

**TRISTAN BOLINSKY CAREER COLLEGIATE RESULTS**

| INDOOR TRACK & FIELD  |                               |                      |  |              |       |       |                 |
|-----------------------|-------------------------------|----------------------|--|--------------|-------|-------|-----------------|
| DATE                  | EVENT                         | LOCATION             | VENUE  | EVENT        | MARK  | PLACE | NOTES           |
| 1/14/23               | Penn 10-Team Select           | Staten Island, N.Y.  | Ocean Breeze Track & Field Athletic Complex              | Weight Throw | 14.94 | 9     |                 |
| 1/21/23               | Villanova Invitational        | Staten Island, N.Y.  | Ocean Breeze Track & Field Athletic Complex              | Weight Throw | 15.12 | 13    |                 |
| 1/27/23               | Penn State National Open      | University Park, Pa. | Horace Ashenfelter III Indoor Track                      | Weight Throw | 15.55 | 26    |                 |
| 2/11/23               | Big Apple Invitational        | Staten Island, N.Y.  | Ocean Breeze Track & Field Athletic Complex              | Weight Throw | 15.24 | 11    |                 |
| 2/24/23               | BIG EAST Championships        | Chicago, Ill.        | Dr. Conrad Worrill Track and Field Center at Gately Park | Weight Throw | 16.23 | 7     |                 |
|                       |                               |                      |  |              |       |       |                 |
| 1/20/24               | Villanova Invitational        | Staten Island, N.Y.  | Ocean Breeze Track & Field Athletic Complex              | Shot Put     | 14.47 | 12    |                 |
| 1/20/24               | Villanova Invitational        | Staten Island, N.Y.  | Ocean Breeze Track & Field Athletic Complex              | Weight Throw | 14.82 | 12    |                 |
| 1/26/24               | Penn State National Open      | University Park, Pa. | Horace Ashenfelter III Indoor Track                      | Weight Throw | 17.56 | 13    |                 |
| 1/27/24               | Penn State National Open      | University Park, Pa. | Horace Ashenfelter III Indoor Track                      | Shot Put     | 15.01 | 18    |                 |
| 2/9/24                | Eagle Elite Invitational      | Boston, Mass.        | the TRACK at new balance                                 | Weight Throw | 15.09 | 12    |                 |
| 2/10/24               | Eagle Elite Invitational      | Boston, Mass.        | the TRACK at new balance                                 | Shot Put     | 14.55 | 12    |                 |
| 2/23/24               | BIG EAST Championships        | Chicago, Ill.        | Dr. Conrad Worrill Track and Field Center at Gately Park | Weight Throw | 16.69 | 4     |                 |
| 2/24/24               | BIG EAST Championships        | Chicago, Ill.        | Dr. Conrad Worrill Track and Field Center at Gately Park | Shot Put     | 15.01 | 2     |                 |
|                       |                               |                      |  |              |       |       |                 |
| 1/18/25               | Quaker Invitational           | Philadelphia, Pa.    | The Ott Center   | Weight Throw | 15.39 | 6     |                 |
| 1/25/25               | Penn 10 Elite                 | Philadelphia, Pa.    | The Ott Center   | Shot Put     | 14.88 | 14    |                 |
| 1/25/25               | Penn 10 Elite                 | Philadelphia, Pa.    | The Ott Center   | Weight Throw | 16.91 | 13    |                 |
| 1/31/25               | Penn State National Open      | University Park, Pa. | Horace Ashenfelter III Indoor Track                      | Weight Throw | 15.93 | 16    |                 |
| 2/1/25                | Penn State National Open      | University Park, Pa. | Horace Ashenfelter III Indoor Track                      | Shot Put     | 16.03 | 13    |                 |
| 2/14/25               | Eagle Elite Invitational      | Boston, Mass.        | the TRACK at new balance                                 | Shot Put     | 14.52 | 4     |                 |
| 2/14/25               | Eagle Elite Invitational      | Boston, Mass.        | the TRACK at new balance                                 | Weight Throw | 16.78 | 5     |                 |
| 2/28/25               | BIG EAST Championships        | Chicago, Ill.        | Dr. Conrad Worrill Track and Field Center at Gately Park | Weight Throw | 17.33 | 3     |                 |
| 3/1/25                | BIG EAST Championships        | Chicago, Ill.        | Dr. Conrad Worrill Track and Field Center at Gately Park | Shot Put     | 15.61 | 4     |                 |
| OUTDOOR TRACK & FIELD |                               |                      |  |              |       |       |                 |
| DATE                  | EVENT                         | LOCATION             | VENUE  | EVENT        | MARK  | PLACE | NOTES           |
| 3/19/22               | Penn Challenge                | Philadelphia, Pa.    | Franklin Field   | Discus       | 47.53 | 6     |                 |
| 3/19/22               | Penn Challenge                | Philadelphia, Pa.    | Franklin Field   | Hammer       | 47.34 | 7     |                 |
| 4/2/22                | Florida Relays                | Gainesville, Fla.    | James G. Pressly Stadium                                 | Discus       | 45.45 | 18    |                 |
| 4/16/22               | Larry Ellis Invitational      | Princeton, N.J.      | Weaver Stadium   | Discus       | 46.22 | 18    |                 |
| 4/22/22               | Virginia Challenge            | Charlottesville, Va. | Lannigan Field   | Discus       | 46.91 | 16    |                 |
| 4/29/22               | Penn Relays                   | Philadelphia, Pa.    | Franklin Field   | Discus       | 47.47 | 20    | College Section |
| 5/13/22               | BIG EAST Championships        | Storrs, Conn.        | George J. Sherman Family Sports Complex                  | Hammer       | 52.31 | 7     |                 |
| 5/14/22               | BIG EAST Championships        | Storrs, Conn.        | George J. Sherman Family Sports Complex                  | Discus       | 49.07 | 1     |                 |
|                       |                               |                      |  |              |       |       |                 |
| 3/18/23               | Penn Challenge                | Philadelphia, Pa.    | Franklin Field   | Discus       | 46.83 | 8     |                 |
| 3/18/23               | Penn Challenge                | Philadelphia, Pa.    | Franklin Field   | Hammer       | 52.22 | 7     |                 |
| 3/24/23               | Raleigh Relays                | Raleigh, N.C.        | Paul Derr Track  | Discus       | 40.76 | 33    |                 |
| 4/1/23                | Big 5 Invitational            | Philadelphia, Pa.    | Franklin Field   | Discus       | 45.36 | 7     |                 |
| 4/1/23                | Big 5 Invitational            | Philadelphia, Pa.    | Franklin Field   | Hammer       | 50.33 | 3     |                 |
| 4/7/23                | Hurricane Alumni Invitational | Coral Gables, Fla.   | Cobb Stadium   | Discus       | 47.29 | 5     |                 |
| 4/7/23                | Hurricane Alumni Invitational | Coral Gables, Fla.   | Cobb Stadium   | Hammer       | 51.37 | 4     |                 |
| 4/20/23               | Virginia Challenge            | Charlottesville, Va. | Lannigan Field   | Hammer       | 52.15 | 13    |                 |
| 4/21/23               | Virginia Challenge            | Charlottesville, Va. | Lannigan Field   | Discus       | 45.31 | 13    |                 |
| 4/28/23               | Penn Relays                   | Philadelphia, Pa.    | Franklin Field   | Discus       | 44.44 | 19    | College Section |
| 5/11/23               | BIG EAST Championships        | Villanova, Pa.       | Villanova Stadium  | Hammer       | 52.58 | 6     |                 |
| 5/13/23               | BIG EAST Championships        | Villanova, Pa.       | Villanova Stadium  | Discus       | 48.25 | 3     |                 |
|                       |                               |                      |  |              |       |       |                 |
| 3/22/24               | Knights Invite                | Orlando, Fla.        | UCF Track and Field Complex                              | Hammer       | 52.70 | 9     |                 |
| 3/23/24               | Knights Invite                | Orlando, Fla.        | UCF Track and Field Complex                              | Discus       | 44.99 | 13    |                 |
| 4/5/24                | Hurricane Alumni Invitational | Coral Gables, Fla.   | Cobb Stadium   | Discus       | 46.08 | 15    |                 |
| 4/5/24                | Hurricane Alumni Invitational | Coral Gables, Fla.   | Cobb Stadium   | Hammer       | 52.30 | 10    |                 |
| 4/6/24                | Hurricane Alumni Invitational | Coral Gables, Fla.   | Cobb Stadium   | Shot Put     | 14.84 | 11    |                 |
| 4/13/24               | Larry Ellis Invitational      | Princeton, N.J.      | Weaver Stadium   | Shot Put     | 14.79 | 18    |                 |
| 4/13/24               | Larry Ellis Invitational      | Princeton, N.J.      | Weaver Stadium   | Discus       | 45.11 | 17    |                 |
| 4/19/24               | Virginia Challenge            | Charlottesville, Va. | Lannigan Field   | Discus       | 47.11 | 12    |                 |
| 4/20/24               | Virginia Challenge            | Charlottesville, Va. | Lannigan Field   | Shot Put     | 14.81 | 16    |                 |
| 4/20/24               | Virginia Challenge            | Charlottesville, Va. | Lannigan Field   | Hammer       | 55.58 | 17    |                 |
| 4/26/24               | Penn Relays                   | Philadelphia, Pa.    | Franklin Field   | Discus       | 48.70 | 11    | College Section |
| 5/9/24                | BIG EAST Championships        | Villanova, Pa.       | Villanova Stadium  | Hammer       | 58.56 | 1     |                 |
|                       |                               |                      |  |              |       |       |                 |
| 3/22/25               | Penn Challenge                | Philadelphia, Pa.    | Franklin Field   | Hammer       | 51.92 | 5     | UNATTACHED      |