

HONORS AND AWARDS

Nick Ackerman

BIG EAST CHAMPION

Outdoor		
2021	4x800 Meter Relay	7:25.26

ALL-BIG EAST HONORS

Outdoor		
2021	4x800 Meter Relay	1st

Al Adams

ALL-AMERICA HONORS

Indoor		
1965	Two Mile Relay	2nd

IC4A CHAMPION

Indoor		
1962	Two Mile Relay	7:45.2

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1962	DMR	880	1:54.3
1964	DMR	440	48.7
1964	Two Mile Relay	3rd	1:51.5
1965	Two Mile Relay	2nd	1:52.4

PENN RELAYS WALL OF FAME

RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1965	Two Mile Relay	7:26.1	2015

Jim Adams

ALL-AMERICA HONORS

Outdoor		
1982	4x400 Meter Relay	3rd

BIG EAST CHAMPION

Indoor		
1983	4x400 Meter Relay	3:13.96

Outdoor

1981	4x100 Meter Relay	40.74
1982	4x100 Meter Relay	40.88
1982	4x400 Meter Relay	3:09.1
1984	4x400 Meter Relay	3:08.3

ALL-BIG EAST HONORS

Indoor		
1981	4x400 Meter Relay	2nd
1982	DMR	2nd
1983	4x400 Meter Relay	1st
1983	400 Meters	3rd
1984	4x400 Meter Relay	2nd

Outdoor

1981	4x100 Meter Relay	1st
1981	4x400 Meter Relay	2nd
1982	4x100 Meter Relay	1st
1982	4x400 Meter Relay	1st
1982	400 Meters	3rd
1984	4x400 Meter Relay	1st
1984	400 Meters	3rd

IC4A CHAMPION

Indoor		
1981	DMR	9:56.57
1984	Mile Relay	3:15.56

Outdoor

1984	4x400 Meter Relay	3:05.75
------	-------------------	---------

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1982	SMR	200-2

Evan Addison

BIG EAST CHAMPION

Indoor		
2023	DMR	9:36.29

ALL-BIG EAST HONORS

Indoor		
2023	DMR	1st
2023	4x800 Meter Relay	3rd

SUB-FOUR MINUTE MILES

First Career	3:59.57	Jan 20, 2024
Fastest Mile	3:59.57	Jan 20, 2024

Francisco Aguirre

ALL-BIG EAST HONORS

Indoor		
2005	4x400 Meter Relay	2nd

Outdoor

2005	4x100 Meter Relay	2nd
2005	4x400 Meter Relay	2nd

Jadyn Anczarski

BIG EAST CHAMPION

Outdoor		
2021	Discus	49.52m

ALL-BIG EAST HONORS

Indoor		
2020	Weight Throw	2nd

Outdoor

2021	Discus	1st
------	--------	-----

Brian Anderson

BIG EAST CHAMPION

Outdoor		
2001	4x800 Meter Relay	7:31.33

ALL-BIG EAST HONORS

Indoor		
2004	4x800 Meter Relay	2nd

Outdoor

2001	4x800 Meter Relay	1st
------	-------------------	-----

Dermot Anderson

ALL-BIG EAST HONORS

Indoor		
1981	5000 Meters	2nd

HONORS AND AWARDS

Miller Anderson

BIG EAST CHAMPION

Indoor		
2020	4x800 Meter Relay	7:31.34

Outdoor

2021	4x800 Meter Relay	7:25.26
2023	4x800 Meter Relay	7:17.96

ALL-BIG EAST HONORS

Indoor		
2020	4x800 Meter Relay	1st
2022	4x800 Meter Relay	2nd
2023	4x800 Meter Relay	3rd

Outdoor

2021	4x800 Meter Relay	1st
2023	4x800 Meter Relay	1st

Frank Anuszewski

ALL-BIG EAST HONORS

Indoor		
2012	Weight Throw	3rd

Outdoor

2012	Hammer	2nd
------	--------	-----

Jason Apwah

ALL-AMERICA HONORS

Indoor		
2011	DMR	7th

BIG EAST CHAMPION

Outdoor		
2009	4x800 Meter Relay	7:25.85

ALL-BIG EAST HONORS

Indoor		
2011	4x800 Meter Relay	2nd
2011	DMR	3rd

Outdoor

2008	4x800 Meter Relay	3rd
2009	4x800 Meter Relay	1st
2010	4x800 Meter Relay	3rd

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
2009	DMR	800	1:49.4

Kareem Archer

ALL-AMERICA HONORS

Indoor		
1998	55 Meter Hurdles	4th

Outdoor

1997	400 Meter Hurdles	3rd
1998	400 Meter Hurdles	3rd
1998	110 Meter Hurdles	8th

BIG EAST CHAMPION

Indoor		
1998	200 Meters	21.18

Outdoor

1996	400 Meter Hurdles	50.93
1997	400 Meter Hurdles	51.24
1998	400 Meter Hurdles	49.43
1998	4x400 Meter Relay	3:08.85

ALL-BIG EAST HONORS

Indoor		
1995	4x400 Meter Relay	3rd
1997	55 Meter Hurdles	3rd
1997	200 Meters	3rd
1997	4x400 Meter Relay	3rd
1998	200 Meters	1st
1998	55 Meter Hurdles	2nd
1998	4x400 Meter Relay	3rd

Outdoor

1995	4x400 Meter Relay	2nd
1996	400 Meter Hurdles	1st
1997	400 Meter Hurdles	1st
1997	110 Meter Hurdles	3rd
1998	400 Meter Hurdles	1st
1998	4x400 Meter Relay	1st
1998	110 Meter Hurdles	2nd

IC4A CHAMPION

Indoor		
1996	DMR	9:49.07

Outdoor

1995	4x400 Meter Relay	3:11.67
1997	400 Meter Hurdles	48.80
1998	400 Meter Hurdles	50.14

BIG EAST HONORS

BIG EAST Championships

Outstanding Track Performer	
1998	Outdoor Track & Field

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1998
Inducted 2015

Lucas Arrivo

BIG EAST CHAMPION

Indoor		
2017	4x800 Meter Relay	7:32.73
2018	DMR	9:48.31

ALL-BIG EAST HONORS

Indoor		
2017	4x800 Meter Relay	1st
2018	DMR	1st

Arthur Azzari

ALL-BIG EAST HONORS

Outdoor		
1983	Discus	3rd

Martin Barr

ALL-MID ATLANTIC REGION

2017	Cross Country	21st
------	---------------	------

ALL-BIG EAST HONORS

Indoor		
2019	3000 Meters	3rd

Cross Country

2018	(2nd)	8000 Meters	16th
------	-------	-------------	------

Sal Barretta

ALL-BIG EAST HONORS

Outdoor		
2025	400 Meter Hurdles	3rd
2025	4x400 Meter Relay	3rd

John Barry

IC4A CHAMPION

Outdoor		
1951	Two Miles	9:24.2

OLYMPIAN (Ireland)

Year	Location	Events
1948	London	1500, 5000

HONORS AND AWARDS

Brian Basili

ALL-MID ATLANTIC REGION

2013	Cross Country	12th
2014	Cross Country	15th

ALL-BIG EAST HONORS

Cross Country

2013	8000 Meters	14th
2014	8000 Meters	11th

Charlie Bates

ALL-BIG EAST HONORS

Indoor

2014	4x800 Meter Relay	2nd
------	-------------------	-----

Outdoor

2014	4x800 Meter Relay	2nd
2015	4x800 Meter Relay	3rd

Konrad Bayer

BIG EAST CHAMPION

Indoor

2017	DMR	10:00.07
2019	DMR	9:50.45
2020	4x400 Meter Relay	3:12.51
2020	DMR	9:47.80

ALL-BIG EAST HONORS

Indoor

2017	DMR	1st
2019	DMR	1st
2020	4x400 Meter Relay	1st
2020	DMR	1st

Outdoor

2017	4x400 Meter Relay	3rd
------	-------------------	-----

Hugo Beamish

ALL-MID ATLANTIC REGION

2008	Cross Country	2nd
2009	Cross Country	4th
2010	Cross Country	15th

BIG EAST CHAMPION

Indoor

2010	DMR	9:47.60
2011	5000 Meters	14:16.11
2012	5000 Meters	14:06.40

ALL-BIG EAST HONORS

Indoor

2010	DMR	1st
2010	3000 Meters	3rd
2011	5000 Meters	1st
2012	5000 Meters	1st

Cross Country

2008	8000 Meters	6th
------	-------------	-----

Carlos Bedoya

BIG EAST CHAMPION

Indoor

2002	200 Meters	21.51
2002	4x400 Meter Relay	3:11.26
2004	200 Meters	21.46

Outdoor

2003	200 Meters	21.01
------	------------	-------

ALL-BIG EAST HONORS

Indoor

2002	200 Meters	1st
2002	4x400 Meter Relay	1st
2003	200 Meters	3rd
2004	200 Meters	1st
2004	4x400 Meter Relay	3rd

Outdoor

2002	200 Meters	2nd
2003	200 Meters	1st
2003	4x400 Meter Relay	3rd
2005	4x100 Meter Relay	2nd

Mark Belger

NCAA CHAMPION

Indoor

1976	1000 Yards	2:07.29
1977	880 Yards	1:49.17
1978	880 Yards	1:49.13

ALL-AMERICA HONORS

Indoor

1975	DMR	2nd
1976	1000 Yards	1st
1977	880 Yards	1st
1978	880 Yards	1st
1978	Two Mile Relay	2nd

Outdoor

1975	880 Yards	8th
1976	800 Meters	3rd
1977	800 Meters	2nd
1978	800 Meters	8th

IC4A CHAMPION

Indoor

1977	880 Yards	1:50.7
1978	880 Yards	1:48.7
1978	Two Mile Relay	7:33.7

Outdoor

1978	800 Meters	1:46.8
------	------------	--------

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1975	Two Mile Relay	Anchor	1:51.4
1975	4xMile Relay	1st	4:08.6
1976	4x800 Meter Relay	Anchor	1:47.0
1976	DMR	800	1:48.4
1977	SMR	Anchor	1:46.2
1977	4x800 Meter Relay	Anchor	1:47.6
1977	DMR	1200	2:50.1
1978	SMR	Anchor	1:47.4
1978	4x800 Meter Relay	Anchor	1:46.9
1978	DMR	1200	2:57.3

SUB-FOUR MINUTE MILES

First Career	3:58.4	Jul 9, 1979
Fastest Mile	3:57.37	Jan 26, 1980
Fastest 1500	3:39.39	Sep 19, 1979

PENN RELAYS WALL OF FAME

INDIVIDUAL

Inducted 1994

Mephram (N.Y.) High School '74
Villanova '78

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1978
Inducted 1993

HONORS AND AWARDS

Steve Bienko

ALL-BIG EAST HONORS

Outdoor

1998	Shot Put	3rd
1998	Discus	3rd

Bob Bizzaro

ALL-BIG EAST HONORS

Outdoor

1981	Javelin	3rd
------	---------	-----

Vince Bizzaro

IC4A CHAMPION

Outdoor

1966	Pole Vault	4.73m
1968	Pole Vault	4.98m

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1968

Inducted 1991

Jim Blackburn

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1959	Mile Relay	2nd	49.7

Steve Blais

BIG EAST CHAMPION

Outdoor

1994	High Jump	2.06m
------	-----------	-------

ALL-BIG EAST HONORS

Indoor

1994	High Jump	3rd
1996	High Jump	3rd

Outdoor

1994	High Jump	1st
1995	High Jump	2nd

Mark Blattner

BIG EAST CHAMPION

Indoor

2002	Weight Throw	18.24m
------	--------------	--------

ALL-BIG EAST HONORS

Indoor

2002	Weight Throw	1st
------	--------------	-----

Outdoor

2001	Shot Put	3rd
------	----------	-----

HONORS AND AWARDS

Adrian Blincoe

NCAA CHAMPION

Indoor		
2002	3000 Meters	8:01.76
2002	DMR	9:31.00
2003	DMR	9:29.12

ALL-AMERICA HONORS

Indoor		
2001	3000 Meters	2nd
2002	3000 Meters	1st
2002	DMR	1st
2003	DMR	1st
2003	3000 Meters	2nd

Outdoor

2002	1500 Meters	5th
------	-------------	-----

Cross Country

2000	10000 Meters	9th
------	--------------	-----

NCAA MID-ATLANTIC CHAMPION

2001	Cross Country	30:31.50
------	---------------	----------

ALL-MID ATLANTIC REGION

2000	Cross Country	3rd
2001	Cross Country	1st
2002	Cross Country	2nd

BIG EAST CHAMPION

Indoor		
2002	Mile	4:06.01
2002	4x800 Meter Relay	7:33.94
2002	DMR	9:47.11
2003	3000 Meters	8:11.61
2003	4x800 Meter Relay	7:35.86
2003	DMR	9:53.86

Outdoor

2001	1500 Meters	3:48.49
2001	4x800 Meter Relay	7:31.33

ALL-BIG EAST HONORS

Indoor		
2002	Mile	1st
2002	4x800 Meter Relay	1st
2002	DMR	1st
2003	3000 Meters	1st
2003	4x800 Meter Relay	1st
2003	DMR	1st

Outdoor

2001	1500 Meters	1st
2001	4x800 Meter Relay	1st

Cross Country

2001	8000 Meters	4th
2002	8000 Meters	4th

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
2001	DMR	Anchor	3:58.4

Adrian Blincoe (continued)

USTFCCCA HONORS

Mid-Atlantic Region Athlete of the Year
2001 Cross Country

OLYMPIAN (New Zealand)

Year	Location	Events
2008	Beijing	5000
2012	London	

SUB-FOUR MINUTE MILES

First Career	3:58.19	Feb 9, 2002
Fastest Mile	3:54.40	Sep 7, 2003
Fastest 1500	3:35.5	Aug 28, 2005

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 2003
Inducted 2021

Glenn Bogue

NCAA CHAMPION

Outdoor		
1978	Mile Relay	3:05.09

ALL-AMERICA HONORS

Indoor		
1975	DMR	2nd

Outdoor

1977	Mile Relay	3rd
1978	Mile Relay	1st

IC4A CHAMPION

Indoor		
1977	Mile Relay	3:15.6
1978	600 Yards	1:09.6
1978	Mile Relay	3:15.9

Outdoor

1976	4x400 Meter Relay	3:04.0
1977	4x400 Meter Relay	3:04.5
1978	4x400 Meter Relay	3:04.5

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1977	DMR	400	45.8
1978	4x400 Meter Relay	3rd	46.4
1978	DMR	400	46.7

OLYMPIAN (Canada)

Year	Location	Events
1976	Montreal	400

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1978
Inducted 1996

Tristan Bolinsky

BIG EAST CHAMPION

Outdoor		
2022	Discus	49.07m
2024	Shot Put	16.42m
2024	Hammer	58.56m

ALL-BIG EAST HONORS

Indoor		
2024	Shot Put	2nd
2025	Weight Throw	3rd

Outdoor

2022	Discus	1st
2023	Discus	3rd
2024	Shot Put	1st
2024	Hammer	1st
2024	Discus	2nd

BIG EAST HONORS

BIG EAST Championships

Outstanding Field Performer

2024	Outdoor Track & Field
------	-----------------------

BIG EAST Championships High Point Scorer

2024	Outdoor Track & Field
------	-----------------------

Jacob Bonanotte

BIG EAST CHAMPION

Outdoor		
2019	4x800 Meter Relay	7:26.69

ALL-BIG EAST HONORS

Outdoor		
2019	4x800 Meter Relay	1st

HONORS AND AWARDS

Martin Booker

ALL-AMERICA HONORS

Indoor		
1985	4x400 Meter Relay	6th

Outdoor

1985	110 Meter Hurdles	8th
1986	110 Meter Hurdles	3rd

BIG EAST CHAMPION

Indoor		
1983	4x400 Meter Relay	3:13.96
1985	55 Meter Hurdles	7.34
1986	55 Meter Hurdles	7.23

Outdoor

1983	400 Meter Hurdles	51.79
1983	4x100 Meter Relay	40.88
1983	4x400 Meter Relay	3:11.1
1984	110 Meter Hurdles	13.92
1984	4x400 Meter Relay	3:08.3
1985	110 Meter Hurdles	14.04
1985	4x400 Meter Relay	3:06.57
1986	110 Meter Hurdles	13.87
1986	4x400 Meter Relay	3:08.64

ALL-BIG EAST HONORS

Indoor		
1983	4x400 Meter Relay	1st
1983	55 Meter Hurdles	3rd
1984	300 Meters	2nd
1984	55 Meter Hurdles	3rd
1985	55 Meter Hurdles	1st
1985	300 Meters	3rd
1985	4x400 Meter Relay	3rd
1986	55 Meter Hurdles	1st

Outdoor

1983	400 Meter Hurdles	1st
1983	4x100 Meter Relay	1st
1983	4x400 Meter Relay	1st
1984	110 Meter Hurdles	1st
1984	4x400 Meter Relay	1st
1984	400 Meter Hurdles	2nd
1985	110 Meter Hurdles	1st
1985	4x400 Meter Relay	1st
1985	400 Meter Hurdles	2nd
1985	4x100 Meter Relay	3rd
1986	110 Meter Hurdles	1st
1986	4x400 Meter Relay	1st
1986	400 Meter Hurdles	3rd

IC4A CHAMPION

Indoor		
1983	DMR	9:51.6

Outdoor

1983	400 Meter Hurdles	51.0
1983	4x400 Meter Relay	3:09.17
1985	400 Meter Hurdles	51.03
1985	4x400 Meter Relay	3:08.84

Martin Booker (continued)

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1986
Inducted 2003

John Borgese

NCAA CHAMPION

Indoor		
1981	DMR	9:47.20
1983	Two Mile Relay	7:21.90

ALL-AMERICA HONORS

Indoor		
1981	DMR	1st
1982	Two Mile Relay	3rd
1983	Two Mile Relay	1st

BIG EAST CHAMPION

Indoor		
1981	4x800 Meter Relay	7:40.32
1982	4x800 Meter Relay	7:31.60

Outdoor

1984	4x800 Meter Relay	7:27.26
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor		
1981	4x800 Meter Relay	1st
1981	800 Meters	3rd
1982	4x800 Meter Relay	1st

Outdoor

1981	800 Meters	2nd
1981	4x400 Meter Relay	2nd
1982	800 Meters	2nd
1984	4x800 Meter Relay	1st
1984	800 Meters	2nd

IC4A CHAMPION

Indoor		
1981	DMR	9:56.57
1983	DMR	9:51.6

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1984	4x800 Meter Relay	2nd	1:49.2

Michael Botti

ALL-BIG EAST HONORS

Indoor		
2001	DMR	3rd

Jerry Bouma

ALL-AMERICA HONORS

Indoor		
1974	DMR	5th

IC4A CHAMPION

Indoor		
1974	DMR	9:45.6

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1971	4xMile Relay	1st	4:12.3

Carlton Bowers

ALL-AMERICA HONORS

Indoor		
2011	DMR	7th

ALL-BIG EAST HONORS

Indoor		
2011	400 Meters	2nd
2011	4x400 Meter Relay	2nd

Outdoor

2011	4x400 Meter Relay	2nd
------	-------------------	-----

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2011	DMR	400	46.89

Ernie Bradshaw

NCAA CHAMPION

Indoor		
1969	DMR	9:45.80

ALL-AMERICA HONORS

Indoor		
1969	DMR	1st

HONORS AND AWARDS

Don Bragg

NCAA CHAMPION

Outdoor		
1955	Pole Vault	4.60m

ALL-AMERICA HONORS

Outdoor		
1955	Pole Vault	1st
1957	Pole Vault	2nd

IC4A CHAMPION

Indoor		
1955	Pole Vault	4.27m
1956	Pole Vault	4.63m
1957	Pole Vault	4.58m

Outdoor

1955	Pole Vault	4.42m
1956	Pole Vault	4.58m
1957	Pole Vault	4.58m

PENN RELAYS CHAMPION

Individual Championships		
1955	Pole Vault	4.38m
1956	Pole Vault (tie)	4.29m
1957	Pole Vault	4.41m

OLYMPIAN (United States)

Year	Location	Events
1960	Rome	Pole Vault

PENN RELAYS WALL OF FAME

INDIVIDUAL

Inducted 1998

Villanova '57
U.S. Army

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1957
Inducted 1980

VILLANOVA STADIUM

TRACK & FIELD WALL OF FAME

Competed 1955-57
Inducted October 7, 1995

Alex Breckenridge

IC4A CHAMPION

Indoor		
1955	Mile	4:19.9

Outdoor

1956	Two Miles	9:20.1
------	-----------	--------

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1956	DMR	1320	3:04.2
1957	DMR	1320	

OLYMPIAN (United States)

Year	Location	Events
1960	Rome	Marathon

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1957
Inducted 1992

Amir Brock

BIG EAST CHAMPION

Indoor		
2018	4x400 Meter Relay	3:12.84

Outdoor

2018	4x400 Meter Relay	3:12.12
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor		
2018	4x400 Meter Relay	1st
2019	4x400 Meter Relay	3rd

Outdoor

2018	4x400 Meter Relay	1st
2018	4x100 Meter Relay	3rd
2019	4x400 Meter Relay	3rd

Anthony Brodie

BIG EAST CHAMPION

Indoor		
2020	4x400 Meter Relay	3:12.51

ALL-BIG EAST HONORS

Indoor		
2020	4x400 Meter Relay	1st
2020	400 Meters	2nd

BIG EAST HONORS

BIG EAST Men's Track Athlete of the Week		
2020	Indoor	February 10

Keith Brown

NCAA CHAMPION

Indoor		
1979	Mile Relay	3:15.52

Outdoor

1978	Mile Relay	3:05.09
------	------------	---------

ALL-AMERICA HONORS

Indoor		
1977	DMR	2nd
1979	Mile Relay	1st
1979	440 Yards	5th

Outdoor

1978	Mile Relay	1st
------	------------	-----

IC4A CHAMPION

Indoor		
1979	440 Yards	48.14
1979	Mile Relay	3:14.06

Outdoor

1977	4x100 Meter Relay	40.08
1978	4x400 Meter Relay	3:04.5
1979	400 Meters	45.56
1980	4x100 Meter Relay	40.62

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1977	SMR	200-1	
1978	4x400 Meter Relay	1st	46.6
1978	SMR	200-1	21.0
1979	SMR	400	47.5

HONORS AND AWARDS

Mike Brown

NCAA CHAMPION

Indoor		
2002	DMR	9:31.00

ALL-AMERICA HONORS

Indoor		
2002	DMR	1st

BIG EAST CHAMPION

Indoor		
2001	400 Meters	47.61
2002	400 Meters	47.17
2002	4x400 Meter Relay	3:11.26

Outdoor

1998	4x400 Meter Relay	3:08.85
2000	400 Meter Hurdles	51.03

ALL-BIG EAST HONORS

Indoor		
2000	400 Meters	3rd
2001	400 Meters	1st
2002	400 Meters	1st
2002	4x400 Meter Relay	1st

Outdoor

1998	4x400 Meter Relay	1st
1999	400 Meter Hurdles	2nd
2000	400 Meter Hurdles	1st
2001	400 Meter Hurdles	2nd

PENN RELAYS CHAMPION

Championship of America			
Year	Event	Leg	Split
2001	DMR	400	46.7

Individual Championships

2000	400 Meter Hurdles	50.54
------	-------------------	-------

John Buckley

IC4A CHAMPION

Indoor		
1960	Long Jump	7.25m

Outdoor

1958	Long Jump	7.79m
1959	Long Jump	7.64m

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1960
Inducted 1988

Walter Budney

PENN RELAYS CHAMPION

Freshman - Championship of America			
Year	Event	Leg	
1955	Freshman Mile Relay	2nd	

Frank Budd

NCAA CHAMPION

Outdoor		
1961	100 Yards	9.40
1961	220 Yards	20.80
1962	100 Yards	9.40

ALL-AMERICA HONORS

Outdoor		
1961	100 Yards	1st
1961	220 Yards	1st
1962	100 Yards	1st

IC4A CHAMPION

Indoor		
1960	60 Yards	6.2
1961	60 Yards	6.1
1962	60 Yards	6.0

Outdoor

1961	100 Yards	9.6
1961	220 Yards	21.4
1962	100 Yards	9.6
1962	220 Yards	20.6

PENN RELAYS CHAMPION

Championship of America			
Year	Event	Leg	
1961	4x220 Yard Relay	3rd	
1962	4x220 Yard Relay	Anchor	

OLYMPIAN (United States)

Year	Location	Events
1960	Rome	100

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1962
Inducted 1978

VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1960-62
Inducted October 7, 1995

Dick Buerkle

ALL-AMERICA HONORS

Indoor		
1969	Two Miles	3rd
1970	Two Miles	3rd

Outdoor

1970	Three Miles	3rd
------	-------------	-----

Cross Country

1968	Six Miles	22nd
------	-----------	------

IC4A CHAMPION

Indoor		
1970	Two Miles	8:42.2

Outdoor

1970	Three Miles	13:34.2
1970	Six Miles	28:34.7

PENN RELAYS CHAMPION

Championship of America			
Year	Event	Leg	Split
1969	4xMile Relay	2nd	4:07.9
1970	4xMile Relay	2nd	4:05.5

OLYMPIAN (United States)

Year	Location	Events
1976	Montreal	5000
1980	Moscow	

SUB-FOUR MINUTE MILES

First Career	3:58.0	Jun 4, 1973
Fastest Mile	3:54.93	Jan 13, 1978
Fastest 1500	3:39.8	Jan 13, 1978

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1969
Inducted 1994

VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1967-70
Inducted September 26, 1998

HONORS AND AWARDS

John Burns

ALL-AMERICA HONORS

Indoor			
1977	Two Mile Relay	3rd	
1978	Two Mile Relay	2nd	
1979	DMR	3rd	

IC4A CHAMPION

Indoor			
1979	DMR	9:50.37	

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1978	4x800 Meter Relay	1st	1:52.3
1978	4x1500 Meter Relay	3rd	3:44.0
1979	4x1500 Meter Relay	2nd	3:45.8

Richie Bush

BIG EAST CHAMPION

Indoor			
2020	4x400 Meter Relay	3:12.51	

ALL-BIG EAST HONORS

Indoor			
2020	4x400 Meter Relay	1st	

Outdoor

2018	4x100 Meter Relay	3rd	
2019	4x400 Meter Relay	3rd	
2021	4x400 Meter Relay	3rd	

Brock Butler

IC4A CHAMPION

Indoor			
1997	DMR	9:54.45	

Maulan Byron

BIG EAST CHAMPION

Outdoor			
1998	4x400 Meter Relay	3:08.85	

ALL-BIG EAST HONORS

Indoor			
1998	4x400 Meter Relay	3rd	

Outdoor

1998	4x400 Meter Relay	1st	
------	-------------------	-----	--

OLYMPIAN (St. Vincent and the Grenadines)

<u>Year</u>	<u>Location</u>
1996	Atlanta

Robert Cacace

BIG EAST CHAMPION

Outdoor			
2015	Decathlon	5,902	

ALL-BIG EAST HONORS

Indoor			
2014	Heptathlon	3rd	
2015	Heptathlon	3rd	
2016	Heptathlon	3rd	

Outdoor

2015	Decathlon	1st	
2016	Decathlon	2nd	

Keith Capecchi

ALL-MID ATLANTIC REGION

2008	Cross Country	18th	
2010	Cross Country	17th	

ALL-BIG EAST HONORS

Outdoor			
2011	10000 Meters	2nd	

Cross Country

2010	8000 Meters	14th	
2011	8000 Meters	6th	

USTFCCCA HONORS

All-Mid Atlantic Region

2008	Cross Country		
2010	Cross Country		

Mark Carberry

ALL-BIG EAST HONORS

Indoor			
2004	4x800 Meter Relay	2nd	

Sam Carella

ALL-BIG EAST HONORS

Outdoor			
2005	4x800 Meter Relay	2nd	

Bob Carpenter

ALL-AMERICA HONORS

Indoor			
1971	Mile Relay	3rd	
1972	DMR	3rd	

Noel Carroll

ALL-AMERICA HONORS

Indoor			
1965	Two Mile Relay	2nd	

Outdoor

1963	880 Yards	3rd	
1965	880 Yards	2nd	

IC4A CHAMPION

Indoor			
1963	1000 Yards	2:11.1	
1965	1000 Yards	2:11.5	

Outdoor

1963	880 Yards	1:52.4	
1965	880 Yards	1:50.9	

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1963	SMR	Anchor	1:49.3
1964	SMR	Anchor	
1964	DMR	880	1:50.3
1965	Two Mile Relay	Anchor	1:50.3
1965	4xMile Relay	3rd	4:10.3

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1962	Freshman Mile Relay	2nd

OLYMPIAN (Ireland)

<u>Year</u>	<u>Location</u>	<u>Events</u>
1964	Tokyo	800
1968	Mexico City	400, 800

PENN RELAYS WALL OF FAME

RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1965	Two Mile Relay	7:26.1	2015

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1965

Inducted 1988

Paul Carroll

ALL-BIG EAST HONORS

Indoor			
2000	DMR		3rd

HONORS AND AWARDS

Peter Carroll

BIG EAST CHAMPION

Indoor		
1981	DMR	10:03.59
1982	4x800 Meter Relay	7:31.60

Outdoor		
1983	4x800 Meter Relay	7:32.33

ALL-BIG EAST HONORS

Indoor		
1981	DMR	1st
1982	4x800 Meter Relay	1st
1983	1500 Meters	2nd

Outdoor		
1983	4x800 Meter Relay	1st

IC4A CHAMPION

Indoor		
1983	Two Mile Relay	7:32.28

Kyle Cartwright

BIG EAST CHAMPION

Outdoor		
2015	400 Meter Hurdles	53.30
2017	400 Meter Hurdles	54.46

ALL-BIG EAST HONORS

Indoor		
2015	4x400 Meter Relay	3rd
2016	4x400 Meter Relay	2nd

Outdoor		
2014	400 Meter Hurdles	3rd
2015	400 Meter Hurdles	1st
2015	4x100 Meter Relay	2nd
2017	400 Meter Hurdles	1st
2017	4x400 Meter Relay	3rd

Dean Childs

ALL-AMERICA HONORS

Indoor		
1977	Two Mile Relay	3rd
1978	Two Mile Relay	2nd
1979	DMR	3rd
1980	Two Miles	4th

IC4A CHAMPION

Indoor		
1978	Two Mile Relay	7:33.7
1979	Two Mile Relay	7:31.34
1980	DMR	9:57.48

PENN RELAYS CHAMPION

Championship of America			
Year	Event	Leg	Split
1978	4x1500 Meter Relay	1st	3:47.9
1979	4x1500 Meter Relay	1st	3:48.6
1980	4x1500 Meter Relay	2nd	3:46.5

SUB-FOUR MINUTE MILES

First Career	3:42.10 (1500)	Jul 4, 1978
Fastest 1500	3:42.10	Jul 4, 1978

Kevin Christiani

ALL-AMERICA HONORS

Indoor		
1995	DMR	4th

BIG EAST CHAMPION

Indoor		
1995	DMR	9:46.65

Outdoor		
1995	4x800 Meter Relay	7:39.35

ALL-BIG EAST HONORS

Indoor		
1994	DMR	2nd
1995	DMR	1st
1995	Mile	3rd

Outdoor		
1993	4x800 Meter Relay	2nd
1994	4x400 Meter Relay	3rd
1995	4x800 Meter Relay	1st

Cross Country		
1994		13th
1995		9th

Cummin Clancy

IC4A CHAMPION

Outdoor		
1951	Discus	48.20m

PENN RELAYS CHAMPION

Individual Championships		
1951	Discus	49.35m

OLYMPIAN (Ireland)

Year	Location	Events
1948	London	Discus, Shot Put

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1953
Inducted 1986

J.J. Clarke

BIG EAST CHAMPION

Outdoor		
1983	4x800 Meter Relay	7:32.33

ALL-BIG EAST HONORS

Outdoor		
1983	4x800 Meter Relay	1st
1985	4x800 Meter Relay	2nd

IC4A CHAMPION

Indoor		
1983	Two Mile Relay	7:32.28

Nick Coffey

ALL-BIG EAST HONORS

Outdoor		
2022	Javelin	2nd
2024	Javelin	3rd

BIG EAST HONORS

BIG EAST Men's Field Athlete of the Week		
2023	Outdoor	March 27

Bob Coffill

IC4A CHAMPION

Indoor		
1960	Mile Relay	3:18.8

PENN RELAYS CHAMPION

Championship of America		
Year	Event	Leg
1961	4x120y Shuttle Hurdles	2nd

Freshman - Championship of America		
Year	Event	Leg
1959	Freshman Mile Relay	(49.7) Anchor

HONORS AND AWARDS

Eamonn Coghlan

NCAA CHAMPION

Indoor		
1975	Mile	4:02.00
1976	Mile	4:01.48

Outdoor		
1975	Mile	4:00.06
1976	1500 Meters	3:37.01

ALL-AMERICA HONORS

Indoor		
1974	DMR	5th
1975	Mile	1st
1976	Mile	1st
1975	Mile	1st
1976	1500 Meters	1st

IC4A CHAMPION

Indoor		
1974	880 Yards	1:51.7
1975	Mile	4:05.3
1976	Two Miles	8:46.4
1976	DMR	9:48.6

Outdoor		
1974	Three Miles	13:26.6
1975	Mile	3:59.3
1975	Three Miles	13:38.8
1976	1500 Meters	3:40.6
1976	5000 Meters	14:00.3

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1973	4xMile Relay	1st	4:09.9
1974	DMR	1320	2:55.8
1974	4xMile Relay	3rd	4:00.9
1975	Two Mile Relay	2nd	1:51.9
1975	DMR	Anchor	3:56.3
1975	4xMile Relay	Anchor	3:59.6
1976	4x800 Meter Relay	3rd	1:49.3
1976	DMR	Anchor	3:38.8
1976	4x1500 Meter Relay	Anchor	3:42.5

OLYMPIAN (Ireland)

<u>Year</u>	<u>Location</u>	<u>Events</u>
1976	Montreal	1500
1980	Moscow	5000
1984	Los Angeles	
1988	Seoul	5000

SUB-FOUR MINUTE MILES

First Career	3:56.2	May 10, 1975
Fastest Mile	3:49.78	Feb 27, 1983
Fastest 1500	3:35.6	Feb 20, 1981

PENN RELAYS WALL OF FAME

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1974	4xMile Relay	16:10.6	2005
1975	DMR	9:28.2	1995

Eamonn Coghlan (continued)

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1976
Inducted 1991

VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1972-76
Inducted October 4, 1997

Ed Collymore

NCAA CHAMPION

Outdoor		
1958	220 Yards	20.70

ALL-AMERICA HONORS

Outdoor		
1957	220 Yards	3rd
1958	220 Yards	1st

IC4A CHAMPION

Indoor		
1957	Mile Relay	3:20.6
1958	60 Yards	6.2
1959	60 Yards	6.2

Outdoor		
1957	100 Yards	9.7
1957	220 Yards	21.0
1958	220 Yards	20.3
1959	220 Yards	21.0

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1957	Mile Relay	1st	
1957	DMR	440	
1958	Mile Relay	Anchor	46.0
1958	SMR	440	47.4
1958	DMR	440	47.6
1959	Mile Relay	Anchor	46.3

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1956	Freshman Mile Relay	Anchor

PENN RELAYS WALL OF FAME

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1958	Mile Relay	3:11.8	2011

INDIVIDUAL

Inducted 2000

Rindge (Mass.) High School '55
Villanova '59
Quantico Marines '60

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1959
Inducted 1980

VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1956-59
Inducted November 2, 1996

HONORS AND AWARDS

Casey Comber

ALL-AMERICA HONORS

Indoor

2018	DMR	8th
2019	Mile	2nd

Outdoor

2019	1500 Meters	8th
2021 (HM)	1500 Meters	17th

Cross Country

2018	10000 Meters	34th
------	--------------	------

NCAA MID-ATLANTIC CHAMPION

2018	Cross Country	31:04.5
------	---------------	---------

ALL-MID ATLANTIC REGION

2016	Cross Country	13th
2017	Cross Country	2nd
2018	Cross Country	1st
2019	Cross Country	13th

BIG EAST CHAMPION

Indoor

2017	DMR	10:00.07
2018	3000 Meters	8:05.39
2018	DMR	9:48.31
2019	Mile	4:00.55
2019	4x800 Meter Relay	7:28.55

Outdoor

2018	5000 Meters	14:23.57
2019	1500 Meters	3:59.59
2019	4x800 Meter Relay	7:26.69

Cross Country

2018	8000 Meters	23:59.7
------	-------------	---------

ALL-BIG EAST HONORS

Indoor

2017	DMR	1st
2018	3000 Meters	1st
2018	DMR	1st
2019	Mile	1st
2019	4x800 Meter Relay	1st
2019	5000 Meters	2nd

Outdoor

2018	5000 Meters	1st
2019	1500 Meters	1st
2019	4x800 Meter Relay	1st

Cross Country

2016	8000 Meters	10th
2017	8000 Meters	3rd
2018	8000 Meters	1st
2019	8000 Meters	6th

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
2018	DMR	Anchor	3:59.79
2018	4xMile Relay	Anchor	4:04.5

Casey Comber (continued)

USTFCCCA HONORS

Mid-Atlantic Region Athlete of the Year

2018	Cross Country
------	---------------

BIG EAST HONORS

BIG EAST Championships

Outstanding Track Performer

2019	Indoor Track & Field
------	----------------------

BIG EAST Men's Track Athlete of the Week

2018	Outdoor	April 30
2019	Outdoor	April 15
2021	Outdoor	April 12

BIG EAST Male Athlete of the Week

2018	Cross Country	September 18
2018	Cross Country	October 3

SUB-FOUR MINUTE MILES

First Career	3:57.80	Feb 9, 2019
Fastest Mile	3:51.92	Feb 11, 2024
Fastest 1500	3:34.24	Jun 17, 2023

Devon Comber

ALL-MID ATLANTIC REGION

2023	Cross Country	25th
2024	Cross Country	25th

BIG EAST CHAMPION

Indoor

2023	DMR	9:36.29
------	-----	---------

ALL-BIG EAST HONORS

Indoor

2023	DMR	1st
------	-----	-----

Outdoor

2024	4x800 Meter Relay	2nd
------	-------------------	-----

Cross Country

2024	8000 Meters	10th
------	-------------	------

SUB-FOUR MINUTE MILES

Fastest 1500	3:41.32	Apr 13, 2024
--------------	---------	--------------

Thomas Conboy

BIG EAST CHAMPION

Outdoor

2017	Pole Vault	4.71m
2019	Pole Vault	4.85m

ALL-BIG EAST HONORS

Indoor

2017	Pole Vault	3rd
2019	Pole Vault	2nd

Outdoor

2017	Pole Vault	1st
2019	Pole Vault	1st

BIG EAST HONORS

BIG EAST Men's Field Athlete of the Week

2019	Indoor	January 15
------	--------	------------

HONORS AND AWARDS

David Cook

ALL-AMERICA HONORS

Outdoor		
1993	Decathlon	8th

BIG EAST CHAMPION

Indoor		
1991	Pentathlon	3,835
1992	Pentathlon	3,931
1993	High Jump	2.12m
1993	Pentathlon	3,798
1994	High Jump	2.11m
1994	Pentathlon	3,861

Outdoor		
1991	High Jump	2.09m
1994	Javelin	60.65m
1995	Javelin	60.04m

ALL-BIG EAST HONORS

Indoor		
1991	Pentathlon	1st
1991	High Jump	2nd
1992	Pentathlon	1st
1993	High Jump	1st
1993	Pentathlon	1st
1994	High Jump	1st
1994	Pentathlon	1st

Outdoor		
1991	High Jump	1st
1993	High Jump	2nd
1993	Javelin	2nd
1994	Javelin	1st
1995	Javelin	1st
1995	High Jump	3rd

IC4A CHAMPION

Indoor		
1994	Pentathlon	4,101

PENN RELAYS CHAMPION

Individual Championships		
1993	Decathlon	7,520

BIG EAST HONORS

BIG EAST Championships		
Outstanding Field Performer		
1994	Indoor Track & Field	

Nate Cooper

NCAA CHAMPION

Outdoor		
1979	Triple Jump	17.10m

ALL-AMERICA HONORS

Outdoor		
19798	Triple Jump	4th
1979	Triple Jump	1st

IC4A CHAMPION

Indoor		
1977	Triple Jump	15.83m
1978	Triple Jump	16.16m

Outdoor		
1977	Triple Jump	16.16m
1978	Triple Jump	16.46m
1979	Triple Jump	16.46m

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1979
Inducted 1995

James Copperthwaite

BIG EAST CHAMPION

Indoor		
2002	4x800 Meter Relay	7:33.94
2002	DMR	9:47.11

ALL-BIG EAST HONORS

Indoor		
2001	DMR	3rd
2002	4x800 Meter Relay	1st
2002	DMR	1st

Rolando Cruz

ALL-AMERICA HONORS

Outdoor		
1963	Pole Vault	2nd

IC4A CHAMPION

Indoor		
1962	Pole Vault	4.67m
1963	Pole Vault	4.91m

Outdoor		
1962 (<i>tie</i>)	Pole Vault	4.73m
1963	Pole Vault	4.77m
1964	Pole Vault	4.97m

OLYMPIAN (Puerto Rico)

<u>Year</u>	<u>Location</u>	<u>Events</u>
1956	Melbourne	Pole Vault
1960	Rome	Pole Vault
1964	Tokyo	Pole Vault

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1964
Inducted 1985

VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1961-64
Inducted November 2, 1996

HONORS AND AWARDS

Malik Cunningham

ALL-AMERICA HONORS

Indoor		
2022 (2nd)	Triple Jump	14th

Outdoor		
2023	Triple Jump	7th

BIG EAST CHAMPION

Indoor		
2020	Triple Jump	15.39m
2022	Triple Jump	15.43m
2023	Triple Jump	15.98m
2023	Triple Jump	15.87m

ALL-BIG EAST HONORS

Indoor		
2020	Triple Jump	1st
2022	Triple Jump	1st
2023	Triple Jump	1st

Outdoor		
2019	Triple Jump	3rd
2021	Triple Jump	3rd
2023	Triple Jump	1st

BIG EAST HONORS

BIG EAST Men's Field Athlete of the Week		
2020	Indoor	January 14
2020	Indoor	January 28
2022	Indoor	February 7
2022	Indoor	February 14
2023	Indoor	February 8
2023	Indoor	February 22
2022	Outdoor	April 25
2022	Outdoor	May 2
2023	Outdoor	April 10
2023	Outdoor	May 8

Bobby Curtis

NCAA CHAMPION

Outdoor		
2008	5000 Meters	13:33.93

ALL-AMERICA HONORS

Indoor		
2004	DMR	3rd
2008	DMR	8th

Outdoor		
2007	5000 Meters	2nd
2008	5000 Meters	1st

Cross Country		
2004	10000 Meters	15th
2007	10000 Meters	4th

NCAA MID-ATLANTIC CHAMPION		
2007	Cross Country	30:08

ALL-MID ATLANTIC REGION		
2003	Cross Country	14th
2004	Cross Country	3rd
2006	Cross Country	12th
2007	Cross Country	1st

BIG EAST CHAMPION

Indoor		
2008	3000 Meters	8:02.91
2008	DMR	9:32.89

Outdoor		
2007	5000 Meters	14:17.02
2008	5000 Meters	14:23.47

Cross Country		
2004	8000 Meters	23:26
2007	8000 Meters	23:08.85

ALL-BIG EAST HONORS

Indoor		
2004	4x800 Meter Relay	2nd
2006	Mile	2nd
2006	4x800 Meter Relay	2nd
2006	DMR	2nd
2008	3000 Meters	1st
2008	DMR	1st

Outdoor		
2006	1500 Meters	2nd
2007	5000 Meters	1st
2008	5000 Meters	1st

Cross Country		
2003	8000 Meters	14th
2004	8000 Meters	1st
2007	8000 Meters	1st

USTFCCCA HONORS

Mid-Atlantic Region Athlete of the Year		
2007	Cross Country	
2008	Indoor Track & Field	

Bobby Curtis (continued)

BIG EAST HONORS

BIG EAST Championships		
Outstanding Track Performer		
2008	Indoor Track & Field	

SUB-FOUR MINUTE MILES

First Career	3:57.2	May 14, 2007
Fastest Mile	3:57.2	May 14, 2007
Fastest 1500	3:40.25	May 13, 2008

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 2007
Inducted 2024

Ryan Cutter

ALL-BIG EAST HONORS

Cross Country		
2021 (2nd)	8000 Meters	20th

Brian Dalatri

BIG EAST CHAMPION

Indoor		
1981	Shot Put	17.16m

Outdoor		
1981	Shot Put	17.01m
1981	Discus	48.28m

ALL-BIG EAST HONORS

Indoor		
1981	Shot Put	1st

Outdoor		
1981	Shot Put	1st
1981	Discus	1st

BIG EAST HONORS

BIG EAST Championships		
Outstanding Performer		
1981	Outdoor Track & Field	

HONORS AND AWARDS

Tim Dale

NCAA CHAMPION

Indoor		
1979	Mile Relay	3:15.52

Outdoor		
1978	Mile Relay	3:05.09

ALL-AMERICA HONORS

Indoor		
1977	Mile Relay	3rd
1979	Mile Relay	1st

Outdoor		
1977	400 Meters	2nd
1978	Mile Relay	1st

IC4A CHAMPION

Indoor		
1978	440 Yards	47.69
1978	Mile Relay	3:15.9
1979	Mile Relay	3:14.06

Outdoor		
1976	400 Meters	45.5
1976	4x400 Meter Relay	3:04.0
1977	400 Meters	45.64
1977	4x100 Meter Relay	40.08
1977	4x400 Meter Relay	3:04.5
1979	4x400 Meter Relay	3:08.4

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1977	SMR	400	47.6
1978	4x400 Meter Relay	Anchor	45.2
1978	SMR	400	45.5
1979	SMR	200-2	

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1979
Inducted 2005

Jon Dante

IC4A CHAMPION

Indoor		
1960	Two Mile Relay	7:45.8
1962	Two Mile Relay	7:45.2

Outdoor		
1961	880 Yards	1:55.5

Grant Davis

ALL-AMERICA HONORS

Outdoor		
1985	4x400 Meter Relay	7th
1986	4x400 Meter Relay	4th

BIG EAST CHAMPION

Indoor		
1986	4x400 Meter Relay	3:11.61

ALL-BIG EAST HONORS

Indoor		
1985	55 Meters	3rd
1985	4x800 Meter Relay	2nd
1986	4x400 Meter Relay	1st
1986	300 Meters	2nd
1987	4x400 Meter Relay	2nd
1988	4x400 Meter Relay	3rd

Outdoor		
1985	4x100 Meter Relay	3rd
1987	4x100 Meter Relay	2nd
1987	400 Meters	3rd
1987	4x400 Meter Relay	3rd

IC4A CHAMPION

Indoor		
1985	Mile Relay	3:14.92
1986	Mile Relay	3:12.38

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1986	4x400 Meter Relay	1st	47.1

Hardge Davis

NCAA CHAMPION

Indoor		
1968	Mile Relay	3:14.40
1970	Mile Relay	3:15.30

Outdoor		
1968	Mile Relay	3:08.60

ALL-AMERICA HONORS

Indoor		
1968	Mile Relay	1st
1970	Mile Relay	1st

Outdoor		
1968	Mile Relay	1st

IC4A CHAMPION

Indoor		
1968	Mile Relay	3:19.9
1969	Mile Relay	3:18.7
1970	Mile Relay	3:17.4

Outdoor		
1968	4x110 Yard Relay	41.0
1968	Mile Relay	3:09.1
1969	Mile Relay	3:11.1
1970	Mile Relay	3:10.1

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1968	Mile Relay	1st	47.6
1969	Mile Relay	1st	47.8
1969	SMR	220-1	
1970	Mile Relay	1st	47.3
1970	SMR	220-1	

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1967	Freshman Mile Relay	3rd

HONORS AND AWARDS

Kevin Davis

BIG EAST CHAMPION

Outdoor

1984 4x800 Meter Relay 7:27.26

ALL-BIG EAST HONORS

Indoor

1984 4x800 Meter Relay 2nd

Outdoor

1984 4x800 Meter Relay 1st

IC4A CHAMPION

Indoor

1985 Two Mile Relay 7:35.91

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1984	4x800 Meter Relay	1st	1:50.1

Nick DeAngelis

IC4A CHAMPION

Indoor

1960 Two Mile Relay 7:45.8

Outdoor

1960 Mile Relay 3:12.5

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1960	Mile Relay	2nd	47.7
1961	Mile Relay	2nd	50.0

Jermaine Deans

BIG EAST CHAMPION

Indoor

1998 Triple Jump 15.71m

Outdoor

1997 Triple Jump 15.58m

1998 Long Jump 7.87m

ALL-BIG EAST HONORS

Indoor

1998 Triple Jump 1st

1998 Long Jump 2nd

1999 Long Jump 3rd

Outdoor

1997 Triple Jump 1st

1997 Long Jump 3rd

1998 Long Jump 1st

2000 Triple Jump 2nd

IC4A CHAMPION

Indoor

1998 Triple Jump 16.10m

BIG EAST HONORS

BIG EAST Championships

Outstanding Field Performer

1998 Indoor Track & Field

HONORS AND AWARDS

Ron Delany

NCAA CHAMPION

Outdoor

1956	1500 Meters	3:47.30
1957	Mile	4:06.50
1958	880 Yards	1:48.20
1958	Mile	4:03.50

ALL-AMERICA HONORS

Outdoor

1956	1500 Meters	1st
1957	Mile	1st
1957	880 Yards	2nd
1958	880 Yards	1st
1958	Mile	1st

IC4A CHAMPION

Indoor

1956	Mile	4:11.4
1957	1000 Yards	2:14.0
1957	Two Miles	9:06.6
1958	1000 Yards	2:12.8
1958	Two Miles	9:17.6

Outdoor

1956	Mile	4:14.4
1957	880 Yards	1:49.5
1957	Mile	4:08.4
1958	880 Yards	
1958	Mile	4:07.8

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1956	Mile Relay	3rd	48.4
1956	SMR	880	1:54.2
1956	DMR	Anchor	4:09.6
1957	Mile Relay	3rd	48.0
1957	SMR	Anchor	
1957	DMR	Anchor	4:19.3
1958	Mile Relay	3rd	48.3
1958	SMR	Anchor	1:52.4
1958	DMR	Anchor	4:06.5

PENN RELAYS CHAMPION

Freshman - Championship of America

Year	Event	Leg
1955	Freshman Mile Relay	(48.7) Anchor

OLYMPIAN (Ireland)

Year	Location	Events
1956	Melbourne	1500
1960	Rome	800

SUB-FOUR MINUTE MILES

First Career	3:59.0	Jun 1, 1956
Fastest Mile	3:57.5	Aug 6, 1958
Fastest 1500	3:41.49	Dec 1, 1956

Ron Delany (continued)

USTFCCCA Athlete Hall of Fame

Competed 1955-58

Inducted June 6, 2022

PENN RELAYS WALL OF FAME

RELAYS

Year	Event	Time	Inducted
1958	Mile Relay	3:11.8	2011

INDIVIDUAL

Inducted 1994

Villanova '58

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1958

Inducted 1974

VILLANOVA STADIUM

TRACK & FIELD WALL OF FAME

Competed 1955-58

Inducted October 7, 1995

Vic DeMaio

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg
1958	DMR	880

PENN RELAYS CHAMPION

Freshman - Championship of America

Year	Event	Leg
1956	Freshman Mile Relay	2nd

Rob Denault

ALL-AMERICA HONORS

Indoor

2013	(2nd) Mile	14th
2015	(2nd) Mile	13th
2016	DMR	6th

Outdoor

2013	(HM) 1500 Meters	18th
2015	(2nd) 1500 Meters	12th

ALL-MID ATLANTIC REGION

2012	Cross Country	19th
2013	Cross Country	9th
2014	Cross Country	4th
2015	Cross Country	5th

BIG EAST CHAMPION

Indoor

2013	Mile	4:07.83
------	------	---------

ALL-BIG EAST HONORS

Indoor

2013	Mile	1st
2013	4x800 Meter Relay	2nd
2015	Mile	3rd
2015	3000 Meters	3rd
2016	3000 Meters	2nd
2016	DMR	2nd

Outdoor

2013	1500 Meters	3rd
2014	1500 Meters	2nd
2014	4x800 Meter Relay	2nd
2015	1500 Meters	3rd
2015	4x800 Meter Relay	3rd

Cross Country

2013	8000 Meters	6th
2014	8000 Meters	6th
2015	8000 Meters	4th

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
2015	4xMile Relay	2nd	4:01.4

BIG EAST HONORS

BIG EAST Men's Track Athlete of the Week

2015	Indoor	February 3
------	--------	------------

SUB-FOUR MINUTE MILES

First Career	3:59.39	Mar 2, 2013
Fastest Mile	3:58.25	Jan 31, 2015
Fastest 1500	3:39.71	May 17, 2017

Dave Dender

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg
1969	SMR	220-2

HONORS AND AWARDS

James Deutmeyer

BIG EAST CHAMPION

Outdoor		
2015	Pole Vault	4.66m

ALL-BIG EAST HONORS

Indoor		
2015	Pole Vault	2nd
2016	Pole Vault	3rd
2017	Pole Vault	2nd

Outdoor		
2015	Pole Vault	1st
2016	Pole Vault	2nd
2018	Pole Vault	3rd

Edward Diaz

ALL-BIG EAST HONORS

Outdoor		
1995	Discus	3rd

John DiCarlo

PENN RELAYS CHAMPION

Individual Championships		
1946	440 Yard Hurdles	55.1

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1943
Inducted 1986

Kevin Dillon

ALL-BIG EAST HONORS

Indoor		
1982	DMR	2nd

Cross Country		
1980	5 Miles	3rd

Daniel Doherty

ALL-BIG EAST HONORS

Indoor		
2005	DMR	2nd
2006	DMR	2nd

Sean Dolan

ALL-AMERICA HONORS

Indoor		
2021	Mile	6th
2022 (2nd)	800 Meters	12th
2023 (2nd)	DMR	11th
2024	800 Meters	2nd

Outdoor		
2022	800 Meters	5th
2023 (HM)	800 Meters	19th
2024	800 Meters	5th

BIG EAST CHAMPION

Indoor		
2022	800 Meters	1:47.53
2023	800 Meters	1:47.66
2024	800 Meters	1:46.90

Outdoor		
2021	800 Meters	1:48.29
2021	4x800 Meter Relay	7:25.26
2022	800 Meters	1:48.07
2023	800 Meters	1:50.60
2023	4x800 Meter Relay	7:17.96
2024	800 Meters	1:45.83

ALL-BIG EAST HONORS

Indoor		
2022	800 Meters	1st
2022	4x800 Meter Relay	2nd
2023	800 Meters	1st
2023	4x800 Meter Relay	3rd
2024	800 Meters	1st

Outdoor		
2021	800 Meters	1st
2021	4x800 Meter Relay	1st
2022	800 Meters	1st
2023	800 Meters	1st
2023	4x800 Meter Relay	1st
2024	800 Meters	1st

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2023	4xMile	3rd	4:00.81
2024	DMR	1200	3:00.27

USTFCCCA HONORS

Mid-Atlantic Region Athlete of the Year
2022 Indoor Track & Field

USTFCCCA HONORS

BIG EAST Men's Track Athlete of the Week		
2022	Indoor	January 24
2021	Outdoor	March 29

SUB-FOUR MINUTE MILES

First Career	3:57.20	Mar 12, 2021
Fastest Mile	3:56.39	Feb 11, 2022
Fastest 1500	3:38.60	Apr 10, 2021

Tom Donnelly

NCAA CHAMPION

Indoor		
1968	DMR	9:49.50

ALL-AMERICA HONORS

Indoor		
1968	DMR	1st

Outdoor		
1968	3000m Steeplechase	4th
1969	3000m Steeplechase	3rd

Cross Country		
1966	Six Miles	7th
1968	Six Miles	8th

IC4A CHAMPION

Outdoor		
1969	3000m Steeplechase	8:50.9

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1967	4xMile Relay	2nd	4:08.9
1968	4xMile Relay	2nd	4:04.2
1969	4xMile Relay	1st	4:10.0

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1969
Inducted 1989

HONORS AND AWARDS

Ross Donoghue

ALL-AMERICA HONORS

Indoor		
1982	Mile	2nd
1983	Two Mile Relay	3rd

NCAA DISTRICT II CHAMPION

1981	Cross Country	
------	---------------	--

BIG EAST CHAMPION

Indoor		
1982	1500 Meters	3:45.8

Outdoor		
1982	1500 Meters	3:47.73

ALL-BIG EAST HONORS

Indoor		
1982	1500 Meters	1st
1982	3000 Meters	3rd

Outdoor		
1982	1500 Meters	1st

Cross Country		
1981	5 Miles	6th

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1982	4x1500 Meter Relay	3rd	3:50.1

SUB-FOUR MINUTE MILES

First Career	3:58.0	Jun 23, 1979
Fastest Mile	3:55.26	May 13, 1984
Fastest 1500	3:36.95	Apr 28, 1984

Sean Donoghue

ALL-AMERICA HONORS

Outdoor		
2023 (HM)	1500 Meters	18th

BIG EAST CHAMPION

Outdoor		
2023	800 Meters	1:50.60
2023	4x800 Meter Relay	7:17.96

ALL-BIG EAST HONORS

Outdoor		
2023	800 Meters	1st
2023	4x800 Meter Relay	1st

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2023	4xMile	1st	4:01.24
2024	4xMile	1st	3:59.32

USTFCCCA HONORS

National Athlete of the Week		
2024	Outdoor	April 29

SUB-FOUR MINUTE MILES

First Career	3:58.86	Jan 26, 2024
Fastest Mile	3:58.07	Feb 9, 2024
Fastest 1550	3:41.02	Apr 13, 2024

Chris Dougherty

ALL-BIG EAST HONORS

Indoor		
2014	Pole Vault	2nd

Outdoor		
2014	Pole Vault	tie-3rd

Paul Drayton

ALL-AMERICA HONORS

Outdoor		
1961	220 Yards	2nd
1962	220 Yards	2nd

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1960	Mile Relay	Anchor	47.4
1961	4x220 Yard Relay	2nd	
1961	Mile Relay	Anchor	47.4
1962	4x220 Yard Relay	2nd	

PENN RELAYS CHAMPION

Freshman - Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	
1959	Freshman Mile Relay	(49.1)	1st

OLYMPIAN (United States)

<u>Year</u>	<u>Location</u>	<u>Events</u>
1964	Tokyo	200, 4x100 Relay

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1962

Inducted 1981

VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1959-62

Inducted October 7, 1995

Dixie Dunbar

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1944

Inducted 1993

Coulby Dunn

ALL-BIG EAST HONORS

Cross Country		
1996		14th
1997		15th

Patrick Dunn

ALL-MID ATLANTIC REGION

2002	Cross Country	23rd
------	---------------	------

HONORS AND AWARDS

Connor Dunning

ALL-BIG EAST HONORS

Indoor		
2024	4x100 Meter Relay	3rd

Fred Dwyer

ALL-AMERICA HONORS

Indoor		
1953	Mile	2nd

IC4A CHAMPION

Indoor		
1951	Mile	4:16.2
1952	Mile	4:13.0
1953	Mile	4:08.1

Outdoor		
1951	Mile	4:15.6

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1954
Inducted 1982

Drew Eckman

ALL-AMERICA HONORS

Indoor		
2004	DMR	3rd

BIG EAST CHAMPION

Indoor		
2005	500 Meters	1:02.38
2006	4x400 Meter Relay	3:11.58

Outdoor		
2004	400 Meter Hurdles	52.40
2005	400 Meter Hurdles	52.38
2006	400 Meter Hurdles	51.00
2006	4x400 Meter Relay	3:09.64

ALL-BIG EAST HONORS

Indoor		
2004	4x400 Meter Relay	3rd
2005	500 Meters	1st
2005	4x400 Meter Relay	2nd
2006	4x400 Meter Relay	1st
2006	500 Meters	2nd
2007	500 Meters	2nd

Outdoor		
2004	400 Meter Hurdles	1st
2005	400 Meter Hurdles	1st
2005	4x400 Meter Relay	2nd
2006	400 Meter Hurdles	1st
2006	4x400 Meter Relay	1st
2007	4x400 Meter Relay	3rd

Greg Eckman

ALL-AMERICA HONORS

Indoor		
1974	DMR	5th
1977	Mile Relay	3rd

IC4A CHAMPION

Indoor		
1974	DMR	9:45.6

Outdoor		
1977	4x400 Meter Relay	3:04.5

PENN RELAYS CHAMPION

Championship of America				
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>	
1974	DMR	440	47.9	
1975	DMR	440	46.7	
1976	DMR	400	47.4	

PENN RELAYS WALL OF FAME RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1975	DMR	9:28.2	1995

Jim Elliott

PENN RELAYS CHAMPION

Freshman - Championship of America				
<u>Year</u>	<u>Event</u>	<u>Leg</u>		
1932	Freshman Mile Relay	(51.0)	3rd	

Samuel Ellison

ALL-AMERICA HONORS

Indoor		
2013	DMR	5th
2013 (2nd)	800 Meters	10th
2014	800 Meters	6th
2014 (2nd)	DMR	9th

Outdoor		
2012	800 Meters	8th
2013 (HM)	800 Meters	17th
2014 (HM)	800 Meters	22nd

BIG EAST CHAMPION

Indoor		
2012	4x800 Meter Relay	7:27.91
2014	500 Meters	1:01.67

Outdoor		
2012	800 Meters	1:50.99
2013	800 Meters	1:49.90
2014	4x400 Meter Relay	3:12.17

ALL-BIG EAST HONORS

Indoor		
2011	4x400 Meter Relay	2nd
2011	500 Meters	3rd
2012	4x800 Meter Relay	1st
2012	500 Meters	2nd
2013	500 Meters	3rd
2014	500 Meters	1st

Outdoor		
2011	4x400 Meter Relay	2nd
2012	800 Meters	1st
2013	800 Meters	1st
2013	4x400 Meter Relay	3rd
2014	4x400 Meter Relay	1st
2014	800 Meters	2nd

PENN RELAYS CHAMPION

Championship of America				
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>	
2011	DMR	800	1:51.02	
2014	4x800 Meter Relay	Anchor	1:46.57	

BIG EAST HONORS

BIG EAST Men's Track Athlete of the Week		
2011	Indoor	January 18

2014	Outdoor	April 29
------	---------	----------

HONORS AND AWARDS

Michael England

NCAA CHAMPION

Indoor		
1980	DMR	9:42.22
1983	Two Mile Relay	7:21.90

ALL-AMERICA HONORS

Indoor		
1979	DMR	3rd
1980	DMR	1st
1982	Two Mile Relay	3rd
1983	Two Mile Relay	1st

Outdoor		
1983	1500 Meters	6th

BIG EAST CHAMPION

Indoor		
1982	800 Meters	1:52.10
1982	4x800 Meter Relay	7:31.60

Outdoor		
1983	4x800 Meter Relay	7:32.33

ALL-BIG EAST HONORS

Indoor		
1982	800 Meters	1st
1982	4x800 Meter Relay	1st
1983	4x800 Meter Relay	1st
1983	1000 Meters	2nd

Outdoor		
1983	4x800 Meter Relay	1st
1983	1500 Meters	2nd

IC4A CHAMPION

Indoor		
1979	Two Mile Relay	7:31.34

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1979	4x800 Meter Relay	1st	1:51.1
1979	DMR	800	1:50.7
1980	4x800 Meter Relay	1st	1:50.3
1980	DMR	800	1:48.4
1982	4x800 Meter Relay	2nd	1:46.6
1982	4x1500 Meter Relay	1st	3:44.7

PENN RELAYS WALL OF FAME

RELAYS			
<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1982	4x800 Relay	7:12.29	1994

Mark Fallon

ALL-AMERICA HONORS

Indoor		
1977	DMR	2nd

IC4A CHAMPION

Indoor		
1977	Mile Relay	3:15.6

Outdoor		
1976	4x400 Meter Relay	3:04.0

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1977	4x800 Meter Relay	1st	1:51.3

James Farmer

ALL-AMERICA HONORS

Indoor		
1988	3000 Meters	2nd

Jon Fasulo

ALL-AMERICA HONORS

Cross Country		
2003	10000 Meters	19th

ALL-MID ATLANTIC REGION

2000	Cross Country	11th
2001	Cross Country	16th
2002	Cross Country	3rd
2003	Cross Country	2nd

BIG EAST CHAMPION

Cross Country		
2003	8000 Meters	24:35

ALL-BIG EAST HONORS

Outdoor		
2001	5000 Meters	3rd
2003	5000 Meters	2nd

Cross Country		
2000	8000 Meters	15th
2001	8000 Meters	6th
2002	8000 Meters	2nd
2003	8000 Meters	1st

Brian Faust

ALL-AMERICA HONORS

Indoor		
2018	DMR	8th

BIG EAST CHAMPION

Indoor		
2018	4x400 Meter Relay	3:12.84

Outdoor		
2018	400 Meters	47.28
2018	4x400 Meter Relay	3:12.12

ALL-BIG EAST HONORS

Indoor		
2018	4x400 Meter Relay	1st
2018	400 Meters	2nd

Outdoor		
2018	400 Meters	1st
2018	4x400 Meter Relay	1st

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2018	DMR	400	46.48

Pearson Feagans

ALL-BIG EAST HONORS

Outdoor		
2016	Long Jump	3rd

Dave Fender

IC4A CHAMPION

Outdoor		
1968	4x110 Yard Relay	41.0

Chris FitzSimons

ALL-AMERICA HONORS

Indoor		
2013	DMR	5th
2014 (2nd)	DMR	9th

BIG EAST CHAMPION

Indoor		
2012	4x800 Meter Relay	7:27.91
2013	800 Meters	1:51.56

ALL-BIG EAST HONORS

Indoor		
2012	4x800 Meter Relay	1st
2013	800 Meters	1st

Outdoor		
2012	800 Meters	2nd

HONORS AND AWARDS

Barry Flicker

BIG EAST CHAMPION

Outdoor

2000	Javelin	63.58m
2001	Javelin	65.40m

ALL-BIG EAST HONORS

Outdoor

1998	Javelin	2nd
1999	Javelin	2nd
2000	Javelin	1st
2001	Javelin	1st

Jim Flynn

ALL-AMERICA HONORS

Indoor

1977	Two Mile Relay	3rd
------	----------------	-----

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1978	4x1500 Meter Relay	2nd	3:47.4

Jack Fredian

ALL-BIG EAST HONORS

Cross Country

2020 (2nd)	8000 Meters	18th
------------	-------------	------

Jan Friedli

BIG EAST CHAMPION

Indoor

1989	DMR	10:02.76
------	-----	----------

Outdoor

1988	4x800 Meter Relay	7:26.26
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor

1987	DMR	2nd
1987	1000 Meters	3rd
1988	1000 Meters	3rd
1989	DMR	1st
1989	Mile	3rd

Outdoor

1988	4x800 Meter Relay	1st
------	-------------------	-----

Cross Country

1988		2nd
------	--	-----

SUB-FOUR MINUTE MILES

First Career	3:42.08 (1500)	May 28, 1988
Fastest 1500	3:42.08	May 28, 1988

John Furlinger

IC4A CHAMPION

Indoor

1957	Mile Relay	3:20.6
------	------------	--------

Joe Gaffney

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1954

Inducted 1989

Troy Gallen

BIG EAST CHAMPION

Indoor

2019	60 Meters	6.86
------	-----------	------

ALL-BIG EAST HONORS

Indoor

2019	60 Meters	1st
------	-----------	-----

Salaam Gariba

ALL-AMERICA HONORS

Outdoor

1991	100 Meters	8th
------	------------	-----

BIG EAST CHAMPION

Indoor

1989	200 Meters	21.52
1991	55 Meters	6.28
1991	200 Meters	21.52
1992	55 Meters	6.25
1992	200 Meters	21.63

Outdoor

1989	100 Meters	10.44
1991	100 Meters	10.42
1991	200 Meters	20.96

ALL-BIG EAST HONORS

Indoor

1989	200 Meters	1st
1991	55 Meters	1st
1991	200 Meters	1st
1992	55 Meters	1st
1992	200 Meters	1st

Outdoor

1989	100 Meters	1st
1989	4x100 Meter Relay	2nd
1989	4x400 Meter Relay	2nd
1991	100 Meters	1st
1991	200 Meters	1st

IC4A CHAMPION

Outdoor

1989	100 Meters	10.43
------	------------	-------

OLYMPIAN (Ghana)

<u>Year</u>	<u>Location</u>	<u>Events</u>
1988	Seoul	4x100 Relay
1992	Barcelona	

Jack Garniewski

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1973	DMR	440	48.6

Mike Garvey

PENN RELAYS CHAMPION

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1967	Freshman Mile Relay	1st

HONORS AND AWARDS

Patrick Gazzini

ALL-BIG EAST HONORS

Outdoor		
2008	400 Meter Hurdles	2nd

Matthew Gibney

ALL-AMERICA HONORS

Indoor		
2011 (2nd)	Mile	14th

Outdoor

2009	1500 Meters	5th
2011	1500 Meters	4th

ALL-MID ATLANTIC REGION

2009	Cross Country	22nd
2011	Cross Country	5th

BIG EAST CHAMPION

Indoor		
2009	Mile	4:06.26
2010	Mile	4:09.79

ALL-BIG EAST HONORS

Indoor		
2009	Mile	1st
2010	Mile	1st
2011	Mile	2nd
2011	4x800 Meter Relay	2nd

Outdoor

2011	800 Meters	3rd
2011	4x800 Meter Relay	3rd

Cross Country

2011	8000 Meters	5th
------	-------------	-----

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2009	DMR	Anchor	3:58.4
2011	DMR	Anchor	4:02.16

BIG EAST HONORS

BIG EAST Men's Track Athlete of the Week

2011	Indoor	February 15
------	--------	-------------

SUB-FOUR MINUTE MILES

First Career	3:58.12	Feb 12, 2011
Fastest Mile	3:58.12	Feb 12, 2011
Fastest 1500	3:38.34	Jul 1, 2011

Christopher Giunta

BIG EAST CHAMPION

Indoor		
2008	DMR	9:32.89

ALL-BIG EAST HONORS

Indoor		
2008	DMR	1st

Frank Gleason

PENN RELAYS CHAMPION

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1932	Freshman Mile Relay	(53.0) 1st

Chris Glennie

ALL-BIG EAST HONORS

Outdoor		
2014	Javelin	2nd
2015	Javelin	3rd

Liam Gluck

ALL-BIG EAST HONORS

Indoor		
2025	4x400 Meter Relay	3rd

Outdoor

2025	4x400 Meter Relay	3rd
------	-------------------	-----

Bob Godesky

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1958	DMR	1320

Mike Going

ALL-AMERICA HONORS

Indoor		
1993	4x800 Meter Relay	6th

ALL-BIG EAST HONORS

Indoor		
1992	4x800 Meter Relay	2nd
1992	1000 Meters	3rd
1993	1000 Meters	2nd

Outdoor

1994	1500 Meters	2nd
------	-------------	-----

Cross Country

1993	5 Miles	11th
------	---------	------

IC4A CHAMPION

Indoor		
1993	DMR	9:47.22
1994	3000 Meters	8:19.80

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1993	4x1500 Meter Relay	2nd	3:46.0

Stefan Goodrich

BIG EAST CHAMPION

Indoor		
2010	DMR	9:47.60

ALL-BIG EAST HONORS

Indoor		
2010	DMR	1st

HONORS AND AWARDS

Greg Govan

NCAA CHAMPION

Indoor		
1970	Mile Relay	3:15.30

ALL-AMERICA HONORS

Indoor		
1970	Mile Relay	1st
1971	Mile Relay	3rd

IC4A CHAMPION

Indoor		
1970	Mile Relay	3:17.4

Outdoor		
1970	Mile Relay	3:10.1

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1970	Mile Relay	2nd	47.4
1970	DMR	440	47.0
1971	DMR	440	48.4
1972	DMR	440	47.4

Bill Grant

IC4A CHAMPION

Indoor		
1967	Mile Relay	3:19.2

Al Graves

ALL-AMERICA HONORS

Indoor		
1979	DMR	3rd

IC4A CHAMPION

Indoor		
1977	Mile Relay	3:15.6
1979	DMR	9:50.37

Outdoor		
1977	4x100 Meter Relay	40.08
1977	4x400 Meter Relay	3:04.5
1978	4x400 Meter Relay	3:04.5
1979	4x400 Meter Relay	3:08.4

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1978	SMR	200-2	20.8
1979	SMR	200-1	
1979	DMR	400	47.4

Tom Gregan

ALL-AMERICA HONORS

Indoor		
1972	Two Mile Relay	2nd
1975	DMR	2nd

IC4A CHAMPION

Indoor		
1974	Mile	4:00.6

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1972	DMR	1320	2:55.5
1973	Two Mile Relay	2nd	1:52.1
1974	4xMile Relay	1st	4:05.4
1975	DMR	1320	2:55.6
1975	4xMile Relay	3rd	4:07.2

PENN RELAYS WALL OF FAME

RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1974	4xMile Relay	16:10.6	2005
1975	DMR	9:28.2	1995

Anthony Griggs

ALL-BIG EAST HONORS

Outdoor		
1983	Javelin	2nd

Andrew Grinnell

BIG EAST CHAMPION

Outdoor		
2024	Javelin	67.86m

ALL-BIG EAST HONORS

Outdoor		
2022	Javelin	3rd
2024	Javelin	1st

BIG EAST HONORS

BIG EAST Men's Field Athlete of the Week		
2024	Outdoor	April 22

Ben Guest

ALL-MID ATLANTIC REGION

2007	Cross Country	8th
2008	Cross Country	16th

ALL-BIG EAST HONORS

Cross Country		
2008	8000 Meters	5th

George Guida

IC4A CHAMPION

Indoor		
1947	600 Yards	1:14.2

Outdoor

1947	440 Yards	47.5
------	-----------	------

OLYMPIAN (United States)

<u>Year</u>	<u>Location</u>	<u>Events</u>
1948	London	400

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1949

Inducted 1976

VILLANOVA STADIUM

TRACK & FIELD WALL OF FAME

Completed 1943, 1947-49

Bailey Habler

ALL-MID ATLANTIC REGION

2024	Cross Country	9th
------	---------------	-----

ALL-BIG EAST HONORS

Indoor		
2025	Mile	2nd

Cross Country

2024	8000 Meters	4th
------	-------------	-----

Jerry Hackett

IC4A CHAMPION

Indoor		
1960	Two Mile Relay	7:45.8
1962	Two Mile Relay	7:45.2

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1962	DMR	1320	3:05.8

HONORS AND AWARDS

Erv Hall

NCAA CHAMPION

Indoor		
1969	60 Yard Hurdles	7.00

Outdoor

1969	120 Yard Hurdles	13.30
------	------------------	-------

ALL-AMERICA HONORS

Indoor		
1967	60 Yard Hurdles	2nd
1968	60 Yard Hurdles	3rd
1969	60 Yard Hurdles	1st

Outdoor

1967	120 Yard Hurdles	3rd
1968	110 Meter Hurdles	2nd
1969	120 Yard Hurdles	1st

IC4A CHAMPION

Indoor		
1967	60 Yard Hurdles	7.4
1967	60 Yard Hurdles	7.2
1969	60 Yard Hurdles	7.2

Outdoor

1967	120 Yard Hurdles	14.1
1968	100 Yards	9.5
1967	120 Yard Hurdles	13.5
1968	4x110 Yard Relay	41.0
1969	120 Yard Hurdles	13.7

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1968	SMR	220-2

Individual Championships

1967	120 Yard Hurdles	13.6
------	------------------	------

OLYMPIAN (United States)

<u>Year</u>	<u>Location</u>	<u>Events</u>
1968	Mexico City	110m Hurdles

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1959
Inducted 1986

VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Completed 1967-69
Inducted November 2, 1996

Ian Hamilton

ALL-AMERICA HONORS

Indoor		
1966	Two Mile Relay	2nd
1968	Two Mile Relay	2nd

IC4A CHAMPION

Indoor		
1968	Two Mile Relay	7:39.2

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1966	Two Mile Relay	3rd	1:51.9
1966	DMR	1320	3:00.3
1968	DMR	880	1:50.9
1968	4xMile Relay	1st	4:12.2

PENN RELAYS WALL OF FAME

RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1966	DMR	9:46.4	2016
1968	4xMile	16:27.4	2020

Charlie Hammock

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1961	4x120y Shuttle Hurdles	3rd

Ron Hangey

IC4A CHAMPION

Indoor		
1963	Mile Relay	3:16.3

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1963	SMR	220-1

Carl Hansen

BIG EAST CHAMPION

Indoor		
2006	4x400 Meter Relay	3:11.58

Outdoor

2006	4x400 Meter Relay	3:09.64
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor		
2004	4x400 Meter Relay	3rd
2005	4x400 Meter Relay	2nd
2006	4x400 Meter Relay	1st

Outdoor

2005	4x100 Meter Relay	2nd
2005	4x400 Meter Relay	2nd
2006	4x400 Meter Relay	1st

Derrek Harbour

NCAA CHAMPION

Indoor		
1979	Mile Relay	3:15.52

ALL-AMERICA HONORS

Indoor		
1977	Mile Relay	3rd
1978	440 Yards	4th
1979	Mile Relay	1st

IC4A CHAMPION

Indoor		
1977	Mile Relay	3:15.6
1978	Mile Relay	3:15.9
1979	Mile Relay	3:14.06

Outdoor

1977	4x100 Meter Relay	40.08
1979	4x400 Meter Relay	3:08.4

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1977	SMR	200-2	
1978	4x400 Meter Relay	2nd	46.3

HONORS AND AWARDS

Cody Harper

BIG EAST CHAMPION

Indoor

2009	4x800 Meter Relay	7:30.56
2010	4x800 Meter Relay	7:31.00

Outdoor

2009	4x800 Meter Relay	7:25.85
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor

2009	4x800 Meter Relay	1st
2010	4x800 Meter Relay	1st
2010	800 Meters	2nd

Outdoor

2009	4x800 Meter Relay	1st
2010	4x800 Meter Relay	3rd

Bruce Harris

NCAA CHAMPION

Indoor

1988	4x800 Meter Relay	7:25.23
------	-------------------	---------

ALL-AMERICA HONORS

Indoor

1988	4x800 Meter Relay	1st
1989	4x800 Meter Relay	3rd

BIG EAST CHAMPION

Indoor

1986	DMR	10:01.44
------	-----	----------

Outdoor

1987	4x800 Meter Relay	7:23.40
1989	4x800 Meter Relay	7:30.00

ALL-BIG EAST HONORS

Indoor

1986	DMR	1st
1986	4x800 Meter Relay	2nd
1987	DMR	2nd
1988	DMR	2nd
1988	800 Meters	3rd
1988	4x800 Meter Relay	3rd

Outdoor

1986	4x800 Meter Relay	3rd
1987	4x800 Meter Relay	1st
1989	4x800 Meter Relay	1st

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1989	4x800 Meter Relay	3rd	1:50.1

PENN RELAYS WALL OF FAME

RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1987	DMR	9:21.02	2007

Dave Hartman

ALL-BIG EAST HONORS

Cross Country

1992	5 Miles	12th
1993	5 Miles	4th

HONORS AND AWARDS

John Hartnett

NCAA CHAMPION

Indoor		
1974	Two Miles	8:33.60

ALL-AMERICA HONORS

Indoor		
1971	DMR	3rd
1972	DMR	3rd
1974	Two Miles	1st
1974	DMR	5th

Outdoor

1972	5000 Meters	3rd
1973	Three Miles	8th

Cross Country

1972	Six Miles	16th
------	-----------	------

IC4A CHAMPION

Indoor		
1974	Two Miles	8:33.2
1974	DMR	9:45.6

Outdoor

1972	Three Miles	13:42.8
1973	3000m Steeplechase	8:54.2
1973	Six Miles	28:07.1
1974	Mile	4:00.4

Cross Country

1973	5 Miles	24:00.0
------	---------	---------

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1972	DMR	Anchor	4:03.4
1973	Two Mile Relay	1st	1:53.7
1973	DMR	Anchor	4:05.7
1973	4xMile Relay	Anchor	4:03.7
1974	DMR	Anchor	4:02.2
1974	4xMile Relay	Anchor	4:00.1

OLYMPIAN (Ireland)

<u>Year</u>	<u>Location</u>	<u>Events</u>
1972	Munich	5000

SUB-FOUR MINUTE MILES

First Career	3:58.3	May 12, 1973
Fastest Mile	3:54.7	Jun 20, 1973
Fastest 1500	3:38.1	Jun 22, 1974

PENN RELAYS WALL OF FAME

RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1974	4xMile Relay	16:10.6	2005

INDIVIDUAL

Inducted 2001
Villanova '74

John Hartnett (continued)

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1974

Inducted 1989

HONORS AND AWARDS

Ryan Hayden

NCAA CHAMPION

Indoor		
2002	DMR	9:31.00
2003	DMR	9:29.12

ALL-AMERICA HONORS

Indoor		
2001	Mile	7th
2002	DMR	1st
2003	DMR	1st
2003	Mile	4th

Outdoor		
2002	1500 Meters	6th

Cross Country		
2000	10000 Meters	29th
2001	10000 Meters	26th

ALL-MID ATLANTIC REGION

2000	Cross Country	9th
2001	Cross Country	2nd
2002	Cross Country	4th
2003	Cross Country	3rd

BIG EAST CHAMPION

Indoor		
2001	Mile	4:10.08
2002	4x800 Meter Relay	7:33.94
2002	DMR	9:47.11
2003	1000 Meters	2:27.08
2003	4x800 Meter Relay	7:35.86
2003	DMR	9:53.86
2005	4x800 Meter Relay	7:37.84

Outdoor		
2001	4x800 Meter Relay	7:31.33
2002	800 Meters	1:50.47
2005	800 Meters	1:52.54

ALL-BIG EAST HONORS

Indoor		
2001	Mile	1st
2002	4x800 Meter Relay	1st
2002	Mile	2nd
2003	1000 Meters	1st
2003	4x800 Meter Relay	1st
2003	DMR	1st
2005	4x800 Meter Relay	1st
2005	1000 Meters	2nd
2005	DMR	2nd

Outdoor		
2001	4x800 Meter Relay	1st
2001	1500 Meters	2nd
2002	800 Meters	1st
2005	800 Meters	1st
2005	4x800 Meter Relay	2nd

Cross Country		
2001	8000 Meters	5th
2002	8000 Meters	3rd

Ryan Hayden (continued)

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2001	DMR	1200	2:55.6

BIG EAST HONORS

BIG EAST Championships	
Outstanding Track Performer	
2003	Indoor Track & Field

SUB-FOUR MINUTE MILES

First Career	3:58.27	May 18, 2002
Fastest Mile	3:58.27	May 18, 2002
Fastest 1500	3:39.78	Jun 27, 2004

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 2005
Inducted 2023

Bill Heidelberger

ALL-AMERICA HONORS

Indoor		
1965	Mile Relay	2nd

IC4A CHAMPION

Indoor		
1967	Mile Relay	3:19.2

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1966	DMR	440	48.2
1967	DMR	440	48.3

PENN RELAYS WALL OF FAME RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1966	DMR	9:46.4	2016

Warner Heitman

IC4A CHAMPION

Indoor		
1956	Mile Relay	3:19.6

PENN RELAYS CHAMPION

Championship of America		
<u>Year</u>	<u>Event</u>	<u>Leg</u>
1955	Mile Relay	3rd
1955	SMR	220-1

Carl Hickey

PENN RELAYS CHAMPION

Individual Championships		
1933	Triple Jump	13.46m

Patrick Hickey

BIG EAST CHAMPION

Indoor		
2003	DMR	9:53.86

ALL-BIG EAST HONORS

Indoor		
2003	DMR	1st

Nicoy Hines

ALL-BIG EAST HONORS

Indoor		
2011	4x400 Meter Relay	2nd

Outdoor		
2011	4x400 Meter Relay	2nd

David Hisler

ALL-BIG EAST HONORS

Indoor		
1997	4x400 Meter Relay	3rd

IC4A CHAMPION

Indoor		
1997	DMR	9:54.45

HONORS AND AWARDS

Earl Horner

NCAA CHAMPION

Outdoor		
1965	220 Yards	21.10

ALL-AMERICA HONORS

Outdoor		
1965	220 Yards	1st
1966	220 Yards	2nd

IC4A CHAMPION

Outdoor		
1964	220 Yards	20.9
1965	100 Yards	9.8
1965	220 Yards	21.0
1966	220 Yards	21.2

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg
1964	SMR	220-1

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1966
Inducted 1988

Stephen Howard

ALL-AMERICA HONORS

Indoor		
1997	Mile	7th

BIG EAST CHAMPION

Indoor		
1997	Mile	4:10.79
1997	3000 Meters	8:11.89

Outdoor

1997	1500 Meters	3:52.31
1997	5000 Meters	14:21.25

ALL-BIG EAST HONORS

Indoor		
1997	Mile	1st
1997	3000 Meters	1st
1997	DMR	3rd

Outdoor

1997	1500 Meters	1st
1997	5000 Meters	1st

IC4A CHAMPION

Indoor		
1996	DMR	9:49.07
1997	DMR	9:54.45

Outdoor

1997	5000 Meters	14:08.43
------	-------------	----------

SUB-FOUR MINUTE MILES

First Career	3:58.8	May 14, 1997
Fastest Mile	3:58.8	May 14, 1997

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1997
Inducted 2017

Quentin Howe

ALL-AMERICA HONORS

Indoor		
1989	4x800 Meter Relay	3rd

BIG EAST CHAMPION

Indoor		
1989	DMR	10:02.76
1990	DMR	10:01.44

ALL-BIG EAST HONORS

Indoor		
1989	DMR	1st
1990	DMR	1st
1990	Mile	2nd

Outdoor

1989	1500 Meters	3rd
------	-------------	-----

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1989	4x800 Meter Relay	1st	1:51.3

Keegan Hughes

BIG EAST CHAMPION

Indoor		
2020	4x400 Meter Relay	3:12.51

Outdoor

2018	400 Meter Hurdles	53.13
2018	4x400 Meter Relay	3:12.12
2019	400 Meter Hurdles	52.37

ALL-BIG EAST HONORS

Indoor		
2019	4x400 Meter Relay	3rd
2020	4x400 Meter Relay	1st

Outdoor

2018	400 Meter Hurdles	1st
2018	4x400 Meter Relay	1st
2018	4x100 Meter Relay	3rd
2019	400 Meter Hurdles	1st
2019	4x400 Meter Hurdles	3rd
2021	4x400 Meter Relay	3rd

HONORS AND AWARDS

John Hunter

NCAA CHAMPION

Indoor		
1980	DMR	9:42.22

ALL-AMERICA HONORS

Indoor		
1980	DMR	1st
1981	1000 Yards	5th
1982	1000 Yards	2nd

BIG EAST CHAMPION

Indoor		
1981	1000 Meters	2:28.22
1981	DMR	10:03.59
1982	1000 Meters	2:22.50

Outdoor

1981	1500 Meters	3:45.15
------	-------------	---------

ALL-BIG EAST HONORS

Indoor		
1981	1000 Meters	1st
1981	DMR	1st
1982	1000 Meters	1st
1982	4x400 Meter Relay	2nd
1982	DMR	2nd

Outdoor

1981	1500 Meters	1st
1982	3000m Steeplechase	3rd

Cross Country

1980	5 Miles	10th
1981	5 Miles	15th

IC4A CHAMPION

Indoor		
1981	1000 Meters	2:23.44
1982	1000 Meters	2:22.27

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1980	4x800 Meter Relay	3rd	1:50.1
1981	DMR	1200	2:54.5
1981	4x1500 Meter Relay	3rd	3:43.8
1982	4x800 Meter Relay	3rd	1:46.5
1982	4x1500 Meter Relay	Anchor	3:41.9

BIG EAST HONORS

BIG EAST Championships

1982	Indoor Track & Field
------	----------------------

PENN RELAYS WALL OF FAME

RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1982	4x800 Relay	7:12.29	1994

Robert Hurlbut

BIG EAST CHAMPION

Outdoor		
2015	10000 Meters	29:58.12

ALL-BIG EAST HONORS

Outdoor		
2015	10000 Meters	1st
2016	10000 Meters	2nd

Cross Country

2015 (2nd)	8000 Meters	13th
------------	-------------	------

Dave Hyland

ALL-AMERICA HONORS

Cross Country		
1964	Four Miles	15th

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1964	4xMile Relay	1st	4:14.6
1965	4xMile Relay	1st	4:10.2

Lamotte Hyman

NCAA CHAMPION

Indoor		
1970	Mile Relay	3:15.30

ALL-AMERICA HONORS

Indoor		
1970	Mile Relay	1st
1971	Mile Relay	3rd
1971	DMR	3rd

IC4A CHAMPION

Indoor		
1969	Mile Relay	3:18.7
1970	Mile Relay	3:17.4
1971	440 Yards	48.5

Outdoor

1969	Mile Relay	3:11.1
1970	Mile Relay	3:10.1

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1969	Mile Relay	3rd	46.3
1969	DMR	440	47.3
1970	Mile Relay	3rd	47.2
1970	SMR	220-2	

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1968	Freshman Mile Relay	(47.8) Anchor

Jason Jabaut

NCAA CHAMPION

Indoor		
2002	DMR	9:31.00

ALL-AMERICA HONORS

Indoor		
2002	DMR	1st

BIG EAST CHAMPION

Indoor		
2002	4x800 Meter Relay	7:33.94
2002	DMR	9:47.11
2003	DMR	9:53.86
2004	DMR	9:47.25

Outdoor

2001	4x800 Meter Relay	7:31.33
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor		
2002	4x800 Meter Relay	1st
2002	DMR	1st
2003	DMR	1st
2003	800 Meters	2nd
2004	DMR	1st
2004	4x800 Meter Relay	2nd

Outdoor

2001	4x800 Meter Relay	1st
2002	800 Meters	3rd

IC4A CHAMPION

Outdoor		
2001	1500 Meters	3:49.00

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2001	DMR	800	1:49.8

SUB-FOUR MINUTE MILES

First Career	3:59.07	May 4, 2006
Fastest Mile	3:57.26	Jun 2, 2007
Fastest 1500	3:40.59	Jun 23, 2005

Al Jackman

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1962	DMR	440	49.5

HONORS AND AWARDS

Howard Jackson

NCAA CHAMPION

Indoor		
1988	4x800 Meter Relay	7:25.23
1990	4x800 Meter Relay	7:19.94

ALL-AMERICA HONORS

Indoor		
1988	4x800 Meter Relay	1st
1990	4x800 Meter Relay	1st

BIG EAST CHAMPION

Outdoor		
1987	4x800 Meter Relay	7:23.40

ALL-BIG EAST HONORS

Indoor		
1987	800 Meters	3rd
1988	DMR	2nd

Outdoor

1987	4x800 Meter Relay	1st
1989	4x400 Meter Relay	2nd

Larry James

NCAA CHAMPION

Indoor		
1968	440 Yards	47.00
1968	Mile Relay	3:14.40
1969	440 Yards	47.30
1970	440 Yards	48.3
1970	Mile Relay	3:15.30

Outdoor

1968	Mile Relay	3:08.60
1970	440 Yards	45.50

ALL-AMERICA HONORS

Indoor		
1968	440 Yards	1st
1968	Mile Relay	1st
1969	440 Yards	1st
1970	440 Yards	1st
1970	Mile Relay	1st
1970	DMR	3rd

Outdoor

1968	Mile Relay	1st
1968	400 Meters	2nd
1970	440 Yards	1st

IC4A CHAMPION

Indoor		
1968	600 Yards	1:10.2
1968	Mile Relay	3:19.9
1969	600 Yards	1:09.2
1969	Mile Relay	3:18.7
1970	600 Yards	1:09.2
1970	Mile Relay	3:17.4

Outdoor

1968	440 Yards	45.5
1968	4x110 Yard Relay	41.0
1968	Mile Relay	3:09.1
1969	440 Yards	45.5
1969	Mile Relay	3:11.1
1970	440 Yards	46.2

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1968	Mile Relay	Anchor	43.9
1968	SMR	440	46.2
1969	Mile Relay	Anchor	45.1
1969	SMR	440	45.3
1970	Mile Relay	Anchor	46.0
1970	SMR	440	46.3

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1967	Freshman Mile Relay	Anchor

OLYMPIAN (United States)

<u>Year</u>	<u>Location</u>	<u>Events</u>
1968	Mexico City	400, 4x400 Relay

Larry James (continued)

PENN RELAYS WALL OF FAME

INDIVIDUAL

Inducted 1995

White Plains (N.Y.) High School '66
Villanova '70
BOHAA

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1970
Inducted 1986

VILLANOVA STADIUM

TRACK & FIELD WALL OF FAME

Competed 1967-70
Inducted October 7, 1995

HONORS AND AWARDS

Charles Jenkins

ALL-AMERICA HONORS

Outdoor

1955	440 Yards	2nd
1956	400 Meters	3rd
1957	440 Yards	3rd

IC4A CHAMPION

Indoor

1955	600 Yards	1:11.2
1956	600 Yards	1:11.9
1956	Mile Relay	3:19.6
1957	600 Yards	1:12.1

Outdoor

1955	440 Yards	47.2
1955	Mile Relay	3:15.2
1956	Mile Relay	3:14.9
1957	440 Yards	47.4

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1955	Mile Relay	Anchor	46.5
1955	SMR	Anchor	1:51.7
1956	Mile Relay	Anchor	46.1
1956	SMR	440	47.6
1956	DMR	880	1:56.0
1957	Mile Relay	Anchor	46.7
1957	SMR	440	
1957	DMR	880	

OLYMPIAN (United States)

Year	Location	Events
1956	Melbourne	400, 4x400 Relay

PENN RELAYS WALL OF FAME

INDIVIDUAL

Inducted 1994

Rindge (Mass.) High School '53
Villanova '57

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1958

Inducted 1975

VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1954-57

Inducted October 7, 1995

Charles Jenkins, Jr.

ALL-AMERICA HONORS

Indoor

1985	4x400 Meter Relay	6th
1986	500 Meters	3rd

Outdoor

1985	4x400 Meter Relay	7th
1986	4x400 Meter Relay	4th

BIG EAST CHAMPION

Indoor

1983	DMR	9:46.16
1984	DMR	9:38.38
1985	500 Meters	1:01.60
1986	4x400 Meter Relay	3:11.61

Outdoor

1983	4x100 Meter Relay	40.88
1983	4x400 Meter Relay	3:11.1
1984	4x400 Meter Relay	3:08.3
1985	4x400 Meter Relay	3:06.57
1986	4x400 Meter Relay	3:08.64

ALL-BIG EAST HONORS

Indoor

1983	DMR	1st
1984	DMR	1st
1984	4x400 Meter Relay	2nd
1985	4x400 Meter Relay	3rd
1986	500 Meters	1st
1986	4x400 Meter Relay	1st

Outdoor

1983	4x100 Meter Relay	1st
1983	4x400 Meter Relay	1st
1984	4x400 Meter Relay	1st
1985	4x400 Meter Relay	1st
1985	400 Meters	3rd
1985	4x100 Meter Relay	3rd
1986	4x400 Meter Relay	1st
1986	400 Meters	3rd

IC4A CHAMPION

Indoor

1984	Mile Relay	3:15.56
1985	Mile Relay	3:14.92
1986	500 Meters	1:01.45
1986	Mile Relay	3:12.38

Outdoor

1983	4x400 Meter Relay	3:09.17
1984	4x400 Meter Relay	3:05.75
1985	4x400 Meter Relay	3:08.84

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1986	4x400 Meter Relay	Anchor	45.1

OLYMPIAN (United States)

Year	Location	Events
1992	Barcelona	4x400 Relay

Charles Jenkins, Jr. (continued)

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1986

Inducted 2002

Jack Jennings

ALL-BIG EAST HONORS

Indoor

2023	5000 Meters	2nd
------	-------------	-----

Cross Country

2021	8000 Meters	10th
2022	8000 Meters	3rd

ALL-MID ATLANTIC REGION

2021	Cross Country	9th
2022	Cross Country	12th

Billy Joe

ALL-AMERICA HONORS

Outdoor

1962	Shot Put	3rd
------	----------	-----

IC4A CHAMPION

Indoor

1961	Shot Put	16.63m
------	----------	--------

Outdoor

1961	Shot Put	16.48m
------	----------	--------

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1963

Inducted 1983

Antoine Johnson

BIG EAST CHAMPION

Indoor

2001	60 Meter Hurdles	7.92
------	------------------	------

ALL-BIG EAST HONORS

Indoor

2000	60 Meter Hurdles	3rd
2001	60 Meter Hurdles	1st
2002	60 Meter Hurdles	2nd

Outdoor

2000	110 Meter Hurdles	3rd
2001	Triple Jump	2nd
2001	Long Jump	3rd

IC4A CHAMPION

Outdoor

2001	110 Meter Hurdles	14.06
------	-------------------	-------

HONORS AND AWARDS

Marc Jones

ALL-BIG EAST HONORS

Indoor		
1987	400 Meters	2nd
1987	4x400 Meter Relay	2nd
1988	4x400 Meter Relay	3rd

Outdoor		
1987	4x100 Meter Relay	2nd
1987	4x400 Meter Relay	3rd

IC4A CHAMPION

Indoor		
1987	Mile Relay	3:12.41

Jack Judge

BIG EAST CHAMPION

Outdoor		
2018	Javelin	65.28m
2019	Javelin	62.62m

ALL-BIG EAST HONORS

Outdoor		
2016	Javelin	2nd
2017	Javelin	2nd
2018	Javelin	1st
2019	Javelin	1st

BIG EAST HONORS

BIG EAST Men's Field Athlete of the Week		
2019	Outdoor	March 25

Imevar Justice

ALL-BIG EAST HONORS

Outdoor		
2024	4x100 Meter Relay	3rd

Lou Kahl

BIG EAST CHAMPION

Indoor		
1993	DMR	9:51.25

ALL-BIG EAST HONORS

Indoor		
1993	DMR	1st
1994	4x400 Meter Relay	3rd

Matt Kane

ALL-MID ATLANTIC REGION

2010	Cross Country	7th
2011	Cross Country	21st

ALL-BIG EAST HONORS

Cross Country		
2010	8000 Meters	13th
2011	8000 Meters	13th

Phil Kane

ALL-AMERICA HONORS

Indoor		
1975	DMR	2nd
1976	DMR	3rd
1977	DMR	2nd

Outdoor		
1977	1500 Meters	4th

IC4A CHAMPION

Indoor		
1974	DMR	9:45.6

Outdoor		
1977	1500 Meters	3:45.59

PENN RELAYS CHAMPION

Championship of America			
Year	Event	Leg	Split
1975	Two Mile Relay	1st	1:53.5
1976	4x800 Meter Relay	2nd	1:50.9
1976	DMR	1300	3:14.2
1976	4x1500 Meter Relay	3rd	3:46.7
1977	4x800 Meter Relay	3rd	1:47.7
1977	DMR	Anchor	3:59.7

SUB-FOUR MINUTE MILES

First Career	3:59.37	Jul 3, 1978
Fastest Mile	3:55.77	Aug 25, 1982
Fastest 1500	3:39.06	Jul 6, 1978

Christopher Kearney

ALL-BIG EAST HONORS

Indoor		
2011	4x400 Meter Relay	2nd
2011	DMR	3rd

Outdoor		
2011	4x400 Meter Relay	2nd

Andrew Keino

ALL-MID ATLANTIC REGION

2006	Cross Country	14th
------	---------------	------

BIG EAST CHAMPION

Indoor		
2005	4x800 Meter Relay	7:37.84

Outdoor		
2006	3000m Steeplechase	9:00.40

ALL-BIG EAST HONORS

Indoor		
2005	4x800 Meter Relay	1st
2005	DMR	2nd
2006	DMR	2nd

Outdoor		
2005	4x800 Meter Relay	2nd
2006	3000m Steeplechase	1st

Cross Country		
2004	8000 Meters	13th

Rick Kell

ALL-AMERICA HONORS

Indoor		
1972	Two Mile Relay	2nd

IC4A CHAMPION

Indoor		
1971	Two Mile Relay	7:31.6

HONORS AND AWARDS

Finn Kelly

ALL-AMERICA HONORS

Indoor		
1991	4x800 Meter Relay	3rd

BIG EAST CHAMPION

Indoor		
1990	DMR	10:01.44
1991	4x800 Meter Relay	7:29.35

Outdoor

1988	4x800 Meter Relay	7:26.26
1990	4x800 Meter Relay	7:30.15

ALL-BIG EAST HONORS

Indoor		
1988	1000 Meters	2nd
1988	DMR	2nd
1988	4x800 Meter Relay	3rd
1990	DMR	1st
1990	4x800 Meter Relay	3rd
1991	4x800 Meter Relay	1st
1992	1000 Meters	2nd

Outdoor

1988	4x800 Meter Relay	1st
1990	4x800 Meter Relay	1st
1991	1500 Meters	3rd
1992	1500 Meters	3rd
1992	4x400 Meter Relay	3rd

PENN RELAYS CHAMPION

Championship of America			
Year	Event	Leg	Split
1991	4x800 Meter Relay	2nd	1:47.1
1992	4x800 Meter Relay	2nd	1:48.2

Jacob Kelly

BIG EAST CHAMPION

Outdoor		
2019	High Jump	2.11m

ALL-BIG EAST HONORS

Indoor		
2018	High Jump	3rd
2019	High Jump	2nd
2020	High Jump	2nd

Outdoor

2018	High Jump	3rd
2019	High Jump	1st
2021	High Jump	2nd

BIG EAST HONORS

BIG EAST Men's Field Athlete of the Week		
2019	Indoor	February 12

Doug Kerr

IC4A CHAMPION

Outdoor		
1962	Javelin	68.59m

PENN RELAYS CHAMPION

Championship of America		
Year	Event	Leg
1961	4x120y Shuttle Hurdles	1st

Michael Kerrigan

ALL-AMERICA HONORS

Indoor		
2008	DMR	8th

ALL-MID ATLANTIC REGION

2005	Cross Country	15th
2006	Cross Country	16th
2007	Cross Country	13th

BIG EAST CHAMPION

Indoor		
2008	4x800 Meter Relay	7:26.24
2008	DMR	9:32.89

Outdoor

2007	4x800 Meter Relay	7:29.54
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor		
2008	4x800 Meter Relay	1st
2008	DMR	1st

Outdoor

2007	4x800 Meter Relay	1st
2008	4x800 Meter Relay	3rd

Cross Country

2007	8000 Meters	15th
------	-------------	------

SUB-FOUR MINUTE MILES

First Career	3:59.60	May 14, 2007
Fastest Mile	3:59.60	May 14, 2007

Jim Keys

ALL-BIG EAST HONORS

Indoor		
2019	Pole Vault	3rd
2020	Pole Vault	2nd

John Keyworth

NCAA CHAMPION

Indoor		
1983	Two Mile Relay	7:21.90

ALL-AMERICA HONORS

Indoor		
1983	Two Mile Relay	1st

BIG EAST CHAMPION

Indoor		
1983	5000 Meters	14:13.12
1984	DMR	9:38.38

Outdoor

1985	5000 Meters	14:43.0
1986	1500 Meters	3:42.42

ALL-BIG EAST HONORS

Indoor		
1983	5000 Meters	1st
1983	4x800 Meter Relay	1st
1984	DMR	1st
1984	3000 Meters	3rd
1986	1500 Meters	2nd
1986	3000 Meters	2nd

Outdoor

1983	1500 Meters	3rd
1984	1500 Meters	2nd
1985	5000 Meters	1st
1985	1500 Meters	3rd
1986	1500 Meters	1st
1986	5000 Meters	2nd

IC4A CHAMPION

Indoor		
1983	3000 Meters	8:01.19
1983	DMR	9:51.6

PENN RELAYS CHAMPION

Championship of America			
Year	Event	Leg	Split
1984	4x1500 Meter Relay	3rd	3:43.9

SUB-FOUR MINUTE MILES

First Career	3:59.43	Jul 14, 1984
Fastest Mile	3:59.43	Jul 14, 1984
Fastest 1500	3:41.78	May 11, 1985

Karl Kinscherf

ALL-AMERICA HONORS

Indoor		
1972	DMR	3rd

IC4A CHAMPION

Indoor		
1971	Two Mile Relay	7:31.6

HONORS AND AWARDS

Jerry Klyop

IC4A CHAMPION

Indoor		
1971	Pole Vault	4.99m

Kolby Koeck

ALL-BIG EAST HONORS

Outdoor		
2014	Pole Vault	2nd

BIG EAST HONORS

BIG EAST Men's Field Athlete of the Week		
2017	Indoor	December 13

Mark Korich

ALL-AMERICA HONORS

Indoor		
2008	DMR	8th

BIG EAST CHAMPION

Indoor		
2005	4x800 Meter Relay	7:37.84
2008	4x800 Meter Relay	7:26.24
2008	DMR	9:32.89

ALL-BIG EAST HONORS

Indoor		
2005	4x800 Meter Relay	1st
2005	800 Meters	3rd
2006	1000 Meters	2nd
2006	4x800 Meter Relay	2nd
2008	4x800 Meter Relay	1st
2008	DMR	1st

Outdoor

2005	4x800 Meter Relay	2nd
2008	4x800 Meter Relay	3rd

Amos Korir

ALL-AMERICA HONORS

Indoor		
1979	Mile	3rd
1980	Two Miles	2nd

Outdoor

1979	3000m Steeplechase	2nd
1980	3000m Steeplechase	3rd

Cross Country

1980	10000 Meters	21st
------	--------------	------

NCAA DISTRICT II CHAMPION

1978	Cross Country	
------	---------------	--

ALL-BIG EAST HONORS

Cross Country		
1980	5 Miles	5th

IC4A CHAMPION

Indoor		
1979	Two Mile Relay	7:31.34
1980	DMR	9:57.48

Outdoor

1979	3000m Steeplechase	8:30.3
1979	10000 Meters	29:01.3
1980	3000m Steeplechase	8:31.8
1980	10000 Meters	29:34.0

PENN RELAYS CHAMPION

Championship of America		
Year	Event	Leg
1979	4x800 Meter Relay	2nd
1979	4x1500 Meter Relay	3rd
1980	4x1500 Meter Relay	3rd

SUB-FOUR MINUTE MILES

First Career	3:59.3	Jan 12, 1979
Fastest Mile	3:59.3	Jan 12, 1979

Nick Kotys

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1936
Inducted 1984

Stan Kozlowski

ALL-AMERICA HONORS

Indoor		
1965	Mile Relay	2nd

IC4A CHAMPION

Indoor		
1963	Mile Relay	3:16.3

PENN RELAYS CHAMPION

Championship of America		
Year	Event	Leg
1964	SMR	440

Freshman - Championship of America

Year	Event	Leg
1962	Freshman Mile Relay	3rd

Alexander Kramer

PENN RELAYS CHAMPION

Freshman - Championship of America		
Year	Event	Leg
1932	Freshman Mile Rley	(52.2) 2nd

Ryan Kredell

ALL-MID ATLANTIC REGION

2023	Cross Country	21st
------	---------------	------

ALL-BIG EAST HONORS

Cross Country		
2023 (2nd)	8530 Meters	15th

Jakob Kunzer

ALL-BIG EAST HONORS

Indoor		
2023	4x400 Meter Relay	3rd

Outdoor

2021	4x400 Meter Relay	3rd
2023	4x400 Meter Relay	3rd
2024	4x400 Meter Relay	3rd

Joe Kurzrok

PENN RELAYS CHAMPION

Freshman - Championship of America		
Year	Event	Leg
1968	Freshman Mile Relay	(49.4) 1st

HONORS AND AWARDS

Ville Lampinen

ALL-AMERICA HONORS

Indoor		
2017	DMR	8th

BIG EAST CHAMPION

Indoor		
2016	500 Meters	1:02.59
2018	4x400 Meter Relay	3:12.84

Outdoor

2016	4x400 Meter Relay	3:15.14
2018	4x400 Meter Relay	3:12.12
2019	4x800 Meter Relay	7:26.69

ALL-BIG EAST HONORS

Indoor		
2016	500 Meters	1st
2016	4x400 Meter Relay	2nd
2017	800 Meters	2nd
2018	4x400 Meter Relay	1st
2018	800 Meters	3rd
2019	4x400 Meter Relay	3rd

Outdoor

2016	4x400 Meter Relay	1st
2016	800 Meters	3rd
2017	800 Meters	2nd
2017	4x400 Meter Relay	3rd
2018	4x400 Meter Relay	1st
2019	4x800 Meter Relay	1st

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
2018	DMR	800	1:49.78

Josh Lampron

BIG EAST CHAMPION

Indoor		
2014	1000 Meters	2:22.66
2015	4x800 Meter Relay	7:30.61
2015	DMR	9:51.20

Outdoor

2016	4x800 Meter Relay	7:39.00
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor		
2014	1000 Meters	1st
2014	4x800 Meter Relay	2nd
2015	4x800 Meter Relay	1st
2015	DMR	1st
2015	1000 Meters	3rd
2016	800 Meters	3rd

Outdoor

2014	4x800 Meter Relay	2nd
2015	4x800 Meter Relay	3rd
2016	4x800 Meter Relay	1st

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
2014	4x800 Meter Relay	1st	1:51.79

Marco Langon

ALL-AMERICA HONORS

Indoor		
2024 <i>(2nd)</i>	3000 Meters	14th
2025	5000 Meters	6th
2025	3000 Meters	7th

Outdoor

2024 <i>(HM)</i>	5000 Meters	21st
2025	5000 Meters	3rd

Cross Country

2024	10000 Meters	15th
------	--------------	------

ALL-MID ATLANTIC REGION

2022	Cross Country	4th
2024	Cross Country	2nd

BIG EAST CHAMPION

Indoor		
2024	DMR	9:37.24
2025	5000 Meters	13:57.03

Outdoor

2024	5000 Meters	13:45.50
2025	5000 Meters	13:27.21

ALL-BIG EAST HONORS

Indoor		
2024	DMR	1st
2024	3000 Meters	2nd
2025	5000 Meters	1st

Outdoor

2024	5000 Meters	1st
2024	4x800 Meter Relay	2nd
2025	5000 Meters	1st

Cross Country

2022 <i>(2nd)</i>	8000 Meters	13th
2023	8530 Meters	7th
2024	8000 Meters	2nd

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
2024	4xMile	3rd	3:58.18

USTFCCCA HONORS

National Athlete of the Week

2024	Outdoor	April 29
------	---------	----------

SUB-FOUR MINUTE MILES

First Career	3:58.82	Apr 21, 2023
Fastest Mile	3:54.60	Jan 25, 2025
Fastest 1500	3:33.38	Mar 27, 2025

HONORS AND AWARDS

Riley LaRiviere

ALL-BIG EAST HONORS

Indoor		
2022	Shot Put	3rd

Jon Lehan

ALL-BIG EAST HONORS

Indoor		
1994	4x400 Meter Relay	3rd
1995	4x400 Meter Relay	3rd

Dan Lewis

ALL-MID ATLANTIC REGION

2008	Cross Country	19th
2009	Cross Country	10th

ALL-BIG EAST HONORS

Outdoor		
2010	3000m Steeplechase	2nd

Cross Country

2009	8000 Meters	10th
------	-------------	------

Elvis Lewis

ALL-AMERICA HONORS

Indoor		
2008	DMR	8th

BIG EAST CHAMPION

Indoor		
2006	4x400 Meter Relay	3:11.58
2007	400 Meters	47.68
2008	400 Meters	47.79
2009	400 Meters	47.89

Outdoor

2006	400 Meters	46.76
2006	4x400 Meter Relay	3:09.64
2007	400 Meters	45.82
2009	400 Meters	46.14

ALL-BIG EAST HONORS

Indoor		
2006	4x400 Meter Relay	1st
2006	400 Meters	2nd
2007	400 Meters	1st
2008	400 Meters	1st
2009	400 Meters	1st

Outdoor

2006	400 Meters	1st
2006	4x400 Meter Relay	1st
2007	400 Meters	1st
2007	4x400 Meter Relay	3rd
2008	400 Meters	2nd
2009	400 Meters	1st

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2009	DMR	400	46.3

BIG EAST HONORS

BIG EAST Championships

Outstanding Track Performer

2007	Outdoor Track & Field
------	-----------------------

HONORS AND AWARDS

Marty Liquori

NCAA CHAMPION

Indoor		
1971	Mile	4:04.70
1971	Two Miles	8:37.10

Outdoor

1969	Mile	3:57.70
1970	Mile	3:59.90
1971	Mile	3:57.70

ALL-AMERICA HONORS

Indoor		
1969	Mile	2nd
1970	Mile	2nd
1971	Mile	1st
1971	Two Miles	1st

Outdoor

1969	Mile	1st
1970	Mile	1st
1971	Mile	1st

Cross Country

1970	Six Miles	9th
------	-----------	-----

IC4A CHAMPION

Indoor		
1969	Mile	4:05.3
1970	Mile	4:02.1
1971	Mile	4:06.1
1971	Two Mile Relay	7:31.6

Outdoor

1969	Mile	4:03.4
1970	Mile	3:58.5
1970	Mile Relay	3:10.1
1971	Mile	4:00.4

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1969	Two Mile Relay	3rd	1:50.3
1969	DMR	Anchor	4:02.9
1969	4xMile Relay	Anchor	4:11.2
1970	Two Mile Relay	Anchor	1:48.1
1970	DMR	Anchor	4:03.9
1970	4xMile Relay	Anchor	4:11.9
1971	Two Mile Relay	Anchor	1:48.7
1971	DMR	Anchor	4:04.1
1971	4xMile Relay	Anchor	4:07.9

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1968	Freshman Mile Relay	(49.5) 2nd

OLYMPIAN (United States)

<u>Year</u>	<u>Location</u>	<u>Events</u>
1968	Mexico City	1500

SUB-FOUR MINUTE MILES

First Career	3:59.8	Jun 23, 1967
Fastest Mile	3:52.2	May 17, 1975
Fastest 1500	3:36.0	Jul 1, 1971

Marty Liquori (continued)

USTFCCCA Athlete Hall of Fame

Competed 1968-71
Inducted June 2, 2024

PENN RELAYS WALL OF FAME

RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1969	Two Mile Relay	7:20.1	2013

INDIVIDUAL

Inducted 1994

Essex Catholic (N.J.) High School '67
Villanova '71
New York AC '76

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1972
Inducted 1987

VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1968-71
Inducted October 4, 1997

Larry Livers

ALL-AMERICA HONORS

Indoor		
1965	Mile Relay	2nd

IC4A CHAMPION

Indoor		
1963	Mile Relay	3:16.3

Outdoor

1965	120 Yard Hurdles	14.2
------	------------------	------

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1966
Inducted 1989

Sean Locke

ALL-BIG EAST HONORS

Outdoor		
2014	Javelin	3rd
2015	Javelin	2nd

Billy Loewen

ALL-BIG EAST HONORS

Indoor		
2020	Shot Put	2nd

Brian Long

ALL-MID ATLANTIC REGION

2010	Cross Country	12th
------	---------------	------

Brian Lucas

IC4A CHAMPION

Indoor		
1996	DMR	9:49.07

Ken Lucks

BIG EAST CHAMPION

Indoor		
1981	4x800 Meter Relay	7:40.32

ALL-BIG EAST HONORS

Indoor		
1981	4x800 Meter Relay	1st

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1981	4x1500 Meter Relay	1st	3:49.7

Joe Ludes

BIG EAST CHAMPION

Indoor		
1981	DMR	10:03.59

ALL-BIG EAST HONORS

Indoor		
1981	DMR	1st

Outdoor

1981	4x400 Meter Relay	2nd
------	-------------------	-----

Bob Lutkewitte

BIG EAST CHAMPION

Outdoor		
1985	Javelin	66.24m

ALL-BIG EAST HONORS

Outdoor		
1985	Javelin	1st
1986	Shot Put	2nd

HONORS AND AWARDS

George Mackay

ALL-AMERICA HONORS

Indoor		
1976	DMR	3rd

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1976	4x800 Meter Relay	1st	1:50.8
1976	4x1500 Meter Relay	2nd	3:45.8

Carl Mackenzie

ALL-MID ATLANTIC REGION

2009	Cross Country	21st
------	---------------	------

BIG EAST CHAMPION

Indoor		
2008	1000 Meters	2:23.77
2008	4x800 Meter Relay	7:26.24
2010	4x800 Meter Relay	7:31.00
2010	DMR	9:47.60

Outdoor		
2009	4x800 Meter Relay	7:25.85

ALL-BIG EAST HONORS

Indoor		
2008	1000 Meters	1st
2008	4x800 Meter Relay	1st
2010	4x800 Meter Relay	1st
2010	DMR	1st

Outdoor		
2009	4x800 Meter Relay	1st
2010	1500 Meters	2nd
2010	4x800 Meter Relay	3rd
2011	4x800 Meter Relay	3rd

SUB-FOUR MINUTE MILES

First Career	3:41.99 (1500)	May 10, 2010
Fastest 1500	3:41.99	May 10, 2010

John Maher

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1941
Inducted 1984

Terrence Mahon

ALL-AMERICA HONORS

Outdoor		
1991	10000 Meters	11th
1993	10000 Meters	8th

Cross Country

1992	10000 Meters	26th
------	--------------	------

NCAA DISTRICT II CHAMPION

1991	Cross Country	
------	---------------	--

BIG EAST CHAMPION

Outdoor		
1993	10000 Meters	29:45.38

Cross Country

1991	8000 Meters	24:42.66
------	-------------	----------

ALL-BIG EAST HONORS

Indoor		
1991	3000 Meters	2nd
1991	5000 Meters	3rd
1992	5000 Meters	2nd
1993	5000 Meters	2nd

Outdoor		
1993	10000 Meters	1st
1993	5000 Meters	2nd

Cross Country		
1990	8000 Meters	4th
1991	8000 Meters	1st
1992	5 Miles	4th

IC4A CHAMPION

Indoor		
1992	5000 Meters	14:24.77

Outdoor		
1993	10000 Meters	29:28.32

Cross Country		
1991	10000 Meters	30:17.25

Eugene Maliff

IC4A CHAMPION

Indoor		
1956	Mile Relay	3:19.6
1957	Mile Relay	3:20.6

Outdoor

1955	Mile Relay	3:15.2
1956	Mile Relay	3:14.9

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg
1955	Mile Relay	2nd
1955	SMR	220-2
1956	SMR	220-2
1957	SMR	220-2

HONORS AND AWARDS

Ben Malone

ALL-AMERICA HONORS

Indoor

2018 DMR 8th

Outdoor

2016 (HM) 1500 Meters 17th

2018 (HM) 1500 Meters 18th

BIG EAST CHAMPION

Indoor

2014 DMR 9:42.08

2015 4x800 Meter Relay 7:30.61

2016 4x800 Meter Relay 7:28.96

2018 4x800 Meter Relay 7:32.76

Outdoor

2016 4x800 Meter Relay 7:39.00

2017 4x800 Meter Relay 7:37.94

ALL-BIG EAST HONORS

Indoor

2014 DMR 1st

2014 800 Meters 2nd

2015 4x800 Meter Relay 1st

2016 4x800 Meter Relay 1st

2016 DMR 2nd

2018 4x800 Meter Relay 1st

Outdoor

2015 4x800 Meter Relay 3rd

2016 4x800 Meter Relay 1st

2017 4x800 Meter Relay 1st

2018 1500 Meters 2nd

PENN RELAYS CHAMPION

Championship of America

Year Event Leg Split

2018 DMR 1200 2:58.34

2018 4xMile Relay 2nd 4:04.6

BIG EAST Men's Track Athlete of the Week

2018 Outdoor April 9

SUB-FOUR MINUTE MILES

First Career 3:39.82 (1500) Jun 18, 2016

Fastest Mile 3:58.90 Feb 9, 2019

Fastest 1500 3:39.82 Jun 18, 2016

Joe Manion

IC4A CHAMPION

Indoor

1960 Mile Relay 3:18.8

Outdoor

1960 Mile Relay 3:12.5

PENN RELAYS CHAMPION

Championship of America

Year Event Leg Split

1959 Mile Relay 1st 49.1

1960 Mile Relay 1st 49.3

1961 4x220 Yard Relay 1st

1961 Mile Relay 1st 49.8

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1961

Inducted 1997

Joe Manion

ALL-BIG EAST HONORS

Outdoor

1986 4x800 Meter Relay 3rd

IC4A CHAMPION

Indoor

1987 DMR 9:44.56

HONORS AND AWARDS

Sydney Maree

NCAA CHAMPION

Indoor

1980	DMR	9:42.22
1981	DMR	9:47.20

Outdoor

1979	5000 Meters	13:20.63
1980	1500 Meters	3:38.64
1981	1500 Meters	3:35.30

ALL-AMERICA HONORS

Indoor

1979	Mile	2nd
1980	DMR	1st
1981	DMR	1st

Outdoor

1978	1500 Meters	5th
1979	5000 Meters	1st
1980	1500 Meters	1st
1981	1500 Meters	1st

Cross Country

1979	10000 Meters	7th
------	--------------	-----

NCAA DISTRICT II CHAMPION

1979	Cross Country
------	---------------

BIG EAST CHAMPION

Indoor

1981	3000 Meters	8:09.27
1981	4x800 Meter Relay	7:40.32

ALL-BIG EAST HONORS

Indoor

1981	3000 Meters	1st
1981	4x800 Meter Relay	1st

Cross Country

1980	5 Miles	15th
------	---------	------

IC4A CHAMPION

Indoor

1979	Three Miles	13:23.65
1979	DMR	9:50.37
1980	3000 Meters	7:54.91
1980	5000 Meters	14:02.88
1981	DMR	9:56.57

Outdoor

1979	5000 Meters	13:27.1
1980	5000 Meters	14:00.7
1981	1500 Meters	3:40.24

Cross Country

1978	5 Miles	24:04.0
1979	5 Miles	23:59.4

Sydney Maree (continued)

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1979	DMR	Anchor	3:59.3
1979	4x1500 Meter Relay	Anchor	3:40.7
1980	4x800 Meter Relay	2nd	1:52.1
1980	DMR	Anchor	3:57.4
1980	4x1500 Meter Relay	Anchor	3:39.4
1981	DMR	Anchor	4:04.7
1981	4x1500 Meter Relay	Anchor	3:40.2

BIG EAST HONORS

BIG EAST Championships

Outstanding Performer

1981	Indoor Track & Field
------	----------------------

OLYMPIAN (United States)

Year	Location	Events
1984	Los Angeles	
1988	Seoul	5000

SUB-FOUR MINUTE MILES

First Career	3:57.9	Dec 15, 1976
Fastest Mile	3:48.83	Sep 9, 1981
Fastest 1500	3:29.77	Aug 25, 1985

PENN RELAYS WALL OF FAME

INDIVIDUAL

Inducted 2003

Villanova '81
Puma TC '90

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1981

Inducted 1998

VILLANOVA STADIUM

TRACK & FIELD WALL OF FAME

Competed 1977-81

Inducted November 2, 1996

HONORS AND AWARDS

John Marshall

NCAA CHAMPION

Indoor		
1983	880 Yards	1:51.23

ALL-AMERICA HONORS

Indoor		
1983	1000 Yards	5th
1985	800 Meters	2nd
1985	4x400 Meter Relay	6th

Outdoor

1982	4x400 Meter Relay	3rd
1982	800 Meters	7th
1984	800 Meters	9th
1985	800 Meters	3rd
1985	4x400 Meter Relay	7th

BIG EAST CHAMPION

Indoor		
1983	800 Meters	1:51.98
1983	DMR	9:46.16
1984	DMR	9:38.38
1985	500 Meters	1:02.05
1985	800 Meters	1:50.47

Outdoor

1982	4x400 Meter Relay	3:09.1
1983	4x400 Meter Relay	3:11.1
1984	800 Meters	1:47.53
1984	4x800 Meter Relay	7:27.26
1985	800 Meters	1:47.41

ALL-BIG EAST HONORS

Indoor		
1983	800 Meters	1st
1983	4x800 Meter Relay	1st
1983	DMR	1st
1984	DMR	1st
1984	800 Meters	2nd
1984	4x400 Meter Relay	2nd
1985	500 Meters	1st
1985	800 Meters	1st
1985	DMR	2nd

Outdoor

1982	4x400 Meter Relay	1st
1983	4x400 Meter Relay	1st
1983	800 Meters	2nd
1984	800 Meters	1st
1984	4x400 Meter Relay	1st
1985	800 Meters	1st

John Marshall (continued)

IC4A CHAMPION

Indoor		
1983	800 Meters	1:50.79
1983	Two Mile Relay	7:32.28
1984	Mile Relay	3:15.56
1985	800 Meters	1:49.41
1985	Two Mile Relay	7:35.91

Outdoor

1983	4x400 Meter Relay	3:09.17
1984	800 Meters	1:48.32
1984	4x400 Meter Relay	3:05.75

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1982	4x800 Meter Relay	Anchor	1:49.0
1982	SMR	Anchor	1:48.5
1984	4x800 Meter Relay	Anchor	1:47.5

BIG EAST HONORS

BIG EAST Championships

Outstanding Performer

1985	Indoor Track & Field
------	----------------------

BIG EAST Championships

Outstanding Performance

1984	Outdoor Track & Field
------	-----------------------

OLYMPIAN (United States)

Year	Location	Events
1984	Los Angeles	800

PENN RELAYS WALL OF FAME

RELAYS

Year	Event	Time	Inducted
1982	4x800 Relay	7:12.29	1994

INDIVIDUAL

Inducted 2010

Plainfield (N.J.) High School '81
Villanova '85

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1985
Inducted 2003

Andrew Marston

ALL-MID ATLANTIC REGION

2016	Cross Country	4th
2017	Cross Country	3rd
2018	Cross Country	5th
2019	Cross Country	10th

BIG EAST CHAMPION

Indoor		
2019	5000 Meters	14:18.32

ALL-BIG EAST HONORS

Indoor		
2017	5000 Meters	2nd
2018	5000 Meters	2nd
2019	5000 Meters	1st
2019	3000 Meters	2nd
2020	5000 Meters	2nd

Outdoor

2018	5000 Meters	2nd
2019	5000 Meters	2nd
2021	10000 Meters	2nd

Cross Country

2016	8000 Meters	7th
2017	8000 Meters	2nd
2018	8000 Meters	3rd
2019	8000 Meters	3rd

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
2018	4xMile Relay	3rd	4:05.7

BIG EAST HONORS

BIG EAST Male Athlete of the Week

2017	Cross Country	October 17
2018	Cross Country	October 17

Dan Marzluff

BIG EAST CHAMPION

Indoor		
2004	DMR	9:47.25

ALL-BIG EAST HONORS

Indoor		
2004	DMR	1st

Outdoor

2003	4x400 Meter Relay	3rd
------	-------------------	-----

Roy Mascolino

ALL-BIG EAST HONORS

Cross Country		
1986	5.1 Miles	4th

HONORS AND AWARDS

Chris Mason

NCAA CHAMPION

Indoor		
1969	DMR	9:45.80

ALL-AMERICA HONORS

Indoor		
1969	DMR	1st
1970	DMR	3rd
1971	880 Yards	2nd
1971	DMR	3rd

Outdoor

1971	Mile	4th
------	------	-----

IC4A CHAMPION

Indoor		
1971	Two Mile Relay	7:31.6

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1967	DMR	880	1:50.3
1967	4xMile Relay	1st	4:07.0
1968	Two Mile Relay	3rd	1:49.1
1968	DMR	1320	2:53.0
1968	4xMile Relay	Anchor	4:04.1
1969	SMR	Anchor	1:49.4
1969	Two Mile Relay	Anchor	1:49.5
1969	DMR	1320	2:57.1

SUB-FOUR MINUTE MILES

First Career	3:59.9	May 30, 1970
Fastest Mile	3:59.9	May 30, 1970

PENN RELAYS WALL OF FAME

RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1969	Two Mile Relay	7:20.1	2013

INDIVIDUAL

Inducted 2011

Villanova '71
New York AC '72

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1971
Inducted 1997

Elbert Maxwell

ALL-AMERICA HONORS

Outdoor		
2014 (HM)	Long Jump	21st

BIG EAST CHAMPION

Indoor		
2014	Long Jump	7.46m
2015	Long Jump	7.43m
2015	Triple Jump	14.30m

Outdoor

2014	Long Jump	7.12m
2015	Long Jump	7.67m
2015	Triple Jump	14.34m

ALL-BIG EAST HONORS

Indoor		
2014	Long Jump	1st
2014	High Jump	tie-3rd
2015	Long Jump	1st
2015	Triple Jump	1st
2015	High Jump	tie-3rd

Outdoor

2014	Long Jump	1st
2014	High Jump	3rd
2015	Long Jump	1st
2015	Triple Jump	1st
2015	High Jump	2nd

PENN RELAYS CHAMPION

Individual Championships

<u>Year</u>	<u>Event</u>	<u>Leg</u>
2015	Long Jump	7.62m

BIG EAST HONORS

BIG EAST Championships

Outstanding Field Performer

2015	Outdoor Track & Field
------	-----------------------

BIG EAST Men's Field Athlete of the Week

2014	Outdoor	April 8
2015	Outdoor	April 28

Stephen Mazur

ALL-BIG EAST HONORS

Cross Country	
1995	13th

Alan McCafferty

ALL-AMERICA HONORS

Indoor		
1966	Two Mile Relay	2nd
1967	DMR	2nd

IC4A CHAMPION

Indoor		
1968	Two Mile Relay	7:39.2

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1966	Two Mile Relay	1st	1:58.7
1966	DMR	880	1:53.3

PENN RELAYS WALL OF FAME

RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1966	DMR	9:46.4	2016

Kevin McCarey

ALL-AMERICA HONORS

Indoor		
1975	Two Miles	4th
1976	DMR	3rd

IC4A CHAMPION

Outdoor		
1975	Six Miles	28:41.8

Brian McCarthy

ALL-BIG EAST HONORS

Indoor		
1985	4x400 Meter Relay	3rd
1986	4x800 Meter Relay	2nd

Outdoor

1985	4x800 Meter Relay	2nd
------	-------------------	-----

IC4A CHAMPION

Indoor		
1985	Mile Relay	3:14.92

Charles McCarthy

IC4A CHAMPION

Indoor		
1976	DMR	9:48.6

Desmond McCormack

IC4A CHAMPION

Outdoor		
1970	3000m Steeplechase	8:46.1

HONORS AND AWARDS

Robert McDade

BIG EAST CHAMPION

Indoor		
2006	Shot Put	17.15m
2006	Discus	51.27m

ALL-BIG EAST HONORS

Indoor		
2005	Shot Put	3rd

Outdoor

2004	Discus	3rd
2005	Hammer	2nd
2005	Shot Put	3rd
2006	Shot Put	1st
2006	Discus	1st
2007	Discus	3rd

Zack McDermott

ALL-BIG EAST HONORS

Indoor		
2018	Heptathlon	3rd

Brian McElroy

ALL-AMERICA HONORS

Indoor		
1972	880 Yards	2nd
1972	DMR	3rd

IC4A CHAMPION

Indoor		
1972	1000 Yards	2:06.9

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1973	Two Mile Relay	3rd	1:50.3
1973	DMR	880	1:50.9
1973	4xMile Relay	2nd	4:06.4
1974	DMR	880	1:50.9
1974	4xMile Relay	2nd	4:04.2

PENN RELAYS WALL OF FAME RELAYS

Year	Event	Time	Inducted
1974	4xMile Relay	16:10.6	2005

INDIVIDUAL

Inducted 2017

Massapequa (N.Y.) High School '69
New York AC '71
Villanova '74

Sam McEntee

ALL-AMERICA HONORS

Indoor		
2012	Mile	4th
2013	DMR	5th
2014 (2nd)	DMR	9th

Outdoor

2012 (2nd)	1500 Meters	9th
2013	1500 Meters	7th

Cross Country

2013	10000 Meters	27th
------	--------------	------

ALL-MID ATLANTIC REGION

2011	Cross Country	16th
2012	Cross Country	2nd
2013	Cross Country	2nd
2014	Cross Country	7th

BIG EAST CHAMPION

Indoor		
2012	4x800 Meter Relay	7:27.91
2013	3000 Meters	8:03.95
2014	3000 Meters	8:10.52

Outdoor

2012	5000 Meters	14:19.75
------	-------------	----------

ALL-BIG EAST HONORS

Indoor		
2011	4x800 Meter Relay	2nd
2012	4x800 Meter Relay	1st
2012	Mile	2nd
2013	3000 Meters	1st
2014	3000 Meters	1st
2014	5000 Meters	3rd

Outdoor

2012	5000 Meters	1st
2014	5000 Meters	2nd
2015	5000 Meters	2nd

Cross Country

2011	8000 Meters	11th
2013	8000 Meters	4th
2014	8000 Meters	2nd

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
2015	4xMile Relay	1st	4:02.0

OLYMPIAN (Australia)

Year	Location	Events
2016	Rio de Janeiro	5000

SUB-FOUR MINUTE MILES

First Career	3:57.86	Jan 28, 2012
Fastest Mile	3:57.05	Jul 16, 2018
Fastest 1500	3:36.81	May 14, 2012

J.R. McIlwain

BIG EAST CHAMPION

Indoor		
1995	DMR	9:46.65
1997	400 Meters	47.65

ALL-BIG EAST HONORS

Indoor		
1994	4x400 Meter Relay	3rd
1995	DMR	1st
1995	500 Meters	3rd
1995	4x400 Meter Relay	3rd
1997	400 Meters	1st
1997	4x400 Meter Relay	3rd
1997	DMR	3rd

Outdoor

1994	400 Meters	2nd
1994	4x400 Meter Relay	3rd
1995	4x400 Meter Relay	2nd
1995	400 Meters	3rd
1996	400 Meters	3rd

IC4A CHAMPION

Outdoor		
1995	4x400 Meter Relay	3:11.67

Jim McKenna

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1951
Inducted 1994

Charles Messenger

NCAA CHAMPION

Indoor		
1968	DMR	9:49.50

IC4A CHAMPION

Indoor		
1967	Two Miles	8:59.7

Cross Country

1966	5 Miles	24:15.6
------	---------	---------

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1968
Inducted 1990

Joseph Messick

ALL-BIG EAST HONORS

Outdoor		
2014	400 Meter Hurdles	2nd

HONORS AND AWARDS

Bill McLoughlin

ALL-AMERICA HONORS

Indoor		
1972	Two Mile Relay	2nd

Charles Messenger

ALL-AMERICA HONORS

Indoor		
1967	DMR	2nd
1968	DMR	1st

Cross Country

1966	Six Miles	8th
1967	Six Miles	10th

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1967	DMR	1320	2:56.2
1967	4xMile Relay	3rd	4:13.8
1968	Two Mile Relay	2nd	1:52.1
1968	4xMile Relay	3rd	4:06.9

PENN RELAYS WALL OF FAME RELAYS

Year	Event	Time	Inducted
1968	4xMile Relay	16:27.4	2020

Mathew Mildenhall

ALL-AMERICA HONORS

Indoor		
2011	DMR	7th

Cross Country

2009	10000 Meters	36th
------	--------------	------

ALL-MID ATLANTIC REGION

2009	Cross Country	2nd
2010	Cross Country	10th
2011	Cross Country	19th
2012	Cross Country	18th

BIG EAST CHAMPION

Indoor		
2010	DMR	9:47.60
2011	3000 Meters	8:19.76

ALL-BIG EAST HONORS

Indoor		
2010	DMR	1st
2010	3000 Meters	2nd
2011	3000 Meters	1st
2011	DMR	3rd
2012	3000 Meters	3rd
2012	DMR	3rd

Outdoor

2011	5000 Meters	3rd
------	-------------	-----

Cross Country

2009	8000 Meters	2nd
2010	8000 Meters	8th
2011	8000 Meters	14th

Jimmy Milgie

ALL-AMERICA HONORS

Indoor		
2023 (2nd)	DMR	11th

ALL-BIG EAST HONORS

Indoor		
2023	4x400 Meter Relay	3rd
2024	4x400 Meter Relay	3rd

Outdoor

2023	4x400 Meter Relay	3rd
2024	4x400 Meter Relay	3rd

Justin Miller

ALL-BIG EAST HONORS

Indoor		
2025	Long Jump	3rd

Outdoor

2024	4x100 Meter Relay	3rd
2025	Long Jump	3rd

Greg Mirecki

ALL-BIG EAST HONORS

Outdoor		
1992	Discus	2nd
1993	Discus	3rd

Gene Mitchell

BIG EAST CHAMPION

Outdoor		
1990	3000m Steeplechase	9:24.28

ALL-BIG EAST HONORS

Outdoor		
1990	3000m Steeplechase	1st

Milos Mitric

ALL-MID ATLANTIC REGION

2003	Cross Country	8th
2006	Cross Country	10th

ALL-BIG EAST HONORS

Cross Country		
2003	8000 Meters	13th

Joe Mitrovich

BIG EAST CHAMPION

Outdoor		
1981	Javelin	69.44m

ALL-BIG EAST HONORS

Outdoor		
1981	Javelin	1st
1981	Discus	3rd

HONORS AND AWARDS

Edwin Modibedi

ALL-AMERICA HONORS

Indoor

1985	4x400 Meter Relay	6th
1986	500 Meters	2nd

Outdoor

1985	4x400 Meter Relay	7th
1985	400 Meters	8th
1986	4x400 Meter Relay	4th

BIG EAST CHAMPION

Indoor

1985	400 Meters	47.47
1986	400 Meters	46.44
1986	4x400 Meter Relay	3:11.61
1986	DMR	10:01.44
1987	400 Meters	47.60

Outdoor

1985	400 Meters	45.53
1985	4x400 Meter Relay	3:06.57
1986	400 Meters	46.15
1986	4x400 Meter Relay	3:08.64

ALL-BIG EAST HONORS

Indoor

1985	400 Meters	1st
1985	DMR	2nd
1985	4x400 Meter Relay	3rd
1986	400 Meters	1st
1986	4x400 Meter Relay	1st
1986	DMR	1st
1987	400 Meters	1st
1987	4x400 Meter Relay	2nd

Outdoor

1985	400 Meters	1st
1985	4x400 Meter Relay	1st
1986	400 Meters	1st
1986	4x400 Meter Relay	1st
1987	400 Meters	2nd
1987	4x400 Meter Relay	3rd

IC4A CHAMPION

Indoor

1985	Mile Relay	3:14.92
1986	400 Meters	47.14
1986	Mile Relay	3:12.38
1987	Mile Relay	3:12.41

Outdoor

1985	4x400 Meter Relay	3:08.84
1986	400 Meters	45.94

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1986	4x400 Meter Relay	3rd	45.0

PENN RELAYS WALL OF FAME RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1987	DMR	9:21.02	2007

Nicholas Mollica

ALL-BIG EAST HONORS

Indoor

2023	4x400 Meter Relay	3rd
2024	400 Meters	3rd

Outdoor

2021	4x400 Meter Relay	3rd
2022	400 Meter Hurdles	2nd
2023	4x400 Meter Relay	3rd
2024	4x400 Meter Relay	3rd

BIG EAST HONORS

BIG EAST Men's Track Athlete of the Week

2022	Outdoor	March 21
------	---------	----------

Jim Moran

IC4A CHAMPION

Outdoor

1955	Mile Relay	3:15.2
------	------------	--------

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1955	Mile Relay	1st	
1955	SMR	440	50.5

Jamie Moreland

ALL-BIG EAST HONORS

Outdoor

2024	4x800 Meter Relay	2nd
------	-------------------	-----

Craig Morris

ALL-AMERICA HONORS

Outdoor

1982	4x400 Meter Relay	3rd
------	-------------------	-----

BIG EAST CHAMPION

Indoor

1983	500 Meters	1:03.65
1983	4x400 Meter Relay	3:13.96

Outdoor

1982	4x100 Meter Relay	40.88
1982	4x400 Meter Relay	3:09.1

ALL-BIG EAST HONORS

Indoor

1982	500 Meters	2nd
1982	4x400 Meter Relay	2nd

Outdoor

1983	500 Meters	1st
------	------------	-----

1983	4x400 Meter Relay	1st
------	-------------------	-----

Outdoor

1982	4x100 Meter Relay	1st
1982	4x400 Meter Relay	1st
1982	400 Meter Hurdles	3rd

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1985

Inducted 2008

Mike Morris

BIG EAST CHAMPION

Outdoor

1981	Pole Vault	4.35m
------	------------	-------

ALL-BIG EAST HONORS

Indoor

1981	Pole Vault	2nd
------	------------	-----

Outdoor

1981	Pole Vault	1st
------	------------	-----

Rich Morris

ALL-BIG EAST HONORS

Indoor

1998	DMR	2nd
------	-----	-----

Michael Morrow

ALL-BIG EAST HONORS

Indoor

2016	High Jump	2nd
------	-----------	-----

HONORS AND AWARDS

John Morse

ALL-BIG EAST HONORS

Outdoor		
2007	4x400 Meter Relay	3rd

Paul Moser

NCAA CHAMPION

Indoor		
2003	DMR	9:29.12

ALL-AMERICA HONORS

Indoor		
2003	DMR	1st
2004	DMR	3rd

BIG EAST CHAMPION

Indoor		
2002	4x400 Meter Relay	3:11.26
2003	4x800 Meter Relay	7:35.86

ALL-BIG EAST HONORS

Indoor		
2002	4x400 Meter Relay	1st
2003	4x800 Meter Relay	1st
2003	500 Meters	3rd
2004	800 Meters	2nd
2004	4x400 Meter Relay	3rd
Outdoor		
2003	4x400 Meter Relay	3rd

Ishmael Muhammad

BIG EAST CHAMPION

Indoor		
2016	4x800 Meter Relay	7:28.96
2017	4x800 Meter Relay	7:32.73
2018	4x800 Meter Relay	7:32.76

Outdoor

2016	4x400 Meter Relay	3:15.14
2017	4x800 Meter Relay	7:37.94

ALL-BIG EAST HONORS

Indoor		
2015	500 Meters	2nd
2015	4x400 Meter Relay	3rd
2016	4x800 Meter Relay	1st
2016	500 Meters	3rd
2017	4x800 Meter Relay	1st
2018	4x800 Meter Relay	1st

Outdoor

2015	400 Meters	3rd
2016	4x400 Meter Relay	1st
2017	4x800 Meter Relay	1st
2017	800 Meters	3rd

Bryan Murphy

BIG EAST CHAMPION

Outdoor		
2014	4x400 Meter Relay	3:12.17

ALL-BIG EAST HONORS

Indoor		
2012	DMR	3rd
2015	4x400 Meter Relay	3rd

Outdoor

2013	4x400 Meter Relay	3rd
2014	4x400 Meter Relay	1st
2014	4x100 Meter Relay	2nd
2014	400 Meters	3rd
2015	400 Meters	2nd
2015	4x100 Meter Relay	2nd

Frank Murphy

NCAA CHAMPION

Indoor		
1968	DMR	9:49.50
1969	880 Yards	1:51.10
1969	DMR	9:45.80

ALL-AMERICA HONORS

Indoor		
1968	DMR	1st
1968	880 Yards	2nd
1969	880 Yards	1st
1969	DMR	1st

Outdoor

1969	Mile	3rd
------	------	-----

IC4A CHAMPION

Indoor		
1969	1000 Yards	2:07.1

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1967	DMR	880	1:50.3
1967	4xMile Relay	1st	4:07.0
1968	Two Mile Relay	3rd	1:49.1
1968	DMR	1320	2:53.0
1968	4xMile Relay	Anchor	4:04.1
1969	SMR	Anchor	1:49.4
1969	Two Mile Relay	Anchor	1:49.5
1969	DMR	1320	2:57.1

OLYMPIAN (Ireland)

Year	Location	Events
1968	Mexico City	1500
1972	Munich	800, 1500

SUB-FOUR MINUTE MILES

First Career	3:58.6	Jun 10, 1968
Fastest Mile	3:58.1	Jun 1, 1969
Fastest 1500	3:38.5	Jun 14, 1972

PENN RELAYS WALL OF FAME

RELAYS

Year	Event	Time	Inducted
1968	4xMile Relay	16:27.4	2020
1969	Two Mile Relay	7:20.1	2013

INDIVIDUAL

Inducted 2008
Villanova '69

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1969
Inducted 1987

HONORS AND AWARDS

Liam Murphy

ALL-AMERICA HONORS

Indoor

2023 (2nd)	DMR	11th
2024	3000 Meters	4th
2025	3000 Meters	4th
2025 (2nd)	5000 Meters	11th

Outdoor

2023 (2nd)	1500 Meters	11th
2024 (2nd)	1500 Meters	11th
2025 (HM)	5000 Meters	18th

Cross Country

2023	10000 Meters	14th
2024	10000 Meters	9th

ALL-MID ATLANTIC REGION

2021	Cross Country	20th
2022	Cross Country	1st
2023	Cross Country	1st
2024	Cross Country	1st

BIG EAST CHAMPION

Indoor

2023	3000 Meters	7:55.53
2023	DMR	9:36.29
2024	3000 Meters	7:42.51
2024	DMR	9:37.24
2025	3000 Meters	8:00.63
2025	DMR	9:42.54

Outdoor

2023	5000 Meters	13:43.32
2023	4x800 Meter Relay	7:17.96
2024	1500 Meters	3:39.00
2025	1500 Meters	3:44.58

Cross Country

2023	8530 Meters	24:46.33
2024	8000 Meters	23:12.83

ALL-BIG EAST HONORS

Indoor

2022	4x800 Meter Relay	2nd
2023	3000 Meters	1st
2023	DMR	1st
2024	3000 Meters	1st
2024	DMR	1st
2025	3000 Meters	1st
2025	DMR	1st

Outdoor

2023	5000 Meters	1st
2023	4x800 Meter Relay	1st
2024	1500 Meters	1st
2024	4x800 Meter Relay	2nd
2025	1500 Meters	1st

Cross Country

2022	8000 Meters	3rd
2023	8530 Meters	1st
2024	8000 Meters	1st

Liam Murphy (continued)

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
2023	4xMile	4th	4:10.20
2024	DMR	1600	3:59.63
2024	4xMile	4th	3:54.32

USTFCCCA HONORS

The Bowerman

2025	Watch List	April 17
------	------------	----------

Mid-Atlantic Region Athlete of the Year

2022	Cross Country
2023	Cross Country
2024	Cross Country

National Athlete of the Week

2024	Outdoor	April 29
2024	Outdoor	March 31

BIG EAST HONORS

BIG EAST Championships

Outstanding Track Performer

2024	Indoor Track & Field
------	----------------------

2024	Outdoor Track & Field
------	-----------------------

BIG EAST Male Athlete of the Week

2022	Cross Country	October 3
2023	Cross Country	September 25
2024	Cross Country	September 30
2024	Cross Country	October 21

BIG EAST Men's Track Athlete of the Week

2023	Indoor	January 30
2025	Indoor	February 10

2025	Outdoor	March 31
------	---------	----------

SUB-FOUR MINUTE MILES

First Career	3:59.63	Jan 29, 2022
Fastest Mile	3:53.85	Jan 26, 2024
Fastest 1500	3:33.02	Mar 27, 2025

Henry Myers

ALL-MID ATLANTIC REGION

2024	Cross Country	24th
------	---------------	------

Les Nagy

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1971	4xMile Relay	2nd	4:11.3

Ken Nason

ALL-AMERICA HONORS

Indoor

1993	4x800 Meter Relay	6th
1995	DMR	4th
1995	Mile	7th

Outdoor

1995	1500 Meters	6th
------	-------------	-----

Cross Country

1994	10000 Meters	14th
1995	10000 Meters	26th

BIG EAST CHAMPION

Indoor

1993	4x800 Meter Relay	7:29.74
1993	DMR	9:51.25
1995	Mile	4:07.71
1995	DMR	9:46.65

Outdoor

1995	4x800 Meter Relay	7:39.35
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor

1992	4x800 Meter Relay	2nd
1993	4x800 Meter Relay	1st
1993	DMR	1st
1994	800 Meters	2nd
1994	DMR	2nd
1995	Mile	1st
1995	DMR	1st

Outdoor

1992	800 Meters	3rd
1993	4x800 Meter Relay	2nd
1995	4x800 Meter Relay	1st

Cross Country

1993	5 Miles	9th
1994		6th
1995		4th

IC4A CHAMPION

Indoor

1993	DMR	9:47.22
------	-----	---------

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1993	4x1500 Meter Relay	1st	3:46.7

SUB-FOUR MINUTE MILES

First Career	3:58.91	Apr 1, 1995
Fastest Mile	3:58.09	Jun 24, 1995
Fastest 1500	3:40.34	Jul 8, 1996

HONORS AND AWARDS

Craig Nation

ALL-AMERICA HONORS

Indoor			
1966	Two Mile Relay	2nd	
1968	Two Mile Relay	2nd	

IC4A CHAMPION

Indoor			
1968	Two Mile Relay	7:39.2	

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1966	Two Mile Relay	2nd	1:56.0
1968	Two Mile Relay	1st	1:50.5

Pat Nicastro

IC4A CHAMPION

Indoor			
1960	Two Mile Relay	7:45.8	
1962	Two Mile Relay	7:45.2	

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1962	4x220 Yard Relay	1st

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1959	Freshman Mile Relay	(48.9) 2nd

Paul Nichols

ALL-BIG EAST HONORS

Cross Country			
2020 (2nd)	8000 Meters	17th	

Hal Nichter

NCAA CHAMPION

Indoor			
1968	Mile Relay	3:14.40	

Outdoor

1968	Mile Relay	3:08.60	
------	------------	---------	--

ALL-AMERICA HONORS

Indoor			
1968	Mile Relay	1st	

Outdoor

1968	Mile Relay	1st	
------	------------	-----	--

IC4A CHAMPION

Indoor			
1967	Mile Relay	3:19.2	
1968	Mile Relay	3:19.9	

Outdoor

1968	Mile Relay	3:09.1	
------	------------	--------	--

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1968	Mile Relay	2nd	47.2

Geoff Nickerson

ALL-BIG EAST HONORS

Indoor			
2001	DMR	3rd	

Chika Nwachukwu

ALL-BIG EAST HONORS

Outdoor			
2019	Discus	3rd	

Ayomide Obadare

BIG EAST CHAMPION

Outdoor			
2014	4x400 Meter Relay	3:12.17	

ALL-BIG EAST HONORS

Outdoor			
2014	4x400 Meter Relay	1st	

Nic O'Brien

NCAA CHAMPION

Indoor			
2003	DMR	9:29.12	

ALL-AMERICA HONORS

Indoor			
2003	DMR	1st	

Outdoor

2002	400 Meter Hurdles	6th	
2003	400 Meter Hurdles	7th	

BIG EAST CHAMPION

Indoor			
2002	4x400 Meter Relay	3:11.26	

Outdoor

2002	400 Meter Hurdles	50.58	
2003	400 Meter Hurdles	49.90	

ALL-BIG EAST HONORS

Indoor			
2002	4x400 Meter Relay	1st	
2002	400 Meters	3rd	

Outdoor

2002	400 Meter Hurdles	1st	
2003	400 Meter Hurdles	1st	
2003	4x400 Meter Relay	3rd	

IC4A CHAMPION

Outdoor			
2003	400 Meter Hurdles	50.14	

James O'Connell

OLYMPIAN (United States)

<u>Year</u>	<u>Location</u>	<u>Events</u>
1908	London	Long Jump

Shane O'Connor

ALL-BIG EAST HONORS

Outdoor			
2022	Shot Put	3rd	

HONORS AND AWARDS

Charlie O'Donovan

ALL-AMERICA HONORS

Indoor

2023 (2nd) DMR 11th

Outdoor

2024 (HM) 1500 Meters 18th

ALL-MID ATLANTIC REGION

2018 Cross Country 14th

2021 Cross Country 14th

2022 Cross Country 8th

BIG EAST CHAMPION

Indoor

2019 4x800 Meter Relay 7:28.55

2020 4x800 Meter Relay 7:31.34

2020 DMR 9:47.80

2023 Mile 3:58.07

ALL-BIG EAST HONORS

Indoor

2019 4x800 Meter Relay 1st

2020 4x800 Meter Relay 1st

2020 DMR 1st

2020 Mile 2nd

2022 4x800 Meter Relay 2nd

2023 Mile 1st

2023 4x800 Meter Relay 3rd

Outdoor

2024 1500 Meters 2nd

Cross Country

2018 8000 Meters 10th

2020 (2nd) 8000 Meters 15th

2021 (2nd) 8000 Meters 15th

2022 8000 Meters 5th

PENN RELAYS CHAMPION

Championship of America

Year Event Leg Split

2023 4xMile 2nd 4:01.80

2024 4xMile 2nd 4:00.09

BIG EAST HONORS

BIG EAST Men's Track Athlete of the Week

2020 Indoor February 17

USTFCCCA HONORS

National Athlete of the Week

2024 Outdoor April 29

SUB-FOUR MINUTE MILES

First Career 3:58.95 Feb 15, 2020

Fastest Mile 3:54.16 Feb 10, 2024

Fastest 1500 3:36.84 Jul 24, 2024

Brian O'Keeffe

BIG EAST CHAMPION

Indoor

1981 DMR 10:03.59

1983 DMR 9:46.16

ALL-BIG EAST HONORS

Indoor

1981 DMR 1st

1982 DMR 2nd

1982 1500 Meters 3rd

1983 DMR 1st

1984 4x800 Meter Relay 2nd

1984 1500 Meters 3rd

Outdoor

1982 1500 Meters 3rd

1984 1500 Meters 3rd

Cross Country

1980 5 Miles 6th

1981 5 Miles 14th

1982 5 Miles 11th

1983 5 Miles 11th

IC4A CHAMPION

Indoor

1981 DMR 9:56.57

1983 DMR 9:51.6

PENN RELAYS CHAMPION

Championship of America

Year Event Leg Split

1984 4x1500 Meter Relay 2nd 3:42.7

Kevin Okolie

ALL-BIG EAST HONORS

Outdoor

2005 4x100 Meter Relay 2nd

2006 100 Meters 3rd

Colin O'Mara

BIG EAST CHAMPION

Indoor

2017 4x800 Meter Relay 7:37.94

ALL-BIG EAST HONORS

Outdoor

2017 4x800 Meter Relay 1st

Sosa Omuemu

ALL-BIG EAST HONORS

Indoor

2022 Triple Jump 3rd

Ronan O'Neill

BIG EAST CHAMPION

Indoor

2023 DMR 9:36.29

2024 DMR 9:37.24

2025 DMR 9:42.54

ALL-BIG EAST HONORS

Indoor

2023 DMR 1st

2023 4x400 Meter Relay 3rd

2024 DMR 1st

2025 DMR 1st

Outdoor

2023 4x400 Meter Relay 3rd

HONORS AND AWARDS

Sean O'Neill

ALL-AMERICA HONORS

Indoor		
1985	1000 Meters	2nd
1987	Mile	5th

Outdoor		
1987	1500 Meters	4th

BIG EAST CHAMPION

Indoor		
1984	1000 Meters	2:23.70
1985	1000 Meters	2:25.17
1986	1000 Meters	2:26.28
1986	DMR	10:01.44

Outdoor		
1984	4x800 Meter Relay	7:27.26
1987	4x800 Meter Relay	7:23.40

ALL-BIG EAST HONORS

Indoor		
1984	1000 Meters	1st
1984	4x800 Meter Relay	2nd
1985	1000 Meters	1st
1985	4x800 Meter Relay	2nd
1985	DMR	2nd
1986	1000 Meters	1st
1986	DMR	1st
1986	4x800 Meter Relay	2nd
1987	1000 Meters	2nd
1987	DMR	2nd

Outdoor		
1984	4x800 Meter Relay	1st
1984	800 Meters	3rd
1985	4x800 Meter Relay	2nd
1987	4x800 Meter Relay	1st

Cross Country		
1986	5.1 Miles	5th

IC4A CHAMPION

Indoor		
1985	Two Mile Relay	7:35.91
1986	1000 Meters	2:24.97
1987	DMR	9:44.56

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1984	4x1500 Meter Relay	1st	3:47.6

SUB-FOUR MINUTE MILES

First Career	3:38.86 (1500)	Jun 6, 1987
Fastest Mile	3:58.42	Jul 7, 1987
Fastest 1500	3:38.86	Jun 6, 1987

PENN RELAYS WALL OF FAME

RELAYS			
<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1987	DMR	9:21.02	2007

Aidan O'Regan

NCAA CHAMPION

Indoor		
1988	4x800 Meter Relay	7:25.23
1990	4x800 Meter Relay	7:19.94

ALL-AMERICA HONORS

Indoor		
1988	4x800 Meter Relay	1st
1990	4x800 Meter Relay	1st
1991	4x800 Meter Relay	3rd

BIG EAST CHAMPION

Indoor		
1989	DMR	10:02.76
1990	DMR	10:01.44
1991	4x800 Meter Relay	7:29.35

Outdoor		
1989	4x800 Meter Relay	7:30.00
1990	4x800 Meter Relay	7:30.15

ALL-BIG EAST HONORS

Indoor		
1988	4x400 Meter Relay	3rd
1988	4x800 Meter Relay	3rd
1989	DMR	1st
1990	DMR	1st
1990	4x800 Meter Relay	3rd
1991	DMR	1st

Outdoor		
1989	4x800 Meter Relay	1st
1990	4x800 Meter Relay	1st

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1991	4x800 Meter Relay	1st	1:52.6

Paul O'Regan

BIG EAST CHAMPION

Indoor		
1986	4x400 Meter Relay	3:11.61

ALL-BIG EAST HONORS

Indoor		
1986	4x400 Meter Relay	1st

IC4A CHAMPION

Indoor		
1987	Mile Relay	3:12.41
1987	DMR	9:44.56

Andy O'Reilly

NCAA CHAMPION

Indoor		
1969	DMR	9:45.80

ALL-AMERICA HONORS

Indoor		
1968	Two Mile Relay	2nd
1969	DMR	1st
1970	880 Yards	2nd
1970	DMR	3rd

IC4A CHAMPION

Indoor		
1968	Two Mile Relay	7:39.2
1970	1000 Yards	2:11.7

Outdoor		
1970	880 Yards	1:49.7

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1969	Mile Relay	2nd	48.0
1969	Two Mile Relay	1st	1:51.3
1970	SMR	Anchor	1:50.1
1970	Two Mile Relay	2nd	1:55.5

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1967	Freshman Mile Relay	2nd

PENN RELAYS WALL OF FAME

RELAYS			
<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1969	Two Mile Relay	7:20.1	2013

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1970
Inducted 1996

Anthony O'Reilly

ALL-AMERICA HONORS

Cross Country		
1984	10000 Meters	16th

ALL-BIG EAST HONORS

Indoor		
1984	5000 Meters	3rd

Outdoor		
1984	10000 Meters	2nd

Cross Country		
1982	5 Miles	9th
1983	5 Miles	6th
1984		10th
1985	5.1 Miles	7th

HONORS AND AWARDS

Gerry O'Reilly

ALL-AMERICA HONORS

Indoor		
1986	3000 Meters	2nd
1987	3000 Meters	2nd

Outdoor		
1986	1500 Meters	5th
1987	1500 Meters	5th

NCAA DISTRICT II CHAMPION

1983	Cross Country
1986	Cross Country

BIG EAST CHAMPION

Indoor		
1986	1500 Meters	3:52.21
1986	3000 Meters	8:14.52
1986	DMR	10:01.44
1987	3000 Meters	8:11.75

Outdoor		
1986	5000 Meters	14:28.4
1987	1500 Meters	3:40.62

Cross Country		
1986	5.1 Miles	24:35

ALL-BIG EAST HONORS

Indoor		
1985	1500 Meters	2nd
1985	4x800 Meter Relay	2nd
1985	DMR	2nd
1986	1500 Meters	1st
1986	3000 Meters	1st
1986	DMR	1st
1987	3000 Meters	1st
1987	1500 Meters	3rd

Outdoor		
1985	1500 Meters	2nd
1985	5000 Meters	2nd
1986	5000 Meters	1st
1986	1500 Meters	2nd
1987	1500 Meters	1st
1987	5000 Meters	2nd

Cross Country		
1983	5 Miles	4th
1985	5.1 Miles	8th
1986	5.1 Miles	1st

IC4A CHAMPION

Indoor		
1987	3000 Meters	7:56.9
1987	DMR	9:44.56

Outdoor		
1986	1500 Meters	3:42.53
1986	5000 Meters	13:59.55

Gerry O'Reilly (continued)

BIG EAST HONORS

BIG EAST Championships		
Outstanding Performer		
1986	Indoor Track & Field	

OLYMPIAN (Ireland)

<u>Year</u>	<u>Location</u>	<u>Events</u>
1988	Seoul	1500

SUB-FOUR MINUTE MILES

First Career	3:54.63	Jun 14, 1986
Fastest Mile	3:54.63	Jun 14, 1986
Fastest 1500	3:37.40	Jul 10, 1987

PENN RELAYS WALL OF FAME

RELAYS			
<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1987	DMR	9:21.02	2007

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1987
Inducted 2009

Jim Orr

ALL-AMERICA HONORS

Indoor		
1965	Two Mile Relay	2nd

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1964	Two Mile Relay	2nd	1:53.7
1964	4xMile Relay	2nd	4:16.3
1965	Two Mile Relay	1st	1:52.4
1965	4xMile Relay	2nd	4:13.2

PENN RELAYS WALL OF FAME

RELAYS			
<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1965	Two Mile Relay	7:26.1	2015

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1965
Inducted 2004

Bob O'Sullivan

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1947
Inducted 1992

Chris O'Sullivan

BIG EAST CHAMPION

Indoor		
2013	DMR	9:47.59
2014	DMR	9:42.08
2015	4x800 Meter Relay	7:30.61
2015	DMR	9:51.20

ALL-BIG EAST HONORS

Indoor		
2012	DMR	3rd
2013	DMR	1st
2013	4x800 Meter Relay	2nd
2014	DMR	1st
2014	4x800 Meter Relay	2nd
1015	4x800 Meter Relay	1st
2015	DMR	1st

Outdoor		
2014	4x800 Meter Relay	2nd

HONORS AND AWARDS

Marcus O'Sullivan

NCAA CHAMPION

Indoor		
1981	DMR	9:47.20
1983	Two Mile Relay	7:21.90

ALL-AMERICA HONORS

Indoor		
1981	DMR	1st
1982	Two Mile Relay	2nd
1982	Mile	4th
1983	Two Mile Relay	1st
1984	1500 Meters	4th

Outdoor		
1982	1500 Meters	8th
1983	1500 Meters	11th
1984	1500 Meters	2nd

BIG EAST CHAMPION

Indoor		
1981	1500 Meters	3:52.64
1981	4x800 Meter Relay	7:40.32
1982	4x800 Meter Relay	7:31.60
1983	1500 Meters	3:52.81
1983	DMR	9:46.16
1984	1500 Meters	3:49.12
1984	DMR	9:38.38

Outdoor		
1983	4x800 Meter Relay	7:32.33
1984	5000 Meters	13:55.24

Cross Country		
1983	5 Miles	22:48.5

ALL-BIG EAST HONORS

Indoor		
1981	1500 Meters	1st
1981	4x800 Meter Relay	1st
1982	4x800 Meter Relay	1st
1982	800 Meters	2nd
1983	1500 Meters	1st
1983	4x800 Meter Relay	1st
1983	DMR	1st
1984	1500 Meters	1st
1984	DMR	1st
1984	4x800 Meter Relay	2nd

Outdoor		
1982	1500 Meters	2nd
1983	4x800 Meter Relay	1st
1984	5000 Meters	1st

Cross Country		
1980	5 Miles	13th
1982	5 Miles	13th
1983	5 Miles	1st

IC4A CHAMPION

Indoor		
1983	Mile	4:00.98
1983	Two Mile Relay	7:32.28
1984	Mile	4:03.85

Marcus O'Sullivan (continued)

PENN RELAYS CHAMPION

Championship of America			
Year	Event	Leg	Split
1981	DMR	800	1:51.1
1981	4x1500 Meter Relay	2nd	3:48.3
1982	4x800 Meter Relay	1st	1:50.2
1982	4x1500 Meter Relay	2nd	3:46.1
1984	4x800 Meter Relay	3rd	1:48.3
1984	4x1500 Meter Relay	Anchor	3:38.6

OLYMPIAN (Ireland)

Year	Location	Events
1984	Los Angeles	800, 1500
1988	Seoul	1500
1992	Barcelona	1500
1996	Atlanta	1500

SUB-FOUR MINUTE MILES

First Career	3:58.84	Jan 22, 1983
Fastest Mile	3:50.94	Feb 13, 1988
Fastest 1500	3:33.61	Aug 10, 1996

PENN RELAYS WALL OF FAME

RELAYS			
Year	Event	Time	Inducted
1982	4x800 Relay	7:12.29	1994

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1984
Inducted 2001

VILLANOVA STADIUM

TRACK & FIELD WALL OF FAME

Competed 1980-84
Inducted September 18, 2004

Don Paige

NCAA CHAMPION

Indoor		
1978	1000 Yards	2:07.88
1979	1000 Yards	2:07.27
1980	1000 Yards	2:05.80

Outdoor		
1979	800 Meters	1:46.18
1979	1500 Meters	3:39.20
1980	800 Meters	1:45.81

ALL-AMERICA HONORS

Indoor		
1977	1000 Yards	2nd
1978	1000 Yards	1st
1979	1000 Yards	1st
1980	1000 Yards	1st

Outdoor		
1978	1500 Meters	4th
1979	800 Meters	1st
1979	1500 Meters	1st
1980	800 Meters	1st

IC4A CHAMPION

Indoor		
1977	1000 Yards	2:08.6
1978	1000 Yards	2:11.2
1978	Two Mile Relay	7:33.7
1979	880 Yards	1:50.21
1979	Two Mile Relay	7:31.34

Outdoor		
1978	1500 Meters	3:45.2
1979	800 Meters	1:46.73
1979	1500 Meters	3:43.91
1980	800 Meters	1:46.73
1980	1500 Meters	3:43.33

PENN RELAYS CHAMPION

Championship of America			
Year	Event	Leg	Split
1978	4x800 Meter Relay	3rd	1:47.3
1978	DMR	Anchor	4:02.3
1978	4x1500 Meter Relay	Anchor	3:47.8
1979	SMR	Anchor	1:47.0
1979	4x800 Meter Relay	Anchor	1:49.8
1979	DMR	1200	2:52.5
1980	SMR	Anchor	1:46.2
1980	4x800 Meter Relay	Anchor	1:45.8
1980	DMR	1200	2:51.6

OLYMPIAN (United States)

Year	Location
1980	Moscow

SUB-FOUR MINUTE MILES

First Career	3:58.10	May 7, 1978
Fastest Mile	3:54.19	May 16, 1982
Fastest 1500	3:37.33	Jun 17, 1979

HONORS AND AWARDS

Don Paige (continued)

PENN RELAYS WALL OF FAME

INDIVIDUAL

Inducted 1996

C.W. Baker (N.Y.) High School '75
Villanova '80

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1980

Inducted 1995

VILLANOVA STADIUM

TRACK & FIELD WALL OF FAME

Completed 1977-80

Inducted October 4, 1997

Russell Palmer

BIG EAST CHAMPION

Outdoor

1983	Hammer	52.96m
------	--------	--------

ALL-BIG EAST HONORS

Indoor

1983	Weight Throw	2nd
------	--------------	-----

Outdoor

1981	Hammer	2nd
1983	Hammer	1st

Mike Palmisano

ALL-BIG EAST HONORS

Indoor

2014	4x800 Meter Relay	2nd
------	-------------------	-----

Bobby Papazian

ALL-MID ATLANTIC REGION

2007	Cross Country	19th
2009	Cross Country	11th

Tom Parlapiano

ALL-AMERICA HONORS

Indoor

2004	DMR	3rd
------	-----	-----

ALL-MID ATLANTIC REGION

2000	Cross Country	10th
2001	Cross Country	10th
2002	Cross Country	10th

BIG EAST CHAMPION

Indoor

2003	4x800 Meter Relay	7:35.86
2004	DMR	9:47.25

Outdoor

2002	1500 Meters	3:45.41
2003	1500 Meters	3:49.65
2004	5000 Meters	14:12.89

ALL-BIG EAST HONORS

Indoor

2000	DMR	3rd
2002	3000 Meters	3rd
2003	4x800 Meter Relay	1st
2004	DMR	1st

Outdoor

2000	1500 Meters	3rd
2002	1500 Meters	1st
2003	1500 Meters	1st
2004	1500 Meters	1st

Cross Country

1999	8000 Meters	10th
2000	8000 Meters	4th
2001	8000 Meters	7th
2002	8000 Meters	11th

SUB-FOUR MINUTE MILES

First Career	3:41.59 (1500)	May 14, 2004
Fastest 1500	3:41.59	May 14, 2004

Dave Patrick

NCAA CHAMPION

Indoor

1967	880 Yards	1:48.90
1968	880 Yards	1:52.00

Outdoor

1966	Mile	4:02.10
1968	1500 Meters	3:39.90

ALL-AMERICA HONORS

Indoor

1966	880 Yards	2nd
1966	Two Mile Relay	2nd
1967	880 Yards	1st
1967	DMR	2nd
1968	880 Yards	1st
1968	Two Mile Relay	2nd

Outdoor

1966	Mile	1st
1968	1500 Meters	1st

IC4A CHAMPION

Indoor

1966	Mile	4:06.7
1967	Mile	4:09.4
1968	Mile	4:06.1

Outdoor

1966	Mile	4:08.6
1967	Mile	4:04.9
1968	Mile	3:56.8

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1966	Two Mile Relay	Anchor	1:53.0
1966	DMR	Anchor	4:04.6
1967	DMR	Anchor	4:04.8
1967	4xMile Relay	Anchor	4:10.1
1968	SMR	Anchor	1:49.9
1968	Two Mile Relay	Anchor	1:50.1
1968	DMR	Anchor	4:05.3

OLYMPIAN (United States)

Year	Location
1968	Mexico City

SUB-FOUR MINUTE MILES

First Career	3:59.3	Feb 17, 1967
Fastest Mile	3:56.8	Jun 10, 1968
Fastest 1500	3:39.9	Jun 15, 1968

PENN RELAYS WALL OF FAME

RELAYS

Year	Event	Time	Inducted
1966	DMR	9:46.4	2016

INDIVIDUAL

Inducted 2002

Kenwood (Md.) High School '64
Villanova '68

HONORS AND AWARDS

Dave Patrick (continued)

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1968
Inducted 1985

VILLANOVA STADIUM TRACK & FIELD WALL OF FAME

Competed 1966-68
Inducted November 2, 1996

Marc Pelerin

ALL-MID ATLANTIC REGION

2004 Cross Country 17th

BIG EAST CHAMPION

Indoor
2004 DMR 9:47.25

ALL-BIG EAST HONORS

Indoor
2004 DMR 1st
2006 DMR 2nd

Cross Country
2004 8000 Meters 11th

Al Peterson

IC4A CHAMPION

Indoor
1957 Mile Relay 3:20.6

Outdoor
1955 Mile Relay 3:15.2
1956 Mile Relay 3:14.9

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1957	SMR	220-1

Josh Phillips

ALL-MID ATLANTIC REGION

2018	Cross Country	21st
2019	Cross Country	3rd
2021	Cross Country	12th
2022	Cross Country	11th

BIG EAST CHAMPION

Indoor
2019 DMR 9:50.45
2020 DMR 9:47.80

Outdoor
2021 4x800 Meter Relay 1st

ALL-BIG EAST HONORS

Indoor
2019 DMR 1st
2020 DMR 1st
2020 3000 Meters 3rd

Outdoor
2021 4x800 Meter Relay 1st
2023 5000 Meters 2nd

Cross Country
2018 (2nd) 8000 Meters 15th
2019 (2nd) 8000 Meters 18th
2020 8000 Meters 7th
2022 8000 Meters 10th

PENN RELAYS CHAMPION

Individual Championships
2023 5000 Meters 13:45.85

BIG EAST HONORS

BIG EAST Male Athlete of the Week
2021 Cross Country October 4

Sterling Pierce

BIG EAST CHAMPION

Indoor
2016 60 Meters 6.89

Outdoor
2016 100 Meters 10.64
2016 200 Meters 21.57
2018 100 Meters 10.60

ALL-BIG EAST HONORS

Indoor
2016 60 Meters 1st
2016 200 Meters 2nd
2018 200 Meters 2nd
2018 60 Meters 3rd

Outdoor
2016 100 Meters 1st
2016 200 Meters 1st
2017 100 Meters 2nd
2018 100 Meters 1st
2018 200 Meters 2nd

BIG EAST HONORS

BIG EAST Championships

Outstanding Track Performer

2016 Outdoor Track & Field

Carey Pinkowski

ALL-AMERICA HONORS

Indoor
1977 Two Mile Relay 3rd

IC4A CHAMPION

Indoor
1976 DMR 9:48.6
1980 DMR 9:57.48

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1980	4x1500 Meter Relay	1st	3:49.1

Tim Pollis

ALL-BIG EAST HONORS

Indoor
1990 4x800 Meter Relay 3rd

HONORS AND AWARDS

Trevor Potts

BIG EAST CHAMPION

Indoor		
2019	DMR	9:50.45

ALL-BIG EAST HONORS

Indoor		
2019	DMR	1st

Paul Power

ALL-BIG EAST HONORS

Cross Country		
2017	8000 Meters	9th

Dan Powers

ALL-BIG EAST HONORS

Indoor		
2019	4x400 Meter Relay	3rd

Leon Pras

IC4A CHAMPION

Indoor		
1961	60 Yard Hurdles	7.4

Outdoor

1960	120 Yard Hurdles	14.1
1962	120 Yard Hurdles	14.2

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1961	4x120y Shuttle Hurdles	Anchor

Amiri Prescod

BIG EAST CHAMPION

Indoor		
2024	60 Meters	6.75

Outdoor

2024	100 Meters	10.475
------	------------	--------

ALL-BIG EAST HONORS

Indoor		
2024	60 Meters	1st
2025	60 Meters	2nd

Outdoor

2024	100 Meters	1st
2024	200 Meters	3rd

Darren Price

ALL-BIG EAST HONORS

Outdoor		
1989	4x100 Meter Relay	2nd
1989	4x400 Meter Relay	2nd
1989	High Jump	3rd

Ken Prince

NCAA CHAMPION

Indoor		
1968	Mile Relay	3:14.40

Outdoor

1968	Mile Relay	3:08.60
------	------------	---------

ALL-AMERICA HONORS

Indoor		
1967	DMR	2nd
1968	Mile Relay	1st

Outdoor

1968	Mile Relay	1st
------	------------	-----

IC4A CHAMPION

Indoor		
1967	Mile Relay	3:19.2
1968	Mile Relay	3:19.9

Outdoor

1968	Mile Relay	3:09.1
------	------------	--------

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1968	Mile Relay	3rd	47.4

Steve Pritko

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1943

Inducted 1988

Harry Purcell

ALL-AMERICA HONORS

Indoor		
2016	DMR	6th
2017	DMR	8th
2018	DMR	8th

BIG EAST CHAMPION

Indoor		
2018	400 Meters	47.49
2018	4x400 Meter Relay	3:12.84

Outdoor

2016	400 Meters	48.66
2016	4x400 Meter Relay	3:15.14

ALL-BIG EAST HONORS

Indoor		
2016	400 Meters	2nd
2016	4x400 Meter Relay	2nd
2016	DMR	2nd
2017	400 Meters	2nd
2018	400 Meters	1st
2018	4x400 Meter Relay	1st

Outdoor

2016	400 Meters	1st
2016	4x400 Meter Relay	1st
2017	400 Meters	2nd
2017	4x400 Meter Relay	3rd
2018	800 Meters	2nd
2019	4x400 Meter Relay	3rd

BIG EAST HONORS

BIG EAST Men's Track Athlete of the Week

2018	Indoor	January 16
------	--------	------------

HONORS AND AWARDS

Louie Quintana

ALL-AMERICA HONORS

Indoor

1993	3000 Meters	4th
1995	DMR	4th
1995	Mile	6th

Outdoor

1993	1500 Meters	10th
------	-------------	------

Cross Country

1992	10000 Meters	4th
1992	10000 Meters	14th
1994	10000 Meters	16th

NCAA DISTRICT II CHAMPION

1992	Cross Country
1994	Cross Country

BIG EAST CHAMPION

Indoor

1993	Mile	4:05.65
1993	4x800 Meter Relay	7:29.74
1993	DMR	9:51.25
1994	Mile	4:08.10
1995	DMR	9:46.65

Outdoor

1993	5000 Meters	13:53.62
------	-------------	----------

Cross Country

1993	5 Miles	24:29
------	---------	-------

ALL-BIG EAST HONORS

Indoor

1992	4x800 Meter Relay	2nd
1992	Mile	3rd
1993	Mile	1st
1993	4x800 Meter Relay	1st
1983	DMR	1st
1994	Mile	1st
1994	DMR	2nd
1995	DMR	1st
1995	1000 Meters	2nd
1995	3000 Meters	2nd

Outdoor

1993	5000 Meters	1st
------	-------------	-----

Cross Country

1991	8000 Meters	7th
1992	5 Miles	2nd
1993	5 Miles	1st
1994		2nd

Louie Quintana (continued)

IC4A CHAMPION

Indoor

1993	Mile	4:00.19
1993	DMR	9:47.22

Outdoor

1992	1500 Meters	3:47.08
1993	1500 Meters	3:40.37

Cross Country

1992	10000 Meters	29:57.3
1994	10000 Meters	30:12

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1992	4x800 Meter Relay	3rd	1:50.9
1993	4x1500 Meter Relay	Anchor	3:43.7

SUB-FOUR MINUTE MILES

First Career	3:40.37 (1500)	May 23, 1993
Fastest 1500	3:40.37	May 23, 1993

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1995
Inducted 2022

Marco Radocaj

BIG EAST CHAMPION

Outdoor

2008	Javelin	68.31m
------	---------	--------

ALL-BIG EAST HONORS

Outdoor

2008	Javelin	1st
------	---------	-----

Bob Raemore

IC4A CHAMPION

Indoor

1960	Mile Relay	3:18.8
------	------------	--------

Outdoor

1960	Mile Relay	3:12.5
------	------------	--------

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1960	Mile Relay	3rd	47.8
1961	4x220 Yard Relay	Anchor	
1961	Mile Relay	3rd	47.1
1962	4x220 Yard Relay	3rd	

Freshman - Championship of America

Year	Event	Leg
1956	Freshman Mile Relay	(47.9) 3rd

William Rahn

PENN RELAYS CHAMPION

Freshman - Championship of America

Year	Event	Leg
1956	Freshman Mile Relay	1st

Mark Rainey

BIG EAST CHAMPION

Outdoor

1987	Long Jump	7.40m
1988	400 Meters	47.17
1989	400 Meters	46.97
1989	Long Jump	7.44m
1990	400 Meters	47.40
1990	Long Jump	7.81m

ALL-BIG EAST HONORS

Indoor

1987	Long Jump	2nd
1987	DMR	2nd
1988	500 Meters	3rd
1988	4x400 Meter Relay	3rd
1989	Long Jump	2nd
1990	Long Jump	3rd

Outdoor

1987	Long Jump	1st
1987	4x100 Meter Relay	2nd
1987	4x400 Meter Relay	3rd
1988	400 Meters	1st
1989	400 Meters	1st
1989	Long Jump	1st
1989	4x100 Meter Relay	2nd
1989	4x400 Meter Relay	2nd
1990	400 Meters	1st
1990	Long Jump	1st

IC4A CHAMPION

Indoor

1987	Mile Relay	3:12.41
1990	Long Jump	7.42m

BIG EAST HONORS

BIG EAST Championships

Outstanding Performer

1990	Outdoor Track & Field
------	-----------------------

BIG EAST Championships

Outstanding Performance

1989	Outdoor Track & Field
------	-----------------------

HONORS AND AWARDS

Luke Rakowitz

ALL-BIG EAST HONORS

Indoor

2025	400 Meters	3rd
2025	4x400 Meter Relay	3rd

Outdoor

2025	4x400 Meter Relay	3rd
------	-------------------	-----

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
2024	DMR	400	47.67

Jimmy Reardon

OLYMPIAN (Ireland)

Year	Location	Events
1948	London	400 Meters

Phil Reavis

NCAA CHAMPION

Outdoor

1956	High Jump	1.99m
------	-----------	-------

ALL-AMERICA HONORS

Outdoor

1956	High Jump	1st
1957	High Jump	3rd

IC4A CHAMPION

Indoor

1956	High Jump	1.96m
1957 (tie)	High Jump	2.06m
1958	High Jump	2.05m

Outdoor

1956	High Jump	2.00m
1957	High Jump	2.03m
1958	High Jump	2.08m

PENN RELAYS CHAMPION

Individual Championships

1958	High Jump	2.03m
------	-----------	-------

OLYMPIAN (United States)

Year	Location	Events
1956	Melbourne	High Jump

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1959

Inducted 1981

VILLANOVA STADIUM

TRACK & FIELD WALL OF FAME

Competed 1956-58

Inducted October 4, 1997

Alex Reber

ALL-BIG EAST HONORS

Outdoor

2013	4x400 Meter Relay	3rd
------	-------------------	-----

Eric Reese

ALL-BIG EAST HONORS

Cross Country

1999	8000 Meters	8th
------	-------------	-----

Paul Regan

ALL-AMERICA HONORS

Indoor

1976	DMR	3rd
------	-----	-----

IC4A CHAMPION

Indoor

1976	DMR	9:48.6
------	-----	--------

John Richardson

BIG EAST CHAMPION

Indoor

2005	4x800 Meter Relay	7:37.84
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor

2005	4x800 Meter Relay	1st
2005	DMR	2nd
2005	Mile	3rd

Tim Robinson

NCAA CHAMPION

Indoor

1980	DMR	9:42.22
------	-----	---------

ALL-AMERICA HONORS

Indoor

1980	DMR	1st
------	-----	-----

IC4A CHAMPION

Indoor

1980	DMR	9:57.48
------	-----	---------

Nathan Rodriguez

ALL-MID ATLANTIC REGION

2019	Cross Country	7th
------	---------------	-----

ALL-BIG EAST HONORS

Cross Country

2019	8000 Meters	2nd
------	-------------	-----

Browning Ross

NCAA CHAMPION

Outdoor

1948	3000m Steeplechase	9:25.8
------	--------------------	--------

ALL-AMERICA HONORS

Outdoor

1948	3000m Steeplechase	1st
------	--------------------	-----

OLYMPIAN (United States)

Year	Location	Events
1948	London	3000m Steeplechase
1952	Helsinki	3000m Steeplechase

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1951

Inducted 1978

VILLANOVA STADIUM

TRACK & FIELD WALL OF FAME

Competed 1946-48

Inducted October 4, 1997

HONORS AND AWARDS

Paul Rowbotham

ALL-AMERICA HONORS

Indoor		
1989	4x800 Meter Relay	3rd

Outdoor		
1989	800 Meters	8th

BIG EAST CHAMPION

Indoor		
1989	800 Meters	1:49.75
1989	DMR	10:02.76

Outdoor		
1989	800 Meters	1:48.23
1989	4x800 Meter Relay	7:30.00

ALL-BIG EAST HONORS

Indoor		
1989	800 Meters	1st
1989	DMR	1st

Outdoor		
1989	800 Meters	1st
1989	4x800 Meter Relay	1st

IC4A CHAMPION

Indoor		
1989	800 Meters	1:50.08

PENN RELAYS CHAMPION

Championship of America			
Year	Event	Leg	Split
1989	4x800 Meter Relay	Anchor	1:49.3

BIG EAST HONORS

BIG EAST Championships	
Outstanding Performer	
1989	Outdoor Track & Field

Robert Sainvil

ALL-BIG EAST HONORS

Indoor		
2011	Triple Jump	2nd

Outdoor		
2010	Triple Jump	3rd

Aaron Sandifer

BIG EAST CHAMPION

Outdoor		
2014	110 Meter Hurdles	15.19

ALL-BIG EAST HONORS

Indoor		
2014	60 Meter Hurdles	2nd
2015	60 Meter Hurdles	3rd
2016	60 Meter Hurdles	3rd

Outdoor		
2014	110 Meter Hurdles	1st
2014	4x100 Meter Relay	2nd
2015	110 Meter Hurdles	2nd
2015	4x100 Meter Relay	2nd

Ken Schappert

NCAA CHAMPION

Indoor		
1973	880 Yards	1:50.40

ALL-AMERICA HONORS

Indoor		
1971	Mile Relay	3rd
1972	Two Mile Relay	2nd
1972	880 Yards	4th
1973	880 Yards	1st
1975	880 Yards	3rd

Outdoor		
1973	880 Yards	3rd
1975	880 Yards	5th

IC4A CHAMPION

Indoor		
1973	880 Yards	1:54.5

Outdoor		
1973	880 Yards	1:51.0

PENN RELAYS CHAMPION

Championship of America			
Year	Event	Leg	Split
1971	Two Mile Relay	1st	1:54.3
1972	DMR	880	1:51.2
1973	Two Mile Relay	Anchor	1:49.6
1973	DMR	1320	2:58.4
1973	4xMile Relay	3rd	4:11.7
1975	Two Mile Relay	3rd	1:51.6
1975	DMR	880	1:49.6
1975	4xMile Relay	2nd	4:12.0

SUB-FOUR MINUTE MILES

First Career	3:42.00 (1500)	Apr 24, 1976
Fastest 1500	3:42.00	Apr 24, 1976

PENN RELAYS WALL OF FAME

RELAYS			
Year	Event	Time	Inducted
1975	DMR	9:28.2	1995

INDIVIDUAL

Inducted 2005	
Bishop DuBois (N.Y.) High School '70	
Villanova '75	
New York AC '76	

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1975
Inducted 1990

Rene Schlag

IC4A CHAMPION

Outdoor		
1969	Mile Relay	3:11.1

HONORS AND AWARDS

Mike Seeger

NCAA CHAMPION

Indoor		
1990	4x800 Meter Relay	7:19.94

ALL-AMERICA HONORS

Indoor		
1989	4x800 Meter Relay	3rd
1990	4x800 Meter Relay	1st
1991	4x800 Meter Relay	3rd

BIG EAST CHAMPION

Indoor		
1990	DMR	10:01.44
1991	4x800 Meter Relay	7:29.35

Outdoor

1988	4x800 Meter Relay	7:26.26
1989	4x800 Meter Relay	7:30.00
1990	4x800 Meter Relay	7:30.15

ALL-BIG EAST HONORS

Indoor		
1990	DMR	1st
1990	1000 Meters	2nd
1990	4x800 Meter Relay	3rd
1991	DMR	1st
1991	1000 Meters	3rd

Outdoor

1988	4x800 Meter Relay	1st
1989	4x800 Meter Relay	1st
1990	4x800 Meter Relay	1st
1990	800 Meters	2nd

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1989	4x800 Meter Relay	2nd	1:49.5
1991	4x800 Meter Relay	3rd	1:46.9

Vincent Sengelmann

ALL-BIG EAST HONORS

Indoor		
2019	Triple Jump	3rd

Cory Serfoss

BIG EAST CHAMPION

Indoor		
2014	DMR	9:42.08
2015	DMR	9:51.20

ALL-BIG EAST HONORS

Indoor		
2014	DMR	1st
2015	DMR	1st

Outdoor

2015	400 Meter Hurdles	2nd
------	-------------------	-----

David Seung

BIG EAST CHAMPION

Outdoor		
1995	4x800 Meter Relay	7:39.35

ALL-BIG EAST HONORS

Outdoor		
1993	4x800 Meter Relay	2nd
1995	4x800 Meter Relay	1st

Chris Shafer

ALL-AMERICA HONORS

Indoor		
1978	Two Mile Relay	2nd

IC4A CHAMPION

Indoor		
1978	Two Mile Relay	7:33.7
1979	DMR	9:50.37

Paul Sheridan

ALL-BIG EAST HONORS

Outdoor		
2016	Javelin	3rd

Ryan Sheridan

ALL-MID ATLANTIC REGION

2011	Cross Country	2nd
------	---------------	-----

ALL-BIG EAST HONORS

Indoor		
2012	5000 Meters	2nd

Cross Country

2011	8000 Meters	8th
------	-------------	-----

BIG EAST HONORS

BIG EAST Men's Track Athlete of the Week		
2012	Indoor	February 7

Jim Shillow

PENN RELAYS CHAMPION

Individual Championships

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1968	Javelin	73.60m

Xian Shively

BIG EAST CHAMPION

Indoor		
2024	DMR	9:37.24

ALL-BIG EAST HONORS

Indoor		
2024	DMR	1st

Cross Country

2023 (2nd)	8530 Meters	17th
------------	-------------	------

Ben Showers

ALL-MID ATLANTIC REGION

2000	Cross Country	24th
------	---------------	------

Matthew Sidney

ALL-BIG EAST HONORS

Indoor		
2015	High Jump	tie-3rd

Outdoor

2012	High Jump	3rd
------	-----------	-----

HONORS AND AWARDS

Chuck Silvester

ALL-AMERICA HONORS

Indoor		
1995	DMR	4th

BIG EAST CHAMPION

Indoor		
1994	500 Meters	1:02.81

ALL-BIG EAST HONORS

Indoor		
1993	500 Meters	3rd
1993	4x400 Meter Relay	3rd
1994	500 Meters	1st
1994	DMR	2nd
1994	4x400 Meter Relay	3rd
1995	4x400 Meter Relay	3rd

Outdoor

1994	4x400 Meter Relay	3rd
1995	4x400 Meter Relay	2nd

IC4A CHAMPION

Indoor		
1993	Two Mile Relay	7:29.68

Outdoor

1995	4x400 Meter Relay	3:11.67
------	-------------------	---------

Rowland Simpson

IC4A CHAMPION

Indoor		
1956	Mile Relay	3:19.6

Outdoor

1956	Mile Relay	3:14.9
------	------------	--------

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1956	Mile Relay	2nd	48.5
1956	DMR	440	48.3

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1955	Freshman Mile Relay	(48.1) 3rd

Henry Sise

ALL-BIG EAST HONORS

Indoor		
2018	Shot Put	3rd

Outdoor

2018	Shot Put	2nd
2019	Shot Put	2nd

Kevin Sives

BIG EAST CHAMPION

Outdoor		
2007	4x800 Meter Relay	7:29.54

ALL-BIG EAST HONORS

Outdoor		
2007	4x800 Meter Relay	1st

Elliot Slade

ALL-AMERICA HONORS

Indoor		
2015	DMR	5th
2016	DMR	6th
2017	DMR	8th

BIG EAST CHAMPION

Indoor		
2015	800 Meters	1:48.91
2016	1000 Meters	2:26.65
2016	4x800 Meter Relay	7:28.96
2017	4x800 Meter Relay	7:32.73
2017	DMR	10:00.07

Outdoor

2016	4x800 Meter Relay	7:39.00
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor		
2015	800 Meters	1st
2016	1000 Meters	1st
2016	4x800 Meter Relay	1st
2017	4x800 Meter Relay	1st
2017	DMR	1st
2017	Mile	3rd

Outdoor

2016	4x800 Meter Relay	1st
2016	1500 Meters	3rd

Cory Smith

ALL-BIG EAST HONORS

Cross Country		
1999	8000 Meters	6th

Dean Smith

ALL-BIG EAST HONORS

Indoor		
1998	DMR	2nd
2001	3000 Meters	3rd

Cross Country

1997		6th
------	--	-----

Derrick Smith

ALL-BIG EAST HONORS

Outdoor		
2024	4x100 Meter Relay	3rd

Wilson Smith

ALL-AMERICA HONORS

Indoor		
1971	DMR	3rd

Cross Country

1970	Six Miles	23rd
------	-----------	------

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1970	Two Mile Relay	1st	1:53.3
1970	DMR	880	1:51.5
1971	DMR	880	1:55.4

Dusty Solis

ALL-AMERICA HONORS

Indoor		
2014 ^(2nd)	DMR	9th
2015	DMR	5th

BIG EAST CHAMPION

Indoor		
2014	DMR	9:42.08
2015	4x800 Meter Relay	7:30.61

ALL-BIG EAST HONORS

Indoor		
2013	4x800 Meter Relay	2nd
2013	1000 Meters	3rd
2014	DMR	1st
2014	1000 Meters	tie-2nd
2015	4x800 Meter Relay	2nd

Outdoor

2015	800 Meters	3rd
------	------------	-----

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2014	4x800 Meter Relay	2nd	1:49.45

SUB-FOUR MINUTE MILES

First Career	3:39.32 ⁽¹⁵⁰⁰⁾	May 16, 2016
Fastest 1500	3:39.32	May 16, 2016

HONORS AND AWARDS

Gabriel Soto

ALL-BIG EAST HONORS

Indoor

1996	Mile	3rd
1997	DMR	3rd

IC4A CHAMPION

Indoor

1996	DMR	9:49.07
------	-----	---------

Shaun Stanton

BIG EAST CHAMPION

Outdoor

1998	4x400 Meter Relay	3:08.85
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor

1998	4x400 Meter Relay	3rd
------	-------------------	-----

Outdoor

1998	4x400 Meter Relay	1st
------	-------------------	-----

Charles Stead

IC4A CHAMPION

Indoor

1957 <i>(tie)</i>	High Jump	2.06m
1959	High Jump	2.01m

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1957	Mile Relay	2nd	
1958	Mile Relay	2nd	48.6
1958	SMR	220-1	
1959	Mile Relay	3rd	46.7

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1956	Freshman Mile Relay	3rd

PENN RELAYS WALL OF FAME

RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1958	Mile Relay	3:11.8	2011

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1959

Inducted 1984

Nick Steele

BIG EAST CHAMPION

Indoor

2018	4x800 Meter Relay	7:32.76
2019	4x800 Meter Relay	7:28.55
2019	DMR	9:50.45
2020	4x800 Meter Relay	7:31.34
2020	DMR	9:47.80

Outdoor

2018	3000m Steeplechase	9:10.39
------	--------------------	---------

ALL-BIG EAST HONORS

Indoor

2018	4x800 Meter Relay	1st
2019	4x800 Meter Relay	1st
2019	DMR	1st
2020	4x800 Meter Relay	1st
2020	DMR	1st

Outdoor

2018	3000m Steeplechase	1st
2019	3000m Steeplechase	2nd

Cross Country

2020 <i>(2nd)</i>	8000 Meters	14th
-------------------	-------------	------

Haftu Strintzos

ALL-AMERICA HONORS

Outdoor

2021 <i>(HM)</i>	10000 Meters	19th
2022 <i>(HM)</i>	10000 Meters	19th
2023 <i>(HM)</i>	10000 Meters	19th

Cross Country

2021	10000 Meters	9th
2023	10000 Meters	38th

ALL-MID ATLANTIC REGION

2019	Cross Country	4th
2021	Cross Country	2nd
2022	Cross Country	15th
2023	Cross Country	2nd

BIG EAST CHAMPION

Outdoor

2022	5000 Meters	14:13.58
------	-------------	----------

Cross Country

2020	8000 Meters	23:05.2
------	-------------	---------

ALL-BIG EAST HONORS

Indoor

2020	5000 Meters	3rd
2022	3000 Meters	2nd
2022	5000 Meters	3rd

Outdoor

2022	5000 Meters	1st
2023	5000 Meters	1st

Cross Country

2019	8000 Meters	8th
2020	8000 Meters	1st
2021	8000 Meters	2nd
2022	8000 Meters	2nd
2023	8530 Meters	2nd

USTFCCCA HONORS

Mid-Atlantic Region Athlete of the Year

2020	Cross Country
2021	Cross Country

BIG EAST HONORS

BIG EAST Male Athlete of the Week

2021	Cross Country	September 20
2021	Cross Country	October 18

HONORS AND AWARDS

PJ Succi

BIG EAST CHAMPION

Outdoor		
2014	Decathlon	5,446

ALL-BIG EAST HONORS

Indoor		
2014	Heptathlon	2nd

Outdoor

2014	Decathlon	1st
2014	110 Meter Hurdles	3rd

CJ Sullivan

ALL-MID ATLANTIC REGION

2024	Cross Country	13th
------	---------------	------

ALL-BIG EAST HONORS

Outdoor		
2025	5000 Meters	2nd

Cross Country

2024 (2nd)	8000 Meters	18th
------------	-------------	------

Mark Sullivan

NCAA CHAMPION

Indoor		
1988	4x800 Meter Relay	7:25.23

ALL-AMERICA HONORS

Indoor		
1988	4x800 Meter Relay	1st

BIG EAST CHAMPION

Outdoor		
1987	4x800 Meter Relay	7:23.40
1988	4x800 Meter Relay	7:26.26

ALL-BIG EAST HONORS

Indoor		
1985	4x800 Meter Relay	2nd
1986	4x800 Meter Relay	2nd
1988	DMR	2nd
1988	4x800 Meter Relay	3rd

Outdoor

1985	4x800 Meter Relay	2nd
1986	4x800 Meter Relay	3rd
1987	4x800 Meter Relay	1st
1988	4x800 Meter Relay	1st

IC4A CHAMPION

Indoor		
1985	Two Mile Relay	7:35.91

Tom Sullivan

ALL-AMERICA HONORS

Indoor		
1965	Two Mile Relay	2nd
1965	880 Yards	3rd

Cross Country

1962	Four Miles	15th
------	------------	------

IC4A CHAMPION

Indoor		
1964	Mile	4:11.8
1965	Mile	4:09.2

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1964	Two Mile Relay	Anchor	1:51.2
1964	DMR	1320	3:03.1
1964	4xMile Relay	3rd	4:12.5
1965	Two Mile Relay	3rd	1:51.0
1965	4xMile Relay	Anchor	4:05.7

PENN RELAYS WALL OF FAME

RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1965	Two Mile Relay	7:26.1	2015

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1965
Inducted 1986

William Sullivan

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1985
Inducted 1991

Brad Sumner

NCAA CHAMPION

Indoor		
1990	4x800 Meter Relay	7:19.94

ALL-AMERICA HONORS

Indoor		
1990	4x800 Meter Relay	1st
1991	4x800 Meter Relay	3rd
1993	4x800 Meter Relay	6th

Outdoor

1991	800 Meters	8th
1992	800 Meters	4th
1993	800 Meters	4th

BIG EAST CHAMPION

Indoor		
1991	4x800 Meter Relay	7:29.35
1993	800 Meters	1:52.06
1993	4x800 Meter Relay	7:29.74

Outdoor

1990	4x800 Meter Relay	7:30.15
1992	800 Meters	1:51.29
1993	1500 Meters	3:42.88

ALL-BIG EAST HONORS

Indoor		
1990	800 Meters	2nd
1991	DMR	1st
1992	4x800 Meter Relay	2nd
1992	800 Meters	3rd
1993	800 Meters	1st
1993	4x800 Meter Relay	1st
1993	4x400 Meter Relay	3rd

Outdoor

1990	4x800 Meter Relay	1st
1991	800 Meters	3rd
1992	800 Meters	1st
1993	1500 Meters	1st

IC4A CHAMPION

Indoor		
1993	Two Mile Relay	7:29.68

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1991	4x800 Meter Relay	Anchor	1:49.0
1993	4x1500 Meter Relay	3rd	3:43.8
1993	4x800 Meter Relay	Anchor	1:49.7

SUB-FOUR MINUTE MILES

First Career	3:59.11	Apr 29, 1995
Fastest Mile	3:59.11	Apr 29, 1995

HONORS AND AWARDS

Jim Sweizer

PENN RELAYS CHAMPION

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1968	Freshman Mile Relay	(48.8) 3rd

Zach Swenson

BIG EAST CHAMPION

<u>Indoor</u>		
2018	4x800 Meter Relay	7:32.76

ALL-BIG EAST HONORS

<u>Indoor</u>		
2018	4x800 Meter Relay	1st

George Sydnor

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1956	Mile Relay	1st	48.9
1956	SMR	220-1	
1958	Mile Relay	1st	48.9
1958	SMR	220-2	

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1955	Freshman Mile Relay	1st

PENN RELAYS WALL OF FAME RELAYS

<u>Year</u>	<u>Event</u>	<u>Time</u>	<u>Inducted</u>
1958	Mile Relay	3:11.8	2011

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1958
Inducted 1985

Willie Sydnor

NCAA CHAMPION

<u>Indoor</u>		
1981	DMR	9:47.20

ALL-AMERICA HONORS

<u>Indoor</u>		
1981	DMR	1st

BIG EAST CHAMPION

<u>Outdoor</u>		
1981	4x100 Meter Relay	40.74

ALL-BIG EAST HONORS

<u>Indoor</u>		
1981	4x400 Meter Relay	2nd

Outdoor

1981	4x100 Meter Relay	1st
1981	100 Meters	3rd

IC4A CHAMPION

<u>Outdoor</u>		
1980	4x100 Meter Relay	40.62

Ed Takacs

ALL-AMERICA HONORS

<u>Indoor</u>		
1977	DMR	2nd

IC4A CHAMPION

<u>Outdoor</u>		
1975	880 Yards	1:47.6
1976	4x400 Meter Relay	3:04.0

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1977	4x800 Meter Relay	2nd	1:49.7
1977	DMR	800	1:52.9

Scott Tantino

ALL-BIG EAST HONORS

<u>Indoor</u>		
1998	DMR	2nd
1998	3000 Meters	3rd
1999	3000 Meters	3rd
2001	DMR	3rd

Cross Country

1997		13th
1999	8000 Meters	5th

IC4A CHAMPION

<u>Indoor</u>		
1997	DMR	9:54.45

Brian Tetreault

ALL-AMERICA HONORS

<u>Indoor</u>		
2011	DMR	7th

BIG EAST CHAMPION

<u>Indoor</u>		
2012	4x800 Meter Relay	7:27.91

ALL-BIG EAST HONORS

<u>Indoor</u>		
2011	4x800 Meter Relay	2nd
2012	4x800 Meter Relay	1st
2012	DMR	3rd

Outdoor

2011	4x800 Meter Relay	3rd
------	-------------------	-----

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2011	DMR	1200	2:57.86

Gary Thau

ALL-BIG EAST HONORS

<u>Indoor</u>		
2000	DMR	3rd

Brian Theobald

BIG EAST CHAMPION

<u>Indoor</u>		
2025	DMR	9:42.54

ALL-BIG EAST HONORS

<u>Indoor</u>		
2025	DMR	1st

Ben Thomas

BIG EAST CHAMPION

<u>Indoor</u>		
2025	DMR	9:42.54

ALL-BIG EAST HONORS

<u>Indoor</u>		
2025	DMR	1st

Vince Thompson

ALL-BIG EAST HONORS

<u>Outdoor</u>		
2014	4x100 Meter Relay	2nd

HONORS AND AWARDS

Patrick Tiernan

NCAA CHAMPION

Cross Country

2016	10000 Meters	29:22.0
------	--------------	---------

ALL-AMERICA HONORS

Indoor

2014	5000 Meters	7th
------	-------------	-----

Outdoor

2014	5000 Meters	6th
2015 (2nd)	5000 Meters	10th
2016	5000 Meters	3rd

Cross Country

2013	10000 Meters	9th
2014	10000 Meters	18th
2015	10000 Meters	2nd
2016	10000 Meters	1st

NCAA MID-ATLANTIC CHAMPION

2013	Cross Country	29:37
2015	Cross Country	30:15.8
2016	Cross Country	30:32.1

ALL-MID ATLANTIC REGION

2013	Cross Country	1st
2014	Cross Country	2nd
2015	Cross Country	1st
2016	Cross Country	1st

BIG EAST CHAMPION

Indoor

2014	5000 Meters	14:04.26
2015	5000 Meters	14:18.04
2016	3000 Meters	8:13.16
2016	5000 Meters	14:03.53

Outdoor

2014	5000 Meters	13:56.01
2015	5000 Meters	14:36.85
2016	5000 Meters	14:12.53

Cross Country

2013	8000 Meters	23:51.
2014	8000 Meters	23:45.8
2015	8000 Meters	22:23.2
2016	8000 Meters	24:18.2

Patrick Tiernan (continued)

ALL-BIG EAST HONORS

Indoor

2014	5000 Meters	1st
2014	3000 Meters	2nd
2015	5000 Meters	1st
2015	3000 Meters	2nd
2016	3000 Meters	1st
2016	5000 Meters	1st

Outdoor

2014	5000 Meters	1st
2015	5000 Meters	1st
2016	5000 Meters	1st

Cross Country

2013	8000 Meters	1st
2014	8000 Meters	1st
2015	8000 Meters	1st
2016	8000 Meters	1st

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
2015	4xMile Relay	3rd	4:01.1

USTFCCCA HONORS

National Athlete of the Year

2016	Cross Country
------	---------------

National Athlete of the Week

2014	October 6
------	-----------

Mid-Atlantic Region Athlete of the Year

2013	Cross Country
2015	Cross Country
2016	Cross Country

BIG EAST HONORS

BIG EAST Championships

Outstanding Track Performer

2016	Indoor Track & Field
------	----------------------

BIG EAST Men's Track Athlete of the Week

2014	Indoor	February 4
2014	Indoor	February 18
2016	Indoor	February 16

2016	Outdoor	May 3
------	---------	-------

BIG EAST Male Athlete of the Week

2014	Cross Country	October 7
2015	Cross Country	October 6

OLYMPIAN (Australia)

Year	Location	Events
2016	Rio de Janeiro	5000
2020	Tokyo	5000, 10000
2024	Paris	Marathon

SUB-FOUR MINUTE MILES

First Career	3:57.59	Jun 18, 2017
Fastest Mile	3:56.82	Feb 13, 2021
Fastest 1500	3:38.64	May 29, 2021

Ryan Tompkins

ALL-BIG EAST HONORS

Indoor

2018	High Jump	2nd
2019	High Jump	3rd

Outdoor

2018	High Jump	2nd
------	-----------	-----

Pat Traynor

NCAA CHAMPION

Outdoor

1962	3000m Steeplechase	8:48.60
------	--------------------	---------

ALL-AMERICA HONORS

Outdoor

1961	3000m Steeplechase	2nd
1962	3000m Steeplechase	1st
1963	Three Miles	3rd

Cross Country

1962	Four Miles	2nd
------	------------	-----

IC4A CHAMPION

Indoor

1963	Two Miles	9:02.1
------	-----------	--------

Outdoor

1961	3000m Steeplechase	9:25.3
1962	3000m Steeplechase	9:19.1
1963	Mile	4:07.4
1963	3000m Steeplechase	9:19.7

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1962	DMR	Anchor	4:15.0

Individual Championships

1962	3000m Steeplechase	9:11.1
1963	3000m Steeplechase	8:57.1

SUB-FOUR MINUTE MILES

First Career	3:59.0	Aug 10, 1968
Fastest Mile	3:59.0	Aug 10, 1968

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1963

Inducted 1987

Gary Troganowski

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1976	4x1500 Meter Relay	1st	3:48.0

HONORS AND AWARDS

Michael Troup

ALL-BIG EAST HONORS

Indoor		
2020	High Jump	3rd
2022	High Jump	3rd

Outdoor		
2018	4x100 Meter Relay	3rd

BIG EAST HONORS

BIG EAST Men's Field Athlete of the Week		
2020	Indoor	February 17

Anthony Tufariello

NCAA CHAMPION

Indoor		
1979	600 Yards	1:09.41
1979	Mile Relay	3:15.52

Outdoor		
1978	Mile Relay	3:05.09

ALL-AMERICA HONORS

Indoor		
1979	600 Yards	1st
1979	Mile Relay	1st

Outdoor		
1978	Mile Relay	1st
1978	800 Meters	3rd

ALL-BIG EAST HONORS

Indoor		
1981	500 Meters	3rd

IC4A CHAMPION

Indoor		
1978	Mile Relay	3:15.9
1979	Mile Relay	3:14.06

Outdoor		
1978	4x400 Meter Relay	3:04.5
1979	4x400 Meter Relay	3:08.4

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1978	4x800 Meter Relay	2nd	1:51.3
1978	DMR	800	1:51.5
1979	4x800 Meter Relay	3rd	1:48.9
1980	SMR	400	49.2
1980	DMR	400	46.8

VILLANOVA UNIVERSITY VARSITY CLUB HALL OF FAME

Class of 1987
Inducted 2006

Joe Tufariello

ALL-BIG EAST HONORS

Outdoor		
1986	4x800 Meter Relay	3rd

Alex Tully

ALL-MID ATLANTIC REGION

2012	Cross Country	14th
2013	Cross Country	23rd

BIG EAST CHAMPION

Indoor		
2013	DMR	9:47.59

ALL-BIG EAST HONORS

Indoor		
2013	DMR	1st
2013	4x800 Meter Relay	2nd

Cross Country		
2013	8000 Meters	15th

Dan Tully

BIG EAST CHAMPION

Outdoor		
2007	4x800 Meter Relay	7:29.54
2009	4x800 Meter Relay	7:25.85

ALL-BIG EAST HONORS

Indoor		
2006	4x800 Meter Relay	2nd

Outdoor		
2007	4x800 Meter Relay	1st
2009	4x800 Meter Relay	1st

Sean Tully

ALL-AMERICA HONORS

Outdoor		
2009	800 Meters	6th

BIG EAST CHAMPION

Indoor		
2008	4x800 Meter Relay	7:26.24
2009	4x800 Meter Relay	7:30.56

Outdoor		
2007	4x800 Meter Relay	7:29.54
2009	800 Meters	1:50.08

ALL-BIG EAST HONORS

Indoor		
2006	4x800 Meter Relay	2nd
2008	800 Meters	3rd
2008	4x800 Meter Relay	1st
2009	4x800 Meter Relay	1st
2009	1000 Meters	2nd

Outdoor		
2007	4x800 Meter Relay	1st
2007	800 Meters	3rd
2008	4x800 Meter Relay	3rd
2009	800 Meters	1st

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2009	DMR	1200	2:56.7

USTFCCCA HONORS

Mid-Atlantic Region Athlete of the Year	
2009	Outdoor Track & Field

Parker Turner

ALL-BIG EAST HONORS

Indoor		
2025	200 Meters	3rd

BIG EAST HONORS

BIG EAST Men's Track Athlete of the Week		
2025	Outdoor	April 21

HONORS AND AWARDS

Donald Urschel

ALL-AMERICA HONORS

Indoor		
2015	DMR	5th

BIG EAST CHAMPION

Indoor		
2013	DMR	9:47.59

Outdoor

2014	4x400 Meter Relay	3:12.17
2016	4x400 Meter Relay	3:15.14

ALL-BIG EAST HONORS

Indoor		
2013	DMR	1st
2015	4x400 Meter Relay	3rd
2016	4x400 Meter Relay	2nd

Outdoor

2013	4x400 Meter Relay	3rd
2014	4x100 Meter Relay	2nd
2014	4x400 Meter Relay	1st
2015	4x100 Meter Relay	2nd
2016	4x400 Meter Relay	1st

Marshall Uzzle

ALL-AMERICA HONORS

Indoor		
1965	Mile Relay	2nd

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1963	SMR	220-2
1964	SMR	220-2

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1962	Freshman Mile Relay	1st

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1965
Inducted 2004

Tony Valentine

ALL-AMERICA HONORS

Outdoor		
1986	4x400 Meter Relay	4th
1988	400 Meter Hurdles	7th

BIG EAST CHAMPION

Outdoor		
1984	400 Meter Hurdles	50.84
1984	4x400 Meter Relay	3:08.3
1985	400 Meter Hurdles	50.63
1985	4x400 Meter Relay	3:06.57
1986	400 Meter Hurdles	50.73
1986	4x400 Meter Relay	3:08.64

ALL-BIG EAST HONORS

Indoor		
1984	4x400 Meter Relay	2nd
1984	400 Meters	3rd
1987	4x400 Meter Relay	2nd

Outdoor

1984	400 Meter Hurdles	1st
1984	4x400 Meter Relay	1st
1985	400 Meter Hurdles	1st
1985	4x400 Meter Relay	1st
1985	4x100 Meter Relay	3rd
1986	400 Meter Hurdles	1st
1986	4x400 Meter Relay	1st

IC4A CHAMPION

Indoor		
1984	Mile Relay	3:15.56
1986	Mile Relay	3:12.38

Outdoor

1984	400 Meter Hurdles	50.52
1984	4x400 Meter Relay	3:05.75
1985	4x400 Meter Relay	3:08.84
1986	400 Meter Hurdles	49.93
1988	400 Meter Hurdles	49.67

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1986	4x400 Meter Relay	2nd	46.6

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1987
Inducted 2006

Bill Van Sadlers

ALL-BIG EAST HONORS

Outdoor		
1981	Discus	3rd

Andreas Von Scheele

ALL-BIG EAST HONORS

Indoor		
1993	4x400 Meter Relay	3rd

Outdoor

1994	4x400 Meter Relay	3rd
1995	4x400 Meter Relay	2nd

IC4A CHAMPION

Indoor		
1993	DMR	9:47.22

Outdoor

1995	4x400 Meter Relay	3:11.67
------	-------------------	---------

Carl Wagner

IC4A CHAMPION

Indoor		
1960	Mile Relay	3:18.8

Outdoor

1960	Mile Relay	3:12.5
------	------------	--------

Ethan Walls

ALL-BIG EAST HONORS

Indoor		
2025	4x400 Meter Relay	3rd

Outdoor

2024	4x400 Meter Relay	3rd
2025	4x400 Meter Relay	3rd

Donal Walsh

ALL-AMERICA HONORS

Outdoor		
1972	10000 Meters	3rd

Cross Country

1969	Six Miles	11th
1970	Six Miles	2nd
1971	Six Miles	25th

IC4A CHAMPION

Cross Country		
1970	5 Miles	24:10.4

OLYMPIAN (Ireland)

<u>Year</u>	<u>Location</u>	<u>Events</u>
1972	Munich	Marathon

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1972
Inducted 1992

HONORS AND AWARDS

Harry Warnick

ALL-MID ATLANTIC REGION

2014	Cross Country	16th
2015	Cross Country	13th

BIG EAST CHAMPION

Indoor		
2016	4x800 Meter Relay	7:39.00

ALL-BIG EAST HONORS

Indoor		
2016	4x800 Meter Relay	1st

Cross Country

2014	8000 Meters	12th
2015 (2nd)	8000 Meters	11th

Dan Watcke

ALL-AMERICA HONORS

Indoor		
2025	800 Meters	5th

ALL-BIG EAST HONORS

Indoor		
2025	800 Meters	2nd

Outdoor

2024	800 Meters	2nd
2025	800 Meters	3rd

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2024	DMR	800	1:48.34

BIG EAST HONORS

BIG EAST Men's Track Athlete of the Week		
2025	Indoor	February 3

Kyle Watson

BIG EAST CHAMPION

Indoor		
1993	DMR	9:51.25

Outdoor

1995	4x800 Meter Relay	7:39.35
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor		
1993	DMR	1st

Outdoor

1993	4x800 Meter Relay	2nd
1995	4x800 Meter Relay	1st

IC4A CHAMPION

Indoor		
1993	Two Mile Relay	7:29.68

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1992	4x800 Meter Relay	1st	1:53.1

Justin Weber

ALL-MID ATLANTIC REGION

2021	Cross Country	23rd
------	---------------	------

ALL-BIG EAST HONORS

Cross Country		
2021 (2nd)	8000 Meters	16th

Don Webster

IC4A CHAMPION

Indoor		
1963	Mile Relay	3:16.3

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1963	SMR	440	47.8

Freshman - Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>
1962	Freshman Mile Relay	Anchor

PENN RELAYS WALL OF FAME

INDIVIDUAL

Inducted 1995

Kennett (Pa.) High School '61
Villanova '63

Logan Wetzel

ALL-AMERICA HONORS

Indoor		
2017	DMR	8th

Outdoor

2019 (HM)	1500 Meters	19th
-----------	-------------	------

BIG EAST CHAMPION

Indoor		
2017	4x800 Meter Relay	7:32.73
2017	DMR	10:00.07
2018	DMR	9:48.31
2019	4x800 Meter Relay	7:28.55
2020	4x800 Meter Relay	7:31.34

Outdoor

2017	1500 Meters	3:52.00
2017	4x800 Meter Relay	7:37.94
2019	4x800 Meter Relay	7:26.69

ALL-BIG EAST HONORS

Indoor		
2017	4x800 Meter Relay	1st
2017	DMR	1st
2018	DMR	1st
2018	Mile	3rd
2019	4x800 Meter Relay	1st
2019	Mile	3rd
2020	4x800 Meter Relay	1st
2020	800 Meters	2nd

Outdoor

2017	1500 Meters	1st
2017	4x800 Meter Relay	1st
2019	4x800 Meter Relay	1st
2019	1500 Meters	3rd

PENN RELAYS CHAMPION

Championship of America			
<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
2018	4xMile Relay	1st	4:09.0

BIG EAST HONORS

BIG EAST Men's Track Athlete of the Week		
2018	Indoor	January 30

HONORS AND AWARDS

Bob Whitehead

NCAA CHAMPION

Indoor		
1968	DMR	9:49.50

ALL-AMERICA HONORS

Indoor		
1968	DMR	1st

IC4A CHAMPION

Indoor		
1969	Mile Relay	3:18.7

PENN RELAYS CHAMPION

Championship of America

<u>Year</u>	<u>Event</u>	<u>Leg</u>	<u>Split</u>
1968	SMR	220-1	
1968	DMR	440	48.9

Scott Whiteman

ALL-AMERICA HONORS

Indoor		
1993	4x800 Meter Relay	6th

BIG EAST CHAMPION

Indoor		
1993	4x800 Meter Relay	7:29.74

ALL-BIG EAST HONORS

Indoor		
1993	4x800 Meter Relay	1st
1993	4x400 Meter Relay	3rd

IC4A CHAMPION

Indoor		
1993	Two Mile Relay	7:29.68

Matthew Wikler

BIG EAST CHAMPION

Indoor		
2009	4x800 Meter Relay	7:30.56
2010	4x800 Meter Relay	7:31.00

ALL-BIG EAST HONORS

Indoor		
2009	4x800 Meter Relay	1st
2010	4x800 Meter Relay	1st
2011	DMR	3rd

Outdoor

2010	4x800 Meter Relay	3rd
2011	4x800 Meter Relay	3rd

Chris Williams

BIG EAST CHAMPION

Indoor		
2009	4x800 Meter Relay	7:30.56
2010	4x800 Meter Relay	7:31.00

ALL-BIG EAST HONORS

Indoor		
2009	4x800 Meter Relay	1st
2010	4x800 Meter Relay	1st

HONORS AND AWARDS

Jordy Williamsz

ALL-AMERICA HONORS

Indoor

2013	DMR	5th
2014	Mile	8th
2015	DMR	5th
2016	DMR	6th

Outdoor

2014	1500 Meters	5th
2015	1500 Meters	5th
2016 (2nd)	1500 Meters	9th

ALL-MID ATLANTIC REGION

2012	Cross Country	4th
2013	Cross Country	10th
2014	Cross Country	13th
2015	Cross Country	9th

BIG EAST CHAMPION

Indoor

2013	DMR	9:47.59
2014	Mile	4:08.90
2015	3000 Meters	8:17.58
2015	DMR	9:51.20
2016	Mile	4:21.57
2016	4x800 Meter Relay	7:28.96

Outdoor

2014	1500 Meters	3:47.16
2015	1500 Meters	3:48.46

ALL-BIG EAST HONORS

Indoor

2013	DMR	1st
2013	3000 Meters	3rd
2014	Mile	1st
2015	3000 Meters	1st
2015	DMR	1st
2016	Mile	1st
2016	4x800 Meter Relay	1st
2016	DMR	2nd

Outdoor

2013	1500 Meters	2nd
2014	1500 Meters	1st
2015	1500 Meters	1st
2016	5000 Meters	3rd

Cross Country

2013	8000 Meters	11th
2014	8000 Meters	3rd
2015	8000 Meters	5th

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
2014	4x800 Meter Relay	3rd	1:48.77
2015	4xMile Relay	Anchor	4:13.6

USTFCCCA HONORS

National Athlete of the Week

2015	April 28
------	----------

Jordy Williamsz (continued)

BIG EAST HONORS

BIG EAST Championships

Outstanding Track Performer

2015	Indoor Track & Field
------	----------------------

BIG EAST Men's Track Athlete of the Week

2015	Outdoor	April 28
------	---------	----------

SUB-FOUR MINUTE MILES

First Career	3:58.7 (relay)	Apr 27, 2013
--------------	----------------	--------------

Fastest Mile	3:56.84	Feb 15, 2014
--------------	---------	--------------

Fastest 1500	3:36.30	Sep 2, 2018
--------------	---------	-------------

Peter Willis

ALL-BIG EAST HONORS

Indoor

2020	High Jump	3rd
------	-----------	-----

John Wilsman

BIG EAST CHAMPION

Indoor

2006	4x400 Meter Relay	3:11.58
------	-------------------	---------

Outdoor

2006	4x400 Meter Relay	3:09.64
------	-------------------	---------

ALL-BIG EAST HONORS

Indoor

2005	4x400 Meter Relay	2nd
2006	4x400 Meter Relay	1st

Outdoor

2005	4x400 Meter Relay	2nd
2006	4x400 Meter Relay	1st
2007	4x400 Meter Relay	3rd

HONORS AND AWARDS

Rodney Wilson

NCAA CHAMPION

Indoor		
1980	60 Yard Hurdles	7.15

ALL-AMERICA HONORS

Indoor		
1980	60 Yard Hurdles	1st
1981	60 Yard Hurdles	3rd
1982	60 Yard Hurdles	5th

Outdoor

1980	110 Meter Hurdles	8th
1982	110 Meter Hurdles	5th
1983	110 Meter Hurdles	7th

BIG EAST CHAMPION

Indoor		
1981	55 Meter Hurdles	7.33
1982	55 Meter Hurdles	7.28
1983	55 Meter Hurdles	7.19

Outdoor

1981	110 Meter Hurdles	14.08
1981	4x100 Meter Relay	40.74
1982	110 Meter Hurdles	13.87
1982	4x100 Meter Relay	40.88
1983	110 Meter Hurdles	13.89
1983	4x100 Meter Relay	40.88

ALL-BIG EAST HONORS

Indoor		
1981	55 Meter Hurdles	1st
1981	4x400 Meter Relay	2nd
1982	55 Meter Hurdles	1st
1982	4x400 Meter Relay	2nd
1983	55 Meter Hurdles	1st
1983	300 Meters	2nd

Outdoor

1981	110 Meter Hurdles	1st
1981	4x100 Meter Relay	1st
1982	110 Meter Hurdles	1st
1982	4x100 Meter Relay	1st
1983	110 Meter Hurdles	1st
1983	4x100 Meter Relay	1st

IC4A CHAMPION

Indoor		
1980	55 Meter Hurdles	7.29
1981	55 Meter Hurdles	7.28
1982	55 Meter Hurdles	7.26

Outdoor

1980	110 Meter Hurdles	13.87
1980	4x100 Meter Relay	40.62
1982	110 Meter Hurdles	13.83
1983	110 Meter Hurdles	13.74

Rodney Wilson (continued)

PENN RELAYS CHAMPION

Year	Event	Leg	Split
1980	SMR	200-1	21.2
1982	SMR	200-1	

Individual Championships

1980	110 Meter Hurdles	13.7
1981	110 Meter Hurdles	13.89

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1983
Inducted 1999

Colin Winslow

ALL-BIG EAST HONORS

Indoor		
2016	400 Meters	3rd

Dick Womer

PENN RELAYS CHAMPION

Year	Event	Leg
1932	Freshman Mile Relay	(49.8) Anchor

Jeremy Worrell

ALL-BIG EAST HONORS

Indoor		
1987	Long Jump	3rd
1991	Pentathlon	3rd

Outdoor

1987	4x100 Meter Relay	2nd
1987	Triple Jump	3rd
1989	4x100 Meter Relay	2nd
1989	Long Jump	3rd
1990	Long Jump	3rd
1990	Triple Jump	3rd

Dave Wright

ALL-AMERICA HONORS

Indoor		
1970	DMR	3rd

Cross Country

1971	Six Miles	15th
------	-----------	------

PENN RELAYS CHAMPION

Year	Event	Leg	Split
1970	4xMile Relay	1st	4:07.9
1971	Two Mile Relay	2nd	1:52.6
1971	4xMile Relay	3rd	4:12.2

HONORS AND AWARDS

Carlton Young

NCAA CHAMPION

Indoor		
1983	440 Yards	47.17

ALL-AMERICA HONORS

Indoor		
1981	440 Yards	5th
1983	440 Yards	1st

Outdoor

1982	4x400 Meter Relay	3rd
1982	400 Meters	7th

BIG EAST CHAMPION

Indoor		
1982	400 Meters	47.20
1983	400 Meters	47.30
1983	4x400 Meter Relay	3:13.96

Outdoor

1981	4x100 Meter Relay	40.74
1982	200 Meters	20.68
1982	4x100 Meter Relay	40.88
1982	4x400 Meter Relay	3:09.1
1983	400 Meters	45.97
1983	4x100 Meter Relay	40.88
1983	4x400 Meter Relay	3:11.1

ALL-BIG EAST HONORS

Indoor		
1981	4x400 Meter Relay	2nd
1982	400 Meters	1st
1982	4x400 Meter Relay	2nd
1983	400 Meters	1st
1983	4x400 Meter Relay	1st

Outdoor

1981	4x100 Meter Relay	1st
1981	200 Meters	2nd
1981	4x400 Meter Relay	2nd
1982	200 Meters	1st
1982	4x100 Meter Relay	1st
1982	4x400 Meter Relay	1st
1983	400 Meters	1st
1983	4x100 Meter Relay	1st
1983	4x400 Meter Relay	1st

IC4A CHAMPION

Indoor		
1981	400 Meters	47.28
1983	400 Meters	47.42

Outdoor

1980	4x100 Meter Relay	40.62
1983	4x400 Meter Relay	3:09.17

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1980	SMR	200-2	20.6
1981	DMR	400	46.5
1982	SMR	400	46.0

Carlton Young (continued)

BIG EAST HONORS

BIG EAST Championships	
Outstanding Performer	
1983	Outdoor Track & Field

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1983
Inducted 2000

Greg Young

ALL-BIG EAST HONORS

Indoor		
1997	4x400 Meter Relay	3rd
1997	DMR	3rd
1998	DMR	2nd
1998	4x400 Meter Relay	3rd
2000	DMR	3rd

Tory Young

BIG EAST CHAMPION

Indoor		
2018	DMR	9:48.31

ALL-BIG EAST HONORS

Indoor		
2018	DMR	1st

Vic Zwolak

NCAA CHAMPION

Outdoor		
1963	3000m Steeplechase	9:10.20
1964	3000m Steeplechase	8:42.00

Cross Country

1963	Four Miles	19:35.0
------	------------	---------

ALL-AMERICA HONORS

Outdoor		
1963	3000m Steeplechase	1st
1963	Six Miles	3rd
1964	3000m Steeplechase	1st

Cross Country

1962	Four Miles	4th
1962	Four Miles	1st

IC4A CHAMPION

Indoor		
1962	Mile	4:09.3

Outdoor

1963	Three Miles	14:05.9
1964	3000m Steeplechase	9:25.7
1964	Three Miles	13:53.0

Cross Country

1962	5 Miles	24:47.3
1963	5 Miles	24:46.8

PENN RELAYS CHAMPION

Championship of America

Year	Event	Leg	Split
1964	Two Mile Relay	1st	1:55.7
1964	DMR	Anchor	4:13.7
1964	4xMile Relay	Anchor	4:07.3

Individual Championships

1964	3000m Steeplechase	9:12.9
------	--------------------	--------

OLYMPIAN (United States)

Year	Location	Events
1964	Tokyo	3000m Steeplechase

PENN RELAYS WALL OF FAME

INDIVIDUAL

Inducted 1999

Salesianum (Del.) High School '55
Quantico Marines '60
Villanova '64

VILLANOVA UNIVERSITY

VARSITY CLUB HALL OF FAME

Class of 1985
Inducted 2002

VILLANOVA STADIUM

TRACK & FIELD WALL OF FAME

Competed 1961-64
Inducted October 4, 1997