

Mountain Pacific Sports Federation  
Women's Indoor Track and Field  
Conference News  
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**2019 MOUNTAIN PACIFIC SPORTS FEDERATION  
WOMEN'S INDOOR TRACK & FIELD ALL-ACADEMIC SELECTIONS**

**WOODLAND, CA-** Mountain Pacific Sports Federation Executive Director, Al Beird, has announced the All-Academic MPSF Scholar-Athletes for the 2019 women's indoor track & field season. The following student-athletes have been nominated for this award by their institutions based on the following criteria:

1. 3.00 or better cumulative grade point average.
2. Student-athlete must be at least a sophomore academically.
3. Student-athlete must have completed one full academic year at the institution prior to the season for which the award is being received.
4. Student-athlete must have competed in fifty percent or more of the institution's competition in the student-athlete's respective sport.

<b>Student-Athlete</b>	<b>GPA</b>	<b>Year</b>	<b>Events</b>	<b>Hometown/Last School</b>
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**UNIVERSITY OF ARIZONA**

1. Tiana Bonds	3.83	Senior	Hurdles	Las Vegas, NV. Centennial HS
2. Amarissa Hawker	3.58	Senior	Throws	Herriman, UT. Herriman HS
3. Tatum Waggoner	4.00	Senior	Sprints	Phoenix, AZ. Pinnacle HS
4. Karla Teran	3.77	Junior	Jumps	Nogales, Mexico
5. Karolina Pahlitzsch	3.75	Senior	Mid-Distance	Berlin, Germany

**ARIZONA STATE UNIVERSITY**

1. Jessica Barreira	3.32	Senior	LJ/TJ	Lisbon, Portugal
2. Kaylee Antill	4.00	Junior	WT	Zanesville, Ohio
3. Samantha Noennig	4.00	Sophomore	SP	Hartford, Wisc.
4. Megan Reniewicki	3.97	Junior	5,000	Scottsdale, Ariz.
5. Alexandra Williams	4.00	Senior	100mH	Ham Lake, Minn.
6. Tommi Hintnaus	3.74	Sophomore	PV	Honolulu, Hawaii
7. Beatrice Llano	3.41	Sophomore	WT	Bergen, Norway
8. Daan Haven	3.28	Sophomore	5,000	Ganado, Ariz.
9. Courtnee Oglesby	3.36	Senior	400	Buckeye, Ariz.

**BRIGHAM YOUNG UNIVERSITY**

1. Erica-Birk Jarvis	3.63	Junior	Distance	Coalville, UT; North Summit HS
2. Maddie Cannon	3.24	Senior	Distance	Mapleton, UT; Weber State
3. Alena Ellsworth	3.54	Sophomore	Mid Distance	Gilbert, AZ; Highland HS
4. Lauren Ellsworth	3.60	Sophomore	Mid Distance	Gilbert, AZ; Highland HS
5. Amanda Erickson	3.88	Sophomore	Distance	Cedar Hills, UT; Lone Peak HS
6. Emma Gee	3.24	Senior	Distance	Broomfield, CO; Legacy HS
7. Kaitlyn Gunnerson-Burru	3.72	Senior	Hurdles	Coeur d'Alene, ID; Coeur d'Alene HS
8. Karina Haymore	3.17	Sophomore	Mid Distance	Las Vegas, NV; Centennial HS

9. Olivia Hoj	3.94	Junior	Distance	Holladay, UT; Olympus HS
10. Kate Hunter	3.65	Sophomore	Distance	Provo, UT; Provo HS
11. Dailyn Johnson-Tufuga	3.61	Senior	Throws	Longmont, CO; Longmont HS
12. Sable Lohmeier	3.09	Sophomore	Throws	Mountain Home, ID; Mountain Home
13. Isabel Neal	3.76	Sophomore	Pole Vault	Bentonville, AR; Bentonville HS
14. McKenna Neyman	3.31	Junior	Mid Distance	Provo, UT; Timpview HS
15. Brenna Porter	3.71	Senior	Hurdles & Sprints	Logan, UT; Sky View HS
16. Lauren Rawlinson	3.69	Junior	Sprints	Smithfield, UT; Sky View HS
17. Haley Rogers	3.60	Junior	Sprints	Denver, CO; Cherokee Trail HS
18. Elise Romney	3.69	Junior	Pole Vault	El Paso, TX; Franklin HS
19. Andrea Stapleton-Johnson	3.50	Senior	High Jump	Kennewick, WA; Kamiakin HS
20. Kyndal Pothier	3.23	Junior	Pole Vault	Mesa, AZ; Mountain View HS
21. Leah Thompson	3.69	Junior	Throws	Plains, MT; Plains HS

### **UNIVERSITY OF CALIFORNIA**

1. Brie Oakley	3.835	Sophomore	Mile, 3000m	Centennial, CO/Grandview HS
2. Annie Boos	3.500	Sophomore	Mile, 3000m	Claremont, CA/Claremont HS
3. Deshae Wise	3.465	Sophomore	60m, 60mH	Grants Pass, OR/Grants Pass HS
4. Noelle Schiller	3.172	Sophomore	LJ, TJ	Westlake Village, CA/Westlake HS
5. Jenna Mencarelli	3.340	Sophomore	200m, 400m	Thousand Oaks, CA/Westlake HS
6. Windy Margerum	3.338	Sophomore	LJ, 60mH	Lafayette, CA/Acalanes HS
7. Kendall Mader	3.093	Senior	Shot Put	Newbury Park, CA/Newbury Park HS
8. Rebecca Croft	3.551	Senior	800m	Bourne End, England/Beaconsfield HS
9. Ariane Arndt	3.295	Junior	800m	Sacramento, CA/St. Francis HS

### **CAL STATE FULLERTON**

1. Alayah Byers	3.60	Senior	60m, 200m	Alta Dena, CA (Bishop Alemany HS)
2. Kiana Clay	3.53	Junior	200m, 400m	Turlock, CA (Pitman HS)
3. Kyra Anderson	3.08	Junior	60m, 60mH, LJ	Los Angeles, CA (St. Mary's Academy)

### **CSUN**

1. Sonsoles Barba	3.82	Sophomore	Distance	Avila, Spain/Escuela de Artes HS
2. De'Andrea Young	3.65	Sophomore	Sprints	Miami, FL/Miami Northwestern
3. Katie Alvarenga	3.15	Senior	Distance	Mission Hills, CA/Kennedy HS
4. Brandy Williams	3.35	Junior	Throws	Oakley, CA/Deer Valley HS

### **UNIVERSITY OF COLORADO**

1. Kaitlyn Benner	3.938	Senior	Distance	Superior, Colo./Monarch HS
2. Mackenzie Caldwell	3.8	Grad	Distance	Columbus, Ind./Columbus North
3. Cheyenne Cheshier	3.035	Sophomore	Jumps	Valencia, Calif./Valencia HS
4. Samantha Crosmer	3.127	R-Freshman	Sprints	Upland, Calif./St. Lucy's
5. Elisa Grandemange	3.709	Senior	Throws	Kennewick, Wash./Kent State
6. Eriana Henderson	3.712	Junior	Hurdles	Houston, Texas/Westfield
7. Dani Johnson	3.080	Sophomore	Hurdles	San Diego, Calif./Mira Costa
8. Baylee Jones	3.411	Sophomore	Distance	Phoenix, Ariz./Desert Vista
9. Lindsey Koch	3.514	Junior	Distance	Englewood, Colo./Creighton
10. Karina Mann	3.374	Junior	Distance	Louisville, Colo./Monarch
11. Makena Morley	3.525	Junior	Distance	Bigfork, Mont./Montana
12. Drianna Mustin	3.624	Junior	Multi	Peoria, Ariz./North Canyon
13. Tabor Scholl	3.334	Junior	Distance	Kremmling, Colo./West Grand
14. Gabby Scott	3.255	Senior	Sprints	San Diego, Calif./Westview
15. Valerie Welch	3.920	Sophomore	Hurdles	Iowa City, Iowa/West
16. Michaela Wenning	3.937	Senior	Multi	Celina, Ohio/Celina
17. Maja Wichhart-Donzo	3.654	Senior	Multi	Catonsville, Md./Catonsville

**UNIVERSITY OF HAWAII**

1. Nina Bean	3.92	Senior	Pole Vault	Honolulu, O'ahu / Kaimuki HS
2. Alison Bowman	3.44	R-Junior	Mid-Distance	Asan, Guam / John F. Kennedy HS
3. Natasha Currence	3.82	Junior	Sprints	Honolulu, O'ahu / Lahainaluna HS
4. Megan Ferreira	3.48	Junior	Pole Vault	Roseville, Calif. / Roseville HS
5. Danielle Girard	3.80	Senior	Mid-Distance	Eugene, Ore. / Lane CC
6. Meg Jackson	3.32	Senior	Throws	Winchester, Ore. / Lane CC
7. Kristen LaCosse	3.33	Sophomore	Sprints/Hurdles/Jumps	Merrillville, Ind. / Crown Point HS
8. Tristan Setzer	3.76	Senior	Mid-Distance	Sherwood Park, Alberta, Canada

**UNIVERSITY OF OREGON**

1. Carmela Cardama Baez	3.82	RS Junior	Distance	Vigo, Spain
2. Kerissa D'Arpino	3.02	RS Senior	Sprints	Grants Pass, Ore.
3. Rhesa Foster	3.51	Junior	Hurdles/Jumps	Clovis, Calif.
4. Amanda Gehrich	3.15	Junior	Distance	Trabuco Canyon, Calif.
5. Ashlyn Hare	3.73	RS Junior	Jumps	Colorado Springs, Colo.
6. Jessica Hull	3.39	Senior	Distance	Albion Park, Australia
7. Khadejah Jackson	3.32	RS Junior	Hurdles	Atlanta, Ga.
8. Kiana Phelps	3.78	RS Sophomore	Throws	Kingsley, Iowa
9. Maddie Rabing	3.36	RS Sophomore	Throws	Lake Oswego, Ore.
10. Ronna Stone	3.09	RS Junior	Throws	San Jose, Calif.

**OREGON STATE UNIVERSITY**

1. Claire Corbitt	3.41	Sophomore	Jumps/Multis	Portland, OR/Jesuit HS
2. Rebecca Ledsham	3.71	Sophomore	Distance/Relay	Kenmore, WA/Inglemoor HS
3. Keely McLaughlin	3.16	R-Freshman	Throws	Grove, OK/Grove HS
4. Saskia McNairy	3.10	R-Senior	Jumps/Multis	Lake Oswego, OR/Lakeridge HS
5. Lindsay McShane	3.98	Junior	Weight Throw	Amity, OR/Amity HS
6. Tarisa Olinski	3.55	Junior	Mid-Distance/Relay	Grants Pass, OR/Grants Pass HS
7. Lexi Reed	3.97	R-Sophomore	Distance	Littleton, CO/D'everlyn HS
8. Brigitte Takeuchi	3.91	Sophomore	Distance	Issaquah, WA/Liberty HS
9. Ann Wingeleth	3.85	R-Junior	Jumps	Wyman, WY/Lyman HS

**UNIVERSITY OF PORTLAND**

1. Taryn Rawlings	3.7167	R-Senior	5000m, mile, 3000m	Wilsonville, Ore./ Wilsonville HS
2. Lauren LaRocco	3.72	R-Senior	5000m, 3000m	Sacramento, Calif./ St. Francis HS
3. Maddy Lyons	3.8261	Junior	Mile, 4x400m, 800m	Loomis Calif./Del Oro HS
4. Natalie Smith	3.963	Junior	Mile, 4x400m, 800m	Bellingham, Wash./ Mt. Baker HS
5. Emily Peterson	3.983	R-Junior	Mile, 4x400m	Kirkland, Wash./Juanita HS
6. Emily Bechen	3.7873	Junior	600m, 4X400m, 800m	Eugene, Ore./ Churchhill HS
7. Maya Murphy-Cook	3.5737	Junior	200m/ 60m/Hurdles	Roseville, Calif./ Granite Bay HS
8. Becca Howard	3.4444	Senior	3000m, 5000m	Farnborough, St. Mary's University
9. Sophia Noto	3.3009	Senior	3000m, 5000m	San Anselmo, Calif., Sir Francis Drake
10. Stella Gillman	3.3408	R-Sophomore	3000m/5000m	Anacortes, Wash./Anacortes HS
11. Grace Perkins	3.83	R-Freshman	3000m	Bend, Ore./Bend HS
12. Michal Jones	3.1443	Junior	4X400, 200m, 400m	Mill Creek, Wash./ Henry M. Jackson HS
13. Courtney Cox	3.9049	Senior	4x400m, 3000m	Walla Walla, Wash./Walla Walla HS
14. Aoibhe Richardson	3.79	R-Junior	3000m, 5000m	Kilkenny, Ireland./Loreto Secondary

**STANFORD UNIVERSITY**

1. Ashlan Best	3.15	Sophomore	Sprints	Guelph, Ontario, Canada/Centennial
2. Ella Donaghu	3.56	RS Sophomore	Mid.distance	Portand, Ore./Grant HS
3. Giana Gayles	3.17	RS-Freshman	Multis	Merritt Island, Fla./Holy Trinity Episcopal Acad.
4. Lena Giger	3.67	RS Senior	SP	Highland, Ill./Highland HS
5. Julia Heymach	3.80	Sophomore	Mid.distance	Houston, Texas/Lamar HS
6. Jessica Lawson	3.13	RS-Freshman	Distance	Addison, N.Y./Corning-Painted Post
7. Erika Malaspina	3.92	RS Sophomore	PV	Santa Cruz, Calif./Pacific Collegiate

8. Abbie McNulty	3.36	RS Senior	Distance	Cumberland, R.I./Bishop Feehan HS
9. Kaitlyn Merritt	3.86	RS Junior	PV	Trabuco Canyon, Calif./Santa Margarita Catholic
10. Missy Mongiovi	3.83	RS Junior	Sprints	Santee, Calif./West Hills HS
11. Fiona O'Keeffe	3.93	RS Sophomore	Distance	Davis, Calif./Davis Senior HS
12. Jordan Oakes	3.42	RS Freshman	Distance	Seattle, Wash./Holy Names HS
13. Catherine Pagano	3.76	RS Junior	Mid.distance	Allendale, N.J./Northern Highlands HS
14. Rachel Reichenbach	3.66	RS Senior	HJ	Pleasanton, Calif./Foothill HS
15. Kaitlyn Ryan	3.25	RS Freshman	Mid.distance	Tuckahoe, N.Y./Bronxville HS
16. Jaimi Salone	3.38	RS Sophomore	SP	Minneapolis, Minn./The Blake Sch.
17. Samantha Seaton	3.12	RS Freshman	Multis	Simi Valley, Calif./Westlake HS
18. Aria Small	3.39	Sophomore	TJ	Bridgetown, Barbados/Northfield Mt. Herman
19. Nicole Summersett	3.46	RS Junior	PV	Austin, Texas/Westlake HS
20. Sarah Walker	3.73	RS Sophomore	Mid.distance	Lower Gwynedd Township, Pa./Germantown Friends
21. Carolyn Wilson	3.71	Sophomore	400, 800	Thousand Oaks, Calif./Oaks Christian

### **UC DAVIS**

1. Haley Adel	3.98	Junior	Distances	Sacramento, CA/Kennedy HS
2. Sarah Anderson	3.91	Junior	Distances	Folsom, CA/Vista Del Lago HS
3. Anastasia Kubicki	3.52	Senior	Pole Vault	Santa Cruz, CA/Santa Cruz HS
4. Erinn Beattie	3.07	Senior	Pentathlon	Ventura, CA/Buena HS
5. Shelby Hightower	3.16	Senior	DMR/Mid-Distance	Covina, CA/South Hills HS
6. Sydney Holmes	3.93	R-Junior	Pentathlon	Modesto, CA/Modesto JC
7. Xjaedah Williams	3.14	Junior	60H, 200	Apple Valley, CA/Cal Poly Pomona
8. Julia Lemak	3.98	Junior	3000	Sunnyvale, CA/Archbishop Mitty HS

### **UC IRVINE**

1. Keely Boyd	3.56	Junior	Distance	Encinitas, CA / La Costa Canyon HS
2. Tatyana Hamlett	3.09	Junior	Jumps	La Mesa, CA / San Diego HS
3. Megan Mirkhanian	3.44	Senior	Distance	Burbank, CA / Hoover HS
4. Julia Sambvani	3.36	Senior	Hurdles	Pasadena, CA / Mt. SAC
5. Mikayla Scott	3.71	Sophomore	Sprints	Brentwood, CA / Carondelet HS

### **UCLA**

1. Kelly Bernd	3.671	Sophomore	Distance	Del Mar, Calif. (Canyon Crest Academy)
2. Paige Carter	3.258	Sophomore	Distance	Carlsbad, Calif. (San Marcos)
3. Christina Chenault	3.040	R-Junior	Multi	Walnut Creek, Calif. (Carondelet)
4. Jackie Garner	3.185	Junior	Distance	San Diego, Calif. (Torrey Pines)
5. Elleyse Garrett	3.226	R-Senior	Pole vault	Murrieta, Calif. (Vista Murrieta)
6. Jacquelyn Hill	3.104	Sophomore	Distance	Fontana, Calif. (Etiwanda)
7. Melissa Maneatis	3.718	Senior	Pole vault	Granite Bay, Calif. (Del Oro)
8. Schuyler Moore	3.080	Senior	Sprints	Moorpark, Calif. (Oaks Christian)
9. Christina Rice	3.060	Sophomore	Distance	Santa Barbara, Calif. (Dos Pueblos)

### **UC RIVERSIDE**

1. Kenady Jackson	3.474	Junior	Sprints	Berkeley, CA / St. Mary's College HS
2. Cydney Branch	3.567	Senior	Mid-distance	Lancaster, CA/Western Colorado State
3. Emily Sanchez	3.201	Senior	Distance	West Covina, CA / MLK HS
4. Dilini Amarasekara	3.027	Junior	Multis	Etiwanda, CA / Etiwanda HS
5. Haley Cabrera	3.555	Sophomore	Distance	Big Bear, CA / Big Bear HS

### **UNIVERSITY OF SAN FRANCISCO**

1. Josephine Brysting	3.69	Grad	Distance	Loughborough, England
2. Samantha Lind	3.88	Grad	400	Sandy Bay, Tasmania, Australia
3. Emma Stahr	3.31	Senior	Distance	Leipzig, Germany
4. Alena Ulrichova	3.85	Grad	Distance	Teplice Nad Metuji, Czech Republic

**UNIVERSITY OF SOUTHERN CALIFORNIA**

1. Anna Cockrell	3.98	Junior	60m Hurdles	Charlotte, N.C.
2. TeeTee Terry	3.81	Sophomore	60m/200m	Miami, Fla.
3. Margaux Jones	3.66	Senior	Long Jump	Redlands, Calif.
4. Cassidy Palka	3.65	Sophomore	High Jump	Thousand Oaks, Calif.
5. Chanel Brissett	3.45	Sophomore	60m Hurdles	Philadelphia, Pa.
6. Chloe Berry	3.27	Junior	1-Mile	Mission Viejo, Calif.
7. Kyra Constantine	3.15	Junior	400m	Toronto, Canada
8. Joy McArthur	3.04	Sophomore	Weight Throw	Dana Point, Calif.
9. Kaelin Roberts	3.00	Sophomore	400m	Long Beach, Calif.

**UNIVERSITY OF UTAH**

1. Hannah Allred	3.19	Senior	M, 3K, 5K	Ogden, Utah
2. Anna Busatto	3.89	Junior	800	Treviso, Italy
3. Emma Christensen	3.71	RS- Sophomore	3K, 5K	Rochester, Minn.
4. Sarah Feeny	3.25	Junior	1K, M, 3K	Ogden, Utah
5. Nicole Griffiths	3.82	Junior	400, 600, 800	Beaverton, Ore.
6. Eliza Hansen	3.57	Senior	HJ	Sandy, Utah
7. Whitney Hessler	3.72	Sophomore	600, 800	Mission Viejo, Calif.
8. Astrid Lindgren	3.86	Sophomore	M, 3K	Salt Lake City, Utah
9. Brooke Martin	3.17	Junior	200, 400	Scottsdale, Ariz.
10. Jackie Martin	3.96	Sophomore	60, 200, 400	Chandler, Ariz.
11. Ruby Jane Mathewson	3.66	Sophomore	60	Kaysville, Utah
12. Trina Moreno	3.71	RS-Sophomore	M, 3K	Urbandale, Iowa
13. Sarah Newton	3.71	Junior	800, M	Holladay, Utah
14. Natalie Platil	3.83	Sophomore	1K, M	Thornton, Colo.
15. Poppy Tank	3.39	Junior	M, 3K	Plymouth, Devon, England
16. Sadie Wassum	3.64	Senior	M	Worland, Wyo.
17. Mesa Weidle	3.39	Senior	400, 600	Rock Springs, Wyo.
18. Raynee Helm-Wheelock	3.50	Senior	60, 200	South Jordan, Utah
19. Rachel Whipple	3.97	Sophomore	400	Bountiful, Utah
20. Bella Williams	4.00	Sophomore	M, 3K	Digby, England
21. Cara Woolnough	4.00	Sophomore	800, 1K, M, 3K	Brisbane, Australia

**UNIVERSITY OF WASHINGTON**

1. Imani Apostol	3.02	Senior	Sprints	Seattle, Wash.
2. Makenna Barton	3.41	RS-Freshman	Pole Vault	Woodinville, Wash.
3. Izzi Batt-Doyle	3.75	Senior	Distances	Adelaide, Australia / Seymour College
4. Onyie Chibuogwu	3.27	Senior	Throws	Shoreline, Wash.
5. Monica Cohen	3.79	Junior	Pole Vault	Seattle, Wash.
6. Annika Dayton	3.65	Junior	Pole Vault	Snohomish, Wash.
7. Allyson Ely	3.67	RS-Freshman	Pole Vault	Edmonds, Wash.
8. Emily Hamlin	3.71	Senior	Distances	Boise, Idaho
9. Morganne Hill	3.27	Junior	Sprints	Bakersfield, Calif.
10. Elinor Jones Toutant	3.76	Junior	Multis	Seattle, Wash.
11. Carly Lester	3.08	Senior	Sprints	Fort Collins, Colo.
12. Anna Maxwell	3.72	Senior	Distances	Felton, Calif.
13. Darhian Mills	3.21	Junior	Sprints	Bothell, Wash.
14. Hannah Rusnak	3.20	Sophomore	Multis	Lynden, Wash.
15. Allie Schadler	3.32	Sophomore	Mid-Distances	Tubac, Ariz.
16. Erica Schroeder	3.91	RS-Freshman	Mid-Distances	Santa Barbara, Calif.
17. Sarah Stavig	3.06	Junior	Sprints	Bothell, Wash. / Washington State
18. Raquel Tjernagel	3.69	Senior	Sprints	New Westminster, British Columbia/Texas
19. Hannah Waskom	3.56	Sophomore	Distances	Snoqualmie, Wash.

**WASHINGTON STATE UNIVERSITY**

1. Kaili Keefe	4.00	Junior	Distance	Yakima, WA (West Valley HS)
2. Emily Coombs	3.98	Sophomore	Pole Vault	Santa Ana, CA (Orange Lutheran HS)
3. Stacia Bell	3.97	R-Junior	Throws	White Salmon, WA (Columbia HS)
4. Grace Victor	3.92	R-Junior	Distance	Wakerley, Australia
5. Samantha King-Shaw	3.79	Sophomore	Distance	Sparks, NV (Reed HS)
6. Pia Richards	3.71	Sophomore	Distance	Sammamish, WA (Eastlake HS)
7. Josie Brown	3.60	Senior	Distance	Coeur d'Alene, ID (Coeur d'Alene HS)
8. Aoife Martin	3.59	R-Junior	Throws	Seattle, WA (Holy Names Academy)
9. Lindsey Schauble	3.54	Senior	Heptathlon	Kennewick, WA (Kamiakin HS)
10. Jordyn Tucker	3.46	Junior	Sprints	Monrovia, CA (Monrovia HS)
11. Jelena Grujic	3.34	Sophomore	800m/Hurdles	Novi Sad, Serbia
12. Zorana Grujic	3.28	Sophomore	800m/Hurdles	Novi Sad, Serbia
13. Molly Scharmann	3.28	R-Junior	Pole Vault	Rancho Santa Margarita, CA (Tesoro HS)
14. Regyn Gaffney	3.19	Senior	Sprints	Chehalis, WA (Adna HS)
15. Chrisshnay Brown	3.12	Senior	Throws	Lompoc, CA (Lompoc HS)
16. Katelyn Frost	3.01	Senior	Pole Vault	Corvallis, MT (Corvallis HS)

