			AAATTUEW CRIEEN CAREER COULECIATE	AFCLUTC			
			MATTHEW GRIFFIN CAREER COLLEGIATE F	ESULIS			
			INDOOR TRACK & FIELD	_			
DATE	EVENT	LOCATION	VENUE	EVENT	TIME	PLACE	NOTES
1/20/24	Villanova Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	400 Meters	51.03	15	
1/20/24	Villanova Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	4x400 Meter Relay (2nd)	3:24.99	8	
2/2/24	Scarlet Knight Open	New York, N.Y.	The Armory	400 Meters	50.68	15	
2/9/24	Fastrack National Invite	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	400 Meters	50.00	9	
1/25/25	Penn 10 Elite	Philadelphia, Pa.	The Ott Center	400 Meters	50.62	32	
1/25/25	Penn 10 Elite	Philadelphia, Pa.	The Ott Center	4x400 Meter Relay (1st)	3:16.51	5	
2/8/25	Penn Classic	Philadelphia, Pa.	The Ott Center	200 Meters	23.72	31	
2/8/25	Penn Classic	Philadelphia, Pa.	The Ott Center	400 Meters	50.99	18	
2/28/25	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	400 Meters	49.82	13	Preliminary Heats
OUTDOOR TRACK & FIELD							
DATE	EVENT	LOCATION	VENUE	EVENT	TIME	PLACE	NOTES
				LVLIAI		,	
3/23/24	Penn Challenge	Philadelphia, Pa.	Franklin Field	400 Meters	50.63	7	
3/23/24 3/23/24	Penn Challenge Penn Challenge					7	
	5	Philadelphia, Pa.	Franklin Field	400 Meters	50.63	7	
3/23/24	Penn Challenge	Philadelphia, Pa. Philadelphia, Pa.	Franklin Field Franklin Field	400 Meters 4x400 Meter Relay (2nd)	50.63 3:19.40	7	
3/23/24 4/6/24	Penn Challenge Penn Invitational	Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa.	Franklin Field Franklin Field Franklin Field	400 Meters 4x400 Meter Relay (2nd) 400 Meters	50.63 3:19.40 49.90	7	
3/23/24 4/6/24 4/6/24	Penn Challenge Penn Invitational Penn Invitational	Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa.	Franklin Field Franklin Field Franklin Field Franklin Field Franklin Field	400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (Anchor)	50.63 3:19.40 49.90 3:18.10	7 2 9 1	
3/23/24 4/6/24 4/6/24 4/13/24	Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational	Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J.	Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium	400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters	50.63 3:19.40 49.90 3:18.10 50.21	7 2 9 1 28 1	Preliminary Heats
3/23/24 4/6/24 4/6/24 4/13/24 4/13/24	Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational	Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J.	Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium	400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters 4x400 Meter Relay (Anchor)	50.63 3:19.40 49.90 3:18.10 50.21 3:17.01	7 2 9 1 28 1	
3/23/24 4/6/24 4/6/24 4/13/24 4/13/24	Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational	Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J.	Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium	400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters 4x400 Meter Relay (Anchor)	50.63 3:19.40 49.90 3:18.10 50.21 3:17.01	7 2 9 1 28 1	
3/23/24 4/6/24 4/6/24 4/13/24 4/13/24 5/10/24	Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational BIG EAST Championships	Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J. Villanova, Pa.	Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium Villanova Stadium	400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters	50.63 3:19.40 49.90 3:18.10 50.21 3:17.01 50.29	7 2 9 1 28 1	
3/23/24 4/6/24 4/6/24 4/13/24 4/13/24 5/10/24	Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational BIG EAST Championships Penn Challenge	Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J. Villanova, Pa. Philadelphia, Pa.	Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium Villanova Stadium Franklin Field	400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters 400 Meters	50.63 3:19.40 49.90 3:18.10 50.21 3:17.01 50.29	7 2 9 1 28 1 18	
3/23/24 4/6/24 4/6/24 4/13/24 4/13/24 5/10/24 3/22/25 4/4/25	Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational BIG EAST Championships Penn Challenge Sam Howell Invitational	Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J. Villanova, Pa. Philadelphia, Pa. Princeton, N.J.	Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium Villanova Stadium Franklin Field Weaver Stadium	400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meters 4x400 Meters 4x400 Meters 4x400 Meters 4x400 Meters 400 Meters 400 Meters	50.63 3:19.40 49.90 3:18.10 50.21 3:17.01 50.29 50.25 50.40	7 2 9 1 28 1 18	
3/23/24 4/6/24 4/6/24 4/13/24 4/13/24 5/10/24 3/22/25 4/4/25	Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational BIG EAST Championships Penn Challenge Sam Howell Invitational Sam Howell Invitational	Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J. Villanova, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J.	Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium Villanova Stadium Franklin Field Weaver Stadium Weaver Stadium Weaver Stadium	400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters 4x400 Meters Relay (Anchor) 400 Meters 400 Meters 400 Meters 400 Meters 400 Meters 400 Meters	50.63 3:19.40 49.90 3:18.10 50.21 3:17.01 50.29 50.25 50.40 3:12.85	7 2 9 1 28 1 18 4 14 2	