

# VILLANOVA WOMEN'S CROSS COUNTRY

## 2022 SEASON

### SCHEDULE AND RESULTS

<u>Date</u>	<u>Meet</u>	<u>Result</u>
9/16	Coaching Tree Invitational	4th of 12
9/16	Main Line Invitational	1st of 8
9/30	Paul Short Run	6th of 46
10/14	Penn State National Open	6th of 18
10/29	BIG EAST Championships	4th of 11
11/11	NCAA Mid-Atlantic Regional	6th of 26
11/19	NCAA Championships	

### RACE VENUES

#### Coaching Tree Invitational

IU Championship Cross Country Course  
Bloomington, Ind.  
6000 Meters

#### Main Line Invitational

Alumni Course  
Haverford, Pa.  
3 Miles

#### Paul Short Run

Goodman Campus Course  
Bethlehem, Pa.  
6000 Meters

#### Penn State National Open

Blue & White Golf Courses  
University Park, Pa.  
6000 Meters

#### BIG EAST Championships

Highland Park  
Attleboro, Mass.  
6000 Meters

#### NCAA Mid-Atlantic Regional

Blue & White Golf Courses  
University Park, Pa.  
6000 Meters

#### NCAA Championships

OSU Cross Country Course  
Stillwater, Okla.  
6000 Meters

### PERFORMANCE LIST

<u>3 Miles</u>	<u>Time</u>	<u>Date</u>
Micah Trusty	17:56.0	9/16
Madison Martinez	17:59.0	9/16
Kinsey Pogue	18:01.8	9/16
Alex Stasichin	18:11.8	9/16
Maya Dorer	18:28.9	9/16
Kate Flynn	20:39.8	9/16

<u>6000 Meters</u>	<u>Time</u>	<u>Date</u>
Lydia Olivero	20:06.2	9/30
Emma McGill	20:19.3	9/30
Amelia Arrieta	20:34.8	9/30
Emily Robinson	20:37.3	9/30
Ariana Gardizy	20:38.6	9/30
Anna Helwigh	21:19.2	11/11
Margaret Carroll	21:20.7	9/30
Kinsey Pogue	22:33	10/29

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## 2022 SEASON

### AGGREGATE RESULTS

#### 3 MILES

	<u>NAME</u>	<u>DATE</u>
17:56.0	Micah Trusty	9/16
17:59.0	Madison Martinez	9/16
18:01.8	Kinsey Pogue	9/16
18:11.8	Alex Stasichin	9/16
18:28.9	Maya Dorer	9/16
20:39.8	Kate Flynn	9/16

#### 6000 METERS

	<u>NAME</u>	<u>DATE</u>
20:06.2	Lydia Olivere	9/30
20:19.3	Emma McGill	9/30
20:32.7	Lydia Olivere	11/11
20:34.8	Amelia Arrieta	9/30
20:37.3	Emily Robinson	9/30
20:37.8	Lydia Olivere	10/14
20:38.6	Ariana Gardizy	9/30
20:38.8	Lydia Olivere	9/16
21:06.8	Emily Robinson	10/14
21:12.7	Emily Robinson	9/16
21:14	Amelia Arrieta	10/29
21:19.2	Anna Helwigh	11/11
21:20.3	Ariana Gardizy	9/16
21:20.5	Ariana Gardizy	11/11
21:20.7	Margaret Carroll	9/30
21:21.9	Amelia Arrieta	9/16
21:21.9	Emily Robinson	11/11
21:24	Emily Robinson	10/29
21:30	Ariana Gardizy	10/29
21:30.0	Anna Helwigh	9/30
21:35	Anna Helwigh	10/29
21:39	Margaret Carroll	10/29
21:40.5	Ariana Gardizy	10/14
21:42.7	Emma McGill	9/16
21:45.3	Amelia Arrieta	11/11
21:51.4	Anna Helwigh	9/16
21:56.0	Anna Helwigh	10/14
21:58.7	Margaret Carroll	9/16
22:23.3	Margaret Carroll	10/14
22:33	Kinsey Pogue	10/29
22:53.7	Margaret Carroll	11/11
22:59.0	Kinsey Pogue	11/11
23:08.9	Kinsey Pogue	10/14