

PENN RELAYS CHAMPIONS

4x120 Yard Shuttle Hurdles Relay (1)

Year	Name	Time
1961*	Villanova Doug Kerr Bob Coffill Charlie Hammock Leon Pras	1:00.8

4x220 Yard Relay (2)

Year	Name	Time
1961*	Villanova Joe Manion Paul Drayton Frank Budd Bob Raemore	1:24.8
1962*	Villanova Pat Nicastro Paul Drayton Bob Raemore Frank Budd	1:25.0

4x400 Meter Relay (2)

Year	Name	Time
1978	Villanova Keith Brown Derrek Harbour Glenn Bogue Tim Dale	3:04.5 46.6 46.3 46.4 45.2
1986	Villanova Grant Davis Tony Valentine Edwin Modibedi Charles Jenkins, Jr.	3:03.84 47.1 46.6 45.0 45.1



Mile Relay (4x440 Yards) (10)

Year	Name	Time
1955*	Villanova Jim Moran Eugene Maliff Warner Heitman Charles Jenkins	3:17.6 46.5
1956*	Villanova George Sydnor Rowland Simpson Ron Delany Charles Jenkins	3:11.9 48.9 48.5 48.4 46.1
1957*	Villanova Ed Collymore Charles Stead Ron Delany Charles Jenkins	3:12.7 48.0 46.7
1958*	Villanova George Sydnor Charles Stead Ron Delany Ed Collymore	3:11.8 48.9 48.6 48.3 46.0
1959*	Villanova Joe Manion Jim Blackburn Charles Stead Ed Collymore	3:11.8 49.1 49.7 46.7 46.3
1960*	Villanova Joe Manion Nick DeAngelis Bob Raemore Paul Drayton	3:12.2 49.3 47.7 47.8 47.4
1961*	Villanova Joe Manion Nick DeAngelis Bob Raemore Paul Drayton	3:14.3 49.8 50.0 47.1 47.4
1968	Villanova Hardge Davis Hal Nichter Ken Prince Larry James	3:06.1 47.6 47.2 47.4 43.9
1969	Villanova Hardge Davis Andy O'Reilly Lamotte Hyman Larry James	3:07.2 47.8 48.0 46.3 45.1
1970	Villanova Hardge Davis Greg Govan Lamotte Hyman Larry James	3:07.9 47.3 47.4 47.2 46.0

* denotes relay was run on a cinder track

BY THE NUMBERS

CHAMPIONSHIPS OF AMERICA

Distance Medley Relay	26
Sprint Medley Relay	14
4xMile Relay	14
4x800 Meter Relay	11
Mile Relay	10
Two Mile Relay	9
4x1500 Meter Relay	8
4x220 Yard Relay	2
4x400 Meter Relay	2
4x120 Yard Shuttle Hurdles Relay	1
TOTAL	97

NON-COA RELAY CHAMPIONS

Freshman Mile Relay	7
TOTAL	7

INDIVIDUAL CHAMPIONS

3000 Meter Steeplechase	3
Pole Vault	3
110 Meter Hurdles	2
120 Yard Hurdles	1
400 Meter Hurdles	1
440 Yard Hurdles	1
5000 Meters	1
High Jump	1
Long Jump	1
Triple Jump	1
Discus	1
Javelin	1
Decathlon	1
TOTAL	18

CHAMPIONSHIPS OF AMERICA

All-Time College Men

Villanova	97
Penn	56
Arkansas	43
Michigan	42
Tennessee	33
Penn State	32
Georgetown	28
NYU	25
LSU	24
Yale	24

Single Carnival College Men

Villanova, 1968	5
Villanova, 1969	5
Villanova, 1970	5
Villanova, 1978	5

Villanova, 1964	4
Villanova, 1979	4
Villanova, 1980	4
Pittsburgh, 1939	4
Michigan, 1945	4

All-Time College Men/Women Combined

Villanova	138
LSU	70
Penn	57
Tennessee	54
Michigan	48

PENN RELAYS CHAMPIONS

Sprint Medley Relay (14)

Year	Name	Time
1955*	Villanova Jim Moran Warner Heitman Eugene Maliff Charles Jenkins	3:26.3 50.5 1:51.7
1956*	Villanova Charles Jenkins George Sydnor Eugene Maliff Ron Delany	3:25.0 47.6 1:54.2
1957*	Villanova Charles Jenkins Al Peterson Eugene Maliff Ron Delany	3:24.3
1958*	Villanova Ed Collymore Charles Stead George Sydnor Ron Delany	3:22.5 47.4 1:52.4
1963*	Villanova Don Webster Ron Hangey Marshall Uzzle Noel Carroll	3:20.1 47.8 1:49.3
1964*	Villanova Stan Kozlowski Earl Horner Marshall Uzzle Noel Carroll	3:23.4
1968	Villanova Larry James Bob Whitehead Erv Hall Dave Patrick	3:18.1 46.2 1:49.9
1969	Villanova Larry James Hardge Davis Dave Dender Frank Murphy	3:17.0 45.3 1:49.4
1970	Villanova Larry James Hardge Davis Lamotte Hyman Andy O'Reilly	3:19.0 46.3 1:50.1
1977	Villanova Tim Dale Keith Brown Derrek Harbour Mark Belger	3:15.3 47.6 1:46.2

Sprint Medley Relay

Year	Name	Time
1978	Villanova Tim Dale Keith Brown Al Graves Mark Belger	3:14.7 45.5 21.0 20.8 1:47.4
1979	Villanova Keith Brown Al Graves Tim Dale Don Paige	3:16.45 47.5 1:47.0
1980	Villanova Anthony Tufariello Rodney Wilson Carlton Young Don Paige	3:17.90 49.2 21.2 20.6 1:46.2
1982	Villanova Carlton Young Rodney Wilson Jim Adams John Marshall	3:16.84 46.0 1:48.5

* denotes relay was run on a cinder track

CAREER COA TITLES

10 Mark Belger
9 Eamonn Coghlan, Ron Delany, Marty Liquori, Don Paige
8 Charles Jenkins, Chris Mason, Frank Murphy, Ken Schappert
7 Sydney Maree, Dave Patrick
6 Ed Collymore, Michael England, John Hartnett, Larry James, Phil Kane, Marcus O'Sullivan
5 Noel Carroll, Hardge Davis, Tom Gregan, John Hunter, Brian McElroy, Tom Sullivan, Anthony Tufariello
4 Al Adams, Keith Brown, Tim Dale, Paul Drayton, Greg Govan, Ian Hamilton, Lamotte Hyman, Eugene Maliff, Joe Manion, Charles Messenger, Andy O'Reilly, Jim Orr, Bob Rae-more, Charles Stead, George Sydnor
3 Glenn Bogue, John Burns, Dean Childs, Tom Donnelly, Greg Eckman, Al Graves, Amos Korir, John Marshall, Liam Murphy , Wilson Smith, Brad Sumner, Dave Wright, Carlton Young, Vic Zwolak
2 Alex Breckenridge, Frank Budd, Dick Buerkle, Casey Comber, Nick DeAngelis, Sean Dolan , Sean Donoghue , Samuel Ellison, Matthew Gibney, Derrek Harbour, Bill Heidelberger, Warner Heitman, Dave Hyland, Finn Kelly, George Mackay, Ben Malone, Allan McCafferty, Jim Moran, Craig Nation, Charlie O'Donovan , Louie Quintana, Mike Seeger, Rowland Simpson, Ed Takacs, Marshall Uzzle, Bob Whitehead, Jordy Williamsz, Rodney Wilson
1 Jim Adams, Jason Apwah, Jim Blackburn, Adrian Blincoe, John Borgese, Jerry Bouma, Carlton Bowers, Mike Brown, Bob Coffill, Grant Davis, Kevin Davis, Vic DeMaio, Rob Denault, Dave Dender, Ross Donoghue, Mark Fallon, Brian Faust, Jim Flynn, Jack Garniewski, Bob Godeski, Mike Going, Jerry Hackett, Erv Hall, Charlie Hammock, Ron Hangey, Bruce Harris, Ryan Hayden, Earl Horner, Quentin Howe, Jason Jabaut, Al Jackman, Charles Jenkins, Jr., Doug Kerr, John Keyworth, Stan Kozlowski, Ville Lampinen, Josh Lampron, Marco Langon , Elvis Lewis, Ken Lucks, Andrew Marston, Sam McEntee, Edwin Modibedi, Les Nagy, Ken Nason, Pat Nicastro, Hal Nichter, Brian O'Keefe, Sean O'Neill, Aidan O'Regan, Al Peterson, Carey Pinkowski, Leon Pras, Ken Prince, Luke Rakowitz , Paul Rowbotham, Dusty Solis, Brian Tetreault, Patrick Tiernan, Pat Traynor, Gary Troganowski, Sean Tully, Tony Valentine, Dan Watcke , Kyle Watson, Don Webster, Logan Wetzell

PENN RELAYS CHAMPIONS

4x800 Meter Relay (11)

Year	Name	Time
1976	Villanova George Mackay Phil Kane Eamonn Coghlan Mark Belger	7:18.0 1:50.8 1:50.9 1:49.3 1:47.0
1977	Villanova Mark Fallon Ed Takacs Phil Kane Mark Belger	7:16.3 1:51.3 1:49.7 1:47.7 1:47.6
1978	Villanova John Burns Anthony Tufariello Don Paige Mark Belger	7:17.8 1:52.3 1:51.3 1:47.3 1:46.9
1979	Villanova Michael England Amos Korir Anthony Tufariello Don Paige	7:20.30 1:51.1 1:50.5 1:48.9 1:49.8
1980	Villanova Michael England Sydney Maree John Hunter Don Paige	7:18.28 1:50.3 1:52.1 1:50.1 1:45.8
1982	Villanova Marcus O'Sullivan Michael England John Hunter John Marshall	7:12.29 1:50.2 1:46.6 1:46.5 1:49.0
1984	Villanova Kevin Davis John Borgese Marcus O'Sullivan John Marshall	7:15.17 1:50.1 1:49.2 1:48.3 1:47.5
1989	Villanova Quentin Howe Mike Seeger Bruce Harris Paul Rowbotham	7:20.14 1:51.3 1:49.5 1:50.1 1:49.3
1991	Villanova Aidan O'Regan Finn Kelly Mike Seeger Brad Sumner	7:15.55 1:52.6 1:47.1 1:46.9 1:49.0
1992	Villanova Kyle Watson Finn Kelly Louie Quintana Brad Sumner	7:21.93 1:53.1 1:48.2 1:50.9 1:49.7

4x800 Meter Relay

Year	Name	Time
2014	Villanova Josh Lampron Dusty Solis Jordy Williamsz Samuel Ellison	7:16.58 1:51.79 1:49.45 1:48.77 1:46.57

Two Mile Relay (4x880 Yards)

Year	Name	Time
1964*	Villanova Vic Zwolak Jim Orr Al Adams Tom Sullivan	7:31.7 1:55.7 1:53.7 1:51.5 1:51.2
1965*	Villanova Jim Orr Al Adams Tom Sullivan Noel Carroll	7:26.1 1:52.4 1:52.4 1:51.0 1:50.3
1966*	Villanova Alan McCafferty Craig Nation Ian Hamilton Dave Patrick	7:39.3 1:58.7 1:56.0 1:51.9 1:53.0
1968	Villanova Craig Nation Charles Messenger Frank Murphy Dave Patrick	7:21.8 1:50.5 1:52.1 1:49.1 1:50.1
1969	Villanova Andy O'Reilly Chris Mason Marty Liquori Frank Murphy	7:20.1 1:51.3 1:49.0 1:50.3 1:49.5
1970	Villanova Wilson Smith Andy O'Reilly Chris Mason Marty Liquori	7:28.1 1:53.3 1:55.5 1:51.2 1:48.1
1971	Villanova Ken Schappert Dave Wright Chris Mason Marty Liquori	7:25.5 1:54.3 1:52.6 1:50.1 1:48.7
1973	Villanova John Hartnett Tom Gregan Brian McElroy Ken Schappert	7:25.7 1:53.7 1:52.1 1:50.3 1:49.6
1975	Villanova Phil Kane Eamonn Coghlan Ken Schappert Mark Belger	7:28.4 1:53.5 1:51.9 1:51.6 1:51.4

* denotes relay was run on a cinder track

AWARD WINNERS

ATHLETE OF THE MEET

College Men's Athlete of the Meet (Relays)
1962Pat Traynor
1965Noel Carroll
1966Dave Patrick
1968Frank Murphy
1973John Hartnett
1975Eamonn Coghlan
1976Eamonn Coghlan
1977Mark Belger
1978Mark Belger
1980Don Paige
1981Sydney Maree
1982John Marshall
1993Louie Quintana
2009Matthew Gibney
2024Liam Murphy

WALL OF FAME RELAY TEAMS

1958 Mile Relay3:11.8 <i>Inducted 2011</i> George Sydnor, Charles Stead, Ron Delany, Ed Collymore
1965 Two Mile Relay7:26.1 <i>Inducted 2015</i> Jim Orr, Al Adams, Tom Sullivan, Noel Carroll
1966 Distance Medley Relay9:46.4 <i>Inducted 2016</i> Allan McCafferty, Bill Heidelberg, Ian Hamilton, Dave Patrick
1968 4xMile Relay16:27.4 <i>Inducted 2020</i> Ian Hamilton, Tom Donnelly, Charles Messenger, Frank Murphy
1969 Two Mile Relay7:20.1 <i>Inducted 2013</i> Andy O'Reilly, Chris Mason, Marty Liquori, Frank Murphy
1974 4xMile Relay16:10.6 <i>Inducted 2005</i> Tom Gregan, Brian McElroy, Eamonn Coghlan, John Hartnett
1975 Distance Medley Relay9:28.2 <i>Inducted 1995</i> Ken Schappert, Greg Eckman, Tom Gregan, Eamonn Coghlan
1982 4x800 Meter Relay7:12.29 <i>Inducted 1994</i> Marcus O'Sullivan, Michael England, John Hunter, John Marshall
1987 Distance Medley Relay9:21.02 <i>Inducted 2007</i> Sean O'Neill, Edwin Modibedi, Bruce Harris, Gerry O'Reilly

The Penn Relays Wall of Fame is located on the back turn of the Franklin Field track and was started in 1994 on the 100th anniversary of the Relays

PENN RELAYS CHAMPIONS

Distance Medley Relay (26)

Pre-19761320y-440y-880y-Mile
1976 Only800m, 400m, 1300m, 1500m
1977-present.....1200m, 400m, 800m, 1600m

<u>Year</u>	<u>Name</u>	<u>Time</u>
1956*	Villanova	9:58.1
	Charles Jenkins	1:56.0
	Rowland Simpson	48.3
	Alex Breckenridge	3:04.2
	Ron Delany	4:09.6
1957*	Villanova	10:10.7
	Charles Jenkins	
	Ed Collymore	
	Alex Breckenridge	
	Ron Delany	4:19.3
1958*	Villanova	9:55.3
	Vic DeMaio	
	Ed Collymore	47.6
	Bob Godesky	
	Ron Delany	4:06.5
1962*	Villanova	10:04.7
	Al Adams	1:54.3
	Al Jackman	49.5
	Jerry Hackett	3:05.8
	Pat Traynor	4:15.0
1964*	Villanova	9:55.8
	Noel Carroll	1:50.3
	Al Adams	48.7
	Tom Sullivan	3:03.1
	Vic Zwolak	4:13.7
1966*	Villanova	9:46.4
	Alan McCafferty	1:53.3
	Bill Heidelberger	48.2
	Ian Hamilton	3:00.3
	Dave Patrick	4:04.6
1967	Villanova	9:39.6
	Frank Murphy	1:50.3
	Bill Heidelberger	48.3
	Charles Messenger	2:56.2
	Dave Patrick	4:04.8
1968	Villanova	9:37.9
	Ian Hamilton	1:50.9
	Bob Whitehead	48.9
	Frank Murphy	2:53.0
	Dave Patrick	4:05.3
1969	Villanova	9:38.2
	Chris Mason	1:50.9
	Lamotte Hyman	47.3
	Frank Murphy	2:57.1
	Marty Liquori	4:02.9
1970	Villanova	9:38.5
	Wilson Smith	1:51.5
	Greg Govan	47.0
	Chris Mason	2:56.1
	Marty Liquori	4:03.9

Distance Medley Relay

<u>Year</u>	<u>Name</u>	<u>Time</u>
1971	Villanova	9:44.1
	Wilson Smith	1:55.4
	Greg Govan	48.4
	Chris Mason	2:56.2
	Marty Liquori	4:04.1
1972	Villanova	9:37.5
	Ken Schappert	1:51.2
	Greg Govan	47.4
	Tom Gregan	2:55.5
	John Hartnett	4:03.4
1973	Villanova	9:43.6
	Brian McElroy	1:50.9
	Jack Garniewski	48.6
	Ken Schappert	2:58.4
	John Hartnett	4:05.7
1974	Villanova	9:36.8
	Brian McElroy	1:50.9
	Greg Eckman	47.9
	Eamonn Coghlan	2:55.8
	John Hartnett	4:02.2
1975	Villanova	9:28.2
	Ken Schappert	1:49.6
	Greg Eckman	46.7
	Tom Gregan	2:55.6
	Eamonn Coghlan	3:56.3
1976	Villanova	9:28.8
	Mark Belger	1:48.4
	Greg Eckman	47.4
	Phil Kane	3:14.2
	Eamonn Coghlan	3:38.8
1977	Villanova	9:28.5
	Ed Takacs	1:52.9
	Glenn Bogue	45.8
	Mark Belger	2:50.1
	Phil Kane	3:59.7
1978	Villanova	9:37.8
	Anthony Tufariello	1:51.5
	Glenn Bogue	46.7
	Mark Belger	2:57.3
	Don Paige	4:02.3
1979	Villanova	9:29.90
	Michael England	1:50.7
	Al Graves	47.4
	Don Paige	2:52.5
	Sydney Maree	3:59.3
1980	Villanova	9:24.20
	Don Paige	2:51.6
	Anthony Tufariello	46.8
	Michael England	1:48.4
	Sydney Maree	3:57.4

* denotes relay was run on a cinder track

Distance Medley Relay

<u>Year</u>	<u>Name</u>	<u>Time</u>
1981	Villanova	9:36.78
	John Hunter	2:54.5
	Carlton Young	46.5
	Marcus O'Sullivan	1:51.1
	Sydney Maree	4:04.7
2001	Villanova	9:30.48
	Ryan Hayden	2:55.6
	Mike Brown	46.7
	Jason Jabaut	1:49.8
	Adrian Blincoe	3:58.4
2009	Villanova	9:30.81
	Sean Tully	2:56.7
	Elvis Lewis	46.3
	Jason Apwah	1:49.4
	Matthew Gibney	3:58.4
2011	Villanova	9:37.93
	Brian Tetreault	2:57.86
	Carlton Bowers	46.89
	Samuel Ellison	1:51.02
	Matthew Gibney	4:02.16
2018	Villanova	9:34.37
	Ben Malone	2:58.34
	Brian Faust	46.48
	Ville Lampinen	1:49.78
	Casey Comber	3:59.79
2024	Villanova	9:35.90
	Sean Dolan	3:00.27
	Luke Rakowitz	47.67
	Dan Watcke	1:48.34
	Liam Murphy	3:59.63

AWARD WINNERS

WALL OF FAME ATHLETES

<u>Induction Year</u>	<u>Athlete</u>
1994	Mark Belger
1994	Ron Delany
1994	Charles Jenkins
1994	Marty Liquori
1995	Larry James
1995	Don Webster
1996	Don Paige
1998	Don Bragg
1999	Vic Zwolak
2000	Ed Collymore
2001	John Hartnett
2002	Dave Patrick
2003	Sydney Maree
2005	Ken Schappert
2008	Frank Murphy
2010	John Marshall
2011	Chris Mason
2017	Brian McElroy

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PENN RELAYS CHAMPIONS

4x1500 Meter Relay (8)

Year	Name	Time
1976	Villanova	15:03.0
	Gary Troganowski	3:48.0
	George Mackay	3:45.8
	Phil Kane	3:46.7
	Eamonn Coghlan	3:42.5
1978	Villanova	15:07.1
	Dean Childs	3:47.9
	Jim Flynn	3:47.4
	John Burns	3:44.0
	Don Paige	3:47.8
1979	Villanova	14:59.35
	Dean Childs	3:48.6
	John Burns	3:45.8
	Amos Korir	3:44.3
	Sydney Maree	3:40.7
1980	Villanova	15:01.35
	Carey Pinkowski	3:49.1
	Dean Childs	3:46.5
	Amos Korir	3:46.4
	Sydney Maree	3:39.4
1981	Villanova	15:01.96
	Ken Lucks	3:49.7
	Marcus O'Sullivan	3:48.3
	John Hunter	3:43.8
	Sydney Maree	3:40.2
1982	Villanova	15:02.80
	Michael England	3:44.7
	Marcus O'Sullivan	3:46.1
	Ross Donoghue	3:50.1
	John Hunter	3:41.9
1984	Villanova	14:52.81
	Sean O'Neill	3:47.6
	Brian O'Keeffe	3:42.7
	John Keyworth	3:43.9
	Marcus O'Sullivan	3:38.6
1993	Villanova	15:00.23
	Ken Nason	3:46.7
	Mike Going	3:46.0
	Brad Sumner	3:43.8
	Louie Quintana	3:43.7

CHRONOLOGY

ALL EVENTS WON BY YEAR

(Championships of America denoted by a *)

1932.....	Freshman Mile Relay
1933.....	Triple Jump
1946.....	440 Yard Hurdles
1951.....	Discus
1955.....	Mile Relay*
1955.....	Sprint Medley Relay*
1955.....	Freshman Mile Relay
1955.....	Pole Vault
1956.....	Mile Relay*
1956.....	Sprint Medley Relay*
1956.....	Distance Medley Relay*
1956.....	Freshman Mile Relay
1956.....	Pole Vault
1957.....	Mile Relay*
1957.....	Sprint Medley Relay*
1957.....	Distance Medley Relay*
1957.....	Pole Vault
1958.....	Mile Relay*
1958.....	Sprint Medley Relay*
1958.....	Distance Medley Relay*
1958.....	High Jump
1959.....	Mile Relay*
1959.....	Freshman Mile Relay
1960.....	Mile Relay*
1961.....	4x120 Yard Shuttle Hurdles Relay*
1961.....	4x220 Yard Relay*
1961.....	Mile Relay*
1962.....	4x220 Yard Relay*
1962.....	Distance Medley Relay*
1962.....	Freshman Mile Relay
1962.....	3000 Meter Steeplechase
1963.....	Sprint Medley Relay*
1963.....	3000 Meter Steeplechase
1964.....	Mile Relay*
1964.....	Two Mile Relay*
1964.....	Distance Medley Relay*
1964.....	4xMile Relay*
1964.....	3000 Meter Steeplechase
1965.....	Two Mile Relay*
1965.....	4xMile Relay*
1966.....	Two Mile Relay*
1966.....	Distance Medley Relay*
1967.....	Distance Medley Relay*
1967.....	4xMile Relay*
1967.....	Freshman Mile Relay
1967.....	120 Yard Hurdles
1968.....	Mile Relay*
1968.....	Sprint Medley Relay*
1968.....	Two Mile Relay*
1968.....	Distance Medley Relay*
1968.....	4xMile Relay*
1968.....	Freshman Mile Relay
1968.....	Javelin
1969.....	Mile Relay*
1969.....	Sprint Medley Relay*
1969.....	Two Mile Relay*
1969.....	Distance Medley Relay*
1969.....	4xMile Relay*

PENN RELAYS CHAMPIONS

4xMile Relay

(14)

Year	Name	Time
1964*	Villanova	16:50.7
	Dave Hyland	4:14.6
	Jim Orr	4:16.3
	Tom Sullivan	4:12.5
	Vic Zwolak	4:07.3
1965*	Villanova	16:39.4
	Dave Hyland	4:10.2
	Jim Orr	4:13.2
	Noel Carroll	4:10.3
	Tom Sullivan	4:05.7
1967	Villanova	16:39.7
	Frank Murphy	4:07.0
	Tom Donnelly	4:08.9
	Charles Messenger	4:13.8
	Dave Patrick	4:10.1
1968	Villanova	16:27.4
	Ian Hamilton	4:12.2
	Tom Donnelly	4:04.2
	Charles Messenger	4:06.9
	Frank Murphy	4:04.1
1969	Villanova	16:37.9
	Tom Donnelly	4:10.0
	Dick Buerkle	4:07.9
	Chris Mason	4:08.8
	Marty Liquori	4:11.2
1970	Villanova	16:40.2
	Dave Wright	4:07.9
	Dick Buerkle	4:05.5
	Chris Mason	4:14.9
	Marty Liquori	4:11.9
1971	Villanova	16:43.7
	Jerry Bouma	4:12.3
	Les Nagy	4:11.3
	Dave Wright	4:12.2
	Marty Liquori	4:07.9
1973	Villanova	16:31.7
	Eamonn Coghlan	4:09.9
	Brian McElroy	4:06.4
	Ken Schappert	4:11.7
	John Hartnett	4:03.7
1974	Villanova	16:10.6
	Tom Gregan	4:05.4
	Brian McElroy	4:04.2
	Eamonn Coghlan	4:00.9
	John Hartnett	4:00.1
1975	Villanova	16:27.4
	Mark Belger	4:08.6
	Ken Schappert	4:12.0
	Tom Gregan	4:07.2
	Eamonn Coghlan	3:59.6

4xMile Relay

Year	Name	Time
2015	Villanova	16:18.07
	Sam McEntee	4:02.0
	Rob Denault	4:01.4
	Patrick Tiernan	4:01.1
	Jordy Williamsz	4:13.6
2018	Villanova	16:23.75
	Logan Wetzel	4:09.0
	Ben Malone	4:04.6
	Andrew Marston	4:05.7
	Casey Comber	4:04.5
2023	Villanova	16:14.03
	Sean Donoghue	4:01.24
	Charlie O'Donovan	4:01.80
	Sean Dolan	4:00.81
	Liam Murphy	4:10.20
2024	Villanova	15:51.91
	Sean Donoghue	3:59.32
	Charlie O'Donovan	4:00.09
	Marco Langon	3:58.18
	Liam Murphy	3:54.32

* denotes relay was run on a cinder track

CHRONOLOGY

ALL EVENTS WON BY YEAR

(Championships of America denoted by a *)

1970.....	Mile Relay*
1970.....	Sprint Medley Relay*
1970.....	Two Mile Relay*
1970.....	Distance Medley Relay*
1970.....	4xMile Relay*
1971.....	Two Mile Relay*
1971.....	Distance Medley Relay*
1971.....	4xMile Relay*
1972.....	Distance Medley Relay*
1973.....	Two Mile Relay*
1973.....	Distance Medley Relay*
1973.....	4xMile Relay*
1974.....	Distance Medley Relay*
1974.....	4xMile Relay*
1975.....	Two Mile Relay*
1975.....	Distance Medley Relay*
1975.....	4xMile Relay*
1976.....	4x800 Meter Relay*
1976.....	Distance Medley Relay*
1976.....	4x1500 Meter Relay*
1977.....	Sprint Medley Relay*
1977.....	4x800 Meter Relay*
1977.....	Distance Medley Relay*
1978.....	4x400 Meter Relay*
1978.....	Sprint Medley Relay*
1978.....	4x800 Meter Relay*
1978.....	Distance Medley Relay*
1978.....	4x1500 Meter Relay*
1979.....	Sprint Medley Relay*
1979.....	4x800 Meter Relay*
1979.....	Distance Medley Relay*
1979.....	4x1500 Meter Relay*
1980.....	Sprint Medley Relay*
1980.....	4x800 Meter Relay*
1980.....	Distance Medley Relay*
1980.....	4x1500 Meter Relay*
1980.....	110 Meter Hurdles
1981.....	Distance Medley Relay*
1981.....	4x1500 Meter Relay*
1981.....	110 Meter Hurdles
1982.....	Sprint Medley Relay*
1982.....	4x800 Meter Relay*
1982.....	4x1500 Meter Relay*
1984.....	4x800 Meter Relay*
1984.....	4x1500 Meter Relay*
1986.....	4x400 Meter Relay*
1989.....	4x800 Meter Relay*
1991.....	4x800 Meter Relay*
1992.....	4x800 Meter Relay*
1993.....	4x1500 Meter Relay*
1993.....	Decathlon
2000.....	400 Meter Hurdles
2001.....	Distance Medley Relay*
2009.....	Distance Medley Relay*
2011.....	Distance Medley Relay*
2014.....	4x800 Meter Relay*
2015.....	4xMile Relay*
2015.....	Long Jump
2018.....	Distance Medley Relay*
2018.....	4xMile Relay*

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Freshman Mile Relay (7)

Year	Name	Time
1932*	Villanova	3:26.0
	Frank Gleason	53.0
	Alexander Kramer	52.2
	Jim Elliott	51.0
	Dick Womer	49.8
1955*	Villanova	3:18.4
	George Sydnor	
	Walter Budney	
	Rowland Simpson	48.1
	Rob Delany	48.7
1956*	Villanova	3:19.0
	William Rahn	
	Vic DeMaio	
	Charles Stead	
	Ed Collymore	
1959*	Villanova	3:16.1
	Paul Drayton	49.6
	Pat Nicastro	48.9
	Bob Raemore	47.9
	Bob Coffill	49.7
1962*	Villanova	3:17.4
	Marshall Uzzle	
	Noel Carroll	
	Stan Kowzowski	
	Don Webster	
1967	Villanova	3:13.3
	Mike Garvey	
	Andy O'Reilly	
	Hardge Davis	
	Larry James	46.6
1968	Villanova	3:15.3
	Joe Kurzrok	49.4
	Marty Liquori	49.5
	Jim Sweizer	48.8
	Lamotte Hyman	47.8

* denotes relay was run on a cinder track

** prior to 1951 race was run around one curve

(w) denotes a wind-aided mark

110 Meter Hurdles (2)

Year	Name	Time
1980	Rodney Wilson	13.7
1981	Rodney Wilson	13.89

120 Yard Hurdles (1)

Year	Name	Time
1967	Erv Hall	13.6

400 Meter Hurdles (1)

Year	Name	Time
2000	Mike Brown	50.54

440 Yard Hurdles (1)

Year	Name	Time
1946*	John DiCarlo	55.1**

3000 Meter Steeplechase (3)

Year	Name	Time
1962*	Pat Traynor	9:11.1
1963*	Pat Traynor	8:57.1
1964*	Vic Zwolak	9:12.9

5000 Meters (1)

Year	Name	Time
2023	Josh Phillips	13:45.85

High Jump (1)

Year	Name	Mark
1958	Phil Reavis	2.03m

Pole Vault (3)

Year	Name	Mark
1955	Don Bragg	4.38m
1956 (tie)	Don Bragg	4.29m
1957	Don Bragg	4.41m

Long Jump (1)

Year	Name	Mark
2015	Elbert Maxwell	7.62m (w)

Triple Jump (1)

Year	Name	Mark
1933	Carl Hickey	13.46m

Discus (1)

Year	Name	Mark
1951	Cummin Clancy	49.35m

Javelin (1)

Year	Name	Mark
1968	Jim Shillow	73.60m

Decathlon (1)

Year	Name	Points
1993	David Cook	7,520

CHRONOLOGY

ALL EVENTS WON BY YEAR

(Championships of America denoted by a *)

2023	5000 Meters
2023	4xMile Relay*
2024	Distance Medley Relay*
2024	4xMile Relay*

PENN RELAYS CHAMPIONS

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Al Adams (4)

Year	Event	Leg	Split
1962	Distance Medley Relay	880	1:54.3
1964	Distance Medley Relay	440	48.7
1964	Two Mile Relay	3rd	1:51.5
1965	Two Mile Relay	2nd	1:52.4

Jim Adams (1)

Year	Event	Leg
1982	Sprint Medley Relay	200-2

Jason Apwah (1)

Year	Event	Leg	Split
2009	Distance Medley Relay	800	1:49.4

Mark Belger (10)

Year	Event	Leg	Split
1975	Two Mile Relay	4th	1:51.4
1975	4xMile	1st	4:08.6
1976	4x800 Meter Relay	4th	1:47.0
1976	Distance Medley Relay	800	1:48.4
1977	Sprint Medley Relay	800	1:46.2
1977	4x800 Meter Relay	4th	1:47.6
1977	Distance Medley Relay	1200	2:50.1
1978	Sprint Medley Relay	800	1:47.4
1978	4x800 Meter Relay	4th	1:46.9
1978	Distance Medley Relay	1200	2:57.3

Jim Blackburn (1)

Year	Event	Leg	Split
1959	Mile Relay	2nd	49.7

Adrian Blincoe (1)

Year	Event	Leg	Split
2001	Distance Medley Relay	1600	3:58.4

Glenn Bogue (3)

Year	Event	Leg	Split
1977	Distance Medley Relay	400	45.8
1978	4x400 Meter Relay	3rd	46.4
1978	Distance Medley Relay	400	46.7

John Borgese (1)

Year	Event	Leg	Split
1984	4x800 Meter Relay	2nd	1:49.2

Jerry Bouma (1)

Year	Event	Leg	Split
1971	4xMile Relay	1st	4:12.3

Carlton Bowers (1)

Year	Event	Leg	Split
2011	Distance Medley Relay	400	46.89

Alex Breckenridge (2)

Year	Event	Leg	Split
1956	Distance Medley Relay	1320	3:04.2
1957	Distance Medley Relay	1320	

Keith Brown (4)

Year	Event	Leg	Split
1977	Sprint Medley Relay	200-1	
1978	4x400 Meter Relay	1st	46.6
1978	Sprint Medley Relay	200-1	21.0
1979	Sprint Medley Relay	400	47.5

Mike Brown (1)

Year	Event	Leg	Split
2001	Distance Medley Relay	400	46.7

Frank Budd (2)

Year	Event	Leg
1961	4x220 Yard Relay	3rd
1962	4x220 Yard Relay	4th

Dick Buerkle (2)

Year	Event	Leg	Split
1969	4xMile Relay	2nd	4:07.9
1970	4xMile Relay	2nd	4:05.5

John Burns (3)

Year	Event	Leg	Split
1978	4x800 Meter Relay	1st	1:52.3
1978	4x1500 Meter Relay	3rd	3:44.0
1979	4x1500 Meter Relay	2nd	3:45.8

Noel Carroll (5)

Year	Event	Leg	Split
1963	Sprint Medley Relay	4th	1:49.3
1964	Sprint Medley Relay	4th	
1964	Distance Medley Relay	880	1:50.3
1965	Two Mile Relay	4th	1:50.3
1965	4xMile Relay	3rd	4:10.3

Dean Childs (3)

Year	Event	Leg	Split
1978	4x1500 Meter Relay	1st	3:47.9
1979	4x1500 Meter Relay	1st	3:48.6
1980	4x1500 Meter Relay	2nd	3:46.5

Bob Coffill (1)

Year	Event	Leg
1961	4x120y Shuttle Hurdles	2nd

Eamonn Coghlan (9)

Year	Event	Leg	Split
1973	4xMile Relay	1st	4:09.9
1974	Distance Medley Relay	1320	2:55.8
1974	4xMile Relay	3rd	4:00.9
1975	Two Mile Relay	2nd	1:51.9
1975	Distance Medley Relay	Mile	3:56.3
1975	4xMile Relay	4th	3:59.6
1976	4x800 Meter Relay	3rd	1:49.3
1976	Distance Medley Relay	1500	3:38.8
1976	4x1500 Meter Relay	4th	3:42.5

Ed Collymore (6)

Year	Event	Leg	Split
1957	Mile Relay	1st	
1957	Distance Medley Relay	440	
1958	Mile Relay	4th	46.0
1958	Sprint Medley Relay	1st	47.4
1958	Distance Medley Relay	440	47.6
1959	Mile Relay	4th	46.3

Casey Comber (2)

Year	Event	Leg	Split
2018	Distance Medley Relay	1600	3:59.79
2018	4xMile Relay	4th	4:04.5

Tim Dale (4)

Year	Event	Leg	Split
1977	Sprint Medley Relay	400	47.6
1978	4x400 Meter Relay	4th	45.2
1978	Sprint Medley Relay	400	45.5
1979	Sprint Medley Relay	200-2	

Grant Davis (1)

Year	Event	Leg	Split
1986	4x400 Meter Relay	1st	47.1

Hardge Davis (5)

Year	Event	Leg	Split
1968	Mile Relay	1st	47.6
1969	Mile Relay	1st	47.8
1969	Sprint Medley Relay	220-1	
1970	Mile Relay	1st	47.3
1970	Sprint Medley Relay	220-1	

Kevin Davis (1)

Year	Event	Leg	Split
1984	4x800 Meter Relay	1st	1:50.1

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Nick DeAngelis (2)

Year	Event	Leg	Split
1960	Mile Relay	2nd	47.7
1961	Mile Relay	2nd	50.0

Ron Delany (9)

Year	Event	Leg	Split
1956	Mile Relay	3rd	48.4
1956	Sprint Medley Relay	880	1:54.2
1956	Distance Medley Relay	Mile	4:09.6
1957	Mile Relay	3rd	48.0
1957	Sprint Medley Relay	880	
1957	Distance Medley Relay	Mile	4:19.3
1958	Mile Relay	3rd	48.3
1958	Sprint Medley Relay	880	1:52.4
1958	Distance Medley Relay	Mile	4:06.5

Vic DeMaio (1)

Year	Event	Leg
1958	Distance Medley Relay	880

Rob Denault (1)

Year	Event	Leg	Split
2015	4xMile Relay	2nd	4:01.4

Dave Dender (1)

Year	Event	Leg
1969	Sprint Medley Relay	220-2

Sean Dolan (2)

Year	Event	Leg	Split
2023	4xMile Relay	3rd	4:00.81
2024	Distance Medley Relay	1200	3:00.27

Tom Donnelly (3)

Year	Event	Leg	Split
1967	4xMile Relay	2nd	4:08.9
1968	4xMile Relay	2nd	4:04.2
1969	4xMile Relay	1st	4:10.0

Ross Donoghue (1)

Year	Event	Leg	Split
1982	4x1500 Meter Relay	3rd	3:50.1

Sean Donoghue (2)

Year	Event	Leg	Split
2023	4xMile Relay	1st	4:01.24
2024	4xMile Relay	1st	3:59.32

Paul Drayton (4)

Year	Event	Leg	Split
1960	Mile Relay	4th	47.4
1961	4x220 Yard Relay	2nd	
1961	Mile Relay	4th	47.4
1962	4x220 Yard Relay	2nd	

Greg Eckman (3)

Year	Event	Leg	Split
1974	Distance Medley Relay	440	47.9
1975	Distance Medley Relay	440	46.7
1976	Distance Medley Relay	400	47.4

Samuel Ellison (2)

Year	Event	Leg	Split
2011	Distance Medley Relay	800	1:51.02
2014	4x800 Meter Relay	4th	1:46.57

Michael England (6)

Year	Event	Leg	Split
1979	4x800 Meter Relay	1st	1:51.1
1979	Distance Medley Relay	800	1:50.7
1980	4x800 Meter Relay	1st	1:50.3
1980	Distance Medley Relay	800	1:48.4
1982	4x800 Meter Relay	2nd	1:46.6
1982	4x1500 Meter Relay	1st	3:44.7

Mark Fallon (1)

Year	Event	Leg	Split
1977	4x800 Meter Relay	1st	1:51.3

Brian Faust (1)

Year	Event	Leg	Split
2018	Distance Medley Relay	400	46.48

Jim Flynn (1)

Year	Event	Leg	Split
1978	4x1500 Meter Relay	2nd	3:47.4

Jack Garniewski (1)

Year	Event	Leg	Split
1973	Distance Medley Relay	440	48.6

Matthew Gibney (2)

Year	Event	Leg	Split
2009	Distance Medley Relay	1600	3:58.4
2011	Distance Medley Relay	1600	4:02.16

Bob Godesky (1)

Year	Event	Leg
1958	Distance Medley Relay	1320

Mike Going (1)

Year	Event	Leg	Split
1993	4x1500 Meter Relay	2nd	3:46.0

Greg Govan (4)

Year	Event	Leg	Split
1970	Mile Relay	2nd	47.4
1970	Distance Medley Relay	440	47.0
1971	Distance Medley Relay	440	48.4
1972	Distance Medley Relay	440	47.4

Al Graves (3)

Year	Event	Leg	Split
1978	Sprint Medley Relay	200-2	20.8
1979	Sprint Medley Relay	200-1	
1979	Distance Medley Relay	400	47.4

Tom Gregan (5)

Year	Event	Leg	Split
1972	Distance Medley Relay	1320	2:55.5
1973	Two Mile Relay	2nd	1:52.1
1974	4xMile Relay	1st	4:05.4
1975	Distance Medley Relay	1320	2:55.6
1975	4xMile Relay	3rd	4:07.2

Jerry Hackett (1)

Year	Event	Leg	Split
1962	Distance Medley Relay	1320	3:05.8

Erv Hall (1)

Year	Event	Leg
1968	Sprint Medley Relay	220-2

Ian Hamilton (4)

Year	Event	Leg	Split
1966	Two Mile Relay	3rd	1:51.9
1966	Distance Medley Relay	1320	3:00.3
1968	Distance Medley Relay	880	1:50.9
1968	4xMile Relay	1st	4:12.2

Charlie Hammock (1)

Year	Event	Leg
1961	4x120y Shuttle Hurdles	3rd

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Ron Hangey (1)

Year	Event	Leg
1963	Sprint Medley Relay	220-1

Derrek Harbour (2)

Year	Event	Leg	Split
1977	Sprint Medley Relay	200-2	
1978	4x400 Meter Relay	2nd	46.3

Bruce Harris (1)

Year	Event	Leg	Split
1989	4x800 Meter Relay	3rd	1:50.1

John Hartnett (6)

Year	Event	Leg	Split
1972	Distance Medley Relay	Mile	4:03.4
1973	Two Mile Relay	1st	1:53.7
1973	Distance Medley Relay	Mile	4:05.7
1973	4xMile Relay	4th	4:03.7
1974	Distance Medley Relay	Mile	4:02.2
1974	4xMile Relay	4th	4:00.1

Ryan Hayden (1)

Year	Event	Leg	Split
2001	Distance Medley Relay	1200	2:55.6

Bill Heidelberg (2)

Year	Event	Leg	Split
1966	Distance Medley Relay	440	48.2
1967	Distance Medley Relay	440	48.3

Warner Heitman (2)

Year	Event	Leg
1955	Mile Relay	3rd
1955	Sprint Medley Relay	220-1

Earl Horner (1)

Year	Event	Leg
1964	Sprint Medley Relay	220-1

Quentin Howe (1)

Year	Event	Leg	Split
1989	4x800 Meter Relay	1st	1:51.3

John Hunter (5)

Year	Event	Leg	Split
1980	4x800 Meter Relay	3rd	1:50.1
1981	Distance Medley Relay	1200	2:54.5
1981	4x1500 Meter Relay	3rd	3:43.8
1982	4x800 Meter Relay	3rd	1:46.5
1982	4x1500 Meter Relay	4th	3:41.9

Dave Hyland (2)

Year	Event	Leg	Split
1964	4xMile Relay	1st	4:14.6
1965	4xMile Relay	1st	4:10.2

Lamotte Hyman (4)

Year	Event	Leg	Split
1969	Mile Relay	3rd	46.3
1969	Distance Medley Relay	440	47.3
1970	Mile Relay	3rd	47.2
1970	Sprint Medley Relay	220-2	

Jason Jabaut (1)

Year	Event	Leg	Split
2001	Distance Medley Relay	800	1:49.8

Al Jackman (1)

Year	Event	Leg	Split
1962	Distance Medley Relay	440	49.5

Larry James (6)

Year	Event	Leg	Split
1968	Mile Relay	4th	43.9
1968	Sprint Medley Relay	440	46.2
1969	Mile Relay	4th	45.1
1969	Sprint Medley Relay	440	45.3
1970	Mile Relay	4th	46.0
1970	Sprint Medley Relay	440	46.3

Charles Jenkins (8)

Year	Event	Leg	Split
1955	Mile Relay	4th	46.5
1955	Sprint Medley Relay	880	1:51.7
1956	Mile Relay	4th	46.1
1956	Sprint Medley Relay	440	47.6
1956	Distance Medley Relay	880	1:56.0
1957	Mile Relay	4th	46.7
1957	Sprint Medley Relay	440	
1957	Distance Medley Relay	880	

Charles Jenkins, Jr. (1)

Year	Event	Leg	Split
1986	4x400 Meter Relay	4th	45.1

Phil Kane (6)

Year	Event	Leg	Split
1975	Two Mile Relay	1st	1:53.5
1976	4x800 Meter Relay	2nd	1:50.9
1976	Distance Medley Relay	1300	3:14.2
1976	4x1500 Meter Relay	3rd	3:46.7
1977	4x800 Meter Relay	3rd	1:47.7
1977	Distance Medley Relay	1600	3:59.7

Finn Kelly (2)

Year	Event	Leg	Split
1991	4x800 Meter Relay	2nd	1:47.1
1992	4x800 Meter Relay	2nd	1:48.2

Doug Kerr (1)

Year	Event	Leg
1961	4x120y Shuttle Hurdles	1st

John Keyworth (1)

Year	Event	Leg	Split
1984	4x1500 Meter Relay	3rd	3:43.9

Amos Korir (3)

Year	Event	Leg	Split
1979	4x800 Meter Relay	2nd	1:50.5
1979	4x1500 Meter Relay	3rd	3:44.3
1980	4x1500 Meter Relay	3rd	3:46.4

Stan Kozlowski (1)

Year	Event	Leg
1964	Sprint Medley Relay	440

Ville Lampinen (1)

Year	Event	Leg	Split
2018	Distance Medley Relay	800	1:49.78

Josh Lampron (1)

Year	Event	Leg	Split
2014	4x800 Meter Relay	1st	1:51.79

Marco Langon (1)

Year	Event	Leg	Split
2024	4xMile Relay	3rd	3:58.18

Elvis Lewis (1)

Year	Event	Leg	Split
2009	Distance Medley Relay	400	46.3

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Marty Liquori (9)

Year	Event	Leg	Split
1969	Two Mile Relay	3rd	1:50.3
1969	Distance Medley Relay	Mile	4:02.9
1969	4xMile Relay	4th	4:11.2
1970	Two Mile Relay	4th	1:48.1
1970	Distance Medley Relay	Mile	4:03.9
1970	4xMile Relay	4th	4:11.9
1971	Two Mile Relay	4th	1:48.7
1971	Distance Medley Relay	Mile	4:04.1
1971	4xMile Relay	4th	4:07.9

Ken Lucks (1)

Year	Event	Leg	Split
1981	4x1500 Meter Relay	1st	3:49.7

George Mackay (2)

Year	Event	Leg	Split
1976	4x800 Meter Relay	1st	1:50.8
1976	4x1500 Meter Relay	2nd	3:45.8

Eugene Maliff (4)

Year	Event	Leg	Split
1955	Mile Relay	2nd	
1955	Sprint Medley Relay	220-2	
1956	Sprint Medley Relay	220-2	
1957	Sprint Medley Relay	220-2	

Ben Malone (2)

Year	Event	Leg	Split
2018	Distance Medley Relay	1200	2:58.34
2018	4xMile Relay	2nd	4:04.6

Joe Manion (4)

Year	Event	Leg	Split
1959	Mile Relay	1st	49.1
1960	Mile Relay	1st	49.3
1961	4x220 Yard Relay	1st	
1961	Mile Relay	1st	49.8

Sydney Maree (7)

Year	Event	Leg	Split
1979	Distance Medley Relay	1600	3:59.3
1979	4x1500 Meter Relay	4th	3:40.7
1980	4x800 Meter Relay	2nd	1:52.1
1980	Distance Medley Relay	1600	3:57.4
1980	4x1500 Meter Relay	4th	3:39.4
1981	Distance Medley Relay	1600	4:04.7
1981	4x1500 Meter Relay	4th	3:40.2

John Marshall (3)

Year	Event	Leg	Split
1982	4x800 Meter Relay	4th	1:49.0
1982	Sprint Medley Relay	800	1:48.5
1984	4x800 Meter Relay	4th	1:47.5

Andrew Marston (1)

Year	Event	Leg	Split
2018	4xMile Relay	3rd	4:05.7

Chris Mason (8)

Year	Event	Leg	Split
1969	Two Mile Relay	2nd	1:49.0
1969	Distance Medley Relay	880	1:50.9
1969	4xMile Relay	3rd	4:08.8
1970	Two Mile Relay	3rd	1:51.2
1970	Distance Medley Relay	1320	2:56.1
1970	4xMile Relay	3rd	4:14.9
1971	Two Mile Relay	3rd	1:50.1
1971	Distance Medley Relay	1320	2:56.2

Alan McCafferty (2)

Year	Event	Leg	Split
1966	Two Mile Relay	1st	1:58.7
1966	Distance Medley Relay	880	1:53.3

Brian McElroy (5)

Year	Event	Leg	Split
1973	Two Mile Relay	3rd	1:50.3
1973	Distance Medley Relay	880	1:50.9
1973	4xMile Relay	2nd	4:06.4
1974	Distance Medley Relay	880	1:50.9
1974	4xMile Relay	2nd	4:04.2

Sam McEntee (1)

Year	Event	Leg	Split
2015	4xMile Relay	1st	4:02.0

Charles Messenger (4)

Year	Event	Leg	Split
1967	Distance Medley Relay	1320	2:56.2
1967	4xMile Relay	3rd	4:13.8
1968	Two Mile Relay	2nd	1:52.1
1968	4xMile Relay	3rd	4:06.9

Edwin Modibedi (1)

Year	Event	Leg	Split
1986	4x400 Meter Relay	3rd	45.0

Jim Moran (2)

Year	Event	Leg	Split
1955	Mile Relay	1st	
1955	Sprint Medley Relay	440	50.5

Frank Murphy (8)

Year	Event	Leg	Split
1967	Distance Medley Relay	880	1:50.3
1967	4xMile Relay	1st	4:07.0
1968	Two Mile Relay	3rd	1:49.1
1968	Distance Medley Relay	1320	2:53.0
1968	4xMile Relay	4th	4:04.1
1969	Sprint Medley Relay	880	1:49.4
1969	Two Mile Relay	4th	1:49.5
1969	Distance Medley Relay	1320	2:57.1

Liam Murphy (3)

Year	Event	Leg	Split
2023	4xMile Relay	4th	4:10.20
2024	DMR	1600	3:59.63
2024	4xMile Relay	4th	3:54.32

Les Nagy (1)

Year	Event	Leg	Split
1971	4xMile Relay	2nd	4:11.3

Ken Nason (1)

Year	Event	Leg	Split
1993	4x1500 Meter Relay	1st	3:46.7

Craig Nation (2)

Year	Event	Leg	Split
1966	Two Mile Relay	2nd	1:56.0
1968	Two Mile Relay	1st	1:50.5

Pat Nicastro (1)

Year	Event	Leg	Split
1962	4x220 Yard Relay	1st	

Hal Nichter (1)

Year	Event	Leg	Split
1968	Mile Relay	2nd	47.2

Charlie O'Donovan (2)

Year	Event	Leg	Split
2023	4xMile Relay	2nd	4:01.80
2024	4xMile Relay	2nd	4:00.09

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Brian O'Keeffe (1)

Year	Event	Leg	Split
1984	4x1500 Meter Relay	2nd	3:42.7

Sean O'Neill (1)

Year	Event	Leg	Split
1984	4x1500 Meter Relay	1st	3:47.6

Aidan O'Regan (1)

Year	Event	Leg	Split
1991	4x800 Meter Relay	1st	1:52.6

Andy O'Reilly (4)

Year	Event	Leg	Split
1969	Mile Relay	2nd	48.0
1969	Two Mile Relay	1st	1:51.3
1970	Sprint Medley Relay	880	1:50.1
1970	Two Mile Relay	2nd	1:55.5

Jim Orr (4)

Year	Event	Leg	Split
1964	Two Mile Relay	2nd	1:53.7
1964	4xMile Relay	2nd	4:16.3
1965	Two Mile Relay	1st	1:52.4
1965	4xMile Relay	2nd	4:13.2

Marcus O'Sullivan (6)

Year	Event	Leg	Split
1981	Distance Medley Relay	800	1:51.1
1981	4x1500 Meter Relay	2nd	3:48.3
1982	4x800 Meter Relay	1st	1:50.2
1982	4x1500 Meter Relay	2nd	3:46.1
1984	4x800 Meter Relay	3rd	1:48.3
1984	4x1500 Meter Relay	4th	3:38.6

Don Paige (9)

Year	Event	Leg	Split
1978	4x800 Meter Relay	3rd	1:47.3
1978	Distance Medley Relay	1600	4:02.3
1978	4x1500 Meter Relay	4th	3:47.8
1979	Sprint Medley Relay	800	1:47.0
1979	4x800 Meter Relay	4th	1:49.8
1979	Distance Medley Relay	1200	2:52.5
1980	Sprint Medley Relay	800	1:46.2
1980	4x800 Meter Relay	4th	1:45.8
1980	Distance Medley Relay	1200	2:51.6

Dave Patrick (7)

Year	Event	Leg	Split
1966	Two Mile Relay	4th	1:53.0
1966	Distance Medley Relay	Mile	4:04.6
1967	Distance Medley Relay	Mile	4:04.8
1967	4xMile Relay	4th	4:10.1
1968	Sprint Medley Relay	880	1:49.9
1968	Two Mile Relay	4th	1:50.1
1968	Distance Medley Relay	Mile	4:05.3

Al Peterson (1)

Year	Event	Leg
1957	Sprint Medley Relay	220-1

Carey Pinkowski (1)

Year	Event	Leg	Split
1980	4x1500 Meter Relay	1st	3:49.1

Leon Pras (1)

Year	Event	Leg
1961	4x120y Shuttle Hurdles	4th

Ken Prince (1)

Year	Event	Leg	Split
1968	Mile Relay	3rd	47.4

Louie Quintana (2)

Year	Event	Leg	Split
1992	4x800 Meter Relay	3rd	1:50.9
1993	4x1500 Meter Relay	4th	3:43.7

Bob Raemore (4)

Year	Event	Leg	Split
1960	Mile Relay	3rd	47.8
1961	4x220 Yard Relay	4th	
1961	Mile Relay	3rd	47.1
1962	4x220 Yard Relay	3rd	

Luke Rakowitz (1)

Year	Event	Leg	Split
2014	Distance Medley Relay	400	47.67

Paul Rowbotham (1)

Year	Event	Leg	Split
1989	4x800 Meter Relay	4th	1:49.3

Ken Schappert (8)

Year	Event	Leg	Split
1971	Two Mile Relay	1st	1:54.3
1972	Distance Medley Relay	880	1:51.2
1973	Two Mile Relay	4th	1:49.6
1973	Distance Medley Relay	1320	2:58.4
1973	4xMile Relay	3rd	4:11.7
1975	Two Mile Relay	3rd	1:51.6
1975	Distance Medley Relay	880	1:49.6
1975	4xMile Relay	2nd	4:12.0

Mike Seeger (2)

Year	Event	Leg	Split
1989	4x800 Meter Relay	2nd	1:49.5
1991	4x800 Meter Relay	3rd	1:46.9

Rowland Simpson (2)

Year	Event	Leg	Split
1956	Mile Relay	2nd	48.5
1956	Distance Medley Relay	440	48.3

Wilson Smith (3)

Year	Event	Leg	Split
1970	Two Mile Relay	1st	1:53.3
1970	Distance Medley Relay	880	1:51.5
1971	Distance Medley Relay	880	1:55.4

Dusty Solis (1)

Year	Event	Leg	Split
2014	4x800 Meter Relay	2nd	1:49.45

Charles Stead (4)

Year	Event	Leg	Split
1957	Mile Relay	2nd	
1958	Mile Relay	2nd	48.6
1958	Sprint Medley Relay	220-1	
1959	Mile Relay	3rd	46.7

Tom Sullivan (5)

Year	Event	Leg	Split
1964	Two Mile Relay	4th	1:51.2
1964	Distance Medley Relay	1320	3:03.1
1964	4xMile Relay	3rd	4:12.5
1965	Two Mile Relay	3rd	1:51.0
1965	4xMile Relay	4th	4:05.7

Brad Sumner (3)

Year	Event	Leg	Split
1991	4x800 Meter Relay	4th	1:49.0
1993	4x1500 Meter Relay	3rd	3:43.8
1993	4x800 Meter Relay	4th	1:49.7

PENN RELAYS CHAMPIONS

CHAMPIONSHIP OF AMERICA RELAYS

George Sydnor (4)

Year	Event	Leg	Split
1956	Mile Relay	1st	48.9
1956	Sprint Medley Relay	220-1	
1958	Mile Relay	1st	48.9
1958	Sprint Medley Relay	220-2	

Ed Takacs (2)

Year	Event	Leg	Split
1977	4x800 Meter Relay	2nd	1:49.7
1977	Distance Medley Relay	800	1:52.9

Brian Tetreault (1)

Year	Event	Leg	Split
2011	Distance Medley Relay	1200	2:57.86

Patrick Tiernan (1)

Year	Event	Leg	Split
2015	4xMile Relay	3rd	4:01.1

Pat Traynor (1)

Year	Event	Leg	Split
1962	Distance Medley Relay	Mile	4:15.0

Gary Troganowski (1)

Year	Event	Leg	Split
1976	4x1500 Meter Relay	1st	3:48.0

Anthony Tufariello (5)

Year	Event	Leg	Split
1978	4x800 Meter Relay	2nd	1:51.3
1978	Distance Medley Relay	800	1:51.5
1979	4x800 Meter Relay	3rd	1:48.9
1980	Sprint Medley Relay	400	49.2
1980	Distance Medley Relay	400	46.8

Sean Tully (1)

Year	Event	Leg	Split
2009	Distance Medley Relay	1200	2:56.7

Marshall Uzzle (2)

Year	Event	Leg	Split
1963	Sprint Medley Relay	220-2	
1964	Sprint Medley Relay	220-2	

Tony Valentine (1)

Year	Event	Leg	Split
1986	4x400 Meter Relay	2nd	46.6

Dan Watcke (1)

Year	Event	Leg	Split
2024	Distance Medley Relay	800	9:35.90

Kyle Watson (1)

Year	Event	Leg	Split
1992	4x800 Meter Relay	1st	1:53.1

Don Webster (1)

Year	Event	Leg	Split
1963	Sprint Medley Rleay	440	47.8

Logan Wetzel (1)

Year	Event	Leg	Split
2018	4xMile Relay	1st	4:09.0

Bob Whitehead (2)

Year	Event	Leg	Split
1968	Sprint Medley Relay	220-1	
1968	Distance Medley Relay	440	48.9

Jordy Williamsz (2)

Year	Event	Leg	Split
2014	4x800 Meter Relay	3rd	1:48.77
2015	4xMile Relay	4th	4:13.6

Rodney Wilson (2)

Year	Event	Leg	Split
1980	Sprint Medley Relay	200-1	21.2
1982	Sprint Medley Relay	200-1	

Dave Wright (3)

Year	Event	Leg	Split
1970	4xMile Relay	1st	4:07.9
1971	Two Mile Relay	2nd	1:52.6
1971	4xMile Relay	3rd	4:12.2

Carlton Young (3)

Year	Event	Leg	Split
1980	Sprint Medley Relay	200-2	20.6
1981	Distance Medley Relay	400	46.5
1982	Sprint Medley Relay	400	46.0

Vic Zwolak (3)

Year	Event	Leg	Split
1964	Two Mile Relay	1st	1:55.7
1964	Distance Medley Relay	Mile	4:13.7
1964	4xMile Relay	4th	4:07.3

PENN RELAYS CHAMPIONS

NON-CHAMPIONSHIP OF AMERICA RELAYS

Walter Budney (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1955	Freshman Mile Relay	2nd

Noel Carroll (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1962	Freshman Mile Relay	2nd

Bob Coffill (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1959	Freshman Mile Relay	4th	49.7

Ed Collymore (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1956	Freshman Mile Relay	4th

Hardge Davis (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1967	Freshman Mile Relay	3rd

Ron Delany (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1955	Freshman Mile Relay	4th	48.7

Vic DeMaio (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1956	Freshman Mile Relay	2nd

Paul Drayton (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1959	Freshman Mile Relay	1st	49.6

Jim Elliott (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1932	Freshman Mile Relay	3rd	51.0

Mike Garvey (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1967	Freshman Mile Relay	1st

Frank Gleason (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1932	Freshman Mile Relay	1st	53.0

Lamotte Hyman (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1968	Freshman Mile Relay	4th	47.8

Larry James (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1967	Freshman Mile Relay	4th

Stan Kozlowski (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1962	Freshman Mile Relay	3rd

Alexander Kramer (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1932	Freshman Mile Relay	2nd	52.2

Joe Kurzrok (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1968	Freshman Mile Relay	1st	49.4

Marty Liquori (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1968	Freshman Mile Relay	2nd	49.5

Pat Nicastro (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1959	Freshman Mile Relay	2nd	48.9

Andy O'Reilly (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1967	Freshman Mile Relay	2nd

Bob Raemore (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1956	Freshman Mile Relay	3rd	47.9

William Rahn (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1956	Freshman Mile Relay	1st

Rowland Simpson (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1955	Freshman Mile Relay	3rd	48.1

Charles Stead (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1956	Freshman Mile Relay	3rd

Jim Sweizer (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1968	Freshman Mile Relay	3rd	48.8

George Sydnor (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1955	Freshman Mile Relay	1st

Marshall Uzzle (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1962	Freshman Mile Relay	1st

Don Webster (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1962	Freshman Mile Relay	4th

Dick Womer (1)

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1932	Freshman Mile Relay	4th	49.8

PENN RELAYS CHAMPIONS

INDIVIDUAL EVENTS

Don Bragg (3)

<u>Year</u>	<u>Event</u>	<u>Mark</u>
1955	Pole Vault	4.38m
1956	Pole Vault (tie)	4.29m
1957	Pole Vault	4.41m

Mike Brown (1)

<u>Year</u>	<u>Event</u>	<u>Time</u>
2000	400 Meter Hurdles	50.54

Cummin Clancy (1)

<u>Year</u>	<u>Event</u>	<u>Mark</u>
1951	Discus	49.35m

David Cook (1)

<u>Year</u>	<u>Event</u>	<u>Points</u>
1993	Decathlon	7,520

John DiCarlo (1)

<u>Year</u>	<u>Event</u>	<u>Time</u>
1946	440 Yard Hurdles	55.1

Erv Hall (1)

<u>Year</u>	<u>Event</u>	<u>Time</u>
1967	120 Yard Hurdles	13.6

Carl Hickey (1)

<u>Year</u>	<u>Event</u>	<u>Mark</u>
1933	Triple Jump	13.46m

Elbert Maxwell (1)

<u>Year</u>	<u>Event</u>	<u>Mark</u>
2015	Long Jump	7.62m

Josh Phillips (1)

<u>Year</u>	<u>Event</u>	<u>Time</u>
2023	5000 Meters	13:45.85

Phil Reavis (1)

<u>Year</u>	<u>Event</u>	<u>Mark</u>
1958	High Jump	2.03m

Jim Shillow (1)

<u>Year</u>	<u>Event</u>	<u>Mark</u>
1968	Javelin	73.60m

Pat Traynor (2)

<u>Year</u>	<u>Event</u>	<u>Time</u>
1962	3000 Meter Steeplechase	9:11.1
1963	3000 Meter Steeplechase	8:57.1

Rodney Wilson (2)

<u>Year</u>	<u>Event</u>	<u>Time</u>
1980	110 Meter Hurdles	13.7
1981	110 Meter Hurdles	13.89

Vic Zwolak (1)

<u>Year</u>	<u>Event</u>	<u>Time</u>
1964	3000 Meter Steeplechase	9:12.9

PENN RELAYS CHAMPIONS

FASTEST RELAY SPLITS

FASTEST PENN RELAYS SPLITS

Villanova Athletes in the Rankings

400 Meter/440 Yard Splits

All-Time

9. Larry James	43.9 (y)	1968
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Men's College

7. Larry James	43.9 (y)	1968
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800 Meter Splits

Men's College

11. Don Paige	1:45.8	1980
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1200 Meter Splits

All-Time

6. Mark Belger	2:50.1	1977
9. John Keyworth	2:51.1	1986
16. Tom Parlapiano	2:51.5	2003
17. Don Paige	2:51.6	1980
23. Sean O'Neill	2:52.0	1987

Men's College

2. Mark Belger	2:50.1	1977
4. John Keyworth	2:51.1	1986
9. Tom Parlapiano	2:51.5	2003
10. Don Paige	2:51.6	1980
15. Sean O'Neill	2:52.0	1987
18. Sam McEntee	2:53.0	2013

1500 Meter Splits

All-Time

3. Marcus O'Sullivan	3:38.6	1984
4. Eamonn Coghlan	3:38.8	1976
8. Sydney Maree	3:39.4	1980
14. Sydney Maree	3:40.2	1981
17. Sydney Maree	3:40.7	1979

1600 Meter Splits

Men's College

14. Liam Murphy	3:55.24	2025
15. Gerry O'Reilly	3:55.3	1987
21. Gerry O'Reilly	3:55.8	1986
25. Jordy Williamsz	3:57.26	2014

Mile Splits

All-Time

2. Liam Murphy	3:54.32	2024
19. Jordy Williamsz	3:58.7	2013

FASTEST VILLANOVA SPLITS

Villanova's Fastest Penn Relays Splits

400 Meter/440 Yard Splits

Larry James	43.6 (y)	1968
Edwin Modibedi	45.0	1986
Charles Jenkins, Jr.	45.1	1986
Tim Dale	45.2	1978
Larry James	45.3 (y)	1969
Tim Dale	45.5	1978
Glenn Bogue	45.8	1977

800 Meter Splits

Don Paige	1:45.8	1980
Mark Belger	1:46.2	1977
Don Paige	1:46.2	1980
John Hunter	1:46.5	1982
Samuel Ellison	1:46.57	2014
Michael England	1:46.6	1982
Mark Belger	1:46.9	1978
Mike Seeger	1:46.9	1991

1200 Meter Splits

Mark Belger	2:50.1	1977
John Keyworth	2:51.1	1986
Tom Parlapiano	2:51.5	2003
Don Paige	2:51.6	1980
Sean O'Neill	2:52.0	1987
Don Paige	2:52.5	1979
Sam McEntee	2:53.0	2013

1500 Meter Splits

Marcus O'Sullivan	3:38.6	1984
Eamonn Coghlan	3:38.8	1976
Sydney Maree	3:39.4	1980
Sydney Maree	3:40.2	1981
Sydney Maree	3:40.7	1979
John Hunter	3:41.9	1982
Eamonn Coghlan	3:42.5	1976
Brian O'Keefe	3:42.7	1984

1600 Meter Splits

Liam Murphy	3:55.24	2025
Gerry O'Reilly	3:55.3	1987
Gerry O'Reilly	3:55.8	1986
Jordy Williamsz	3:57.26	2014
Sydney Maree	3:57.4	1980
Bobby Curtis	3:58.0	2007
Adrian Blincoe	3:58.4	2001
Matthew Gibney	3:58.4	2009
Sean Dolan	3:58.54	2022
Sydney Maree	3:59.3	1979

Mile Splits

Liam Murphy	3:54.32	2024
Eamonn Coghlan	3:56.3	1975
Marco Langon	3:58.18	2024
Jordy Williamsz	3:58.7	2013
Sean Donoghue	3:59.32	2024
Eamonn Coghlan	3:59.6	1975
Charlie O'Donovan	4:00.09	2024
John Hartnett	4:00.1	1974
Marco Langon	4:00.44	2025
Sean Dolan	4:00.81	2023

PENN RELAYS CHAMPIONS

RECORDS AND RANKINGS

PENN RELAYS RECORDS

Collegiate Relay Records

4xMile Relay

Villanova(2024) 15:51.91
Sean Donoghue (3:59.32)
Charlie O'Donovan (4:00.09)
Marco Langon (3:58.18)
Liam Murphy (3:54.32)

PENN RELAYS RECORDS

Previously Held Relay Records

Mile Relay

	<u>Set</u>	<u>Broken</u>
3:11.9	1956	1958
3:11.8	1958	1967
3:06.1	1968	1972

Two Mile Relay

	<u>Set</u>	<u>Broken</u>
7:26.1*	1965	1967
7:20.1*	1969	1976
7:18.0	1976	1977
7:16.3	1977	1982
7:12.29	1982	1985

* denotes a race measured in yards

Sprint Medley Relay

	<u>Set</u>	<u>Broken</u>
3:22.5	1958	1963
3:20.1	1963	1967
3:17.0	1969	1972

Distance Medley Relay

	<u>Set</u>	<u>Broken</u>
9:58.1*	1956	1958
9:55.3*	1958	1961
9:46.4*	1966	1967
9:39.6*	1967	1968
9:37.9*	1968	1972
9:37.5*	1972	1974
9:36.8*	1974	1975
9:28.2*	1975	1980
9:24.2	1980	1986

* denotes a race measured in yards

4x1500 Meter Relay

	<u>Set</u>	<u>Broken</u>
15:03.0	1976	1979
14:59.35	1979	1984
14:52.81	1984	1985

4xMile Relay

	<u>Set</u>	<u>Broken</u>
15:51.91	2024	—
16:39.4	1965	1968
16:27.4	1968	1974
16:10.6	1974	1999

PENN RELAYS RECORDS

Previously Held Individual Records

120 Yard Hurdles

	<u>Set</u>	<u>Broken</u>
13.6 (Erv Hall)	1967	1968

3000 Meter Steeplechase

	<u>Set</u>	<u>Broken</u>
9:11.1 (Pat Traynor)	1962	1963
8:57.1 (Pat Traynor)	1963	1968

Pole Vault

	<u>Set</u>	<u>Broken</u>
14-4.5 (Don Bragg)	1955	1957
14-6.0 (Don Bragg)	1957	1959

PENN RELAYS TOP 10

Villanova Relays in the Rankings

4x800 Meter Relay

	<u>Time</u>	<u>Year</u>
3. Villanova	7:12.29	1982

Distance Medley Relay

	<u>Time</u>	<u>Year</u>
3. Villanova	9:21.03	1987

4x1500 Meter Relay

	<u>Time</u>	<u>Year</u>
3. Villanova	14:52.81	1984
8. Villanova	14:59.35	1979
9. Villanova	15:00.23	1993
10. Villanova	15:01.35	1980

4xMile Relay

	<u>Time</u>	<u>Year</u>
1. Villanova	15:51.91	2024

FRANKLIN FIELD RECORDS

All Levels

4xMile Relay

Villanova(2024) 15:51.91
Sean Donoghue (3:59.32)
Charlie O'Donovan (4:00.09)
Marco Langon (3:58.18)
Liam Murphy (3:54.32)

Collegiate Relays

4xMile Relay

Villanova(2024) 15:51.91
Sean Donoghue (3:59.32)
Charlie O'Donovan (4:00.09)
Marco Langon (3:58.18)
Liam Murphy (3:54.32)

Collegiate Running Events

1500 Meters

Eamonn Coghlan.....(1976) 3:37.01

5000 Meters

Sydney Maree(1979) 13:27.01

PENN RELAYS CHAMPIONS

PENN RELAYS SUPERLATIVES

Multiple Individual Championships

110 Meter Hurdles

3	Six tied	
2	18 tied	
	Rodney Wilson, Villanova	1980-81

Pole Vault

3	Don Bragg, Villanova	1955-56-57
3	Wilbur Newstetter, Penn	1915-16-17
3	Stephen Bradley, Princeton	1925-26-27
3	William Harding, Yale	1936-37-38
3	Boo Morcom, New Hampshire	1942-43-47
3	Brian Hunter, Texas/Va. Tech.	1999-01-02
2	23 tied	

Consecutive Victories

4x220 Yard/4x200 Meter Relay

3	Ohio State	1928-30
2	16 tied	
	Villanova	1961-62

Mile Relay/4x400 Meter Relay

7	Villanova	1955-61
3	7 tied	
	Villanova	1968-70

Sprint Medley Relay

4	Villanova	1955-58
4	Villanova	1977-80
3	Penn	1919-22
3	Villanova	1968-70
3	Penn	1915-17
3	Pittsburgh	1937-39
3	NYU	1949-51

Two Mile Relay/4x800 Meter Relay

6	Villanova	1975-80
4	Villanova	1968-71
3	Villanova	1964-66
3	Penn	1931-33
3	Penn State	1985-87

4xMile/4x1500 Meter Relay

7	Arkansas	1994-2000
6	Michigan	1903-08
6	Arkansas	1985-90
5	Villanova	1967-71
5	Villanova	1978-82
4	Villanova	1973-76

Distance Medley Relay

16	Villanova	1966-81
5	Arkansas	1991-95
4	Arkansas	1983-86
3	Villanova	1956-58
3	Chicago	1917-19
3	Penn	1928-31
3	Texas	2006-08

Most Titles By School - Relays

Mile Relay/4x400 Meter Relay

12	Villanova	1955-56-57-58-59-60-61-68-69-70-78-86
10	Penn	1906-08-10-15-17-19-20-31-32-33

Sprint Medley Relay

14	Villanova	1955-56-57-58-63-64-68-1969-70-77-78-79-80-82
8	Penn	1915-16-17-19-20-21-22-59
8	NYU	1928-29-41-47-49-50-51-62

Two Mile Relay/4x800 Meter Relay

20	Villanova	1964-65-66-68-69-1970-71-73-75-76-1977-78-79-80-82-1984-89-91-92-2014
12	Georgetown	1925-50-51-81-88-90-97-98-2002-04-19-25

4xMile/4x1500 Meter Relay

22	Villanova	1964-65-67-68-69-1970-71-73-74-75-1976-78-79-80-81-1982-84-93-2015-18-2023-24
20	Arkansas	1983-85-86-87-88-1989-90-92-94-95-1996-97-98-99-2000-02-03-04-06-09

Distance Medley Relay

26	Villanova	1956-57-58-62-64-1966-67-68-69-70-1971-72-73-74-75-1976-77-78-79-80-1981-2001-09-11-18-2024
15	Arkansas	1983-84-85-86-88-1989-91-92-93-94-1995-97-99-2002-04

Most Titles By School - Individual

3000 Meter Steeplechase

6	Tennessee	1973-75-82-83-85-96
6	Indiana	1937-38-99-2012-16-17
5	Abilene Christian	1961-2005-06-07-08
3	Villanova	1962-63-64
3	Arkansas	1984-88-2009
3	Fordham	1931-32-33
3	Michigan	1930-36-98
3	North Carolina State	2001-04-18
3	Penn State	1962-76-79
3	Wisconsin	1992-95-97

110 Meter Hurdles/120 Yard Hurdles

7	Dartmouth	1907-08-09-20-21-22-52
7	Texas A&M	1995-98-99-2001-13-14-25
6	Penn State	1923-25-49-50-74-76
5	N.C. Central	1956-57-72-73-75
5	Ohio State	1924-31-32-33-2004
5	South Carolina	1999-2000-06-08-09
5	Virginia	1913-29-34-39-40
4	Indiana	1930-48-92-93
4	Missouri	1912-16-17-83
4	Winson-Salem	1958-59-60-66
4	Yale	1901-10-11-47
3	Villanova	1967-80-81
3	Duke	1938-54-55
3	Michigan	1904-35-86
3	Princeton	1903-18-19
3	Tennessee	1068-69-82
3	Clemson	1994-2002-16

Longest Standing Records

4xMile Relay

25 Years	Villanova (1974-99)
21 Years	Indiana (1937-58)

3000 Meter Steeplechase

41 Years	Thom Hunt, Arizona (1980-)
24 Years	Tom Deckard, Indiana (1937-61)
5 Years	Pat Traynor, Villanova (1963-68)

PENN RELAYS CHAMPIONS

VILLANOVA SUPERLATIVES

Championship of America Anchor Legs

8
Marty Liquori

7
Dave Patrick

6
Mark Belger
Ron Delany
Sydney Maree
Don Paige

5
John Hartnett

4
Noel Carroll
Eamonn Coghlan
Charles Jenkins

3
Larry James
John Marshall
Liam Murphy
Frank Murphy

2
Ed Collymore
Casey Comber
Paul Drayton
Matthew Gibney
Brad Sumner
Vic Zwolak

1
Adrian Blincoe
Frank Budd
Tim Dale
Samuel Ellison
John Hunter
Charles Jenkins, Jr.
Phil Kane
Andy O'Reilly
Marcus O'Sullivan
Leon Pras
Louie Quintana
Bob Raemore
Paul Rowbotham
Ken Schappert
Tom Sullivan
Pat Traynor
Jordy Williamsz

Winning with the Same Lineup in Consecutive Years

1960-61 Mile Relay

Joe Manion
Nick DeAngelis
Bob Raemore
Paul Drayton

1970-71 Distance Medley Relay

Wilson Smith
Greg Govan
Chris Mason
Marty Liquori

Anchor Three Winning Relays in the Same Year

Dave Patrick

1968: Sprint Medley, Two Mile, Distance Medley

Marty Liquori

1970: Two Mile, Distance Medley, 4xMile
1971: Two Mile, Distance Medley, 4xMile

Anchor Two Winning Relays in the Same Year

Mark Belger

1977: Sprint Medley, 4x800
1979: Sprint Medley, 4x800

Eamonn Coghlan

1975: Distance Medley, 4xMile
1976: Distance Medley, 4x1500

Casey Comber

2018: Distance Medley, 4xMile

Ron Delany

1956: Sprint Medley, Distance Medley
1957: Sprint Medley, Distance Medley
1958: Sprint Medley, Distance Medley

John Hartnett

1973: Distance Medley, 4xMile
1974: Distance Medley, 4xMile

Charles Jenkins

1955: Mile Relay, Sprint Medley

Marty Liquori

1969: Distance Medley, 4xMile

Sydney Maree

1979: Distance Medley, 4x1500
1980: Distance Medley, 4x1500
1981: Distance Medley, 4x1500

John Marshall

1982: Sprint Medley, 4x800

Liam Murpjj

2024: Distance Medley, 4xMile

Frank Murphy

1969: Sprint Medley, Two Mile

Don Paige

1978: Distance Medley, 4x1500
1979: Sprint Medley, 4x800
1980: Sprint Medley, 4x800

Dave Patrick

1966: Two Mile, Distance Medley
1967: Distance Medley, 4xMile

Vic Zwolak

1964: Distance Medley, 4xMile

PENN RELAYS CHAMPIONS

VILLANOVA SUPERLATIVES

Four Career Titles in One Event

Mark Belger	
Two Mile/4x800.....	1975, 1976, 1977, 1978
Eamonn Coghlan	
4x1500/4xMile	1973, 1974, 1975, 1976
Ed Collymore	
Mile Relay	1956*, 1957, 1958, 1959
Hardge Davis	
Mile Relay	1967*, 1968, 1969, 1970
Ron Delany	
Mile Relay	1955*, 1956, 1957, 1958
Larry James	
Mile Relay	1967*, 1968, 1969, 1970
Charles Stead	
Mile Relay	1956*, 1957, 1958, 1959

Three Career Titles in One Event

Mark Belger	
Distance Medley	1976, 1977, 1978
Keith Brown	
Sprint Medley	1977, 1978, 1979
Dean Childs	
4x1500.....	1978, 1979, 1980
Eamonn Coghlan	
Distance Medley	1974, 1975, 1976
Tim Dale	
Sprint Medley	1977, 1978, 1979
Ron Delany	
Sprint Medley	1956, 1957, 1958
Distance Medley	1956, 1957, 1958
Tom Donnelly	
4xMile.....	1967, 1968, 1969
Paul Drayton	
Mile Relay	1959*, 1960, 1961
Greg Eckman	
Distance Medley	1974, 1975, 1976
Michael England	
4x800 Meter Relay	1979, 1980, 1982
Greg Govan	
Distance Medley	1970, 1971, 1972
John Hartnett	
Distance Medley	1972, 1973, 1974
Lamotte Hyman	
Mile Relay	1968*, 1969, 1970
Larry James	
Sprint Medley	1968, 1969, 1970
Charles Jenkins	
Mile Relay	1955, 1956, 1957
Sprint Medley	1955, 1956, 1957
Phil Kane	
Two Mile/4x800.....	1975, 1976, 1977
Marty Liquori	
Two Mile.....	1969, 1970, 1971
Distance Medley	1969, 1970, 1971
4xMile.....	1969, 1970, 1971

Three Career Titles in One Event (continued)

Eugene Maliff	
Sprint Medley	1955, 1956, 1957
Frank Murphy	
Distance Medley	1967, 1968, 1969
Marcus O'Sullivan	
4x1500.....	1981, 1982, 1984
Don Paige	
4x800.....	1978, 1979, 1980
Distance Medley	1978, 1979, 1980
Dave Patrick	
Distance Medley Relay	1966, 1967, 1968
Bob Raemore	
Mile Relay	1959, 1960, 1961
Ken Schappert	
Two Mile	1971, 1973, 1975
Distance Medley	1972, 1973, 1975
George Sydnor	
Mile Relay	1955*, 1956, 1958

* member of a freshman mile relay squad

Win an Individual Event and Be On at Least One Winning Relay in the Same Year

Pat Traynor	
1962	3000 Meter Steeplechase
1962	Distance Medley Relay
Rodney Wilson	
1980	110 Meter Hurdles
1980.....	Sprint Medley Relay
Vic Zwolak	
1964	3000 Meter Steeplechase
1964	Two Mile Relay
1964	Distance Medley Relay
1964	4xMile Relay