

VILLANOVA MEN'S CROSS COUNTRY

2020 SEASON

SCHEDULE AND RESULTS

<u>Date</u>	<u>Meet</u>	<u>Result</u>
3/5	BIG EAST Championships	3rd of 10
3/15	NCAA Championships	20th of 30

RACE VENUES

BIG EAST Championships

WakeMed Soccer Park Field
Cary, N.C.
8000 Meters

NCAA Championships

OSU Cross Country Course
Stillwater, Okla.
10000 Meters

PERFORMANCE LIST

<u>8000 Meters</u>	<u>Time</u>	<u>Date</u>
Haftu Strintzos	23:05.2	3/5
Josh Phillips	23:30.3	3/5
Nick Steele	23:39.5	3/5
Charlie O'Donovan	23:40.2	3/5
Paul Nichols	23:43.1	3/5
Jack Fredian	23:44.8	3/5
Justin Weber	24:01.7	3/5
Patrick Spychalski	24:26.8	3/5
Ben Seiple	24:39.8	3/5
Liam Murphy	24:43.9	3/5

<u>10000 Meters</u>	<u>Time</u>	<u>Date</u>
Haftu Strintzos	31:11.0	3/15
Josh Phillips	31:11.1	3/15
Charlie O'Donovan	31:36.1	3/15
Nick Steele	31:59.6	3/15
Paul Nichols	32:24.0	3/15
Justin Weber	33:13.1	3/15
Jack Fredian	34:37.2	3/15

AGGREGATE RESULTS

<u>8000 METERS</u>	<u>NAME</u>	<u>DATE</u>
23:05.2	Haftu Strintzos	3/5
23:30.3	Josh Phillips	3/5
23:39.5	Nick Steele	3/5
23:40.2	Charlie O'Donovan	3/5
23:43.1	Paul Nichols	3/5
23:44.8	Jack Fredian	3/5
24:01.7	Justin Weber	3/5
24:26.8	Patrick Spychalski	3/5
24:39.8	Ben Seiple	3/5
24:43.9	Liam Murphy	3/5

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