TEMPLE OWLS CROSS COUNTRY INVITATIONAL

SEPTEMBER 1, 2023 ~ TEMPLE AMBLER ~ AMBLER, PA.

TOP 10 INDIVIDUALS

4000 Meters	Team	Time
Kinsey Pogue	Villanova	15:16.9
Elsa Chan	Temple	15:17.2
Elvira Bredin	Temple	15:21.0
Elizabeth Vaughn	Villanova	15:39.8
Madison Martinez	Villanova	15:46.1
Alex Stasichin	Villanova	15:48.1
Helene Usher	La Salle	15:50.1
Amelia Artz	La Salle	15:55.2
Dominyka Petraskaite	Temple	16:05.1
Neve Moulai	La Salle	16:13.3

<u>4000 Meters</u>	<u>Place</u>	<u>Time</u>
Kinsey Pogue	1st of 26	15:16.9
Elizabeth Vaughn	4th	15:39.8
Madison Martinez	5th	15:46.1
Alex Stasichin	6th	15:48.1
Caelen O'Leary	20th	17:22.3
Kate Flynn	23rd	17:50.7

	TEAM SCORES	
<u>Team</u> Villanova	Place 1st of 3	Points 33
Temple La Salle	2nd 3rd	42 49

MAIN LINE INVITATIONAL SEPTEMBER 15, 2023 ~ ALUMNI COURSE ~ HAVERFORD, PA.

TOP 10 INDIVIDUALS

3 Miles	<u>Team</u>	<u>Time</u>
Sadie Sigfstead	Villanova	16:00.5
Emma McGill	Villanova	16:14.0
Margaret Carroll	Villanova	17:11.5
Emily Robinson	Villanova	17:19.7
Zoe Shetty	Penn	17:20.8
Kelly Murray	Penn	17:24.7
Miranda Schriver	Penn	17:25.1
Tilly O'Connor	Villanova	17:25.2
Phoebe White	Penn	17:33.9
Kinsey Pogue	Villanova	17:34.8

3 Miles	<u>Place</u>	Time
Sadie Sigfstead	1st of 74	16:00.5
Emma McGill	2nd	16:14.0
Margaret Carroll	3rd	17:11.5
Emily Robinson	4th	17:19.7
Tilly O'Connor	8th	17:25.2
Kinsey Pogue	10th	17:34.8
Elizabeth Vaughn	11th	17:43.4
Micah Trusty	23rd	18:47.8
Caelen O'Leary	34th	19:41.6
Alex Stasichin	35th	19:51.6
Kate Flynn	42nd	20:21.2

TEAM SCORES		
<u>Team</u>	<u>Place</u>	Points
Villanova	1st of 7	18
Penn	2nd	39
La Salle	3rd	87
Swarthmore	4th	132
Haverford	5th	139
Muhlenberg	6th	192
Widener	7th	193

COAST-TO-COAST BATTLE IN BEANTOWN SEPTEMBER 29, 2023 ~ FRANKLIN PARK ~ BOSTON, MASS.

TOP 10 INDIVIDUALS

5000 Meters	Team	Time
Maia Ramsden	Harvard	17:0.1
Sadie Sigfstead	Villanova	17:04.9
Maeve Stiles	Penn	17:06.9
Gene Coetzee	Auburn	17:08.6
Emma McGill	Villanova	17:10.6
Olivia Morganti	Penn	17:15.0
Chloe Thomas	Connecticut	17:15.4
Ella Gilson	Harvard	17:15.8
Penelope Salmon	Harvard	17:16.3
Jenna Zydanowicz	Connecticut	17:27.8

<u>5000 Meters</u>	<u>Place</u>	Time
Sadie Sigfstead	2nd of 160	17:04.9
Emma McGill	5th	17:10.6
Margaret Carroll	20th	17:42.4
Emily Robinson	31st	17:49.5
Tilly O'Connor	66th	18:24.5
Elizabeth Vaughn	69th	18:27.3
Kinsey Pogue	80th	18:33.7

TEAM SCORES		
Team	Place	Points
Harvard	1st of 16	61
Penn	2nd	103
Texas A&M	3rd	107
Villanova	4th	118
Connecticut	5th	126
Princeton	6th	136
Auburn	7th	143
Dartmouth	8th	169
Cornell	9th	195
Boston College	10th	321
Maine	11th	345
Syracuse	12th	347
UAlbany	13th	392
St. John's	14th	405
Southern New Hampshire	15th	452
Hardin-Simmons	16th	498

XC-23 PRE-NATIONALS October 14, 2023 ~ Panorama Farms ~ Earlysville, Va.

TOP 10 INDIVIDUALS

<u>6000 Meters</u>	<u>Team</u>	Time
Carmen Alder	BYU	19:36.2
Maddy Elmore	Oregon	19:47.0
Paityn Noe	Arkansas	19:49.6
Margot Appleton	Virginia	19:55.6
Jenna Hutchins	BYU	19:58.3
Sydney Thorvaldson	Arkansas	19:58.9
Aubrey Frentheway	BYU	20:00.6
Sadie Sigfstead	Villanova	20:01.6
Lexy Halladay-Lowry	BYU	20:04.0
Riley Chamberlain	BYU	20:06.0

<u>6000 Meters</u>	<u>Place</u>	<u>Time</u>
Sadie Sigfstead	8th of 202	20:01.6
Emma McGill	24th	20:32.4
Emily Robinson	47th	20:59.1
Margaret Carroll	141st	21:55.2
Tilly O'Connor	152nd	22:04.6
Elizabeth Vaughn	158th	22:10.3
Kinsey Pogue	175th	22:29.2

TEAM SCORES		
<u>Team</u>	<u>Place</u>	<u>Points</u>
BYU	1st of 24	32
Arkansas	2nd	90
Virginia	3rd	104
Oregon	4th	117
Tennessee	5th	135
Wake Forest	6th	218
Cal Poly	7th	301
Michigan	8th	326
Washington State	9th	345
Villanova	10th	351
Montana State	11th	358
Pittsburgh	12th	362
Wyoming	13th	367
Quinnipiac	14th	370
Virginia Tech	15th	373
Penn	16th	386
Dartmouth	17th	409
Ohio	18th	429
Minnesota	19th	491
Liberty	20th	493
Missouri	21st	529
Vanderbilt	22nd	530
Purdue	23rd	538
Maryland	24th	563

HAVERFORD INVITATIONAL

OCTOBER 26, 2023 ~ ALUMNI COURSE ~ HAVERFORD, PA.

TOP 10 INDIVIDUALS

3 Miles	Team	Time
Anastasia Russell	Penn	17:17.1
Chloe Hassman	Penn	17:36.1
Sarah Fischer	Penn	18:02.5
Madison Martinez	Villanova	18:21.6
Alex Stasichin	Villanova	18:25.3
Sarah Butler	Villanova	18:25.3
AA	Unattached	18:38.1
Arielle Breuninger	Penn	18:42.6
Camille Jordan	Penn	18:46.4
Payton Kochanski	Saint Joseph's	19:10.4

3 Miles	<u>Place</u>	<u>Time</u>
Madison Martinez	4th of 21	18:21.6
Alex Stasichin	5th	18:25.3
Sarah Butler	6th	18:34.0
Caelen O'Leary	13th	19:47.8
Kate Flynn	16th	20:42.7

	TEAM SCORES	
<u>Team</u>	<u>Place</u>	Points
Penn	1st of 2	21
Villanova	2nd	34

BIG EAST CHAMPIONSHIPS

OCTOBER 28, 2023 ~ WAYNE DANNEHL NATIONAL CROSS COUNTRY COURSE ~ KENOSHA, WIS.

TOP 10 INDIVIDUALS

6000 Meters	<u>Team</u>	Time
Chloe Scrimgeour	Georgetown	19:59.72
Kimberley May	Providence	20:06.50
Melissa Riggins	Georgetown	20:19.91
Sadie Sigfstead	Villanova	20:25.67
Emma McGill	Villanova	20:30.89
Chloe Gonzalez	Georgetown	20:31.67
Chloe Thomas	Connecticut	20:34.60
Kelsey Swenson	Georgetown	20:35.57
Shannon Flockhart	Providence	20:40.73
Maggie Donahue	Georgetown	20:53.51

<u>6000 Meters</u>	<u>Place</u>	Time
Sadie Sigfstead	4th of 99	20:25.67
Emma McGill	5th	20:30.89
Emily Robinson	18th	21:22.34
Tilly O'Connor	26th	21:41.27
Margaret Carroll	27th	21:44.21
Elizabeth Vaughn	33rd	21:49.67
Kinsey Pogue	50th	22:41.27

TEAM SCORES		
<u>Team</u>	Place 1st of 11	Points 28
Georgetown Providence	2nd	56
Villanova	3rd	80
Connecticut	4th	89
Butler	5th	118
DePaul	6th	181
Xavier	7th	200
Creighton	8th	228
St. John's	9th	275
Marquette	10th	302
Seton Hall	11th	314

NCAA MID-ATLANTIC REGIONAL NOVEMBER 10, 2023 ~ GOODMAN CAMPUS COURSE ~ BETHLEHEM, PA.

TOP 10 INDIVIDUALS

<u>6000 Meters</u>	<u>Team</u>	Time
Sadie Sigfstead	Villanova	19:35.5
Melissa Riggins	Georgetown	19:35.6
Kelsey Swenson	Georgetown	19:46.8
Emma McGill	Villanova	19:49.2
Olivia Morganti	Penn	19:50.2
Abby Herring	Marshall	19:52.4
Maggie Donahue	Georgetown	19:55.1
Maeve Stiles	Penn	19:57.1
Chloe Gonzalez	Georgetown	19:58.6
Alexandra Carlson	Rutgers	19:59.8

6000 Meters	Place	Time
Sadie Sigfstead	1st of 196	19:35.5
Emma McGill	4th	19:49.2
Emily Robinson	25th	20:45.7
Tilly O'Connor	34th	20:52.5
Margaret Carroll	66th	21:24.8
Elizabeth Vaughn	77th	21:31.5
Kinsey Pogue	85th	21:38.9

TEAM SCORES		
<u>Team</u>	<u>Place</u>	<u>Points</u>
Georgetown	1st of 27	48
Penn State	2nd	79
Penn	3rd	104
West Virginia	4th	120
Villanova	5th	128
Princeton	6th	140
Pittsburgh	7th	145
Maryland	8th	273
Bucknell	9th	324
Navy	10th	328
George Washington	11th	343
Lehigh	12th	350
Monmouth	13th	356
Rutgers	14th	361
Marshall	15th	394
La Salle	16th	394
Duquesne	17th	429
Rider	18th	477
Delaware	19th	537
Saint Francis	20th	599
American	21st	620
Saint Joseph's	22nd	641
Loyola (Md.)	23rd	673
Seton Hall	24th	687
Lafayette	25th	721
UMBC	26th	786
Robert Morris	27th	811

NCAA CHAMPIONSHIPS

November 18, 2023 ~ Panorama Farms ~ Earlysville, Va.

TOP 10 INDIVIDUALS

<u>6000 Meters</u>	<u>Team</u>	Time
Parker Valby	Florida	18:55.2
Doris Lemngole	Alabama	19:05.7
Olivia Markezich	Notre Dame	19:10.0
Hilda Olemomoi	Alabama	19:22.1
Katelyn Tuohy	North Carolina State	19:23.0
Flomena Asekol	Florida	19:26.9
Billah Jepkirui	Oklahoma State	19:27.5
Chloe Scrimgeour	Georgetown	19:28.4
Amina Maatoug	Duke	19:29.9
Maia Ramsden	Harvard	19:30.8

6000 Meters	<u>Place</u>	<u>Time</u>
Sadie Sigfstead	71st of 254	20:28.7

TEAM SCORES		
<u>Team</u>	<u>Place</u>	Points
North Carolina State	1st of 31	123
Northern Arizona	2nd	124
Oklahoma State	3rd	156
Notre Dame	4th	237
Florida	5th	268
Tennessee	6th	294
Alabama	7th	314
Washington	8th	323
Arkansas	9th	329
Oregon	10th	335
Lipscomb	11th	353
Stanford	12th	357
Utah	13th	375
BYU	14th	399
Virginia	15th	400
Michigan State	16th	410
Cal Baptist	17th	414
Georgetown	18th	419
Colorado	19th	446
Iowa State	20th	458
Ole Miss	21st	459
Wisconsin	22nd	487
Utah Valley	23rd	501
Furman	24th	503
Harvard	25th	504
Boston College	26th	567
Syracuse	27th	591
Providence	28th	619
Colorado State	29th	720
Texas A&M	30th	775
Penn State	31st	787