

ALL TIME PERFORMANCE LIST

5000 METERS

TOP 10 OVERALL TIMES

	<u>NAME</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>	<u>INFO</u>
1.	Sonia O'Sullivan	15:17.28	Jan 25, 1991	Terrier Classic	Boston, Mass. (1)	
2.	Sheila Reid	15:23.64	Apr 20, 2012	Mt. SAC Relays	Walnut, Calif. (2)	
	<i>Sonia O'Sullivan</i>	<i>15:25.90</i>	<i>Jul 8, 1990</i>	<i>Irish Nationals</i>		O
3.	Sadie Sigfstead	15:33.68	May 31, 2025	NCAA East Preliminary	Jacksonville, Fla. (3)	S
4.	Sheila Reid	15:37.57	Jun 10, 2011	NCAA Championships	Des Moines, Iowa (4)	
5.	Jen Rhines	15:41.12	Mar 10, 1995	NCAA Championships	Indianapolis, Ind. (5)	
6.	Tilly O'Connor	15:42.69	Mar 27, 2026	Raleigh Relays	Raleigh, N.C. (6)	
7.	Sadie Sigfstead	15:44.02	Feb 27, 2026	BIG EAST Championships	Chicago, Ill. (7)	
8.	Sadie Sigfstead	15:44.11	Feb 9, 2024	Husky Classic	Seattle, Wash. (8)	
9.	Bogdana Mimic	15:44.15	Apr 20, 2012	Mt. SAC Relays	Walnut, Calif. (2)	
10.	Caroline Alcorta	15:45.64	Feb 8, 2019	Husky Classic	Seattle, Wash. (8)	
	<i>Carole Zajac</i>	<i>15:52.89</i>	<i>Jul 12, 1994</i>	<i>Stockholm Grand Prix</i>		O
	<i>Jen Rhines</i>	<i>16:04.02</i>	<i>Jul 17, 1994</i>	<i>USATF Outdoor Championships</i>	<i>Knoxville, Tenn. (9)</i>	O
	<i>Kate Fonshell</i>	<i>16:12.45</i>	<i>Jun 17, 1990</i>	<i>TAC Championships</i>	<i>Norwalk, Calif. (99)</i>	O

(IE) Invitational Elite Section

(O) Time not recognized as an official collegiate mark due to being recorded outside the NCAA season; it is part of Villanova's historical record

(S) National Semifinal

(1) Commonwealth Armory; (2) Hilmer Lodge Stadium; (3) Visit Jax Track at Hodges Stadium; (4) Drake Stadium; (5) RCA Dome;

(6) Paul Derr Track; (7) Dr. Conrad Worrill Track and Field Center at Gately Park; (8) Dempsey Indoor; (9) Tom Black Track;

(99) Venue unknown

TOP 10 TIMES - COLLEGIATE INDOOR SEASON

	<u>NAME</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>
1.	Sonia O'Sullivan	15:17.28	Jan 25, 1991	Terrier Classic	Boston, Mass. (1)
2.	Jen Rhines	15:41.12	Mar 10, 1995	NCAA Championships	Indianapolis, Ind. (2)
3.	Sadie Sigfstead	15:44.02	Feb 27, 2026	BIG EAST Championships	Chicago, Ill. (3)
4.	Sadie Sigfstead	15:44.11	Feb 9, 2024	Husky Classic	Seattle, Wash. (4)
5.	Caroline Alcorta	15:45.64	Feb 8, 2019	Husky Classic	Seattle, Wash. (4)
6.	Jen Rhines	15:49.37	Jan 27, 1995	Terrier Classic	Boston, Mass. (1)
7.	Sonia O'Sullivan	15:49.46	Mar 8, 1991	NCAA Championships	Indianapolis, Ind. (2)
8.	Carrie Tollefson	15:51.39	Mar 10, 2000	NCAA Championships	Fayetteville, Ark. (5)
9.	Carole Zajac	15:53.78	Mar 12, 1993	NCAA Championships	Indianapolis, Ind. (2)
10.	Tilly O'Connor	15:56.27	Dec 6, 2025	Sharon Colyear-Danville Season Opener	Boston, Mass. (6)

(1) Commonwealth Armory; (2) RCA Dome; (3) Dr. Conrad Worrill Track and Field Center at Gately Park; (4) Dempsey Indoor;

(5) Randal Tyson Track; (6) Track & Tennis Center; (7) Gilliam Indoor Stadium

TOP 10 TIMES - COLLEGIATE OUTDOOR SEASON

	<u>NAME</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>	<u>INFO</u>
1.	Sheila Reid	15:23.64	Apr 20, 2012	Mt. SAC Relays	Walnut, Calif. (1)	
2.	Sadie Sigfstead	15:33.68	May 31, 2025	NCAA East Preliminary	Jacksonville, Fla. (2)	S
3.	Sheila Reid	15:37.57	Jun 10, 2011	NCAA Championships	Des Moines, Iowa (3)	
4.	Tilly O'Connor	15:42.69	Mar 27, 2026	Raleigh Relays	Raleigh, N.C. (4)	
5.	Bogdana Mimic	15:44.15	Apr 20, 2012	Mt. SAC Relays	Walnut, Calif. (1)	
6.	Nicole Hutchinson	15:46.22	Mar 30, 2018	Raleigh Relays	Raleigh, N.C. (4)	
7.	Bogdana Mimic	15:48.49	Apr 15, 2011	Mt. SAC Relays	Walnut, Calif. (1)	IE
8.	Jen Rhines	15:49.83	Apr 14, 1995	Mt. SAC Relays	Walnut, Calif. (1)	
9.	Caroline Alcorta	15:51.13	May 11, 2019	BIG EAST Championships	New York, N.Y. (5)	
10.	Margaret Carroll	15:54.86	Apr 23, 2026	Penn Relays	Philadelphia, Pa. (6)	

(IE) Invitational Elite Section

(S) National Semifinal

(U) Unseeded Section

(1) Hilmer Lodge Stadium; (2) Visit Jax Track at Hodges Stadium; (3) Drake Stadium; (4) Paul Derr Track; (5) Icahn Stadium; (6) Franklin Field

TOP 10 ATHLETES - NCAA SEASON			TOP 10 ATHLETES - NCAA INDOOR			TOP 10 ATHLETES - NCAA OUTDOOR					
1.	Sonia O'Sullivan	15:17.28	1.25.1991	1.	Sonia O'Sullivan	15:17.28	1.25.1991	1.	Sheila Reid	15:23.64	4.20.2012
2.	Sheila Reid	15:23.64	4.20.2012	2.	Jen Rhines	15:41.12	3.10.1995	2.	Sadie Sigfstead	15:33.68	5.31.2025
3.	Sadie Sigfstead	15:33.68	5.31.2025	3.	Sadie Sigfstead	15:44.02	2.27.2026	3.	Tilly O'Connor	15:42.69	3.27.2026
4.	Jen Rhines	15:41.12	3.10.1995	4.	Caroline Alcorta	15:45.64	2.8.2019	4.	Bogdana Mimic	15:44.15	4.20.2012
5.	Tilly O'Connor	15:42.69	3.27.2026	5.	Carrie Tollefson	15:51.39	3.10.2000	5.	Nicole Hutchinson	15:46.22	3.30.2018
6.	Bogdana Mimic	15:44.15	4.20.2012	6.	Carole Zajac	15:53.78	3.12.1993	6.	Jen Rhines	15:49.83	4.14.1995
7.	Caroline Alcorta	15:45.64	2.8.2019	7.	Tilly O'Connor	15:56.27	12.6.2025	7.	Caroline Alcorta	15:51.13	5.11.2019
8.	Nicole Hutchinson	15:46.22	3.30.2018	8.	Frances Koons	15:58.92	3.13.2009	8.	Margaret Carroll	15:54.86	4.23.2026
9.	Carrie Tollefson	15:51.39	3.10.2000	9.	Margaret Carroll	16:01.51	12.6.2025	9.	Carole Zajac	15:56.36	4.13.1992
10.	Carole Zajac	15:53.78	3.12.1993	10.	Amanda Marino	16:04.77	3.13.2009	10.	Emma McGill	16:04.80	5.10.2024