

# NCAA CHAMPIONS

## 60 Yard Hurdles (2)

Indoor	Name	Time
1969	Erv Hall	7.00
1980	Rodney Wilson	7.15

## 100 Yards (2)

Outdoor	Name	Time
1961	Frank Budd	9.40
1962	Frank Budd	9.40

## 120 Yard Hurdles (1)

Outdoor	Name	Time
1969	Erv Hall	13.30

## 220 Yards (3)

Outdoor	Name	Time
1958	Ed Collymore	20.70
1961	Frank Budd	20.80
1965	Earl Horner	21.10

## 440 Yards (5)

Indoor	Name	Time
1968	Larry James	47.00
1969	Larry James	47.30
1970	Larry James	48.3
1983	Carlton Young	47.17

Outdoor	Name	Time
1970	Larry James	45.50

## 600 Yards (1)

Indoor	Name	Time
1979	Anthony Tufariello	1:09.41

## 800 Meters (2)

Outdoor	Name	Time
1979	Don Paige	1:46.18
1980	Don Paige	1:45.81

## 880 Yards (8)

Indoor	Name	Time
1967	Dave Patrick	1:48.90
1968	Dave Patrick	1:52.00
1969	Frank Murphy	1:51.10
1973	Ken Schappert	1:50.40
1977	Mark Belger	1:49.17
1978	Mark Belger	1:49.13
1983	John Marshall	1:51.23

Outdoor	Name	Time
1958	Ron Delany	1:48.20

## 1000 Yards (4)

Indoor	Name	Time
1976	Mark Belger	2:07.29
1978	Don Paige	2:07.88
1979	Don Paige	2:07.27
1980	Don Paige	2:05.80

## 1500 Meters (6)

Outdoor	Name	Time
1956	Ron Delany	3:47.30
1968	Dave Patrick	3:39.90
1976	Eamonn Coghlan	3:37.01
1979	Don Paige	3:39.20
1980	Sydney Maree	3:38.64
1981	Sydney Maree	3:35.30

## Mile (10)

Indoor	Name	Time
1971	Marty Liquori	4:04.70
1975	Eamonn Coghlan	4:02.00
1976	Eamonn Coghlan	4:01.48

Outdoor	Name	Time
1957	Ron Delany	4:06.50
1958	Ron Delany	4:03.50
1966	Dave Patrick	4:02.10
1969	Marty Liquori	3:57.70
1970	Marty Liquori	3:59.90
1971	Marty Liquori	3:57.70
1975	Eamonn Coghlan	4:00.06

## 3000 Meters (1)

Indoor	Name	Time
2002	Adrian Blincoe	8:01.76

## Two Miles (2)

Indoor	Name	Time
1971	Marty Liquori	8:37.10
1974	John Hartnett	8:33.60

## 3000 Meter Steeplechase (4)

Outdoor	Name	Time
1948	Browning Ross	9:25.8
1962	Pat Traynor	8:48.60
1963	Vic Zwolak	9:10.20
1964	Vic Zwolak	8:42.00

## 5000 Meters (2)

Outdoor	Name	Time
1979	Sydney Maree	13:20.63
2008	Bobby Curtis	13:33.93

## High Jump (1)

Outdoor	Name	Mark
1956	Phil Reavis	1.99m

## Pole Vault (1)

Outdoor	Name	Mark
1955	Don Bragg	4.60m

## Triple Jump (1)

Outdoor	Name	Mark
1979	Nate Cooper	17.10m

## Mile Relay (5)

Indoor	Name	Time
1968	Villanova	3:14.40
	Hal Nichter	50.7
	Hardge Davis	48.5
	Ken Prince	48.6
	Larry James	46.6

1970	Villanova	3:15.30
	Lamotte Hyman	50.1
	Greg Govan	48.6
	Hardge Davis	49.0
	Larry James	47.6

1979	Villanova	3:15.52
	Keith Brown	49.8
	Derrek Harbour	49.4
	Anthony Tufariello	48.0
	Tim Dale	48.2

Outdoor	Name	Time
1968	Villanova	3:08.60
	Ken Prince	47.8
	Hardge Davis	47.6
	Hal Nichter	47.7
	Larry James	45.6

1978	Villanova	3:05.09
	Keith Brown	46.5
	Anthony Tufariello	46.6
	Glenn Bogue	45.8
	Tim Dale	46.2

## 4x800 Meter Relay (2)

Indoor	Name	Time
1988	Villanova	7:25.23
	Aidan O'Regan	
	Howard Jackson	
	Mark Sullivan	
	Bruce Harris	

1990	Villanova	7:19.94
	Howard Jackson	1:53.5
	Aidan O'Regan	1:49.6
	Brad Sumner	1:49.8
	Mike Seeger	1:47.0

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## Two Mile Relay (1)

Indoor	Name	Time
1983	Villanova	7:21.90
	John Borgese	1:52.99
	John Keyworth	1:50.99
	Michael England	1:48.96
	Marcus O'Sullivan	1:48.96

## Distance Medley Relay (6)

Indoor	Name	Time
1968	Villanova	9:49.50
	Charles Messenger	1:52.7
	Bob Whitehead	50.3
	Tom Donnelly	3:00.1
	Frank Murphy	4:06.8
1969	Villanova	9:45.80
	Andy O'Reilly	
	Ernie Bradshaw	
	Chris Mason	
	Frank Murphy	
1980	Villanova	9:42.22
	John Hunter	1:52.3
	Tim Robinson	49.9
	Michael England	2:58.8
	Sydney Maree	4:01.5
1981	Villanova	9:47.20
	John Borgese	1:57.6
	Willie Sydnor	50.2
	Marcus O'Sullivan	2:58.1
	Sydney Maree	4:01.2
2002	Villanova	9:31.00
	Ryan Hayden	2:55.0
	Mike Brown	46.9
	Jason Jabaut	1:50.3
	Adrian Blincoe	3:58.0
2003	Villanova	9:29.12
	Ryan Hayden	2:55.1
	Nic O'Brien	47.1
	Paul Moser	1:49.8
	Adrian Blincoe	3:57.1

## Cross Country (2)

4 Miles	Name	Time
1963	Vic Zwolak	19:35.0
10K	Name	Time
2016	Patrick Tiernan	29:22.0

## Sprints (14)

Event	IND	OUT	TOT
440 Yards	4	1	5
220 Yards	0	3	3
60 Yard Hurdles	2	0	2
100 Yards	0	2	2
600 Yards	1	0	1
120 Yard Hurdles	0	1	1

## Middle Distance (30)

Event	IND	OUT	TOT
Mile	3	7	10
880 Yards	7	1	8
1500 Meters	0	6	6
1000 Yards	4	0	4
800 Meters	0	2	2

## Distance (9)

Event	IND	OUT	TOT
3000 Meter Steeplechase	0	4	4
Two Miles	2	0	2
5000 Meters	0	2	2
3000 Meters	1	0	1

## Jumps (3)

Event	IND	OUT	TOT
High Jump	0	1	1
Pole Vault	0	1	1
Triple Jump	0	1	1

## Relays (14)

Event	IND	OUT	TOT
Distance Medley Relay	6	0	6
Mile Relay	3	2	5
4x800 Meter Relay	2	0	2
Two Mile Relay	1	0	1

## Indoor (36)

Middle Distance	14
Relays	12
Sprints	7
Distance	3

## Outdoor (34)

Middle Distance	16
Sprints	7
Distance	6
Jumps	3
Relays	2

## Cross Country (2)

### 1940-49 (1)

Outdoor	1
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### 1950-59 (7)

Outdoor	7
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### 1960-69 (22)

Outdoor	12
Indoor	9
Cross Country	1

### 1970-79 (25)

Outdoor	15
Indoor	10

### 1980-89 (11)

Indoor	8
Outdoor	3

### 1990-99 (1)

Indoor	1
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### 2000-09 (4)

Indoor	3
Outdoor	1

### 2010-19 (1)

Cross Country	1
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# NCAA CHAMPIONS

(7)

<u>Name</u>	<u>IND</u>	<u>OUT</u>	<u>XC</u>
Larry James	5	2	0

(6)

<u>Name</u>	<u>IND</u>	<u>OUT</u>	<u>XC</u>
Don Paige	3	3	0

(5)

<u>Name</u>	<u>IND</u>	<u>OUT</u>	<u>XC</u>
Marty Liquori	2	3	0
Sydney Maree	2	3	0

(4)

<u>Name</u>	<u>IND</u>	<u>OUT</u>	<u>XC</u>
Eamonn Coghlan	2	2	0
Ron Delany	0	4	0
Dave Patrick	2	2	0

(3)

<u>Name</u>	<u>IND</u>	<u>OUT</u>	<u>XC</u>
Mark Belger	3	0	0
Adrian Blincoe	3	0	0
Frank Budd	0	3	0
Hardge Davis	2	1	0
Frank Murphy	3	0	0
Anthony Tufariello	2	1	0
Vic Zwolak	0	2	1

(2)

<u>Name</u>	<u>IND</u>	<u>OUT</u>	<u>XC</u>
John Borgese	2	0	0
Keith Brown	1	1	0
Tim Dale	1	1	0
Michael England	2	0	0
Erv Hall	1	1	0
Ryan Hayden	2	0	0
Howard Jackson	2	0	0
Hal Nichter	1	1	0
Aidan O'Regan	2	0	0
Marcus O'Sullivan	2	0	0
Ken Prince	1	1	0

(1)

<u>Name</u>	<u>IND</u>	<u>OUT</u>	<u>XC</u>
Glenn Bogue	0	1	0
Ernie Bradshaw	1	0	0
Don Bragg	0	1	0
Mike Brown	1	0	0
Ed Collymore	0	1	0
Nate Cooper	0	1	0
Bobby Curtis	0	1	0
Tom Donnelly	1	0	0
Greg Govan	1	0	0
Derrek Harbour	1	0	0
Bruce Harris	1	0	0
John Hartnett	1	0	0
Earl Horner	0	1	0
John Hunter	1	0	0
Lamotte Hyman	1	0	0
Jason Jabaut	1	0	0
John Keyworth	1	0	0
John Marshall	1	0	0
Chris Mason	1	0	0
Charles Messenger	1	0	0
Paul Moser	1	0	0
Nic O'Brien	1	0	0
Andy O'Reilly	1	0	0
Phil Reavis	0	1	0
Tim Robinson	1	0	0
Browning Ross	0	1	0
Ken Schappert	1	0	0
Mike Seeger	1	0	0
Mark Sullivan	1	0	0
Brad Sumner	1	0	0
Willie Sydnor	1	0	0
Patrick Tiernan	0	0	1
Pat Traynor	0	1	0
Bob Whitehead	1	0	0
Rodney Wilson	1	0	0
Carlton Young	1	0	0

IND = Indoor Track & Field  
OUT = Outdoor Track & Field  
XC = Cross Country

61 People  
70 Events  
114 Honors

Each member of an NCAA Champion relay  
is counted as an individual honor

# NCAA CHAMPIONS

## Mark Belger (3)

Indoor	Event	Time
1976	1000 Yards	2:07.29
1977	880 Yards	1:49.17
1978	880 Yards	1:49.13

## Adrian Blincoe (3)

Indoor	Event	Time
2002	3000 Meters	8:01.76
2002	Distance Medley Relay	9:31.00
2003	Distance Medley Relay	9:29.12

## Glenn Bogue (1)

Outdoor	Event	Time
1978	Mile Relay	3:05.09

## John Borgese (2)

Indoor	Event	Time
1981	Distance Medley Relay	9:47.20
1983	Two Mile Relay	7:21.90

## Ernie Bradshaw (1)

Indoor	Event	Time
1969	Distance Medley Relay	9:45.80

## Don Bragg (1)

Outdoor	Event	Mark
Pole Vault	1955	4.60m

## Keith Brown (2)

Indoor	Event	Time
1979	Mile Relay	3:15.52

Outdoor	Event	Time
1978	Mile Relay	3:05.09

## Mike Brown (1)

Indoor	Event	Time
2002	Distance Medley Relay	9:31.00

## Frank Budd (3)

Outdoor	Event	Time
1961	100 Yards	9.40
1961	220 Yards	20.80
1962	100 Yards	9.40

## Eamonn Coghlan (4)

Indoor	Event	Time
1975	Mile	4:02.00
1976	Mile	4:01.48

Outdoor	Event	Time
1975	Mile	4:00.06
1976	1500 Meters	3:37.01

## Ed Collymore (1)

Outdoor	Event	Time
1958	220 Yards	20.70

## Nate Cooper (1)

Outdoor	Event	Mark
1979	Triple Jump	17.10m

## Bobby Curtis (1)

Outdoor	Event	Time
2008	5000 Meters	13:33.93

## Tim Dale (2)

Indoor	Event	Time
1979	Mile Relay	3:15.52

Outdoor	Event	Time
1978	Mile Relay	3:05.09

## Hardge Davis (3)

Indoor	Event	Time
1968	Mile Relay	3:14.40
1970	Mile Relay	3:15.30

Outdoor	Event	Time
1968	Mile Relay	3:08.60

## Ron Delany (4)

Outdoor	Event	Time
1956	1500 Meters	3:47.30
1957	Mile	4:06.50
1958	880 Yards	1:48.20
1958	Mile	4:03.50

## Tom Donnelly (1)

Indoor	Event	Time
1968	Distance Medley Relay	9:49.50

## Michael England (2)

Indoor	Event	Time
1980	Distance Medley Relay	9:42.22
1983	Two Mile Relay	7:21.90

## Greg Govan (1)

Indoor	Event	Time
1970	Mile Relay	3:15.30

## Erv Hall (2)

Indoor	Event	Time
1969	60 Yard Hurdles	7.00

Outdoor	Event	Time
1969	120 Yard Hurdles	13.30

## Derrek Harbour (1)

Indoor	Event	Time
1979	Mile Relay	3:15.52

## Bruce Harris (1)

Indoor	Event	Time
1988	4x800 Meter Relay	7:25.23

## John Hartnett (1)

Indoor	Event	Time
1974	Two Miles	8:33.60

## Ryan Hayden (2)

Indoor	Event	Time
2002	Distance Medley Relay	9:31.00
2003	Distance Medley Relay	9:29.12

## Earl Horner (1)

Outdoor	Event	Time
1965	220 Yards	21.10

## John Hunter (1)

Indoor	Event	Time
1980	Distance Medley Relay	9:42.22

## Lamotte Hyman (1)

Indoor	Event	Time
1970	Mile Relay	3:15.30

## Jason Jabaut (1)

Indoor	Event	Time
2002	Distance Medley Relay	9:31.00

61 People  
72 Event Titles

36 Indoor  
34 Outdoor  
2 Cross Country

# NCAA CHAMPIONS

## Howard Jackson (2)

Indoor	Event	Time
1988	4x800 Meter Relay	7:25.23
1990	4x800 Meter Relay	7:19.94

## Larry James (7)

Indoor	Event	Time
1968	440 Yards	47.00
1968	Mile Relay	3:14.40
1969	440 Yards	47.30
1970	440 Yards	48.3
1970	Mile Relay	3:15.30

Outdoor	Event	Time
1968	Mile Relay	3:08.60
1970	440 Yards	45.50

## John Keyworth (1)

Indoor	Event	Time
1983	Two Mile Relay	7:21.90

## Marty Liquori (5)

Indoor	Event	Time
1971	Mile	4:04.70
1971	Two Miles	8:37.10

Outdoor	Event	Time
1969	Mile	3:57.70
1970	Mile	3:59.90
1971	Mile	3:57.70

## Sydney Maree (5)

Indoor	Event	Time
1980	Distance Medley Relay	9:42.22
1981	Distance Medley Relay	9:47.20

Outdoor	Event	Time
1979	5000 Meters	13:20.63
1980	1500 Meters	3:38.64
1981	1500 Meters	3:35.30

## John Marshall (1)

Indoor	Event	Time
1983	880 Yards	1:51.23

## Chris Mason (1)

Indoor	Event	Time
1969	Distance Medley Relay	9:45.80

## Charles Messenger (1)

Indoor	Event	Time
1968	Distance Medley Relay	9:49.50

## Paul Moser (1)

Indoor	Event	Time
2003	Distance Medley Relay	9:29.12

## Frank Murphy (3)

Indoor	Event	Time
1968	Distance Medley Relay	9:49.50
1969	880 Yards	1:51.10
1969	Distance Medley Relay	9:45.80

## Hal Nichter (2)

Indoor	Event	Time
1968	Mile Relay	3:14.40

Outdoor	Event	Time
1968	Mile Relay	3:08.60

## Nic O'Brien (1)

Indoor	Event	Time
2003	Distance Medley Relay	9:29.12

## Aidan O'Regan (2)

Indoor	Event	Time
1988	4x800 Meter Relay	7:25.23
1990	4x800 Meter Relay	7:19.94

## Andy O'Reilly (1)

Indoor	Event	Time
1969	Distance Medley Relay	9:45.80

## Marcus O'Sullivan (2)

Indoor	Event	Time
1981	Distance Medley Relay	9:47.20
1983	Two Mile Relay	7:21.90

## Don Paige (6)

Indoor	Event	Time
1978	1000 Yards	2:07.88
1979	1000 Yards	2:07.27
1980	1000 Yards	2:05.80

Outdoor	Event	Time
1979	800 Meters	1:46.18
1979	1500 Meters	3:39.20
1980	800 Meters	1:45.81

## Dave Patrick (4)

Indoor	Event	Time
1967	880 Yards	1:48.90
1968	880 Yards	1:52.00

Outdoor	Event	Time
1966	Mile	4:02.10
1968	1500 Meters	3:39.90

## Ken Prince (2)

Indoor	Event	Time
1968	Mile Relay	3:14.40

Outdoor	Event	Time
1968	Mile Relay	3:08.60

## Phil Reavis (1)

Outdoor	Event	Mark
1956	High Jump	1.99m

## Tim Robinson (1)

Indoor	Event	Time
1980	Distance Medley Relay	9:42.22

## Browning Ross (1)

Outdoor	Event	Time
1948	3000 Meter Steeplechase	9:25.8

## Ken Schappert (1)

Indoor	Event	Time
1973	880 Yards	1:50.40

## Mike Seeger (1)

Indoor	Event	Time
1990	4x800 Meter Relay	7:19.94

## Mark Sullivan (1)

Indoor	Event	Time
1988	4x800 Meter Relay	7:25.23

## Brad Sumner (1)

Indoor	Event	Time
1990	4x800 Meter Relay	7:19.94

## Willie Sydnor (1)

Indoor	Event	Time
1981	Distance Medley Relay	9:47.20

# NCAA CHAMPIONS

## Patrick Tiernan (1)

<u>XC</u>	<u>Distance</u>	<u>Time</u>
2016	10000 Meters	29:22.0

## Pat Traynor (1)

<u>Outdoor</u>	<u>Event</u>	<u>Time</u>
1962	3000 Meter Steeplechase	8:48.60

## Anthony Tufariello (3)

<u>Indoor</u>	<u>Event</u>	<u>Time</u>
1979	600 Yards	1:09.41
1979	Mile Relay	3:15.52

<u>Outdoor</u>	<u>Event</u>	<u>Time</u>
1978	Mile Relay	3:05.09

## Bob Whitehead (1)

<u>Indoor</u>	<u>Event</u>	<u>Time</u>
1968	Distance Medley Relay	9:49.50

## Rodney Wilson (1)

<u>Indoor</u>	<u>Event</u>	<u>Time</u>
1980	60 Yard Hurdles	7.15

## Carlton Young (1)

<u>Indoor</u>	<u>Event</u>	<u>Time</u>
1983	440 Yards	47.17

## Vic Zwolak (3)

<u>Outdoor</u>	<u>Event</u>	<u>Time</u>
1963	3000 Meter Steeplechase	9:10.20
1964	3000 Meter Steeplechase	8:42.00

<u>XC</u>	<u>Distance</u>	<u>Time</u>
1963	Four Miles	19:35.0