

# VILLANOVA MEN'S CROSS COUNTRY

## MAIN LINE INVITATIONAL

SEPTEMBER 17, 2021 ~ ALUMNI COURSE ~ HAVERFORD, PA.

### TOP 10 INDIVIDUALS

<u>4 Miles</u>	<u>Team</u>	<u>Time</u>
Haftu Strintzos	Villanova	19:02.4
Josh Phillips	Villanova	19:06.8
David Millar	Widener	19:09.6
Noah Carey	Penn	19:17.7
Charlie O'Donovan	Villanova	19:21.2
Nick Steele	Villanova	19:23.1
Ibrahim Kedir	La Salle	19:25.3
Ray Sellaro	Penn	19:32.2
Liam Murphy	Villanova	19:32.7
Martin Barr	Villanova	19:34.6

### VILLANOVA RESULTS

<u>4 Miles</u>	<u>Place</u>	<u>Time</u>
Haftu Strintzos	1st of 122	19:02.4
Josh Phillips	2nd	19:06.8
Charlie O'Donovan	5th	19:21.2
Nick Steele	6th	19:23.1
Liam Murphy	9th	19:32.7
Martin Barr	10th	19:34.6
Ryan Cutter	11th	19:35.5
Justin Weber	13th	19:36.4
Jack Jennings	14th	19:44.4
Patrick Spychalski	15th	19:54.9
Will Merritt	18th	20:01.1
Sean Dolan	20th	20:02.7
Jack Fredian	21st	20:02.9
Ben Seiple	30th	20:21.7
Miller Anderson	36th	20:34.2
Chris Weeks	40th	20:42.5
Jacob Bonanotte	60th	21:53.6

### UNATTACHED VILLANOVA RUNNERS

<u>4 Miles</u>	<u>Place</u>	<u>Time</u>
Devon Comber	16th	19:55.2
Sean Donoghue	33rd	20:27.0

### TEAM SCORES

<u>Team</u>	<u>Place</u>	<u>Points</u>
Villanova	1st of 8	23
Penn	2nd	53
La Salle	3rd	65
Haverford	4th	113
Swarthmore	5th	143
Widener	6th	172
Elizabethtown	7th	186
Muhlenberg	8th	251

# VILLANOVA MEN'S CROSS COUNTRY

## PAUL SHORT RUN

OCTOBER 1, 2021 ~ GOODMAN CAMPUS COURSE ~ BETHLEHEM, PA.

### TOP 10 INDIVIDUALS - COLLEGE GOLD

<u>8000 Meters</u>	<u>Team</u>	<u>Time</u>
Caleb Garnica	Utah State	23:29.4
<b>Josh Phillips</b>	<b>Villanova</b>	<b>23:31.3</b>
<b>Haftu Strintzos</b>	<b>Villanova</b>	<b>23:33.9</b>
Camren Todd	Utah State	23:35.8
Parker Wolfe	North Carolina	23:38.9
Alex Phillip	John Carroll	23:39.2
<b>Charlie O'Donovan</b>	<b>Villanova</b>	<b>23:39.5</b>
Jack Aho	North Carolina	23:39.9
Dan Schaffer	Binghamton	23:40.6
John Tatter	North Carolina	23:41.4

### VILLANOVA RESULTS

<u>8000 Meters</u>	<u>Place</u>	<u>Time</u>
Josh Phillips	2nd of 357	23:31.3
Haftu Strintzos	3rd	23:33.9
Charlie O'Donovan	7th	23:39.5
Liam Murphy	16th	23:49.0
Nick Steele	29th	23:56.9
Jack Jennings	36th	24:07.0
Justin Weber	37th	24:07.7
Ryan Cutter	78th	24:35.5
Paul Nichols	95th	24:45.1
Martin Barr	121st	24:56.2

### TOP 10 INDIVIDUALS - MEN'S OPEN RACE

<u>8000 Meters</u>	<u>Team</u>	<u>Time</u>
Ed Trippas	Princeton	24:30.5
Donnovan Tucker	Iona	24:32.5
Thomas Foster	3rd	24:36.9
Max Wehrli	Utah State	24:38.7
Sam Ellis	Princeton	24:41.6
<b>Patrick Spychalski</b>	<b>Villanova</b>	<b>24:42.3</b>
<b>Jack Fredian</b>	<b>Villanova</b>	<b>24:42.5</b>
Damian Hackett	Cornell	24:46.9
Nate Tavakolian	Princeton	24:47.9
Jack Stanley	Princeton	24:50.7

### VILLANOVA RESULTS

<u>8000 Meters</u>	<u>Place</u>	<u>Time</u>
Patrick Spychalski	6th of 380	24:42.3
Jack Fredian	7th	24:42.5
Ben Seiple	12th	24:52.1
Will Merritt	13th	24:54.0
Sean Dolan	17th	25:15.6
Mathias Powell	22nd	25:20.2
Patrick Craemer	23rd	25:24.1
Cole Walker	50th	25:43.3

### TEAM SCORES - MEN'S COLLEGE GOLD

<u>Team</u>	<u>Place</u>	<u>Points</u>
North Carolina	1st of 40	56
<b>Villanova</b>	<b>2nd</b>	<b>57</b>
Princeton	3rd	74
Utah State	4th	77
Stony Brook	5th	210
UMass-Lowell	6th	236
Adams State	7th	259
Cornell	8th	292
Army West Point	9th	298
Navy	10th	311
La Salle	11th	348
William & Mary	12th	417
Binghamton	13th	419
Buffalo	14th	432
John Carroll	15th	471
Boston University	16th	480
Iona	17th	497
George Mason	18th	511
Temple	19th	541
Penn State	20th	551
Saint Joseph's	21st	591
Bucknell	22nd	653
Siena	23rd	706
George Washington	24th	745
Monmouth	25th	778
Lehigh	26th	803
Richmond	27th	812
Carnegie Mellon	28th	814
East Carolina	29th	826
Canisius	30th	864
Haverford	31st	913
Rutgers	32nd	920
VMI	33rd	961
Yale	34th	989
Vermont	35th	991
UMBC	36th	1001
Shippensburg	37th	1007
Lafayette	38th	1020
American	39th	1039
Hartford	40th	1288

# VILLANOVA MEN'S CROSS COUNTRY

## PRINCETON INVITATIONAL

OCTOBER 16, 2021 ~ WEST WINDSOR FIELDS ~ PRINCETON, N.J.

### TOP 10 INDIVIDUALS

<u>8000 Meters</u>	<u>Team</u>	<u>Time</u>
<b>Haftu Strintzos</b>	<b>Villanova</b>	<b>24:05.2</b>
Joe Arthur	Temple	24:07.7
Jack Ikenberry	George Mason	24:15.8
<b>Nick Steele</b>	<b>Villanova</b>	<b>24:18.5</b>
David Vorbach	Columbia	24:19.1
<b>Justin Weber</b>	<b>Villanova</b>	<b>24:19.2</b>
Carlos Santos	Stony Brook	24:20.1
Evan Brennan	Stony Brook	24:20.7
<b>Liam Murphy</b>	<b>Villanova</b>	<b>24:38.0</b>
Robert Becker	Stony Brook	24:39.4

### VILLANOVA RESULTS

<u>8000 Meters</u>	<u>Place</u>	<u>Time</u>
Haftu Strintzos	1st of 209	24:05.2
Nick Steele	4th	24:18.5
Justin Weber	6th	24:19.2
Liam Murphy	9th	24:38.0
Paul Nichols	12th	24:40.6
Ryan Cutter	14th	24:48.2
Jack Jennings	23rd	25:01.4
Will Merritt	34th	25:18.0
Patrick Spsychalski	36th	25:20.1
Patrick Craemer	44th	25:27.9
Mathias Powell	50th	25:33.6
Jack Fredian	56th	25:38.8
Cole Walker	61st	25:41.8
Ben Seiple	84th	25:57.1
Martin Barr	135th	26:36.6

### TEAM SCORES

<u>Team</u>	<u>Place</u>	<u>Points</u>
<b>Villanova</b>	<b>1st of 21</b>	<b>32</b>
Stony Brook	2nd	65
Columbia	3rd	100
George Mason	4th	158
Temple	5th	161
Boston University	6th	188
Princeton	7th	188
Lehigh	8th	237
Monmouth	9th	239
Fordham	10th	300
Davidson	11th	315
Saint Joseph's	12th	341
Massachusetts	13th	374
La Salle	14th	389
Wagner	15th	428
UC San Diego	16th	434
Binghamton	17th	465
Lafayette	18th	467
Rider	19th	509
UMBC	20th	542
LIU	21st	564

# VILLANOVA MEN'S CROSS COUNTRY

## HAVERFORD INVITATIONAL

OCTOBER 22, 2021 ~ ALUMNI COURSE ~ HAVERFORD, PA.

### TOP 10 INDIVIDUALS

<u>4 Miles</u>	<u>Team</u>	<u>Time</u>
Devon Comber	Unattached	19:27.6
<b>Patrick Craemer</b>	<b>Villanova</b>	<b>20:04.9</b>
<b>Sean Dolan</b>	<b>Villanova</b>	<b>20:09.6</b>
<b>Cole Walker</b>	<b>Villanova</b>	<b>20:10.7</b>
<b>Ben Seiple</b>	<b>Villanova</b>	<b>20:18.7</b>
<b>Chris Weeks</b>	<b>Villanova</b>	<b>20:25.9</b>
<b>Miller Anderson</b>	<b>Villanova</b>	<b>20:29.0</b>
Zach Vaslow	Unattached	20:31.9
Ryan Quenemoen	Haverford	21:20.1
Dawson Baptiste	Saint Joseph's	21:21.0

### VILLANOVA RESULTS

<u>4 Miles</u>	<u>Place</u>	<u>Time</u>
Patrick Craemer	2nd of 42	20:04.9
Sean Dolan	3rd	20:09.6
Cole Walker	4th	20:10.7
Ben Seiple	5th	20:18.7
Chris Weeks	6th	20:25.9
Miller Anderson	7th	20:29.0
Trevor Potts	15th	21:35.3
Jacob Bonanotte	17th	21:40.6
Nick Ackerman	19th	21:46.7

### UNATTACHED VILLANOVA RUNNERS

<u>4 Miles</u>	<u>Place</u>	<u>Time</u>
Devon Comber	1st	19:27.6

# VILLANOVA MEN'S CROSS COUNTRY

## BIG EAST CHAMPIONSHIPS

OCTOBER 29, 2021 ~ NORTHVIEW CHURCH ~ CARMEL, IND.

### TOP 10 INDIVIDUALS

<u>8000 Meters</u>	<u>Team</u>	<u>Time</u>
Simon Bedard	Butler	23:58.6
<b>Haftu Strintzos</b>	<b>Villanova</b>	<b>23:59.0</b>
Barry Keane	Butler	24:03.2
Marcelo Rocha	Providence	24:22.7
Clark Otte	Butler	24:22.7
Parker Stokes	Georgetown	24:26.5
Price Owens	Georgetown	24:31.1
Liam Back	Providence	24:32.2
Jack McMahon	Butler	24:35.2
<b>Jack Jennings</b>	<b>Villanova</b>	<b>24:35.8</b>

### VILLANOVA RESULTS

<u>8000 Meters</u>	<u>Place</u>	<u>Time</u>
Haftu Strintzos	2nd of 87	23:59.0
Jack Jennings	10th	24:35.8
Charlie O'Donovan	15th	24:56.3
Justin Weber	16th	24:56.6
Ryan Cutter	20th	25:00.7
Liam Murphy	21st	25:06.8
Josh Phillips	23rd	25:08.2
Paul Nichols	32nd	25:54.7
Nick Steele	34th	26:01.8
Will Merritt	46th	26:30.8

### TEAM SCORES

<u>Team</u>	<u>Place</u>	<u>Points</u>
Butler	1st of 9	35
Georgetown	2nd	49
<b>Villanova</b>	<b>3rd</b>	<b>63</b>
Providence	4th	85
DePaul	5th	174
Marquette	6th	178
Xavier	7th	196
Creighton	8th	206
Seton Hall	9th	285

# VILLANOVA MEN'S CROSS COUNTRY

## NCAA MID-ATLANTIC REGIONAL

NOVEMBER 12, 2021 ~ GOODMAN CAMPUS COURSE ~ BETHLEHEM, PA.

### TOP 10 INDIVIDUALS

<u>10000 Meters</u>	<u>Team</u>	<u>Time</u>
Parker Stokes	Georgetown	30:10.5
<b>Haftu Strintzos</b>	<b>Villanova</b>	<b>30:13.1</b>
Noah Carey	Penn	30:17.8
Jack Salisbury	Georgetown	30:20.5
Jakob Kintzele	Princeton	30:20.9
Ed Trippas	Princeton	30:23.1
Shea Weilbaker	Georgetown	30:23.8
Matthew Farrell	Princeton	30:25.1
<b>Jack Jennings</b>	<b>Villanova</b>	<b>30:25.8</b>
Anthony Monte	Princeton	30:28.6

### VILLANOVA RESULTS

<u>10000 Meters</u>	<u>Place</u>	<u>Time</u>
Haftu Strintzos	2nd of 174	30:13.1
Jack Jennings	9th	30:25.8
Josh Phillips	12th	30:38.4
Charlie O'Donovan	14th	30:38.7
Liam Murphy	20th	31:05.4
Justin Weber	23rd	31:10.2
Ryan Cutter	28th	31:18.5

### TEAM SCORES

<u>Team</u>	<u>Place</u>	<u>Points</u>
Princeton	1st of 26	40
Georgetown	2nd	49
<b>Villanova</b>	<b>3rd</b>	<b>57</b>
Penn State	4th	130
Pittsburgh	5th	159
Penn	6th	165
La Salle	7th	211
Navy	8th	213
Temple	9th	235
Bucknell	10th	282
Monmouth	11th	348
Lehigh	12th	352
George Washington	13th	409
Lafayette	14th	475
Rider	15th	485
Loyola (Md.)	16th	487
Saint Joseph's	17th	493
Duquesne	18th	514
Rutgers	19th	530
American	20th	582
Marshall	21st	615
UMBC	22nd	616
Seton Hall	23rd	625
Saint Francis	24th	677
NJIT	25th	692
Robert Morris	26th	753

# VILLANOVA MEN'S CROSS COUNTRY

## NCAA CHAMPIONSHIPS

NOVEMBER 20, 2021 ~ APALACHEE REGIONAL PARK ~ TALLAHASSEE, FLA.

### TOP 10 INDIVIDUALS

<u>10000 Meters</u>	<u>Team</u>	<u>Time</u>
Conner Mantz	BYU	28:33.1
Wesley Kiptoo	Iowa State	28:38.7
Athanas Kioko	Campbell	28:40.9
Charles Hicks	Stanford	28:47.2
Morgan Beadlescomb	Michigan State	28:50.6
Adriaan Wildschutt	Florida State	28:52.0
Abdihamid Nur	Northern Arizona	28:52.9
Casey Clinger	BYU	28:55.7
<b>Haftu Strintzos</b>	<b>Villanova</b>	<b>28:57.3</b>
Dylan Jacobs	Notre Dame	28:57.5

### VILLANOVA RESULTS

<u>10000 Meters</u>	<u>Place</u>	<u>Time</u>
Haftu Strintzos	2nd of 253	28:57.3
Jack Jennings	73rd	29:57.1
Josh Phillips	167th	30:46.8