

RYAN KREDELL CAREER COLLEGIATE RESULTS

CROSS COUNTRY

HAVERFORD

DATE	EVENT	LOCATION	VENUE	DISTANCE	TIME	PLACE	NOTES
9/7/19	Alumni/Open Race	Haverford, Pa.	Alumni Course	3 Miles	15:06.4	2	
9/20/19	Main Line Invitational	Haverford, Pa.	Alumni Course	4 Miles	20:41.5	18	
10/5/19	Paul Short Run	Bethlehem, Pa.	Goodman Campus Course	8000 Meters	25:15.0	36	Brown Race
10/19/19	Border Battle	Logan Township, N.J.	Dream Park	8000 Meters	25:30.6	53	
11/2/19	Centennial Championships	Gettysburg, Pa.	Gettysburg College Cross Country Course	8000 Meters	25:37.3	9	
11/16/19	NCAA Mideast Regional	Bethlehem, Pa.	Goodman Campus Course	8000 Meters	25:31.7	23	
11/23/19	NCAA Championships	Louisville, Ky.	E.P. Tom Sawyer State Park	8000 Meters	25:05.1	45	
9/4/21	Alumni/Open Race	Haverford, Pa.	Alumni Course	3 Miles	15:24.3	8	
9/17/21	Main Line Invitational	Haverford, Pa.	Alumni Course	4 Miles	20:12.1	2	
10/1/21	Paul Short Run	Bethlehem, Pa.	Goodman Campus Course	8000 Meters	25:24.1	187	Gold Race
10/16/21	Border Battle	Logan Township, N.J.	Dream Park	8000 Meters	25:35.3	10	
10/30/21	Centennial Championships	Cockeysville, Md.	Baltimore County Agricultural Center	8000 Meters	25:32.4	2	
11/13/21	NCAA Metro Regional	Logan Township, N.J.	Dream Park	8000 Meters	25:09.0	2	
11/20/21	NCAA Championships	Louisville, Ky.	E.P. Tom Sawyer State Park	8000 Meters	25:02.1	139	
9/3/22	Alumni/Open Race	Haverford, Pa.	Alumni Course	3 Miles	14:42.5	1	
9/16/22	Main Line Invitational	Haverford, Pa.	Alumni Course	4 Miles	19:30.5	5	
9/30/22	Paul Short Run	Bethlehem, Pa.	Goodman Campus Course	8000 Meters	23:59.9	7	Brown Race
10/15/22	Connecticut College Invitational	Waterford, Conn.	Harkness Park	8000 Meters	24:20.0	9	
10/29/22	Centennial Championships	Haverford, Pa.	Alumni Course	8000 Meters	24:36.4	1	
11/12/22	NCAA Metro Regional	Center Valley, Pa.	Cross Country Course	8000 Meters	25:22.5	1	
11/19/22	NCAA Championships	Lansing, Mich.	Forest Akers	8000 Meters	25:21.7	17	

VILLANOVA

DATE	EVENT	LOCATION	VENUE	DISTANCE	TIME	PLACE	NOTES
9/23/23	Virginia Invitational	Earlsville, Va.	Panorama Farms	8000 Meters	24:15.6	80	
10/13/23	Nuttycombe Wisconsin Invitational	Madison, Wis.	Thomas Zimmer Championship Cross Country Course	8000 Meters	24:16.5	77	Championship Race
10/28/23	BIG EAST Championships	Kenosha, Wis.	Wayne Dannehl National Cross Country Course	8530 Meters	25:46.36	15	
11/10/23	NCAA Mid-Atlantic Regional	Bethlehem, Pa.	Goodman Campus Course	10000 Meters	30:06.5	21	
11/18/23	NCAA Championships	Earlsville, Va.	Panorama Farms	10000 Meters	31:41.6	197	

RYAN KREDELL CAREER COLLEGIATE RESULTS

INDOOR TRACK & FIELD

HAVERFORD

DATE	EVENT	LOCATION	VENUE	EVENT	TIME	PLACE	NOTES
1/25/20	Collegeville Classic	Collegeville, Pa.	Floy Lewis Bakes Center	3000 Meters	8:48.62	1	
1/31/20	NYC DIII Invitational	New York, N.Y.	The Armory	Mile	4:21.14	8	
2/8/20	Cupid Challenge	Medford, Mass.	Gantcher Center	5000 Meters	15:13.27	9	
2/22/20	Keogh Invitational	Haverford, Pa.	Alumni Field House	3000 Meters	8:41.02	3	
3/1/20	Centennial Championships	Lancaster, Pa.	Schnader Field House	3000 Meters	8:58.82	14	
1/29/22	McElligott Invitational	Haverford, Pa.	Alumni Field House	Mile	4:30.58	5	
2/5/22	Frank Colden Invitational	Collegeville, Pa.	Floy Lewis Bakes Center	Mile	4:19.72	4	
2/11/22	Fastrack National Invite	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	5000 Meters	14:57.55	5	
2/19/22	Keogh Invitational	Haverford, Pa.	Alumni Field House	3000 Meters	8:46.78	2	
2/27/22	Centennial Championships	Collegeville, Pa.	Floy Lewis Bakes Center	3000 Meters	8:33.78	4	
1/14/23	Lions Indoor Invitational	New York, N.Y.	The Armory	Mile	4:11.02	1	
1/21/23	Villanova Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	3000 Meters	8:11.41	4	
1/27/23	John Thomas Terrier Classic	Boston, Mass.	Track & Tennis Center	5000 Meters	14:02.37	21	
3/10/23	NCAA Championships	Birmingham, Ala.	Birmingham Crossplex	5000 Meters	14:39.64	13	

VILLANOVA

DATE	EVENT	LOCATION	VENUE	EVENT	TIME	PLACE	NOTES
2/9/24	Fastrack National Invite	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	5000 Meters	14:51.52	5	
2/23/24	BIG EAST Championships	Chicago, Ill.	Dr. Conrad Worrill Track and Field Center at Gately Park	5000 Meters	15:00.72	15	

OUTDOOR TRACK & FIELD

HAVERFORD

DATE	EVENT	LOCATION	VENUE	EVENT	TIME	PLACE	NOTES
4/24/21	Philadelphia Metropolitan Collegiate Invitational	Philadelphia, Pa.	Franklin Field	5000 Meters	15:15.96	13	
4/1/22	Danny Curran Invitational	Chester, Pa.	Leslie C. Quick, Jr. Stadium	5000 Meters	14:31.66	2	
4/9/22	Ursinus Outdoor Invitational	Collegeville, Pa.	Patterson Field	3000 Meter Steeplechase	9:31.30	1	
4/23/22	Widener Invitational	Chester, Pa.	Leslie C. Quick, Jr. Stadium	1500 Meters	3:53.32	4	
4/28/22	Penn Relays	Philadelphia, Pa.	Franklin Field	5000 Meters	14:56.80	68	
5/6/22	Centennial Championships	Collegeville, Pa.	Patterson Field	10000 Meters	30:31.36	2	
5/8/22	Centennial Championships	Collegeville, Pa.	Patterson Field	5000 Meters	14:40.96	3	
5/16/22	Swarthmore Final Qualifier	Chester, Pa.	Leslie C. Quick, Jr. Stadium	5000 Meters	14:34.31	4	
3/30/23	Danny Curran Invitational	Chester, Pa.	Leslie C. Quick, Jr. Stadium	10000 Meters	29:35.23	1	
4/14/23	Larry Ellis Invitational	Princeton, N.J.	Weaver Stadium	1500 Meters	3:50.72	29	
4/21/23	Widener Invitational	Chester, Pa.	Leslie C. Quick, Jr. Stadium	Mile	4:07.89	8	
4/27/23	Penn Relays	Philadelphia, Pa.	Franklin Field	5000 Meters	14:06.89	13	
5/5/23	Centennial Championships	Collegeville, Pa.	Patterson Field	10000 Meters	30:51.79	1	
5/7/23	Centennial Championships	Collegeville, Pa.	Patterson Field	5000 Meters	14:39.80	1	
5/15/23	Widener Final Qualifier	Chester, Pa.	Leslie C. Quick, Jr. Stadium	1500 Meters	3:48.89	10	
5/25/23	NCAA Championships	Pittsford, N.Y.	Polisseni T&F Complex	10000 Meters	29:32.89	10	
5/27/23	NCAA Championships	Pittsford, N.Y.	Polisseni T&F Complex	5000 Meters	14:22.71	9	
4/12/24	Larry Ellis Invitational	Princeton, N.J.	Weaver Stadium	5000 Meters	14:42.20	24	Seeded Section
4/25/24	Penn Relays	Philadelphia, Pa.	Franklin Field	5000 Meters	14:43.92	63	Championship Section
5/10/24	BIG EAST Championships	Villanova, Pa.	Villanova Stadium	5000 Meters	14:55.44	15	