

# 2025 TENNESSEE INVITE

Friday, April 4			Saturday, April 5		
RUNNING EVENTS			RUNNING EVENTS		PRESENTATION
3:00p	W	1500m	12:00p	W	100m Hurdles SF
3:25p	M	1500m	12:20p	M	110m Hurdles SF
3:50p	W	200m	12:40p	W	4x100m
4:15p	M	200m	12:50p	M	4x100m
4:35p	W	400m Hurdles	1:00p	W	800m
4:50p	M	400 M Hurdles	1:15p	M	800m
7:00p	W	5K	1:30p	W	100m Hurdles F
7:30p	M	5K	1:40p	M	110m Hurdles F
			1:50p	W	100m
			2:10p	M	100m
FIELD EVENTS			2:30p	W	400m
9:00a	W	Hammer	2:50p	M	400m
12:00p	M	Discus	3:40p	W	3K Steeplechase
	W	Long Jump	4:05p	M	3K Steeplechase
12:30p	M	Pole Vault	4:30p	W	4x400m
2:30p	W	Discus	4:45p	M	4x400m
	M	Long Jump	FIELD EVENTS		
3:00p	W	Pole Vault	9:00a	M	Hammer
5:00p	W	Javelin	12:00p	W	Shot Put
7:00p	M	Javelin		M	High Jump
			12:30p	W	Triple Jump
			2:30p	M	Shot Put
				W	High Jump
			3:00p	M	Triple Jump

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**TRACK & FIELD**