

CAROLINE CARLSON CAREER COLLEGIATE RESULTS							
INDOOR TRACK & FIELD							
DATE	EVENT	LOCATION	VENUE	EVENT	MARK	PLACE	NOTES
2/6/21	Army West Point	West Point, N.Y.	Gillis Field House	60 Meter Hurdles	9.72	6	Preliminary Heats
2/6/21	Army West Point	West Point, N.Y.	Gillis Field House	60 Meter Hurdles	9.73	6	Final
2/6/21	Army West Point	West Point, N.Y.	Gillis Field House	4x400 Meter Relay (3rd)	4:09.07	3	
3/5/21	Villanova Indoor Meet	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	60 Meter Hurdles	9.68	5	
3/5/21	Villanova Indoor Meet	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	High Jump	1.55	2 (tie)	
1/15/22	Penn 10-Team Select	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	60 Meter Hurdles	9.20	14	Preliminary Heats
1/15/22	Penn 10-Team Select	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	Long Jump	4.82	14	
2/5/22	Columbia Challenge	New York, N.Y.	The Armory	Pentathlon - 60 Meter Hurdles	9.41	12	
2/5/22	Columbia Challenge	New York, N.Y.	The Armory	Pentathlon - High Jump	1.49	16 (tie)	
2/5/22	Columbia Challenge	New York, N.Y.	The Armory	Pentathlon - Shot Put	9.30	13	
2/5/22	Columbia Challenge	New York, N.Y.	The Armory	Pentathlon - Long Jump	4.69	17	
1/14/23	Penn 10-Team Select	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	Long Jump	5.21	5	
1/21/23	Villanova Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	60 Meters	8.06	24	Preliminary Heats
1/27/23	Penn State National Open	University Park, Pa.	Horace Ashenfelter III Indoor Track	60 Meters	8.08	44	Preliminary Heats
1/27/23	Penn State National Open	University Park, Pa.	Horace Ashenfelter III Indoor Track	Long Jump	5.10	19	
2/11/23	Big Apple Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	60 Meters	8.04	4	Qualifying
2/11/23	Big Apple Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	60 Meters	8.01	21	Preliminary Heats
2/11/23	Big Apple Invitational	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	Long Jump	5.18	9	
2/24/23	BIG EAST Championships	Chicago, Ill.	Dr. Conrad Worrill Track and Field Center at Gately Park	Long Jump	4.98	15	
1/13/24	Penn 10-Team Select	Staten Island, N.Y.	Ocean Breeze Track & Field Athletic Complex	Long Jump	5.62	3	
1/26/24	Penn State National Open	University Park, Pa.	Horace Ashenfelter III Indoor Track	Long Jump	5.55	6	
2/9/24	Eagle Elite Invitational	Boston, Mass.	the TRACK at new balance	Long Jump	5.35	12	
2/23/24	BIG EAST Championships	Chicago, Ill.	Dr. Conrad Worrill Track and Field Center at Gately Park	Long Jump	5.34	6	

CAROLINE CARLSON CAREER COLLEGIATE RESULTS							
OUTDOOR TRACK & FIELD							
DATE	EVENT	LOCATION	VENUE	EVENT	MARK	PLACE	NOTES
3/19/21	Villanova Opener	Villanova, Pa.	Villanova Stadium	High Jump	1.40	4 (tie)	
3/19/21	Villanova Opener	Villanova, Pa.	Villanova Stadium	Long Jump	4.59	6	
3/27/21	Penn Challenge	Philadelphia, Pa.	Franklin Field	100 Meter Hurdles	16.43	5	
3/27/21	Penn Challenge	Philadelphia, Pa.	Franklin Field	Long Jump	4.87	12	
4/3/21	Philadelphia Big 5 Meet	Philadelphia, Pa.	Franklin Field	200 Meters	28.26	17	
4/16/21	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - 100 Meter Hurdles	15.83	7	
4/16/21	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - High Jump	1.49	6	
4/16/21	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - Shot Put	9.39	7	
4/16/21	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - 200 Meters	27.40	6	
4/17/21	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - Long Jump	4.87	7	
4/17/21	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - Javelin	28.53	5	
4/17/21	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - 800 Meters	2:41.33	5	
4/17/21	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon	4045	5	
5/1/21	Penn Twilight	Philadelphia, Pa.	Franklin Field	100 Meter Hurdles	16.06	5	
5/1/21	Penn Twilight	Philadelphia, Pa.	Franklin Field	800 Meters	2:42.47	6	
5/1/21	Penn Twilight	Philadelphia, Pa.	Franklin Field	Long Jump	4.97	7	
5/14/21	BIG EAST Championships	Geneva, Ohio	SPIRE Institute	Heptathlon - 100 Meter Hurdles	15.09	6	
5/14/21	BIG EAST Championships	Geneva, Ohio	SPIRE Institute	Heptathlon - High Jump	1.43	10	
5/14/21	BIG EAST Championships	Geneva, Ohio	SPIRE Institute	Heptathlon - Shot Put	9.45	8	
5/14/21	BIG EAST Championships	Geneva, Ohio	SPIRE Institute	Heptathlon - 200 Meters	26.94	6	
5/15/21	BIG EAST Championships	Geneva, Ohio	SPIRE Institute	Heptathlon - Long Jump	5.09	8	
5/15/21	BIG EAST Championships	Geneva, Ohio	SPIRE Institute	Heptathlon - Javelin	28.26	5	
5/15/21	BIG EAST Championships	Geneva, Ohio	SPIRE Institute	Heptathlon - 800 Meters	2:31.47	7	
5/15/21	BIG EAST Championships	Geneva, Ohio	SPIRE Institute	Heptathlon	4288	8	
4/2/22	Philadelphia Big 5 Meet	Philadelphia, Pa.	Franklin Field	High Jump	1.50	10	
4/22/22	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - 100 Meter Hurdles	15.68	12	
4/22/22	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - High Jump	1.46	15	
4/22/22	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - Shot Put	10.01	10	
4/22/22	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - 200 Meters	26.95	12	
4/23/22	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - Long Jump	5.12	10	
4/23/22	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - Javelin	29.48	6	
4/23/22	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon - 800 Meters	2:41.51	9	
4/23/22	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Heptathlon	4192	8	
5/13/22	BIG EAST Championships	Storrs, Conn.	George J. Sherman Family Sports Complex	Heptathlon - 100 Meter Hurdles	15.35	6	
5/13/22	BIG EAST Championships	Storrs, Conn.	George J. Sherman Family Sports Complex	Heptathlon - High Jump	1.45	8	
5/13/22	BIG EAST Championships	Storrs, Conn.	George J. Sherman Family Sports Complex	Heptathlon - Shot Put	10.19	6	
5/13/22	BIG EAST Championships	Storrs, Conn.	George J. Sherman Family Sports Complex	Heptathlon - 200 Meters	26.74	7	
5/14/22	BIG EAST Championships	Storrs, Conn.	George J. Sherman Family Sports Complex	Heptathlon - Long Jump	5.07	7	
5/14/22	BIG EAST Championships	Storrs, Conn.	George J. Sherman Family Sports Complex	Heptathlon - Javelin	27.59	7	
5/14/22	BIG EAST Championships	Storrs, Conn.	George J. Sherman Family Sports Complex	Heptathlon - 800 Meters	2:31.05	6	
5/14/22	BIG EAST Championships	Storrs, Conn.	George J. Sherman Family Sports Complex	Heptathlon	4327	7	
4/1/23	Big 5 Invitational	Philadelphia, Pa.	Franklin Field	100 Meters	12.78	11	
4/1/23	Big 5 Invitational	Philadelphia, Pa.	Franklin Field	Long Jump	5.14	9	
4/22/23	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Long Jump	5.49	20	
5/12/23	BIG EAST Championships	Villanova, Pa.	Villanova Stadium	Long Jump	5.46	8	
5/13/23	BIG EAST Championships	Villanova, Pa.	Villanova Stadium	4x100 Meter Relay (Anchor)	48.84	6	
4/5/24	Hurricane Alumni Invitational	Coral Gables, Fla.	Cobb Stadium	Long Jump	5.23	25	
4/20/24	Virginia Challenge	Charlottesville, Va.	Lannigan Field	Long Jump	5.36	30	
4/26/24	Penn Relays	Philadelphia, Pa.	Franklin Field	Long Jump	5.11	22	College Section
5/10/24	BIG EAST Championships	Villanova, Pa.	Villanova Stadium	Long Jump	5.09	9	
5/11/24	BIG EAST Championships	Villanova, Pa.	Villanova Stadium	4x100 Meter Relay (Anchor)	47.49	6	