| | | | RONAN O'NEILL CAREER COLLEGIATE RE | SULTS | | | |
|---|--|--|--|--|--|---|--|
| | | | INDOOR TRACK & FIELD | | | | |
| DATE | EVENT | LOCATION | VENUE | EVENT | TIME | PLACE NOTES | |
| 1/14/23 | Penn 10-Team Select | Staten Island, N.Y. | Ocean Breeze Track & Field Athletic Complex | 4x400 Meter Relay (Anchor) | 3:21.99 | 4 | |
| 1/21/23 | Villanova Invitational | Staten Island, N.Y. | Ocean Breeze Track & Field Athletic Complex | 400 Meters | 50.23 | 10 | |
| 1/28/23 | Penn State National Open | University Park, Pa. | Horace Ashenfelter III Indoor Track | 200 Meters | 22.86 | 10 Unseeded Section | |
| 1/28/23 | Penn State National Open | University Park, Pa. | Horace Ashenfelter III Indoor Track | 4x400 Meter Relay (1st) | 3:16.44 | 5 | |
| 2/11/23 | Big Apple Invitational | Staten Island, N.Y. | Ocean Breeze Track & Field Athletic Complex | 200 Meters | 22.75 | 18 | |
| 2/11/23 | Big Apple Invitational | Staten Island, N.Y. | Ocean Breeze Track & Field Athletic Complex | 400 Meters | 50.20 | 9 | |
| 2/24/23 | BIG EAST Championships | Chicago, III. | Dr. Conrad Worrill Track and Field Center at Gately Park | 200 Meters | 22.64 | 14 Preliminary Heats | |
| 2/24/23 | BIG EAST Championships | Chicago, III. | Dr. Conrad Worrill Track and Field Center at Gately Park | Distance Medley Relay (400) | 9:36.29 | 1 | |
| 2/25/23 | BIG EAST Championships | Chicago, III. | Dr. Conrad Worrill Track and Field Center at Gately Park | 4x400 Meter Relay (3rd) | 3:13.93 | 3 | |
| | | | | | | | |
| 1/20/24 | Villanova Invitational | Staten Island, N.Y. | Ocean Breeze Track & Field Athletic Complex | 400 Meters | 50.84 | 14 | |
| 1/20/24 | Villanova Invitational | Staten Island, N.Y. | Ocean Breeze Track & Field Athletic Complex | 4x400 Meter Relay (3rd) | 3:24.99 | 8 | |
| 2/2/24 | Scarlet Knight Open | New York, N.Y. | The Armory | 400 Meters | 50.81 | 16 | |
| 2/23/24 | BIG EAST Championships | Chicago, III. | Dr. Conrad Worrill Track and Field Center at Gately Park | Distance Medley Relay (400) | 9:37.24 | 1 | |
| 2/24/24 | BIG EAST Championships | Chicago, Ill. | Dr. Conrad Worrill Track and Field Center at Gately Park | 4x400 Meter Relay (3rd) | 3:14.33 | 4 | |
| | | | | | | | |
| 1/18/25 | Quaker Invitational | Philadelphia, Pa. | The Ott Center | 500 Meters | 1:06.84 | 17 | |
| 1/18/25 | Quaker Invitational | Philadelphia, Pa. | The Ott Center | 4x400 Meter Relay (2nd) | 3:19.35 | 3 | |
| 1/25/25 | Penn 10 Elite | Philadelphia, Pa. | The Ott Center | 400 Meters | 50.08 | 28 | |
| 1/25/25 | Penn 10 Elite | Philadelphia, Pa. | The Ott Center | 4x400 Meter Relay (3rd) | 3:16.51 | 5 | |
| 2/1/25 | Penn State National Open | University Park, Pa. | Horace Ashenfelter III Indoor Track | 4x400 Meter Relay (2nd) | 3:15.33 | 4 | |
| 2/14/25 | Eagle Elite Invitational | Boston, Mass. | the TRACK at new balance | 400 Meters | 49.36 | 20 | |
| 2/28/25 | BIG EAST Championships | Chicago, III. | Dr. Conrad Worrill Track and Field Center at Gately Park | Distance Medley Relay (400) | 9:42.54 | 1 | |
| | | | OUTDOOR TRACK & FIELD | | | | |
| DATE | | | | | | | |
| DATE | EVENT | LOCATION | VENUE | EVENT | TIME | PLACE NOTES | |
| 3/18/23 | Penn Challenge | Philadelphia, Pa. | Franklin Field | 400 Meters | 49.92 | 6 | |
| 3/18/23 4/1/23 | Penn Challenge Big 5 Invitational | Philadelphia, Pa. Philadelphia, Pa. | Franklin Field Franklin Field | 400 Meters 400 Meters | 49.92 50.23 | 6 11 | |
| 3/18/23 4/1/23 4/22/23 | Penn Challenge Big 5 Invitational Widener Invitational | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium | 400 Meters 400 Meters 200 Meters | 49.92 50.23 22.76 | 6 11 23 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium | 400 Meters 400 Meters 200 Meters 400 Meters | 49.92 50.23 22.76 49.64 | 6 11 23 12 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meter Relay (2nd) | 49.92 50.23 22.76 49.64 3:17.88 | 6 11 23 12 4 Preliminary Heats / College Section | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/12/23 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meters 4x400 Meter Relay (2nd) 400 Meters | 49.92 50.23 22.76 49.64 3:17.88 49.95 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/12/23 5/13/23 | Penn Challenge Big 5 Invitational Widener Invitational Widener invitational Penn Relays BIG EAST Championships BIG EAST Championships | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/12/23 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meters 4x400 Meter Relay (2nd) 400 Meters | 49.92 50.23 22.76 49.64 3:17.88 49.95 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/12/23 5/13/23 5/13/23 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/12/23 5/13/23 5/13/23 3/23/24 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/12/23 5/13/23 5/13/23 5/13/23 3/23/24 3/23/24 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships Penn Challenge Penn Challenge | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 400 Meters 4x400 Meter Relay (3rd) | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/12/23 5/13/23 5/13/23 3/23/24 3/23/24 4/6/24 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Challenge Penn Invitational | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field | 400 Meters 400 Meters 200 Meters 400 Meters 4400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 400 Meters 400 Meters | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 49.86 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/12/23 5/13/23 5/13/23 3/23/24 3/23/24 4/6/24 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Invitational Penn Invitational | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field Franklin Field Franklin Field | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 400 Meters 4x400 Meters 4x400 Meter Relay (Anchor) 400 Meters 400 Meters | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 49.86 57.09 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/13/23 5/13/23 5/13/23 3/23/24 4/6/24 4/13/24 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Villaniva Stadium Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters 4x400 Meter Relay (Anchor) 400 Meter Hurdles | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 49.86 57.09 56.85 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 14 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/22/23 5/13/23 5/13/23 5/13/23 3/23/24 3/23/24 4/6/24 4/13/24 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 400 Meters 4x400 Meters 4x400 Meter Relay (Anchor) 400 Meters 400 Meter Hurdles 400 Meter Hurdles 400 Meter Relay (1st) | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 49.86 57.09 56.85 3:17.01 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 14 1 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/12/23 5/13/23 5/13/23 3/23/24 4/6/24 4/13/24 4/13/24 4/20/24 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Paul Donahue Invitational Paul Donahue Invitational | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J. Chester, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium Weaver Stadium George A. Hansell Track | 400 Meters 400 Meters 400 Meters 400 Meters 4400 Meters 4x400 Meter Relay (2nd) 4400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x00 Meter Relay (3rd) 400 Meters 400 Meters 400 Meters 400 Meter Hurdles 400 Meter Hurdles 4x400 Meter Relay (1st) 200 Meters | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 49.86 57.09 56.09 3:17.01 22.75 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 14 1 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/13/23 5/13/23 3/23/24 3/23/24 4/6/24 4/13/24 4/13/24 4/20/24 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational Paul Donahue Invitational Paul Donahue Invitational | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Chester, Pa. Chester, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium George A. Hansell Track George A. Hansell Track | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters 400 Meter Hurdles 400 Meter Hurdles 4x400 Meter Relay (1st) 200 Meters 400 Meters | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 55.04 57.09 56.85 3:17.01 22.75 49.63 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 14 1 1 1 13 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/12/23 5/13/23 5/13/23 3/23/24 4/6/24 4/13/24 4/13/24 4/20/24 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Paul Donahue Invitational Paul Donahue Invitational | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J. Chester, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium Weaver Stadium George A. Hansell Track | 400 Meters 400 Meters 400 Meters 400 Meters 4400 Meters 4x400 Meter Relay (2nd) 4400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x00 Meter Relay (3rd) 400 Meters 400 Meters 400 Meters 400 Meter Hurdles 400 Meter Hurdles 4x400 Meter Relay (1st) 200 Meters | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 49.86 57.09 56.09 3:17.01 22.75 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 14 1 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/13/23 5/13/23 5/13/23 3/23/24 4/6/24 4/13/24 4/20/24 4/20/24 5/10/24 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational Paul Donahue Invitational Paul Donahue Invitational BIG EAST Championships | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J. Chester, Pa. Chester, Pa. Villanova, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium George A. Hansell Track George A. Hansell Track Villanova Stadium | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters 4x400 Meter Hurdles 4x400 Meter Hurdles 4x400 Meter Relay (1st) 2x800 Meters 4x90 Meter Hurdles 4x400 Meter Hurdles 4x400 Meter Hurdles 4x400 Meter Hurdles 4x400 Meters 4x90 Meters 4x90 Meters 4x90 Meters 4x90 Meters 4x90 Meters 4x90 Meters | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 49.86 57.09 56.85 3:17.01 22.75 49.63 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 14 1 11 13 9 Preliminary Heats | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/13/23 5/13/23 3/23/24 4/6/24 4/6/24 4/13/24 4/20/24 4/20/24 5/10/24 3/22/25 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Paul Donahue Invitational Paul Donahue Invitational BIG EAST Championships Penn Challenge | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J. Chester, Pa. Chester, Pa. Villanova, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium George A. Hansell Track George A. Hansell Track Villanova Stadium Franklin Field | 400 Meters 400 Meters 400 Meters 400 Meters 4400 Meters 4x400 Meter Relay (2nd) 4400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x00 Meter Relay (3rd) 400 Meters 400 Meters 400 Meters 400 Meter Hurdles 400 Meter Hurdles 400 Meter Relay (1st) 200 Meters 400 Meters 400 Meters 400 Meter Hurdles | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 49.86 57.09 56.85 3:17.01 22.75 49.63 56.24 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 14 1 11 13 9 Preliminary Heats | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/13/23 5/13/23 3/23/24 4/6/24 4/13/24 4/13/24 4/20/24 4/20/24 5/10/24 3/22/25 3/29/25 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational Paul Donahue Invitational Paul Donahue Invitational BIG EAST Championships Penn Challenge Penn Challenge Penn Paul Donahue Invitational BIG EAST Championships | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Chester, Pa. Chester, Pa. Villanova, Pa. Philadelphia, Pa. Princeton, N.J. Chester, Pa. Chester, Pa. Chester, Pa. Villanova, Pa. Philadelphia, Pa. Raleigh, N.C. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium Weaver Stadium George A. Hansell Track George A. Hansell Track Villanova Stadium Franklin Field | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters 400 Meter Hurdles 4x400 Meter Hurdles 4x400 Meter Relay (1st) 200 Meters 400 Meters 400 Meter Hurdles 400 Meter Hurdles | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 56.85 3:17.09 56.85 3:17.09 56.85 3:17.09 56.85 3:17.09 56.24 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 14 1 1 1 3 9 Preliminary Heats | |
| 3/18/23 4/1/23 4/22/23 4/22/23 5/13/23 5/13/23 5/13/23 3/23/24 3/23/24 4/6/24 4/13/24 4/13/24 4/20/24 4/20/24 5/10/24 3/22/25 3/29/25 4/18/25 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational Paul Donahue Invitational BIG EAST Championships Penn Challenge Penn Invitational Larry Ellis Invitational Paul Donahue Invitational BIG EAST Championships Penn Challenge Raleigh Relays Virginia Challenge | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J. Chester, Pa. Chester, Pa. Villanova, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium Weaver Stadium George A. Hansell Track George A. Hansell Track Villanova Stadium Franklin Field Paul Derr Track Lannigan Field | 400 Meters 400 Meters 200 Meters 400 Meters 4x400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters 400 Meter Hurdles 4x400 Meter Hurdles 4x400 Meter Relay (1st) 200 Meters 400 Meters 400 Meters 400 Meters 400 Meter Hurdles | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 49.86 57.09 56.85 3:17.01 22.75 49.63 56.24 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 14 1 1 41 1 3 9 Preliminary Heats | |
| 3/18/23 4/1/23 4/22/23 4/22/23 5/13/23 5/13/23 5/13/23 3/23/24 3/23/24 4/6/24 4/13/24 4/20/24 4/20/24 5/10/24 3/22/25 3/29/25 4/19/25 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational Paul Donahue Invitational Paul Donahue Invitational BIG EAST Championships Penn Challenge Penn Relays Virginia Challenge Penn Challenge | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J. Chester, Pa. Villanova, Pa. Villanova, Pa. Chester, Pa. Chester, Pa. Charlottesville, Va. Charlottesville, Va. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium Weaver Stadium Weaver Stadium Franklin Field Weaver Stadium Franklin Field Franklin Field Franklin Field Weaver Stadium Franklin Field Franklin Field Franklin Field Franklin Field Villanova Stadium | 400 Meters 400 Meters 200 Meters 4400 Meters 4x400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters 4x400 Meter Hurdles 4x400 Meter Hurdles 4x400 Meter Relay (1st) 200 Meters 400 Meter Hurdles | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 49.86 57.09 56.85 3:17.01 22.75 49.63 56.24 55.37 55.58 55.53 3:16.17 | 6 111 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 14 1 13 9 Preliminary Heats 5 37 19 8 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/13/23 5/13/23 3/23/24 4/6/24 4/13/24 4/20/24 4/20/24 5/10/24 3/22/25 3/29/25 4/18/25 4/18/25 4/25/25 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational Paul Donahue Invitational BIG EAST Championships Penn Challenge Penn Challenge Penn Invitational Paul Donahue Invitational Paul Donahue Invitational BIG EAST Championships Penn Challenge Raleigh Relays Virginia Challenge Penn Relays | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Villanova, Pa. Chester, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium George A. Hansell Track George A. Hansell Track Jilanova Stadium Franklin Field | 400 Meters 400 Meters 400 Meters 400 Meters 4400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x00 Meter Relay (Anchor) 400 Meters 400 Meter Hurdles 400 Meter Hurdles 400 Meter Relay (1st) 200 Meters 400 Meters 400 Meter Hurdles 400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (Anchor) | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 49.86 57.09 56.85 3:17.01 22.75 49.63 56.24 55.53 3:16.17 3:13.28 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 14 1 1 41 1 3 9 Preliminary Heats | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/13/23 5/13/23 3/23/24 4/6/24 4/13/24 4/6/24 4/13/24 4/20/24 5/10/24 5/10/24 5/10/24 5/10/24 4/20/24 5/10/24 5/10/25 5/3/25 5/3/25 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Challenge Penn Invitational Larry Ellis Invitational Larry Ellis Invitational Paul Donahue Invitational BIG EAST Championships Penn Challenge Penn Invitational Paul Donahue Invitational Paul Donahue Invitational BIG EAST Championships Penn Challenge Raleigh Relays Virginia Challenge Virginia Challenge Penn Relays Larry Ellis Invitational | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Princeton, N.J. Chester, Pa. Chester, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Princeton, N.J. Chester, Pa. Chester, Pa. Chester, Pa. Villanova, Pa. Philadelphia, Pa. Raleigh, N.C. Charlottesville, Va. Philadelphia, Pa. Princeton, N.J. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium Weaver Stadium Franklin Field Lannigan Field Lannigan Field Lannigan Field Lannigan Field Lannigan Field Franklin Field Weaver Stadium | 400 Meters 400 Meters 200 Meters 400 Meters 4400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 400 Meters 4x400 Meter Relay (Anchor) 400 Meters 400 Meter Hurdles 400 Meter Hurdles 4x400 Meter Relay (1st) 200 Meters 400 Meters 400 Meter Hurdles 400 Meter Hurdles 400 Meter Hurdles 400 Meter Hurdles 400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (Anchor) 400 Meter Hurdles | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 56.85 3:17.09 56.85 3:17.01 22.75 49.63 55.24 55.58 55.53 3:16.17 3:13.28 55.58 | 6 11 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 14 1 1 13 9 Preliminary Heats 5 37 19 8 6 Preliminary Heats / College Section 7 | |
| 3/18/23 4/1/23 4/22/23 4/22/23 4/28/23 5/13/23 5/13/23 3/23/24 4/6/24 4/13/24 4/20/24 4/20/24 5/10/24 3/22/25 3/29/25 4/18/25 4/19/25 | Penn Challenge Big 5 Invitational Widener Invitational Widener Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships BIG EAST Championships Penn Challenge Penn Invitational Penn Invitational Larry Ellis Invitational Larry Ellis Invitational Paul Donahue Invitational BIG EAST Championships Penn Challenge Penn Challenge Penn Invitational Paul Donahue Invitational Paul Donahue Invitational BIG EAST Championships Penn Challenge Raleigh Relays Virginia Challenge Penn Relays | Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Chester, Pa. Chester, Pa. Villanova, Pa. Chester, Pa. | Franklin Field Franklin Field Leslie C. Quick Jr. Stadium Leslie C. Quick Jr. Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Franklin Field Franklin Field Franklin Field Franklin Field Weaver Stadium Weaver Stadium George A. Hansell Track George A. Hansell Track Jilanova Stadium Franklin Field | 400 Meters 400 Meters 400 Meters 400 Meters 4400 Meters 4x400 Meter Relay (2nd) 400 Meters 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x00 Meter Relay (Anchor) 400 Meters 400 Meter Hurdles 400 Meter Hurdles 400 Meter Relay (1st) 200 Meters 400 Meters 400 Meter Hurdles 400 Meter Relay (3rd) 4x400 Meter Relay (3rd) 4x400 Meter Relay (Anchor) | 49.92 50.23 22.76 49.64 3:17.88 49.95 44.03 3:12.15 50.14 3:19.40 49.86 57.09 56.85 3:17.01 22.75 49.63 56.24 55.53 3:16.17 3:13.28 | 6 111 23 12 4 Preliminary Heats / College Section 14 Preliminary Heats 7 3 5 2 8 9 14 1 13 9 Preliminary Heats 5 37 19 8 | |