

# VCU WOMEN'S SOCCER RECORD BOOK

## POINTS

|                              |    |
|------------------------------|----|
| 1. Jen Parsons, 2004         | 37 |
| 2. Jen Parsons, 2002         | 34 |
| 3. Solfrid Anderson, 2004    | 32 |
| 4. Jen Parsons, 2003         | 31 |
| 5. Jen Parsons, 2001         | 29 |
| T5. Samantha Jerabek, 2018   | 29 |
| 7. Sandra Anger, 2004        | 27 |
| T8. Leah Robinson, 1981      | 24 |
| T8. Genevieve Tremblay, 2002 | 24 |
| T8. Stephanie Power, 2005    | 24 |

## GOALS

|                            |    |
|----------------------------|----|
| 1. Jen Parsons, 2002       | 16 |
| 2. Jen Parsons, 2004       | 15 |
| 3. Jen Parsons, 2003       | 13 |
| 4. Jen Parsons, 2001       | 13 |
| 5. Solfrid Anderson, 2004  | 12 |
| T6. Courtney Conrad, 2012  | 11 |
| T6. Samantha Jerabek, 2018 | 11 |
| 8. Stephanie Power, 2005   | 10 |
| T9. Lean Robinson, 1981    | 9  |
| T9. Sandra Anger, 2004     | 9  |
| T9. Laurel Pastor          | 9  |
| T9. Wendy Acosta           | 9  |

## ASSISTS

|                              |   |
|------------------------------|---|
| T1. Sandra Anger, 2004       | 9 |
| T1. Megan Flanagan, 2007     | 9 |
| T1. Megan Flanagan, 2008     | 9 |
| T1. Stephanie Power, 2008    | 9 |
| T5. Prue Cormie, 2002        | 8 |
| T5. Hedda Gardsjord, 2002    | 8 |
| T5. Genevieve Tremblay, 2002 | 8 |
| 9. Jen Parsons, 2004         | 7 |
| T9. Samantha Jerabek, 2018   | 7 |

## SAVES (Season)

|                         |     |
|-------------------------|-----|
| 1. Lindy Brown, 1999    | 144 |
| 2. Emma Kruse, 2015     | 96  |
| 3. Emma Kruse, 2013     | 90  |
| 4. Kristen Carden, 2012 | 85  |
| 5. Lindy Brown, 2000    | 76  |
| T6. Chrissy Lloyd, 2001 | 75  |
| T6. Chrissy Lloyd, 2003 | 75  |
| T6. Megan Lynch, 2010   | 75  |
| 9. Kristen Carden, 2011 | 72  |
| T10. Megan Lynch, 2010  | 70  |

## SHUTOUTS (Season)

|                           |    |
|---------------------------|----|
| 1. Emily Niman, 2007      | 11 |
| T2. Kristen Carden, 2011  | 9  |
| T2. Kristen Carden, 2012  | 9  |
| 3. Audrey Sanderson, 2017 | 8  |
| T5. Kate Hudson, 2009     | 6  |
| T5. Megan Lynch, 2010     | 6  |
| T5. Emma Kruse, 2013      | 6  |
| T8. Lauren Hardison, 2004 | 5  |
| T8. Lauren Hardison, 2006 | 5  |
| 10. Lauren Hardison, 2005 | 4  |

## SHOTS ATTEMPTED (since 2006)

|                                |     |
|--------------------------------|-----|
| 1. Courtney Conrad 2011-2014   | 188 |
| 2. Maren Johansen, 2011-2014   | 152 |
| 3. Stephanie Power, 2005-2009  | 140 |
| 4. Cristin Granados, 2011-2013 | 113 |
| 5. June Hartman, 2006-2010     | 105 |
| 6. Jasmine Riley, 2007-2009    | 93  |
| 7. Taryn Cressy, 2010-2014     | 87  |
| 8. Laurel Pastor, 2007-2008    | 85  |
| 9. Megan Flanagan, 2005-2009   | 75  |
| 10. Samantha Jerabek, 2018     | 72  |

## SAVES (Career)

|                                |     |
|--------------------------------|-----|
| 1. Emma Kruse, 2011-2014       | 266 |
| 2. Lindy Brown, 1999-2000      | 220 |
| 3. Chrissy Lloyd, 2001, 2004   | 215 |
| 4. Kristen Carden, 2011-2013   | 157 |
| 5. Audrey Sanderson, 2014-2018 | 192 |
| 6. Emily Niman, 2004-2008      | 152 |
| 7. Lauren Hardison, 2004-2008  | 136 |
| 8. Megan Lynch, 2010-2013      | 72  |
| 9. Kate Hudson, 2009           | 68  |
| 10. Kali Van Covern, 2008      | 28  |

## MOST SHUTOUTS (Career)

|                                |    |
|--------------------------------|----|
| 1. Kristen Carden, 2011-2013   | 22 |
| 2. Emily Niman, 2004-2008      | 20 |
| 3. Lauren Hardison, 2004-2008  | 20 |
| 4. Emma Kruse, 2012-2015       | 19 |
| 5. Audrey Sanderson, 2014-2018 | 18 |
| T6. Kate Hudson, 2009          | 9  |
| T6. Megan Lynch, 2010-2013     | 8  |
| 8. Lindy Brown, 1999-2000      | 7  |
| 9. Kali Van Covern, 2008       | 7  |
| 10. Chenar Nelson              | 6  |

# VGU WOMEN'S SOCCER RECORD BOOK

## Year-by-Year Results

| Year | Coach                  | Wins | Losses | Draws | Conf.       | Conf. Wins | Conf. Losses | Conf. Draws |
|------|------------------------|------|--------|-------|-------------|------------|--------------|-------------|
| 1995 | Lisa Zifcak            | 7    | 11     | 2     | CAA         | 2          | 5            | 0           |
| 1996 | Lisa Zifcak            | 10   | 11     | 2     | CAA         | 4          | 4            | 0           |
| 1997 | Lisa Zifcak            | 8    | 12     | 1     | CAA         | 2          | 5            | 1           |
| 1998 | Sue Vodicka            | 7    | 9      | 2     | CAA         | 2          | 5            | 1           |
| 1999 | Azure Mcfee            | 3    | 15     | 2     | CAA         | 0          | 8            | 0           |
| 2000 | Denise Schilte-Brown   | 9    | 10     | 1     | CAA         | 3          | 5            | 0           |
| 2001 | Denise Schilte-Brown   | 7    | 10     | 3     | CAA         | 0          | 3            | 2           |
| 2002 | Denise Schilte-Brown   | 12   | 7      | 1     | CAA         | 5          | 3            | 1           |
| 2003 | Denise Schilte-Brown   | 10   | 6      | 4     | CAA         | 5          | 1            | 3           |
| 2004 | Denise Schilte-Brown   | 15   | 7      | 0     | CAA         | 6          | 3            | 0           |
| 2005 | Denise Schilte-Brown   | 13   | 5      | 5     | CAA         | 9          | 0            | 2           |
| 2006 | Denise Schilte-Brown   | 11   | 6      | 3     | CAA         | 7          | 3            | 1           |
| 2007 | Tim & Tiffany Sahaydak | 11   | 8      | 3     | CAA         | 7          | 3            | 1           |
| 2008 | Tim & Tiffany Sahaydak | 9    | 9      | 1     | CAA         | 5          | 5            | 1           |
| 2009 | Tim & Tiffany Sahaydak | 6    | 11     | 2     | CAA         | 2          | 8            | 1           |
| 2010 | Tim & Tiffany Sahaydak | 6    | 9      | 4     | CAA         | 2          | 7            | 2           |
| 2011 | Tim & Tiffany Sahaydak | 9    | 8      | 4     | CAA         | 6          | 2            | 3           |
| 2012 | Tim & Tiffany Sahaydak | 12   | 5      | 5     | Atlantic 10 | 6          | 2            | 1           |
| 2013 | Lindsey Vanderspiegel  | 8    | 8      | 3     | Atlantic 10 | 3          | 3            | 2           |
| 2014 | Lindsey Vanderspiegel  | 10   | 5      | 5     | Atlantic 10 | 5          | 1            | 2           |
| 2015 | Lindsey Vanderspiegel  | 10   | 5      | 5     | Atlantic 10 | 6          | 2            | 2           |
| 2016 | Lindsey Martin         | 8    | 10     | 1     | Atlantic 10 | 4          | 6            | 0           |
| 2017 | Lindsey Martin         | 11   | 6      | 3     | Atlantic 10 | 6          | 3            | 2           |
| 2018 | Lindsey Martin         | 16   | 4      | 0     | Atlantic 10 | 9          | 1            | 0           |

\$ - Atlantic 10 Regular Season Champions

&- Metro Conference Regular Season Champions

^- CAA Regular Season Champions

#- CAA/Atlantic 10 Tournament Champions

\*- NCAA Tournament Appearance

Note: Virginia Commonwealth University was a member of the Colonial Athletic Association from 1995 to 2011 before starting competition in the Atlantic 10 in 2012.

# VCU WOMEN'S SOCCER TOURNAMENT HISTORY

## VCU Women's Soccer NCAA Tournament History

2004  
Duke def. VCU 2-1 First Round

2005  
VCU def. Clemson 3-1 First Round  
UNC def. VCU 6-2 Second Round

## VCU Women's Soccer Conference Tournament History: CAA

1995  
#3 James Madison def. #6 VCU, 4-0 **Quarterfinals**

1996  
#4 American def. #5 VCU, 4-3 (OT) **Quarterfinals**

1997  
#2 William and Mary def, #7 VCU 3-0 **Quarterfinals**

1998  
#2 William & Mary def, #7 VCU , 5-0 **Quarterfinals**

1999  
#9 VCU def. #8 American, 3-2 **Quarterfinals**  
#1 William & Mary def. #9 VCU 6-0 **Semifinals**

2000  
#5 VCU ties #4 Old Dominion, 1-1(2OT)**Quarterfinal**  
VCU Advances 5-4 on PKs  
#1 George Mason def. #5 VCU, 2-0 **Semifinals**

All-TournamentTeam:LindyBrown,ShannaZiggenfuss

2001  
#5 VCU def. #4 Old Dominion, 3-2(2OT)**Quarterfinals**  
#1 William & Mary def. #5 VCU, 2-0 **Semifinals**  
All-Tournament Team: Prue Cormie, Leah Robinson

2002  
#4 James Madison def. #5 VCU 1-0 **Quarterfinals**

2003  
#2 VCU ties #6 George Mason, 0-0(2 OT)**Semifinals**  
VCU Advances 4-3 on PKs  
#4 William & Mary def. #2 VCU, 2-0**Championship**  
All- Tournament Team: Chrissy Lloyd, Genevieve Tremblay, Jennifer Woodie

2004  
#1 VCU def. #4 James Madison, 2-1 (OT)**Semifinals**  
#1VCU def. #3 William and Mary, 3-1**Championship**  
Tournament MVP: Jennifer Woodie  
All-Tournament Team: Jennifer Woodie, Sandra Anger, Shelly Lyle, Jen Parsons

2005  
#1 VCU def. #4 James Madison 2-1( OT)**Semifinals**  
#2 Hofstra def. #1 VCU,1-0 **Championship**  
All-Tournament Team:HeddaGardsjord,Stephanie Power, Samara Stephen-Dowd

2006  
#6 James Madison def. #3 VCU, 5-0 **First Round**

2007  
#4 VCU def. #5 UNC- Willimington, 3-1**Quarterfinals**  
#4 VCU ties #1 William & Mary,0-0 (2 OT)  
VCU Advances 5-4 on PKs **Semifinals**  
#2 Hofstra Def.#4 VCU, 1-0 **Championship**  
All-Tournament Team:Bridgit Cooley, Emily Niman, Samara Stephen-Dowd

2008  
Did not qualify

2009  
Did not qualify

2010  
Did not qualify

2011  
#2 VCU def. #6 Northeastern, 1-0 **Semifinals**  
#1 William&Mary def. #2 VCU,1-0 (OT) **Championship**

### AIO

2012  
#3 VCU def. #6 St. Joesph's 4-0 **Quarterfinals**  
#3VCU ties #2 Dayton, 1-1 ( 2OT) **Semifinals**  
VCU Advances 3-0 on PKs

#1 La Salle def. #3 VCU 2-1 ( OT) **Finals**  
All Tournament Team: Kristen Carden, Carly Edgcomb, Cristin Granados, Maren Johansen,Brianne Moore

2013  
#1 Dayton def. #8 VCU 5-4 **Quarterfinals**  
All- Tournament Team:Courtney Conrad

2014  
VCU def. Richmond, 2-1 **Quarterfinals**  
Dayton def. VCU 3-0 **Semifinals**

2015  
Fordham def. VCU 1-0 **Quarterfinals**

2016  
Did not qualify

2017  
VCU def. George Mason 2-1 **Quarterfinals**  
VCU def. Saint Joe's 1-0 **Semifinals**  
La Salle def. VCU 1-0 **Championship**

2018  
VCU def. George Washington 3-2 **Quarterfinals**  
VCU def. Saint Joe's 2-1 **Semifinals**  
Saint Louis def. VCU 5-1 **Championship**

# **WOMEN'S SOCCER AWARDS**

## **VCU WOMEN'S ALL REGION SOCCER AWARDS**

### NSCAA ALL AMERICAN TEAM

2005  
Sandra Anger

### NSCAA ALL REGION TEAM

2010  
1st Team Myriam Bouchard

2011  
3rd Team Karol Sanchez

2012  
2nd Team Carly Edgcomb

2012  
2nd Team Wendy Acosta

2012  
3rd Team Courtney Conrad

2018  
2nd Team Lana Golob

2018  
3rd Team Alyssa Tallent

2018  
3rd Team Samantha Jerabek

## **VCU WOMEN'S ALL CONFERENCE SOCCER AWARDS**

### CAA Player of the Year

2003  
Jen Parsons

2004  
Sandra Anger

### CAA Defensive Player of the Year

2001  
Prue Cormie

2002  
Prue Cormie

2010  
Myriam Bouchard

2011  
Karol Sanchez

### CAA Coach of the Year

2001  
Denise Schlite-Brown & Chris Brown

2011  
Tim & Tiffany Sahatdak

### CAA Rookie of the Year

2011  
Christin Granados

## **VCU WOMEN'S ALL CONFERENCE SOCCER AWARDS**

### Colonial Athletic Association:

2000  
Lean Robinson First Team  
Prue Cormie Second Team

2001  
Leah Robinson First Team  
Prue Cormie First Team  
Jen Parsons First Team

2002  
Leah Robinson First Team  
Prue Cormie First Team  
Sandra Anger Second Team

2003  
Lean Robinson First Team  
Prue Cormie Second Team  
Jen Parsons First Team

2004  
Sandra Anger First Team  
Jen Parsons First Team

Solfrid Anderson Second Team & Rookie of the year  
Jennifer Woodie Second team  
Shelley Lyle Rookie Team

2005  
Sandra Anger First Team  
Jennifer Woodie First Team  
Hayley Moorwood Second Team  
Stephanie Power Second Team & Rookie Team  
Megan Flanagan Rookie Team

2006  
Hayley Moorwood First Team  
Pernilla Jansson Second Team  
Megan Flanagan Second Team  
Laure Dupont Rookie Team

2007  
Bridgit Cooley First Team  
Megan Flanagan Second Team  
Stephanie Power Second Team  
Samara Stephen-Dowd Second Team  
Myriam Bouchard Third Team  
Jasmine Riley Third Team  
Laurel Pastor Third Team & Rookie Team

2008  
Laurel Pastor First Team  
Megan Flanagan Second Team  
Stephanie Power Second Team  
Samara Stephen-Dowd Second Team

2009  
Myriam Bouchard Second Team  
Jasmine Riley Second Team

2010  
Myriam Bouchard First Team

2011  
Kristen Carden First Team  
Karol Sanchez First Team  
Cristen Granados Second Team & Rookie Team

### Atlantic 10 Conference:

2012  
Courtney Conrad First Team  
Wendy Acosta Second Team  
Cristen Granados Second Team  
Carly Edgcomb Second Team

2013  
Courtney Conrad First Team  
Casey Boyer Second Team & All-Academic  
Emma Kruse Second Team

2014  
Maren Johansen Second Team  
Emma Kruse Second Team  
Casey Boyer All- Academic  
Gabby Dyer All- Academic  
Megan Dell All- Rookie

2015  
Sharon Wojcik First Team  
Julia Suarez Second Team & All- Academic  
Emma Kruse Second Team  
Gabby Dyer All- Academic

2017  
Morgan Dell All-Academic  
Lyndsey Gutzmer All-Rookie

2018  
Samantha Jerabek First Team  
Alyssa Tallent Second Team  
Lana Golob Second Team & All-Rookie