

**JOSH PHILLIPS CAREER COLLEGIATE RESULTS**

**CROSS COUNTRY**

| DATE     | EVENT                                 | LOCATION             | VENUE  | DISTANCE     | TIME    | PLACE | NOTES             |
|----------|---------------------------------------|----------------------|--|--------------|---------|-------|-------------------|
| 9/14/18  | Main Line Invitational                | Haverford, Pa.       | Alumni Course  | 4 Miles      | 19:45.7 | 3     | UNATTACHED        |
| 9/28/18  | Nuttyscombe Wisconsin Invitational    | Madison, Wis.        | Thomas Zimmer Championship Cross Country Course        | 8000 Meters  | 24:49.5 | 148   |                   |
| 10/12/18 | Princeton Invitational                | Princeton, N.J.      | West Windsor Fields                                    | 8000 Meters  | 24:22.7 | 9     |                   |
| 10/27/18 | BIG EAST Championships                | Carmel, Ind.         | Northview Church                                       | 8000 Meters  | 25:12.0 | 15    |                   |
| 11/9/18  | NCAA Mid-Atlantic Regional            | University Park, Pa. | Penn State Golf Courses                                | 10000 Meters | 31:48.3 | 21    |                   |
| 11/17/18 | NCAA Championships                    | Madison, Wis.        | Thomas Zimmer Championship Cross Country Course        | 10000 Meters | 31:09.2 | 162   |                   |
|          |                                       |                      |  |              |         |       |                   |
| 9/28/19  | Bill Dellinger Invitational           | Springfield, Ore.    | Pine Ridge Golf Club                                   | 8000 Meters  | 24:41.5 | 62    |                   |
| 10/19/19 | UnderArmour Pre-National Invitational | Terre Haute, Ind.    | LaVern Gibson Championship Cross Country Course        | 8000 Meters  | 24:06.9 | 28    | Blue Race         |
| 11/2/19  | BIG EAST Championships                | Kenosha, Wis.        | Wayne E. Dannehl National Cross Country Course         | 8000 Meters  | 26:29.6 | 18    |                   |
| 11/15/19 | NCAA Mid-Atlantic Regional            | Bethlehem, Pa.       | Goodman Campus Course                                  | 10000 Meters | 30:02.0 | 3     |                   |
| 11/23/19 | NCAA Championships                    | Terre Haute, Ind.    | LaVern Gibson Championship Cross Country Course        | 10000 Meters | 32:29.2 | 164   |                   |
|          |                                       |                      |  |              |         |       |                   |
| 3/5/21   | BIG EAST Championships                | Cary, N.C.           | WakeMed Soccer Park Field                              | 8000 Meters  | 23:30.3 | 7     |                   |
| 3/15/21  | NCAA Championships                    | Stillwater, Okla.    | Greiner Family OSU Cross Country Course                | 10000 Meters | 31:11.1 | 67    |                   |
|          |                                       |                      |  |              |         |       |                   |
| 9/17/21  | Main Line Invitational                | Haverford, Pa.       | Alumni Course  | 4 Miles      | 19:06.8 | 2     |                   |
| 10/1/21  | Paul Short Run                        | Bethlehem, Pa.       | Goodman Campus Course                                  | 8000 Meters  | 23:31.3 | 2     | Gold Race         |
| 10/29/21 | BIG EAST Championships                | Carmel, Ind.         | Northview Church                                       | 8000 Meters  | 25:08.2 | 23    |                   |
| 11/12/21 | NCAA Mid-Atlantic Regional            | Bethlehem, Pa.       | Goodman Campus Course                                  | 10000 Meters | 30:38.4 | 12    |                   |
| 11/20/21 | NCAA Championships                    | Tallahassee, Fla.    | Apalachee Regional Park                                | 10000 Meters | 30:46.8 | 167   |                   |
|          |                                       |                      |  |              |         |       |                   |
| 9/2/22   | Lehigh Invitational                   | Bethlehem, Pa.       | Goodman Campus Course                                  | 6000 Meters  | 18:04.1 | 2     |                   |
| 9/30/22  | Paul Short Run                        | Bethlehem, Pa.       | Goodman Campus Course                                  | 8000 Meters  | 23:15.7 | 9     | Gold Race         |
| 10/14/22 | Nuttyscombe Wisconsin Invitational    | Madison, Wis.        | Thomas Zimmer Championship Cross Country Course        | 8000 Meters  | 25:09.4 | 216   | Championship Race |
| 10/29/22 | BIG EAST Championships                | Attleboro, Mass.     | Highland Park  | 8000 Meters  | 23:43   | 10    |                   |
| 11/11/22 | NCAA Mid-Atlantic Regional            | University Park, Pa. | Penn State Golf Courses                                | 10000 Meters | 30:15.5 | 11    |                   |
| 11/19/22 | NCAA Championships                    | Stillwater, Okla.    | Greiner Family Greiner Family OSU Cross Country Course | 10000 Meters | 30:42.2 | 160   |                   |

**JOSH PHILLIPS CAREER COLLEGIATE RESULTS**

**INDOOR TRACK & FIELD**

| DATE    | EVENT                                      | LOCATION             | VENUE  | EVENT                        | TIME     | PLACE | NOTES |
|---------|--|----------------------|--|------------------------------|----------|-------|-------|
| 1/26/19 | Dr. Sander Invitational/Columbia Challenge | New York, N.Y.       | The Armory                                       | 3000 Meters                  | 8:07.98  | 6     |       |
| 2/9/19  | David Hemery Valentine Invite              | Boston, Mass.        | Track & Tennis Center                            | Mile                         | 4:09.94  | 51    |       |
| 2/22/19 | BIG EAST Championships                     | Geneva, Ohio         | SPIRE Institute                                  | Distance Medley Relay (1200) | 9:50.45  | 1     |       |
| 2/23/19 | BIG EAST Championships                     | Geneva, Ohio         | SPIRE Institute                                  | 3000 Meters                  | 8:24.85  | 9     |       |
| 1/18/20 | Wesley A. Brown Invitational               | Annapolis, Md.       | Wesley A. Brown Field House                      | Distance Medley Relay (1200) | 9:54.60  | 1     |       |
| 2/1/20  | Villanova Invitational                     | Staten Island, N.Y.  | Ocean Breeze Track & Field Athletic Complex      | 3000 Meters                  | 8:08.88  | 1     |       |
| 2/15/20 | David Hemery Valentine Invitational        | Boston, Mass.        | Track & Tennis Center                            | 3000 Meters                  | 8:11.85  | 54    |       |
| 3/2/20  | BIG EAST Championships                     | Geneva, Ohio         | SPIRE Institute                                  | 3000 Meters                  | 8:17.34  | 3     |       |
| 1/15/22 | Penn 10-Team Select                        | Staten Island, N.Y.  | Ocean Breeze Track & Field Athletic Complex      | Mile                         | 4:07.36  | 5     |       |
| 1/29/22 | Sykes & Sabock Challenge                   | University Park, Pa. | Horace Ashenfelter III Indoor Track              | 3000 Meters                  | 7:59.44  | 4     |       |
| 2/12/22 | Indoor Music City Challenge                | Nashville, Tenn.     | David Williams II Recreation and Wellness Center | 3000 Meters                  | 7:58.45  | 5     |       |
| 2/25/22 | BIG EAST Championships                     | Chicago, Ill.        | Track and Field Center at Gately Park            | 5000 Meters                  | 14:12.19 | 6     |       |
| 2/26/22 | BIG EAST Championships                     | Chicago, Ill.        | Track and Field Center at Gately Park            | 3000 Meters                  | 7:59.26  | 5     |       |
| 2/11/23 | David Hemery Valentine Invitational        | Boston, Mass.        | Track & Tennis Center                            | 3000 Meters                  | 8:01.46  | 50    |       |
| 2/24/23 | BIG EAST Championships                     | Chicago, Ill.        | Track and Field Center at Gately Park            | 5000 Meters                  | 14:06.17 | 6     |       |

**OUTDOOR TRACK & FIELD**

| DATE    | EVENT                    | LOCATION           | VENUE                                   | EVENT              | TIME     | PLACE | NOTES                   |
|---------|--------------------------|--------------------|---|--------------------|----------|-------|-------------------------|
| 4/25/19 | Penn Relays              | Philadelphia, Pa.  | Franklin Field                          | 5000 Meters        | 14:30.06 | 25    |                         |
| 5/11/19 | BIG EAST Championships   | New York, N.Y.     | Icahn Stadium                           | 5000 Meters        | 14:59.87 | 9     |                         |
| 3/25/21 | Raleigh Relays           | Raleigh, N.C.      | Paul Derr Track                         | 5000 Meters        | 13:48.83 | 9     |                         |
| 4/9/21  | Temple Invite            | Philadelphia, Pa.  | Temple Sports Complex                   | 1500 Meters        | 3:45.86  | 5     |                         |
| 5/1/21  | Penn Twilight            | Philadelphia, Pa.  | Franklin Field                          | Mile               | 4:01.22  | 2     |                         |
| 5/15/21 | BIG EAST Championships   | Geneva, Ohio       | SPIRE Institute                         | 5000 Meters        | 14:22.32 | 7     |                         |
| 5/28/21 | NCAA East Preliminary    | Jacksonville, Fla. | Hodges Stadium                          | 5000 Meters        | 14:05.66 | 30    | National Semifinal      |
| 4/2/22  | Sam Howell Invitational  | Princeton, N.J.    | Weaver Stadium                          | 5000 Meters        | 13:49.64 | 1     |                         |
| 4/15/22 | Larry Ellis Invitational | Princeton, N.J.    | Weaver Stadium                          | 1500 Meters        | 3:46.05  | 13    |                         |
| 4/30/22 | Penn Relays              | Philadelphia, Pa.  | Franklin Field                          | 4xMile Relay (1st) | 16:18.38 | 5     | Championship of America |
| 5/27/22 | NCAA East Preliminary    | Bloomington, Ind.  | Robert C. Haugh Track and Field Complex | 5000 Meters        | 14:21.11 | 43    | National Semifinal      |
| 3/24/23 | Raleigh Relays           | Raleigh, N.C.      | Paul Derr Track                         | 10000 Meters       | 28:41.65 | 8     |                         |
| 4/14/23 | Larry Ellis Invitational | Princeton, N.J.    | Weaver Stadium                          | 5000 Meters        | 13:51.55 | 3     |                         |
| 4/27/23 | Penn Relays              | Philadelphia, Pa.  | Franklin Field                          | 5000 Meters        | 13:45.85 | 1     | Championship Section    |
| 5/12/23 | BIG EAST Championships   | Villanova, Pa.     | Villanova Stadium                       | 5000 Meters        | 13:44.93 | 2     |                         |
| 5/24/23 | NCAA East Preliminary    | Jacksonville, Fla. | Hodges Stadium                          | 10000 Meters       | 30:30.36 | 32    | National Semifinal      |