Nicky	Akande
TAICINA	ANanuc

ATT	ANTED	TCA	HON	IODC
ALL-	AMER	III.A	HUN	IUKS.

Indoor	
inaoor	

2013	DMR	2nc
2014	800 Meters	8th
2014 (2nd)	DMR	9th

#### NCAA MID-ATLANTIC CHAMPION

Cross Country

#### **ALL-MID ATLANTIC REGION**

2011	Cross Country	10th
2012	Cross Country	1st
2013	Cross Country	2nd

#### **BIG EAST CHAMPION**

#### Indoor

2012	4x800 Meter Relay	8:38.55
2013	4x800 Meter Relay	8:40.50
2014	4x800 Meter Relay	7:57.01*

<sup>\*</sup> race was run one lap short due to a technical error during the third leg of the race

#### Outdoor

2012	4x800 Meter Relay	8:37.58
2013	4x800 Meter Relay	8:34.23

#### **ALL-BIG EAST HONORS**

#### Indoor

2012	4x800 Meter Relay	1st
2012	DMR	2nd
2013	4x800 Meter Relay	1st
2013	DMR	2nd
2014	4x800 Meter Relay	1st
2014	800 Meters	3rd

#### Outdoor

2011	4x800 Meter Relay	3rd
2012	4x800 Meter Relay	1st
2012	800 Meters	2nd
2013	4x800 Meter Relay	1st
2013	800 Meters	3rd
2014	800 Meters	2nd

#### **Cross Country**

2011	6000 Meters	12th
2012	6000 Meters	3rd
2013	6000 Meters	12th

#### PENN RELAYS CHAMPION

#### Championship of America

<u>Year</u>	Event	<u>Leg</u>	<u>Split</u>
2012	DMR	800	2:04.5
2013	4x800 Meter Relay	3rd	2:04.04
2013	DMR	800	2:04.7
2014	4x800 Meter Relay	3rd	2:05.67
2014	DMR	800	2:04.51
2014	4x1500 Meter Relay	3rd	4:20.4

#### **USTFCCCA HONORS**

Mid-Atlantic Region Athlete of the Year

2012 Cross Country

#### Caroline Alcorta

#### ALL-AMERICA HONORS

#### Outdoor

2019	10000 Meters	5th
2019	5000 Meters	11th

#### **ALL-MID ATLANTIC REGION**

Cross Country 3rd

#### **BIG EAST CHAMPION**

#### Outdoor

2019	5000 Meters	13:51.13
2019	10000 Meters	34:42.28

#### **Cross Country**

20:12.4 2018 6000 Meters

#### **ALL-BIG EAST HONORS**

#### Indoor

5000 Meters	2nd
3000 Meters	3rd

#### Outdoor

2019	5000 Meters	1st
2019	10000 Meters	1st

#### **Cross Country**

6000 Meters 2018

#### PENN RELAYS CHAMPION

#### Championship of America

Year	Event	Leg	<u>Split</u>
2019	4x1500 Meter Relay	3rd	4:28.0

#### **BIG EAST HONORS**

#### **BIG EAST Female Athlete of the Week**

2018	Cross Country	September 18
2018	Cross Country	October 17

#### Olivia Allen

#### **BIG EAST CHAMPION**

#### Outdoor

2024	400 Meter Hurdles	59.75
2024	4x400 Meter Relay	3:40.00
2025	400 Meter Hurdles	58.01

#### **ALL-BIG EAST HONORS**

2025

2024 2024	4x400 Meter Relay DMR	3rd 3rd
Outdoor		
2024	400 Meter Hurdles	1st
2024	4x400 Meter Relay	1st
2025	400 Meter Hurdles	1st

4x400 Meter Relay

#### **Roberta Anthes**

#### VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1977 Inducted 2001

#### Amelia Arrieta

#### **ALL-BIG EAST HONORS**

#### **Cross Country**

2022 (2nd) 6000 Meters 20th

#### Taryn Ashby

#### **BIG EAST CHAMPION**

Outdoor	•
Juluooi	

2018	Javelin	45.28m
2019	Javelin	43.32m
2021	Javelin	49.89m
2022	Javelin	47.79m

#### ALL-BIG EAST HONORS

#### Outdoor

2018	Javelin	1st
2019	Javelin	1st
2021	Javelin	1st
2022	Javelin	1st

#### BIG EAST Women's Field Athlete of the Week

2018	Outdoor	April 9
2018	Outdoor	April 30
2019	Outdoor	March 25
2019	Outdoor	April 1

#### **Jane Ashton**

#### **BIG EAST CHAMPION**

#### Outdoor

1983	4x800 Meter Relay	9:09.38
1985	4x800 Meter Relay	9:05.63

#### ALL-BIG EAST HONORS

#### Indoor 1983

1983	1000 Meters	3rd
Outdoor		

#### Outdoor

1983	4x800 Meter Relay	1st
1985	4x800 Meter Relay	1st
1985	800 Meters	3rd

#### **ECAC CHAMPION**

#### Indoor

2nd

1985 4x800 Meter Relay 8:48	3.97

#### Outdoor

1985	4x800 Meter Relay	8:57.4

#### Liz Awtrey

#### **ALL-MID ATLANTIC REGION**

2000 Cross Country 15th

#### **ALL-BIG EAST HONORS**

Indoor

 2000
 4x800 Meter Relay
 2nd

 2000
 DMR
 3rd

Outdoor

2001 3000 Meter Steeplechase 3rd

Cross Country

1999 5000 Meters 7th

#### PENN RELAYS CHAMPION

Championship of America

 Year
 Event
 Leg
 Split

 2000
 4x1500 Meter Relay
 1st
 4:26.3

#### Sanaä Barnes

#### **ALL-AMERICA HONORS**

Indoor

2019 High Jump 4th 2021 (2nd) High Jump tie-10th

Outdoor

 2019
 High Jump
 tie-6th

 2021
 High Jump
 6th

 2022
 High Jump
 4th

#### **BIG EAST CHAMPION**

Indoor

2019 High Jump 1.77m

Outdoor

2019 High Jump 1.81m 2022 High Jump 1.86m

#### **ALL-BIG EAST HONORS**

Indoor

 2019
 High Jump
 1st

 2022
 High Jump
 2nd

Outdoor

2019

 2019
 High Jump
 1st

 2021
 High Jump
 2nd

 2022
 High Jump
 1st

#### **USTFCCCA HONORS**

Mid-Atlantic Region Field Athlete of the Year 2022 Outdoor Track & Field

#### **BIG EAST HONORS**

**BIG EAST Championships Outstanding Field Performer** 

2022 Outdoor Track & Field

Indoor

#### BIG EAST Women's Field Athlete of the Week

January 29

2019 Outdoor April 29 2021 Outdoor April 26 2022 Outdoor April 25

| Michelle Bennett (continued) | Sammy Bockoven

Michelle Bennett

Michelle Bennett			Michelle Bennett (continued)   Sammy Bockoven	
NCAAC	CHAMPION		ECAC CHAMPION ALL-AMERICA HONORS	
Indoor	CHAMITION		Indoor Indoor	
1988	4x800 Meter Relay	8:34.05	1988 4x800 Meter Relay 8:41.73 2017 (2nd) DMR	12th
1989	4x800 Meter Relay	8:34.54	1988 DMR 11:37.66	12111
1990	4x800 Meter Relay	8:31.95	1990 500 Meters 1:11.65 <b>BIG EAST CHAMPION</b>	
1770	Dieses Weter Relay	0.01.70	Indoor	
AII.AN	MERICA HONORS			3:42.67
Indoor			1 4000	3:52.97
1988	4x800 Meter Relay	1st	1	1:37.53
1989	4x800 Meter Relay	1st	PENN RELAYS CHAMPION	
1989	800 Meters	5th	Championship of America Outdoor	
1990	4x800 Meter Relay	1st		3:50.10
1990	800 Meters	5th	1988 DMR 400 52.9	
1991	800 Meters	3rd	1989 4x800 Meter Relay Anchor 2:06.9 ALL-BIG EAST HONORS	
1991	4x800 Meter Relay	5th	1989 DMR 400 52.1 Indoor	
	-		1990 4x800 Meter Relay 2nd 2:06.7 2016 DMR	2nd
Outdoor			1990 DMR 400 52.0 2016 1000 Meters	3rd
1989	800 Meters	7th	1991 4x800 Meter Relay Anchor 2:05.6 2016 4x800 Meter Relay	3rd
1990	800 Meters	4th	1991 DMR 400 52.3 2017 4x800 Meter Relay	1st
1991	800 Meters	5th	2017 Mile	2nd
			BIG EAST HONORS 2019 4x800 Meter Relay	1st
BIG EAS	ST CHAMPION		BIG EAST Championships 2019 DMR	1st
Indoor			Outstanding Performer	
1989	500 Meters	1:11.48	1990 Indoor Track & Field <b>Outdoor</b>	
1990	500 Meters	1:11.28	2016 4x800 Meter Relay	3rd
1990	800 Meters	2:08.82	BIG EAST Championships 2018 4x800 Meter Relay	1st
1990	4x800 Meter Relay	8:37.85	Outstanding Performance 2019 4x800 Meter Relay	2nd
1991	500 Meters	1:10.81	1991 Indoor Track & Field	
1991	800 Meters	2:09.58	Cross Country	40.1
0.11			1989 Outdoor Track & Field 2016 (2nd) 6000 Meters	19th
Outdoor	4 400 M ( D 1	2.44.26	DENIN DEL ANGUALLO GETANG DENIN DEL ANG GUAN (DION)	
1988 1989	4x400 Meter Relay 200 Meters	3:44.36 24.31	PENN RELAYS WALL OF FAME PENN RELAYS CHAMPION	
1989	400 Meters	53.18	RELAYS Championship of America	
1991	800 Meters	2:06.57	Year Event Time Inducted Year Event Leg	Split
1991	4x800 Meter Relay	8:41.04	1988 DMR 10:48.38 1999 2016 4x1500 Meter Relay 2nd	4:22.7
1771	4x000 Weter Relay	0.11.01	INDIVIDUAL	
ALL-BIO	G EAST HONORS			
Indoor	0 2110 1 1101 (0110		Inducted 2013 Cardinal Spellman (N.Y.) High School '87  Mary Bohi	
1988	400 Meters	2nd	Villanava (01	
1988	4x400 Meter Relay	3rd	ALL-BIG EAST HONORS	
1989	500 Meters	1st	VILLANOVA UNIVERSITY Outdoor	
1990	500 Meters	1st	VARSITY CLUB HALL OF FAME  2014  400 Meter Hurdles	3rd
1990	800 Meters	1st	Class of 1991	
1990	4x800 Meter Relay	1st	T 1 . 1900¢	
1991	500 Meters	1st	Melinda Boykin	
1991	800 Meters	1st		
			Eva Marie Berardi ALL-BIG EAST HONORS	
Outdoor			Outdoor	
1988	4x400 Meter Relay	1st	2001 Shot Put	3rd
1988	400 Meters	2nd	ALL-BIG EAST HONORS   2002 Hammer	2nd
1988	200 Meters	3rd	Indoor 2002 Discus	3rd
1988	4x100 Meter Relay	3rd	1983 5000 Meters 3rd	
1989	200 Meters	1st		
1989	400 Meters	1st	Cross Country	
1989 1990	4x100 Meter Relay 400 Meters	3rd 2nd	1982 5000 Meters 12th	
1990	4x400 Meter Relay	2nd 3rd		
1990	800 Meters	1st		
1991	4x800 Meter Relay	1st		
1//1	1000 Michel Relay	151		

Cassy Br	adley		<b>Patty</b>	Bradley		Patty	y Bradley (cont	inued)	
BIG EAST	CHAMPION		ALL-AMERICA HONORS			EAST HONORS AST Championships			
1986	4x400 Meter Relay	3:52.02	Indoor 1983	Two Mile Rela	y 2no		anding Performer		
1987	DMR	11:32.37	1984	800 Meters	2nc		Outdoor Tracl	c & Field	
1707	Divino	11.02.07	1984	4x400 Meter R			Cutador Huch	C C I ICIC	
Outdoor					)		AST Championships		
1986	400 Meter Hurdles	1:02.51	Outdoor				nding Performance		
1986	4x400 Meter Relay	3:46.75	1983	400 Meter Hur	dles 5th		Outdoor Track	c & Field	
1987	400 Meter Hurdles	1:01.80	1983	800 Meters	7tł	1984	Outdoor Track	c & Field	
1987	4x400 Meter Relay	3:46.82	1984	400 Meter Hur	dles 3rd				
			1984	800 Meters	3rc	PENN	N RELAYS WALL	OF FAME	
ALL-BIG I	EAST HONORS					RELAY	YS		
Indoor			BIG EA	AST CHAMPION	V	Year	Event T	ime Induc	cted
1985	4x400 Meter Relay	2nd	Indoor			1984	DMR 1	0:53.97 2	2017
1986	4x400 Meter Relay	1st	1983	500 Meters	1:14.47	'			
1987	DMR	1st	1983	4x800 Meter R	elay 9:10.52	VILL	ANOVA UNIVE	RSITY	
							SITY CLUB HALI		
Outdoor			Outdoor			Class o		OI IIIIVIE	
1986	400 Meter Hurdles	1st	1983	100 Meter Hur		Inducte	ed 1993		
1986	4x400 Meter Relay	1st	1983	800 Meters	2:06.69	1	cu 1770		
1987	400 Meter Hurdles	1st	1983	Long Jump	5.78n				
1987	4x400 Meter Relay	1st	1983	4x100 Meter R		1 1 1 2 3 3 3	reen Breen		
			1983	4x400 Meter R	,	I ——	ileeli bleeli		
ECAC CH	AMPION		1984	100 Meter Hur			DIO E 1 CE 110 1 C	. D. C	
Indoor			1984	800 Meters	2:05.22	1	BIG EAST HONG	ORS	
1986	4x800 Meter Relay	8:57.19	1984	Long Jump	5.92m	1 1114001			
1987	DMR	11:28.75	1984	4x400 Meter R	elay 3:45.72	1986	3000 Meters		2nd
Outdoor 1986	4x800 Meter Relay	8:57.0	Indoor 1983	IG EAST HONC	1s	Nico	ole Bridgwood		
			1983	4x800 Meter R	2	Ι ΔΙΙ-	BIG EAST HONG	ORS	
			1983	50 Meter Hurc				NO	
			1984	55 Meter Hurc		2002	DMR		3rd
			1984	500 Meters	2nc	2004	DMR		3rd
			1984	4x800 Meter R	•	•			
			1984	Long Jump	3rc	•			
			Outdoor 1983	100 Meter Hur	dles 1s	1 <u>~</u>	litra Brown		
			1983	800 Meters	uics 1s		DIC EACT HOME	ND C	
			1983	Long Jump	1s	.   ALL-	BIG EAST HONO	NS	
			1983	4x100 Meter R		Indoor		,	0 1
			1983	4x400 Meter R		4010	DMR		2nd
			1984	100 Meter Hur					
			1984	800 Meters	1s	1			
			1984	Long Jump	1s	:			
			1984	4x400 Meter R	elay 1s	:			
			1984	4x100 Meter R	elay 2nd				
			ECAC	CHAMPION					
			Indoor						
			1984	800 Meters	2:07.33	•			
			Outdoor	400					
			1984	100 Meter Hur	dles 14.02				
				RELAYS CHAM	IPION				
				onship of America	Log C=1:	.			
				<u>Event</u> DMR	<u>Leg</u> <u>Spli</u> 800 2:01.3				

2:01.3

1984

**DMR** 

Vickie Brown			Bella	Burda		Danielle Burns			
ALL-AMI	ERICA HONORS		NCAA	MID-ATLANTIC CHA	MPION	BIG EAS	T CHAMPION		
Indoor			2017	Cross Country	20:01.5	Indoor			
1983	Two Mile Relay	2nd				2018	4x400 Meter Relay	3:42.01	
			1	MID ATLANTIC REG					
	Γ CHAMPION		2015	Cross Country	22nd	Outdoor	4400 Matau Dalaa	2.44.24	
Indoor	4 000 M . D 1	0.40.50	2016	Cross Country	17th	2017 2019	4x400 Meter Relay 4x100 Meter Relay	3:44.34 46.42	
1983	4x800 Meter Relay	9:10.52	2017	Cross Country	1st	2019	400 Meter Hurdles	1:00.73	
1983 1985	DMR DMR	11:42.79 11:50.1				2021	4x400 Meter Relay	3:38.86	
1905	DWIK	11.50.1	1	AST CHAMPION			,		
Outdoor			Outdoo			ALL-BIG	EAST HONORS		
1983	1500 Meters	4:28.24	2017	5000 Meters	17:51.92	Indoor			
			ATT 1	BIG EAST HONORS		2018	4x400 Meter Relay	1st	
<b>ALL-BIG</b>	EAST HONORS		1	DIG EAST HONORS		2018	60 Meter Hurdles	2nd	
Indoor			Indoor 2017	5000 Meters	2nd	2019	60 Meter Hurdles	2nd	
1983	4x800 Meter Relay	1st	2017	3000 Meters	3rd				
1983	DMR	1st	2017	5000 Meters	3rd	Outdoor	4 400 M ( D 1	1.	
1985	DMR	1st	2010	5000 Weters	514	2017 2017	4x400 Meter Relay	1st	
			Outdoo	or		2017	100 Meter Hurdles 100 Meter Hurdles	3rd 2nd	
Outdoor	450036	4.	2016	5000 Meters	2nd	2018	400 Meter Hurdles	2nd 3rd	
1983	1500 Meters	1st	2017	5000 Meters	1st	2018	4x400 Meter Relay	3rd	
C C			2018	10000 Meters	2nd	2019	100 Meter Hurdles	2nd	
Cross Count 1982	5000 Meters	7th	2019	10000 Meters	3rd	2019	400 Meter Hurdles	3rd	
1984	5000 Meters	6th				2019	4x100 Meter Relay	1st	
1704	Jood Wieters	Oth	Cross C			2021	400 Meter Hurdles	1st	
			2015	6000 Meters	4th	2021	4x100 Meter Relay	3rd	
Shannor	n Browne		2016	6000 Meters	9th	2021	4x400 Meter Relay	1st	
Sitalifio	ii biowiie		2017	6000 Meters	3rd				
DICEACT	CII A MDIONI		2018 (2)	nd) 6000 Meters	16th				
	T CHAMPION		DENIN	RELAYS CHAMPIO	NT.	Sherian	Byam		
Indoor	4 000 M ( D 1	0.40.00			11				
2011	4x800 Meter Relay	8:42.88		ionship of America	Cnlit	ALL-BIG	EAST HONORS		
ALL DIC	EACT HONODO		<u>Year</u> 2016	Event Leg 4x1500 Meter Relay 1st	<u>Split</u> 4:29.7	Outdoor			
	EAST HONORS		2017	4x1500 Meter Relay 1st	4:23.8	2004	100 Meter Hurdles	2nd	
Indoor	4000 M-t D-1	1-1	2017	4X1500 Weter Keray 1st	4.55.6				
2011	4x800 Meter Relay	1st	LISTE	CCCA HONORS					
Outdoor				lantic Region Athlete of the	Voor	Sofia Ca	alabrese		
2010	4x800 Meter Relay	3rd	2017	Cross Country	. I Cai				
2010	mood meter relay	010		Gress Country		ALL-BIG	EAST HONORS		
			BIGF	AST HONORS		Indoor	LIIOI HOIVORO		
				ST Female Athlete of the W	leek	2017	Pentathlon	3rd	
			2017	Cross Country	October 17	2019	Pentathlon	2nd	
						Outdoor			
			Oliv	e Burke		2016	High Jump	3rd	
			RICE	AST CHAMPION					
			Indoor	ASI CHAMITON					
			1988	55 Meter Hurdles	7.99				
			1,500	oo meter maranes	1.22	1			
			AT.T1	BIG EAST HONORS		1			
			Indoor			1			
			1988	55 Meter Hurdles	1st	1			
			1,500	oo meter maranes	131	1			
			Outdoo	or		1			
			1988	4x100 Meter Relay	3rd	1			
			1	,		1			

#### ALL-MID ATLANTIC REGION

Cross Country 4th

#### **BIG EAST CHAMPION**

Indoor

DMR 11:37.53 2019

#### **ALL-BIG EAST HONORS**

Indoor

2019 DMR 1st

Outdoor

2017 5000 Meters 2nd 2018 1500 Meters 3rd

**Cross Country** 

2018 6000 Meters 8th 2019 6000 Meters 3rd

#### **Dolores Carapella**

#### ALL-BIG EAST HONORS

Outdoor

1986 10000 Meters 2nd 1986 5000 Meters 3rd 1987 10000 Meters 3rd

Cross Country

1986 5000 Meters 10th

#### **Margaret Carroll**

#### **ALL-BIG EAST HONORS**

Indoor

2024 DMR 3rd 2025 **DMR** 2nd

Outdoor

2025 10000 Meters 3rd

**Cross Country** 

2024 (2nd) 6000 Meters 19th

#### **Tracey Carter**

#### **BIG EAST CHAMPION**

Indoor

1983 400 Meters 56.64 1983 3:52.66 4x400 Meter Relay

Outdoor

47.38 1983 4x100 Meter Relay

#### ALL-BIG EAST HONORS

Indoor

1983 400 Meters 1st 1983 4x400 Meter Relay 1st

Outdoor

1983 4x100 Meter Relay 1st 1983 400 Meters 2nd

#### Megan Ceppetelli

#### ALL-BIG EAST HONORS

Indoor

1989 DMR 2nd 1990 4x400 Meter Relay 3rd

Outdoor

1989 4x100 Meter Relay 3rd 1990 4x400 Meter Relay 3rd

#### ECAC CHAMPION

Indoor

1990 4x800 Meter Relay 8:47.60

#### Kim Certain

#### NCAA CHAMPION

Indoor

1989 4x800 Meter Relay 8:34.54 1990 4x800 Meter Relay 8:31.95

#### **ALL-AMERICA HONORS**

Indoor

1989 4x800 Meter Relay 1st 1990 4x800 Meter Relay 1st

Outdoor

1989 1500 Meters 4th

#### **BIG EAST CHAMPION**

Indoor

1989 4x800 Meter Relay 8:48.45 1990 1000 Meters 2:48.01

Outdoor

1989 9:07.76 4x800 Meter Relay

#### **ALL-BIG EAST HONORS**

Indoor

1989 4x800 Meter Relay 1st 1000 Meters 1989 2nd 1990 1000 Meters 1st 1990 Mile 3rd 1990 4x400 Meter Relay 3rd

Outdoor

1989 4x800 Meter Relay 1st 1989 800 Meters 2nd

Cross Country

5000 Meters 6th 1988 1989 5000 Meters 7th

#### **ECAC CHAMPION**

Indoor

1990 4x800 Meter Relay 8:47.60

#### PENN RELAYS CHAMPION

Championship of America

Event Split Year <u>Leg</u> 1989 4x800 Meter Relay 3rd 2:06.0

#### **OLYMPIAN** (Antigua)

**Year** Location 1996 Atlanta

#### Courtney Chapman

#### **ALL-BIG EAST HONORS**

Indoor

2012 **DMR** 2nd

Kaley	Ciluffo		Roschel	1 Clayton	
	MERICA HONORS		l	ERICA HONOI	RS
Indoor 2017 (2nd	) DMR	12th	Indoor 2024	High Jump	tie-6th
ALL-M	IID ATLANTIC REGIO	)N	Outdoor		
2017	Cross Country	13th	2023 (2nd) 2024	High Jump High Jimp	tie-14th tie-5th
BIG EA	AST CHAMPION				
Indoor				T CHAMPION	
2017	4x800 Meter Relay	8:42.67	Indoor	TT: 1 T	1.05
2017	DMR	11:01.14	2024	High Jump	1.85m
2018	4x800 Meter Relay	8:44.25	2025	High Jump	1.82m
2018	DMR	11:33.68	Outdoor		
Outdoor			2023	High Jump	1.78m
2018	4x800 Meter Relay	8:50.10	2024	High Jump	1.81m
ALL-B	IG EAST HONORS		ALL-BIG	EAST HONOR	S
Indoor			Indoor		
2017	4x800 Meter Relay	1st	2024	High Jump	1st
2017	DMR	1st	2025	High Jumps	1st
2017	800 Meters	2nd			
2018 2018	4x800 Meter Relay DMR	1st	Outdoor		
2018	Mile	1st 2nd	2021	High Jump	tie-3rd
2016	wine	2110	2023	High Jump	1st
Outdoor			2024	High Jump	1st
2017	4x800 Meter Relay	2nd			
2018	4x800 Meter Relay	1st	PENN RE	LAYS CHAMP	ION
2018	1500 Meters	2nd		Championships	1011
			2021	High Jump	1.83 Meters
Cross Co	ountry		2021	riigii juilip	1.00 WICKETS
2017	6000 Meters	7th			
PFNN	RELAYS CHAMPION		BIG EAS	T HONORS	
	onship of America			Championships	
•	Event Leg	Split	Outstanding Field Performer		
	4x1500 Meter Relay 2nd	4:24.2	2025	Indoor Track & I	Field
2010	2.1000 Meter Resul	1,21,2		Nomen's Field Athl	
			2024	Indoor	January 15
			2024	Indoor Indoor	January 29
			2024 2025	Indoor	February 11 February 3
			2023	maoor	rebruary 5
			2024	Outdoor	April 10
			Niki Cl	eary	
			ALL-BIG	EAST HONOR	S
			Outdoor		
			2018	Heptathlon	3rd

Siofra C	leirigh Buttner		Siofra Cleirigh Buttner (continued)   Holly Cosnett
ALL-AME	RICA HONORS		PENN RELAYS CHAMPION Championship of America  BIG EAST CHAMPION Indoor
2015 (HM)	DMR	DQ	Year     Event     Leg     Split     2003     4x800 Meter Relay     8:54.61
2016 (2nd)	800 Meters	9th	2015 4x800 Meter Relay 3rd 2:07.83
2017	Mile	8th	2015 DMR 800 2:09.91 <b>Outdoor</b>
2018	800 Meters	2nd	2016
			2017   4x800 Meter Relay   Anchor   2:04.10   2005   4x800 Meter Relay   8:47.87
Outdoor			2017 DMR 800 2:05.78
2016 (2nd)	800 Meters	10th	2017 4x1500 Meter Relay Anchor 4:11.6 ALL-BIG EAST HONORS
2017 (HM)	800 Meters	20th	2018 4x800 Meter Relay Anchor 2:02.63 Indoor
2018	800 Meters	4th	2018 DMR Anchor 4:36.09 2003 4x800 Meter Relay 1st
	A TOTAL A DESCRIPTION OF COLUMN	ON.	2004 4x800 Meter Relay 3rd
	ATLANTIC REGI		USTFCCCA HONORS
2014	Cross Country	17th	Mid-Atlantic Region Track Athlete of the Year Outdoor
2015	Cross Country	17th	2017 Outdoor Track & Field 2002 4x800 Meter Relay 3rd
2016	Cross Country	7th	2003 4x800 Meter Relay 1st
			BIG EAST HONORS 2005 4x800 Meter Relay 1st
BIG EAST	CHAMPION		BIG EAST Championships
Indoor			Outstanding Track Performer
2015	4x800 Meter Relay	8:33.94	2017 Indoor Track & Field Malaika Cunningham
2017	800 Meters	2:06.63	2018 Indoor Track & Field
2017	4x400 Meter Relay	3:42.06	BIG EAST CHAMPION
2017	DMR	11:01.14	BIG EAST Women's Track Athlete of the Week   Outdoor
2018	800 Meters	2:03.89	2017 Indoor January 31 2025 High Jump 1.75m
2018	4x400 Meter Relay	3:42.01	2017 Indoor February 14
0.11			2018 Indoor January 30 ALL-BIG EAST HONORS
Outdoor	000 M-t	2.06.82	
2016	800 Meters	2:06.82	2017 Outdoor May 3 Indoor 2025 High Jump 2nd
2017	1500 Meters	4:28.17	0 , 1
2017 2018	4x400 Meter Relay 800 Meters	3:44.34 2:05.52	BIG EAST Female Athlete of the Week 2014 Cross Country October 7 Outdoor
2016	oud Meters	2.03.32	2014 Cross Country October 7 Outdoor 2024 High Jump 2nd
ALL RIC	EAST HONORS		PHILADELHIA HONORS
Indoor	LAST HONORS		Philadelphia Sports Writers Association 2025 High Jump 1st
2015	4x800 Meter Relay	1st	Frank Dolson Penn Relays Award
2015	1000 Meters	2nd	January 15, 2018
2016	DMR	2nd	Kia Davis
2017	800 Meters	1st	OLYMPIAN (Ireland)
2017	4x400 Meter Relay	1st	Year Location Events BIG EAST CHAMPION
2017	DMR	1st	1 2020 FI 1
2018	800 Meters	1st	Cutador
2018	4x400 Meter Relay	1st	1996 4x400 Meter Relay 3:41.45
	,		Summer Cook ALL-BIG EAST HONORS
Outdoor			
2015	1500 Meters	2nd	Indoor 1997 4x400 Meter Relay 2nd
2015	4x400 Meter Relay	3rd	THEE WILD THE REGION
2016	800 Meters	1st	2012 Cross Country 14th
2016	4x800 Meter Relay	3rd	Outdoor 1996 4x400 Meter Relay 1st
2017	1500 Meters	1st	I ALL DIC EACT LICKIODE
2017	4x400 Meter Relay	1st	ALL-DIG EAST HONORS
2018	800 Meters	1st	2012 6000 Meters 14th
2018	4x400 Meter Relay	3rd	
6 6 6			OLYMPIAN (United States)
Cross Counti		40.1	Year Location Events
2014	6000 Meters	12th	2020 Tokyo Triathlon
2015	6000 Meters	9th	
2016	6000 Meters	2nd	
2017 (2nd)	6000 Meters	18th	

#### Rebecca Del Rossi

#### **BIG EAST CHAMPION**

Indoor

2017 4x800 Meter Relay 8:42.67

#### **ALL-BIG EAST HONORS**

Indoor

2016 4x800 Meter Relay 3rd 2017 4x800 Meter Relay 1st

Outdoor

2016 4x800 Meter Relay 2017 4x800 Meter Relay

#### Michelle DiMuro

#### NCAA CHAMPION

Indoor 1987 4x800 Meter Relay 8:24.72 1988 4x800 Meter Relay 8:34.05 1989 4x800 Meter Relay 8:34.54

#### **ALL-AMERICA HONORS**

Indoor

3rd

2nd

1986 4x800 Meter Relay 2nd 1987 4x800 Meter Relay 1st 1988 4x800 Meter Relay 1st 1988 800 Meters 3rd 1989 4x800 Meter Relay 1st 1989 800 Meters 4th

Outdoor

1989 1500 Meters 8th

#### **BIG EAST CHAMPION**

Indoor 1986

1988 800 Meters 2:06.91 1989 2:10.27 800 Meters Outdoor 4x400 Meter Relay 1986 3:46.75 4x400 Meter Relay 1986 3:46.82 1988 4x400 Meter Relay 3:44.36

4x400 Meter Relay

#### ALL-BIG EAST HONORS

800 Meters

Indoor

1989

1986 4x400 Meter Relay 1st 1986 **DMR** 2nd 1986 1000 Meters 3rd 1987 1000 Meters 2nd 1988 800 Meters 1st 1988 500 Meters 3rd 4x400 Meter Relay 1988 3rd 1989 800 Meters 1st

Outdoor 1986 4x400 Meter Relay 1st 1987 4x400 Meter Relay 1st 1987 800 Meters 3rd 1988 4x400 Meter Relay 1st 1988 800 Meters 2nd 1989 800 Meters 1st 1989 4x100 Meter Relay 3rd

#### Cross Country

5000 Meters 1989 9th

#### **ECAC CHAMPION**

Indoor

4x800 Meter Relay 1986 8:57.19 1986 **DMR** 11:38.85 1988 4x800 Meter Relay 8:41.73

Outdoor

1986 4x800 Meter Relay

#### Michelle DiMuro (continued)

#### PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<b>Event</b>	Leg	<u>Split</u>
1988	4x800 Meter Relay	3rd	2:04.3
1989	4x800 Meter Relay	1st	2:08.6
1989	DMR	800	2:07.5
1989	4x1500 Meter Relay	1st	4:26.3

#### **BIG EAST HONORS**

**BIG EAST Championships Outstanding Performance** 

Indoor Track & Field

#### VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1989 Inducted 2001

#### Faith Dismuke

#### ALL-BIG EAST HONORS

Indoor

3:52.02

2:08.97

8:57.0

2012 **DMR** 2nd

#### Gloria Donou

#### ALL-BIG EAST HONORS

Indoor 2020

Triple Jump 3rd

Outdoor

2019 Triple Jump 3rd

#### Maya Dorer

#### ALL-BIG EAST HONORS

Indoor

2023 800 Meters 3rd 2023 4x800 Meter Relay 3rd

Outdoor

2022 800 Meters 2nd

#### **Ellen Dougherty**

2010

2010

BIG EAST CHAMPION							
Indoor 2007	4x800 Meter Relay	8:49.04					
Outdoor 2006	4x800 Meter Relay	8:38.88					
ALL-BIG	EAST HONORS						
Indoor							
2006	4x800 Meter Relay	3rd					
2007	4x800 Meter Relay	1st					
2007	1000 Meters	2nd					
2008	4x800 Meter Relay	2nd					
2008	1000 Meters	3rd					
Outdoor							
2006	4x800 Meter Relay	1st					
2007	4x800 Meter Relay	2nd					
2009	4x800 Meter Relay	3rd					

1500 Meters

4x800 Meter Relay

#### Carmen Douma

NCAA CI	HAMPION	
1998	Mile	4:37.74
2000	Mile	4:39.91
2000	wine	4.59.91
Outdoor		
1998	1500 Meters	4:16.04
ALL-AMI	ERICA HONORS	
Indoor		
1997	DMR	7th
1998	Mile	1st
2000	Mile	1st
Outdoor		
1998	1500 Meters	1st
1999	1500 Meters	6th
2000	1500 Meters	2nd
Cross Count	ry	
1997	5000 Meters	6th
1998	5000 Meters	21st
1999	5000 Meters	24th

#### NCAA DISTRICT II CHAMPION

1999 Cross Country

3rd

3rd

#### BIG EAST CHAMPION

BIG EAST	CHAMPION	
Indoor		
1997	4x800 Meter Relay	8:49.32
1997	DMR	11:23.40
1998	1000 Meters	2:48.22
1998	4x800 Meter Relay	9:00.76
1998	DMR	11:28.67
2000	Mile	4:45.74
Outdoor		
1997	4x800 Meter Relay	8:52.11
1998	1500 Meters	4:20.97
2000	1500 Meters	4:22.67
Cross Countr	y	
1999	5000 Meters	17:20

#### **Carmen Douma (continued)**

ALL-BI	G EAST HONORS	
Indoor		
1997	4x800 Meter Relay	1st
1997	DMR	1st
1998	1000 Meters	1st
1998	4x800 Meter Relay	1st
1998	DMR	1st
1998	Mile	3rd
2000	Mile	1st
2000	1000 Meters	2nd
2000	4x800 Meter Relay	2nd
Outdoor		
1997	4x800 Meter Relay	1st
1998	1500 Meters	1st
1998	800 Meters	2nd
1998	4x800 Meter Relay	3rd
1999	1500 Meters	2nd
2000	1500 Meters	1st
Cross Cou	ıntry	
1996	5000 Meters	8th
1997	5000 Meters	2nd
1999	5000 Meters	1st

#### **ECAC CHAMPION**

1998

Indoor 1998 2000	Mile 800 Meters	4:37.36 2:08.47
Outdoor		

4:18.94

#### PENN RELAYS CHAMPION

1500 Meters

Championship of America								
Year	<b>Event</b>	Leg	<u>Split</u>					
1997	4x800 Meter Relay	3rd	2:11.4					
1997	4x1500 Meter Relay	1st	4:27.0					
2000	4x1500 Meter Relay	Anchor	4:21.2					

#### **OLYMPIAN** (Canada)

<u>Year</u>	Location	Events
2004	Athens	1500

### VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 2000 Inducted 2015

### VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1996-00 Inducted October 23, 2006

**Kate Fonshell** 

1996

Class of 1991

Inducted 2007

Atlanta

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

10000

**Nancy Fleming** 

**Elaine Duck** 

**ALL-MID ATLANTIC REGION** 

6000 Meters

6000 Meters

**ALL-BIG EAST HONORS** 

Cross Country

Cross Country

23rd

20th

18th

20th

2016

**Cross Country** 

2016 (2nd)

2017 (2nd)

2017

BIG EAS	Γ CHAMPION		BIG EAST CHAMPION Indoor			ALL-AMERICA HONOR			RS
1988	4x800 Meter Relay	9:04.17	1983	4x800 Me	ter Relay	9:10.52	Outdoor 1990	5000 Meters	8th
ALL-BIG Outdoor	EAST HONORS		ALL-B	ALL-BIG EAST HONORS Indoor			Cross Coun	ntry 5000 Meters	25th
1988	4x800 Meter Relay	1st	1983 1983	4x800 Me 1000 Mete		1st 2nd	BIG EAS	T CHAMPION	
Ashley 1	Dunbar		Outdooi 1983	r 1500 Mete	awa.	3rd	1990	5000 Meters	16:35.54
BIG EAS	Г CHAMPION		1903	1300 Mete	15	Siu	Outdoor 1990	10000 Meters	33:51.96
Indoor 2011	DMR	11:16.72	Tiera	Fletcher			ALL-BIG	EAST HONOR	S
				MEDICATIO	NIODC		Indoor	LIBI HONON	.5
	EAST HONORS		1	MERICA HO	DNOR5		1990	5000 Meters	1st
Indoor	DIAD	4.	Indoor 2004	DMR		4th	1990	3000 Meters	2nd
2011	DMR	1st	2005	DMR		2nd	1992	5000 Meters	2nd
			2006	DMR		6th	0.11		
Kriston	Erickson						Outdoor 1989	10000 Meters	2nd
Kiisteii	LIICKSUII		ALL-B	IG EAST HO	NORS		1989	5000 Meters	3rd
ALL DIC	EAST HONORS		Outdoor	r			1990	10000 Meters	1st
	EAST HUNUKS		2007	4x400 Me	ter Relay	3rd	1990	5000 Meters	2nd
Indoor 2017	Shot Put	3rd					1992	3000 Meters	3rd
2017	Shot I ut	Siu	1	RELAYS CH					
Outdoor				onship of Ameri			Cross Coun	,	
2016	Shot Put	2nd	<u>Year</u>	Event	Leg	Split 52.0	1989	5000 Meters	14th
			2006	DMR	400	53.9	1990	5000 Meters	3rd
Michell	e Ezzie			T21			1	HAMPION	
1111111111	C LLLIC		<u>Mega</u>	n Flowers			Outdoor	E000 3.5 ·	4.4
AII_BIG	EAST HONORS						1990	5000 Meters	16:16.63
Indoor	LIIOI HOIVONS		1	IG EAST HO	NORS		Cross Coun	itry	
2003	Pole Vault	2nd	Outdoor				1989 (U)	5000 Meters	17:54.0
2004	Pole Vault	2nd	1993	3000 Mete	ers	2nd	1505 (4)	000011101010	17.10.110
			Cross Co	and the same			(U) = Unive	ersity Division	
Outdoor			1992	5000 Mete	ers	7th			
2002	Pole Vault	3rd	1//2	Jood Wick	.10	7 (11	PENN RI	ELAYS CHAMP	ION
2003	Pole Vault	3rd	PENN	<b>RELAYS CH</b>	AMPION		Champions	ship of America	
2004	Pole Vault	3rd	1	onship of Ameri					eg <u>Split</u>
			Year	Event	Leg	<u>Split</u>	1992 4x	1500 Meter Relay 31	rd 4:27.6
Katie Fi	chor		1993	4x1500 Meter Re		4:26.8	OLVAR	ANI /IImit - 1 Cc -	١١
Natie I'i	31161						1	AN (United Stat	•
	ATT ANTEGREE	ON					Year L	<u>ocation</u>	Events

#### Samantha Francis

#### **BIG EAST CHAMPION**

Outdoor

2012 Triple Jump 12.61m

#### **ALL-BIG EAST HONORS**

Indoor

2013 Triple Jump 3rd 2015 Triple Jump 3rd

Outdoor

2012 Triple Jump 1st 2015 Triple Jump 2nd 2015 Long Jump 3rd

#### **Dominique Franco**

#### **ALL-BIG EAST HONORS**

Outdoor

2018 Pole Vault 3rd

#### **Kathy Francy**

#### **ALL-AMERICA HONORS**

Indoor

1987 Mile 6th 1988 Mile 2nd Outdoor 3000 Meters 1988 7th

1990

1500 Meters 1990 3000 Meters

Cross Country

5000 Meters 1989

#### **BIG EAST CHAMPION**

Indoor

1987 **DMR** 11:32.37 1988 4:44.96 Mile 4x800 Meter Relay 1988 8:49.59 1989 4x800 Meter Relay 8:48.45

Outdoor

1987 4x800 Meter Relay 8:53.33 1989 1500 Meters 4:20.74 1990 1500 Meters 4:23.82 1990 5000 Meters 16:27.04

#### ALL-BIG EAST HONORS

Indoor

1987 DMR 1st 1987 1500 Meters 2nd 1987 3000 Meters 2nd 1988 Mile 1st 1988 4x800 Meter Relay 1st 1988 3000 Meters 2nd 4x800 Meter Relay 1989 1st 1989 Mile 2nd 1989 3000 Meters 2nd

Outdoor 1987 4x800 Meter Relay 1st 1987 1500 Meters 2nd 1987 3000 Meters 2nd 1988 1500 Meters 2nd 1988 3000 Meters 3rd 1989 1500 Meters 1st 1989 3000 Meters 2nd 1989 5000 Meters 2nd 1990 1500 Meters 1st 1990 5000 Meters 1st 3000 Meters 1990 2nd

**Cross Country** 

5000 Meters 12th 1985 1987 5000 Meters 3rd 1989 5000 Meters 4th

#### Kathy Franey (continued)

#### **ECAC CHAMPION**

Indoor

1986 DMR 11:38.85 1987 11:28.75 **DMR** 1988 1000 Meters 2:45.92 Outdoor 1989 4:14.73

5th

6th

12th

1500 Meters 1990 1500 Meters 4:15.4

#### PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	Event	Leg	Split
1988	4x800 Meter Relay	1st	2:09.2
1988	DMR	1200	3:20.9
1989	DMR	1200	3:22.2
1989	4x1500 Meter Relay	3rd	4:21.3
1990	4x800 Meter Relay	Anchor	2:06.7
1990	DMR	Anchor	4:32.8
1990	4x1500 Meter Relay	Anchor	4:17.2

#### **BIG EAST HONORS**

**BIG EAST Championships** 

**Outstanding Performer** 

Outdoor Track & Field

### PENN RELAYS WALL OF FAME

**RELAYS** 

**Inducted** Year **Event Time** 10:48.38 1999 **DMR** 1990 4x1500 Relay 17:18.10 2000

#### **INDIVIDUAL**

**Inducted 2006** 

Massapequa (N.Y.) High School '85 Villanova '90

Reebok '84

#### VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1989 Inducted 2005

#### **Abigail Freitag**

#### **ALL-BIG EAST HONORS**

Outdoor 2015

Javelin

3rd

#### **Grayce French**

#### **BIG EAST CHAMPION**

Outdoor

2021 52.35m Discus

#### **ALL-BIG EAST HONORS**

Outdoor

Discus 2021 1st 2021 Shot Put 2nd

Colleen	Gallagher		Christin	ne Gentile	
	ERICA HONORS			ERICA HONORS	
Indoor 1984	4x800 Meter Relay	3rd	Indoor 1992	4x800 Meter Relay	4th
BIG EAST	CHAMPION		Outdoor 1992	1500 Meters	9th
1984	3000 Meters	9:52.58			
1987	DMR	11:32.37	BIG EAS Indoor	T CHAMPION	
Outdoor			1992	4x800 Meter Relay	8:39.81
1983	4x800 Meter Relay	9:09.38	1992	DMR	11:25.91
1984	4x800 Meter Relay	9:00.00	1993	4x400 Meter Relay	3:42.00
1987	4x800 Meter Relay	8:53.33	1993	4x800 Meter Relay	8:53.27
ALL DIC	EACT HONODO		1993	DMR	11:38.36
	EAST HONORS		Outdoor		
Indoor	2000 M /	1.	1991	4x800 Meter Relay	8:41.04
1984	3000 Meters	1st	1771	4x000 Weter Kelay	0.41.04
1984	1000 Meters	3rd	ALLBIC	EAST HONORS	
1987 1987	DMR 1000 Meters	1st 3rd	Indoor	EAST HONORS	
1907	1000 Meters	Sru	1992	4x800 Meter Relay	1st
Outdoor			1992	DMR	1st
1983	4x800 Meter Relay	1st	1992	800 Meters	3rd
1984	4x800 Meter Relay	1st	1993	4x400 Meter Relay	1st
1987	4x800 Meter Relay	1st	1993	4x800 Meter Relay	1st
			1993	DMR	1st
Cross Count	ry		1993	1000 Meters	3rd
1983	5000 Meters	11th			
			Outdoor		
ECAC CH	AMPION		1991	4x800 Meter Relay	1st
Indoor					
1984	4x800 Meter Relay	8:50.28	Cross Coun 1991	5000 Meters	13th
Outdoor					
1984	4x800 Meter Relay	8:55.24	PENN RI	ELAYS CHAMPION	
				ship of America	
				ent <u>Leg</u>	<u>Split</u>
Emily G	alvin		1992 4x1	1500 Meter Relay 1st	4:24.7
ALL-BIG	EAST HONORS		Flizabe	th Gesel	
Outdoor				11 JC5C1	
2022	Hammer	3rd			
			ALL-MII	O ATLANTIC REGIO	N
	- 11		2002	Cross Country	18th
Ariana (	Sardizy		2003	Cross Country	10th
'			2004	Cross Country	15th
ALL-BIG Outdoor	EAST HONORS		BIG EAS	T CHAMPION	
2023	10000 Meters	2nd	Outdoor 2008	3000 Meter Steeplechase	e 10:17.12
			ALL-BIG	EAST HONORS	
			Outdoor		
			2007	3000 Meter Steeplechase	
			2008	3000 Meter Steeplechase	e 1st
			I		

Cheri (	Goddard		Cheri Go	oddard (continu	ied)
ALL-AN Indoor 1991 1992 1992 1993	3000 Meters 3000 Meters 3000 Meters 4x800 Meter Relay Mile	2nd 4th 4th 2nd	Championsh           Year         Ever           1990         4x15           1991         DMI           1992         4x15	600 Meter Relay 3rd	<u>Split</u> 4:21.6 2:12.2
Outdoor 1990 1991 1992 Cross Cou 1990 1992	3000 Meters 3000 Meters 3000 Meters  ntry 5000 Meters 5000 Meters	7th 3rd 2nd 28th 7th	1993 4x15  PENN RE  RELAYS  Year Ever  1990 4x15  VILLANC	500 Meter Relay Ancho	AME Inducted 2000
Indoor 1990 1990 1991 1992 1993 1993 1993 Outdoor	4x800 Meter Relay DMR 4x800 Meter Relay Mile 4x800 Meter Relay Mile 3000 Meters	8:37.85 11:29.55 8:37.02 4:46.64 8:39.81 4:42.53 9:26.38			7th
1991 1993	4x800 Meter Relay 1500 Meters G EAST HONORS	8:41.04 4:25.55	Cross Counti 1998	5000 Meters	12th
Indoor 1990 1990	4x800 Meter Relay DMR	1st 1st	Indoor 1999	EAST HONORS 5000 Meters	2nd
1991 1991 1992 1992	4x800 Meter Relay 1000 Meters Mile 4x800 Meter Relay	1st 3rd 1st 1st	Outdoor 1999	10000 Meters	2nd
1992 1992 1993 1993	3000 Meters Mile 3000 Meters	2nd 1st 1st	Cross Countr 1998	5000 Meters	6th
Outdoor 1990	4x800 Meter Relay	2nd	Cuyler C	Goodwin RICA HONORS	
1990 1990 1991 1991 1992	1500 Meters 3000 Meters 4x800 Meter Relay 1500 Meters 1500 Meters	3rd 3rd 1st 3rd 2nd	Indoor 1996 BIG EAST	DMR CHAMPION	2nd
1993 1993 1993	1500 Meters 3000 Meters 4x800 Meter Relay	1st 3rd 3rd	Indoor 1996 Outdoor	DMR	11:24.44
Cross Cou 1989 1990 1991 1992	5000 Meters 5000 Meters 5000 Meters 5000 Meters 5000 Meters	5th 4th 5th 4th	1996	4x400 Meter Relay  EAST HONORS  DMR	3:41.45 1st
			Outdoor 1996	4x400 Meter Relay	1st

1987

1987

800 Meters

1500 Meters

2nd

3rd

Debbie (	Grant		Deb	bie Gi	rant (con	tinued)	)	Mak	alia	Griffith		
NCAA CH	IAMPION		ECAC Indoor		MPION			ALL-I		EAST HONOR	S	
1985	4x800 Meter Relay	8:33.60	1985		500 Meters		1:12.05	2007	,1	4x400 Meter Rela	v	3rd
1987	4x800 Meter Relay	8:24.72	1986		800 Meters		2:06.65	2008		4x400 Meter Rela		3rd
			1987		800 Meters		2:05.48	2009		4x400 Meter Rela		3rd
ALL-AME	RICA HONORS										9	
Indoor	MC1111011011		Outdo	or								
1984	4x400 Meter Relay	5th	1984	4	400 Meter Hu	rdles	58.37	Tam	ieka	Grizzle		
1985	4x800 Meter Relay	1st	1986	4	4x800 Meter F	Relay	8:57.0	1		CITELIC		
1985	800 Meters	4th						ATT	A 18 // 17:1	RICA HONOR	C	
1986	4x800 Meter Relay	2nd	PENI	N RELA	YS CHAN	<b>IPION</b>		I		NICA HUNUN	.5	
1987	4x800 Meter Relay	1st	Chami	oionship	of America			Indoor 1997		DMD		7th
	•		Year 1	Event		Leg	<u>Split</u>	1997		DMR		/tn
Outdoor			1985	4x800 N	Meter Relay	2nd	2:06.4	DIC I	ACT	CITAMBION		
1986	800 Meters	7th	1987	DMR	_	800	2:04.6	1	ASI	CHAMPION		
1987	800 Meters	3rd						Indoor		00034		2 00 6
1987	1500 Meters	7th	BIG I	EAST E	IONORS			1997		800 Meters		2:08.65
			BIG E	AST Cha	mpionships			1998		4x800 Meter Rela	У	9:00.76
BIG EAST	CHAMPION			nding Pe				1998		DMR		11:28.67
Indoor			1986	I	Indoor Track	& Field			отс т	ACTHONOD	C	
1984	500 Meters	1:12.72						1		EAST HONOR	5	
1984	4x400 Meter Relay	3:49.88	VILL	<b>ANOV</b>	A UNIVE	RSITY		Indoor		00034		
1985	500 Meters	1:14.32	VAR	SITY C	LUB HAL	LOF FA	ME	1997		800 Meters		1st
1986	400 Meters	56.31	Class		LUD III IL	D 01 171	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	1997		4x400 Meter Rela		2nd
1986	800 Meters	2:09.49	ı	ed 1997				1998		4x800 Meter Rela	У	1st
1986	4x400 Meter Relay	3:52.02	Induct	cu 1))/				1998		DMR		1st
1987	500 Meters	1:12.1						0				
			Shar	nice G	rant			Outdoo   1997	JΓ	800 Meters		2nd
Outdoor	400 M / 11 11	E0 <b>E</b> 0		ince G	Tant			1997		4x400 Meter Rela	v	2nd
1984	400 Meter Hurdles	59.73	DIG.			<b>3.</b> T		1998		1500 Meters	y	2nd
1984	4x400 Meter Relay	3:45.72	ı		CHAMPIO	N		1,,,,		1000 WELLE		ZIIG
1985	400 Meter Hurdles	1:01.18	Indoor					PENIN	IRFI	AYS CHAMP	ION	
1985 1986	4x400 Meter Relay 4x400 Meter Relay	3:46.84 3:46.75	2015		60 Meter Hur		8.47	1		p of America		
1987	4x400 Meter Relay	3:46.82	2016	(	60 Meter Hur	dles	8.69	Year	Even		aσ	Split
1907	4X400 Meter Relay	3.40.62	0					1997		) Meter Relay 2r		2:04.7
ALL-RIC I	EAST HONORS		Outdo 2015		100 Meter Hu	rdlos	13.91	1997	DMR			2:03.8
Indoor	EAST HONORS		2015		100 Meter Hu 100 Meter Hu		13.83	1,,,,	21111		, ,	2.00.0
1984	500 Meters	1st	2010		100 Meter 11u	ruies	13.63					
1984	4x400 Meter Relay	1st	<sub>ATT</sub>	RIC EA	ST HONG	)DC						
1984	55 Meter Hurdles	3rd	Indoor		131 HONG	JKS						
1985	500 Meters	1st	ı		60 Meter Hur	dlac	1.4					
1985	300 Meters	2nd	2015 2016		50 Meter Hur 60 Meter Hur		1st 1st					
1985	55 Meter Hurdles	3rd	2010	(	oo wieter i iur	uies	151					
1986	400 Meters	1st	Outdo	or								
1986	800 Meters	1st	2015		100 Meter Hu	rdles	1st					
1986	4x400 Meter Relay	1st	2015		200 Meters	raics	2nd					
1987	500 Meters	1st	2016		100 Meter Hu	rdles	1st					
1987	800 Meters	2nd	2016		100 Meters		3rd					
			2016		4x100 Meter F	Relav	3rd					
Outdoor						,						
1984	400 Meter Hurdles	1st	ECAG	CCHA	MPION							
1984	4x400 Meter Relay	1st	Outdo									
1984	100 Meter Hurdles	2nd	2015		100 Meter Hu	rdles	13.56					
1984	4x100 Meter relay	2nd		-								
1985	400 Meter Hurdles	1st										
1985	4x400 Meter Relay	1st										
1985	4x100 Meter Relay	3rd										
1986	4x400 Meter Relay	1st										
1987	4x400 Meter Relay	1st										

#### Melissa Grubb

#### **BIG EAST CHAMPION**

Indoor

1985 4x800 Meter Relay 9:04.40

#### **ALL-BIG EAST HONORS**

Indoor

1985 4x800 Meter Relay 1st

Outdoor

1984 10000 Meters

**Cross Country** 

1983 5000 Meters 9th 1984 5000 Meters 7th

#### **ECAC CHAMPION**

Indoor

1984 DMR 11:30.29 1985 **DMR** 11:37.68

#### **Renee Gunning**

#### ALL-MID ATLANTIC REGION

4th 2000 Cross Country 2001 Cross Country 8th

#### Celeste Halliday

#### NCAA CHAMPION

Indoor

1987 4x800 Meter Relay 8:24.72 1988 4x800 Meter Relay 8:34.05

#### ALL-AMERICA HONORS

Indoor

1986 4x800 Meter Relay 2nd 1987 4x800 Meter Relay 1st 1987 1000 Meters 6th 4x800 Meter Relay 1988 1st 1988 800 Meters 2nd

Outdoor

1987 800 Meters 6th 1988 800 Meters 4th

#### **BIG EAST CHAMPION**

Indoor

1986 500 Meters 1:13.76 1986 3:52.02 4x400 Meter Relay 1987 400 Meters 55.43 1987 800 Meters 2:12.01 1988 500 Meters 1:12.59 1988 1000 Meters 2:50.51

Outdoor

1986 4x400 Meter Relay 3:46.75 1987 3:46.82 4x400 Meter Relay 1988 800 Meters 2:05.6 4x400 Meter Relay 1988 3:44.36

#### ALL-BIG EAST HONORS

Indoor

1986 500 Meters 1st 1986 4x400 Meter Relay 1st 1986 300 Meters 3rd 1987 400 Meters 1st 800 Meters 1987 1st 1988 500 Meters 1st 1988 1000 Meters 1st 1988 4x400 Meter Relay 3rd

Outdoor 1986 4x400 Meter Relay 1st 1986 800 Meters 2nd 4x400 Meter Relay 1987 1st 1987 400 Meters 2nd 1988 800 Meters 1st 1988 4x400 Meter Relay 1st 4x100 Meter Relay 1988 3rd

#### **Cross Country**

5000 Meters 1987 9th

#### Celeste Halliday (continued)

#### **ECAC CHAMPION**

Indoor

1987 1000 Yards 2:26.97 1988 800 Meters 2:04.69 1988 4x800 Meter Relay 8:41.73

Outdoor

1986 4x800 Meter Relay 8:57.0 1987 800 Meters 2:05.78

#### PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1987	DMR	400	54.8
1988	4x800 Meter Relay	Anchor	2:07.5
1988	DMR	800	2:04.7

### PENN RELAYS WALL OF FAME

**RELAYS** 

**Year Event Time Inducted DMR** 10:48.38 1999

#### VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1988 Inducted 2002

#### **Caroline Hamilton**

#### **BIG EAST CHAMPION**

Outdoor

2016 Javelin 41.67m 2017 **Javelin** 44.51m

#### **ALL-BIG EAST HONORS**

Outdoor

2014 **Javelin** 2nd 2015 **Iavelin** 2nd 2016 Javelin 1st 2017 Javelin

#### BIG EAST Women's Field Athlete of the Week

2017 Outdoor May 3

### Alex Harris Carol Haux

#### **BIG EAST CHAMPION** Indoor

2018 DMR 11:33.68

Outdoor

2018 4x800 Meter Relay 8:50.10

ALL-BIG EAST HONORS

Indoor 2018 **DMR** 1st Outdoor

2018 4x800 Meter Relay 1st 2018 3000 Meter Steeplechase 2nd

**Sydney Harris** 

ALL-MID ATLANTIC REGION

2013 Cross Country 16th

**Trinity Hart** 

**BIG EAST CHAMPION** 

Outdoor

2019 46.42 4x100 Meter Relay

**ALL-BIG EAST HONORS** 

Outdoor

2019 4x100 Meter Relay 1st 2021 4x100 Meter Relay 3rd 2nd 2022 Long Jump

**BIG EAST CHAMPION** 

Indoor 1991 DMR 11:32.02

Outdoor

1988 4x800 Meter Relay 9:04.17 1989 9:07.76 4x800 Meter Relay

ALL-BIG EAST HONORS

Indoor 1988 DMR 2nd 1988 800 Meters 3rd 1989 **DMR** 2nd 1991 **DMR** 1st

Outdoor

1988 4x800 Meter Relay 1st 1989 4x800 Meter Relay 1st 1989 10000 Meters 3rd 1990 10000 Meters 2nd 1990 4x800 Meter Relay 2nd 1991 10000 Meters 2nd

**Cross Country** 

1990 5000 Meters 11th 1991 5000 Meters 9th

**ECAC CHAMPION** 

Indoor

1988 4x800 Meter Relay 8:41.73 1990 4x800 Meter Relay 8:47.60

**Sidney Haves** 

**ALL-AMERICA HONORS** 

Indoor

DQ 2015 (HM) **DMR** 

**BIG EAST CHAMPION** 

Indoor

2017 4x400 Meter Relay 3:42.06

ALL-BIG EAST HONORS

Indoor

2017 4x400 Meter Relay 1st

Outdoor

2015 4x400 Meter Relay

Christine Heffernan

ALL-BIG EAST HONORS

Outdoor

2003 Discus 2nd Anna Helwigh

**BIG EAST CHAMPION** 

Outdoor

2021 1500 Meters 4:24.03

**ALL-BIG EAST HONORS** 

Indoor

2020 Mile 2nd 4x800 Meter Relay 2020 2nd 2020 **DMR** 2nd 2022 **DMR** 1st

Outdoor

2021 1500 Meters 1st 2021 4x800 Meter Relay 2nd 2022 3000 Meter Steeplechase 2nd 2023 3000 Meter Steeplechase 3rd 2023 4x800 Meter Relay 3rd

**Cross Country** 

2020 (2nd) 6000 Meters 20th

**BIG EAST HONORS** 

BIG EAST Women's Track Athlete of the Week 2022 Outdoor March 21

Tara Higgins

ALL-BIG EAST HONORS

Indoor

1500 Meters 3rd

Callie Hogan

ALL-MID ATLANTIC REGION

2007 Cross Country 24th 2008 Cross Country 11th

**ALL-BIG EAST HONORS** 

Indoor

4x800 Meter Relay 2008 2nd 2008 **DMR** 3rd

**ECAC CHAMPION** 

Indoor

2008 Mile 4:49.64

**Cross Country** 

2007 5000 Meters 17:47

**Katie HoSang** 

**ALL-BIG EAST HONORS** 

Outdoor

2015 Heptathlon 2nd 2016 4x100 Meter Relay 3rd

Vicki Huber			Vicl	ci Huber (continued)		Vicki Huber (continued)
NCAA CHAMPION		ALL-	BIG EAST HONORS		NATIONAL HONORS	
Indoor			Indoo	r		NCAA Top Eight Award
1987	3000 Meters	9:06.45	1986	1500 Meters	1st	1988-89
1988	Mile	4:31.46	1986	4x800 Meter Relay	1st	
1988	3000 Meters	9:05.67	1986	DMR	2nd	Collegiate Female Athlete of the Year
1989	3000 Meters	8:55.29	1987	1500 Meters	1st	1988-89
1707	5000 Weters	0.00.27	1987	3000 Meters	1st	1700 07
Outdoor			1988	3000 Meters	1st	Honda Sports Award
1987	3000 Meters	8:54.41	1988	4x800 Meter Relay	1st	1989-90 Cross Country
1988	3000 Meters	8:47.35	1988	,		1969-90 Closs Country
				Mile	2nd	1007.00 T 1 0 F 11
1989	3000 Meters	9:06.96	1989	Mile	1st	1987-88 Track & Field
			1989	3000 Meters	1st	
Cross Cou	2		1989	4x800 Meter Relay	1st	BIG EAST HONORS
1989	5000 Meters	15:59.86	l			BIG EAST Championships
			Outdo			Outstanding Performer
ALL-AN	MERICA HONORS		1986	1500 Meters	1st	1988 Indoor Track & Field
Indoor			1986	3000 Meters	1st	
1987	3000 Meters	1st	1986	4x800 Meter Relay	1st	BIG EAST Championships
1988	Mile	1st	1987	1500 Meters	1st	Outstanding Performance
1988	3000 Meters	1st	1987	4x800 Meter Relay	1st	1987 Indoor Track & Field
1989	3000 Meters	1st	1987	3000 Meters	3rd	Thursday Truck & Truck
1989	Mile	2nd	1988	1500 Meters	1st	1987 Outdoor Track & Field
1909	Mile	2110	1988	3000 Meters	1st	1988 Outdoor Track & Field
0			1988	4x400 Meter Relay	1st	1900 Outdoor Track & Field
Outdoor	2000 3.5.4	4.	1989	1500 Meters	2nd	OLIVARDIANI (III ' 10 10 1
1987	3000 Meters	1st	1989	3000 Meters	3rd	OLYMPIAN (United States)
1988	3000 Meters	1st	1909	3000 Weters	314	<u>Year</u> <u>Location</u> <u>Eve</u>
1989	3000 Meters	1st	C	Constant		1988 Seoul 3
				Country	7.1	1996 Atlanta 1
Cross Cou	ntry		1985	5000 Meters	7th	
1987	5000 Meters	9th	1986	5000 Meters	1st	USTFCCCA
1989	5000 Meters	1st	1987	5000 Meters	1st	
			1989	5000 Meters	1st	ATHLETE HALL OF FAME
NCAA I	DISTRICT II CHAM	PION				Inducted 2022
1986	Cross Country		ECA	C CHAMPION		
1987	Cross Country		Indoo	r		PENN RELAYS WALL OF FAME
1989	Cross Country		1986	4x800 Meter Relay	8:57.19	RELAYS
1707	Cross Country		1987	1500 Meters	4:17.85	Year Event Time Induc
DICEA	CT CHAMBION		1987	3000 Meters	9:16.83	1988 DMR 10:48.38 1
	ST CHAMPION		1988	Mile	4:32.47	10.40.50 1
Indoor			1988	3000 Meters	9:13.22	INDIVIDUAL
1986	1500 Meters	4:30.59	1,000	Sood Meters	J.10.22	Inducted 1995
1986	4x800 Meter Relay	9:05.56	Outdo	or		
1987	1500 Meters	4:32.47	1987	1500 Meters	4:11.26	Concord (Del.) High School '85
1987	3000 Meters	9:24.31				Villanova '89
1988	3000 Meters	9:13.11	1988	1500 Meters	4:11.26	Nike International
1988	4x800 Meter Relay	8:49.59	1989	3000 Meters	8:54.59	
1989	Mile	4:52.42				VILLANOVA UNIVERSITY
1989	3000 Meters	9:17.75		Country		VARSITY CLUB HALL OF FAME
1989	4x800 Meter Relay	8:48.45	1986	5000 Meters	16:38.4	Class of 1989
1,0,	meso meter metaly	0.10.10	1987	5000 Meters	16:33.0	Inducted 1999
Outdoor			1988	5000 Meters	16:03.0	maucieu 1777
1986	1500 Meters	4:31.12				AND ANOMA CTARILINA
1986	3000 Meters	9:38.90	PEN	N RELAYS CHAMPION		VILLANOVA STADIUM
1986		9:09.15		pionship of America		TRACK & FIELD WALL OF FAME
	4x800 Meter Relay		Year	Event Leg	<u>Split</u>	Competed 1985-89
1987	1500 Meters	4:18.66	1987	DMR Anchor	4:34.1	Inducted October 7, 1995
1987	4x800 Meter Relay	8:53.33	1988			
1988	1500 Meters	4:24.81		4x800 Meter Relay 2nd	2:)4.2	PHILADEL HIA HONORS
1988	3000 Meters	9:10.09	1988	DMR Anchor	4:29.9	PHILADELHIA HONORS
1988	4x400 Meter Relay	3:44.36	1989	4x800 Meter Relay 2nd	2:07.3	Philadelphia Sports Writers Association
	-		1989	DMR Anchor	4:31.6	Outstanding Philadelphia Amateur Athlete
Cross Cou	intry		1989	4x1500 Meter Relay Anchor	4:18.6	1988
1986	5000 Meters	16:33				
						1

5000 Meters

5000 Meters

1987 1989 17:22

16:35

Kaleig	h Hughes		Nicol	e Hutchinson		Nicole	Hutchinson (co	ntinued)
ALL-BIO	G EAST HONORS		ALL-A	MERICA HONORS		1	ST HONORS	
Indoor			Indoor				Championships	
2016	DMR	2nd	2017 (2nd		14th		ng Track Performer	
			2019	DMR	4th	2018	Outdoor Track & F	ield
			2019 (2nd	3000 Meters	13th			4.4
Sarah 1	Hunt					1	Women's Track Athlet	
			Outdoor		10.1	2017 2019	Indoor	February '
ALL-BIO	G EAST HONORS		2017 (HA	,	18th	2019	Indoor Indoor	January 1
Outdoor			2018 (2nd	5000 Meters	14th	2019	Indoor	January 29 February 12
1998	Discus	3rd	Cross Co	nintes;		2019	muoor	rebruary 1.
1999	Hammer	3rd	2018	6000 Meters	40th	2018	Outdoor	March 20
2000	Discus	3rd	2010	0000 Weters	40111	2018	Outdoor	April
			ATTA	IID ATLANTIC REGI	ON	2018	Outdoor	April 30
			2017			2019	Outdoor	April 8
Abby I	Hunte		2017	Cross Country Cross Country	17th 5th		o arabor	117111
12 2 y 1			2016	Cross Country	3111	BIG EAST	Female Athlete of the	Week
NICAA (	CHAMPION		DIC E	ACT CHAMDION		2017	Cross Country	October 3
	CHAMITON		1	AST CHAMPION		2018	Cross Country	October 3
I <b>ndoor</b> 1990	4200 Matau Dalaa	0.21 05	Indoor	2000 M	0.10.72		ý	
1990	4x800 Meter Relay	8:31.95	2017 2017	3000 Meters	9:19.73	PHILAD	<b>DELHIA HONORS</b>	
ATT AR	AEDICA HONODO		2017	DMR Mile	11:01.14 4:39.13	I	nia Sports Writers Asso	
	MERICA HONORS		2018	4x800 Meter Relay	8:44.25		son Penn Relays Awar	
Indoor	4 000 M . D 1		2018	4x800 Meter Relay	8:52.97	January 21		-
1990	4x800 Meter Relay	1st	2019	4x000 Meter Relay	0.32.97		,	
1991	4x800 Meter Relay	5th	Outdoor					
1993	4x800 Meter Relay	2nd	2018	1500 Meters	4:19.87	Myoni	ca Jackson	
Outdoor			2018	5000 Meters	16:18.07	1119 0111	eu juenson	
.994	800 Meters	7th				ATT DIC	G EAST HONORS	
.))1	ooo weters	7111	ALL-B	IG EAST HONORS		I	3 EAST HUNUKS	
RIC FAG	ST CHAMPION		Indoor	20 2110 1 1101 (0110		Indoor 2024	4400 M-t D-1	2
Indoor	of Chamilton		2016	Mile	3rd	2024	4x400 Meter Relay Distance Medley R	3rd elav 2nd
1993	800 Meters	2:11.87	2016	4x800 Meter Relay	3rd	2023	Distance Mediey K	elay Ziii
1993	4x400 Meter Relay	3:42.00	2017	3000 Meters	1st	Outdoor		
1993	4x800 Meter Relay	8:53.27	2017	DMR	1st	2024	4x400 Meter Relay	1s
1770	4x000 Weter Relay	0.00.27	2018	Mile	1st	2025	4x400 Meter Relay	2nc
Outdoor			2018	4x800 Meter Relay	1st	2023	4x400 Meter Relay	2110
1994	800 Meters	2:06.56	2019	4x800 Meter Relay	1st			
.,,,	000 1/10/015	2.00.00	2019	Mile	2nd	Erin Ja	ekot	
ALL-BIO	G EAST HONORS						SKUL	
Indoor			Outdoor			DICEA	OT OULANDION	
1990	800 Meters	3rd	2016	4x800 Meter Relay	3rd	1	ST CHAMPION	
1990	4x400 Meter Relay	3rd	2017	1500 Meters	2nd	Indoor		
1991	800 Meters	2nd	2017	4x800 Meter Relay	2nd	2018	DMR	11:33.6
1991	500 Meters	3rd	2018	1500 Meters	1st			
1993	800 Meters	1st	2018	5000 Meters	1st	ALL-BIC	G EAST HONORS	
1993	4x400 Meter Relay	1st	2019	5000 Meters	3rd	Indoor		
1993	4x800 Meter Relay	1st				2016	4x800 Meter Relay	3rc
	-		Cross Co	,	Ed	2018	DMR	1s
Outdoor			2017	6000 Meters	5th			
1993	800 Meters	3rd	2018	6000 Meters	5th			
1994	800 Meters	1st	DENINI	DELANC CHAMBION	т			
			1	RELAYS CHAMPION	N			
PENN R	RELAYS CHAMPION			onship of America	6 11:			
Champion	nship of America		Year 2016	Event Leg	<u>Split</u>			
<u>Year</u> E	<u>vent</u> <u>Leg</u>	<u>Split</u>	2016	4x1500 Meter Relay 3rd	4:30.2			
	x800 Meter Relay Anchor	2:07.9	2017 2017	4x800 Meter Relay 1st DMR 1200	2:09.03 3:21.39			
	OMR 800	2:07.0	1			I		
1994 D	NIN 500		2017	4x1500 Meter Relay 3rd	4:23.6	I		

1200

4x1500 Meter Relay 3rd

4x1500 Meter Relay Anchor

4x1500 Meter Relay Anchor

4:23.6

3:21.86

4:17.0

4:24.3

2018

2018

2019

DMR

Lonyé	Johnson

**BIG EAST CHAMPION** 

Indoor 1997 1998	4x800 Meter Relay 4x800 Meter Relay	8:49.32 9:00.76
Outdoor 1997	4x800 Meter Relay	8:52.11

ALL-BIG EAST HONORS			
Indoor			
1997	4x800 Meter Relay	1st	
1998	4x800 Meter Relay	1st	
2000	4x800 Meter Relay	2nd	
Outdoor			
1997	4x800 Meter Relay	1st	

4x800 Meter Relay

#### Varonica Johnson

1998

BIG EAST Indoor 2015	CHAMPION 200 Meters	24.41
Outdoor 2015 2015	100 Meters 200 Meters	12.00 24.13

ALL-BIG	EAST HONORS	
Indoor		
2014	200 Meters	3rd
2015	200 Meters	1st
2015	60 Meters	2nd
Outdoor		
2014	100 Meters	2nd
2014	200 Meters	2nd
2015	100 Meters	1st
2015	200 Meters	1st

### Sarah Jones

BIG EAST CHAMPION			
Outdoor 2019	4x100 Meter Relay	46.42	
ALL-BIG	EAST HONORS		
2020	60 Meter Hurdles	2nd	
Outdoor 2019 2019	4x100 Meter Relay 100 Meter Hurdles	1st 3rd	

#### **Kristine Jost**

NCAA CHAMPION			
<b>Indoor</b> 1997	3000 Meters	9:14.14	
ALL-AMI	ERICA HONORS		
Indoor			
1996	DMR	2nd	
1997	3000 Meters	1st	
Outdoor			
1996	3000 Meters	9th	
1997	3000 Meters	2nd	
Cross Count	ry		
1995	5000 Meters	26th	
1996	5000 Meters	4th	
NCAA DI	STRICT II CHA	MPION	

1996 Cross Country

3rd

210 2110	T CHAMPION	
Indoor 1996	4x800 Meter Relay	8:58.13
1996	DMR	11:24.44
1997	DMR	11:23.40
Outdoor		
1997	3000 Meters	9:12.36
ALL-BIG	EAST HONORS	
Indoor		
1996	4x800 Meter Relay	1st
1996	DMR	1st
1997	DMR	1st
1997	Mile	3rd
Outdoor		

1997	3000 Meters	1st
Cross Cou	ıntry	
1995	5000 Meters	9th
1998	5000 Meters	7th

#### **ECAC CHAMPION** Cross Country

Cross Country		
1996	5000 Meters	16:26

### PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<b>Event</b>	Leg	<u>Split</u>
1997	4x1500 Meter Relay	2nd	4:19.6

#### VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1999 Inducted 2023

### **Carre Joyce**

Indoor

2015

	<u> </u>	
<b>ALL-MII</b> 2002	O ATLANTIC REGION Cross Country	17th
ALL-BIG	EAST HONORS	
Indoor 2002	DMR	3rd
Outdoor 2002	3000 Meter Steeplechase	2nd
Melissa	June	

**ALL-BIG EAST HONORS** 

60 Meters

3rd

McKen	na Keegan		Joanne	Kehs		Joanne Kehs (continued)
ALL-AMERICA HONORS		1	CHAMPION		PENN RELAYS CHAMPION	
<b>Indoor</b> 2017 (2nd)	DMR	12th	Indoor 1985	4v800 Motor Polov	8:33.60	Championship of America
2017 (2na) 2019	DMR	4th	1903	4x800 Meter Relay	6.55.00	Year         Event         Leg         Spl           1985         4x800 Meter Relay         3rd         2:08
2019	800 Meters	7th		IERICA HONORS		1965 4x600 Meter Kelay 5rd 2:06.
2021	800 Meters	3rd	1	TERICA HUNUKS		VILLANOVA UNIVERSITY
2022	000 Weters	Siu	Indoor	T MI DI	2 1	
Outdoor			1983	Two Mile Relay	2nd	VARSITY CLUB HALL OF FAME
2018 (НМ)	800 Meters	20th	1984 1985	4x800 Meter Relay	3rd	Class of 1986
2021 (2nd)	800 Meters	13th	1985	4x800 Meter Relay	1st	Inducted 1996
2022	800 Meters	2nd	1985	800 Meters	5th	
2022	ood Weters	2110	1986	4x800 Meter Relay	2nd	
BIG EAS	T CHAMPION		BIC EAG	ST CHAMPION		Katie Kelly
Indoor	or chimin for		1	51 CHAMPION		
2017	4x400 Meter Relay	3:42.06	Indoor	1000 M (	0.51.6	BIG EAST CHAMPION
2017	DMR	11:01.14	1983	1000 Meters	2:51.6	Indoor
2018	4x400 Meter Relay	3:42.01	1983	4x800 Meter Relay	9:10.52	1996 4x800 Meter Relay 8:58.1
2019	800 Meters	2:07.08	1983	DMR	11:42.79	4x000 Weter Relay 0.50.1
2022	800 Meters	2:06.02	1985	4x800 Meter Relay	9:04.40	ALL-BIG EAST HONORS
2022	DMR	11:26.08	1986	1000 Meters	2:50.73	1
2022	DIVIN	11.20.00	1986	4x800 Meter Relay	9:05.56	Indoor
Outdoor			0			1996 4x800 Meter Relay 1:
2021	800 Meters	2:05.86	Outdoor 1983	4400 M-t D-1	2.46.9	
2021	4x400 Meter Relay	3:38.86	1983	4x400 Meter Relay	3:46.8	T 1' (1 T/
2021	4x400 Weter Relay	0.00.00	1	4x800 Meter Relay	9:09.38	Juliette Kenny
ATT_RIC	EAST HONORS		1984	4x800 Meter Relay	9:00.00	
Indoor	EAST HONORS		1985	4x400 Meter Relay	3:46.84	ALL-MID ATLANTIC REGION
2017	4v400 Motor Polov	1.4	1986 1986	800 Meters	2:09.10 9:09.15	2003 Cross Country 17t
2017	4x400 Meter Relay DMR	1st 1st	1900	4x800 Meter Relay	9:09.13	2005 Cross Country 171
2017	400 Meters	3rd	ATT DI	C EACT HONODC		BIG EAST CHAMPION
2017			1	G EAST HONORS		<b>I</b>
2018	4x400 Meter Relay 400 Meters	1st 2nd	Indoor			Outdoor
2019	800 Meters	1st	1983	1000 Meters	1st	2004 4x800 Meter Relay 8:48.9
2019	800 Meters	1st	1983	4x800 Meter Relay	1st	ALL DIG FACE HONORG
2022	DMR	1st	1983	DMR	1st	ALL-BIG EAST HONORS
2022	4x800 Meter Relay	3rd	1984	1000 Meters	2nd	Indoor
2022	4x000 Meter Keray	514	1984	4x800 Meter Relay	2nd	2004 DMR 3r
Outdoor			1985	4x800 Meter Relay	1st	
2021	800 Meters	1st	1985	800 Meters	2nd	Outdoor
2021	4x400 Meter Relay	1st	1986	1000 Meters	1st	2004 4x800 Meter Relay 1:
2022	400 Meters	2nd	1986	4x800 Meter Relay	1st	
2022	400 Weters	2110	1986	DMR	2nd	
PENN R	ELAYS CHAMPION	J	Outdoor			Jamie Klein
	ship of America	•	1983	4x400 Meter Relay	1c+	
	ent Leg	Split	1983	4x800 Meter Relay	1st 1st	BIG EAST CHAMPION
	800 Meter Relay 3rd	2:08.14	1983	800 Meters	3rd	Outdoor
	MR 400	54.05	1984	4x800 Meter Relay	1st	2014 Javelin 43.331
	800 Meter Relay 3rd	2:04.91	1984	800 Meters	2nd	Javenni Ioloof
	MR 400	55.71	1985	4x400 Meter Relay	1st	ALL-BIG EAST HONORS
2010 Di	VII. 400	55.71	1985	800 Meters	2nd	Outdoor
LISTECC	CA HONORS		1985	4x100 Meter Relay	3rd	2014 Javelin 1:
		- C 11 V	1986	800 Meters	1st	2014 javeiiii
	tic Region Track Athlete	or the Year	1986	4x800 Meter Relay	1st	
2021 2022	Indoor Track & Field		1700	1000 meter near	131	
2022	Indoor Track & Field		FCACC	HAMPION		
2021	Outdoor Track & Field	4	1	ALIANII ION		
2021	Outdoor Track & Field		Indoor 1984	1000 Meters	2:47.63	
2022	Outdoor Track & Field	.d	1984	4x800 Meter Relay	8:50.28	
RIC EAC	T HONODS		1985	800 Meters	2:08.74	
	T HONORS	C (1. 347 - 1	1985	4x800 Meter Relay	8:48.97	
	Women's Track Athlete o		1703	TAUDU MICICI NCIAY	0.40.97	
2022		February 14	Outdoor			
2022	Outdoor	April 4	1005	Av400 Motor Polary	9.57 /	

4x400 Meter Relay

#### **Frances Koons**

ALL-AN	MERICA HONORS	
Indoor		
2006	DMR	6th
2006	3000 Meters	10th
2007	3000 Meters	8th
2009	5000 Meters	2nd
2009	3000 Meters	9th
Outdoor		
2006	1500 Meters	10th
2008	5000 Meters	12th
2009	5000 Meters	3rd
Cross Cou	ıntry	

#### NCAA MID-ATLANTIC CHAMPION 2006 Cross Country 20:02.9

6000 Meters

2008	Cross Country	21:11
ALL-MID	ATI ANTIC RECION	

THE WIND THE PRIVITE REGION			
2005	Cross Country	4th	
2006	Cross Country	1st	
2008	Cross Country	1st	

#### **BIG EAST CHAMPION**

Indoor		
2007	1000 Meters	2:47.13
2007	Mile	4:52.81
2007	4x800 Meter Relay	8:49.04
2009	5000 Meters	15:59.75

Outdoor		
2006	1500 Meters	4:18.86
2006	4x800 Meter Relay	8:38.88
2008	1500 Meters	4:19.41
2008	5000 Meters	16:30.13

Cross Country	7	
2006	6000 Meters	20:28

#### VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 2008 Inducted 2024

#### Frances Koons (continued)

AII_RI	G EAST HONORS	
Indoor	G EAST HONORS	
2006	Mile	2nd
2006	DMR	2nd 2nd
2006		
	1000 Meters	1st
2007	Mile	1st
2007	4x800 Meter Relay	1st
2009	5000 Meters	1st
2009	3000 Meters	2nd
Outdoor		
2006	1500 Meters	1st
2006	4x800 Meter Relay	1st
2007	1500 Meters	2nd
2007	4x800 Meter Relay	2nd
2008	1500 Meters	1st
2008	5000 Meters	1st
2009	1500 Meters	2nd
2009	5000 Meters	2nd
Cross Cot	ıntry	
2005	6000 Meters	7th
2006	6000 Meters	1st
2008	6000 Meters	2nd
ECAC C	CHAMPION	

20th

Outdoor		
2009	3000 Meters	9:16.23

#### PENN RELAYS CHAMPION

Cham	pionship of Am	erica	
<u>Year</u>	<b>Event</b>	Leg	<u>Split</u>
206	DMR	1200	3:23.1

#### **USTFCCCA HONORS**

Mid-Atlantic Region Athlete of the Yea			
2006	Cross Country		
2008	Cross Country		

Mid-Atlant	ic Region Track Athlete of the Year
2007	Indoor Track & Field

#### **BIG EAST HONORS**

BIG EAST Championships				
Outstanding Track Performer				
2007	Indoor Track & Field			

#### BIG EAST Women's Track Athlete of the Week Indoor February 3

#### PHILADELHIA HONORS

Philadelphia Sports Writers Association **Most Courageous Award** February 1, 2010

#### | Virginia LaMacchia

ALL-BIG EAST HONORS			
Indoor 2014	Pole Vault	3rd	
Outdoor 2014	Pole Vault	2nd	

#### **Doriane Lambelet**

PENN RELAYS CHAMPION			
Championship of America			
<u>Year</u>	<b>Event</b>	<u>Leg</u>	<u>Split</u>
1979	4x800 Meter Relay	Anchor	2:10.4

#### **Lori Lancaster**

DIG EAST CHAMIFION			
Outdoor			
1985	4x400 Meter Relay	3:46.84	

ALL-BIG EAST HONORS			
Indoor			
1985	4x400 Meter Relay		

Outdoor		
1985	4x400 Meter Relay	1st
1985	400 Meters	2nd
1985	4x100 Meter Relay	3rd

2nd

#### **Brigid Leddy**

#### PENN RELAYS CHAMPION Championship of America

<u>Year</u>	<b>Event</b>	<u>Leg</u>	<u>Split</u>
1979	4x800 Meter Relay	3rd	2:10.5

#### **VILLANOVA UNIVERSITY** VARSITY CLUB HALL OF FAME

Class of 1980 Inducted 1986

#### Hannah Lee

### **ALL-BIG EAST HONORS**

Outdoor		
2016	Javelin	3rd
2017	Javelin	3rd

#### Jessica Lee

#### **ALL-BIG EAST HONORS**

	210	
Indoo	r	

2017 Pole Vault 3rd

#### **Ekiah Lewis**

#### **ALL-BIG EAST HONORS**

Outdoor

2016 Long Jump 2nd 2016 4x100 Meter Relay 3rd

Emily I	ipari		Emily Lipari (continued)			Emily Lipari (continued)			
	HAMPION		ALL-BIG EAST HONORS			PHILADELHIA HONORS		aiation.	
Indoor 2011	DMR	10:52.52	Indoo 2011	r 4x800 Meter I	Polov	1st		ia Sports Writers Asso on Penn Relays Award	
2014	Mile	4:33.82	2011	DMR	Kelay	1st	January 27,		
2011	Wific	4.55.62	2011	Mile		2nd	January 26,		
ΔΙΙ-ΔΜ	ERICA HONORS		2012	1000 Meters		1st	January 20,	2010	
Indoor	LRICA HONORS		2012	4x800 Meter I	Relav	1st			
2011	DMR	1st	2012	DMR	,	2nd	Iane Liv	vingston	
2011 2012 (2nd)	Mile	12th	2013	1000 Meters		1st	Jane Li	viligatori	
2013	DMR	2nd	2013	4x800 Meter I	Relay	1st	DIC EAC	T OILANDION	
2013 (2nd)	3000 Meters	14th	2014	1000 Meters	,	1st	1	T CHAMPION	
2014	Mile	1st	2014	4x800 Meter I	Relay	1st	Indoor		
2014 (2nd)	DMR	9th	2014	DMR	,	2nd	2023	60 Meters	7.52
2011 (2/111)	Divile	7111					2024	60 Meters	7.47
Outdoor			Outdo	or			2024	60 Meter Hurdles	8.18
2013 (2nd)	1500 Meters	10th	2011	4x800 Meter I	Relay	3rd			
2014	1500 Meters	4th	2012	4x800 Meter I	Relay	1st	Outdoor	100 M . II 11	10.45
			2013	1500 Meters		1st	2022	100 Meter Hurdles	13.47
Cross Coun	trv		2013	4x800 Meter I	Relay	1st	2024	100 Meters	11.79
2012	6000 Meters	25th	2014	800 Meters		1st	2024	100 Meter Hurdles	13.67
2013	6000 Meters	5th	2014	4x800 Meter I	Relay	1st	ATT DIG	TACTIONODO	
							1	EAST HONORS	
NCAA MI	D-ATLANTIC CHAN	MPION	1	Country			Indoor		
2013	Cross Country	19:53	2010	6000 Meters		11th	2023	60 Meters	1st
2010	cross country	17.00	2012	6000 Meters		1st	2023	60 Meter Hurdles	2nd
AII_MII	ATLANTIC REGI	ON	2013	6000 Meters		2nd	2024	60 Meters	1st
2010							2024	60 Meter Hurdles	1st
2010	Cross Country Cross Country	14th 16th	PEN	N RELAYS CHAN	MPION				
2011	Cross Country Cross Country	3rd	Cham	pionship of America			Outdoor	100 M . II 11	2 1
2012	Cross Country	1st	<u>Year</u>	<b>Event</b>	<u>Leg</u>	<u>Split</u>	2021	100 Meter Hurdles	2nd
2013	Cross Country	151	2012	DMR	1200	3:22.9	2022	100 Meter Hurdles	1st
DIC EVE	T CHAMPION		2013	4x800 Meter Relay	Anchor	2:02.25	2023	100 Meter Hurdles	2nd
	CHAMITION		2013	DMR	Anchor	4:37.7	2024	100 Meters	1st
Indoor	4 000 M + D 1	0.40.00	2014	4x800 Meter Relay	Anchor	2:03.50	2024	100 Meter Hurdles	1st
2011 2011	4x800 Meter Relay DMR	8:42.88 11:16.72	2014	DMR	Anchor	4:33.44	DIC EAC	THOMODO	
2011	1000 Meters	2:46.94	2014	4x1500 Meter Relay	Anchor	4:16.4	1	T HONORS	
2012	4x800 Meter Relay	8:38.55			_			Championships	
2012	1000 Meters	2:46.19	UST	FCCCA HONORS	5		High Point		. 1
2013	4x800 Meter Relay	8:40.50	Mid-A	tlantic Region Athlet	e of the Ye	ar	2024	Indoor Track & Fie	ia
2014	1000 Meters	2:43.69	2013	Cross Countr	У		2024	O. 1 T 1. 0 E	:_1.3
2014	4x800 Meter Relay	7:57.01*					2024	Outdoor Track & F	ieia
				tlantic Region Track		the Year	RIC FAST	Women's Field Athlete	of the Week
* race was r	un one lap short due to a teo	chnical error	2013	Indoor Track	& Field		2022	Indoor	January 24
	uring the third leg of the ra		2011	O 11 =	1 0 5: 1:		2022	1110001	January 24
	8		2014	Outdoor Trac	ck & Field				
Outdoor				EACE HONORG			Achlym	Llerandi	
2012	4x800 Meter Relay	8:37.58	1	EAST HONORS			Asmyn	Lieranui	
2013	1500 Meters	4:24.25		AST Championships					
2013	4x800 Meter Relay	8:34.23	Outsta	inding Track Perform			ALL-BIG	EAST HONORS	
2014	800 Meters	2:05.66	2013	Indoor Track			Indoor		
2014	4x800 Meter Relay	8:33.36	2014	Indoor Track	& Field		2010	Pole Vault	3rd
	,								
Cross Coun	itry			AST Women's Track A			Outdoor		
2012	6000 Meters	20:45	2012	Indoor		inuary 24	2011	Pole Vault	3rd
			2013	Indoor		inuary 22	I		
			2014	Indoor		ebruary 4	ECAC C	HAMPION	
			2014	Indoor	Fel	oruary 18	Indoor		
			2014	0.41		A:1 00	2011	Pole Vault	4.00m
			2014	Outdoor		April 29			
			BIGE	AST Female Athlete o	of the Weel	k			
			2013	Cross Countr		October 1			

2013 Cross Country October 1 2013 Cross Country October 8

#### **Ruth Lockbaum**

#### **ECAC CHAMPION**

Indoor

1987 4x800 Meter Relay 8:58.75

#### Alyssa Lombardo

#### **ALL-BIG EAST HONORS**

Outdoor

2016 4x100 Meter Relay 3rd

#### Nnenna Lynch

#### NCAA CHAMPION

Outdoor

1992 3000 Meters 9:24.59

#### ALL-AMERICA HONORS

Indoor 1991 Mile 4th 1992 Mile 3rd 1992 4x800 Meter Relay 4th

Outdoor

1991 1500 Meters 10th 1992 3000 Meters 1st

**Cross Country** 

5000 Meters 12th 1992 5000 Meters 3rd

#### **BIG EAST CHAMPION**

Indoor

4x800 Meter Relay 8:37.85 1990 11:29.55 1990 **DMR** 8:37.02 1991 4x800 Meter Relay 4x800 Meter Relay 8:39.81 1992 1992 **DMR** 11:25.91 1993 **DMR** 11:38.36

Outdoor

1500 Meters 4:21.88 1991 1991 4x800 Meter Relay 8:41.04 3000 Meters 9:20.72 1992

**Cross Country** 

5000 Meters 17:07 1990

#### **ALL-BIG EAST HONORS**

Indoor

4x800 Meter Relay 1990 1st 1990 **DMR** 1st 1990 Mile 2nd 1991 4x800 Meter Relay 1st 1991 Mile 2nd 1992 4x800 Meter Relay 1st 1992 DMR 1st 1992 Mile 2nd 1993 **DMR** 1st 1993 Mile 2nd

#### Outdoor

1990 1500 Meters 2nd 1990 4x800 Meter Relay 2nd 1991 1500 Meters 1st 4x800 Meter Relay 1991 1st 3000 Meters 1991 3rd 1992 3000 Meters 1st

#### **Cross Country**

1989 5000 Meters 11th 1990 5000 Meters 1st 1991 5000 Meters 3rd 1992 5000 Meters 6th

#### Nnenna Lynch (continued)

#### **ECAC CHAMPION**

Indoor

1990 Mile 4:45.76

Outdoor

1991 1500 Meters 4:17.91 1992 3000 Meters 9:09.46

#### PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	Event	Leg	<u>Split</u>
1991	DMR	1200	3:24.0
1991	4x1500 Meter Relay	1st	4:25.8
1992	4x1500 Meter Relay	2nd	4:23.2

#### NATIONAL HONORS

NCAA Woman of the Year

1992-93

NCAA Top Eight Award

1992-93

NCAA Silver Anniversary Award

January 17, 2018

#### PENN RELAYS WALL OF FAME

**RELAYS** 

<u>Year</u> **Event** <u>Time</u> **Inducted** 1990 4x1500 Relay 17:18.10 2000

#### VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1993 Inducted 2010

| Sharon Margaretha

BIG EAST Women's Track Athlete of the Week

Indoor

January 15

| Yolanda Malcolm

**Beth Lyons** 

Detil Ly	0115		101411	au maicoini		Jilaio	ii iviai garetiia	
BIG EAS	T CHAMPION		   ALL-BI	G EAST HONORS		BIG E	AST CHAMPION	
Indoor	T CHIMMION		Indoor	G Enor Hortons		Indoor		
1983	4x400 Meter Relay	3:52.66	2003	60 Meter Hurdles	3rd	1983	4x400 Meter Relay	3:52.66
1700	4x400 Wieter Relay	5.52.66	2004	60 Meter Hurdles	3rd	1983	DMR	11:42.79
Outdoor				oo meter maranes	014	1,00	Divin	11.12
1983	4x800 Meter Relay	9:09.38	Outdoor			Outdoor		
1984	4x800 Meter Relay	9:00.00	2006	100 Meter Hurdles	3rd	1983	4x100 Meter Relay	47.38
1,01	Dioco Meter Helay	3.00.00		100 Martin Taranes	014	1983	4x400 Meter Relay	3:46.8
<b>ALL-BIG</b>	EAST HONORS		ECAC	CHAMPION			,	
Indoor			Indoor			ALL-B	IG EAST HONORS	
1983	4x400 Meter Relay	1st	2003	60 Meter Hurdles	8.55	Indoor		
1983	500 Meters	3rd				1983	4x400 Meter Relay	1st
1984	4x800 Meter Relay	2nd				1983	DMR	1st
1984	800 Meters	3rd	Iurga	Marcinkeviciute		1983	300 Meters	2nd
			<i>y</i>					
Outdoor			ATT-AT	MERICA HONORS		Outdoor		
1983	4x800 Meter Relay	1st	Outdoor	VILITE I I OI VOIG		1983	4x100 Meter Relay	1st
1984	4x800 Meter Relay	1st	1997	800 Meters	5th	1983	4x400 Meter Relay	1st
ECAC CI	HAMDION		1,,,,	ood Weters	oth			
	HAMPION		BIG EA	ST CHAMPION		Kalaa	y Margey	
Indoor 1984	4x800 Meter Relay	8:50.28	Indoor			Keise	y Margey	
1704	4x000 Meter Keray	0.30.20	1997	4x800 Meter Relay	8:49.32		AFFRICA HONORG	
Outdoor				, and the second		1	MERICA HONORS	
1984	4x800 Meter Relay	8:55.24	Outdoor			Indoor		
1,01	nood weter near	0.00.21	1997	800 Meters	2:07.48	2014 (2nd	800 Meters	16th
			1997	4x800 Meter Relay	8:52.11	DIG E		
Marissa	a Maggio					1	AST CHAMPION	
			1	G EAST HONORS		Indoor	4	0.22.04
ALL-BIG	EAST HONORS		Indoor	4 000 M . D 1		2015 2018	4x800 Meter Relay 4x800 Meter Relay	8:33.94 8:44.25
Indoor	Enor nonono		1997	4x800 Meter Relay	1st	2010	4x000 Meter Keray	0.44.23
1988	55 Meters	3rd	1997	1000 Meters	2nd	Outdoor		
1700	35 WELLIS	ora	0.11			2013	4x800 Meter Relay	8:34.23
Outdoor			Outdoor 1997	200 M-1	1-1	2018	4x800 Meter Relay	8:50.10
1988	4x100 Meter Relay	3rd	1997	800 Meters 4x800 Meter Relay	1st 1st	2010	4x000 Weter Relay	0.50.10
2,00	Director ricing	514	1997	1500 Meters	3rd	ALL-B	IG EAST HONORS	
ECAC CI	HAMPION		1777	1500 Weters	514	Indoor	20 21101 1101 (0110	
Indoor			PENIN	RELAYS CHAMPION		2014	800 Meters	2nd
1988	DMR	11:37.66	1			2015	4x800 Meter Relay	1st
1,00	211111	11.07.00		nship of America	C-1:4	2018	4x800 Meter Relay	1st
				Event Leg 4x800 Meter Relay 1st	<u>Split</u> 2:06.6	2018	800 Meters	3rd
Kristen	Mahon			DMR 1200	3:22.0			
<u> </u>	IVIAIIOII		1997	DIVIK 1200	3.22.0	Outdoor		
ALL RIC	EAST HONORS					2013	4x800 Meter Relay	1st
Indoor	LAST HONORS					2018	4x800 Meter Relay	1st
2010	500 Meters	3rd				2018	800 Meters	2nd
2010	500 Weters	514				DENTAL	DEL ANG CHAMBION	
Outdoor						1	RELAYS CHAMPION	
2008	4x400 Meter Relay	3rd				_	onship of America	
2009	400 Meter Hurdles	3rd					Event Leg	Split 2 27 24
2009	4x400 Meter Relay	3rd					4x800 Meter Relay 1st	2:07.04
							4x800 Meter Relay 1st	2:06.32
							4x800 Meter Relay 1st	2:10.28
							4x800 Meter Relay 1st	2:06.67
			1			2018	4x1500 Meter Relay 1st	4:29.2

Rachel McArthur

3rd

11th

**Madison Martinez** 

**Amanda Marino** 

ALL-AMERICA HONORS Indoor			BIG EAS	T CHAMPION		ALL-A	AMERICA HONORS	
2009	5000 Meters	10th	2023	800 Meters	2:05.31	2019	DMR	4th
Outdoon			Outdoor			NGAA	AUD ATLANTIC CHAN	IDIONI
Outdoor 2009	E000 Matara	0115	Outdoor 2021	Av.400 Motor Polory	2.20 06	ı	MID-ATLANTIC CHAM	
	5000 Meters	8th		4x400 Meter Relay	3:38.86	2018	Cross Country	21:02.2
2010	5000 Meters	11th	2024	800 Meters	2:04.18			
Cross Coun	atus;		2024	4x400 Meter Relay	3:40.00	ALL-N	MID ATLANTIC REGIO	ON
2008	6000 Meters	35th				2017	Cross Country	14th
2009	6000 Meters	6th	ALL-BIG	EAST HONORS		2018	Cross Country	1st
2010	6000 Meters	10th	Indoor					
2010	0000 Meters	10111	2020	800 Meters	3rd	BIG E	AST CHAMPION	
ATT MIT	O ATLANTIC REGIO	)NI	2022	800 Meters	3rd	Indoor		
			2022	4x800 Meter Relay	3rd	2018	4x800 Meter Relay	8:44.25
2009	Cross Country	9th	2023	800 Meters	1st	2019	Mile	4:38.35
2010	Cross Country	6th	2023	4x800 Meter relay	3rd			
ATT DIO	EACETIONODO		2024	800 Meters	3rd	ALL-I	BIG EAST HONORS	
	EAST HONORS		2024	4x400 Meter Relay	3rd	Indoor		
Outdoor				,		2018	4x800 Meter Relay	1st
2009	5000 Meters	3rd	Outdoor			2018	800 Meters	2nd
2010	10000 Meters	2nd	2021	4x400 Meter Relay	1st	2019	Mile	1st
			2021	800 Meters	3rd	2017	WIIIC	130
Cross Coun	•		2022	800 Meters	3rd	Outdoo	nr	
2008	6000 Meters	9th	2024	800 Meters	1st	2018	800 Meters	3rd
2009	6000 Meters	2nd	2024	4x400 Meter Relay	1st	2018	4x400 Meter Relay	3rd
2010	6000 Meters	3rd		,		2019	800 Meters	2nd
			BIG EAS	T HONORS		2017	ood Weters	Ziid
ECAC CI	HAMPION		I	Women's Track Athlete	of the Week	Cross C	Country	
Indoor			2023	Indoor	February 8	2018	6000 Meters	2nd
2009	5000 Meters	16:18.28						
						PENN	RELAYS CHAMPION	ſ
			Arielle	Massillon		ı	ionship of America	
Lizzie N	Martell		1 THICH	171455111611		Year	Event Leg	Split
			ATT DIC	FACTHONODE		2018	4x800 Meter Relay 2nd	2:05.78
ATT_RIC	EAST HONORS		I	EAST HONORS		2018	DMR 800	2:08.30
	EAST HONORS		Outdoor			2019	4x1500 Meter Relay 2nd	4:18.4
Outdoor	900 Mataua	2 1	2015	400 Meter Hurdles	3rd		misso meter really and	1,10,1
2025 2025	800 Meters 4x400 Meter Relay	2nd 2nd				LISTE	CCCA HONORS	
2023	4X400 Meter Kelay	2110				ı	lantic Region Athlete of the Y	/oar
						2018	Cross Country	leai
A1	Mr. at*.					2016	Cross Country	
Alexis I	viartin							
						Cora	ldine McCarthy	
<b>ALL-BIG</b>	EAST HONORS					Gera	idine wiccariny	
Indoor								
2020	DMR	2nd				ALL-N	MID ATLANTIC REGIO	ON
						2000	Cross Country	10th
							-	
						ALL-I	BIG EAST HONORS	
						Indoor		
						2000	DMR	3rd

Outdoor

**Cross Country** 

4x800 Meter Relay

5000 Meters

1998

2000

#### **Iessona McDonald** Mary Ellen McGowan Mary Ellen McGowan (continued) PENN RELAYS CHAMPION **BIG EAST CHAMPION** ALL-AMERICA HONORS Indoor Indoor Championship of America 2010 DMR 11:11.00 1984 4x800 Meter Relay 3rd **Year Event** Leg **Split DMR** 1200 3:21.4 1985 **ALL-BIG EAST HONORS** Outdoor 4x800 Meter Relay 1st 2:09.1 1984 1500 Meters 4th Indoor **BIG EAST HONORS** 2010 DMR 1st **Cross Country BIG EAST Championships** 5000 Meters 1983 21st Outdoor **Outstanding Performer** 2008 4x400 Meter Relay 3rd 1983 Indoor Track & Field **BIG EAST CHAMPION** 1985 Indoor Track & Field Indoor 1983 1500 Meters 4:31.62 PENN RELAYS WALL OF FAME Kelly McElroy 1983 3000 Meters 9:51.76 RFI AVS 1983 DMR 11:42.79 Inducted Year **Event** Time ALL-BIG EAST HONORS 1985 1000 Meters 2:48.87 1984 **DMR** 10:53.97 2017 Outdoor 1985 3000 Meters 9:33.37 2011 4x800 Meter Relay 3rd 1985 **DMR** 11:50.1 VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME Outdoor Class of 1985 Emma McGill 1983 3000 Meters 9:35.37 Inducted 1995 1984 1500 Meters 4:23.35 1984 3000 Meters 9:22.16 ALL-MID ATLANTIC REGION 1985 1500 Meters 4:30.02 2023 Cross Country 4th Ann McGranahan 3000 Meters 1985 9:23.6 2024 Cross Country 14th 9:05.63 1985 4x800 Meter Relay NCAA MID-ATLANTIC CHAMPION **BIG EAST CHAMPION** Cross Country 2000 Cross Country 20:32.34 Indoor 5000 Meters 18:01 1984 DMR 11:26.08 2022 ALL-MID ATLANTIC REGION ALL-BIG EAST HONORS Cross Country 2000 1st **ALL-BIG EAST HONORS** Indoor Indoor 1983 1500 Meters 1st **BIG EAST CHAMPION** 2022 DMR 1st 1983 3000 Meters 1st 2024 **DMR** 3rd Outdoor 1983 DMR 1st 1998 10000 Meters 35:07.54 1984 5000 Meters 2nd 2000 10000 Meters **Cross Country** 1985 1000 Meters 36:10.33 1st 2023 6000 Meters 5th 1985 3000 Meters 1st 2024 (2nd) 6000 Meters 12th 1985 **DMR Cross Country** 1st 5000 Meters 16:59 2000 **BIG EAST HONORS** Outdoor ALL-BIG EAST HONORS 1983 3000 Meters 1st BIG EAST Women's Track Athlete of the Week 1983 1500 Meters 2nd 2023 Indoor January 23 Indoor 1984 1500 Meters 1st 5000 Meters 1998 3rd 1984 3000 Meters 1st 2000 5000 Meters 2nd 1985 1500 Meters 1st 1985 3000 Meters 1st Outdoor 1985 4x800 Meter Relay 1st 1998 10000 Meters 1st 2000 10000 Meters 1st **Cross Country** 2000 5000 Meters 3rd 1982 5000 Meters 5th 2001 10000 Meters 2nd 1983 5000 Meters 2nd 1984 5000 Meters **Cross Country** 1st 1998 5000 Meters 15th **ECAC CHAMPION** 2000 5000 Meters 1st Indoor 5000 Meters 16:21.40 **USTFCCCA HONORS** 1984 1984 DMR 11:30.29 Mid-Atlantic Region Athlete of the Year

1000 Meters

3000 Meters

2:48.77

9:31.00

Cross Country

1985

1984

Outdoor

Veronica McIntosh			Veronica McIntosh (continued)			Emily	McMillan		
ALL-AM	ERICA HONORS		PENI	N RELAYS CH	IAMPIO	V	ALL-BIG	G EAST HONORS	
Indoor			Cham	pionship of Amer	ica		Indoor		
1983	Two Mile Relay	2nd	Year	Event	Leg	<u>Split</u>	2006	4x800 Meter Relay	3rd
1984	800 Meters	1st	1984	DMR	$\frac{1}{400}$	55.7		,	
1984	4x400 Meter Relay	5th	1985	4x800 Meter Re			Outdoor		
1985	4x800 Meter Relay	1st	1,00	industricter ite	11110111	2.00.	2008	4x800 Meter Relay	2nd
1985	800 Meters	6th	DIC I	EAST HONO	DC		2009	4x800 Meter Relay	3rd
1905	000 Weters	our					2009	4X000 Meter Relay	514
Outdoon				AST Championsh					
Outdoor	000 M 1	0.1		inding Performer			l		
1984	800 Meters	8th	1984	Indoor T	rack & Field		Amanc	la McNelis	
1985	800 Meters	2nd							
DIC 540	T CITAL INCOLU			AST Championsh			BIG EAS	ST CHAMPION	
BIG EAS	T CHAMPION			ınding Performan	ce		Outdoor		
Indoor			1983	Indoor T	rack & Field		2018	Pole Vault	3.55m
1983	800 Meters	2:08.89					2016	role vault	3.33111
1983	4x400 Meter Relay	3:52.66	1985	Outdoor	Track & Fiel	ld	ATT DI		
1984	400 Meters	55.87					ALL-BIG	G EAST HONORS	
1984	800 Meters	2:11.32	PENI	N RELAYS W	ALL OF E	<b>AME</b>	Indoor		
1984	4x400 Meter Relay	3:49.88	RELA		ILL OI I		2018	Pole Vault	2nd
1985	400 Meters	55.55	1		Tr.	T 1 . ( 1	2020	Pole Vault	3rd
1985	800 Meters	2:09.29	<u>Year</u>	Event	<u>Time</u>	<u>Inducted</u>			
1903	800 Weters	2.09.29	1984	DMR	10:53.97	2017	Outdoor		
0.41							2018	Pole Vault	1st
Outdoor	40034	E 4 E 0	VILL	ANOVA UNI	VERSITY	(	2010	Tote vauit	150
1983	400 Meters	54.72	VAR	SITY CLUB H	ALL OF	FAME			
1983	4x100 Meter Relay	47.38	Class			111112	77. (1.1.	N. A. DL 1111	
1983	4x400 Meter Relay	3:46.8	1				Kathle	en McPhillips	
1984	400 Meters	54.77	Inducti	ed 1994					
1984	4x400 Meter Relay	3:45.72		4 N 1 O T 1 4 O T 4	D		ALL-BIO	G EAST HONORS	
1985	800 Meters	2:07.44	1	ANOVA STA			Indoor	2 2120 1 2101 (0110	
1985	4x400 Meter Relay	3:46.84	TRAC	CK & FIELD V	VALL OF	<b>FAME</b>	2015	Pole Vault	2nd
1985	4x800 Meter Relay	9:05.63	Compe	eted 1981-85			2013	role vault	2110
	,			ed October 21, 200	00				
ALL-BIG	EAST HONORS		Induct	cu October 21, 200	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		Outdoor	D 1 17 1.	<i>a</i> .
Indoor	Elioi lioitono						2015	Pole Vault	1st
	900 Mataua	1-1	<b>A</b>	1 1 1/2	•				
1983	800 Meters	1st	Arus	sha McKenz	zie				
1983	4x400 Meter Relay	1st					Sade M	leeks – – – – – – – – – – – – – – – – – – –	
1983	400 Meters	2nd	ALL-	AMERICA H	ONORS				
1984	400 Meters	1st	Indoor		0110110		DICEAG	ST CHAMPION	
1984	800 Meters	1st	2006	DMR		6th		of CHAMITION	
1984	4x400 Meter Relay	1st	2000	DIVIK		oui	Indoor		
1985	400 Meters	1st	D		OTON!		2022	Shot Put	15.07m
1985	800 Meters	1st		EAST CHAMI	PION				
1985	4x400 Meter Relay	2nd	Outdo				Outdoor		
	-		2008	800 Mete	rs	2:07.21	2022	Shot Put	15.26m
Outdoor									
1983	400 Meters	1st	ALL-	BIG EAST HO	ONORS		ALL-BIO	G EAST HONORS	
1983	4x100 Meter Relay	1st	Indoor				Indoor		
1983	4x400 Meter Relay	1st	2005	500 Mete	rc	2nd	2022	Shot Put	1.4
1984	400 Meters	1st	2003	800 Mete		2nd 2nd	2022	Weight Throw	1st 2nd
1984	4x400 Meter Relay	1st	1				2022	weight I nrow	∠na
			2008	800 Mete	rs	2nd			
1984 1985	4x100 Meter Relay	2nd					Outdoor	Cl D	
	800 Meters	1st	Outdo				2022	Shot Put	1st
1985	4x400 Meter Relay	1st	2007	800 Mete		2nd	2022	Hammer	2nd
1985	4x800 Meter Relay	1st	2007	4x400 M€	eter Relay	3rd			
1985	4x100 Meter Relay	3rd	2008	800 Mete	rs	1st	BIG EAS	ST HONORS	
			2008	4x400 M€	eter Relay	3rd	1	Championships	
<b>ECAC CI</b>	HAMPION				-			ng Field Performer	
Indoor							2022	Indoor Track & Field	1
1985	DMR	11:37.68	1					macor mack & Held	~
		_1.07.00	1				BIG FAST	Women's Field Athlete	of the Wool
Outdoor							2022	Indoor	January 24
1984	800 Meters	2:07.01					1 2022	1110001	January 24
1704	500 Metels	2.07.01							

#### Nikki Merrill

Indoor 2020 2020 2022	4x800 Meter Relay DMR 4x800 Meter Relay	2nd 2nd 3rd

#### Outdoor

2021 4x800 Meter Relay

#### Zita Mezei

#### **BIG EAST CHAMPION**

Outdoor	
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2004 4x800 Meter Relay 8:48.91

#### **ALL-BIG EAST HONORS**

Indoor	

2004	4x800 Meter Relay	3rd
2006	DMR	2nd

#### Outdoor

2004 4x800 Meter Relay 1st

#### Anne Mielnik

#### **ALL-BIG EAST HONORS**

Outdoor

1997 Discus 3rd

#### **Bogdana Mimic**

#### **ALL-AMERICA HONORS**

2010	DMR	4th
2011 (2nd)	3000 Meters	11th
Outdoor 2011 (2nd) 2012 (HM)	5000 Meters 5000 Meters	11th 17th

#### **Cross Country**

2nd

2010 6000 Meters 27th			
	2009	6000 Meters	22nd
2011 6000 Meters 6th	2010	6000 Meters	27th
	2011	6000 Meters	6th

#### **ALL-MID ATLANTIC REGION**

2008	Cross Country	5th
2009	Cross Country	5th
2010	Cross Country	5th
2011	Cross Country	3rd

#### **BIG EAST CHAMPION**

Indoor		
2010	4x800 Meter Relay	8:39.34
2010	DMR	11:11.00
2011	DMR	11:16.72
2012	5000 Meters	16:25.53

#### **ALL-BIG EAST HONORS**

Indoor		
2010	4x800 Meter Relay	1st
2010	DMR	1st
2010	Mile	2nd
2011	DMR	1st
2012	5000 Meters	1st

#### Outdoor 2012

2011

Cross Country			
2008	6000 Meters	5th	
2009	6000 Meters	4th	
2010	6000 Meters	7th	

5000 Meters

6000 Meters

#### **BIG EAST HONORS**

#### BIG EAST Female Athlete of the Week

2008	Cross Country	October 23
2011	Cross Country	October 4

#### Rebecca Mitchell

#### **ALL-AMERICA HONORS**

Ind	l001
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2004 DMR 4th

#### **ALL-MID ATLANTIC REGION**

2002 Cross Country 16th

#### **BIG EAST CHAMPION**

#### Indoo

muuum		
2001	1000 Meters	2:48.28
2003	4x800 Meter Relay	8:54.61

#### Outdoor

2003 4x800 Meter Relay 8:46.89

#### **ALL-BIG EAST HONORS**

### Indoor

2001	1000 Meters	1st
2002	1000 Meters	2nd
2002	DMR	3rd
2003	4x800 Meter Relay	1st
2003	1000 Meters	2nd
2003	DMR	2nd
2004	1000 Meters	2nd
2004	4x800 Meter Relay	3rd
2004	DMR	3rd

#### Outdoor

2nd

2nd

2001	1500 Meters	3rd
2002	1500 Meters	3rd
2002	4x800 Meter Relay	3rd
2003	4x800 Meter Relay	1st
2003	1500 Meters	3rd

Meg M	loisen		Emer M	ollo
NCAA (	CHAMPION		ALL-AMI	ERIC
Indoor			Indoor	
1988	4x800 Meter Relay	8:34.05	1994	D
1989	4x800 Meter Relay	8:34.54	1771	<i>D</i>
	,		BIG EAST	CI CI
<b>ALL-AN</b>	IERICA HONORS		Indoor	
Indoor			1994	42
1988	4x800 Meter Relay	1st	1994	D
1989	4x800 Meter Relay	1st		
	•		Outdoor	
BIG EAS	ST CHAMPION		1995	42
Indoor				
1986	4x800 Meter Relay	9:05.56	ALL-BIG	EAS
1988	4x800 Meter Relay	8:49.59	Indoor	
1989	4x800 Meter Relay	8:48.45	1994	4>
	,		1994	D
ALL-BIO	G EAST HONORS			
Indoor			Outdoor	
1986	4x800 Meter Relay	1st	1993	4x
1986	DMR	2nd	1995	45
1988	4x800 Meter Relay	1st		
1988	1000 Meters	2nd	Cross Count	,
1988	DMR	2nd	1993	50
1989	4x800 Meter Relay	1st	1994	50
1989	DMR	2nd		
			ECAC CH	[AN]
Outdoor			Indoor	
1986	1500 Meters	2nd	1993	4x
ECACC	HAMPION		PENN RE	T A 1
	TIANII ION		1	
Indoor 1986	DMR	11:38.85	Championsl	
1988			Year Eve	
1900	DMR	11:37.66	I	500 N 00 M
			1995 4x8	JU IVI
			   Sharon ]	Mο
			Sitaton	VIU
			BIG EAS	ſ CI
			1990	D
			1990	D
			1991	D.
			ALL-BIG	EAS

Eme	r Molloy		Lucy Moran
	AMERICA HONORS		ALL-BIG EAST
Indoor 1994	DMR	7th	Indoor 2025 4x80
	EAST CHAMPION		Liv Maran
Indoor 1994		0.56.21	Liv Morgan
1994	4x800 Meter Relay DMR	8:56.31 11:22.88	
1774	DIVIK	11.22.00	BIG EAST CHA
Outdoo	nr .		Indoor
1995	4x800 Meter Relay	8:54.08	2019 Pent
		-10-110-1	0.11
ALL-1	BIG EAST HONORS		Outdoor 2019 Hep
Indoor			2019 Hep
1994	4x800 Meter Relay	1st	ALL-BIG EAST
1994	DMR	1st	1
			Indoor 2019 Pent
Outdoo	or		2019 Fent
1993	4x800 Meter Relay	3rd	2020 1 6111
1995	4x800 Meter Relay	1st	Outdoor
			2019 Hep
	Country	4.1	2021 Hep
1993 1994	5000 Meters 5000 Meters	14th 11th	1
1994	5000 Weters	11111	BIG EAST Women
FCAC	CHAMPION		2019 Outo
Indoor			
1993	4x800 Meter Relay	8:44.01	
1775	4x000 Weter Relay	0.44.01	Monique Mo
PENN	RELAYS CHAMPION		
	ionship of America		ALL-AMERICA
Year Year	Event Leg	Split	Indoor
1994	4x1500 Meter Relay 3rd	$\frac{3411}{4:29.0}$	2007 60 N
1995	4x800 Meter Relay 1st	2:11.7	
	,		Outdoor
			2006 100 1
Shar	on Moore		DIC EACT OIL
			BIG EAST CHA
BIG F	EAST CHAMPION		Indoor
Indoor			2005 60 M
1990	DMR	11:29.55	2007 60 N
1991	DMR	11:32.02	Outdoor
=			2007 100 1
ALL-I	BIG EAST HONORS		1001
Indoor			ALL-BIG EAST
1990	DMR	1st	Indoor
1991	DMR	1st	2005 60 M
			2006

ALL-BIG EAST HONORS			
Indoor 2025	4x800 Meter Relay	3rd	
Liv Morg	gan		
BIG EAST	CHAMPION		
Indoor 2019	Pentathlon	3,555	
Outdoor 2019	Heptathlon	4,901	
ALL-BIG I	EAST HONORS		
Indoor 2019 2020	Pentathlon Pentathlon	1st 2nd	
Outdoor 2019 2021	Heptathlon Heptathlon	1st 2nd	
BIG EAST W 2019	omen's Field Athlete o Outdoor	of the Week April 22	
Monique	e Morgan		
ALL-AME	RICA HONORS		
Indoor 2007	60 Meter Hurdles	8th	
Outdoor 2006	100 Meter Hurdles	8th	
BIG EAST	CHAMPION		
Indoor 2005 2007	60 Meter Hurdles 60 Meter Hurdles	8.42 8.21	
Outdoor 2007	100 Meter Hurdles	13.35	
ALL-BIG I	EAST HONORS		
Indoor 2005 2006 2007	60 Meter Hurdles 60 Meter Hurdles 60 Meter Hurdles	1st 3rd 1st	
Outdoor 2006 2006 2007	100 Meter Hurdles 400 Meter Hurdles 100 Meter Hurdles	2nd 3rd 1st	
ECAC CH	AMPION		
Indoor 2006	60 Meter Hurdles	8.28	
Outdoor 2007	100 Meter Hurdles	13.35	

4x100 Meter Relay

4x400 Meter Relay

4x800 Meter Relay

3rd

3rd

8:47.60

Outdoor

**ECAC CHAMPION** 

1989

1990

Indoor

1990

#### Sarah Morrison

#### **BIG EAST CHAMPION**

Outdoor

2009 3000 Meter Steeplechase 10:12.40

#### **ALL-BIG EAST HONORS**

Outdoor

2009 3000 Meter Steeplechase 1st

#### Marina Muncan

ALL-AME	<b>RICA HONORS</b>	
Indoor		
2004	DMR	4th
2005	DMR	2nd
2006	Mile	5th
Outdoor		
2003	1500 Meters	5th
2004	1500 Meters	3rd
2006	1500 Meters	2nd
Cross Countr	*7	
2003	y 6000 Meters	17th
2003	6000 Meters	6th
2004	6000 Meters	23rd
2003	0000 Meters	2310
ALL-MID	ATLANTIC REC	GION
2002	Cross Country	4th
2004	Cross Country	2nd
2005	Cross Country	3rd
2000	Cross Country	010
<b>BIG EAST</b>	CHAMPION	
Indoor		
2005	1000 Meters	2:49.13
2005	Mile	4:50.17
2005	4x800 Meter Relay	8:53.34
2006	1000 Meters	2:46.79
2006	Mile	4:45.59
0.41		
Outdoor	000 1 4	2 10 04
2004	800 Meters	2:10.04
2004	4x800 Meter Relay	8:48.91
2005	1500 Meters	4:26.48
2005	4x800 Meter Relay	8:47.87
2006	800 Meters	2:07.22
2006	4x800 Meter Relay	8:38.88
ALL-BIG F	EAST HONORS	
Indoor		
2003	DMR	2nd
2005	1000 Meters	1st
2005	Mile	1st
2005	4x800 Meter Relay	1st
2006	1000 Meters	1st
2006	Mile	1st
2006	4x800 Meter Relay	3rd
	•	
Outdoor	0003.6	_
2004	800 Meters	1st
2004	4x800 Meter Relay	1st
2005	1500 Meters	1st
2005	4x800 Meter Relay	1st

#### Marina Muncan (continued)

#### PENN RELAYS CHAMPION

Championship of America

 Year
 Event
 Leg
 Split

 2006
 DMR
 Anchor
 4:31.8

#### **USTFCCCA HONORS**

Mid-Atlantic Region Track Athlete of the Year 2006 Indoor Track & Field

#### **OLYMPIAN** (Serbia)

 Year
 Location
 Events

 2012
 London
 1500

### VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 2006 Inducted 2022

#### **Ariann Neutts**

#### **NCAA CHAMPION**

Indoor

2011 DMR 10:52.52

#### **ALL-AMERICA HONORS**

Indoor

2010 DMR 4th 2011 DMR 1st

#### **BIG EAST CHAMPION**

Indoor

 2010
 4x800 Meter Relay
 8:39.34

 2010
 DMR
 11:11.00

 2011
 4x800 Meter Relay
 8:42.88

 2012
 4x800 Meter Relay
 8:38.55

#### Outdoor

2012 4x800 Meter Relay 8:37.58

#### **ALL-BIG EAST HONORS**

Indoor

 2010
 4x800 Meter Relay
 1st

 2010
 DMR
 1st

 2011
 4x800 Meter Relay
 1st

 2012
 4x800 Meter Relay
 1st

#### Outdoor

1st

1st

11th

10th

6th

4th

 2011
 4x800 Meter Relay
 3rd

 2012
 4x800 Meter Relay
 1st

BIG EAST Women's Track Athlete of the Week 2010 Outdoor April 5

800 Meters

6000 Meters

6000 Meters

6000 Meters

6000 Meters

4x800 Meter Relay

2006

2006

2003

2004

2005

Cross Country 2002

Kriste	Kristen Nicolini Lydia Olivere		Taryn C	)'Neill				
ALL-AN	MERICA HONORS		ALL-A	AMERICA HONORS		ALL-MID	ATLANTIC REGI	ON
Cross Cou			Outdoo			2018	Cross Country	15th
1998	5000 Meters	17th	2023 (H.	M) 3000 Meter Steeplechase	21st		,	
DIC EA	CT CII A MDIONI		Cross C	- Constant		BIG EAS	T CHAMPION	
	ST CHAMPION		2019	6000 Meters	29th	Indoor		
Indoor 1998	4x800 Meter Relay	9:00.76	2019	6000 Meters	29111	2019	4x800 Meter Relay	8:52.97
1998	DMR	11:28.67		AID ATLANTIC DECICI	A T	ATT DIG	FACTHONODO	
1,,,0	Diffic	11.20.07	1	MID ATLANTIC REGIO		1	EAST HONORS	
ALL-BI	G EAST HONORS		2018 2019	Cross Country Cross Country	9th 1st	Indoor 2019	Avenn Makon Dalary	1
Indoor			2019	Cross Country Cross Country	4th	2019	4x800 Meter Relay Mile	1st 3rd
1998	4x800 Meter Relay	1st	2022	Cross Country	9th	2017	WIIC	ora
1998	DMR	1st				Cross Coun	try	
2000	Mile	2nd	BIG E	AST CHAMPION		2018	6000 Meters	6th
2000	DMR	3rd	Indoor					
Outdoor			2019	DMR	11:37.53	l		
1998	4x800 Meter Relay	3rd				Amari C	Onque-Shabazz	
1999	1500 Meters	3rd	Outdoo					
1999	3000 Meters	3rd	2021	3000 Meter Steeplechase		ALL-AM	ERICA HONORS	
2000	3000 Meters	3rd	2021	5000 Meters	16:10.37	Indoor		
			Cross C	ountry		2017 (2nd)	DMR	12th
Cross Cou	2		2019	6000 Meters	21:29.5	2019	DMR	4th
1998	5000 Meters	8th				DIG TAG	T CIT A D (D) CONT	
DENINIT	DELANC CHAMBION		ALL-E	BIG EAST HONORS		1	T CHAMPION	
	RELAYS CHAMPION		Indoor			Indoor	4 400 M ( D 1	2.42.06
_	nship of America	C1:1	2019	DMR	1st	2017 2018	4x400 Meter Relay	3:42.06 3:42.01
	Event Leg x1500 Meter Relay 3rd	<u>Split</u> 4:26.1	2020	3000 Meters	3rd	2016	4x400 Meter Relay	5:42.01
2000 4	x1300 Meter Relay 310	4.20.1	2022	3000 Meters	2nd	Outdoor		
			2023	5000 Meters	3rd	2017	4x400 Meter Relay	3:44.34
Tilly (	O'Connor		0.11			2021	4x400 Meter Relay	3:38.86
<u> </u>	Connor		Outdoo 2019	r 3000 Meter Steeplechase	2nd		,	
ATT RI	G EAST HONORS		2019	4x800 Meter Relay	2nd	ALL-BIG	<b>EAST HONORS</b>	
Indoor	G EAST HONORS		2021	3000 Meter Steeplechase	1st	Indoor		
2025	DMR	2nd	2021	5000 Meters	1st	2017	4x400 Meter Relay	1st
2025	DIVIK	2110	2022	3000 Meter Steeplechase	3rd	2018	4x400 Meter Relay	1st
Outdoor			2023	3000 Meter Steeplechase	2nd	2020	4x800 Meter Relay	2nd
2025	4x800 Meter Relay	2nd	2023	4x800 Meter Relay	3rd	Outdoor		
						2017	4x400 Meter Relay	1st
			2018	6000 Meters	7th	2017	400 Meters	2nd
Caeler	ı O'Leary		2018	6000 Meters	1st	2018	4x400 Meter Relay	3rd
	<u> </u>		2020	6000 Meters	3rd	2019	4x800 Meter Relay	2nd
ALL-BI	G EAST HONORS		2021	6000 Meters	2nd	2021	4x400 Meter Relay	1st
Indoor								
2024	DMR	3rd	PENN	RELAYS CHAMPION				
			Champ	ionship of America				
			<u>Year</u>	<u>Event</u> <u>Leg</u>	<u>Split</u>			
			2019	4x1500 Meter Relay 1st	4:28.6			
			1,,,,,,,,	CCCA HONORS				
			1	CCCA HONORS				
			1	lantic Region Athlete of the Yea	ır			
			2019	Cross Country				
			RICE	A ST HONOPS				
			1	AST HONORS				
			2021	ST Female Athlete of the Week Cross Country	October 4			
			2021		Aarch 28			

Outdoor

Outdoor

2022

2023

March 28

April 10

#### Sonia O'Sullivan

NICAA CITANADIONI

NCAA CHAMPION			
Indoor 1991	5000 Meters	15:49.46	
Outdoor			
1990	3000 Meters	8:56.27	
1991	3000 Meters	8:56.74	
Cross Coun	try		
1990	5000 Meters	16:06.00	
1991	5000 Meters	16:30.30	
ALL-AM	ERICA HONORS		
Indoor			
1990	3000 Meters	3rd	
1991	5000 Meters	1st	
1991	Mile	6th	
Outdoor			
1990	3000 Meters	1st	

### 5000 Meters NCAA DISTRICT II CHAMPION

3000 Meters

5000 Meters

1990	Cross Country
1991	Cross Country

1991

1990

**Cross Country** 

#### **BIG EAST CHAMPION**

Indoor		
1990	3000 Meters	9:35.68
1991	Mile	4:42.75
1991	3000 Meters	9:14.57
1991	4x800 Meter Relay	8:37.02
	•	
Outdoor		
1988	4x800 Meter Relay	9:04.17
1989	3000 Meters	9:24.33
1989	4x800 Meter Relay	9:07.76
1990	3000 Meters	9:19.24
1991	3000 Meters	9:18.20
1991	5000 Meters	16:13.22
Cross Country	y	
1991	5000 Meters	17:09

#### Sonia O'Sullivan (continued)

ALL-BIG EAST HONORS			
ALL-DIG E	ASI HUNUKS		
1114001	3000 Meters	1-1	
1990		1st	
1991	Mile	1st	
1991	3000 Meters	1st	
1991	4x800 Meter Relay	1st	
Outdoor			
1988	4v000 Motor Dolory	1st	
	4x800 Meter Relay 3000 Meters	2nd	
1988			
1988	1500 Meters	3rd	
1989	3000 Meters	1st	
1989	4x800 Meter Relay	1st	
1989	1500 Meters	3rd	
1990	3000 Meters	1st	
1991	3000 Meters	1st	
1991	5000 Meters	1st	
Cross Country	57		
1989	5000 Meters	2nd	
1990	5000 Meters	5th	
1991	5000 Meters	1st	
1991	3000 Weters	151	
ECAC CHAMPION			
Indoor			
1990	3000 Meters	9:16.90	

1st

1st

1st

3000 Meters	9:16.90
3000 Meters	8:58.31
3000 Meters	8:58.64
	3000 Meters

Cross Country				
1990	5000 Meters	16:56.0		
1991	5000 Meters	16:00.5		

#### PENN RELAYS CHAMPION

<u>Year</u>	Event	Leg	<u>Split</u>
1989	4x1500 Meter Relay	2nd	4:26.3
1990	4x800 Meter Relay	3rd	2:08.4
1990	DMR	1200	3:18.7
1990	4x1500 Meter Relay	2nd	4:13.5
1991	4x800 Meter Relay	2nd	2:04.4
1991	DMR	Anchor	4:27.5

#### **NATIONAL HONORS**

Honda Sp	orts Award
1990-91	Cross Co

ountry 1991-92 Cross Country

#### **BIG EAST HONORS**

**BIG EAST Championships Outstanding Performer** 

1991 Indoor Track & Field

Outdoor Track & Field

#### **OLYMPIAN** (Ireland)

	( )	
<u>Year</u>	Location	<b>Events</b>
1992	Barcelona	1500, 3000
1996	Atlanta	1500, 5000
2000	Sydney	5000, 10000
2004	Athens	5000

#### Sonia O'Sullivan (continued)

#### **USTFCCCA** ATHLETE HALL OF FAME

Inducted 2023

#### PENN RELAYS WALL OF FAME **RELAYS**

<u>Year</u>	<b>Event</b>	<u>Time</u>	<u>Inducted</u>
1990	4x1500 Relay	17:18.10	2000

#### **INDIVIDUAL** Inducted 2023 Villanova '94

VILLANOVA UNIVERSITY

### VARSITY CLUB HALL OF FAME

Class of 1991 Inducted 2007

#### VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1987-81 Inducted October 7, 1995

#### **Bridget Owen**

ALL-BIG	EAST HONORS	
Indoor		
2016	Pole Vault	tie-3rd
Outdoor		
2016	Pole Vault	3rd
2017	Pole Vault	2nd

Judy Palmer BIG EAST CHAMPION		Ioana Parusheva   ALL-AMERICA HONORS		Jen Pastore ALL-AMERICA HONORS				
							Indoor	
1984	4x400 Meter Relay	3:49.88	2004	DMR	4th	1995	Javelin	7th
1985	4x800 Meter Relay	9:04.40	2005	DMR	2nd	1996	Javelin	6th
1986	4x800 Meter Relay	9:05.56					<b>,</b>	
			Cross Cou	2		BIG EAS	ST CHAMPION	
Outdoor			2003	6000 Meters	19th	Outdoor		
1983	400 Meter Hurdles	1:02.16				1995	Javelin	50.92m
1986	4x800 Meter Relay	9:09.15	:09.15   ALL-MID ATLANTIC RI			1996	Javelin	52.92m
	TAGE HONORG		2001	Cross Country	7th			
ALL-BIG	EAST HONORS		2002	Cross Country	14th	ALL-BIC	G EAST HONORS	
Indoor			2003	Cross Country	7th	Outdoor		
1984	4x400 Meter Relay	1st	2004	Cross Country	14th	1995	Javelin	1st
1985	4x800 Meter Relay	1st	1			1996	Javelin	1st
1986	4x800 Meter Relay	1st	BIG EAS	ST CHAMPION			J ·	130
			Indoor			ECAC C	HAMPION	
Outdoor			2003	4x800 Meter Relay	8:54.61	Outdoor		
1983	400 Meter Hurdles	1st	2005	4x800 Meter Relay	8:53.34	1996	Javelin	52.82m
1985	400 Meter Hurdles	2nd				1990	javeiiii	32.02111
1986	4x800 Meter Relay	1st	Outdoor			DENIND	EL AVE CITAMBION	.T
1986	400 Meter Hurdles	3rd	2003	4x800 Meter Relay	8:46.89	ı	ELAYS CHAMPION	N
			2005	3000 Meter Steeplechas			Championships	
ECAC CI	HAMPION		2005	4x800 Meter Relay	8:47.87	1996 Ja	velin	56.16m
Indoor			2006	3000 Meter Steeplechas				
1985	4x800 Meter Relay	8:48.97	2006	4x800 Meter Relay	8:38.88			
1986	DMR	11:38.85	2000	4x000 Weter Kelay	0.30.00	Alex Pa	ntrick	
1700	DIVIK	11.50.05	ATT_RIC	G EAST HONORS		l <del></del>		
Outdoor			1	EAST HONORS		AII-BIO	G EAST HONORS	
1984	4x800 Meter Relay	8:55.24	Indoor	DMD	2.1	ı	LAST HONORS	
1985	4x800 Meter Relay	8:57.4	2002	DMR	3rd	Outdoor	I I	21
1705	4x000 Weter Relay	0.57.4	2003	4x800 Meter Relay	1st	2019	Long Jump	3rd
			2003	DMR	2nd			
Marry Dat Danderas		2005	4x800 Meter Relay	1st				
Mary Pat Parducci		2005	Mile	3rd	Alex Pa	ayne		
ALL-BIG EAST HONORS		Outdoor						
	EAST HUNUKS		2002	4x800 Meter Relay	3rd	ı	ST CHAMPION	
Indoor			2003	4x800 Meter Relay	1st	Indoor		
1985	5000 Meters	2nd	2003	3000 Meter Steeplechas		2025	Weight Throw	19.18m
			2005	3000 Meter Steeplechas			<u> </u>	
Outdoor			2005	4x800 Meter Relay	1st	ATT DIC	G EAST HONORS	
1985	5000 Meters	3rd	2006	3000 Meter Steeplechas		1	EAST HONORS	
1985	10000 Meters	3rd	2006	4x800 Meter Relay	1st	Indoor	X47 * 1 . FM	0.1
			2006	1500 Meters	3rd	2024	Weight Throw	3rd
Cross Coun						2025	Weight Throw	1st
1984	5000 Meters	11th	Cross Cou	ntrv		0		
			2001	6000 Meters	15th	Outdoor	TT	2 1
			2002	6000 Meters	8th	2025	Hammer	2nd
			2003	6000 Meters	11th			
			2004	6000 Meters	11th			
			2001	5500 Wickers	11111			
						I		

#### Katherine Petruzzellis

#### **BIG EAST CHAMPION**

Indoor

2015 High Jump 1.68m 2015 Pentathlon 3,723

Outdoor

2015 Heptathlon 4,686

#### **ALL-BIG EAST HONORS**

Indoor

2015 High Jump 1st 2015 Pentathlon 1st

Outdoor

 2015
 Heptathlon
 1st

 2015
 High Jump
 2nd

 2015
 100 Meter Hurdles
 3rd

#### **BIG EAST HONORS**

BIG EAST Championships Outstanding Field Performer 2015 Indoor Track & Field

**BIG EAST Women's Field Athlete of the Week** 2015 Outdoor April 28

## <u>HONORS AND AWARDS</u>

## **Angel Piccirillo**

ALL-AMERICA HONORS			
Indoor			
2013	DMR	2nd	
2014 (2nd)	DMR	9th	
2015	Mile	7th	
2015 (HM)	DMR	DQ	
2016	Mile	2nd	
2016 (2nd)	3000 Meters	13th	
Outdoor			
2014 (2nd)	1500 Meters	12th	
2015 (2nd)	1500 Meters	14th	
Cross Country	y		
2016	6000 Meters	20th	
ALL-MID ATLANTIC REGION			
2013	Cross Country	4th	

## **BIG EAST CHAMPION**

Indoor		
2013	4x800 Meter Relay	8:40.50
2014	Mile	5:01.87
2014	4x800 Meter Relay	7:57.01*
2015	800 Meters	2:04.98
2015	4x800 Meter Relay	8:33.94
2016	1000 Meters	2:40.82

Cross Country

Cross Country

### Outdoor

2015

2016

2014	4x800 Meter Relay	8:33.36
2015	800 Meters	2:04.25
2017	800 Meters	2:07.45
2017	4x400 Meter Relay	3:44.34

### **Cross Country**

2016	6000 Meters	20:49.6
2010	oudu Meters	20:49.0

## Angel Piccirillo (continued)

## **ALL-BIG EAST HONORS**

Indoor

7th

8th

2016

2013	4x800 Meter Relay	1st
2013	1000 Meters	2nd
2013	DMR	2nd
2014	Mile	1st
2014	4x800 Meter Relay	1st
2014	DMR	2nd
2015	800 Meters	1st
2015	4x800 Meter Relay	1st
2016	1000 Meters	1st
2016	DMR	2nd
Outdoor		
2013	1500 Meters	3rd
2014	4x800 Meter Relay	1st
2014	1500 Meters	2nd
2015	800 Meters	1st
2015	4x400 Meter Relay	3rd
2017	800 Meters	1st
2017	4x400 Meter Relay	1st
Cross Country	<i>I</i>	

## PENN RELAYS CHAMPION

6000 Meters

## Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2013	4x800 Meter Relay	2nd	2:04.12
2013	DMR	1200	3:21.8
2014	4x800 Meter Relay	2nd	2:06.00
2014	4x1500 Meter Relay	2nd	4:17.4
2015	4x800 Meter Relay	Anchor	2:04.28
2015	DMR	1200	3:23.25
2017	4x800 Meter Relay	2nd	2:03.62
2017	DMR	Anchor	4:32.76
2017	4x1500 Meter Relay	2nd	4:17.9

## **USTFCCCA HONORS**

## Mid-Atlantic Region Track Athlete of the Year

2015 Indoor Track & Field 2016 Indoor Track & Field

## **BIG EAST HONORS**

2015

**BIG EAST Championships Outstanding Track Performer** Indoor Track & Field

## BIG EAST Women's Track Athlete of the Week

		-
2015	Outdoor	April 28
2017	Outdoor	April 4

## BIG EAST Female Athlete of the Week

Indoor

2015	Cross Country	October 6
2016	Cross Country	October 4

## **Angel Piccirillo (continued)**

## PHILADELHIA HONORS

Philadelphia Sports Writers Association Frank Dolson Penn Relays Award February 1, 2016

Philadelphia Sports Writers Association Special Achievement Award January 15, 2018

## Allison Pojanowski

## **BIG EAST CHAMPION**

Indoor 1995	4x800 Meter Relay	9:00.84
	G EAST HONORS	
Indoor		
1995	4x800 Meter Relay	1st

## Lisa Polzinetti

1st

January 20

## **BIG EAST CHAMPION**

Indoor 1985	5000 Meters	17:41.15
	G EAST HONORS	
Indoor 1985	5000 Meters	1st

1,00	Soco Meters	130
Outdoor		
1984	10000 Meters	3rd
1986	5000 Meters	2nd
1986	10000 Meters	3rd

Cross Country			
1984	5000 Meters	9th	

<sup>\*</sup> race was run one lap short due to a technical error during the third leg of the race

## **Ashley Preston**

## **BIG EAST CHAMPION**

Indoor

2019 Pole Vault 3.85m
 2020 Pole Vault 4.05m

Outdoor

2019 Pole Vault 4.02m 2023 Pole Vault 3.87m

## **ALL-BIG EAST HONORS**

Indoor

 2019
 Pole Vault
 1st

 2020
 Pole Vault
 1st

 2022
 Pole Vault
 tie-2nd

 2023
 Pole Vault
 2nd

Outdoor

 Value
 Pole Vault
 1st

 2019
 Pole Vault
 2nd

 2021
 Pole Vault
 2nd

 2022
 Pole Vault
 2nd

 2023
 Pole Vault
 1st

## BIG EAST Women's Field Athlete of the Week

2021 Outdoor April 19 2023 Outdoor May 8

## **Sherese Price**

## **BIG EAST CHAMPION**

Indoor

2002 60 Meter Hurdles 8.34

## **ALL-BIG EAST HONORS**

Indoor

 1999
 60 Meter Hurdles
 3rd

 2002
 60 Meter Hurdles
 1st

Outdoor

2002 100 Meter Hurdles 2nd

## Gina Procaccio

## NCAA CHAMPION

Indoor

1987 4x800 Meter Relay 8:24.72

## ALL-AMERICA HONORS

Indoor

 1987
 4x800 Meter Relay
 1st

 1987
 1000 Meters
 5th

## **BIG EAST CHAMPION**

Indoor

1987 1000 Meters 2:45.94

Outdoor

 1987
 800 Meters
 2:06.62

 1987
 3000 Meters
 9:34.8

 1987
 4x800 Meter Relay
 8:53.33

## **ALL-BIG EAST HONORS**

Indoor

 1987
 1000 Meters
 1st

 1987
 1500 Meters
 3rd

Outdoor

 1987
 800 Meters
 1st

 1987
 3000 Meters
 1st

 1987
 4x800 Meter Relay
 1st

Cross Country

1986 5000 Meters 2nd

## **ECAC CHAMPION**

Indoor

1987 4x800 Meter Relay 8:58.75

## PENN RELAYS CHAMPION

Championship of America

 Year
 Event
 Leg
 Split

 1987
 DMR
 1200
 3:22.0

## PENN RELAYS WALL OF FAME INDIVIDUAL

Inducted 2015

Sun Valley (Pa.) High School '82 Florida '85

Villanova '87 Sallie Mae TC '94

## VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1988 Inducted 2010

## Jenny Rahn

## **BIG EAST CHAMPION**

Outdoor

 1986
 Javelin
 41.28m

 1988
 Javelin
 46.32m

## **ALL-BIG EAST HONORS**

Indoor

1985 1500 Meters 3rd 1988 DMR 2nd

Outdoor

1986 Javelin 1st 1987 Javelin 2nd 1988 Javelin 1st

## Leashia Rahr

## **ALL-AMERICA HONORS**

Indoor

1997 DMR 7th

## **BIG EAST CHAMPION**

Indoor

 1997
 DMR
 11:23.40

 1998
 DMR
 11:28.67

## **ALL-BIG EAST HONORS**

Indoor

 1997
 DMR
 1st

 1997
 4x400 Meter Relay
 2nd

 1998
 DMR
 1st

 2000
 DMR
 23rd

Outdoor

 1997
 4x400 Meter Relay
 2nd

 2000
 400 Meter Hurdles
 2nd

## Janice Rau

## ALL-BIG EAST HONORS

Outdoor

1983 10000 Meters 3rd

| Sheila Reid (continued)

Sheila Reid

| Sheila Reid (continued)

<u> </u>	tera		<u> </u>	u iteia (e	Jiminacaj		<u> </u>	ittera (comma	<u>cuj</u>
NCAA CHAMPION		ALL-BIG EAST HONORS			USTFCCCA HONORS				
Indoor			Indoor	710 E 110 1 1	10110113		The Bow		
2011	DMR	10:52.52	2008	DMR		3rd	2011	Semifinalist	June 21
2011	DWIK	10.52.52	2009	1000 M	otors	2nd	2011	Schillinanst	Julie 21
Outdoor			2010	1000 N		1st	2010	Watch List	February 9
2011	1500 Meters	4:14.57	2010	Mile	ctcrs	1st	2010	Watch List	January 13
2011	5000 Meters	15:37.57	2010		Meter Relay	1st	2011	Watch List	February 10
2011	3000 Weters	13.37.37	2010	1000 M			2011	Watch List	March 3
Cross Coun	here y		2011		Meter Relay	1st 1st	2011	Watch List	March 17
2010	6000 Meters	20:06.90	2011	DMR	vietei Keiay	1st	2011	Watch List	June 2
2010	6000 Meters	19:41.20	2011	DIVIK		151	2011	Watch List	January 11
2011	0000 Weters	19.41.20	Outdoo				2012	Watch List	
ATT AND	EDICA HONODO		2009	1500 M	atoma	24	2012	Watch List	February 2 March 1
	ERICA HONORS		2009			3rd	2012		March 15
Indoor			2010	800 Me	Meter Relay	3rd 1st	2012	Watch List	March 13
2010	3000 Meters	3rd	2010				National.	Athlete of the Year	
2010	DMR	4th	2010	1500 M	Meter Relay	3rd	2010		
2011	DMR	1st	2011	5000 N		1st	2010	Cross Country	
2011	3000 Meters	2nd	2011	3000 IV.	leters	1st	2011	Cross Country	
Outdoor			Cross C	ountry			2011	Outdoor Track &	ε Field
2010	1500 Meters	4th	2007	6000 N	leters	7th			
2011	1500 Meters	1st	2009	6000 N	leters	1st	Mid-Atla	ntic Region Athlete of	f the Year
2011	5000 Meters	1st	2010	6000 N	leters	1st	2009	Cross Country	
2012 (2nd)	5000 Meters	12th	2011	6000 N	leters	1st	2010	Cross Country	
2012 (2/14)	ooo weters	12111					2011	Cross Country	
Cross Coun	trv		PENN	<b>RELAYS</b> O	CHAMPION			·	
2009	6000 Meters	13th	1	ionship of Am			Mid-Atla	ntic Region Track Atl	lete of the Year
2010	6000 Meters	1st	Year	Event	Leg	<u>Split</u>	2011	Indoor Track & 1	Field
2011	6000 Meters	1st	2012	DMR	Anchor	$\frac{3418}{4:40.8}$			
							2011	Outdoor Track &	r Field
NCAA MI	D-ATLANTIC CHAN	MPION	NATI	ONAL HO	NORS				
2009	Cross Country	20:23	1	Sports Award			BIG EA	ST HONORS	
2010	Cross Country	19:34	2010-11	Cross (	Country		BIG EAS	T Championships	
2011	Cross Country	21:32.7	2011-12		Country		Outstand	ling Track Performer	
	, , , , , , , , , , , , , , , , , , , ,				j		2010	Indoor Track & l	Field
ALL-MID	ATLANTIC REGI	ION	2010-11	Track &	& Field		DIC FAC	TEXA7/. TE1. A.(1)	1.4
2007	Cross Country	12th					1	T Women's Track Ath	
2009	Cross Country	1st					2010	Indoor	February 2
2010	Cross Country	1st					2011	Indoor	January 18
2011	Cross Country	1st					2011	Indoor	February 1
	,						2011	Outdoor	April 19
BIG EAS	Γ CHAMPION						2011	Outdoor	April 17
Indoor							BIG EAS	T Female Athlete of th	ne Week
2010	1000 Meters	2:45.02					2009	Cross Country	October 8
2010	Mile	4:51.33					2010	Cross Country	October 21
2010	4x800 Meter Relay	8:39.34						,	
2011	1000 Meters	2:43.70					OLYMI	PIAN (Canada)	
2011	4x800 Meter Relay	8:42.88					Year	Location	Events
2011	DMR	11:16.72					2012	London	5000
Outdoor									
2010	800 Meters	2:06.38					PHILA	DELHIA HONOI	RS
2011	1500 Meters	4:23.98					Philadel	ohia Sports Writers As	sociation
2011	5000 Meters	16:13.29						ling Philadelphia Ama	
2011	JUUD IVICICIS	10.10.29	1				2010	J .	
Cross Coun	trv		1				2011		
2009	6000 Meters	20:46							
2010	6000 Meters	20:40							
2010	6000 Meters	19:40	1						
_011	5000 1110015	17.30							
			1				I		
			1				1		

## **Beverly Reilly**

## **ALL-BIG EAST HONORS**

Outdoor

1983 10000 Meters 2nd

## Bianca Reo

## **ALL-BIG EAST HONORS**

Indoor

2014 Pole Vault 2nd

Outdoor

2014 Pole Vault 3rd

## **Adria Retter**

## **BIG EAST CHAMPION**

Outdoor

2024 Discus 49.73m

## **ALL-BIG EAST HONORS**

Indoor

2024 Shot Put 3rd

Outdoor

2024 Discus 1st 2025 Discus 3rd

## **BIG EAST HONORS**

**BIG EAST Women's Field Athlete of the Week** 2025 Outdoor March 31

T		T) 1 ·	
	On	Khinac	7
	CII	Rhines	,

NCAA C	HAMPION	
Indoor		
1995	5000 Meters	15:41.12
1995	DMR	11:11.98
0		
Outdoor	E000 1 f .	1 ( 01 (0
1994	5000 Meters	16:21.60
1995	5000 Meters	15:56.18
1996	5000 Meters	16:05.85
Cross Coun	try	
1994	5000 Meters	16:31.20
ATT AND	ERICA HONORS	2
	ERICA HONORS	•
Indoor	E000 1 f .	2 1
1994	5000 Meters	3rd
1995	5000 Meters	1st
1995	DMR	1st
1996	DMR	2nd
1996	5000 Meters	3rd
Outdoor		
1994	5000 Meters	1st
1995	5000 Meters	1st
1996	5000 Meters	1st
Cross Coun	tes	
1993	5000 Meters	2nd
1993	5000 Meters	211d
		3rd
1995	5000 Meters	3rd
NCAA D	ISTRICT II CHA	MPION

## 1995 Cross Country **BIG EAST CHAMPION**

1995

1996

Indoor		
1994	3000 Meters	9:25.29
1994	5000 Meters	16:02.67
1995	5000 Meters	16:07.40
1996	3000 Meters	9:13.48
1996	5000 Meters	16:19.05
Outdoor		
1994	5000 Meters	16:22.28

5000 Meters

5000 Meters

Cross Country

## Jen Rhines (continued)

ALL-BIO	G EAST HONORS		
1994	3000 Meters	1st	
1994	5000 Meters	1st	
1994	5000 Meters	1st	
1995	3000 Meters	2nd	
1996	3000 Meters	211d 1st	
1996	5000 Meters	1st	
1990	Juou Meters	15t	
Outdoor			
1994	5000 Meters	1st	
1994	3000 Meters	2nd	
1995	5000 Meters	1st	
1995	3000 Meters	2nd	
1996	5000 Meters	1st	
1996	3000 Meters	2nd	
6 6			
Cross Cou	,	10.1	
1992	5000 Meters	13th	
1993	5000 Meters	3rd	
1994	5000 Meters	2nd	
1995	5000 Meters	2nd	
F6466	TT 4 1 (DY C) 1		
ECAC CHAMPION			
Indoor			
1995	Mile	4:45.62	

ECAC CHAMPION			
Indoor 1995	Mile	4:45.62	
Outdoor 1994 1995	3000 Meters 3000 Meters	9:10.01 9:06.66	

### **Cross Country** 1994 5000 Meters 1995 5000 Meters

## 16:34 PENN RELAYS CHAMPION

Championship of America				
<u>Year</u>	<b>Event</b>	<u>Leg</u>	<u>Split</u>	
1994	4x1500 Meter Relay	2nd	4:23.6	
1995	4x1500 Meter Relay	3rd	4:20.0	

## **NATIONAL HONORS**

Honda Spor	ts Award
1994-95	Cross Country

## **BIG EAST HONORS**

16:21.62

16:25.31

**BIG EAST Championships Outstanding Track Performer** Indoor Track & Field

## **OLYMPIAN** (United States)

Year	Location	Events
2000	Sydney	10000
2004	Athens	Marathon
2008	Beijing	5000

## VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1996 Inducted 2012

## Jen Rhines (continued)

## VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1992-96 Inducted October 2, 1999

## Melanie Rhoden

## **ALL-BIG EAST HONORS**

Indoor		
2003	DMR	2nd

## **Emily Robinson**

## **ALL-MID ATLANTIC REGION**

2022		05.1
2023	Cross Country	25th

ALL-BIG EAST HONORS			
Indoor 2025	4x800 Meter Relay	3rd	
Outdoor 2023	4x800 Meter Relay	3rd	

### Cross Country 2023 (2nd) 6000 Meters 18th

## Marlena Robinson

16:25

## **BIG EAST CHAMPION**

Outdoor		
2000	Triple Jump	13.03m

ALL-BIG	EAST HONORS	
1998 1999	Long Jump Long Jump	2nd 3rd
Outdoor 2000	Triple Jump	1st

## **ECAC CHAMPION**

Indoor		
2001	Triple Jump	12.99m

## **Stacy Robinson**

<b>BIG EA</b>	ST CHAMPION	
Indoor		
1993	DMR	11:38.36
1995	4x800 Meter Relay	8:39.81
1992	DMR	11:25.91
1993	4x400 Meter Relay	3:42.00
1993	4x800 Meter Relay	8:53.27
ALL-BI	G EAST HONORS	
Indoor		
1993	DMR	1st
1993	800 Meters	3rd
1995	4x800 Meter Relay	1st
1995	DMR	1st

## **ECAC CHAMPION**

1996

Outdoor 1995

Indoor		
1993	4x800 Meter Relay	8:44.01

4x800 Meter Relay

4x800 Meter Relay

## Irene Ruopoli

Irene Kuopoli			
ATT AR	MERICA HONORS		
	MERICA HUNUKS		
Indoor			
1991	4x800 Meter Relay	5th	
1992	4x800 Meter Relay	4th	
1993	4x800 Meter Relay	2nd	
BIG EA	ST CHAMPION		
Indoor			
1991	DMR	11:32.02	
1992	4x800 Meter Relay	8:39.81	
1992	DMR	11:25.91	
1993	4x400 Meter Relay	3:42.00	
1993	4x800 Meter Relay	8:53.27	
ALL-BI	G EAST HONORS		
Indoor			
1990	1000 Meters	3rd	

Indoor		
1990	1000 Meters	3rd
1990	4x400 Meter Relay	3rd
1991	DMR	1st
1991	1000 Meters	2nd
1992	4x800 Meter Relay	1st
1992	DMR	1st
1993	4x400 Meter Relay	1st
1993	4x800 Meter Relay	1st
1993	1000 Meters	2nd

## Outdoor

1st

1st

Outuoui		
1990	4x400 Meter Relay	3rd
1992	800 Meters	3rd

## **ECAC CHAMPION**

Indoor 1993	4x800 Meter Relay	8:44.01
Outdoor 1992	800 Meters	2:07.28

## PENN RELAYS CHAMPION

Championship of America			
Event	Leg	<u>Split</u>	
4x800 Meter Relay	1st	2:10.0	
4x800 Meter Relay	1st	2:09.5	
	Event 4x800 Meter Relay	Event Leg 4x800 Meter Relay 1st	

## Theresa Rush

## ALL-BIG EAST HONORS

TILL DIO	LIIOI IIOITOITO	
Outdoor		
2007	4x800 Meter Relay	2nd

## Lauren Ryan

<b>ALL-N</b> 2017	MID ATLANTIC  Cross Country		15th
2017	Cross Country	'	10011
BIG E	AST CHAMPIO	N	
Indoor			
2018	DMR	17	1:33.68
ALL-I	BIG EAST HONC	DRS	
Indoor			
2018	DMR		1st
2018	Mile		3rd
0.11			
Outdoo	·=		0 1
2018	5000 Meters		2nd
2019	1500 Meters		3rd
Cross C	Country		
2017	6000 Meters		6th
2018 (21	ad) 6000 Meters		20th
PENN	I RELAYS CHAM	1PION	
Champ	ionship of America		
Year	Event	<u>Leg</u>	<u>Split</u>
2018	4x1500 Meter Relay	3rd	4:25.1

## Jordan Sarruda

BIG EAS	ST CHAMPION	
2007	4x800 Meter Relay	8:49.04
ALL-BIO	G EAST HONORS	
2006 2007 2008	DMR 4x800 Meter Relay DMR	2nd 1st 3rd
Outdoor 2007 2008 2009	4x400 Meter Relay 4x800 Meter Relay 4x400 Meter Relay	3rd 2nd 3rd

## Stephanie Scalessa

ALL-DIG E	ASI HUNUKS	
Indoor		
1998	DMR	2nd

## Adeline Scelzi

RIC	<b>EAST</b>	CHA	MPI	ON
DIG	LASI	CIIA	TATT T	OIN.

Indoor

2017 Pole Vault 3.60m

## **ALL-BIG EAST HONORS**

Indoor

2017 Pole Vault 1st 2019 Pole Vault tie-2nd

Outdoor

2017 Pole Vault 3rd

## **Nicole Schappert**

## **ALL-AMERICA HONORS**

Indoor

2010 Mile 13th 2010 3000 Meters 6th

Cross Country

39th 2009 6000 Meters

### ALL-MID ATLANTIC REGION

12th Cross Country

## **BIG EAST CHAMPION**

Indoor

4x800 Meter Relay 8:39.34 2010 2010 DMR 11:11.00

## **ALL-BIG EAST HONORS**

Indoor
2010

2010

2010 2010	4x800 Meter Relay DMR	1st 1st
2010 Outdoor	1000 Meters	2nd
2009	4x800 Meter Relay	3rd

1500 Meters

Indoor

4x800 Meter Relay BIG EAST Women's Track Athlete of the Week

## Stephanie Schappert

## **ALL-AMERICA HONORS**

Indoor

2014 (2nd) Mile 11th 2015 (2nd) Mile 9th 2015 (HM) **DMR** DQ

Outdoor 2015

1500 Meters

## **ALL-MID ATLANTIC REGION**

2013	Cross Country	8th
2014	Cross Country	14th

### **BIG EAST CHAMPION**

### Indoor

2012	4x800 Meter Relay	8:38.55
2013	4x800 Meter Relay	8:40.50
2014	4x800 Meter Relay	7:57.01*
2015	Mile	4:41.69
2015	4x800 Meter Relay	8:33.94
	=	

\* race was run one lap short due to a technical error during the third leg of the race

## Outdoor

4x800 Meter Relay	8:37.58
4x800 Meter Relay	8:34.23
4x800 Meter Relay	8:33.36
	4x800 Meter Relay

## ALL-BIG EAST HONORS

## Indoor

2nd

February 9

2012	4x800 Meter Relay	1st
2012	Mile	3rd
2013	4x800 Meter Relay	1st
2013	DMR	2nd
2014	4x800 Meter Relay	1st
2014	DMR	2nd
2014	Mile	3rd
2015	Mile	1st
2015	4x800 Meter Relay	1st
Outdoor		
2042		

Outdoor		
2012	4x800 Meter Relay	1st
2013	4x800 Meter Relay	1st
2014	4x800 Meter Relay	1st
2015	800 Meters	2nd
2015	4x400 Meter Relay	3rd

## **ECAC CHAMPION**

**Cross Country** 

5000 Meters 17:42.4

## PENN RELAYS CHAMPION

### Championship of America

Year	Event	Leg	<b>Split</b>
2014	DMR	1200	3:25.00
2014	4x1500 Meter Relay	1st	4:22.3
2015	4x800 Meter Relay	2nd	2:03.98
2015	DMR	Anchor	4:39.61

## Stephanie Schappert (continued)

## **USTFCCCA HONORS**

Mid-Atlantic Region Track Athlete of the Year Outdoor Track & Field

## **BIG EAST HONORS**

BIG EAST Female Athlete of the Week

Cross Country September 30

## Veronica Scott

## **BIG EAST CHAMPION**

Indoo	Ιn	d	o	0
-------	----	---	---	---

6th

2017	4x800 Meter Relay	8:42.67	
Outdoor			
2016	400 Meter Hurdles	1:01.26	

## **ALL-BIG EAST HONORS**

## Indoor

1st

## Outdoor

2014	Javelin	3rd
2015	400 Meter Hurdles	2nd
2016	400 Meter Hurdles	1st
2016	Javelin	2nd
2017	4x800 Meter Relay	2nd
2017	400 Meter Hurdles	3rd

Lauren S	earby
----------	-------

ATT	ANTED	TCA I	OMO	DC
ALL-	AMER	ICA H	IUNU	KS

Indoor

1984 1500 Meters 4th

Outdoor

1984 3000 Meters 12th

## **BIG EAST CHAMPION**

Indoor

1984 1500 Meters 4:27.27 5000 Meters 1984 16:43.29 1985 DMR 11:50.1 1987 **DMR** 11:32.37

Outdoor

5000 Meters 16:51.69 1985 1986 4x800 Meter Relay 9:09.15 1987 5000 Meters 16:51.96

## **ALL-BIG EAST HONORS**

Indoor

1984 1500 Meters 1st 1984 5000 Meters 1st DMR 1985 1st 1985 1500 Meters 2nd DMR 1987 1st 1987 3000 Meters 3rd

Outdoor

1984 1500 Meters 2nd 1984 3000 Meters 2nd 3000 Meters 1985 2nd 1985 5000 Meters 1st 1986 4x800 Meter Relay 1st 1987 5000 Meters 1st

**Cross Country** 

5000 Meters 10th 1983 1984 5000 Meters 3rd 2nd 1985 5000 Meters 1986 5000 Meters 6th

## **ECAC CHAMPION**

Indoor

3000 Meters 1984 9:18.26 1985 DMR 11:37.68 4x800 Meter Relay 8:58.75 1987 1987 **DMR** 11:28.75

Outdoor

1500 Meters 4:26.7

## PENN RELAYS CHAMPION

Championship of America

Year **Event** Leg Split 4:34.9 1984 **DMR** Anchor

## PENN RELAYS WALL OF FAME

**RELAYS** 

**Year Event Time Inducted** 1984 **DMR** 10:53.97 2017

## Lauren Searby (continued)

## VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1987 Inducted 1998

## Nikki Shaw

## ALL-AMERICA HONORS

Indoor 1993

4x800 Meter Relay 2nd

## **BIG EAST CHAMPION**

Indoor

1000 Meters 2:52.60 1993 1993 4x400 Meter Relay 3:42.00 1994 4x800 Meter Relay 8:56.31

## ALL-BIG EAST HONORS

Indoor

1993 1000 Meters 1st 1993 4x400 Meter Relay 1st 1994 4x800 Meter Relay 1st

Outdoor

1993 4x800 Meter Relay 3rd

## **ECAC CHAMPION**

Indoor

1993 4x800 Meter Relay 8:44.01

## Rosie Shay

## ALL-BIG EAST HONORS

Indoor

2025 **DMR** 2nd

Outdoor

4x800 Meter Relay 2025 2nd

## Sue Shea

## PENN RELAYS CHAMPION

Championship of America

Year **Event** Split Leg 1979 4x800 Meter Relay 2nd 2:17.1

## VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1982 Inducted 1991

## **Reilly Siebert**

## ALL-MID ATLANTIC REGION

Cross Country

24th

## **BIG EAST CHAMPION**

Indoor

4x800 Meter Relay 2019 8:52.97 2019 **DMR** 11:37.53

## ALL-BIG EAST HONORS

Indoor

2019 4x800 Meter Relay 1st 2019 **DMR** 1st 2019 800 Meters 3rd

Outdoor

2019 4x800 Meter Relay 2nd

**Cross Country** 

2018 (2nd) 6000 Meters 13th

Sadie Sigfstead		Brooke Simpson		Kirsty Smith				
ALL-AMERICA HONORS Outdoor		ALL-MID ATLANTIC REGION 2009 Cross Country 15th		ALL-MID ATLANTIC REGION 2004 Cross Country 21st				
2024 (2nd) 2025 (2nd) 2025 (HM)	10000 Meters 10000 Meters 10000 Meters	12th 13th 23rd	Cross Count	•	44.1	Maggie	Smith	
Cross Countr	у		2009	6000 Meters	11th	ATT-MID	ATLANTIC REG	ION
2024	6000 Meters	15th	Melanie	Sklepko		2019 2021	Cross Country Cross Country	3rd 8th
	O-ATLANTIC CI		DIG EAGE	CILLANGUICA		DIC EAC		
2023	Cross Country	19:35.5	Outdoor	CHAMPION	42.20	Indoor	T CHAMPION	44.04.00
	ATLANTIC R		1997	Javelin	43.28m	2022	DMR	11:26.08
2021 2023 2024	Cross Country Cross Country Cross Country	9th 1st 3rd	Indoor	EAST HONORS		ALL-BIG	EAST HONORS	
	CHAMPION		1994 Outdoor	Pentathlon	2nd	2022 2022	DMR Mile	1st 3rd
Indoor 2024	5000 Meters	15:59.11	1994 1995	Javelin 4x400 Meter Relay	3rd 2nd	2002 2025	4x800 Meter Relay 4x800 Meter Relay	3rd 3rd
Outdoor 2023	10000 Meters	34:42.83	1996 1997	400 Meter Hurdles Javelin	3rd 1st	Outdoor 2021 2025	4x800 Meter Relay 4x800 Meter Relay	2nd 2nd
						2023	4x000 Meter Kelay	2110
	EAST HONOR	as	Ali Smit	h		Cross Count		
Indoor 2024 2024	5000 Meters 3000 Meters	1st 3rd		RICA HONORS		2019 2021 (2nd)	6000 Meters 6000 Meters	8th 14th
Outdoor 2023	10000 Meters	1st	Cross Count 2009 2010	6000 Meters 6000 Meters	24th 24th		T HONORS  The male Athlete of the W  Cross Country  S	eek eptember 20
2025	5000 Meters	3rd	ALL-MID	ATLANTIC REGIO	N	2021	Cross Country 5	eptember 20
Cross Countr	ry 6000 Meters	5th	2007 2009	Cross Country Cross Country	20th 6th	Terri Sn	nith	
2023 2024	6000 Meters 6000 Meters	4th 4th	2010 BIG FAST	Cross Country CCHAMPION	7th		T CHAMPION	
	LAYS CHAMP	ION	Indoor 2010	3000 Meters	9:16.62	Indoor 1988	4x800 Meter Relay	8:49.59
2025 1000	0 Meters	32:39.54	l	EAST HONORS		Outdoor 1988	4x800 Meter Relay	9:04.17
National Ath	A HONORS lete of the Week	Ct	Indoor 2008 2008	1000 Meters 4x800 Meter Relay	2nd 2nd	ALL-BIG	EAST HONORS	
2024 BIG EAST	Cross Country 'HONORS	September 30	2010 2011	3000 Meters 3000 Meters	1st 3rd	1988 1988	4x800 Meter Relay 4x400 Meter Relay	1st 3rd
2023 2023	emale Athlete of the Cross Country Cross Country	September 18 October 2	Outdoor 2008 2010	4x800 Meter Relay 3000 Meter Steeplechase	2nd e 3rd	Outdoor 1988	4x800 Meter Relay	1st
2024	Cross Country	September 30	2011	5000 Meters	3rd	ECAC CH	IAMPION	
			Cross Counts 2009 2010	ry 6000 Meters 6000 Meters	12th 5th	Indoor 1988	DMR	11:37.66
			BIG EAST W 2011	Jomen's Track Athlete of Outdoor	the Week April 5			

NCAA C	HAMPION	
Indoor 1995	DMD	11:11.98
1995	DMR	11:11.98
ALL-AM	ERICA HONORS	
Indoor		
1994	Mile	3rd
1994	DMR	7th
1995	DMR	1st
1995	Mile	4th
Outdoor		
1994	1500 Meters	6th
Cross Coun	itry	
1993	5000 Meters	7th
1994	5000 Meters	3rd
BIG EAS	T CHAMPION	
Indoor		
1992	DMR	11:25.91
1993	DMR	11:38.36
1994	1000 Meters	2:48.16
1994	DMR	11:22.88
1995	1000 Meters	2:48.56
1995	DMR	11:24.03
Outdoor		
1994	1500 Meters	4:21.27
1995	1500 Meters	4:23.28
1995	4x800 Meter Relay	8:54.08
ALL-BIG	EAST HONORS	
Indoor		
1992	DMR	1st
1993	DMR	1st
1993	Mile	3rd
1994	1000 Meters	1st
1994	DMR	1st
1994	3000 Meters	2nd
1995	1000 Meters	1st
1995	DMR	1st
1995	3000 Meters	3rd
Outdoor		
1993	1500 Meters	2nd
1993	4x800 Meter Relay	3rd
1994	1500 Meters	1st
1995	1500 Meters	1st
1995	4x800 Meter Relay	1st
1995	3000 Meters	3rd
Cross Coun	try	
1992	5000 Meters	10th
1993	5000 Meters	4th
1994	5000 Meters	3rd
ECAC CI	HAMPION	
Indoor		
1005	1000 Mataua	

1995

1000 Meters

## **Becky Spies (continued)**

PENN RELAYS CHAMPION							
Champ	ionship of America						
<u>Year</u>	<b>Event</b>	Leg	<u>Split</u>				
1993	4x1500 Meter Relay	1st	4:30.5				
1994	DMR	Anchor	4:40.7				
1994	4x1500 Meter Relay	Anchor	4:17.4				
1995	4x800 Meter Relay	2nd	2:11.4				
1995	DMR	Anchor	4:45.2				
1995	4x1500 Meter Relay	Anchor	4:26.0				
VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME Class of 1995 Inducted 2013							
Alou Chaoighin							

## Alex Stasichin

	EAST HONORS	
Indoor 2023	4x800 Meter Relay	3rd
Outdoor 2023 2025	4x800 Meter Relay 4x400 Meter Relay	3rd 2nd

## Cathalina Staye

NCAA CH	AMPION	
<b>Indoor</b> 1995	DMR	11:11.98
ALL-AME	RICA HONORS	
Indoor		
1994	DMR	7th
1995	DMR	1st
BIG EAST	CHAMPION	
Indoor		
1994	DMR	11:22.88
Outdoor		
1996	4x400 Meter Relay	3:41.45
ALL-BIG I	EAST HONORS	
Indoor		
1994	DMR	1st
Outdoor		
1995	4x400 Meter Relay	2nd
1996	4x400 Meter Relay	1st
	LAYS CHAMPION	

## **Peggy Stewart**

	CHAMPION					
Indoor 1983	High Jump 1.7					
Outdoor 1983	High Jump	1.75m				
ALL-BIG E	AST HONORS					
Indoor 1983	High Jump	1st				
Outdoor 1983	High Jump	1st				

## VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1983 Inducted 2003

400

**Split** 

54.9

54.8

**Event** 

DMR

**DMR** 

<u>Year</u>

1994

1995

2:45.63

Krestena Sullivan			Krestena Sullivan (continued)			Kaitlyn Tallman		
ALL-AM	ERICA HONORS		PENN	RELAYS CHAMPION	1	ALL-MII	O ATLANTIC REGI	ON
Indoor			Champ	ionship of America		2008	Cross Country	13th
1996	DMR	2nd	<u>Year</u>	Event Leg	<u>Split</u>	2009	Cross Country	9th
1996	800 Meters	4th	1995	4x800 Meter Relay 2nd	2:05.3		•	
1997	Mile	5th	1995	DMR 1200	3:22.6	ALL-BIG	EAST HONORS	
1997	DMR	7th	1995	4x1500 Meter Relay 2nd	4:25.1	Cross Cour		
Outdoor			1997 1997	4x800 Meter Relay Ancho DMR Ancho	or 2:05.0	2008	6000 Meters	7th
1997	1500 Meters	5th	1997	4x1500 Meter Relay Ancho				
Cross Cour	5		PENN	RELAYS WALL OF FA	AME	Colleen	Taylor	
1994	6000 Meters	21st	RELAY	S			EDICA HONODO	
1995	6000 Meters	20th	INDIV	IDUAL		1	ERICA HONORS	
1996	6000 Meters	11th	Inducte	d 2025		Indoor		
DIC EAS	T CHAMPION		Villano			2005	DMR	2nd
	OI CHAMPION		l			ATT MITT	ATLANTIC DECL	ONI
Indoor				ANOVA UNIVERSITY		1	D ATLANTIC REGI	
1994	4x800 Meter Relay	8:56.31	VARS	SITY CLUB HALL OF F	AME	2004	Cross Country	16th
1995	Mile	4:44.57	Class of			l		
1995	4x800 Meter Relay	9:00.84	Inducte			BIG EAS	T CHAMPION	
1995	DMR	11:24.83	Induction	G 2011		Indoor		
1996	4x800 Meter Relay	8:58.13				2003	4x800 Meter Relay	8:54.61
1996	DMR	11:24.44	Darras	C		2005	4x800 Meter Relay	8:53.34
1997	4x800 Meter Relay	8:49.32	bryn	ne Sumner			, and the second	
1997	DMR	11:23.40				Outdoor		
			ALL-I	BIG EAST HONORS		2003	4x800 Meter Relay	8:46.89
Outdoor			Indoor			2004	4x800 Meter Relay	8:48.91
1995	4x800 Meter Relay	8:54.08	2020	4x800 Meter Relay	2nd	2005	4x800 Meter Relay	8:47.87
1997	1500 Meters	4:18.43	2020	DMR	2nd		moss meter newy	0.17.107
1997	4x800 Meter Relay	8:52.11	2020	Mile	3rd	AII-BIC	EAST HONORS	
	, and the second		2020	TVIIIC	ora	1	EAST HONORS	
ALL-BIG	EAST HONORS		Outdoo	r		Indoor	4 000 M + D 1	1.
Indoor	List Herens		2021	4x800 Meter Relay	2nd	2003	4x800 Meter Relay	1st
1994	4x800 Meter Relay	1st	2021	4x000 Meter Relay	2110	2004	4x800 Meter Relay	3rd
1995	Mile	1st				2004	DMR	3rd
1995						2005	4x800 Meter Relay	1st
1995	4x800 Meter Relay	1st 1st	Coni	nie Sweet		2005	800 Meters	2nd
	DMR					l		
1996	4x800 Meter Relay	1st	BIG E	AST CHAMPION		Outdoor		
1996	DMR	1st	Indoor			2002	4x800 Meter Relay	3rd
1996	Mile	2nd	1985	Shot Put	13.42m	2003	4x800 Meter Relay	1st
1997	4x800 Meter Relay	1st	1,00	onor i at	10.12111	2004	4x800 Meter Relay	1st
1997	DMR	1st	Outdoo	r		2005	4x800 Meter Relay	1st
1997	Mile	2nd	1985	Shot Put	13.57m	2005	800 Meters	3rd
0.41			1985	Discus	40.34m			
Outdoor	4.00034 : 7.1		1700	Discus	10.04111			
1995	4x800 Meter Relay	1st	ATT 1	DIC EAST LIONODS		Iada Th	omas	
1995	800 Meters	2nd	1	BIG EAST HONORS				
1996	800 Meters	2nd	Indoor	OI . B .		DIC EAC	T CUANDION	
1997	1500 Meters	1st	1985	Shot Put	1st	1	T CHAMPION	
1997	4x800 Meter Relay	1st				Indoor		
			Outdoo			2020	60 Meter Hurdles	8.52
Cross Cour	ntry		1985	Shot Put	1st			
1994	5000 Meters	9th	1985	Discus	1st	ATT RIC	EAST HONORS	
1995	5000 Meters	3rd	1985	Javelin	3rd	1	EVOLUCIONON2	
1996	5000 Meters	6th				Indoor	(0) ( ) ( ) ( )	
						2020	60 Meter Hurdles	1st
ECAC CI	HAMPION					2022	60 Meter Hurdles	2nd
Outdoor						l		
1995	800 Meters	2:08.34				Outdoor		
1/70	OUU METETS	2.00.34				2021	100 Meter Hurdles	3rd
						2021	4x100 Meter Relay	3rd

## **Ajanae Thompson**

## **BIG EAST CHAMPION**

Indoor

2025 60 Meter Hurdles 8.54

Outdoor

2025 100 Meter Hurdles 13.81

## **ALL-BIG EAST HONORS**

Indoor

2025 60 Meter Hurdles 1st

Outdoor

 2024
 100 Meter Hurdles
 2nd

 2025
 100 Meter Hurdles
 1st

## Jul Thomson

## **BIG EAST CHAMPION**

Outdoor

2022 Discus 50.56m

## **ALL-BIG EAST HONORS**

Outdoor

2021 Discus 3rd 2022 Discus 1st

## Kalin Toedebusch

## **ALL-MID ATLANTIC REGION**

2001 Cross Country 5th 2002 Cross Country 10th

## **ALL-BIG EAST HONORS**

Indoor

2002 5000 Meters 3rd

**Cross Country** 

2001 6000 Meters 13th

•	FR 11	1 (
Carrie	TOL	letson

_ ,	IAMPION	
Indoor 1999	3000 Meters	0.15.05
2000	3000 Meters	9:15.05 9:13.68
2000	3000 Meters	9:13.68
Outdoor		
1999	3000 Meters	9:26.51
1999	5000 Meters	16:09.61
Cross Count	rv	
1997	5000 Meters	16:29.00
AII_AME	RICA HONOI	26
Indoor	MICHIONOI	A.O
1997	3000 Meters	5th
1999	3000 Meters	1st
2000	3000 Meters	1st 1st
2000	5000 Meters	2nd
2000	5000 Weters	2110
Outdoor		
1997	1500 Meters	6th
1999	3000 Meters	1st
1999	5000 Meters	1st
2000	3000 Meters	3rd
Cross Count	<b>r</b> s7	
1995	5000 Meters	7th
1996	5000 Meters	5th
1997	5000 Meters	1st
1998	5000 Meters	11th
1770	Jood Wielers	11111

## NCAA DISTRICT II CHAMPION

1997	Cross Country
1998	Cross Country

## **BIG EAST CHAMPION**

DIG LAC	of Chawn lon	
Indoor		
1996	DMR	11:24.44
1997	3000 Meters	9:28.42
2000	3000 Meters	9:28.36
2000	5000 Meters	16:04.05
Outdoor		
1999	3000 Meters	9:17.86
1999	5000 Meters	16:18.34
2000	3000 Meters	9:24.99
2000	5000 Meters	16:55.96
Cross Cour	ntry	
1997	5000 Meters	16:54

## **Carrie Tollefson (continued)**

	EAST HONORS	
Indoor		
1996	DMR	1st
1997	3000 Meters	1st
1997	5000 Meters	2nd
1999	Mile	2nd
1999	3000 Meters	3rd
2000	3000 Meters	1st
2000	5000 Meters	1st
2000	4x800 Meter Relay	2nd
0.11		
Outdoor	1500 M	2 1
1996	1500 Meters	3rd
1997	1500 Meters	2nd
1997	5000 Meters	2nd
1997	3000 Meters	3rd
1999	3000 Meters	1st
1999	5000 Meters	1st
2000	3000 Meters	1st
2000	5000 Meters	1st
Cross Count	P\$7	
1995	5000 Meters	6th
1996	5000 Meters	5th
1997	5000 Meters	1st
1998	5000 Meters	4th
1990	Jood Meters	4111
ECAC CH	AMPION	
Outdoor		
1997	1500 Meters	4:17.53
1999	1500 Meters	4:19.84

## PENN RELAYS CHAMPION

3000 Meters

Championship of America			
<u>Year</u>	Event	Leg	<u>Split</u>
1997	4x1500 Meter Relay	3rd	4:20.5
2000	4x1500 Meter Relay	2nd	4:16.8

9:12.03

1984

1985

**Honda Sports Award** 

2000

	ONAL HONORS		
2000	4x1500 Meter Relay	2nd	4:16
1///	INTOO INTELET TELLY	OIG	1.40

Cross Country

**USTFCCCA HONORS** National Athlete of the Year Cross Country

## **BIG EAST HONORS**

**BIG EAST Championships Outstanding Track Performer** Indoor Track & Field

## **OLYMPIAN** (United States)

Location **Events** Athens 1500

## VILLANOVA UNIVERSITY **VARSITY CLUB HALL OF FAME**

Class of 2000 Inducted 2016

## **Carrie Tollefson (continued)**

## VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1995-00 Inducted October 23, 2006

## 1/ all-, Ta

Kelly Toole		
NCAA C	HAMPION	
Indoor		
1985	4x800 Meter Relay	8:33.60
ALL-AM	ERICA HONORS	
Indoor		
1984	4x800 Meter Relay	3rd
1985	4x800 Meter Relay	1st
	T CHAMPION	
Indoor		
1985	4x800 Meter Relay	9:04.40
Outdoor		
1984	4x800 Meter Relay	9:00.00
1985	4x800 Meter Relay	9:05.63
ALL-BIG	EAST HONORS	
Indoor		
1984	4x800 Meter Relay	2nd
1985	4x800 Meter Relay	1st
1985	800 Meters	3rd
Outdoor		
1984	4x800 Meter Relay	1st
1984	800 Meters	3rd
1985	4x800 Meter Relay	1st
ECAC CI	HAMPION	
Indoor		
1984	4x800 Meter Relay	8:50.28
1984	DMR	11:30.29
1985	4x800 Meter Relay	8:48.97
1986	4x800 Meter Relay	8:57.19
1987	4x800 Meter Relay	8:58.75
1987	DMR	11:28.75
Outdoor		

4x800 Meter Relay

4x800 Meter Relay

8:55.24

8:57.4

NCAA (	CHAMPION	
Indoor 1990	4x800 Meter Relay	8:31.95
ALL-AN	MERICA HONORS	
Indoor		
1990	4x800 Meter Relay	1st
1991	4x800 Meter Relay	5th
BIG EA	ST CHAMPION	
Indoor		
1990	4x800 Meter Relay	8:37.85
1990	DMR	11:29.55
1991	1000 Meters	2:51.00
1991	4x800 Meter Relay	8:37.02
1991	DMR	11:32.02
Outdoor		
1989	4x800 Meter Relay	9:07.76
ALL-BI	G EAST HONORS	
Indoor		
1989	DMR	2nd
1990	4x800 Meter Relay	1st
1990	DMR	1st

Michelle Torelli

NICA A CITANIDIONI

1990	5000 Meters
PENN I	RELAYS CHAMPION

1000 Meters

1000 Meters

DMR

4x800 Meter Relay

4x800 Meter Relay

4x800 Meter Relay

1990

1991

1991

1991

1989

1990

Outdoor

**Cross Country** 

Championship of America			
Year	Event	Leg	<u>Split</u>
1990	4x800 Meter Relay	1st	2:08.8
1990	DMR	800	2:06.3
1991	4x800 Meter Relay	3rd	2:09.5

Micah Trusty		
BIG EAS	ST CHAMPION	
2024	4x400 Meter Relay	3:40.00
	,	
ALL-BIC	EAST HONORS	
Indoor		
2023	400 Meters	3rd
2023	4x800 Meter Relay	3rd
2024	800 Meters	2nd
2024	4x400 Meter Relay	3rd
Outdoor		
2023	800 Meters	2nd
2024	4x400 Meter Relay	1st
BIG EAS	ST HONORS	
	Women's Track Athlete o	f the Week
2024	Outdoor	April 10
		P-111 10
Leanne	Tucker	

2nd

1st

1st

1st

1st

2nd

13th

BIG EAST CHAMPION		
Outdoor 2014	4x800 Meter Relay	8:33.36

## **ALL-BIG EAST HONORS** Outdoor

2014 4x800 Meter Relay 1st

## Nikki Vanasse

ALL-MID	ATLANTIC REGION	
2024	Cross Country	25th

ALL MID ATLANTIC DECION

## Joanne VanRensselaer

	RICA HONORS	
Indoor 1984	4x400 Meter Relay	5th
BIG EAST	CHAMPION	
Indoor		
1984	4x400 Meter Relay	3:49.88
1985	DMR	11:50.1
Outdoor		
1984	4x400 Meter Relay	3:45.72
ALL-BIG EAST HONORS		
Indoor		
1984	4x400 Meter Relay	1st
1985	DMR	1st
1985	4x400 Meter Relay	2nd
1985	500 Meters	3rd
Outdoor		
1984	4x400 Meter Relay	1st
1984	400 Meters	2nd
1984	4x100 Meter Relay	2nd
ECAC CHAMPION		
Indoor 1984	DMR	11:30.29
1985	DMR	11:30.29
1900	DIVIK	11:37.08

ALL-MID ATLANTIC REGION  2005 Cross Country 24th 2006 Cross Country 14th 2010 DMR 4th 2011 DMR 1st Indoor  BIG EAST CHAMPION Indoor 2005 4x800 Meter Relay 8:53.34 Indoor 2007 800 Meters 2:10.94 2010 400 Meters 3rd 2007 4x800 Meter Relay 8:49.04 2011 400 Meters 2nd Outdoor  1999 60 Meter Hurdles 2000 60 Meter Hurdles	7th 6th 6th 7.66 3.17
2006   DMR   6th   2011   DMR   10:52.52   1998   55 Meter Hurdles   1999   60 Meter Hurdles   1999   19	6th 6th 7.66
ALL-MID ATLANTIC REGION  2005 Cross Country 24th 2006 Cross Country 14th 2010 DMR 4th 2011 DMR 1st  BIG EAST CHAMPION  Indoor  2005 4x800 Meter Relay 8:53.34 2007 800 Meters 2:10.94 2010 400 Meters 3rd 2007 4x800 Meter Relay 8:49.04 2011 400 Meters 2nd 2000 60 Meter Hurdles	6th 6th 7.66
ALL-MID ATLANTIC REGION         ALL-AMERICA HONORS         2000 60 Meter Hurdles           2005 Cross Country         24th Indoor         2010 DMR         4th BIG EAST CHAMPION           2011 DMR         1st Indoor         1998 55 Meter Hurdles         55 Meter Hurdles           1005 4x800 Meter Relay         8:53.34 2010 400 Meters         2000 60 Meter Hurdles         8           2007 800 Meters         2:10.94 2010 400 Meters         3rd 2001 60 Meter Hurdles         2001 60 Meter Hurdles           2007 4x800 Meter Relay         8:49.04 2011 400 Meters         2nd Outdoor	6th 7.66 8.17
2005   Cross Country   24th   Indoor   2006   Cross Country   14th   2010   DMR   4th   2011   DMR   1st   Indoor   1998   55 Meter Hurdles   7	7.66 3.17
2006   Cross Country   14th   2010   DMR   4th   2011   DMR   1st   Indoor   1998   55 Meter Hurdles   7	3.17
2011 DMR	3.17
BIG EAST CHAMPION       1998       55 Meter Hurdles       7         Indoor       ALL-BIG EAST HONORS       2000       60 Meter Hurdles       8         2005       4x800 Meter Relay       8:53.34       Indoor       2001       60 Meter Hurdles       8         2007       800 Meters       2:10.94       2010       400 Meters       3rd       2001       Outdoor         2007       4x800 Meter Relay       8:49.04       2011       400 Meters       2nd       Outdoor	3.17
Indoor         ALL-BIG EAST HONORS         2000         60 Meter Hurdles         8           2005         4x800 Meter Relay         8:53.34         Indoor         2001         60 Meter Hurdles         8           2007         800 Meters         2:10.94         2010         400 Meters         3rd           2007         4x800 Meter Relay         8:49.04         2011         400 Meters         2nd           Outdoor         1000 Meter Number         1000 Meter Number         1000 Meter Number         1000 Meter Number	3.17
2005 4x800 Meter Relay 8:53.34 Indoor 2007 800 Meters 2:10.94 2010 400 Meters 3rd 2007 4x800 Meter Relay 8:49.04 2011 400 Meters 2nd Outdoor	
2007 800 Meters 2:10.94 2010 400 Meters 3rd 2007 4x800 Meter Relay 8:49.04 2011 400 Meters 2nd Outdoor	
2007 4x800 Meter Relay 8:49.04 2011 400 Meters 2nd <b>Outdoor</b>	,
2007 4x000 Weler Relay 0.49.04 2011 400 Welers 211d 4000 4000 4000 4000 4000 4000 4000 4	
	3.39
2000 000 Michels 2.09.00	3.01
2001 100 11 11 11	3.49
Outdoor 2007 TATOO WICKE Kelay Sid	.17
TENT REELIS CHANTON	
Championship of America	1st
muor <u>real event</u> <u>reg opin</u> 1000 com in the	2nd
2005 4x000 Weter Relay 15t 2012 DWR 400 52.6	1st
2000 Divik 210	1st
2000 FAOOD WELLT KEILLY SILL	151
2007 800 Meters 1st 2007 4x800 Meter Relay 1st 1st 1st 2007 Outdoor	
2007 4x000 Weter Relay 15t	1st
2000 OU MELLIS ISL DIC EACT CHAMDION	2nd
2000 4x000 Weter Relay 2110 11 2000 100 M + 1111	1st
2000 Divik Siu	1st
Outdoor	
2006 800 Meters 2nd Outdoor ECAC CHAMPION	
2007 800 Meters 1st 2014 100 Meter Hurdles 14.15 Indoor	
	3.18
	.10
2006 4xoo yieler kelay 200 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
	20
Indoor Outdoor	.30
PENN RELAYS CHAMPION Indoor 2014 60 Meter Hurdles 1st 1998 100 Meter Hurdles 13	3.36 3.29
PENN RELAYS CHAMPION Championship of America  Indoor  2014 60 Meter Hurdles 1st 1998 100 Meter Hurdles 13  2015 60 Meter Hurdles 2nd 2000 100 Meter Hurdles 13	
Indoor   2014   60 Meter Hurdles   1st   1998   100 Meter Hurdles   1st   2015   60 Meter Hurdles   2nd   2000   100 Meter Hurdles   1st   2015   2	
Indoor   2014   60 Meter Hurdles   1st   1998   100 Meter Hurdles   1st   2015   60 Meter Hurdles   2nd   2000   100 Meter Hurdles   1st   2000   2000   100 Meter Hurdles   1st   2000   200	
Description   Penn Relays Championship of America   Championship of America   Year   Event   2006   DMR   800   2:08.2     DMR   2015   Contact   2016   DMR   2016   DMR   2017   Contact   2018   DMR   2018   Contact   2018   DMR   2018   Contact   2018   Contact   Contact	
PENN RELAYS CHAMPION Championship of America Year Event Leg Split 2006 DMR 800 2:08.2    Indoor 2014 60 Meter Hurdles 1st 2000 100 Meter Hurdles 1st 2000 100 Meter Hurdles 1st 2000 100 Meter Hurdles 1st 2015 100 Meter Hurdles 1st 2014 100 Meter Hurdles 1st 2014 100 Meter Hurdles 2nd	
Indoor   2014   60 Meter Hurdles   1st   1998   100 Meter Hurdles   1st   2015   60 Meter Hurdles   2nd   2000   100 Meter Hurdles   1st   2015   2014   2015   2015   2015   2016   2016   2016   2017   2018   2018   2018   2018   2018   2018   2018   2019   2018   2019   2	
PENN RELAYS CHAMPION Championship of America Year Event Leg Split 2006 DMR 800 2:08.2  Outdoor  2014 60 Meter Hurdles 1st 2015 60 Meter Hurdles 2nd 2000 100 Meter Hurdles 1st 2000 100 Meter Hurdles 1st 2015 100 Meter Hurdles 2nd 2000 100 Meter Hurdles 1st 2015 100 Meter Hurdles 2nd 2000 100 Meter Hurdles 1st 2015 2nd VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME Class of 2001 Inducted 2021	
PENN RELAYS CHAMPION Championship of America Year Event Leg 800 2:08.2  Outdoor 2014 60 Meter Hurdles 1st 1998 100 Meter Hurdles 13 2000 100 Meter Hurdles 13 2000 100 Meter Hurdles 13 VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME Class of 2001  Class of 2001	
PENN RELAYS CHAMPION Championship of America Year Event Leg Split 2006 DMR 800 2:08.2  Outdoor  2014 60 Meter Hurdles 1st 2015 60 Meter Hurdles 2nd 2000 100 Meter Hurdles 1st 2000 100 Meter Hurdles 1st 2015 100 Meter Hurdles 2nd 2000 100 Meter Hurdles 1st 2015 100 Meter Hurdles 2nd 2000 100 Meter Hurdles 1st 2015 2nd VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME Class of 2001 Inducted 2021	
PENN RELAYS CHAMPION Championship of America Year Event Leg Split 2006 DMR 800 2:08.2  Outdoor  2014 60 Meter Hurdles 1st 2015 60 Meter Hurdles 2nd 2000 100 Meter Hurdles 1st 2000 100 Meter Hurdles 1st 2015 100 Meter Hurdles 2nd 2000 100 Meter Hurdles 1st 2015 100 Meter Hurdles 2nd 2000 100 Meter Hurdles 1st 2015 2nd VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME Class of 2001 Inducted 2021	

Pole Vault

2nd

2016

## Kesha Walley

<b>BIG EAS</b>	T CHAMPION	
Indoor 1995	DMR	11:24.03

Outdoor

1996 4x400 Meter Relay 3:41.45

## **ALL-BIG EAST HONORS**

<b>Indoor</b> 1995 1997	DMR 4x400 Meter Relay	1st 2nd
Outdoor 1995	4x400 Meter Relay	2nd
1006	4x400 Motor Polory	211d

1995	4x400 Meter Relay	2nd
1996	4x400 Meter Relay	1st
1997	400 Meter Hurdles	2nd
1997	4x400 Meter Relay	2nd
1997	400 Meters	3rd

## PENN RELAYS CHAMPION

Champ	pionship of Ame	erica	
Year	<b>Event</b>	Leg	<u>Split</u>
1007	DMD	400	54.5

## Bella Walsh

### **ALL-BIG EAST HONORS**

Indoor 2025 2025	Mile 4x800 Meter Relay	3rd 3rd
Outdoor 2025	4x800 Meter Relay	2nd

## Shericka Ward

ALL-AM	ERICA HONORS	
Indoor 2012	60 Meter Hurdles	7th
Outdoor	40034	
2011 (2nd)	100 Meter Hurdles	13th
2012 (2nd)	100 Meter Hurdles	10th
	T CHAMPION	
Outdoor		
2010	100 Meter Hurdles	13.55
ALL-BIG	EAST HONORS	
Indoor		
2010	60 Meter Hurdles	2nd
2010	200 Meters	2nd
2011	60 Meter Hurdles	2nd
2012	60 Meter Hurdles	2nd
Outdoor		
2010	100 Meter Hurdles	1st
2011	100 Meter Hurdles	2nd
2011	200 Meters	2nd

## **ECAC CHAMPION**

Indoor 2012	60 Meter Hurdles	8.18
Outdoor		
2010	100 Meter Hurdles	13.29
2011	100 Meter Hurdles	13.60

### BIG EAST Women's Track Athlete of the Week 2010 Indoor January 26

## Alexandra Wasik

BIG EAS	T CHAMPION	
	D 1 37 1	2.00
2014	Pole Vault	3.80m
2015	Pole Vault	4.05m
Outdoor		
2014	Pole Vault	3.77m
ALL-BIG	EAST HONOR	S
Indoor		
2012	Pole Vault	2nd
2013	Pole Vault	2nd
2014	Pole Vault	1st
2015	Pole Vault	1st
Outdoor		
2013	Pole Vault	2nd
2014	Pole Vault	1st
2015	Pole Vault	2nd
ECAC CI	HAMPION	
Outdoor		
2015	Pole Vault	4.06m
2010	i oic vauit	4.00111
BIG EAST	Women's Field Athle	ete of the Week
2014	Indoor	February 4

## **Danielle Wheatley**

2015

2015

## **ALL-BIG EAST HONORS**

Indoor

Indoor

January 20

February 3

Indoor 2014	Pentathlon	2nd
Outdoor	100 M . II II	0.1
I 2014	100 Meter Hurdles	3rd

## Jennifer Whitfield

## PENN RELAYS CHAMPION

Cham	pionship of America		
Year	<u>Event</u>	Leg	Split
1979	4x800 Meter Relay	1st	2:09.8

## VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1982 Inducted 1992

## Michaela Wilkins

## **ALL-AMERICA HONORS**

Indoor

2013	DMR	2nd
2014 (2nd)	DMR	9th

## **ALL-BIG EAST HONORS**

Indoor

2013	500 Meters	2nd
2014	DMR	2nd
2015	500 Meters	3rd

Outdoor

2014 400 Meters 2nd

## PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2013	DMR	400	54.6
2014	DMR	400	54.4
2015	DMR	400	56.3

## Jordan Williams

## **ALL-BIG EAST HONORS**

Outdoor

2024 Shot Put 2nd

## Trudy-Ann Williamson

## **BIG EAST CHAMPION**

Indoor

2018	60 Meters	7.37
2019	60 Meters	7.42
2019	200 Meters	24.13
2020	60 Meters	7.35

Outdoor

Cutuoui		
2019	100 Meters	11.82
2019	4x100 Meter Relay	46.42

## **ALL-BIG EAST HONORS**

Indoor

2018	60 Meters	1st
2019	60 Meters	1st
2019	200 Meters	1st
2020	60 Meters	1st
2020	200 Meters	2nd
0 . 1		

Outdoor

Outdoor		
2018	100 Meters	2nd
2019	100 Meters	1st
2019	4x100 Meter Relay	1st
2019	200 Meters	2nd
2021	100 Meters	2nd
2021	4x100 Meter Relay	3rd

## **BIG EAST HONORS**

**BIG EAST Championships Outstanding Track Performer** Indoor Track & Field

**BIG EAST Championships** 

**High Point Scorer** 

Indoor Track & Field 2019

BIG EAST Women's Track Athlete of the Week 2020 Indoor February 10

April 15 2019 Outdoor

## **Taylor Woodeshick**

## **ALL-BIG EAST HONORS**

Outdoor

2025 High Jump tie-3rd

Tosh	na Woodward			Tosha V	Voodward (cont	inued)
1001	ia //oda//ara				,	
NCA.	A CHAMPION			VILLANO	OVA UNIVERSIT	Y
Indoor				VARSITY	Y CLUB HALL OF	FAME
1995	DMR		11:11.98	Class of 199	4	
ALL-	AMERICA HONO	RS		Inducted 20	13	
Indoor						
1993	4x800 Meter Re	elay	2nd	Anne Ya	ahiro	
1994	800 Meters	,	4th	1 2 2 2 2	шшо	
1994	DMR		7th	DIC EAC	T CITA M DION	
1995	DMR		1st		T CHAMPION	
1995	800 Meters		3rd	Indoor		
				2014	Triple Jump	12.07m
Outdo	or			2016	Triple Jump	12.16m
1994	800 Meters		3rd			
1995	800 Meters		2nd	Outdoor		44.00
				2016	Triple Jump	11.89m
Cross (	Country					
1994	5000 Meters		23rd	ALL-BIG	EAST HONORS	
				Indoor		
BIG I	EAST CHAMPION	J		2014	Triple Jump	1st
Indoor				2016	Triple Jump	1st
1993	4x800 Meter Re	elay	8:53.27			
1994	800 Meters	,	2:07.55	Outdoor		
1994	4x800 Meter Re	elay	8:56.31	2014	Triple Jump	2nd
1994	DMR	,	11:22.88	2016	Triple Jump	1st
1995	800 Meters		2:07.03			
1995	4x800 Meter Re	elay	9:00.84	BIG EAST V	Women's Field Athlete	
		,		2016	Outdoor	April 26
Outdo	or					
1993	800 Meters		2:05.03		_	
1995	800 Meters		2:04.70	Samant	ha Yeats	
ALL-	BIG EAST HONO	RS		RIC EAS	T CHAMPION	
Indoor		-10			I CHAMITION	
1993	4x800 Meter Re	lav	1st	Outdoor 2014	High Lump	1.75m
1994	800 Meters	, and y	1st	2014	High Jump	1.75111
1994	4x800 Meter Re	lav	1st	ALL DIC	EACTHONODC	
1994	DMR	au	1st	l	EAST HONORS	
1995	800 Meters		1st	Indoor		
1995	4x800 Meter Re	elav	1st	2014	High Jump	2nd
				0.11		
Outdo	or			Outdoor	Lliab I	4 ,
1993	800 Meters		1st	2014	High Jump	1st
1994	1500 Meters		2nd			
1995	800 Meters		1st		1	
1995	4x400 Meter Re	elay	2nd	Jan Yerl	kes	
		,				
Cross (	Country			BIG EAS	T CHAMPION	
1994	5000 Meters		4th	Indoor		
				1983	5000 Meters	17:15.66
PENN	N RELAYS CHAM	PION		1,00	3000 11101013	17.120.00
	oionship of America	,		ALL-RIC	EAST HONORS	
Year	_ ^	Leg	Split	Indoor	LIGITIONORU	
1993		2nd	2:05.8	1983	5000 Matara	1
1994	-	1200	3:21.6	1703	5000 Meters	1st
1995		Anchor	2:03.6	Cross Corre	-uvr	
1995	-	800	2:02.9	Cross Coun 1982	5000 Meters	2nd
1995		1st	4:22.7	1902	JUUU MEIEIS	∠11U
				ı		

Caro	le	Zai	ac

NCAA CH	AMPION	
1993	10000 Meters	34:18.14
1994	10000 Meters	33:32.36
Cross Countr	y	
1992	5000 Meters	17:01.90
1993	5000 Meters	16:40.30
ALL-AME	RICA HONORS	
Indoor		
1991	5000 Meters	4th
1992	5000 Meters	2nd
1993	5000 Meters	3rd
Outdoor		
1991	10000 Meters	2nd
1993	10000 Meters	1st
1994	10000 Meters	1st
1994	5000 Meters	2nd
Cross Countr	y	
1990	5000 Meters	14th
1991	5000 Meters	2nd
1992	5000 Meters	1st
1993	5000 Meters	1st

## NCAA DISTRICT II CHAMPION

1992 Cross Country 1993 Cross Country

## **BIG EAST CHAMPION**

**Cross Country** 

1992

Indoor		
1992	5000 Meters	16:11.16
1993	5000 Meters	16:09.40
Outdoor		
1991	10000 Meters	33:09.67
1993	5000 Meters	16:23.72
1993	10000 Meters	33:34.99
1994	10000 Meters	34:41.25

5000 Meters

## Carole Zajac (continued)

ALL-BIG EAST HONORS				
Indoor				
1991	5000 Meters	2nd		
1992	5000 Meters	1st		
1993	5000 Meters	1st		
1993	3000 Meters	2nd		
Outdoor				
1991	10000 Meters	1st		
1991	5000 Meters	2nd		
1993	5000 Meters	1st		
1993	10000 Meters	1st		
1994	10000 Meters	1st		
1774	10000 Weters	151		
Cross Country				
1990	5000 Meters	2nd		
1991	5000 Meters	4th		
1992	5000 Meters	1st		
1993	5000 Meters	2nd		
ECAC CHAMPION				
Cross Countr	•	1 ( 00 0		
1992	5000 Meters	16:28.2		
1993	5000 Meters	16:41.2		
PENN RELAYS CHAMPION				

Championship of America

<u>Year</u>	<u>Event</u>	Leg	<u>Split</u>
1993	4x1500 Meter Relay	2nd	4:32.9
1994	4x1500 Meter Relay	1st	4:27.5

### **Individual Championships**

1992	10000 Meters	32:22.96
1994	10000 Meters	33:05.05

## **NATIONAL HONORS**

Honda Sports Award 1992-93 Cross Co

1992-93 Cross Country 1993-94 Cross Country

## **BIG EAST HONORS**

BIG EAST Championships Outstanding Track Performer

1993 Outdoor Track & Field

**BIG EAST Championships Outstanding Performance** 

1991 Outdoor Track & Field

## VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1994 Inducted 2009

16:46

## VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1990-94 Inducted September 26, 1998