| TRISTAN BOLINSKY CAREER COLLEGIATE RESULTS | | | | | | | |
|---|---|---|--|---|--|--|-----------------------------|
| INDOOR TRACK & FIELD | | | | | | | |
| DATE | EVENT | LOCATION | VENUE | EVENT | MARK | PLACE | NOTES |
| 1/14/23 | Penn 10-Team Select | Staten Island, N.Y. | Ocean Breeze Track & Field Athletic Complex | Weight Throw | 14.94 | 9 | |
| 1/21/23 | Villanova Invitational | Staten Island, N.Y. | Ocean Breeze Track & Field Athletic Complex | Weight Throw | 15.12 | 13 | |
| 1/27/23 | Penn State National Open | University Park, Pa. | Horace Ashenfelter III Indoor Track | Weight Throw | 15.55 | 26 | |
| 2/11/23 | Big Apple Invitational | Staten Island, N.Y. | Ocean Breeze Track & Field Athletic Complex | Weight Throw | 15.24 | 11 | |
| 2/24/23 | BIG EAST Championships | Chicago, III. | Dr. Conrad Worrill Track and Field Center at Gately Park | Weight Throw | 16.23 | 7 | |
| 1/20/24 | Villanava Invitational | States Island N.V | Occan Broom Treel & Field Athletic Compley | Shot Dut | 14.47 | 12 | |
| 1/20/24 | Villanova Invitational Villanova Invitational | Staten Island, N.Y. Staten Island, N.Y. | Ocean Breeze Track & Field Athletic Complex Ocean Breeze Track & Field Athletic Complex | Shot Put | 14.47 14.82 | 12 12 | |
| 1/26/24 | Penn State National Open | University Park, Pa. | Horace Ashenfelter III Indoor Track | Weight Throw Weight Throw | 17.56 | 13 | |
| 1/27/24 | Penn State National Open | University Park, Pa. | Horace Ashenfelter III Indoor Track | Shot Put | 15.01 | 18 | |
| 2/9/24 | Eagle Elite Invitational | Boston, Mass. | the TRACK at new balance | Weight Throw | 15.01 | 12 | |
| 2/10/24 | Eagle Elite Invitational | Boston, Mass. | the TRACK at new balance | Shot Put | 14.55 | 12 | |
| 2/23/24 | BIG EAST Championships | Chicago, Ill. | Dr. Conrad Worrill Track and Field Center at Gately Park | Weight Throw | 16.69 | 4 | |
| 2/24/24 | BIG EAST Championships | Chicago, III. | Dr. Conrad Worrill Track and Field Center at Gately Park | Shot Put | 15.01 | 2 | |
| | | | | | | | |
| 1/18/25 | Quaker Invitational | Philadelphia, Pa. | The Ott Center | Weight Throw | 15.39 | 6 | |
| 1/25/25 | Penn 10 Elite | Philadelphia, Pa. | The Ott Center | Shot Put | 14.88 | 14 | |
| 1/25/25 | Penn 10 Elite | Philadelphia, Pa. | The Ott Center | Weight Throw | 16.91 | 13 | |
| 1/31/25 | Penn State National Open | University Park, Pa. | Horace Ashenfelter III Indoor Track | Weight Throw | 15.93 | 16 | |
| 2/1/25 | Penn State National Open | University Park, Pa. | Horace Ashenfelter III Indoor Track | Shot Put | 16.03 | 13 | |
| 2/14/25 | Eagle Elite Invitational | Boston, Mass. | the TRACK at new balance | Shot Put | 14.52 | 4 | |
| 2/14/25 | Eagle Elite Invitational | Boston, Mass. | the TRACK at new balance | Weight Throw | 16.78 | 5 | |
| 2/28/25 | BIG EAST Championships | Chicago, III. | Dr. Conrad Worrill Track and Field Center at Gately Park | Weight Throw | 17.33 | 3 | |
| 3/1/25 | BIG EAST Championships | Chicago, III. | Dr. Conrad Worrill Track and Field Center at Gately Park | Shot Put | 15.61 | 4 | |
| | | | OUTDOOR TRACK & FIELD | | | | |
| DATE | EVENT | LOCATION | VENUE | EVENT | MARK | PLACE | NOTES |
| 3/19/22 | Penn Challenge | Philadelphia, Pa. | Franklin Field | Discus | 47.53 | 6 | |
| 3/19/22 | Penn Challenge | Philadelphia, Pa. | Franklin Field | Hammer | 47.34 | 7 | |
| 4/2/22 | Florida Relays | Gainesville, Fla. | James G. Pressly Stadium | Discus | 45.45 | 18 | |
| 4/16/22 | Larry Ellis Invitational | Princeton, N.J. | Weaver Stadium | Discus | 46.22 | 18 | |
| 4/22/22 | Virginia Challenge | Charlottesville, Va. | Lannigan Field | Discus | 46.91 | 16 | |
| 4/29/22 | Penn Relays | Philadelphia, Pa. | Franklin Field | Discus | 47.47 | 20 | College Section |
| 5/13/22 | BIG EAST Championships | Storrs, Conn. | George J. Sherman Family Sports Complex | Hammer | 52.31 | 7 | |
| 5/14/22 | BIG EAST Championships | Storrs, Conn. | George J. Sherman Family Sports Complex | Discus | 49.07 | 1 | |
| 3/18/23 | Penn Challenge | Philadelphia, Pa. | Franklin Field | Discus | 46.83 | 8 | |
| 3/18/23 | Penn Challenge | Philadelphia, Pa. | Franklin Field | Hammer | 52.22 | 7 | |
| 3/24/23 | Raleigh Relays | Raleigh, N.C. | Paul Derr Track | Discus | 40.76 | 33 | |
| 4/1/23 | Big 5 Invitational | Philadelphia, Pa. | Franklin Field | Discus | 45.36 | 7 | |
| 4/1/23 | Big 5 Invitational | Philadelphia, Pa. | Franklin Field | Hammer | 50.33 | 3 | |
| 4/7/23 | Hurricane Alumni Invitational | Coral Gables, Fla. | Cobb Stadium | Discus | 47.29 | 5 | |
| 4/7/23 | Hurricane Alumni Invitational | Coral Gables, Fla. | Cobb Stadium | Hammer | 51.37 | 4 | |
| 4/20/23 | Virginia Challenge | Charlottesville, Va. | Lannigan Field | Hammer | 52.15 | 13 | |
| 4/21/23 | Virginia Challenge | Charlottesville, Va. | Lannigan Field | Discus | 45.31 | 13 | |
| 4/28/23 | Penn Relays | Philadelphia, Pa. | Franklin Field | Discus | 44.44 | 19 | College Section |
| 5/11/23 | BIG EAST Championships | Villanova, Pa. | Villanova Stadium | Hammer | 52.58 | 6 | |
| 5/13/23 | BIG EAST Championships | Villanova, Pa. | Villanova Stadium | Discus | 48.25 | 3 | |
| | 1 | | | | | | |
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| 3/22/24 | Knights Invite | Orlando, Fla. | UCF Track and Field Complex | Hammer | 52.70 | 9 | |
| 3/23/24 | Knights Invite | Orlando, Fla. | UCF Track and Field Complex | Discus | 44.99 | 13 | |
| 3/23/24 4/5/24 | Knights Invite Hurricane Alumni Invitational | Orlando, Fla. Coral Gables, Fla. | UCF Track and Field Complex Cobb Stadium | Discus Discus | 44.99 46.08 | 13 15 | |
| 3/23/24 4/5/24 4/5/24 | Knights Invite Hurricane Alumni Invitational Hurricane Alumni Invitational | Orlando, Fla. Coral Gables, Fla. Coral Gables, Fla. | UCF Track and Field Complex Cobb Stadium Cobb Stadium | Discus Discus Hammer | 44.99 46.08 52.30 | 13 15 10 | |
| 3/23/24 4/5/24 4/5/24 4/6/24 | Knights Invite Hurricane Alumni Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational | Orlando, Fla. Coral Gables, Fla. Coral Gables, Fla. Coral Gables, Fla. | UCF Track and Field Complex Cobb Stadium Cobb Stadium Cobb Stadium | Discus Discus Hammer Shot Put | 44.99 46.08 52.30 14.84 | 13 15 10 11 | |
| 3/23/24 4/5/24 4/5/24 4/6/24 4/13/24 | Knights Invite Hurricane Alumni Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational | Orlando, Fla. Coral Gables, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. | UCF Track and Field Complex Cobb Stadium Cobb Stadium Cobb Stadium Weaver Stadium | Discus Discus Hammer Shot Put Shot Put | 44.99 46.08 52.30 14.84 14.79 | 13 15 10 11 18 | |
| 3/23/24 4/5/24 4/5/24 4/6/24 4/13/24 4/13/24 | Knights Invite Hurricane Alumni Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational Larry Ellis Invitational | Orlando, Fla. Coral Gables, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Princeton, N.J. | UCF Track and Field Complex Cobb Stadium Cobb Stadium Cobb Stadium Weaver Stadium Weaver Stadium | Discus Discus Hammer Shot Put Shot Put Discus | 44.99 46.08 52.30 14.84 14.79 45.11 | 13 15 10 11 18 17 | |
| 3/23/24 4/5/24 4/5/24 4/6/24 4/13/24 4/13/24 4/19/24 | Knights Invite Hurricane Alumni Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational Larry Ellis Invitational Virginia Challenge | Orlando, Fla. Coral Gables, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Princeton, N.J. Charlottesville, Va. | UCF Track and Field Complex Cobb Stadium Cobb Stadium Cobb Stadium Weaver Stadium Weaver Stadium Lannigan Field | Discus Discus Hammer Shot Put Shot Put Discus Discus Discus | 44.99 46.08 52.30 14.84 14.79 45.11 47.11 | 13 15 10 11 18 17 12 | |
| 3/23/24 4/5/24 4/5/24 4/6/24 4/13/24 4/13/24 4/19/24 4/20/24 | Knights Invite Hurricane Alumni Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational Ligis Invitational Virginia Challenge Virginia Challenge | Orlando, Fla. Coral Gables, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Princeton, N.J. Charlottesville, Va. Charlottesville, Va. | UCF Track and Field Complex Cobb Stadium Cobb Stadium Cobb Stadium Weaver Stadium Weaver Stadium Lannigan Field Lannigan Field | Discus Discus Hammer Shot Put Discus Discus Discus Shot Put | 44.99 46.08 52.30 14.84 14.79 45.11 47.11 14.81 | 13 15 10 11 18 17 12 16 | |
| 3/23/24 4/5/24 4/5/24 4/6/24 4/13/24 4/13/24 4/19/24 4/20/24 | Knights Invite Hurricane Alumni Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational Larry Ellis Invitational Virginia Challenge Virginia Challenge Virginia Challenge | Orlando, Fla. Coral Gables, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Princeton, N.J. Charlottesville, Va. Charlottesville, Va. Charlottesville, Va. | UCF Track and Field Complex Cobb Stadium Cobb Stadium Cobb Stadium Weaver Stadium Weaver Stadium Lannigan Field Lannigan Field Lannigan Field | Discus Discus Hammer Shot Put Shot Put Discus Discus Shot Put Hammer | 44.99 46.08 52.30 14.84 14.79 45.11 47.11 14.81 55.58 | 13 15 10 11 18 17 12 16 17 | College Caption |
| 3/23/24 4/5/24 4/5/24 4/6/24 4/13/24 4/13/24 4/19/24 4/20/24 4/20/24 4/26/24 | Knights Invite Hurricane Alumni Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational Larry Ellis Invitational Virginia Challenge Virginia Challenge Virginia Challenge Penn Relays | Orlando, Fla. Coral Gables, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Princeton, N.J. Charlottesville, Va. Charlottesville, Va. Philadelphia, Pa. | UCF Track and Field Complex Cobb Stadium Cobb Stadium Cobb Stadium Weaver Stadium Weaver Stadium Lannigan Field Lannigan Field Lannigan Field Franklin Field | Discus Discus Hammer Shot Put Shot Put Discus Discus Shot Put Hammer Discus | 44.99 46.08 52.30 14.84 14.79 45.11 47.11 14.81 55.58 48.70 | 13 15 10 11 18 17 12 16 17 | College Section |
| 3/23/24 4/5/24 4/5/24 4/6/24 4/13/24 4/13/24 4/19/24 4/20/24 | Knights Invite Hurricane Alumni Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational Larry Ellis Invitational Virginia Challenge Virginia Challenge Virginia Challenge | Orlando, Fla. Coral Gables, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Princeton, N.J. Charlottesville, Va. Charlottesville, Va. Charlottesville, Va. | UCF Track and Field Complex Cobb Stadium Cobb Stadium Cobb Stadium Weaver Stadium Weaver Stadium Lannigan Field Lannigan Field Lannigan Field | Discus Discus Hammer Shot Put Shot Put Discus Discus Shot Put Hammer | 44.99 46.08 52.30 14.84 14.79 45.11 47.11 14.81 55.58 | 13 15 10 11 18 17 12 16 17 | College Section |
| 3/23/24 4/5/24 4/5/24 4/6/24 4/13/24 4/13/24 4/19/24 4/20/24 4/20/24 4/26/24 5/9/24 | Knights Invite Hurricane Alumni Invitational Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational Larry Ellis Invitational Virginia Challenge Virginia Challenge Virginia Challenge Penn Relays | Orlando, Fla. Coral Gables, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Princeton, N.J. Charlottesville, Va. Charlottesville, Va. Philadelphia, Pa. | UCF Track and Field Complex Cobb Stadium Cobb Stadium Cobb Stadium Weaver Stadium Weaver Stadium Lannigan Field Lannigan Field Lannigan Field Franklin Field | Discus Discus Hammer Shot Put Shot Put Discus Discus Shot Put Hammer Discus | 44.99 46.08 52.30 14.84 14.79 45.11 47.11 14.81 55.58 48.70 | 13 15 10 11 18 17 12 16 17 | College Section UNATTACHED |