



2010-11 VMI Swimming and Diving

Quick Facts

General Information

School	Virginia Military Institute
City	Lexington, Va.
Founded	1839
Enrollment	1,500
Nickname	Keydets
Colors	Red, White & Yellow
Home Pool	Clark King Hall Pool
Affiliation	NCAA Division I
Conference	Coastal Collegiate Swimming Association (CCSA)
Superintendent	Gen. J.H. Binford Peay, III (VMI '62)
Athletic Director	Donny White (VMI '65)

Swimming & Diving Team Information

Head Coach	Bill Nicholson (SUNY New Paltz '95)
Office Phone	540-464-7737
Email	nicholsonwj@vmi.edu
Vol. Assistant Coach	Cmdr. Jon Baca (New Mexico '84)
Vol. Diving Coach	Lt. Col. (Ret.) Ray Porter (New Mexico '60)
Men's 2010 CCSA Finish	4th
Women's 2010 CCSA Finish	11th

Athletic Communications Department

Associate A.D./Athletic Communications	Wade Branner
Associate Athletic Comm. Director	Brad Salois
Office Phone	540-464-7015
Cell Phone	940-642-9865
Email	saloisbj@vmi.edu
Website	www.vmikeydets.com

Table of Contents

Quick Facts, Credits	1
Head Coach Bill Nicholson	2
Assistant Coaches	3
2010-11 Results/Rosters	4
Dual Meet Recaps	5-12
Meet The Keydets-Men	13-20
Meet The Keydets-Women	21-24
2010-11 Top Times	25-26
Program Records	27
Program History	28
Vision 2039	29
This Is VMI	30-31
Superintendent Gen. J.H. Binford Peay III	32
Athletic Director Donny White	33
VMI Swimming & Diving Support Staff	34
Coastal Collegiate Swimming Association	35
Notes	36

Credits

The 2010-11 VMI Swimming & Diving Media Guide is a production of the VMI Athletic Communications Office. **Written and Edited** by Brad Salois. **Editorial Assistance** by Bill Nicholson, Wade Branner and Scott Kemps. **Photography** by Jeremy Ledbetter of Andre Studios, Chuck Steenburgh '86 and Timothy Cowie.



Head Coach Bill Nicholson

- SUNY New Paltz '95
- Ninth Season

As head coach Bill Nicholson continues his ninth season at the Virginia Military Institute, he looks to build upon the success he has already accomplished with the VMI Swimming & Diving programs. After winning back-to-back men's championships in the Northeast Conference (NEC), Nicholson has ushered in a new era, as the Keydets are in their third season in the Coastal Collegiate Swimming Association (CCSA).

The success the men's program has experienced, however, is just part of the story of Nicholson's recent work. In 2005-06, VMI added women's swimming and diving as a varsity sport, and that season, Nicholson led the team to its first showing in the NEC Championship. In 2006-07, VMI finished ahead of Florida A&M at the NEC Championship, marking the first time the program had defeated an opponent at a conference championship, while last season, the team won its first-ever dual meet, a 52-51 decision at home against New Jersey Tech.

In his time at the Institute, Nicholson has seen his Keydets claim 12 individual/team relay conference championships, including seven at the 2006 NEC Championships. Also in 2006, Nicholson saw Brendan Geoghagen claim Most Outstanding Diver honors, after the senior claimed both the one-meter and three-meter events.

His team's work in the pool, however, only tells half the story. For six consecutive semesters, his men's team received recognition as part of the College Swimming Coaches Association of America National Honor Roll. Teams must post a cumulative 2.80 GPA to qualify for the honor.

In addition to his team's academic excellence, Nicholson coached Tom Petykowski '05, who was VMI's valedictorian and an All-Conference diver in 2005 and was named First Team Academic All-American by ESPN The Magazine. Petykowski was one of 15 honorees nationwide that were chosen to the At-Large team that consisted of NCAA Division I playing members in gymnastics, golf, rifle, tennis, ice hockey, volleyball, fencing, lacrosse, swimming & diving, skiing and wrestling. He still stands as one of six Keydets to ever earn National First Team honors, and is the first to do so in a sport other than football or basketball.

Nicholson (36) took over the VMI swimming and diving program on August 5, 2002. Previously, he spent the 2001-02 season coaching the USS Condors Swim Club in Pleasantville, N.Y., where he coached both the boys and girls programs.

Nicholson spent the previous three years (1998-2001) as the men's and women's head swimming coach at Plattsburgh (N.Y.) State University. In his time at Plattsburgh, his teams broke 15 school records. The programs featured just 12 athletes when Nicholson took over; a number that grew to 35 by the time he departed. He improved the Cardinals men's team's performance at the State University of New York Athletic Conference (SUNYAC) from a ninth place finish (16 points) in his first season to a sixth place finish (330 points) in his final season.

From 1995 to 1998, Nicholson served as the assistant coach for his alma mater, SUNY New Paltz. He worked with the breast and individual medley swimmers primarily during his stint. He helped three swimmers qualify for the Division III NCAA Championships and the men's team's finished in the top four of the SUNYAC each year.

As a collegiate swimmer, Nicholson qualified for the Division III NCAA Championships three times and captured eight school records. He won the SUNYAC title in the 400 medley relay in his junior year and was named the team's most valuable swimmer as a senior. In addition, Nicholson won the Coaches Award for Hardest Worker three years and won the team's Scholar-Athlete Award each of the four seasons he competed. Nicholson graduated from SUNY New Paltz in 1995.

A native of Horseheads, N.Y., Nicholson swam four years at Horseheads High School and graduated in 1991. He and his wife, Emma, reside in Lexington with their daughter, Emily and son, Ben.





Volunteer Assistant Coach

Cmdr. Jon Baca

- New Mexico '84
- Second Season

Cmdr. Jon Baca is in his second season as an assistant coach with the VMI Swimming & Diving programs. Baca, who serves as the Executive Officer of the VMI Naval ROTC, brings extensive aquatic experience to the program, as both a competitor and coach.

Baca is in his 26th year of service in the US Navy, and is currently a member of the Maritime Patrol and Reconnaissance Community as a P-3 Orion Naval Flight Officer. In recent years, he served as the head coach of the Anacortes (Wash.) Masters Swim Club and the Anacortes Water Polo Club, building the former to a roster of 30-plus swimmers.

A graduate of the University of New Mexico with a Bachelor's degree in Exercise Technology, Baca has also has a broad range of experience while coaching collegiately. He most recently coached at George Washington University, where he was served as an assistant coach and the strength coach for the school's water polo team that scored a pair of landmark wins over Navy. He previously founded and coached the water polo club at his alma mater after serving as an assistant for the Lobos' men's and women's swim programs in charge of sprinters and the strength program.

In addition to his coaching experience, Baca continues to compete in the pool, placing seventh at the Masters World Championships in the 50 breast in 2006 while coming in fourth at the Masters Short Course National Championships in 2007. A former swimmer at UNM, Baca also earned a Master's degree in Operations Research from the Naval Postgraduate School. Baca has been married for 22 years to Terri Porter, and the couple has five children.



Volunteer Diving Coach

Lt. Col. (Ret.) Ray Porter

- New Mexico '60
- First Season

Lt. Col Ray Porter, USMC (Ret.), joins VMI Swimming and Diving as its Volunteer Diving Coach for the 2010-11 season, and brings with him a wealth of experience. In his first year with the Keydets, Porter has been influential in the development of divers Dallas Disbro and

Briana Allard, both of whom have spent time in the CCSA's top handful of competitors.

While attending his alma mater, New Mexico, and serving with the Marine Corps, Porter won numerous diving titles in both the springboard and 10-meter platform disciplines. Those included the Western US AAU, the Skyline College Conference, the Mexican/American Games, the Far East Invitational and the Pan American Games. He has coached several divers on an individual basis, but VMI is his first experience coaching on the collegiate level.

Porter graduated from New Mexico in 1960, and during his military career, received a large number of awards. Those included the Legion of Merit, two Bronze Stars, the Meritorious Service Medal, two Navy Commendation Medals and a pair of Navy Achievement Medals. In addition, he participated in the last official battle of the Vietnam War, the 1975 recovery of the SS Mayaguez. During that engagement, Porter led the party that conducted the United States' first hostile ship-to-ship boarding since 1826.

Since his retirement from the Marine Corps, Porter has earned a Masters Degree in teaching emotionally disturbed and learning disabled youth from George Mason University, and taught middle school special education students for 10 years. He has also coached several sports besides diving, including a middle school wrestling team that earned 10 straight regional titles, and finally, Porter also represented the Marine Corps as its senior tennis champion for three years.

Lt. Col. Porter and his wife, Dorothy, have three children and seven grandchildren.

Season Results/Team Rosters

2010-11 Men's Dual Results (5-7)

Oct. 16	N.C. State	L, 81-165
Oct. 29	NJIT	W, 155-41
Oct. 29	Manhattan	W, 116-86
Oct. 29	Saint Peter's	L, 66-138
Oct. 30	NJIT	W, 148-41
Oct. 30	Manhattan	L, 88-111
Oct. 30	Saint Peter's	L, 67-136
Nov. 6	Gardner-Webb	L, 76-127
Dec. 4	Howard	W, 123-76
Dec. 4	Catholic	W, 125.5-75.5
Jan. 28	Davidson	L, 89-121
Jan. 29	Pfeiffer	L, 73-132

2010-11 Women's Dual Results (1-14)

Oct. 29	Mount St. Mary's	L, 42-134
Oct. 29	Manhattan	L, 43-117
Oct. 29	Saint Peter's	L, 49-118
Oct. 30	Mount St. Mary's	L, 39-143
Oct. 30	Saint Peter's	L, 46-121
Oct. 30	Manhattan	L, 37-131
Nov. 6	Liberty	L, 16-169
Nov. 6	Gardner-Webb	L, 14-187
Dec. 2	Hollins	W, 109-85
Dec. 4	Catholic	L, 20-165
Dec. 4	Howard	L, 30-129
Jan. 15	Mount St. Mary's	L, 28-73
Jan. 15	Liberty	L, 18-86
Jan. 28	Davidson	L, 47-109
Jan. 29	Pfeiffer	L, 38-135

Men's Roster

Kodiak Bowers	Free	Fr.	Virginia Beach, Va.
Justin Britto	Breast	Fr.	Knoxville, Tenn.
Thomas Brown	Fly/Free	Fr.	Richmond, Ky.
T.J. Curl	Free	Fr.	Littleton, N.C.
Matt Dale	Back/Free	Jr.	Corning, N.Y.
Dallas Disbro	Dive	Jr.	Huntersville, N.C.
Chris Dreikorn	Free	So.	Yorktown, Va.
Joe Dutter	Back	Fr.	Ojai, Calif.
Matt Elliott	Back/Free	Jr.	Norfolk, Va.
Everett Eschbach	Back	Fr.	Virginia Beach, Va.
James Goodwillie	Back/IM	Jr.	Richmond, Va.
Alex Green	Fly/Free	So.	Nokesville, Va.
Sam Halter	Breast/Free	Fr.	Woodstown, N.J.
Arthur Harrington	Dive	Jr.	Tampa, Fla.
David Hayes	Breast	Jr.	Manasses, Va.
Benji Howard	Free	Jr.	Bristol, Va.
Josh Jeffcoat	Free	Sr.	Virginia Beach, Va.
Andrew Jeter	Back	Sr.	Bristol, W. Va.
Daniel Miller	Free	Fr.	Virginia Beach, Va.
Ian Morales	Back/Free	Fr.	Fredericksburg, Va.
Nate Myers	Dive	Fr.	Lena, Ill.
Andrew Nelson	Free	So.	Ojai, Calif.
Scott Pease	Free	Fr.	Hampton, Va.
Tim Potter	Free	Fr.	Roanoke, Va.
Mark Schumacher	Free	Jr.	Fairfax, Va.
Will Shehan	IM	Fr.	Lexington, Va.
Jack Sullivan	Fly	Fr.	Virginia Beach, Va.
Marcus Sutter	Breast	So.	Virginia Beach, Va.
James Wiltshire	Free	Fr.	Chantilly, Va.
Ben Zaepfel	Breast/Free	Fr.	Prospect, Ky.

Women's Roster

Briana Allard	Dive	Sr.	Fairfax, Va.
Pin-Fen Chen	Back	So.	Taiwan
Mia Cunicelli	Back	Fr.	Leesburg, Va.
Hannah Donovan	Free	Fr.	Sterling, Va.
Meghan Doss	Free	Fr.	Wilmington, N.C.
Eva Edelbrock	Free	Jr.	Centreville, Va.
Flora Edelbrock	Breast	Fr.	Centreville, Va.
Leigh Fortney	Free	So.	Lexington, Va.
Erin Mauss	Fly	Fr.	Locust Grove, Va.
Sabina Montgomery	Dive	Fr.	Lynchburg, Va.
Caroline Pryor	Free	Fr.	Virginia Beach, Va.
Lauren Weinberg	Dive	Fr.	Purcellville, Va.

Dual Meet Recaps - Men

Pfeiffer 132,VMI 73

MISENHEIMER, N.C. – The VMI men's swimming and diving team concluded the dual portion of its schedule Saturday, Jan. 29, dropping a 132-73 decision to Pfeiffer in Misenheimer, N.C.

With the loss, the Keydets will post a dual record of 5-7 for the 2010-11 campaign, while Pfeiffer ends its regular season at 7-6.

VMI had a lone individual victory on the day, but did have several podium finishes of note. James Goodwillie led the way for the Keydets, winning the 100-yard backstroke in a time of 56.45 seconds, with teammate Matt Elliott finishing second in 56.82. Both would return later in the day for other podium finishes, as Goodwillie was second in the 200 individual medley (2:04.72), while Elliott placed third in the 50 freestyle (22.76).

Also placing in the 50 free was Chris Dreikorn, who earned a runner-up finish by clocking in at 22.55 seconds. Teammate Ian Morales was fourth in the event (22.91).

Dreikorn and Elliott teamed up during the meet as well, joining with Goodwillie and Kodiak Bowers to finish second in the 400 freestyle relay. Their squad clocked in at 3:23.95, and led a trio of VMI teams who captured the second, third and fourth spots respectively.

Bowers was in individual action as well, finishing second in the 200 free (1:51.50) and also earning a runner-up result in the 500 free (5:03.98).

Finally, Matt Dale was second in the 1000 free, touching the wall in 10:34.06.

Davidson 121,VMI 89

DAVIDSON, N.C. – Returning to action for the first time in 2011, VMI men's swimming and diving fell to Davidson in dual action Friday evening, Jan. 28, 121-89.

VMI captured a pair of event wins in the setback, with David Hayes being the Keydets' lone individual winner. Hayes captured the win in the 200-yard breaststroke, clocking in at 2:20.21. Meanwhile, VMI swept the three podium placings in the 200 freestyle relay, with Chris Dreikorn, Ian Morales, Sam Halter and Matt Elliott combining for the winning time of 1:31.58.

Elliott also had success in individual action Friday, posting a third-place finish in the 50 free and a second-place effort in the 100 free (49.97), while Andrew Nelson was second in the 1000 free (11:21.83).

James Goodwillie was also in action Friday, finishing second in a pair of events. Goodwillie came home second in the 400 individual medley (4:29.94), as well as the 200 backstroke (2:07.12). Dallas Disbro also earned a pair of runner-up finishes, placing second in both the one (252.83) and three-meter (222.83) diving disciplines.

VMI will return to action on Saturday as the Keydets travel to Misenheimer, N.C. to take on Pfeiffer. The meet's opening event is set for a 2 p.m. start.

Meet Recaps - Men

VMI 123, Howard 76 & VMI 125.5, Catholic 75

WASHINGTON, D.C. –VMI men's swimming and diving earned a pair of wins Saturday, Dec. 4, defeating Catholic and Howard at a meet hosted by Howard in Washington, D.C.

The Keydets defeating the hosting Bison 123-76, and knocked off Catholic University 125.5-77.5. Several Keydets led the way on the day, including Matt Elliott. After winning two events at his last meet, Elliott captured one and earned a runner-up finish in the other on Saturday. He won the 50-free in 22.41 second, finishing ahead of teammates Ian Morales (3rd/22.87), Chris Dreikorn (4th/22.87) and Sam Halter (6th/23.32). Elliott then led a group of Keydets that went 2-4 in the 100-yard freestyle, as he was second in 49.89 seconds.

Matt Dale won the 1,000-yard free Saturday, prevailing in a time of 10:25.91. Dale was then second in the 500-free, finishing six seconds behind freshman Kodiak Bowers, whose winning time was 4:57.86. Earlier in the meet, Bowers had dropped a 200-yard freestyle for the first time in his career, finishing second in 1:50.41.

James Goodwillie, one of the leaders of the Keydets, got into the action as well. He won the 200 IM in 2:01.52, before coming back for a second-place finish in the 100-back (57.14). Ian Morales was just behind Goodwillie in the latter, finishing third in 58.24.

Several of the Keydets also saw action on a successful relay, as Morales, Elliott, Bowers and Dreikorn teamed to win the 400-yard free relay. The winning time was 3:21.41.

Finally, Dallas Disbro continued to show his progress by winning the one-meter diving event, with a score of 235.20.

Gardner-Webb 127, VMI 76

LYNCHBURG, Va. - Matt Elliott led VMI men's swimming and diving by winning two events during Saturday's dual meet with Gardner-Webb, hosted by Liberty University Saturday afternoon, Nov. 6, in Lynchburg, Va. Despite the three wins, VMI was defeated by the Runnin' Bulldogs, one of the favorites in the Coastal Collegiate Swimming Association, 127-76.

Elliott, swimming in his first meet of the season, captured the 50-yard freestyle in a time of 22.75. Teammate Chris Dreikorn was third, while freshman Ian Morales finished fourth for the Keydets. Elliott then came back and won the 100 free as well, winning in 50.30 seconds, ahead of Dreikorn (fourth, 51.47) and Sam Halter (sixth, 53.21).

Meanwhile, Kodiak Bowers is now undefeated in the 500-yard freestyle this season, after he touched the wall in 4:57.73, ahead of third-place teammate Matt Dale and fourth-place Keydet Andrew Nelson. Bowers was also second in the 200-yard freestyle (1:49.60).

In other results, David Hayes was third in the 100-yard breaststroke, and both of the Keydet relays (200 free and 200 IM) finished second.

VMI 148, NJIT 41 - Manhattan 111, VMI 88 - Saint Peter's 136, VMI 67

EMMITSBURG, Md. - The VMI men's swimming and diving team won one of three duals Saturday, Oct. 30, competing on the final day of a two-day event hosted by Mount St. Mary's in Emmitsburg, Md.

The Keydets went to 3-3 on the year in duals, as they defeated New Jersey Tech (NJIT) 148-41 but lost to Saint Peter's 136-67 and to Manhattan 111-88.

A day after finishing third in the 200-meter freestyle, Kodiak Bowers won that event on Saturday, finishing in 2:01.98. That was nearly two seconds faster than the second-place swimmer. Bowers would return in the 400-meter freestyle relay, joining Chris Dreikorn, Jack Sullivan and Ian Morales to combine for a third-place finish in 3:52.46. Finally, the freshman would come home second in the 200-meter freestyle (4:25.16), leading Andrew Nelson and Benji Howard, who finished fourth and fifth.

Sullivan had the other best individual effort for the Keydets on Saturday, finishing third in the 200-meter butterfly, with a time of 2:29.83. Morales was fourth in the 200-meter individual medley (2:21.80), while Dreikorn was sixth in the 50-meter freestyle (26.13).

David Hayes was fourth in the 200-meter breaststroke (2:38.89), after being a part of the fourth-place 200-meter medley relay team. That squad, the "B" unit, also included Joe Dutter, Alex Green and Ben Zaepfel. The "A" unit in that race, Everett Eschbach, Marcus Sutter, Thomas Brown and Sam Halter was second in 1:58.81.

Finally, Howard was fourth in the 800-meter freestyle (9:45.70).

VMI 155, NJIT 41 - VMI 116, Manhattan 86 - Saint Peter's 138, VMI 66

The VMI men's swimming and diving team went won two of three duals Friday, Oct. 29, competing on the opening day of a four-team meet hosted by Mount St. Mary's in Emmitsburg, Md.

The Keydets took on Saint Peter's, Manhattan and New Jersey Tech (NJIT), as host Mount St. Mary's does not offer men's swimming and diving. VMI dropped the first day's dual to Saint Peter's, 138-66, but was able to defeat NJIT handily, 155-41, and squeak by Manhattan, 116-86.

VMI's lone event win of the opening day came in the 200-meter freestyle relay, as Chris Dreikorn, Sam Halter, Ian Morales and Kodiak Bowers won in 1:41.47. All four would come back for solid finishes later in the meet, including Dreikorn, who came home third in the 50-meter freestyle (56.55) and returned in the 100-meter version for a fourth-place finish. Freshman Halter did the same double, finishing seventh and sixth respectively in the two disciplines.

Morales, also a freshman, was third in the 100-meter backstroke, thanks to his 1:04.29 time, and was sixth in the 50-meter freestyle, while Bowers was third in the 200-meter free (2:01.97).

The 400-meter medley relay squads were strong Friday, finishing second and third. The "A" unit of Everett Eschbach, Marcus Sutter, Jack Sullivan and Scott Pease was second in 4:29.28, while Joe Dutter, David Hayes, Thomas Brown and Ben Zaepfel comprised the third-place "B" unit, which included three freshmen and finished in 4:31.79. Hayes also finished fourth in the 100-meter breaststroke during Friday's proceedings.

In addition, Benji Howard was fourth in the 1,500-meter freestyle and fifth in the 400-meter individual medley.

Meet Recaps - Men

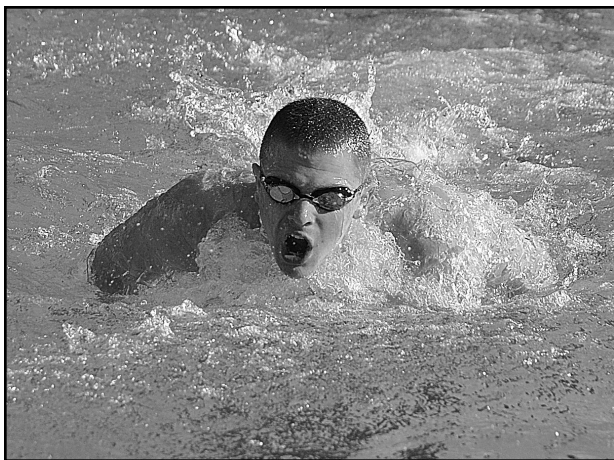
N.C. State 165, VMI 81

RALEIGH, N.C. - The VMI men's swimming and diving team opened its 2010 season at N.C. State Saturday, Oct. 16, dropping a 165-81 decision to the Wolfpack in Raleigh, N.C.

The Keydets did claim a trio of event wins on the day, claiming each of the top four spots in the 500-yard freestyle, the 100-yard butterfly and the 200-yard freestyle relay. Freshman Kodiak Bowers helped lead the way for the Keydets, winning the 500-yard freestyle in 4:57.82. Andrew Nelson, Benji Howard and Nate Myers rounded out that quartet for VMI, while a different foursome took part in the 100-yard butterfly.

In that event, freshman Jack Sullivan paced VMI in 56.90 seconds, with Thomas Brown, Alex Green and Will Shehan finishing second, third and fourth respectively.

Bowers joined classmates Scott Pease and Sam Halter on the winning 200-yard freestyle relay team, opened by a leg from sophomore Chris Dreikorn, who also finished fourth in the 50 free earlier in the day. The foursome completed the relay in 1:34.87, with the second-place team (Brown, Sullivan, Howard and Ben Zaepfel) coming home in 1:37.40. Nelson led off the third-place team (Andrew Jeter, Joe Dutter and Justin Britto), while Shehan and Green swam the middle legs on the fourth-place effort (David Hayes, Daniel Miller).



Pfeiffer 135, VMI 38

MISENHEIMER, N.C. - The VMI women's swimming and diving team concluded its regular season Saturday, Jan. 29 with a 135-38 dual loss to Pfeiffer University in Misenheimer, N.C.

With the loss, the Keydets conclude their season with a dual mark of 1-14, while Pfeiffer improves to 6-8 on the year.

For the second straight day, Flora Edelbrock led the way for the Keydets. After capturing the 200-yard breaststroke Friday versus Davidson, the freshman won the 100-yard version of the event Saturday, earning VMI's lone individual win in a time of 1:19.07.

Caroline Pryor was second in the 500 freestyle with a seasonal best time of 6:44.71, while Meghan Doss also earned a runner-up finish, coming home second in the 100 free (1:02.60). Doss was also third in the 50 free, clocking in at 28.25 seconds.

Davidson 109, VMI 47

DAVIDSON, N.C. - The VMI women's swimming and diving team picked up two event wins, but dropped Jan. 28's dual meet to the Davidson Wildcats, 109-47.

With the loss, the Keydets drop to 1-13 on the season, while the Wildcats improve to 9-6.

VMI's Flora Edelbrock was VMI's lone individual winner, as she picked up the victory in the 200-yard breaststroke. The other Keydet win came in the 200-yard freestyle relay, when the Davidson team was disqualified and VMI posted a 1:55.21 clocking.

In the 200 breast, Edelbrock clocked in at 2:51.41 and then returned to finish sixth in the 100-yard freestyle, one spot behind sprinter Meghan Doss. Doss clocked in at 1:02.50 in that event, and was sixth in the 50 free as well (28.26), one spot behind the highest finishing Keydet, Mia Cunicelli.

Briana Allard also continued her solid season on Friday with a pair of third-place finishes. After entering ranked 12th in the Coastal Collegiate Swimming Association in the one-meter dive, she notched 190.43 points for a third-place finish, and then returned in the three-meter to score 191.25 and again, place third.



Meet Recaps - Women

Liberty 86,VMI 18/Mount St. Mary's 73,VMI 28

LEXINGTON, Va.- In the team's final home meet of the 2010-11 season,VMI women's swimming and diving dropped a pair of duals, losing to Mount St. Mary's and Liberty Saturday afternoon, Jan. 15 at Clark King Pool.

The Keydets were led by Briana Allard, who broke her own varsity records in both the one and three-meter diving events for the second time in the last three meets. Allard notched 200 points in the one-meter event and 215.25 in the three-meter version to win both competitions. Both marks are currently sit 11th on the Coastal Collegiate Swimming Association's (CCSA) performance list for this season.

Those were the lone overall event wins for VMI on the day, as the team fell to Liberty 86-18 and lost to the Mount 73-28. Liberty defeated Mount St. Mary's 72-23 in the other dual.

Although Allard was the Keydets' lone overall victor Saturday,VMI did pick up a win in the dual scoring. Freshman Mia Cunicelli just missed her own school record in the 100-yard breaststroke, clocking in at 1:16.30 and defeating competitors from the Mount. Cunicelli was bested by two swimmers from Liberty in the race, and finished third overall.

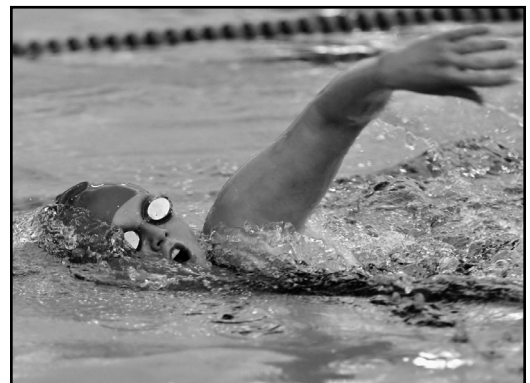
In addition, freshman Meghan Doss was fourth overall in the 50-free, touching the wall in 27.54 seconds.

Howard 129,VMI 30/Catholic 165,VMI 20

WASHINGTON, D.C. –VMI women's swimming and diving dropped a pair of decisions Saturday, Dec. 4, losing to Catholic and Howard at a meet hosted by Howard in Washington, D.C. The Keydets fell to Howard 129-30, and were defeated by Catholic 165-20.

Despite the setback, several VMI swimmers had solid efforts on the day, led by freshman Mia Cunicelli. For the second time this year, she set a new varsity and freshman record in the 100-yard breaststroke, finishing 2nd with a 1:16.29 clocking. She rallied to finish sixth in the 50-free (27.57), a race that classmate Meghan Doss was also in, finishing 8th. Doss came back to place sixth in the 100, clocking in at 1:02.20.

The Keydets also set a freshman record in the 400-free relay, as Cunicelli, Erin Mauss, Hannah Donovan and Flora Edelbrock touched the wall in 4:41.67. Edelbrock was 6th in the 100-breast (1:18.33), and Briana Allard came home second in the one-meter diving event, piling up 180.75 points.



VMI 109, Hollins 85

LEXINGTON, Va. – VMI women's swimming and diving earned its first win of the season Thursday night, Dec. 2, downing the team from Hollins University, 109-85 at VMI's Clark King Pool.

The team was paced by Briana Allard, who set a pair of varsity records, posting new VMI marks in both one-meter and three-meter diving. Allard tallied 192.55 in the one-meter version and 186.5 in the three-meter, winning both events.

Freshman Mia Cunicelli also set a new VMI record, breaking her own varsity and freshman best with a 1:09.54 time to win the 100-yard backstroke. Cunicelli returned to win the 200-IM as well (2:38.19), and was a part of the winning 200-yard medley relay along with Allard, Meghan Doss and Flora Edelbrock.

Doss and Edelbrock had a hand in other events too, winning the 50 free and 100 breast respectively. Doss clocked in at 27.61 in the shortest race of the night, while Edelbrock's winning effort was 1:18.90. Edelbrock then won the 200-free relay, teaming with Caroline Pryor, Leigh Fortney and Hannah Donovan in that event (2:03.08).

Pryor wrapped up the night by winning the longest event on the schedule, the 1,000-yard freestyle in 14:08.17.

Gardner-Webb 187, VMI 14/Liberty 169, VMI 16

LYNCHBURG, Va. – Four of the VMI program's freshman records and one varsity record fell Saturday, Nov. 6, as the Keydet women's swimming and diving program competed in dual meets against Liberty and Gardner-Webb, hosted by Liberty in Lynchburg, Va.

Mia Cunicelli set two new marks, with her times in the 100-yard backstroke and the 100-yard breaststroke, while Meghan Doss set a new freshman best in the 50-yard freestyle. Cunicelli's time in the 100 breast was also a new varsity record. The two then combined with Flora Edelbrock and Hannah Donovan to post a new VMI freshman best in the 200-yard freestyle relay.

Cunicelli was sixth in the 100 back, finishing in a time of 1:10.79 to set the first of her records, and was eighth in the 100 breast (1:16.99) to grab the varsity record. Doss posted a 27.38 time in the 50 free, finishing eighth, while the 200 free relay team was fifth, clocking in at 1:54.26.

Overall, Gardner-Webb defeated VMI 187-14 and Liberty prevailed over the Keydets 169-16.

Saint Peter's 121, VMI 46/Mount St. Mary's 143, VMI 39/Manhattan 131, VMI 37

EMMITSBURG, Md. - The VMI women's swimming and diving team concluded competition at Mount St. Mary's Saturday, Oct. 30, facing off in a series of duals for the second consecutive day.

The Keydets' top performance was a third-place finish in the 200-meter breaststroke by freshman Flora Edelbrock, who clocked in at 3:12.85. All told, that was the team's only podium finish of the day, as VMI dropped all three duals, losing to Saint Peter's 121-46, Mount St. Mary's 143-39 and Manhattan 131-37. VMI did post a fourth-place finish in the 400-meter freestyle relay, as Chelsea Nugent, Mia Cunicelli, Hannah Donovan and Veronica Lentsch clocked in at 4:38.65. Nugent then returned for a fifth-place effort in the 200-meter individual medley (2:41.97), and teamed with Edelbrock, Cunicelli and Caroline Pryor for a fourth-place result in the 200-meter medley relay.

Donovan, Lentsch and Meghan Doss swam the 50 and 100-meter freestyle races for the second straight day, with solid results to show for it. Lentsch was fourth in the 50-meter distance (30.77), while Doss and Donovan were sixth and seventh. In the longer distance, Doss was fifth (1:09.29), while Donovan and Lentsch were seventh and eighth.

Meet Recaps - Women

Manhattan 117,VMI 43/Mount St. Mary's 134,VMI 42/Saint Peter's 118,VMI 49

EMMITSBURG, Md. – Three podium finishes, including individual efforts by freshmen Meghan Doss and Mia Cunicelli, were the top results for VMI women's swimming and diving Friday, as the team competed on the first day of a two-day meet hosted by Mount St. Mary's in Emmitsburg, Md.

The meet consists of two days of individual dual competitions, with the scores from the first day not carrying over to the second.VMI dropped all three duals on Friday, losing 117-43 to Manhattan, 134-42 to the Mount and 118-49 to Saint Peter's.

Cunicelli had the top overall finish for the Keydets, coming home second in the 100-meter breaststroke, on the strength of her 1:24.64 time. Doss, meanwhile, was third in the 50-meter freestyle (30.54), a race that teammates Veronica Lentsch and Hannah Donovan placed fifth and seventh in, respectively. That same trio returned for the 100-meter freestyle, with Donovan leading the way in fourth (1:10.18), Doss finishing fifth and Lentsch coming home sixth.

Those three freestylers would team with senior Chelsea Nugent to earn VMI's final podium finish of the day, a third-place in the 200-meter freestyle relay (2:02.07).





Kodiak Bowers

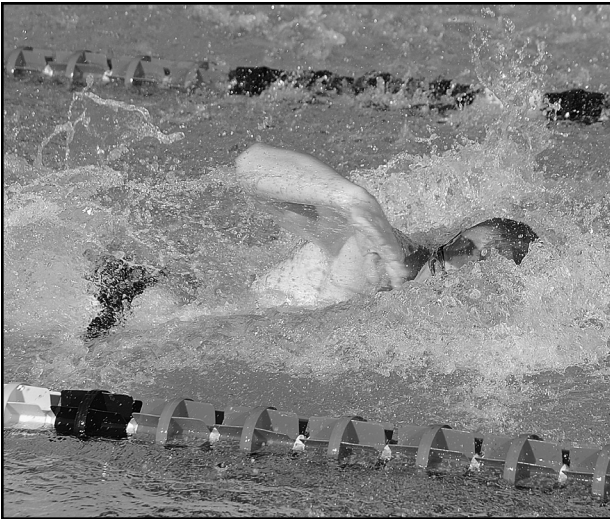
- Freshman
- Virginia Beach, Va.
- Kellam

2010-11: Posted the Keydets top five 200 free times, along with the top four times in the 500 free...when converted from meters, Bowers had a 1:49.27 time (200) Oct. 29 at Mount St. Mary's...was a part of the Keydets top 400 free relay on the year, which occurred Dec. 4 at Howard.

High School/Personal: Four-year letterwinner at Kellam...advanced to District/Region all four years, and States last three...won District title in 400 free and 200 IM senior season...was top 24 in the 400-meter open water swim and run, swim, run at the National Lifeguard Competition in Fort Lauderdale, Fla...also swam for Old Dominion Aquatic Club...went to Senior Champs sophomore-senior years...also went to NCSA Junior Nationals during junior season...plans to major in International Studies.

Bowers' Top Career Times:

200 free 1:49.60 2010 vs. Gardner-Webb at LU
500 free 4:57.46 2010 vs. Catholic/Howard



Justin Britto

- Freshman
- Knoxville, Tenn.
- Knoxville Catholic

2010-11: Competed in relays at NC State and at MSM quad...posted a pair of season-best times at the Virginia Tech Invitational, including a 13th-place finish in the 50 free.

High School/Personal: Four-year letterwinner at Knoxville Catholic...honor roll four semesters in high school...voted "most dependable" as a senior...also swam for Westside YMCA in Knoxville...participated in track and field as well.

Britto's Top Career Times:

50 free 25.57 2011 Va. Tech Invite
100 free 56.93 2011 Va. Tech Invite
100 breast 1:16.46 2010 vs. GWU at LU



Thomas Brown

- Freshman
- Richmond, Ky.
- Madison Central

2010-11: Swam on a second-place 200 medley relay team at the MSM quad...made collegiate debut in 100 fly at NC State...fourth in 100 fly vs. Pfeiffer and fifth vs. GWU...third versus Catholic/Howard...bettered his lifetime best by more than 1.5 seconds in the 100 fly at the VT Invite...swam four collegiate bests at that meet.

High School/Personal: Holds school records in 100 free, 100 fly, 200 free, 500 free, 200 IM and 400 free relay...also swam for Colonel Aquatics club team...Eagle Scout...plans to major in International Studies.

Brown's Top Career Times:

50 free 23.50 2011 Va. Tech Invite
100 free 52.00 2011 Va. Tech Invite
100 fly 57.06 2011 Va. Tech Invite
200 free 1:57.14 2011 Va. Tech Invite



T.J. Curl

- Freshman
- Littleton, N.C.
- Halifax Academy

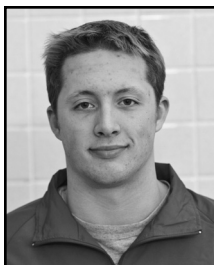
2010-11: Made his collegiate debut at the Virginia Tech Invite...competed in the 50 and 100 free events, finishing 15th in the shorter distance.

High School/Personal: Four-year letterwinner at Halifax Academy...holds school records in the 100 fly, 200 IM and is part of the record teams for the 200 medley relay, 200 free relay and 400 free relay...All-Conference and Viking Award winner (junior and senior years)...competed at the ICISAA 1A-2A private school state meet five times...was third in conference in 200 medley relay...plans to major in International Studies.

Curl's Top Career Times:

50 free 26.84 2011 Va. Tech Invite
100 free 59.80 2011 Va. Tech Invite

Meet The Keydets-Men



Matt Dale

- Junior
- Corning, N.Y.
- Corning West

2010-11: Set new personal bests in every event he swam...turned in three of those at the Virginia Tech Invite, including a sixth-place finish in the 100 back, his first non-freestyle race of the year.

2010 CCSA Championship: Did not compete.

2009-10: The Keydets' top distance swimmer; turning in the team's top times in the 1000 and 1650 free...Competed in every meet of the season.

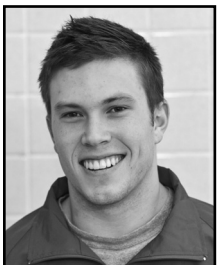
2009 CCSA Championship: Placed 11th in both the 100 back (57.36) and 200 back (2:07.58) and placed 13th in the 500 free (5:09.09), swimming a career-best time...Also competed on VMI's 200 and 400 medley relay teams that each placed fifth.

2008-09: Competed in every meet.

Personal: Son of Eric and Jill Dale...Four-year letterman under Mike Nicholson at Corning VWest...Won four section championships and was a two-time State qualifier...Holds school records in the 200 medley relay, 200 free relay and in the 100 back...Team Captain...Also an Empire State Games qualifier...Eagle Scout...Member of the National Honor Society...Swam for the Corning River Rats...Assistant Coach for the Corning Girls Modified team...Ranks as a Regimental Corporal in the VMI Corps of Cadets...International Studies major.

Dale's Top Career Times:

100 free50.752011 Virginia Tech Invite
200 free1:54.262011 Virginia Tech Invite
500 free5:02.462010 at Catholic/Howard
1000 free10:25.912010 at Catholic/Howard
1650 free18:28.572010 Yellow Jacket Inv'l
50 back26.432009 vs. NJIT
100 back55.482011 Virginia Tech Invite
200 back2:04.932010 at Georgetown
400 back4:38.412009 at Gardner-Webb Invite



Dallas Disbro

- Junior
- Huntersville, N.C.
- Cannon School

2010-11: VMI's top diver for the season...named CCSA Diver of the Week in week two...had season-best performances in both 1 and 3-meter disciplines vs. Davidson.

2010 CCSA Championships: Did not compete.

2009-10: Competed in first three meets in the first semester before studying abroad in the spring.

Personal: Son of Steve and Robin Disbro...Four-year letterman in lacrosse and soccer...Team MVP while scoring a school-record 30 goals on the soccer team and was team captain while as a middle on the lacrosse team...Economics & Business major.

Disbro's Top Career Scores:

1-Meter Diving252.832011 at Davidson
3-Meter Diving222.832011 at Davidson



Chris Dreikorn

- Sophomore
- Yorktown, Va.
- York

2010-11: Had three of VMI's top five times in the 50 free...also had the fifth-best 100 free effort...also swam on three of the top four Keydet relays.

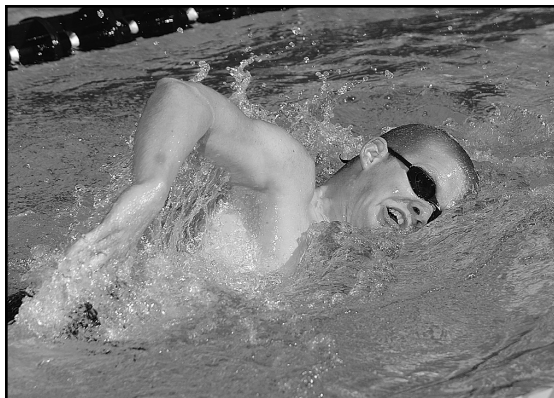
2010 CCSA Championships: Finished in the top 20 in all three events he competed in, the 100 back, the 50 free and the 100 free, with a top finish of 15th (100 back).

2009-10: Contributed to VMI's top 200 free relay time of the season, coming at St. Peter's...Competed in all but the first two meets.

Personal: Son of Russell and Diane Dreikorn...Four-year letterman on the York Swim team...State qualifier each year as a sprinter...Team Captain as a senior...Also a four-year letterman on the soccer team...Biology major.

Dreikorn's Top Career Times:

50 free21.932010 CCSA Championships
100 free50.522010 CCSA Championships
50 back29.132010 vs. Pfeiffer
100 back1:00.962010 CCSA Championships





Joe Dutter

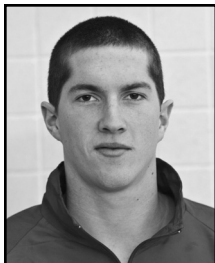
- Freshman
- Ojai, Calif.
- Nordhoff

2010-11: Competed in every meet except one during his freshman season...saw action in five different events and three different distances.

High School/Personal: Four-year letterwinner at Nordoff HS...team MVP senior year...awarded Male Student Athlete of the Year award for class of 2010...swam for Rio Mesa and Rick's Swim Club teams...received school's Mike Mikos Award...was 6th in 100 back at CIF as a junior...was 6th in 200 free and 10th in 100 back as a senior...won multiple awards in Academic Decathlon, including a gold in the interview portion during his senior year...also lettered four years in water polo.

Dutter's Top Career Times:

100 free1:02.962010 vs. GWU at Liberty
 200 free1:58.762011 at Davidson
 500 free5:23.412011 at Davidson
 200 IM2:18.822010 at Howard/Catholic



Matt Elliott

- Junior
- Norfolk, Va.
- Maury

2009-10: Swam on the Keydets' top 200 free, 200 medley and 400 medley relays of the year...Competed in every meet of the season.

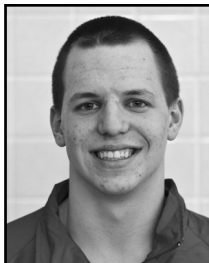
2009 CCSA Championship: Placed 12th in the 100 back (57.69) and 15th in the 100 free (50.05)...Also competed in the 50 free, swimming a career-best 22.60...Swam on the 200 free relay squad that placed fourth and the 200 medley and 400 free relays that each came in fifth.

2008-09: Competed in all but one meet.

Personal: Son of Mark and Rebecca Elliott...Four-year letterman on the swim team at Maury...Placed seventh in the state in the 200 free relay and holds a school record in that race...Also played lacrosse, football and volleyball...Biology major.

Elliott's Top Career Times:

50 free22.602009 CCSA Champs.
 100 free49.422010 vs. Pfeiffer
 50 back26.152010 vs. Pfeiffer
 100 back56.912010 Yellow Jacket Inv'l.



Everett Eschbach

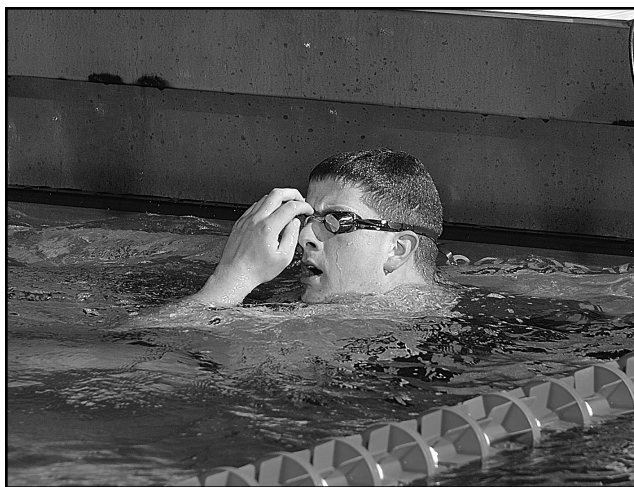
- Freshman
- Virginia Beach, Va.
- Kempsville

2010-11: Made his collegiate debut at NC State...swam on several relays throughout the year.

High School/Personal: Four-year letterwinner at Kempsville HS...All-Beach District...made District finals in 2008-10...All-Beach Swimmer 2010...Virginia Regionals...received school's swimming coach's award in 2009 and 2010...graduated with honors...was in Spanish and Latin Honor Societies...plans to major in International Studies.

Eschbach's Top Career Times:

50 free25.832010 vs. GWU at Liberty
 100 back1:04.172010 at Howard/Catholic
 200 back2:30.542010 at NC State



Meet The Keydets-Men



James Goodwillie

- Junior
- Richmond, Va.
- Mills Godwin

2010-11: Earned a pair of second-place finishes in dual with Gardner-Webb...won the 200 IM in tri-meet with Catholic and Howard...expected to challenge for additional honors at the CCSA meet.

2010 CCSA Championship: Set three new school records at the CCSA's...became the first Keydet to score a podium finish, finishing third in the 400 IM.

2009-10: Turned in VMI's top times of the season in the 200 free, the 200 IM, the 400 IM, the 100 back and the 200 back...Also swam on the team's top 200 medley, 400 medley and 400 free relays...Competed in all but one meet.

2009 CCSA Championship: Notched VMI's best individual finish, placing seventh in the 400 IM, breaking the school record with a 4:12.28...Also finished ninth in the 200 back (1:55.43) and 15th in the 200 IM (1:58.55), setting new school records in each.

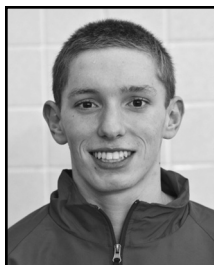
2008-09: One of the top freshmen to come through the program in recent history...Broke three varsity records as a freshman and swam on a rat-record relay squad...Competed in all but one event.

Personal: Son of James and Staci Goodwillie...Father, James, is a VMI graduate that was a member of the track and field team, competing in the pole vault...Sister, Ashton, swam at James Madison...National Top 16 qualifier...Junior National qualifier in several events...Competed for NOVA Aquatics...Biology major.

Goodwillie's Top Career Times:

200 free1:50.382010 vs. Pfeiffer
1000 free 10:04.89 2009 vs. NJIT
100 back55.102010 vs. Pfeiffer
200 back 1:54.87 2010 CCSA Champs.
100 breast1:05.542010 Yellow Jacket Inv'l.
200 IM 1:56.33 2010 CCSA Champs.
400 IM 4:08.75 2010 CCSA Champs.

Bold Italic- School Varsity Record



Alex Green

- Sophomore
- Nokesville, Va.
- Liberty

2010-11: Notched a personal best 100 free time at NC State.

2010 CCSA Championship: Competed in four events.

2009-10: Competed in all but one meet.

Personal: Son of Danny Green and Kelley Jones...Four-year letterman on the Liberty Swim team...Team Captain and MVP while competing in the fly and free...Also a two-year letterman as a middle on the lacrosse team...Psychology major.

Green's Top Career Times:

100 free54.872010 at NC State
100 fly1:04.162010 vs. Pfeiffer
200 IM2:26.262010 at Davidson



Sam Halter

- Freshman
- Woodstown, N.J.
- Woodstown

2010-11: Swam on the Keydets' top 200 free relay effort of the year (1:31.58) versus Davidson...posted a pair of season-best times at the tri-meet versus Howard and Catholic.

High School/Personal: Four-year letterwinner at Woodstown HS...holds school records in 200 and 400 free relays...National Honor Society member...plans to major in Civil Engineering at VMI.

Halter's Top Career Times:

50 free23.322010 at Catholic/Howard
100 free53.212010 vs. GWU at Liberty
100 breast1:12.512010 at Catholic/Howard



Arthur Harrington

- Junior
- Tampa, Fla.

2010-11: Joined the VMI diving team in preseason...did not compete.



David Hayes

- Junior
- Manassas, Va.
- Osbourn Park

2010-11: For the second consecutive season, turned in VMI's top time in the 200 breast...posted a personal best at Davidson.

2010 CCSA Championship: Finished 12th in his best event, the 200 breast...was also 12th in the shorter version, the 100.

2009-10: Turned in VMI's top 200 breast time of the season, coming at Howard...Competed in all but two meets.

2009 CCSA Championship: Placed 15th in the 200 breast, swimming a career-best 2:29.44 in the finals...Also competed in the 50 free (24.72) and 100 breast (1:08.38).

2008-09: Competed in the final three meets of the year.

Personal: Son of David and Diane Hayes...One-year letterman on the swim team at Osbourn Park...District Championship his final year there...Also played lacrosse...Competed for the Wellington Dolphins and QDD swim teams...Earned Academic Letters and graduated with a 3.4 GPA...Psychology major.

Hayes' Top Career Times:

50 free	23.62	2010 CCSA Championships
50 fly	29.02	2010 vs. Pfeiffer
50 breast	30.37	2010 vs. Pfeiffer
100 breast	1:03.77	2010 CCSA Championships
200 breast	2:20.21	2011 at Davidson
400 breast	5:39.72	2009 at Gardner-Webb Invite
100 IM	1:05.48	2009 at Gardner-Webb Invite



Benji Howard

- Junior
- Bristol, Va.
- Family Christian Acad.

2010-11: Was third in both the 500 and 1000 free at NC State...posted a personal best 200 IM time versus Gardner-Webb.

2010 CCSA Championship: Finished ninth in the 1650 free, his first career top-10 finish at the CCSA's...also swam a career-best time...was 17th in the 200 free.

2009-10: Anchored VMI's fastest 800 free relay of the season at the Yellow Jacket Invitational...Competed in all but one meet.

2009 CCSA Championship: Placed 12th in the 500 free (4:58.29) and 14th in the 200 free (1:50.44), swimming a career-best time in the finals of each event...Just missed out of the consolation finals by coming in 17th in the 100 free (50.94) with a career-best time...Also swam on the 800 free relay that placed fifth and on the 400 free relay.

2008-09: Competed in each meet.

Personal: Son of Richard and Doreen Howard...Four-year letterman on the swim team at FCA...Placed ninth in the 200 free and 18th in the 100 breast at State...School record holder in several free events and the 100 and 200 breast...Two-year letterman as a goalie on the soccer team...Swam for the Bristol Area Swim Association...Ranked in Top 5 of graduating class...Eagle Scout...Ranks as a Company Corporal in the VMI Corps of Cadets...Civil Engineering major.

Howard's Top Career Times:

100 free	50.94	2009 CCSA Champs.
200 free	1:49.75	2009 CCSA Champs.
500 free	4:58.29	2009 CCSA Champs.
1000 free	10:53.12	2010 at St. Peter's
1650 free	17:56.69	2010 CCSA Champs.
100 breast	1:10.00	2009 at Gardner-Webb
200 IM	2:13.90	2011 at Pfeiffer
400 IM	4:53.17	2010 vs. Pfeiffer



Josh Jeffcoat

- Senior
- Virginia Beach, Va.
- Gateway Christian

2010-11: Team co-captain...posted a pair of personal bests at Davidson...also notched a PR in Gardner-Webb dual.

2010 CCSA Championships: Was 13th in the 1650 free and 17th in the 500 free.

2009-10: Competed in all but one meet.

2009 CCSA Championship: Placed 13th in the 1650 free with a career-best time of 20:50.47...Also swam career-best times in the 200 free (2:11.02) and 500 free (6:08.80) prelims.

2008-09: Competed in all but two meets.

2008 CCSA Championship: Swam a career-best 26.52 in the 50 free...Also swam the 100 free for the first time.

2007-08: Competed at the Yellow Jacket Invitational and against Davidson and Virginia Tech at Radford.

Personal: Son of Ricky James and Lucille Marie Jeffcoat...

Three-year letterman under Coach Mentor on the Gateway Christian Soccer team...Modern Languages and Cultures major.

Jeffcoat's Top Career Times:

50 free	26.52	2008 CCSA Champs.
100 free	1:00.18	2008 CCSA Champs.
200 free	2:11.02	2009 CCSA Champs.
500 free	5:49.01	2011 at Davidson
1000 free	11:46.63	2011 at Davidson
1650 free	20:50.47	2009 CCSA Champs.
100 back	1:07.00	2010 vs. GWU at Liberty



Meet The Keydets-Men



Andrew Jeter

- Senior
- Bristol, W. Va.
- Liberty

2010-11: Sharing team captaincy with Josh Jeffcoat...competed in several meets throughout the year.

2010 CCSA Championship: Took part in four events, with a best finish of 16th coming in the 200 back.

2009-10: Competed in all but two meets.

2009 CCSA Championship: Placed 15th in the 200 back (2:17.54) and 16th in the 100 back (1:02.31), swimming a career-best time...Swam on the 200 free relay.

2008-09: Competed in each meet.

2008 CCSA Championship: Swam career-bests in the 50 and 100 free...Swam the 200 free for the first time in his career...Also competed in the 200 free relay.

2007-08: Competed against Gardner-Webb at Radford, at the Yellow Jacket Invitational and against Davidson and Virginia Tech at Radford.

Personal: Son of Walter and Beth Jeter...Four-year letterman under Coach Mann at Liberty HS...Two-year captain and participated at the state championship meet all four years... Also a two-year letterman as a catcher, member of the state runners-up...Also named All-County and All-State while playing defensive end on the football team...Chemistry major.

Jeter's Top Career Times:

50 free25.322008 CCSA Champs.
100 free56.492008 CCSA Champs.
200 free2:05.382008 CCSA Champs.
50 back31.042009 at Gardner-Webb Invite
100 back1:02.312009 CCSA Champs.
200 back2:23.152010 CCSA Champs.
400 back5:09.692009 at Gardner-Webb Invite



Daniel Miller

- Freshman
- Virginia Beach, Va.
- Kempsville

2010-11: Competed in the season's first three events.

High School/Personal: Four-year letterwinner at Kempsville...received Coach's Award...also lettered four years in cross country and three in track...intends to major in business and economics at VMI.

Miller's Top Career Times:

200 free2:02.222010 at NC State
----------	--------------	-----------------------



Ian Morales

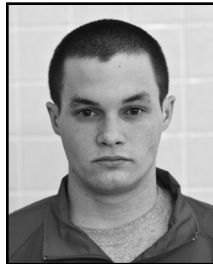
- Freshman
- Fredericksburg, Va.
- Homeschool

2010-11: Swam on top 400 free relay at Catholic/Howard meet (3:21.41)...also a part of top 200 free relay (Davidson)...was VMI's top 100 free finisher at NC State, where he made his collegiate debut.

High School/Personal: Homeschooled...was top eight in the 50 and 100 free at the Senior Championships...plans to major in International Studies.

Morales' Top Career Times:

50 free22.812010 at NC State
100 free50.752011 at Pfeiffer
100 back58.242010 at Catholic/Howard



Nate Myers

- Freshman
- Lena, Ill.
- Homeschool

2010-11: Swam in a handful of meets, as well as acting as the Keydets' #2 diver...posted a season-best score of 206.70 in the one-meter dive, with that coming at Davidson.

High School/Personal: Was homeschooled during high school...swam for Freeport YMCA Bluefins...plans to major in history.

Myers' Top Career Times:

500 free5:35.552010 at NC State
1000 free11:27.352010 vs. GWU at Liberty
1-Meter Diving206.702011 at Davidson
3-Meter Diving190.132011 at Davidson



Andrew Nelson

- Sophomore
- Ojai, Calif.
- Villanova Prep

2010-11: Second in 500 free at NC State...posted personal best efforts at Howard and Davidson.

2010 CCSA Championship: Turned in personal best times in the 200, 500 and 1650 freestyle races.

2009-10: Turned in VMI's top 500 free time as a freshman...Also swam on the Keydets' top 800 free relay time of the season, coming at the Yellow Jacket Invitational...Competed in all but one meet.

High School/Personal: Son of Phillip and Mary Nelson...Four-year letterman swimming distance at Villanova Prep...Named MVP as a senior...Also a four-year letterman on the water polo team...International Studies major.

Nelson's Top Career Times:

100 free52.862010 at Catholic/Howard
200 free1:53.502010 CCSA Champs.
500 free5:03.032010 CCSA Champs.
1000 free11:21.832011 at Davidson
1650 free18:14.462010 CCSA Champs.



Scott Pease

- Freshman
- Hampton, Va.
- Bethel

2010-11: Swam on winning 200 free relay at NC State...has not competed since GW dual in November.

High School/Personal: Four-year letterwinner at Bethel HS...had a best time of 23.75 in the 50-free...swam for Coast Guard Blue Dolphins club...Eagle Scout...intends to major in International Studies.

Pease's Top Career Times:

100 free55.062010 at NC State
200 free2:00.862010 vs. GWU at Liberty



Tim Potter

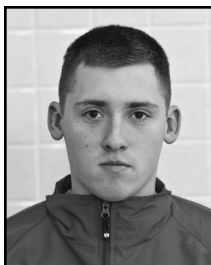
- Freshman
- Roanoke, Va.
- Patrick Henry

2010-11: Competed in just one individual meet, but did swim a handful of relays throughout the season.

High School/Personal: Letterwinner at Patrick Henry...also played lacrosse...Eagle Scout...plans to major in International Studies.

Potter's Top Career Times:

50 free23.982010 vs. GWU at Liberty
100 free53.912010 vs. GWU at Liberty



Mark Schumacher

- Junior
- Fairfax, Va.
- W.T. Woodson

2010-11: Completed in several events throughout the year...helped provide depth in the freestyle events.

2010 CCSA Championship: Had personal best times in all three of his individual events, the 100 and 200 free and the 200 IM.

2009-10: Led off VMI's fastest 800 free relay of the season, coming at the Yellow Jacket Invitational...Competed in all but one meet.

2009 CCSA Championships: Swam season-best times in the prelims of the 100 free (53.77), and the 200 free (1:55.60) and a career-best time in the 200 IM (2:14.58)...Also swam on the 800 free relay that placed fifth.

2008-09: Competed in all but two meets.

Personal: Son of John and Adrienne Schumacher...Three-year letterwinner on the swim team at Woodson...Also a three-year letterwinner on the lacrosse team...Won district championships in swimming and lacrosse...Brother, John, swam at Valparaiso...International Studies major.

Schumacher's Top Career Times:

50 free23.912010 vs. Pfeiffer
100 free51.922010 CCSA Champs.
200 free1:53.492010 CCSA Champs.
200 IM2:10.492010 CCSA Champs.



Will Shehan

- Freshman
- Lexington, Va.
- Rockbridge County

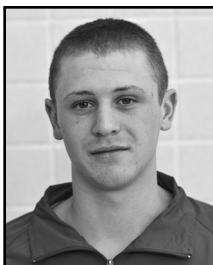
2010-11: Competed in several butterfly races during the year, and made his freestyle debut at the Va. Tech Invitational.

High School/Personal: Graduate of nearby Rockbridge County HS...four-year letterwinner for the Wildcats...also swam for multiple club teams, played lacrosse and ran cross country during his high school career...plans to major in Business and Economics at the Institute.

Shehan's Top Career Times:

50 free25.672011 Va. Tech Invite
100 free56.522011 Va. Tech Invite
100 fly1:06.462010 at NC State

Meet the Keydets - Men



Jack Sullivan

- Freshman
- Virginia Beach, Va.
- Kellam

2010-11: VMI's top threat in the butterfly races...won his collegiate debut in the 100 fly at NC State.

High School/Personal: Four-year letterwinner at Kellam HS...competed in Virginia Senior Championships final three HS seasons...also swam for Tri-City Aquatic Club...plans to major in International Studies...sister Maggy is team captain at Bridgewater College.

Sullivan's Top Career Times:

100 fly56.902010 at NC State
200 fly2:11.342010 at NC State



Marcus Sutter

- Sophomore
- Virginia Beach, Va.
- Landstown

2010-11: Finished second in 100 back at Catholic/Howard tri-meet...competed in the first five meets of the year.

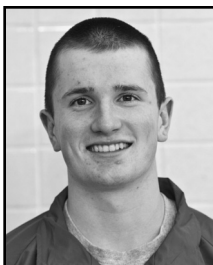
2010 CCSA Championship: Placed 13th in both the 100 and 200 back events.

2009-10: Competed in every meet.

High School/Personal: Son of Donald and Katrina Sutter...Four-year letterman on the Landstown swim team...Two-year Team Captain...As a senior, was named Team MVP and earned All-District and All-Region recognition in the 100 breast...Swam for the Tri-City Aquatic Club...Also a three-year letterman as a thrower on the track team...Played on the offensive line for the football team...History major.

Sutter's Top Career Times:

50 breast30.682010 vs. Pfeiffer
100 breast1:03.522010 CCSA Champs.
200 breast2:25.302010 CCSA Champs.



James Wiltshire

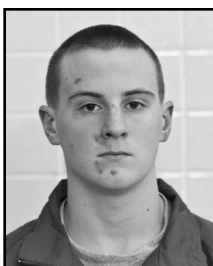
- Freshman
- Chantilly, Va.
- Paul IV

2010-11: Finished fourth in 200 free at Virginia Tech Invite.

High School/Personal: Three-year letterwinner at Paul VI, where he also played baseball and ran cross country...intends to major in civil engineering.

Wiltshire's Top Career Times:

100 free55.242011 Va. Tech Invite
200 free2:03.812011 Va. Tech Invite
200 IM2:27.642010 vs. Catholic/Howard



Ben Zaepfel

- Freshman
- Prospect, Ky.
- North Oldham

2010-11: Took part in several events throughout the year, with a notable finish of 6th in the 100 breaststroke at the Virginia Tech Invitational.

High School/Personal: Four-year letterwinner at North Oldham...three-year team captain...plans to major in History at VMI.

Zaepfel's Top Career Times:

50 free24.452011 Va. Tech Invite
100 free55.442011 Va. Tech Invite
100 breast1:10.772011 Va. Tech Invite
200 breast2:39.812010 at NC State





Briana Allard

- Senior
- Fairfax, Va.
- Robinson Secondary

2010-11: Set new diving records in both of VMI's home meets...went over 200 points for the first time on the second of those occasions, a tri-meet with Mount St. Mary's and Liberty...has ranked in the top-12 of the CCSA in both events for much of the year.

2010 CCSA Championship: Was 15th in the one-meter diving event.

2009-10: Established a new varsity record in one-meter diving at Davidson...Competed in all but two meets.

2009 CCSA Championship: Placed 15th in the one-meter and 3-meter diving events.

2008-09: Established school records in both one-meter and three-meter diving...Helped the women's swimming program to its first-ever win, taking down NJIT in November...Competed in VMI's two home meets and at the Thomas Murphy Invitational.

2008 CCSA Championship: Placed 15th in 1-meter diving.

2007-08: Competed in four events...Became VMI's first female competitor in diving, scoring a 118.05 at home against Pfeiffer and Randolph on Oct. 27.

Personal: Daughter of David and Cindy Allard...Played for the BRYC soccer team, winning the championship four consecutive years...Served as Unit Commander in AFJROTC...Civil Engineering major.

Allard's Top Career Times & Scores:

50 free36.672007 Yellow Jacket Inv'l.
1-Meter Diving**200.00****2011 vs. LU and MSM**
3-Meter Diving**215.25****2011 vs. LU and MSM**
Bold Italic- School Varsity Record



Pin-Fen Chen

- Sophomore
- Taiwan
- Concordia Middle

2010-11: Swam on the team's best 400 free relay, recorded Jan. 29 at Pfeiffer...finished fourth in her first individual action of the year, the 100 back at the Liberty/MSM tri-meet.

2010 CCSA Championships: Saw action in seven events, including four relays...had a high individual position of 30th in the 200 back, where she set a new VMI freshman record, which she did in the 100 back as well.

2009-10: Established a new rat record in the 100 back, swimming a 1:11.37 at St. Peter's...Swam on four school-record relays, including the 200 free, 400 free, 200 medley and 400 medley...Also turned in VMI's top time of the season in the 200 back...Competed in every event.

Personal: Daughter of Yu-Hui Chen and Hut-Duan Chao...Competed on the swim and volleyball teams for Concordia Middle...Placed fifth in the 100 meter backstroke in Taiwan's college race...VMI Institute Honor Student...Biology major.

Chen's Top Career Times:

50 free27.992010 CCSA Championships
 50 back32.692010 vs. Pfeiffer
 100 back1:11.302010 CCSA Championships
200 back**2:37.20** **2010 CCSA Championships**
Bold- School Rat Record



Meet The Keydets-Women



Mia Cunicelli

- Freshman
- Leesburg, Va.
- Heritage

2010-11: Set two school records during her first year on Post, the 100 back and 100 breast...also part of a freshman record effort in the 200 free relay, as well as a school record 200 medley relay performance.

High School/Personal: Four-year swimming letterwinner at Heritage HS...also competed in track and field...swam for Snow Swim Team (year round club) and Potomac Station Sailfish (Summer League).

Cunicelli's Top Career Times:

50 free 27.57 2010 vs. HU/Cath.
100 back **1:09.54** **2010 vs. Hollins**
100 breast **1:16.29** **2010 vs. HU/Cath.**
 200 IM 2:42.48 2011 vs. Pfeiffer
Bold Italic- School Varsity Record



Meghan Doss

- Freshman
- Wilmington, N.C.
- Eugene Ashley

2010-11: Swam the team's three fastest times in the 50 free, along with the five quickest in the 100 free...her best 50 free effort, 27.38 at Liberty, was a new VMI freshman record...also part of a VMI freshman record relay 200 free relay at that meet.

High School/Personal: Two-year letterwinner at Eugene Ashley HS...team's most improved...also three-year letterwinner in track...played volleyball, basketball and cross country as well...coach and competitor for Holly Tree Swim Team.

Doss' Top Career Times:

50 free **27.38** **2010 at Liberty/GWU**
 100 free 1:00.61 2010 vs. Hollins
Bold- School Rat Record



Hannah Donovan

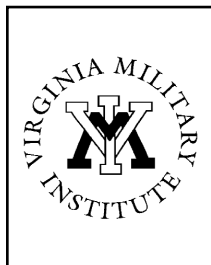
- Freshman
- Sterling, Va.
- Dominion

2010-11: Participated in the 50 and 100 meter freestyles in every Keydet meet...recorded a season-best 28.56 in the 50 free at home versus Hollins...also had a 1:03.27 clocking in the 100 at that meet...swam on freshman record relays in the 200 and 400 free.

High School/Personal: Four-year letterwinner at Dominion HS...received Coach's Choice Award in 2009...plans to major in Economics and Business.

Donovan's Top Career Times:

50 free 28.56 2010 vs. Hollins
 100 back 1:03.27 2010 vs. Hollins



Eva Edelbrock

- Junior
- Centreville, Va.
- Westfield

2010-11: Did not compete.

High School/Personal: Swam for Riptide Swim club team...holds the 100-meter breaststroke record for that club...intends to major in Economics and Business at the Institute.



Flora Edelbrock

- Freshman
- Centreville, Va.
- Westfield

2010-11: Won 100 breast vs. Hollins...swam on rat record 400 free relay at Catholic/Howard dual...5th in 100 breast at LU/MSM tri meet...won 200 breast at Davidson dual, then won 100 breast versus Pfeiffer the next day...swam in every meet.

High School/Personal: Former letterwinner at Chantilly HS...won three gold medals for NVSL...one record for Sully Station Swim Team...was a member of Air Force Junior ROTC...intends to major in English.

F. Edelbrock's Top Career Times:

100 free1:03.952011 at Davidson
 100 breast1:18.332010 at Howard vs. Catholic
 200 breast2:51.412011 at Davidson



Erin Mauss

- Freshman
- Locust Grove, Va.
- Orange County

2010-11: Swam on freshman record 400 free relay during tri-meet with Catholic and Howard...also competed in duals with Davidson and Pfeiffer.

High School/Personal: Four-year letterwinner at Orange County...also swam for Lake of the Woods Barracudas club team...member of junior ROTC, where she was a battalion deputy commander...member of National Honor Society...scholar-athlete...intends to major in International Studies at the Institute.

Mauss' Top Career Times:

50 free32.442011 at Davidson
 100 free1:13.242011 at Davidson



Sabina Montgomery

- Freshman
- Lynchburg, Va.
- Holy Cross

2010-11: New to the diving program...scored a career-high one-meter tally of 139.20 in a home tri-meet with Mount St. Mary's and Liberty.

High School/Personal: Played four different sports at Holy Cross Catholic...member of National Honor Society...intends to major in International Studies.

Montgomery's Top Career Marks:

1-meter diving139.202011 vs. Mount/Liberty



Leigh Fortney

- Sophomore
- Lexington, Va.
- Perry McCluer

2010-11: Took part in two meets, with both of her season bests coming in a home victory over Hollins...was third in the 50-free and fourth in the 100-free at that meet...also a part of the winning 200 free relay at that meet...swam in tri-meet with Liberty and Gardner-Webb.

2009-10: Did not compete.

High School/Personal: Daughter of Neal and Suzanne Fortney...Lettered on the Parry McCluer Softball team and was named MVP...Also played volleyball and cheered...Member of the VMI Honors Program...Father swam at VMI...Physics major.

Fortney's Top Career Times:

50 free28.952010 vs. Hollins
 100 free1:07.122010 vs. Hollins

Meet the Keydets - Women



Caroline Pryor

- Freshman
- Virginia Beach, Va.
- Princess Anne

2010-11: Second in both the 500 and the 1000 vs Davidson...swam in every meet during her freshman season...participated mostly in the 500 and 1000 free's, but did swim the 200 and 400 meter distances early in the year...bettered her previous top marks by nearly four seconds apiece at the Pfeiffer dual.

High School/Personal: Two-year letterwinner at Princess Anne HS...member of National Honor Society and Science National Honor Society...also a two-year letterwinner in women's lacrosse, where she was a defensive VIP...intends to major in mechanical engineering at VMI.

Pryor's Top Career Times:

500 free6:44.712011 at Pfeiffer
1000 free13:44.262011 at Pfeiffer



Lauren Weinberg

- Freshman
- Purcellville, Va.
- Foxcraft School

2010-11: New to the diving program...notched a career-best 151.65 one-meter score in road dual with Davidson.

High School/Personal: Two-year letterwinner at Foxcraft School...also played volleyball and softball.

Weinberg's Top Career Marks:

1-meter diving151.652011 at Davidson
----------------	-------------	-------	-------------------

Men's Top Times

50 Free

1. Matt Elliott	22.40	12/4 at Howard
2. Chris Dreikorn	22.50	10/16 at NC State
3. Chris Dreikorn	22.55	1/29 at Pfeiffer
4. Matt Elliott	22.70	1/28 at Davidson
5. Chris Dreikorn	22.74	10/29 at Mount

100 Free

1. Matt Elliott	49.89	12/4 at Howard
2. Matt Elliott	49.97	1/28 at Davidson
3. Matt Elliott	50.30	11/6 at Liberty
4. Ian Morales	50.52	10/30 at Mount
5. Chris Dreikorn	50.67	10/29 at Mount

200 Free

1. Kodiak Bowers	1:49.27	10/29 at Mount
2. Kodiak Bowers	1:49.29	10/30 at Mount
3. Kodiak Bowers	1:49.60	11/6 at Liberty
4. Kodiak Bowers	1:50.41	12/4 at Howard
5. Kodiak Bowers	1:50.82	10/16 at NC State

500 Free

1. Kodiak Bowers	4:56.44	10/29 at Mount
2. Kodiak Bowers	4:57.46	12/4 at Howard
3. Kodiak Bowers	4:57.73	11/6 at Liberty
4. Kodiak Bowers	4:57.82	10/16 at Mount
5. Matt Dale	5:02.46	1/28 at Davidson

1000 Free

1. Matt Dale	10:25.91	12/4 at Howard
2. Matt Dale	10:33.79	11/6 at Liberty
3. Matt Dale	10:34.06	1/29 at Pfeiffer
4. Benji Howard	10:58.34	1/29 at Pfeiffer
5. Benji Howard	10:58.76	10/16 at NC State

1650 Free

1. Benji Howard	18:17.40	10/29 at Mount
2. James Whitshire	20:43.95	10/29 at Mount
3. Josh Jeffcoat	21:38.96	10/29 at Mount

200 Individual Medley

1. James Goodwillie	2:01.52	12/4 at Howard
2. James Goodwillie	2:02.58	11/6 at Liberty
3. James Goodwillie	2:04.72	1/29 at Pfeiffer
4. Ian Morales	2:07.05	10/30 at Mount
5. Benji Howard	2:13.90	1/29 at Pfeiffer

400 Individual Medley

1. Benji Howard	4:48.57	10/29 at Mount
2. Daniel Miller	5:23.48	10/29 at Mount

100 Back

1. Matt Dale	55.48	2/5 at Va. Tech Invite
2. James Goodwillie	56.45	1/29 at Pfeiffer
3. Matt Elliott	56.82	1/29 at Pfeiffer
4. James Goodwillie	57.14	11/6 at Liberty
5. Ian Morales	57.60	10/29 at Mount

200 Back

1. James Goodwillie	2:07.12	1/28 at Davidson
2. Joe Dutter	2:15.70	10/30 at Mount
3. Everett Eschbach	2:23.80	10/30 at Mount
4. Andrew Jeter	2:26.67	10/30 at Mount
5. Everett Eschbach	2:30.54	10/16 at NC State

100 Breast

1. David Hayes	1:04.29	1/29 at Pfeiffer
2. Marcus Sutter	1:04.32	12/4 at Howard

3. David Hayes	1:04.96	10/29 at Mount
4. Marcus Sutter	1:04.98	10/16 at NC State
5. David Hayes	1:05.57	11/6 at Liberty

200 Breast

1. David Hayes	2:20.21	1/28 at Davidson
2. David Hayes	2:22.37	10/30 at Mount
3. David Hayes	2:25.04	10/16 at NC State
4. Marcus Sutter	2:27.51	10/16 at NC State
5. Marcus Sutter	2:30.47	10/30 at Mount

100 Fly

1. Jack Sullivan	56.90	10/16 at NC State
2. Thomas Brown	57.06	2/5 at Va. Tech Invite
3. Jack Sullivan	57.26	10/29 at Mount
4. Jack Sullivan	57.69	11/6 at Liberty
5. Jack Sullivan	57.81	1/29 at Pfeiffer

200 Fly

1. Jack Sullivan	2:11.34	10/16 at NC State
2. Jack Sullivan	2:14.34	10/30 at Mount
3. Jack Sullivan	2:18.25	1/28 at Davidson

200 Free Relay

1. Dreikorn, Morales, Goodwillie, Elliott	1:31.24	11/6 at Liberty
2. Dreikorn, Morales, Halter, Elliott	1:31.58	1/28 at Davidson
3. Dreikorn, Halter, Bowers, Pease	1:34.87	10/16 at NC State
4. "B"	1:35.08	11/6 at Liberty

400 Free Relay

1. Bowers, Morales, Dreikorn, Elliott	3:21.41	12/4 at Howard
2. Dreikorn, Bowers, Goodwillie, Elliott	3:23.95	1/29 at Pfeiffer
3. Potter, Schumacher, Nelson, Green	3:37.12	12/4 at Howard

200 Medley Relay

1. Morales, Sutter, Sullivan, Dreikorn	1:44.45	10/16 at NC State
2. Dale, Hayes, Sullivan, Halter	1:45.64	11/6 at Liberty
3. Eschbach, Hayes, Brown, Halter	1:47.86	10/16 at NC State
4. Dutter, Hayes, Goodwillie, Schumacher	1:48.42	1/28 at Davidson
5. Eschbach, Halter, Brown, Green	1:53.11	1/28 at Davidson

400 Medley Relay

1. Goodwillie, Sutter, Sullivan, Halter	3:50.92	12/4 at Howard
2. Morales, Hayes, Sullivan, Schumacher	3:55.83	1/28 at Davidson
3. Dutter, Hayes, Brown, Potter	3:58.80	12/4 at Howard
4. Eschbach, Halter, Brown, Green	4:11.87	1/28 at Davidson

1-Meter Diving

1. Dallas Disbro	252.83	1/28 at Davidson
2. Dallas Disbro	240.97	10/16 at NC State
3. Dallas Disbro	235.20	12/4 at Howard



2010-11 Top Times

3-Meter Diving

1. Dallas Disbro	222.83	1/28 at Davidson
2. Nate Myers	190.13	1/28 at Davidson

Women's Top Times

50 Free

1. Meghan Doss	27.38	11/6 at Liberty
2. Meghan Doss	27.51	10/29 at Mount
3. Meghan Doss	27.54	1/15 vs. Liberty/Mount
4. Mia Cunicelli	27.57	12/4 at Howard
5. Meghan Doss	27.61	12/2 vs Hollins

100 Free

1. Meghan Doss	1:00.61	12/2 vs. Hollins
2. Meghan Doss	1:01.54	1/15 vs. Liberty/Mount
3. Meghan Doss	1:01.91	11/6 at Liberty
4. Meghan Doss	1:02.20	12/4 at Howard
5. Meghan Doss	1:02.42	10/30 at Mount

200 Free

1. Caroline Pryor	2:33.59	10/30 at Mount
-------------------	---------	----------------

500 Free

1. Caroline Pryor	6:44.71	1/29 at Pfeiffer
2. Caroline Pryor	6:46.73	10/29 at Mount
3. Caroline Pryor	6:48.07	11/6 at Liberty
4. Caroline Pryor	6:48.30	10/30 at Mount
5. Caroline Pryor	6:49.48	1/15 vs. Liberty/Mount

1000 Free

1. Caroline Pryor	13:44.63	1/29 at Pfeiffer
2. Caroline Pryor	13:48.26	11/6 at Liberty
3. Caroline Pryor	13:52.64	1/28 at Davidson
4. Caroline Pryor	14:03.56	12/4 at Howard
5. Caroline Pryor	14:08.17	12/2 vs. Hollins

200 Individual Medley

1. Chelsea Nugent	2:25.92	10/30 at Mount
2. Mia Cunicelli	2:42.28	1/29 at Pfeiffer

100 Back

1. Mia Cunicelli	1:09.54	12/2 vs. Hollins
2. Mia Cunicelli	1:10.79	11/6 at Liberty
3. Mia Cunicelli	1:11.98	10/29 at Mount
4. Pin-Fen Chen	1:12.72	1/15 vs. Mount/Liberty
5. Pin-Fen Chen	1:13.61	1/29 at Pfeiffer

200 Back

1. Pin-Fen Chen	2:41.40	1/28 at Davidson
-----------------	---------	------------------

100 Breast

1. Mia Cunicelli	1:16.25	10/29 at Mount
2. Mia Cunicelli	1:16.29	12/4 at Howard
3. Mia Cunicelli	1:16.30	1/15 vs. Liberty/Mount
4. Mia Cunicelli	1:16.99	11/6 at Liberty
5. Flora Edelbrock	1:18.33	12/4 at Howard

200 Breast

1. Flora Edelbrock	2:51.41	1/28 at Davidson
2. Flora Edelbrock	2:53.74	10/30 at Mount

100 Fly

1. Chelsea Nugent	1:06.20	10/29 at Mount
-------------------	---------	----------------

200 Free Relay

1. Donovan, Doss, Cunicelli, F. Edelbrock

1:54.26	11/6 at Liberty
2. Unknown	
1:55.21	1/28 at Davidson
3. Donovan, Doss, Chen, Pryor	
1:58.32	1/15 vs. Liberty/Mount
4. F. Edelbrock, Donovan, Pryor, Fortney	
2:03.08	12/2 vs. Hollins

400 Free Relay

1. Doss, Chen, Donovan, Pryor	
4:28.01	1/29 at Pfeiffer
2. Mauss, Donovan, Cunicelli, Edelbrock	
4:41.67	12/4 at Howard

200 Medley Relay

1. Cunicelli, F. Edelbrock, Doss, Allard

2:11.23	12/2 vs. Hollins
2. Cunicelli, Chen, Pryor, Mauss	
2:17.37	1/15 vs. Liberty/Mount

1-Meter Diving

1. Briana Allard	200.00	1/15 vs Liberty/Mount
2. Briana Allard	192.55	12/2 vs. Hollins
3. Briana Allard	190.43	1/28 at Davidson
4. Briana Allard	180.75	12/4 at Howard
5. Lauren Weinberg	151.65	1/28 at Davidson

3-Meter Diving

1. Briana Allard	215.25	1/15 vs. Liberty/Mount
2. Briana Allard	191.25	1/28 at Davidson
3. Briana Allard	186.50	12/2 vs. Hollins

*Note- Only One Time Per Meet Listed (Only Better of Prelims & Finals Included)

School Records must be swam in yards, not converted from meters

10/29 and 10/30 times were swam in meters and converted for CCSA standard

Bold Italic- VMI Varsity Record; **Bold**- VMI Freshman Record

Men's Records

Rat (Freshmen) Records

50 Free	21.89	Kevin Schnute (1998)
100 Free	48.60	Kevin Miller (1991)
200 Free	1:44.99	Brian Piccioni (1990)
500 Free	4:48.04	Brian Piccioni (1990)
1000 Free	10:04.89	James Goodwillie (2009)
1650 Free	17:00.41	Brian Piccioni (1990)
100 Back	52.82	Kevin Schnute (1998)
200 Back	1:55.43	James Goodwillie (2009)
100 Breast	1:01.92	Kevin Morello (1990)
200 Breast	2:16.72	Matt Ans (1986)
100 Fly	52.70	Jeff Tysinger
200 Fly	2:00.17	Max Hopkins (1994)
200 IM	1:58.55	James Goodwillie (2009)
400 IM	4:12.28	James Goodwillie (2009)
200 Free Relay	1:31.03	Rhee, Payne, Eaton, Elles (2003)
400 Free Relay	3:19.58	Rouse, East, Ford, Piccioni (1990)
800 Free Relay	7:38.90	Howard, Dale, Elliott, Goodwillie (2009)
200 Medley Relay	1:43.93	Dale, Howard, Goodwillie and Elliott (2009)
400 Medley Relay	3:48.00	Dale, Hayes, Goodwillie and Elliott (2009)
1M Diving, 11 dives	N/A	
1M Diving, 6 dives	N/A	
3M Diving, 11 dives	N/A	
3M Diving, 6 dives	N/A	

Varsity Records

21.01	Will Rowcliffe (2010)
47.24	Kevin Schnute
1:44.22	Brian Piccioni (1991)
4:47.26	Brian Piccioni (1993)
10:04.89	James Goodwillie (2009)
17:00.41	Brian Piccioni (1990)
52.82	Kevin Schnute (1998)
1:54.87	James Goodwillie (2010)
1:00.49	Rick Donovan (1988)
2:12.88	Matt Ans (1988)
52.40	Erik Vik
1:58.74	Max Hopkins (1997)
1:56.33	James Goodwillie (2010)
4:08.75	James Goodwillie (2010)
1:26.51	Dreikorn, Elliott, Ferrell, Rowcliffe (2010)
3:10.89	Miller, Moore, Jones, Piccioni (1993)
7:09.84	Miller, Moore, Jones, Piccioni (1993)
1:39.50	Walters, Morello, Miller, Piccioni (1992)
3:34.55	Jarvis, Whalen, Chiles, Donovan (1986)
509.65	Mark Roltsch (1983)
273.05	Mark Roltsch (1982)
513.70	Mark Roltsch (1982)
301.05	Mark Roltsch (1982)

Women's Records

Rat (Freshmen) Records

50 Free	27.38	Meghan Doss (2010)
100 Free	57.94	Chelsea Nugent (2008)
200 Free	2:06.05	Chelsea Nugent (2008)
500 Free	5:43.27	Chelsea Nugent (2008)
1000 Free	12:33.31	Erin Hottle (2004)
1650 Free	20:22.05	Erin Hottle (2004)
100 Back	1:09.54	Mia Cunicelli (2010)
200 Back	2:37.20	Pin-Fen Chen (2010)
100 Breast	1:16.29	Mia Cunicelli (2010)
200 Breast	2:50.95	Chelsea Nugent (2008)
100 Fly	1:04.10	Chelsea Nugent (2008)
200 Fly	2:24.96	Chelsea Nugent (2008)
200 IM	2:27.80	Chelsea Nugent (2008)
400 IM	N/A	
200 Free Relay	1:54.26	F. Edelbrock, Donovan, Cunicelli, Doss (2010)
400 Free Relay	4:41.67	Mauss, Donovan, Cunicelli, F. Edelbrock (2010)
800 Free Relay	N/A	
200 Medley Relay	N/A	
400 Medley Relay	N/A	
1-Meter Diving	129.90	Briana Allard (2008)
3-Meter Diving	N/A	

Varsity Records

26.79	Chelsea Nugent (2009)
57.94	Chelsea Nugent (2008)
2:06.05	Chelsea Nugent (2008)
5:43.27	Chelsea Nugent (2008)
12:03.26	Erin Hottle (2005)
19:59.43	Erin Hottle (2005)
1:09.54	Mia Cunicelli (2010)
2:28.75	Erin Hottle (2005)
1:16.29	Mia Cunicelli (2010)
2:49.01	Chelsea Nugent (2010)
1:04.10	Chelsea Nugent (2008)
2:24.96	Chelsea Nugent (2008)
2:27.09	Chelsea Nugent (2010)
5:19.62	Erin Hottle (2005)
1:51.73	Nugent, Robertson, Chen, Lentsch (2010)
4:16.06	Nugent, Robertson, Chen, Lentsch (2010)
9:47.12	Nugent, Ortiz, Lentsch, Carlos (2009)
2:12.67	Chen, Tuff, Nugent, Robertson (2010)
4:59.66	Chen, Wheeler, Nugent, Lentsch (2010)
200.00	Briana Allard (2010)
215.25	Briana Allard (2010)

Bold Italic- Set this season



Coaching Lineage

Walter L. Lowry (1937-42)
Alfred Conyne (1951-53)
William Campbell (1954-55)
Charles G. Arnold (1956-1966)
Arnold Joyce (1967-83, 1999-00)
Gerry Stalnaker (1984-85)

Harry Moore (1986-87)
Ken Duncan (1988-91)
Stephen Ross (1992-96)
Miike Foust (1997-98)
Scott Bowzer (2001-02)
Bill Nicholson (2003-Present)

Conference Affiliations

Southern Conference: 1937-1982
Southern States Conference: 1991-03

Northeast Conference: 2004-07
Coastal Collegiate Swimming Association: 2008-Present

Conference Champions

50 Free

1943- Gary Carrington, 24.0 (SoCon)
1954- Frank Boxley, 24.40 (SoCon)
1955- Frank Boxley, 24.30 (SoCon)
1958- Jack Cunningham, 23.80 (SoCon)
1959- Bob Haines, 24.50 (SoCon)
1962- Bill Rimm, 22.90 (SoCon)
1969- Bob Costigan, 22.40 (SoCon)

100 Free

1943- Gary Carrington, 56.6 (SoCon)
1954- Frank Boxley, 56.10 (SoCon)
1958- Jack Cunningham, 55.00 (SoCon)
1958- Jack Cunningham, 53.50 (SoCon)
1964- Bill Rimm, 49.10 (SoCon)
1965- Mike Kearney, 50.60 (SoCon)

220 Free

1941- Harry Stengele, 2:26.8 (SoCon)
1954- Bill Van Fossen, 2:24.00 (SoCon)
1955- Bill Van Fossen, 2:26.20 (SoCon)
1956- Bill Van Fossen, 2:20.40 (SoCon)
1958- Bruce Haldeman, 2:20.60 (SoCon)
1961- George Collins, 2:13.40 (SoCon)
1962- George Collins, 2:12.40 (SoCon)

200 Free

1964- Bill Rimm, 1:52.90 (SoCon)
1965- Mike Kearney, 1:56.80 (SoCon)
1967- Doug Goodall, 1:56.10 (SoCon)

440 Free

1941- Harry Stengele, 5:21.6 (SoCon)
1954- Bill Van Fossen, 5:14.80 (SoCon)
1955- Bill Van Fossen, 5:15.40 (SoCon)
1956- Bill Van Fossen, 5:08.50 (SoCon)
1958- Bruce Haldeman, 5:13.90 (SoCon)

400 Free

1961- George Collins, 4:47.70 (SoCon)
1962- George Collins, 4:45.50 (SoCon)

500 Free

1965- Doug Goodall, 5:28.00 (SoCon)
2004- Kevin Vik, 4:54.09 (NEC)
2006- Kevin Vik, 5:05.83 (NEC)
2007- Kevin Vik, 4:56.80 (NEC)

1500 Free

1951- Malcolm Jones, 21:05.9 (SoCon)
1954- Bill Van Fossen, 21:41.60 (SoCon)
1955- Bill Van Fossen, 21:42.70 (SoCon)
1956- Bill Van Fossen, 20:47.60 (SoCon)
1958- Bruce Haldeman, 21:44.30 (SoCon)

1960- George Collins, 19:53.60 (SoCon)
1961- George Collins, 19:39.70 (SoCon)
1962- George Collins, 19:20.30 (SoCon)

1650 Free

1965- John Meybin, 19:37.00 (SoCon)
1966- Doug Goodall, 19:20.00 (SoCon)
2004- Kevin Vik, 17:02.44 (NEC)
2006- Chris Beyer, 17:35.46 (NEC)
2007- Kevin Vik, 17:31.62 (NEC)

100 Breast

1950- Thompson, 1:08.7 (SoCon)
1954- Johnny Knapp, 1:06.60 (SoCon)
1956- Dick Hoyt, 1:05.90 (SoCon)
1965- Charles Keblusek, 1:08.20 (SoCon)

200 Breast

1951- Bill Saum, 2:30.3 (SoCon)
1954- John Knapp, 2:38.30 (SoCon)
1956- Gene Johnson, 2:35.20 (SoCon)
1961- Victor Kane, 2:34.10 (SoCon)
1969- James Wilder, 2:21.99 (SoCon)
1970- James Wilder, 2:23.17 (SoCon)

100 Fly

1958- Ken Ederle, 1:01.90 (SoCon)
1959- Brad Lampshire, 58.30 (SoCon)
1960- Brad Lampshire, 58.50 (SoCon)
1973- Richard Brown, 53.24 (SoCon)

200 Fly

1958- Ken Ederle, 2:35.00 (SoCon)
1959- Brad Lampshire, 2:20.50 (SoCon)
1960- Brad Lampshire, 2:19.90 (SoCon)

100 Back

1954- Dick Hoyt, 1:08.10 (SoCon)
1955- Dick Hoyt, 1:03.00 (SoCon)
1956- Dick Hoyt, 1:05.90 (SoCon)
1957- Joe Spivey, 1:07.30 (SoCon)
1960- Nelson Prince, 1:01.80 (SoCon)
1965- Dick Goodall, 1:02.00 (SoCon)
1971- Bob Cunningham, 58.90 (SoCon)
1973- Bob Cunningham, 58.26 (SoCon)

200 Back

1954- Dick Hoyt, 2:21.50 (SoCon)
1955- Dick Hoyt, 2:19.80 (SoCon)
1956- Dick Hoyt, 2:18.70 (SoCon)
1957- Joe Spivey, 2:26.80 (SoCon)
1958- Bill Old, 2:24.40 (SoCon)
1959- Bill Old, 2:23.20 (SoCon)
1960- Nelson Prince, 2:15.10 (SoCon)

1961- Nelson Prince, 2:15.50 (SoCon)
1962- Nelson Prince, 2:12.30 (SoCon)
1965- Dick Goodall, 2:14.40 (SoCon)
1971- Bob Cunningham, 2:09.60 (SoCon)

150 Individual Medley

1954- John Knapp, 1:44.40 (SoCon)
1955- Dick Hoyt, 1:39.80 (SoCon)

200 Individual Medley

1961- Victor Kane, 2:20.70 (SoCon)

400 Individual Medley

2006- Kevin Vik, 4:28.81 (NEC)

400 Free Relay

1939- 3:50.60 (SoCon)
1954- 3:49.00 (SoCon)
1955- 3:47.90 (SoCon)
1956- 3:45.90 (SoCon)
1957- 3:44.20 (SoCon)
2006- 3:18.73 (NEC)

800 Free Relay

1966- 8:05.80 (SoCon)
2006- 7:33.57 (NEC)
2007- 7:35.46(NEC)

300 Medley Relay

1950- 3:00.5 (SoCon)
1954- 3:14.00 (SoCon)
1956- 3:09.20 (SoCon)

400 Medley Relay

1958- 4:19.30 (SoCon)
1959- 4:14.40 (SoCon)
1960- 4:09.40 (SoCon)
1965- 3:59.30 (SoCon)

One-Meter Diving

1954- Ruxton Ridgely, 116.10 (SoCon)
1955- Ruxton Ridgely, 338.70 (SoCon)
1956- Bill Lamb, 95.55 (SoCon)
1975- Buzz Northern, 357.99 (SoCon)
2003- Brent Banks, 329.50 (SSC)
2006- Brenden Geoghagen, 135.15 (NEC)
2008- Jeff Turner, 196.00 (CCSA)

Three-Meter Diving

1980- Mark Roltsch, 383.35 (SoCon)
1981- Mark Roltsch, 431.45 (SoCon)
1982- Mark Roltsch, 498.40 (SoCon)
2006- Brenden Geoghagen, 149.45 (NEC)

Vision 2039 In Motion



“Vision 2039 is a series of efforts and initiatives to move VMI to the future...it builds upon the wonderful traditions and fundamentals that VMI is known for.”

- VMI Superintendent General J.H. Binford Peay III

About VISION 2039:

Vision 2039 is not a construction plan; it is a leadership plan that seeks to improve all aspects of the VMI experience: academic, military, physical/ cultural, and athletic. However, construction of new facilities and the renovations of older buildings on Post are essential components of Vision 2039 all the same. They provide the foundation for excellent programs. They encourage pride and set standards that impact the thinking and attitudes of cadets.

Just as the proud traditions and history of VMI influence the culture of the Corps of Cadets, so too do the physical facilities in which the Corps lives, learns, trains, and competes. Indeed, the unique architectural flavor of the VMI Post helps set the tone for all that happens on it and communicates the extraordinary expectations that the Commonwealth of Virginia and the nation have for cadets and for the Institute itself.

The facilities necessary to provide an education that thoroughly prepares cadets to meet the challenges of the 21st century are far more complex than they were in 1839. Vision 2039 aims to maintain the historic atmosphere of the Post as it develops the modern, technologically advanced facilities that VMI needs to prepare cadets for lives of success, service, and leadership.



▲ GRAY-MINOR STADIUM
CENTER FOR LEADERSHIP & ETHICS ▼



ALUMNI MEMORIAL FIELD AT FOSTER STADIUM ▼ CROZET HALL ▲



PROPOSED FIELD HOUSE & AQUATIC CENTER ▼

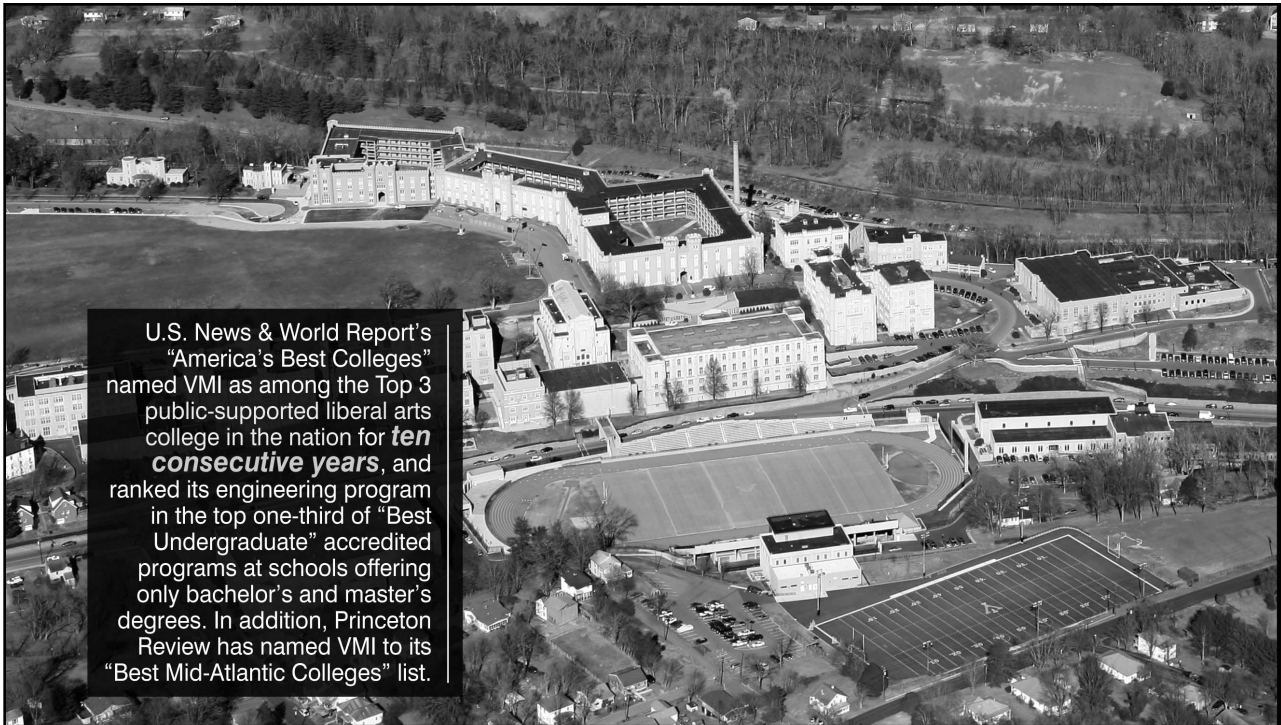


VISION 2039 OVERVIEW:

The focus of **Vision 2039** is the cadet. Each of its initiatives is targeted squarely at **crafting a four-year journey** that produces young men and women of **character** to **LEAD AND SERVE OUR NATION** in times of peace and peril.



This is VMI



U.S. News & World Report's "America's Best Colleges" named VMI as among the Top 3 public-supported liberal arts college in the nation for **ten consecutive years**, and ranked its engineering program in the top one-third of "Best Undergraduate" accredited programs at schools offering only bachelor's and master's degrees. In addition, Princeton Review has named VMI to its "Best Mid-Atlantic Colleges" list.

THIS IS THE VIRGINIA



It means something to be here.

It means something to push yourself further than you thought you could go: academically and physically. It means something to have the confidence to face challenges wherever you are:

BOARDROOM OR BATTLEFIELD

At VMI, you learn to excel under pressure. You have the personalized education that comes only from a small nationally ranked college. You know the meaning of a life that recognizes responsibility to others. You carry yourself differently because you have overcome the rigors of the VMI experience. You will find your place in a society of legendary alumni.

Welcome to the Virginia Military Institute.

ABOUT THE INSTITUTE:

The Virginia Military Institute is the nation's oldest state-supported military college, founded in 1839 in Lexington, Virginia, located at the southern end of the Shenandoah Valley. VMI offers qualified young men and women a demanding combination of academic study and rigorous military training that exists nowhere else, and grants B.A. and B.S. degrees in fourteen disciplines within the general fields of engineering, science, and liberal arts.

The Institute's emphasis on qualities of honor, integrity, and responsibility contributes to its unique educational philosophy. Professional leadership training is provided to all cadets through the Reserve Officers' Training Corps (ROTC) programs, maintained at VMI by the Department of Defense. Cadets are encouraged to pursue commissions in the U.S. Army, Air Force, Navy, or Marine Corps.

In every field of endeavor, whether it's leadership in business, industry, public service, education, the professions, or careers in the military, success comes early to a high number of VMI graduates. In an independent survey of college graduates seeking employment, armed forces commission, or admission to graduate or professional school following graduation, 95 percent of VMI graduates met their goal by the following October.

VMI's academic breadth is diverse, and curricula for the selected major begins the first year. About 40 percent of cadets major in civil, electrical, or mechanical engineering, about half the Corps majors in liberal arts fields, and the two most popular majors are economics/business and international studies.

For ten consecutive years, U.S. News & World Report's "America's Best Colleges," has named VMI as among the top 3 public-supported liberal arts colleges in the nation, and ranked its engineering program in the top one-third of "Best Undergraduate" accredited programs at schools offering only bachelor's and master's degrees. In addition, Princeton Review has named VMI to its "Best Mid-Atlantic Colleges" list.

www.vmi.edu

VMI ALUMNI:

VMI's alumni support is unparalleled in many ways, especially in their financial support. VMI alumni include Nobel Prize winner George C. Marshall; 11 Rhodes Scholars; and 40 college presidents. VMI alumni have distinguished themselves in every American conflict since the Mexican War, among them 7 Medal of Honor recipients, and 265 general and flag officers. Some 500 alumni served in Gulf War operations "Desert Storm" and "Desert Shield," and more than 1,000 VMI graduates are now or have been deployed in support of operations in Afghanistan and Iraq.

THE VMI CORPS OF CADETS:

Today 1,500 young men and women in the VMI Corps of Cadets represent 44 states and 11 foreign countries. More than 100 study abroad each year, one-third compete in intercollegiate athletics, and all have significant leadership opportunities. All cadets reside in "Barracks," the centerpiece of the VMI "Post." The original structure was built in 1850 and is a National Historic Landmark.

VMI cadets uphold an honor system as old as the Institute. An oath of honor is taken by each cadet, "not to lie, cheat, or steal, nor tolerate those who do," and the oath is practiced in daily life. Because it is basic to cadet life, honor is ingrained, and builds strong character. Honor is the cornerstone of every cadet's lifelong commitment to Integrity, Duty, Self-discipline, and Self-Reliance.

One of the oldest VMI traditions is the orientation and instruction provided to new cadets by old cadets. Regardless of background or prior training, every cadet in his/her first year at VMI is a "Rat," and each is a "Brother Rat" to the other. They live under the "Rat System" until "Break Out," and their bonds formed by this experience are lifelong.

VMI FACULTY:

All VMI faculty members teach in the classroom, and 97 percent hold doctoral or terminal degrees in their disciplines. The cadet to faculty ratio is 11:1, permitting a close, "mentor" relationship between a cadet and instructor, and faculty research is frequently conducted in partnership with cadets. ROTC instructors are experienced military officers, and make an outstanding contribution to cadet leadership training.

FACILITIES:

The VMI Post is 134 acres. Twelve acres are designated a National Historic District. VMI's academic facilities, Superintendent's quarters, library, alumni hall, and other administrative buildings, along with Barracks, encircle a 12-acre parade ground used for marching drills, weekly parades, training exercises, and social gatherings. The George C. Marshall Research Museum and the VMI Museum are located on Post. Athletic grounds and facilities are within easy access to the Post.



MILITARY INSTITUTE

ACADEMIC PROGRAM:

VMI's demanding academic program reflects established needs and emerging trends of an ever-changing global society. A robust undergraduate research initiative extends through summer, affording cadets and faculty financial incentives and continuous support for a wide range of investigative projects. The Institute's international programs include faculty and student exchanges with more than a dozen international academies and universities, seven foreign internships, and numerous study-abroad programs each semester and during the summer.

MAJORS OFFERED AT VMI:

- ◆ Applied Mathematics
- ◆ Biology
- ◆ Chemistry
- ◆ Civil Engineering
- ◆ Computer Science
- ◆ Economics & Business
- ◆ Electrical & Computer Engineering
- ◆ English
- ◆ History
- ◆ International Studies
- ◆ Mechanical Engineering
- ◆ Modern Languages & Cultures
- ◆ Physics
- ◆ Psychology
- ◆ Political Science



THE NATION NEEDS LEADERS.

VMI ROTC leadership training and the VMI Regimental System provide unique opportunities to lead. Cadets focus on their objectives in an arena of leadership challenges. They learn to persevere to attain goals that exceed expectations. A VMI diploma brings not only a degree but also leadership experience that can only come from the challenges overcome.

50 PERCENT.

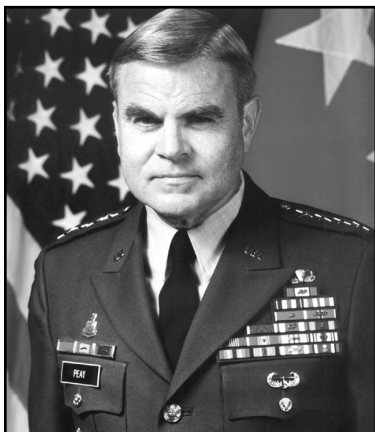
Approximately 50% of VMI graduates choose civilian careers. Since 1839, cadets have been challenged to pursue their dreams, their lives' passions. Alumni are known throughout the nation as successful and loyal to VMI. VMI is number one nationally in endowment per student for public colleges.

98 PERCENT JOB PLACEMENT.

Over the past 14 years, an average of 98 percent of VMI graduates seeking employment, armed forces commissions, or graduate school admission have obtained their goals by October following graduation. VMI graduates are in demand.

GRADUATE STUDY OPPORTUNITIES.

Fifteen percent of each graduating class goes directly into graduate programs; many others choose to enter graduate programs following commissioned service and excel in programs at Duke, Harvard, Johns Hopkins, MIT, Stanford and Yale.



Gen. J.H. Binford Peay III

General J. H. Binford Peay III, VMI Class of 1962, became the Institute's 14th Superintendent on July 1, 2003. Through Vision 2039, he has ushered in a period of enthusiasm, growth, and change throughout all aspects of VMI. Never losing sight of VMI's primary "academic focus," which he emphasizes as "first among equals," Vision 2039 sets forth a plan that will guide the Institute for decades to come, as it moves toward its 200th anniversary.

Enhancing the physical and cultural environment is a key component for the future. Nearly all academic buildings have been renovated in recent years. Maury-Brooke Hall, the new name for the Science Building, is set for renovations when funding becomes available. What had been called Maury-Brooke Hall, the building adjacent to the Barracks with cadet support offices and activities, has been renamed Shell Hall in honor of Lt. Gen. George R.E. Shell, a former superintendent. Also renovated were Crozet and Kilbourne Halls.

New capability to host major conferences of state and national importance came to VMI with the completion of Marshall Hall. The opening of Third Barracks and the completion of renovations of the older portions of the Barracks complex provide cadets with the most modern housing ever for cadets, though the Spartan nature of the quarters has not changed. At the same time the facilities on post have received a facelift, the details of the daily life of cadets have

been renovated. Adjustments have been made to the class and regimental systems, to the Honor System, to cadet organizations, and to the daily schedule.

"We must have the daily schedule right; leadership, cadet life, study time, management skills, and everything else at VMI revolves around that," says General Peay.

Academically, VMI remains a clear leader among undergraduate colleges. Modernized and technologically enhanced academic buildings and a full academic support staff complement splendid instructors. The Institute receives annual national and state recognition for its programs.

Military and athletics combine with academics to form the fabled three-legged stool, and all play major roles in Vision 2039. A significant increase in commissioning has resulted from General Peay's emphasis on the importance of military service, though not necessarily a full military career.

Athletics is a major emphasis of Vision 2039. Intercollegiate and club sports are the beneficiaries of major improvements. Among new or renovated facilities are the football stadium, named in honor of P.Wesley Foster Jr. '56; the baseball stadium, named in honor of Senator Elmon Gray '46 and G. Gilmer Minor III '63; and the locker room complex near the baseball stadium, named in honor of Bill Paulette '69. A number of drill fields that will double as athletic fields are under construction, and new confidence and obstacle courses have just been completed in the North Post area, known as "Leadership Valley."

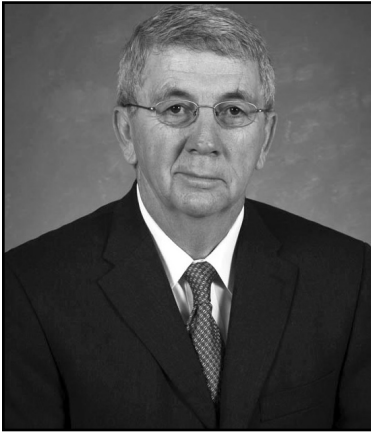
General Peay considers his Superintendency as an opportunity to give something back to VMI which has had such a significant influence on his life and that of his family. His father, J.H.B. Peay, Jr. was a graduate of the VMI Class of 1929, and Gen. Peay and his wife, Pamela, have two sons, who are also graduates: Jim, Class of '98, and Ryan, Class of '02. Born in Richmond, Virginia on 10 May 1940,

General Peay, upon graduation, was commissioned a Second Lieutenant of Field Artillery, embarking on a 35-year career in the United States Army. He holds a Bachelor of Science degree in Civil Engineering from VMI, a Masters of Arts degree from George Washington University, and he is also a graduate of the United States Army War College. As a cadet, he was a quarterback on the football team, a member of the Honor Court, a Battalion Commander and awarded the Institute's prestigious Cincinnati Medal at graduation.

He assumed command of the 101st Airborne Division on 3 August 1989 and led the Division throughout Operations DESERT SHIELD and DESERT STORM in the Persian Gulf. Promoted to Lieutenant General in 1991, he was assigned as the Deputy Chief of Staff for Operations and Plans, Department of the Army and Senior Army Member, United States Military Committee, United Nations and on 26 March 1993, he was promoted to the rank of General and appointed the 24th Vice Chief of Staff of the United States Army.

His last assignment was Commander-in-Chief, United States Central Command, MacDill Air Force Base, Florida, from 5 August 1994 to 13 August 1997, with responsibility for the region encompassing twenty countries in Africa, the Middle East, Persian Gulf and South Asia. General Peay is currently a Director with BAE Systems, Inc.





Donny White

The most ambitious capital improvements to athletic facilities in 20 years have been launched under the Vision 2039 initiative of VMI Superintendent General J.H. Binford Peay, and Athletic Director Donny White has been a guiding force in the process.

Over the past several years, both the football and baseball programs have seen their facilities significantly upgraded with the additions of P.Wesley Foster, Jr. '56 Stadium and Gray-Minor Stadium. Those changes to Post will continue, with further athletic facilities included in the North Post project, scheduled for completion within the next year.

White is entering his 28th year in VMI Athletics, having spent 15 seasons as a coach and the past 12 years as Athletic Director. Upon his return in 1998, White immediately went to work addressing the challenging issues facing the VMI athletic department. At the same time, he has built support for intercollegiate athletics among the VMI community and its alumni. His effort has resulted in a change in conference affiliation, increased funding for operations, the development of women's athletics, and a better overall competitive environment for VMI sports.

The 2009-10 athletic season was yet another successful campaign under White's leadership. The Keydet baseball team defeated No. 1 Virginia, 12-3, at Gray-Minor Stadium and garnered its highest-ever ranking in a national poll at 26th. The women's cross country team netted its highest-ever finish at the Big South Championships, while the Institute also added another women's offering in water polo. Finally, the department earned its unprecedented fifth-straight

Big South Sportsmanship Award.

Those successes fall in with several other notable accomplishments achieved in recent years under White. In 2008-09, the Keydet basketball program posted 24 wins, defeating Kentucky at Rupp Arena along the way, and came within just one victory of the program's fourth NCAA tournament appearance for the second time in three seasons. Also in recent years, the lacrosse and women's soccer programs have experienced landmark postseason success, the men's swimming & diving program won back-to-back NEC titles, and participants in both track & field and wrestling have competed in NCAA Championships, including runner Donnie Cowart, who earned All-American status in the 3,000-meter steeplechase in 2008-09.

White compiled a distinguished VMI coaching career in two sports spanning 15 years. He joined the football staff in 1971 and helped lead the Keydets to two Southern Conference Championships and a State Championship. White coached the defensive backs to a number one national ranking in 1975 and a number four ranking the following season. He served as VMI co-defensive coordinator from 1976 to 1981 and had the Southern Conference's top-ranked defense in 1977. His defensive backfields led the conference in pass defense three times. White also recruited seven football players who were selected all-conference.

In the fall of 1981, White became VMI head baseball coach and began to

resurrect a program that had not won a Southern Conference game the three previous years. His 1982 debut squad compiled six league wins and White was named Southern Conference Co-Coach of the Year. His teams won 85 games in six years and his 1987 squad reached the Southern Conference championship game. While serving as baseball coach, White also taught on the Physical Education staff as an assistant professor.

White is a 1965 graduate of VMI with a B.S. degree in civil engineering. As a cadet, he was a Distinguished Military Student, named Who's Who in American Colleges and Universities, and was awarded the VMI Intercollegiate Athletic Award for excellence. White co-captained the 1964 VMI football team and was selected All-Southern Conference in baseball for three consecutive years as a shortstop while also leading the team in batting. He was inducted into the VMI Sports Hall of Fame in 1975.

After graduation from VMI, White was commissioned as a field artillery officer in the U.S. Army and served a tour of duty in Vietnam. His decorations include the Bronze Star, Purple Heart, and Air Medal with four oak leaf clusters.

White and his wife, Bettie, have four children, Kyle, Katherine, Shannon and Bryan.



VMI Swimming & Diving Support Staff



Col. Tom Baur
Faculty Chair of Athletics



Wade Branner
Associate A.D./Athletic Communications



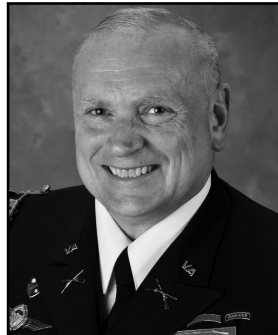
Judy Cash
Athletic Department Admin. Asst.



Lance Fujiwara
Assoc. A.D./Director of Sports Medicine



John Hoffman
Associate Head Athletic Trainer



Col. Eric Hutchings
Chief of Staff



Elizabeth Igo
Academic Advisor/SWA



Col. Don Jamison
Assistant to the Athletic Director



Scott Kemp
Assistant Athletic Comm. Director



Steve Ross
Director of Academic Advising



Brad Salois
Assoc. Athletic Comm. Director



David Sigler
Assistant A.D./Ticketing & Ops.



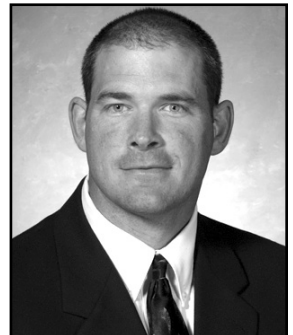
Andrew Spadafora
Assistant Athletic Trainer



Cliff Wade
Assoc. A.D./Business & Compliance



Andrew Westhouse
Associate A.D./Marketing & Ops.



Jimmy Whitten
Associate Head Strength Coach

Four NCAA conferences announced the formation of the Coastal Collegiate Swimming Association (CCSA), a Division I men's and women's swimming and diving Conference encompassing 13 members from four regional Conferences in the Mid-Atlantic and Southeast regions, on July 10, 2007. The CCSA was established through the cooperative efforts of the coaches, administrators and commissioners of the Atlantic Sun Conference, the Big South Conference, the Mid-Eastern Athletic Conference and the Southern Conference.



“The Coastal Collegiate Swimming Association creates a regional conference championship opportunity for all the swimming and diving programs in the four participating conferences,” said Atlantic Sun Commissioner Ted Gumbart, Executive Director of the CCSA upon its foundation. “The process of building this new conference has been an extremely cooperative effort among all of the coaches and administrators, and we look forward to our inaugural championship meet this coming year. The main focus in establishing the CCSA has been the student-athletes, and we are excited that the swimmers and divers in each of our leagues now have a conference home and honors for which to compete.”

The CCSA has 13 total members – 13 women's swimming and diving teams and six men's swimming and diving programs. The charter members of the CCSA in women's swimming are Campbell (A-Sun), College of Charleston (SoCon), Davidson (SoCon), Florida A&M (MEAC), Florida Gulf Coast (A-Sun), Gardner-Webb (Big South), Georgia Southern (SoCon), Howard (MEAC), Liberty (Big South), North Carolina A&T (MEAC), North Florida (A-Sun), Radford (Big South) and VMI (Big South). The six schools that comprise the CCSA men's swimming members are College of Charleston, Davidson, Florida A&M, Gardner-Webb, Howard and VMI. The CCSA hosted its inaugural Conference Championship on Feb. 21-23, 2008.

“The Coastal Collegiate Swimming Association membership includes many excellent programs from the Southeast and Middle Atlantic, and will create a demanding and challenging meet for all of those involved,” said VMI swimming and diving coach Bill Nicholson upon the league's founding. “This is a step up for our program here at VMI and we are looking forward to getting up on the blocks and racing against the higher level of competition the CCSA will present us.”

Executive Committee Directory

Ted Gumbart, President

Phone: (478) 474-3394
Address: 3370 Vineville Avenue, Suite 108-B
Macon, GA 31204-0790

Dennis Thomas, Vice President

Phone: (757) 416-7100
Address: 222 Central Park Avenue, Suite 1150
Virginia Beach, VA 23462

John Iamario, Chief Operating Officer

Phone: (864) 591-5100
Address: 702 North Pine St.
Spartanburg, SC 29303

Kyle Kallander, Secretary

Phone: (704) 341-7990
Address: 7233 Pineville-Matthews Road, Suite 100
Charlotte, NC 28226

Katy McNay, Senior Woman Administrator

Phone: (704) 894 - 2637
Address: PO Box 7158
Davidson, NC 28035-7158

CCSA Administrative Contact Information

Phone: (478) 474 - 4576
Address: 3370 Vineville Ave., Suite 108-B
Macon, GA 31204

Deandra Danch, Public Relations Contact

Phone: (704) 341—7990
Address: 7233 Pineville-Matthews Road, Suite 100
Charlotte, NC 28226



