

WISCONSIN WOMEN'S CROSS COUNTRY - 2019 INDIVIDUAL RESULTS

Athlete	Badger Classic (6K)	Loyola Lakefront Invitational (5K)	Joe Plane Invitational (5K)	Wisconsin Nuttycombe Invitational (6K)	Big Tens (6K)	NCAA Great Lakes Regional (6K)	NCAAs (6K)
Jada Beacom, Fr. Iola, Wis.	24:34.5 15th/9th	19:34.61 96th/10th	DNC	DNC	DNC	DNC	DNC
Liz Bohn, RS Sr. West bend, Wis.	25:09.2 18th/10th	DNC	DNC	23:32.1 63rd/7th+	DNC	DNC	DNC
Lucinda Crouch, So. Brisbane, Australia	DNC	DNC	16:55.15 30th/4th	20:41.5 43rd/3rd	20:37.7 13th/4th	21:06.1 31st/4th	21:14.5 96th/4th
Amy Davis, RS Sr. Madison, Wis.	DNC	DNC	16:33.41 14th/2nd	20:14.0 15th/2nd	20:19.0 4th/2nd	20:07.4 3rd/2nd	20:34.7 26th/2nd
Kyleigh Edwards, RS So. Lancaster, Ohio	22:30.5 5th/4th	18:19.48 21st/4th	DNC	22:17.6 32nd/4th+	DNC	DNC	DNC
Kristen Garcia, So. Sedro Woolley, Wash.	DNC	18:25.86 24th/5th	DNC	DNC	DNC	21:43.1 61st/7th	22:36.1 232nd/7th
Victoria Heiligenthal, Fr. Milford, Mich.	22:14.6 3rd/2nd	18:01.40 9th/1st	DNC	21:29.9 130th/6th	21:27.6 54th/8th	DNC	DNC
Emma Helstrom, Fr. Philadelphia, Pa.	22:46.7 6th/5th	18:41.45 35th/6th	DNC	DNC	DNC	DNC	DNC
Heidi Heuerman, Fr. Columbus, Ohio	23:32.0	18:54.99 41st/7th	DNC	23:24.0 61st/6th+	DNC	DNC	DNC
Alicia Monson, Sr. Amery, Wis.	DNC	DNC	16:13.73 2nd/1st	19:39.3 1st/1st	20:05.4 1st/1st	19:59.9 1st/1st	19:57.1 2nd/1st
Madison Mooney, RS Fr. Broomfield, Colo.	DNC	DNC	18:09.81 155th/8th	23:19.4 58th/5th+	DNC	DNC	DNC
Alissa Niggemann, Sr. Amherst, Wis.	DNC	DNC	16:41.67 18th/3rd	20:52.8 59th/4th	20:33.1 9th/3rd	21:00.5 26th/3rd	20:58.7 52nd/3rd
Trista Pringle, RS So. Sun Prairie, Wis.	22:51.1 7th/6th	18:58.32 46th/8th	DNC	DNC	DNC	DNC	DNC
Shea Ruhly, Fr. Middleton, Wis.	DNC	18:13.33 16th/2nd	DNC	21:51.2 15th/2nd+	DNF	DNC	DNC
Sarah Shulze, Fr. Oak Park, Calif.	21:58.5 2nd/un	18:15.98 18th/3rd	DNC	21:40.5 11th/1st+	21:23.2 52nd/7th	DNC	DNC
Peyton Sippy, RS Fr. Janesville, Wis.	DNC	DNC	17:42.93 111th/7th	21:47.9 165th/7th	21:14.8 39th/6th	21:15.0 39th/5th	21:42.1 156th/6th
Samantha Stieve, Fr. Germantown, Wis.	23:16.2 8th/7th	19:00.08 48th/9th	DNC	DNC	DNC	DNC	DNC
Rachel Werking, RS Jr. Brookfield, Wis.	DNC	DNC	17:37.18 103rd/6th	22:10.7 25th/3rd+	DNC	DNC	DNC
Alexa Westley, Fr. Washington, N.J.	21:58.2 1st/1st	DNC	17:30.62 89th/5th	21:16.9 99th/5th	21:13.4 35th/5th	21:26.9 46th/6th	21:32.5 139th/5th

DNC = did not compete • DNF = did not finish • un = runner ran unattached • * = runner ran in open race • + = b race

WISCONSIN WOMEN'S CROSS COUNTRY - 2019 TEAM RESULTS

Sept. 6	Badger Classic, Madison, Wis.
1. Wisconsin.....	15
2. DePaul.....	50

Wisconsin Results

1. (1) Alexa Westley.....	21:58.2
2. (3) Victoria Heiligenthal	22:14.6
3. (4) Vivian Hacker	22:29.3
4. (5) Kyleigh Edwards	22:30.5
5. (6) Emma Helstrom	22:46.7
6. (7) Trista Pringle	22:55.1
7. (8) Samantha Stieve	23:16.2
8. (10) Heid Heuerman	23:32.0
9. (15) Jada Beacom	24:34.5
10. (18) Liz Bohn	25:09.2

Unat (2) Sarah Shulze.....	21:58.2
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Sept. 28	at Loyola Lakefront Invitational, Chicago, Ill.
1. Northern Illinois.....	60
2. Loyola (Ill.)	62
3. Wisconsin.....	84
4. Oakland.....	126
5. Marquette.....	143
6. Western Ontario.....	162
7. Milwaukee.....	181
8. Central Michigan	245
9. McMaster	271
10. Depaul	272
11. St. Francis	332
12. SIU Edwardsville	333
13. Illinois-Chicago	372
14. Northwestern	374
15. Huntington	393
16. UTSA.....	431
17. Illinois-Springfield	473
18. Windsor.....	503

Wisconsin Results

1. (9) Victoria Heiligenthal	18:01.40
2. (16) Shea Ruhly.....	18:13.33
3. (18) Sarah Shulze.....	18:15.98
4. (21) Kyleigh Edwards.....	18:19.48
5. (24) Kristen Garcia.....	18:25.86
6. (35) Emma Helstrom.....	18:41.45
7. (41) Heidi Heuerman.....	18:54.99
8. (46) Trista Pringle.....	18:58.32
9. (48) Samantha Stieve.....	19:00.08

Oct. 4	at Joe Plane Invitational, South Bend, Indiana
1. Utah.....	110
2. Colorado.....	116
3. Florida State	129
4. North Carolina St.	139
5. Washington.....	144
6. Wisconsin.....	157
7. New Mexico	181
8. Notre Dame.....	244
9. Minnesota.....	265
10. Ole Miss	288
11. Boston College	294
12. Indiana.....	321
13. Butler.....	325
14. Alabama.....	415
15. Colorado State.....	419
16. Arizona	439
17. Iowa State.....	459
18. Weber State	470
19. Auburn.....	487
20. North Carolina.....	511
21. Purdue.....	518
22. Iowa.....	542

23. Utah Valley	603
24. Bradley	654

Wisconsin Results

1. (2) Alicia Monson.....	16:13.73
2. (14) Amy Davis.....	16:33.41
3. (18) Alissa Niggemann.....	16:41.67
4. (30) Lucinda Crouch.....	16:55.15
5. (94) Alexa Westley	17:30.62
6. (108) Rachel Werking.....	17:37.18
7. (116) Peyton Sippy.....	17:42.93
8. (161) Madison Mooney.....	18:09.81

Oct. 18

Nuttycombe Wisconsin Invitational, Madison, Wis.

1. Arkansas	62
2. Stanford	98
3. North Carolina	203
4. Wisconsin.....	217
5. Michigan State	219
6. Northern Arizona.....	251
7. Boise State.....	282
8. Air Force	298
9. New Mexico	302
10. Furman	309
11. Utah	309
12. Notre Dame	336
13. Ohio State.....	393
14. Oregon	405
15. Indiana.....	450
16. Minnesota.....	474
17. Columbia.....	480
18. Tulsa	506
19. Georgetown	529
20. Missouri.....	560
21. West Virginia.....	570
22. Villanova.....	572
23. Wake Forest	603
24. Portland.....	608
25. Syracuse	610
26. Providence.....	627
27. Iowa State.....	656
28. Southern Utah	677
29. Utah State.....	695
30. Oregon State.....	708
31. Colorado State.....	716
32. Harvard.....	748
33. UCLA	775
34. Washington State	847
35. Purdue.....	892
36. Cal Poly	957

Wisconsin Results

1. (1) Alicia Monson.....	19:39.3
2. (15) Amy Davis.....	20:14.0
3. (43) Lucinda Crouch.....	20:41.5
4. (59) Alissa Niggemann.....	20:52.8
5. (99) Alexa Westley	21:16.9
6. (130)Victoria Heiligenthal	21:29.9
7. (165) Peyton Sippy.....	21:47.9

B Race

1. (11) Sarah Schulze.....	21:40.5
2. (15) Shea Ruhly	21:51.2
3. (25) Rachel Werking	22:10.7
4. (32) Kyleigh Edwards.....	22:17.6
5. (58) Madison Mooney.....	23:19.4
6. (61) Heidi Heuerman.....	23:24.0
7. (63) Liz Bohn	23:32.1
8. (106) Samantah Stieve	23:39.2
9. (109) Jada Beacom.....	24:01.9
10. (111) Kate Ricks	24:04.4
11. (112) Trista Pringle.....	24:11.7

WISCONSIN WOMEN'S CROSS COUNTRY - 2019 TEAM RESULTS

Nov. 3 at Big Ten Championship, Columbus, Ohio

1. Michigan State	56
2. Wisconsin	62
3. Michigan	88
4. Penn State	138
5. Ohio State	144
6. Illinois	144
7. Minnesota	145
8. Indiana	177
9. Iowa	273
10. Nebraska	283
11. Purdue	302
12. Maryland	336
13. Northwestern	353
14. Rutgers	428

Wisconsin Results

1. (1) Alicia Monson	20:05.4
2. (4) Amy Davis	20:19.0
3. (9) Alissa Niggemann	20:33.1
4. (13) Lucinda Crouch	20:37.7
5. (35) Alexa Westley	21:13.4
6. (39) Peyton Sippy	21:14.8
7. (52) Sarah Shulze	21:23.2
8. (54) Victoria Heiligenthal	21:27.6
9. (DNF) Shea Ruhly	DNF

11. Washington	296
12. Florida State	308
13. Michigan	395
14. Northern Arizona	406
15. Notre Dame	415
16. Utah	471
17. Boise State	474
18. Penn State	482
19. Indiana	509
20. Boston College	514
21. Ole Miss	541
22. Illinois	549
23. Ohio State	566
24. Villanova	575
25. Tulsa	584
26. Oregon	618
27. Columbia	624
28. Minnesota	691
29. Cornell	693
30. Texas	713
31. Harvard	787

Nov. 15 NCAA Great Lakes Regional, Madison, Wis.

1. Michigan State	49
2. Michigan	74
3. Wisconsin	100
4. Ohio State	134
5. Notre Dame	144
6. Indiana	175
7. Butler	234
8. Purdue	280
9. Eastern Michigan	283
10. Xavier	320
11. Cincinnati	374
12. Miami (Ohio)	386
13. Oakland	393
14. Akron	411
15. Dayton	423
16. Toledo	433
17. Marquette	464
18. Milwaukee	516
19. Ball State	533
20. Youngstown State	590
21. Wright State	591
22. Western Michigan	599

Wisconsin Results

1. (1) Alicia Monson	19:59.9
2. (3) Amy Davis	20:07.4
3. (26) Alissa Niggemann	21:00.5
4. (31) Lucinda Crouch	21:06.1
5. (39) Peyton Sippy	21:15.0
6. (46) Alexa Westley	21:26.9
7. (61) Kristen Garcia	21:43.1

Nov. 23 NCAA Championships, Terre Haute, Ind.

1. Arkansas	96
2. BYU	102
3. Stanford	123
4. New Mexico	168
5. NC State	190
6. Michigan State	209
7. Wisconsin	235
8. Air Force	259
9. Furman	290
10. Colorado	294