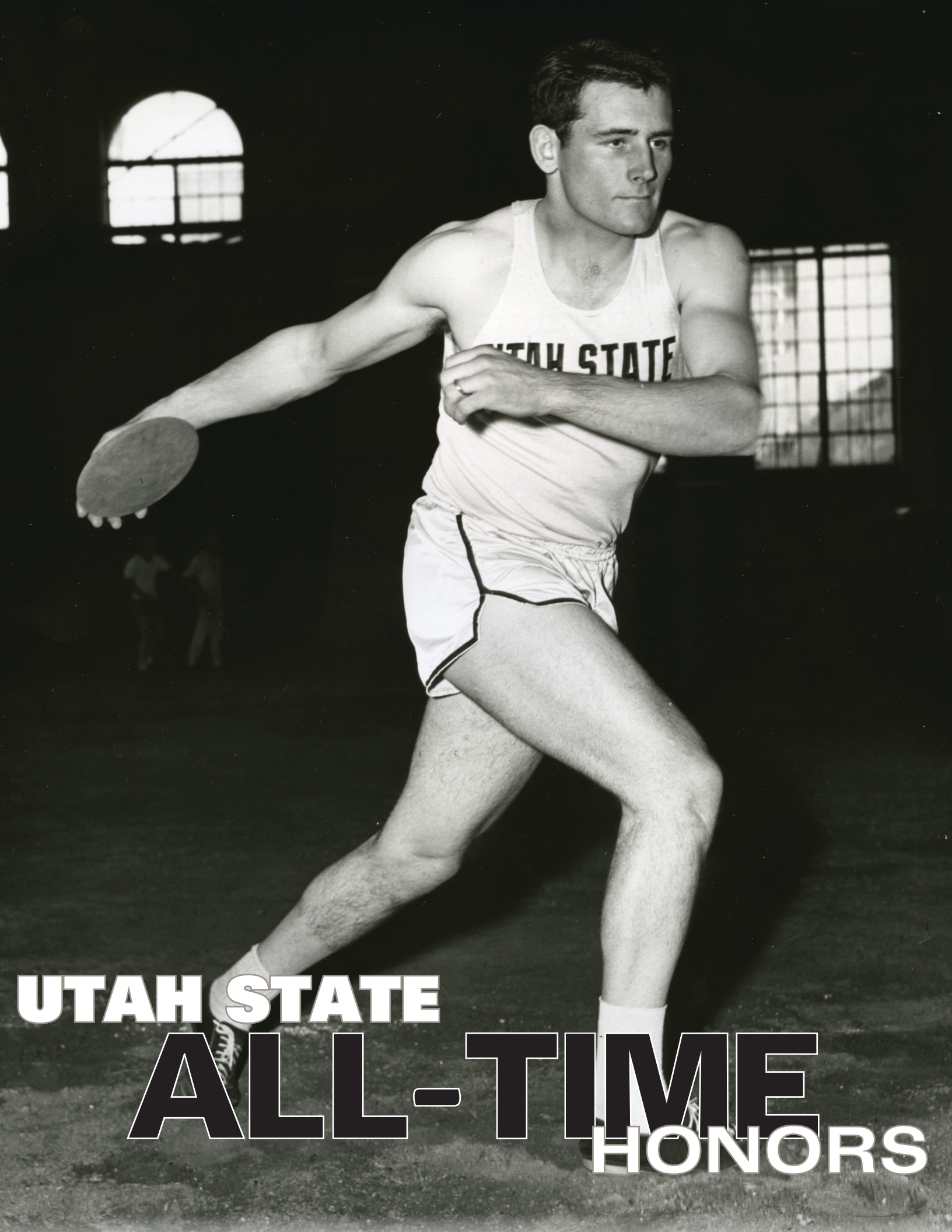




UTAH STATE
ALL-TIME
HONORS

ALL-TIME HONORS

**MEN'S NCAA
INDOOR CHAMPIONS****1975**

Mark Enyeart..... 880 Yards

**MEN'S NCAA
OUTDOOR CHAMPIONS**
1961

Glenn PasseyDiscus

1965

Jerry Cerulla 60-Meter Hurdles

1975

Mark Enyeart..... 880 Yards

1977

Mark Enyeart..... 800 Yards

MEN'S ALL-AMERICANS**DILLON MAGGARD (9)**1,500 Meters..... 2016
Cross Country (10K)..... 2016-17
Indoor Mile 2016-17
DMR 2018
Indoor 3,000 Meters..... 2018
5,000 Meters..... 2018
10,000 Meters..... 2018**JAMES PARKER (9)**Weight Throw 1995, 1999-2001
Hammer..... 1995, 1999-2001
Discus 2001**MARK ENYEART (5)**440 Yards (Indoor) 1973
880 Yards..... 1975
880 Yards (Indoor) 1975, 1977
800 Yards..... 1977**CLAY LAMBOURNE (5)**Outdoor 800 Meters..... 2016-18
Indoor 800 Meters..... 2018
DMR 2018**JERRY CERULLA (4)**Indoor 60 Hurdles 1965-66
110 Hurdles 1966-67**COREY MURDOCK (4)**400 Hurdles 1997-99
Indoor 400 Meters..... 1999**PARKER BLUTH (3)**Indoor 200 Meters..... 2016
Outdoor 200 Meters..... 2016
Outdoor 4x400 Relay 2016**JIM HELTON (3)**Outdoor Long Jump 1966-67
Indoor Long Jump 1967**CLINT SILCOCK (3)**Indoor High Jump..... 2009, 2011
Outdoor High Jump..... 2010**L. JAY SYLVESTER (3)**Outdoor Shut Put..... 1958
Discus 1958-59**SHANE BINGHAM (2)**1,500 Meters..... 1997
Indoor Mile 1998**AJ BOULLY (2)**Outdoor 4x400 Relay 2016
400 Hurdles 2017**CRAIG CARTER (2)**Weight Throw 1990
Hammer..... 1990**BRIAN CAULFIELD (2)**Indoor Shot Put..... 1970
Outdoor Shot Put..... 1970**SINDRI GUDMUNDSSON (2)**

Javelin 2017-18

COLE LAMBOURNE (2)Outdoor 400 Meters..... 2015
Outdoor 4x400 Relay 2016**BRADY MARTIN (2)**Outdoor 4x400 Relay 2016
DMR 2018**MIKE MERCER (2)**Indoor Shot Put..... 1968
Outdoor Shot Put..... 1968**GLENN PASSEY (2)**

Discus 1961-62

LANCE WHITE (2)Indoor Pole Vault 1994
Outdoor Pole Vault 1995**TREVER BALL (1)**

Cross Country (8K)..... 2005

JORDAN BEUTLER (1)

DMR 2018

NIC BOWENS (1)

Indoor 200 Meters..... 2015

MARK CALVIN (1)

Indoor Pole Vault 1998

SPENCER FEHLBERG (1)

3,000-Meter Steeplechase.... 2018

CALEB GARNICA (1)

Cross Country (10K)..... 2020

BRETT GUYMON (1)

400 Hurdles 2002

LOGAN HAMMER (1)

Pole Vault 2024

WILL HENRY (1)

100 Meters..... 2013

DAVE HOFFMAN (1)

Outdoor High Jump..... 2001

JOHN KELLY (1)

Javelin 1989

ISAIAH OGHAE UGBORO (1)

Indoor 880 Yards..... 1976

AIN ROOST (1)

Discus 1968

RALPH ROYLANCE (1)

Javlein 1949

BILL STALEY (1)

Discus 1967

JOHN STRANG (1)

Heptathlon..... 2009

CAMREN TODD (1)

Cross Country (10K)..... 2024

SCOTT WALKER (1)

400 Hurdles 1983

**MEN'S CAREER
ALL-AMERICA HONORS**

NAME	TOTAL
Dillon Maggard	9
James Parker.....	9
Mark Enyeart.....	5
Clay Lambourne.....	5
Jerry Cerulla.....	4
Corey Murdock.....	4
Parker Bluth.....	3
Jim Helton.....	3
Clint Silcock.....	3
L. Jay Sylvester.....	3
Shane Bingham	2
AJ Bouilly.....	2
Craig Carter.....	2
Brian Caulfield.....	2
Sindri Gudmundsson	2
Cole Lambourne	2
Brady Martin	2
Mike Mercer.....	2
Glenn Passey.....	2
Lance White.....	2
Trever Ball.....	1
Jordan Beutler	1
Nic Bowens.....	1
Mark Calvin	1
Spencer Fehlberg.....	1
Caleb Garnica.....	1
Brett Guymon.....	1
Logan Hammer	1
Will Henry.....	1
Dave Hoffman	1
John Kelly.....	1
Isaiah Oghae Ugboro	1
Ain Roost.....	1
Ralph Roylance	1
Bill Staley.....	1
John Strang.....	1
Camren Todd	1
Scott Walker	1

**WOMEN'S
ALL-AMERICANS****CHARI HAWKINS (5)**Heptathlon..... 2013-15
Pentathlon 2014-15**LaDONNA ANTOINE (3)**Outdoor 400 Meters..... 1996-97
Indoor 400 Meters..... 1997**SHAE JONES-BAIR (3)**Indoor Pole Vault 1998-99
Outdoor Pole Vault 2000**ALISA NICODEMUS (3)**Cross Country 1992
Indoor Mile..... 1993
Indoor 5,000 Meters..... 1993**BRENN FLINT (2)**

Outdoor Shot Put..... 2017-18

IME AKPAN (1)

Indoor 55 Hurdles 1990

MACI BINGHAM (1)

Hammer..... 2016

CANDY CASHELL (1)

Outdoor High Jump..... 1982

JANE DURFEY (1)

Outdoor 400 Hurdles 1999

SONIA GRABOWSKA (1)

Indoor Pole Vault 2001

KRISTA LARSON (1)

Hammer..... 2009

CIERRA SIMMONS-MECHAM (1)

3,000-Meter Steeplechase.... 2018

ALYSSA SNYDER (1)

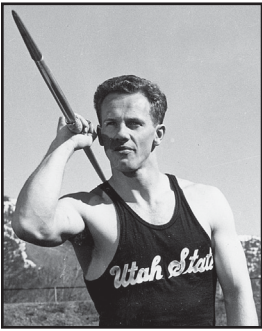
Cross Country 2017

JENNIFER TWITCHELL (1)

Indoor Mile 2007

**WOMEN'S CAREER
ALL-AMERICA HONORS**

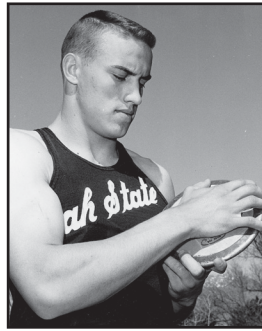
NAME	TOTAL
Chari Hawkins	5
LaDonna Antoine	3
Shae Jones-Bair.....	3
Alisa Nicodemus.....	3
Brenn Flint.....	2
Ime Akpan	1
Maci Bingham	1
Candy Cashell	1
Jane Durfey	1
Sonia Grabowska.....	1
Krista Larson	1
Cierra Simmons-Mecham	1
Alyssa Snyder	1
Jennifer Twitchell	1



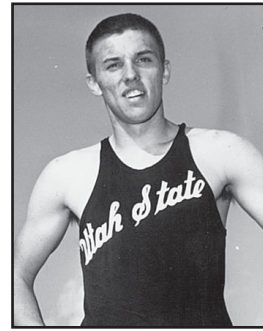
RALPH ROYLANCE



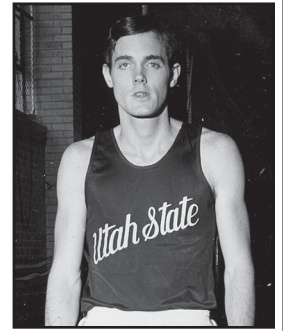
L. JAY SYLVESTER



GLENN PASSEY



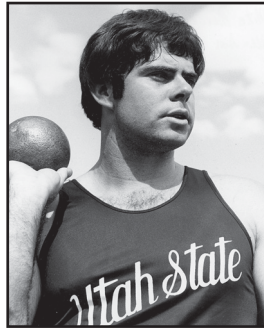
JERRY CERULLA



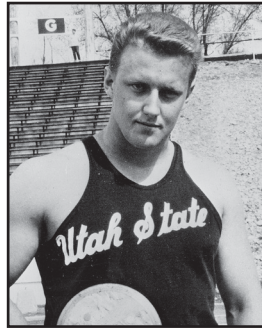
JIM HELTON



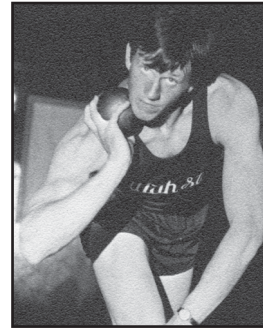
BILL STALEY



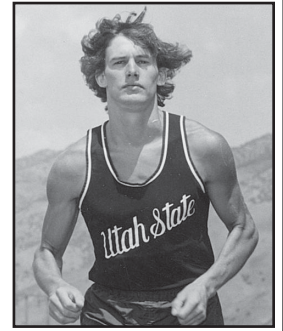
MIKE MERCER



AIN ROOST



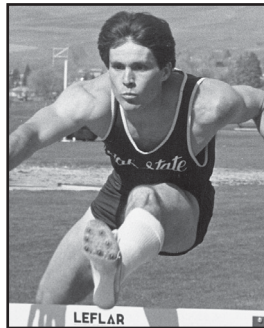
BRIAN CAULFIELD



MARK ENYEART



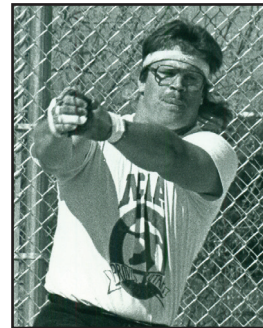
ISAIAH OGHAE UGBORO



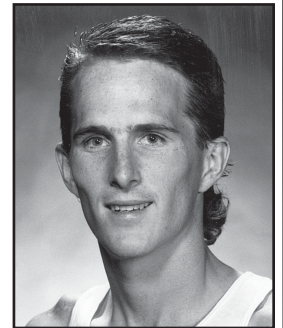
SCOTT WALKER



JOHN KELLY



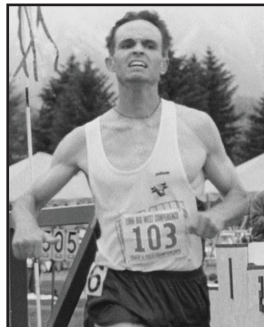
CRAIG CARTER



LANCE WHITE



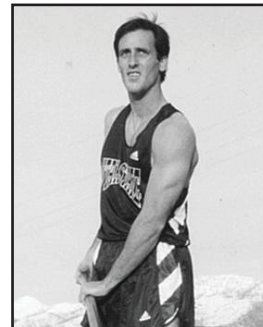
JAMES PARKER



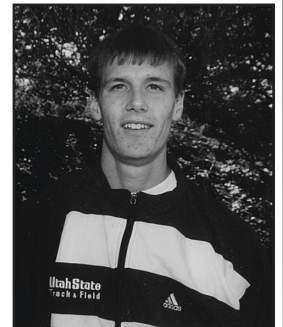
SHANE BINGHAM



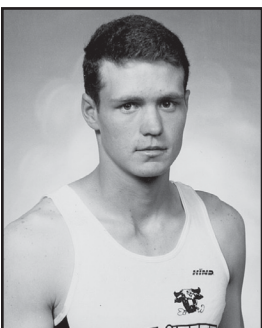
COREY MURDOCK



MARK CALVIN



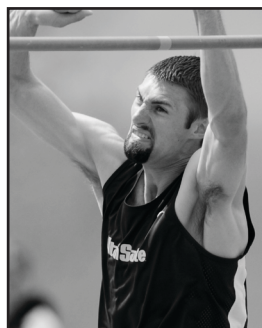
DAVE HOFFMAN



BRETT GUYMON



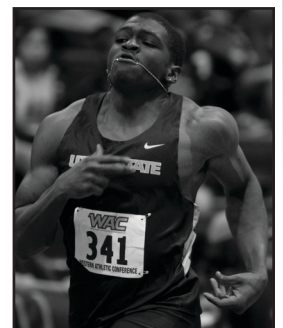
TREVER BALL



CLINT SILCOCK



JOHN STRANG



WILL HENRY

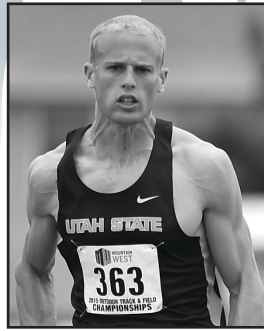
MEN'S ALL-AMERICANS



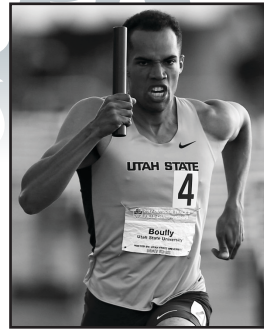
NIC BOWENS



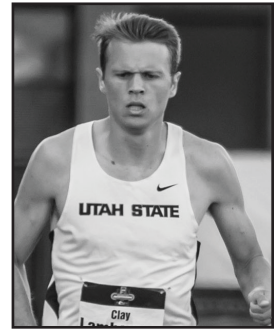
COLE LAMBOURNE



PARKER BLUTH



AJ BOULLY



CLAY LAMBOURNE



DILLON MAGGARD



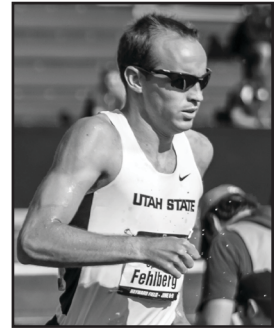
BRADY MARTIN



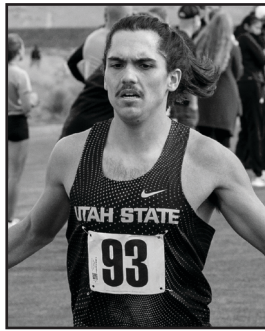
SINDRI GUDMUNDSSON



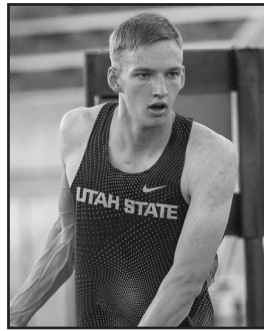
JORDAN BEUTLER



SPENCER FEHLBERG



CALEB GARNICA



LOGAN HAMMER



CAMREN TODD





CANDY CASHELL



IME AKPAN



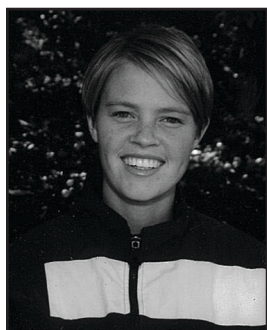
ALISA NICODEMUS



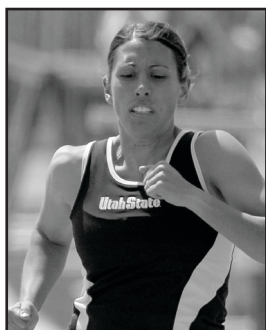
LaDONNA ANTOINE



SHAE JONES-BAIR



JANE DURFEY



JENNIFER TWITCHELL



KRISTA LARSON



SONIA GRABOWSKA



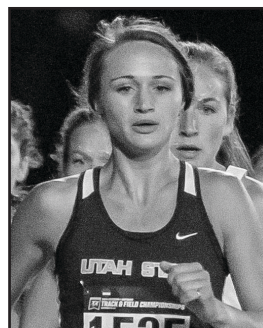
CHARI HAWKINS



MACI BINGHAM



BRENN FLINT



C. SIMMONS-MECHAM



A five-time All-American, Chari Hawkins is the most decorated female athlete of all-time at Utah State.

ALL-TIME HONORS

CONFERENCE CHAMPIONS

MEN'S MOUNTAIN WEST INDOOR CHAMPS

2014
 Nic Bowens 60 Meters
 200 Meters
 Cole Lambourne 400 Meters
 Eric Shellhorn Mile

2015
 Nic Bowens 200 Meters
 Clay Lambourne 800 Meters
 4x400-Meter Relay
 Cole Lambourne 400 Meters
 4x400-Meter Relay
 Parker Bluth 4x400-Meter Relay
 Tanner Hunt 4x400-Meter Relay

2016
 Jordan Beutler DMR
 Parker Bluth 200 Meters
 4x400-Meter Relay
 AJ Bouilly 4x400-Meter Relay
 Benjamin Johnston DMR
 Clay Lambourne 800 Meters
 4x400-Meter Relay
 Dillon Maggard DMR
 Brady Martin 400 Meters
 4x400-Meter Relay
 Landon Watts DMR

2017
 AJ Bouilly 400 Meters
 4x400-Meter Relay
 Parker Bluth 4x400-Meter Relay
 Leaugen Fray Long Jump
 Joshua Gordon 4x400-Meter Relay
 Clay Lambourne 800 Meters
 Brady Martin 4x400-Meter Relay

2018
 Leaugen Fray High Jump
 Long Jump
 Clay Lambourne 800 Meters
 Sam Nelson Pole Vault
 Brody Smith 3,000 Meters



Chandler Obray won the high jump at the 2020 Mountain West Indoor Championships. Utah State claimed three straight titles in the event at the indoor championships from 2018-20.



Parker Bluth won 11 Mountain West titles (four individual, seven relays) from 2014-17, the most of any Utah State athlete..

2019
 Kyle Morris Shot Put
 Hunter Simonsen High Jump

2020
 Josh Barclay Shot Put
 Chandler Obray High Jump

2024
 Rylan Anderson DMR
 Brennan Benson DMR
 Mile
 Landon Bott DMR
 Logan Hammer Pole Vault
 Drew Hogan DMR

WOMEN'S MOUNTAIN WEST INDOOR CHAMPS

2014
 Chari Hawkins Pentathlon
 Rachel Orr High Jump

2015
 Chari Hawkins Pentathlon

2018
 Brenn Flint Shot Put

MEN'S MOUNTAIN WEST OUTDOOR CHAMPS

2014
 Jacob Bautista Jr. 4x100-Meter Relay
 Parker Bluth 4x100-Meter Relay
 4x400-Meter Relay
 Nic Bowens 100 Meters
 200 Meters
 4x100-Meter Rela
 Austin Groll 4x400-Meter Relay
 Tanner Hunt 4x400-Meter Relay
 Cole Lambourne 400 Meters
 4x400-Meter Relay
 Silas Pimentel 4x100-Meter Relay

2015
 Parker Bluth 100 Meters
 200 Meters
 4x400-Meter Relay
 Tanner Hunt 4x400-Meter Relay
 Clay Lambourne 4x400-Meter Relay
 Cole Lambourne 400 Meters

..... 4x400-Meter Relay

2016
 Parker Bluth 100 Meters
 4x400-Meter Relay
 AJ Bouilly 400-Meter Hurdles
 Tanner Hunt 4x400-Meter Relay
 Clay Lambourne 800 Meters
 4x400-Meter Relay
 Cole Lambourne 4x400-Meter Relay
 Devin Wright Javelin

2017
 Michael Bluth 4x400-Meter Relay
 AJ Bouilly 400-Meter Hurdles
 4x400-Meter Relay
 Joshua Gordon 4x400-Meter Relay
 Sindri Gudmundsson Javelin
 David Hirschmann Discus
 Brady Martin 4x400-Meter Relay

2018
 Sindri Gudmundsson Javelin
 David Hirschmann Discus
 Clay Lambourne 800 Meters
 Sam Nelson Pole Vault

2019
 Josh Barclay Shot Put
 Kyle Brost Triple Jump
 Leaugen Fray High Jump
 Sindri Gudmundsson Javelin

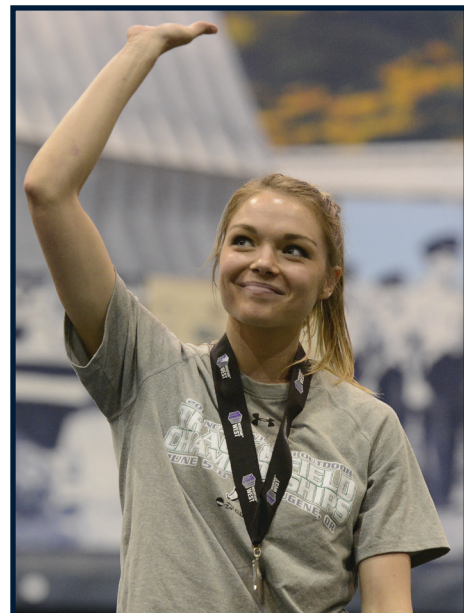
2021
 Kyle Morris Javelin

2023
 Brennan Benson 800 Meters
 Logan Hammer Pole Vault

2024
 Godwin Charles Triple Jump
 Logan Hammer Pole Vault

WOMEN'S MOUNTAIN WEST OUTDOOR CHAMPS

2014
 Kaylee Hartshorn Javelin



Chari Hawkins captured Utah State's first individual title in the Mountain West when she set a school and conference record to win the pentathlon with 4,173 points at the 2014 Indoor Track & Field Championships.

2015
Chari Hawkins Heptathlon
..... High Jump

2016
Maci Bingham Hammer
Mia Estes Javelin

2018
Brenn Flint Shot Put
Cierra Simmons-Mecham Steeplechase

2019
Brenn Flint Shot Put

2024
Maddie Edwards 400-Meter Hurdles

MEN'S WAC INDOOR CHAMPS

2005
Christian Lee Pole Vault
Zach Lloyd Shot Put
Mike Nielson 3,000 Meters

2006
Seth Wold 3,000 Meters

2007
Dasheek Akwenye 400 Meters
Tony Jones 3,000 Meters
DJ Smith 60 Meters
..... 200 Meters
Vance Twitchell 5,000 Meters

2008
Nick Karren 60-Meter Hurdles
..... 400 Meters
John Strang Heptathlon
Steve Strickland 3,000 Meters
Seth Wold 5,000 Meters

2009
James Allred DMR
Nick Karren 400 Meters
Ben Kessen DMR
Chio Lopez Mile
..... DMR
Dylan Nielson 60-Meter Hurdles
Clint Silcock High Jump
John Strang Heptathlon
Steve Strickland 5,000 Meters
Keith Williams DMR



Nick Karren won the 60-meter hurdles and 400-meter dash at the 2008 Western Athletic Conference Indoor Championships.



Erin Stratton captured the lone title (mile run) for Utah State's women at the 2008 Western Athletic Conference Indoor Championships.

2010
James Allred 800 Meters
..... DMR
Joe Canavan Shot Put
Eric Larson DMR
Brian McKenna 5,000 Meters
Andrew Niccoli DMR
Mike Pyrtle 60 Meters
Clint Silcock High Jump
Steve Strickland Mile
..... DMR

2011
James Allred 800 Meters
..... DMR
Jason Holt DMR
Daniel Howell 3,000 Meters
Devin Lang DMR
Eric Larson Mile
..... DMR
Armahd Lewis 60 Meters
..... 200 Meters
Clint Silcock High Jump

2012
Joe Canavan Shot Put
Bryce Hall Weight Throw
Daniel Howell 3,000 Meters
..... 5,000 Meters
Chio Lopez Mile

2013
Briton Page 800 Meters

WOMEN'S WAC INDOOR CHAMPS

2006
Lacey Hulbert High Jump
..... Pentathlon

2007
Amy Egan 800 Meters
..... DMR
Stacie Lifferth 3,000 Meters
..... DMR
Shanna Nielsen DMR
Jennifer Twitchell Mile
..... DMR

2008
Erin Stratton Mile

2009
Jessie Chugg DMR

Brittni Hopkin DMR
Erin Stratton Mile
..... 3,000 Meters
..... DMR
Alison Taylor DMR

2010
Jessie Chugg DMR
Jennifer Day DMR
Alex Litzinger DMR
Kim Quinn 3,000 Meters
..... 5,000 Meters
Erin Stratton DMR

2011
Sonia Grabowska Pole Vault

2012
Sonia Grabowska Pole Vault
Chari Hawkins Pentathlon
Aubrie Haymore 4x400-Meter Relay
Katelyn Heiner 400 Meters
..... 4x400-Meter Relay
Kylie Hirschi 4x400-Meter Relay
Bailee Whitworth 4x400-Meter Relay

MEN'S WAC OUTDOOR CHAMPS

2006
Trevor Ball 5,000 Meters
Logan Moore Decathlon
Clint Silcock High Jump
DJ Smith 100 Meters

2007
Nick Karren 400-Meter Hurdles
Casey Parker High Jump
John Strang Decathlon

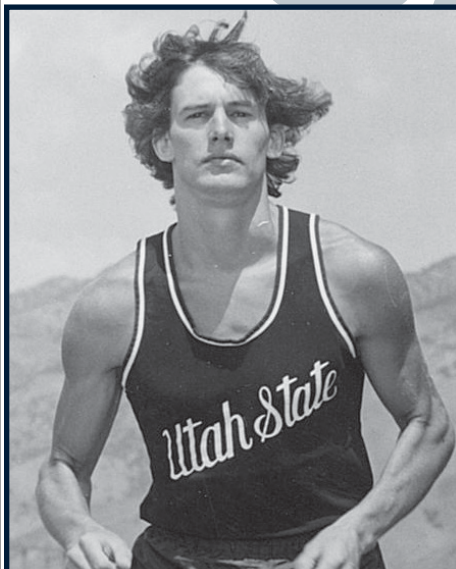
2008
Chio Lopez 5,000 Meters
John Strang Decathlon
Steve Strickland 3,000-Meter Steeplechase
Keith Williams 400-Meter Hurdles
Heath Wing 10,000 Meters

2009
Brian McKenna 10,000 Meters



DJ Smith won the 100-meter dash at the 2006 Western Athletic Conference Outdoor Track & Field Championships. He also captured a pair of titles (60 meters, 200 meters) at the 2007 WAC Indoor Championships.

ALL-TIME HONORS



Mark Enyeart, who won the 800 meters at the 1977 Big West Outdoor Championships, represented the United States at the 1976 Olympic Summer Games in Montreal.

John Strang.....Decathlon
Steve Strickland.....3,000-Meter Steeplechase
.....5,000 Meters
Keith Williams.....400-Meter Hurdles

2010
Joe Canavan.....Shot Put
Nick Karren.....400-Meter Hurdles
Mike Pyrtle.....100 Meters
Clint Silcock.....High Jump
Steve Strickland.....3,000-Meter Steeplechase

2011
AJ Bouilly.....400-Meter Hurdles
Jason Holt.....800 Meters
Eric Larson.....1,500 Meters
Clint Silcock.....High Jump

2012
AJ Bouilly.....400-Meter Hurdles
Bryce Hall.....Discus
Tyler Killpack.....800 Meters
Kyle McKenna.....10,000 Meters

WOMEN'S WAC OUTDOOR CHAMPS

2006
Stacie Lifferth.....3,000-Meter Steeplechase

2007
Amber Peterson.....100-Meter Hurdles
.....400-Meter Hurdles

2008
Katie Thatcher.....400-Meter Hurdles
Stacie Lifferth.....3,000-Meter Steeplechase

2011
Chari Hawkins.....Heptathlon
Ruth Hilton.....3,000

2012
Sonia Grabowska.....Pole Vault
Kim Quinn.....10,000 Meters
Lindsey Spencer.....Hammer
Jodi Williams.....High Jump

2013
Rachel Orr.....High Jump

MEN'S BIG WEST OUTDOOR CHAMPS

1977
Mark Enyeart.....800 Meters

1979
Kent Bendixen.....Javelin
Mike Kelley.....3,000-Meter Steeplechase
Calvin Paskett.....High Jump

1980
Scott Walker.....400-Meter Hurdles

1981
Kent Bendixen.....Javelin
Corey Johnson.....Pole Vault
Tarald Lindvigsmoen.....5,000 Meters
Scott Walker.....400-Meter Hurdles

1982
Neal Mower.....Javelin
1985
Paul Jones.....Long Jump

1986
Mark Carter.....Shot Put

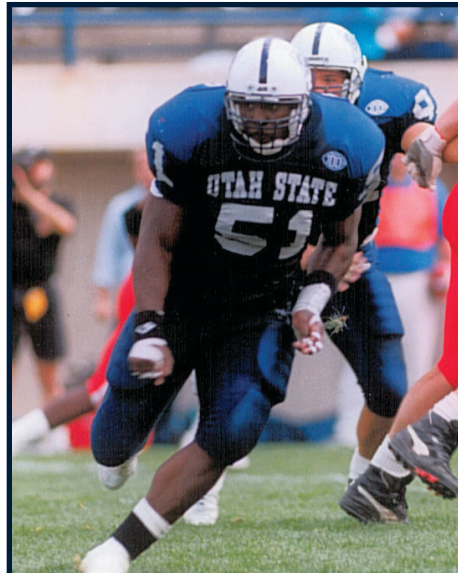
1987
Boyd Prince.....3,000-Meter Steeplechase

1988
Craig Carter.....Discus
.....Hammer

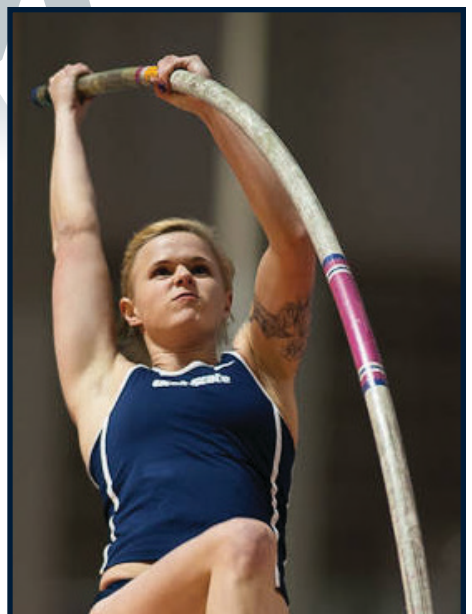
1989
Craig Carter.....Discus
Kyle Jensen.....400-Meter Hurdles

1990
Craig Carter.....Hammer
Roger Daley.....Discus
Brett Hill.....3,000-Meter Steeplechase
Erin Sullivan.....Long Jump

1991
Scott Butterfield.....800 Meters
Greg Collier.....3,000-Meter Steeplechase
Roger Daley.....Discus
Michael Dear.....5,000 Meters
Deron Scott.....10,000 Meters



Not only did **Jermaine Younger** play football at Utah State, but he also was a member of the Aggies' track & field team. He won the shot put at the 1993 Big West Outdoor Championships.



Sonia Grabowska was the Western Athletic Conference indoor champion in the pole vault during the 2011 and 2012 seasons.

1992
Bode Osagiobare.....100 Meters
.....200 Meters
Tim Price.....400-Meter Hurdles

1993
Terrence Campbell.....4x100-Meter Relay
Mike Davidson.....3,000-Meter Steeplechase
Jason Heideman.....10,000 Meters
Troy Johnson.....400 Meters
.....4x100-Meter Relay
.....4x400-Meter Relay
Ron Kehl.....4x100-Meter Relay
.....4x400-Meter Relay
Pat Maes.....4x400-Meter Relay
Bode Osagiobare.....100 Meters
.....200 Meters
.....4x100-Meter Relay
.....4x400-Meter Relay
John Richardson.....Discus
Lance White.....Pole Vault
Jermaine Younger.....Shot Put

1994
Greg Anderson.....4x400-Meter Relay
Mark Calvin.....Pole Vault
Matt Denning.....4x400-Meter Relay
Matt Fuller.....110-Meter Hurdles
Muchapiwa Mazano.....1,500 Meters
.....5,000 Meters
.....10,000 Meters
Corey Murdock.....4x400-Meter Relay
Brent Smith.....Javelin
Daniel Taplin.....Discus
Shawn Turner.....4x400-Meter Relay

1994
Toby Conley.....10,000 Meters
Matt Fuller.....110-Meter Hurdles
James Parker.....Discus
.....Hammer
.....Shot Put
Brent Smith.....Javelin
J'Dee Wilson.....1,500 Meters

1996
Shane Bingham.....1,500 Meters
Toby Conley.....10,000 Meters
Mike Davidson.....5,000 Meters

Justin DeDantis..... Hammer
 Brian DoppDecathlon
 Brooks Gibbons 110-Meter Hurdles
 400-Meter Hurdles
 Scott SchaleyDiscus
 Shot Put
 Paul Snyder..... Pole Vault

1997
 Shane Bingham 1,500 Meters
 Justin DeDantis..... Hammer
 Brian DoppDecathlon
 Brooks Gibbons 110-Meter Hurdles
 Corey Murdock..... 400-Meter Hurdles

1998
 Shane Bingham 1,500 Meters
 Corey Murdock..... 110-Meter Hurdles
 400-Meter Hurdles
 Scott Schaley Shot Put

1999
 Bill GravesJavelin
 Corey Murdock..... 110-Meter Hurdles
 400-Meter Hurdles
 James Parker..... Discus
 Hammer

2000
 Brett Guymon..... 400-Meter Hurdles
 Dave Hoffman High Jump
 Maurice Jenkins..... Pole Vault
 James Parker..... Hammer

2001
 Brick Bergeson..... 1,500 Meters
 Brett Guymon..... 110-Meter Hurdles
 400-Meter Hurdles
 James Parker..... Hammer
 Anthony Stewart..... 200 Meters

2002
 Brad Bair.....Decathlon
 Brett Guymon..... 110-Meter Hurdles
 400-Meter Hurdles
 Mike Nielson 1,500 Meters
 5,000 Meters

2003
 Ryan Bruhn..... Hammer
 Steve Prescott 10,000 Meters
 Nick Seedall..... 400-Meter Hurdles
 Josh Sides..... Shot Put
 Neil WarrJavelin



James Parker ended his illustrious Utah State career with nine All-America honors, which is tied for most in school history.



LaDonna Antoine-Watkins won three straight Big West outdoor titles in the 400 meters from 1995-97 and represented Canada in the event at the Olympics in 1996 and 2000.

2005
 David Danley 3,000 Meters
 Rod McNeal..... 4x100-Meter Relay
 DJ Smith..... 4x100-Meter Relay
 Cedric Young..... 4x100-Meter Relay

WOMEN'S BIG WEST OUTDOOR CHAMPS

1991
 Amanda Hopkins High Jump

1992
 Agneta Weston Heptathlon

1993
 Kim Barnes 100 Meters
 100-Meter Hurdles
 LaSabre Bell 200 Meters
 Wendy Matthews..... Discus
 Shot Put
 Agneta Weston High Jump
 Heptathlon

1994
 Doni DeCory Shot Put
 Tracy Dulmage..... Long Jump
 Lara Johnson High Jump

1995
 LaDonna Antoine 400 Meters
 Wendy Matthews..... Discus
 Becky Sorenson Long Jump

1996
 LaDonna Antoine 400 Meters
 Jennifer Davidson..... 100-Meter Hurdles
 Jamie Hall..... Heptathlon
 Kim Lutz..... Javelin
 Wendy Matthews..... Discus
 Hammer

1997
 LaDonna Antoine 200 Meters
 400 Meters
 Becky Blackburn..... High Jump
 Jennifer Homer..... Discus
 Dawn Smith..... Hammer

1998
 Jessica DrakeDiscus
 Shot Put
 Jane Durfey 400-Meter Hurdles
 Shelley Grupe 400 Meters
 Holly Hansen 1,500 Meters
 3,000 Meters
 Erin Hartvigsen Hammer
 Jayme Hendrian..... 100-Meter Hurdles
 Tricia Schmidt..... Triple Jump

1999
 Jane Durfey 110-Meter Hurdles
 400-Meter Hurdles
 Shelley Grupe 400 Meters
 Charlotte Wahlin Hammer

2000
 Kristi Connors 400 Meters
 Melissa Jensen 800 Meters
 Rebekah Thornley..... 1,500 Meters

2001
 Amber Jensen..... 800 Meters
 Danielle Kot 100 Meters
 200 Meters
 Jessica Owen Hammer
 Rebekah Thornley..... 1,500 Meters

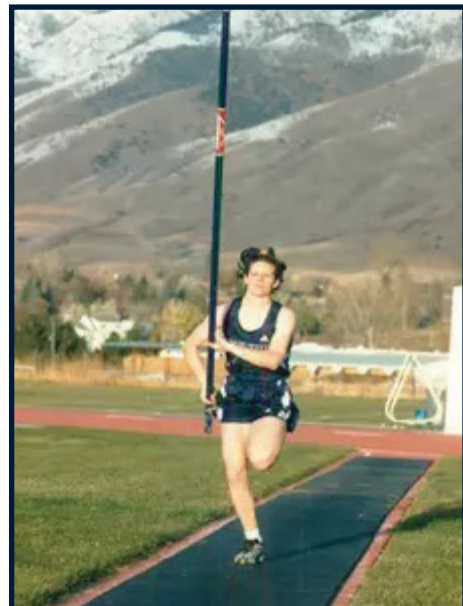
2002
 Shae Bair Pole Vault
 Kristen Coombs 1,500 Meters
 Katie Farner Heptathlon

2005
 Tiffany Strickland... 3,000-Meter Steeplechase

MEN'S MPSF INDOOR CHAMPS

1993
 Troy Johnson 400 Meters
 Bode Osagiabore 55 Meters
 200 Meters
 Lance White..... Pole Vault

1994
 Mike Davidson 5,000 Meters
 Muchapina Marzano..... 3,000 Meters
 Lance White..... Pole Vault



Shae Bair earned three All-America honors in the pole vault (two indoor, one outdoor) and won the 2002 Big West outdoor title.

ALL-TIME HONORS

1995	Lance White.....Pole Vault
1998	Corey Murdock.....400 Meters
1999	Corey Murdock.....400 Meters
2000	James Parker.....Weight Throw Lance ThurstonHigh Jump
2001	James Parker.....Weight Throw

WOMEN'S MPSF INDOOR CHAMPS

1993	LaDonna Antoine200 Meters400 Meters Tracy Dulmage.....Long JumpTriple Jump Alisa Nicodemus.....3,000 Meters
1994	Becky SorensenLong Jump
1997	LaDonna Antoine400 Meters
2001	Rebekah Thornley.....Mile

WOMEN'S HIGH COUNTRY OUTDOOR CHAMPS

1984	Helena Johnson400 Meters
1985	Lena Astrom.....Javelin Kristina Ponton400 Meters
1986	Jennifer Gloria4x400-Meter Relay Helena Johnson4x400-Meter Relay Lola Ogunde.....4x400-Meter Relay Denise Pidcock.....4x400-Meter Relay



Dallin Farnsworth won the individual title at the 2019 Mountain West Championships, leading Utah State to its first MW team title.



Nic Bowens was tabbed the Mountain West Indoor Track & Field Championships Outstanding Performer in 2014 and 2015, and the Outdoor Championships Performer in 2014.

1987	Chloe Anderson4x400-Meter Relay Jennifer Gloria400 MetersTriple Jump Lola Ogunde.....4x400-Meter Relay100 Meters200 Meters Patricia Otiede.....4x400-Meter Relay
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1988	Helena Johnson4x100-Meter Relay Janelle Nielsen.....4x100-Meter Relay Lola Ogunde.....100 Meters200 Meters Bigi Salter4x100-Meter Relay
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1989	Ime Akpan100-Meter Hurdles4x100-Meter Relay Jackie Cochran.....4x100-Meter Relay Janelle Nielsen.....4x100-Meter Relay Lola Ogunde.....100 Meters4x100-Meter Relay
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1990	Deb Malachowski.....Javelin
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1995	Caroline Isgren.....Shot Put
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CONFERENCE SUPERLATIVES

MOUNTAIN WEST

Men's Cross Country Coach of the Year	Artie Gulden2019
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MOUNTAIN WEST MEN

Cross Country Individual Champion	Dallin Farnsworth2019 Caleb Garnica.....2020
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Men's Cross Country Student-Athlete of the Year	Dallin Farnsworth2019 Caleb Garnica.....2020
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Cross Country Freshman of the Year	Colby Wilson2013 Luke Beattie.....2016 Chase Leach2021
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Indoor Championship Outstanding Performer	Nic Bowens2014, 2015
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Outdoor Championship Outstanding Performer	Nic Bowens2014 Parker Bluth.....2015
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MOUNTAIN WEST WOMEN

Indoor Athlete of the Year	Chari Hawkins2014, 2015
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Indoor Championship Outstanding Performer	Chari Hawkins2014, 2015
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Outdoor Athlete of the Year	Chari Hawkins2015
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Outdoor Championship Outstanding Performer	Chari Hawkins2015
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WESTERN ATHLETIC CONFERENCE

Men's Cross Country Coach of the Year	Gregg Gensel2005, '06, '07, '08, '09, '11
Women's Cross Country Coach of the Year	Gregg Gensel2006, '08

Men's T&F Coach of the Year	Gregg Gensel2018, '10, '11 (Indoor) Gregg Gensel2007, '09, '10, '11 (Outdoor)
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Women's T&F Coach of the Year	Gregg Gensel2012 (Indoor) Gregg Gensel2012 (Outdoor)
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WESTERN ATHLETIC CONFERENCE MEN

Individual XC Champions & Athletes of the Year	Trevor Ball2005 Seth Wold.....2007
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Colby Wilson was tabbed the Mountain West Cross Country Freshman of the Year in 2013.



Lindsey Spencer garnered 2012 Western Athletic Conference Outstanding Field Performer accolades.

Jason Holt 2008
Brian McKenna..... 2009, '11

Cross Country Freshman of the Year

Seth Wold..... 2005
Tony Jones..... 2006
Chio Lopez..... 2007

Track Freshman of the Year

Silas Pimental 2008 (Indoor)
Brian McKenna..... 2009 (Outdoor)
Tanner Hunt 2011 (Indoor)
Nic Bowens 2012 (Indoor)
Briton Page..... 2013 (Indoor)

Indoor Athlete of the Year

Nick Karren..... 2008

WESTERN ATHLETIC CONFERENCE WOMEN

Cross Country Freshman of the Year

Vanessa Hawkins 2005
Tylee Newman-Skinner..... 2012

Track Freshman of the Year

Chari Hawkins 2011 (Outdoor)

Indoor Athlete of the Year

Kim Quinn 2010

Outstanding Field Performer

Lindsey Spencer 2012

BIG WEST CONFERENCE

Men's Cross Country Coach of the Year

Gregg Gensel 1992, '93, '94, 2002

Men's Track & Field Coach of the Year

Ralph Maughan..... 1985
Gregg Gensel 1994, '95, '96, '98, 2002, '03

BIG WEST CONFERENCE MEN

Cross Country Individual Champion

Mike Davidson 1994
Mitch Zundel 2002

Cross Country Athlete of the Year

Mike Davidson 1994
Mitch Zundel 2002
Trever Ball 2004

Outdoor Track & Field Athlete of the Year

Craig Carter 1989
Bode Osagiobare 1992, '93
James Parker..... 1995
Brooks Gibbons 1996
Corey Murdock..... 1998
Brett Guymon..... 2002

BIG WEST CONFERENCE WOMEN

Cross Country Individual Champion

Alisa Nicodemus..... 1992, '93

Cross Country Athlete of the Year

Alisa Nicodemus..... 1992, '93

Outdoor Track & Field Athlete of the Year

LaDonna Antoine..... 1996, '97

BIG WEST CONFERENCE WOMEN

Cross Country Individual Champion

Alisa Nicodemus..... 1992, '93

MOUNTAIN PACIFIC SPORTS FEDERATION

Men's T&F Coach of the Year

Gregg Gensel 1993 (Indoor)



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YEAR-BY-YEAR RESULTS

CROSS COUNTRY NCAA FINISHES

Year	Men	Women
2017	27th	14th
2019	16th	--
2020	11th	--
2021	--	28th
2022	26th	--
2024	22nd	--

MEN'S NCAA FINISHES

Year	Indoor	Year	Outdoor
1965	T25th	1949	T23rd
1966	T13th	1957	T14th
1967	T34th	1958	T8th
1968	T17th	1960	T39th
1970	T37th	1965	T30th
1973	T34th	1966	T24th
1975	T14th	1967	T14th
1976	T21st	1968	T23rd
1999	T47th	1975	T21st
2000	T47th	1977	T16th
2001	T44th	1983	T58th
2018	T27th	1990	T64th
		1995	T53rd
		1998	T20th
		2000	T44th
		2001	T18th
		2002	41st
		2018	T18th
		2019	T40th

WOMEN'S NCAA FINISHES

Year	Indoor	Year	Outdoor
1990	T33rd	1996	T49th
1993	T14th	1997	T38th
1997	T43rd	2000	T45th
1998	62nd	2018	T63rd
1999	46th		

CROSS COUNTRY
YEAR-BY-YEAR TEAM FINISHES

Year	Men	Women
Big West		
1979	5th	--
1980	6th	--
1981	4th	--
1982	4th	--
1983	9th	--
1984	7th	--
1985	3rd	--
1986	7th	--
1987	DNC	--
1988	DNC	--
1989	5th	--
1990	4th	8th
1991	4th	8th
1992	1st	7th
1993	1st	5th
1994	1st	3rd
1995	2nd	4th
1996	2nd	3rd
1997	2nd	2nd
1998	2nd	1st
1999	4th	5th
2000	2nd	4th
2001	2nd	4th
2002	1st	4th
2003	5th	2nd
2004	2nd	3rd
WAC		
2005	1st	2nd
2006	1st	1st
2007	1st	3rd
2008	1st	1st
2009	1st	2nd
2010	3rd	2nd
2011	1st	3rd
2012	2nd	3rd

Mountain West

2013	6th	5th
2014	5th	7th
2015	8th	6th
2016	4th	6th
2017	4th	3rd
2018	5th	4th
2019	1st	5th
2020	2nd	4th
2021	3rd	2nd
2022	3rd	3rd
2023	5th	5th
2024	6th	6th

INDOOR

YEAR-BY-YEAR TEAM FINISHES

Year	Men	Women
MPSF		
1993	1st	3rd
1994	2nd	1st
1995	2nd	5th
1996	7th	t11th
1997	8th	5th
1998	7th	4th
1999	4th	6th
2000	3rd	5th
2001	4th	5th
2002	7th	4th
2003	8th	8th
2004	8th	8th

WAC

2005	2nd	7th
2006	4th	3rd
2007	2nd	4th
2008	1st	4th
2009	2nd	4th
2010	1st	2nd
2011	T-1st	2nd
2012	2nd	1st
2013	3rd	7th

Mountain West

2014	4th	6th
2015	4th	6th
2016	2nd	9th
2017	3rd	9th
2018	3rd	8th
2019	3rd	6th
2020	4th	10th
2021	(Canceled due to COVID-19 pandemic)	
2022	3rd	6th
2023	5th	10th
2024	4th	T-10th

OUTDOOR

YEAR-BY-YEAR TEAM FINISHES

Year	Men	Women
Big West		
1977	5th	--
1978	7th	--
1979	4th	--
1980	6th	--
1981	5th	--
1982	4th	--
1983	5th	--
1984	4th	--
1985	3rd	--
1986	6th	--
1987	5th	--
1988	4th	--
1989	4th	--
1990	3rd	--
1991	4th	5th
1992	3rd	4th
1993	2nd	1st
1994	1st	1st
1995	1st	1st
1996	1st	1st
1997	2nd	1st
1998	1st	1st

1999	1st	1st
2000	3rd	2nd
2001	2nd	2nd
2002	1st	4th
2003	1st	5th
2004	7th	6th

WAC

2005	5th	4th
2006	2nd	3rd
2008	2nd	4th
2009	1st	4th
2010	1st	4th
2011	1st	2nd
2012	2nd	1st
2013	2nd	7th

Mountain West

2014	3rd	6th
2015	4th	4th
2016	2nd	6th
2017	3rd	8th
2018	4th	5th
2019	3rd	6th
2020	(Canceled due to COVID-19 pandemic)	
2021	3rd	7th
2022	5th	7th
2023	5th	8th
2024	4th	5th



UTAH STATE
RECORDS
RECORDS

60 Meters	Time	Year
1. Nic Bowens	6.61	2014
2. Mike Pyrtle	6.69	2010
3. Parker Bluth	6.71	2016
4. DJ Smith	6.72	2006
5. Will Henry	6.73	2013
Brandon Boone	6.73	1999
7. Jacob Bautista Jr.	6.74	2015
Silas Pimentel	6.74	2014
9. Armahd Lewis	6.77	2011
10. Anthony Stewart	6.80	2002

200 Meters	Time	Year
1. Parker Bluth	20.73	2016
2. Nic Bowens	20.80	2015
3. Dominic Bentil	21.17	2022
4. Silas Pimentel	21.21	2014
5. Jacob Bautista Jr.	21.25	2015
6. DJ Smith	21.30	2007
7. Armahd Lewis	21.34	2011
8. Cole Lambourne	21.37	2016
9. Anthony Stewart	21.38	2001
10. Bode Osagiobare	21.42	1993

400 Meters	Time	Year
1. Brady Martin	46.26	2016
2. AJ Bouilly	46.48	2017
3. Corey Murdock	46.51	1999
4. Cole Lambourne	46.55	2015
5. Matt Stowell	46.56	1994
6. Troy Johnson	46.96	1993
7. Brett Guymon	47.08	2002
8. Michael Bluth	47.18	1974
9. Mark Enyeart	47.26	1974
10. Dasheek Akwenye	47.39	2007

800 Meters	Time	Year
1. Mark Enyeart	1:48.10	1977
2. Clay Lambourne	1:48.30	2018
3. Landon Bott	1:48.81	2024
4. James Allred	1:50.06	2011
5. Briton Page	1:50.36	2013
6. Bryan Griffin	1:50.61	1983
7. Brennan Benson	1:50.74	2024
8. Tyler Killpack	1:50.85	2013
9. Stuart Lyall	1:51.21	1996
10. Jason Holt	1:51.30	2011

Mile	Time	Year
1. Devin Pancake	4:00.36	2022
2. Dillon Maggard	4:01.25	2017
3. Brennan Benson	4:01.63	2023
4. Shane Bingham	4:02.17	1998
5. Bridger Altice	4:03.63	2024
6. Drew Hogan	4:04.47	2024
7. Eric Roberts	4:05.04	1994
8. Wyatt Evans	4:05.08	2023
9. Ben Johnston	4:05.85	2016
10. Mark Crandall	4:05.92	2023

3,000 Meters	Time	Year
1. Dillon Maggard	7:52.99	2018
2. Mike Nielson	8:03.81	2005
3. Caleb Garnica	8:04.95	2023
4. Daniel Howell	8:05.30	2012
5. Spencer Nelson	8:06.13	2023
6. Luke Bailey	8:06.20	2019
7. Mark Crandall	8:06.77	2023
8. Max Wehrli	8:08.91	2024
9. Devin Pancake	8:09.40	2023
10. Luke Beattie	8:09.45	2020

5,000 Meters	Time	Year
1. Dillon Maggard	13:40.59	2018
2. Connor Weaver	13:49.16	2022
3. Caleb Garnica	13:53.07	2023
4. Max Wehrli	13:55.49	2024
5. Spencer Nelson	14:01.51	2024
6. Luke Beattie	14:04.21	2019
7. Daniel Howell	14:04.25	2012
8. Bridger Altice	14:10.42	2023
9. John Simmons	14:14.21	2024
10. Bryce Hill	14:14.89	2024

60-Meter Hurdles	Time	Year
1. Justin Wickard	7.84	2005
2. AJ Bouilly	7.85	2017
3. Brian Dopp	7.98	1997
4. Dylan Nielson	8.03	2009
5. Nick Karren	8.05	2008
6. Jarrett Bush	8.06	2005
Corey Murdock	8.06	1999
8. Scott Bell	8.08	2006
9. Zach Meyer	8.11	2022
10. Hunter Simonsen	8.13	2020

4x400-Meter Relay	Time	Year
1. Joshua Gordon, Brady Martin, Michael Bluth, AJ Bouilly	3:07.23	2017
2. Parker Bluth, Clay Lambourne, Cole Lambourne, Brady Martin	3:08.89	2016
3. Parker Bluth, Clay Lambourne, Cole Lambourne, Tanner Hunt	3:08.99	2015
4. Parker Bluth, Clay Lambourne, Brady Martin, AJ Bouilly	3:09.48	2016
5. Joshua Gordon, Brady Martin, Michael Bluth, AJ Bouilly	3:09.59	2017
6. Parker Bluth, Cole Lambourne, AJ Bouilly, Brady Martin	3:11.23	2016
7. Cole Lambourne, Parker Bluth, Tanner Hunt, Brady Martin	3:13.31	2016
8. Nick Karren, Brett Knighton, Brandon Waller, Emon Williams	3:13.33	2008
9. Skyler Andam, Mikhail Kidd, Nathan Kaufusi, Spencer Eldridge	3:13.49	2020
10. Scott Bell, Nick Karren, Brett Knighton, Dasheek Akwenye	3:13.74	2007

Distance Medley Relay	Time	Year
1. Jordan Beutler, Brady Martin, Clay Lambourne, Dillon Maggard	9:32.31	2018
2. Jason Holt, Tanner Hunt, James Allred, Eric Larson	9:43.11	2011
3. Devin Pancake, Zack Bell, Christopher Kauffman, Brennan Benson	9:44.03	2023
4. Benjamin Johnston, Landon Watts, Jordan Beutler, Dillon Maggard	9:47.99	2016
5. Jordan Beutler, Clay Lambourne, Samuel Coleman, Dillon Maggard	9:48.22	2018
6. Brody Smith, Parker Bluth, Jordan Beutler, Dillon Maggard	9:49.24	2017
7. Yonas Mogos, Christopher Kauffman	9:51.42	2023
Wyatt Evans, Drew Hogan		
8. Devin Pancake, Brandon Williams, Christopher Kauffman, Brennan Benson	9:52.76	2022
9. Brennan Benson, Johnny Cruz, Christopher Kauffman, Devin Pancake	9:53.81	2022
10. Aaron Clements, Tyler Killpack, Devin Lang, Chio Lopez	9:56.92	2012

High Jump	Mark	Year
1. Clint Silcock	2.24m/7-4.25	2011
2. Dave Hoffman	2.23m/7-3.75	1999
3. Lance Thurston	2.20m/7-2.50	2000
4. Hunter Simonsen	2.18m/7-1.75	2019
Leaugen Fray	2.18m/7-1.75	2018
6. Mike Cosgrove	2.15m/7-0.50	2000
7. Chandler Obray	2.14m/7-0.25	2019
John Strang	2.14m/7-0.25	2009
9. Kelton Chenworth	2.12m/6-11.50	2023
Ben Hoffman	2.12m/6-11.50	2022

Pole Vault	Mark	Year
1. Mark Calvin	5.45m/17-10.50	1998
Lance White	5.45m/17-10.50	1994
3. Logan Hammer	5.42m/17-9.25	2024
4. Sam Nelson	5.35m/17-6.50	2019
5. Maurice Jenkins	5.31m/17-5	2002
6. Joel Johnson	5.15m/16-10.75	2001
7. Paul Snyder	5.10m/16-8.75	1996
8. John Johnson	5.08m/16-8	2011
Lance Hamblin	5.08m/16-8	1996
10. Scott Hanes	5.05m/16-6.75	1992

Long Jump	Mark	Year
1. Justin Wickard	7.57m/24-10	2002
Paul Jones	7.57m/24-10	1982
3. Leaugen Fray	7.52m/24-8.25	2017
4. Erin Sullivan	7.49m/24-7	1990
5. James Helton	7.41m/24-3.75	1967
6. Damian Szade	7.38m/24-2.50	2011
7. Theodus Windham	7.35m/24-1.50	1985
Alan Watts	7.35m/24-1.50	1968
9. John Strang	7.30m/23-11.50	2008
Barry Lines	7.30m/23-11.50	1974

Triple Jump	Mark	Year
1. Godwin Charles	15.74m/51-7.75	2024
2. Kyle Brost	15.22m/49-11.25	2020
3. Blake Hadfield	15.03m/49-3.75	2008
4. Paul Jones	15.00m/49-2.50	1982
5. Lonnie Carter	14.90m/49-10.75	2003
6. Kenny Hamlett	14.87m/48-9.50	2014
7. Damon Smith	14.75m/48-4.75	1991
8. Barry Lines	14.70m/48-2.75	1974
9. Bruce McCannel	14.59m/47-10.50	2000
10. Travis Johnson	14.53m/47-8	2014

Shot Put	Mark	Year
1. Michael Mercer	18.73m/61-5.50	1971
2. Josh Barclay	18.51m/60-8.75	2020
3. Josh Sides	18.50m/60-8.50	2003
4. Scott Schaley	18.49m/60-8	1998
5. Kyle Morris	18.38m/60-3.75	2019
6. James Parker	18.35m/60-2.50	2001
7. Zack Lloyd	18.28m/59-11.75	2005
8. Ole Hertel	18.23m/59-9.75	1997
9. Brian Caulfield	18.13m/59-5.75	1971
10. Mark Burton	17.98m/58-11.75	2005

35-Pound Weight Throw	Mark	Year
1. James Parker	21.57m/70-9	2001
2. Ryan Bruhn	19.59m/64-3	2004
3. Kevin Liu	19.32m/63-4	2007
4. Craig Carter	19.21m/63-0	1990
5. Chris Hatch	18.78m/61-7	1987
6. Justin DeSantis	18.70m/61-4	1997
7. Joe Canavan	18.55m/60-10	2010
8. Josh Sides	18.54m/60-10	2004
9. Bryce Hall	18.49m/60-8	2012
10. John Richardson	18.35m/60-2	1994

Pentathlon	Points	Year
1. Briann Dopp	4,087	1997
2. Rob McKenna	3,794	1995
3. Joel Johnson	3,753	2002
4. Jake Pugsley	3,704	1999
5. Brad Bair	3,508	2001
6. Dan Messick	3,457	1999
7. Corey Murdock	3,378	1994

Heptathlon	Points	Year
1. John Strang	5,522	2009
2. Logan Moore	5,243	2007
3. Philip Noble	5,204	2011
4. Caden Dupee	5,192	2022
5. Jon Goble	5,179	2013
6. Roman Ruiz	5,078	2019
7. Reese Hulbert	5,015	2005
8. Javin Richards	4,980	2024
Bradford Strobell	4,980	2015
10. Charles Hopkins	4,810	2008

Current student-athletes are in bold
Last Updated: 12/09/24

WOMEN'S INDOOR TOP 10

60 Meters	Time	Year
1. Lola Ogunde	7.49	1987
2. Hailey Suit	7.56	2021
3. Gabriella Holmstrom	7.59	2022
4. Bailee Whitworth	7.63	2012
5. Maria Halton	7.67	2008
6. Danielle Kot	7.68	1999
7. Becky Tueller	7.70	2004
8. Emma Reeves	7.72	2024
9. Sandra Reategui	7.74	2002
Michala Thomsen	7.74	1999

200 Meters	Time	Year
1. LaDonna Antoine	23.90	1997
2. Danielle Kot	23.97	2001
3. Becky Sorensen	24.06	1994
4. Bailee Whitworth	24.16	2012
5. Ime Akpan	24.44	1990
6. Sandra Reategui	24.45	2002
7. Gabriella Holmstrom	24.46	2022
8. Amber Peterson	24.52	2007
9. Lola Ogunde	24.64	1989
10. TJ Strawder	24.69	2019
Maria Halton	24.69	2008

400 Meters	Time	Year
1. LaDonna Antoine	53.05	1994
2. Kristi Connors	54.03	2002
3. Becky Sorensen	54.23	1995
4. Katelyn Heiner	54.57	2012
5. Kaitlyn Wilcox	54.84	2016
6. LaSabre Bell	55.14	1993
7. Adi Nielson	55.37	2024
8. Nancy Miller	55.40	1979
9. Aubrie Haymore	55.61	2012
10. Patricia Otiede	55.84	1990

800 Meters	Time	Year
1. Amy Egan	2:08.27	2008
2. Mattie Geddes	2:09.34	2024
3. Karen Christensen	2:09.50	2022
4. Jill Steele	2:10.30	2006
5. Hannah Davidson	2:10.32	2024
6. Kylie Ross	2:10.78	2012
7. Elli Eastmond	2:11.55	2017
8. Melissa Jensen	2:11.74	2000
9. Shannon Maloney	2:12.37	2017
10. Elaine Connolly	2:12.55	2009

Mile	Time	Year
1. Jennifer Twitchell	4:39.95	2007
2. Alisa Nicodemus	4:41.63	1993
3. Cierra Simmons-Mecham	4:45.21	2019
4. Mattie Geddes	4:46.82	2024
5. Tylee Skinner	4:47.97	2013
6. Mimi Miyazawa	4:48.65	2024
7. Mica Rivera	4:49.20	2023
8. Shelby Jensen	4:49.53	2024
9. Abby Jensen	4:49.74	2023
10. Hannah Davidson	4:49.77	2024

3,000 Meters	Time	Year
1. Cierra Simmons-Mecham	9:23.86	2019
2. Mica Rivera	9:23.90	2023
3. Abby Jensen	9:30.64	2023
4. Mimi Miyazawa	9:32.60	2024
5. Emma Thornley	9:33.25	2024
6. Kelsey Yamauchi-Richins	9:37.45	2019
7. Kashley Carter	9:38.21	2017
8. Shelby Jensen	9:38.35	2024
9. Morgan French	9:40.34	2023
10. Alex Litzinger	9:41.22	2013

5,000 Meters	Time	Year
1. Alisa Nicodemus	16:00.81	1993
2. Mica Rivera	16:21.42	2023
3. Katie Haviland	16:23.77	2022
4. Bailey Brinkerhoff	16:29.00	2024
5. Emma Thornley	16:29.30	2024
6. Kashley Carter	16:32.28	2018
7. Mimi Miyazawa	16:32.58	2023
8. Morgan French	16:40.94	2023
9. Ana Weaver	16:43.77	2024
10. Kelsey Yamauchi-Richins	17:04.50	2018

60-Meter Hurdles	Time	Year
1. Chari Hawkins	8.30	2015
2. Abbey Bryant	8.39	2024
3. Krysthina Vlahovic	8.48	2024
4. Talie Bonds	8.52	2019
5. Amber Peterson	8.52	2017
6. Ashlee Cannon	8.55	2007
7. Maddie Edwards	8.61	2024
8. Jane Durfey	8.64	1999
9. Cree Taylor	8.67	2014
10. Alexis Koetitz	8.70	2022

4x400-Meter Relay	Time	Year
1. Becky Sorensen, Kim Barnes, LaSabre Bell, LaDonna Antoine	3:37.33	1994
2. Barbara Rainey, Denise Pidcock, Helena Johnsson, Lola Ogunde	3:41.43	1986
3. Olivia Smith, Alison Richter , Delphine Dah, Emma Reeves	3:41.96	2022
LaSabre Bell, Kim Barnes, Becky Sorensen, LaDonna Antoine	3:41.96	1994
4. Patricia Otiede, Jennifer Gloria, Helena Johnsson, Lola Ogunde	3:43.00	1987
5. Emma Reeves, Adi Nielson , Olivia Smith, Maddie Edwards	3:43.27	2024
6. Bailee Whitworth, Aubrie Haymore, Ross, Katelyn Heiner	3:43.59	2012
7. Sandra Reategui, Crockett, Heather Smith, Kristi Connors	3:43.97	2002
8. Melanie Muncy, Breann Bate, Jordan Brandt, Kasia Lawrynowicz	3:44.34	2018
9. Hollie Bosworth, Aubrie Haymore, Ross, Katelyn Heiner	3:44.82	2011
10. Helena Johnsson, Barbara Rainey, Denise Pidcock, Gwendolyn White	3:45.34	1984

Distance Medley Relay	Time	Year
1. Megan Ryan, Kasia Lawrynowicz, Shannon Maloney, Cierra Simmons-Mecham	11:31.69	2019
2. Hannah Davidson , Olivia Smith, Mattie Geddes, Abby Jensen	11:33.21	2023
3. Megan Ryan, Melanie Muncy, Karen Christensen, Cierra Simmons-Mecham	11:37.89	2019
4. Hannah Davidson, Adi Nielson , Mattie Geddes, Shelby Jensen	11:46.95	2024
5. K.Yamauchi-Richins, B. Bate, Shannon Maloney, Tori Parkinson	11:49.14	2016
6. Taylia Norris, Adi Nielson , Hannah Davidson , Bailey Brinkerhoff	11:49.60	2022
7. Hannah Davidson, Alison Richter , Karen Christensen, Abby Jensen	11:50.04	2022
8. Cherice Chugg, Jessie Chugg, Aubrie Haymore, Hannah Williams	11:50.29	2011
9. USU (Athletes Unknown)	11:50.77	2000
10. Hannah Davidson, Adi Nielson , Karen Christensen, Abby Jensen	11:51.89	2022

High Jump	Mark	Year
1. Chari Hawkins	1.83m/6-0	2014
2. Agneta Westen	1.81m/5-11.25	1992
3. Amanda Hopkins	1.80m/5-10.75	1992
4. Rachel Orr	1.77m/5-9.75	2013
5. Audrey Garrett	1.76m/5-9.25	2020
6. Jennifer Christensen	1.75m/5-8.75	2019
Jodi Williams	1.75m/5-8.75	2013
Lacey Schroeder	1.75m/5-8.75	2006
Becky Blackburn	1.75m/5-8.75	1998
Lucia Chudy	1.75m/5-8.75	1979

Pole Vault	Mark	Year
1. Sonia Grabowska	4.25m/13-11.25	2011
2. Kathryn Duhadway	3.97m/13-0.25	2006
3. Shae Bair	3.90m/12-9.50	2002
4. Maren Garnett	3.80m/12-5.50	2022
Amber Thompson	3.80m/12-5.50	2015
Kaylene Gastaldi	3.80m/12-5.50	2006
7. Stephanie Wright	3.78m/12-4.75	2019
8. Paige Hansen	3.77m/12-4.50	2024
9. Emma Shippen	3.76m/12-4.00	2023
10. Rachelle St. Jeor	3.73m/12-2.75	2012

Long Jump	Mark	Year
1. Tracy Dulmage	6.22m/20-5	1993
2. Becky Sorensen	6.04m/19-9.75	1994
3. Chari Hawkins	6.02m/19-9	2015
4. Amy Reeder	5.93m/19-5.50	1995
5. Tricia Schmidt	5.87m/19-3.25	1997
6. Danielle Kot	5.82m/19-1.25	1999
7. Katelyn Heiner	5.75m/18-10.50	2008
8. Agneta Westen	5.73m/18-9.75	1992
9. Kristina Ponton	5.72m/18-9.25	1986
10. Karen Page	5.71m/18-8.75	1979

Triple Jump	Mark	Year
1. Sam Nelson	12.89m/42-3.50	2015
2. Tracy Dulmage	12.84m/42-1.50	1993
3. Danielle Kot	12.47m/40-11	2000
4. Tricia Schmidt	12.39m/40-7.75	1997
5. Kristina Ponton	12.17m/39-11.25	1987
6. Sidnee Naerebout	12.13m/39-9.75	2024
7. Breanna Raven	12.09m/39-8	2024
8. T. Hovhannisyan	12.00m/39-4.50	2000
9. Bailey Maseda	11.88m/38-11.75	2020
10. Julia Stewart	11.83m/38-9.75	2012

Shot Put	Mark	Year
1. Brenn Flint	16.70m/54-9.50	2018
2. Maia Garren	16.18m/53-1	2019
3. Olivia Moriconi	15.65m/51-4.25	2018
4. Kelli Burton	15.62m/51-3	2004
5. Maci Bingham	15.38m/50-5.50	2016
6. Candice Workman	15.23m/49-11.75	2003
7. Tori Bailey	14.95m/49-0.75	2019
8. Lindsey Spencer	14.84m/48-8.25	2011
9. Spela Hus	14.78m/48-6	2012
10. Milly Garren	14.58m/47-10	2024

20-Pound Weight Throw	Mark	Year
1. Maia Garren	19.49m/63-11	2019
2. Keeley Eldredge	19.14m/62-9	2014
3. Maci Bingham	19.09m/62-7	2016
4. Melanie Heslop	18.47m/60-7	2015
5. Tori Bailey	18.27m/59-11.25	2023
6. Krista Larson	18.09m/59-4	2009
7. Lindsey Spencer	17.59m/57-8	2011
8. Charlotte Wahlin	17.57m/57-7	2000
9. Erin Hartvigsen	17.52m/57-5	1999
10. Shelby Jordan	17.41m/57-1	2016

Pentathlon	Points	Year
1. Chari Hawkins	4,194	2015
2. Lacey Schroeder	3,914	2006
3. Agneta Westen	3,848	1992
4. Talie Bonds	3,762	2019
5. Kristina Ponton	3,747	1986
6. Alyssa Hirschi-Swenson	3,718	2019
7. Carrie Yost	3,703	2005
8. Jamie Hall	3,629	1998
9. Peyton Teevens	3,552	2023
10. Jenny Franson	3,524	1996

Current student-athletes are in bold
Last Updated: 12/09/24

100 Meters	Time	Year
1. Nic Bowens	10.13	2014
2. Parker Bluth	10.20	2016
3. Will Henry	10.25	2013
4. DJ Smith	10.28	2007
5. Bode Osagiobare	10.33	1993
6. Silas Pimentel	10.41	2014
Armahd Lewis	10.41	2011
8. Mike Pyrtle	10.47	2010
Rod McNeal	10.47	2005
Dwayne Foster	10.47	2001
Brandon Boone	10.47	1998

200 Meters	Time	Year
1. Parker Bluth	20.52	2016
2. Nic Bowens	20.70	2016
3. Bode Osagiobare	20.84	1992
4. Joshua Gordon	20.91	2017
Brandon Boone	20.91	1998
6. DJ Smith	20.96	2006
7. Silas Pimentel	20.97	2014
8. Theodus Windham	20.98	1984
9. Dominic Bentil	20.99	2022
10. Rod McNeal	21.00	2005

400 Meters	Time	Year
1. Mark Enyeart	45.94	1977
2. Cole Lambourne	46.10	2015
3. Troy Johnson	46.38	1993
4. Brady Martin	46.43	2017
AJ Bouilly	46.43	2016
6. Matt Stowell	46.44	1994
7. Corey Murdock	46.46	1999
8. Dasheek Akwenye	46.50	2008
9. Parker Bluth	46.56	2016
10. Michael Bluth	46.67	2017

800 Meters	Time	Year
1. Mark Enyeart	1:44.98	1977
2. Clay Lambourne	1:47.09	2017
3. Brick Bergeson	1:48.20	2001
4. Landon Bott	1:48.40	2024
5. Jason Holt	1:48.78	2011
6. Brennan Benson	1:48.94	2023
7. Jordan Beutler	1:49.08	2018
8. Briton Page	1:49.44	2013
9. Eric Shellhorn	1:49.62	2015
10. Shane Bingham	1:49.86	1997

1,500 Meters	Time	Year
1. Brennan Benson	3:40.96	2023
2. Dillon Maggard	3:42.15	2017
3. Greg Long	3:42.25	1984
4. Devin Pancake	3:42.92	2023
5. Shane Bingham	3:43.64	1998
6. Jordan Beutler	3:44.45	2018
7. Brick Bergeson	3:44.46	2001
8. Michael Dear	3:45.08	1991
9. Drew Hogan	3:45.39	2023
10. Mike Nielson	3:46.53	2003

5,000 Meters	Time	Year
1. Dillon Maggard	13:30.02	2018
2. Luke Beattie	13:44.92	2021
3. Spencer Nelson	13:48.09	2022
4. Connor Weaver	13:48.13	2022
5. Camren Todd	13:53.64	2021
6. Bridger Altice	13:56.16	2024
7. Mike Nielson	13:56.75	2005
8. Yonas Mogos	14:00.65	2023
9. Max Wehrli	14:02.78	2024
10. Caleb Garnica	14:04.19	2021

10,000 Meters	Time	Year
1. Luke Beattie	28:33.45	2021
2. Dillon Maggard	28:38.36	2018
3. Camren Todd	28:43.08	2024
4. Connor Weaver	28:54.55	2022
5. Caleb Garnica	28:58.24	2022
6. Brian McKenna	29:00.76	2010
7. Bridger Altice	29:03.14	2023
8. Mike Nielson	29:06.11	2005
9. Steve Prescott	29:31.29	2003
10. James Withers	29:32.21	2019

110-Meter Hurdles	Time	Year
1. Gerald Cerulla	13.74	1965
2. AJ Bouilly	13.91	2017
Justin Wickard	13.91	2002
4. Corey Murdock	13.99	1999
5. Brett Guymon	14.12	2002
6. Zach Meyer	14.14	2022
7. Nick Karren	14.16	2009
8. Dylan Nielson	14.24	2009
9. Brooks Gibbons	14.26	1997
10. Keith Williams	14.27	2008

400-Meter Hurdles	Time	Year
1. Corey Murdock	48.85	1999
2. Brett Guymon	49.46	2002
3. AJ Bouilly	49.48	2017
4. Scott Walker	50.17	1982
5. Nick Karren	50.35	2010
6. Scott Bell	50.87	2006
7. Dustin Vetica	51.09	2005
8. Samuel Wing	51.35	2017
9. Brooks Gibbons	51.44	1997
10. Danny Elggren	51.53	2003

3,000-Meter Steeplechase	Time	Year
1. Max Wehrli	8:36.30	2024
2. Colby Wilson	8:40.73	2016
3. Steve Strickland	8:42.71	2009
4. Spencer Fehlberg	8:44.65	2018
5. Mark Crandall	8:44.86	2023
6. Logan Garnica	8:44.88	2024
7. Daniel Howell	8:48.25	2012
8. Mike Kelly	8:50.34	1979
9. T. Lindvigsmoen	8:50.09	1981
10. Vance Twitchell	8:50.94	2007

4x100-Meter Relay	Time	Year
1. Jacob Bautista Jr., Nic Bowens, Parker Bluth, Silas Pimentel	39.44	2014
2. Parker Bluth, Nic Bowens, Chance Parker, Brady Martin	39.50	2016
3. Parker Bluth, Nic Bowens, AJ Bouilly, Brady Martin	39.90	2016
4. Nick Karren, Armahd Lewis, Matt Maughan, Mike Pyrtle	40.05	2010
5. Jacob Bautista Jr., Nic Bowens, Cole Lambourne, Will Henry	40.20	2013
6. Jacob Bautista Jr., Nic Bowens, Cole Lambourne, Parker Bluth	40.32	2014
7. Dylan Nielson, Armahd Lewis, Matt Maughan, Mike Pyrtle	40.38	2010
8. Cedric Young, Dwayne Foster, Joel Johnson, Anthony Stewart	40.40	2002
9. Ron Kehl, Terrence Campbell, Bode Osagiobare, Troy Johnson	40.44	1993
10. Parker Bluth, Nic Bowens, Brady Martin, Cole Lambourne	40.45	2016

4x400-Meter Relay	Time	Year
1. Parker Bluth, Brady Martin, Cole Lambourne, AJ Bouilly	3:04.48	2016
2. Parker Bluth, Tanner Hunt, Cole Lambourne, Clay Lambourne	3:05.28	2015
3. Michael Bluth, Brady Martin, Joshua Gordon, AJ Bouilly	3:05.53	2017
4. Parker Bluth, AJ Bouilly, Brady Martin, Clay Lambourne	3:06.96	2016
5. Brady Martin, Parker Bluth, Tanner Hunt, Cole Lambourne	3:08.46	2016
6. Nick Seedall, Matt Lamb, David Stowell, Corey Murdock	3:09.64	1998
7. Pat Maes, Ron Kehl, Bode Osagiobare, Troy Johnson	3:09.84	1993
8. Michael Bluth, Nick Ashby, Brady Martin, AJ Bouilly	3:10.01	2017
9. Nick Seedall, Richie Panelli, Corey Murdock, Matt Lamb	3:10.40	1998
10. Matt Denning, Michael Anderson, Corey Murdock, Shawn Turner	3:10.49	1994

High Jump	Mark	Year
1. Dave Hoffman	2.30m/7-6.50	2001
2. Clint Silcock	2.26m/7-5	2010
3. Delvon Davis	2.21m/7-3	1979
Calvin Paskett	2.21m/7-3	1979
5. Lance Thurston	2.20m/7-2.50	1999
6. Kelton Chenworth	2.16m/7-1.00	2023
7. Casey Parker	2.15m/7-0.50	2009
8. Hunter Simonsen	2.14m/7-0.25	2019
Leaugen Fray	2.14m/7-0.25	2019
10. Mark Birch	2.12m/6-11.50	1982
Kelly Newbold	2.12m/6-11.50	1982

Pole Vault	Mark	Year
1. Logan Hammer	5.62m/18-5.25	2024
2. Mark Calvin	5.51m/18-1	1997
3. Lance White	5.48m/17-11.75	1995
4. Maurice Jenkins	5.26m/17-3	2000
5. Corey Johnson	5.15m/17-2.75	1982
6. Christian Lee	5.18m/17-0	2004
7. Sam Nelson	5.17m/16-11.50	2018
8. Joel Johnson	5.15m/16-10.75	2003
9. Scott Hanes	5.04m/16-6.50	1992
10. Lance Hamblin	5.01m/16-5.25	1995

Long Jump	Mark	Year
1. James Helton	7.68m/25-2.50	1967
2. Paul Jones	7.62m/25-0	1982
3. Donald Anderson	7.57m/24-10	1941
4. Erin Sullivan	7.54m/24-9	1990
5. Brandon Boone	7.49m/24-7	1997
6. Leaugen Fray	7.47m/24-6.25	2018
7. Bruce Dart	7.45m/24-5.50	1980
8. Barry Lines	7.43m/24-4.50	1974
9. Blake Hadfield	7.42m/24-4.25	2008
10. Justin Wickard	7.37m/24-2.25	2003

Triple Jump	Mark	Year
1. Godwin Charles	15.88m/52-1.25	2024
2. Kyle Brost	15.63m/51-3.50	2021
3. Blake Hadfield	15.03m/49-3.75	2008
4. Paul Jones	15.00m/49-2.50	1982
5. Lonnie Carter	14.90m/49-10.75	2003
6. Kenny Hamlett	14.87m/48-9.50	2014
7. Damon Smith	14.75m/48-4.75	1991
8. Barry Lines	14.70m/48-2.75	1974
9. Bruce McCannel	14.59m/47-10.50	2000
10. Travis Johnson	14.53m/47-8	2014

Shot Put	Mark	Year
1. Zack Lloyd	19.05m/62-6	2005
2. Mark Carter	18.67m/61-3	1986
3. Scott Schaley	18.64m/61-2	1998
4. Joe Canavan	18.40m/60-4.50	2010
5. James Parker	18.28m/59-11.75	1999
6. Josh Sides	18.26m/59-11	2000
7. Michael Mercer	18.25m/59-10.50	1968
8. Kyle Morris	18.19m/58-8.25	2021
9. Josh Barclay	18.16m/59-7	2019
10. David Hirschmann	18.05m/59-2.75	2018

Discus	Mark	Year
1. James Parker	58.54m/192-0	1999
2. Glen Passey	58.14m/190-9	1962
3. Daniel John	58.06m/190-6	1978
4. William Staley	56.48m/185-3	1967
5. David Hirschmann	55.98m/183-8	2018
6. Joseph Turner	55.39m/181-8	2024
7. Ain Roost	55.27m/181-4	1968
8. Scott Schaley	55.24m/181-2	1998
9. L. Jay Silvester	55.06m/180-7	1960
10. Chris Hatch	55.02m/180-6	1983

Hammer	Mark	Year
1. James Parker	73.32m/240-6	2001
2. Craig Carter	65.32m/214-3	1990
3. Ryan Bruhn	64.18m/210-6	2003
4. Josh Sides	61.32m/201-2	2003
5. Chris Hatch	61.01m/200-2	1986
6. Justin DeSantis	60.74m/199-3	1996
7. Tim Sparks	59.94m/196-8	2002
8. Bryce Hall	58.39m/191-7	2012
9. John Richardson	58.22m/191-0	1995
10. Kevin Liu	57.96m/190-2	2007

MEN'S OUTDOOR TOP 10

Javelin	Mark	Year	Decathlon	Points	Year	Current student-athletes are in bold
1. Sindri Gudmundsson	80.91m/265-5	2018	1. Joel Johnson	7,586	2002	Last Updated: 12/09/24
2. Neil Warr	71.98m/236-2	2003	2. John Strang	7,180	2009	
3. Kyle Morris	70.23m/230-5	2021	3. Brian Dopp	7,153	1997	
4. John Kelly	69.22m/227-1	1989	4. Jake Pugsely	7,042	1998	
5. Devin Wright	67.84m/222-7	2017	5. Rob McKenna	7,008	1995	
6. Adam Weston	67.58m/221-8	1992	6. Brad Bair	6,976	2001	
7. Brent Smith	67.41m/221-2	1992	7. Philip Noble	6,960	2011	
8. Walker Deede	66.36m/217-8	2024	8. Roman Ruiz	6,808	2019	
9. Bill Graves	64.47m/211-6	1999	9. Caden Dupee	6,744	2022	
10. Miles Nelson	64.46m/211-5	1987	10. Javin Richards	6,731	2024	



100 Meters	Time	Year
1. Lola Ogunde	11.49	1989
2. Ime Akpan	11.54	1990
3. Cheryl Osborne	11.64	1980
4. Danielle Kot	11.66	2001
5. Dana Devon	11.83	1983
6. Bailee Whitworth	11.84	2012
Kim Barnes	11.84	1993
8. Hailey Suit	11.86	2021
9. Michala Tomsen	11.89	1999
10. Amy Reeder	11.93	1999

200 Meters	Time	Year
1. LaDonna Antoine	23.14	1997
2. Danielle Kot	23.52	2001
3. Lola Ogunde	23.58	1986
4. Ime Akpan	23.81	1990
5. Cheryl Osborne	23.84	1980
6. Becky Sorensen	23.98	1996
7. Bailee Whitworth	24.03	2012
8. Dana Devon	24.05	1983
9. Chalese West	24.14	2014
10. Sandra Reategui	24.18	2002

400 Meters	Time	Year
1. LaDonna Antoine	51.48	1997
2. Shelley Grupe	53.22	1998
3. Becky Sorensen	53.74	1996
4. Danielle Kot	53.77	2001
5. Nancy Miller	54.17	1980
6. Lola Ogunde	54.29	1987
7. Katelyn Heiner	54.30	2012
8. LaSabre Bell	54.50	1993
9. Kristi Connors	54.62	2002
10. Aubrie Haymore	54.72	2012
Michala Bluhm-Thomsen	54.72	2000

800 Meters	Time	Year
1. Mattie Geddes	2:06.45	2024
2. Melissa Jensen	2:08.85	2000
3. Karen Christensen	2:08.91	2021
4. Elaine Connolly	2:09.06	2010
5. Amy Egan	2:09.20	2007
6. Jill Steele	2:09.57	2005
7. Kylie Ross	2:09.58	2011
8. Adela Hofmannova	2:09.92	2015
9. Amber Jensen	2:10.00	2000
10. Jennifer Twitchell	2:10.35	2007

1,500 Meters	Time	Year
1. Tylee Skinner	4:23.99	2018
2. Jennifer Twitchell	4:24.08	2006
3. Adela Hofmannova	4:24.24	2015
4. Kristen Guymon	4:24.84	2006
5. Abby Jensen	4:25.30	2022
6. Mica Rivera	4:25.58	2023
7. Amy Egan	4:25.70	2005
8. Rebekah Thornley	4:25.72	2001
9. Mimi Miyazawa	4:25.76	2023
10. Erin Stratton	4:27.03	2009

3,000 Meters	Time	Year
1. Tylee Skinner	9:33.02	2018
2. Kashley Carter	9:40.52	2016
3. Alex Litzsinger	9:43.83	2014
4. Holly Hansen	9:51.62	1998
5. Angie Winkler	9:52.95	1998
6. LeAnn Larkin-Hatch	9:53.81	2017
7. Alisa Nicodemus	9:53.82	1994
8. Mica Rivera	9:54.04	2019
9. Colleen Walsh	9:55.18	1998
10. Sarah Ellis	9:57.34	2024

5,000 Meters	Time	Year
1. Mica Rivera	16:07.73	2023
2. Kashley Karter	16:14.46	2017
3. Tavia Dutson	16:17.24	2018
4. Mimi Miyazawa	16:26.56	2023
5. Ana Weaver	16:28.17	2023
6. Sarah Ellis	16:28.46	2024
7. Alyssa Snyder	16:32.35	2019
8. Katie Haviland	16:34.92	2022
9. Kelsey Yamauchi-Richins	16:40.47	2018
10. Bailey Brinkerhoff	16:40.94	2022

10,000 Meters	Time	Year
1. Mica Rivera	32:57.50	2023
2. Ana Weaver	32:59.04	2023
3. Emma Thornley	33:34.62	2024
4. Alyssa Snyder	33:50.95	2019
5. Kashley Carter	34:37.86	2018
6. Morgan French	34:51.58	2022
7. Kim Quinn	35:29.82	2010
8. Megumi Ludlow	35:30.36	2023
9. Abigail Gray	35:43.77	2021
10. Jacqueline Winterton	35:47.56	2016

100-Meter Hurdles	Time	Year
1. Ime Akpan	13.14	1990
2. Abbey Bryant	13.36	2024
3. Jenni Davidson	13.46	1996
4. Talie Bonds	13.47	2019
5. Chari Hawkins	13.50	2015
6. Jane Durfey	13.51	1999
7. Amber Peterson	13.53	2007
8. Krysthina Vlahovic	13.72	2024
9. Jayme Hendrian	13.74	1998
10. Ashlee Cannon	13.75	2008

400-Meter Hurdles	Time	Year
1. Maddie Edwards	57.22	2024
2. Jane Durfey	57.25	1999
3. Amber Peterson	57.83	2007
4. Kim Barnes	58.91	1993
5. Olivia Smith	59.20	2024
6. Jordan Brandt	59.34	2018
7. Katie Thatcher	59.47	2008
8. Kylie Ross	59.59	2014
9. Adi Nielson	59.62	2024
10. Jayme Hendrian	59.90	1998

3,000-Meter Steeplechase	Time	Year
1. Cierra Simmons-Mecham	9:49.33	2018
2. Shelby Jensen	10:11.58	2024
3. Katie Haviland	10:12.29	2022
4. Abby Jensen	10:14.07	2023
5. Stacie Lifferth	10:18.89	2007
6. Tori Parkinson	10:21.68	2017
7. Bailey Brinkerhoff	10:22.82	2023
8. Erin Stratton	10:24.08	2010
9. Mica Rivera	10:25.93	2022
10. Sammi Lee	10:26.67	2023

4x100-Meter Relay	Time	Year
1. Amy Reeder, Becky Sorensen, Jennifer Davidson, LaDonna Antoine	45.07	1996
2. Ashlee Cannon, Maria Halton, Jennifer Day, Brittany Chadwick	45.70	2009
3. Ime Akpan, Janelle Nielsen, Jackie Cochran, Lola Ogunde	45.88	1989
4. Amy Reeder, Tammy McLean, Becky Sorensen, LaDonna Antoine	46.01	1995
5. Ashlee Cannon, Maria Halton, Kimiko Kamo, Brittany Chadwick	46.06	2009
6. Amy Reeder, Danielle Kot, B. Thompson, Jamie Hall	46.17	1999
7. Brittany, Bailee Whitworth, West, Kaitlyn Wilcox	46.21	2014
8. Durfey, Danielle Kot, Tricia Schmidt, LaDonna Antoine	46.23	1998
9. Suzette Beardall, Jane Marshall, Tricia Schmidt, LaDonna Antoine	46.25	1997
10. Amy Reeder, Jane Marshall, Tricia Schmidt, LaDonna Antoine	46.28	1997

4x400-Meter Relay	Time	Year
1. Becky Sorensen, Jane Marshall, Shelley Grupe, LaDonna Antoine	3:38.93	1996
2. Adi Nielson, Olivia Smith, Autumn Kidd, Maddie Edwards	3:39.88	2024
3. Shelley Grupe, Melissa Jensen, Jane Marshall, LaDonna Antoine	3:40.40	1997
4. Coree Youngblood, Becky Sorensen, LaDonna Antoine, Tammy McLean	3:41.03	1995
5. Durfey, B. Thompson, Jamie Hall, Shelley Grupe	3:41.41	1999
6. Jennifer Drury, Becky Sorensen, Jane Marshall, LaDonna Antoine	3:42.30	1996
7. Jensen, Heidi Hopkins, Katie Thatcher, Elaine Connolly	3:42.37	2009
8. Camille Fehlberg, Aubrie Haymore, Bailee Whitworth, Katelyn Heiner	3:43.00	2012
9. Jamie Hall, Shelley Grupe, Kristen Hillam, Durfey	3:43.37	1998
10. Denise Pidcock, Jennifer Gloria, Janelle Nielsen, Lola Ogunde	3:43.78	1989

High Jump	Mark	Year
1. Chari Hawkins	1.81m/5-11.25	2013
2. Audrey Garrett	1.80m/5-10.75	2021
Rachel Orr	1.80m/5-10.75	2014
4. Agneta Westen	1.79m/5-10.50	1992
5. Candy Cashell	1.78m/5-10	1980
Brenda Wilson	1.78m/5-10	1980
7. Jennifer Christensen	1.76m/5-9.25	2019
Jodi Williams	1.76m/5-9.25	2015
Kathy Robinson	1.76m/5-9.25	1991
10. Bri Campbell	1.75m/5-8.75	2013
Mariah Thompson	1.75m/5-8.75	2013
Lacy Hulbert	1.75m/5-8.75	2006
Carrie Yost	1.75m/5-8.75	2005
Becky Blackburn	1.75m/5-8.75	1998
Amanda Hopkins	1.75m/5-8.75	1994

Pole Vault	Mark	Year
1. Sonia Grabowska	4.21m/13-9.75	2009
2. Shae Bair	4.20m/13-9.25	2000
3. Kathryn Duhadway	4.00m/13-1.50	2007
4. Maren Garnett	3.95m/12-11.50	2022
5. Sabrina Fairbanks	3.93m/12-10.75	2024
6. Rachelle St. Jeor	3.92m/12-10.25	2012
7. Amber Thompson	3.82m/12-6.25	2012
8. Debra Barker	3.80m/12-5.50	2001
9. Emma Shippen	3.78m/12-4.75	2023
10. Anna Parkinson	3.76m/12-4.00	2022

Long Jump	Mark	Year
1. Ime Akpan	6.18m/20-3.50	1990
2. Chari Hawkins	6.10m/20-0.25	2015
3. Tracy Dulmage	6.05m/19-10.25	1994
4. Becky Sorensen	6.04m/19-9.75	1996
5. McKenzie Johnson	5.94m/19-6	2012
6. Amy Reeder	5.89m/19-4	1995
7. Danielle Kot	5.87m/19-3.25	1999
8. Jenny Franson	5.86m/19-2.75	1996
9. Gia Malone	5.85m/19-2.50	2022
Whitney Skabelund	5.85m/19-2.50	2018

Triple Jump	Mark	Year
1. Tracy Dulmage	12.97m/42-6.85	1994
2. Tricia Schmidt	12.45m/40-10.25	1997
3. Sam Nielson	12.39m/40-7.75	2014
4. Sidnee Naerebout	12.36m/40-6.75	2024
5. Tatyana Hovhannisyan	12.12m/39-9.25	2000
6. Kristina Ponton	12.00m/39-4.50	2004
7. Breanna Raven	11.90m/39.050	2024
Kayla Lee	11.90m/39-0.50	2015
Danielle Kot	11.90m/39-0.50	1999
10. Bailey Maseda	11.83m/38-9.75	2019

WOMEN'S OUTDOOR TOP 10

UTAH STATE

Shot Put	Mark	Year
1. Brenn Flint	16.82m/55-2.25	2018
2. Olivia Moriconi	16.53m/54-2.75	2018
3. Maia Garren	16.50m/54-1.75	2022
4. Kelli Burton	16.00m/52-6	2003
5. Jessica Drake	15.42m/50-7.25	1998
6. Carolyn Isgren	15.31m/50-2.75	1985
7. Maci Bingham	15.26m/50-0.75	2016
8. Candice Workman	15.07m/49-5.50	2001
9. Lindsey Spencer	14.93m/48-11.75	2012
10. Spela Hus	14.92m/48-11.50	2012

Discus	Mark	Year
1. Lindsey Spencer	54.48m/178-9	2012
2. Tori Bailey	53.68m/176-1	2022
3. Brenn Flint	53.47m/175-5	2019
4. Michala Zilkey	52.02m/170-8	2021
5. Kelli Burton	51.84m/170-1	2003
6. Maci Bingham	51.29m/168-3	2015
7. Wendy Egbert	51.20m/167-11	1996
8. Maia Garren	50.97m/167-2	2021
9. Jessica Drake	50.42m/165-5	1998
10. Shannon Prince	50.13m/164-5	2010

Hammer	Mark	Year
1. Maci Bingham	62.33m/204-6	2016
2. Lindsey Spencer	61.99m/203-4	2012
3. Keeley Eldredge	60.00m/196-10	2014
4. Krista Larson	59.95m/196-8	2009
5. Charlotte Wahlin	58.98m/193-6	2000
6. Kelli Burton	58.88m/193-2	2004
7. Melanie Heslop	58.76m/192-9	2014
8. Michala Zilkey	58.47m/191-10	2021
9. Jessica Drake	57.98m/190-2	1998
10. Maia Garren	57.54m/188-9.25	2022

Javelin	Mark	Year
1. Mia Estes	51.38m/168-7	2018
2. Valerie Clark	49.07m/161-0	2023
3. Djamilliah Paepke-Chile	49.01m/160-9	2024
4. Madelyn Sirmon	47.96m/157-4	2016
5. Kaylee Hartshorn	47.74m/156-7	2014
6. April Fisher	46.03m/151-0	2000
7. Jenny Bitner-Rogers	45.30m/148-7	2019
8. Stephanie Crape	44.61m/146-4	2016
9. Madison Tareski	44.39m/145-7	2024
10. Katie Farner	43.02m/141-1	2003

Heptathlon	Points	Year
1. Chari Hawkins	5,750	2015
2. Kristina Ponton	5,314	1983
3. Lacey Hulbert	5,304	2006
4. Agneta Westen	5,302	1992
5. Jamie Hall	5,257	1999
6. Talie Bonds	5,145	2019
7. Katie Farner	5,092	2002
8. Alyssa Hirschi-Swenson	5,033	2019
9. Wendy Limbaugh	5,005	1980
10. Niki Xydona	4,962	2018

Current student-athletes are in bold
Last Updated: 12/09/24



GEORGE NELSON FIELDHOUSE INDOOR TRACK & FIELD RECORDS

Women

<i>Athlete (School)</i>	<i>Time/Mark</i>	<i>Date</i>	<i>Event</i>
Cathy Guishard (Unattached)	6.84	01/15/94	55m
Tiffany Lott (BYU)	7.75	01/18/97	55mh
Gabriella Holmstrom (USU)	7.59	02/05/22	60m
Abbey Bryant (USU)	8.62	02/05/22	60mh
Ime Akpan (USU)	24.83	01/20/90	200m
LaDonna Antoine (USU)	54.32	01/18/97	400m
Wendy Knudson (Unattached)	2:05.30	01/13/79	800m
Alisa Nicodemus (USU)	4:56.00	01/23/93	Mile
Alisa Nicodemus (USU)	9:54.44	12/12/92	3000m
Amy Laffoon (Idaho State)	17:50.20	02/17/79	5000m
Amber Welty (Idaho State)	1.83m	12/02/88	High Jump
Paula Pettingill (Weber State)	1.83m	12/02/88	High Jump
Jodi Anderson (CS Northridge)	6.28m	02/16/80	Long Jump
Tracy Dulmage (USU)	12.23m	01/23/93	Triple Jump
Sonia Grabowska (USU)	4.20m	1/17/09	Pole Vault
Amy Christiansen (BYU)	16.21m	01/18/97	Shot Put
Anna Dolegiewicz (Unattached)	18.58m	01/31/04	Weight Throw
Jodi Anderson (CS Northridge)	4415 pts	02/16/80	Pentathlon

Men

<i>Athlete (School)</i>	<i>Time/Mark</i>	<i>Date</i>
Frank Fredericks (BYU)	6.21	01/18/92
Gerald Cerulla (USU)	7.24	03/07/64
Mikhail Kidd (USU)	6.93	02/05/22
Zach Meyer (USU)	8.18	02/05/22
Troy Johnson (USU)	22.14	01/15/94
Matt Stowell (USU)	47.64	01/15/94
Jason Pyrah (BYU)	1:51.88	01/15/94
Brennan Benson (USU)	4:04.56	02/03/24
Logan Garnica (USU)	8:23.27	02/03/24
Muchapiwa Mazano (USU)	14:51.00	01/15/94
Mark Davenport (Utah)	2.16	02/21/81
Paul Jones (USU)	7.57	02/27/82
Mark Godfrey (BYU)	15.54	01/15/94
Lance White (Unattached)	5.50	01/17/98
Niklas Arrhenius (BYU)	18.82	01/31/04
Steve DeSantis (Unattached)	21.00	12/10/94
Brian Dopp (USU)	3794 pts	01/09/98

Current student-athletes are in bold

Last Updated: 05/28/24

RALPH MAUGHAN STADIUM OUTDOOR TRACK & FIELD RECORDS

Women

<i>Athlete (School)</i>	<i>Time/Mark</i>	<i>Date</i>	<i>Event</i>
Destiny Smith-Barnett (UNLV)	10.94	05/12/17	100m
Micha Auzenne (San Diego State)	12.95	05/12/17	100h/110h
Ashley Henderson (San Diego State)	22.54	05/13/17	200m
LaDonna Antoine (USU)	51.92	05/18/96	400m
Julie Bennion (BYU)	57.08	05/12/99	400h
Sadi Henderson (Boise State)	2:04.18	05/13/17	800m
Annemarie Schwanz (Fresno State)	4:24.91	05/13/17	1,500m
Kathy Mintie (Arizona State)	9:48.20	05/10/79	Steeplechase
Alice Wright (New Mexico)	16:17.42	05/13/17	5,000m
Amy Laffoon (Idaho State)	35:36.30	05/12/79	10,000m
Amber Kafuman (Hawai'i)	1.93m	05/16/09	High Jump
Destiny Longmire (San José State)	6.39m	05/12/17	Long Jump
Jannell Hadnot (New Mexico)	12.86m	05/13/17	Triple Jump
Stacy Dragila (Rocky Mt. Elite)	4.42m	05/31/97	Pole Vault
Aaliyah Pete (Colorado State)	16.98m	05/13/17	Shot Put
Sharon Ayala (Fresno State)	66.52m	05/15/09	Hammer
Lacy Barnes (Fresno State)	62.22m	05/20/88	Discus
Hui Chin Lee (BYU)	57.33m	05/02/87	Javelin
Auzenne, Glenn, Smith, Henderson (San Diego State)	42.99	05/13/17	4x100m
Lea, Barrow, Knight, McPherson (San Diego State)	3:36.42	05/13/17	4x400m
Nicole Wadden (Nevada)	5,595 pots	05/10-11/17	Hept./Dec.

Men

<i>Athlete (School)</i>	<i>Time/Mark</i>	<i>Date</i>
Leonard Myles-Milles (BYU)	10.04	05/12/99
Jamiel Trimble (Air Force)	13.66	05/12/17
Jamiel Trimble (Air Force)	20.33	05/13/17
Eddie Carey (UC Irvine)	45.51	1982
Bernie Holloway (San José State)	49.30	1982
Mark Enyeart (USU)	1:46.20	1975
Josh Kerr (New Mexico)	3:46.39	05/13/17
Joel Atwaer (Weber State)	8:59.16	04/21/01
Scott Bringhurst (Utah)	14:29.20	1973
Jerrell Mock (Colorado State)	31:01.59	05/11/17
Charles Clinger (Weber State)	2.30m	04/21/01
Billy Coleman (Fresno State)	7.93m	05/21/88
Henry Ellard (Fresno State)	16.02m	1982
Lance White (Rocky Mt. Elite)	5.60m	05/31/97
Zack Lloyd (Unattached)	20.51m	04/21/12
James Parker (USU)	70.86m	05/29/99
Stefan Fernolm (Unattached)	68.24m	05/21/88
Sindri Gudmundsson (USU)	77.19m	05/13/17
Bradford, Johnson, Anderson, Trimble (Air Force)	39.70	05/13/17
Gordon, Martin, Bluth, Bouilly (USU)	3:05.53	05/13/17
Bill Shuffenhaur (Unattached)	8,022 pts	05/30-31/97

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