

ALL TIME PERFORMANCE LIST

300 METERS

TOP 10 TIMES

	<u>NAME</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>	<u>INFO</u>
1.	Jessona McDonald	39.27	Jan 10, 2009	Penn State Relays	University Park, Pa. (1)	
2.	Shericka Ward	39.61	Dec 2, 2011	Jack Pyrah Invitational	Haverford, Pa. (2)	
3.	Celeste Halliday	39.63	Feb 22, 1986	BIG EAST Championships	Syracuse, N.Y. (3)	F
	Christie Verdier	39.63	Dec 5, 2009	Jack Pyrah Invitational	Haverford, Pa. (2)	
5.	Tiera Fletcher	40.00	Dec 7, 2003	Jack Pyrah Invitational	Haverford, Pa. (2)	
6.	Jessona McDonald	40.04	Jan 12, 2008	Penn State Relays	University Park, Pa. (1)	
7.	Kristen Mahon	40.15	Dec 7, 2007	Jack Pyrah Invitational	Haverford, Pa. (2)	
8.	Kristen Mahon	40.17	Dec 3, 2010	Jack Pyrah Invitational	Haverford, Pa. (2)	
9.	Jessona McDonald	40.20	Dec 7, 2007	Jack Pyrah Invitational	Haverford, Pa. (2)	
10.	Debbie Grant	40.30	Feb 17, 1985	BIG EAST Championships	Syracuse, N.Y. (3)	F

(F) Final

- (1) Horace Ashenfelter III Indoor Track
- (2) Alumni Gym
- (3) Carrier Dome

TOP 10 ATHLETES

	<u>NAME</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>	<u>INFO</u>
1.	Jessona McDonald	39.27	Jan 10, 2009	Penn State Relays	University Park, Pa. (1)	
2.	Shericka Ward	39.61	Dec 2, 2011	Jack Pyrah Invitational	Haverford, Pa. (2)	
3.	Celeste Halliday	39.63	Feb 22, 1986	BIG EAST Championships	Syracuse, N.Y. (3)	F
	Christie Verdier	39.63	Dec 5, 2009	Jack Pyrah Invitational	Haverford, Pa. (2)	
5.	Tiera Fletcher	40.00	Dec 7, 2003	Jack Pyrah Invitational	Haverford, Pa. (2)	
6.	Kristen Mahon	40.15	Dec 7, 2007	Jack Pyrah Invitational	Haverford, Pa. (2)	
7.	Debbie Grant	40.30	Feb 17, 1985	BIG EAST Championships	Syracuse, N.Y. (3)	F
8.	Shanice Grant	40.36	Dec 6, 2014	Jack Pyrah Invitational	Haverford, Pa. (2)	
9.	Varonica Johnson	40.38	Dec 7, 2013	Jack Pyrah Invitational	Haverford, Pa. (2)	
10.	Qualitra Brown	40.41	Dec 2, 2011	Jack Pyrah Invitational	Haverford, Pa. (2)	

(F) Final

- (1) Horace Ashenfelter III Indoor Track
- (2) Alumni Gym
- (3) Carrier Dome