

HONORS AND AWARDS

COACHING HONORS: JIM THOMPSON AND CHARLES JENKINS

Jim Thompson

Penn Relays Champions (1)

Championship of America 1
Two Mile Relay (1)

Charles Jenkins

BIG EAST Team Titles (7)

Indoor..... 4
1983
1984
1985
1986

Outdoor..... 3

1983
1984
1985

ECAC Team Titles (2)

Indoor..... 2
1984
1985

NCAA Event Titles (2)

Indoor..... 2
1 Individual
1 Relay

All-Americans (23)

Indoor..... 10
5 Individual
5 Relays

Outdoor..... 7
7 Individual

BIG EAST Champions (70)

Indoor..... 34
26 Individual
8 Relays

Outdoor..... 36
27 Individual
9 Relays

Charles Jenkins (continued)

All-BIG EAST Performers (135)

Indoor..... 64
53 Individual
11 Relays

Outdoor..... 67
56 Individual
11 Relays

Cross Country..... 4
4 Individual

ECAC Champions (22)

Indoor..... 14
8 Individual
6 Relays

Outdoor..... 8
5 Individual
3 Relays

Penn Relays Champions (2)

Championship of America 2
4x800 Meter Relay (1)
Distance Medley Relay (1)

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COACHING HONORS: MARTY STERN

NCAA Team Titles (5)	NCAA District II Team Titles (7)	All-BIG EAST Performers (237)
<i>Cross Country</i> 5	<i>Cross Country</i> 7	<i>Indoor</i> 96
1989	1986	78 Individual
1990	1987	18 Relays
1991	1989	
1992	1990	<i>Outdoor</i> 89
1993	1991	78 Individual
	1992	11 Relays
	1993	
BIG EAST Team Titles (16)	NCAA Event Titles (23)	<i>Cross Country</i> 52
<i>Indoor</i> 5	<i>Indoor</i> 9	52 Individual
1987	5 Individual	
1988	4 Relays	ECAC Champions (40)
1990		<i>Indoor</i> 18
1991		12 Individual
1993		6 Relays
<i>Outdoor</i> 3	<i>Outdoor</i> 9	<i>Outdoor</i> 14
1987	9 Individual	14 Individual
1988	<i>Cross Country</i> 5	
1989	5 Individual	<i>Cross Country</i> 8
	All-Americans (88)	8 Individual
<i>Cross Country</i> 8	<i>Indoor</i> 38	Penn Relays Champions (18)
1984	30 Individual	<i>Championship of America</i> 16
1986	8 Relays	Distance Medley Relay (6)
1987		4x800 Meter Relay (5)
1989	<i>Outdoor</i> 32	4x1500 Meter Relay (5)
1990	32 Individual	
1991	<i>Cross Country</i> 18	<i>Individual</i> 2
1992	18 Individual	10000 Meters (2)
1993		
ECAC Team Titles (9)	BIG EAST Champions (96)	
<i>Indoor</i> 3	<i>Indoor</i> 51	
1987	37 Individual	
1988	14 Relays	
1990		
<i>Cross Country</i> 6	<i>Outdoor</i> 38	
1984	32 Individual	
1989	6 Relays	
1990	<i>Cross Country</i> 7	
1991	7 Individual	
1992		
1993		

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COACHING HONORS: JOHN MARSHALL

NCAA Team Titles (1)	All-BIG EAST Performers (81)
<i>Cross Country</i> 1 1994	<i>Indoor</i> 29 20 Individual 9 Relays
BIG EAST Team Titles (3)	<i>Outdoor</i> 38 32 Individual 6 Relays
<i>Indoor</i> 1 1997	<i>Cross Country</i> 14 14 Individual
<i>Outdoor</i> 1 1997	ECAC Champions (12)
<i>Cross Country</i> 1 1994	<i>Indoor</i> 3 3 Individual
ECAC Team Titles (2)	<i>Outdoor</i> 6 6 Individual
<i>Cross Country</i> 6 1994 1996	<i>Cross Country</i> 3 3 Individual
NCAA Event Titles (9)	Penn Relays Champions (7)
<i>Indoor</i> 4 3 Individual 1 Relay	<i>Championship of America</i> 6 4x800 Meter Relay (2) Distance Medley Relay (2) 4x1500 Meter Relay (2)
<i>Outdoor</i> 3 3 Individual	<i>Individual</i> 1 Javelin (1)
<i>Cross Country</i> 2 2 Individual	
All-Americans (36)	
<i>Indoor</i> 13 10 Individual 3 Relays	
<i>Outdoor</i> 11 11 Individual	
<i>Cross Country</i> 12 12 Individual	
BIG EAST Champions (35)	
<i>Indoor</i> 18 10 Individual 8 Relays	
<i>Outdoor</i> 16 13 Individual 3 Relays	
<i>Cross Country</i> 1 1 Individual	

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COACHING HONORS: MARCUS O'SULLIVAN

NCAA Team Titles (1)	All-BIG EAST Performers (42)
<i>Cross Country</i> 1 1998	<i>Indoor</i> 16 13 Individual 3 Relays
BIG EAST Team Titles (3)	<i>Outdoor</i> 19 18 Individual 1 Relays
<i>Indoor</i> 1 2000	<i>Cross Country</i> 7 7 Individual
<i>Outdoor</i> 1 2000	ECAC Champions (5)
<i>Cross Country</i> 1 1998	<i>Indoor</i> 2 2 Individual
NCAA District II Team Titles (1)	<i>Outdoor</i> 3 3 Individual
<i>Cross Country</i> 1 1998	Penn Relays Champions (1)
NCAA Event Titles (5)	<i>Championship of America</i> 1 4x1500 Meter Relay (1)
<i>Indoor</i> 3 3 Individual	
<i>Outdoor</i> 2 2 Individual	
All-Americans (17)	
<i>Indoor</i> 7 7 Individual	
<i>Outdoor</i> 5 5 Individual	
<i>Cross Country</i> 5 5 Individual	
BIG EAST Champions (13)	
<i>Indoor</i> 4 4 Individual	
<i>Outdoor</i> 8 8 Individual	
<i>Cross Country</i> 1 1 Individual	

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COACHING HONORS: GINA PROCACCIO

NCAA Team Titles (2)	All-Americans (105)	Penn Relays Champions (19)
<i>Cross Country</i> 2 2010 2011	<i>Indoor</i> 44 34 Individual 10 Relays	<i>Championship of America</i> 17 Distance Medley Relay (7) 4x800 Meter Relay (5) 4x1500 Meter Relay (5)
BIG EAST Team Titles (17)	<i>Outdoor</i> 38 38 Individual	<i>Individual</i> 2 10000 Meters (1) High Jump (1)
<i>Indoor</i> 6 2010 2014 2015 2018 2019 2020	<i>Cross Country</i> 23 23 Individual	
<i>Outdoor</i> 5 2014 2015 2018 2019 2021	BIG EAST Champions (180)	
<i>Cross Country</i> 6 2008 2009 2010 2011 2017 2018	<i>Indoor</i> 83 63 Individual 20 Relays	
ECAC Team Titles (1)	<i>Outdoor</i> 88 76 Individual 12 Relays	
<i>Cross Country</i> 1 2007	<i>Cross Country</i> 9 9 Individual	
NCAA Mid-Atlantic Team Titles (5)	All-BIG EAST Performers (538)	
<i>Cross Country</i> 5 2009 2010 2011 (tied) 2013 2018	<i>Indoor</i> 214 172 Individual 42 Relays	
NCAA Event Titles (6)	<i>Outdoor</i> 250 218 Individual 32 Relays	
<i>Indoor</i> 2 1 Individual 1 Relay	<i>Cross Country</i> 74 74 Individual	
<i>Outdoor</i> 2 2 Individual	Cross Country Mid-Atlantic All-Region Performers (88)	
<i>Cross Country</i> 2 2 Individual	<i>Cross Country</i> 88 107 Individual	
	ECAC Champions (15)	
	<i>Indoor</i> 7 7 Individual	
	<i>Outdoor</i> 6 6 Individual	
	<i>Cross Country</i> 2 2 Individual	