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UNIVERSITY OF WISCONSIN-LA CROSSE

INTERCOLLEGIATE ATHLETICS



UWLATHLETICS.COM/LCLUB

BUILDING CHAMPIONS.
In Sport. In School. In Life.

Building Champions. *In Sport. In School. In Life.*

The mission of UW-La Crosse Athletics is "Building Champions. In Sport. In School. In Life." We see daily evidence of our student-athletes committing to their sport, investing in their education, and contributing to the campus and the La Crosse community. We are incredibly proud of their accomplishments in all areas, some of which are chronicled on the panel to the right. Our student-athletes are impressive in all facets of their lives.

You will see what an incredibly successful competitive year we are having throughout this brochure. We continue our drive for high achievement across all aspects of our program. To do so requires a collective effort. We are very grateful for your generous support as your contributions are critical.

Respectfully yours,

Kim Blum
Director of Athletics



MEN'S SPORTS

Baseball
Basketball
Cross Country
Football
Swimming & Diving
Tennis
Track & Field
Wrestling

WOMEN'S SPORTS

Basketball
Cross Country
Gymnastics
Soccer
Softball
Swimming & Diving
Tennis
Track & Field
Volleyball



For every donation of \$50, you will receive:

- Membership card that gets you one general admission ticket to every regular season home UWL event
- Recognition on the L-Club webpage
- UWL Athletic monthly emails updating you on our programs
- Invitations to exclusive L-Club events

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Building Champions. *In Sport. In School. In Life.*

IN SPORT.

69 national titles

2015-16 NATIONAL CHAMPIONS

Gymnastics
Men's Outdoor Track & Field

Six team finishes in the
TOP 8 nationally

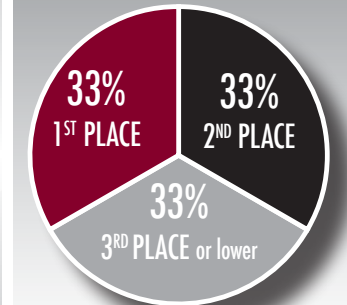
2015-16 TOP 10 FINISHES

Baseball
Gymnastics
Men's Cross Country
Men's Indoor Track & Field
Men's Outdoor Track & Field
Women's Indoor Track & Field
Women's Outdoor Track & Field
Wrestling

13 of 19 teams
competed in the national
championships

10th PLACE
in Learfield Sports
Director's Cup
out of 450 Division III
institutions

WIAC FINISHES



550 STUDENT-ATHLETES



IN SCHOOL.

16 consecutive years UWL has
recorded the highest student-
athlete GPA in the WIAC.

UWL GPA AVERAGES

UWL Student-athlete GPA — 3.26

UWL Student GPA — 3.20

The student-athlete GPA has been higher than
the general student body 13 of the last 14 years.

62% of student-
athletes have
over a 3.00 GPA

IN LIFE.

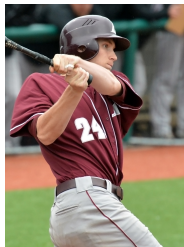
30 weeks of
volunteering
at Riverfront Inc.

**OTHER
COMMUNITY
VOLUNTEERING
ACTIVITIES**

SENIOR CITIZEN PROM
KIDS NIGHT OUT
POLAR PLUNGE
VETERAN'S DAY BREAKFAST



BUILDING CHAMPIONS.
In Sport. In School. In Life.



The **BASEBALL** team earned its second straight appearance at the 2016 NCAA III Championship after capturing its second NCAA III Midwest Regional title in school history. The Eagles finished 39-10 overall and 18-2 in the WIAC in 2016, setting eight single-season school records. Head coach Chris Schwarz was named the D3baseball.com Midwest Region and WIAC Coach of the Year. Seniors Justin Anderson and Taylor Kohlwey and junior Caleb Boushley each earned All-America honors. Eight players were named to the 2016 All-WIAC First Team with Kohlwey earning Position Player of the Year honors and Boushley Pitcher of the Year.



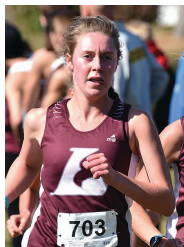
The **MEN'S BASKETBALL** squad earned its 12th regular-season WIAC title in school history and first since 1965. UWL finished 16-10 overall and 10-4 in the WIAC as Ken Koelbl was named the league's coach of the year. Senior Jared Staege was named to the 2015-16 D3hoops.com All-America Second Team and voted the WIAC Player of the Year. He was also one of five players selected to the league's all-tournament team. Staege, and junior Devin Yurk were named to the 2015-16 All-WIAC First Team while junior Austin Fritz and freshman Ben Meinholz were all-conference honorable mention selections.



The **WOMEN'S BASKETBALL** team finished 7-18 overall in 2015-16 as junior MaKenzie Miller and sophomore Elise DeNoyer both earned All-WIAC Honorable Mention Team accolades. Miller led UWL in scoring (12.3), rebounding (8.1), blocks (1.4) and field goal shooting (46.3%). DeNoyer was second on the team in scoring (9.3), rebounding (5.6) and assists (2.2) while ranking third in steals (1.0). Senior Maggi Bishop was named to the 2016 All-WIAC Sportsmanship Team. She started all 25 games this season.



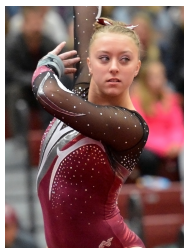
The **MEN'S CROSS COUNTRY** placed ninth at the 2015 NCAA III Championships, its 29th appearance at the national championships in school history. Sophomore Jonah Weisse finished 42nd out of 278 runners. The Eagles were third at the NCAA III Midwest Regional with sophomore Austin Zajkowski (15th-place), sophomore Ian Ewers (25th), senior Alexander Barbeln (26th), senior Tom Linner (28th) and senior Matthew Eidenschink (30th) earning all-region honors. UWL placed second at the WIAC Championships with Zajkowski finishing 10th; Ewers 11th; and Weisse 15th.



The **WOMEN'S CROSS COUNTRY** team finished 12th at the 2015 NCAA III Championships, its 30th appearance at the national championships in school history. Sophomore Kaitlyn McDaniel earned NCAA III All-America honors with a 33rd-place finish. The Eagles were fourth at the NCAA III Midwest Regional with McDaniel (8th-place), junior Elizabeth Frick (16th), senior Natalie Powell (29th) and freshman Andrea Brekken (34th) earning all-region honors. UWL placed second at the WIAC Championships with sophomore Rebecca Voss finishing fifth, McDaniel sixth, Frick 10th and Powell 14th.



The **FOOTBALL** team enters a new era. Mike Schmidt was named UWL's head coach February 4. He was a four-year football and baseball letter winner at UWL, serving as a two-sport team captain in 2007-08. The 2016 team will be led by Junior defensive back Ryan Weber who was named to the WIAC First Team and to the D3football.com All-West Region Second Team in 2015. He finished second in the WIAC with 99 tackles in 2015, including 59 unassisted. The Eagles also return six other All Conference players.



The **GYMNASTICS** team captured its second straight National Collegiate Gymnastics Association (NCGA) championship in 2016, its record 17th national title in school history. Freshman Dani Barmore and sophomore Samantha Wiekamp each earned individual national titles with Barmore finishing tied for first on the uneven parallel bars and Wiekamp sharing the national crown on the vault. Wiekamp (tied for second) and Barmore (fourth) also earned NCGA All-America honors in the all-around. UWL won the 2016 WIAC title with Wiekamp capturing the all-around.



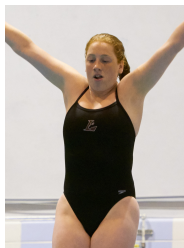
The **SOCCER** team earned its first appearance in the NCAA Division III Championships in 2015, one of 20 at-large selections. UWL earned a share of its second (1996) WIAC regular-season title in 2015 as the team finished 12-7-2 overall and 5-1-1 in the conference. The Eagles won a school record eight consecutive matches and their 12 overall victories are tied for third in single-season school history. Junior Kourtini Alcock was named the 2015 WIAC Co-Defensive Player of the Year while Jason Murphy was voted the WIAC Coach of the Year.



The **SOFTBALL** team finished 26-14 overall and 10-4 in the WIAC in 2016, recording its ninth straight year of at least 20 overall victories. The Eagles' 26 wins are tied for sixth-most in single-season school history. Senior Megan Nelson, sophomore Brittany Baldwin and freshman Caitlyn Hughes were named to the 2016 All-WIAC First Team, marking the seventh time in the last eight seasons UWL had at least two players earn all-conference first team honors. Hughes was selected the 2016 WIAC Pitcher of the Year. Freshman Sydney Murphy earned all-region honors.



The **MEN'S SWIMMING & DIVING** team finished fourth at the 2016 WIAC Championships. Senior Tanner Folvag swept the one and three-meter diving titles at the league championships, becoming the fifth diver in school history to accomplish the feat. For his efforts, he was selected the WIAC Diver of the Meet. Sophomore Ryan Jessen (100-yard freestyle), senior Hunter Burchfield (100-yard butterfly) and senior Charleton Skinner (200-yard individual medley) each placed second at the WIAC Championships. UWL's 400-yard medley relay was also second.



The **WOMEN'S SWIMMING & DIVING** team won its fifth straight WIAC title in 2016 as Senior Sara Zemanovic, selected the WIAC Scholar-Athlete, won the 100 and 200-yard freestyle titles at the league championships. She is the second swimmer in WIAC history to win four straight 100-yard freestyle crowns. Sophomore Kayley Alioto and senior Jordan Anderson each earned NCAA Division III All-America honors as Alioto placed 10th and Anderson 13th in the three-meter diving competition. Alioto's 10th-place finish in three-meter diving is UWL's highest since 2007.



The **MEN'S TENNIS** team finished 12-9 in 2015-16, winning 11 of its final 14 matches. The Eagles went 92-59 (.609) in singles and 52-34 (.605) in doubles play. Tony Mirasola, the lone senior on this year's squad, finished his career with a singles record of 59-32 and a career doubles mark of 56-37. Head coach Bill Hehli, also the head coach of the women's squad, earned his 600th career victory April 10.



The **WOMEN'S TENNIS** team placed second at the 2015 WIAC Championships as four players placed second in singles play. Sophomore Bridget Bellissimo (No. 1), senior Kimmy Mrozek (No. 2), senior Kendra Woyahn (No. 4) and freshman Sadie Spahn (No. 5) all finished second in singles. Bellissimo/Mrozek (No. 1) and Woyahn and freshman Hayley Clope (No. 3) were second in doubles play at the league championships. Mrozek was named the WIAC Scholar-Athlete. The 2016 team had a 20-2 overall record including a 19 match winning streak.



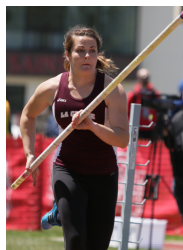
The **MEN'S INDOOR TRACK & FIELD** squad finished third at the 2016 NCAA III Championships. Senior Alex Koenen captured the 60-meter dash title, becoming the first sprinter in school history to accomplish the feat. Sophomore Ernest Winters (200-meter dash) was second with senior Cyrus Mason (800-meter run) third, senior Ross Denman (400-meter dash) fourth and sophomore Brendan Deiss (high jump) sixth. UWL won its 15th straight WIAC indoor title. Luke Sauerman was named the WIAC Scholar-Athlete and Josh Buchholtz the WIAC Coach of the Year.



The **WOMEN'S INDOOR TRACK & FIELD** team placed sixth at the 2016 NCAA III Championships. Senior Claire Gordee (60-meter hurdles) and Meg Heafy (200-meter dash) were second at the national meet while senior Bria Halama (triple jump) was third and junior Autumn Miller (shot put) fifth. UWL captured its fourth consecutive WIAC indoor title in 2016. Heafy was named the WIAC Track Performer of the Meet after winning the 100 and 200-meter dash. Halama was selected the WIAC Scholar-Athlete and Pat Healy voted the WIAC Coach of the Year.



The **MEN'S OUTDOOR TRACK & FIELD** team won its NCAA III record 14th title in 2016, including second straight. UWL won the 2016 national title in the 4x400-meter relay in the last event of the championship to clinch the team title with juniors Zak Wallentfang, Sam Smith, Joe Smith and senior Ross Denman. UWL earned 13 All-America honors at the NCAA III Championship. The Eagles won their 26th straight WIAC outdoor crown in 2016. Head coach Josh Buchholtz was named the USTFCCA National and WIAC Coach of the Year.



The **WOMEN'S OUTDOOR TRACK & FIELD** team placed fourth at the 2016 NCAA III Championship, recording nine individual All-America honors. Senior Bria Halama captured her second straight national title in the triple jump in 2016. UWL won its fifth straight WIAC outdoor crown in 2016, recording 11 titles (nine individual; two relays). Head coach Pat Healy completed his 25th and final season as UWL's head coach in 2016, announcing his retirement earlier in the year. He was named the 2016 WIAC Outdoor Coach of the Year, the 11th time he earned the award.



The **VOLLEYBALL** team earned its 10th WIAC regular-season title in school history and first since 2003 with a 6-1 league mark in 2015. UWL made its first appearance in the NCAA Division III Championships since 2008 as one of 20 at-large selections. The Eagles finished 20-10 overall. Junior Jill Entinger earned 2015 All-American Volleyball Coaches Association All-America Honorable Mention accolades after being selected the WIAC Co-Offensive Player of the Year. Lily Hallock was named the 2015 WIAC Coach of the Year.



The **WRESTLING** team finished sixth at the 2016 NCAA III Championships, its 21st top-10 finish in school history. Junior Dustin Weinmann (third at 133-pounds), junior Tyler Schneider (fourth 174) and freshman Austin Cook (sixth at 184) each earned NCAA III All-America honors. Junior Ryan Weinmann (125) and freshman Clay Broze (285) also qualified for the NCAA III Championships. UWL was second at the 2016 WIAC Championships and NCAA III Midwest Regional. Schneider (174), sophomore Sean Ward (197) and Broze (285) each won WIAC titles.



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BENEFITS:

every \$50 donated, receive a L-Club Membership Card which is good for one free regular season admission to any UWL home event. \$100=2, \$150=3 and so on.

Plus ... monthly Athletics emails, website recognition and invites to exclusive L-Club events.

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☐ Football \$ _____
☐ Swimming & Diving \$ _____
☐ Tennis \$ _____
☐ Track & Field \$ _____
☐ Wrestling \$ _____

WOMEN'S SPORTS

☐ Basketball \$ _____
☐ Cross Country \$ _____
☐ Gymnastics \$ _____
☐ Soccer \$ _____
☐ Softball \$ _____
☐ Swimming & Diving \$ _____
☐ Tennis \$ _____
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☐ Rich L. Pein Pool Fund \$ _____
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