

VILLANOVA MEN'S TRACK & FIELD

2023-24 INDOOR SEASON

SCHEDULE AND RESULTS

<u>Date</u>	<u>Meet</u>	<u>Result</u>
12/2	Sharon Colyear-Danville Season Opener	no team scoring
1/13	Penn 10-Team Select	no team scoring
1/20	Villanova Invitational	no team scoring
1/26	Penn State National (Day 1)	no team scoring
1/27	Penn State National (Day 2)	no team scoring
2/2	Scarlet Knight Open (Day 1)	no team scoring
2/3	Scarlet Knight Open (Day 2)	no team scoring
2/9	Eagle Elite Invitational (Day 1)	no team scoring
2/9	Fastrack National Invite	no team scoring
2/9	Windy City Invite (Day 1)	no team scoring
2/10	Eagle Elite Invitational (Day 2)	no team scoring
2/10	Windy City Invite (Day 2)	no team scoring
2/11	Millrose Games	no team scoring
2/23	BIG EAST Championships (Day 1)	tie-4th of 8
2/24	BIG EAST Championships (Day 2)	3rd of 8
3/8	NCAA Championships (Day 1)	no team scoring
3/9	NCAA Championships (Day 2)	tie-19th of 58

MEET VENUES

Sharon Colyear-Danville Season Opener

Track & Tennis Center
Boston, Mass.

Penn 10-Team Select

Ocean Breeze Track & Field Athletic Complex
Staten Island, N.Y.

Villanova Invitational

Ocean Breeze Track & Field Athletic Complex
Staten Island, N.Y.

Penn State National Open

Horace Ashenfelter III Indoor Track
University Park, Pa.

Scarlet Knight Open

The Armory
New York, N.Y.

Eagle Elite Invitational

the TRACK at new balance
Boston, Mass.

Fastrack National Invite

Ocean Breeze Track & Field Athletic Complex
Staten Island, N.Y.

Windy City Invite

Track & Field Center at Gately Park
Chicago, Ill.

Millrose Games

The Armory
New York, N.Y.

BIG EAST Championships

Track & Field Center at Gately Park
Chicago, Ill.

NCAA Championships

the TRACK at new balance
Boston, Mass.

VILLANOVA MEN'S TRACK & FIELD

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PERFORMANCE LIST

<u>60 Meters</u>	<u>Time</u>	<u>Date</u>
Amiri Prescod	6.75	2/24
Parker Turner	6.91	2/23
Connor Dunning	7.11	1/20
Derrick Smith	7.16	2/3

<u>200 Meters</u>	<u>Time</u>	<u>Date</u>
Parker Turner	21.61	2/23
Connor Dunning	22.07	2/23
Imevar Justice	22.33	2/9
Amiri Prescod	22.57	1/27
Nicholas Mollica	22.66	1/27
Derrick Smith	23.16	2/3

<u>400 Meters</u>	<u>Time</u>	<u>Date</u>
Nicholas Mollica	48.18	2/24
Jakob Kunzer	48.52	2/9
Luke Rakowitz	48.61	2/24
Jimmy Milgie	48.63	2/23
Matthew Griffin	50.00	2/9
Ethan Walls	50.07	1/20
Ronan O'Neill	50.81	2/2
Sal Barretta	51.13	2/2
William Seijas	52.00	2/2

<u>500 Meters</u>	<u>Time</u>	<u>Date</u>
Jakob Kunzer	1:03.80	1/20
Jimmy Milgie	1:04.14	1/20
Nicholas Mollica	1:04.56	1/20

<u>800 Meters</u>	<u>Time</u>	<u>Date</u>
Sean Dolan	1:46.90	2/24

<u>1000 Meters</u>	<u>Time</u>	<u>Date</u>
Sean Dolan	2:23.07	1/20

<u>Mile</u>	<u>Time</u>	<u>Date</u>
Liam Murphy	3:53.85	1/26
Marco Langon	3:56.24	1/26
Sean Donoghue	3:58.07 (magnificent mile)	2/9
Devon Comber	4:02.10 (magnificent mile)	2/9
Xian Shively	4:06.06	1/20
Henry Myers	4:12.88	2/23

UNATTACHED
Evan Addison 3:59.57 1/20

PERFORMANCE LIST

<u>3000 Meters</u>	<u>Time</u>	<u>Date</u>
Liam Murphy	7:42.51	2/24
Marco Langon	7:43.83	2/24
Devon Comber	7:59.29	1/27
Xian Shively	8:04.52	1/27
Cole Walker	8:16.88	2/9
Henry Myers	8:18.85	2/9
Jack Tavaglione	8:22.23	2/9

UNATTACHED
Christopher Sullivan 8:09.51 1/20
Kai Mitchell-Reiss 8:25.88 1/20
Nicholas Sullivan 8:32.01 1/20

<u>5000 Meters</u>	<u>Time</u>	<u>Date</u>
Liam Murphy	13:21.20	12/2
Cole Walker	14:42.20	1/26
Jack Tavaglione	14:43.20	2/23
Ryan Kredell	14:51.52	2/9

<u>4x400 Meter Relay</u>	<u>Time</u>	<u>Date</u>
Villanova	3:12.81	2/10
Nicholas Mollica	48.60	1st Leg
Jimmy Milgie	47.79	2nd Leg
Luke Rakowitz	48.89	3rd Leg
Jakob Kunzer	47.53	Anchor

<u>4x800 Meter Relay</u>	<u>Time</u>	<u>Date</u>
Villanova	7:36.36	2/24
Henry Myers	1:57.86	1st Leg
Sean Dolan	1:54.63	2nd Leg
Xian Shively	1:52.81	3rd Leg
Sean Donoghue	1:51.08	Anchor

<u>Distance Medley Relay</u>	<u>Time</u>	<u>Date</u>
Villanova	9:37.24	2/23
Marco Langon	2:56.06	1200 Meters
Ronan O'Neill	49.46	400 Meters
Xian Shively	1:52.39	800 Meters
Liam Murphy	3:59.33	1600 Meters

<u>Long Jump</u>	<u>Mark</u>	<u>Date</u>
Justin Miller	6.78m	2/23
Daelyn Nwaobasi	6.41m	1/13
Sanjay Persaud	6.33m	1/13

<u>Triple Jump</u>	<u>Mark</u>	<u>Date</u>
Kelechi Eziri	14.44m	1/27

<u>Shot Put</u>	<u>Mark</u>	<u>Date</u>
Tristan Bolinsky	15.01m	1/27
Liam Anderson	11.89m	2/9
Jonathan Evans	11.41m	2/9

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PERFORMANCE LIST

Weight Throw

Tristan Bolinsky

Mark

17.56m

Date

1/26

VILLANOVA MEN'S TRACK & FIELD

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AGGREGATE RESULTS

<u>60 Meters</u>	<u>Name</u>	<u>Date</u>
6.75 <i>(final)</i>	Amiri Prescod	2/24
6.78 <i>(prelim)</i>	Amiri Prescod	2/23
6.79 <i>(prelim)</i>	Amiri Prescod	1/26
6.80 <i>(semifinal)</i>	Amiri Prescod	1/26
6.82 <i>(final)</i>	Amiri Prescod	1/20
6.86 <i>(prelim)</i>	Amiri Prescod	1/20
6.87 <i>(prelim)</i>	Amiri Prescod	2/9
6.91 <i>(prelim)</i>	Parker Turner	2/23
7.02 <i>(prelim)</i>	Parker Turner	2/9
7.05 <i>(prelim)</i>	Parker Turner	1/26
7.11 <i>(prelim)</i>	Connor Dunning	1/20
7.15 <i>(prelim)</i>	Parker Turner	1/20
7.16 <i>(unseeded)</i>	Derrick Smith	2/3
7.16 <i>(prelim)</i>	Derrick Smith	2/9
7.21 <i>(prelim)</i>	Derrick Smith	1/20
<u>200 Meters</u>	<u>Name</u>	<u>Date</u>
21.61 <i>(prelim)</i>	Parker Turner	2/23
21.67 <i>(final)</i>	Parker Turner	2/24
21.76	Parker Turner	2/10
22.07 <i>(prelim)</i>	Connor Dunning	2/23
22.08	Parker Turner	1/27
22.26	Connor Dunning	1/20
22.33	Imevar Justice	2/9
22.44	Parker Turner	1/20
22.51	Imevar Justice	2/3
22.57	Amiri Prescod	1/27
22.66	Nicholas Mollica	1/27
23.16	Derrick Smith	2/3
23.18	Derrick Smith	1/20

AGGREGATE RESULTS

<u>400 Meters</u>	<u>Name</u>	<u>Date</u>
48.18 <i>(final)</i>	Nicholas Mollica	2/24
48.52	Jakob Kunzer	2/9
48.61 <i>(final)</i>	Luke Rakowitz	2/24
48.63 <i>(prelim)</i>	Jimmy Milgie	2/23
48.73 <i>(prelim)</i>	Nicholas Mollica	2/23
48.86 <i>(prelim)</i>	Luke Rakowitz	2/23
48.87 <i>(final)</i>	Jimmy Milgie	2/24
48.90	Jimmy Milgie	2/9
48.97	Jakob Kunzer	1/27
49.29	Luke Rakowitz	1/27
49.35	Luke Rakowitz	1/20
49.39	Jimmy Milgie	1/27
50.00	Matthew Griffin	2/9
50.07	Ethan Walls	1/20
50.16	Ethan Walls	2/9
50.68	Matthew Griffin	2/2
50.81	Ronan O'Neill	2/2
50.84	Ronan O'Neill	1/20
51.03	Matthew Griffin	1/20
51.13	Sal Barretta	2/2
51.50	Sal Barretta	1/20
52.00	William Seijas	2/2
52.31	William Seijas	1/20
<u>500 Meters</u>	<u>Name</u>	<u>Date</u>
1:03.80	Jakob Kunzer	1/20
1:04.14	Jimmy Milgie	1/20
1:04.56	Nicholas Mollica	1/20
<u>800 Meters</u>	<u>Name</u>	<u>Date</u>
1:46.90 <i>(final)</i>	Sean Dolan	2/24
1:46.96	Sean Dolan	1/26
1:46.99 <i>(invitational)</i>	Sean Dolan	2/9
1:47.57 <i>(prelim)</i>	Sean Dolan	3/8
1:47.61 <i>(final)</i>	Sean Dolan	3/9
1:50.28 <i>(prelim)</i>	Sean Dolan	2/23
<u>1000 Meters</u>	<u>Name</u>	<u>Date</u>
2:23.07	Sean Dolan	1/20
<u>1500 Meters</u>	<u>Name</u>	<u>Date</u>
3:38.33 <i>(en route)</i>	Liam Murphy	2/11

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AGGREGATE RESULTS

<u>Mile</u>	<u>Name</u>	<u>Date</u>
3:53.85	Liam Murphy	1/26
3:53.96 (<i>wanamaker mile</i>)	Liam Murphy	2/11
3:56.24	Marco Langon	1/26
3:57.88	Marco Langon	1/20
3:58.07 (<i>magnificent mile</i>)	Sean Donoghue	2/9
3:58.86	Sean Donoghue	1/26
4:02.10 (<i>magnificent mile</i>)	Devon Comber	2/9
4:04.16 (<i>final</i>)	Sean Donoghue	2/24
4:04.34 (<i>final</i>)	Devon Comber	2/24
4:06.06	Xian Shively	1/20
4:08.53 (<i>prelim</i>)	Sean Donoghue	2/23
4:09.47	Devon Comber	1/20
4:12.75 (<i>prelim</i>)	Devon Comber	2/23
4:12.88 (<i>prelim</i>)	Henry Myers	2/23
4:14.00 (<i>final</i>)	Henry Myers	2/24
UNATTACHED		
3:59.57	Evan Addison	1/20

<u>3000 Meters</u>	<u>Name</u>	<u>Date</u>
7:42.51	Liam Murphy	2/24
7:43.83	Marco Langon	2/24
7:45.64	Liam Murphy	3/9
7:47.43 (<i>invitational</i>)	Marco Langon	2/10
7:59.29	Devon Comber	1/27
8:00.83	Marco Langon	3/9
8:04.52	Xian Shively	1/27
8:16.88	Cole Walker	2/9
8:18.85	Henry Myers	2/9
8:22.23	Jack Tavaglione	2/9
8:22.80	Cole Walker	1/20
UNATTACHED		
8:09.51	Christopher Sullivan	1/20
8:25.88	Kai Mitchell-Reiss	1/20
8:32.01	Nicholas Sullivan	1/20

<u>5000 Meters</u>	<u>Name</u>	<u>Date</u>
13:21.20	Liam Murphy	12/2
14:42.20	Cole Walker	1/26
14:43.20	Jack Tavaglione	2/23
14:46.10	Jack Tavaglione	1/26
14:51.52	Ryan Kredell	2/9
15:00.72	Ryan Kredell	2/23
15:24.79	Cole Walker	2/23

AGGREGATE RESULTS

<u>4x400 Meter Relay</u>	<u>Name</u>	<u>Date</u>
3:12.81	Villanova	2/10
48.60	Nicholas Mollica	1st Leg
47.79	Jimmy Milgie	2nd Leg
48.89	Luke Rakowitz	3rd Leg
47.53	Jakob Kunzer	Anchor
3:14.33	Villanova	2/24
48.89	Nicholas Mollica	1st Leg
48.29	Jimmy Milgie	2nd Leg
49.27	Ronan O'Neill	3rd Leg
47.90	Luke Rakowitz	Anchor
3:15.16	Villanova	1/27
48.90	Nicholas Mollica	1st Leg
48.56	Jimmy Milgie	2nd Leg
49.29	Luke Rakowitz	3rd Leg
48.42	Jakob Kunzer	Anchor

3:16.50	Villanova 'A'	1/20
49.22	Nicholas Mollica	1st Leg
49.31	Luke Rakowitz	2nd Leg
49.31	Jakob Kunzer	3rd Leg
48.68	Jimmy Milgie	Anchor
3:24.99	Villanova 'B'	1/20
53.08	William Seijas	1st Leg
50.43	Matthew Griffin	2nd Leg
50.85	Ronan O'Neill	3rd Leg
50.64	Sal Barretta	Anchor

<u>4x800 Meter Relay</u>	<u>Name</u>	<u>Date</u>
7:36.36	Villanova	2/24
1:57.86	Henry Myers	1st Leg
1:54.63	Sean Dolan	2nd Leg
1:52.81	Xian Shively	3rd Leg
1:51.08	Sean Donoghue	Anchor

<u>Distance Medley Relay</u>	<u>Name</u>	<u>Date</u>
9:37.24	Villanova	2/23
2:56.06	Marco Langon	1200 Meters
49.46	Ronan O'Neill	400 Meters
1:52.39	Xian Shively	800 Meters
3:59.33	Liam Murphy	1600 Meters

<u>Long Jump</u>	<u>Name</u>	<u>Date</u>
6.78m	Justin Miller	2/23
6.69m	Justin Miller	1/26
6.41m	Daelyn Nwaobasi	1/13
6.33m	Sanjay Persaud	1/13
6.16m	Sanjay Persaud	2/9
6.01m	Daelyn Nwaobasi	2/9

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Triple Jump

	<u>Name</u>	<u>Date</u>
14.44m	Kelechi Eziri	1/27
14.06m	Kelechi Eziri	2/24

Shot Put

	<u>Name</u>	<u>Date</u>
15.01m	Tristan Bolinsky	1/27
15.01m	Tristan Bolinsky	2/24
14.55m	Tristan Bolinsky	2/10
14.47m	Tristan Bolinsky	1/20
12.91m	Liam Anderson	2/24
11.89m	Liam Anderson	2/9
11.80m	Liam Anderson	1/20
11.52m	Liam Anderson	1/27
11.41m	Jonathan Evans	2/9
10.46m	Jonathan Evans	1/20

Weight Throw

	<u>Name</u>	<u>Date</u>
17.56m	Tristan Bolinsky	1/26
16.69m	Tristan Bolinsky	2/23
15.09m	Tristan Bolinsky	2/9
14.82m	Tristan Bolinsky	1/20