

VILLANOVA MEN'S TRACK & FIELD

2024-25 INDOOR SEASON

SCHEDULE AND RESULTS

<u>Date</u>	<u>Meet</u>	<u>Result</u>
12/7	Sharon Colyear-Danville Season Opener	no team scoring
1/18	Quaker Invitational	no team scoring
1/25	Penn 10 Elite	no team scoring
1/31	Penn State National (Day 1)	no team scoring
2/1	Penn State National (Day 2)	no team scoring
2/8	Bruce Lehane Scarlet & White Classic	no team scoring
2/8	Penn Classic	no team scoring
2/14	Eagle Elite	no team scoring
2/14	David Hemery Valentine Invitational	no team scoring
2/28	BIG EAST Championships (Day 1)	2nd of 9
3/1	BIG EAST Championships (Day 2)	2nd of 9
3/14	NCAA Championships (Day 1)	tie-23rd of 30
3/15	NCAA Championships (Day 2)	tie-19th of 59

MEET VENUES

Sharon Colyear-Danville Season Opener

Track & Tennis Center
Boston, Mass.

Quaker Invitational

The Ott Center
Philadelphia, Pa.

Penn 10 Elite

The Ott Center
Philadelphia, Pa.

Penn State National Open

Horace Ashenfelter III Indoor Track
University Park, Pa.

Bruce Lehane Scarlet & White Classic

Track & Tennis Center
Boston, Mass.

Penn Classic

The Ott Center
Philadelphia, Pa.

Eagle Elite Invitational

the TRACK at new balance
Boston, Mass.

David Hemery Valentine Invitational

Track & Tennis Center
Boston, Mass.

BIG EAST Championships

Track & Field Center at Gately Park
Chicago, Ill.

NCAA Championships

Virginia Beach Sports Center
Virginia Beach, Va.

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PERFORMANCE LIST

<u>60 Meters</u>	<u>Time</u>	<u>Date</u>
Amiri Prescod	6.80	3/1
Parker Turner	6.91	1/31
Derrick Smith	7.22	1/18

<u>200 Meters</u>	<u>Time</u>	<u>Date</u>
Parker Turner	21.47	2/28
Luke Rakowitz	22.14	2/14
Sal Barretta	22.52	2/8
Amiri Prescod	22.64	2/1
Derrick Smith	23.49	1/25
Matthew Griffin	23.72	2/8

<u>400 Meters</u>	<u>Time</u>	<u>Date</u>
Luke Rakowitz	48.14	2/28
Liam Gluck	48.66	2/14
Ethan Walls	48.82	2/28
Sal Barretta	49.18	2/28
Ronan O'Neill	49.36	2/14
Matthew Griffin	49.82	2/28

<u>500 Meters</u>	<u>Time</u>	<u>Date</u>
Luke Rakowitz	1:03.85	1/18
Liam Gluck	1:04.39	1/18
Ethan Walls	1:05.73	1/18
Ronan O'Neill	1:06.84	1/18

<u>800 Meters</u>	<u>Time</u>	<u>Date</u>
Dan Watcke	1:46.32	1/31
Sean Donoghue	1:50.96	2/28

<u>1000 Meters</u>	<u>Time</u>	<u>Date</u>
Dan Watcke	2:17.77	2/14

<u>Mile</u>	<u>Time</u>	<u>Date</u>
Marco Langon	3:54.60	1/25
Liam Murphy	3:54.61	1/25
Sean Donoghue	4:03.33	1/25
Bailey Habler	4:06.05	3/1
Kai Mitchell-Reiss	4:06.96	3/1
Brian Theobald	4:10.90	1/31
Ben Thomas	4:13.09	1/25

<u>3000 Meters</u>	<u>Time</u>	<u>Date</u>
Liam Murphy	7:35.47	2/8
Marco Langon	7:36.87	2/8
Bailey Habler	7:49.52	1/25
Sean Donoghue	7:50.28	12/7
Devon Comber	7:55.33	2/14
CJ Sullivan	7:59.46	2/14
Nick Sullivan	8:14.04	2/14
Kai Mitchell-Reiss	8:15.51	2/14
Brian Theobald	8:47.41	1/18

PERFORMANCE LIST

<u>5000 Meters</u>	<u>Time</u>	<u>Date</u>
Liam Murphy	13:10.42	12/7
Marco Lanon	13:14.11	12/7
CJ Sullivan	13:58.11	12/7
Devon Comber	14:03.67	2/28
Nick Sullivan	14:18.88	12/7

<u>4x400 Meter Relay</u>	<u>Time</u>	<u>Date</u>
Villanova	3:15.06	3/1
Jimmy Milgie	49.91	1st Leg
Ethan Walls	47.61	2nd Leg
Liam Gluck	49.94	3rd Leg
Luke Rakowitz	47.61	Anchor

<u>4x800 Meter Relay</u>	<u>Time</u>	<u>Date</u>
Villanova	7:34.78	3/1
Sean Donoghue	1:54.51	1st Leg
Ben Thomas	1:51.49	2nd Leg
Kai Mitchell-Reiss	1:55.35	3rd Leg
Bailey Habler	1:53.44	Anchor

<u>Distance Medley Relay</u>	<u>Time</u>	<u>Date</u>
Villanova	9:42.54	2/28
Ben Thomas	2:57.59	1200 Meters
Ronan O'Neill	48.83	400 Meters
Brian Theobald	1:55.10	800 Meters
Liam Murphy	4:01.04	1600 Meters

<u>Long Jump</u>	<u>Mark</u>	<u>Date</u>
Justin Miller	7.26m	2/28
Daelyn Nwaobasi	6.29m	1/25
Sanjay Persaud	6.16m	1/18

<u>Shot Put</u>	<u>Mark</u>	<u>Date</u>
Tristan Bolinsky	16.03m	2/1
Chris Coulter	13.90m	2/1
Liam Anderson	13.80m	3/1

<u>Weight Throw</u>	<u>Mark</u>	<u>Date</u>
Tristan Bolinsky	17.33m	2/28
Jonathan Evans	14.23m	2/28
Joe D'Adamo	14.01m	2/14

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AGGREGATE RESULTS

<u>60 Meters</u>	<u>Name</u>	<u>Date</u>
6.80 <i>(final)</i>	Amiri Prescod	3/1
6.82 <i>(prelim)</i>	Amiri Prescod	2/28
6.88 <i>(prelim)</i>	Amiri Prescod	1/25
6.91 <i>(6.904) (prelim)</i>	Amiri Prescod	1/31
6.91 <i>(6.906) (prelim)</i>	Parker Turner	1/31
6.92 <i>(final)</i>	Parker Turner	1/18
6.95 <i>(prelim)</i>	Parker Turner	1/18
6.96 <i>(final)</i>	Parker Turner	2/14
6.97 <i>(prelim)</i>	Parker Turner	2/14
6.99 <i>(prelim)</i>	Amiri Prescod	2/14
6.99 <i>(prelim)</i>	Parker Turner	2/28
7.22 <i>(prelim)</i>	Derrick Smith	1/18
7.22 <i>(prelim)</i>	Derrick Smith	1/25

<u>200 Meters</u>	<u>Name</u>	<u>Date</u>
21.47 <i>(prelim)</i>	Parker Turner	2/28
21.57 <i>(final)</i>	Parker Turner	3/1
21.64	Parker Turner	2/14
22.03	Parker Turner	2/1
22.13	Parker Turner	1/18
22.14	Luke Rakowitz	2/14
22.52	Sal Barretta	2/8
22.64	Amiri Prescod	2/1
23.49	Derrick Smith	1/25
23.72	Matthew Griffin	2/8
23.81	Derrick Smith	1/18

<u>400 Meters</u>	<u>Name</u>	<u>Date</u>
48.14 <i>(prelim)</i>	Luke Rakowitz	2/28
48.18	Luke Rakowitz	2/14
48.22	Luke Rakowitz	1/31
48.29 <i>(final)</i>	Luke Rakowitz	3/1
48.66	Liam Gluck	2/14
48.82 <i>(prelim)</i>	Ethan Walls	2/28
49.01	Ethan Walls	1/31
49.04	Ethan Walls	1/25
49.18 <i>(prelim)</i>	Sal Barretta	2/28
49.28	Liam Gluck	1/31
49.28	Ethan Walls	2/14
49.36	Ronan O'Neill	2/14
49.82 <i>(prelim)</i>	Matthew Griffin	2/28
49.92	Sal Barretta	1/18
49.99	Sal Barretta	2/14
50.08	Ronan O'Neill	1/25
50.08	Sal Barretta	2/8
50.52	Sal Barretta	1/25
50.62	Matthew Griffin	1/25
50.99	Matthew Griffin	2/8

AGGREGATE RESULTS

<u>500 Meters</u>	<u>Name</u>	<u>Date</u>
1:03.85	Luke Rakowitz	1/18
1:04.39	Liam Gluck	1/18
1:05.73	Ethan Walls	1/18
1:06.84	Ronan O'Neill	1/18

<u>800 Meters</u>	<u>Name</u>	<u>Date</u>
1:46.32	Dan Watcke	1/31
1:46.46 <i>(final)</i>	Dan Watcke	3/1
1:47.22 <i>(final)</i>	Dan Watcke	3/15
1:47.28 <i>(prelim)</i>	Dan Watcke	3/14
1:50.79 <i>(prelim)</i>	Dan Watcke	2/28
1:50.96 <i>(prelim)</i>	Sean Donoghue	2/28
1:52.47 <i>(final)</i>	Sean Donoghue	3/1

<u>1000 Meters</u>	<u>Name</u>	<u>Date</u>
2:17.77	Dan Watcke	2/14
2:20.10 <i>(invitational)</i>	Dan Watcke	1/18

<u>Mile</u>	<u>Name</u>	<u>Date</u>
3:54.60	Marco Langon	1/25
3:54.61	Liam Murphy	1/25
4:03.33	Sean Donoghue	1/25
4:05.00	Sean Donoghue	2/14
4:06.05 <i>(final)</i>	Bailey Habler	3/1
4:06.96 <i>(final)</i>	Kai Mitchell-Reiss	3/1
4:07.94	Kai Mitchell-Reiss	1/31
4:08.21 <i>(prelim)</i>	Bailey Habler	2/28
4:09.13 <i>(prelim)</i>	Kai Mitchell-Reiss	2/28
4:10.90	Brian Theobald	1/31
4:11.29	Brian Theobald	2/14
4:13.09	Ben Thomas	1/25

<u>3000 Meters</u>	<u>Name</u>	<u>Date</u>
7:35.47	Liam Murphy	2/8
7:36.87	Marco Langon	2/8
7:49.53	Bailey Habler	1/25
7:50.28	Sean Donoghue	12/7
7:53.38	Liam Murphy	3/1
7:54.25	Marco Langon	3/1
7:55.33	Devon Comber	2/14
7:56.65	Devon Comber	1/25
7:59.46	CJ Sullivan	2/14
8:00.08	Bailey Habler	2/14
8:00.63	Liam Murphy	3/1
8:05.85 <i>(invitational)</i>	CJ Sullivan	2/1
8:07.68	CJ Sullivan	3/1
8:13.28	Devon Comber	3/1
8:14.04	Nick Sullivan	2/14
8:14.37 <i>(invitational)</i>	Nick Sullivan	2/1
8:15.51	Kai Mitchell-Reiss	2/14
8:18.37	Nick Sullivan	3/1
8:21.79	Kai Mitchell-Reiss	1/18
8:47.41	Brian Theobald	1/18

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AGGREGATE RESULTS

5000 Meters

	<u>Name</u>	<u>Date</u>
13:10.42	Liam Murphy	12/7
13:14.11	Marco Langon	12/7
13:14.16	Marco Langon	3/14
13:23.91	Liam Murphy	3/14
13:57.03	Devon Comber	2/28
13:58.11	CJ Sullivan	12/7
14:03.67	Devon Comber	2/28
14:18.17	CJ Sullivan	2/28
14:18.88	Nick Sullivan	12/7
14:34.90	Nick Sullivan	2/28

4x400 Meter Relay

	<u>Name</u>	<u>Date</u>
3:15.06	Villanova	3/1
49.91	Jimmy Milgie	1st Leg
47.61	Ethan Walls	2nd Leg
49.94	Liam Gluck	3rd Leg
47.61	Luke Rakowitz	Anchor
3:15.33	Villanova	2/1
50.08	Sal Barretta	1st Leg
48.68	Ronan O'Neill	2nd Leg
48.52	Luke Rakowitz	3rd Leg
48.07	Ethan Walls	Anchor
3:16.51	Villanova	1/25
50.43	Matthew Griffin	1st Leg
48.10	Ethan Walls	2nd Leg
48.76	Ronan O'Neill	3rd Leg
49.23	Sal Barretta	Anchor
3:19.35	Villanova	1/18
50.82	Liam Gluck	1st Leg
49.93	Ronan O'Neill	2nd Leg
49.20	Luke Rakowitz	3rd Leg
49.40	Sal Barretta	Anchor

4x800 Meter Relay

	<u>Name</u>	<u>Date</u>
7:34.78	Villanova	3/1
1:54.51	Sean Donoghue	1st Leg
1:51.49	Ben Thomas	2nd Leg
1:55.35	Kai Mitchell-Reiss	3rd Leg
1:53.44	Bailey Habler	Anchor

Distance Medley Relay

	<u>Name</u>	<u>Date</u>
13:57.03	Villanova	2/28
2:57.59	Ben Thomas	1200 Meters
48.83	Ronan O'Neill	400 Meters
1:55.10	Brian Theobald	800 Meters
4:01.04	Liam Murphy	1600 Meters

AGGREGATE RESULTS

Long Jump

	<u>Name</u>	<u>Date</u>
7.26m	Justin Miller	2/28
7.13m	Justin Miller	1/31
7.10m	Justin Miller	2/14
7.00m	Justin Miller	1/18
6.29m	Daelyn Nwaobasi	1/25
6.16m	Sanjay Persaud	1/18
6.02m	Daelyn Nwaobasi	1/18
6.02m	Daelyn Nwaobasi	2/8
5.76m	Sanjay Persaud	2/8
5.67m	Sanjay Persaud	1/25

Shot Put

	<u>Name</u>	<u>Date</u>
16.03m	Tristan Bolinsky	2/1
15.61m	Tristan Bolinsky	3/1
14.88m	Tristan Bolinsky	1/25
14.52m	Tristan Bolinsky	2/14
13.90m	Chris Coulter	2/1
13.80m	Liam Anderson	3/1
13.78m	Liam Anderson	1/18
13.53m	Liam Anderson	1/25
13.49m	Chris Coulter	2/14
13.31m	Liam Anderson	2/14
13.00m	Chris Coulter	1/25
12.67m	Liam Anderson	2/1
12.31m	Chris Coulter	1/18
12.10m	Chris Coulter	3/1

Weight Throw

	<u>Name</u>	<u>Date</u>
17.33m	Tristan Bolinsky	2/28
16.91m	Tristan Bolinsky	1/25
16.78m	Tristan Bolinsky	2/14
15.93m	Tristan Bolinsky	1/31
15.39m	Tristan Bolinsky	1/18
14.23m	Jonathan Evans	2/28
14.01m	Joe D'Adamo	2/14
13.36m	Jonathan Evans	1/31
13.23m	Joe D'Adamo	1/18
12.58m	Joe D'Adamo	1/25
12.57m	Joe D'Adamo	1/31
12.51m	Jonathan Evans	1/18
12.20m	Jonathan Evans	1/25
12.18m	Jonathan Evans	2/14
11.91m	Joe D'Adamo	2/28