



2025-2026 VILLANOVA CHEERLEADING TRYOUTS

STATEMENT OF PURPOSE

The Villanova University Cheerleading Program is committed to developing well-rounded individuals who are dedicated to supporting the athletic teams at Villanova. The program strives to represent the Villanova Community in an honorable manner that is indicative of the Augustinian tradition upon which the University was founded. The program is focused on building character and a sense of self-fulfillment and self-confidence in its team members. By participating in the program, individuals learn life lessons that will help them grow individually and as a member of a team. A key component of the program is its commitment to the individual's top physical conditioning and safety.

SQUAD DESCRIPTIONS

Our program is comprised of 35-40 members, selected through a tryout process. Within the program there are traditionally two squads, Blue and White. Blue squad is made up of single base stunt groups and multi-base stunt groups. White squad is made up of only multi-base stunt groups. Both squads cheer all home football games (and post season) and all home men's and women's basketball games (select away games and post season). Both squads will also have selected appearances at other sports including soccer, volleyball, field hockey, lacrosse, baseball, and softball.

TRYOUT REQUIREMENTS

- Incoming freshman are eligible to apply (with proof of acceptance)
- Current and transfer students with a minimum GPA of 2.0 are eligible
- Current Villanova students must be enrolled full-time (12 hours) are eligible
- All paperwork must be submitted



STEP 1: REGISTRATION

Please register for tryouts (both in-person and video) by Wednesday, May 7, 2025 using this link: [2025-2026 Tryout Registration](#)

STEP 2: DOCUMENTATION

If trying out through in-person tryouts:

The following documents must be brought with you to in-person tryouts on Saturday, May 10th, 2025.

1. Tryout waiver - [Villanova University Cheerleading Waiver](#)
2. Acceptance Letter to Villanova University (freshman or transfers only)
3. Prospective Member Information and Questionnaire – pages 7 and 8 of this packet

If trying out through video:

The following documents must be submitted by email to Coach Jamie at jshroy01@villanova.edu by 5 pm, Wednesday, May 7, 2025. In the email, please include your full name, email address, and cell phone number.

Please write in the subject line: “Your first and last name, Villanova Cheerleading Tryouts”

1. Tryout waiver - [Villanova University Cheerleading Waiver](#)
2. Acceptance Letter to Villanova University (freshman or transfers only)
3. Prospective Member Information and Questionnaire – pages 7 and 8 of this packet

STEP 3: TRYOUTS

The 2025-2026 season tryouts will be held from May 9 - May 11, 2025. Virtual interviews for video tryouts will be on May 9th. In-person tryouts and in-person interviews will be May 10th and 11th in the Jake Nevin Gymnasium within the Jake Nevin Field House at Villanova University. If a prospective member is unable to attend in-person tryouts, they are required to submit a tryout video due no later than 5 pm, Wednesday, May 7, 2025 and be available for a virtual interview on Friday, May 9, 2025.

Attendance at pre-camp and camp are mandatory for all program candidates. Below is the tentative schedule:

- Pre-Camp: July 28 - August 3, 2025, Villanova University
- UCA College Camp: August 4-7, 2025, Temple University



In-Person Tryouts:

Tentative Schedule:

Saturday, May 10, 2025:

- 8am – 12 pm:
 - Skills Workshop, informal tryout
 - Stunting
 - Tumbling
 - Sidelines
 - Fight Song
- 1 - 6 pm:
 - Interviews
 - Afternoon interview times will be given to prospective members during the morning session

Sunday, May 11, 2025:

- 8 am – 12 pm:
 - Skills Tryout, formal tryout
 - Stunting
 - Tumbling
 - Sidelines
 - Fight Song
- 1-3 pm:
 - 2025-2026 Team Information Meeting

Tryout Attire:

- Tops: should be athletic with Villanova Logo/Villanova Cheerleading Logo or plain in Villanova Colors/Neutral Colors (navy, white, light blue, grey, or black).
- Bottoms: shorts should be athletic with Villanova Logo/Villanova Cheerleading Logo or plain in Villanova Colors/Neutral Colors (navy, white, light blue, grey, or black)
- Cheerleading sneakers should be worn
- Females: Hair should be pulled back from the face in a ponytail, half up half down hairstyle, or other form where it is out of the face. Bows are optional. Game Day make-up required.
- Males: Hair should be out of face or pulled back from face and facial hair should be groomed.
- No jewelry or watches of any kind should be worn.

Video Tryouts:

If unable to attend in-person tryouts, videos must be submitted by 5 pm, May 7, 2025. For video elements, the following items can be submitted separately or edited together. The quality of the video will not be considered. Please feel free to film in whatever venue/space is available to you. Please feel free to use previous video skills (please see below), but they should be within the last 3 months. Please adhere to all USA Cheer Safety Rules. Please include and/or send a link to the video(s) to: jshroy01@villanova.edu by 5 pm, Wednesday, May 7, 2025. Please feel free to use YouTube, Dropbox, Vimeo, etc..



1. Introduction:

- a. In one minute or less, please state the following:
 - i. Your first and last name
 - ii. Your home city and state
 - iii. Your high school and/or all-star team
 - iv. Your preferred stunting position (multi-base flyer, single base flyer, main base, secondary base, single base, and/or back-spot)
- b. Please adhere to the attire mentioned above for in-person tryouts.

2. Sidelines and Fight Song: [2025-2026 Tryout Sidelines & Fight Song](#)

- a. Please submit a video of you performing the two Villanova sidelines (see video above)
- b. Please submit a video of you performing the Villanova Fight Song (see video above)

3. Tumbling:

- a. Tumbling is required for the 2025-2026 season. All prospective new members must have at least a standing back tuck and running round-off back handspring tuck. Running and standing layouts, fulls, and specialty passes are strongly encouraged.
- b. Please submit a video of the following:
 - i. Standing tumbling
 - ii. Running tumbling
 - iii. Speciality standing and/or running tumbling
- c. Additional tumbling considerations:
 - i. In an attempt to ease the demands of the video tryout process, skills can be taken from a recent competition or practice or another recent video you may already possess (within the last 3 months). Please identify where you are in the video.
 - ii. Please use a safe, flat, approved surface to perform these skills if you are filming new skills. Examples: grass, mat, turf, spring floor, (no trampoline).
 - iii. Please use recent videos (within the last 3 months) and skills that you can still compete - we will require demonstration of these skills on a mat during the pre-camp practice.
 - iv. All tumbling skills are required to be performed without a spot. Please show the highest skill level you can complete safely.



4. Stunting

- a. Stunting is required for the 2025-2026 season. All prospective members who perform multi-base stunts must demonstrate at least a full up to extension. Additional advanced and elite multi-based stunting skills are strongly encouraged. All prospective members who perform single base stunts must demonstrate at least a toss hands, press to extension, though a toss extension is preferred. Additional advanced/elite single-based stunting skills are strongly encouraged. Please submit a video of the following:
 - i. Multi-base: a full up extension
 - ii. Multi-base: at least 2 additional advanced/elite skills
 1. Examples include: two or more skills connected by a transition, spinning skill, inverted release skills, switch-up skills, any collegiate skill, etc.
 - iii. Single-base: toss hands, press to extension or a toss extension
 - iv. Single base: at least 2 additional advanced/elite skills
 1. Examples include: two or more skills connected by a transition, spinning skill, inverted release skills, switch-up skills, any collegiate skill, etc.
- b. Additional stunting considerations:
 - i. In an attempt to ease the demands of the video tryout process, skills can be taken from a recent competition or practice or another recent video you may already possess (within the last 3 months). Please identify where you are in the video (location and stunt position).
 - ii. Please use recent videos (within the last 3 months) and skills that you can still compete - we will require demonstration of these skills on a mat during the pre-camp practice.

5. Additional Information:

- a. Coaches will reach out to each prospective member who submits a video tryout to schedule an interview time by May 8, 2025. Interviews are tentative to be scheduled between 6-10 pm on Friday, May 9, 2025. Interviews will be done through zoom. If prospective members cannot attend for any reason, they must reach out to Coach Jamie at jshroy01@villanova.edu as early as possible.
- b. Each prospective member who submits a video tryout should be available to attend the 2025-2026 Team Information Meeting tentatively scheduled for 1-3 pm on Sunday, May 11, 2025. If invited, each prospective member will receive a zoom link. If prospective members cannot attend for any reason, they must reach out to Coach Jamie at jshroy01@villanova.edu as early as possible.



ADDITIONAL INFORMATION

Please know, there is no point system. The coaching staff determines final invitations and team selection.

All members of the program will be required to attend pre-camp at Villanova University and UCA Summer Camp.

All current members of the squad must try out each year.

Coaching staff reserves the right to conduct “walk on” tryouts at any point in time.

IN-PERSON TRYOUT CHECKLIST AND DATES

- Register for tryouts by 5 pm, Wednesday, May 7, 2025: [2025-2026 Tryout Registration](#)
- Bring all documentation to in-person tryouts on Saturday, May 10, 2025: Tryout Waiver, Acceptance Letter for Freshman or Transfers, and Prospective Member Information and Questionnaire (pages 7 and 8 of this packet).
- Attend in-person tryouts on Saturday, May 10th and Sunday, May 11th, 2025.

VIDEO TRYOUT CHECKLIST AND DATES

- Register for tryouts by 5 pm, Wednesday, May 7, 2025: [2025-2026 Tryout Registration](#)
- Submit all documentation by 5 pm, Wednesday, May 7, 2025: Tryout Waiver, Acceptance Letter for Freshman or Transfers, and Prospective Member Information and Questionnaire (pages 7 and 8 of this packet).
- Submit video tryout by 5 pm, Wednesday, May 7, 2025
- Be able to attend, through zoom, an interview with coaches on Friday, May 9, 2025. Times are tentative to be scheduled between 6-10 pm.
- Be able to attend, if invited, through zoom, the 2025-2026 Team Information Meeting on Sunday, May 11, 2025, from 1-3 pm.

ADDITIONAL IMPORTANT DATES

- Pre-Camp: July 28 - August 3, 2025, Villanova University
- UCA College Camp: August 4-7, 2025, Temple University

CHEERLEADING MAILING & EMAIL ADDRESS:

Jamie Brodie (Shroy)
 Athletics - Villanova Cheerleading & Mascot
 Jake Nevin Field House
 800 Lancaster Ave.
jshroy01@villanova.edu



PROSPECTIVE MEMBER INFORMATION AND QUESTIONNAIRE

Name:

Email:

Cell Phone:

Home Address:

High School/All Star/College Experience:

Instagram Handle:

Twitter Handle:

Prospective Member Questionnaire

Why do you want to be a Villanova Cheerleader?

What is your biggest cheerleading strength?

How long have you been cheering, in general and competitively?

What are you planning to study or what do you currently study at Villanova?



How does your family feel about you cheering in college?

Cheerleading is physically demanding – do you have any injuries or physical limitations that would preclude you from fully participating in any facet of this program? (stunting, tumbling, running, weight training, etc.)

What have you learned from being a part of a team? What did you specifically contribute to that team?