 Big South

Head Coach: Bryan Williams

Aug. 31	Howard	W	7-4
Sept. 3	The Citadel	W	1-0
Sept. 7	at Wofford	L	0-1
Sept. 9	at South Carolina State	W	6-0
Sept. 13	at Campbell	L	0-1
Sept. 16	at Richmond	L	0-2
Sept. 19	at Delaware State	T	0-0
Sept. 22	Appalachian State	L	0-3
Sept. 25	at Navy	L	1-2
Sept. 29	Coastal Carolina*	L	0-2
Oct. 2	Southern Virginia	W	9-0
Oct. 6	at Liberty*	L	0-2
Oct. 10	at Radford*	L	1-4
Oct. 14	High Point*	L	0-2
Oct. 17	Longwood	T	1-1
Oct. 21	Presbyterian	L	1-3
Oct. 24	at Winthrop*	W	2-1
Oct. 28	UNC Asheville*	L	0-5
Nov. 3	at Charleston Southern*	L	1-3
Nov. 8	vs. Coastal Carolina!	L	0-1

* - Big South Conference Match

! - Big South Conference Championship

2008

10-10-1 Overall, 5-3-1 Big South

Head Coach: Bryan Williams

Aug. 22	at Howard	L	0-1 (OT)
Sept. 2	at Longwood	L	0-1 (OT)
Sept. 6	Campbell	W	3-1
Sept. 12	South Carolina State	W	6-0
Sept. 14	Navy	L	0-1
Sept. 19	at Northern Arizona&	L	1-3
Sept. 21	vs. Boise State&	L	1-2
Sept. 24	Liberty*	W	2-0
Sept. 28	Delaware State	W	5-0
Oct. 1	Winthrop*	W	3-0
Oct. 4	Charleston Southern*	T	1-1
Oct. 8	Radford*	L	1-4
Oct. 12	at Austin Peay	L	1-4
Oct. 18	at High Point*	W	3-1

Oct. 21	at UNC Asheville*	W	1-0
Oct. 24	at Coastal Carolina*	L	0-1
Oct. 26	Richmond	W	1-0
Oct. 29	at Presbyterian*	L	2-3 (OT)
Nov. 2	Gardner-Webb*	W	3-2 (OT2)
Nov. 6	vs. Winthrop!	W	2-1
Nov. 7	vs. Radford!	L	1-2

* - Big South Conference Match

! - Big South Conference Championship

&- Mountain Classic (Hosted by Northern Arizona Univ.)

2009

7-10-3 Overall, 5-4 Big South

Head Coach: Bryan Williams

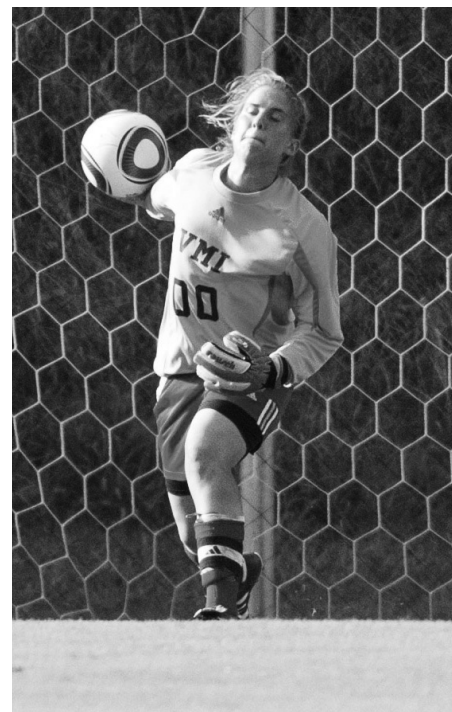
Aug. 21	George Mason	L	0-3
Sept. 1	Howard	W	3-0
Sept. 5	UNC Wilmington	L	0-1
Sept. 12	at Campbell	L	1-2
Sept. 14	at Delaware State	L	0-1
Sept. 18	at Navy	L	0-1
Sept. 24	at UMB	W (OT)	1-0
Sept. 27	Longwood	L	1-2
Oct. 2	Presbyterian Coll.*	W	2-0
Oct. 4	UNC Asheville*	W	2-0
Oct. 10	at Coastal Carolina*L	0-3	
Oct. 12	at Charleston So.*	L	0-3
Oct. 16	Gardner-Webb*	L	0-1
Oct. 18	Winthrop*	W	1-0
Oct. 24	at High Point*	L	0-1
Oct. 26	at Liberty*	W	2-1
Oct. 30	Radford*	W	2-1
Nov. 1	S.C. State	T	0-0
Nov. 5	vs. Coastal Carolina!	T	1-1^
Nov. 6	vs. Winthrop!	T	1-1%

* - Big South Conference Match

! - Big South Conference Championship

^ - Won 5-3 in PK's

% - Lost 0-3 in PK's



All-Time Results

2010

3-16-1 Overall, 2-6 Big South
Head Coach: Bryan Williams

Aug. 20	Austin Peay	L	0-6
Aug. 27	Old Dominion	L	1-4
Aug. 31	at Longwood	L	0-4
Sept. 3	at Mount St. Mary's	L	0-1
Sept. 8	at George Mason	L	0-7
Sept. 11	Campbell	W	1-0
Sept. 13	at Howard	L	0-2
Sept. 17	Navy	L	0-4
Sept. 24	vs. UNLV (@ Air Force)	L	0-5
Sept. 26	at Air Force	L	0-3
Oct. 1	at Presbyterian Coll.*	L	0-2
Oct. 3	at UNC Asheville*	W	3-2
Oct. 8	Coastal Carolina*	L	1-2
Oct. 10	Charleston Southern*	L	0-6
Oct. 15	at Gardner-Webb*	T	1-1
Oct. 17	at Winthrop*	L	0-2
Oct. 22	High Point*	L	0-7
Oct. 24	Liberty*	W	2-1
Oct. 29	at Radford*	L (2 OT)	1-2
Nov. 5	vs. #1 Winthrop!	L	1-3

* - Big South Conference Match

! - Big South Conference Championship

2011

3-12-2 Overall, 0-8-1 Big South
Head Coach: Bryan Williams

Aug. 19	Howard	W,43 (2 OT)
Aug. 26	Youngstown St.	L, 1-3
Sept. 2	Southern Virginia	W, 2-0
Sept. 9	at Army+	L, 0-3
Sept. 11	vs. St. Bonaventure+	T, 1-1 (2 OT)
Sept. 16	UMBC	W, 2-0
Sept. 18	Longwood	L, 0-1
Sept. 25	at USC Upstate	L, 2-3
Sept. 29	UNC Asheville*	L, 1-3
Oct. 1	Presbyterian*	T, 1-1 (2 OT)
Oct. 6	at Charleston So.*	L, 1-3
Oct. 8	at Coastal Carolina*	L, 0-3
Oct. 13	Winthrop*	L, 1-2
Oct. 15	Gardner-Webb*	L, 2-3
Oct. 20	at Liberty*	L, 1-2
Oct. 22	at High Point*	L, 0-1 (OT)
Oct. 25	Radford*	L, 0-4
Oct. 27	at Campbell*	L, 0-1

+ - Army Soccer Classic, West Point, N.Y.

* - Big South Conference Match

2012

1-16 Overall, 0-11 Big South
Head Coach: Bryan Williams

Aug. 17	USC Upstate	L, 0-1 (2 OT)
Aug. 24	Elon	L, 0-4
Sept. 1	USC Aiken	W, 1-0
Sept. 9	at Old Dominion	L, 1-6
Sept. 14	at Mount St. Mary's	L, 0-4
Sept. 16	at Navy	L, 0-5
Sept. 20	Campbell*	L, 0-2
Sept. 22	High Point*	L, 0-5
Sept. 27	at UNC Asheville*	L, 2-4
Sept. 29	at Presbyterian*	L, 1-4
Oct. 4	Charleston Southern*	L, 0-4
Oct. 6	Coastal Carolina*	L, 0-1

Oct. 11	at Winthrop*	L, 1-6
Oct. 14	at Gardner-Webb*	L, 0-2
Oct. 18	Liberty*	L, 0-2
Oct. 20	at Longwood*	L, 0-2
Oct. 23	at Radford*	L, 0-6

* - Big South Conference Match

2013

3-15 Overall, 1-10 Big South
Head Coach: Bryan Williams

Aug. 23	at USC Upstate	L, 1-2
Aug. 30	at ETSU	L, 1-5
Sept. 2	at Howard	L, 0-2
Sept. 6	S.C. State	W, 2-1
Sept. 8	Delaware State	W, 2-0
Sept. 13	at NJIT	L, 0-1
Sept. 15	at Saint Peter's	L, 0-2
Sept. 25	at High Point*	L, 0-6
Sept. 27	at Coastal Carolina*	L, 0-3
Oct. 2	Longwood*	L, 0-3
Oct. 5	Winthrop*	L, 0-4
Oct. 9	Gardner-Webb*	W, 2-0
Oct. 11	at Charleston So.*	L, 1-2
Oct. 16	at Liberty*	L, 0-2
Oct. 19	Presbyterian*	L, 0-4
Oct. 23	UNC Asheville*	L, 0-1
Oct. 26	at Campbell*	L, 0-4
Oct. 29	Radford*	L, 0-3

* - Big South Conference Match



Match Records

Individual

Goals	4, Alexa Bernas (9/15/05 vs. West Virginia Tech)
.....	4, Karen Bill (9/8/06 at Wagner)
Assists	3, Alexa Bernas (9/15/05 vs. West Virginia Tech)
.....	3, Megan Strand (11/2/08 vs. Gardner-Webb)
Points	11, Alexa Bernas (9/15/05 vs. West Virginia Tech)
Shots	12, Colleen Redmond (9/28/05 at Del. State)
.....	12, Alexa Bernas (10/22/06 vs. South Carolina State)
Saves	16, Haley Gross (9/5/03 at Rowan)

Miscellaneous Records

Consecutive Matches Scoring a Point	4, Alexa Bernas, 2005; Colleen Redmond, 2005;
.....	Audrey Falconi, 2006; Olivia Moore, 2008
Consecutive Matches Scoring a Goal	4, Colleen Redmond, 2005
Quickest Back-to-Back Goals	17 seconds, 9/15/05
Scoreless Streak (Individual)	235:50, Heidi Beemer, 9/21/08-10/4/08
Scoreless Streak (Team)	325:50, 9/21/08-10/4/08

Season Records-Team

Most Goals	42 (2005)
Most Goals Per Game	2.21 (2005)
Most Assists	27 (2008)
Most Assists Per Game	1.29 (2008)
Most Points	108 (2005)
Most Points Per Game	5.68 (2005)
Most Shots	306 (2005)
Most Shots Per Game	16.11 (2005)
Most Shots on Goal	172 (2005)

Milestones

First Goal	Colleen Redmond vs. Bridgewater
.....	(Assist from Karen Bill); 8/29/03
First Win	4-0 vs. Bridgewater (Home); 8/29/03
First Road Win	5-2 at Emory & Henry; 11/2/03
First Win Over NCAA Division I Opponent	2-0 at Youngstown State; 9/11/05

Accolades

Big South Conference Freshman of the Year	
2006	Audrey Falconi
2008	Olivia Moore

Big South Conference Coach of the Year	
2008	Bryan Williams

First Team All-Big South Conference	
2008	Audrey Falconi
.....	Olivia Moore
2009	Audrey Falconi

Second Team All-Big South Conference	
2004	Colleen Redmond
2005	Colleen Redmond
2007	Audrey Falconi
2008	Celine Ziobro
2009	Sarah Strand
2010	Sarah Strand
.....	Kelly Morrison
2011	Sarah Strand

Big South Conference All-Freshman Team	
2007	Angela Redmond
2008	Sarah Strand
2009	Kacey Hall

Big South Conference All-Tournament Team	
2008	Megan Strand
.....	Celine Ziobro
2009	Audrey Falconi
.....	Alexi Staton
2010	Amanda Berrios

Big South Conference All-Decade Team	
2000-10	Audrey Falconi

Team

Goals	13, 9/15/05 vs. West Virginia Tech
Assists	7, 9/15/05 vs. West Virginia Tech
Points	33, 9/15/05 vs. West Virginia Tech
Shots	49, 9/15/05 vs. West Virginia Tech
Shots on Goal	27, 9/15/05 vs. West Virginia Tech
Saves	16, 9/5/03 at Rowan

Hat Trick Club

Colleen Redmond	Four Times
Alexa Bernas	Twice
Olivia Moore	Twice
A.J. Baker	Once
Gia Bichara	Once
Karen Bill	Once
Chrissy Beach	Once
Jessica Robbins	Once

Most Saves	144 (2009)
Most Saves Per Game	8.75 (2004)
Best Save Percentage	86.7% (2009)
Best Goals Against Average	1.06 (2009)
Fewest Goals Allowed	22 (2009)
Most Shutouts	6 (2008 and 2009)
Most Wins	10 (2008)
Most Ties	3 (2009)
Most Games Played	21 (2008)

First Win Over In-State Division I Opponent	2-0 vs. Liberty; 9/24/08
First Big South Conference Win	4-2 vs. High Point; 10/15/05
First Big South Conference Road Win	2-1 at Winthrop; 10/24/07
First Big South Championship Win	2-1 vs. Winthrop; 11/6/08
First Shutout	Haley Gross vs. Bridgewater; 8/29/03
First Big South Conference Shutout	2-0 vs. Liberty; 9/24/08

Big South Academic All-Conference Team

2004	Vanessa Berrios
2005	Karen Bill
2006	Karen Bill
2007	Audrey Falconi
2008	Audrey Falconi
2009	Audrey Falconi
2010	Simone Jimenez
2011	Simone Jimenez
2012	Simone Jimenez
2013	Killian Buckley

Big South Conference Player of the Week

2005	Alexa Bernas (Sept. 20)
2006	Karen Bill (Sept. 12)
2007	A.J. Baker (Sept. 5)
2008	Olivia Moore (Sept. 30)
.....	Heidi Beemer (Oct. 7)
.....	Megan Strand (Nov. 4)
2010	Heidi Beemer (Defensive - Sept. 14)
2011	Amanda Berrios (Defensive - Sept. 20)
.....	Sarah Strand (Attacking - Oct. 18)

Big South Conference Graduate Fellowship

2006	Raevon Pulliam
2009	Audrey Falconi

VaSID Second Team All-State

2004	Colleen Redmond
2009	Angela Redmond
.....	Audrey Falconi

CoSIDA/ESPN The Magazine Academic All-District 3

2007	Audrey Falconi (3rd Team)
2008	Audrey Falconi (2nd Team)
2009	Audrey Falconi (2nd Team)

VMI Women's Soccer Record Book

Season Leaders

Points

1. Alexa Bernas	2005	36
2. Olivia Moore	2008	29
3. Colleen Redmond	2005	28
4. Colleen Redmond	2003	27
5. Megan Strand	2008	19
5. Sarah Strand	2011	19

Goals

1. Alexa Bernas	2005	15
2. Colleen Redmond	2003	13
Olivia Moore	2008	13
4. Colleen Redmond	2005	12
5. Sarah Strand	2011	9

Assists

1. Megan Strand	2008	9
2. Alexa Bernas	2005	6
3. Audrey Falconi	2006	5
Chrissy Beach	2007	5
5. Colleen Redmond	2005	4
Alexa Bernas	2007	4
Jessica Robbins	2007	4
A.J. Baker	2007	4
Chrissy Beach	2008	4
Simone Jimenez	2011	4

Game-Winning Goals

1. Alexa Bernas	2005	5
2. Amanda Berrios	2009	3
Karen Bill	2006	3

Shots

1. Colleen Redmond	2005	84
2. Olivia Moore	2008	74
3. Alexa Bernas	2005	68
4. Megan Strand	2008	57
5. Colleen Redmond	2003	56
Chrissy Beach	2009	56

Saves

1. Jessica Rheinlander	2004	137
2. Amanda Berrios	2011	114
3. Haley Gross	2003	113
4. Angela Redmond	2009	100
5. Jessica Rheinlander	2005	86

Saves Per Game

1. Jessica Rheinlander	2004	8.56
2. Haley Gross	2003	7.06
3. Amanda Berrios	2011	6.71
4. Heidi Beemer	2008	5.47
5. Angela Redmond	2009	5.26

Goals Against Average (min. 900 mins.)

1. Angela Redmond	2009	0.81
2. Heidi Beemer	2008	1.26
3. Angela Redmond	2007	1.73
4. Liz Nickerson	2013	1.89
5. Heidi Beemer	2010	1.99

Shutouts

1. Haley Gross	2003	4.0
2. Heidi Beemer	2008	3.0
Angela Redmond	2008	3.0
4. Jessica Rheinlander	2005	2.5
5. Ten Tied With		1.0

Wins

1. Jessica Rheinlander	2005	7
Heidi Beemer	2008	7
3. Angela Redmond	2009	5
4. Haley Gross	2003	4

Career Leaders

Points

1. Colleen Redmond	2003-05	67
Alexa Bernas	2004-07	67
3. Chrissy Beach	2006-09	44
4. Megan Strand	2005-08	37
5. Karen Bill	2003-06	35

Goals

1. Colleen Redmond	2003-05	31
2. Alexa Bernas	2004-07	28
3. Chrissy Beach	2006-09	15
Sarah Strand	2008-11	15
5. Two Tied		14

Assists

1. Megan Strand	2005-08	15
2. Chrissy Beach	2006-09	14
3. Alexa Bernas	2004-07	11
4. Karen Bill	2003-06	7
Simone Jimenez	2009-12	7

Game-Winning Goals

1. Alexa Bernas	2004-07	8
2. Amanda Berrios	2008-11	7
3. Colleen Redmond	2003-05	4
Sarah Strand	2008-11	4
5. Karen Bill	2003-06	3

Shots

1. Colleen Redmond	2003-05	179
2. Alexa Bernas	2004-07	168
3. Chrissy Beach	2006-09	146
4. Megan Strand	2005-08	141
5. Amanda Berrios	2008-11	123

Saves

1. Jessica Rheinlander	2004-06	296
2. Angela Redmond	2007-10	291
3. Heidi Beemer	2007-10	254
4. Amanda Berrios	2008-11	114
5. Haley Gross	2003	113

Goals Against Average

1. Heidi Beemer	2007-10	1.61
2. Angela Redmond	2007-10	1.89
3. Amanda Berrios	2008-11	2.10

Shutouts

1. Angela Redmond	2007-10	5.0
Heidi Beemer	2007-10	5.0
3. Haley Gross	2003	4.0
4. Jessica Rheinlander	2004-06	3.5
5. Three Tied		1.0

Wins

1. Heidi Beemer	2007-10	13
2. Angela Redmond	2007-10	12
3. Jessica Rheinlander	2004-06	10
4. Haley Gross	2003	4
5. Amanda Berrios	2008-11	3

Games Played

1. Jen Ball	2007-10	77
Amanda Berrios	2008-11	77
3. Megan Strand	2005-08	76
Celine Ziobro	2005-08	76
5. Sarah Strand	2008-11	76

Games Started

1. Megan Strand	2005-08	76
2. Celine Ziobro	2005-08	75
3. Audrey Falconi	2006-09	73
4. Jen Ball	2007-10	72
5. Erin Squires	2004-07	71

Freshman Records

Points

1. Olivia Moore	2008	29
2. Colleen Redmond	2003	27
3. Audrey Falconi	2006	15
4. A.J. Baker	2007	14
5. Amanda Berrios	2008	13

Goals

1. Colleen Redmond	2003	13
Olivia Moore	2008	13
3. Audrey Falconi	2006	5
A.J. Baker	2007	5
Amanda Berrios	2008	5

Assists

1. Audrey Falconi	2006	5
2. A.J. Baker	2007	4
3. Amanda Berrios	2008	3
Olivia Moore	2008	3
Kacey Hall	2009	3

Game-Winning Goals

1. Six Tied		2
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Saves

1. Jessica Rheinlander	2004	137
2. Haley Gross	2003	113
3. Angela Redmond	2007	80
4. Mackenzie Harrmann	2012	76
5. Liz Nickerson	2013	58

Goals Against Average (min. 500 mins.)

1. Heidi Beemer	2007	1.66
2. Angela Redmond	2007	1.73
3. Liz Nickerson	2013	1.89

Shutouts

1. Haley Gross	2003	4.0
2. Five Tied		1.0

Wins

1. Haley Gross	2003	4
2. Angela Redmond	2007	3
3. Kathleen Underwood	2006	2
Heidi Beemer	2007	2
Emily Marbury	2013	2

VMI Women's Soccer Record Book

Record Versus All Opponents

Opponent	Record	Last Meeting	Streak	Opponent	Record	Last Meeting	Streak
Air Force	0-1	2010, L 0-3	L1	Mount St. Mary's	0-2	2012, L 0-4	L2
Alabama A&M	0-2	2004, L, 1-9	L2	Navy	0-5	2012, L 0-5	L5
Appalachian State	0-4	2007, L, 0-3	L4	NJIT	0-1	2013, L 0-1	L1
Army	0-1	2011, L 0-3	L1	Northern Arizona	0-1	2008, L, 1-3	L1
Austin Peay	0-2	2010, L 0-6	L2	Old Dominion	0-2	2012, L 1-6	L2
Binghamton	0-1	2005, L, 0-3	L1	Presbyterian	1-5-1	2013, L 0-4	L1
Birmingham-Southern	0-4	2006, L, 1-8	L4	Randolph-Macon Women's	1-0	2003, W, 3-0	W1
Boise State	0-1	2008, L, 1-2	L1	Radford	1-11	2013, L 0-3	L4
Bridgewater	1-0	2003, W, 4-0	W1	Richmond	1-1	2008, W, 1-0	W1
Campbell	2-5	2013, L 0-4	L3	Roanoke	0-2	2005, L, 2-4	L2
Carson-Newman	0-1	2003, L, 0-5	L1	Rowan	0-1	2003, L, 0-6	L1
Charleston Southern	0-9-1	2013, L 1-2	L5	Saint Peter's	0-1	2013, L 0-2	L1
Chowan	1-0	2005, W, 5-0	W1	South Carolina State	5-0-1	2013, W 2-0	W1
The Citadel	2-2	2007, W, 1-0	W2	Southern Virginia	5-0	2011, W 2-0	W5
Coastal Carolina	0-12-1	2013, L 0-3	L4	St. Bonaventure	0-0-1	2011, T 1-1	T1
Delaware State	4-1-1	2013, W 2-0	W1	Tennessee Tech	0-1	2004, L, 0-6	L1
East Tennessee St.	0-1	2013, L 1-5	L1	UMBC	1-0	2011, W 2-0	W1
Elon	0-1	2012, L 0-4	L1	UNC Asheville	3-8	2013, L 0-1	L3
Emory & Henry	1-0	2003, W, 5-2	W1	UNC Wilmington	0-1	2009, L 0-1	L1
Gardner-Webb	2-4-1	2013, W 2-0	W1	UNLV	0-1	2010, L 0-5	L1
George Mason	0-2	2010, L 0-7	L1	USC Aiken	1-0	2012, W 1-0	W1
High Point	2-0	2013, L 0-6	L5	USC Upstate	0-3	2013, L, 1-2	L3
Howard	3-3	2013, L, 0-2	L1	Virginia Tech	0-1	2004, L, 0-9	L1
Liberty	3-7	2013, L 0-2	L3	Wagner	1-0	2006, W, 5-3	W1
Longwood	0-9-1	2013, L 0-3	L6	West Virginia Tech	1-0	2005, W, 13-0	W1
Manhattan	0-2	2006, L, 0-6	L2	Winthrop	4-8-1	2013, L 0-4	L5
Mercer	0-1	2003, L, 0-3	L1	Wofford	0-2	2007, L, 0-1	L2
Morehead State	0-2	2004, L, 0-4	L2	Youngstown State	1-1	2011, L 1-3	L1

Key Games:

August 29, 2003 vs. Bridgewater - Colleen Redmond scores the first goal in VMI women's soccer history, and the Keydets go on to win their opener, 4-0 over Bridgewater at Patchin Field.

Sept. 11, 2005 at Youngstown State - With new coach Bryan Williams leading VMI in just his fourth game, the Keydets shut out the Penguins 2-0 in Youngstown, Ohio and defeat their first D-I opponent in program history. VMI then goes on to win three of its next four games, including a record-breaking 13-0 win over West Virginia Tech on Sept. 15. In that game, Alexa Bernas had 11 points and numerous other match records were set, many of which still stand today.

Oct. 15, 2005 vs. High Point - Four goals in a 17 minute span help VMI to its first-ever Big South win, a 4-2 victory over visiting High Point at Patchin Field.

Nov. 8, 2007 vs. Coastal Carolina- 13 saves by freshman keeper Angela Redmond were not enough to overcome a 48th-minute goal by Big South POTY Ashleigh Gunning, as top-seeded Coastal Carolina slipped by eighth-seeded VMI 1-0 in the opening round of the Big South Championship. The near-upset, however, heralded greater things to come in 2008.

Sept. 24, 2008 vs. Liberty - Two goals in the opening 7:14 of the second half push the Keydets to their first win over an in-state Division I opponent, as VMI knocks off Liberty for the first time ever.

Oct. 1, 2008 vs. Winthrop - The Keydets shut out Winthrop 3-0 at Patchin Field, earning the first three-match winning streak in program history. The win was also VMI's third-consecutive clean sheet, and was part of a 325:50 scoreless streak, a record that still stands today.

Nov. 6, 2008 vs. Winthrop - Playing Winthrop for the second time in six weeks, the Keydets fell behind in the fifth minute of the Big South Tournament's opening round. Just six minutes later, freshman Gabby McCarron scored her first career goal, a header off a Megan Strand pass, and the Keydets added a 35th-minute score en route to the program's first-ever postseason win, a 2-1 triumph.