## ALL TIME PERFORMANCE LIST

## **3000 METER STEEPLECHASE**

## **TOP 10 TIMES**

	NAME	MARK	DATE	<u>MEET</u>	<u>LOCATION</u>	<u>INFO</u>
	Amos Korir	8:18.57	Jun 6, 1981	Prefontaine Classic		0
1.	Amos Korir	8:23.13	Jun 2, 1979	NCAA Championships	Champaign, Ill. (1)	F
2.	Amos Korir	8:26.41	Jun 7, 1980	NCAA Championships	Austin, Texas (2)	F
	Amos Korir	8:29.3	Jul 14, 1979	British AA Meet		O
3.	Amos Korir	8:30.3	May 20, 1979	IC4A Championship	Philadelphia, Pa. (3)	
4.	Amos Korir	8:31.8	May 25, 1980	IC4A Championship	Philadelphia, Pa. (3)	
5.	Amos Korir	8:37.39	Apr 12, 1980	Dogwood Relays	Knoxville, Tenn. (4)	
6.	Amos Korir	8:39.8	Apr 4, 1981	Colonial Relays	Williamsburg, Va. (5)	U
7.	Amos Korir	8:40.0	Apr 14, 1979	Dogwood Relays	Knoxville, Tenn. (4)	
8.	Amos Korir	8:41.16	May 31, 1979	NCAA Championships	Champaign, Ill. (1)	P
9.	Vic Zwolak	8:42.0	Jun 20, 1964	NCAA Championships	Eugene, Ore. (6)	
	Vic Zwolak	8:43.6	Jul 21, 1963	USA vs. Poland		0
10.	Tom Donnelly	8:45.6	Jun 20, 1969	NCAA Championships	Knoxville, Tenn. (4)	

- (F) Final
- (P) Preliminary Heats
- (U) Competed Unattached
- (O) Time was recorded outside the NCAA season; it is considered in the Villanova records but is not recognized as an official collegiate mark
- (1) Memorial Stadium
- (2) Memorial Stadium
- (3) Franklin Field
- (4) Tom Black Track
- (5) Zable Stadium
- (6) Hayward Field

## **TOP 10 ATHLETES**

	NAME	MARK	DATE	<u>MEET</u>	<u>LOCATION</u>	<u>INFO</u>
1.	Amos Korir	8:23.13	Jun 2, 1979	NCAA Championships	Champaign, Ill. (1)	F
2.	Vic Zwolak	8:42.0	Jun 20, 1964	NCAA Championships	Eugene, Ore. (2)	
3.	Tom Donnelly	8:45.6	Jun 20, 1969	NCAA Championships	Knoxville, Tenn. (3)	
4.	Desmond McCormack	8:46.1	May 30, 1970	IC4A Championship	Philadelphia, Pa. (4)	
5.	Dan Lewis	8:48.28	May 1, 2010	BIG EAST Championships	Cincinnati, Ohio (5)	
6.	Pat Traynor	8:48.6	Jun 16, 1962	NCAA Championships	Eugene, Ore. (2)	
7.	Evan Addison	8:50.17	Apr 7, 2023	Duke Invitational	Durham, N.C. (6)	
8.	Jim Flynn	8:50.33	May 21, 1977	IC4A Championship	Philadelphia, Pa. (4)	
9.	Nick Steele	8:51.59	Apr 16, 2021	Virginia Challenge	Charlottesville, Va. (7)	
10.	John Hartnett	8:54.2	1973	IC4A Championship		

- (F) Final
- (1) Memorial Stadium
- (2) Hayward Field
- (3) Tom Black Track
- (4) Franklin Field
- (5) Gettler Stadium
- (6) Morris Williams Stadium
- (7) Lannigan Field