UT ARLINGTON TRACK & FIELD RECRUITING STANDARDS

Last updated 09 25, 2026

EVENT	WOMEN'S		MEN'S	
	Scholarship	Walk-on	Scholarship	Walk-on
60m	7.68	7.75	6.80	6.85
60H	8.60	8.80	8.15	8.40
100m	11.60	11.80	10.40	10.50
200m	24.00	24.60	21.30	21.50
400m	55.00	56.50	48.20	49.00
800m	2:12	2:16	1:52	1:54
1500m	4:35	4:45	3:55	4:00
Mile	4:59	5:08	4:12	4:20
3200m	10:55	11:20	9:09	9:20
5000m	17:20	18:05	15:15	15:40
10000m	36:30	38:00	30:30	32:00
100/110H	14.10	14.50	14.00	14.40
300H	44.00	45.00	38.00	39.00
400H	61.00	64.00	52.50	54.00
HJ (m)	1.70m	1.65m	2.03m	1.98m
HJ (ft in)	5' 7"	5' 5"	6' 8"	6' 6"
TJ (m)	11.80m	11.50m	14.60m	14.30m
TJ (ft in)	38' 8"	37' 8"	48'	47'
LJ (m)	5.80m	5.65m	7m	6.90m
LJ (ft in)	19'	18' 6"	23'	22' 8"
PV (m)	3.80m	3.65m	4.85m	4.70m
PV (ft in)	12' 6"	12'	16'	15' 6"
Jav (m)	40m	36m	55m	52m
Jav (ft in)	131'	118'	180' 5"	170' 7"
Discus (m)	42m	40m	53m*	51m*
Discus (ft in)	138’	131'	174'*	170'*
Shot (m)	12.80m	12.20m	17.50m*	17m*
Shot (ft in)	42'	40'	57' 5"*	56'*
Hammer (m)	48m	46m	60m*	55m*
Hammer (ft in)	157' 5"	151'	197'*	180' 5"*
Heptathlon	4600pt	4400pt		
Decathlon			6600pt	6400pt

These recruiting standards are intended as guidelines. All scholarship and roster opportunities are subject to the 45-person roster limit and the overall needs of the program.

Athletes must also demonstrate strong athletic ability, along with the drive, passion, and commitment to pursue track and field and train to the best of their ability.

*Based on high school implement weight