

UTAH STATE

HISTORY

HISTORY

NCAA CHAMPIONS / ALL-AMERICANS

MEN'S NCAA INDOOR CHAMPIONS 1975	
Mark Enyeart.....	880 Yards
MEN'S NCAA OUTDOOR CHAMPIONS 1961	
Glenn Passey	Discus
1965	
Jerry Cerulla	60-Meter Hurdles
1975	
Mark Enyeart.....	880 Yards
1977	
Mark Enyeart.....	800 Yards

MEN'S ALL-AMERICANS	
DILLON MAGGARD (9)	
1,500 Meters.....	2016
Cross Country (10K).....	2016-17
Indoor Mile.....	2016-17
DMR.....	2018
Indoor 3,000 Meters.....	2018
5,000 Meters.....	2018
10,000 Meters.....	2018

JAMES PARKER (9)	
Weight Throw	1995, 1999-2001
Hammer.....	1995, 1999-2001
Discus	2001

MARK ENYEART (5)	
440 Yards (Indoor)	1973
880 Yards.....	1975
880 Yards (Indoor)	1975, 1977
800 Yards.....	1977

CLAY LAMBOURNE (5)	
Outdoor 800 Meters.....	2016-18
Indoor 800 Meters.....	2018
DMR	2018

JERRY CERULLA (4)	
Indoor 60 Hurdles	1965-66
110 Hurdles	1966-67

COREY MURDOCK (4)	
400 Hurdles	1997-99
Indoor 400 Meters.....	1999

PARKER BLUTH (3)	
Indoor 200 Meters.....	2016
Outdoor 200 Meters.....	2016
Outdoor 4x400 Relay	2016

LOGAN HAMMER (3)	
Outdoor Pole Vault	2024-25
Indoor Pole Vault	2025

JIM HELTON (3)	
Outdoor Long Jump.....	1966-67
Indoor Long Jump	1967

CLINT SILCOCK (3)	
Indoor High Jump.....	2009, 2011
Outdoor High Jump.....	2010

L. JAY SYLVESTER (3)	
Outdoor Shot Put.....	1958
Discus	1958-59

SHANE BINGHAM (2)	
1,500 Meters.....	1997
Indoor Mile.....	1998

AJ BOULLY (2)	
Outdoor 4x400 Relay	2016
400 Hurdles	2017

CRAIG CARTER (2)	
Weight Throw	1990
Hammer.....	1990

BRIAN CAULFIELD (2)	
Indoor Shot Put.....	1970
Outdoor Shot Put.....	1970

SINDRI GUDMUNDSSON (2)	
Javelin	2017-18

COLE LAMBOURNE (2)	
Outdoor 400 Meters.....	2015
Outdoor 4x400 Relay	2016

BRADY MARTIN (2)	
Outdoor 4x400 Relay	2016
DMR	2018

MIKE MERCER (2)	
Indoor Shot Put.....	1968
Outdoor Shot Put.....	1968

GLENN PASSEY (2)	
Discus	1961-62

LANCE WHITE (2)	
Indoor Pole Vault	1994
Outdoor Pole Vault	1995

TREVER BALL (1)	
Cross Country (8K).....	2005

JORDAN BEUTLER (1)	
DMR	2018

NIC BOWENS (1)	
Indoor 200 Meters.....	2015

MARK CALVIN (1)	
Indoor Pole Vault.....	1998

SPENCER FEHLBERG (1)	
3,000-Meter Steeplechase....	2018

CALEB GARNICA (1)	
Cross Country (10K).....	2020

BRETT GUYMON (1)	
400 Hurdles	2002

WILL HENRY (1)	
100 Meters.....	2013

DAVE HOFFMAN (1)	
Outdoor High Jump.....	2001

JOHN KELLY (1)	
Javelin	1989

ISAIAH OGHAE UGBORO (1)	
Indoor 880 Yards.....	1976

BILL STALEY (1)	
Discus	1967

JOHN STRANG (1)	
Heptathlon.....	2009

CAMREN TODD (1)	
Cross Country (10K).....	2024

SCOTT WALKER (1)	
400 Hurdles	1983

MEN'S CAREER ALL-AMERICA HONORS	
NAME	TOTAL
Dillon Maggard	9
James Parker.....	9
Mark Enyeart.....	5
Clay Lambourne.....	5
Jerry Cerulla.....	4
Corey Murdock.....	4
Parker Bluth.....	3
Logan Hammer	3
Jim Helton	3
Clint Silcock.....	3
L. Jay Sylvester.....	3
Shane Bingham	2
AJ Bouilly	2
Craig Carter	2
Brian Caulfield.....	2
Sindri Gudmundsson	2
Cole Lambourne	2
Brady Martin	2
Mike Mercer	2
Glenn Passey.....	2
Lance White.....	2
Trever Ball	1
Jordan Beutler	1
Nic Bowens	1
Mark Calvin	1
Spencer Fehlberg.....	1
Caleb Garnica.....	1
Brett Guymon.....	1
Will Henry.....	1
Dave Hoffman	1
John Kelly.....	1
Isaiah Oghale Ugboro	1
Ain Roost	1
Ralph Roylance	1
Bill Staley.....	1
John Strang.....	1
Camren Todd	1
Scott Walker.....	1

WOMEN'S CAREER ALL-AMERICA HONORS	
NAME	TOTAL
Chari Hawkins	5
LaDonna Antoine.....	3
Shae Jones-Bair.....	3
Alisa Nicodemus.....	3
Brenn Flint	2
Ime Akpan	1
Maci Bingham	1
Candy Cashell	1
Jane Durfey	1
Shelby Jensen.....	1
Sonia Grabowska.....	1
Krista Larson	1
Cierra Simmons-Mecham	1
Alyssa Snyder	1
Jennifer Twitchell	1

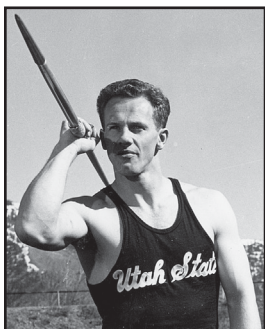
CHARI HAWKINS (5)	
Heptathlon.....	2013-15
Pentathlon	2014-15

LaDONNA ANTOINE (3)	
Outdoor 400 Meters.....	1996-97
Indoor 400 Meters.....	1997

SHAE JONES-BAIR (3)	
Indoor Pole Vault	1998-99
Outdoor Pole Vault	2000

ALISA NICODEMUS (3)	
Cross Country	1992
Indoor Mile.....	1993
Indoor 5,000 Meters.....	1993

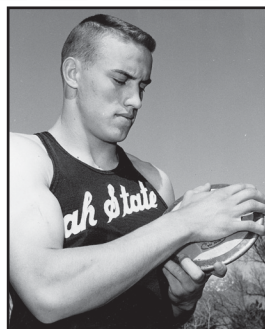
BRENN FLINT (2)	
Outdoor Shot Put.....	2017-18



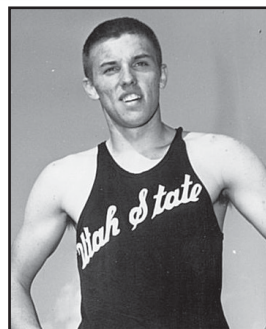
RALPH ROYLANCE



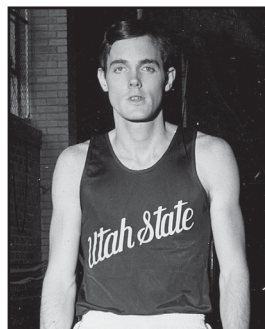
L. JAY SYLVESTER



GLENN PASSEY



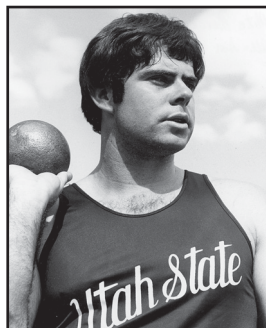
JERRY CERULLA



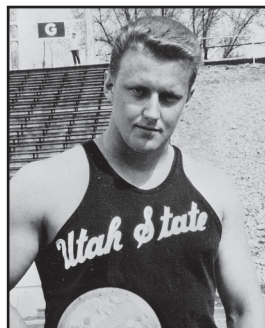
JIM HELTON



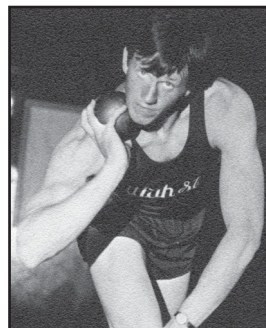
BILL STALEY



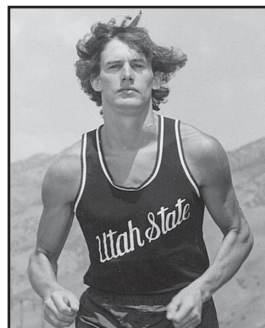
MIKE MERCER



AIN ROOST



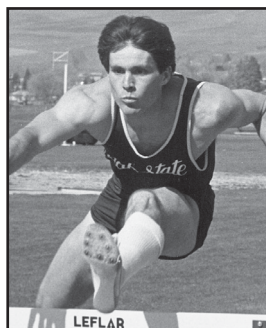
BRIAN CAULFIELD



MARK ENYEART



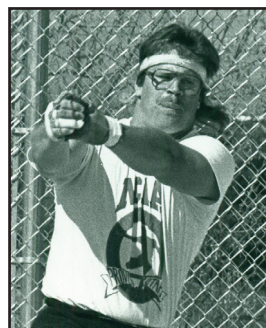
ISAIAH OGHALE UGBORO



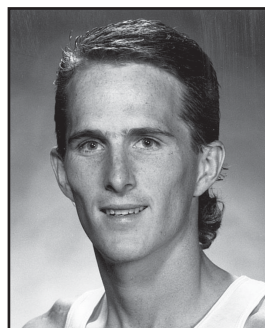
SCOTT WALKER



JOHN KELLY



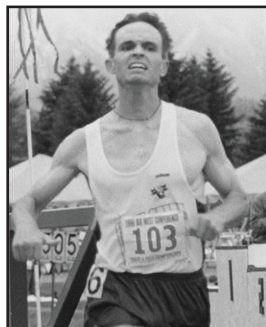
CRAIG CARTER



LANCE WHITE



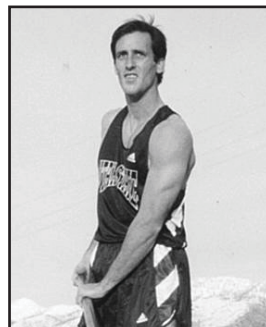
JAMES PARKER



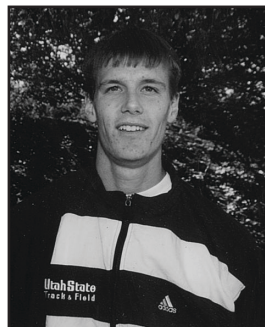
SHANE BINGHAM



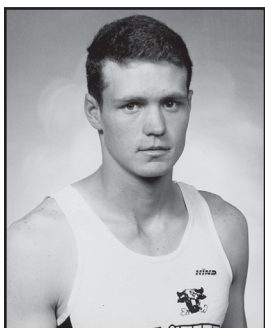
COREY MURDOCK



MARK CALVIN



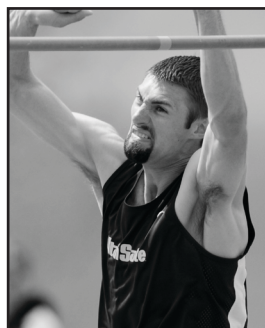
DAVE HOFFMAN



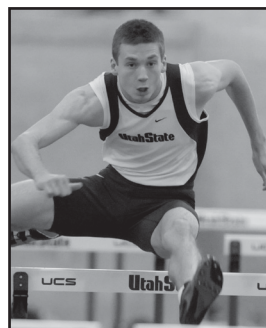
BRETT GUYMON



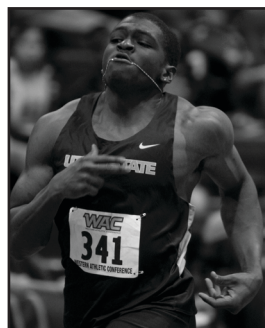
TREVER BALL



CLINT SILCOCK



JOHN STRANG



WILL HENRY

MEN'S ALL-AMERICANS

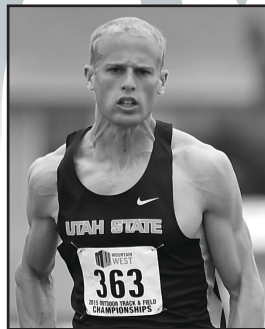
UTAH STATE TRACK & FIELD



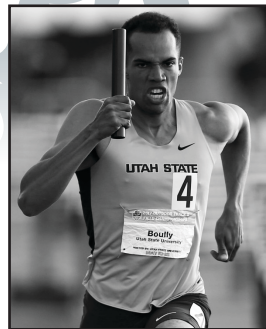
NIC BOWENS



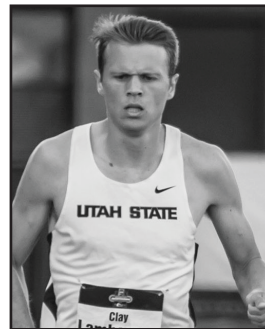
COLE LAMBOURNE



PARKER BLUTH



AJ BOULLY



CLAY LAMBOURNE



DILLON MAGGARD



BRADY MARTIN



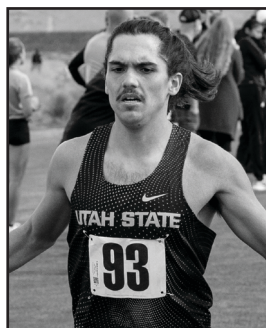
SINDRI GUDMUNDSSON



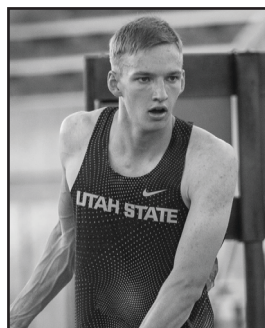
JORDAN BEUTLER



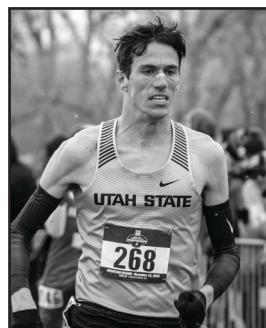
SPENCER FEHLBERG



CALEB GARNICA



LOGAN HAMMER



CAMREN TODD

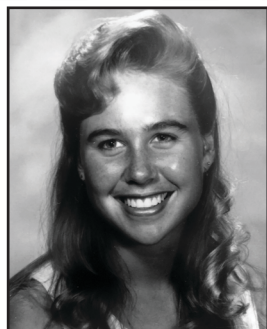




CANDY CASHELL



IME AKPAN



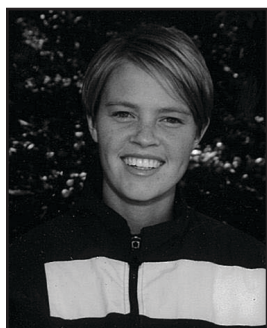
ALISA NICODEMUS



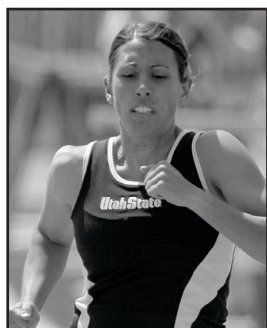
LaDONNA ANTOINE



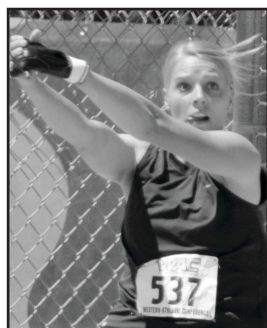
SHAE JONES-BAIR



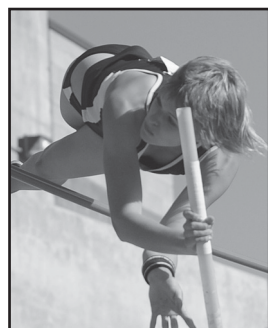
JANE DURFEY



JENNIFER TWITCHELL



KRISTA LARSON



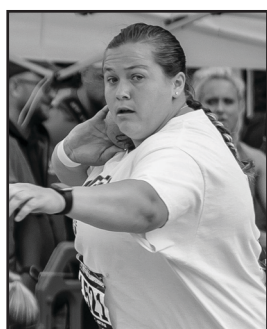
SONIA GRABOWSKA



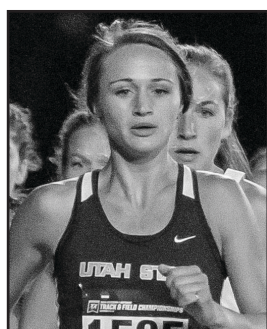
CHARI HAWKINS



MACI BINGHAM



BRENN FLINT



C. SIMMONS-MECHAM



SHELBY JENSEN



A five-time All-American, Chari Hawkins is the most decorated female athlete of all-time at Utah State.

ALL-TIME HONORS

CONFERENCE CHAMPIONS

MEN'S MOUNTAIN WEST INDOOR CHAMPS

2014
 Nic Bowens 60 Meters
 200 Meters
 Cole Lambourne 400 Meters
 Eric Shellhorn..... Mile

2015
 Nic Bowens 200 Meters
 Clay Lambourne..... 800 Meters
 4x400-Meter Relay
 Cole Lambourne 400 Meters
 4x400-Meter Relay
 Parker Bluth..... 4x400-Meter Relay
 Tanner Hunt 4x400-Meter Relay

2016
 Jordan Beutler DMR
 Parker Bluth..... 200 Meters
 4x400-Meter Relay
 AJ Bouilly 4x400-Meter Relay
 Benjamin Johnston DMR
 Clay Lambourne..... 800 Meters
 4x400-Meter Relay
 Dillon Maggard DMR
 Brady Martin 400 Meters
 4x400-Meter Relay
 Landon Watts DMR

2017
 AJ Bouilly 400 Meters
 4x400-Meter Relay
 Parker Bluth..... 4x400-Meter Relay
 Leaugen Fray..... Long Jump
 Joshua Gordon 4x400-Meter Relay
 Clay Lambourne..... 800 Meters
 Brady Martin 4x400-Meter Relay

2018
 Leaugen Fray..... High Jump
 Long Jump
 Clay Lambourne..... 800 Meters
 Sam Nelson..... Pole Vault
 Brody Smith..... 3,000 Meters



Chandler Obroy won the high jump at the 2020 Mountain West Indoor Championships. Utah State claimed three straight titles in the event at the indoor championships from 2018-20.



Parker Bluth won 11 Mountain West titles (four individual, seven relays) from 2014-17, the most of any Utah State athlete.

2019
 Kyle Morris Shot Put
 Hunter Simonsen..... High Jump

2020
 Josh Barclay Shot Put
 Chandler Obroy High Jump

2024
 Rylan Anderson DMR
 Brennan Benson DMR
 Mile
 Landon Bott..... DMR
 Logan Hammer Pole Vault
 Drew Hogan DMR

2025
 Landon Bott..... 800 Meters
 Logan Hammer Pole Vault

WOMEN'S MOUNTAIN WEST INDOOR CHAMPS

2014
 Chari Hawkins Pentathlon
 Rachel Orr..... High Jump

2015
 Chari Hawkins Pentathlon

2018
 Brenn Flint..... Shot Put

MEN'S MOUNTAIN WEST OUTDOOR CHAMPS

2014
 Jacob Bautista Jr. 4x100-Meter Relay
 Parker Bluth 4x100-Meter Relay
 4x400-Meter Relay
 Nic Bowens 100 Meters
 200 Meters
 4x100-Meter Rela
 Austin Groll 4x400-Meter Relay
 Tanner Hunt 4x400-Meter Relay
 Cole Lambourne 400 Meters
 4x400-Meter Relay
 Silas Pimentel 4x100-Meter Relay

2015
 Parker Bluth 100 Meters
 200 Meters
 4x400-Meter Relay

Tanner Hunt 4x400-Meter Relay
 Clay Lambourne..... 4x400-Meter Relay
 Cole Lambourne 400 Meters
 4x400-Meter Relay

2016
 Parker Bluth..... 100 Meters
 4x400-Meter Relay
 AJ Bouilly 400-Meter Hurdles
 Tanner Hunt 4x400-Meter Relay
 Clay Lambourne..... 800 Meters
 4x400-Meter Relay
 Cole Lambourne 4x400-Meter Relay
 Devin Wright Javelin

2017
 Michael Bluth 4x400-Meter Relay
 AJ Bouilly 400-Meter Hurdles
 4x400-Meter Relay
 Joshua Gordon 4x400-Meter Relay
 Sindri Gudmundsson Javelin
 David Hirschmann Discus
 Brady Martin 4x400-Meter Relay

2018
 Sindri Gudmundsson Javelin
 David Hirschmann Discus
 Clay Lambourne..... 800 Meters
 Sam Nelson..... Pole Vault

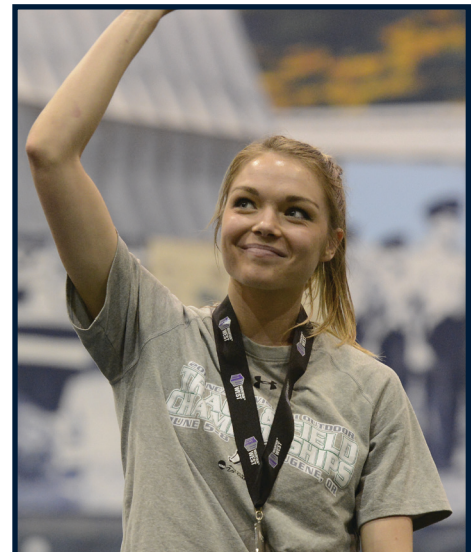
2019
 Josh Barclay Shot Put
 Kyle Brost Triple Jump
 Leaugen Fray..... High Jump
 Sindri Gudmundsson Javelin

2021
 Kyle Morris Javelin

2023
 Brennan Benson 800 Meters
 Logan Hammer Pole Vault

2024
 Godwin Charles Triple Jump
 Logan Hammer Pole Vault

2025
 Landon Bott..... 800 Meters
 Logan Hammer Pole Vault



Chari Hawkins captured Utah State's first individual title in the Mountain West when she set a school and conference record to win the pentathlon with 4,173 points at the 2014 Indoor Track & Field Championships.

WOMEN'S MOUNTAIN WEST OUTDOOR CHAMPS

2014	Kaylee HartshornJavelin
2015	Chari Hawkins Heptathlon High Jump
2016	Maci Bingham Hammer Mia EstesJavelin
2018	Brenn Flint Shot Put Cierra Simmons-Mecham Steeplechase
2019	Brenn Flint Shot Put
2024	Maddie Edwards400-Meter Hurdles

MEN'S WAC INDOOR CHAMPS

2005	Christian Lee Pole Vault Zach Lloyd Shot Put Mike Nielson 3,000 Meters
2006	Seth Wold 3,000 Meters
2007	Dasheek Akwenye 400 Meters Tony Jones 3,000 Meters DJ Smith 60 Meters 200 Meters Vance Twitchell 5,000 Meters
2008	Nick Karren60-Meter Hurdles 400 Meters John Strang Heptathlon Steve Strickland 3,000 Meters Seth Wold 5,000 Meters
2009	James Allred DMR Nick Karren 400 Meters Ben Kessen DMR Chio Lopez Mile DMR



Nick Karren won the 60-meter hurdles and 400-meter dash at the 2008 Western Athletic Conference Indoor Championships.



Erin Stratton captured the lone title (mile run) for Utah State's women at the 2008 Western Athletic Conference Indoor Championships.

Dylan Nielson60-Meter Hurdles	Clint Silcock High Jump
John Strang Heptathlon	Steve Strickland 5,000 Meters
Keith Williams DMR	
2010	James Allred 800 Meters DMR
Joe Canavan Shot Put	Eric Larson DMR
Brian McKenna 5,000 Meters	Andrew Niccoli DMR
Mike Pyrtle 60 Meters	Clint Silcock High Jump
Steve Strickland Mile DMR	
2011	James Allred 800 Meters DMR
Jason Holt DMR	Daniel Howell 3,000 Meters
Devin Lang DMR	Eric Larson Mile DMR
Armahd Lewis 60 Meters 200 Meters	Clint Silcock High Jump
2012	Joe Canavan Shot Put
Bryce Hall Weight Throw	Daniel Howell 3,000 Meters 5,000 Meters
Chio Lopez Mile	
2013	Briton Page 800 Meters

WOMEN'S WAC INDOOR CHAMPS

2006	Lacey Hulbert High Jump Pentathlon
2007	Amy Egan 800 Meters DMR
Stacie Lifferth 3,000 Meters DMR	Shanna Nielsen DMR
Jennifer Twitchell Mile DMR	

2008	Erin Stratton Mile
2009	Jessie Chugg DMR
Brittini Hopkin DMR	Erin Stratton Mile 3,000 Meters DMR
Alison Taylor DMR	
2010	Jessie Chugg DMR
Jennifer Day DMR	Alex Litzsinger DMR
Kim Quinn 3,000 Meters 5,000 Meters	Erin Stratton DMR
2011	Sonia Grabowska Pole Vault
2012	Sonia Grabowska Pole Vault
Chari Hawkins Pentathlon	Aubrie Haymore 4x400-Meter Relay
Katelyn Heiner 400 Meters 4x400-Meter Relay	Kylie Hirschi 4x400-Meter Relay
Bailee Whitworth 4x400-Meter Relay	

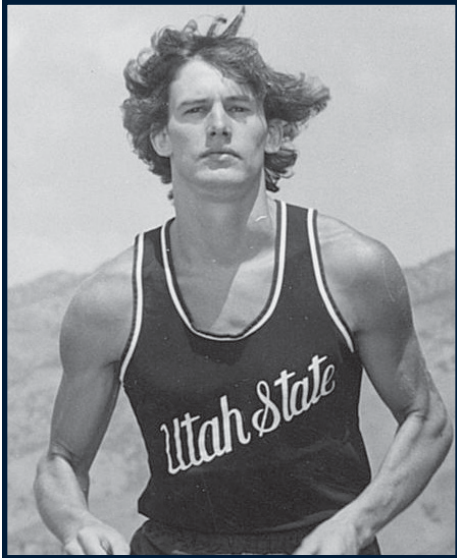
MEN'S WAC OUTDOOR CHAMPS

2006	Trever Ball 5,000 Meters
Logan Moore Decathlon	Clint Silcock High Jump
DJ Smith 100 Meters	
2007	Nick Karren 400-Meter Hurdles
Casey Parker High Jump	John Strang Decathlon
2008	Chio Lopez 5,000 Meters
John Strang Decathlon	Steve Strickland 3,000-Meter Steeplechase



DJ Smith won the 100-meter dash at the 2006 Western Athletic Conference Outdoor Track & Field Championships. He also captured a pair of titles (60 meters, 200 meters) at the 2007 WAC Indoor Championships.

ALL-TIME HONORS



Mark Enyeart, who won the 800 meters at the 1977 Big West Outdoor Championships, represented the United States at the 1976 Olympic Summer Games in Montreal.

Keith Williams 400-Meter Hurdles
 Heath Wing 10,000 Meters

2009
 Brian McKenna 10,000 Meters
 John Strang Decathlon
 Steve Strickland 3,000-Meter Steeplechase
 5,000 Meters
 Keith Williams 400-Meter Hurdles

2010
 Joe Canavan Shot Put
 Nick Karren 400-Meter Hurdles
 Mike Pyrtle 100 Meters
 Clint Silcock High Jump
 Steve Strickland 3,000-Meter Steeplechase

2011
 AJ Bouilly 400-Meter Hurdles
 Jason Holt 800 Meters
 Eric Larson 1,500 Meters
 Clint Silcock High Jump

2012
 AJ Bouilly 400-Meter Hurdles
 Bryce Hall Discus
 Tyler Killpack 800 Meters
 Kyle McKenna 10,000 Meters

WOMEN'S WAC OUTDOOR CHAMPS

2006
 Stacie Lifferth 3,000-Meter Steeplechase

2007
 Amber Peterson 100-Meter Hurdles
 400-Meter Hurdles

2008
 Katie Thatcher 400-Meter Hurdles
 Stacie Lifferth 3,000-Meter Steeplechase

2011
 Chari Hawkins Heptathlon
 Ruth Hilton 3,000

2012
 Sonia Grabowska Pole Vault
 Kim Quinn 10,000 Meters
 Lindsey Spencer Hammer

Jodi Williams High Jump

2013
 Rachel Orr High Jump

MEN'S BIG WEST OUTDOOR CHAMPS

1977
 Mark Enyeart 800 Meters

1979
 Kent Bendixen Javelin
 Mike Kelley 3,000-Meter Steeplechase
 Calvin Paskett High Jump

1980
 Scott Walker 400-Meter Hurdles

1981
 Kent Bendixen Javelin
 Corey Johnson Pole Vault
 Tarald Lindvigsmoen 5,000 Meters
 Scott Walker 400-Meter Hurdles

1982
 Neal Mower Javelin
1985
 Paul Jones Long Jump

1986
 Mark Carter Shot Put

1987
 Boyd Prince 3,000-Meter Steeplechase

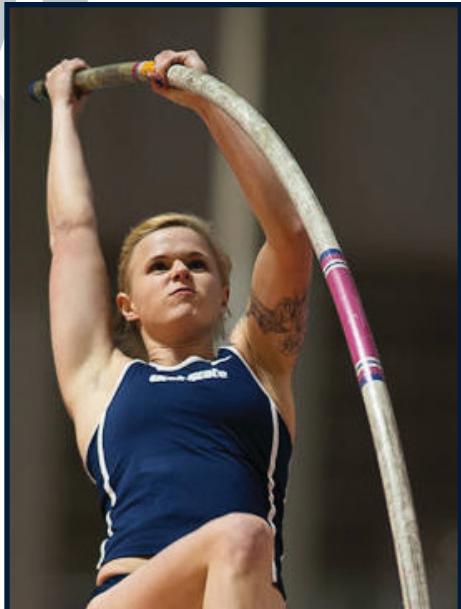
1988
 Craig Carter Discus
 Hammer

1989
 Craig Carter Discus
 Kyle Jensen 400-Meter Hurdles

1990
 Craig Carter Hammer
 Roger Daley Discus
 Brett Hill 3,000-Meter Steeplechase
 Erin Sullivan Long Jump



Not only did **Jermaine Younger** play football at Utah State, but he also was a member of the Aggies' track & field team. He won the shot put at the 1993 Big West Outdoor Championships.



Sonia Grabowska was the Western Athletic Conference indoor champion in the pole vault during the 2011 and 2012 seasons.

1991
 Scott Butterfield 800 Meters
 Greg Collier 3,000-Meter Steeplechase
 Roger Daley Discus
 Michael Dear 5,000 Meters
 Deron Scott 10,000 Meters

1992
 Bode Osagiobare 100 Meters
 200 Meters
 Tim Price 400-Meter Hurdles

1993
 Terrence Campbell 4x100-Meter Relay
 Mike Davidson 3,000-Meter Steeplechase
 Jason Heideman 10,000 Meters
 Troy Johnson 400 Meters
 4x100-Meter Relay
 4x400-Meter Relay
 Ron Kehl 4x100-Meter Relay
 4x400-Meter Relay
 Pat Maes 4x400-Meter Relay
 Bode Osagiobare 100 Meters
 200 Meters
 4x100-Meter Relay
 4x400-Meter Relay
 John Richardson Discus
 Lance White Pole Vault
 Jermaine Younger Shot Put

1994
 Greg Anderson 4x400-Meter Relay
 Mark Calvin Pole Vault
 Matt Denning 4x400-Meter Relay
 Matt Fuller 110-Meter Hurdles
 Muchapiwa Mazano 1,500 Meters
 5,000 Meters
 10,000 Meters
 Corey Murdock 4x400-Meter Relay
 Brent Smith Javelin
 Daniel Taplin Discus
 Shawn Turner 4x400-Meter Relay

1994
 Toby Conley 10,000 Meters
 Matt Fuller 110-Meter Hurdles
 James Parker Discus
 Hammer
 Shot Put

Brent SmithJavelin
 J'Dee Wilson 1,500 Meters

1996
 Shane Bingham 1,500 Meters
 Toby Conley 10,000 Meters
 Mike Davidson 5,000 Meters
 Justin DeDantis Hammer
 Brian Dopp Decathlon
 Brooks Gibbons 110-Meter Hurdles
 Scott Schaley 400-Meter Hurdles
 Scott Schaley Discus
 Shot Put
 Paul Snyder Pole Vault

1997
 Shane Bingham 1,500 Meters
 Justin DeDantis Hammer
 Brian Dopp Decathlon
 Brooks Gibbons 110-Meter Hurdles
 Corey Murdock 400-Meter Hurdles

1998
 Shane Bingham 1,500 Meters
 Corey Murdock 110-Meter Hurdles
 400-Meter Hurdles
 Scott Schaley Shot Put

1999
 Bill Graves Javelin
 Corey Murdock 110-Meter Hurdles
 400-Meter Hurdles
 James Parker Discus
 Hammer

2000
 Brett Guymon 400-Meter Hurdles
 Dave Hoffman High Jump
 Maurice Jenkins Pole Vault
 James Parker Hammer

2001
 Brick Bergeson 1,500 Meters
 Brett Guymon 110-Meter Hurdles
 400-Meter Hurdles
 James Parker Hammer
 Anthony Stewart 200 Meters

2002
 Brad Bair Decathlon
 Brett Guymon 110-Meter Hurdles
 400-Meter Hurdles
 Mike Nielson 1,500 Meters
 5,000 Meters



James Parker ended his illustrious Utah State career with nine All-America honors, which is tied for most in school history.



LaDonna Antoine-Watkins won three straight Big West outdoor titles in the 400 meters from 1995-97 and represented Canada in the event at the Olympics in 1996 and 2000.

2003
 Ryan Bruhn Hammer
 Steve Prescott 10,000 Meters
 Nick Seedall 400-Meter Hurdles
 Josh Sides Shot Put
 Neil Warr Javelin

2005
 David Danley 3,000 Meters
 Rod McNeal 4x100-Meter Relay
 DJ Smith 4x100-Meter Relay
 Cedric Young 4x100-Meter Relay

WOMEN'S BIG WEST OUTDOOR CHAMPS

1991
 Amanda Hopkins High Jump

1992
 Agneta Weston Heptathlon

1993
 Kim Barnes 100 Meters
 100-Meter Hurdles
 LaSabre Bell 200 Meters
 Wendy Matthews Discus
 Shot Put
 Agneta Weston High Jump
 Heptathlon

1994
 Doni DeCory Shot Put
 Tracy Dulmage Long Jump
 Lara Johnson High Jump

1995
 LaDonna Antoine 400 Meters
 Wendy Matthews Discus
 Becky Sorenson Long Jump

1996
 LaDonna Antoine 400 Meters
 Jennifer Davidson 100-Meter Hurdles
 Jamie Hall Heptathlon
 Kim Lutz Javelin
 Wendy Matthews Discus
 Hammer

1997
 LaDonna Antoine 200 Meters
 400 Meters
 Becky Blackburn High Jump
 Jennifer Homer Discus
 Dawn Smith Hammer

1998
 Jessica Drake Discus
 Shot Put
 Jane Durfey 400-Meter Hurdles
 Shelley Grupe 400 Meters
 Holly Hansen 1,500 Meters
 3,000 Meters
 Erin Hartvigsen Hammer
 Jayme Hendrian 100-Meter Hurdles
 Tricia Schmidt Triple Jump

1999
 Jane Durfey 110-Meter Hurdles
 400-Meter Hurdles
 Shelley Grupe 400 Meters
 Charlotte Wahlin Hammer

2000
 Kristi Connors 400 Meters
 Melissa Jensen 800 Meters
 Rebekah Thornley 1,500 Meters

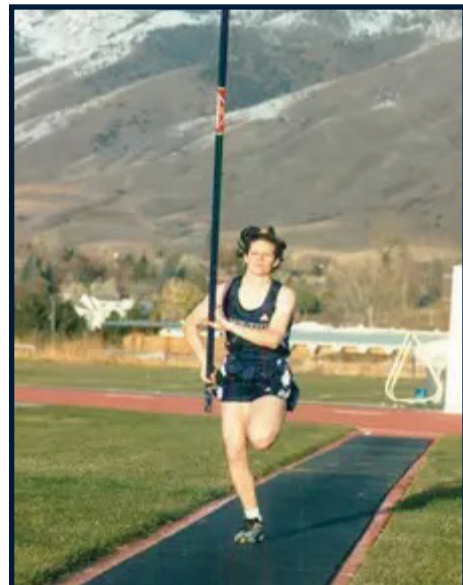
2001
 Amber Jensen 800 Meters
 Danielle Kot 100 Meters
 200 Meters
 Jessica Owen Hammer
 Rebekah Thornley 1,500 Meters

2002
 Shae Bair Pole Vault
 Kristen Coombs 1,500 Meters
 Katie Farner Heptathlon

2005
 Tiffany Strickland... 3,000-Meter Steeplechase

MEN'S MPSF INDOOR CHAMPS

1993
 Troy Johnson 400 Meters
 Bode Osagiabore 55 Meters
 200 Meters



Shae Bair earned three All-America honors in the pole vault (two indoor, one outdoor) and won the 2002 Big West outdoor title.

ALL-TIME HONORS

Lance White.....	Pole Vault
1994	
Mike Davidson	5,000 Meters
Muchapina Marzano.....	3,000 Meters
Lance White.....	Pole Vault
1995	
Lance White.....	Pole Vault
1998	
Corey Murdock.....	400 Meters
1999	
Corey Murdock.....	400 Meters
2000	
James Parker.....	Weight Throw
Lance Thurston	High Jump
2001	
James Parker.....	Weight Throw

WOMEN'S MPSF INDOOR CHAMPS

1993	
LaDonna Antoine.....	200 Meters
.....	400 Meters
Tracy Dulmage.....	Long Jump
.....	Triple Jump
Alisa Nicodemus.....	3,000 Meters

1994	
Becky Sorensen	Long Jump

1997	
LaDonna Antoine.....	400 Meters

2001	
Rebekah Thornley.....	Mile

WOMEN'S HIGH COUNTRY OUTDOOR CHAMPS

1984	
Helena Johnson	400 Meters

1985	
Lena Astrom.....	Javelin
Kristina Ponton	400 Meters



Dallin Farnsworth won the individual title at the 2019 Mountain West Championships, leading Utah State to its first MW team title.



Nic Bowens was tabbed the Mountain West Indoor Track & Field Championships Outstanding Performer in 2014 and 2015, and the Outdoor Championships Performer in 2014.

1986	
Jennifer Gloria	4x400-Meter Relay
Helena Johnson	4x400-Meter Relay
Lola Ogunde.....	4x400-Meter Relay
Denise Pidcock.....	4x400-Meter Relay

1987	
Chloe Anderson	4x400-Meter Relay
Jennifer Gloria	400 Meters
.....	Triple Jump
.....	4x400-Meter Relay
Lola Ogunde.....	100 Meters
.....	200 Meters
.....	4x400-Meter Relay
Patricia Otiede.....	4x400-Meter Relay

1988	
Helena Johnson	4x100-Meter Relay
Janelle Nielsen.....	4x100-Meter Relay
Lola Ogunde.....	100 Meters
.....	200 Meters
.....	4x100-Meter Relay
Bigi Salter	4x100-Meter Relay

1989	
Ime Akpan	100-Meter Hurdles
.....	4x100-Meter Relay
Jackie Cochran.....	4x100-Meter Relay
Janelle Nielsen.....	4x100-Meter Relay
Lola Ogunde.....	100 Meters
.....	4x100-Meter Relay

1990	
Deb Malachowski.....	Javelin

1995	
Caroline Isgren.....	Shot Put

CONFERENCE SUPERLATIVES

MOUNTAIN WEST

Men's Cross Country Coach of the Year	
Artie Gulden.....	2019

MOUNTAIN WEST MEN

Cross Country Individual Champion	
Dallin Farnsworth	2019
Caleb Garnica.....	2020

Men's Cross Country Student-Athlete of the Year	
Dallin Farnsworth	2019
Caleb Garnica.....	2020

Cross Country Freshman of the Year	
Colby Wilson	2013
Luke Beattie.....	2016
Chase Leach	2021

Indoor Championship Outstanding Performer	
Nic Bowens	2014, 2015

Outdoor Championship Outstanding Performer	
Nic Bowens	2014
Parker Bluth.....	2015

MOUNTAIN WEST WOMEN

Indoor Athlete of the Year	
Chari Hawkins	2014, 2015

Indoor Championship Outstanding Performer	
Chari Hawkins	2014, 2015

Outdoor Athlete of the Year	
Chari Hawkins	2015

Outdoor Championship Outstanding Performer	
Chari Hawkins	2015

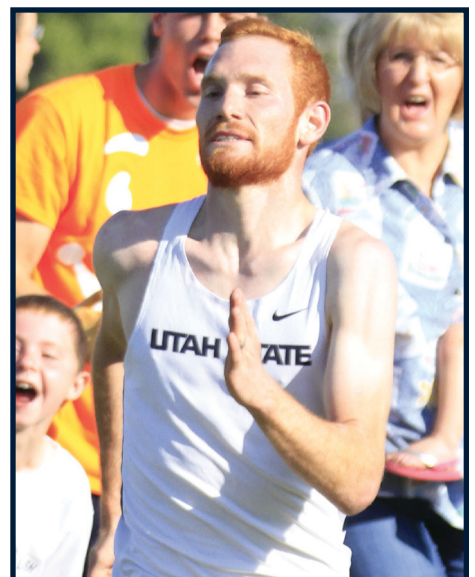
WESTERN ATHLETIC CONFERENCE

Men's Cross Country Coach of the Year	
Gregg Gensel	2005, '06, '07, '08, '09, '11

Women's Cross Country Coach of the Year	
Gregg Gensel	2006, '08

Men's T&F Coach of the Year	
Gregg Gensel	2018, '10, '11 (Indoor)
Gregg Gensel	2007, '09, '10, '11 (Outdoor)

Women's T&F Coach of the Year	
Gregg Gensel	2012 (Indoor)
Gregg Gensel	2012 (Outdoor)



Colby Wilson was tabbed the Mountain West Cross Country Freshman of the Year in 2013.



Lindsey Spencer garnered 2012 Western Athletic Conference Outstanding Field Performer accolades.

WESTERN ATHLETIC CONFERENCE MEN

Individual XC Champions & Athletes of the Year

Trever Ball	2005
Seth Wold	2007
Jason Holt	2008
Brian McKenna	2009, '11

Cross Country Freshman of the Year

Seth Wold	2005
Tony Jones	2006
Chio Lopez	2007

Track Freshman of the Year

Silas Pimental	2008 (Indoor)
Brian McKenna	2009 (Outdoor)
Tanner Hunt	2011 (Indoor)
Nic Bowens	2012 (Indoor)
Briton Page	2013 (Indoor)

Indoor Athlete of the Year

Nick Karren	2008
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WESTERN ATHLETIC CONFERENCE WOMEN

Cross Country Freshman of the Year

Vanessa Hawkins	2005
Tylee Newman-Skinner	2012

Track Freshman of the Year

Chari Hawkins	2011 (Outdoor)
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Indoor Athlete of the Year

Kim Quinn	2010
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Outstanding Field Performer

Lindsey Spencer	2012
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BIG WEST CONFERENCE

Men's Cross Country Coach of the Year

Gregg Gensel	1992, '93, '94, 2002
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Men's Track & Field Coach of the Year

Ralph Maughan	1985
Gregg Gensel	1994, '95, '96, '98, 2002, '03

BIG WEST CONFERENCE MEN

Cross Country Individual Champion

Mike Davidson	1994
Mitch Zundel	2002

Cross Country Athlete of the Year

Mike Davidson	1994
Mitch Zundel	2002
Trever Ball	2004

Outdoor Track & Field Athlete of the Year

Craig Carter	1989
Bode Osagiobare	1992, '93
James Parker	1995
Brooks Gibbons	1996
Corey Murdock	1998
Brett Guymon	2002

BIG WEST CONFERENCE WOMEN

Cross Country Individual Champion

Alisa Nicodemus	1992, '93
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Cross Country Athlete of the Year

Alisa Nicodemus	1992, '93
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Outdoor Track & Field Athlete of the Year

LaDonna Antoine	1996, '97
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BIG WEST CONFERENCE WOMEN

Cross Country Individual Champion

Alisa Nicodemus	1992, '93
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MOUNTAIN PACIFIC SPORTS FEDERATION

Men's T&F Coach of the Year

Gregg Gensel	1993 (Indoor)
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TM

YEAR-BY-YEAR RESULTS

CROSS COUNTRY NCAA FINISHES

Year	Men	Women
2017	27th	14th
2019	16th	--
2020	11th	--
2021	--	28th
2022	26th	--
2024	22nd	--

MEN'S NCAA FINISHES

Year	Indoor	Year	Outdoor
1965	T25th	1949	T23rd
1966	T13th	1957	T14th
1967	T34th	1958	T8th
1968	T17th	1960	T39th
1970	T37th	1965	T30th
1973	T34th	1966	T24th
1975	T14th	1967	T14th
1976	T21st	1968	T23rd
1999	T47th	1975	T21st
2000	T47th	1977	T16th
2001	T44th	1983	T58th
2018	T27th	1990	T64th
		1995	T53rd
		1998	T20th
		2000	T44th
		2001	T18th
		2002	41st
		2018	T18th
		2019	T40th

WOMEN'S NCAA FINISHES

Year	Indoor	Year	Outdoor
1990	T33rd	1996	T49th
1993	T14th	1997	T38th
1997	T43rd	2000	T45th
1998	62nd	2018	T63rd
1999	46th	2025	T57th

CROSS COUNTRY YEAR-BY-YEAR TEAM FINISHES

Year	Men	Women
Big West		
1979	5th	--
1980	6th	--
1981	4th	--
1982	4th	--
1983	9th	--
1984	7th	--
1985	3rd	--
1986	7th	--
1987	DNC	--
1988	DNC	--
1989	5th	--
1990	4th	8th
1991	4th	8th
1992	1st	7th
1993	1st	5th
1994	1st	3rd
1995	2nd	4th
1996	2nd	3rd
1997	2nd	2nd
1998	2nd	1st
1999	4th	5th
2000	2nd	4th
2001	2nd	4th
2002	1st	4th
2003	5th	2nd
2004	2nd	3rd
WAC		
2005	1st	2nd
2006	1st	1st
2007	1st	3rd
2008	1st	1st
2009	1st	2nd
2010	3rd	2nd
2011	1st	3rd
2012	2nd	3rd

Mountain West

2013	6th	5th
2014	5th	7th
2015	8th	6th
2016	4th	6th
2017	4th	3rd
2018	5th	4th
2019	1st	5th
2020	2nd	4th
2021	3rd	2nd
2022	3rd	3rd
2023	5th	5th
2024	6th	6th
2025	5th	4th

INDOOR YEAR-BY-YEAR TEAM FINISHES

Year	Men	Women
MPSF		
1993	1st	3rd
1994	2nd	1st
1995	2nd	5th
1996	7th	t11th
1997	8th	5th
1998	7th	4th
1999	4th	6th
2000	3rd	5th
2001	4th	5th
2002	7th	4th
2003	8th	8th
2004	8th	8th
WAC		
2005	2nd	7th
2006	4th	3rd
2007	2nd	4th
2008	1st	4th
2009	2nd	4th
2010	1st	2nd
2011	T-1st	2nd
2012	2nd	1st
2013	3rd	7th

Mountain West

2014	4th	6th
2015	4th	6th
2016	2nd	9th
2017	3rd	9th
2018	3rd	8th
2019	3rd	6th
2020	4th	10th
2021	(Canceled due to COVID-19 pandemic)	
2022	3rd	6th
2023	5th	10th
2024	4th	T-10th
2025	3rd	8th

OUTDOOR YEAR-BY-YEAR TEAM FINISHES

Year	Men	Women
Big West		
1977	5th	--
1978	7th	--
1979	4th	--
1980	6th	--
1981	5th	--
1982	4th	--
1983	5th	--
1984	4th	--
1985	3rd	--
1986	6th	--
1987	5th	--
1988	4th	--
1989	4th	--
1990	3rd	--
1991	4th	5th
1992	3rd	4th
1993	2nd	1st
1994	1st	1st
1995	1st	1st
1996	1st	1st

1997	2nd	1st
1998	1st	1st
1999	1st	1st
2000	3rd	2nd
2001	2nd	2nd
2002	1st	4th
2003	1st	5th
2004	7th	6th

WAC

2005	5th	4th
2006	2nd	3rd
2008	2nd	4th
2009	1st	4th
2010	1st	4th
2011	1st	2nd
2012	2nd	1st
2013	2nd	7th

Mountain West

2014	3rd	6th
2015	4th	4th
2016	2nd	6th
2017	3rd	8th
2018	4th	5th
2019	3rd	6th
2020	(Canceled due to COVID-19 pandemic)	
2021	3rd	7th
2022	5th	7th
2023	5th	8th
2024	4th	5th
2025	3rd	9th



UTAH STATE

RECORDS

RECORDS

MEN'S INDOOR TOP 10

60 Meters	Time	Year
1. Nic Bowens	6.61	2014
2. Mike Pyrtle	6.69	2010
3. Daniel Chase	6.70	2025
4. Parker Bluth	6.71	2016
5. DJ Smith	6.72	2006
6. Diego Aguirre-Stewart	6.73	2025
Ayodele Ojo	6.73	2025
Will Henry	6.73	2013
Brandon Boone	6.73	1999
10. Jacob Bautista Jr.	6.74	2015
Silas Pimentel	6.74	2014

200 Meters	Time	Year
1. Parker Bluth	20.73	2016
2. Nic Bowens	20.80	2015
3. Diego Aguirre-Stewart	20.93	2025
4. Dominic Bentil	21.17	2022
5. Silas Pimentel	21.21	2014
6. Jacob Bautista Jr.	21.25	2015
7. DJ Smith	21.30	2007
8. Armahd Lewis	21.34	2011
9. Cole Lambourne	21.37	2016
10. Anthony Stewart	21.38	2001

400 Meters	Time	Year
1. Brady Martin	46.26	2016
2. AJ Bouilly	46.48	2017
3. Corey Murdock	46.51	1999
4. Cole Lambourne	46.55	2015
5. Matt Stowell	46.56	1994
6. Troy Johnson	46.96	1993
7. Brett Guymon	47.08	2002
8. Michael Bluth	47.18	1974
9. Mark Enyeart	47.26	1974
10. Dasheek Akwenye	47.39	2007

800 Meters	Time	Year
1. Mark Enyeart	1:48.10	1977
2. Clay Lambourne	1:48.30	2018
3. Brennan Benson	1:48.56	2025
4. Landon Bott	1:48.81	2024
5. James Allred	1:50.06	2011
6. Briton Page	1:50.36	2013
7. Samuel Green	1:50.60	2025
8. Bryan Griffin	1:50.61	1983
9. Ernest Green	1:50.65	2025
10. Tyler Killpack	1:50.85	2013

Mile	Time	Year
1. Devin Pancake	4:00.36	2022
2. Brennan Benson	4:01.09	2025
3. Dillon Maggard	4:01.25	2017
4. Shane Bingham	4:02.17	1998
5. Bridger Altice	4:03.63	2024
6. Drew Hogan	4:04.47	2024
7. Eric Roberts	4:05.04	1994
8. Wyatt Evans	4:05.08	2023
9. Joshua Armstrong	4:05.59	2025
10. Ben Johnston	4:05.85	2016

3,000 Meters	Time	Year
1. Dillon Maggard	7:52.99	2018
2. LJ Floyd	7:58.52	2025
3. Logan Garnica	8:03.74	2025
4. Mike Nielson	8:03.81	2005
5. Caleb Garnica	8:04.95	2023
6. Daniel Howell	8:05.30	2012
7. Max Wehrli	8:06.11	2025
8. Spencer Nelson	8:06.13	2023
9. Luke Bailey	8:06.20	2019
10. Mark Crandall	8:06.77	2023

5,000 Meters	Time	Year
1. Dillon Maggard	13:40.59	2018
2. Connor Weaver	13:49.16	2022
3. Caleb Garnica	13:53.07	2023
4. Max Wehrli	13:55.49	2024
5. John Simmons	13:59.35	2025
6. Spencer Nelson	14:01.51	2024
7. Luke Beattie	14:04.21	2019
8. Daniel Howell	14:04.25	2012
9. Logan Garnica	14:06.81	2025
10. Jediah Megargel	14:07.29	2025

60-Meter Hurdles	Time	Year
1. Justin Wickard	7.84	2005
2. AJ Bouilly	7.85	2017
3. Brian Dopp	7.98	1997
4. Dylan Nielson	8.03	2009
5. Nick Karren	8.05	2008
6. Jarrett Bush	8.06	2005
Corey Murdock	8.06	1999
8. Scott Bell	8.08	2006
9. Zach Meyer	8.11	2022
10. Hunter Simonsen	8.13	2020

4x400-Meter Relay	Time	Year
1. Joshua Gordon, Brady Martin, Michael Bluth, AJ Bouilly	3:07.23	2017
2. Parker Bluth, Clay Lambourne, Cole Lambourne, Brady Martin	3:08.89	2016
3. Parker Bluth, Clay Lambourne, Cole Lambourne, Tanner Hunt	3:08.99	2015
4. Parker Bluth, Clay Lambourne, Brady Martin, AJ Bouilly	3:09.48	2016
5. Joshua Gordon, Brady Martin, Michael Bluth, AJ Bouilly	3:09.59	2017
6. Parker Bluth, Cole Lambourne, AJ Bouilly, Brady Martin	3:11.23	2016
7. Cole Lambourne, Parker Bluth, Tanner Hunt, Brady Martin	3:13.31	2016
8. Nick Karren, Brett Knighton, Brandon Waller, Emon Williams	3:13.33	2008
9. Skyler Andam, Mikhail Kidd, Nathan Kaufusi, Spencer Eldridge	3:13.49	2020
10. Scott Bell, Nick Karren, Brett Knighton, Dasheek Akwenye	3:13.74	2007

Distance Medley Relay	Time	Year
1. Jordan Beutler, Brady Martin, Clay Lambourne, Dillon Maggard	9:32.31	2018
2. Ernest Green, Samuel Green, Landon Bott, Brennan Benson	9:42.46	2025
3. Jason Holt, Tanner Hunt, James Allred, Eric Larson	9:43.11	2011
4. Devin Pancake, Zack Bell, Christopher Kauffman, Brennan Benson	9:44.03	2023
5. Benjamin Johnston, Landon Watts, Jordan Beutler, Dillon Maggard	9:47.99	2016
6. Jordan Beutler, Clay Lambourne, Samuel Coleman, Dillon Maggard	9:48.22	2018
7. Brody Smith, Parker Bluth, Jordan Beutler, Dillon Maggard	9:49.24	2017
8. Yonas Mogos, Christopher Kauffman, Wyatt Evans, Drew Hogan	9:51.42	2023
9. Devin Pancake, Brandon Williams, Christopher Kauffman, Brennan Benson	9:52.76	2022
10. Brennan Benson, Johnny Cruz, Christopher Kauffman, Devin Pancake	9:53.81	2022

High Jump	Mark	Year
1. Clint Silcock	2.24m/7-4.25	2011
2. Dave Hoffman	2.23m/7-3.75	1999
3. Lance Thurston	2.20m/7-2.50	2000
4. Hunter Simonsen	2.18m/7-1.75	2019
Leaugen Fray	2.18m/7-1.75	2018
6. Mike Cosgrove	2.15m/7-0.50	2000
7. Chandler Obray	2.14m/7-0.25	2019
John Strang	2.14m/7-0.25	2009
9. Kelton Chenworth	2.12m/6-11.50	2023
Ben Hoffman	2.12m/6-11.50	2022

Pole Vault	Mark	Year
1. Logan Hammer	5.61m/18-4.75	2025
2. Mark Calvin	5.45m/17-10.50	1998
Lance White	5.45m/17-10.50	1994
4. Sam Nelson	5.35m/17-6.50	2019
5. Maurice Jenkins	5.31m/17-5	2002
6. Javin Richards	5.25m/17-2.75	2025
7. Marshall Rasmussen	5.21m/17-1	2025
8. Joel Johnson	5.15m/16-10.75	2001
9. Paul Snyder	5.10m/16-8.75	1996
10. John Johnson	5.08m/16-8	2011
Lance Hamblin	5.08m/16-8	1996

Long Jump	Mark	Year
1. Justin Wickard	7.57m/24-10	2002
Paul Jones	7.57m/24-10	1982
3. Leaugen Fray	7.52m/24-8.25	2017
4. Erin Sullivan	7.49m/24-7	1990
5. James Helton	7.41m/24-3.75	1967
6. Damian Szade	7.38m/24-2.50	2011
7. Theodus Windham	7.35m/24-1.50	1985
Alan Watts	7.35m/24-1.50	1968
9. John Strang	7.30m/23-11.50	2008
Barry Lines	7.30m/23-11.50	1974

Triple Jump	Mark	Year
1. Godwin Charles	15.74m/51-7.75	2024
2. Kyle Brost	15.22m/49-11.25	2020
3. Blake Hadfield	15.03m/49-3.75	2008
4. Paul Jones	15.00m/49-2.50	1982
5. Lonnie Carter	14.90m/49-10.75	2003
6. Kenny Hamlett	14.87m/48-9.50	2014
7. Damon Smith	14.75m/48-4.75	1991
8. Barry Lines	14.70m/48-2.75	1974
9. Bruce McCannel	14.59m/47-10.50	2000
10. Travis Johnson	14.53m/47-8	2014

Shot Put	Mark	Year
1. Michael Mercer	18.73m/61-5.50	1971
2. Josh Barclay	18.51m/60-8.75	2020
3. Josh Sides	18.50m/60-8.50	2003
4. Scott Schaley	18.49m/60-8	1998
5. Nate Franz	18.47m/60-7.25	2025
6. Kyle Morris	18.38m/60-3.75	2019
7. James Parker	18.35m/60-2.50	2001
8. Zack Lloyd	18.28m/59-11.75	2005
9. Ole Hertel	18.23m/59-9.75	1997
10. Brian Caulfield	18.13m/59-5.75	1971

35-Pound Weight Throw	Mark	Year
1. James Parker	21.57m/70-9	2001
2. Ryan Bruhn	19.59m/64-3	2004
3. Kevin Liu	19.32m/63-4	2007
4. Craig Carter	19.21m/63-0	1990
5. Chris Hatch	18.78m/61-7	1987
6. Justin DeSantis	18.70m/61-4	1997
7. Nate Franz	18.64m/61-2	2025
8. Joe Canavan	18.55m/60-10	2010
9. Josh Sides	18.54m/60-10	2004
10. Bryce Hall	18.49m/60-8	2012

Pentathlon	Points	Year
1. Briann Dopp	4,087	1997
2. Rob McKenna	3,794	1995
3. Joel Johnson	3,753	2002
4. Jake Pugsley	3,704	1999
5. Brad Bair	3,508	2001
6. Dan Messick	3,457	1999
7. Corey Murdock	3,378	1994

Heptathlon	Points	Year
1. John Strang	5,522	2009
2. Javin Richards	5,330	2025
3. Logan Moore	5,243	2007
4. Philip Noble	5,204	2011
5. Caden Dupee	5,192	2022
6. Jon Goble	5,179	2013
7. Roman Ruiz	5,078	2019
8. Reese Hulbert	5,015	2005
9. Bradford Strobell	4,980	2015
10. Charles Hopkins	4,810	2008

2024-25 student-athletes are in bold
Last Updated: 3/3/25

UTAH STATE WOMEN'S INDOOR TOP 10

60 Meters	Time	Year
1. Lola Ogunde	7.49	1987
2. Hailey Suit	7.56	2021
3. Brenly Douglas	7.59	2025
Gabriella Holmstrom	7.59	2022
5. Emma Reeves	7.62	2025
6. Bailee Whitworth	7.63	2012
7. Breanna Raven	7.67	2025
Maria Halton	7.67	2008
9. Danielle Kot	7.68	1999
10. Becky Tueller	7.70	2004

200 Meters	Time	Year
1. LaDonna Antoine	23.90	1997
2. Danielle Kot	23.97	2001
3. Becky Sorensen	24.06	1994
4. Bailee Whitworth	24.16	2012
5. Camryn Ere	24.18	2025
6. Ime Akpan	24.44	1990
7. Sandra Reategui	24.45	2002
8. Gabriella Holmstrom	24.46	2022
9. Amber Peterson	24.52	2007
10. Emma Reeves	24.64	2025
Lola Ogunde	24.64	1989

400 Meters	Time	Year
1. LaDonna Antoine	53.05	1994
2. Kristi Connors	54.03	2002
3. Becky Sorensen	54.23	1995
4. Katelyn Heiner	54.57	2012
5. Mashaylee Jones	54.59	2025
6. Kaitlyn Wilcox	54.84	2016
7. LaSabre Bell	55.14	1993
8. Adi Nielson	55.37	2024
9. Nancy Miller	55.40	1979
10. Aubrie Haymore	55.61	2012

800 Meters	Time	Year
1. Amy Egan	2:08.27	2008
2. Mattie Geddes	2:09.34	2024
3. Karen Christensen	2:09.50	2022
4. Alison Richter	2:10.08	2025
5. Jill Steele	2:10.30	2006
6. Hannah Davidson	2:10.32	2024
7. Kylie Ross	2:10.78	2012
8. Elli Eastmond	2:11.55	2017
9. Melissa Jensen	2:11.74	2000
10. Shannon Maloney	2:12.37	2017

Mile	Time	Year
1. Jennifer Twitchell	4:39.95	2007
2. Alisa Nicodemus	4:41.63	1993
3. Cierra Simmons-Mecham	4:45.21	2019
4. Mattie Geddes	4:46.82	2024
5. Mimi Miyazawa	4:46.86	2025
6. Tylee Skinner	4:47.97	2013
7. Shelby Jensen	4:48.17	2025
8. Caroline Moon	4:48.84	2025
9. Mica Rivera	4:49.20	2023
10. Abby Jensen	4:49.74	2023

3,000 Meters	Time	Year
1. Cierra Simmons-Mecham	9:23.86	2019
2. Mica Rivera	9:23.90	2023
3. Abby Jensen	9:30.64	2023
4. Mimi Miyazawa	9:32.60	2024
5. Sarah Ellis	9:32.64	2025
6. Emma Thornley	9:33.25	2024
7. Kelsey Yamauchi-Richins	9:37.45	2019
8. Kashley Carter	9:38.21	2017
9. Shelby Jensen	9:38.35	2024
10. Morgan French	9:40.34	2023

5,000 Meters	Time	Year
1. Alisa Nicodemus	16:00.81	1993
2. Emma Thornley	16:13.54	2025
3. Mica Rivera	16:21.42	2023
4. Katie Haviland	16:23.77	2022
5. Sarah Ellis	16:24.30	2025
6. Bailey Brinkerhoff	16:29.00	2024
7. Kashley Carter	16:32.28	2018
8. Mimi Miyazawa	16:32.58	2023
9. Morgan French	16:40.94	2023
10. Ana Weaver	16:43.77	2024

60-Meter Hurdles	Time	Year
1. Chari Hawkins	8.30	2015
2. Abbey Bryant	8.39	2024
3. Krysthina Vlahovic	8.45	2025
4. Talie Bonds	8.52	2019
5. Amber Peterson	8.52	2017
6. Ashlee Cannon	8.55	2007
7. Maddie Edwards	8.61	2024
8. Jane Durfey	8.64	1999
9. Claire Petersen	8.66	2025
10. Cree Taylor	8.67	2014

4x400-Meter Relay	Time	Year
1. Becky Sorensen, Kim Barnes, LaSabre Bell, LaDonna Antoine	3:37.33	1994
2. Adi Nielson, Alison Richter, Elly Jeppsen, Mashaylee Jones	3:40.16	2025
3. Barbara Rainey, Denise Pidcock, Helena Johnsson, Lola Ogunde	3:41.43	1986
4. Olivia Smith, Alison Richter, Delphine Dah, Emma Reeves	3:41.96	2022
5. Patricia Otiede, Jennifer Gloria, Helena Johnsson, Lola Ogunde	3:43.00	1987
6. Emma Reeves, Adi Nielson, Olivia Smith, Maddie Edwards	3:43.27	2024
7. Bailee Whitworth, Aubrie Haymore, Ross, Katelyn Heiner	3:43.59	2012
8. Sandra Reategui, Crockett, Heather Smith, Kristi Connors	3:43.97	2002
9. Melanie Muncy, Breann Bate, Jordan Brandt, Kasia Lawrynovicz	3:44.34	2018
10. Hollie Bosworth, Aubrie Haymore, Ross, Katelyn Heiner	3:44.82	2011

Distance Medley Relay	Time	Year
1. Megan Ryan, Kasia Lawrynovicz, Shannon Maloney, Cierra Simmons-Mecham	11:31.69	2019
2. Hannah Davidson, Olivia Smith, Mattie Geddes, Abby Jensen	11:33.21	2023
3. Megan Ryan, Melanie Muncy, Karen Christensen, Cierra Simmons-Mecham	11:37.89	2019
4. Hannah Davidson, Adi Nielson, Mattie Geddes, Shelby Jensen	11:46.95	2024
5. K.Yamauchi-Richins, Breann Bate, Shannon Maloney, Tori Parkinson	11:49.14	2016
6. Taylia Norris, Adi Nielson, Hannah Davidson, Bailey Brinkerhoff	11:49.60	2022
7. Shelby Jensen, Adi Nielson, Caroline Moon, Mimi Miyazawa	11:49.89	2025
8. Hannah Davidson, Alison Richter, Karen Christensen, Abby Jensen	11:50.04	2022
9. Cherie Chugg, Jessie Chugg, Aubrie Haymore, Hannah Williams	11:50.29	2011
10. USU (Athletes Unknown)	11:50.77	2000

High Jump	Mark	Year
1. Chari Hawkins	1.83m/6-0	2014
2. Agneta Westen	1.81m/5-11.25	1992
3. Amanda Hopkins	1.80m/5-10.75	1992
4. Rachel Orr	1.77m/5-9.75	2013
5. Audrey Garrett	1.76m/5-9.25	2020
6. Jennifer Christensen	1.75m/5-8.75	2019
Jodi Williams	1.75m/5-8.75	2013
Lacey Schroeder	1.75m/5-8.75	2006
Becky Blackburn	1.75m/5-8.75	1998
Lucia Chudy	1.75m/5-8.75	1979

Pole Vault	Mark	Year
1. Sonia Grabowska	4.25m/13-11.25	2011
2. Abbie Scott	4.11m/13-5.75	2025
3. Kathryn Duhadway	3.97m/13-0.25	2006
4. Shae Bair	3.90m/12-9.50	2002
5. Lucy Jeppson	3.88m/12-8.75	2025
6. Maren Garnett	3.80m/12-5.50	2022
Amber Thompson	3.80m/12-5.50	2015
Kaylene Gastaldi	3.80m/12-5.50	2006
9. Stephanie Wright	3.78m/12-4.75	2019
10. Paige Hansen	3.77m/12-4.50	2024

Long Jump	Mark	Year
1. Tracy Dulmage	6.22m/20-5	1993
2. Becky Sorensen	6.04m/19-9.75	1994
3. Chari Hawkins	6.02m/19-9	2015
4. Breanna Raven	5.99m/19-8	2025
5. Amy Reeder	5.93m/19-5.50	1995
6. Tricia Schmidt	5.87m/19-3.25	1997
7. Danielle Kot	5.82m/19-1.25	1999
8. Katelyn Heiner	5.75m/18-10.50	2008
9. Agneta Westen	5.73m/18-9.75	1992
10. Kristina Ponton	5.72m/18-9.25	1986

Triple Jump	Mark	Year
1. Sam Nelson	12.89m/42-3.50	2015
2. Tracy Dulmage	12.84m/42-1.50	1993
3. Danielle Kot	12.47m/40-11	2000
4. Tricia Schmidt	12.39m/40-7.75	1997
5. Kristina Ponton	12.17m/39-11.25	1987
6. Sidnee Naerebout	12.13m/39-9.75	2024
7. Breanna Raven	12.09m/39-8	2024
8. T. Hovhannisyan	12.00m/39-4.50	2000
9. Bailey Maseda	11.88m/38-11.75	2020
10. Julia Stewart	11.83m/38-9.75	2012

Shot Put	Mark	Year
1. Brenn Flint	16.70m/54-9.50	2018
2. Maia Garren	16.18m/53-1	2019
3. Olivia Moriconi	15.65m/51-4.25	2018
4. Kelli Burton	15.62m/51-3	2004
5. Maci Bingham	15.38m/50-5.50	2016
6. Candice Workman	15.23m/49-11.75	2003
7. Tori Bailey	14.95m/49-0.75	2019
8. Milly Garren	14.93m/48-11.75	2025
9. Lindsey Spencer	14.84m/48-8.25	2011
10. Spela Hus	14.78m/48-6	2012

20-Pound Weight Throw	Mark	Year
1. Maia Garren	19.49m/63-11	2019
2. Keeley Eldredge	19.14m/62-9	2014
3. Maci Bingham	19.09m/62-7	2016
4. Melanie Heslop	18.47m/60-7	2015
5. Tori Bailey	18.27m/59-11.25	2023
6. Milly Garren	18.09m/59-4.25	2025
Krista Larson	18.09m/59-4.25	2009
7. Lindsey Spencer	17.59m/57-8	2011
8. Charlotte Wahlin	17.57m/57-7	2000
9. Erin Hartvigsen	17.52m/57-5	1999
10. Shelby Jordan	17.41m/57-1	2016

Pentathlon	Points	Year
1. Chari Hawkins	4,194	2015
2. Lacey Schroeder	3,914	2006
3. Agneta Westen	3,848	1992
4. Talie Bonds	3,762	2019
5. Kristina Ponton	3,747	1986
6. Alyssa Hirschi-Swenson	3,718	2019
7. Carrie Yost	3,703	2005
8. Jamie Hall	3,629	1998
9. Sophie Chandler	3,588	2025
10. Peyton Teevens	3,552	2023

2024-25 student-athletes are in bold
Last Updated: 3/3/25

MEN'S OUTDOOR TOP 10

100 Meters	Time	Year
1. Nic Bowens	10.13	2014
2. Parker Bluth	10.20	2016
3. Will Henry	10.25	2013
4. Ayodele Ojo	10.27	2025
5. DJ Smith	10.28	2007
6. Bode Osagiobare	10.33	1993
7. Silas Pimentel	10.41	2014
Armahd Lewis	10.41	2011
9. Daniel Chase	10.42	2025
10. Mike Pyrtle	10.47	2010
Rod McNeal	10.47	2005
Dwayne Foster	10.47	2001
Brandon Boone	10.47	1998

200 Meters	Time	Year
1. Parker Bluth	20.52	2016
2. Nic Bowens	20.70	2016
3. Bode Osagiobare	20.84	1992
4. Ayodele Ojo	20.89	2025
5. Diego Aguirre-Stewart	20.90	2025
6. Joshua Gordon	20.91	2017
Brandon Boone	20.91	1998
8. DJ Smith	20.96	2006
9. Silas Pimentel	20.97	2014
10. Theodus Windham	20.98	1984

400 Meters	Time	Year
1. Mark Enyeart	45.94	1977
2. Cole Lambourne	46.10	2015
3. Troy Johnson	46.38	1993
4. Brady Martin	46.43	2017
AJ Bouilly	46.43	2016
6. Matt Stowell	46.44	1994
7. Corey Murdock	46.46	1999
8. Dasheek Akwenye	46.50	2008
9. Parker Bluth	46.56	2016
10. Michael Bluth	46.67	2017

800 Meters	Time	Year
1. Mark Enyeart	1:44.98	1977
2. Clay Lambourne	1:47.09	2017
3. Landon Bott	1:47.11	2025
4. Brick Bergeson	1:48.20	2001
5. Jason Holt	1:48.78	2011
6. Brennan Benson	1:48.94	2023
7. Jordan Beutler	1:49.08	2018
8. Briton Page	1:49.44	2013
9. Eric Shellhorn	1:49.62	2015
10. Shane Bingham	1:49.86	1997

1,500 Meters	Time	Year
1. Brennan Benson	3:40.96	2023
2. Dillon Maggard	3:42.15	2017
3. Greg Long	3:42.25	1984
4. Devin Pancake	3:42.92	2023
5. Shane Bingham	3:43.64	1998
6. Jordan Beutler	3:44.45	2018
7. Brick Bergeson	3:44.46	2001
8. Joshua Armstrong	3:44.76	2025
9. Michael Dear	3:45.08	1991
10. Drew Hogan	3:45.39	2023

5,000 Meters	Time	Year
1. Dillon Maggard	13:30.02	2018
2. Luke Beattie	13:44.92	2021
3. Spencer Nelson	13:48.09	2022
4. Connor Weaver	13:48.13	2022
5. Camren Todd	13:53.64	2021
6. Bridger Altice	13:56.16	2024
7. Mike Nielson	13:56.75	2005
8. LJ Floyd	13:59.34	2025
9. Yonas Mogos	14:00.65	2023
10. Max Wehrli	14:02.78	2024

10,000 Meters	Time	Year
1. Camren Todd	28:10.91	2025
2. Luke Beattie	28:33.45	2021
3. Dillon Maggard	28:38.36	2018
4. Connor Weaver	28:54.55	2022
5. Caleb Garnica	28:58.24	2022
6. Brian McKenna	29:00.76	2010
7. Bridger Altice	29:03.14	2023
8. Mike Nielson	29:06.11	2005
9. Joshua McKee	29:27.66	2025
10. Steve Prescott	29:31.29	2003

110-Meter Hurdles	Time	Year
1. Gerald Cerulla	13.74	1965
2. AJ Bouilly	13.91	2017
Justin Wickard	13.91	2002
4. Corey Murdock	13.99	1999
5. Brett Guymon	14.12	2002
6. Zach Meyer	14.14	2022
7. Nick Karren	14.16	2009
8. Dylan Nielson	14.24	2009
9. Brooks Gibbons	14.26	1997
10. Keith Williams	14.27	2008

400-Meter Hurdles	Time	Year
1. Corey Murdock	48.85	1999
2. Brett Guymon	49.46	2002
3. AJ Bouilly	49.48	2017
4. Scott Walker	50.17	1982
5. Nick Karren	50.35	2010
6. Scott Bell	50.87	2006
7. Dustin Vetica	51.09	2005
8. Samuel Wing	51.35	2017
9. Brooks Gibbons	51.44	1997
10. Danny Elggren	51.53	2003

3,000-Meter Steeplechase	Time	Year
1. Logan Garnica	8:33.91	2025
2. Max Wehrli	8:36.30	2024
3. Colby Wilson	8:40.73	2016
4. Steve Strickland	8:42.71	2009
5. Spencer Fehlberg	8:44.65	2018
6. Mark Crandall	8:44.86	2023
7. Garrett Woodhouse	8:46.89	2025
8. Daniel Howell	8:48.25	2012
9. Mike Kelly	8:50.34	1979
10. T. Lindvigsmoen	8:50.09	1981

4x100-Meter Relay	Time	Year
1. Jacob Bautista Jr., Nic Bowens, Parker Bluth, Silas Pimentel	39.44	2014
2. Parker Bluth, Nic Bowens, Chance Parker, Brady Martin	39.50	2016
3. Mathew Hall, Daniel Chase, Diego Aguirre-Stewart, Ayodele Ojo	39.54	2025
4. Parker Bluth, Nic Bowens, AJ Bouilly, Brady Martin	39.90	2016
5. Nick Karren, Armahd Lewis, Matt Maughan, Mike Pyrtle	40.05	2010
6. Jacob Bautista Jr., Nic Bowens, Cole Lambourne, Will Henry	40.20	2013
7. Jacob Bautista Jr., Nic Bowens, Cole Lambourne, Parker Bluth	40.32	2014
8. Dylan Nielson, Armahd Lewis, Matt Maughan, Mike Pyrtle	40.38	2010
9. Cedric Young, Dwayne Foster, Joel Johnson, Anthony Stewart	40.40	2002
10. Ron Kehl, Terrence Campbell, Bode Osagiobare, Troy Johnson	40.44	1993

4x400-Meter Relay	Time	Year
1. Parker Bluth, Brady Martin, Cole Lambourne, AJ Bouilly	3:04.48	2016
2. Parker Bluth, Tanner Hunt, Cole Lambourne, Clay Lambourne	3:05.28	2015
3. Michael Bluth, Brady Martin, Joshua Gordon, AJ Bouilly	3:05.53	2017
4. Parker Bluth, AJ Bouilly, Brady Martin, Clay Lambourne	3:06.96	2016
5. Brady Martin, Parker Bluth, Tanner Hunt, Cole Lambourne	3:08.46	2016
6. Nick Seedall, Matt Lamb, David Stowell, Corey Murdock	3:09.64	1998
7. Pat Maes, Ron Kehl, Bode Osagiobare, Troy Johnson	3:09.84	1993
8. Michael Bluth, Nick Ashby, Brady Martin, AJ Bouilly	3:10.01	2017
9. Nick Seedall, Richie Panelli, Corey Murdock, Matt Lamb	3:10.40	1998
10. Matt Denning, Michael Anderson, Corey Murdock, Shawn Turner	3:10.49	1994

High Jump	Mark	Year
1. Dave Hoffman	2.30m/7-6.50	2001
2. Clint Silcock	2.26m/7-5	2010
3. Delvon Davis	2.21m/7-3	1979
Calvin Paskett	2.21m/7-3	1979
5. Lance Thurston	2.20m/7-2.50	1999
6. Kelton Chenworth	2.16m/7-1.00	2023
7. Casey Parker	2.15m/7-0.50	2009
8. Hunter Simonsen	2.14m/7-0.25	2019
Leaugen Fray	2.14m/7-0.25	2019
10. Taitte Priestley	2.12m/6-11.50	2025
Mark Birch	2.12m/6-11.50	1982
Kelly Newbold	2.12m/6-11.50	1982

Pole Vault	Mark	Year
1. Logan Hammer	5.70m/18-8.25	2025
2. Mark Calvin	5.51m/18-1	1997
3. Lance White	5.48m/17-11.75	1995
4. Javin Richards	5.30m/17-4.75	2025
5. Maurice Jenkins	5.26m/17-3	2000
6. Corey Johnson	5.25m/17-2.75	1982
7. Marshall Rasmussen	5.19m/17-0.25	2025
8. Christian Lee	5.18m/17-0	2004
9. Sam Nelson	5.17m/16-11.50	2018
10. Joel Johnson	5.15m/16-10.75	2003

Long Jump	Mark	Year
1. James Helton	7.68m/25-2.50	1967
2. Paul Jones	7.62m/25-0	1982
3. Donald Anderson	7.57m/24-10	1941
4. Erin Sullivan	7.54m/24-9	1990
5. Brandon Boone	7.49m/24-7	1997
6. Leaugen Fray	7.47m/24-6.25	2018
7. Bruce Dart	7.45m/24-5.50	1980
8. Samuel Beckwith	7.44m/24-5	2025
Joshua Hartvigsen	7.44m/24-5	2025
10. Barry Lines	7.43m/24-4.50	1974

Triple Jump	Mark	Year
1. Godwin Charles	15.88m/52-1.25	2024
2. Kyle Brost	15.63m/51-3.50	2021
3. Blake Hadfield	15.03m/49-3.75	2008
4. Paul Jones	15.00m/49-2.50	1982
5. Lonnie Carter	14.90m/49-10.75	2003
6. Kenny Hamlett	14.87m/48-9.50	2014
7. Damon Smith	14.75m/48-4.75	1991
8. Barry Lines	14.70m/48-2.75	1974
9. Bruce McCannel	14.59m/47-10.50	2000
10. Travis Johnson	14.53m/47-8	2014

Shot Put	Mark	Year
1. Zack Lloyd	19.05m/62-6	2005
2. Mark Carter	18.67m/61-3	1986
3. Scott Schaley	18.64m/61-2	1998
4. Joe Canavan	18.40m/60-4.50	2010
5. James Parker	18.28m/59-11.75	1999
6. Josh Sides	18.26m/59-11	2000
7. Michael Mercer	18.25m/59-10.50	1968
8. Kyle Morris	18.19m/59-8.25	2021
9. Josh Barclay	18.16m/59-7	2019
10. Nate Franz	18.13m/59-5.75	2025

Discus	Mark	Year	Javelin	Mark	Year	2024-25 student-athletes are in bold Last Updated: 6/28/25
1. James Parker	58.54m/192-0	1999	1. Sindri Gudmundsson	80.91m/265-5	2018	
2. Glen Passey	58.14m/190-9	1962	2. Neil Warr	71.98m/236-2	2003	
3. Daniel John	58.06m/190-6	1978	3. Kyle Morris	70.23m/230-5	2021	
4. Nate Franz	57.13m/187-5	2025	4. John Kelly	69.22m/227-1	1989	
5. William Staley	56.48m/185-3	1967	5. Walker Deede	68.72m/225-5	2025	
6. Joseph Turner	56.37m/184-11	2025	6. Devin Wright	67.84m/222-7	2017	
7. David Hirschmann	55.98m/183-8	2018	7. Adam Weston	67.58m/221-8	1992	
8. Ain Roost	55.27m/181-4	1968	8. Brent Smith	67.41m/221-2	1992	
9. Scott Schaley	55.24m/181-2	1998	9. Bill Graves	64.47m/211-6	1999	
10. L. Jay Silvester	55.06m/180-7	1960	10. Miles Nelson	64.46m/211-5	1987	

Hammer	Mark	Year	Decathlon	Points	Year
1. James Parker	73.32m/240-6	2001	1. Joel Johnson	7,586	2002
2. Craig Carter	65.32m/214-3	1990	2. John Strang	7,180	2009
3. Ryan Bruhn	64.18m/210-6	2003	3. Brian Dopp	7,153	1997
4. Josh Sides	61.32m/201-2	2003	4. Javin Richards	7,101	2025
5. Chris Hatch	61.01m/200-2	1986	5. Jake Pugsely	7,042	1998
6. Justin DeSantis	60.74m/199-3	1996	6. Rob McKenna	7,008	1995
7. Tim Sparks	59.94m/196-8	2002	7. Caden Dupee	6,979	2025
8. Bryce Hall	58.39m/191-7	2012	8. Brad Bair	6,976	2001
9. John Richardson	58.22m/191-0	1995	9. Philip Noble	6,960	2011
10. Kevin Liu	57.96m/190-2	2007	10. Roman Ruiz	6,808	2019



WOMEN'S OUTDOOR TOP 10

100 Meters			10,000 Meters			4x400-Meter Relay		
Rank	Name	Time	Rank	Name	Time	Rank	Name	Time
1.	Lola Ogunde	11.49	1.	Mica Rivera	32:57.50	1.	Mashaylee Jones, Adi Nielson, Alison Richter, Emma Reeves	3:38.66 2025
2.	Ime Akpan	11.54	2.	Ana Weaver	32:59.04 2023	2.	Becky Sorensen, Jane Marshall, Shelley Grupe, LaDonna Antoine	3:38.93 1996
3.	Cheryl Osborne	11.64	3.	Emma Thornley	33:32.13 2025	3.	Adi Nielson, Olivia Smith, Autumn Kidd, Maddie Edwards	3:39.88 2024
4.	Danielle Kot	11.66	4.	Alyssa Snyder	33:50.95 2019	4.	Shelley Grupe, Melissa Jensen, Jane Marshall, LaDonna Antoine	3:40.40 1997
5.	Emma Reeves	11.74 2025	5.	Brianne Smith	34:08.72 2025	5.	Coree Youngblood, Becky Sorensen, LaDonna Antoine, Tammy McLean	3:41.03 1995
6.	Dana Devon	11.83	6.	Kashley Carter	34:37.86 2018	6.	Jane Durfey, B. Thompson, Jamie Hall, Shelley Grupe	3:41.41 1999
7.	Bailee Whitworth	11.84	7.	Sarah Ellis	34:41.57 2025	7.	Jennifer Drury, Becky Sorensen, Jane Marshall, LaDonna Antoine	3:42.30 1996
8.	Kim Barnes	11.84	8.	Morgan French	34:51.58 2022	8.	Jensen, Heidi Hopkins, Katie Thatcher, Elaine Connolly	3:42.37 2009
9.	Hailey Suit	11.86	9.	Kim Quinn	35:29.82 2010	9.	Camille Fehlberg, Aubrie Haymore, Bailee Whitworth, Katelyn Heiner	3:43.00 2012
10.	Breanna Raven	11.87 2025	10.	Megumi Ludlow	35:30.36 2023	10.	Jamie Hall, Shelley Grupe, Kristen Hillam, Jane Durfey	3:43.37 1998

200 Meters			100-Meter Hurdles			High Jump		
Rank	Name	Time	Rank	Name	Time	Rank	Name	Mark
1.	LaDonna Antoine	23.14	1.	Ime Akpan	13.14	1.	Chari Hawkins	1.81m/5-11.25
2.	Danielle Kot	23.52	2.	Abbey Bryant	13.36	2.	Audrey Garrett	1.80m/5-10.75
3.	Lola Ogunde	23.58	3.	Krysthina Vlahovic	13.46 2025	3.	Rachel Orr	1.80m/5-10.75
4.	Ime Akpan	23.81		Jenni Davidson	13.46	4.	Agneta Westen	1.79m/5-10.50
5.	Emma Reeves	23.82 2025	5.	Talie Bonds	13.47	5.	Candy Cashell	1.78m/5-10
6.	Cheryl Osborne	23.84	6.	Chari Hawkins	13.50	6.	Brenda Wilson	1.78m/5-10
7.	Becky Sorensen	23.98	7.	Jane Durfey	13.51	7.	Jennifer Christensen	1.76m/5-9.25
8.	Bailee Whitworth	24.03	8.	Amber Peterson	13.53	8.	Jodi Williams	1.76m/5-9.25
9.	Camryn Ere	24.04 2025	9.	Jayne Hendrian	13.74	9.	Kathy Robinson	1.76m/5-9.25
10.	Dana Devon	24.05	10.	Ashlee Cannon	13.75	10.	Bri Campbell	1.75m/5-8.75

400 Meters			400-Meter Hurdles			3,000-Meter Steeplechase		
Rank	Name	Time	Rank	Name	Time	Rank	Name	Time
1.	LaDonna Antoine	51.48	1.	Maddie Edwards	57.22	1.	Shelby Jensen	9:36.61 2025
2.	Shelley Grupe	53.22	2.	Jane Durfey	57.25	2.	Cierra Simmons-Mecham	9:49.33 2018
3.	Becky Sorensen	53.74	3.	Amber Peterson	57.83	3.	Katie Haviland	10:12.29 2022
4.	Danielle Kot	53.77	4.	Kim Barnes	58.91	4.	Abby Jensen	10:14.07 2023
5.	Mashaylee Jones	54.07 2025	5.	Olivia Smith	59.20	5.	Stacie Lifferth	10:18.89 2007
6.	Nancy Miller	54.17	6.	Jordan Brandt	59.34	6.	Tori Parkinson	10:21.68 2017
7.	Lola Ogunde	54.29	7.	Katie Thatcher	59.47	7.	Bailey Brinkerhoff	10:22.82 2023
8.	Katelyn Heiner	54.30	8.	Kylie Ross	59.59	8.	Erin Stratton	10:24.08 2010
9.	LaSabre Bell	54.50	9.	Adi Nielson	59.62 2024	9.	Mica Rivera	10:25.93 2022
10.	Kristi Connors	54.62	10.	Jayne Hendrian	59.90	10.	Sammi Lee	10:26.67 2023

800 Meters			4x100-Meter Relay			Long Jump		
Rank	Name	Time	Rank	Name	Time	Rank	Name	Mark
1.	Mattie Geddes	2:06.45	1.	Amy Reeder, Becky Sorensen, Jennifer Davidson, LaDonna Antoine	45.07	1.	Ime Akpan	6.18m/20-3.50
2.	Melissa Jensen	2:08.85	2.	Emma Reeves, Breanna Raven, Brenly Douglas, Mashaylee Jones	45.61 2025	2.	Breanna Raven	6.11m/20-0.5 2025
3.	Karen Christensen	2:08.91	3.	Ashlee Cannon, Maria Halton, Jennifer Day, Brittany Chadwick	45.70	3.	Chari Hawkins	6.10m/20-0.25
4.	Elaine Connolly	2:09.06	4.	Ime Akpan, Janelle Nielsen, Jackie Cochran, Lola Ogunde	45.88	4.	Tracy Dulmage	6.05m/19-10.25
5.	Amy Egan	2:09.20	5.	Amy Reeder, Tammy McLean, Becky Sorensen, LaDonna Antoine	46.01	5.	Becky Sorensen	6.04m/19-9.75
6.	Jill Steele	2:09.57	6.	Ashlee Cannon, Maria Halton, Kimiko Kamo, Brittany Chadwick	46.06	6.	McKenzie Johnson	5.94m/19-6
7.	Kylie Ross	2:09.58	7.	Amy Reeder, Danielle Kot, B. Thompson, Jamie Hall	46.17	7.	Amy Reeder	5.89m/19-4
8.	Adela Hofmannova	2:09.92	8.	Brittany Rawlins, Bailee Whitworth, Chalese West, Kaitlyn Wilcox	46.21	8.	Danielle Kot	5.87m/19-3.25
9.	Amber Jensen	2:10.00	9.	Jane Durfey, Danielle Kot, Tricia Schmidt, LaDonna Antoine	46.23	9.	Jenny Franson	5.86m/19-2.75
10.	Jennifer Twitchell	2:10.35	10.	Suzette Beardall, Jane Marshall, Tricia Schmidt, LaDonna Antoine	46.25	10.	Gia Malone	5.85m/19-2.50

1,500 Meters			5,000 Meters			Triple Jump		
Rank	Name	Time	Rank	Name	Time	Rank	Name	Mark
1.	Hannah Davidson	4:23.72 2025	1.	Emma Thornley	16:01.44 2025	1.	Tracy Dulmage	12.97m/42-6.85
2.	Tylee Skinner	4:23.99	2.	Sarah Ellis	16:04.58 2025	2.	Tricia Schmidt	12.45m/40-10.25
3.	Jennifer Twitchell	4:24.08	3.	Mica Rivera	16:07.73 2023	3.	Sam Nielson	12.39m/40-7.75
4.	Adela Hofmannova	4:24.24	4.	Kashley Karter	16:14.46 2017	4.	Sidnee Naerebout	12.36m/40-6.75
5.	Kristen Guymon	4:24.84	5.	Tavia Dutson	16:17.24 2018	5.	Tatyana Hovhannisyan	12.12m/39-9.25
6.	Abby Jensen	4:25.30	6.	Mimi Miyazawa	16:26.56 2023	6.	Kristina Ponton	12.00m/39-4.50
7.	Mica Rivera	4:25.58	7.	Ana Weaver	16:28.17 2023	7.	Breanna Raven	11.90m/39-0.50 2024
8.	Amy Egan	4:25.70	8.	Alyssa Snyder	16:32.35 2019	8.	Kayla Lee	11.90m/39-0.50
9.	Rebekah Thornley	4:25.72	9.	Katie Haviland	16:34.92 2022	9.	Danielle Kot	11.90m/39-0.50
10.	Mimi Miyazawa	4:25.76 2023	10.	Brianne Smith	16:36.61 2025	10.	Bailey Maseda	11.83m/38-9.75

UTAH STATE WOMEN'S OUTDOOR TOP 10

Shot Put	Mark	Year
1. Brenn Flint	16.82m/55-2.25	2018
2. Olivia Moriconi	16.53m/54-2.75	2018
3. Maia Garren	16.50m/54-1.75	2022
4. Kelli Burton	16.00m/52-6	2003
5. Jessica Drake	15.42m/50-7.25	1998
6. Carolyn Isgren	15.31m/50-2.75	1985
7. Maci Bingham	15.26m/50-0.75	2016
8. Candice Workman	15.07m/49-5.50	2001
9. Milly Garren	15.04m/49-4.25	2025
10. Lindsey Spencer	14.93m/48-11.75	2012

Discus	Mark	Year
1. Lindsey Spencer	54.48m/178-9	2012
2. Tori Bailey	53.68m/176-1	2022
3. Brenn Flint	53.47m/175-5	2019
4. Michala Zilkey	52.02m/170-8	2021
5. Kelli Burton	51.84m/170-1	2003
6. Maci Bingham	51.29m/168-3	2015
7. Wendy Egbert	51.20m/167-11	1996
8. Maia Garren	50.97m/167-2	2021
9. Jessica Drake	50.42m/165-5	1998
10. Shannon Prince	50.13m/164-5	2010

Hammer	Mark	Year
1. Maci Bingham	62.33m/204-6	2016
2. Lindsey Spencer	61.99m/203-4	2012
3. Keeley Eldredge	60.00m/196-10	2014
4. Krista Larson	59.95m/196-8	2009
5. Charlotte Wahlin	58.98m/193-6	2000
6. Kelli Burton	58.88m/193-2	2004
7. Melanie Heslop	58.76m/192-9	2014
8. Michala Zilkey	58.47m/191-10	2021
9. Jessica Drake	57.98m/190-2	1998
10. Maia Garren	57.54m/188-9.25	2022

Javelin	Mark	Year
1. Mia Estes	51.38m/168-7	2018
2. Valerie Clark	49.07m/161-0	2023
3. Djamiliah Paepke-Chile	49.01m/160-9	2024
4. Madelyn Sirmon	47.96m/157-4	2016
5. Kaylee Hartshorn	47.74m/156-7	2014
6. April Fisher	46.03m/151-0	2000
7. Jenny Bitner-Rogers	45.30m/148-7	2019
8. Melissa Navarro	44.69m/146-7	2025
9. Stephanie Crapse	44.61m/146-4	2016
10. Madison Tareski	44.39m/145-7	2024

Heptathlon	Points	Year
1. Chari Hawkins	5,750	2015
2. Kristina Ponton	5,314	1983
3. Lacey Hulbert	5,304	2006
4. Agneta Westen	5,302	1992
5. Jamie Hall	5,257	1999
6. Sophie Chandler	5,180	2025
7. Talie Bonds	5,145	2019
8. Katie Farner	5,092	2002
9. Alyssa Hirschi-Swenson	5,033	2019
10. Wendy Limbaugh	5,005	1980

2024-25 student-athletes are in bold
Last Updated: 6/28/25



FACILITY RECORDS

GEORGE NELSON FIELDHOUSE INDOOR TRACK & FIELD RECORDS

Women

<i>Athlete (School)</i>	<i>Time/Mark</i>	<i>Date</i>	<i>Event</i>
Cathy Guishard (Unattached)	6.84	01/15/94	55m
Tiffany Lott (BYU)	7.75	01/18/97	55mh
Quincy Bonds (UVU)	7.38	02/01/25	60m
Quincy Bonds (UVU)	8.29	02/01/25	60mh
Ime Akpan (USU)	24.83	01/20/90	200m
LaDonna Antoine (USU)	54.32	01/18/97	400m
Alison Richter (USU)	1:34.62	02/03/24	600m
Wendy Knudson (Unattached)	2:05.30	01/13/79	800m
Alisa Nicodemus (USU)	4:56.00	01/23/93	Mile
Alisa Nicodemus (USU)	9:54.44	12/12/92	3000m
Amy Laffoon (Idaho State)	17:50.20	02/17/79	5000m
Amber Welty (Idaho State)	1.83m	12/02/88	High Jump
Paula Pettingill (Weber State)	1.83m	12/02/88	High Jump
Jodi Anderson (CS Northridge)	6.28m	02/16/80	Long Jump
Tracy Dulmage (USU)	12.23m	01/23/93	Triple Jump
Rebekah Erikson (BYU)	4.39m	02/01/25	Pole Vault
Amy Christiansen (BYU)	16.21m	01/18/97	Shot Put
Anna Dolegiewicz (Unattached)	18.58m	01/31/04	Weight Throw
Maddie Edwards, Autumn Kidd, Olivia Smith, Emma Reeves (USU)	3:53.00	02/03/24	4x400m
Jodi Anderson (CS Northridge)	4415 pts	02/16/80	Pentathlon

Men

<i>Athlete (School)</i>	<i>Time/Mark</i>	<i>Date</i>	<i>Event</i>
Frank Fredericks (BYU)	6.21	01/18/92	55m
Gerald Cerulla (USU)	7.24	03/07/64	55mh
Ayodele Ojo (USU)	6.73	02/01/25	60m
Logan Hubler (BYU)	7.88	02/01/25	60mh
Troy Johnson (USU)	22.14	01/15/94	200m
Matt Stowell (USU)	47.64	01/15/94	400m
Johnny Cruz (USU)	1:21.89	02/05/22	600m
Jason Pyrah (BYU)	1:51.88	01/15/94	800m
Brennan Benson (USU)	4:04.56	02/03/24	Mile
Logan Garnica (USU)	8:23.27	02/03/24	3000m
Muchapiwa Mazano (USU)	14:51.00	01/15/94	5000m
Mark Davenport (Utah)	2.16m	02/21/81	High Jump
Paul Jones (USU)	7.57m	02/27/82	Long Jump
Mark Godfrey (BYU)	15.54m	01/15/94	Triple Jump
Logan Hammer (USU)	5.60m	02/01/25	Pole Vault
Niklas Arrhenius (BYU)	18.82m	01/31/04	Shot Put
Steve DeSantis (Unattached)	21.00m	12/10/94	Weight Throw
Rylan Anderson, Carter Guinness, Chris Kauffman, Cooper Jones (USU)	3:35.14	02/03/24	4x400m
Brian Dopp (USU)	3794 pts	01/09/98	Pentathlon

Current student-athletes are in bold

Last Updated: 02/03/25

RALPH MAUGHAN STADIUM OUTDOOR TRACK & FIELD RECORDS

Women

<i>Athlete (School)</i>	<i>Time/Mark</i>	<i>Date</i>	<i>Event</i>
Destiny Smith-Barnett (UNLV)	10.94	05/12/17	100m
Micha Auzenne (San Diego State)	12.95	05/12/17	100h/110h
Ashley Henderson (San Diego State)	22.54	05/13/17	200m
LaDonna Antoine (USU)	51.92	05/18/96	400m
Julie Bennion (BYU)	57.08	05/12/99	400h
Sadi Henderson (Boise State)	2:04.18	05/13/17	800m
Annemarie Schwanz (Fresno State)	4:24.91	05/13/17	1,500m
Kathy Mintie (Arizona State)	9:48.20	05/10/79	Steeplechase
Alice Wright (New Mexico)	16:17.42	05/13/17	5,000m
Amy Laffoon (Idaho State)	35:36.30	05/12/79	10,000m
Amber Kafuman (Hawai'i)	1.93m	05/16/09	High Jump
Destiny Longmire (San José State)	6.39m	05/12/17	Long Jump
Jannell Hadnot (New Mexico)	12.86m	05/13/17	Triple Jump
Stacy Dragila (Rocky Mt. Elite)	4.42m	05/31/97	Pole Vault
Gretchen Hoekstre (BYU)	17.43m	04/25/25	Shot Put
Sharon Ayala (Fresno State)	66.52m	05/15/09	Hammer
Lacy Barnes (Fresno State)	62.22m	05/20/88	Discus
Hui Chin Lee (BYU)	57.33m	05/02/87	Javelin
Auzenne, Glenn, Smith, Henderson (San Diego State)	42.99	05/13/17	4x100m
Lea, Barrow, Knight, McPherson (San Diego State)	3:36.42	05/13/17	4x400m
Nicole Wadden (Nevada)	5,595 pots	05/10-11/17	Hept./Dec.

Men

<i>Athlete (School)</i>	<i>Time/Mark</i>	<i>Date</i>	<i>Event</i>
Leonard Myles-Milles (BYU)	10.04	05/12/99	100m
Jamiel Trimble (Air Force)	13.66	05/12/17	100h/110h
Jamiel Trimble (Air Force)	20.33	05/13/17	200m
Eddie Carey (UC Irvine)	45.51	1982	400m
Bernie Holloway (San José State)	49.30	1982	400h
Mark Enyeart (USU)	1:46.20	1975	800m
Josh Kerr (New Mexico)	3:46.39	05/13/17	1,500m
Joel Atwaer (Weber State)	8:59.16	04/21/01	Steeplechase
Joshua McKee (USU)	14:27.18	04/25/25	5,000m
Jerrell Mock (Colorado State)	31:01.59	05/11/17	10,000m
Charles Clinger (Weber State)	2.30m	04/21/01	High Jump
Treyshon Malone (Unattached)	8.18m	04/25/25	Long Jump
Henry Ellard (Fresno State)	16.02m	1982	Triple Jump
Lance White (Rocky Mt. Elite)	5.60m	05/31/97	Pole Vault
Zack Lloyd (Unattached)	20.51m	04/21/12	Shot Put
James Parker (USU)	70.86m	05/29/99	Hammer
Stefan Fernolm (Unattached)	68.24m	05/21/88	Discus
Sindri Gudmundsson (USU)	77.19m	05/13/17	Javelin
Bradford, Johnson, Anderson, Trimble (Air Force)	39.70	05/13/17	4x100m
Gordon, Martin, Bluth, Bouilly (USU)	3:05.53	05/13/17	4x400m
Bill Shuffenhaur (Unattached)	8,022 pts	05/30-31/97	Hept./Dec.

Current student-athletes are in bold

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