

My 2020 COVID-19

Time Capsule

I am

I am in

I am

YEARS OLD

GRADE

AT HOME WITH

By: _____



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HOW I'M FEELING

Words to Describe
How I Feel:

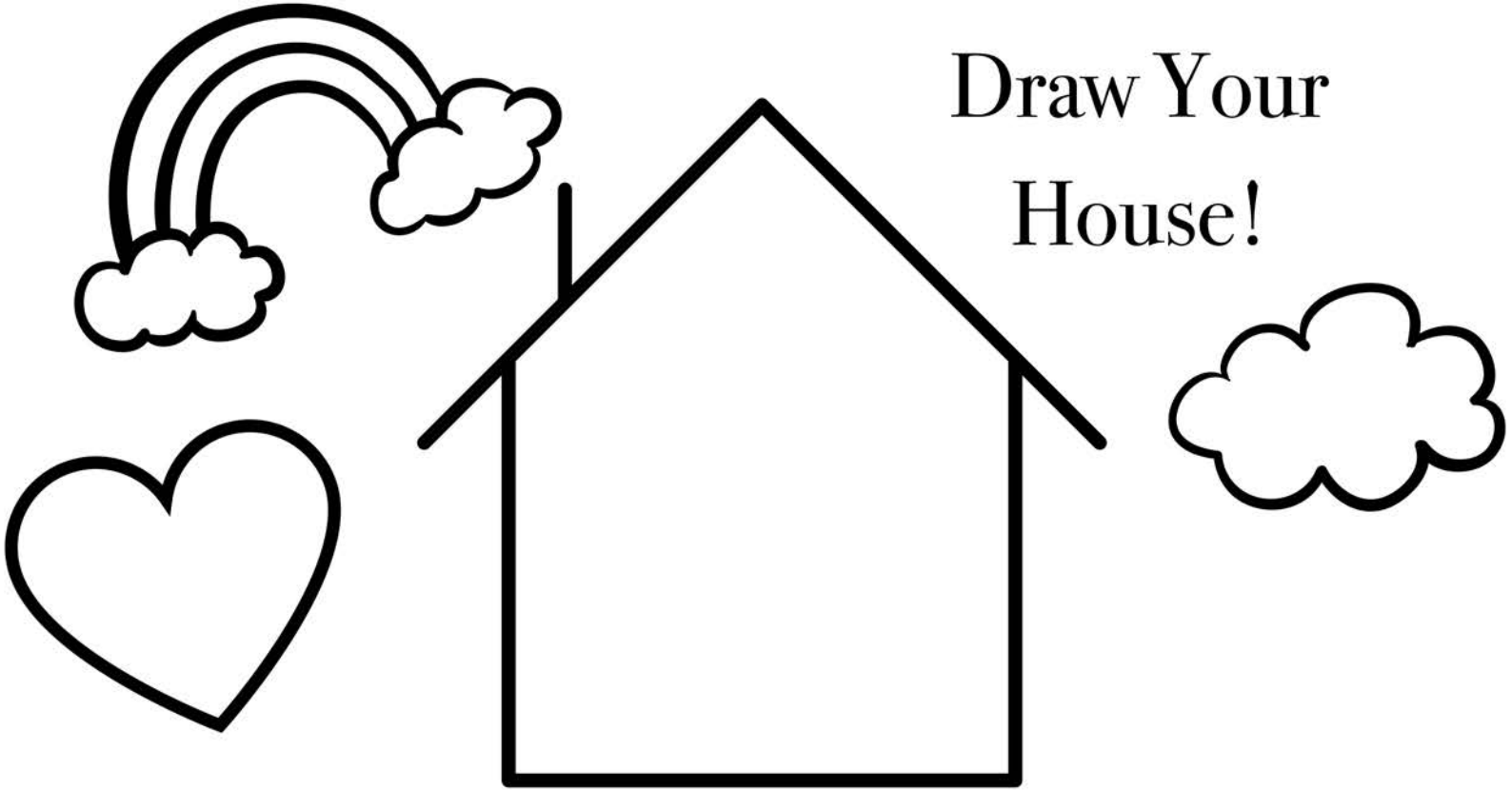
I'm Thankful For:

What I Have Learned From This Experience:



MY COMMUNITY

Draw Your
House!



What things are you doing to feel connected?
How are you connecting with others? {hearts in windows,
chalk art on sidewalks, etc}



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STAYING AT HOME

YOU AREN'T STUCK AT HOME,

YOU ARE SAFE AT HOME!

DRAW WHAT YOU ARE DOING TO
KEEP BUSY AT HOME:



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SPECIAL OCCASIONS

What occasions did you celebrate during this time?

Write the list down here and what you did to celebrate?

{St. Patricks Day, Easter, Birthdays, Anniversaries, etc.

Event	Date	How You Celebrated



LETTER TO MYSELF

Dear

Love,



