

HONORS AND AWARDS

NATIONAL AND REGIONAL POSTSEASON HONORS AND AWARDS

NFHCA All-Americans

Second Team

2006 Megan Foster
2023 Meghan Mitchell

Third Team

1991 Melissa Paolantonio
2005 Megan Foster
2005 Rory Rogers

NFHCA Mid-Atlantic All-Region

First Team

1987 Ann Rosato
1991 Melissa Paolantonio
1992 Melissa Rea
1992 Chrissy Thomas
1996 Jill Basile
1999 Gina Rossi
2001 Brooke Bergmann
2001 Krissy Malchitsky
2002 Christina Lugones
2003 Rory Rogers
2005 Megan Foster
2005 Rory Rogers
2006 Megan Foster
2007 Stephanie Campbell
2021 Meghan Mitchell
2022 Meghan Mitchell
2023 Meghan Mitchell
2024 Sabine de Ruijter

Second Team

1991 Monika Pedano
1991 Melissa Rea
1991 Chrissy Thomas
1992 Staci Verzera
1993 Staci Verzera
1998 Nicole DiMaggio
1999 Nicole DiMaggio
1999 Mary Krauss
2000 Stephanie Vrettos
2001 Meghan Helwig
2001 Christina Lugones
2003 Leah Lisausky
2003 Vanessa Pizzulli
2004 Vanessa Pizzulli
2005 Lauren Campanelli
2006 Lauren Campanelli
2007 Lauren Wuzzardo
2008 Dana Ramsden
2008 Lauren Wuzzardo
2009 Dana Ramsden
2018 Riley Dolan
2019 Lydia Sydnor
2020 Meghan Mitchell
2022 Sabine de Ruijter
2023 Sabine de Ruijter
2024 Meghan Mitchell

Honorable Mention

1987 Mary Monahan
1987 Sharon Seiz
1989 Ann Dickey
1989 Melissa Paolantonio

NFHCA North-South Senior All-Star Game

1999 Gina Rossi
2000 Nicole DiMaggio
2004 Vanessa Pizzulli
2005 Rory Rogers
2006 Lauren Campanelli
2006 Megan Foster
2007 Stephanie Campbell
2019 Lydia Sydnor

NFHCA Senior Team

2023 Sabine de Ruijter
2023 Meghan Mitchell

NFHCA Division I Offensive Player of the Week

2020* Meghan Mitchell March 15

** 2020 season honors were awarded in Spring 2021.*

NFHCA Weekly Honorable Mention

2019 Lydia Sydnor September 16

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NATIONAL AND REGIONAL POSTSEASON HONORS AND AWARDS

US Field Hockey Association

US Field Hockey Association/AIAW National Field Hockey Tournament

1977	Lisa Alderfer	Second Team
1977	Debbie Smith	Third Team

US Field Hockey Association Team

1978	Lisa Alderfer	Second Team
1978	Debbie Smith	Second Team

US Field Hockey Association All-Americans

1982	Amy Hutchison	Honorable Mention
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1983	Danine DiBernardi	
1983	Suzanne Lora	
1983	Sue Ruff	
1983	Susan Antoon	Honorable Mention
1984	Sue Ruff	

US Field Hockey Association Regional All-Stars

1982	Amy Hutchison	Mideast Division II
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1984	Cheryl Snyder	Mid-Atlantic Team
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US Field Hockey Association Players of the Week

1983	Suzanne Lora	2x
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Hockey Festival

Club Championship Appearances

1982	Villanova
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Team USA

Olympic Festival

1986	Sue Ruff	Alternate Goalie
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Young Women's National Championship*

2016	Erika Miller
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Senior Nexus Championship*

2022	Meghan Mitchell
2025	Molly Zimmerman

* The Young Women's National Championship is the same event as the Senior Nexus Championship. The event was renamed.

EIAIW Championship

EIAIW Championship Appearances

1979	Location Not Known	
SF	vs. Lehigh	Loss (0-2)

1980	Baltimore, Md.	
SF	vs. Lafayette	Loss (0-2)

1982	Keene, N.H.	
SF	@ Keene State	Win (3-2, ot)
CH	vs. C.W. Post	Loss (0-3)

PAIAW Postseason Honors

PAIAW All-Star Team

1982	Suzanne Lora
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1983	Suzanne Lora
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1984	Kelly Hart
1984	Suzanne Lora

1985	Kelly Hart
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1986	Kelly Hart
1986	Ann Rosato
1986	Sue Ruff

1988	Mary Monahan
1988	Patricia Scudder
1988	Sharon Seiz
1988	Kathy Walsh

Philadelphia College Field Hockey Association

All-College Teams

1975	Sandy Arena
1975	Denise Greig
1975	Edna White

1983	Amy Hutchison
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All-Philadelphia Field Hockey Team

Selected for the 2002 and 2003 seasons by the sports information offices of the Philadelphia-area schools with Division I field hockey programs.

2002	Rory Rogers
2002	Kristen Strocen

2003	Leah Lisausky
2003	Christina Lugones
2003	Vanessa Pizzulli
2003	Rory Rogers

ECAC Championship

ECAC Championship Appearances

1988	Providence, R.I.	
SF	vs. Dartmouth	Loss (1-2)

1998	New Haven, Conn.	
SF	vs. Rutgers	Win (3-2)
CH	@ Yale	Loss (0-2)

2000	Hanover, N.H.	
SF	@ Dartmouth	Loss (0-2)

ECAC Award of Valor

1991	Jennifer Peacock
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ECAC Weekly Awards

ECAC Player of the Week

October 13, 2004	Megan Foster
October 13, 2004	Vanessa Pizzulli
September 19, 2005	Lauren Campanelli
September 26, 2007	Lauren Wuzzardo

ECAC Goalkeeper of the Week

October 27, 2003	Erin Scott
September 19, 2007	Maura McCormick
September 9, 2008	Maura McCormick
September 23, 2008	Maura McCormick

HONORS AND AWARDS

BIG EAST POSTSEASON HONORS AND AWARDS

BIG EAST Championship

BIG EAST Team Champions

1990 Villanova 2-0 Record

BIG EAST Championship Appearances

1990 Syracuse, N.Y.
SF @ Syracuse Win (2-1)
CH vs. Providence Win (2-1)

1991 Chestnut Hill, Mass.
SF vs. Connecticut Loss (0-2)

1992 Chestnut Hill, Mass.
SF vs. Connecticut Loss (0-2)

1999 Syracuse, N.Y.
SF vs. Connecticut Loss (1-4)

2001 Chestnut Hill, Mass.
SF @ Boston College Win (3-2, 2ot)
CH vs. Syracuse Loss (0-1)

2002 Syracuse, N.Y.
SF vs. Boston College Win (5-4, ot)
CH vs. Connecticut Loss (1-3)

2003 Chestnut Hill, Mass.
SF @ Boston College Loss (1-5)

2004 Syracuse, N.Y.
SF vs. Connecticut Loss (1-2)

2005 Piscataway, N.J.
SF vs. Syracuse Win (4-1)
CH vs. Connecticut Loss (2-3, ot)

2006 Louisville, Ky.
SF vs. Providence Loss (2-4)

2011 Syracuse, N.Y.
SF @ Syracuse Loss (0-3)

2015 Norfolk, Va.
SF vs. Temple Loss (1-2, ot)

2018 Lynchburg, Va.
SF vs. Connecticut Loss (1-9)

2023 Philadelphia, Pa.
SF vs. Liberty Loss (2-3)

Offensive Player of the Year (2)

2005 Rory Rogers
2023 Meghan Mitchell

Defensive Player of the Year (1)

2005 Lauren Campanelli

Goalkeeper of the Year (1)

2001 Meghan Helwig

Coach of the Year (2)

1999 Joanie Milhous
2005 Joanie Milhous

BIG EAST Championship Outstanding Performer (1)

1990 Jennifer Peacock

BIG EAST Championship All-Tournament Team (5)

2011 Megan Goelz
2015 Erika Miller
2018 Abby Siana
2023 Sabine de Ruijter
2023 Meghan Mitchell

Note: The selection of the BIG EAST Championship All-Tournament Team began with the 2009 tournament. In previous years (1989-2008) only a Most Outstanding Performer was chosen.

HONORS AND AWARDS

BIG EAST POSTSEASON HONORS AND AWARDS

First Team All-BIG EAST (17)

1993	Staci Verzera
2000	Stephanie Vrettos
2001	Brooke Bergmann
2001	Meghan Helwig
2002	Christina Lugones
2003	Vanessa Pizzulli
2003	Rory Rogers
2004	Vanessa Pizzulli
2005	Lauren Campanelli
2005	Megan Foster
2005	Rory Rogers
2006	Megan Foster
2014	Kayla Kenney
2019	Lydia Sydnor
2021	Meghan Mitchell
2023	Meghan Mitchell
2024	Sabine de Ruijter

Second Team All-BIG EAST (54)

1993	Jill Basile
1994	Jill Basile
1994	Kristen Hurt
1994	Chrissy Thomas
1996	Jill Basile
1997	Nicole DiMaggio
1998	Mary Krauss
1999	Nicole DiMaggio
1999	Mary Krauss
1999	Gina Rossi
2000	Brooke Bergmann
2000	Sarah Burdette
2000	Nicole DiMaggio
2001	Christina Lugones
2001	Krissy Malchitsky
2001	Stephanie Vrettos
2002	Meghan Helwig
2002	Leah Lisauskys
2002	Vanessa Pizzulli
2003	Leah Lisauskys
2003	Christina Lugones
2004	Megan Foster
2005	Sarah Francis
2005	Sara Schmidt
2006	Allison Boris
2006	Lauren Campanelli
2006	Stephanie Campbell
2007	Stephanie Campbell
2007	Lauren Wuzzardo
2008	Dana Ramsden
2008	Lauren Wuzzardo
2009	Dana Ramsden
2009	Lauren Wuzzardo
2010	Abby Sordoni
2010	Lauren Wuzzardo
2012	Alex Diekmann
2013	Maddy Harding
2014	Jessica Swoboda
2016	Francesca Bello
2017	Francesca Bello
2017	Erika Miller
2018	Riley Dolan
2018	Erika Miller
2018	Christen Pennington
2018	Megan Vermeil
2020	Sabine de Ruijter
2020	Meghan Mitchell
2021	Sabine de Ruijter
2022	Meghan Mitchell
2022	Sabine de Ruijter
2023	Sabine de Ruijter
2024	Ava Borkowski
2024	Gemma Lysaght
2024	Meghan Mitchell

BIG EAST All-Rookie Team (6)

1996	Mary Krauss
1996	Clare Turkington
1997	Nicole DiMaggio
1998	Brooke Bergmann
1999	Meghan Helwig
2000	Leah Lisauskys

HONORS AND AWARDS

BIG EAST WEEKLY AWARDS

Offensive Player of the Week (28)

1998	October 12	Mary Krauss
1999	October 11	Katie Craig
2000	October 19	Stephanie Vrettos
2001	September 24	Christina Lugones
2001	October 1	Krissy Malchitsky
2001	October 8	Krissy Malchitsky
2001	October 29	Kelly Driscoll
2002	September 30	Christina Lugones
2002	October 28	Leah Lisauskys
2003	October 20	Christina Lugones
2004	August 30	Megan Foster
2004	October 11	Megan Foster
2005	September 19	Lauren Campanelli
2005	October 3	Rory Rogers
2005	October 17	Rory Rogers
2006	August 28	Allison Boris
2006	September 18	Megan Foster
2007	September 3	Meghan Ryan
2007	September 24	Lauren Wuzzardo
2010	October 11	Abby Sordoni
2012	October 29	Leah High
2018	October 29	Abby Siana
2019	September 16	Lydia Sydnor
2020*	March 15	Meghan Mitchell
2021	September 21	Meghan Mitchell
2023	October 3	Meghan Mitchell
2024	September 24	Sabine de Ruijter
2024	October 29	Ava Borkowski

Defensive Player of the Week (18)

1998	October 12	Karen Baldwin
1999	September 6	Gina Rossi
2001	October 8	Brooke Bergmann
2001	October 29	Brooke Bergmann
2002	October 21	Meghan Helwig
2003	October 27	Erin Scott
2004	October 11	Vanessa Pizzulli
2005	September 19	Natalie Balthrop
2005	September 26	Sara Schmidt
2005	October 24	Natalie Balthrop
2007	September 17	Maura McCormick
2008	September 8	Maura McCormick
2008	September 22	Maura McCormick
2014	October 20	Jordyn Clipstone
2016	October 24	Erika Miller
2018	October 8	Erika Miller
2023	October 31	Sabine de Ruijter
2024	October 29	Maddi Sears

Goalkeeper of the Week (1)

1994	September 12	Chrissy Thomas
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Rookie of the Week (18)

1996	September 16	Mary Krauss
1997	October 6	Nicole DiMaggio
1997	October 27	Nicole DiMaggio
1998	October 12	Kelley Beine
1999	September 20	Sarah Burdette
1999	October 4	Meghan Helwig
1999	October 11	Sarah Burdette
1999	October 18	Meghan Helwig
1999	October 25	Meghan Helwig
1999	November 1	Meghan Helwig
2000	September 18	Lauren McCarthy
2015	October 26	Erika Miller
2015	November 2	Erika Miller
2016	October 17	Emma McLaughlin
2020*	March 15	Sabine de Ruijter
2022	August 29	Toni Minichello
2023	October 3	Gemma Lysaght
2023	October 31	Gemma Lysaght

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BIG EAST WEEKLY AWARDS

Weekly Honor Roll (117)

2006	September 4	Megan Foster
2006	September 11	Megan Foster
2006	September 18	Alex Whalen
2006	September 25	Lauren Campanelli
2006	September 25	Megan Foster
2006	October 2	Alex Whalen
2006	October 9	Emily Donaldson
2006	October 9	Alex Whalen
2006	October 30	Megan Foster
2006	October 30	Alex Whalen
2007	September 3	Stephanie Campbell
2007	September 10	Allison Boris
2007	September 17	Stephanie Campbell
2008	September 1	Maura McCormick
2008	September 1	Lauren Wuzzardo
2008	September 8	Dana Ramsden
2008	September 22	Dana Ramsden
2008	September 29	Dana Ramsden
2008	October 20	Abby Sordoni
2009	August 31	Lauren Wuzzardo
2009	September 7	Steffi Caniglia
2009	September 7	Dana Ramsden
2009	September 14	Meredith Sabatini
2009	September 21	Megan Goelz
2009	September 21	Meredith Sabatini
2009	September 28	Megan Goelz
2009	October 5	Megan Goelz
2009	October 19	Megan Goelz
2009	October 19	Dana Ramsden
2010	September 13	Dana Ramsden
2010	September 20	Megan Goelz
2010	October 4	Megan Goelz
2010	October 4	Dana Ramsden
2010	October 11	Megan Goelz
2010	October 25	Lauren Wuzzardo
2010	November 1	Megan Goelz
2011	September 5	Leah High
2011	September 12	Jessica Swoboda
2011	September 19	Jessica Swoboda
2011	September 26	Megan Goelz
2011	September 26	Jessica Swoboda
2011	October 3	Megan Goelz
2011	October 10	Lauren Wilson
2011	October 17	Megan Goelz
2011	October 17	Olivia Maggitti
2011	October 31	Leah High

Weekly Honor Roll

2012	August 27	Alex Diekmann
2012	September 3	Alex Diekmann
2012	September 10	Kayla Kenney
2012	September 24	Alex Diekmann
2012	October 1	Alex Diekmann
2012	October 1	Jessica Swoboda
2012	October 29	Moriah Allen
2013	September 9	Alex Diekmann
2013	September 16	Jessica Swoboda
2013	September 30	Jessica Swoboda
2013	November 4	Maddy Harding
2014	September 1	Jordyn Clipstone
2014	September 8	Maddy Harding
2014	September 22	Francesca Bello
2014	October 13	Lauren Wilson
2014	October 20	Kayla Kenney
2014	October 27	Jordyn Clipstone
2015	August 31	Erika Miller
2015	September 7	Kristen Mericle
2015	September 28	Kayla Kenney
2015	October 26	Francesca Bello
2015	October 26	Carolynn Clark
2015	November 2	Courtney Devine
2016	September 12	Erika Miller
2016	September 19	Francesca Bello
2016	October 17	Erika Miller
2016	October 24	Emma McLaughlin
2016	October 31	Erika Miller
2017	September 4	Lydia Sydnor
2017	September 11	Francesca Bello
2017	October 2	Erika Miller
2017	October 16	Erika Miller
2017	October 23	Francesca Bello
2017	October 30	Francesca Bello
2018	September 3	Erika Miller
2018	September 17	Lydia Sydnor
2018	October 8	Lydia Sydnor
2018	October 22	Erika Miller
2019	September 2	Lydia Sydnor
2019	September 16	Jordan McGinley
2019	October 7	Lydia Sydnor
2020*	February 22	Claire Borman
2020*	March 8	Emily Clarke
2020*	March 29	Meghan Mitchell
2021	September 7	Meghan Mitchell
2021	October 5	Meghan Mitchell

Weekly Honor Roll

2022	August 29	Sabine de Ruijter
2022	August 29	Amanda Middleman
2022	September 12	Meghan Mitchell
2022	September 26	Emma Leppert
2022	September 26	Maggie Mick
2022	October 24	Amanda Middleman
2022	October 31	Sabine de Ruijter
2023	August 29	Amanda Middleman
2023	September 5	Meghan Mitchell
2023	September 12	Meghan Mitchell
2023	September 19	Emma Leppert
2023	September 19	Meghan Mitchell
2023	September 26	Meghan Mitchell
2023	October 3	Hannah Barsky
2023	October 17	Sabine de Ruijter
2024	September 10	Ava Borkowski
2024	September 17	Gemma Lysaght
2024	September 17	Sabine de Ruijter
2024	October 1	Meghan Mitchell
2024	October 1	Maddi Sears
2024	October 8	Sabine de Ruijter
2024	October 15	Maddi Sears
2024	October 22	Maddi Sears
2024	November 4	Sabine de Ruijter
2024	November 4	Maddi Sears

* 2020 season honors were awarded in Spring 2021

HONORS AND AWARDS

BIG EAST WEEKLY AWARDS

Offensive Player of the Week Honors

Megan Foster.....	3
Christina Lugones	3
Meghan Mitchell.....	3
Krissy Malchitsky	2
Rory Rogers	2
Allison Boris	1
Ava Borkowski	1
Lauren Campanelli.....	1
Katie Craig.....	1
Sabine de Ruijter.....	1
Kelly Driscoll.....	1
Leah High.....	1
Mary Krauss	1
Leah Lisauskay	1
Meghan Ryan	1
Abby Siana	1
Abby Sordoni	1
Lydia Sydnor.....	1
Stephanie Vrettos	1
Lauren Wuzzardo.....	1

Defensive Player of the Week Honors

Maura McCormick	3
Natalie Balthrop.....	2
Brooke Bergmann	2
Erika Miller.....	2
Karen Baldwin	1
Jordyn Clipstone.....	1
Sabine de Ruijter.....	1
Meghan Helwig	1
Vanessa Pizzulli.....	1
Gina Rossi.....	1
Sara Schmidt.....	1
Erin Scott.....	1
Maddi Sears	1

Goalkeeper of the Week Honors

Chrissy Thomas	1
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Rookie of the Week Honors

Meghan Helwig	4
Sarah Burdette.....	2
Nicole DiMaggio	2
Gemma Lysaght.....	2
Erika Miller.....	2
Kelly Beine.....	1
Mary Krauss	1
Lauren McCarthy	1
Emma McLaughlin.....	1
Toni Minichello.....	1
Sabine de Ruijter.....	1

Honor Roll Selections

Megan Goelz	11
Meghan Mitchell.....	9
Erika Miller.....	8
Dana Ramsden.....	7
Francesca Bello.....	6
Sabine de Ruijter	6
Jessica Swoboda	6
Alex Diekmann	5
Lydia Sydnor.....	5
Megan Foster.....	4
Maddi Sears	4
Alex Whalen.....	4
Kayla Kenney	3
Amanda Middleman.....	3
Lauren Wuzzardo.....	3
Stephanie Campbell	2
Jordyn Clipstone.....	2
Maddy Harding	2
Leah High	2
Emma Leppert	2
Meredith Sabatini	2
Lauren Wilson.....	2
Moriah Allen	1
Hannah Barsky	1
Allison Boris	1
Ava Borkowski.....	1
Claire Borman	1
Lauren Campanelli.....	1
Steffi Caniglia.....	1
Carolynn Clark	1
Emily Clarke.....	1
Courtney Devine	1
Emily Donaldson.....	1
Gemma Lysaght.....	1
Olivia Maggitti.....	1
Maura McCormick	1
Jordan McGinley.....	1
Emma McLaughlin.....	1
Kristen Mericle.....	1
Maggie Mick.....	1
Abby Sordoni	1