

# ALL TIME PERFORMANCE LIST

## PROGRAM RECORDS

### CROSS COUNTRY

#### METRIC DISTANCES

<u>DISTANCE</u>	<u>NAME</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>
4000 Meters	Caitlin Bungo	14:46.31	Sep 13, 2013	Friend Big Five Invitational	Philadelphia, Pa.
5000 Meters	Vicki Huber	15:59.86	Nov 20, 1989	NCAA Championships	Annapolis, Md.
6000 Meters	Sadie Sigfstead	19:30.8	Nov 15, 2024	NCAA Mid-Atlantic Regional	University Park, Pa.

#### MILES

<u>DISTANCE</u>	<u>NAME</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>
2.0 Miles	Ioana Parusheva	10:41.9	Sep 17, 2001	Haverford Invitational	Haverford, Pa.
2.5 Miles	Sonia O'Sullivan	13:28	Sep 21, 1991	William & Mary Invitational	Williamsburg, Va.
2.9 Miles	Vicki Huber	16:20	Oct 18, 1986	Big Five Championships	Philadelphia, Pa.
	Gina Procaccio	16:20	Oct 18, 1986	Big Five Championships	Philadelphia, Pa.
3.0 Miles	Sadie Sigfstead	16:00.5	Sep 15, 2023	Main Line Invitational	Haverford, Pa.
3.2 Miles	Mary Ellen McGowan	17:12.2	Sep 29, 1984	Rutgers-adidas Invitational	New Brunswick, N.J.