LUKE RAKOWITZ CAREER COLLEGIATE RESULTS						
INDOOR TRACK & FIELD						
DATE	EVENT	LOCATION	VENUE	EVENT	TIME	PLACE NOTES
1/14/23	Penn 10-Team Select	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	200 Meters	23.27	13
1/14/23	Penn 10-Team Select	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	4x400 Meter Relay (Anchor)	3:17.99	2
1/21/23	Villanova Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	200 Meters	23.30	20
1/28/23	Penn State National Open	University Park, Pa.	Horace Ashenfelter III Indoor Track	4x400 Meter Relay (3rd)	3:21.72	13
2/11/23	Big Apple Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	200 Meters	23.08	30 (tie)
2/11/23	Big Apple Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	400 Meters	50.37	10
2/24/23	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	200 Meters	23.07	17 Preliminary Heats
1/20/24	Villanova Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	400 Meters	49.35	6
1/20/24	Villanova Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	4x400 Meter Relay (2nd)	3:16.50	2
1/27/24	Penn State National Open	University Park, Pa.	Horace Ashenfelter III Indoor Track	400 Meters	49.29	14
1/27/24	Penn State National Open	University Park, Pa.	Horace Ashenfelter III Indoor Track	4x400 Meter Relay (3rd)	3:15.16	5
2/10/24	Eagle Elite Invitational	Boston, Mass.	the TRACK at new balance	4x400 Meter Relay (3rd)	3:12.81	7
2/23/24	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	400 Meters	48.86	8 Preliminary Heats
2/24/24	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	400 Meters	48.61	5 Final
2/24/24	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	4x400 Meter Relay (Anchor)	3:14.33	4
1/18/25	Quaker Invitational	Philadelphia, Pa.	The Ott Center	500 Meters	1:03.85	4
1/18/25	Quaker Invitational	Philadelphia, Pa.	The Ott Center	4x400 Meter Relay (3rd)	3:19.35	3
1/31/25	Penn State National Open	University Park, Pa.	Horace Ashenfelter III Indoor Track	400 Meters	48.22	7
2/1/25	Penn State National Open	University Park, Pa.	Horace Ashenfelter III Indoor Track	4x400 Meter Relay (3rd)	3:15.33	4
2/14/25	Eagle Elite Invitational	Boston, Mass.	the TRACK at new balance	200 Meters	22.14	15
2/14/25	Eagle Elite Invitational	Boston, Mass.	the TRACK at new balance	400 Meters	48.18	5
2/28/25	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	400 Meters	48.14	4 Preliminary Heats
3/1/25	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	400 Meters	48.29	3 Final
3/1/25	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	4x400 Meter Relay (Anchor)	3:15.06	3
			OUTDOOR TRACK & FIELD			
DATE	EVENT	LOCATION	OUTDOOR TRACK & FIELD VENUE	EVENT	TIME	PLACE NOTES
DATE 3/18/23	EVENT Penn Challenge	LOCATION Philadelphia, Pa.		EVENT 400 Meters	50.54	PLACE NOTES 11
			VENUE			11 7
3/18/23	Penn Challenge	Philadelphia, Pa.	VENUE Franklin Field	400 Meters	50.54	11
3/18/23 4/1/23 4/8/23 4/8/23	Penn Challenge Big 5 Invitational	Philadelphia, Pa. Philadelphia, Pa.	VENUE Franklin Field Franklin Field	400 Meters 400 Meters	50.54 49.37	11 7
3/18/23 4/1/23 4/8/23	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla.	VENUE Franklin Field Franklin Field Cobb Stadium	400 Meters 400 Meters 400 Meters	50.54 49.37 49.96	11 7 20 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
3/18/23 4/1/23 4/8/23 4/8/23	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla.	VENUE Franklin Field Franklin Field Cobb Stadium Cobb Stadium	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st)	50.54 49.37 49.96 3:15.48	11 7 20 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/28/23	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 4x00 Meters 4x400 Meters	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88	11 7 20 2 2 2 2 5 4 Preliminary Heats / College Section
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 400 Meters	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88 3:12.87	11 7 20 2 2 2 20 5
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/28/23 4/29/23 5/12/23	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 4x400 Meter Relay (Anchor) 4x400 Meter Relay (Anchor) 4x400 Meter Relay (1st) 400 Meters	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88 3:12.87 49.40	11 7 20 2 20 5 4 Preliminary Heats / College Section Final / College Section 7 Preliminary Heats
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/28/23 4/29/23	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa. Philadelphia, Pa. Philadelphia, Pa.	VENUE Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 400 Meters 4x400 Meter Relay (Anchor) 4x400 Meter Relay (1st)	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88 3:12.87	11
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/28/23 4/29/23 5/12/23 5/13/23	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 4x400 Meters 4x400 Meters 4x400 Meter Relay (Anchor) 4x400 Meter Relay (1st) 400 Meters 4x100 Meter Relay (2nd)	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88 3:12.87 49.40 44.03	11 7 20 2 2 2 20 5 4 Preliminary Heats / College Section 8 Final / College Section 13 Preliminary Heats 7
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/29/23 5/12/23 5/13/23	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships Knights Invite	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Orlando, Fla.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium UCF Track and Field Stadium	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 400 Meters 4x400 Meter Relay (Anchor) 4x400 Meter Relay (1st) 400 Meters 4x100 Meter Relay (2nd) 400 Meter Hurdles	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88 3:12.87 49.40 44.03	11 7 20 2 2 20 5 4 Preliminary Heats / College Section 8 Final / College Section 13 Preliminary Heats 7
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/28/23 4/29/23 5/12/23 5/13/23 3/22/24 3/23/24	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships Knights Invite Knights Invite	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Orlando, Fla. Orlando, Fla.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium UCF Track and Field Stadium UCF Track and Field Stadium	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 4x400 Meter Relay (Anchor) 4x400 Meter Relay (Anchor) 4x400 Meter Relay (1st) 400 Meters 4x100 Meter Relay (2nd) 400 Meter Hurdles 400 Meters	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88 3:12.87 49.40 44.03 56.61 48.23	11 7 20 2 2 20 5 4 Preliminary Heats / College Section 8 Final / College Section 13 Preliminary Heats 7 27 15
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/29/23 4/29/23 5/12/23 5/13/23 3/22/24 3/23/24 4/6/24	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships Knights Invite Knights Invite Penn Invitational	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Orlando, Fla. Orlando, Fla. Philadelphia, Pa.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium UCF Track and Field Stadium UCF Track and Field Stadium UCF Track and Field Stadium Franklin Field	400 Meters 400 Meters 400 Meters 400 Meter Selay (1st) 200 Meters 400 Meters 400 Meters 400 Meter Relay (Anchor) 400 Meter Relay (1st) 400 Meters 4x100 Meter Relay (2nd) 400 Meter Hurdles 400 Meters 400 Meter Hurdles	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88 3:12.87 49.40 44.03 56.61 48.23 56.09	11
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/28/23 4/29/23 5/12/23 5/13/23 3/22/24 3/23/24 4/6/24	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships Knights Invite Penn Invitational Penn Invitational Penn Invitational	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Orlando, Fla. Orlando, Fla. Philadelphia, Pa. Philadelphia, Pa.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field Villanova Stadium UCF Track and Field Stadium UCF Track and Field Stadium Franklin Field Franklin Field Franklin Field Franklin Field	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 4x400 Meters 4x400 Meter Relay (Anchor) 4x400 Meter Relay (1st) 4x00 Meters 4x100 Meters 4x100 Meters 4x100 Meter Relay (2nd) 400 Meter Hurdles 400 Meter Hurdles 4x400 Meter Hurdles 4x400 Meter Relay (Anchor)	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88 3:12.87 49.40 44.03 56.61 48.23 56.09 3:11.98	11
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/28/23 5/12/23 5/13/23 3/22/24 3/23/24 4/6/24 4/6/24 4/20/24	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships Knights Invite Knights Invite Penn Invitational Penn Invitational	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Orlando, Fla. Orlando, Fla. Philadelphia, Pa. Philadelphia, Pa. Chester Pa. Corlando, Fla. Charlottesville, Va.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium UCF Track and Field Stadium UCF Track and Field Stadium Franklin Field IUF Track and Field Stadium IUF Track and Field Stadium Franklin Field Lannigan Field Lannigan Field	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 4x00 Meters 4x400 Meter Relay (Anchor) 4x400 Meter Relay (1st) 400 Meters 4x100 Meter Relay (2nd) 400 Meter Hurdles 400 Meter 400 Meter Hurdles	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88 3:12.87 49.40 44.03 56.61 48.23 56.09 3:11.98 55.95	11 7 20 2 20 5 4 Preliminary Heats / College Section 8 Final / College Section 13 Preliminary Heats 7 27 15 15 11
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/28/23 5/13/23 5/13/23 5/13/23 3/22/24 3/23/24 4/6/24 4/6/24 4/20/24 4/26/24	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships Knights Invite Knights Invite Penn Invitational Penn Invitational Penn Invitational Penn Invitational Virginia Challenge Penn Relays	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Orlando, Fla. Orlando, Fla. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Chesteria, Pa. Philadelphia, Pa. Philadelphia, Pa. Charlottesville, Va. Philadelphia, Pa.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium UCF Track and Field Stadium UCF Track and Field Stadium Franklin Field	400 Meters 400 Meters 400 Meters 4400 Meter S 44400 Meter Relay (1st) 200 Meters 44400 Meter Relay (Anchor) 44400 Meter Relay (1st) 400 Meter Relay (1st) 400 Meter Relay (2nd) 400 Meter Hurdles 400 Meter Hurdles 44400 Meter Hurdles	50.54 49.37 49.93 3:15.48 22.68 48.88 3:17.87 49.40 44.03 56.61 48.23 56.09 3:11.98 55.95 9:35.90	11 7 20 2 20 5 4 Preliminary Heats / College Section 8 Final / College Section 13 Preliminary Heats 7 27 15 15 1 1 19 1 Championship of America
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/28/23 5/12/23 5/13/23 3/22/24 3/23/24 4/6/24 4/6/24 4/20/24	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships Knights Invite Knights Invite Penn Invitational Penn Invitational	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Orlando, Fla. Orlando, Fla. Philadelphia, Pa. Philadelphia, Pa. Chester Pa. Corlando, Fla. Charlottesville, Va.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium UCF Track and Field Stadium UCF Track and Field Stadium Franklin Field IUF Track and Field Stadium IUF Track and Field Stadium Franklin Field Lannigan Field Lannigan Field	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 4x00 Meters 4x400 Meter Relay (Anchor) 4x400 Meter Relay (1st) 400 Meters 4x100 Meter Relay (2nd) 400 Meter Hurdles 400 Meter 400 Meter Hurdles	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88 3:12.87 49.40 44.03 56.61 48.23 56.09 3:11.98 55.95	11 7 20 2 20 5 4 Preliminary Heats / College Section 8 Final / College Section 13 Preliminary Heats 7 27 15 15 11
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/29/23 5/12/23 5/13/23 3/22/24 3/23/24 4/6/24 4/20/24 4/26/24 4/27/24	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships Knights Invite Knights Invite Penn Invitational Penn Invitational Penn Invitational Virginia Challenge Penn Relays Penn Relays	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Orlando, Fla. Orlando, Fla. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Charlottesville, Va. Philadelphia, Pa. Philadelphia, Pa.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium UCF Track and Field Stadium UCF Track and Field Stadium Franklin Field	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 4x400 Meter Relay (Anchor) 4x400 Meter Relay (1st) 4x400 Meter Relay (1st) 4x00 Meters 4x100 Meters 4x100 Meter Relay (2nd) 400 Meter Hurdles 400 Meter Hurdles 4x400 Meter Hurdles 4x400 Meter Hurdles 4x400 Meter Hurdles 4x400 Meter Relay (Anchor) 400 Meter Hurdles 4x400 Meter Relay (Anchor) 4x400 Meter Relay (Anchor)	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88 3:12.87 49.40 44.03 56.61 48.23 56.09 3:11.98 55.95 9:35.90 3:11.43	11 7 20 2 2 20 5 4 Preliminary Heats / College Section 8 Final / College Section 13 Preliminary Heats 7 27 15 15 1 1 19 1 Championship of America 3 Final / College Section
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/28/23 5/12/23 5/13/23 3/22/24 3/23/24 4/6/24 4/20/24 4/26/24 4/27/24 3/28/25	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships Knights Invite Knights Invite Penn Invitational Penn Invitational Virginia Challenge Penn Relays Penn Relays Raleigh Relays	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Orlando, Fla. Orlando, Fla. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Charlottesville, Va. Philadelphia, Pa. Philadelphia, Pa. Raleigh, N.C.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium UCF Track and Field Stadium UCF Track and Field Stadium Franklin Field	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 4x400 Meter Relay (Anchor) 4x400 Meter Relay (1st) 400 Meter Relay (2nd) 400 Meter Relay (2nd) 400 Meter Hurdles 400 Meter Relay (Anchor) 400 Meter Hurdles 500 Meter Hurdles 400 Meter Hurdles 400 Meter Relay (Anchor) 400 Meter Hurdles	50.54 49.37 49.93 3:15.48 22.68 48.88 3:17.87 49.40 44.03 56.61 48.23 56.09 3:11.98 55.95 9:35.90 3:11.43	11 7 20 2 20 5 4 Preliminary Heats / College Section 8 Final / College Section 13 Preliminary Heats 7 27 15 15 1 1 19 1 Championship of America 3 Final / College Section
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/28/23 5/13/23 5/13/23 5/13/23 3/22/24 4/6/24 4/6/24 4/20/24 4/20/24 4/26/24 4/27/24 3/28/25 4/4/25	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships Knights Invite Knights Invite Knights Invitational Penn Invitational Penn Invitational Penn Relays Penn Relays Penn Relays Raleigh Relays Sam Howell Invitational	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Orlando, Fla. Orlando, Fla. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Raleigh, Ra. Raleigh, N.C. Princeton, N.J.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field Willanova Stadium Villanova Stadium UCF Track and Field Stadium UCF Track and Field Stadium Franklin Field Franklin Field Franklin Field Franklin Field Franklin Field Franklin Field Lannigan Field Franklin Field	400 Meters 400 Meters 400 Meters 4400 Meter S 44400 Meter Relay (1st) 200 Meters 44400 Meter Relay (Anchor) 44400 Meter Relay (Anchor) 4400 Meter Relay (1st) 400 Meter S 44100 Meter Relay (2nd) 400 Meter Hurdles 400 Meter Hurdles 44400 Meter Relay (Anchor) 400 Meter Hurdles Distance Medley Relay (400) 44400 Meter Relay (Anchor) 400 Meter Relay (Anchor)	50.54 49.37 49.93 3:15.48 22.68 48.88 3:17.87 49.40 44.03 56.61 48.23 56.09 3:11.43 48.29 3:12.85	11 7 20 2 20 5 4 Preliminary Heats / College Section 8 Final / College Section 13 Preliminary Heats 7 27 15 15 1 Championship of America 3 Final / College Section
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/28/23 5/13/23 5/13/23 5/13/23 3/22/24 4/6/24 4/6/24 4/20/24 4/20/24 4/26/24 4/27/24 3/28/25 4/4/25 4/19/25	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships Knights Invite Knights Invite Penn Invitational Penn Invitational Virginia Challenge Penn Relays Raleigh Relays Sam Howell Invitational Virginia Challenge	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Orlando, Fla. Orlando, Fla. Philadelphia, Pa. Charlottesville, Va. Raleigh, N.C. Princeton, N.J. Charlottesville, Va.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium UCF Track and Field Stadium UCF Track and Field Stadium Franklin Field	400 Meters 400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 4x400 Meter Relay (Anchor) 4x400 Meter Relay (1st) 400 Meters 4x100 Meter Relay (2nd) 400 Meter Hurdles 400 Meter Hurdles 4x400 Meter Relay (Anchor) 4x00 Meter Relay (Anchor) 4x00 Meter Hurdles 4x400 Meter Relay (Anchor)	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88 3:12.87 49.40 44.03 56.61 48.23 56.09 3:11.98 55.95 9:35.90 3:11.43	11 7 20 2 2 20 5 4 Preliminary Heats / College Section 8 Final / College Section 13 Preliminary Heats 7 15 15 1 Championship of America 3 Final / College Section
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/29/23 5/13/23 5/13/23 3/22/24 3/23/24 4/6/24 4/20/24 4/26/24 4/26/24 4/27/24 3/28/25 4/19/25 4/19/25	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships Knights Invite Knights Invite Penn Invitational Penn Invitational Virginia Challenge Penn Relays Raleigh Relays Raleigh Relays Sam Howell Invitational Virginia Challenge Virginia Challenge	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Orlando, Fla. Orlando, Fla. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Charlottesville, Va. Philadelphia, Pa. Raleigh, N.C. Princeton, N.J. Charlottesville, Va. Charlottesville, Va. Charlottesville, Va.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium UCF Track and Field Stadium UCF Track and Field Stadium Franklin Field Lannigan Field Franklin Field Lannigan Field Paul Derr Track Weaver Stadium Lannigan Field Lannigan Field Lannigan Field	400 Meters 400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 4x400 Meter Relay (Anchor) 4x400 Meter Relay (1st) 400 Meters 4x100 Meter Relay (2nd) 400 Meter Hurdles 400 Meter Hurdles 400 Meter Hurdles 4x400 Meter Relay (Anchor) 400 Meter Hurdles 5x400 Meter Hurdles 5x400 Meter Relay (Anchor) 400 Meter Relay (Anchor) 400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meters 4x400 Meter Relay (3rd) 400 Meters 4x400 Meter Relay (2nd)	50.54 49.37 49.96 3:15.48 22.68 48.88 3:17.88 3:12.87 49.40 44.03 56.61 48.23 56.09 3:11.98 55.95 9:35.90 3:11.43 48.29 3:12.85 48.73 3:16.17	11 7 20 2 2 20 5 4 Preliminary Heats / College Section 8 Final / College Section 13 Preliminary Heats 7 27 15 15 1 Championship of America 3 Final / College Section
3/18/23 4/1/23 4/8/23 4/8/23 4/22/23 4/22/23 4/28/23 5/12/23 5/13/23 3/22/24 3/23/24 4/6/24 4/6/24 4/20/24 4/26/24 4/27/24 3/28/25 4/19/25 4/19/25 4/25/25	Penn Challenge Big 5 Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Widener Invitational Widener Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships Knights Invite Knights Invite Penn Invitational Penn Invitational Penn Invitational Virginia Challenge Penn Relays Raleigh Relays Sam Howell Invitational Virginia Challenge Virginia Challenge Virginia Challenge Virginia Challenge Penn Relays	Philadelphia, Pa. Philadelphia, Pa. Coral Gables, Fla. Coral Gables, Fla. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Orlando, Fla. Orlando, Fla. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Charlottesville, Va. Philadelphia, Pa. Raleigh, N.C. Princeton, N.J. Charlottesville, Va. Philadelphia, Pa.	Franklin Field Franklin Field Cobb Stadium Cobb Stadium Leslie C. Quick, Jr. Stadium Leslie C. Quick, Jr. Stadium Franklin Field Franklin Field Franklin Field Villanova Stadium Villanova Stadium UCF Track and Field Stadium UCF Track and Field Stadium Franklin Field Franklin Field Franklin Field Franklin Field Franklin Field Lannigan Field Franklin Field	400 Meters 400 Meters 400 Meters 4x400 Meter Relay (1st) 200 Meters 4x400 Meter Relay (Anchor) 4x400 Meter Relay (1st) 400 Meters 4x100 Meter Relay (2nd) 400 Meter Relay (2nd) 400 Meter Hurdles 400 Meter Hurdles 400 Meter Relay (Anchor) 400 Meter Relay (Anchor) 400 Meter Hurdles 500 Meter Hurdles 400 Meter Relay (Anchor) 400 Meter Hurdles 400 Meter Relay (Anchor) 400 Meter Relay (3rd) 400 Meters 4x400 Meter Relay (3rd) 400 Meters 4x400 Meter Relay (2nd) 500 Distance Medley Relay (2nd) 500 Distance Medley Relay (2nd) 500 Distance Medley Relay (400)	50.54 49.37 49.93 3:15.48 22.68 48.88 3:17.87 49.40 44.03 56.61 48.23 56.09 3:11.98 55.95 9:35.90 3:11.43 48.29 3:12.85 48.73 3:16.17 9:28.14	11 7 20 2 20 5 4 Preliminary Heats / College Section 8 Final / College Section 13 Preliminary Heats 7 27 15 15 1 1 19 1 Championship of America 3 Final / College Section
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