

UTAH

SPRING CLASSIC

SATURDAY, APRIL 9, 2022

SCHEDULE OF EVENTS

TIME	EVENT	GROUP	HEAT(S) / FLIGHT(S)
10:30am	Pole Vault	Men (Women to follow)	1 / 1
10:30am	Javelin	Men (Women to follow)	1 / 1
11:30am	Triple Jump	Women (Men to follow)	1 / 1
12:30pm	Shot Put	Men (Women to follow)	1 / 1
12:00pm	5000 Meter Run	Women	1
12:25pm	100 Meter Dash	Women	3
12:40pm	100 Meter Dash	Men	4
12:55pm	KIDS RACES		
1:00pm	400 Meter Hurdles	Women	2
1:10pm	400 Meter Hurdles	Men	1
1:20pm	800 Meter Run	Women	5
1:40pm	800 Meter Run	Men	4
1:55pm	200 Meter Dash	Women	4
2:10pm	200 Meter Dash	Men	3
2:20pm	SENIOR RECOGNITIONS		
2:35pm	5000 Meter Run	Men	1
2:55pm	4x400 Meter Relay	Women	1
3:00pm	4x400 Meter Relay	Men	1

*9 to the finals in the throws and horizontal jumps

Meet will **NOT run ahead of schedule

*****ALL SECTIONS** will be competed slow/worst to fast/best

Starting Heights and Progressions for Vertical Jumps

Women's Pole Vault: 3.10, 3.25, 3.40, 3.55, 3.70, 3.85, 4.00, 4.10, 4.20

Men's Pole Vault: 4.35, 4.50, 4.65, 4.80, 4.95, 5.10, 5.20, 5.30, 5.40