

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC
Results****Women 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

World:	10.49	W	7/16/1988	Florence Griffith-Joyner, USA
American:	10.49	A	7/16/1988	Florence Griffith Joyner, World Class AC
Collegiate:	10.78	C	6/2/1989	Dawn Sowell, LSU
SoCon Record:	11.45	S	1993	Melissa Morrison, App. State

Name	Yr	School	Prelims	Wind	H#
Preliminaries					
1		Alston, Breanna	SO Appalachian State	11.89 Q	-0.1 3
2		Carter, Ebony	JR Georgia Southern	11.92 Q	0.5 1
3		Walker, Jasmine	FR Georgia Southern	12.05 Q	-1.0 2
4		Billings, Jasmine	JR Georgia Southern	12.09 Q	-1.0 2
5		Robinson, Janise	SO Western Carolina	12.10 Q	-0.1 3
6		Campbell, Kristen	SO Appalachian State	12.11 Q	0.5 1
7		Garren, Felisha	SR Western Carolina	12.15 q	0.5 1
8		McLucas, D'Shawrna	JR Appalachian State	12.18 q	-0.1 3
9		Feimster, Taylor	FR Western Carolina	12.21	0.5 1
10		Diggs, Brittany	SO Western Carolina	12.46	-0.1 3
11		Cataldo, Dana	SR Elon	12.47	-1.0 2
12		Bethel, Tanisha	FR Citadel	12.71	0.5 1
13		Birks, Kayleigh	SO Elon	12.84	-0.1 3
14		Hinds, Christine	SO Citadel	13.06	-1.0 2
15		Hughes, Cara	JR Elon	13.08	-1.0 2
16		Gordon, Gracie	FR Davidson	13.50	-0.1 3
17		Burke, Jordan	FR Wofford	14.00	0.5 1
18		Parrish, Raven	JR Western Carolina	14.94	-1.0 2

Women 100 Meter Dash

World:	10.49	W	7/16/1988	Florence Griffith-Joyner, USA
American:	10.49	A	7/16/1988	Florence Griffith Joyner, World Class AC
Collegiate:	10.78	C	6/2/1989	Dawn Sowell, LSU
SoCon Record:	11.45	S	1993	Melissa Morrison, App. State

Name	Yr	School	Finals	Wind
Finals				
1		Carter, Ebony	JR Georgia Southern	11.53 5.5
2		Billings, Jasmine	JR Georgia Southern	11.72 5.5
3		Alston, Breanna	SO Appalachian State	11.76 5.5
4		Walker, Jasmine	FR Georgia Southern	11.82 5.5
5		Robinson, Janise	SO Western Carolina	11.84 5.5
6		Campbell, Kristen	SO Appalachian State	11.88 5.5
7		McLucas, D'Shawrna	JR Appalachian State	12.08 5.5
8		Garren, Felisha	SR Western Carolina	12.48 5.5

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Western Carolina Univ. in Cullowhee, NC
Results****Women 200 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

World:	21.34	W	9/29/1988	Florence Griffith-Joyner, USA
American:	21.34	A	9/29/1988	Florence Griffith Joyner, World Class AC
Collegiate:	22.04	C	6/2/1989	Dawn Sowell, LSU
SoCon Record:	23.50	S	1989	Lamonda Miller, App. State

Name	Yr	School	Prelims	Wind	H#
Preliminaries					
1		Alston, Breanna	SO Appalachian State	24.20 Q	1.8 2
2		Carter, Ebony	JR Georgia Southern	24.35 Q	2.0 3
3		Garren, Felisha	SR Western Carolina	24.47 Q	1.8 2
4		McLucas, D'Shawnna	JR Appalachian State	24.50 Q	1.2 1
5		Salek, Amy	SR Elon	24.50 Q	1.2 1
6		Bell, Bria	SO Elon	24.68 Q	2.0 3
7		Walker, Jasmine	FR Georgia Southern	24.58 q	1.2 1
8		Campbell, Kristen	SO Appalachian State	24.82 q	1.8 2
9		Proyor, Shiniqua	SO Western Carolina	25.03	1.2 1
10		Collier, Tsanni	SO Western Carolina	25.27	2.0 3
11		Robinson, Janise	SO Western Carolina	25.33	1.8 2
12		Cataldo, Dana	SR Elon	25.40	1.8 2
13		Thomas, Kimberly	FR Georgia Southern	25.45	2.0 3
14		Cross, Madeline	SO Samford	25.47	1.2 1
15		Bethel, Tanisha	FR Citadel	25.71	1.2 1
16		Feimster, Taylor	FR Western Carolina	25.79	2.0 3
17		Doucette, Lorna	FR Col. of Charleston	26.21	1.2 1
18		Murphy, Shannon	FR Furman	26.21	1.2 1
19		Birks, Kayleigh	SO Elon	26.26	2.0 3
20		Hughes, Cara	JR Elon	26.52	2.0 3
21		Hinds, Christine	SO Citadel	26.78	1.8 2
22		Gilbert, Rachel	FR Furman	27.14	1.8 2
23		Hicks, Mackenzie	SO Davidson	28.26	2.0 3
24		Parrish, Raven	JR Western Carolina	48.33	1.8 2

Women 200 Meter Dash

World:	21.34	W	9/29/1988	Florence Griffith-Joyner, USA
American:	21.34	A	9/29/1988	Florence Griffith Joyner, World Class AC
Collegiate:	22.04	C	6/2/1989	Dawn Sowell, LSU
SoCon Record:	23.50	S	1989	Lamonda Miller, App. State

Name	Yr	School	Finals	Wind
Finals				
1		Alston, Breanna	SO Appalachian State	23.68 5.9
2		Carter, Ebony	JR Georgia Southern	23.92 5.9
3		McLucas, D'Shawnna	JR Appalachian State	24.15 5.9
4		Campbell, Kristen	SO Appalachian State	24.19 5.9
5		Walker, Jasmine	FR Georgia Southern	24.29 5.9
6		Garren, Felisha	SR Western Carolina	24.31 5.9
7		Bell, Bria	SO Elon	24.32 5.9
8		Salek, Amy	SR Elon	24.48 5.9

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012Results at www.cfpitiming.com

Western Carolina Univ. in Cullowhee, NC

Results**Women 400 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

World: 47.60 W 10/6/1985 Marita Koch, GDR
American: 48.70 A 9/17/2006 Sandi Richards, Nike
Collegiate: 50.10 C 6/11/1989 Monique Henderson, UCLA
SoCon Record: 53.55 S 1995 Angela Rowe, Western Carolina

Name	Yr	School	Prelims	H#
Preliminaries				
1 Salek, Amy		SR Elon	54.94 Q	3
2 Garren, Felisha		SR Western Carolina	55.13 Q	2
3 Dunlap, Asia		SR Appalachian State	55.75 Q	1
4 Bell, Bria		SO Elon	55.88 Q	3
5 Elliott, Lena		FR Western Carolina	56.27 Q	1
6 Thomas, Kimberly		FR Georgia Southern	56.78 Q	2
7 Watson, Jessica		SO Samford	56.45 q	3
8 Daly, Racquel		SR Georgia Southern	56.97 q	1
9 Proyor, Shiniqua		SO Western Carolina	57.05	2
10 Morrison, Breahna		SO Appalachian State	57.24	2
11 King, Cherrelle		SO Georgia Southern	58.58	3
12 Cader, Gabby		SO Chattanooga	59.65	3
13 Horrocks, Christa		SO Col. of Charleston	59.80	2
14 Call, Laura		SR Col. of Charleston	1:00.40	3
15 Gothberg, Emily		JR Wofford	1:00.49	2
16 Murphy, Shannon		FR Furman	1:00.68	1
17 Gilbert, Rachel		FR Furman	1:01.52	2
18 Moss, Alexandria		FR Citadel	1:01.66	1
19 Hicks, Mackenzie		SO Davidson	1:04.16	3
20 JaJa Benson, JoAnn		SR Georgia Southern	1:05.39	1
21 Paige, Ashley		FR Davidson	1:05.65	1
--- Emrick, Genevieve		FR Western Carolina	FS	1

Women 400 Meter Dash

World: 47.60 W 10/6/1985 Marita Koch, GDR
American: 48.70 A 9/17/2006 Sandi Richards, Nike
Collegiate: 50.10 C 6/11/1989 Monique Henderson, UCLA
SoCon Record: 53.55 S 1995 Angela Rowe, Western Carolina

Name	Yr	School	Finals
Finals			
1 Salek, Amy		SR Elon	54.66
2 Garren, Felisha		SR Western Carolina	55.00
3 Dunlap, Asia		SR Appalachian State	55.18
4 Bell, Bria		SO Elon	56.18
5 Elliott, Lena		FR Western Carolina	56.39
6 Watson, Jessica		SO Samford	56.70
7 Thomas, Kimberly		FR Georgia Southern	58.07
8 Daly, Racquel		SR Georgia Southern	59.90

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC
Results****Women 800 Meter Run****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

World: 1:53.28 W 7/26/1983 Jarmila Kratochvilova, TCH
American: 1:56.40 A 8/11/1999 Jearl Miles Clark, Reebok
Collegiate: 1:59.11 C 6/1/1990 Suzy Favor, Wisconsin
SoCon Record: 2:07.93 S 1999 Mary Jayne Harrelson, App. State

Name	Yr	School	Prelims	H#
Preliminaries				
1 Keen, Jocelyn	SO	Western Carolina	2:09.46 Q	4
2 Burkert, Alyssa	SO	Wofford	2:10.41 Q	2
3 Dunlap, Asia	SR	Appalachian State	2:11.74 Q	3
4 Demedicis, Marie	FR	Samford	2:12.28 Q	1
5 D'Orazio, Alyssa	SR	Col. of Charleston	2:11.98 q	2
6 Irvine, Anna	FR	Samford	2:12.26 q	4
7 Wessinger, Micah	JR	Citadel	2:12.46 q	1
8 Towns, Kristiana	JR	Georgia Southern	2:12.66 q	3
9 Sumner, Amanda	SO	Chattanooga	2:12.79	3
10 Benson, Holly	JR	Samford	2:12.89	2
11 Tomlinson, Hayley	SO	Western Carolina	2:15.17	4
12 McMahan, Hayley	FR	Col. of Charleston	2:15.49	1
13 Stocks, Justine	SO	Appalachian State	2:16.29	4
14 Kessler, Katie	SO	Wofford	2:16.50	1
15 McKee, Danielle	SO	Citadel	2:18.49	3
16 Mayfield, Asea	SO	Georgia Southern	2:18.64	2
17 Elliott, Lena	FR	Western Carolina	2:19.54	3
18 Hall, Shannon	SO	Unc-Greensboro	2:19.66	2
19 Lance, Kaylan	SO	Western Carolina	2:20.19	3
20 Madden, Jacqueline	SO	Elon	2:20.48	1
21 Rice, Talisha	JR	Georgia Southern	2:21.21	2
22 Reese, Ambria	FR	Chattanooga	2:22.31	1
23 Watt, Grace	FR	Davidson	2:22.45	4
24 Gay, Jane	SR	Davidson	2:23.93	4
25 Taff, Ellie	SO	Elon	2:25.29	2
26 Senken, Brooke	SR	Davidson	2:28.38	4
27 Mullican, Lindsay	FR	Georgia Southern	2:30.78	1
28 Kowolenko, Alyssa	FR	Col. of Charleston	2:32.97	3
29 Tennyson, Amanda	JR	Georgia Southern	2:34.96	3

Women 800 Meter Run

World: 1:53.28 W 7/26/1983 Jarmila Kratochvilova, TCH
American: 1:56.40 A 8/11/1999 Jearl Miles Clark, Reebok
Collegiate: 1:59.11 C 6/1/1990 Suzy Favor, Wisconsin
SoCon Record: 2:07.93 S 1999 Mary Jayne Harrelson, App. State

Name	Yr	School	Finals
Finals			
1 Keen, Jocelyn	SO	Western Carolina	2:10.99
2 Dunlap, Asia	SR	Appalachian State	2:11.92
3 D'Orazio, Alyssa	SR	Col. of Charleston	2:12.05
4 Wessinger, Micah	JR	Citadel	2:12.25
5 Demedicis, Marie	FR	Samford	2:12.74

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012

**Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC**

Results**Finals ... (Women 800 Meter Run)**

Name	Yr	School	Finals
6 Irvine, Anna	FR	Samford	2:15.56
7 Burkert, Alyssa	SO	Wofford	2:16.81
8 Towns, Kristiana	JR	Georgia Southern	2:27.94

Women 1500 Meter Run

World:	3:50.46	W	9/11/1993	Yunxia Qu, CHN
American:	3:57.12	A	7/26/1983	Mary Slaney, Athletics West
Collegiate:	3:59.90	C	6/7/2009	Jenny Barringer, Colorado
SoCon Record:	4:22.95	S	4/30/2006	Shannon Wommack, Chattanooga

Name	Yr	School	Finals
Finals			
1 Schnell, Ashley	SR	Unc-Greensboro	4:27.92
2 Sumney, Shaina	JR	Unc-Greensboro	4:33.55
3 Sumner, Amanda	SO	Chattanooga	4:36.57
4 Hartman, Kerry	SR	Unc-Greensboro	4:41.12
5 Sumney, Chelsea	SO	Unc-Greensboro	4:42.61
6 Benson, Holly	JR	Samford	4:43.87
7 Stocks, Justine	SO	Appalachian State	4:45.98
8 Cook, Allison	SO	Appalachian State	4:47.20
9 Tryon, Emily	JR	Elon	4:50.22
10 Smith, Mara	JR	Western Carolina	4:50.29
11 Burton, Catherine	SO	Furman	4:51.09
12 Stickley, Maria	FR	Appalachian State	4:53.05
13 Pacewicz, Christine	JR	Elon	4:57.60
14 Klasnic, Niki	JR	Wofford	5:00.11
15 Zizzi, Emily	FR	Furman	5:00.16
16 Lance, Kaylan	SO	Western Carolina	5:03.61
17 Farlow, Jade	SR	Unc-Greensboro	5:05.74
18 McDavid, Brennan	SO	Elon	5:05.91
19 Gay, Jane	SR	Davidson	5:06.85
20 Schilpp, Hannah	FR	Furman	5:09.61
21 Williams, Alissa	FR	Wofford	5:11.00
22 Rein, Patricia	FR	Col. of Charleston	5:11.09
23 Ellsworth, Kiersten	FR	Wofford	5:17.78
24 Burdette, Caroline	SR	Wofford	5:19.73
25 Gallagher, Jenny	FR	Elon	5:19.95
26 Rickard, Maggie	SO	Davidson	5:20.57
27 Kowolenko, Alyssa	FR	Col. of Charleston	5:23.52
28 Shonbeck, Christine	SO	Citadel	5:26.31
29 Mangan, Stacey	FR	Wofford	5:36.27
30 Burkert, Alyssa	SO	Wofford	5:47.97
--- Barker, Erin	JR	Furman	DNF

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com****Western Carolina Univ. in Cullowhee, NC****Results****Women 5000 Meter Run**

World: 14:11.15 W 6/6/2008 **Tirunesh Dibaba, ETH**
American: 14:44.76 A 8/27/2010 **Molly Huddle, Saucony**
Collegiate: 15:09.72 C 2004 **Kim Smith, Providence**
SoCon Record: 16:45.22 S 4/30/2006 **Lanni Marchant, Chattanooga**

Name	Yr	School	Finals
Finals			
1		Hamilton, Amanda	JR Appalachian State 17:07.46
2		Oram, Allyson	SO Elon 17:31.11
3		Smith, Mara	JR Western Carolina 17:34.48
4		Williamson, Sarah	JR Appalachian State 17:37.50
5		Cronley, Ginny	SR Unc-Greensboro 17:43.36
6		Orders, Hannah	SR Appalachian State 17:47.01
7		Neilson, Amy	SR Appalachian State 18:02.95
8		Cagle, Kaitlin	SO Appalachian State 18:04.13
9		Denecke, Morgan	JR Elon 18:16.34
10		Parkes, Presley	FR Davidson 18:40.00
11		Jacobs, Olivia	SR Western Carolina 18:48.31
12		Cobb, Ali	FR Davidson 18:50.94
13		Montague, Kelly	SO Unc-Greensboro 18:54.68
14		Hughes, Sam	SO Wofford 19:04.35
15		Pacewicz, Christine	JR Elon 19:05.85
16		Osment, Erin	FR Davidson 19:12.15
17		Robinson, Hannah	JR Furman 19:14.08
18		Sams, Danielle	FR Col. of Charleston 19:29.44
19		Willette, Chelsea	JR Unc-Greensboro 19:30.89
20		Stober, Kaitlin	FR Elon 19:32.59
21		Martin, Brittani	SR Georgia Southern 19:35.81
22		Rosetti, Tricia	SR Furman 20:15.55
23		Pate, Jessica	JR Furman 20:28.24
24		Carter, Lauren	FR Davidson 20:40.82
25		Liddy, Caroline	SR Wofford 20:48.28
26		Ogilbee, Nicole	FR Citadel 21:31.15
---		Fields, Emily	FR Citadel DNF

Women 10000 Meter Run

World: 29:31.78 W 9/8/1993 **Junxia Wang, CHN**
American: 30:22.22 A 8/15/2008 **Shalane Flanagan, Asics**
Collegiate: 31:18.07 C 3/26/2010 **Lisa Koll, Iowa State**
SoCon Record: 35:06.53 S 4/21/2007 **Lanni Marchant, UT-Chattanooga**

Name	Yr	School	Finals
Finals			
1		O'Brien, Dena	SO Col. of Charleston 35:55.44
2		Haughey, Sinead	FR Furman 36:01.61
3		Oram, Allyson	SO Elon 36:29.08
4		Williamson, Sarah	JR Appalachian State 36:29.41
5		Cronley, Ginny	SR Unc-Greensboro 37:10.33
6		Hamilton, Amanda	JR Appalachian State 37:39.59
7		Cagle, Kaitlin	SO Appalachian State 37:51.79
8		Denecke, Morgan	JR Elon 37:57.10

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012Results at www.cfpitiming.com

Western Carolina Univ. in Cullowhee, NC

Results**Finals ... (Women 10000 Meter Run)**

Name	Yr	School	Finals
9 Curry, Sara	JR	Georgia Southern	38:10.18
10 Stewart, Keeley	FR	Chattanooga	38:22.84
11 Osment, Erin	FR	Davidson	38:24.98
12 Swick, Manya	SO	Davidson	38:45.27
13 Neilson, Amy	SR	Appalachian State	38:46.47
14 Sullivan, Megan	FR	Georgia Southern	40:33.44
15 Jacobs, Olivia	SR	Western Carolina	40:56.22
16 Kelsey, Andrea	SO	Wofford	41:47.47
17 O'Dunne, Katelyn	SR	Elon	41:55.13
18 Brewer, Elle	JR	Col. of Charleston	42:07.99
19 Thibeault, Abbey	SR	Davidson	43:09.24

Women 100 Meter Hurdles**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

World:	12.21	W	8/20/1988	Yordanka Donkova, BUL
American:	12.33	A	7/23/2000	Gail Devers, Nike
Collegiate:	12.48	C	6/9/2006	Ginnie Powell, So. California
SoCon Record:	13.70	S	1993	Melissa Morrison, App. State

Name	Yr	School	Prelims	Wind	H#
Preliminaries					
1 Billings, Jasmine	JR	Georgia Southern	14.09 Q	-0.7	2
2 McDonald, Julie	JR	Samford	14.15 Q	0.4	1
3 Hicks, Stephanie	SO	Georgia Southern	14.21 Q	-0.7	2
4 Wade, Taylor	FR	Georgia Southern	14.33 Q	0.4	1
5 Thomas, Jettana	SR	Western Carolina	14.72 Q	0.4	1
6 Wilkins, Shermell	FR	Western Carolina	14.76 Q	-0.7	2
7 Vaughn, Molly	SO	Appalachian State	14.81 q	0.4	1
8 Bass, Xaviera	FR	Western Carolina	15.23 q	0.4	1
9 McGuire, Christian	JR	Samford	15.49	0.4	1
10 Birek, Michaela	FR	Western Carolina	15.58	0.4	1
11 Conger, Macy	SO	Samford	15.82	-0.7	2
12 Love, Andriana	SO	Citadel	15.90	-0.7	2
13 Diggs, Brittany	SO	Western Carolina	16.37	-0.7	2
--- Cope, Ashley	SO	Samford	DQ	-0.7	2

Women 100 Meter Hurdles

World:	12.21	W	8/20/1988	Yordanka Donkova, BUL
American:	12.33	A	7/23/2000	Gail Devers, Nike
Collegiate:	12.48	C	6/9/2006	Ginnie Powell, So. California
SoCon Record:	13.70	S	1993	Melissa Morrison, App. State

Name	Yr	School	Finals	Wind
Finals				
1 Billings, Jasmine	JR	Georgia Southern	13.68	4.1
2 Hicks, Stephanie	SO	Georgia Southern	13.76	4.1
3 Wade, Taylor	FR	Georgia Southern	14.20	4.1
4 McDonald, Julie	JR	Samford	14.22	4.1
5 Wilkins, Shermell	FR	Western Carolina	14.34	4.1
6 Bass, Xaviera	FR	Western Carolina	14.46	4.1
7 Thomas, Jettana	SR	Western Carolina	14.84	4.1

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Results**Finals ... (Women 100 Meter Hurdles)**

Name	Yr	School	Finals	Wind
8 Vaughn, Molly	SO	Appalachian State	14.89	4.1

Women 400 Meter Hurdles**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

World:	52.34	W	8/8/2003	Yuliya Pechenkina, RUS
American:	52.47	A	9/1/2011	Lashinda Demus, Nike
Collegiate:	53.54	C	6/12/2004	Sheenna Johnson, UCLA
SoCon Record:	59.53	S	4/29/2006	Asia Davis, W. Carolina

Name	Yr	School	Prelims	H#
Preliminaries				
1 Luedke, Veronica	SO	Elon	1:01.71 Q	3
2 Birek, Michaela	FR	Western Carolina	1:02.70 Q	2
3 Wade, Taylor	FR	Georgia Southern	1:03.67 Q	1
4 Shields, Helena	JR	Appalachian State	1:03.22 Q	2
5 Martin, Shenita	JR	Appalachian State	1:03.34 Q	3
6 Graf, Leslie	JR	Samford	1:05.47 Q	1
7 Wilkins, Shermell	FR	Western Carolina	1:03.41 q	2
8 Wolfe, Kristen	SR	Col. of Charleston	1:03.92 q	3
9 Edwards, Dana	SO	Georgia Southern	1:05.21	3
10 Greer, Anne	FR	Western Carolina	1:05.47	1
11 Bridenbaugh, Ashley	JR	Samford	1:05.84	2
12 Diggs, Brittany	SO	Western Carolina	1:06.24	1
13 Hope, Vanessa	SO	Citadel	1:07.09	1
14 Pulido, Samantha	FR	Chattanooga	1:08.29	3
15 Wilton, Alexa	SO	Furman	1:08.64	2
16 Steinsiek, Abigail	FR	Elon	1:11.30	3
17 Edwards, Deanna	SO	Georgia Southern	1:12.29	2

Women 400 Meter Hurdles

World:	52.34	W	8/8/2003	Yuliya Pechenkina, RUS
American:	52.47	A	9/1/2011	Lashinda Demus, Nike
Collegiate:	53.54	C	6/12/2004	Sheenna Johnson, UCLA
SoCon Record:	59.53	S	4/29/2006	Asia Davis, W. Carolina

Name	Yr	School	Finals
Finals			
1 Martin, Shenita	JR	Appalachian State	1:01.27
2 Wade, Taylor	FR	Georgia Southern	1:01.88
3 Birek, Michaela	FR	Western Carolina	1:02.10
4 Shields, Helena	JR	Appalachian State	1:02.94
5 Wolfe, Kristen	SR	Col. of Charleston	1:04.10
6 Wilkins, Shermell	FR	Western Carolina	1:05.20
7 Graf, Leslie	JR	Samford	1:05.50
8 Luedke, Veronica	SO	Elon	1:10.38

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012

Results at www.cfpitiming.com
 Western Carolina Univ. in Cullowhee, NC
 Results

Women 3000 Meter Steeplechase

World: 8:58.81 W 8/17/2008 Gulnara Galkina, RUS
American: 9:12.50 A 8/17/2009 Jenny Barringer, Colorado
Collegiate: 9:25.54 C 6/12/2009 Jenny Barringer, Colorado
SoCon Record: 10:07.54 S 4/29/2006 Shannon Wommack, Chattanooga

Name	Yr	School	Finals
Finals			
1 Wolfe, Kristen	SR	Col. of Charleston	10:48.26
2 Mosteller, Brooke	SR	Furman	10:49.21
3 Cook, Allison	SO	Appalachian State	10:57.99
4 Orders, Hannah	SR	Appalachian State	11:00.70
5 Trvon, Emily	JR	Elon	11:27.70
6 Stickley, Maria	FR	Appalachian State	11:49.53
7 Montague, Kelly	SO	Unc-Greensboro	11:57.92
8 Sims, Rachel	SO	Samford	12:11.83
9 Naisby, Claire	SR	Davidson	12:21.47
10 Gallagher, Jenny	FR	Elon	13:10.05
--- Burke, Blair	FR	Furman	DNF

Women 4x100 Meter Relay

World: 41.37 W 10/6/1985 GDR, GDR
 Möller, Rieger, Auerswald, Göhr
American: 41.47 A 8/9/1997 National Team, USA national team
 Gaines, Jones, Miller, Devers
Collegiate: 42.36 C 6/12/2009 Texas A&M, Texas A&M
 Carter, Lucas, Duncan, Mayo
SoCon Record: 45.45 S 4/25/2010 Western Carolina, Western Caro
 S Fronberger, F Paulding, J Carothers, F Garren

Team	Relay	Finals	H#
Finals			
1 Appalachian State	A	45.92	2
1) Campbell, Kristen SO	2) McLucas, D'Shawn JR	3) Martin, Shenita JR	4) Alston, Breanna SO
2 Western Carolina	A	46.02	2
1) Robinson, Janise SO	2) Garren, Felisha SR	3) Diggs, Brittany SO	4) Feimster, Taylor FR
3 Georgia Southern	A	46.48	2
1) Billings, Jasmine JR	2) Carter, Ebony JR	3) King, Cherrelle SO	4) Walker, Jasmine FR
4 Elon	A	46.75	2
1) Bell, Bria SO	2) Luedke, Veronica SO	3) PrevotEAU, Louise FR	4) Salek, Amy SR
5 Samford	A	48.42	2
1) Graf, Leslie JR	2) Cross, Madeline SO	3) Watson, Jessica SO	4) Goodson, Claire SO
6 Citadel	A	49.78	2
1) Moss, Alexandria FR	2) Hinds, Christine SO	3) McCrary, Francesca SR	4) Bethel, Tanisha FR
7 Col. of Charleston	A	49.79	1
1) Call, Laura SR	2) Doucette, Lorna FR	3) Horrocks, Christa SO	4) Parks, Dyshia FR
8 Chattanooga	A	51.60	1
1) Cader, Gabby SO	2) Reese, Ambria FR	3) Pulido, Samantha FR	4) Washington, Sarah SO
9 Wofford	A	53.29	1
1) Kessler, Katie SO	2) Gothberg, Emily JR	3) Burke, Jordan FR	4) Kauffman, Megan FR

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC
Results****Women 4x400 Meter Relay**

World:	3:15.17	W	10/1/1988	Soviet Union, URS
				Ledovskaya, Nazarova, Pinigina, Bryzgina
American:	3:15.51	A	10/1/1988	National Team, USA national team
				Howard, Dixon, Brisco, Joyner
Collegiate:	3:23.75	C	4/3/2004	Texas, Texas
				Jones, McIntosh, Chapple, Richards
SoCon Record:	3:41.68	S	4/22/2007	Georgia Southern, Georgia Southern
				R Arnold, N Brown, S Jennings, C Ballard

Team	Relay	Finals	H#
Finals			
1 Western Carolina	A	3:46.80	2
1) Elliott, Lena FR	2) Emrick, Genevieve FR	3) Keen, Jocelyn SO	4) Garren, Felisha SR
2 Elon	A	3:48.46	2
1) Bell, Bria SO	2) Luedke, Veronica SO	3) PrevotEAU, Louise FR	4) Salek, Amy SR
3 Appalachian State	A	3:50.77	2
1) Shields, Helena JR	2) Morrison, Breahna SO	3) Martin, Shenita JR	4) Dunlap, Asia SR
4 Samford	A	3:53.57	1
1) Watson, Jessica SO	2) Cope, Ashley SO	3) McGuire, Christian JR	4) Demedicis, Marie FR
5 Col. of Charleston	A	3:58.19	2
1) Horrocks, Christa SO	2) D'Orazio, Alyssa SR	3) Wolfe, Kristen SR	4) McMahon, Hayley FR
6 Citadel	A	4:00.70	2
1) Wessinger, Micah JR	2) McKee, Danielle SO	3) Moss, Alexandria FR	4) Bethel, Tanisha FR
7 Wofford	A	4:00.94	2
1) Kessler, Katie SO	2) Burkert, Alyssa SO	3) Klasnic, Niki JR	4) Gothberg, Emily JR
8 Chattanooga	A	4:05.94	1
1) Reese, Ambria FR	2) Cader, Gabby SO	3) Sumner, Amanda SO	4) Pulido, Samantha FR
9 Furman	A	4:10.62	1
1) Gilbert, Rachel FR	2) McChristian, Erin SR	3) Wilton, Alexa SO	4) Murphy, Shannon FR
--- Georgia Southern	A	DNF	2
1) Thomas, Kimberly FR	2) King, Cherrelle SO	3) Mayfield, Asea SO	4) Daly, Racquel SR

Women High Jump

Starting Height is 1.50.

1.55, 1.60, 1.65, 1.70, 1.75, 1.78,
181, 1.84

World:	2.09m	W	8/30/1987	Stefka Kostadinova, BUL
American:	2.05m	A	6/26/2010	Chaunte Lowe, Nike
Collegiate:	1.98m	C	5/19/1995	Acuff / Bergqvist, UCLA/ SMU
SoCon Record:	1.78m	S	4/21/2007	Kristen Meister, Davidson

Name	Yr	School	Finals
Finals			
1 Smith, Emily	SR	Col. of Charleston	1.75m 5-08.75
2 Robinson, Shaquiela	SO	Appalachian State	1.65m 5-05.00
2 Terry, Chenelle	JR	Samford	1.65m 5-05.00
4 Bass, Xaviera	FR	Western Carolina	1.65m 5-05.00
5 Laird, Haley	FR	Elon	1.65m 5-05.00
6 Lee, Jordan	SR	Elon	1.65m 5-05.00
7 Pannell, Taylor	FR	Chattanooga	1.60m 5-03.00
8 Montgomery, Mary Theresa	SO	Appalachian State	1.60m 5-03.00
8 Levermann, Nicole	SO	Citadel	1.60m 5-03.00
10 Watson, Janet	FR	Appalachian State	1.60m 5-03.00

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Western Carolina Univ. in Cullowhee, NC
Results****Finals ... (Women High Jump)**

Name	Yr	School	Finals
11 PrevotEAU, Louise	FR	Elon	1.55m 5-01.00
12 Brown, Kaitlin	SO	Wofford	1.55m 5-01.00
13 Tomich, Emily	FR	Elon	1.50m 4-11.00
--- Edwards, Dana	SO	Georgia Southern	NH
--- Nichols, Iesha	FR	Georgia Southern	NH

Women Pole Vault

Starting Height is 3.15

3.15, 3.30, 3.45, 3.60, 3.75,

3.90, 3.95, 4.00, 4.05, 4.10

World:	5.06m	W	8/28/2009	Yelena Isinbayeva, RUS
American:	4.92m	A	7/6/2008	Jen Stuczynski, adidas
Collegiate:	4.60m	C	5/14/2006	Chelsea Johnson, UCLA
SoCon Record:	4.00m	S	5/1/2004	Laura Tieszen, Western Carolina

Name	Yr	School	Finals
Finals			
1 Goodson, Claire	SO	Samford	3.90m 12-09.50
2 Crawford, Cassandra	SO	Appalachian State	3.75m 12-03.50
3 Farr, Chelsea	FR	Appalachian State	3.75m 12-03.50
4 Wala, Ashley	JR	Western Carolina	3.60m 11-09.75
5 Cope, Ashley	SO	Samford	3.60m 11-09.75
6 Bedsole, Laura	JR	Samford	3.45m 11-03.75
7 Domermuth, Debra	FR	Appalachian State	3.30m 10-10.00
8 Ressler, Devyn	FR	Western Carolina	3.30m 10-10.00
9 Elyea, Cara June	FR	Western Carolina	3.30m 10-10.00
10 Smith, Claire	FR	Elon	3.15m 10-04.00
--- Winograd, Lexie	FR	Davidson	NH
--- Emmrich, Savannah	FR	Citadel	NH
--- Marshall, Molly	FR	Davidson	NH
--- Hersey, Melinda	FR	Elon	NH

Women Long Jump

Top 9 to the finals for 3 additional attempts

World:	7.52m	W	6/11/1988	Galina Chistyakova, URS
American:	7.49m	A	5/22/1994	Jackie Joyner-Kersey, Honda
Collegiate:	6.99m	C	5/4/1985	Jackie Joyner-Kersey, UCLA
SoCon Record:	6.53m	S	1993	Melissa Morrison, App. State

Name	Yr	School	Finals	Wind
Finals				
1 Walker, Jasmine	FR	Georgia Southern	5.93m 19-05.50	+0.0
2 Bryant, Tatyana	FR	Appalachian State	5.91m 19-04.75	+0.0
3 Thomas, Jettana	SR	Western Carolina	5.81m 19-00.75	+0.0
4 Parrish, Raven	JR	Western Carolina	5.68m 18-07.75	+0.0
5 Alston, Breanna	SO	Appalachian State	5.63m 18-05.75	+0.0
6 Allen, Emily	JR	Samford	5.49m 18-00.25	+0.0
7 Brooks-Millender, Millicent	SR	Georgia Southern	5.41m 17-09.00	+0.0
8 PrevotEAU, Louise	FR	Elon	5.31m 17-05.25	+0.0
9 Charles, Brianna	SO	Georgia Southern	5.30m 17-04.75	0.2
10 Birek, Michaela	FR	Western Carolina	5.28m 17-04.00	+0.0

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC
Results****Finals ... (Women Long Jump)**

Name	Yr	School	Finals	Wind
11 Gordon, Gracie	FR	Davidson	5.21m	17-01.25 +0.0
12 Ivey, Erika	SO	Appalachian State	5.07m	16-07.75 +0.0
13 Conger, Macy	SO	Samford	5.06m	16-07.25 +0.0
14 Parks, Dyshia	FR	Col. of Charleston	5.05m	16-07.00 +0.0
15 McGuire, Christian	JR	Samford	5.02m	16-05.75 +0.0
16 McNeil, Janelle	JR	Elon	4.99m	16-04.50 +0.0
17 Nichols, Iesha	FR	Georgia Southern	4.89m	16-00.50 +0.0
18 Beauregard, Alison	FR	Col. of Charleston	4.88m	16-00.25 +0.0
19 Ebzery, Danielle	FR	Furman	4.76m	15-07.50 +0.0
--- Hicks, Stephanie	SO	Georgia Southern	FOUL	

Women Triple Jump**Top 9 to the finals for 3 additional attempts**

World:	15.50m	W	8/10/1995	Inessa Kravets, UKR
American:	14.45m	A	7/11/2004	Tiombé Hurd, Nike
Collegiate:	14.25m	C	3/8/1997	Lee/ Williams, LSU/ FL State
SoCon Record:	13.16m	S	4/25/2010	Danielle Thorpe, Appalachian

Name	Yr	School	Finals	Wind
Finals				
1 Ivey, Erika	SO	Appalachian State	12.09m	39-08.00 +0.0
2 Allen, Emily	JR	Samford	11.92m	39-01.25 0.5
3 Bryant, Tatyana	FR	Appalachian State	11.59m	38-00.25 -1.4
4 Brooks-Millender, Millicent	SR	Georgia Southern	11.43m	37-06.00 1.8
5 McNeil, Janelle	JR	Elon	11.13m	36-06.25 3.2
6 Thomas, Jettana	SR	Western Carolina	11.06m	36-03.50 0.6
7 Charles, Brianna	SO	Georgia Southern	10.99m	36-00.75 -0.4
8 Parks, Dyshia	FR	Col. of Charleston	10.72m	35-02.00 0.2
9 Wala, Ashley	JR	Western Carolina	10.56m	34-07.75 +0.0
10 Beauregard, Alison	FR	Col. of Charleston	9.99m	32-09.50 -1.3
11 Ebzery, Danielle	FR	Furman	9.88m	32-05.00 +0.0
12 Parrish, Raven	JR	Western Carolina	9.67m	31-08.75 0.2

Women Shot Put**Top 9 to the finals for 3 additional attempts**

World:	22.63m	W	6/7/1987	Natalya Lisovskaya, URS
American:	20.18m	A	6/25/1988	Pagel / Camarena-Williams, Mazda/ NYAC
Collegiate:	18.99m	C	1983	Meg Ritchie, Arizona
SoCon Record:	15.50m	S	5/1/2005	Beverly Burnett, Appalachian

Name	Yr	School	Finals
Finals			
1 Sisk, Sarah	FR	Col. of Charleston	13.55m 44-05.50
2 Morgan, Charlise	SO	Elon	13.41m 44-00.00
3 Suydam, Jasmine	FR	Appalachian State	13.40m 43-11.75
4 Watkins, Gayshawna	JR	Appalachian State	13.19m 43-03.25
5 Wray, Charnelle	JR	Georgia Southern	12.93m 42-05.25
6 Poole, Katelyn	FR	Samford	12.72m 41-08.75
7 Jacobs, Alexis	FR	Georgia Southern	12.50m 41-00.25
8 Bradshaw, Alisha	FR	Western Carolina	12.47m 40-11.00
9 Withers, Megan	FR	Western Carolina	12.30m 40-04.25

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com****Western Carolina Univ. in Cullowhee, NC****Results****Finals ... (Women Shot Put)**

Name	Yr	School	Finals	
10 Love, Andriana	SO	Citadel	12.07m	39-07.25
11 Hall, Sarah	FR	Georgia Southern	12.06m	39-07.00
12 Parnell, Jocelyn	SO	Appalachian State	11.63m	38-02.00
13 Jarvis, Jennifer	FR	Elon	11.01m	36-01.50
14 Gabrielson, Gretchen	FR	Furman	10.75m	35-03.25
15 Cannon, Kim	SO	Western Carolina	10.72m	35-02.00
16 Archie McMillan, Aleisha	FR	Western Carolina	10.47m	34-04.25
17 Woods, Kathleen	SO	Wofford	9.76m	32-00.25

Women Discus Throw**Top 9 to the finals for 3 additional attempts**

World:	76.80m	W	7/9/1988	Gabriele Reinsch, GDR
American:	67.67m	A	3/14/2007	Suzy Powell, Asics
Collegiate:	67.48m	C	4/26/1981	Meg Ritchie, Arizona
SoCon Record:	46.36m	S	1998	Ayokka Green, App. State

Name	Yr	School	Finals	
Finals				
1 Bradshaw, Alisha	FR	Western Carolina	43.71m	143-05
2 Archie McMillan, Aleisha	FR	Western Carolina	42.17m	138-04
3 Suydam, Jasmine	FR	Appalachian State	41.75m	137-00
4 Girvin, Alyssa	SR	Elon	41.73m	136-11
5 Watkins, Gayshawna	JR	Appalachian State	41.25m	135-04
6 Builta, Shelby	SO	Samford	40.73m	133-07
7 Cannon, Kim	SO	Western Carolina	38.98m	127-11
8 Jarvis, Jennifer	FR	Elon	37.97m	124-07
9 Moss, Jessica	FR	Georgia Southern	37.26m	122-03
10 Hall, Sarah	FR	Georgia Southern	36.32m	119-02
11 Parnell, Jocelyn	SO	Appalachian State	36.10m	118-05
12 Brining, Kristen	FR	Samford	35.78m	117-05
13 Jacobs, Alexis	FR	Georgia Southern	34.33m	112-07
14 Short, Savannah	FR	Col. of Charleston	33.96m	111-05
15 Morgan, Charlise	SO	Elon	33.92m	111-03
16 Woods, Kathleen	SO	Wofford	32.22m	105-08
17 Withers, Megan	FR	Western Carolina	32.02m	105-01
18 Gabrielson, Gretchen	FR	Furman	28.02m	91-11

Women Hammer Throw**Top 9 to the finals for 3 additional attempts**

World:	79.42m	W	5/29/2011	Betty Heidler, GER
American:	73.87m	A	6/25/2005	Erin Gilreath, NYAC
Collegiate:	72.94m	C	4/13/2007	Jenny Dahlgren, Georgia
SoCon Record:	57.65m	S	4/29/2006	Nikole Simmons, Appalachian

Name	Yr	School	Finals	
Finals				
1 Allen, Emily	JR	Samford	55.17m	181-00
2 Bradshaw, Alisha	FR	Western Carolina	50.05m	164-02
3 Girvin, Alyssa	SR	Elon	47.38m	155-05
4 Builta, Shelby	SO	Samford	47.19m	154-10
5 Morgan, Charlise	SO	Elon	43.77m	143-07

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC****Results****Finals ... (Women Hammer Throw)**

Name	Yr	School	Finals	
6 Watkins, Gayshawna	JR	Appalachian State	43.70m	143-04
7 Hall, Sarah	FR	Georgia Southern	43.67m	143-03
8 Suydam, Jasmine	FR	Appalachian State	43.03m	141-02
9 Archie McMillan, Aleisha	FR	Western Carolina	42.93m	140-10
10 Brining, Kristen	FR	Samford	41.87m	137-04
11 Poole, Katelyn	FR	Samford	41.52m	136-03
11 Polson, Kasandra	SR	Citadel	41.52m	136-03
13 Cannon, Kim	SO	Western Carolina	41.40m	135-10
14 Klinar, Christine	SO	Col. of Charleston	39.46m	129-05
15 Parnell, Jocelyn	SO	Appalachian State	39.13m	128-04
16 Wray, Charnelle	JR	Georgia Southern	38.85m	127-05
17 Johansen, Theresa	JR	Citadel	38.53m	126-05
18 Trevino, Mia	SR	Citadel	37.27m	122-03
19 Sisk, Sarah	FR	Col. of Charleston	35.21m	115-06
20 Withers, Megan	FR	Western Carolina	34.39m	112-10
--- Jacobs, Alexis	FR	Georgia Southern	FOUL	

Women Javelin Throw**Top 9 to the finals for 3 additional attempts**

World:	72.28m	W	9/13/2008	Barbora Špotáková, CZE
American:	66.67m	A	6/25/2010	Kara Patterson, Asics
Collegiate:	61.82m	C	6/13/2003	Irina Kharun, Indiana
SoCon Record:	53.32m	S	1987	Meg Warren, App. State

Name	Yr	School	Finals	
Finals				
1 Morton, Megan	SO	Western Carolina	42.84m	140-07
2 Martin, Suzanne	FR	Elon	41.76m	137-00
3 Hughes, Summer	SR	Western Carolina	41.14m	135-00
4 Builta, Shelby	SO	Samford	40.77m	133-09
5 Klinar, Christine	SO	Col. of Charleston	38.46m	126-02
6 Watkins, Gayshawna	JR	Appalachian State	38.35m	125-10
7 Tiplady, Deanne	JR	Appalachian State	37.40m	122-08
8 Jarvis, Jennifer	FR	Elon	37.17m	121-11
9 Cannon, Kim	SO	Western Carolina	36.69m	120-04
10 Robillard, Azura	SR	Georgia Southern	36.06m	118-04
11 Parrish, Raven	JR	Western Carolina	34.39m	112-10
12 Love, Andriana	SO	Citadel	34.03m	111-08
13 Parnell, Jocelyn	SO	Appalachian State	33.63m	110-04
14 Moss, Jessica	FR	Georgia Southern	33.43m	109-08
15 Short, Savannah	FR	Col. of Charleston	32.26m	105-10
16 Lee, Jordan	SR	Elon	30.10m	98-09
17 Nichols, Iesha	FR	Georgia Southern	15.62m	51-03
--- Nave, Whitney	SR	Citadel	FOUL	
--- Gabrielson, Gretchen	FR	Furman	FOUL	

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals	Wind	H#
Finals					
1 Cope, Ashley		SO Samford	25.98	-0.6	1

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com****Western Carolina Univ. in Cullowhee, NC****Results****Finals ... (Heptathlon: #4 Women 200 Meter Dash Heptathlon)**

Name	Yr	School	Finals	Wind	H#
2 Thomas, Jettana	SR	Western Carolina	26.34	-0.6	1
3 McGuire, Christian	JR	Samford	26.35	-0.6	1
4 PrevotEAU, Louise	FR	Elon	26.54	-0.4	2
5 Conger, Macy	SO	Samford	26.71	-0.4	2
6 Hicks, Stephanie	SO	Georgia Southern	27.12	-0.6	1
7 Greer, Anne	FR	Western Carolina	27.19	-0.4	2
8 McWhorter, Kaitlin	SO	Col. of Charleston	27.27	-0.4	2
9 Levermann, Nicole	SO	Citadel	28.11	-0.4	2
10 Carter, Erinn	SR	Citadel	28.46	-0.6	1
11 McChristian, Erin	SR	Furman	28.55	-0.4	2

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Yr	School	Finals
Finals			
1 PrevotEAU, Louise	FR	Elon	2:16.63
2 Cope, Ashley	SO	Samford	2:23.27
3 McGuire, Christian	JR	Samford	2:23.92
4 Greer, Anne	FR	Western Carolina	2:25.49
5 Conger, Macy	SO	Samford	2:25.89
6 McChristian, Erin	SR	Furman	2:27.35
7 McWhorter, Kaitlin	SO	Col. of Charleston	2:28.17
8 Carter, Erinn	SR	Citadel	2:28.81
9 Thomas, Jettana	SR	Western Carolina	2:32.43
10 Levermann, Nicole	SO	Citadel	2:46.45
11 Hicks, Stephanie	SO	Georgia Southern	3:30.21

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals	Wind	H#
Finals					
1 Hicks, Stephanie	SO	Georgia Southern	14.58	-0.7	1
2 Cope, Ashley	SO	Samford	14.64	-0.7	2
3 PrevotEAU, Louise	FR	Elon	15.11	-0.1	4
4 McGuire, Christian	JR	Samford	15.18	-0.1	3
5 Thomas, Jettana	SR	Western Carolina	15.25	-0.7	2
6 Conger, Macy	SO	Samford	15.35	-0.7	1
7 Greer, Anne	FR	Western Carolina	15.89	-0.1	4
8 Levermann, Nicole	SO	Citadel	16.04	-0.1	4
9 McWhorter, Kaitlin	SO	Col. of Charleston	17.43	-0.7	1
10 McChristian, Erin	SR	Furman	17.49	-0.7	2
11 Carter, Erinn	SR	Citadel	18.49	-0.1	3

Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Levermann, Nicole	SO	Citadel	1.62m 5-03.75
2 PrevotEAU, Louise	FR	Elon	1.59m 5-02.50
2 Conger, Macy	SO	Samford	1.59m 5-02.50
4 Thomas, Jettana	SR	Western Carolina	1.56m 5-01.25
5 Cope, Ashley	SO	Samford	1.53m 5-00.25

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012

**Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC**

Results**Finals ... (Heptathlon: #2 Women High Jump Heptathlon)**

Name	Yr	School	Finals	
6 McGuire, Christian	JR	Samford	1.50m	4-11.00
7 Greer, Anne	FR	Western Carolina	1.47m	4-09.75
8 Hicks, Stephanie	SO	Georgia Southern	1.41m	4-07.50
9 McWhorter, Kaitlin	SO	Col. of Charleston	1.38m	4-06.25
10 McChristian, Erin	SR	Furman	1.26m	4-01.50
11 Carter, Erinn	SR	Citadel	1.20m	3-11.25

Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals	Wind
Finals				
1 Conger, Macy	SO	Samford	5.29m	17-04.25 1.5
2 McGuire, Christian	JR	Samford	5.25m	17-02.75 1.5
3 Thomas, Jettana	SR	Western Carolina	5.18m	17-00.00 0.1
4 PrevotEAU, Louise	FR	Elon	5.13m	16-10.00 0.7
5 Levermann, Nicole	SO	Citadel	5.02m	16-05.75 NWI
6 Cope, Ashley	SO	Samford	4.87m	15-11.75 +0.0
7 McWhorter, Kaitlin	SO	Col. of Charleston	4.79m	15-08.75 +0.0
8 Greer, Anne	FR	Western Carolina	4.69m	15-04.75 -0.2
9 Hicks, Stephanie	SO	Georgia Southern	4.45m	14-07.25 +0.0
10 McChristian, Erin	SR	Furman	4.32m	14-02.25 0.3
11 Carter, Erinn	SR	Citadel	3.97m	13-00.25 1.4

Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals	
Finals				
1 Hicks, Stephanie	SO	Georgia Southern	10.54m	34-07.00
2 Levermann, Nicole	SO	Citadel	10.39m	34-01.25
3 Cope, Ashley	SO	Samford	10.11m	33-02.00
4 Thomas, Jettana	SR	Western Carolina	9.87m	32-04.75
5 McGuire, Christian	JR	Samford	9.79m	32-01.50
6 McWhorter, Kaitlin	SO	Col. of Charleston	9.42m	30-11.00
7 PrevotEAU, Louise	FR	Elon	9.41m	30-10.50
8 Greer, Anne	FR	Western Carolina	9.06m	29-08.75
9 Conger, Macy	SO	Samford	7.68m	25-02.50
10 McChristian, Erin	SR	Furman	6.97m	22-10.50
11 Carter, Erinn	SR	Citadel	6.91m	22-08.00

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Yr	School	Finals	
Finals				
1 Levermann, Nicole	SO	Citadel	34.45m	113-00
2 Cope, Ashley	SO	Samford	34.28m	112-06
3 McGuire, Christian	JR	Samford	33.05m	108-05
4 Greer, Anne	FR	Western Carolina	32.16m	105-06
5 McWhorter, Kaitlin	SO	Col. of Charleston	30.80m	101-00
6 Conger, Macy	SO	Samford	25.31m	83-00
7 Hicks, Stephanie	SO	Georgia Southern	24.63m	80-10
8 Thomas, Jettana	SR	Western Carolina	23.80m	78-01
9 PrevotEAU, Louise	FR	Elon	22.17m	72-09

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Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC

Results**Finals ... (Heptathlon: #6 Women Javelin Throw Heptathlon)**

Name	Yr	School	Finals	
10 McChristian, Erin	SR	Furman	20.29m	66-07
11 Carter, Erinn	SR	Citadel	16.08m	52-09

Women Heptathlon

World:	7291	W	9/24/1988	Jackie Joyner-Kersey, USA
American:	7291	A	9/24/1988	Jackie Joyner-Kersey, World Class AC
Collegiate:	6527	C	6/3/1995	Diane Guthrie-Gresham, George Mason
SoCon Record:	5361	S	2001	Tylenana Hanner, UT-Chattanooga

Name	Yr	School	Finals		
Finals					
1 Cope, Ashley	SO	Samford	4743		
2 McGuire, Christian	JR	Samford	4656		
3 PrevotEAU, Louise	FR	Elon	4587		
4 Thomas, Jettana	SR	Western Carolina	4419		
5 Conger, Macy	SO	Samford	4408		
6 Levermann, Nicole	SO	Citadel	4272		
7 Greer, Anne	FR	Western Carolina	4225		
8 McWhorter, Kaitlin	SO	Col. of Charleston	3933		
9 Hicks, Stephanie	SO	Georgia Southern	3615		
10 McChristian, Erin	SR	Furman	3236		
11 Carter, Erinn	SR	Citadel	2900		

Men 100 Meter Dash**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

World:	9.58	W	8/16/2009	Usain Bolt, JAM
American:	9.69	A	9/20/2009	Tyson Gay, adidas
Collegiate:	9.89	C	6/10/2011	Ngoni Makusha, Florida State
SoCon Record:	10.1h	S	1990	Greg Hatcvhett, VMI

Name	Yr	School	Prelims	Wind	H#
Preliminaries					
1 Moore, Dennis	SR	Appalachian State	10.65 Q	-1.7	1
2 Bowman, Willie	JR	Western Carolina	10.83 Q	-1.5	2
3 Powell, Landon	JR	Appalachian State	10.75 Q	-1.7	1
4 Duncan, Ron	JR	Western Carolina	10.84 Q	-1.5	2
5 Johnson, Cortez	JR	Furman	10.85 Q	-1.5	2
6 Hendricks, Jeffery	FR	Western Carolina	10.88 Q	-1.7	1
7 Hairston, Brandon	JR	Western Carolina	10.86 q	-1.5	2
8 Emerson, Justin	SO	Samford	10.91 q	-1.5	2
9 Thomas, Justin	JR	Appalachian State	10.95	-1.7	1
10 Brantley, Jamaal	SO	Citadel	10.96	-1.7	1
11 Dohanac, AJ	SR	Appalachian State	11.06	-1.5	2
12 Till, Daniel	JR	Citadel	11.13	-1.7	1
13 Jemison, Tyrell	SO	Wofford	11.97	-1.5	2

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012Results at www.cfpitiming.com

Western Carolina Univ. in Cullowhee, NC

Results**Men 100 Meter Dash**

World: 9.58 W 8/16/2009 Usain Bolt, JAM
American: 9.69 A 9/20/2009 Tyson Gay, adidas
Collegiate: 9.89 C 6/10/2011 Ngoni Makusha, Florida State
SoCon Record: 10.1h S 1990 Greg Hatevhatt, VMI

Name	Yr	School	Finals	Wind
Finals				
1 Moore, Dennis	SR	Appalachian State	10.35	2.2
2 Powell, Landon	JR	Appalachian State	10.42	2.2
3 Emerson, Justin	SO	Samford	10.50	2.2
4 Johnson, Cortez	JR	Furman	10.60	2.2
5 Bowman, Willie	JR	Western Carolina	10.60	2.2
6 Hendricks, Jeffery	FR	Western Carolina	10.61	2.2
7 Duncan, Ron	JR	Western Carolina	10.63	2.2
8 Hairston, Brandon	JR	Western Carolina	11.12	2.2

Men 200 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

World: 19.19 W 8/20/2009 Usain Bolt, JAM
American: 19.32 A 8/1/1996 Michael Johnson, Nike
Collegiate: 19.69 C 5/25/2007 Walter Dix, Florida State
SoCon Record: 20.80 S 1977 Calvin Alston, East Carolina Univ.

Name	Yr	School	Prelims	Wind	H#
Preliminaries					
1 Davis, Benny	SR	Western Carolina	21.18 Q	2.9	1
2 Powell, Landon	JR	Appalachian State	21.51 Q	2.5	2
3 Hairston, Brandon	JR	Western Carolina	21.57 Q	1.6	3
4 Moore, Dennis	SR	Appalachian State	21.58 Q	1.6	3
5 Emerson, Justin	SO	Samford	21.62 Q	2.5	2
6 Thomas, Justin	JR	Appalachian State	21.76 Q	2.9	1
7 Richter, Alex	SR	Samford	21.76 q	2.5	2
8 Hendricks, Jeffery	FR	Western Carolina	21.80 q	1.6	3
9 Till, Daniel	JR	Citadel	21.83	2.9	1
10 Tribble, Aaron	SO	Western Carolina	21.96	1.6	3
11 Duncan, Ron	JR	Western Carolina	21.99	1.6	3
12 Boswell, Demari	FR	Western Carolina	22.25	2.9	1
13 Dohanic, AJ	SR	Appalachian State	22.26	2.5	2
14 Rodriguez, Raul	JR	Furman	22.94	1.6	3
15 Duskin, Zach	SO	Furman	22.95	2.9	1
16 Dorsey, Lee	SR	Davidson	23.32	1.6	3
17 Priest, Carson	FR	Furman	23.66	2.5	2
18 Vaca, Eduardo	JR	Davidson	23.98	2.5	2
19 Toney, Brian	SR	Furman	24.21	2.9	1

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012Results at www.cfpitiming.com

Western Carolina Univ. in Cullowhee, NC

Results**Men 200 Meter Dash**

World: 19.19 W 8/20/2009 Usain Bolt, JAM
American: 19.32 A 8/1/1996 Michael Johnson, Nike
Collegiate: 19.69 C 5/25/2007 Walter Dix, Florida State
SoCon Record: 20.80 S 1977 Calvin Alston, East Carolina Univ.

Name	Yr	School	Finals	Wind
Finals				
1 Davis, Benny	SR	Western Carolina	20.82	5.3
2 Moore, Dennis	SR	Appalachian State	20.84	5.3
3 Hairston, Brandon	JR	Western Carolina	20.97	5.3
4 Powell, Landon	JR	Appalachian State	21.04	5.3
5 Hendricks, Jeffery	FR	Western Carolina	21.33	5.3
6 Thomas, Justin	JR	Appalachian State	21.56	5.3
7 Emerson, Justin	SO	Samford	21.80	5.3
8 Richter, Alex	SR	Samford	21.85	5.3

Men 400 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

World: 43.18 W 8/26/1999 Michael Johnson, USA
American: 43.18 A 8/26/1999 Michael Johnson, Nike
Collegiate: 44.00 C 6/6/1992 Quincy Watts, So. California
SoCon Record: 45.77 S 1991 Mario Small, VMI

Name	Yr	School	Prelims	H#
Preliminaries				
1 Davis, Benny	SR	Western Carolina	48.03 Q	1
2 Tribble, Aaron	SO	Western Carolina	48.31 Q	2
3 Harris, Aaron	SO	Western Carolina	48.51 Q	3
4 Frazier, Dezerick	FR	Chattanooga	48.82 Q	3
5 Hairston, Brandon	JR	Western Carolina	48.89 Q	2
6 Boswell, Demari	FR	Western Carolina	48.92 Q	1
7 Phillips, Ammar	SO	Western Carolina	49.09 q	1
8 Richter, Alex	SR	Samford	49.24 q	2
9 Martin, Taylor	SR	Davidson	49.67	3
10 Stevens-Carty, Henry	SO	Samford	49.69	1
11 Duskin, Zach	SO	Furman	50.10	2
12 Rodriquez, Raul	JR	Furman	50.88	3
13 West, Chase	SO	Wofford	50.91	2
14 Dorsey, Lee	SR	Davidson	51.18	1
15 Woodfin, Blane	JR	Citadel	51.28	1
16 Lemay, Keith	FR	Citadel	51.45	2
17 Butler, Travis	FR	Wofford	51.46	1
18 Parrott, Sam	FR	Wofford	52.08	3
19 Vaca, Eduardo	JR	Davidson	52.81	3
20 Sargent, Greg	FR	Davidson	54.36	2

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com****Western Carolina Univ. in Cullowhee, NC****Results****Men 400 Meter Dash**

World: 43.18 W 8/26/1999 Michael Johnson, USA
American: 43.18 A 8/26/1999 Michael Johnson, Nike
Collegiate: 44.00 C 6/6/1992 Quincy Watts, So. California
SoCon Record: 45.77 S 1991 Mario Small, VMI

Name	Yr	School	Finals
Finals			
1 Harris, Aaron	SO	Western Carolina	48.03
2 Tribble, Aaron	SO	Western Carolina	48.53
3 Davis, Benny	SR	Western Carolina	48.86
4 Hairston, Brandon	JR	Western Carolina	49.68
5 Boswell, Demari	FR	Western Carolina	49.73
6 Richter, Alex	SR	Samford	49.95
7 Phillips, Ammar	SO	Western Carolina	50.11
8 Frazier, Dezerick	FR	Chattanooga	50.68

Men 800 Meter Run**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

World: 1:41.01 W 8/29/2010 David Rudisha, KEN
American: 1:42.60 A 8/28/1985 Johnny Gray, Santa Monica TC
Collegiate: 1:44.55 C 5/4/1996 Julius Achon, George Mason
SoCon Record: 1:49.20 S 1977 Phil Barker, Furman

Name	Yr	School	Prelims	H#
Preliminaries				
1 Lantz, Andrew	SO	Davidson	1:52.64 Q	3
2 Hurst, Taylor	SR	Unc-Greensboro	1:52.74 Q	1
3 Taylor, Alex	JR	Appalachian State	1:53.49 Q	4
4 Gilmer, Lee	SR	Furman	1:53.75 Q	2
5 Ivey, William	FR	Furman	1:52.97 q	1
6 Rojas, Raphael	FR	Appalachian State	1:53.03 q	3
7 Perez, James	SO	Furman	1:53.46 q	3
8 West, Garrett	JR	Western Carolina	1:53.54 q	1
9 White, Ramsey	JR	Samford	1:54.06	2
10 Laytham, Wesley	FR	Davidson	1:54.37	3
11 Given, Wilkerson	JR	Furman	1:54.94	3
12 Vasquez, Josh	JR	Chattanooga	1:55.09	1
13 Caulkins, Read	SO	Appalachian State	1:55.15	2
14 Harris, Aaron	SO	Western Carolina	1:55.38	4
15 del Giudice, Sal	FR	Davidson	1:55.96	4
16 Ashley, Jordan	SR	Citadel	1:56.23	2
17 Mitchell, Will	JR	Davidson	1:56.65	4
18 Brewer, Michael	FR	Citadel	1:57.39	2
19 O'Brien, Patrick	FR	Chattanooga	1:58.68	3
20 Gilpin, John	SO	Chattanooga	1:58.71	1
21 Austell, Drew	SO	Chattanooga	1:59.83	4
22 Whitaker, Justin	FR	Wofford	1:59.86	2
23 Gatewood, John	JR	Citadel	2:00.20	1
24 Faubion, Nate	SO	Davidson	2:01.65	4
25 Harris, Drew	FR	Chattanooga	2:02.04	2
26 Slonecki, Tyler	FR	Wofford	2:05.20	3

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com****Western Carolina Univ. in Cullowhee, NC****Results****Men 800 Meter Run**

World: 1:41.01 W 8/29/2010 David Rudisha, KEN
American: 1:42.60 A 8/28/1985 Johnny Gray, Santa Monica TC
Collegiate: 1:44.55 C 5/4/1996 Julius Achon, George Mason
SoCon Record: 1:49.20 S 1977 Phil Barker, Furman

	Name	Yr	School	Finals
Finals				
1	Lantz, Andrew	SO	Davidson	1:54.60
2	Taylor, Alex	JR	Appalachian State	1:54.97
3	Gilmer, Lee	SR	Furman	1:55.28
4	Rojas, Raphael	FR	Appalachian State	1:55.79
5	Hurst, Taylor	SR	Unc-Greensboro	1:56.44
6	Perez, James	SO	Furman	1:56.53
7	West, Garrett	JR	Western Carolina	1:57.78
8	Ivey, William	FR	Furman	2:07.49

Men 1500 Meter Run

World: 3:26.00 W 7/14/1998 Hicham El Guerrouj, MAR
American: 3:29.30 A 8/28/2005 Bernard Lagat, Nike
Collegiate: 3:35.30 C 6/6/1981 Sydney Maree, Villanova
SoCon Record: 3:40.04 S 1977 Kevin Cropp, William & Mary

	Name	Yr	School	Finals
Finals				
1	Chelimo, Paul	SO	Unc-Greensboro	3:49.06
2	Taylor, Alex	JR	Appalachian State	3:50.72
3	Lantz, Andrew	SO	Davidson	3:51.92
4	Thompson, Joey	SR	Unc-Greensboro	3:52.63
5	Gilmer, Lee	SR	Furman	3:53.09
6	Moen, Chris	JR	Appalachian State	3:53.33
7	Dorsett, Layton	SO	Samford	3:53.44
8	Hurt, Tripp	FR	Furman	3:55.13
9	White, Ramsey	JR	Samford	3:55.75
10	Perez, James	SO	Furman	3:57.22
11	Wanuch, Nathan	SO	Chattanooga	3:58.80
12	Klecker, John	SO	Furman	4:00.57
13	Given, Wilkerson	JR	Furman	4:00.86
14	Kemboi, Abraham	SO	Unc-Greensboro	4:03.49
15	Alston, Tyron	SO	Unc-Greensboro	4:03.77
16	Sailor-Tynes, Grayam	SO	Davidson	4:04.99
17	Howard-Smith, James	JR	Appalachian State	4:09.49
18	Gilpin, John	SO	Chattanooga	4:12.22
19	O'Brien, Patrick	FR	Chattanooga	4:17.23
20	Lloyd, Mitchell	FR	Furman	4:25.86
21	Whitaker, Justin	FR	Wofford	4:29.23
22	Boyles, Ben	SO	Wofford	4:32.38

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com****Western Carolina Univ. in Cullowhee, NC****Results****Men 5000 Meter Run**

World: 12:37.35 W 5/31/2004 Kenenisa Bekele, ETH
American: 12:53.60 A 7/22/2011 Bernard Lagat, Nike
Collegiate: 13:08.4h C 4/8/1978 Henry Rono, Washington Sate
SoCon Record: 14:13.06 S 1981 Adrian Leek, ETSU

Name	Yr	School	Finals
Finals			
1 Hopkins, Ryan	SR	Davidson	14:44.36
2 Berry, Chris	SR	Chattanooga	14:47.12
3 Pagonis, Demetrios	JR	Davidson	14:54.87
4 Kirwa, Emmanuel	SR	Chattanooga	15:08.75
5 Moen, Chris	JR	Appalachian State	15:10.22
6 Cox, Josh	FR	Appalachian State	15:12.68
7 Soderman, Sean	SR	Appalachian State	15:19.34
8 Lilley, Michael	JR	Appalachian State	15:25.62
9 Weir, Vincent	JR	Davidson	15:30.69
10 Raby, Will	SO	Appalachian State	15:37.66
11 Caldwell, Christopher	JR	Furman	15:40.62
12 Graham, Stuart	FR	Furman	15:51.53
13 Alfaro, Travis	FR	Western Carolina	15:56.47
14 Fisher, Chase	JR	Western Carolina	16:01.51
15 Greathouse, Tyler	SO	Furman	16:20.05
16 Lantz, Raeven	FR	Citadel	16:49.52
17 McGahee, Hunter	FR	Wofford	16:49.84
18 Sinor, Andrew	SO	Furman	17:09.24
19 Menard, Matt	SO	Wofford	17:39.51
--- Cole, Mark	SO	Chattanooga	DNF

Men 10000 Meter Run

World: 26:17.53 W 8/26/2005 Kenenisa Bekele, ETH
American: 26:59.60 A 5/1/2010 Chris Solinsky, Nike
Collegiate: 27:08.49 C 5/1/2010 Sam Chelanga, Liberty
SoCon Record: 29:21.30 S 1979 Adrian Leek, ETSU

Name	Yr	School	Finals
Finals			
1 Katam, Paul	SO	Unc-Greensboro	31:26.09
2 Kirwa, Emmanuel	SR	Chattanooga	31:43.81
3 Cole, Mark	SO	Chattanooga	31:46.70
4 Reynolds, Wes	JR	Davidson	31:57.86
5 Lilley, Michael	JR	Appalachian State	32:00.78
6 Raby, Will	SO	Appalachian State	32:09.78
7 Alfaro, Travis	FR	Western Carolina	32:11.12
8 Greathouse, Tyler	SO	Furman	32:51.44
9 Waldrop, Austin	JR	Citadel	33:00.35
10 Miller, Jay	SR	Furman	33:50.03
11 Belles, Dylan	FR	Unc-Greensboro	33:53.46
12 Baker, Russell	JR	Wofford	33:56.12
13 Wasilchak, P.J.	SR	Citadel	34:50.53
14 Harris, Mavrick	SR	Wofford	35:27.36

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Results at www.cfpitiming.com
 Western Carolina Univ. in Cullowhee, NC
 Results

Men 110 Meter Hurdles**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

World:	12.87	W	6/12/2008	Dayron Robles, CUB
American:	12.89	A	7/16/2010	David Oliver, Nike
Collegiate:	13.00	C	5/6/1979	Renaldo Nehemiah, Maryland
SoCon Record:	14.1h	S	1977	Marvin Rank, Tim Bridges, ECU, VMI

Name	Yr	School	Prelims	Wind	H#
Preliminaries					
1 Dohanic, AJ	SR	Appalachian State	14.35 Q	1.0	1
2 Faison, Abraham	FR	Western Carolina	14.91 Q	-0.3	2
3 Bentley, Tyler	SO	Western Carolina	14.67 Q	1.0	1
4 Corcoran, Cavan	SR	Samford	15.03 Q	-0.3	2
5 Bailey, Marquis	FR	Western Carolina	14.80 Q	1.0	1
6 Broaden, Stanley	FR	Appalachian State	15.28 Q	-0.3	2
7 Lusty, Sam	SO	Western Carolina	15.08 q	1.0	1
8 DeRico, Pierce	FR	Davidson	15.13 q	1.0	1
9 Ackerson-Gilroy, Bo	SO	Samford	15.30	-0.3	2
10 Beausoleil, Matthew	FR	Citadel	15.54	-0.3	2

Men 110 Meter Hurdles

World:	12.87	W	6/12/2008	Dayron Robles, CUB
American:	12.89	A	7/16/2010	David Oliver, Nike
Collegiate:	13.00	C	5/6/1979	Renaldo Nehemiah, Maryland
SoCon Record:	14.1h	S	1977	Marvin Rank, Tim Bridges, ECU, VMI

Name	Yr	School	Finals	Wind
Finals				
1 Dohanic, AJ	SR	Appalachian State	14.11	4.5
2 Bentley, Tyler	SO	Western Carolina	14.54	4.5
3 Faison, Abraham	FR	Western Carolina	14.58	4.5
4 Corcoran, Cavan	SR	Samford	14.60	4.5
5 Lusty, Sam	SO	Western Carolina	14.92	4.5
6 DeRico, Pierce	FR	Davidson	14.98	4.5
7 Broaden, Stanley	FR	Appalachian State	15.06	4.5
8 Bailey, Marquis	FR	Western Carolina	15.23	4.5

Men 400 Meter Hurdles**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

World:	46.78	W	8/6/1992	Kevin Young, USA
American:	46.78	A	8/6/1992	Kevin Young, Foot Locker AC
Collegiate:	47.56	C	6/11/2005	Kerron Clement, Florida
SoCon Record:	50.70	S	1977	David Anderson, Furman

Name	Yr	School	Prelims	H#
Preliminaries				
1 Bentley, Tyler	SO	Western Carolina	53.44 Q	2
2 Lusty, Sam	SO	Western Carolina	54.37 Q	1
3 Brantley, Jamaal	SO	Citadel	54.47 Q	1
4 Bailey, Marquis	FR	Western Carolina	54.88 Q	2
5 Olson, Blake	JR	Chattanooga	54.94 Q	2
6 Faison, Abraham	FR	Western Carolina	55.55 Q	1
7 Broaden, Stanley	FR	Appalachian State	55.65 q	1

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com****Western Carolina Univ. in Cullowhee, NC****Results****Preliminaries ... (Men 400 Meter Hurdles)**

Name	Yr	School	Prelims	H#
8 Riddleberger, David	FR	Appalachian State	56.04 q	2
9 Bahram, Cyrus	FR	Davidson	56.58	2
10 Bernier, Kyle	FR	Western Carolina	57.24	1
11 Martin, Taylor	SR	Davidson	57.73	1
12 Fetrow, Brandon	FR	Citadel	58.34	1
13 Combs, Tyler	JR	Appalachian State	59.07	2
14 Corcoran, Cavan	SR	Samford	59.58	2

Men 400 Meter Hurdles

World:	46.78	W	8/6/1992	Kevin Young, USA
American:	46.78	A	8/6/1992	Kevin Young, Foot Locker AC
Collegiate:	47.56	C	6/11/2005	Kerron Clement, Florida
SoCon Record:	50.70	S	1977	David Anderson, Furman

Name	Yr	School	Finals
Finals			
1 Lusty, Sam	SO	Western Carolina	53.36
2 Bentley, Tyler	SO	Western Carolina	53.98
3 Broaden, Stanley	FR	Appalachian State	54.42
4 Brantley, Jamaal	SO	Citadel	54.49
5 Faison, Abraham	FR	Western Carolina	55.70
6 Riddleberger, David	FR	Appalachian State	55.72
7 Olson, Blake	JR	Chattanooga	56.57
8 Bailey, Marquis	FR	Western Carolina	56.97

Men 3000 Meter Steeplechase

World:	7:53.63	W	9/3/2004	Saif Shaheen, QAT
American:	8:08.82	A	7/14/2006	Daniel Lincoln, Nike
Collegiate:	8:05.4h	C	5/13/1978	Henry Rono, Washington State
SoCon Record:	8:49.77	S	1988	Todd Crosson, Marshall

Name	Yr	School	Finals
Finals			
1 Moen, Chris	JR	Appalachian State	9:03.32
2 Cox, Josh	FR	Appalachian State	9:03.55
3 Soderman, Sean	SR	Appalachian State	9:11.67
4 Hurt, Tripp	FR	Furman	9:12.30
5 Tupper, Ian	SR	Davidson	9:24.06
6 Wanuch, Nathan	SO	Chattanooga	9:24.17
7 Sailor-Tynes, Grayam	SO	Davidson	9:26.26
8 Carrington, Brian	SR	Unc-Greensboro	9:26.71
9 Howard-Smith, James	JR	Appalachian State	9:51.45
10 Graham, James	SO	Samford	9:57.45
11 Young, Atom	JR	Citadel	10:02.81
12 Williams, Eric	FR	Unc-Greensboro	10:03.55
13 Fisher, Chase	JR	Western Carolina	10:03.56

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC
Results****Men 4x100 Meter Relay**

World:	37.04	W	9/4/2011	Jamaica, JAM
				Carter, Frater, Blake, Bolt
American:	37.40	A	8/8/1992	National Team, USA national team
				Marsh, Burrell, Mitchell, Lewis
Collegiate:	38.04	C	6/5/1998	TCU, TCU
				Howard, Holloway, Williams, Spencer
SoCon Record:	39.91	S	4/19/2003	Appalachian State, Appalachian
Team				Relay

Finals

Finals				
1	Appalachian State	A		40.46
	1) Moore, Dennis SR	2) Thomas, Justin JR	3) Dohanic, AJ SR	4) Powell, Landon JR
2	Western Carolina	A		40.56
	1) Duncan, Ron JR	2) Bowman, Willie JR	3) Davis, Benny SR	4) Hairston, Brandon JR
3	Samford	A		41.74
	1) Cooper, Donald SR	2) Emerson, Justin SO	3) Richter, Alex SR	4) Wagoner, Owen SO
4	Citadel	A		41.88
	1) Brantley, Jamaal SO	2) Woodfin, Blane JR	3) Poland, Kevin SO	4) Till, Daniel JR
5	Davidson	A		44.36
	1) Dalton, Stewart SO	2) Martin, Taylor SR	3) Bahram, Cyrus FR	4) Dorsey, Lee SR
6	Wofford	A		44.97
	1) Jemison, Tyrell SO	2) West, Chase SO	3) Parrott, Sam FR	4) Butler, Travis FR
---	Chattanooga	A		DQ
	1) Huesman, Jacob FR	2) Frazier, Dezerick FR	3) Hudson, Tommy FR	4) Green, Marquis FR

Men 4x400 Meter Relay

World:	2:54.29	W	8/22/1993	USA, USA
				Watts, Valmon, Reynolds, Johnson
American:	2:54.20	A	7/22/1998	National Team, USA national team
				Young, Pettigrew, Washington, Johnson
Collegiate:	2:59.59	C	6/11/2005	LSU, LSU
				Dardar, Willie, Brazell, Carter
SoCon Record:	3:10.50	S	1984	VMI, VMI
Team				Relay

Finals

Finals				
1	Western Carolina	A		3:15.90
	1) Tribble, Aaron SO	2) Harris, Aaron SO	3) Boswell, Demari FR	4) Davis, Benny SR
2	Citadel	A		3:21.49
	1) Brantley, Jamaal SO	2) Till, Daniel JR	3) Ashley, Jordan SR	4) Woodfin, Blane JR
3	Samford	A		3:23.22
	1) Stevens-Carty, Henry SO	2) Corcoran, Cavan SR	3) Dorsett, Layton SO	4) Richter, Alex SR
4	Davidson	A		3:23.45
	1) Lantz, Andrew SO	2) Dorsey, Lee SR	3) DeRico, Pierce FR	4) Martin, Taylor SR
5	Chattanooga	A		3:24.45
	1) Olson, Blake JR	2) Harris, Drew FR	3) Frazier, Dezerick FR	4) Vasquez, Josh JR
6	Appalachian State	A		3:24.66
	1) Combs, Tyler JR	2) Howard-Smith, James JR	3) Caulkins, Read SO	4) Rojas, Raphael FR
7	Furman	A		3:25.46
	1) Rodriguez, Raul JR	2) Ivey, William FR	3) Given, Wilkerson JR	4) Duskin, Zach SO
8	Wofford	A		3:27.66
	1) Butler, Travis FR	2) Parrott, Sam FR	3) Slonecki, Tyler FR	4) West, Chase SO

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC
Results****Men High Jump**

Starting height is 1.81

1.81, 1.86, 1.91, 1.96, 1.00, 2.06, 2.11

2.16, 2.18, 2.21, 2.24

World: 2.45m W 7/27/1993 **Javier Sotomayor, CUB**
American: 2.40m A 8/7/1991 **Charles Austin, unattached**
Collegiate: 2.38m C 6/3/1989 **Hollis Conway, S. W. Louisiana**
SoCon Record: 2.16m S 1984 **Mack/ Evans, App. State / W. Carolina**

Name	Yr	School	Finals
Finals			
1 Saunders, Daryl	FR	Appalachian State	2.18m S 7-01.75
2 Purcell, Darius	SR	Appalachian State	2.11m 6-11.00
3 Orr, Jordan	SO	Western Carolina	2.06m 6-09.00
4 Elliott II, Bob	FR	Samford	2.01m 6-07.00
5 Bailey, Joe	SR	Wofford	1.96m 6-05.00
6 Patterson, Cory	FR	Western Carolina	1.91m 6-03.25
7 Ackerson-Gilroy, Bo	SO	Samford	1.86m 6-01.25
8 Gaston, Parker	JR	Citadel	1.86m 6-01.25
9 Davis, Stephen	SO	Appalachian State	1.81m 5-11.25
10 Cooper, Donald	SR	Samford	1.81m 5-11.25
--- McNeil, Bob	SO	Western Carolina	NH

Men Pole Vault

Starting Height is 4.30

4.30, 4.45, 4.60, 4.60, 4.75, 4.90, 5.05

5.10, 5.15, 5.20, 5.25

World: 6.14m W 7/31/1994 **Sergey Bubka, UKR**
American: 6.04m A 6/8/2008 **Brad Walker, Nike**
Collegiate: 5.98m C 5/25/1996 **Lawrence Johnson, Tennessee**
SoCon Record: 5.31m S 1989 **Todd Poremba, App. State**

Name	Yr	School	Finals
Finals			
1 Wagoner, Owen	SO	Samford	5.20m 17-00.75
2 Seaman, Michael	SR	Samford	5.10m 16-08.75
3 Leonard, Keith	SO	Western Carolina	4.75m 15-07.00
4 Cook, Ryan	SO	Samford	4.75m 15-07.00
5 Stowe, Jacob	FR	Appalachian State	4.75m 15-07.00
6 Stenger, Matt	SO	Western Carolina	4.60m 15-01.00
7 Ackerson-Gilroy, Bo	SO	Samford	4.45m 14-07.25
8 Goodchild, Jake	SR	Appalachian State	4.45m 14-07.25
9 Parker, Wayne	SR	Western Carolina	4.30m 14-01.25
--- Sears, Cory	FR	Samford	NH
--- Lorentsen, Michael	SO	Davidson	NH
--- Lomax, Alex	FR	Appalachian State	NH
--- Melton, David	SO	Citadel	NH
--- Boozer, Mark	SO	Citadel	NH
--- Aikman, Ian	FR	Citadel	NH
--- Oliveri, Joe	SO	Samford	NH

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC
Results****Men Long Jump****Top 9 to the finals for 3 additional attempts**

World: 8.95m W 8/30/1991 Mike Powell, USA
American: 8.95m A 8/30/1991 Mike Powell, Foot Locker AC
Collegiate: 8.74m C 4/2/1994 Erick Walder, Arkansas
SoCon Record: 7.69m S 1987 Michael Hanks, App State

Name	Yr	School	Finals	Wind
Finals				
1 Jones, Edward	SO	Citadel	7.30m	23-11.50 +0.0
2 Smith, Tim	SO	Citadel	7.00m	22-11.75 1.1
3 Ackerson-Gilroy, Bo	SO	Samford	6.85m	22-05.75 +0.0
4 Tiller, Jamal	SO	Appalachian State	6.85m	22-05.75 +0.0
5 Faison, Abraham	FR	Western Carolina	6.81m	22-04.25 +0.0
6 Dalton, Stewart	SO	Davidson	6.77m	22-02.50 +0.0
7 Purcell, Darius	SR	Appalachian State	6.63m	21-09.00 +0.0
8 Elliott II, Bob	FR	Samford	6.61m	21-08.25 +0.0
9 Moore, Dennis	SR	Appalachian State	6.56m	21-06.25 -0.4
10 McCrimon, Mike	SO	Wofford	6.53m	21-05.25 +0.0
11 Lusty, Sam	SO	Western Carolina	6.52m	21-04.75 +0.0
12 Williams, Cornelius	SR	Western Carolina	6.50m	21-04.00 +0.0
13 Bowman, Willie	JR	Western Carolina	6.26m	20-06.50 +0.0
14 McNeil, Bob	SO	Western Carolina	6.15m	20-02.25 +0.0
15 Toney, Brian	SR	Furman	6.06m	19-10.75 +0.0
16 Montenegro, Giorgio	SO	Furman	5.86m	19-02.75 +0.0
17 Shoemaker, Tanner	FR	Citadel	5.85m	19-02.50 +0.0
18 Davis, Stephen	SO	Appalachian State	5.61m	18-05.00 +0.0
19 Hutchens, David	FR	Davidson	5.41m	17-09.00 +0.0
20 Priest, Carson	FR	Furman	4.65m	15-03.25 +0.0

Men Triple Jump**Top 9 to the finals for 3 additional attempts**

World: 18.29m W 8/7/1995 Jonathan Edwards, GBR
American: 18.09m A 7/27/1996 Kenny Harrison, Nike
Collegiate: 17.57m C 6/5/1982 Keith Connor, SMU
SoCon Record: 16.06m S 1987 Michael Hanks, App. State

Name	Yr	School	Finals	Wind
Finals				
1 Williams, Cornelius	SR	Western Carolina	14.99m	49-02.25 NWI
2 Tiller, Jamal	SO	Appalachian State	14.89m	48-10.25 +0.0
3 McNeil, Bob	SO	Western Carolina	14.69m	48-02.50 -1.2
4 Elliott II, Bob	FR	Samford	14.20m	46-07.25 +0.0
5 Jones, Edward	SO	Citadel	14.06m	46-01.50 -0.1
6 McCrimon, Mike	SO	Wofford	13.95m	45-09.25 -1.2
7 Lusty, Sam	SO	Western Carolina	13.63m	44-08.75 +0.0
8 Brown, Valian	SO	Citadel	13.46m	44-02.00 +0.0
9 Faison, Abraham	FR	Western Carolina	13.14m	43-01.50 +0.0
10 Bentley, Tyler	SO	Western Carolina	13.02m	42-08.75 2.2
11 Glenn, Ellison	SR	Citadel	12.85m	42-02.00 -0.1
12 Beausoleil, Matthew	FR	Citadel	12.24m	40-02.00 -0.1
13 Hutchens, David	FR	Davidson	11.99m	39-04.00 +0.0

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012

**Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC**

Results**Finals ... (Men Triple Jump)**

Name	Yr	School	Finals	Wind
14 Shoemaker, Tanner	FR	Citadel	11.88m	38-11.75 0.9
15 Bailey, Marquis	FR	Western Carolina	11.85m	38-10.50 -1.7

Men Shot Put**Top 9 to the finals for 3 additional attempts**

World:	23.12m	W	5/20/1990	Randy Barnes, USA
American:	23.13m	A	5/20/1990	Randy Barnes, Mazda TC
Collegiate:	22.00m	C	6/3/1995	John Godina, UCLA
SoCon Record:	17.72m	S	5/1/2005	Anthony Greer, Appalachian

Name	Yr	School	Finals
Finals			
1 Stalling, Jared	JR	Appalachian State	17.02m 55-10.25
2 Turner, Quintin	SR	Citadel	15.48m 50-09.50
3 Newton, Jonathan	SO	Western Carolina	14.84m 48-08.25
4 Poplin, Caleb	SR	Appalachian State	14.69m 48-02.50
5 Sellers, Michael	SR	Citadel	14.66m 48-01.25
6 Sansotta, Nick	FR	Appalachian State	14.55m 47-09.00
7 Lail, Zane	JR	Appalachian State	14.40m 47-03.00
8 Gidado, Dylan	SO	Citadel	14.39m 47-02.50
9 Des Marais, Scott	JR	Furman	13.48m 44-02.75
10 Van Pelt, Jamie	SR	Western Carolina	12.94m 42-05.50
11 Benesh, Andy	FR	Western Carolina	12.62m 41-05.00
12 Little, Brent	SR	Citadel	12.62m 41-05.00
13 Goodchild, Jake	SR	Appalachian State	12.22m 40-01.25
14 McCurry, Andrew	SO	Wofford	11.71m 38-05.00
--- McCracken, Brian	JR	Wofford	FOUL

Men Discus Throw**Top 9 to the finals for 3 additional attempts**

World:	74.08m	W	6/6/1986	Jurgen Schult, GDR
American:	72.34m	A	7/7/1981	Ben Plucknett, SoCal Striders
Collegiate:	67.66m	C	5/29/2004	Hannes Hopley, SMU
SoCon Record:	52.08m	S	1995	Kevin Showers, Marshall

Name	Yr	School	Finals
Finals			
1 Stalling, Jared	JR	Appalachian State	52.25m S 171-05
2 Van Pelt, Jamie	SR	Western Carolina	51.55m 169-01
3 Poplin, Caleb	SR	Appalachian State	48.40m 158-09
4 Turner, Quintin	SR	Citadel	47.82m 156-11
5 Lail, Zane	JR	Appalachian State	46.77m 153-05
6 Des Marais, Scott	JR	Furman	45.94m 150-09
7 Newton, Jonathan	SO	Western Carolina	45.34m 148-09
8 Gidado, Dylan	SO	Citadel	43.75m 143-06
9 Ackerson-Gilroy, Bo	SO	Samford	40.89m 134-02
10 Benesh, Andy	FR	Western Carolina	39.22m 128-08
11 Sansotta, Nick	FR	Appalachian State	37.87m 124-03
12 McCracken, Brian	JR	Wofford	36.56m 119-11

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC
Results****Men Hammer Throw****Top 9 to the finals for 3 additional attempts**

World: 86.74m W 8/30/1986 Yuriy Sedykh, RUS
American: 82.52m A 9/7/1996 Lance Deal, NYAC
Collegiate: 81.94m C 5/19/1995 Balazs Kiss, So. California
SoCon Record: 60.62m S 4/26/2008 Wes Kiser, Appalachian St.

Name	Yr	School	Finals	
Finals				
1 Van Pelt, Jamie	SR	Western Carolina	58.84m	193-00
2 Stalling, Jared	JR	Appalachian State	51.09m	167-07
3 Poplin, Caleb	SR	Appalachian State	50.42m	165-05
4 Newton, Jonathan	SO	Western Carolina	49.81m	163-05
5 Turner, Quintin	SR	Citadel	48.27m	158-04
6 Lail, Zane	JR	Appalachian State	47.01m	154-03
7 Burt, Kanon	SR	Samford	46.83m	153-08
8 Oliver, Thomas	SR	Samford	45.69m	149-11
9 Benesh, Andy	FR	Western Carolina	45.38m	148-11
10 Sansotta, Nick	FR	Appalachian State	39.76m	130-05
11 Gidado, Dylan	SO	Citadel	35.58m	116-09
--- Little, Brent	SR	Citadel	FOUL	

Men Javelin Throw**Top 9 to the finals for 3 additional attempts**

World: 98.48m W 5/25/1996 Jan Zelezny, CZE
American: 91.29m A 6/21/2007 Breaux Greer, adidas
Collegiate: 89.10m C 3/24/1990 Patrik Boden, Texas
SoCon Record: 71.82m S 1981 Jeff Roseme, VMI

Name	Yr	School	Finals	
Finals				
1 Oliver, Thomas	SR	Samford	62.92m	206-05
2 Allen, Clay	SO	Citadel	61.33m	201-02
3 Ackerson-Gilroy, Bo	SO	Samford	58.58m	192-02
4 Van Pelt, Jamie	SR	Western Carolina	57.70m	189-04
5 Burt, Kanon	SR	Samford	52.77m	173-01
6 Benesh, Andy	FR	Western Carolina	51.17m	167-10
7 Orr, Jordan	SO	Western Carolina	50.07m	164-03
8 Glenn, Ellison	SR	Citadel	49.29m	161-08
9 Davies, Josh	FR	Samford	48.24m	158-03
10 Williams, Cornelius	SR	Western Carolina	46.91m	153-11
11 Parker, Wayne	SR	Western Carolina	46.78m	153-06
12 Toney, Brian	SR	Furman	46.29m	151-10
13 Gaston, Parker	JR	Citadel	44.60m	146-04
14 McCurry, Andrew	SO	Wofford	37.20m	122-00
15 Bailey, Joe	SR	Wofford	36.50m	119-09
--- McCracken, Brian	JR	Wofford	FOUL	

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals	Wind	H#
Finals					
1 Cooper, Donald	SR	Samford	11.16	-0.6	2

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com****Western Carolina Univ. in Cullowhee, NC****Results****Finals ... (Decathlon: #1 Men 100 Meter Dash Decathlon)**

Name	Yr	School	Finals	Wind	H#
2 Goodchild, Jake	SR	Appalachian State	11.48	-0.6	2
3 Bostic, Brad	JR	Samford	11.62	-0.6	2
4 Davies, Josh	FR	Samford	11.63	-0.6	2
5 Burton, Luke	JR	Western Carolina	11.64	-0.6	1
6 Russell, Cody	FR	Samford	11.68	-0.6	1
7 Gaston, Parker	JR	Citadel	11.96	-0.6	2
8 Bernier, Kyle	FR	Western Carolina	11.98	-0.6	1
9 Parker, Wayne	SR	Western Carolina	12.06	-0.6	1
10 Glenn, Ellison	SR	Citadel	12.07	-0.6	2
11 Aikman, Ian	FR	Citadel	12.11	-0.6	1

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals	H#
Finals				
1 Cooper, Donald	SR	Samford	50.98	1
2 Burton, Luke	JR	Western Carolina	51.10	2
3 Bostic, Brad	JR	Samford	51.58	1
4 Goodchild, Jake	SR	Appalachian State	51.86	1
5 Davies, Josh	FR	Samford	51.98	2
6 Bernier, Kyle	FR	Western Carolina	53.16	1
7 Russell, Cody	FR	Samford	53.59	2
8 Glenn, Ellison	SR	Citadel	54.60	2
9 Parker, Wayne	SR	Western Carolina	55.81	2
10 Gaston, Parker	JR	Citadel	56.22	1
11 Aikman, Ian	FR	Citadel	56.52	2

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Yr	School	Finals
Finals			
1 Bernier, Kyle	FR	Western Carolina	4:45.42
2 Burton, Luke	JR	Western Carolina	4:51.98
3 Glenn, Ellison	SR	Citadel	4:55.76
4 Goodchild, Jake	SR	Appalachian State	5:04.39
5 Aikman, Ian	FR	Citadel	5:04.40
6 Bostic, Brad	JR	Samford	5:08.63
7 Russell, Cody	FR	Samford	5:13.50
8 Cooper, Donald	SR	Samford	5:23.13
9 Gaston, Parker	JR	Citadel	5:23.30
10 Parker, Wayne	SR	Western Carolina	5:32.62

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Yr	School	Finals	Wind	H#
Finals					
1 Burton, Luke	JR	Western Carolina	16.17	+0.0	1
2 Bernier, Kyle	FR	Western Carolina	17.18	2.8	4
3 Cooper, Donald	SR	Samford	17.28	2.9	3
4 Glenn, Ellison	SR	Citadel	17.32	1.2	2
5 Goodchild, Jake	SR	Appalachian State	18.34	+0.0	1
6 Russell, Cody	FR	Samford	18.37	+0.0	1

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012Results at www.cfpitiming.com

Western Carolina Univ. in Cullowhee, NC

Results**Finals ... (Decathlon: #6 Men 110 Meter Hurdles Decathlon)**

Name	Yr	School	Finals	Wind	H#
7 Gaston, Parker	JR	Citadel	18.66	2.9	3
8 Bostic, Brad	JR	Samford	18.86	2.8	4
9 Parker, Wayne	SR	Western Carolina	19.19	2.9	3
10 Aikman, Ian	FR	Citadel	20.62	2.8	4

Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals	
Finals				
1 Cooper, Donald	SR	Samford	1.90m	6-02.75
2 Goodchild, Jake	SR	Appalachian State	1.81m	5-11.25
3 Gaston, Parker	JR	Citadel	1.78m	5-10.00
4 Glenn, Ellison	SR	Citadel	1.75m	5-08.75
4 Davies, Josh	FR	Samford	1.75m	5-08.75
4 Burton, Luke	JR	Western Carolina	1.75m	5-08.75
4 Russell, Cody	FR	Samford	1.75m	5-08.75
8 Bernier, Kyle	FR	Western Carolina	1.66m	5-05.25
9 Parker, Wayne	SR	Western Carolina	1.63m	5-04.25
10 Bostic, Brad	JR	Samford	1.60m	5-03.00
11 Aikman, Ian	FR	Citadel	1.57m	5-01.75

Decathlon: #8 Men Pole Vault Decathlon

Name	Yr	School	Finals	
Finals				
1 Goodchild, Jake	SR	Appalachian State	4.43m	14-06.25
2 Parker, Wayne	SR	Western Carolina	4.33m	14-02.50
3 Burton, Luke	JR	Western Carolina	4.13m	13-06.50
3 Aikman, Ian	FR	Citadel	4.13m	13-06.50
5 Cooper, Donald	SR	Samford	3.93m	12-10.75
6 Glenn, Ellison	SR	Citadel	3.73m	12-02.75
7 Bernier, Kyle	FR	Western Carolina	3.53m	11-07.00
8 Gaston, Parker	JR	Citadel	3.33m	10-11.00
8 Russell, Cody	FR	Samford	3.33m	10-11.00
10 Bostic, Brad	JR	Samford	2.73m	8-11.50

Decathlon: #2 Men Long Jump Decathlon

Name	Yr	School	Finals	Wind
Finals				
1 Goodchild, Jake	SR	Appalachian State	6.60m	21-08.00 +0.0
2 Glenn, Ellison	SR	Citadel	6.24m	20-05.75 0.1
3 Gaston, Parker	JR	Citadel	6.09m	19-11.75 +0.0
4 Davies, Josh	FR	Samford	6.07m	19-11.00 +0.0
5 Burton, Luke	JR	Western Carolina	6.05m	19-10.25 +0.0
6 Cooper, Donald	SR	Samford	5.92m	19-05.25 0.5
7 Bostic, Brad	JR	Samford	5.90m	19-04.25 +0.0
8 Russell, Cody	FR	Samford	5.76m	18-10.75 +0.0
9 Parker, Wayne	SR	Western Carolina	5.69m	18-08.00 +0.0
10 Aikman, Ian	FR	Citadel	5.56m	18-03.00 +0.0
11 Bernier, Kyle	FR	Western Carolina	5.47m	17-11.50 0.3

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com
Western Carolina Univ. in Cullowhee, NC
Results****Decathlon: #3 Men Shot Put Decathlon**

Name	Yr	School	Finals		
Finals					
1	Goodchild, Jake	SR	Appalachian State	12.70m	41-08.00
2	Davies, Josh	FR	Samford	12.00m	39-04.50
3	Glenn, Ellison	SR	Citadel	11.32m	37-01.75
4	Burton, Luke	JR	Western Carolina	11.27m	36-11.75
5	Cooper, Donald	SR	Samford	10.57m	34-08.25
6	Gaston, Parker	JR	Citadel	10.47m	34-04.25
7	Bostic, Brad	JR	Samford	10.25m	33-07.50
8	Russell, Cody	FR	Samford	10.19m	33-05.25
9	Parker, Wayne	SR	Western Carolina	9.48m	31-01.25
10	Aikman, Ian	FR	Citadel	9.42m	30-11.00
11	Bernier, Kyle	FR	Western Carolina	8.62m	28-03.50

Decathlon: #7 Men Discus Throw Decathlon

Name	Yr	School	Finals		
Finals					
1	Goodchild, Jake	SR	Appalachian State	38.64m	126-09
2	Cooper, Donald	SR	Samford	34.02m	111-07
3	Glenn, Ellison	SR	Citadel	30.79m	101-00
4	Burton, Luke	JR	Western Carolina	30.08m	98-08
5	Bostic, Brad	JR	Samford	28.15m	92-04
6	Parker, Wayne	SR	Western Carolina	27.95m	91-08
7	Russell, Cody	FR	Samford	27.27m	89-06
8	Gaston, Parker	JR	Citadel	27.17m	89-02
9	Bernier, Kyle	FR	Western Carolina	26.04m	85-05
10	Aikman, Ian	FR	Citadel	22.14m	72-08

Decathlon: #9 Men Javelin Throw Decathlon

Name	Yr	School	Finals		
Finals					
1	Glenn, Ellison	SR	Citadel	50.21m	164-09
2	Parker, Wayne	SR	Western Carolina	46.89m	153-10
3	Burton, Luke	JR	Western Carolina	46.28m	151-10
4	Goodchild, Jake	SR	Appalachian State	45.79m	150-03
5	Bernier, Kyle	FR	Western Carolina	45.68m	149-10
6	Aikman, Ian	FR	Citadel	42.58m	139-08
7	Bostic, Brad	JR	Samford	41.05m	134-08
8	Cooper, Donald	SR	Samford	36.22m	118-10
9	Gaston, Parker	JR	Citadel	35.64m	116-11
10	Russell, Cody	FR	Samford	28.45m	93-04

Men Decathlon

World:	9026	W	5/27/2001	Roman Sebrle, CZE
American:	8891	A	9/5/1992	Dan O'Brien, Reebok
Collegiate:	8465	C	4/5/2006	Trey Hardee, Texas
SoCon Record:	7040	S	4/22/2011	Brandon Bassett, Samford

Name	Yr	School	Finals	
Finals				
1	Goodchild, Jake	SR	Appalachian State	6424

Southern Conference Championships 2012 - 4/21/2012 to 4/22/2012**Results at www.cfpitiming.com****Western Carolina Univ. in Cullowhee, NC****Results****Finals ... (Men Decathlon)**

Name	Yr	School	Finals
2 Burton, Luke	JR	Western Carolina	6207
3 Cooper, Donald	SR	Samford	5957
4 Glenn, Ellison	SR	Citadel	5831
5 Bernier, Kyle	FR	Western Carolina	5375
6 Parker, Wayne	SR	Western Carolina	5150
7 Bostic, Brad	JR	Samford	5135
8 Russell, Cody	FR	Samford	5089
9 Gaston, Parker	JR	Citadel	5063
10 Aikman, Ian	FR	Citadel	4837

Women - Team Rankings - 21 Events Scored

1) Appalachian State	207.5	2) Western Carolina	149
3) Samford	113	4) Georgia Southern	104
5) Elon	102	6) Col. of Charleston	62
7) UNC-Greensboro	37	8) Furman	16
9) Citadel	14.5	10) Chattanooga	10
11) Wofford	4		

Men - Team Rankings - 21 Events Scored

1) Appalachian State	238	2) Western Carolina	225
3) Samford	107	4) Citadel	79
5) Davidson	58	6) Chattanooga	37
7) Furman	31	8) UNC-Greensboro	30
9) Wofford	11		