

EMMA MCGILL CAREER COLLEGIATE RESULTS							
CROSS COUNTRY							
DATE	EVENT	LOCATION	VENUE	DISTANCE	TIME	PLACE	NOTES
9/16/22	Coaching Tree Invitational	Bloomington, Ind.	IU Championship Cross Country Course	6000 Meters	21:42.7	43	
9/30/22	Paul Short Run	Bethlehem, Pa.	Goodman Campus Course	6000 Meters	20:19.3	42	Gold Race
9/15/23	Main Line Invitational	Haverford, Pa.	Alumni Course	3 Miles	16:14.0	2	
9/29/23	Coast-to-Coast Battle in Beantown	Boston, Mass.	Franklin Park	5000 Meters	17:10.6	5	
10/14/23	XC-23 Pre-Nationals	Earlysville, Va.	Panorama Farms	6000 Meters	20:32.4	24	
10/28/23	BIG EAST Championships	Kenosha, Wis.	Wayne Dannehl National Cross Country Course	6000 Meters	20:30.89	5	
11/10/23	NCAA Mid-Atlantic Regional	Bethlehem, Pa.	Goodman Campus Course	6000 Meters	19:49.2	4	
10/18/24	Princeton Fall Classic	Princeton, N.J.	Meadows Campus Course	6000 Meters	20:11.3	21	
11/1/24	BIG EAST Championships	Leesburg, Va.	Morven Park	6000 Meters	20:41.51	12	
11/15/24	NCAA Mid-Atlantic Regional	University Park, Pa.	Penn State Golf Courses	6000 Meters	20:14.7	14	

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INDOOR TRACK & FIELD							
DATE	EVENT	LOCATION	VENUE	EVENT	TIME	PLACE	NOTES
1/15/22	Penn 10-Team Select	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	3000 Meters	9:56.26	3	
1/22/22	Villanova Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	Mile	4:55.61	5	
2/11/22	Husky Classic	Seattle, Wash.	Dempsey Indoor	3000 Meters	9:41.77	40	
2/12/22	Husky Classic	Seattle, Wash.	Dempsey Indoor	Mile	4:57.80	74	
2/25/22	BIG EAST Championships	Chicago, Ill.	Dr. Conrad Worrill Track and Field Center at Gately Park	Distance Medley Relay (800)	11:26.08	1	
2/26/22	BIG EAST Championships	Chicago, Ill.	Dr. Conrad Worrill Track and Field Center at Gately Park	3000 Meters	9:52.02	18	
1/21/23	Villanova Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	Mile	4:40.38	2	
2/3/23	Bruce Lehane Scarlet & White Invite	Boston, Mass.	Track & Tennis Center	Distance Medley Relay (1200)	11:01.21	3	
2/4/23	Bruce Lehane Scarlet & White Invite	Boston, Mass.	Track & Tennis Center	3000 Meters	9:19.35	3	
2/10/23	David Hemery Valentine Invitational	Boston, Mass.	Track & Tennis Center	Mile	4:40.95	42	
2/24/23	BIG EAST Championships	Chicago, Ill.	Dr. Conrad Worrill Track and Field Center at Gately Park	Distance Medley Relay (1600)	11:25.95	4	
2/25/23	BIG EAST Championships	Chicago, Ill.	Dr. Conrad Worrill Track and Field Center at Gately Park	3000 Meters	9:19.53	6	
1/26/24	Penn State National Open	University Park, Pa.	Horace Ashenfelter III Indoor Track	Mile	4:40.32	11	
2/9/24	Eagle Elite Invitational	Boston, Mass.	the TRACK at new balance	Mile	4:44.58	15	
2/23/24	BIG EAST Championships	Chicago, Ill.	Dr. Conrad Worrill Track and Field Center at Gately Park	Distance Medley Relay (1200)	11:33.09	3	
1/18/25	Quaker Invitational	Philadelphia, Pa.	The Ott Center	1000 Meters	2:50.39	3	
1/18/25	Quaker Invitational	Philadelphia, Pa.	The Ott Center	Mile	4:43.90	1	
1/25/25	Penn 10 Elite	Philadelphia, Pa.	The Ott Center	Mile	4:38.42	4	
2/8/25	Penn Classic	Philadelphia, Pa.	The Ott Center	Mile	4:42.94	3	
2/14/25	Eagle Elite Invitational	Boston, Mass.	the TRACK at new balance	3000 Meters	9:22.96	12	
2/28/25	BIG EAST Championships	Chicago, Ill.	Dr. Conrad Worrill Track and Field Center at Gately Park	Mile	4:46.12	9	Preliminary Heats
3/1/25	BIG EAST Championships	Chicago, Ill.	Dr. Conrad Worrill Track and Field Center at Gately Park	Mile	4:47.74	9	
OUTDOOR TRACK & FIELD							
DATE	EVENT	LOCATION	VENUE	EVENT	TIME	PLACE	NOTES
3/19/22	Penn Challenge	Philadelphia, Pa.	Franklin Field	1500 Meters	4:31.07	4	
3/25/22	Raleigh Relays	Raleigh, N.C.	Paul Derr Track	1500 Meters	4:33.79	107	
4/15/22	Larry Ellis Invitational	Princeton, N.J.	Weaver Stadium	1500 Meters	4:30.29	20	
4/22/22	Virginia Challenge	Charlottesville, Va.	Lannigan Field	1500 Meters	4:30.46	35	
5/13/22	BIG EAST Championships	Storrs, Conn.	George J. Sherman Family Sports Complex	1500 Meters	4:29.14	12	Preliminary Heats
5/14/22	BIG EAST Championships	Storrs, Conn.	George J. Sherman Family Sports Complex	1500 Meters	4:35.21	12	Final
5/14/22	BIG EAST Championships	Storrs, Conn.	George J. Sherman Family Sports Complex	4x800 Meter Relay (3rd)	9:01.71	6	
3/24/23	Raleigh Relays	Raleigh, N.C.	Paul Derr Track	5000 Meters	16:15.83	20	
3/29/24	Raleigh Relays	Raleigh, N.C.	Paul Derr Track	5000 Meters	16:14.15	30	
4/12/24	Larry Ellis Invitational	Princeton, N.J.	Weaver Stadium	1500 Meters	4:22.72	7	Elite Section
4/25/24	Penn Relays	Philadelphia, Pa.	Franklin Field	1500 Meters	4:19.99	14	Championship Section
4/26/24	Penn Relays	Philadelphia, Pa.	Franklin Field	Distance Medley Relay (1600)	11:03.72	10	Championship of America
5/10/24	BIG EAST Championships	Villanova, Pa.	Villanova Stadium	5000 Meters	16:04.80	5	
5/11/24	BIG EAST Championships	Villanova, Pa.	Villanova Stadium	4x800 Meter Relay (1st)	8:57.03	4	
5/25/24	NCAA East Preliminary	Lexington, Ky.	University of Kentucky Outdoor Track and Field Complex	5000 Meters	16:51.07	39	National First Round
4/4/25	Sam Howell Invitational	Princeton, N.J.	Weaver Stadium	1500 Meters	4:23.09	2	
5/2/25	Larry Ellis Invitational	Princeton, N.J.	Weaver Stadium	5000 Meters	16:13.12	2	Seeded Section
5/16/25	BIG EAST Championships	Storrs, Conn.	George J. Sherman Family Sports Complex	5000 Meters	16:30.15	8	