



## 2008-09 VMI Swimming & Diving

### Quick Facts

#### General Information

School	Virginia Military Institute
City	Lexington, Va.
Founded	1839
Enrollment	1,400
Nickname	Keydets
Colors	Red, White & Yellow
Home Pool	Clark King Hall Pool
Affiliation	NCAA Division I
Conference	Coastal Collegiate Swimming Association (CCSA)
Superintendent	Gen. J.H. Binford Peay, III (VMI '62)
Athletic Director	Donny White (VMI '65)

#### Swimming & Diving Team Information

Head Coach	Bill Nicholson (SUNY New Paltz '95)
Office Phone	540-464-7737
Email	nicholsonwj@vmi.edu
Assistant Coach	Deanne Moosman (Rhode Island '00)
Men's 2008 CCSA Finish	4th
Women's 2008 CCSA Finish	11th
Men's Letterwinners Returning/Lost	9/13
Men's Newcomers	15
Women's Letterwinners Returning/Lost	3/2
Women's Newcomers	2

#### Athletic Media Relations Department

Associate A.D./Athletic Communications	Wade Branner
Assistant A.D./Media Relations (Contact)	Christian Hoffman
Office Phone	540-464-7514
Cell Phone	540-460-6920
Email	hoffmanjc@vmi.edu
Assistant Athletic Media Relations Director	Brad Salois
Office Phone	540-464-7253
Website	www.vmikeydets.com

### Table of Contents

Quick Facts, Credits	1
Head Coach Bill Nicholson	2
Assistant Coach Deanne Moosman	3
Rosters	3
Meet The Keydets	4-12
2008-09 Top Times	13-15
Program Records	16
Program History	17
This Is VMI	18-19
Vision 2039	20
Superintendent Gen. J.H. Binford Peay III	21
Athletic Director Donny White	22
VMI Swimming & Diving Support Staff	23
Coastal Collegiate Swimming Association	24

### Credits

The 2008-09 VMI Swimming & Diving Championship Media Guide is a publication of the VMI Athletic Media Relations Office. **Written, Edited, Designed and Laid Out** by Christian Hoffman. **Cover Design & Layout** by Joel Balthaser. **Editorial Assistance** by Bill Nicholson, Wade Branner and Brad Salois. **Photography** by Jeremy Ledbetter of Andre Studios, Chuck Steenburgh '86, Christian Hoffman. **Printing** by Collinsville Printing Company, Martinsville, Va.



# Head Coach Bill Nicholson

- SUNY New Paltz '95
- Seventh Season

As head coach Bill Nicholson continues in his seventh season at the Virginia Military Institute, he looks to usher in a new era for the VMI Swimming & Diving program. After winning back-to-back men's championships in the Northeast Conference (NEC) the past two years, the Keydets are in their second season in the Coastal Collegiate Swimming Association (CCSA).

However, the success the men's program has experienced is just part of the story of Nicholson's recent work. In 2005-06, VMI added women's swimming and diving as a varsity sport, and that season, Nicholson led the team to its first showing in the NEC Championship. In 2006-07, VMI finished ahead of Florida A&M at the NEC Championship, marking the first time the program had defeated an opponent, while earlier this season, the team won its first-ever dual meet, a 52-51 decision at home against New Jersey Tech.

In his time at the Institute, Nicholson has seen his Keydets claim 12 individual/team relay conference championships, including seven at the 2006 NEC Championships. Also in 2006, Nicholson saw Brenden Geoghagen claim Most Outstanding Diver honors, after the senior claimed both the one-meter and three-meter events.

However, his team's work in the pool only tells half the story. For six consecutive semesters, his men's team has received recognition as part of the College Swimming Coaches Association of America National Honor Roll. Teams must post a cumulative 2.80 GPA to qualify for the honor.

In addition to his team's academic excellence, Nicholson coached Tom Petykowski '05, who was VMI's valedictorian and an All-Conference diver in 2005 and was named First Team Academic All-American by ESPN The Magazine. Petykowski was one of 15 honorees nationwide that were chosen to the At-Large team that consisted of NCAA Division I playing members in gymnastics, golf, rifle, tennis, ice hockey, volleyball, fencing, lacrosse, swimming & diving, skiing and wrestling. He still stands as one of six Keydets to ever earn National First Team honors, and is the first to do so in a sport other than football or basketball.

Nicholson (35) took over the VMI swimming and diving program on August 5, 2002. Previously, he spent the 2001-02 season coaching the USS Condors Swim Club in Pleasantville, N.Y., where he coached both the boys and girls programs.

Nicholson spent the previous three years (1998-2001) as the men's and women's head swimming coach at Plattsburgh (N.Y.) State University. In his time at Plattsburgh, his teams broke 15 school records. The programs featured just 12 athletes when Nicholson took over, a number that grew to 35 by the time he departed. He improved the Cardinals men's team's performance at the State University of New York Athletic Conference (SUNYAC) from a ninth place finish (16 points) in his first season to a sixth place finish (330 points) in his final season.

From 1995 to 1998, Nicholson served as the assistant coach for his alma mater, SUNY New Paltz. He worked with the breaststroke and individual medley swimmers primarily during his stint. He helped three swimmers qualify for the Division III NCAA Championships and the men's team's finished in the top four of the SUNYAC each year.

As a collegiate swimmer, Nicholson qualified for the Division III NCAA Championships three times and captured eight school records. He won the SUNYAC title in the 400-yard medley relay in his junior year and was named the team's most valuable swimmer as a senior. In addition, Nicholson won the Coaches Award for Hardest Worker three years and won the team's Scholar-Athlete Award each of the four seasons he competed. Nicholson graduated from SUNY New Paltz in 1995.

A native of Horseheads, N.Y., Nicholson swam four years at Horseheads High School and graduated in 1991. He and his wife, Emma, reside in Lexington with their daughter, Emily and son, Ben.





## Assistant Coach

# Deanne Moosman

- Rhode Island '00
- First Season

**D**eanne Moosman is in her first season as an assistant coach for the swimming & diving programs. A four-year finalist at the Atlantic 10 Championships while competing at Rhode Island, Moosman brings several years of coaching and teaching experience to the

Keydet program.

A four-year letterwinner at URI, Moosman served as a co-captain of the swim team as a senior. She swam on the fastest 200 and 400 medley relays in school history, set at the 2000 Atlantic 10 Championships.

Moosman graduated in 2000 from URI with a bachelor's degree in Biology and later earned a M.S. in Biology/Applied Ecology from Eastern Kentucky. Moosman and her husband, Paul Moosman '98, are in their first year teaching in VMI's Biology department. Before moving to Lexington, she founded and coached the Fitchburg (Mass.) U.S. Masters Swim Team and coached the Hay Harbor Club (N.Y.) swim team.

At VMI, Moosman is also a part of the coaching staff for the VMI triathlon program and works with cadet-related chapel ministries. The Birdsboro, Pa. native enjoys cycling, running, hiking, and rock climbing in her free time.

### 2008-09 Men's Roster

<u>Name</u>	<u>Class</u>	<u>Hometown</u>	<u>High School</u>
Sean Alexander	Freshman	Richmond, Va.	Benedictine
Rory Alfree	Junior	Wilmington, Del.	Salesianum
Charlie Barnett	Junior	Roanoke, Va.	Lord Botetourt
Daniel Bogert	Senior	Tempe, Ariz.	Corena del Sol
Alex Brush	Senior	Mount Pleasant, S.C.	Wando
Preston Craft	Sophomore	Richmond, Va.	Mills Godwin
Matt Dale	Freshman	Corning, N.Y.	Corning West
Paul DeValk	Junior	Richmond, Va.	Mills Godwin
Jon-Thomas Doxsee	Freshman	Chesapeake, Va.	Great Bridge
Matt Elliott	Freshman	Norfolk, Va.	Maury
Tristan Euritt	Junior	Waterloo, Iowa	West
Jamie Fernandes	Senior	Kent, England	Beths Grammar
Justin Ferrell	Junior	Glen Allen, Va.	Deep Run
James Goodwillie	Freshman	Richmond, Va.	Mills Godwin
David Hayes	Freshman	Manassas, Va.	Osbourn Park
Benji Howard	Freshman	Bristol, Va.	Family Christian Academy
Alex Hufnagel	Freshman	Sykesville, Md.	Glenelg
Josh Jeffcoat	Sophomore	Virginia Beach, Va.	Gateway Christian
Andrew Jeter	Sophomore	Bristol, W.Va.	Liberty
Josh Kenny	Senior	Prince Frederick, Md.	Calvert
David Miles	Junior	Virginia Beach, Va.	Ocean Lakes
Paul Ponsiglione	Freshman	Walnut Creek, Calif.	Homeschool
Will Rowcliffe	Junior	Falls Church, Va.	J.E.B. Stuart
Stephen Russell	Senior	Chesapeake, Va.	Hickory
Mark Schumacher	Freshman	Fairfax, Va.	W.T.Woodson
Tyler Snow	Freshman	Trophy Club, Texas	Carroll
Ryan Spahr	Senior	Falls Church, Va.	Paul VI
Trevor Stanco	Senior	Garden City, N.Y.	Garden City

**Team Captains:** Daniel Bogert, Alex Brush, Stephen Russell, Trevor Stanco

### 2008-09 Women's Roster

<u>Name</u>	<u>Class</u>	<u>Hometown</u>	<u>High School</u>
Briana Allard	Sophomore	Fairfax, Va.	Robinson Secondary
Lizanne Carlos	Sophomore	Great Falls, Va.	Langley
Veronica Lentsch	Freshman	St. Paul, Minn.	Cretin-Derham Hall
Chelsea Nugent	Sophomore	Glendale, Calif.	Flintridge Sacred Heart Academy
Stephanie Ortiz	Senior	Stafford, Va.	Brooke Point

**Team Captain:** Stephanie Ortiz