

ALL TIME PERFORMANCE LIST

CROSS COUNTRY: 6000 METERS

TOP 10 TIMES

	<u>NAME</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>	<u>INFO</u>
1.	Sadie Sigfstead	19:30.8	Nov 15, 2024	NCAA Mid-Atlantic Regional	University Park, Pa. (1)	
2.	Sheila Reid	19:34	Nov 13, 2010	NCAA Mid-Atlantic Regional	University Park, Pa. (1)	
3.	Sadie Sigfstead	19:35.5	Nov 10, 2023	NCAA Mid-Atlantic Regional	Bethlehem, Pa. (2)	
4.	Margaret Carroll	19:38.3	Oct 3, 2025	Paul Short Run	Bethlehem, Pa. (2)	G
5.	Sheila Reid	19:40.9	Oct 29, 2011	BIG EAST Championships	Louisville, Ky. (3)	
6.	Sheila Reid	19:41.2	Nov 21, 2011	NCAA Championships	Terre Haute, Ind. (4)	
7.	Tilly O'Connor	19:41.8	Nov 14, 2025	NCAA Mid-Atlantic Regional	Bethlehem, Pa. (2)	
8.	Tilly O'Connor	19:45.6	Nov 22, 2025	NCAA Championships	Columbia, Mo. (5)	
9.	Bogdana Mimic	19:45.7	Nov 21, 2011	NCAA Championships	Terre Haute, Ind. (4)	
10.	Maggie Smith	19:47.4	Oct 5, 2019	Paul Short Run	Bethlehem, Pa. (2)	G

(G) Gold Race

- (1) Blue/White Golf Courses
- (2) Goodman Campus Course
- (3) E.P. Tom Sawyer State Park
- (4) LaVern Gibson Championship Cross Country Course
- (5) Gans Creek Cross Country Course

TOP 10 ATHLETES

	<u>NAME</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>	<u>INFO</u>
1.	Sadie Sigfstead	19:30.8	Nov 15, 2024	NCAA Mid-Atlantic Regional	University Park, Pa. (1)	
2.	Sheila Reid	19:34	Nov 13, 2010	NCAA Mid-Atlantic Regional	University Park, Pa. (1)	
3.	Margaret Carroll	19:38.3	Oct 3, 2025	Paul Short Run	Bethlehem, Pa. (2)	G
4.	Tilly O'Connor	19:41.8	Nov 14, 2025	NCAA Mid-Atlantic Regional	Bethlehem, Pa. (2)	
5.	Bogdana Mimic	19:45.7	Nov 21, 2011	NCAA Championships	Terre Haute, Ind. (2)	
6.	Maggie Smith	19:47.4	Oct 5, 2019	Paul Short Run	Bethlehem, Pa. (3)	G
7.	Emma McGill	19:49.2	Nov 10, 2023	NCAA Mid-Atlantic Regional	Bethlehem, Pa. (3)	
	Nikki Vanasse	19:49.2	Nov 14, 2025	NCAA Mid-Atlantic Regional	Bethlehem, Pa. (2)	
9.	Nicole Hutchinson	19:49.7	Sep 29, 2017	Paul Short Run	Bethlehem, Pa. (3)	G
10.	Bella Burda	19:52.9	Oct 31, 2015	BIG EAST Championships	Mason, Ohio (4)	

(G) Gold Race

- (1) Blue/White Golf Courses
- (2) LaVern Gibson Championship Cross Country Course
- (3) Goodman Campus Course
- (4) Golf Center at Kings Island