

Running Events

** All events will run fastest to slowest

11:45am	5000
12:30pm	Steeple
1:00	4X100
1:10	1500
1:30	100/110 Hurdles
1:50	400
2:10pm	100
2:25	800
2:45	400H
3:05	200
3:20	3000 open
4:00	4X400
4:15	Little Wolverine Races

****We will roll the schedule if possible****

Throwing Events

9:00	Discus	Men
	Shot	Women
Follow	Disc	Women
	Shot	Men
Follow Shot and Disc		
	Hammer	Men
	Hammer	Women
Follow Hammer	Javelin	Men
	Javelin	Women

*****Throwing events will roll if possible. Please be aware of the running of the event.*****

Jumping Events

10:00am	Long Jump	Women
Follow	Long Jump	Men
11:30	High Jump	Women
Follow	High Jump	Men
11:00	Pole Vault	Women
Follow	Pole Vault	Men
1:00	Triple Jump	Women
Follow	Triple Jump	Men



Utah Valley University
UVU HAL WING Collegiate Invitational
(Revised 1/29/19)

Location: Hal Wing Track and Field
Date: March 29, 2019 (Friday)
Gender: Male and Female
Entry Fee: \$150.00 per gender (\$300.00 for both male and female teams)
Checks to: Utah Valley University
Registration: Runnercard
Registration Deadline: REGISTRATION WILL CLOSE. March 27, 2019 at 5:00pm MTS
Allowed Entries: All College teams and unattached athletes

Meet Director Contact Information:

Name: Nelson Orton
Office Phone: 801-863-6783
Email: Nelsonjorton@gmail.com

Note From Meet Director:

Hal Wing Track and Field
1200 W 800 S
Orem Utah 84058

Parking:

Park off campus either at West Campus (can accommodate 40 buses) or the Business Resource Center west lot (can accommodate 10 buses).

Spectator Entry fee: \$5.00 for all 12 year of age and up. 11 and under free.

Spectator and Athlete Parking: Our school will be charging for parking during this meet. You must park in designated parking lots and pay or you will be subject to a parking ticket.