



2002-03 Toledo Swimming & Diving

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University Information

School: University of Toledo

Location: Toledo, OH

Population: 313,000 (city); 720,000 (metro)

Mailing Address: 2801 W. Bancroft St., Toledo, OH 43606-3390

Enrollment: 20,313

Founded: 1872

Nickname: Rockets

Colors: Midnight Blue & Gold

National Affiliation: NCAA Division I

Conference: Mid-American (MAC)

President: Dr. Daniel Johnson

Athletic Director: Michael O'Brien

Athletic Department Phone: (419) 530-4184

Athletic Ticket Office: (419) 530-GOLD

Credits:

Editor: Jason Payne

Editorial Assistance: Colleen Idczak, Brian Ormiston, Steve Easton, Brian DeBenedictis, Paul Helgren

Photography: Terry Fell and Bill Hartough

Printing: Precision Business Solutions

NCAA Qualifying "A" Standards (Automatic)

Event (Yards)	Men Time/Pts.	Women Time/Pts.
50 Freestyle	:19.74	:22.89
100 Freestyle	:43.64	:49.63
200 Freestyle	1:36.39	1:47.49
500 Freestyle	4:19.72	4:45.71
1,650 Freestyle	15:01.39	16:27.53
100 Butterfly	:47.34	54.14
200 Butterfly	1:44.93	1:59.98
100 Backstroke	:47.72	:55.15
200 Backstroke	1:44.02	1:57.70
100 Breaststroke	:54.30	1:02.07
200 Breaststroke	1:57.68	2:14.23
200 Individual Medley	1:46.71	2:00.76
400 Individual Medley	3:47.29	4:15.12
200 Freestyle Relay	1:18.47	1:31.03
400 Freestyle Relay	2:55.06	3:20.26
800 Freestyle Relay	6:26.62	7:11.65
200 Medley Relay	1:27.21	1:40.46
400 Medley Relay	3:12.44	3:39.12
1-Meter Diving	290/465	255/375
3-Meter Diving	310/480	270/425

NCAA Qualifying "B" Standards (Provisional)

Event (Yards)	Men Time	Women Time
50 Freestyle	:20.33	:23.57
100 Freestyle	:44.94	:51.11
200 Freestyle	1:39.28	1:50.71
500 Freestyle	4:27.51	4:55.31
1,650 Freestyle	15:28.43	16:57.15
100 Butterfly	:48.76	:55.76
200 Butterfly	1:48.07	2:02.54
100 Backstroke	:49.15	:56.80
200 Backstroke	1:47.14	2:01.23
100 Breaststroke	:55.92	1:03.93
200 Breaststroke	2:01.21	2:18.25
200 Individual Medley	1:49.91	2:04.38
400 Individual Medley	3:54.10	4:22.77
200 Freestyle Relay	1:20.82	1:33.76
400 Freestyle Relay	3:00.31	3:26.26
800 Freestyle Relay	6:38.21	7:24.59
200 Medley Relay	1:29.82	1:43.47
400 Medley Relay	3:18.21	3:46.69

Swimming and Diving Information

Swimming Coach: Brian Sharar

Office Phone: (419) 530-2782

Assistant Swimming Coach: Steve Riegler

Office Phone: (419) 530-2532

Diving Coach: Kelly Lajiness

Office Phone: (419) 530-2532

Graduate Assistant: Jay Turner

Volunteer Assistant: Bob Van Horn

Pool: Student Recreation Center

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Assistant Director: Brian DeBenedictis

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2002 Mid-American Conference Academic Honor Roll

Men

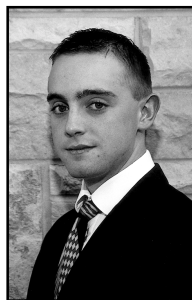
Michel Alvan
Byran Franzen
Mark Glenn
Steve Hnatiuk
Billy Harrison
David Molnar
Matt Nichols
Jay Turner
John Voegel

Women

Lauren Beckett
Mia Blignaut
Jennifer Chasteen
Meghan Foley
Kati Gardner
Marianne Kruk
Lindsay Mackey
Lauren Wehner
Kristin Orwig
Lauren Wehner



Robert Fountain & Ruth Hawkins Heldt Awards



Mark Glenn

The Robert Fountain and Ruth Hawkins Heldt awards are given to the UT men's and women's swimmers who excel in the areas of athletics, academics, sportsmanship, and who have a team-first attitude.

The Robert Fountain Award is given in honor of the first swimming coach at the University of Toledo.

Last year's recipient, Mark Glenn, was a championship finalist in the 400 IM at the 2002 Mid-American Conference Championships. Glenn was also a consolation finalist in the 200 IM and 200 breaststroke at the 2002 MAC Championships. Past award winners include Steve Hnatiuk (2001), Paul Southey (2000), Tim McCann (1999), Dan Draeger (1996, '97, '98), Pete Gerard (1995), Matt Zimmer (1991, '93, '94), Alex Kominek (1992), Kevin Bush (1990) and Jim Blanchard (1988, '89).



Kati Gardner

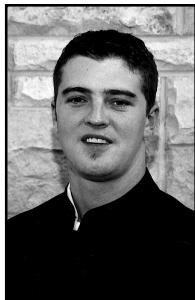
The women's award honors the late Ruth Hawkins Heldt, a University of Toledo graduate. Hawkins Heldt, a native of Toledo, taught for 35 years in the Ohio public school system and was involved in many volunteer activities around the city, including the YWCA. She also taught classes at UT and was a loyal supporter of the swimming program.

Kati Gardner received the Ruth Hawkins Heldt award in 2001-02. Gardner was a 2001-02 MAC Academic Honor Roll recipient. She placed in the championship finals in the 50, 100 and 200 freestyles at the 2001 MAC Championships. She set UT records in the 200, 400 and 800 freestyle relays. Past award winners include Sheona Lottering (2000), Marsha Clouthier (1998, '99), Elizabeth Risotto (1997), Erin Jamieson (1993, '96), Reyna Smith (1995) and Kendra Akers (1994).

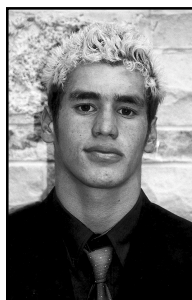
2001-02 Rocket All-Conference Selections



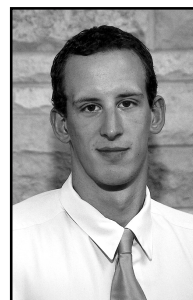
Sheona Lottering
1st Team



J.P. Van Zyl
1st Team



Michel Alvan
1st Team

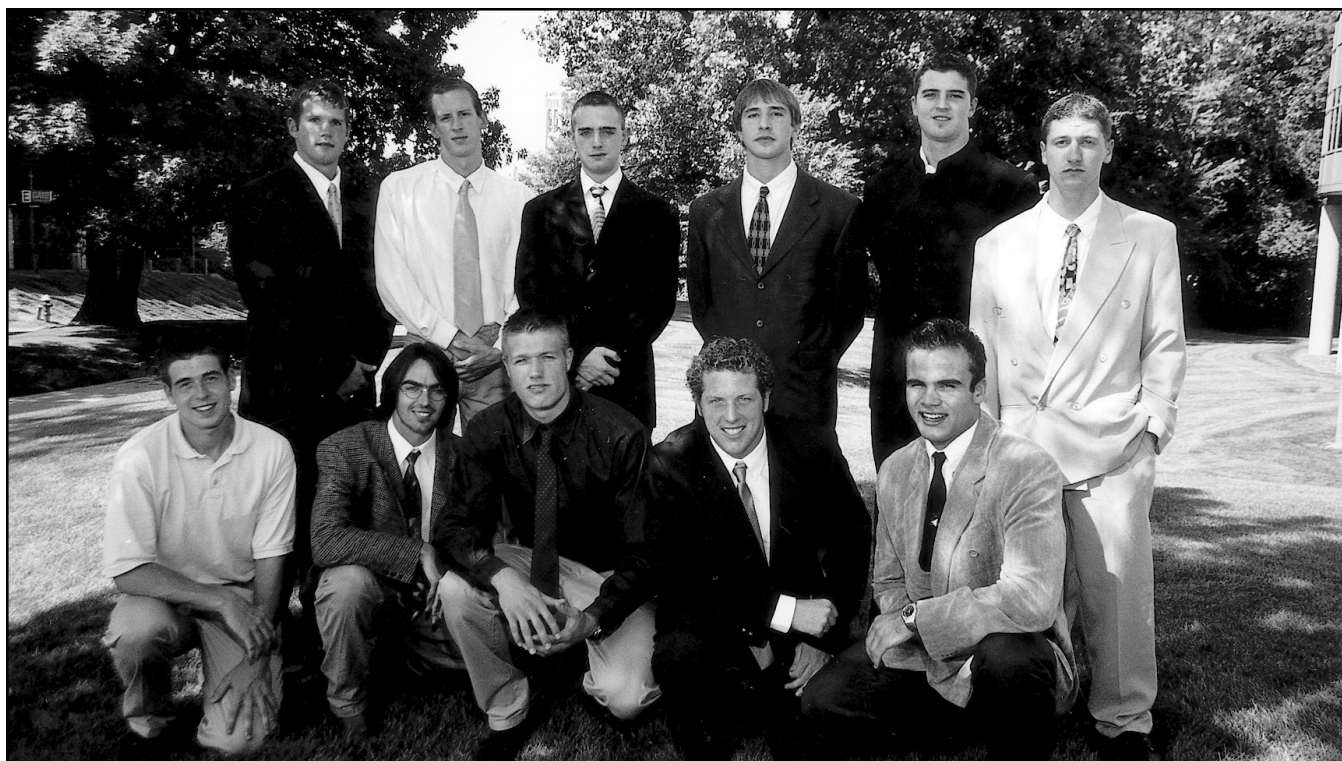


Vuk Danilovic
2nd Team

Returning MAC Finalists



Top row (left to right): Taryn Smyth, Sheona Lottering, Beth Frisk, Lauren Beckett, Sonja LeRoux, Emily Markovich, Jennifer Patterson, Iiris Hilvo, Samantha Keevey. Bottom row (left to right): Katy Timm, Kristin Orwig, Jenny Chasteen, Bobbi James, Kelly Van Horn, Lindsay Mackey.



Top row (left to right): David Molnar, Vuk Danilovic, Mark Glenn, Zach Henning, Pierre Van Zyl, Billy Harrison. Bottom row (left to right): Todd Hustutler, Justin Lawrance, Patrik Johansson, Grant O'Brien, Lorant Divald.

Head Swimming Coach Brian Sharar

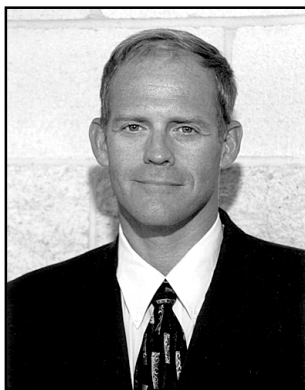
Head swimming coach Brian Sharar enters his eighth season as the men's and women's swimming coach at the University of Toledo. Sharar has a 92-59-1 record at UT and a 157-87-1 overall (men's and women's) career record in 11 seasons as a collegiate head coach.

Sharar led the Rocket men to their sixth consecutive top-three finish at the 2002 MAC Championships and had a 12-3 overall record. The women's 11-5 dual-meet season record culminated in a fourth-place finish at the 2002 MAC Championships. Under Sharar, numerous all-time Toledo swimming records have been broken, including 12 on the women's side during the 2000-01 campaign.

Sharar, the 1997 Mid-American Conference Coach of the Year, led the Rocket men to their first-ever undefeated regular season (10-0) in 1997-98.

Rocket success has been consistent out of the pool, as well. Sharar emphasizes the importance of academic success. The Rocket women have consistently earned Academic All-America honors by the College Swim Coaches Association, while the men have also posted excellent team grade point averages. In the spring 2002 semester, 18 women and nine men from the UT swim teams earned a 3.0 GPA or higher.

Sharar came to Toledo from the University of North Carolina, where he served as the assistant men's and women's swimming coach. He began coaching for the Tar Heels in 1993, after serving as the head coach at Western Illinois University from 1989-1993. The Brownsburg, IN na-



tive helped lead the Tar Heels to 1994 and 1995 ACC Championship titles as well as Top 20 finishes at the NCAA Swimming and Diving Championships.

While coaching at Western Illinois, Sharar's teams posted a 63-28 overall dual meet record. He led the men's squad to the 1993 Mid-Continent Conference title. During his final year at WIU, the men's squad compiled a school-record 12-2 dual meet record, while the women topped the charts with an 8-5 record. Sharar's student-athletes broke 33 school records and he was named Mid-Continent Conference coach of the year in 1991 and 1993. He was also named the 1991 Gateway Conference women's coach of the year.

Sharar began his coaching career at Danville High School (1984 - 85) and Pike Central High School (1985 - 1987) in Indiana. He completed his undergraduate degree in Industrial Education (1984) at Ball State, where he was a four-year varsity athlete with the Cardinals. Sharar completed work on his master of arts degree in physical education and human performance at the University of North Carolina (1989).

Sharar is a member of the American Swim Coaches Association and Collegiate Coaches Association of America and still enjoys success as an active master's swimmer. Sharar and his wife Nancy, a physical therapist, have three children, Jacob, 11, Courtney, 8, and Kendal, 5, and reside in nearby Sylvania, OH.

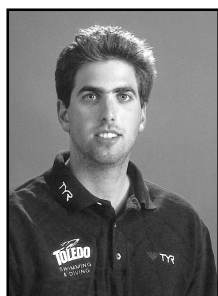
Sharar's Coaching File

As Head Coach...

<u>Year</u>	<u>School</u>	<u>Notes</u>
1985-86	Pike Central High School	Won Pocket Athletic Conference championship
1986-87	Pike Central High School	Won Pocket Athletic Conference championship
1989-90	Western Illinois University	First collegiate head coaching position
1990-91	Western Illinois University	MCC Coach of the Year (men), Gateway Coach of the Year (women)
1991-92	Western Illinois University	Team set 33 school records in four years
1992-93	Western Illinois University	Won Mid-Continent Conference title and Coach of the Year
1995-96	University of Toledo	Won three individual conference titles and set 14 UT records
1996-97	University of Toledo	Women - 4th, Men - 3rd (highest finishes in UT history); 11 MAC records
1997-98	University of Toledo	Men finish undefeated (10-0), runnerup at MAC Championship
1998-99	University of Toledo	Men - 3rd-place finish at MAC Championships; Women - most MAC wins
1999-00	University of Toledo	Men - 3rd-place finish at MAC Championships; Women - 5th-place finish
2000-01	University of Toledo	Men - 3rd-place finish at MAC Championships; Women - 4th-place finish
2001-02	University of Toledo	Men - 3rd-place finish at MAC Championships; Women - 4th-place finish

As an Assistant Coach...

<u>Year</u>	<u>School</u>	<u>Notes</u>
1984-85	Danville High School	Began coaching career
1987-88	North Carolina	ACC champions (men) and Top 20 at NCAAs (men and women)
1988-89	North Carolina	ACC champions (men) and Top 20 at NCAAs (men and women)
1993-94	North Carolina	Won ACC Championship and Top 20 finish at NCAAs
1994-95	North Carolina	Won ACC Championship and Top 20 finish at NCAAs



Assistant Swimming Coach - Steve Riegler

Steve Riegler begins his first season as an assistant coach at UT. Riegler comes to Toledo from Northern Illinois where he was the assistant coach for both the men's and women's programs. He comes back to UT where he swam for head coach Brian Sharar for three years and served one year as a graduate assistant and two years as a volunteer assistant. Prior to serving this appointment, Riegler also worked as a full-time physical education teacher in the nearby Washington Township School District and co-coached the girl's swim team at St. Ursula Academy in Toledo.

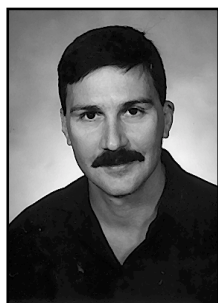
Riegler was perhaps the most improved athlete ever to compete for the Rockets. He quickly developed into one of the fastest backstrokers in MAC history, and was part of a Rocket team that saw UT backstrokers go 1-2-3-4 in the 200 backstroke at the 1997 MAC Championships. Riegler and his wife, former UT swimmer Lori Boyle, have one child, Meredith (15 months) and reside in Toledo.



Diving Coach - Kelly Lajiness

Kelly Lajiness begins her second year as the Rocket diving coach at UT. The 1995 UT graduate was honored in her first year as she was named Mid-American Conference Diving Coach of the Year.

Lajiness was part of the UT diving program as a four-year letterwinner. The former Kelly Bramacheck consistently scored at the MAC Diving Championships each year and helped mold the women's program during the formative years. Lajiness and her husband, fellow diving alum, Derek Lajiness, reside in Toledo and have one child, Alexa Faith (newborn).



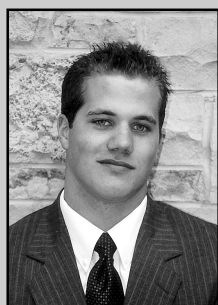
Volunteer Assistant Coach - Bob Van Horn

Bob Van Horn is a veteran of the high school and club ranks with more than 25 years of coaching experience in northwest Ohio. Van Horn teaches at Oak Harbor High School in the Benton Carroll Salem School District. He started and developed one of the strongest high school programs in the state while coaching in a rural farm community of just 2,000.

In the 1990's, VanHorn's teams posted 253 dual meet wins and just 23 losses. His teams garnered 12 High School All-America honors and two public school national records.

Van Horn was selected as "Ohio High School Swimming Coach of the Year" on two separate occasions, once for his boys' team in 1989 and then again for his girls' squad in 1998. His 1998 girls squad ranked second in the nation among small public high schools in dual-meet depth according to the National Interscholastic Swimming Coaches Association.

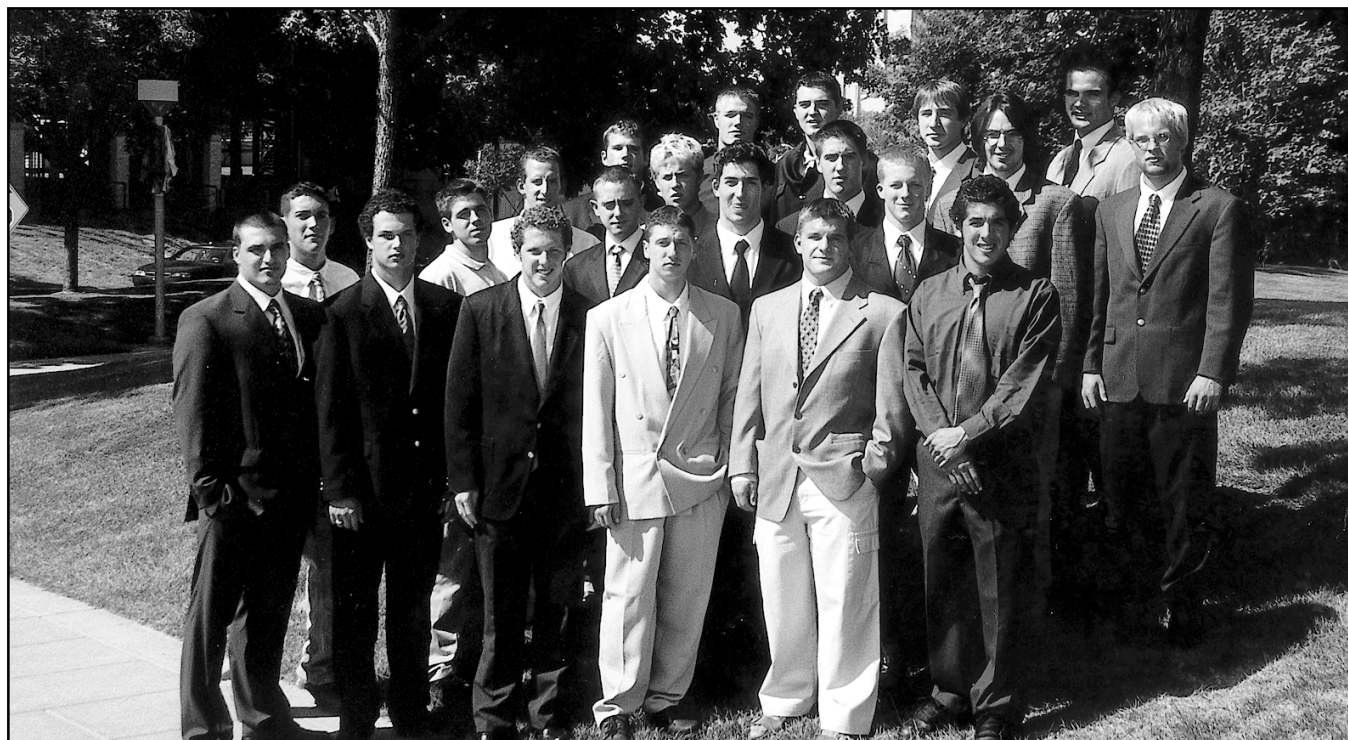
Van Horn and his wife, Darla, have two children. Kelly is a senior swimmer at the University of Toledo and Greg is a high school senior at Oak Harbor.



Graduate Assistant - Jay Turner

Jay Turner returns to the Rocket swimming program this time as a graduate assistant. As a swimmer for the Rocket men, the Arvada, CO native competed in the 200 I.M., 100 butterfly and 200 butterfly at the 2002 MAC Championships. As a sophomore, he placed 14th in the 100 fly at the MAC Championships.

Turner was the salutatorian of his high school graduating class. He earned All-State honors as a senior and served as team captain.



2002-03 University of Toledo Men's Swimming and Diving Team

<u>Name</u>	<u>Event</u>	<u>Class</u>	<u>Hometown</u>
Fotis Bardis	Butterfly	Freshman	Athens, Greece
Jason Brauer	IM/Distance	Junior	Dunedin, FL
Stephan Connor	Butterfly	Freshman	Burr Ridge, IL
Vuk Danilovic	Distance Free	Junior	Belgrade, Yugoslavia
Lorant Divald	Butterfly/Freestyle	Sophomore	Poprad, Slovakia
Curtis Emerick	Sprint/Backstroke	Freshman	Galion, OH
Matt Frost	Breaststroke	Freshman	St. John, IN
Mark Glenn	Butterfly/IM	Senior	Palatine, IL
Billy Harrison	Diving	Junior	Rock Springs, WY
Zach Henning	Backstroke/Butterfly	Senior	Sandusky, OH
Todd Hostutler	Backstroke/IM	Sophomore	Mansfield, OH
Patrik Johansson	Butterfly/Sprint Free	Sophomore	Lund, Sweden
Ryan Klaus	Butterfly/Sprint Free	Sophomore	Huron, OH
Christoff Kotze	Distance, Breast	Freshman	Cape Town, South Africa
Justin Lawrance	Backstroke	Junior	Sloane Park, South Africa
Brandon Merz	Butterfly/IM	Freshman	Petersburg, MI
David Molnar	Distance	Junior	Milan, MI
Matt Nichols	Butterfly	Junior	West Bloomfield, MI
Grant O'Brien	Butterfly/IM	Sophomore	Queensburgh, South Africa
Eric Ramirez	Distance	Freshman	Goelta, CA
Pierre Van Zyl	Breaststroke/Sprint	Senior	Bloenfontein, South Africa

Head Coach - Brian Sharar

Assistant Coach - Steve Riegler

Diving Coach - Kelly Lajiness

Volunteer Assistant Coach - Bob Van Horn

Graduate Assistant: Jay Turner



2002-03 University of Toledo Women's Swimming and Diving Team

<u>Name</u>	<u>Event</u>	<u>Class</u>	<u>Hometown</u>
Amanda Anderson	Freestyle	Freshman	Westerville, OH
Lauren Beckett	Backstroke	Junior	Johannesburg, South Africa
Jenny Chasteen	Diving	Junior	Hamilton, OH
Beth Frisk	Backstroke/IM	Senior	Sanford, ONT
Jessica Henning	Butterfly/Sprint	Sophomore	Sandusky, OH
Iris Hilvo	Breaststroke/IM	Sophomore	Heinola, Finland
Amy Hohenberger	Butterfly	Sophomore	Mansfield, OH
Bobbi James	Diving	Junior	Salt Lake City, UT
Samantha Keevey	Breaststroke	Junior	Southwest District, South Africa
Marianne Kruk	Diving	Junior	Lambertville, MI
Sonja LeRoux	Breaststroke/Sprint	Junior	Durban, South Africa
Sheona Lottering	Distance	Senior	Pietermaritzburg, South Africa
Lindsay Mackey	Diving	Junior	New Castle, PA
Sarah Marihugh	Breaststroke	Freshman	Napoleon, OH
Emily Markovich	Sprint Free	Sophomore	Concord, OH
Stephanie Nameth	Freestyle	Freshman	Mentor, OH
Kristin Orwig	Diving	Freshman	Castalia, OH
Jennifer Patterson	Backstroke	Sophomore	Beavercreek, OH
Taryn Smyth	Butterfly	Junior	Bloemfontein, South Africa
Rachelle Strobel	Freestyle	Sophomore	Temperance, MI
Katy Timm	Sprint	Junior	Palm Harbor, FL
Kelly Van Horn	Butterfly/Backstroke	Junior	Oak Harbor, OH
Amanda Wittenmyer	Sprint	Freshman	Findlay, OH

Head Coach - Brian Sharar

Assistant Coach - Steve Riegler

Diving Coach - Kelly Lajiness

Volunteer Assistant Coach - Bob Van Horn

Graduate Assistant: Jay Turner

Young Rockets Build Toward Future

The Rocket men will once again look to register a top-three finish in the Mid-American Conference and compete for the conference crown. The Rockets are coming off their sixth straight top-three finish at the MAC Championships, finishing behind Eastern Michigan and Miami in 2001-02.

"We are trying to crack the top two, who are Eastern Michigan and Miami," said head coach Brian Sharar. "To break into the top two will require three things. First is the progress of the returnees, second is how quickly the incoming freshman will step into challenging roles and third is staying healthy and continuing to improve."

The Rockets will get ready for the 2003 MAC season with a tough non-conference schedule. UT will start off the season with dual meets at Wisconsin and Northwestern. Other tough non-conference opponents include Oakland, Kenyon, Wright State and Xavier.

"I can't imagine a tougher non-conference schedule," stated Sharar. "We start out with Wisconsin and Northwestern on the same weekend so it will be a tough two days. We also will swim another great team in Oakland University followed by Division III powerhouse Kenyon College and then wrap up with Wright State and Xavier."

The Rockets finished last season with an overall record of 12-3 and a MAC mark of 5-2. Hard work and determination will drive UT this season in achieving its goal of bring the MAC title to the Glass City.

Here is a look at the Rockets by event:

Sprint Freestyle

Senior J.P. Van Zyl will lead the sprint corps as the returning MAC champion in the 50 freestyle. Challenging Van Zyl will be sophomore Patrik Johansson, who returns as a top-eight finalist in both the 50 and 100 freestyles at last year's MAC Championships. Freshman Curtis Emerick, the 2002 Ohio state runner-up in the 50 free, and Stephan Connor will also solidify a traditionally strong sprint group.

Backstroke

A trio of returning backstrokers, senior tri-captain Zach Henning, junior tri-captain Justin Lawrance and sophomore Todd Hostutler provide a solid backstroke corps for the Rockets. Henning was a top-eight finisher at the conference meet in the 100 back, while Lawrance and Hostutler were top-eight finishers in the 100 and 200 backstroke. Providing depth in the backstroke will be Emerick and junior David Molnar.

Individual Medley

Senior tri-captain Mark Glenn will lead a depth-laden group in the individual medley. Glenn was a top-eight finisher in the 400 IM and top 16 in the 200 IM at the MAC Championships. Backing up Glenn will be sophomore Grant O'Brien, Lorant Divald and Hostutler along with juniors Jason Brauer and Lawrance.

Breaststroke

Van Zyl, who was a top eight finisher in the 100 breaststroke at the 2002 MAC Championships, will lead a small but talented breaststroke corps. The Rockets will look to freshmen Christoff Kotze and

Matt Frost to solidify this event. Brauer and Glenn will also add occasional support in the breaststroke events.

Butterfly

Perhaps the strongest and deepest event for the Rockets, the fly events will be led by Johansson, who was third overall in the 100 butterfly at the MAC's, and Lorant Divald. Also competing in the butterfly events will be Henning, who is another top-eight finisher in the 100 fly along with sophomores Ryan Klaus and O'Brien. These Rockets will be pressed by talented newcomers Stephan Connor, (2002 Illinois state champion), Fotis Bardis, (Greek national team member), as well as freshman Brandon Merz.

Diving

Billy Harrison will comprise the diving corps for the Rockets in 2002-03. Harrison returns as a top-eight finisher in both the one and three-meter boards.

Distance Freestyle/ Middle Distance

Leading the corps of freestylers will be junior Vuk Danilovic, who set UT records at the 2002 MAC championships in the 500, 1000 and 1650 freestyles. Divald, a top-eight finalist in both the 200 and 500 freestyle at last year's MAC Championships, will also be a major player at this year's championships. Molnar and Brauer return as top-16 scorers at last year's MAC Championships. Connor will also look to impact the middle distance freestyles, along with fellow freshmen Eric Rameriz and Kotze.

Rocket Women Ready to Make Some Waves in the MAC

The 2002-03 University of Toledo women's swimming and diving team looks to build upon the success it has experienced in recent years. The improving squad aspires to reach new heights in the upcoming season with a good mix of young talent and experienced veterans who can provide leadership and stability to the team.

"The women's program has grown each year I've been here," Head Coach Brian Sharar said. "We have now reached a level that enables us to compete with the MAC elite."

With another deep recruiting class joining the Rockets this fall, this may be the year that the women move up into the upper tier of the Mid-American Conference.

The keys to success will remain the same as in past years. Injuries have held back the women in previous seasons, and staying healthy is the No.1 key for UT. Other keys that determine how high the Rockets can place are confidence and maturity.

A solid group of MAC swimmers return for coach Sharar. Their guidance of quality newcomers could make the difference at the MAC Championships.

Backstroke

Senior tri-captain Beth Frisk and sophomore Jennifer Patterson will lead this year's backstroke squad. Frisk and Patterson both finished strong at last year's MAC Championships and hope to continue their success this season. Junior Taryn Smyth rounds out this year's backstroke corps.

Butterfly

Smyth will lead this year's fly events. Smyth finished fourth in both the 100 and 200 events at last year's MAC Championships. Sophomore Jessica Henning will make her debut for the Rockets this season after transferring from Michigan State. Senior Kelly Van Horn and sophomore Amy Hohenberger round out the returnees.

Individual Medley

Frisk and sophomore Iiris Hilvo will lead a small but talented group in the individual medley. Junior Lauren Beckett will contribute as well.

Sprint Freestyle

Sprint events will be led by senior Sheona Lottering and sophomore Emily Markovich, both school record holders. Lottering, who holds the school record in the 100 event, finished a strong third at last year's MAC Championships. Markovich, who holds the 50 freestyle school record, looks to further her first-year success after finishing seventh at last year's MAC Championships as a freshman.

Junior Katy Timm and sophomore Jennifer Patterson will look to improve on their 10th and 14th-place finishes at the MAC Championships, respectively. This year's sprint freestyle team is capped off by Sonja Le Roux, who is looking for a fresh start after coming back from an injury, and incoming freshman Amanda Wittenmyer, who will solidify this strong corps of swimmers. Sophomore Rachelle Strobel and freshman Stephanie Nameth will also contribute in the freestyle events.

Breaststroke

This year's breaststroke group features many talented individuals, four of whom notched top-12 finishes at the 2002 MAC Championships. Juniors Lauren Beckett and Le Roux lead this year's breaststroke squad. Beckett placed fourth in the 200 and 11th in the 100 events, while Le Roux is looking to repeat her top-10 finish in the 100 event at the MAC Championships.

Sophomore Iiris Hilvo and junior Samantha Keevey also look to continue last year's success after finishing eighth and 12th in the 200 breaststroke event, respectively. Highly touted incoming freshman Sarah Marihugh also has the potential to contribute to this strong group.

Distance Freestyle

Distance events will be paced again by Lottering. Lottering holds the school record for the 200 event and finished second and third at the MAC Championships in the 500 and 200 events, respectively. Lottering will be joined by Smyth, who hopes to have a strong junior year in the free events.

Diving

Bobbi James leads an all-junior after finishing in the top eight on both boards at last year's MAC Championships. She is joined by Lindsay Mackey, who also placed strong at the MAC's. Jenny Chasteen is looking for continued success on the three-meter this year, while Kristin Orwig hopes to succeed on the one-meter again. Marianne Kruk will also vie for time on the boards for UT.