

MID ATLANTIC ALL REGION

Cross Country (107)

Year	Name	Place
2000	Adrian Blincoe	3rd
2000	Ryan Hayden	9th
2000	Tom Parlapiano	10th
2000	Jon Fasulo	11th
2000	Ben Showers	24th
2001	Adrian Blincoe	1st
2001	Ryan Hayden	2nd
2001	Tom Parlapiano	10th
2001	Jon Fasulo	16th
2002	Adrian Blincoe	2nd
2002	Jon Fasulo	3rd
2002	Ryan Hayden	4th
2002	Tom Parlapiano	10th
2002	Patrick Dunn	23rd
2003	Jon Fasulo	2nd
2003	Ryan Hayden	3rd
2003	Milos Mitric	8th
2003	Bobby Curtis	14th
2004	Bobby Curtis	3rd
2004	Marc Pelerin	17th
2005	Michael Kerrigan	15th
2006	Milos Mitric	10th
2006	Bobby Curtis	12th
2006	Andrew Keino	14th
2006	Michael Kerrigan	16th
2007	Bobby Curtis	1st
2007	Ben Guest	8th
2007	Michael Kerrigan	13th
2007	Bobby Papazian	19th
2008	Hugo Beamish	2nd
2008	Ben Guest	16th
2008	Keith Capecci	18th
2008	Dan Lewis	19th
2009	Mathew Mildenhall	2nd
2009	Hugo Beamish	4th
2009	Dan Lewis	10th
2009	Bobby Papazian	11th
2009	Carl Mackenzie	21st
2009	Matthew Gibney	22nd
2010	Matt Kane	7th
2010	Mathew Mildenhall	10th
2010	Brian Long	12th
2010	Hugo Beamish	15th
2010	Keith Capecci	17th
2011	Ryan Sheridan	2nd
2011	Matthew Gibney	5th
2011	Sam McEntee	16th
2011	Mathew Mildenhall	19th
2011	Matt Kane	21st

Cross Country

Year	Name	Place
2012	Sam McEntee	2nd
2012	Jordy Williamsz	4th
2012	Alex Tully	14th
2012	Mathew Mildenhall	18th
2012	Rob Denault	19th
2013	Patrick Tiernan	1st
2013	Sam McEntee	2nd
2013	Rob Denault	9th
2013	Jordy Williamsz	10th
2013	Brian Basili	12th
2013	Alex Tully	23rd
2014	Patrick Tiernan	2nd
2014	Rob Denault	4th
2014	Sam McEntee	7th
2014	Jordy Williamsz	13th
2014	Brian Basili	15th
2014	Harry Warnick	16th
2015	Patrick Tiernan	1st
2015	Rob Denault	5th
2015	Jordy Williamsz	9th
2015	Harry Warnick	13th
2016	Patrick Tiernan	1st
2016	Andrew Marston	4th
2016	Casey Comber	13th
2017	Casey Comber	2nd
2017	Andrew Marston	3rd
2017	Martin Barr	21st
2018	Casey Comber	1st
2018	Andrew Marston	5th
2018	Charlie O'Donovan	14th
2018	Josh Phillips	21st
2019	Josh Phillips	3rd
2019	Haftu Strintzos	4th
2019	Nathan Rodriguez	7th
2019	Andrew Marston	10th
2019	Casey Comber	13th
2021	Haftu Strintzos	2nd
2021	Jack Jennings	9th
2021	Josh Phillips	12th
2021	Charlie O'Donovan	14th
2021	Liam Murphy	20th
2021	Justin Weber	23rd
2022	Liam Murphy	1st
2022	Marco Langon	4th
2022	Charlie O'Donovan	8th
2022	Josh Phillips	11th
2022	Jack Jennings	12th
2022	Haftu Strintzos	15th
2023	Liam Murphy	1st
2023	Haftu Strintzos	2nd
2023	Ryan Kredell	21st
2023	Henry Myers	24th
2023	Devon Comber	25th

Cross Country

Year	Name	Place
2024	Liam Murphy	1st
2024	Marco Langon	2nd
2024	Bailey Habler	9th
2024	CJ Sullivan	13th
2024	Devon Comber	25th

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(By Place)

1st	9
2nd	13
3rd	6
4th	7
5th	3
6th	
7th	3
8th	3
9th	5
10th	8
11th	3
12th	5
13th	6
14th	5
15th	4
16th	5
17th	2
18th	2
19th	4
20th	1
21st	5
22nd	1
23rd	3
24th	2
25th	2
1st-5th	38
6th-10th	19
11th-15th	23
16th-20th	14
21st-25th	13

(By Year)

6.....	2009, 2013, 2014, 2021, 2022
5.....	2000, 2002, 2010, 2011, 2012, 2019, 2023, 2024
4.....	2001, 2003, 2006, 2007, 2005, 2015, 2018
3.....	2016, 2017
2.....	2004
1.....	2005

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(4)

<u>Name</u>	
Casey Comber	2016, 2017, 2018, 2019
Bobby Curtis.....	2003, 2004, 2006, 2007
Rob Denault.....	2012, 2013, 2014, 2015
Jon Fasulo	2000, 2001, 2002, 2003
Ryan Hayden.....	2000, 2001, 2002, 2003
Andrew Marston	2016, 2017, 2018, 2019
Sam McEntee	2011, 2012, 2013, 2014
Mathew Mildenhall.....	2009, 2010, 2011, 2012
Liam Murphy.....	2021, 2022, 2023, 2024
Josh Phillips	2018, 2019, 2021, 2022
Haftu Strintzos	2019, 2021, 2022, 2023
Patrick Tiernan.....	2013, 2014, 2015, 2016
Jordy Williamsz	2012, 2013, 2014, 2015

(3)

<u>Name</u>	
Hugo Beamish.....	2008, 2009, 2010
Adrian Blincoe	2000, 2001, 2002
Michael Kerrigan	2005, 2006, 2007
Charlie O'Donovan	2018, 2021, 2022
Tom Parlapiano.....	2000, 2001, 2002

(2)

<u>Name</u>	
Brian Basili.....	2013, 2014
Keith Capecci.....	2008, 2010
Devon Comber	2023, 2024
Matthew Gibney	2009, 2011
Ben Guest.....	2007, 2008
Jack Jennings	2021, 2022
Matt Kane	2010, 2011
Marco Langon.....	2022, 2024
Dan Lewis	2008, 2009
Milos Mitric	2003, 2006
Bobby Papazian	2007, 2009
Alex Tully	2012, 2013
Harry Warnick	2014, 2015

43 People
102 Honors

All-Region honors are given to the top 25 individual finishers at each of the nine regional meets in cross country; the current format of regional competition has been in place since 2000

(1)

<u>Name</u>	
Martin Barr	2017
Patrick Dunn	2002
Bailey Habler.....	2024
Andrew Keino.....	2006
Ryan Kredell.....	2023
Brian Long	2010
Carl Mackenzie	2009
Henry Myers	2023
Marc Pelerin	2004
Nathan Rodriguez	2019
Ryan Sheridan.....	2011
Ben Showers	2000
CJ Sullivan.....	2024
Justin Weber	2021

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Martin Barr (1)

Year	Place	Time
2017	21st	30:53.7

Brian Basili (2)

Year	Place	Time
2013	12th	30:12
2014	15th	30:32

Hugo Beamish (3)

Year	Place	Time
2008	2nd	31:37
2009	4th	31:42.6
2010	15th	30:36

Adrian Blincoe (3)

Year	Place	Time
2000	3rd	30:28.01
2001	1st	30:31.50
2002	2nd	30:31.4

Keith Capecci (2)

Year	Place	Time
2008	18th	32:52
2010	17th	30:40

Casey Comber (4)

Year	Place	Time
2016	13th	31:07.8
2017	2nd	30:31.7
2018	1st	31:04.5
2019	13th	30:31.9

Devon Comber (2)

Year	Place	Time
2023	25th	30:16.9
2024	25th	30:21.1

Bobby Curtis (4)

Year	Place	Time
2003	14th	30:57
2004	3rd	30:33
2006	12th	30:48
2007	1st	30:08

Rob Denault (4)

Year	Place	Time
2012	19th	30:54
2013	9th	29:58
2014	4th	30:22
2015	5th	30:50.9

Patrick Dunn (1)

Year	Place	Time
2002	23rd	31:29.2

Jon Fasulo (4)

Year	Place	Time
2000	11th	30:53.91
2001	16th	31:15.64
2002	3rd	30:39.6
2003	2nd	30:30

Matthew Gibney (2)

Year	Place	Time
2009	22nd	32:42.9
2011	5th	30:42.9

Ben Guest (2)

Year	Place	Time
2007	8th	30:30
2008	16th	32:49

Bailey Habler (1)

Year	Place	Time
2024	9th	29:48.7

Ryan Hayden (4)

Year	Place	Time
2000	9th	30:40.14
2001	2nd	30:37.24
2002	4th	30:44.4
2003	3rd	30:35

Jack Jennings (2)

Year	Place	Time
2021	9th	30:25.8
2022	12th	30:15.6

Matt Kane (2)

Year	Place	Time
2010	7th	30:20
2011	21st	31:07.8

Andrew Keino (1)

Year	Place	Time
2006	14th	30:52

Ryan Kredell (1)

Year	Place	Time
2023	21st	30:06.5

Marco Langon (2)

Year	Place	Time
2022	4th	30:05.6
2024	2nd	29:32.1

Michael Kerrigan (3)

Year	Place	Time
2005	15th	30:53.2
2006	16th	31:02
2007	13th	30:41

Dan Lewis (2)

Year	Place	Time
2008	19th	32:55
2009	10th	32:06.5

Brian Long (1)

Year	Place	Time
2010	12th	30:33

Carl Mackenzie (1)

Year	Place	Time
2009	21st	32:42.9

Andrew Marston (4)

Year	Place	Time
2016	4th	30:52.2
2017	3rd	30:32.0
2018	5th	31:12.8
2019	10th	30:15.7

Sam McEntee (4)

Year	Place	Time
2011	16th	30:59.7
2012	2nd	30:34
2013	2nd	29:44
2014	7th	30:24

Mathew Mildenhall (4)

Year	Place	Time
2009	2nd	31:42.0
2010	10th	30:23
2011	19th	31:06.5
2012	18th	30:53

Milos Mitric (2)

Year	Place	Time
2003	8th	30:53
2006	10th	30:42

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Liam Murphy (4)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2021	20th	31:05.4
2022	1st	29:52.6
2023	1st	29:05.5
2024	1st	29:22.8

Henry Myers (1)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2023	24th	30:09.7

Charlie O'Donovan (3)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2018	14th	31:42.0
2021	14th	30:38.7
2022	8th	30:12.0

Bobby Papazian (2)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2007	19th	30:50
2009	11th	32:07.5

Tom Parlapiano (3)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2000	10th	30:44.49
2001	10th	30:57.37
2002	10th	30:58.9

Marc Pelerin (1)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2004	17th	31:08

Josh Phillips (4)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2018	21st	31:48.3
2019	3rd	30:02.0
2021	12th	30:38.4
2022	11th	30:15.5

Nathan Rodriguez (1)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2019	7th	30:10.6

Ryan Sheridan (1)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2011	2nd	30:38.6

Ben Showers (1)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2000	24th	31:23.54

Haftu Strintzos (4)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2019	4th	30:02.9
2021	2nd	30:13.1
2022	15th	30:25.1
2023	2nd	29:14.7

CJ Sullivan (1)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2024	13th	29:54.8

Patrick Tiernan (4)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2013	1st	29:37
2014	2nd	30:20
2015	1st	30:15.8
2016	1st	30:32.1

Alex Tully (2)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2012	14th	30:49
2013	23rd	30:37

Harry Warnick (2)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2014	16th	30:33
2015	13th	31:15.4

Justin Weber (1)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2021	23rd	31:10.2

Jordy Williamsz (4)

<u>Year</u>	<u>Place</u>	<u>Time</u>
2012	4th	30:36
2013	10th	30:10
2014	13th	30:30
2015	9th	31:02.2