	MICAH TRUSTY CAREER COLLEGIATE RESULTS											
	CROSS COUNTRY											
DATE		EVENT	LOCATION		VENUE	DISTA	ANCE TIME	PLACE	NOTES			
9/16/22	Main Line Invitational		Haverford, Pa.	Alumni Course		3 Miles	17:56.0	4				
9/15/23	Main Line Invitational		Haverford, Pa.	Alumni Course		3 Miles	18:47.8	23				

			MICAH TRUSTY CAREER COLLEGIATE RES	SULTS			
			INDOOR TRACK & FIELD				
DATE	EVENT	LOCATION	VENUE	EVENT	TIME	PLACE	NOTES
1/21/23	Villanova Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	400 Meters	56.69	2	
1/28/23	Penn State National Open	University Park, Pa.	Horace Ashenfelter III Indoor Track	600 Meters	1:30.47	2	Invitational Section
1/28/23	Penn State National Open	University Park, Pa.	Horace Ashenfelter III Indoor Track	4x400 Meter Relay (2nd)	3:48.62	8	
2/3/23	Bruce Lehane Scarlet & White Invite	Boston, Mass.	Track & Tennis Center	Distance Medley Relay (400)	11:01.21	3	
2/4/23	Bruce Lehane Scarlet & White Invite	Boston, Mass.	Track & Tennis Center	800 Meters	2:07.19	15	
2/24/23	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	400 Meters	55.38	2	Preliminary Heats
2/25/23	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	400 Meters	55.27	3	Final
2/25/23	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	4x800 Meter Relay (2nd)	8:45.22	3	
1/20/24	Villanova Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	500 Meters	1:15.12	4	
1/20/24	Villanova Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	4x400 Meter Relay (2nd)	3:47.15	2	
1/26/24	Penn State National Open	University Park, Pa.	Horace Ashenfelter III Indoor Track	800 Meters	2:06.23	3	
1/27/24	Penn State National Open	University Park, Pa.	Horace Ashenfelter III Indoor Track	4x400 Meter Relay (2nd)	3:43.69	1	
2/10/24	Eagle Elite Invitational	Boston, Mass.	the TRACK at new balance	4x400 Meter Relay (2nd)	3:45.40	7	
2/23/24	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	800 Meters	2:08.05	7	Preliminary Heats
2/24/24	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	800 Meters	2:05.61	2	Final
2/24/24	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	4x400 Meter Relay (2nd)	3:44.22	3	
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1/18/25	Quaker Invitational	Philadelphia, Pa.	The Ott Center	500 Meters	1:14.81	4	
1/18/25	Quaker Invitational	Philadelphia, Pa.	The Ott Center	4x400 Meter Relay (Anchor)	3:52.45	4	
1/25/25	Penn 10 Elite	Philadelphia, Pa.	The Ott Center	800 Meters	2:13.14	9	
2/14/25	Eagle Elite Invitational	Boston, Mass.	the TRACK at new balance	200 Meters	25.47	16	
2/14/25	Eagle Elite Invitational	Boston, Mass.	the TRACK at new balance	400 Meters	56.34	11	
2/28/25	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	400 Meters	56.02	7	Preliminary Heats
3/1/25	BIG EAST Championships	Chicago, III.	Dr. Conrad Worrill Track and Field Center at Gately Park	400 Meters	55.79	6	Final
0, 2, 20			OUTDOOR TRACK & FIELD				
DATE	EVENT	LOCATION	VENUE	EVENT	TIME	PLACE	NOTES
3/24/23	Raleigh Relays	Raleigh, N.C.	Paul Derr Track				
				400 Meters	56 04	/X	
	<u> </u>			400 Meters 800 Meters	56.04 2:07.92	28 7	Invitational Section
4/7/23	Duke Invitational	Durham, N.C.	Morris Williams Track	800 Meters	2:07.92	7	Invitational Section
4/7/23 4/14/23	Duke Invitational Larry Ellis Invitational	Durham, N.C. Princeton, N.J.	Morris Williams Track Weaver Stadium	800 Meters 800 Meters	2:07.92 2:05.84	7	
4/7/23 4/14/23 4/28/23	Duke Invitational Larry Ellis Invitational Penn Relays	Durham, N.C. Princeton, N.J. Philadelphia, Pa.	Morris Williams Track Weaver Stadium Franklin Field	800 Meters 800 Meters Distance Medley Relay (400)	2:07.92 2:05.84 11:12.22	7 6 9	Championship of America
4/7/23 4/14/23 4/28/23 4/29/23	Duke Invitational Larry Ellis Invitational Penn Relays Penn Relays	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd)	2:07.92 2:05.84 11:12.22 8:30.42	7 6 9 3	Championship of America Championship of America
4/7/23 4/14/23 4/28/23 4/29/23 5/12/23	Duke Invitational Larry Ellis Invitational Penn Relays Penn Relays BIG EAST Championships	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54	7 6 9 3 5	Championship of America Championship of America Preliminary Heats
4/7/23 4/14/23 4/28/23 4/29/23 5/12/23 5/13/23	Duke invitational Larry Ellis Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71	7 6 9 3 5	Championship of America Championship of America
4/7/23 4/14/23 4/28/23 4/29/23 5/12/23 5/13/23	Duke Invitational Larry Ellis Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 800 Meters 4x400 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15	7 6 9 3 5 2	Championship of America Championship of America Preliminary Heats Final
4/7/23 4/14/23 4/28/23 4/29/23 5/12/23 5/13/23 5/13/23 5/25/23	Duke Invitational Larry Ellis Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships BIG EAST Championships	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Jacksonville, Fla.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Hodges Stadium	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 800 Meters 4x400 Meters 4x400 Meters (3rd)	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15 2:06.18	7 6 9 3 5 2 5	Championship of America Championship of America Preliminary Heats Final National First Round
4/7/23 4/14/23 4/28/23 4/29/23 5/12/23 5/13/23	Duke Invitational Larry Ellis Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 800 Meters 4x400 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15	7 6 9 3 5 2	Championship of America Championship of America Preliminary Heats Final
4/7/23 4/14/23 4/28/23 4/29/23 5/12/23 5/13/23 5/25/23 5/27/23	Duke Invitational Larry Ellis Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships NCAA East Preliminary NCAA East Preliminary	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Jacksonville, Fla. Jacksonville, Fla.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Hodges Stadium	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 800 Meters 4x400 Meter Relay (3rd) 800 Meters 800 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15 2:06.18 2:07.65	7 6 9 3 5 2 5 15	Championship of America Championship of America Preliminary Heats Final National First Round
4/7/23 4/14/23 4/28/23 4/29/23 5/12/23 5/13/23 5/13/23 5/25/23 5/27/23	Duke invitational Larry Ellis Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships NCAA East Preliminary NCAA East Preliminary Hurricane Alumni Invitational	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Jacksonville, Fla. Jacksonville, Fla. Coral Gables, Fla.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Hodges Stadium Hodges Stadium Cobb Stadium	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 800 Meters 4x400 Meter Relay (3rd) 800 Meters 800 Meters 800 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15 2:06.18 2:07.65	7 6 9 3 5 2 5 15 20	Championship of America Championship of America Preliminary Heats Final National First Round
4/7/23 4/14/23 4/28/23 4/29/23 5/12/23 5/13/23 5/25/23 5/27/23	Duke Invitational Larry Ellis Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships NCAA East Preliminary NCAA East Preliminary Hurricane Alumni Invitational Hurricane Alumni Invitational	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Jacksonville, Fla. Jacksonville, Fla. Coral Gables, Fla. Coral Gables, Fla.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Hodges Stadium Hodges Stadium Cobb Stadium Cobb Stadium	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 800 Meters 4x400 Meter Relay (3rd) 800 Meters 800 Meters 800 Meters 800 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15 2:06.18 2:07.65	7 6 9 3 5 2 5 15 20	Championship of America Championship of America Preliminary Heats Final National First Round National Quarterfinal
4/7/23 4/14/23 4/28/23 4/29/23 5/12/23 5/13/23 5/13/23 5/25/23 5/27/23 4/6/24 4/6/24	Duke Invitational Larry Ellis Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships NCAA East Preliminary NCAA East Preliminary Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Jacksonville, Fla. Jacksonville, Fla. Coral Gables, Fla. Princeton, N.J.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Hodges Stadium Cobb Stadium Cobb Stadium Weaver Stadium	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 4x400 Meter Relay (3rd) 800 Meters 800 Meters 800 Meters 800 Meters 4x400 Meter Relay (2nd) 800 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15 2:06.18 2:07.65 2:04.90 3:44.72 2:06.67	7 6 9 3 5 2 5 15 20	Championship of America Championship of America Preliminary Heats Final National First Round
4/7/23 4/14/23 4/28/23 5/12/23 5/13/23 5/13/23 5/25/23 5/27/23 4/6/24 4/6/24 4/12/24	Duke Invitational Larry Ellis Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships NCAA East Preliminary NCAA East Preliminary Hurricane Alumni Invitational Hurricane Alumni Invitational Virginia Challenge	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Jacksonville, Fla. Jacksonville, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Charlottesville, Va.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Hodges Stadium Cobb Stadium Cobb Stadium Weaver Stadium Lannigan Field	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 800 Meters 4x400 Meter Relay (3rd) 800 Meters 800 Meters 800 Meters 800 Meters 4x400 Meters 800 Meters 4x400 Meters 4x400 Meters 4x400 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15 2:06.18 2:07.65 2:04.90 3:44.72 2:06.67 56.12	7 6 9 3 5 2 5 15 20	Championship of America Championship of America Preliminary Heats Final National First Round National Quarterfinal Elite Section
4/7/23 4/14/23 4/28/23 4/29/23 5/13/23 5/13/23 5/25/23 5/27/23 4/6/24 4/6/24 4/12/24 4/19/24 4/26/24	Duke Invitational Larry Ellis Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships BIG EAST Championships NCAA East Preliminary NCAA East Preliminary Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational Virginia Challenge Penn Relays	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Jacksonville, Fla. Jacksonville, Fla. Coral Gables, Fla. Coral Gables, Fla. Cral Gables, Fla. Charlottesville, Va. Philadelphia, Pa.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Hodges Stadium Fromklin Field Cobb Stadium Cobb Stadium Lannigan Field Franklin Field	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 800 Meters 4x400 Meter Relay (3rd) 800 Meters 800 Meters 800 Meters 4x400 Meters 4x400 Meters 4x400 Meter Relay (2nd) 800 Meters 4x400 Meters 4x400 Meters 4x400 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:05.71 3:48.15 2:06.18 2:07.65 2:04.90 3:44.72 2:06.67 56.12 3:45.05	7 6 9 3 5 2 5 15 20 3 4 6 19	Championship of America Championship of America Preliminary Heats Final National First Round National Quarterfinal Elite Section Eastern Section Heats
4/7/23 4/14/23 4/28/23 4/29/23 5/13/23 5/13/23 5/25/23 5/27/23 4/6/24 4/6/24 4/12/24 4/19/24 4/26/24 4/26/24	Duke invitational Larry Ellis Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships NCAA East Preliminary NCAA East Preliminary Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational Virginia Challenge Penn Relays	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Jacksonville, Fla. Jacksonville, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Charlottesville, Va. Philadelphia, Pa.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Hodges Stadium Hodges Stadium Cobb Stadium Cobb Stadium Lobb Stadium Cobb Stadium Franklin Field Franklin Field Franklin Field	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 800 Meters 4x400 Meter Relay (3rd) 800 Meters 800 Meters 800 Meters 4x400 Meter Relay (2nd)	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15 2:06.18 2:07.65 2:04.90 3:44.72 2:06.67 56.12 3:45.05 11:03.72	7 6 9 3 5 2 5 15 20 3 4 6 19 1	Championship of America Championship of America Preliminary Heats Final National First Round National Quarterfinal Elite Section Eastern Section Heats Championship of America
4/7/23 4/14/23 4/28/23 5/12/23 5/13/23 5/13/23 5/25/23 5/27/23 4/6/24 4/12/24 4/19/24 4/26/24 4/26/24 4/26/24 4/26/24	Duke Invitational Larry Ellis Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships NCAA East Preliminary NCAA East Preliminary NCAA East Preliminary Urricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational Virginia Challenge Penn Relays Penn Relays	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Jacksonville, Fla. Jacksonville, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Charlottesville, Va. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Hodges Stadium Cobb Stadium Cobb Stadium Cobb Stadium Gobb Stadium Franklin Field Franklin Field Franklin Field Franklin Field Franklin Field	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 800 Meters 4x400 Meter Relay (3rd) 800 Meters 800 Meters 800 Meters 4x400 Meter Relay (2nd) 800 Meters 4x400 Meter Relay (2nd) 800 Meters 4x400 Meter Relay (2nd) 800 Meters 4x400 Meter Relay (800) 4x400 Meter Relay (800)	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15 2:07.65 2:04.90 3:44.72 2:06.67 56.12 3:45.73 3:44.63	7 6 9 3 5 2 5 15 20 3 4 6 19 1 10	Championship of America Championship of America Preliminary Heats Final National First Round National Quarterfinal Elite Section Eastern Section Heats Championship of America Eastern Section Final
4/7/23 4/14/23 4/28/23 5/12/23 5/13/23 5/13/23 5/25/23 5/27/23 4/6/24 4/6/24 4/19/24 4/26/24 4/26/24 4/26/24 5/10/24	Duke Invitational Larry Ellis Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships NCAA East Preliminary NCAA East Preliminary Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational Virginia Challenge Penn Relays Penn Relays Penn Relays BIG EAST Championships	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Jacksonville, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Charlottesville, Va. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Hodges Stadium Cobb Stadium Cobb Stadium Cobb Stadium Lannigan Field Franklin Field Franklin Field Franklin Field Villanova Stadium	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 800 Meters 4x400 Meter Relay (3rd) 800 Meters 800 Meters 800 Meters 800 Meters 4x400 Meter Relay (2nd) 800 Meters 4x400 Meter Relay (2nd) 800 Meters 4x400 Meter Relay (Anchor) Distance Medley Relay (800) 4x400 Meter Relay (3rd) 800 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15 2:07.65 2:04.90 3:44.72 2:06.67 56.12 3:45.05 11:03.72 3:44.63 2:08.51	7 6 9 3 5 2 5 15 20 3 4 6 19 1 10 1	Championship of America Championship of America Preliminary Heats Final National First Round National Quarterfinal Elite Section Eastern Section Heats Championship of America Eastern Section Final Preliminary Heats
4/7/23 4/14/23 4/28/23 5/12/23 5/13/23 5/13/23 5/25/23 5/27/23 4/6/24 4/6/24 4/12/24 4/26/24 4/26/24 4/26/24 5/10/24 5/11/24	Duke Invitational Larry Ellis Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships BIG EAST Championships NCAA East Preliminary NCAA East Preliminary Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational Virginia Challenge Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa. Jacksonville, Fla. Jacksonville, Fla. Coral Gables, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Charlottesville, Va. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Hodges Stadium Hodges Stadium Cobb Stadium Cobb Stadium Lannigan Field Franklin Field Franklin Field Villanova Stadium Villanova Stadium	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 4x400 Meters Relay (Anchor) Distance Medley Relay (800) 4x400 Meters 800 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15 2:06.18 2:07.65 2:04.90 3:44.72 2:06.67 56.12 3:45.05 11:03.72 3:44.63 2:08.51 2:08.51	7 6 9 3 5 2 5 15 20 3 4 6 19 1 10	Championship of America Championship of America Preliminary Heats Final National First Round National Quarterfinal Elite Section Eastern Section Heats Championship of America Eastern Section Final
4/7/23 4/14/23 4/28/23 4/29/23 5/13/23 5/13/23 5/25/23 5/27/23 4/6/24 4/6/24 4/12/24 4/19/24 4/26/24 4/26/24 4/27/24 5/10/24 5/11/24	Duke Invitational Larry Ellis Invitational Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships BIG EAST Championships NCAA East Preliminary NCAA East Preliminary Hurricane Alumni Invitational Hurricane Alumni Invitational Larry Ellis Invitational Virginia Challenge Penn Relays Penn Relays Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Jacksonville, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Charlottesville, Va. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Villanova, Pa.	Morris Williams Track Weaver Stadium Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Villanova Stadium Hodges Stadium Hodges Stadium Cobb Stadium Ucobb Stadium Cobb Stadium Cobb Stadium Villanova Stadium	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 800 Meters 4x400 Meter Relay (3rd) 800 Meters 800 Meters 800 Meters 4x400 Meters 4x400 Meter Relay (2nd) 800 Meters 4x400 Meters 4x400 Meters 4x400 Meters 4x400 Meters 4x400 Meters 4x400 Meter Relay (Anchor) Distance Medley Relay (800) 4x400 Meters 800 Meters 800 Meters 800 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15 2:06.18 2:07.65 2:04.90 3:44.72 2:06.62 3:45.05 11:03.72 3:46.63 2:08.51 2:05.34	7 6 9 3 5 2 5 15 20 3 4 6 6 19 1 10 1 1	Championship of America Championship of America Preliminary Heats Final National First Round National Quarterfinal Elite Section Eastern Section Heats Championship of America Eastern Section Final Preliminary Heats Final
4/7/23 4/14/23 4/28/23 5/12/23 5/13/23 5/13/23 5/25/23 5/27/23 4/6/24 4/12/24 4/19/24 4/26/24 4/26/24 4/26/24 5/11/24 5/11/24 5/11/24	Duke Invitational Larry Ellis Invitational Penn Relays Penn Relays BIG EAST Championships BIG EAST Championships BIG EAST Championships NCAA East Preliminary NI Privational Hurricane Alumni Invitational Hurricane Alumni Invitational Virginia Challenge Penn Relays Penn Relays Penn Relays Penn Relays BIG EAST Championships NCAA East Preliminary	Durham, N.C. Princeton, N.J. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Jacksonville, Fla. Jacksonville, Fla. Coral Gables, Fla. Coral Gables, Fla. Princeton, N.J. Charlottesville, Va. Philadelphia, Pa. Philadelphia, Pa. Philadelphia, Pa. Villanova, Pa. Villanova, Pa. Uvillanova, Pa. Lexington, Ky.	Morris Williams Track Weaver Stadium Franklin Field Franklin Field Villanova Stadium Villanova Stadium Villanova Stadium Hodges Stadium Cobb Stadium Cobb Stadium Cobb Stadium Cobb Stadium Franklin Field Franklin Field Franklin Field Franklin Field Franklin Field Villanova Stadium	800 Meters 800 Meters Distance Medley Relay (400) 4x800 Meter Relay (2nd) 800 Meters 800 Meters 4x400 Meter Relay (3rd) 800 Meters 800 Meters 800 Meters 4x400 Meter Relay (2nd) 800 Meters 4x400 Meter Relay (2nd) 800 Meters 4x400 Meter Relay (3rd) 800 Meters 4x400 Meter Relay (3rd) 800 Meters 800 Meters 800 Meters 800 Meters 800 Meters 800 Meters	2:07.92 2:05.84 11:12.22 8:30.42 2:06.54 2:05.71 3:48.15 2:07.65 2:04.90 3:44.72 2:06.67 56.12 3:45.05 11:03.72 3:44.63 2:08.51 2:05.34 3:40.00 2:04.65	7 6 9 3 5 2 5 15 20 3 4 6 19 1 1 1 1 5	Championship of America Championship of America Preliminary Heats Final National First Round National Quarterfinal Elite Section Eastern Section Heats Championship of America Eastern Section Final Preliminary Heats Final National First Round
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