

ALL TIME PERFORMANCE LIST

3000 METER STEEPLECHASE

TOP 10 TIMES

	<u>NAME</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>	<u>INFO</u>
1.	Lydia Oliveri	9:49.88	Jun 12, 2021	USATF New York Open & Masters Championship	New York, N.Y. (1)	U
2.	Lydia Oliveri	9:54.20	May 12, 2023	BIG EAST Championships	Villanova, Pa. (2)	
3.	Lydia Oliveri	9:56.57	Apr 7, 2023	Duke Invitational	Durham, N.C. (3)	
4.	Lydia Oliveri	9:57.34	May 14, 2021	BIG EAST Championships	Geneva, Ohio (4)	
5.	Anna Helwigh	9:58.13	May 13, 2022	BIG EAST Championships	Storrs, Conn. (5)	
6.	Lydia Oliveri	9:59.50	May 27, 2023	NCAA East Preliminary	Jacksonville, Fla. (6)	N
7.	Lydia Oliveri	10:01.65	Mar 25, 2022	Raleigh Relays	Raleigh, N.C. (7)	
8.	Lydia Oliveri	10:03.05	May 13, 2022	BIG EAST Championships	Storrs, Conn. (5)	
	<i>Lydia Oliveri</i>	<i>10:03.13</i>	<i>Jun 20, 2021</i>	<i>U.S. Olympic Team Trials</i>	<i>Eugene, Ore. (9)</i>	<i>O</i>
9.	Anna Helwigh	10:03.51	Apr 27, 2023	Penn Relays	Philadelphia, Pa. (8)	
10.	Lydia Oliveri	10:03.89	Apr 24, 2021	Philadelphia Metropolitan Collegiate Invitational	Philadelphia, Pa. (8)	
	<i>Lydia Oliveri</i>	<i>10:12.16</i>	<i>Jul 21, 2019</i>	<i>Pan American U20 Championships</i>	<i>San Jose, Costa Rica (10)</i>	<i>O</i>

(N) National Quarterfinal Round

(U) Competed unattached

(O) Time not recognized as an official collegiate mark due to being recorded outside the NCAA season; it is part of Villanova's historical record

(1) Icahn Stadium

(2) Villanova Stadium

(3) Morris Williams Stadium

(4) SPIRE Institute

(5) George J. Sherman Family Sports Complex

(6) Hodges Stadium

(7) Paul H. Derr Track

(8) Franklin Field

(9) Hayward Field

(10) Estadio Nacional

TOP 10 ATHLETES

	<u>NAME</u>	<u>MARK</u>	<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>	
1.	Lydia Oliveri	9:49.88	Jun 12, 2021	USATF New York Open & Masters Championship	New York, N.Y. (1)	U
2.	Anna Helwigh	9:58.13	May 13, 2022	BIG EAST Championships	Storrs, Conn. (2)	
3.	Sarah Morrison	10:12.4	May 2, 2009	BIG EAST Championships	Villanova, Pa. (3)	
4.	Ioana Parusheva	10:14.88	May 6, 2006	BIG EAST Championships	Storrs, Conn. (2)	
5.	Liz Haglund	10:17.12	May 3, 2008	BIG EAST Championships	Villanova, Pa. (3)	
6.	Zoe Mosher	10:24.26	May 1, 2026	Larry Ellis Invitational	Princeton, N.J. (4)	
7.	Ali Smith	10:24.52	Apr 1, 2011	Colonial Relays	Williamsburg, Va. (5)	
8.	Alex Harris	10:25.69	Apr 26, 2018	Penn Relays	Philadelphia, Pa. (6)	
9.	Liz Awtrey	10:26.32	May 19, 2001	ECAC Championship	Princeton, N.J. (4)	
10.	Alexandra Russo	10:39.41	May 12, 2017	BIG EAST Championships	Villanova, Pa. (3)	

(U) Competed unattached

(1) Icahn Stadium

(2) George J. Sherman Family Sports Complex

(3) Villanova Stadium

(4) Weaver Stadium

(5) Zable Stadium

(6) Franklin Field