

NCAA DIVISION I MID-ATLANTIC REGION CROSS COUNTRY CHAMPIONSHIPS
Hosted by Lehigh University November 10, 2023

MEN'S RACE - 10K

Results by Leone Timing & Results Services
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PLACE	PTS	NAME	YR	TEAM	TIME	PACE	1 MI SPLIT	2250M SPLIT	7200M SPLIT	8000M SPLIT
1	1	Liam Murphy	JR	Villanova	29:05.5	4:41	4:39.6	6:34.1	21:14.6	23:30.5
2	2	Haftu Strintzos	SR	Villanova	29:14.7	4:43	4:39.6	6:33.5	21:15.2	23:30.9
3	3	Murphy Smith	JR	Navy	29:22.7	4:44	4:41.7	6:33.9	21:15.0	23:35.2
4	4	Nicholas Bendtsen	JR	Princeton	29:29.2	4:45	4:40.5	6:34.0	21:20.3	23:41.4
5	5	Luke Henseler	SR	Pittsburgh	29:30.3	4:45	4:39.9	6:33.5	21:20.3	23:42.2
6	6	Jarrett Kirk	SR	Princeton	29:31.2	4:46	4:41.5	6:33.9	21:19.8	23:41.4
7	7	Matthew Rizzo	JR	Georgetown	29:31.4	4:46	4:42.1	6:34.4	21:20.2	23:44.3
8	8	Connor Nisbet	SR	Princeton	29:31.6	4:46	4:41.4	6:33.4	21:20.4	23:43.5
9	9	Parker Stokes	JR	Georgetown	29:36.6	4:46	4:39.9	6:33.7	21:25.4	23:49.8
10	10	MacCallum Rowe	SO	La Salle	29:40.7	4:47	4:42.3	6:35.0	21:21.8	23:45.8
11	11	Anthony Monte	SR	Princeton	29:47.0	4:48	4:40.3	6:33.5	21:33.3	23:58.4
12	12	Daniel O'Brien	JR	Princeton	29:47.2	4:48	4:41.6	6:33.6	21:29.0	23:54.6
13	13	Taonga Mbambo	SR	La Salle	29:49.5	4:48	4:42.4	6:37.5	21:35.3	24:00.5
14	14	Birhanu Harriman	FR	Georgetown	29:50.2	4:49	4:43.1	6:37.7	21:41.1	24:07.0
15	15	Alexander Kirkland	JR	Navy	29:50.2	4:49	4:41.1	6:34.9	21:30.6	23:58.8
16	16	Evan Dorenkamp	SR	Penn State	29:59.0	4:50	4:40.3	6:34.5	21:50.7	24:18.1
17	17	Declan McDonnell	SO	Monmouth	29:59.9	4:50	4:40.9	6:35.1	21:39.1	24:07.5
18	18	Joshua Zelek	SR	Princeton	30:01.4	4:50	4:40.3	6:34.1	21:43.0	24:10.8
19	19	Brian Dicola	FR	Penn State	30:02.3	4:51	4:43.9	6:37.7	21:51.1	24:16.7
20	20	Lucas Guerra	SO	Georgetown	30:03.9	4:51	4:41.7	6:36.2	21:41.6	24:08.0
21	21	Ryan Kredell	SR	Villanova	30:06.5	4:51	4:41.2	6:33.9	21:41.6	24:09.4
22	22	Sahil Dodda	SO	Penn	30:07.7	4:51	4:42.0	6:34.7	21:45.6	24:14.9
23	23	Connor Livingston	SR	Princeton	30:08.5	4:52	4:42.5	6:36.2	21:47.9	24:16.8
24	24	Henry Myers	SR	Villanova	30:09.7	4:52	4:40.9	6:34.1	21:41.2	24:09.8
25	25	Devon Comber	SO	Villanova	30:16.9	4:53	4:42.1	6:35.4	21:49.9	24:21.3
26	26	Ryan Watson	FR	Penn State	30:19.7	4:53	4:42.4	6:37.5	21:55.5	24:24.8
27	27	Charlie North	FR	Georgetown	30:24.5	4:54	4:41.7	6:35.3	21:56.3	24:28.5
28	28	Hayden Healey	SO	Penn State	30:25.8	4:54	4:42.9	6:37.7	22:04.0	24:31.9
29	29	Luke Johnson	JR	Penn	30:30.5	4:55	4:44.1	6:38.1	22:04.7	24:33.4
30	30	Samuel Keeny	SR	Navy	30:30.5	4:55	4:41.9	6:34.1	21:39.4	24:14.5
31	31	Luke Ondracek	FR	Georgetown	30:31.7	4:55	4:42.0	6:36.3	22:00.2	24:29.3
32	32	Cole Frank	JR	Temple	30:32.1	4:55	4:42.6	6:37.4	22:03.6	24:33.2
33	33	Behailu Bekele-Arcuri	JR	Penn State	30:35.1	4:56	4:42.5	6:38.1	22:06.0	24:34.8
34	34	Andres Hernandez	SO	La Salle	30:37.1	4:56	4:41.1	6:34.9	22:03.0	24:32.1
35	35	Thomas Smigo	FR	Lehigh	30:38.3	4:56	4:41.8	6:37.0	22:07.6	24:35.6
36	36	Jack Miller	SR	Pittsburgh	30:39.8	4:57	4:41.4	6:35.5	22:01.0	24:33.7
37	37	Sam Otis	SR	Pittsburgh	30:41.6	4:57	4:44.9	6:39.7	22:14.5	24:41.8
38	38	Jack Tavaglione	FR	Villanova	30:48.0	4:58	4:40.5	6:35.4	22:04.5	24:33.6
39	39	Jacob Heredia	SO	George Washington	30:49.5	4:58	4:41.8	6:34.1	22:09.6	24:41.8
40	40	David Butts	JR	La Salle	30:49.9	4:58	4:48.0	6:45.1	22:21.6	24:50.9
41	41	Quintin Gatons	JR	Pittsburgh	30:51.1	4:58	4:41.4	6:35.8	22:13.0	24:43.1
42	42	Justin Mumford	SO	Navy	30:51.1	4:58	4:43.5	6:37.3	22:09.2	24:42.6
43	43	Luke Nester	JR	Navy	30:52.1	4:59	4:41.8	6:36.0	22:10.0	24:45.0
44	44	Abel Teffra	JR	Georgetown	30:53.0	4:59	4:40.4	6:34.5	21:59.8	24:35.4
45	45	Liem Chot	JR	Temple	30:54.6	4:59	4:48.8	6:46.2	22:27.3	24:54.6
46	46	Evan White	SR	Marshall	30:56.7	4:59	4:48.5	6:46.9	22:27.2	24:58.0
47	47	Tamrat Snyder	SR	Rider	30:57.7	4:59	4:49.6	6:48.0	22:26.7	24:56.6
48	48	Finn Birnie	SR	La Salle	30:58.8	5:00	4:43.6	6:38.6	22:23.0	24:54.9
49	49	Austin Brotemarkle	SO	George Washington	31:00.3	5:00	4:43.2	6:37.6	22:21.8	24:52.1
50	50	Aidan Lynch	JR	Lehigh	31:01.9	5:00	4:45.6	6:42.4	22:31.4	25:02.5
51	51	Jay Shanahan	JR	St. Joseph's (Pa.)	31:02.7	5:00	4:43.6	6:37.9	22:20.2	24:52.9
52	52	Bobby Lynam	JR	Bucknell	31:03.2	5:00	4:50.2	6:49.6	22:30.1	25:02.1
53	53	Zack Marmol	JR	Temple	31:03.6	5:00	4:53.1	6:50.7	22:28.6	24:55.7
54	54	Zack Toth	SR	Duquesne	31:05.9	5:01	4:43.3	6:39.7	22:27.7	24:57.7
55	55	Benjamin Countiss	JR	Navy	31:06.8	5:01	4:44.1	6:39.1	22:30.2	25:05.3
56	56	Luke Miller	JR	Pittsburgh	31:07.2	5:01	4:39.8	6:34.6	22:23.4	24:58.8
57	57	Sebastien Reed	JR	Monmouth	31:07.5	5:01	4:54.3	6:48.7	22:27.1	24:56.8
58	58	Row Sullivan	SR	American	31:10.7	5:02	4:47.8	6:43.4	22:31.9	25:04.0
59	59	Tennessee Tremain	SO	Monmouth	31:11.7	5:02	4:55.7	6:55.5	22:41.9	25:12.2
60	60	Gavin Richards	SO	Rutgers	31:13.1	5:02	4:48.0	6:46.7	22:48.2	25:23.7
61	61	Emil Arangala	JR	Lafayette	31:13.3	5:02	4:48.8	6:45.6	22:33.0	25:06.9
62	62	Nicholas Carpenter	FR	Penn	31:14.7	5:02	4:50.6	6:49.0	22:37.4	25:10.5
63	63	Brian Pedretti	JR	Rutgers	31:14.8	5:02	4:46.4	6:43.9	22:35.2	25:07.6
64	64	Jack Moran	FR	Rutgers	31:16.0	5:02	4:54.0	6:53.5	22:39.2	25:11.3

65	65	William Shaughnessy	JR	Penn	31:16.5	5:02	4:44.5	6:40.9	22:30.8	25:03.1
66	66	Christopher Desousa	SO	Penn State	31:17.0	5:03	4:45.7	6:44.9	22:37.7	25:10.8
67	67	James Ptack	JR	La Salle	31:18.7	5:03	4:40.9	6:35.7	22:34.3	25:11.8
68	68	Kevin Conlon	JR	George Washington	31:21.0	5:03	4:42.0	6:35.9	22:32.5	25:08.2
69	69	Christian Fitch	JR	Temple	31:22.2	5:03	4:53.8	6:52.2	22:39.1	25:11.0
70	70	Zeb Hinker	FR	Rutgers	31:22.9	5:04	4:47.2	6:43.8	22:40.1	25:11.2
71	71	Ben Santos	JR	Bucknell	31:24.9	5:04	4:45.0	6:41.8	22:33.1	25:05.9
72	72	Grayson Crockett	JR	Bucknell	31:25.3	5:04	4:51.9	6:51.7	22:42.8	25:15.8
73	73	Brendan Flynn	FR	Penn State	31:27.4	5:04	4:46.9	6:44.9	22:39.3	25:15.2
74	74	Noah Taylor	JR	Rider	31:29.1	5:04	4:47.6	6:41.5	22:33.1	25:11.5
75	75	Mason Siebenhaar	SO	Bucknell	31:33.2	5:05	4:54.1	6:53.9	22:53.7	25:28.5
76	76	Anthony Gargani	SO	St. Joseph's (Pa.)	31:33.4	5:05	4:47.3	6:45.6	22:38.5	25:16.6
77	77	Silas Ruth	SO	Penn	31:36.4	5:06	4:51.0	6:50.2	22:45.8	25:18.5
78	78	Peter Sorensen	JR	Bucknell	31:37.9	5:06	4:53.8	6:54.4	22:53.7	25:27.9
79	79	Graham Thomas	JR	Temple	31:38.3	5:06	5:03.0	7:02.0	23:07.5	25:37.4
80	80	Cameron Hindle	JR	UMBC	31:38.6	5:06	4:55.4	6:56.8	23:07.9	25:37.3
81	81	Tyler Paszkowski	SO	Robert Morris	31:39.7	5:06	5:00.9	7:02.4	22:48.5	25:25.7
82	82	Jackson Nguyen	SO	Navy	31:41.4	5:06	4:47.8	6:44.4	22:41.2	25:19.1
83		Michael Chipi	JR	Mount St. Mary's	31:42.2	5:07	4:55.7	6:56.0	22:56.0	25:27.7
84	83	Jimmy Koel	JR	Temple	31:43.0	5:07	5:02.0	7:02.1	23:07.7	25:39.1
85	84	Lucas Brown	SR	George Washington	31:44.6	5:07	4:45.6	6:46.7	22:55.8	25:29.3
86	85	Jeremie Garcia	SR	Rider	31:45.4	5:07	4:54.0	6:54.9	22:57.7	25:33.2
87	86	Kaden Kluth	SO	American	31:45.4	5:07	4:43.9	6:40.7	23:02.3	25:37.8
88	87	Colten Morris	SO	Robert Morris	31:45.9	5:07	4:59.6	7:00.6	23:00.2	25:34.9
89	88	Chris Hill	SR	Rutgers	31:46.5	5:07	4:44.8	6:44.8	23:05.4	25:41.9
90	89	Noah Deckert	SR	St. Joseph's (Pa.)	31:46.7	5:07	4:49.2	6:50.3	22:59.3	25:37.3
91	90	Dominik Lisicky	SO	Rider	31:47.6	5:07	4:53.8	6:54.8	23:01.6	25:40.0
92	91	Henry Didden	SO	Bucknell	31:47.9	5:08	4:50.1	6:49.5	22:57.7	25:33.6
93	92	Skyler Vavro	JR	Robert Morris	31:49.1	5:08	4:59.7	7:00.8	23:07.0	25:43.7
94	93	Liam Tilton	SO	Rutgers	31:49.3	5:08	4:55.9	6:55.1	22:53.9	25:32.6
95	94	Iain Taylor	JR	Rider	31:51.8	5:08	4:53.7	6:54.4	22:47.7	25:27.2
96	95	Rory Lieberman	FR	Penn	31:52.5	5:08	4:50.8	6:49.2	22:56.8	25:35.4
97		Niels Peeters	FR	Mount St. Mary's	31:55.2	5:09	4:56.3	7:00.1	23:14.1	25:52.2
98	96	Micah Lawson	FR	Rutgers	31:55.2	5:09	5:01.7	7:02.5	23:03.2	25:34.1
99		Marian Drazan	FR	Delaware State	31:57.0	5:09	4:50.8	6:52.5	23:13.1	25:49.1
100	97	Ronnie Saunders	SR	Marshall	31:57.6	5:09	4:51.5	6:50.4	22:57.8	25:34.8
101	98	Ryan Fowkes	SR	George Washington	31:57.8	5:09	4:40.2	6:35.9	22:55.2	25:39.9
102	99	Kevin Harvey	JR	Lehigh	31:58.4	5:09	4:47.6	6:47.7	22:54.4	25:33.9
103	100	Baraka Sila	SR	UMBC	31:59.4	5:09	4:55.1	6:56.1	23:06.0	25:38.7
104	101	Nick Moulai	SR	La Salle	32:01.4	5:10	4:40.5	6:38.0	22:46.2	25:32.1
105	102	Josh Christianson	JR	Temple	32:02.5	5:10	4:53.6	6:53.4	22:54.4	25:33.6
106	103	Cooper Michaud	SO	American	32:04.8	5:10	4:47.6	6:45.6	23:05.2	25:41.2
107	104	Cameron Janovic	SR	Monmouth	32:05.5	5:10	4:56.1	6:55.2	23:11.0	25:47.3
108	105	Stephen Beaman	SO	Seton Hall	32:08.4	5:11	4:58.7	6:58.4	23:13.3	25:48.5
109	106	Zachary Taylor	SR	UMBC	32:11.3	5:11	5:00.1	7:01.5	23:24.2	25:59.2
110	107	Anthony Dvorsky	JR	NJIT	32:12.1	5:11	5:09.6	7:12.4	23:22.4	25:58.4
111	108	Titan Casey	SO	Lafayette	32:14.6	5:12	4:52.4	6:52.1	23:18.8	25:58.8
112	109	Luke Byrne	SR	Robert Morris	32:16.1	5:12	5:00.9	7:01.4	23:06.7	25:46.6
113	110	Ryan Paris	SO	Robert Morris	32:17.2	5:12	5:00.2	7:01.9	23:26.4	26:02.6
114	111	Matthew Coffey	SR	St. Joseph's (Pa.)	32:17.9	5:12	4:49.3	6:49.1	23:10.5	25:52.1
115	112	Sean Stuck	JR	American	32:18.6	5:12	4:46.7	6:44.2	23:04.7	25:44.3
116	113	John Saltysiak	FR	UMBC	32:19.3	5:13	4:59.1	7:00.5	23:16.5	25:52.6
117	114	Cameron Bogdan	FR	Duquesne	32:19.7	5:13	4:52.8	6:54.0	23:19.7	25:59.5
118	115	Carver Morgan	SO	American	32:25.8	5:14	4:47.0	6:45.9	23:08.5	25:49.5
119	116	Garrett Ferguson	FR	Marshall	32:27.0	5:14	5:05.7	7:08.2	23:32.2	26:10.5
120	117	George Keen	FR	Penn	32:27.3	5:14	4:46.8	6:48.1	23:17.9	25:58.1
121	118	Dylan Rodriguez	SR	Rider	32:29.1	5:14	4:54.5	6:56.1	23:27.9	26:07.6
122	119	Alex Heidemann	SO	Lehigh	32:29.6	5:14	4:54.5	6:54.7	23:27.4	26:09.1
123	120	Aidan Doherty	SR	St. Joseph's (Pa.)	32:29.6	5:14	4:52.7	6:55.9	23:22.0	25:59.6
124	121	Nathaniel Woshner	SO	Duquesne	32:30.2	5:14	4:54.2	6:55.2	23:25.5	26:08.4
125	122	Justin Brown	SO	Lafayette	32:31.9	5:15	4:57.1	7:00.1	23:25.1	26:03.0
126	123	Aidan Gilmore	JR	Monmouth	32:35.2	5:15	5:06.1	7:11.6	23:51.0	26:21.5
127	124	Camden Spring	SR	Loyola (Md.)	32:36.6	5:15	4:57.1	7:02.4	23:35.0	26:14.4
128	125	Derek Coceano	FR	Lehigh	32:39.6	5:16	4:54.7	6:56.3	23:30.2	26:11.6
129	126	Sam Fowler	SR	Lafayette	32:42.3	5:16	4:56.6	7:00.0	23:36.9	26:15.5
130	127	Pierce Kapustka	JR	George Washington	32:43.7	5:17	4:45.6	6:48.6	23:35.7	26:20.0
131	128	Logan Brunozzi	SO	Seton Hall	32:45.6	5:17	4:56.6	6:59.1	23:42.0	26:23.2
132	129	Daron Taylor	SR	UMBC	32:45.9	5:17	5:03.2	7:05.7	23:50.0	26:32.0
133	130	Casey Padgett	SO	Duquesne	32:46.1	5:17	4:52.7	6:53.1	23:23.5	26:08.0
134	131	Hayden Hauser	FR	American	32:48.6	5:17	4:56.8	6:59.6	23:39.4	26:19.2
135	132	Mike Laskowski	JR	Rider	32:51.3	5:18	4:55.1	6:55.3	23:42.9	26:28.0
136	133	Niko Ferrante	FR	Monmouth	32:51.9	5:18	5:06.7	7:11.6	23:52.1	26:25.4
137	134	Colton Johnson	JR	St. Joseph's (Pa.)	32:55.5	5:18	4:41.6	6:36.4	23:40.2	26:24.7
138	135	Alex Xavier	SO	UMBC	32:58.2	5:19	5:06.6	7:11.3	23:48.1	26:26.4
139	136	Joseph Butler	FR	Seton Hall	33:02.3	5:20	4:53.7	6:53.9	23:38.1	26:21.0
140	137	Kent Bee	SO	Marshall	33:06.3	5:20	5:06.6	7:08.6	23:48.4	26:31.9
141	138	Oscar Counsell	JR	American	33:06.8	5:20	4:47.0	6:44.7	23:48.9	26:36.2
142	139	Michael Byrnes	FR	Loyola (Md.)	33:09.1	5:21	4:57.3	7:01.4	23:47.6	26:29.6

143	140	Daniel Malatesta	SO	Lehigh	33:09.3	5:21	4:55.9	6:56.6	24:05.9	26:48.6	
144	141	Nathaniel Schneider	SO	Marshall	33:09.8	5:21	5:00.2	7:00.1	23:57.1	26:40.8	
145	142	Will Sakowicz	JR	UMBC	33:13.1	5:21	5:07.2	7:13.5	24:01.8	26:42.2	
146	143	Paul Sepulveda	SR	Marshall	33:14.0	5:21	5:07.9	7:10.4	23:55.9	26:39.5	
147	144	Sean Hamilton	SR	Lafayette	33:14.2	5:21	5:03.5	7:09.2	24:05.8	26:47.0	
148	145	Jeffrey Grynaviski	FR	Seton Hall	33:15.1	5:22	4:58.0	7:00.5	24:00.4	26:41.7	
149	146	Christian Cadmus	SR	Bucknell	33:18.0	5:22	4:52.5	6:54.4	23:22.0	26:17.3	
150	147	Matthew Morena	SR	NJIT	33:18.7	5:22	5:09.8	7:11.9	23:48.1	26:40.9	
151	148	Nick Fetzer	JR	Duquesne	33:19.1	5:22	5:02.5	7:04.5	24:07.2	26:54.6	
152		Kevin Zaleski	JR	Mount St. Mary's	33:19.5	5:22	5:04.4	7:10.5	24:04.0	26:48.6	
153	149	Ethan Ginyard	SR	Loyola (Md.)	33:21.1	5:23	5:03.0	7:05.0	24:03.3	26:47.9	
154	150	Chris McGlynn	SO	Robert Morris	33:24.6	5:23	5:01.9	7:04.9	24:01.4	26:47.3	
155	151	Nathan Wentling	FR	Robert Morris	33:25.1	5:23	5:04.7	7:09.7	24:10.1	26:53.2	
156		Nahom Ftwi	SR	Maryland-Eastern Shor	33:30.4	5:24	4:55.1	6:57.8	24:08.4	26:54.2	
157	152	Luke Riley	SO	Monmouth	33:32.4	5:24	5:05.9	7:12.9	24:09.7	26:55.0	
158	153	Noah Zahn	FR	Lehigh	33:38.5	5:25	4:52.3	6:55.4	24:24.0	27:11.8	
159	154	Shane Curran	JR	Saint Francis	33:40.4	5:26	5:02.9	7:09.1	24:15.3	27:01.5	
160	155	Zach Cannon	FR	Marshall	33:45.5	5:26	5:11.1	7:18.9	24:23.3	27:08.8	
161	156	Ben Colli	SO	Duquesne	33:49.0	5:27	4:53.6	6:54.3	24:26.3	27:14.8	
162	157	Joseph Piccirillo	SO	Saint Francis	33:54.8	5:28	5:07.9	7:12.1	24:26.5	27:14.0	
163	158	Andrew McGee	JR	Saint Francis	33:57.7	5:28	5:14.9	7:24.3	24:33.3	27:18.3	
164	159	Ethan Kalajian	FR	NJIT	33:58.8	5:29	5:17.9	7:25.1	24:32.4	27:17.5	
165	160	Austin Essel	SO	NJIT	33:58.8	5:29	5:15.4	7:22.1	24:30.5	27:17.5	
166	161	Francis Dougherty	SO	Lafayette	34:02.6	5:29	5:04.6	7:09.7	24:29.5	27:17.5	
167	162	Bryan Hickman	JR	Loyola (Md.)	34:06.2	5:30	5:09.3	7:17.2	24:37.3	27:20.8	
168	163	Daniel Kelly	JR	Saint Francis	34:12.4	5:31	5:11.7	7:21.2	24:39.3	27:25.2	
169	164	Michael Kelton	FR	Seton Hall	34:15.5	5:31	5:16.4	7:22.6	24:46.8	27:35.0	
170		Bryant Adams Jr.	SO	Delaware State	34:35.4	5:34	5:04.1	7:11.9	24:54.8	27:49.7	
171	165	Evan Skurat	JR	Loyola (Md.)	34:36.0	5:35	5:09.7	7:15.3	24:44.2	27:36.3	
172	166	Michael Polak	FR	Seton Hall	34:37.6	5:35	5:02.3	7:13.2	25:05.3	27:55.6	
173	167	Aaron Tressler	FR	Saint Francis	34:46.5	5:36	5:15.0	7:26.6	25:07.1	27:58.4	
174	168	Zachary Doneth	FR	Seton Hall	34:49.9	5:37	5:14.7	7:22.4	24:55.0	27:48.0	
175		Jalen Ridgeway	SO	Maryland-Eastern Shor	34:58.8	5:38	4:56.8	6:59.3	24:46.8	27:35.2	
176		Bryce Ayers	JR	Maryland-Eastern Shor	34:59.8	5:38	5:09.4	7:24.3	25:30.3	28:14.9	
177	169	William Malone	SO	Loyola (Md.)	35:02.1	5:39	5:03.1	7:07.7	25:10.7	27:57.1	
178		Brendan Duff	JR	Mount St. Mary's	35:07.2	5:40	5:04.6	7:13.9	25:21.5	28:18.3	
179	170	Brady Reese	SO	Saint Francis	35:11.1	5:40	5:15.7	7:27.1	25:20.9	28:14.3	
180	171	Ailin Oberlies	SO	Loyola (Md.)	35:32.8	5:44	5:09.4	7:20.1	25:20.1	28:19.8	
181		Devin Smith	JR	Delaware State	35:53.5	5:47	4:50.7	6:55.8	25:50.4	28:44.0	
182	172	Albin Mullan	FR	NJIT	36:44.2	5:55	5:15.9	7:25.3	26:40.5	29:38.7	
183		David Martin	SO	Maryland-Eastern Shor	36:47.9	5:56	5:10.6	7:28.4	26:44.2	29:42.0	
		Peyton Geehrer	JR	Pittsburgh							DNF
		Finn Walsh	SO	Pittsburgh			4:47.9	6:48.6	24:27.9	27:18.0	DNF
		John Flynn Jr	JR	Saint Francis			5:11.9	7:22.1			DNF
		Aidan Groff	JR	St. Joseph's (Pa.)			4:53.5	6:52.8	27:51.4		DNF

NCAA DIVISION I MID-ATLANTIC REGION CROSS COUNTRY CHAMPIONSHIPS
Hosted by Lehigh University November 10, 2023

MEN'S RACE - 10K

Results by Leone Timing & Results Services
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TEAM SCORES

1.	41	Princeton	(29:37.3 148:06.2 0:18.0)
=====			
1	4	Nicholas Bendtsen	JR 29:29.2
2	6	Jarrett Kirk	SR 29:31.2
3	8	Connor Nisbet	SR 29:31.6
4	11	Anthony Monte	SR 29:47.0
5	12	Daniel O'Brien	JR 29:47.2
6	(18)	Joshua Zelek	SR 30:01.4
7	(23)	Connor Livingston	SR 30:08.5
=====			
2.	73	Villanova	(29:46.7 148:53.3 1:11.4)
=====			
1	1	Liam Murphy	JR 29:05.5
2	2	Haftu Strintzos	SR 29:14.7
3	21	Ryan Kredell	SR 30:06.5
4	24	Henry Myers	SR 30:09.7
5	25	Devon Comber	SO 30:16.9
6	(38)	Jack Tavaglione	FR 30:48.0
=====			
3.	77	Georgetown	(29:53.4 149:26.6 0:53.1)
=====			

1	7	Matthew Rizzo	JR	29:31.4	
2	9	Parker Stokes	JR	29:36.6	
3	14	Birhanu Harriman	FR	29:50.2	
4	20	Lucas Guerra	SO	30:03.9	
5	27	Charlie North	FR	30:24.5	
6	(31)	Luke Ondracek	FR	30:31.7	
7	(44)	Abel Teffra	JR	30:53.0	
=====					
4.	122	Penn State		(30:16.4	151:21.9 0:36.1)
=====					
1	16	Evan Dorenkamp	SR	29:59.0	
2	19	Brian Dicola	FR	30:02.3	
3	26	Ryan Watson	FR	30:19.7	
4	28	Hayden Healey	SO	30:25.8	
5	33	Behailu Bekele-Arcuri	JR	30:35.1	
6	(66)	Christopher Desousa	SO	31:17.0	
7	(73)	Brendan Flynn	FR	31:27.4	
=====					
5.	133	Navy		(30:17.4	151:26.6 1:29.4)
=====					
1	3	Murphy Smith	JR	29:22.7	
2	15	Alexander Kirkland	JR	29:50.2	
3	30	Samuel Keeny	SR	30:30.5	
4	42	Justin Mumford	SO	30:51.1	
5	43	Luke Nester	JR	30:52.1	
6	(55)	Benjamin Countiss	JR	31:06.8	
7	(82)	Jackson Nguyen	SO	31:41.4	
=====					
6.	145	La Salle		(30:23.2	151:56.0 1:18.1)
=====					
1	10	MacCallum Rowe	SO	29:40.7	
2	13	Taonga Mbambo	SR	29:49.5	
3	34	Andres Hernandez	SO	30:37.1	
4	40	David Butts	JR	30:49.9	
5	48	Finn Birnie	SR	30:58.8	
6	(67)	James Ptack	JR	31:18.7	
7	(101)	Nick Moulai	SR	32:01.4	
=====					
7.	175	Pittsburgh		(30:34.0	152:50.0 1:36.9)
=====					
1	5	Luke Henseler	SR	29:30.3	
2	36	Jack Miller	SR	30:39.8	
3	37	Sam Otis	SR	30:41.6	
4	41	Quintin Gatons	JR	30:51.1	
5	56	Luke Miller	JR	31:07.2	
=====					
8.	255	Penn		(30:57.2	154:45.8 1:28.7)
=====					
1	22	Sahil Dodda	SO	30:07.7	
2	29	Luke Johnson	JR	30:30.5	
3	62	Nicholas Carpenter	FR	31:14.7	
4	65	William Shaughnessy	JR	31:16.5	
5	77	Silas Ruth	SO	31:36.4	
6	(95)	Rory Lieberman	FR	31:52.5	
7	(117)	George Keen	FR	32:27.3	
=====					
9.	278	Temple		(31:06.2	155:30.8 1:06.2)
=====					
1	32	Cole Frank	JR	30:32.1	
2	45	Liem Chot	JR	30:54.6	
3	53	Zack Marmol	JR	31:03.6	
4	69	Christian Fitch	JR	31:22.2	
5	79	Graham Thomas	JR	31:38.3	
6	(83)	Jimmy Koel	JR	31:43.0	
7	(102)	Josh Christianson	JR	32:02.5	
=====					
10.	338	George Washington		(31:22.7	156:53.2 1:08.3)
=====					
1	39	Jacob Heredia	SO	30:49.5	
2	49	Austin Brotemarkle	SO	31:00.3	
3	68	Kevin Conlon	JR	31:21.0	
4	84	Lucas Brown	SR	31:44.6	
5	98	Ryan Fowkes	SR	31:57.8	
6	(127)	Pierce Kapustka	JR	32:43.7	
=====					
11.	345	Rutgers		(31:22.7	156:53.3 0:33.4)
=====					
1	60	Gavin Richards	SO	31:13.1	

2	63	Brian Pedretti	JR	31:14.8	
3	64	Jack Moran	FR	31:16.0	
4	70	Zeb Hinker	FR	31:22.9	
5	88	Chris Hill	SR	31:46.5	
6	(93)	Liam Tilton	SO	31:49.3	
7	(96)	Micah Lawson	FR	31:55.2	
12.	348	Bucknell		(31:24.9	157:04.5 0:34.7)
=====					
1	52	Bobby Lynam	JR	31:03.2	
2	71	Ben Santos	JR	31:24.9	
3	72	Grayson Crockett	JR	31:25.3	
4	75	Mason Siebenhaar	SO	31:33.2	
5	78	Peter Sorensen	JR	31:37.9	
6	(91)	Henry Didden	SO	31:47.9	
7	(146)	Christian Cadmus	SR	33:18.0	
13.	360	Monmouth		(31:24.0	156:59.8 2:35.3)
=====					
1	17	Declan McDonnell	SO	29:59.9	
2	57	Sebastien Reed	JR	31:07.5	
3	59	Tennessee Tremain	SO	31:11.7	
4	104	Cameron Janovic	SR	32:05.5	
5	123	Aidan Gilmore	JR	32:35.2	
6	(133)	Niko Ferrante	FR	32:51.9	
7	(152)	Luke Riley	SO	33:32.4	
14.	390	Rider		(31:34.4	157:51.6 0:54.1)
=====					
1	47	Tamrat Snyder	SR	30:57.7	
2	74	Noah Taylor	JR	31:29.1	
3	85	Jeremie Garcia	SR	31:45.4	
4	90	Dominik Lisicky	SO	31:47.6	
5	94	Iain Taylor	JR	31:51.8	
6	(118)	Dylan Rodriguez	SR	32:29.1	
7	(132)	Mike Laskowski	JR	32:51.3	
15.	428	Lehigh		(31:45.6	158:47.8 2:01.3)
=====					
1	35	Thomas Smigo	FR	30:38.3	
2	50	Aidan Lynch	JR	31:01.9	
3	99	Kevin Harvey	JR	31:58.4	
4	119	Alex Heidemann	SO	32:29.6	
5	125	Derek Coceano	FR	32:39.6	
6	(140)	Daniel Malatesta	SO	33:09.3	
7	(153)	Noah Zahn	FR	33:38.5	
16.	447	St. Joseph's (Pa.)		(31:50.1	159:10.3 1:26.9)
=====					
1	51	Jay Shanahan	JR	31:02.7	
2	76	Anthony Gargani	SO	31:33.4	
3	89	Noah Deckert	SR	31:46.7	
4	111	Matthew Coffey	SR	32:17.9	
5	120	Aidan Doherty	SR	32:29.6	
6	(134)	Colton Johnson	JR	32:55.5	
17.	474	American		(31:57.1	159:45.3 1:15.1)
=====					
1	58	Row Sullivan	SR	31:10.7	
2	86	Kaden Kluth	SO	31:45.4	
3	103	Cooper Michaud	SO	32:04.8	
4	112	Sean Stuck	JR	32:18.6	
5	115	Carver Morgan	SO	32:25.8	
6	(131)	Hayden Hauser	FR	32:48.6	
7	(138)	Oscar Counsell	JR	33:06.8	
18.	479	Robert Morris		(31:57.6	159:48.0 0:37.5)
=====					
1	81	Tyler Paszkowski	SO	31:39.7	
2	87	Colten Morris	SO	31:45.9	
3	92	Skyler Vavro	JR	31:49.1	
4	109	Luke Byrne	SR	32:16.1	
5	110	Ryan Paris	SO	32:17.2	
6	(150)	Chris McGlynn	SO	33:24.6	
7	(151)	Nathan Wentling	FR	33:25.1	
19.	528	UMBC		(32:10.9	160:54.5 1:07.3)
=====					

1	80	Cameron Hindle	JR	31:38.6	
2	100	Baraka Sila	SR	31:59.4	
3	106	Zachary Taylor	SR	32:11.3	
4	113	John Saltysiak	FR	32:19.3	
5	129	Daron Taylor	SR	32:45.9	
6	(135)	Alex Xavier	SO	32:58.2	
7	(142)	Will Sakowicz	JR	33:13.1	
=====					
20.	537	Marshall		(32:19.5	161:37.4 2:13.1)
=====					
1	46	Evan White	SR	30:56.7	
2	97	Ronnie Saunders	SR	31:57.6	
3	116	Garrett Ferguson	FR	32:27.0	
4	137	Kent Bee	SO	33:06.3	
5	141	Nathaniel Schneider	SO	33:09.8	
6	(143)	Paul Sepulveda	SR	33:14.0	
7	(155)	Zach Cannon	FR	33:45.5	
=====					
21.	561	Lafayette		(32:23.3	161:56.3 2:00.9)
=====					
1	61	Emil Arangala	JR	31:13.3	
2	108	Titan Casey	SO	32:14.6	
3	122	Justin Brown	SO	32:31.9	
4	126	Sam Fowler	SR	32:42.3	
5	144	Sean Hamilton	SR	33:14.2	
6	(161)	Francis Dougherty	SO	34:02.6	
=====					
22.	567	Duquesne		(32:24.2	162:01.0 2:13.2)
=====					
1	54	Zack Toth	SR	31:05.9	
2	114	Cameron Bogdan	FR	32:19.7	
3	121	Nathaniel Woshner	SO	32:30.2	
4	130	Casey Padgett	SO	32:46.1	
5	148	Nick Fetzer	JR	33:19.1	
6	(156)	Ben Colli	SO	33:49.0	
=====					
23.	678	Seton Hall		(33:05.4	165:26.9 2:07.1)
=====					
1	105	Stephen Beaman	SO	32:08.4	
2	128	Logan Brunoizzi	SO	32:45.6	
3	136	Joseph Butler	FR	33:02.3	
4	145	Jeffrey Grynaviski	FR	33:15.1	
5	164	Michael Kelton	FR	34:15.5	
6	(166)	Michael Polak	FR	34:37.6	
7	(168)	Zachary Doneth	FR	34:49.9	
=====					
24.	739	Loyola (Md.)		(33:33.8	167:49.0 1:59.4)
=====					
1	124	Camden Spring	SR	32:36.6	
2	139	Michael Byrnes	FR	33:09.1	
3	149	Ethan Ginyard	SR	33:21.1	
4	162	Bryan Hickman	JR	34:06.2	
5	165	Evan Skurat	JR	34:36.0	
6	(169)	William Malone	SO	35:02.1	
7	(171)	Ailin Oberlies	SO	35:32.8	
=====					
25.	745	NJIT		(34:02.6	170:12.6 4:32.1)
=====					
1	107	Anthony Dvorsky	JR	32:12.1	
2	147	Matthew Morena	SR	33:18.7	
3	159	Ethan Kalajian	FR	33:58.8	
4	160	Austin Essel	SO	33:58.8	
5	172	Albin Mullan	FR	36:44.2	
=====					
26.	799	Saint Francis		(34:06.4	170:31.8 1:06.1)
=====					
1	154	Shane Curran	JR	33:40.4	
2	157	Joseph Piccirillo	SO	33:54.8	
3	158	Andrew McGee	JR	33:57.7	
4	163	Daniel Kelly	JR	34:12.4	
5	167	Aaron Tressler	FR	34:46.5	
6	(170)	Brady Reese	SO	35:11.1	

Incomplete Teams:

Mount St. Mary's

Michael Chipi JR , Niels Peeters FR , Kevin Zaleski JR , Brendan Duff JR

Delaware State

Marian Drazan FR , Bryant Adams Jr. SO , Devin Smith JR

Maryland-Eastern Shore

Nahom Ftwi SR , Jalen Ridgeway SO , Bryce Ayers JR , David Martin SO