

# ATHLETIC STAFF

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# Superintendent General Peay

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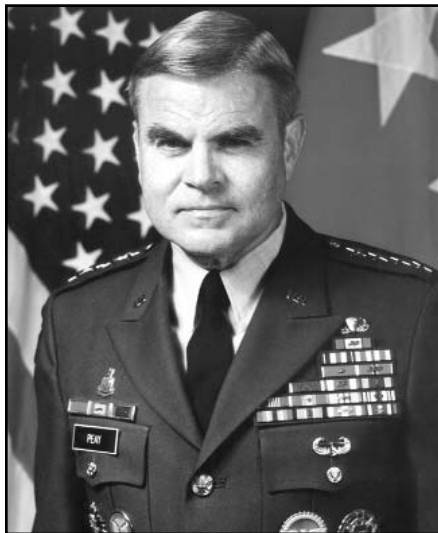
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## General J.H. Binford Peay III

General J. H. Binford Peay III, VMI Class of 1962, became the Institute's 14th Superintendent on July 1, 2003. Through Vision 2039, he has ushered in a period of enthusiasm, growth, and change throughout all aspects of VMI. Never losing sight of VMI's primary "academic focus," which he emphasizes as "first among equals," Vision 2039 sets forth a plan that will guide the Institute for decades to come, as it moves toward its 200th anniversary.

Enhancing the physical and cultural environment is a key component for the future. Full renovations of Nichols Engineering Hall, Crozet Hall, Mallory Hall, and J.M. Hall have recently been completed, with a major modernization project at Kilbourne Hall, a new Leadership and Ethics Center, and a third Barracks all in "full swing." In addition to the new third barracks structure, this project will include modernization of all rooms in the current Old and New Barracks as well. General Peay and his staff have also spent hundreds of hours buried in the details of cadet leadership functions, cadet organizations, the regimental and class systems, the Honor System, and the cadet daily schedule.

"We must have the daily schedule right; leadership, cadet life, study time, management skills, and everything else at VMI evolve around that," says General Peay.

Academically, VMI remains a clear leader among undergraduate colleges. In July 2007, the Institute, in a superb perform-

ance, successfully completed its ten-year Compliance Certification by the Southern Association of Colleges and Schools receiving reaffirmation of accreditation. Modernized and technologically enhanced academic buildings and a full academic support staff complement splendid instructors. The Institute receives annual national and state recognition for its programs.

Military and athletics combine with academics to form the historic three-legged stool at VMI, and both play major roles in Vision 2039. A significant increase in commissioning is called for as General Peay emphasizes the importance of military service, not necessarily as a career, but rather for a couple of years in the true spirit of the citizen-soldier. Over the past five years, the percentage of graduating cadets receiving commissions has grown from 34% to 51%. A strong proponent of athletics, Vision 2039 (and "every cadet an athlete") calls for huge capital building efforts which will benefit intercollegiate teams, club teams, intramural sports, and the Corps in general. The initial and most obvious effort is the newly renovated football stadium at Alumni Memorial Field, dedicated - Foster Stadium - in September 2006 in honor of P. Wesley Foster, Jr., VMI Class of 1956. The Gray-Minor Baseball Stadium, named in honor of Senator Elmon Gray '46 and G. Gilmer Minor, III '63, and the Paulette Locker Room complex in honor of Bill Paulette '69 were completed and dedicated in March 2007. A lacrosse-soccer stadium, additional multi-purpose fields, new Corps confidence courses, tennis courts, RAT Challenge courses, and an improved cross country "Chessie Trail" are planned for the North Post area and will "round-out" what General Peay calls "leadership valley."

General Peay considers his Superintendency as an opportunity to give something back to VMI which has had such a significant influence on his life and that of his family. His Father, J.H.B. Peay, Jr. was a graduate of the VMI Class of 1929, and he and his wife, Pamela, have two sons, who are also graduates: Jim, Class of '98, and Ryan, Class of '02. Born in Richmond, Virginia on 10 May 1940, General Peay, upon graduation, was commissioned a Second Lieutenant of

Field Artillery, embarking on a 35-year career in the United States Army. He holds a Bachelor of Science degree in Civil Engineering from VMI, a Masters of Arts degree from George Washington University, and he is also a graduate of the United States Army War College. As a cadet, he was a quarterback on the football team, a member of the Honor Court, a Battalion Commander and awarded the Institute's prestigious Cincinnati Medal at graduation.

He assumed command of the 101st Airborne Division on 3 August 1989 and led the Division throughout Operations DESERT SHIELD and DESERT STORM in the Persian Gulf. Promoted to Lieutenant General in 1991, he was assigned as the Deputy Chief of Staff for Operations and Plans, Department of the Army and Senior Army Member, United States Military Committee, United Nations and on 26 March 1993, he was promoted to the rank of General and appointed the 24th Vice Chief of Staff of the United States Army.

His last assignment was Commander-in-Chief, United States Central Command, MacDill Air Force Base, Florida, from 5 August 1994 to 13 August 1997, with responsibility for the region encompassing twenty countries in Africa, the Middle East, Persian Gulf and South Asia. General Peay is currently Chairman, the Allied Defense Group, and a Director with BAE Systems, Inc.



# Athletic Director Donny White



## ATHLETIC STAFF

### ADMINISTRATION & SUPPORT STAFF:

Donny White  
*Director of Intercollegiate Athletics*  
 Col. Eric Hutchings  
*Chief of Staff*  
 Col. Tom Baur  
*Faculty Chair of Athletics*  
 Cliff Wade  
*Associate A.D./ Business & Compliance*  
 Andrew Westhouse  
*Assistant A.D./ Marketing & Operations*  
 Sherry Baucom  
*Senior Woman Administrator/Athletic Academic Advisor*  
 Steve Ross  
*Athletic Academic Advisor*  
 Elizabeth Igo  
*Assistant Athletic Administrator*  
 Jimmy Mason  
*Equipment Manager*  
 Ronnie Weeks  
*Assistant Equipment Manager*  
 Judy Cash  
*Secretary*  
 Betsey Nicely  
*Administrative Assistant*  
 Karen Robinson  
*Administrative Assistant (Football)*  
 Jimmy Coale, C.S.C.S.  
*Head Strength & Conditioning Coach*  
 Jimmy Whitten  
*Assoc. Head Strength & Conditioning Coach*  
 Phil Sabatini  
*Strength Training Coach for Football*

### SPORTS INFORMATION:

Wade Branner  
*Sports Information Director*  
 Associate A.D./ Athletic Communications  
 Christian Hoffman  
*Assistant A.D./ Media Relations*  
 Brad Salois  
*Assistant Media Relations Director*

### SPORTS MEDICINE:

Lance Fujiwara, M.Ed., ATC  
*Associate A.D./ Sports Medicine*  
 John Hoffman, M.Ed., ATC  
*Assistant Athletic Trainer*  
 Andrew Spadafora  
*Assistant Athletic Trainer*

The most ambitious capital improvements to athletic facilities in 20 years have been launched under the Vision 2039 initiative of VMI Superintendent General J.H. Binford Peay, and Athletic Director Donny White has been a guiding force in the process.

Over the past two years, both the football and baseball programs have seen their facilities significantly upgraded with the additions of P. Wesley Foster, Jr. '56 Stadium and Gray-Minor Stadium.

White is entering his 26th year in VMI Athletics, having spent 15 seasons as a coach and the past ten years as Athletic Director. The improvement of athletic facilities on post is just one issue that White has tackled since taking over as AD in 1998. Upon his return, White immediately went to work addressing the challenging issues facing the VMI athletic department. At the same time, he has built support for intercollegiate athletics among the VMI community and its alumni. His effort has resulted in a change in conference affiliation, increased funding for operations, the development of women's athletics, and a better overall competitive environment for VMI sports.

In 2007-2008, the Keydet programs made significant strides: VMI basketball posted 14 wins for the second-consecutive year as standout Reggie Williams led the nation in scoring for the second straight season. In addition, the baseball team had its best conference record in 21 years and won 93 games in three years, the lacrosse squad advanced to the finals of the conference tournament for the first time in history, and track athlete Felix Kitur finished 9th in the nation in the 800-meter run at the NCAA Championships.

Between coaching at the Institute and returning to head VMI's athletic program, White spent 11 years concentrating on private business, as well as high school athletics. The current VMI AD began a six-year stint as the athletic director at Patrick Henry High School in Ashland, Virginia in 1992. During his time in that position, improvements were made in facilities, ticket sales, and booster club membership. The football program reached the ranks of the state's elite, winning 57 of 65 games, including the state championship in 1994.

White compiled a distinguished VMI coaching career in two sports spanning 15 years. He joined the football staff in 1971 as a defensive backfield coach and helped lead the Keydets to two Southern Conference Championships and a State Championship in 1977. White coached the defensive backs to a number one national ranking in 1975 and number four ranking the following season. He served as VMI co-defensive coordinator from

1976 to 1981 and had the Southern Conference's top-ranked defense in 1977. His defensive backfields led the conference in pass defense three times. White also recruited seven football players who were selected all-conference.

In the fall of 1981, White became VMI head baseball coach and began to resurrect a program that had not won a Southern Conference game the three previous years. His 1982 debut squad compiled six league wins and White was named Southern Conference Co-Coach of the Year. His teams won 85 games in six years and his 1987 squad reached the Southern Conference championship game. While serving as baseball coach, White also taught on the Physical Education staff as an assistant professor.

White is a 1965 graduate of VMI with a B.S. degree in civil engineering. As a cadet, he was a Distinguished Military Student, named Who's Who in American Colleges and Universities, and was awarded the VMI Intercollegiate Athletic Award for excellence. White co-captained the 1964 VMI football team and was selected All-Southern Conference in baseball for three consecutive years as a shortstop while also leading the team in batting. He was inducted into the VMI Sports Hall of Fame in 1975.

After graduation from VMI, White was commissioned as a field artillery officer in the U.S. Army and served a tour of duty in Vietnam. His decorations include the Bronze Star, Purple Heart, and Air Medal with four oak leaf clusters.

White and his wife, Bettie, have four children, Kyle, Katherine, Shannon and Bryan, and seven grandchildren.



Donny and Bettie White with their dogs, Sport (left) and Sergeant Cabell (right).



Donny White '65 with Gil Minor '63 at the dedication of Gray-Minor Stadium in March 2007.

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# VMI Athletic Staff

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**Sherry Baucom**  
**Senior Woman**  
**Administrator/  
 Academic Advisor**

Sherry Baucom begins her fourth year at the Institute, and currently holds dual roles as Senior Woman Administrator and Athletic Academic Advisor.

At VMI, Baucom's responsibilities include helping provide academic support for athletes to meet NCAA eligibility requirements and maintain progress toward their degree. Athletic advisors also assist in coordinating tutoring sessions for athletes and assist coaches in recruiting visits with prospective athletes.

Baucom also currently serves on the Big South Conference Board of Administrators and Council of Senior Woman Administrators, VMI Athletic Council, and is an advisor to VMI Student Athlete Advisory Committee.

Prior to moving to Lexington, Baucom was a science teacher at schools in North Carolina & Tennessee, and also held several coaching roles at those respective schools. Baucom received her Bachelors Degree in Chemistry from Mars Hill College in North Carolina, where she was also the Assistant Coach of the Lions women's basketball team. Baucom currently holds teaching licenses in North Carolina and Tennessee in Chemistry, with over seven years of teaching experience to her credit.

A Brasstown, N.C. native, Baucom is married to VMI Head Basketball Coach Duggar Baucom. The couple resides in Lexington, Va., and have a son, Travis.



**Col. Tom Baur**  
**Faculty Chair  
 of Athletics**

Col. Thomas S. Baur is beginning his third year as VMI's Faculty Chair of Athletics. He graduated from the Virginia Military Institute in 1975 with a B.S. degree in biology and commissioned in the United States Army. He served two years on active duty and four years in the reserves as an Infantry officer.

Following his active military duty he earned a Masters degree in Exercise Physiology from West Virginia University and a doctorate in the same field from Purdue University. He was employed by the Department of the Army as an exercise physiologist at the Soldiers Physical Fitness School at Ft. Harrison, Indiana for six years, before returning to VMI to teach in the biology department.

Baur is beginning his 21st year on the VMI faculty, a tenure that has seen him awarded both the Thomas Jefferson and Distinguished Teaching Awards. In addition to his teaching duties, he has served as head of the Biology department, director of the Summer Transition Program, director of the Summer Session, Officer in Charge, Class Advisor, chairman of numerous committees, and as the Superintendent's Representative to the Honor Court. His wife Judy is an elementary physical education teacher. They have two sons, Steve and Dan.



**Wade Branner**  
**Associate A.D./  
 Athletic  
 Communications**

Wade Branner, a 1983 graduate of VMI, was recently promoted to Associate Athletic Director for Athletic Communications.

Branner assumed the duties of sports information director in July 1992, when Mike Strickler became public relations director at VMI. Branner is responsible for athletic media relations and communications, and is the primary contact for Keydet football and basketball.

A two-year letterman in baseball at VMI, Branner served a one-year internship before becoming the school's first assistant sports information director in 1984, a title he held until his promotion to SID.

Branner is also known as "The Voice of the Keydets" and has handled play-by-play of VMI football and basketball since 1987. In 1991, he was named executive producer of the VMI Sports Network, and he supervises all aspects of the operation including sales, marketing, and distribution.

Branner has served as a vice president for the Southern Conference Sports Media Association. He is a member of the College Sports Information Directors of America (CoSIDA) and the Virginia Sports Information Directors (VaSID).

The Richmond, Virginia, native enjoys golf, flounder fishing, and celebrating Red Sox victories. He also sings in the acoustic duo, "MainPage" on those rare nights SID's are free.

Branner is married to the former Elizabeth Matthews Outland. The couple resides in Lexington. The couple has a son, Harrison (10) and a daughter, Margaret (7).



**Judy Cash**  
**Athletic Department  
 Secretary**

Judy Cash is in her 27th year at VMI and is the Administrative Assistant to the Director of Intercollegiate Athletics.

Cash, a Buena Vista native, is the primary secretary for the Athletics Director, and also provides clerical support, including maintaining parallel expense records for the entire athletic department.

She also provides support in game contracts, travel, purchasing, correspondence and other miscellaneous duties, as well as an array of other services as required for the department.

Prior to joining the VMI staff in 1981, Cash was employed at the Buena Vista City School System for 14 years, serving as a secretary at Parry McCluer H.S.

Cash is married Roy Cash, Jr., and the couple of 43 years have two sons, Jason and Chip, as well as six grandchildren.



**Jimmy Coale**  
**Head Strength and  
 Conditioning Coach**

Jimmy Coale has guided the growth of VMI's strength and conditioning program for 26 years.

Coale, who is a 1979 graduate of Springfield

College in Massachusetts, also teaches in the department of physical education, in which he is a professor.

Coale received his undergraduate degree in physical education while at Springfield and was co-captain of the football team his senior year, a member of the Kappa Delta Pi Honor Society, and graduated Cum Laude.

Following graduation, he joined the physical education staff at VMI and was an instructor for four years. During his first stint at the Institute he earned his Masters in Physical Education at James Madison University. During the 1982-83 school term at VMI, he also served the dual role with both the physical education and athletic department.

He then left for the University of Maryland where he worked for a year as assistant strength coach and two years as an instructor of physical education. During this period he completed all course work and dissertation research for his doctorate, and he was awarded his Ph.D. in 1987.

He and his wife, Kathy, have three sons: Kevin (23), Danny (20) and Ryan (13).



**Christian Hoffman**  
**Assistant A.D./Media  
 Relations**

Christian Hoffman, currently in his fifth year at VMI, was recently promoted to Assistant Athletic Director for Media Relations.

Since joining the VMI staff, Hoffman has served as the media contact for many Keydet sports, including baseball, men's and women's soccer, lacrosse, wrestling, cross country, swimming and diving, along with assisting in the promotion of football and basketball. On football gamedays, he supervises press box in-game operations and coordinates the post-game and locker room interviews.

Hoffman came to VMI after spending one year at Mercer University in Macon, Ga. While at Mercer, Hoffman served as the media contact for several of the Bears' sports, including baseball, women's basketball, women's soccer and cross country.

Over the past three years, he has worked Official Stats for the first and second rounds of the NCAA Men's Basketball Championships held in Orlando, Fla., as the statistician for the WBA's Macon Blaze, and served as the tournament SID for the 2003 Atlantic Sun Men's Soccer Championship, the 2005 Big South Conference Cross Country Championships and the 2006 ACC & Southern Conference Wrestling Championships.

He has also worked on ESPN's Sunday Night Baseball broadcasts in Atlanta and Philadelphia and as a scorer at the 2004 Roosevelt World Basketball Challenge, held in Warm Springs, Ga.

Hoffman graduated from Lee University in Cleveland, Tenn. in 2003 with a B.S. in Mathematics and minors in Religion and Business.

He worked in the Flames' Sports Information office for a year and a half, working primarily with baseball and men's basketball. He is a native of West Point, Va.



**Col. Eric Hutchings  
Chief of Staff**

Col. Eric D. Hutchings, VMI '77, begins his second year as Athletic Department Chief of Staff after transitioning from a lengthy and successful term as VMI's 49th Commandant of Cadets. In that regard, Hutchings' recently completed seven year tour as VMI's Commandant marks him as longest serving commandant since Scott Shipp's 27-year tenure in the position from 1862 to 1889. Hutchings currently stands as the third-longest serving Commandant in the Institute's history.

Hutchings lettered in both football and track as a VMI cadet, starting at defensive tackle on the 1974 Southern Conference Championship football team and serving as co-captain of the 1976 Keydet football team. Hutchings was also designated a distinguished military graduate of the Class of 1977.

After graduation from VMI, Hutchings was commissioned as an infantry officer. During his subsequent 23-year tenure in the U.S. Army he served overseas tours in Korea, Germany and Italy.

Hutchings' career in the Army was defined by his numerous Special Operations assignments, including command of a Special Forces Scuba detachment and four separate tours in Ranger units. In the Rangers, Hutchings commanded at the platoon, company and battalion level, and in his final tour on active duty, served as Deputy Commander for the Army's 75th Ranger Regiment.

He has been awarded the Ranger and Special Forces tabs, as well as the Scuba, Master Parachutist, Military Free Fall, Air Assault, and Expert Infantry badges. Hutchings is a graduate of the Army's Command and General Staff College, the Joint Professional Military Education Program, the School of Advanced Military Studies and holds two advanced degrees. During the summer of 2000, Hutchings was selected for promotion to full Colonel in the regular Army as well as attendance for schooling at the Air Force War College; he instead declined these advancements to retire and assume duties as the Commandant of Virginia Military Institute.

Col. Hutchings is married to the former Janine T. Thompson of Columbus, Ohio. They have three children: Jennifer (27), Amanda (24) and Michael (20), a second classman at VMI and linebacker for the Keydets.



**Elizabeth Igo  
Assistant Athletic Administrator**

Elizabeth Igo begins her fourth year at the Institute as an Assistant Athletic Administrator. Igo has been essential in helping the Marketing Department increase its promotional and marketing efforts.

Igo has also helped coordinate two conference championships, and assisted in the installation of a new online ticketing system.

Igo, who grew up in Wilmington, Del., came to Lexington to attend school at Washington & Lee. While at W&L, she was a four year letterwinner on the Generals basketball team, and served as team captain for her senior season. She graduated with a degree in Sociology in the Spring of 2003.

After graduation, Igo attended graduate school at VCU in Richmond, Va. where she received a Masters of Science in Sports Leadership. While at VCU, Igo also served as a graduate assistant for the Richmond women's basketball team.



**Jimmy Mason  
Equipment Manager**

Jimmy Mason is beginning his 29th year on the equipment staff and second as head equipment manager. He replaced longtime mentor and friend Karlyos Hayslett.

Currently, Mason has been busy with the expansion of VMI's equipment room in Clarkson-McKenna Hall and preparing for the upcoming season. One of his first actions upon being named equipment manager two years ago was hiring Ronnie Weeks as an assistant in the operation. Weeks joins Francis Watts on the equipment staff. Mason resides in Lexington with his wife of 30 years, Rita, and sons Adam (27) and Jordan (22), and daughter Caitlin (24).



**Betsey Nicely  
Athletic Department Secretary**

Betsey Nicely enters her 11th season in the Athletic Department, where she works in support of the basketball, wrestling, lacrosse and men's soccer programs. A graduate of National Business College in Roanoke, Nicely began working in the Math and Computer Science Department at VMI in 1974, where she served for 24 years before coming over to the Athletic Department.

A native of Culpeper, Va., Nicely is married to Allen Nicely, and the couple of 32 years have two children, Jamey, who teaches 7th grade civics at Maury River Middle School in Lexington, and daughter Kathleen, who is a senior at UVA. She also has a stepson, Mark, who lives in Las Vegas, Nev.



**Karen Robinson  
Football Secretary**

For 35 years VMI football has been fortunate to have the services of Karen Robinson.

A longtime resident of Rockbridge County, Robinson is married to Wes Robinson, the microcomputer support manager at VMI. They have two children - a son, Ethan (17) and daughter, Tess (14).



**Stephen Ross  
Academic Advisor**

In January 2006, Stephen Ross joined the Athletic Academic Advising office. Ross was previously head coach of the men's soccer team for 17 seasons, and had been a long-time economics teacher at the Institute.

Ross has also served in other capacities at VMI, including serving as a Tactical Officer and Officer in Charge as part of the VMI Commandant of Cadets' staff. He also advised several committees on matters of cadet behavior.

During Ross' tenure as head soccer coach at VMI, he produced 16 all-conference players, four all-conference tournament selections, and three All-VaSID members. He was also a two-time Conference Coach of the Year selection.

Ross is a 1983 graduate of the Institute with a degree in economics, and was a starter and co-captain of the 1982 Keydet soccer team. He has a Master's

degree from the University of Arkansas.

After graduating from VMI, he served four years in the U.S. Air Force, three of which as a player-coach of the Little Rock (Ark.) AFB soccer team.

Ross returned to VMI to teach economics in 1987, and has been under the employ of the Institute since that time.



**Phil Sabatini  
Football Strength and Conditioning Coach**

Phil Sabatini begins his second season as the strength and conditioning coach for football.

Sabatini came to the Institute after working two

seasons in professional baseball while completing work on a master's degree. Sabatini was employed for two years in the Chicago Cubs organization from 2005-2006 serving both in the club's spring training complex and as strength coach for the 2006 Peoria Chiefs.

A 2005 graduate of Ohio University with a degree in Physical Education, Sabatini also received in 2007 his Masters in Coaching Education with an emphasis on strength and conditioning from Ohio.

A native of Pittsburgh, Pa., Sabatini, 25, was a four-year member of the Ohio baseball team and was a catcher and outfielder. Sabatini is a member of the National Strength and Conditioning Association and is CSCS certified as a strength and conditioning specialist by the NSCA. He is also a member of the USA Weightlifting organization, and is a nationally competitive weightlifter, who has earned top-three finishes in multiple prestigious events and is ranked in the top-ten in America in the 94 kg weight class.



**Brad Salois  
Assistant Media Relations Director**

Brad Salois is currently in his first year as the Assistant Media Relations Director at the Institute.

Salois, in charge of media relations for the track and field, lacrosse, and men's

soccer programs, came to VMI from Big South rival Liberty, where he worked with the Liberty Athletic Media Relations Department for nearly three years.

Already during his first term in Lexington, Salois has handled the publicity for lacrosse's MAAC Tournament run, as well as for freshman track stand-out Felix Kitur's push to the National Championships.

As an intern at Liberty, Salois acted as the head contact for the men's and women's tennis programs, as well as the secondary contact for baseball. During his three years in Lynchburg, he also acted as a public address announcer for several Liberty sports, including baseball, volleyball, and men's soccer.

Before coming to Liberty, Salois worked for two years for the web site fanstop.com, where he spent time as both the message board administrator for his beloved Texas Rangers and as a sportswriter.

The Wichita Falls, Texas, native graduated from Liberty in 2007, with a B.S. Degree in Sport Management.



**Cliff Wade**  
Associate A.D./  
Business &  
Compliance

In March 2005, Cliff Wade was named Associate Athletic Director for NCAA compliance and the athletic budget after a two-year stint as Assistant Academic Advisor to Athletes.

Prior to joining the athletic department, he served three years as the Executive Officer of VMI's Naval ROTC Unit, retiring as a Commander, U.S. Navy, after 26 years of active duty.

Wade has a Bachelor's Degree in Business from Miami (OH) University; a B.S. Degree in Information Systems Management from the University of Maryland; and an M.S. Degree in Management from Webster University. Cliff and his wife, Laurie, have four children: C.B. '05, Nicholas, Alexander '10, and Samantha.



**Andrew Westhouse**  
Assistant A.D./  
Marketing and  
Operations

Andrew Westhouse joined the VMI athletic staff in June of 2003 as Ticket Manager, was named Assistant to the

Athletic Director in the spring of 2005, was promoted to Assistant Athletic Director for Marketing and Promotions in June of 2007 and added the responsibility of Operations this past summer.

Among his numerous duties, Westhouse is in charge of generating revenue for the Athletic Department through the attainment and execution of corporate partnerships as well as through the oversight of the Institute's Trademark Licensing program.

Additionally, he is responsible for providing in-game promotions and coordinating efforts in managing and executing Big South Conference Marketing Group contracts.

During the past three years, the Athletic Marketing Department has seen revenue increases each fiscal year and has also increased community outreach, promotional activities, and Licensing revenue.

Westhouse has helped plan and oversee two major conference championships on Post and played a key role in the 2006 implementation of the XOS online ticketing platform, which provides VMI fans the access to purchase tickets to VMI athletic competitions online.

Westhouse came to Lexington from Denison University in Granville, Ohio, where he served as an assistant football coach during the 2002 season. He played for the Big Red throughout the 1998-2001 seasons, captaining the team during the 2001 season, and being named Defensive MVP and Outstanding Linebacker during that same year.

A native of Evanston, Ill., Westhouse, 28, graduated from James Madison University in the spring of 2007 with a Master of Science Degree in Athletic Administration.



**Jimmy Whitten**  
Associate Head  
Strength and  
Conditioning Coach

Jimmy Whitten is beginning his fifth year as VMI Associate Head Strength and Conditioning Coach, where he has made a positive impact on the program.

Whitten came from East Carolina University in August 2004, where he was Director of Strength and Conditioning.

While at ECU, Whitten implemented the strength and conditioning programs for Pirate Football and Men's Basketball for three years.

He also headed up the strength programs for the Pirate Men's Basketball, Baseball, Softball, Men's Track, Men's and Women's Soccer, and Swimming teams.

Prior to his ECU tenure, Whitten was head strength and conditioning coach for UNC Charlotte from July, 1999, to February, 2001. He was also assistant strength and conditioning coach at his alma mater, Virginia Tech, for two years after serving as a graduate assistant in the program for two years.

He was a defensive end standout for the Hokies and was named the team's Co-MVP as well as most valuable defensive lineman in 1990. He also held the Captain's Award for Hokie Football in 1990.

Whitten earned a Bachelor of Science in Education at Virginia Tech in 1991 and earned a Masters of Arts in Counseling Education at Virginia Tech in 1996.

Whitten is a member of the Collegiate Strength and Conditioning Coaches Association and National Strength and Conditioning Association.

A native of Danville, Va., Whitten and his wife, Eileen, have two children - daughter Mandolin (5), and son Luke (4).

**VMI Coaching Staff**

**Baseball:**

Marlin Ikenberry - Head Coach  
Ryan Mau - Assistant Coach  
Barry Shelton - Assistant Coach

**Basketball:**

Duggar Baucom - Head Coach  
Daniel Willis - Associate Head Coach  
Jason Allison - Assistant Coach

**Men's & Women's Cross Country:**

Paul Spangler - Head Coach

**Football:**

Sparky Woods - Head Coach  
Brent Davis - Offensive Coordinator/QB Coach  
A.J. Christoff - Defensive Coordinator  
Don Woods - Chief of Staff/Def. Line Coach  
Bob Bodine - Offensive Line Coach  
Greg Shockley - Slotbacks Coach  
Steven Humphrey - Wide Receivers Coach  
Winston October - Defensive Backs Coach  
Paul Soltis - Inside Linebackers Coach  
Greg Harris - Defensive Assistant/OLB Coach

**Lacrosse:**

Jeff Shirk - Head Coach  
Chris Feifs - Assistant Coach  
Chris Miller - Assistant Coach

**Rifle:**

Jim Thorp - Head Coach

**Men's Soccer:**

Ben Freakley - Head Coach  
Richie Rose - Assistant Coach

**Women's Soccer:**

Bryan Williams - Head Coach  
Kerry Smith - Assistant Coach

**Men's & Women's Swimming and Diving:**

Bill Nicholson - Head Coach

**Men's & Women's Track and Field:**

Darrin Webb - Director of Track and Field and Cross Country  
Paul Spangler - Assistant Coach  
Zach Scott - Assistant Coach

**Wrestling:**

John Trudgeon - Head Coach  
Chris Skretkovicz - Assistant Coach

# VMI Sports Medicine

Director of Sports Medicine Lance Fujiwara and his staff of assistants handle VMI's Sports Medicine program. They service the medical needs of VMI's 16 Intercollegiate Athletic Programs as well as the treatment and rehabilitation of athletic injuries for the entire Corps of Cadets. With expanded responsibilities and increased workload, the sports medicine staff now consists of a director of sports medicine, three assistant athletic trainers, four graduate assistant athletic trainers and several cadet assistants.

Lance Fujiwara is now in his 21st year as director of sports medicine at VMI. In 2002, he gained the added responsibility of assistant athletic director. Fujiwara originally arrived at VMI in 1987 as an assistant athletic trainer. Lance is a 1985 graduate of Oregon State University with a dual emphasis from the Department of Physical Education in Athletic Training/Commercial and Industrial fitness. Upon graduation he served as a fitness director at Cascade Athletic Club and Albany Athletic Club in Oregon. He returned to the educational setting and received his Masters of Education in Athletic Training/Sports Medicine from the University of Virginia in the spring of 1987, and earned a second Master of Education degree from UVA in 1998 in Counselor Education with an emphasis in Higher Education. During that time, Fujiwara also completed his graduate practicum at Fork Union Military Academy in Fork Union, Virginia. Fujiwara has a 21-year old daughter Kace, and an 18-year old son, Jamo.

John Hoffman, ATC joined Lance Fujiwara's athletic training staff in August of 2003. Hoffman came to VMI from Marshfield, Wisc., where he worked with high schools in the area for four years. Hoffman is no stranger to the Institute, serving as a graduate assistant during the 1996-97. He is a proud Wisconsin native and did his undergraduate work at the University of Wisconsin-Lacrosse.

Andrew Spadafora returned to the Institute in the summer of 2007 after a one-year stint at his alma mater. Spadafora graduated from Brigham Young University with a B.S. in Exercise Science and an emphasis in Athletic Training. He then took a position working with the BYU Baseball team during the 2007 season. He works primarily with the football and wrestling teams.

Four graduate assistants will also be a part of this year's sports medicine staff here at VMI: Kelly McMullen from Ithaca College, Elizabeth Sibilsky from University of Michigan at Ann Arbor, Aaron Parsley from Arkansas State University, and Emily Strobino from Lehigh College.

The sports medicine staff also involves many health care professionals. VMI is extremely fortunate to have the services of these physicians for consultations in their medical specialties. Dr. David Copeland, internist and VMI post physician, coordinates all medical treatment for all injured or ill cadets. Dr. George Henning '61, Dr. Christopher John, and Dr. Thomas Miller, all of Roanoke Orthopaedic, provide direct medical coverage for all cadet-athletes. In fact, Dr. Henning has devoted his skills and service to the VMI athletic department for 36 years.

The Sports Medicine Department is also grateful to be involved with many physicians in the Lexington area which play an integral part in the health care of cadet athletes. These physicians have always been very generous with their time and efforts on behalf of VMI athletes.



*The Clarkson-McKenna Training Room services the Keydet football team and is one of three such facilities on post.*



**LANCE FUJIWARA, M.ED., ATC**  
Director of Sports Medicine  
Assistant Athletic Director



**JOHN HOFFMAN, M.ED., ATC**  
Assistant Athletic Trainer



**ANDREW SPADAFORA**  
Assistant Athletic Trainer



**DR. GEORGE HENNING**  
Orthopaedic Physician



**DR. THOMAS MILLER**  
Orthopaedic Physician



**DR. CHRISTOPHER JOHN**  
Orthopaedic Physician



**DR. DAVID COPELAND**  
VMI Post Physician

- Dr. David Ellington** - General Practice
- Dr. Edward Hemphill** - Orthopaedic Physician (Basketball)
- Dr. Robert Pickral** - General Practice
- Dr. Garrett Thompson** - Chiropractic Medicine
- Dr. John Sheridan** - Emergency Medicine
- Dr. William Mears** - Ophthalmology
- Kerri Stillwell** - Physician's Assistant
- Thompson Family Chiropractic** - "Chiropractor of the Keydets"

INTRO  
THIS IS VMI  
PREVIEW  
COACHES  
PLAYER BIOS  
OPPOSITION  
STAFF  
RECORDS  
MEDIA



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# VMI Keydet Club



*THE NATION'S OLDEST AND MOST DISTINGUISHED  
ATHLETIC FOUNDATION  
SUPPORTING VMI ATHLETICS SINCE 1934*

**2,600 MEMBERS**

**FY09 GOALS**

**\$2,150,000**

**Scholarship Grant-In-Aid**

**+ \$1,400,000**

**Athletic Operations Expenses**

**= \$3,550,000**

**In TOTAL Athletics Support**



Bill Stephens '73  
President-Board of Governors



Greg Cavallaro '84  
Executive Vice President



Donnie Ross '74  
Vice President



Doug Bartlett  
Vice President



Sue Wood  
Asst. Vice President



Jackie Clark  
Officer Manager

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	Mike Kemp '90	Cameron Thompson '74
	Bruce Kitchen '81	T. J. Wilson '74
	John Krovic '77	Kimo Wong '75

*Contributing to the Spirit and development of a successful Division I athletic program that benefits the whole of VMI.*

# VMI KEYDET CLUB

*Committed to full compliance with NCAA rules and regulations.*