## ALL TIME PERFORMANCE LIST

## **10000 METERS**

## **TOP 10 TIMES**

	NAME	<b>MARK</b>	DATE	<u>MEET</u>	<u>LOCATION</u>	<u>INFO</u>
	Patrick Tiernan	27:59.74	Dec 8, 2016	Zatopek:10	Victoria, Australia (8)	0
1.	Sydney Maree	28:21.46	Apr 11, 1980	Dogwood Relays	Knoxville, Tenn. (1)	
2.	Sydney Maree	28:33.2	Apr 5, 1980	Colonial Relays	Richmond, Va. (2)	
3.	Haftu Strintzos	28:34.41	Apr 22, 2022	Virginia Challenge	Charlottesville, Va. (3)	I
4.	Amos Korir	28:35.2	Apr 5, 1980	Colonial Relays	Richmond, Va. (2)	
5.	Haftu Strintzos	28:36.71	Mar 24, 2023	Raleigh Relays	Raleigh, N.C. (4)	
6.	Jack Jennings	28:41.11	Mar 24, 2023	Raleigh Relays	Raleigh, N.C. (4)	
7.	Josh Phillips	28:41.65	Mar 24, 2023	Raleigh Relays	Raleigh, N.C. (4)	
8.	Haftu Strintzos	28:42.13	May 25, 2022	NCAA East Preliminary	Bloomingotn, Ind. (5)	S
9.	Haftu Strintzos	28:47.35	Jun 8, 2022	NCAA Championships	Eugene, Ore. (6)	F
10.	Haftu Strintzos	28:51.06	Jun 9, 2021	NCAA Championships	Eugene, Ore. (6)	F
	Donal Walsh	28:52.6	Aug 15, 1971	European Games		O

- (F) National Championship
- (I) Invitational Section
- (O) Time was recorded outside the NCAA season; it is considered in the Villanova records but is not recognized as an official collegiate mark
- (S) National Semifinal
- (1) Tom Black Track
- (2) Pitt Field
- (3) Lannigan Field
- (4) Paul Derr Track
- (5) Robert C. Haugh Track and Field Complex
- (6) Hayward Field

## **TOP 10 ATHLETES**

	NAME	MARK	DATE	<u>MEET</u>	LOCATION	<u>INFO</u>
1.	Sydney Maree	28:21.46	Apr 11, 1980	Dogwood Relays	Knoxville, Tenn. (1)	
2.	Haftu Strintzos	28:34.41	Apr 22, 2022	Virginia Challenge	Charlottesville, Va. (2)	
3.	Amos Korir	28:35.2	Apr 5, 1980	Colonial Relays	Richmond, Va. (3)	
4.	Jack Jennings	28:41.11	Mar 24, 2023	Raleigh Relays	Raleigh, N.C. (4)	
5.	Josh Phillips	28:41.65	Mar 24, 2023	Raleigh Relays	Raleigh, N.C. (4)	
6.	Donal Walsh	28:53.5	Jun 3, 1972	NCAA Championships	Eugene, Ore. (5)	
7.	Terrence Mahon	29:00.44	Apr 25, 1991	Penn Relays	Philadelphia, Pa. (6)	
8.	Ryan Cutter	29:00.45	Apr 28, 2022	Penn Relays	Philadelphia, Pa. (6)	
9.	Nick Sullivan	29:07.13	Mar 27, 2025	Raleigh Relays	Raleigh, N.C. (4)	
10.	Carev Pinkowski	29:12.30	Apr 11, 1980	Dogwood Relays	Knoxville, Tenn. (1)	

- (1) Tom Black Track
- (2) Lannigan Field
- (3) Pitt Field
- (4) Paul Derr Track
- (5) Hayward Field
- (6) Franklin Field
- (7) Cobb Track and Angell Field