

Meet The Keydets



#9 A.J. Baker

Sophomore ♦ M ♦ 5-6
Powder Springs, Ga.
Dominion Christian HS

ONE-YEAR LETTER WINNER- Returns for her second season on post after starting all

19 games that she appeared in as a freshman...Brings a great ability to mark top players with her athleticism.

2007: Enjoyed a standout freshman season, ranking third on the team with five goals and 14 points...Also tied for the second-most assists on the team with four...Ranks second (tied) in goals and assists by a freshman, while her point total ranks her third on VMI's rookie charts...Was named Big South Player of the Week (9/5) after scoring three goals and notching an assist in her collegiate debut, a season-opening 7-4 win over Howard (8/31)...The performance marked the first-ever hat trick by a Keydet in their debut...Scored goals against South Carolina State (9/9) and Southern Virginia (10/2)...Also contributed two assists for four total points against SVU...Started 19 games.

High School: Four-year letter winner...Helped lead Dominion Christian to the GISA State Quarterfinals, earning All-Region and All-State honors...Ranked third on the team with 11 goals and 30 points while playing as a center midfielder...Also a member of the swimming team.

Personal: Daughter of Edward and Lillian Baker...An International Studies major.

Baker's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2007	19/19	16	5	4	14
Totals	19/19	16	5	4	14

Baker's Game Highs

Goals	.3, vs. Howard, 8/31/07
Assists	.2, vs. Southern Virginia, 10/2/07
Points	.7, vs. Howard, 8/31/07
Shots	.7, vs. Howard, 8/31/07



#17 Jennifer Ball

Sophomore ♦ D/M ♦ 5-4
Hurricane, W.Va.
Hurricane HS

ONE-YEAR LETTER WINNER- Gained great experience as an outside back in her fresh-

man season, and will see time there again this season...Also expected to see time as an outside midfielder to take advantage of her endurance and aggressiveness on the field.

2007: Started every game as an outside back in her freshman season...Was a key to a Keydet defense that posted four shutouts, the most in school history...The team also finished with its lowest goals-against-average in school history, with Ball missing less than 50 minutes of play the entire season...Took a shot against Longwood (10/18)...Named to the Big South Conference Presidential Honor Roll.

High School: Four-year letter winner... Four-time All-State honoree, including First Team as a senior and Second Team as a junior...Four-year starter and team co-captain as a senior...Tabbed Defender of the Year as both a junior and senior by Charleston Daily Mail...Won three State Championships while playing for the WVUSC Vision...Member of West Virginia ODP...Four-year letter winner in track and field, qualifying for States...Also lettered twice in basketball and cross country...President of Key Club and a member of the National Honor Society and Future Engineers and Scientists of America...Listed in Who's Who in American High School Students and Athletes.

Personal: Daughter of Daniel and Sandra Ball...A Modern Languages major.

Ball's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2007	20/20	1	0	0	0
Totals	20/20	1	0	0	0



Meet The Keydets



#7 Chrissy Beach

Junior ♦ F ♦ 5-9
Las Vegas, Nev.
Rancho HS

TWO-YEAR LETTER WINNER- Had a strong spring season after her breakout sophomore campaign...Has the ability to become a dangerous and dominant player on the attack...Brings size and physicality to the Keydet attack...May also see time at outside midfielder.

2007: Became an offensive weapon for the Keydets as a sophomore, leading the team with five assists while ranking fourth on the team with four goals and 13 points...Five assists tied her for the second-most by a Keydet in a season...Came on strong toward the end of the season, scoring the first three goals of her career against Southern Virginia (10/2)...Contributed the Keydets' first goal in 2-1 win over Winthrop (10/24)...Notched a pair of assists in season-opening win over Howard...Played several positions while starting every contest.

2006: Started eight contests while appearing in 15 games...Versatile player that saw time on the back line, in the midfield and up top...Put five of eight shots fired on the season on frame, collecting the team's second-highest shots-on-goal percentage...Took multiple shots on three occasions, against Delaware State (9/17), Radford (9/30) and Southern Virginia (10/10).

High School: Four-year letter winner at Rancho HS...Holds single-game and single-season record for goals...Won Team Most Valuable Midfielder Award for three consecutive seasons...Also served as captain for the Las Vegas Soccer Club...Competed for two years on the RHS cross country team.

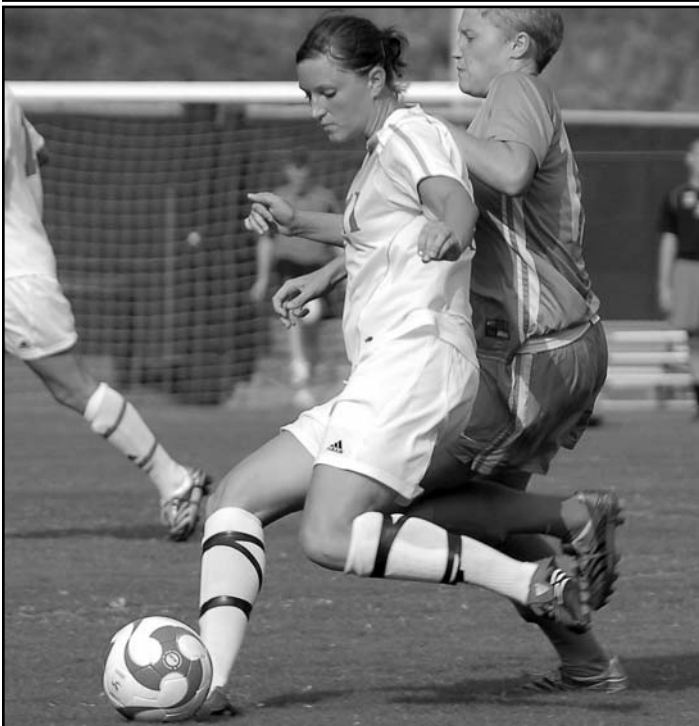
Personal: Daughter of Edward and Brenda Beach...A Psychology major... Planning to commission into the Air Force.

Beach's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2006	15/8	8	0	0	0
2007	20/20	27	4	5	13
Totals	35/28	35	4	5	13

Beach's Game Highs

Goals3, vs. Southern Virginia, 10/2/07
Assists2, vs. Howard, 8/31/07
Points6, vs. Southern Virginia, 10/2/07
Shots10, vs. Southern Virginia, 10/2/07



#1 Heidi Beemer

Sophomore ♦ GK ♦ 5-10
Virginia Beach, Va.
Ocean Lakes HS

ONE-YEAR LETTER WINNER- Gives the Keydets a physical presence in goal...

Brings quickness, size and a strong distribution game into her sophomore campaign...Expected to open the season in goal for VMI.

2007: Saw action in 13 games as a freshman, leading the team with a 1.66 goals-against-average...Ranked third in the Big South in save percentage (79.3%) and seventh in GAA...Notched a win in her collegiate debut against Howard (8/31) and another versus Southern Virginia (10/2)...Made a season-best 11 saves at Radford (10/10)...Saw action in three of VMI's school-record four shutouts...Helped the goalkeeping corps to the lowest team GAA in school history (1.81)...Made seven saves while playing her first complete game at Wofford (9/7), dropping a 1-0 decision...Limited due to injury late in the season.

High School: Four-year letter winner...Named Second Team All-District and Best Defensive Player...Served as a team captain...Also played for the Beach FC Piranhas U-17 team, serving as team captain for two years...Competed in the Virginia State Cup and Score at the Shore (Tampa)...Junior Class President.

Personal: Daughter of David and Katrina Beemer...A Chemistry major with an Astronomy minor.

Beemer's Career Statistics

Year	GP/GS	Min	SV	GA	GAA
2007	13/2	651	46	12	1.66
Totals	13/2	651	46	12	1.66

Beemer's Game Highs

Saves11, at Radford, 10/10/07



Meet The Keydets



#12 Audrey Falconi

Junior ♦ D ♦ 5-1
Las Vegas, Nev.
Centennial HS

TWO-YEAR LETTER WINNER- Returns as one of the top players in the Big South Conference...Will anchor the back line as an inside defensive back, helping to stabilize a strong defensive unit...Brings strong foot skills and quickness to the position, helping the team to counterattack from the back...Ranks as a Battalion Sergeant in the VMI Corps of Cadets.

2007: Named **Second Team All-Big South Conference** as a sophomore after transitioning to the back line as a sweeper...Led the Keydets to their best-ever defensive season, posting a school-record four shutouts and a 1.81 goals-against-average...Notched a goal and an assist against Southern Virginia (10/2)...Started every game for the second straight season...Ranked as a Corporal in the VMI Corps of Cadets...Was named to **ESPN The Magazine Academic All-District Third Team**, becoming the first women's soccer player in program history to be so honored...Named to the **Big South Women's Soccer All-Academic Team** and to the Big South Presidential Honor Roll.

2006: Named **Big South Conference Freshman of the Year** after ranking second among League rookies with 15 points...One of three Keydets to start every contest, and one of two freshmen to do so...Set a school record for assists by a freshman, while her goals and points totals were the second-most by a VMI freshman...Led the Keydets in points in Conference play...Scored first career goal against Delaware State (9/17)...Saw 15 of her 22 shots go on goal, leading the team with a .682 shots-on-goal percentage and a .227 shot percentage...Picked up her first multi-goal game against Southern Virginia (10/10)... Scored a point in four of team's eight Big South contests...Also scored a point in the team's final four games, tying a school record...Distinguished in Academic Merit...Named to the Big South Conference Presidential Honor Roll.

High School: Four-year letter winner and two-time All-State performer at Centennial...Also honored as Co-MVP of the Sunset Region her senior year...Was her school's Valedictorian, a National Hispanic Scholar and also received the Scholar-Athlete Award...Also competed for one year on both the school's track and field and cross country teams...Played with several club teams, including the Tabagators, the Heat and United '88.

Personal: Daughter of Maria Thomas...A Chemistry major.

Falconi's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2006	17/17	22	5	5	15
2007	19/19	4	1	1	3
Totals	36/36	26	6	6	18

Falconi's Game Highs

Goals2, vs. Southern Virginia, 10/10/06
Assists1, Six Times
Points5, vs. Southern Virginia, 10/10/06
Shots4, Twice



#8 Carolyn Kenaley

Sophomore ♦ M ♦ 5-3
Houston, Texas
Klein Forest HS

ONE-YEAR LETTER WINNER- Had a strong spring season after coming off the bench in the fall...In the spring, showed her potential as a strong technical player with creativity in the midfield...Expected to see time as an outside midfielder as a sophomore...Ranks as a Company Corporal in the VMI Corps of Cadets.

2007: Played in 16 contests as a freshman, earning four starts while playing in the midfield...Took a season-high three shots in the regular-season finale at Charleston Southern (11/3)...Earned starts against Wofford (9/7), Longwood (10/18), Presbyterian (10/21) and CSU (11/3).

High School: Four-year letter winner as a midfielder and goalkeeper...Named Second Team All-District...Member of Texas ODP State team...Competed for the Cy-Fair Dynamos...Also lettered in volleyball...Member of the Honor Roll and a Cum Laude graduate.

Personal: Daughter of Douglas and Karen Kenaley...An International Studies major.

Kenaley's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2007	16/4	7	0	0	0
Totals	16/4	7	0	0	0

Kenaley's Game Highs

Shots3, at Charleston Southern, 11/3/07



Meet The Keydets



#00 Angela Redmond

Sophomore ♦ GK ♦ 5-6

Fairfax Station, Va.

Woodson HS

ONE-YEAR LETTER WINNER- Coming off a strong freshman campaign...Brings athleticism, intensity and a strong work rate to the goalkeeping corps...Has the ability to move into the upper echelon of goalkeepers in the Big South...Enters the season just shy of 100% after an offseason injury...Ranks as a Company Corporal in the VMI Corps of Cadets.

2007: Earned **Big South Conference All-Freshman Team** honors...Saw a majority of the minutes between the pipes for VMI as a freshman, starting 18 contests...Ranked second in the Big South with a 80.8% save percentage and 80 saves...Saw action in three of VMI's school-record four shutouts...Helped the goalkeeping corps to the lowest team GAA in school history (1.81)...Made a season-high 13 saves in VMI's first-ever postseason game, a 1-0 loss to top-seeded Coastal Carolina (11/8)...Made 12 saves at High Point (10/14) in a 2-0 loss...Earned wins against The Citadel (9/3), South Carolina State (9/9) and Winthrop (10/24)...Named to the Big South Conference Presidential Honor Roll.

High School: Four-year letter winner as a goalkeeper...Team captain...Won a State Championship in 2002...Named Defensive MVP...Played for Team America Premiere...Member of the National Honor Society and Honor Roll.

Personal: Daughter of Gary and JoAnn Redmond...An International Studies major.

Redmond's Career Statistics

Year	GP/GS	Min	SV	GA	GAA
2007	18/18	991	80	19	1.73
Totals	18/18	991	80	19	1.73

Redmond's Game Highs

Saves13, vs. Coastal Carolina (Big South Tournament), 11/8/07



#4 Alexi Staton

Junior ♦ M/D ♦ 5-4

Roanoke, Va.

Northside HS

TWO-YEAR LETTER WINNER- Became a key part of the Keydet defense as an outside back last season...Expected to return there this season, but could also see time as an outside midfielder to take advantage of her technical ability and aggressive play...Ranks as a Battalion Sergeant in the VMI Corps of Cadets.

2007: Appeared in all but one game for the Keydets, helping solidify a back line that set school records for shutouts and goals-against-average...Started 18 games as an outside back...Scored her first career goal against The Citadel (9/3), the eventual game-winner in a 2-1 VMI victory...Named to the Big South Conference Presidential Honor Roll.

2006: After playing in only two of the team's first eight games, played in five of the final six contests, earning her first career start against South Carolina State (10/22)...Took a season-high six shots against South Carolina State...Named to the Big South Conference Presidential Honor Roll.

High School: Four-year letter winner at Northside...Career scoring leader at NHS with 46 goals and 28 assists for 120 points...Two-year captain, helped lead the Vikings to the District Championship as a senior...Was named All-District for third consecutive season, as well as All-Region and Second Team All-State...Named team MVP and Best Offensive Player as a senior, in addition to the Best Defensive Player award she earned as a freshman...Played club soccer for Valley AFC and the Roanoke Stars...Also earned four letters in cross country and three letters for both indoor and outdoor track...SCA President.

Personal: Daughter of Kirk and Tamela Morgan...A Biology major...Plans to commission into the Navy.

Staton's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2006	8/1	10	0	0	0
2007	19/18	4	1	0	2
Totals	27/19	14	1	0	2

Staton's Game Highs

Goals1, vs. The Citadel, 9/3/07
Points1, vs. The Citadel, 9/3/07
Shots6, vs. South Carolina State, 10/22/06



Meet The Keydets



#2 Megan Strand

Senior ♦ M ♦ 5-4
Fredericksburg, Va.
Stafford HS

THREE-YEAR LETTER WINNER- Team Co-Captain...Expected to return to the defensive

midfield role in her senior season...Potent on restarts and corner kicks with her accuracy and strong leg...Aggressive player in the center of the field.
2007: Started every game as the team's defensive midfielder...Once again proved dangerous on corner kicks and set pieces, scoring three goals and posting two assists...Helped VMI to its best defensive season on record...Tallied assists against Navy (9/25) and Radford (10/10) and scored goals against Howard (8/31), South Carolina State (9/9) and Presbyterian (10/21)...Led the team with 36 shots and 21 shots on goal.
2006: Started all but one contest...Collected a goal and an assist in a 5-3 win against Wagner (9/8)...Also scored a goal against Delaware State (9/17), a 3-1 victory...Assisted on the lone goal scored against Charleston Southern (10/21)...Tallied a career-high seven shots against Wagner.
2005: Only Keydet freshman to start every contest...Scored her first collegiate goal against West Virginia Tech on 9/15...Also had assists against Chowan (9/21) and Liberty (10/18)...Named to the Big South Conference Presidential Honor Roll.
High School: Four-year letter winner at Stafford...Scored seven goals and eight assists...A member of the Prince William Eclipse Summer League, the Richmond Strikers Orange team and was a member of the District ODP team in 2003...Was named Second Team All-District and all-region and was an All-State Honorable Mention honoree in field hockey...Was named to the Academic Honor Roll as a junior and a senior.
Personal: Daughter of Robert and Suzanne Strand...A Biology major.

Strand's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2005	19/19	22	1	2	4
2006	16/16	26	2	2	6
2007	20/20	36	3	2	8
Totals	55/55	84	6	6	18

Strand's Game Highs

Goals1, Six Times
 Assists1, Six Times
 Points3, at Wagner, 9/8/06
 Shots7, at Wagner, 9/8/06



#0 Kathleen Underwood

Junior ♦ GK ♦ 5-6
Spotsylvania, Va.
Courtland HS

TWO-YEAR LETTER WINNER- Hard worker that is still working to recover from a debilitating accident over a year ago...Has shown great resilience, determination and heart in her time with the program...Hopefully can give the team a similar contribution to last season, stepping into key late-season games with great effectiveness.

2007: Saw action in five games at goalkeeper after battling through offseason injuries...Played a total of 198 minutes in appearances against Southern Virginia (10/2), Longwood (10/18), Presbyterian (10/21), UNC Asheville (10/28) and Charleston Southern (11/3)...Made a season-high five saves while blanking Longwood for 65 minutes to preserve a 1-1 tie...Did not allow a goal in the first 125 minutes she played, setting a new school record by going 231:21 without allowing a goal, dating back to 2006 (10/18/06-10/21/07)...Named to the Big South Conference Presidential Honor Roll.
2006: Played in goal in 11 contests, earning four starts...Made a season-high 11 saves while playing 90 minutes against Appalachian State (9/26)...Also played 90 minutes in wins against Southern Virginia (10/10) and South Carolina State (10/22), when she made four saves to earn her first career shutout... Set a VMI freshman record with a 2.71 GAA...Named to the Big South Conference Presidential Honor Roll.
High School: Three-year letter winner at Courtland...Starting goalkeeper as Courtland made it to the Virginia State AA Finals her junior year, as the Cougars won a pair of contests on penalty kicks before falling in the championship...Also served as goalkeeper for her Virginia State Olympic Development Program (ODP) team, while playing as a defender on her high school team as well...Played in net for the Richmond Kickers Under-17 Premiere team and the PWSI Courage '88 Red squad...Also lettered running cross country at CHS.
Personal: Daughter of Max and Jane Underwood...A Mathematics major.

Underwood's Career Statistics

Year	GP/GS	Min	SV	GA	GAA
2006	11/4	532	27	16	2.71
2007	5/0	198	7	6	2.73
Totals	16/4	730	34	22	2.71

Underwood's Game Highs

Saves11, vs. Appalachian State, 9/26/06



Meet The Keydets



#15 Celine Ziobro

Senior ♦ D ♦ 5-6
Henderson, Nev.
Green Valley HS

THREE-YEAR LETTER WINNER- Team Co-Captain...

A strong back line player in the Big South Conference that may see more time in the midfield to take advantage of her experience, speed, technical ability and power with both feet.
2007: Started all 20 games for the Keydets...Led VMI to its best-ever defensive campaign, as the Keydets set school records for shutouts and goals-against-average...Scored a goal against S.C. State (9/9)...Continued to be an offensive threat on runs forward, ranking sixth on the team with ten shots.
2006: One of three Keydets to start every contest, doing so on the back line... Had an assist against S.C. State (10/22)...Led the squad in minutes played, failing to play 90 minutes only twice...Named to the Dean's List...Named to the Big South Conference Presidential Honor Roll.
2005: Saw action in all 19 games, starting 18...Scored first collegiate goal against West Virginia Tech (9/15) and also added an assist...Converted a penalty kick against Chowan (9/21)...Named to the Big South Conference Presidential Honor Roll.
High School: A four-year starter and member of the Nevada state champions in 2003...Was a four-year varsity scholar-athlete...Named All-Sunrise Region and All-Southeast Division as a senior, and was named to All-City as a junior...Also named Best Defender as a junior and senior...Played for the Tabagators '87... Played in the Surf Cup, WAGS, Texas Cup, Raleigh Shootout...Member of the Nevada State ODP...Played in a Region IV Tournament in Hawaii in 2003... Competed in track and cross country...President of the Rotary Interact Club as a senior and received the Rotary Youth Leadership Award.
Personal: Daughter of Lt. Col. Bernard Ziobro, USMC (Ret.) and Susan Ziobro...A Civil Engineering major.



2008 Senior Captains- (L to R) Celine Ziobro, Megan Strand.



2008 Juniors- (L to R) Chrissy Beach, Kathleen Underwood, Alexi Staton, Audrey Falconi.

Ziobro's Career Statistics					
Year	GP/GS	Sh	G	A	Pts.
2005	19/18	13	2	1	5
2006	17/17	5	0	1	1
2007	20/20	10	1	0	2
Totals	56/55	28	3	2	8

Ziobro's Game Highs	
Goals	1, Three Times
Assists	1, Twice
Points	3, vs. West Virginia Tech, 9/15/05
Shots	3, Four Times



2008 Sophomores- (L to R) A.J. Baker, Angela Redmond, Heidi Beemer, Jennifer Ball, Carolyn Kenaley.



2008 Freshmen- (L to R) Haley Dalberg, Kelly Morrison, Amanda Berrios, Gabrielle McCarron, Sarah Strand, Christina Gontarski, Olivia Moore.

Meet The Keydet Newcomers



#16 Amanda Berrios

Freshman ♦ F/M ♦ 5-7
Yorktown, Va.
York HS

Coach's Quote: "Amanda is a quality attacking player who brings a creative game with her to VMI. She has strong technical skills and tremendous vision of the field, and I believe that she will be a presence right away and will do well with in the Big South. After having coached her sister, Vanessa, for two seasons, I'm very pleased to have another Berrios on the team. I believe she will be a player to watch and will follow in her sister's footsteps."

High School: Four-year letter winner while playing for coach Susan Wiker at York...Honorable Mention All-State honoree...Played for Beach FC Club...Earned the West Point Leadership Award...Also a four-year letter winner as a swimmer.

Personal: Daughter of William and Maribel Berrios...Sister, Vanessa, was a four-year letter winner for the VMI soccer team, graduating in 2007...Plans to major in Psychology.



#14 Christina Gontarski

Freshman ♦ M ♦ 5-5
Little Egg Harbor, N.J.
Pinelands Regional HS

Coach's Quote: "Christina's ability as a player, coming from an excellent club like Match Fit Academy FC, and her leadership experience as captain of her high school team make her an excellent addition to our program. Her speed, attacking skills and ability to break down opponents will couple well with our other recruits and returning letter winners. Christina brings with her Olympic Development experience, and she is an excellent student that will major in Biology."

High School: Four-year letter winner and All-District selection while playing for coach Dawn Paget at Pinelands Regional...School's career leader in points and assists...Selected to the Senior County All-Star Team as a senior and served as team captain as a junior and senior...Four-time Ocean County Newspapers Fall All-Star selection...Participated in the New Jersey Olympic Development Program, the Super-Y ODP National Pool and Match Fit Academy Magic club team...Also lettered in track while participating on the basketball and cheer-leading teams...Graduated with a 3.9 GPA...An honor roll student that was a member of the National Honor Society, Spanish National Honor Society and Chapter of the Quill.

Personal: Daughter of John and Bonnie Gontarski...Plans to major in Biology.



#3 Gabrielle McCarron

Freshman ♦ D ♦ 5-11
Harleysville, Pa.
Lansdale Catholic HS

Coach's Quote: "Gabrielle will be our first player from Pennsylvania and can give us a physical player at central defender. She was her high school team captain and brings leadership experience with her to this team. I definitely see her growing as a player for us over the next four years and helping us to control the middle of the field."

High School: Four-year letter winner while playing in the midfield for coach Tom O'Donnell at Lansdale Catholic...Team captain and MVP...Named All-League and won the Coaches Award at Lansdale Catholic...Chosen to play and start for the Pac-10 League All-Star team...Field captain for the Harleysville United club team...Member of the Columbia Invitational Champions and Score at the Shore semifinalists...Three-year letter winner as a forward on the basketball team.

Personal: Daughter of Stephen and Maryanne McCarron...An International Studies major.



#18 Olivia Moore

Freshman ♦ F/M ♦ 5-3
Powhatan, Va.
Powhatan HS

Coach's Quote: "Olivia is a very strong outside midfielder with a great attacking strength and a lot of power. She gives us a weapon with her strong technical skills and good speed, along with her power and accuracy while shooting. She has been a stalwart for Powhatan HS and will dynamically enhance our team with her attacking skills, her strength and her ability to cover the right side of the field."

High School: Four-year letter winner under coach Pam Spotts at Powhatan...Named Second Team All-State and Second Team All-Metro by the Richmond Times-Dispatch as a senior...Named All-District for four years and was twice named First Team All-Region...Holds Powhatan's records for goals in a season and career...Named MVP and Best Offensive Player...Played for the Richmond Kickers Elite team and was a member of the Virginia ODP State Team in 2006...Lettered for three years as a point guard on the basketball team, earning All-District honors for four seasons.

Personal: Daughter of Harold and Joyce Moore...Plans to major in Biology with a Spanish minor.

Meet The Keydet Newcomers



#11 Kelly Morrison

Freshman ♦ D/F ♦ 5-7
Virginia Beach, Va.
Cox HS

Coach's Quote: "Kelly will be able to step in and help us, not only offensively, but also as an outside back defensively. She's a versatile player that can contribute with her technical ability, speed and vision of the field. She brings an outstanding background with her to our program, helping Cox to the State Finals for two years straight, along with her experience for Beach FC. She's a tremendous player from a tremendous team, and gives us another very strong player going into the season."

High School: Four-year letter winner under coach Michele Clark at Cox...Helped the Lady Falcons to three consecutive appearances in the Virginia AAA State Semifinals, along with back-to-back trips to the Finals...As a senior was named First Team All-State at forward, leading Cox with 19 goals, 41 points and six game-winning goals...In her career, was named First Team All-Beach, All-Region and All-Tidewater...Also won Outstanding Attacker and Co-Rookie of the Year honors from her teammates...Played in the Virginia High School Coaches Association's All-Star Game, helping the East defeat the West...Honor Roll student...Lettered in basketball, field hockey and indoor track...Played for Beach FC and the Hampton Roads Piranhas W-League team...Was a part of the Virginia ODP State team for three years and a part of the District team for five years.

Personal: Daughter of Randolph and Valerie Morrison...Father was a three-year letter winner playing football at James Madison...Plans to major in History.



Haley Dalberg

Freshman ♦ Mgr. ♦ 5-3
Fairfax Station, Va.
Woodson HS

Coach's Quote: "Haley is still recovering from a stress fracture in her knee that she suffered last year, and will serve as our team manager this fall. She is working hard to rehabilitate the injury, and we're looking forward to her return for our spring season."

High School: Three-year letter winner as an outside back for Coach Sharon Andrulot...Played for the LMVSA Patriots and BRYC Thunder White.

Personal: Daughter of James and Gail Dalberg...Plans to major in International Studies.



The 2007 team made the program's postseason debut with a 1-0 loss to top-seeded Coastal last November.



#10 Sarah Strand

Freshman ♦ M ♦ 5-9
Fredericksburg, Va.
Colonial Forge HS

Coach's Quote: "Sarah comes from a strong Stafford Eagles program and plays well at a variety of positions. She is an aggressive player who I count on becoming a strong, physical central player for VMI. We see her playing in the midfield to take advantage of her technical ability, stamina and endurance, while she may also see time up top. I am very pleased that she is a part of our program. I feel she will have an impact for us this fall."

High School: Four-year letter winner at Colonial Forge for coach Melissa Backus...Playing as a forward and midfielder, scored six goals and eight assists for the Eagles...Helped lead Colonial Forge to the State Quarterfinals as a junior...Also competed for the McLean Premier-United club and for the Stafford Eagles, helping lead Stafford to the WAGS High School Division Championship.

Personal: Daughter of Robert and Suzanne Strand...Sister of teammate Megan Strand...Plans to major in Psychology.

Keydets Make Postseason Debut One to Remember

Last November, the VMI women's soccer program made another major step forward, participating in their first postseason.

A daunting task laid ahead for the Keydets, who entered the Big South Championship as the eighth-seeded team. The regular season champions from Coastal Carolina would be the team's inaugural postseason opponent, one which VMI had never taken down in five previous meetings.

The Red, White and Yellow, however, entered the match confident and gave an effort to be proud of. The Keydets kept pace with the heavily-favored Lady Chants throughout the first half, keeping the match scoreless through the first 45 minutes.

Just three minutes after halftime, Big South Player of the Year Ashleigh Gunning scored the game's first goal, pushing the top seed out to a 1-0 advantage.

VMI's best opportunity came in the 71st minute, when a Jessica Robbins header sailed just inches over the crossbar.

Big South Conference All-Freshman goalkeeper Angela Redmond made a career-best 13 saves for VMI in the contest.

"We just couldn't find that goal," said head coach Bryan Williams. "I'm very proud of our team, they worked their tails off. It's disappointing to end the season, but we took the regular season champs down to the wire; they certainly weren't comfortable the entire match. So all in all, if it has to come to an end, it's not a bad way to do it."

VMI (5-13-2, 1-6 BSC) vs. Coastal Carolina (14-5-1, 6-1 BSC)
Date: Nov 8, 2007 **Attendance:** 164 **Weather:** 60 degrees, sunny

Goals by period	1	2	Tot
VMI	0	0	0
Coastal Carolina	0	1	1

SCORING SUMMARY:

1. 47:28 COASTAL Gunning, Ashleigh (14) (Coles, Corie)

Shots: VMI 4, Coastal Carolina 32

Saves: VMI 13 (Redmond 13), Coastal Carolina 2 (Haggard 2)