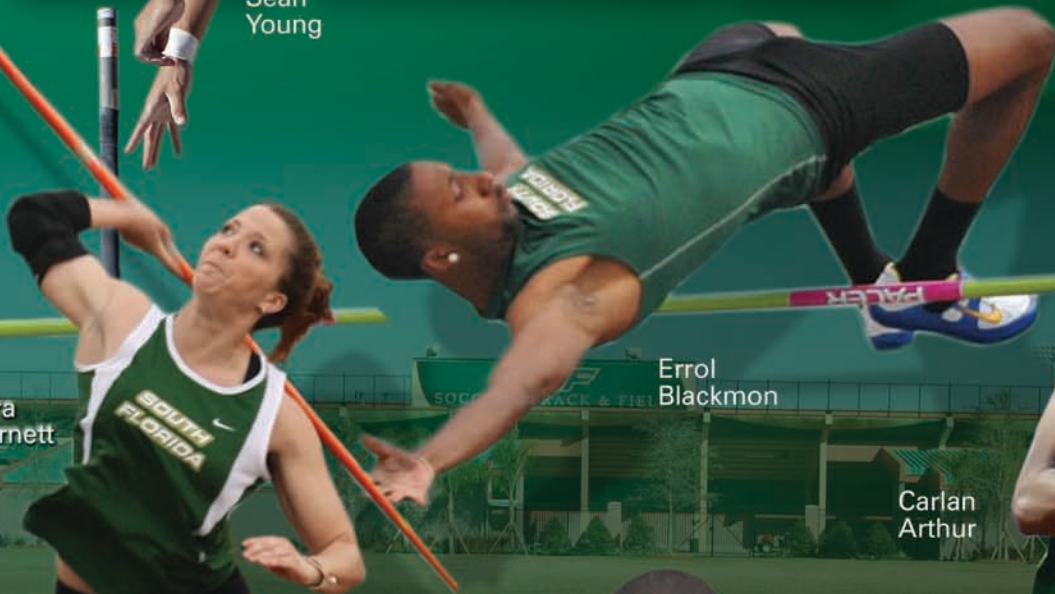




Sean Young



Jara Cornett



Errol Blackmon



Carlan Arthur



Glenn Fowler

2008-09 CROSS COUNTRY/TRACK & FIELD MEDIA GUIDE

USF OLYMPIANS



KEMEL THOMPSON



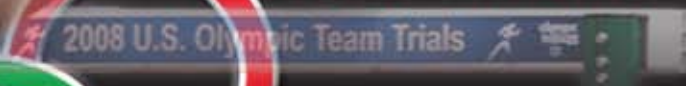
DAMU CHERRY



SASHA SPRINGER



LLEWELYN BREDWOOD



A black and white photograph of a large stadium. The top of the stadium features a large sign with the USF logo (a stylized 'U' with a flame) and the text 'SOCCER • TRACK & FIELD'. The stadium seating is visible in the foreground, and a track and field area is visible in the background.

USF
SOCCER • TRACK & FIELD

**Welcome to
USF Track & Field and
Cross Country**

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Track & Field / Cross Country

2008-2009 Media Guide



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Editorial Assistants: Brad Borghetti
Chris Freet
Jeff Wuerth
Amy Woodruff
Austin Bush
Charlie Torenzio
Amanda Roehn
Toby Colyer
Warren Bye
Don Marsh

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Charles Sonnenblick
Jason Marsh
Gina Villanueva
Stephen Gaddis

Program Facts



BULLS COMMUNICATIONS

USF Communications Staff:

Athletics Communication Assistant (Track & Field Contact)	Lindsey Campbell
Office Phone	(813) 974-5755
Cell Phone	(339) 222-2622
E-Mail	lcampbell@admin.usf.edu
Assistant Athletics Director of Communications	Chris Freet
Office Phone	(813) 974-4086
E-Mail	cfreet@admin.usf.edu
Assistant Director	Amy Woodruff
Assistant Director	Jeff Wuerth
Assistant Director	Mike Hogan
Assistant Director	Maile Keeney
Intern	Brad Borghetti
Intern	Lindsey Campbell

Mailing & Overnight Address:

USF Athletics Communications
4202 E. Fowler Ave. ATH 100
Tampa, FL 33620

Fax Number (813) 974-5328
Athletics Department Main Line (813) 974-2125

Browsing USF on the Web

USF Official Web site www.GoUSFBulls.com
BIG EAST Conference www.BigEast.org
Trackshark www.Trackshark.com
USTFCCCA (Coaches Association) www.USTFCCCA.cstv.com
Track and Field News www.TrackandFieldnews.com
USA Track and Field www.USATF.org

Quick Facts

Location	Tampa, Fla.
Enrollment	45,244
Founded	1956
Colors	Green and Gold
Nickname	Bulls
Affiliation	NCAA Division I
Conference	BIG EAST
Facility	USF Track Stadium
Capacity	4,000
Surface	Mondo
President	Dr. Judy Genshaft
Director of Athletics	Doug Woolard
Faculty Representative	Dr. Robert Sullins
Athletic Department Phone	(813) 974-2125
Track Office Phone	(813) 974-4023
Track Office Fax	(813) 974-6197

History

First Year of Track & Field	1991
Number of Head Coaches	4
C-USA Team Titles	6
BIG EAST Team Titles	None
NCAA Best Team Finish (Year)	34 (2004)

Coaching Staff

Head Coach	Warren Bye
Alma Mater, Year	Indiana, '00
Assistant Coach	Toby Colyer
Alma Mater, Year	Tennessee, '01
Assistant Coach	Don Marsh
Alma Mater, Year	Michigan State, '60
Assistant Coach	Eric McCarroll
Alma Mater, Year	Indiana, '88
Assistant Coach	Dena Reif
Alma Mater, Year	Memphis, '94
Assistant Coach	Lissa Olson
Alma Mater, Year	Washington State, '89

2008 Review - Women

BIG EAST Indoor Team Finish	10th (30 points)
BIG EAST Champions	1
NCAA Qualifiers	1
All-Americans	1
BIG EAST Outdoor Team Finish	11th (39.5 points)
BIG EAST Champions	None
East Regional Qualifiers	6
NCAA Qualifiers	2
All-Americans	None

2008 Review - Men

BIG EAST Outdoor Team Finish	7th (63 points)
BIG EAST Champions	3
East Regional Qualifiers	8
NCAA Qualifiers	2
All-Americans	1

This is USF Track & Field / Cross Country



This is USF Track & Field / Cross Country



Women's Team Roster Breakdown

Birthdays

Noe	January 4
Jenkins	January 18
Willis	January 26
Canter	January 27
Ware	February 1
Lozano	February 1
Prendergast	February 5
Tabak	February 5
Duffy	February 8
King	March 8
Etienne	March 15
T. Miller	March 18
Fitzgerald	March 20
Wagner	March 24
S. Smith	March 29
Warren	April 3
Grigsby	April 10
Cornett	April 19
Galbrith	April 29
Johnston	May 7
Highsmith	May 11
Chambers	May 20
Palmison	May 26
Billington	May 31
Smithyman	June 2
Wynands	June 2
Ross	June 6
Akinrinade	June 6
Konstantinovic	June 18
Brethauer	June 19
Talbot	June 23
Cousin	June 26
Moreles	July 7
Rosenberger	July 11
Mockensturm	July 12
Wong	July 13
Gauadagnino	July 15
Zuhlke	July 17
McGeehan	July 18
Cooper	August 6
Shoby	August 6
Williams	August 12
Oliver	August 15
Pope	August 18
Savery	August 18
Y. Perez	August 30
Morris	September 29
Shade	September 30
Strykowski	September 30
Anderson	October 1
Webb	October 3
Perez	October 6
Harper	October 14
Brown	October 29
Y. Smith	October 19
Randle	October 20
Craig	October 26
Budd	November 1
Mikos	November 4
Hepburn	November 9
Noe	November 10
Sporele	November 21
Rozario	November 24
Wrenn	December 4
Savestrand	December 9
Addison	December 11
Harris	December 26
Tryban	December 29
Richmond	December 30
Alvarez	December 31

Name	Pos.	Yr.	Hometown (Prev. School)
Addison, Ashley	Distance	Fr.	Miami, Fla. (Northwestern HS)
Akinrinade, Eniola	Sprints	Fr.	Merrillville, Ind. (Merrillville HS)
Alvarez, Michelle	Distance	So.	Orlando, Fla. (William R. Boone HS)
Anderson, Erica	Distance	So.	Sarasota, Fla. (Riverview HS)
Anderson, Kristin	Distance	So.	Sarasota, Fla. (Riverview HS)
Billington, Mary	Distance	Fr.	Wesley Chapel, Fla. (Seal American HS)
Brenner, Jessica	Distance	Jr.	Henderson, Nev. (Green Valley HS)
Brethauer, Natalie	Distance	So.	Winter Park, Fla. (Winter Park HS)
Brown, Kaylee	Distance	Fr.	Graveland, Fla. (South Lake HS)
Budd, Kristine	Distance	Jr.	New Port Richey, Fla. (Land O' Lakes HS)
Canter, Sarah	Throws	Fr.	Knoxville, Tenn. (Bearden HS)
Chambers, Shaniel	Mid-Distance	Fr.	Clayment, Del. (Chester HS)
Cooper, Kristy	Distance	So.	Niceville, Fla. (Niceville HS)
Cornett, Jara	Javelin	Sr.	Cimarron, Kan. (Johnson County CC)
Cousin, Melissa	Pole Vault	Jr.	Brandon, Fla. (Tampa Bay Tech HS)
Craig, Jearim	Sprints	Fr.	Navarre, Fla. (Navarre HS)
DeGraw-Higgins, Kristi	Distance	Fr.	Seminole, Fla. (Seminole HS)
Dowling, Bailey	Distance	Fr.	Washingtonville, N.Y. (Washingtonville HS)
Duffy, Stephanie	Pole Vault	So.	Ft. Pierce, Fla. (Port St. Lucie HS)
Etienne, Rachel	Sprints	So.	Inverness, Fla. (Citrus HS)
Fitzpatrick, Kaela	Distance	Jr.	Zephyrhills, Fla. (Wharton HS)
Galbrith, Lauren	Distance	Fr.	Boca Raton, Fla. (Boca Christian HS)
Gauadagnino, Nikki	Distance	Fr.	Princeton, Fla. (Coral Reef HS)
Grigsby, Ashley	Mid-Distance	Sr.	Ocala, Fla. (Trinity Catholic HS)
Harper, Katie	Sprints	Sr.	Clearwater, Fla. (Clearwater Central Catholic HS)
Harris, Danielle	Distance	Sr.	Pomona, N.Y. (North Rockland HS)
Hepburn, Yvana	Hurdles	Jr.	Miami, Fla. (Northwestern HS)
Highsmith, Jazmine	Throws	Sr.	Pensacola, Fla. (Pine Forest HS)
Jefferson, Jasmine	Distance	Fr.	Jacksonville, Fla. (Wolfson HS)
Jenkins, Cinnamon	Sprints	So.	Middleland, N.Y. (Longwood HS)
Johnson, Christine	Distance	Fr.	Indian Rocks Beach, Fla. (Northside Christian HS)
Konstantinovic, Monique	Distance	Fr.	Daytona Beach, Fla. (Mainland HS)
King, Avaniece	Sprints	Jr.	Palm Harbor, Fla. (Tarpon Springs HS)
Lozano, Valentina	Distance	Sr.	Spring Hill, Fla. (Central HS)
McGeehan, Elizabeth	Distance	Fr.	Land O Lakes, Fla. (Central HS)
Mikos, Leandra	Distance	So.	

Roster by Event

Sprints	Hurdles	Combined Events	Distance			
K. Harper	Y. Hepburn	S. Williams	S. Acosta	K. DeGraw-Higgins	M. Miller	R. Saylor
A. King	K. Richmond	A. Rosenberger	A. Addison	L. Galbrith	T. Miller	B. Shoby
S. Smith		R. Etienne	M. Alvarez	N. Gauadagnino	L. Morris	D. Sporele
B. Willis		A. Ware	L. Bauer	J. Greer	S. Oliver	J. Strykowski
			M. Billington	D. Harris	N. Palmison	S. Till
			J. Brenner	M. Jewell	R. Perez	A. Tryban
			N. Brethauer	C. Johnston	Y. Perez	M. Wong
			K. Brow	W. Karlskin	S. Pope	J. Wynands
			K. Budd	M. Konstantinovic	A. Prendergast	R. Zuhlke
			J. Cagel	K. Matthews	N. Rozario	
			L. Noe	E. McGeehan	K. Savery	
			C. Wagner	L. Mikos	P. Savestrand	
			A. Warren			



Women's Team Roster Breakdown

Name	Pos.	Yr.	Hometown (Prev. School)
Miller, Tiffany	Distance	Fr.	Nokomis, Fla. (Venice HS)
Mockensturm, Anne	Distance	Fr.	Melbourne, Fla. (Satellite HS)
Moreles, Katina	Distance	Fr.	Tampa, Fla. (Gaither HS)
Morris, Leah	Distance	Fr.	Tampa, Fla. (Plant HS)
Noe, Lauren	Throws	Fr.	Cuyahoga Falls, Ohio (Cuyahoga Falls HS)
Oliver, Shambrey	Distance	Fr.	Seffner, Fla. (Armwood HS)
Palmison, Nicole	Distance	So.	Plymouth, N.H. (Plymouth Regional HS)
Perez, Ruby	Distance	So.	Tallahassee, Fla. (Florida State University HS)
Perez, Yvone	Distance	Jr.	Tampa, Fla. (Tampa Bay Tech)
Pope, Summer	Distance	Fr.	Orlando, Fla. (Lake Highland HS)
Prendergast, Allie	Distance	Fr.	Orlando, Fla. (Lake Highland HS)
Randle, Vanetta	Jumps	Sr.	Valrico, Fla. (Durant HS)
Richmond, Kayla	Hurdles	Jr.	Ft. Myers, Fla. (Ft. Myers HS)
Rosenberger, Alex	Hurdles	Fr.	Ramsey, N.J. (Ramsey HS)
Ross, Jennifer	Pole Vault	Fr.	Bellevue, Fla. (Bellevue HS)
Rozario, Nichole	Distance	Fr.	Middletown, N.Y. (Pine Bush HS)
Savery, Kelly	Distance	Jr.	Tallahassee, Fla. (Chiles HS)
Savestrand, Pernilla	Mid-Distance	Sr.	Goteborg, Sweden (Sigrid Rudebecks)
Shade, Samantha	Jumps	Jr.	Kissimmee, Fla. (Kissimmee HS)
Shoby, Brianna	Distance	Jr.	St. Petersburg, Fla. (Dixie Hollins HS)
Smith, Stacia	Sprints	Fr.	Palm Bay, Fla. (West Shore HS)
Smith, Yasmin	Distance	Fr.	Swindon, England (Ridgeway HS)
Smithyman, Meagan	Mid-Distance	So.	Point of Rocks, Md. (Brunswick HS)
Sporele, Devin	Distance	Fr.	Titusville, Fla. (Astronaut HS)
Strykowski, Jennifer	Distance	Sr.	Schaumburg, Fla. (Schaumburg HS)
Tabak, Alisa	Distance	Fr.	Dunedin, Fla. (Dunedin HS)
Talbot, Ashley	Distance	Fr.	Ft. Lauderdale, Fla. (Cardinal Gibbons HS)
Tryban, Ashley	Distance	Sr.	Cheboygan, Mich. (Cheboygan HS)
Wagner, Casey	Javelin	Fr.	Quakake, Pa. (Tamaqua HS)
Ware, Alexandria	Combined Events	Fr.	Lake Wales, Fla. (Avaon Park HS)
Warren, Atasha	Throws	Fr.	Wabasso, Fla. (Sabastian HS)
Webb, Dana	Pole Vault	So.	Valparaiso, Ind. (Valparaiso)
Williams, Sara	Combined Events	Sr.	Leesburg, Fla. (Leesburg HS)
Willis, Britney	Sprints	Fr.	Navarre, Fla. (Navarre HS)
Wong, Melanie	Distance	Jr.	Lutz, Fla. (Land O' Lakes HS)
Wrenn, Nicole	Distance	Sr.	Fernandina Beach, Fla. (Fernandina HS)
Wynands, Jennifer	Distance	Fr.	Ontario, Canada (Thousand Island Secondary)
Zuhlke, Rebecca	Distance	Jr.	Palm Bay, Fla. (Holy Trinity HS)

Roster by Location

Florida	Indiana	New Hampshire	Sweden
S. Acosta	Dana Webb	N. Palmison	P. Savestrand
A. Addison			
M. Alvarez	Kansas	New York	Canada
L. Bauer	J. Cornett	N. Rozario	J. Wynands
M. Billington		C. Johnston	
N. Brethauer	Maryland	S. Duffy	England
K. Brow	M. Smithyman	Y. Hepburn	Y. Smith
K. Budd			
J. Cagel	Michigan	Pennsylvania	
K. Christenson	A. Tryban	S. Chambers-	
K. Cooper		C. Wagner	
M. Cousin	Nevada		
K. DeGraw-Higgins	J. Brenner	Tennessee	
R. Etienne		S. Canter	
L. Galbrith			
N. Gauadagnino	J. Strykowski		
J. Greer	S. Till		
A. Grigsby	A. Ware		
K. Harper	R. Perez		
D. Harris	Y. Perez		
J. Highsmith	S. Pope		
M. Jewell	A. Prendergast		
W. Karlskin	V. Randle		
M. Konstantinovic	K. Richmond		
A. King	K. Savery		
K. Matthews	R. Saylor		
E. McGeehan	S. Shade		
L. Mikos	R. Saylor		
M. Miller	B. Shoby		
T. Miller	S. Smith		
	D. Spoerle		

Men's Team Roster Breakdown

Birthdays

Nicholas	January 4
Fowler	January 7
Hicks	January 13
Zanella	January 16
Bess	January 20
Scelzi	February 15
Carela	February 16
Thomas	February 17
Wise	April 1
Bing	May 8
Exillen	May 22
Wimbley	May 23
Ebanks	May 29
Ruff	May 30
Marshall	June 17
Seabrook	June 27
Blackmon	July 3
Arthur	July 12
McDaniel	July 18
Perkins	August 16
Aristil	September 21
Dandridge	October 5
Courttoy	October 23
Ferguson	November 4
Van Zile	December 2
Fontus	December 14
Kursteiner	December 19
Young	December 27

<u>Name</u>	<u>Pos.</u>	<u>Yr.</u>	<u>Hometown (Prev. School)</u>
Aristil, David	Hurdles	Fr.	Boynton Beach, Fla. (Park Vista HS)
Arthur, Carlan	Mid-Distance	Sr.	Trinidad and Tobago (Colby CC)
Bess, Jacob	Distance	Fr.	Brooksville, Fla. (Hernando HS)
Bilodeau, Scott	Distance	Fr.	
Bing, Jonathan	Distance	Fr.	Vero Beach, Fla. (Vero Beach HS)
Blackmon, Errol	Jumps	Sr.	Pensacola, Fla. (Mississippi State)
Carela, Pedro	Distance	So.	Tampa, Fla. (Wharton HS)
Courttoy, Ryan	Distance	Jr.	Tampa, Fla. (Wharton HS)
Dandridge, Kirk	Pole Vault	Fr.	Beverly Hills, Fla. (Lecanto HS)
Ebanks, Mikail	Mid-Distance	Jr.	Hallandale, Fla. (Hallandale HS)
Exillen, Reshaw	Sprints	Fr.	Riviera Beach, Fla. (Dwyer HS)
Ferguson, Alfonso	Hurdles	Jr.	Ft. Lauderdale, Fla. (Ft. Lauderdale HS)
Fontus, Greg	Sprints	Jr.	Miami, Fla. (Dr. Krop Senior)
Fowler, Glenn	Hurdles	Sr.	Ocala, Fla. (Wallace State CC)
Hicks, Marcus	Throws	Fr.	Palm Beach Gardens, Fla. (Dwyer HS)
Kursteiner, Michael	High Jump	Jr.	Brooksville, Fla. (Nature Coast Tech HS)
Marshall, Armante	Sprints	Jr.	Tallahassee, Fla. (Lincoln HS)
McDaniel, Kendale	Hurdles	So.	Royal Palm Beach, Fla. (Ft. Pierce HS)
Nicholas, Norman	Sprints	Jr.	Palm Beach Gardens, Fla. (Palm Beach Gardens HS)
Perkins, Tyler	Throws	Jr.	Tampa, Fla. (Wharton HS)
Ruff, D'Andre	Sprints	Jr.	Palm Beach Gardens, Fla. (Palm Beach Gardens HS)
Scelzi, Grant	Combined Events	Sr.	Largo, Fla. (Largo HS)
Seabrook, Jordan	Hurdles	Sr.	Indianapolis, Ind. (North Central HS)
Thomas, Jared	Throws	Fr.	Pensacola, Fla. (Pensacola HS)
Van Zile, Kyle	Distance	So.	Fort Walton Beach, Fla. (Choctawhatchee HS)
Wells, Brooks	Distance	Fr.	
Wimbley, Josh	Sprints	Jr.	Sunrise, Fla. (Piper HS)
Wise, Philip	Distance	Fr.	Gainesville, Fla. (Bucholtz HS)
Young, Sean	Pole Vault	Sr.	Titusville, Fla. (Astronaut HS)
Zanella, Anthony	Combined Events	Sr.	Naples, Fla. (Palmetto Ridge)

Roster by Event

Sprints

R. Exillen
G. Fontus
D. Ruff
A. Marshall
J. Wimbley

Hurdles

D. Aristil
A. Ferguson
G. Fowler
K. McDaniel
J. Seabrook

Combined Events

G. Scelzi
A. Zanella

Jumps

E. Blackmon
K. Dandridge
M. Kursteiner
M. Mack
S. Young

Throws

M. Hicks
T. Perkins
J. Thomas

Mid-Distance

C. Arthur
M. Ebanks

Distance

J. Bess
J. Bing
S. Bilodeau
P. Carela
R. Courttoy
K. Van Zile
B. Wells

Roster by Location

Florida

D. Aristil
J. Bess
S. Bilodeau
J. Bing
P. Carela
R. Courttoy
K. Dandridge
M. Ebanks
R. Exillen
A. Ferguson
G. Fontus
G. Fowler
M. Hicks
M. Kursteiner
M. Mack
A. Marshall
K. McDaniel

N. Nicholas
T. Perkins
D. Ruff
G. Scelzi
J. Thomas
K. Van Zile
J. Wimbley
P. Wise
S. Young
A. Zanella

Indiana

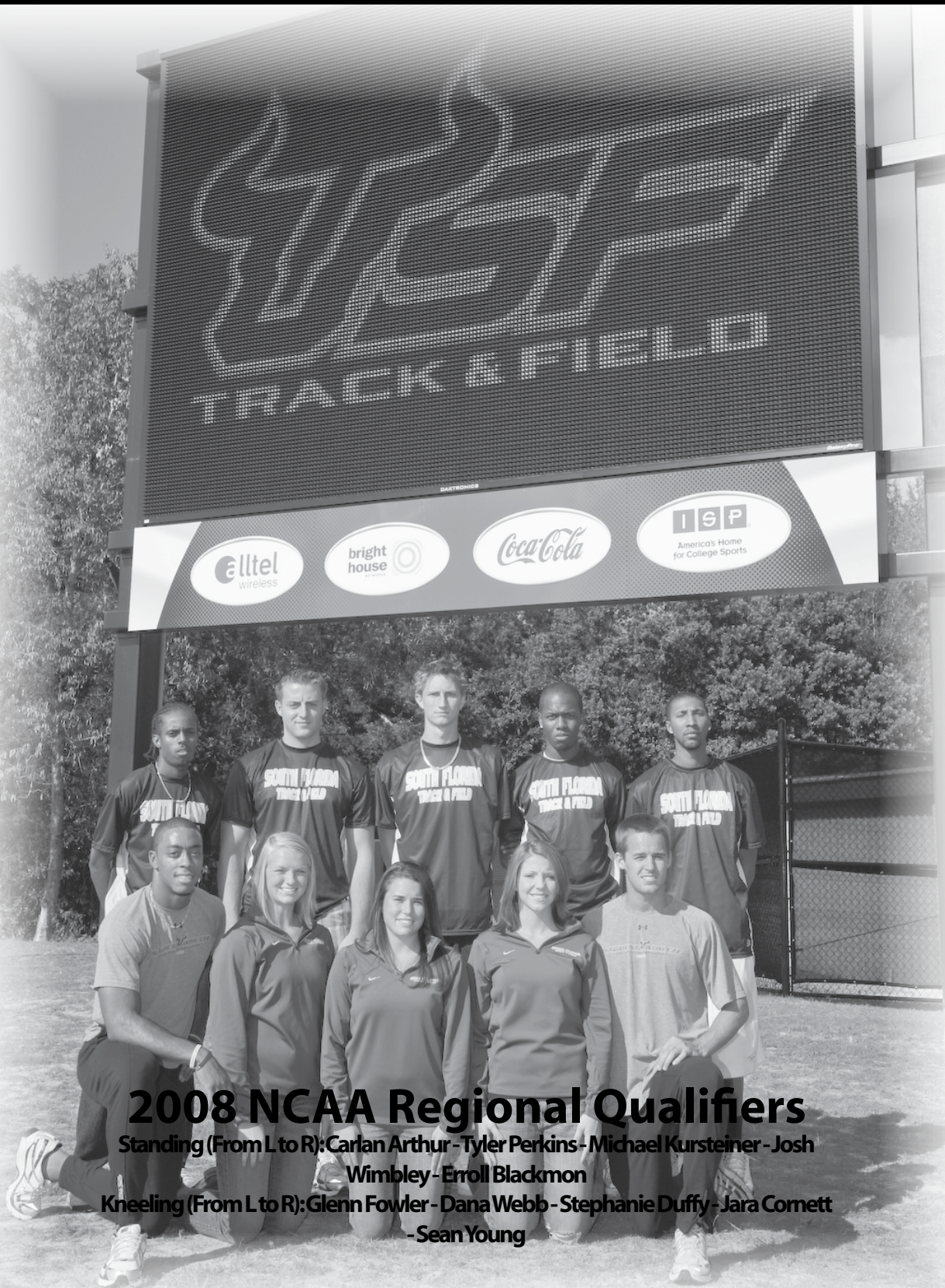
J. Seabrook

Trinidad

C. Arthur



2008-2009 Season Preview



2008 NCAA Regional Qualifiers

Standing (From L to R): Carlan Arthur - Tyler Perkins - Michael Kursteiner - Josh Wimbley - Erroll Blackmon

Kneeling (From L to R): Glenn Fowler - Dana Webb - Stephanie Duffy - Jara Comett - Sean Young

Women's Team Preview

Sprints-Relays

The women welcome back a tandem of talented sprinters as each looks to continuously progress to the top tier of the conference. Sophomore Stacia Smith is the Bulls' top returning sprinter after tallying BIG EAST qualifying marks in both the 100-meter-dash and the 200-meter-dash last season. Smith also scored in the BIG EAST as a member of USF's 4x100 relay team. Smith holds personal best times of 12.14 in the 100-meter-dash and 24.87 in the 200-meter-dash. She was also a BIG EAST Indoor qualifier in the 60-meter-dash. USF will also welcome back Avaniece King, who missed last season due to injury. King ran a season-best 25.96 in the 200-meter-dash and 57.97 in the 400-meters during the 2007 season and will look to improve on those marks while adding depth to the Bulls' sprints lineup.

Hurdles

Junior hurdler Yvanna Hepburn (pictured) is coming off two exceptional years as a collegiate student-athlete. Her freshman season, Hepburn was a scorer in the 100-meter hurdles at the BIG EAST Championships and finished the season with a top time of 14.11. During her sophomore campaign, Hepburn finished seventh at the BIG EAST Indoors in the 60-meter hurdles, and moved into the USF all-time top five list in both the 55-meter and 60-meter hurdles. Outdoors, Hepburn tied her personal-best of 14.11 in the 100-meter hurdles at the UTEP Invitational on March 29. She also scored for the Bulls at the BIG EAST Outdoor Championships as a member of the 4x100 relay.

Jumps

The duo of Vanetta Randle and Samantha Shade will provide USF with a blend of experience and proven success. Randle, a senior out of Plant City, Fla., holds a personal best 18-11.25 in the long jump, which ranks third best all-time in USF history. Her outdoor season was cut short due to injury, but Randle appears poised for a strong return. Shade, entering her junior season, has already built up a good resume throughout her career. Last season, at the conference championships in May, she earned All-BIG EAST honors in the triple jump. Shade also holds a personal best 17-8.25 in the long jump.

Pole Vault

Sophomores Stephanie Duffy and Dana Webb will both be returning for the Bulls' coming off outstanding freshman seasons as all-conference pole vaulters. Duffy cleared a personal-best of 12-9.5 last season and sits second all-time on the USF performance list. She placed fourth at both the BIG EAST Indoor and Outdoor Championships, and went on to garner a top 10 finish at the NCAA Regionals. Webb comes into her second season after vaulting a personal-best 12-7.5 last season, which places her third on the all-time USF charts. Webb was an all-BIG EAST performer during both the indoor and outdoor seasons then finished ninth at the NCAA Regionals. Senior Melissa Cousin will also provide depth at the pole vault event during her senior season. She cleared a season-best of 11-3.5 in 2007 and hit the BIG EAST standard for the pole vault twice during the outdoor season.



Women's Team Preview

Throws

Two-time NCAA qualifier Taylor Stallings graduated, leaving Jazmine Highsmith as the top re-turner for the 2008-2009 season. Highsmith enters her senior year after reaching the BIG EAST Championships in each of her first three seasons and has the versatility to compete in a range of throwing events. Her personal-bests include 44-4.25 in the shot put, 50-8.5 in the weight throw and 158-4 in the hammer - which ranks fourth all-time in the USF record books. Fellow senior Jara Cornett, who in her first season at USF after transferring in 2007, set the school record in the javelin with a 144-9 distance will also be a strong competitor for the Bulls' this season. Last season Cornett placed seventh in the conference, 13th in the regionals and looks ready to build off those finishes for even better ones in 2009. Adding depth in the throws area will be newcomers Sarah Canter, Lauren Noe, Casey Wagner and Atasha Warren.

Middle Distance-Distance

The middle distance area lost a group of talented seniors from last season, but will look to move ahead with Ashley Grigsby and Pernilla Savestrand (pictured), who will both lead by experience in the events. Grigsby holds a personal best 57.99 in the 400-meters and 2:14.83 in the 800-Meters. Last season, she helped the Bulls score points at the conference meet as a member of the All-BIG EAST performing 4x800 relay team. In the 500-meters indoors, Grigsby sits third on the all-time USF charts with a time of 1:17.59 and appears ready for a big senior season. Savestrand, who is also entering her senior season, has personal bests of 2:12.66 in the 800-meters and 4:46.75 in the 1500-meters. She ranks third all-time in school history in the 800-meters and joined Grigsby as a member of the All-BIG EAST performing 4x800 relay team during the outdoor meet. Highlighting the distance competitors will be primarily a group of talented newcomers. Yasmin Smith, Allie Prendergast, Nicole Rozario, Devin Spoerle and Jen Wynands were a few who posted outstanding cross country results in the Fall, and will aim to help the Bulls bolster their point total in the distance events at the BIG EAST championships.

Combined Events

Sara Williams will return as the Bulls' leading combined events athlete for the 2008-2009 season. Williams finished seventh as a freshman at the BIG EAST Championships in 2006, then went on to set a personal-best in the pentathlon with a total score of 3,199 last season. Sophomore Rachel Etienne will look to break into the combined events for the Bulls this season as well.



Women's BIG EAST/NCAA Standards

BIG EAST Indoor Track & Field Qualifying Standards

Event	FAT/Mark	Hand Time
60 Meters	7.85	
60-Meter Hurdles	9.02	
200 Meters	25.50	
400 Meters	58.24	58.0
800 Meters	1:17.24	1:17.0
1000 Meters	2:59.04	2:16.8
Mile	5:08.44	5:08.2
3,000 Meters	10:03.74	10:03.5
5,000 Meters	17:37.54	17:37.3
Long Jump	5.50m	
Triple Jump	11.28m	
High Jump	1.68m	
Pole Vault	3.40m	
Shot Put	12.75m	
Weight Throw	15.25m	

NCAA Indoor Track & Field Qualifying Standards

Event	Automatic	Provisional
55 Meters	6.74@	6.92@
60 Meters	7.26@	7.44@
55-Meter Hurdles	7.57@	7.86@
60-Meter Hurdles	8.14@	8.43@
200 Meters	23.40	24.10
400 Meters	52.70	54.70
800 Meters	2:05.40	2:09.40
Mile	4:40.60	4:48.60
3,000 Meters	9:15.80	9:34.80
5,000 Meters	16:09.60	16:46.60
1,600-Meter Relay	3:34.20	3:41.20
Mile Relay	3:35.40	3:42.40
Distance Medley Relay-Meters	11:11.00	11:32.00
Distance Medley Relay-Yards	11:14.50	11:35.50
High Jump	1.85m (6-0 3/4)	1.78m (5-10)
Pole Vault	4.20m (13-9 1/4)	3.95m (12-11 1/2)
Long Jump	6.35m (20-10)	6.10m (20-0)
Triple Jump	13.30m (43-7 3/4)	12.65m (41-6)
Shot Put	16.90m (55-5 1/2)	15.20m (49-10 1/2)
20-Pound Weight	21.00m (68-10 3/4)	18.75m (61-6 1/4)
Pentathlon	4,050 points	3,700 points

BIG EAST Outdoor Track & Field Qualifying Standards

Event	FAT/Mark	Hand Time
100 Meters	12.30	
100-Meter Hurdles	14.84	
200 Meters	25.04	
400 Meters	57.24	57.0
400-Meter Hurdles	1:04.14	1:03.9
800 Meters	2:14.04	2:13.8
1,500 Meters	4:38.44	4:38.2
3,000m Steeplechase	11:25.24	11:25.0
5,000 Meters	17:37.54	17:37.3
10,000 Meters	37:03.74	37:03.5
Long Jump	5.60m	
Triple Jump	11.28m	
High Jump	1.68m	
Pole Vault	3.45m	
Shot Put	12.75m	
Discus	40.00m	
Javelin	36.00m	
Hammer Throw	45.12m	

NCAA Outdoor Track & Field Qualifying Standards

Event	Standard	Altitude Adjustment
100 Meters	11.75	+ .03/+ .07
200 Meters	23.96	+ .07/+ .14
400 Meters	54.61	+ .11/+ .21
800 Meters	2:09.80	
1,500 Meters	4:27.80	
Mile	4:49.30	
3000M Steeplechase	10:50.25	
5000 Meters	16:52.00	
100-Meter Hurdles	13.92	+ .04/+ .08
400-Meter Hurdles	1:00.82	+ .11/+ .21
400-Meter Relay	45.70	+ .12/+ .28
440-Yard Relay	45.90	+ .12/+ .28
1,600-Meter Relay	3:42.00	+ .44/+ .84
1,600-Yard Relay	3:43.20	+ .44/+ .84
High Jump	1.75m (5-8 3/4)	
Pole Vault	3.85m (12-7 1/2)	
Long Jump	6.00m (19-8 1/4)	
Triple Jump	12.32m (40-5)	
Shot Put	14.30m (46-11)	
Discus Throw	47.30m (155-2)	
Javelin Throw	43.45m (142-6)	
Hammer Throw	54.15m (177-8)	



Men's Team Preview

Sprints-Relays

The men welcome back a quartet of talented sprinters for the 2008-2009 season. Junior Josh Wimbley returns as an NCAA Regional qualifier in the 200-meter-dash after running a personal best 20.98. Wimbley also has plenty of experience competing in both the 400-meters and with the USF relay teams. Junior Greg Fontus (pictured) will be another standout sprinter for the Bulls as he boasts personal best times of 10.55 in the 100-meter-dash and 21.52 in the 200-meter-dash. Fontus was part of the All-BIG EAST performing 4x100 relay team that placed sixth at the BIG EAST Outdoor Championships. Fontus was also a member of the 4x100 relay team that set a USF school record in 2007. D'Andre Ruff, a junior from Palm Beach Gardens, Fla., holds personal bests of 10.60 in the 100-meter-dash and 21.77 in the 200-meter-dash. During the 2007 outdoor season, Ruff qualified for the BIG EAST Championship in five different events, and also joined Fontus as one of the members of the 4x100 relay team that holds the USF record. Armante Marshall will be competing during his junior campaign following a sophomore season that included competing as a member of the 4x100 relay team. Although he sat out part of last season due to injury, Marshall holds a personal best 10.42 in the 100-meter-dash and will look to help USF excel in the sprints. Newcomer Reshaw Exillen joins the Bulls following a decorated high school career and will add depth to the USF sprints lineup in 2009.

Hurdles

Senior Glenn Fowler - a BIG EAST champion in the 400-meter hurdles - will lead the pack for the Bulls in the hurdles events this season. In addition to his first place finish in the 400m hurdles, Fowler placed fourth at the conference meet in the 110-meter hurdles and qualified for the NCAA Regionals in both events. Kendale McDaniel - who was named USF's Most Outstanding Male Freshmen Athlete of the Year - looks to continue his success during his sophomore season. In his rookie year, McDaniel posted personal-best times of 14.30 in the 110-meter hurdles and 54.30 in the 400-meter hurdles. He qualified for the BIG EAST Championships in both events and sits third all-time in school history in the 110-meter hurdles, as well as a USA Junior qualifier in the event. Returning letter winner Jordan Seabrook will also be a solid competitor in the hurdles events for Bulls this season.

Jumps

A pair of talented high jumpers, senior Errol Blackmon and junior Michael Kursteiner, both return for the Bulls following careers that have already left a mark on the USF history books. Blackmon has qualified for the NCAA Regional Championships in each of the past three years. He holds a personal best 7-0.25 in the high jump, a mark that places fourth all-time in school history. Kursteiner will aim to qualify for the NCAA Regionals in the high jump for the third straight season. Last season, he placed fifth in the conference in the high jump, while also competing throughout the season in the triple jump as well. In addition to the two returners, newcomers Marquis Mack and Kirk Dandridge will add to USF's jumps crew.



Men's Team Preview

Pole Vault

Returning BIG EAST Champion Sean Young will lead the way for the USF men's pole vaulters in 2009. Young qualified for the NCAA National Championships after taking the gold in the BIG EAST before going on to garner a fourth place finish at the NCAA Regionals. Young's personal best in the pole vault is a clearance of 17-2.75.

Throws

Junior Tyler Perkins is a three-event throws star for USF, who specializes in the discus. His personal-best in the event is 174-10 - a mark that ranks second best all-time in school history. Perkins grabbed the silver at the BIG EAST Championships in the discus in 2007 while earning a spot in the NCAA Regionals in the event. His personal-bests in other events include 173-1 in the javelin and 160-2 in the hammer. A duo of talented freshmen, Jared Thomas and Marcus Hicks, will join Perkins as the USF throwers this season.

Middle Distance-Distance

Trinidad and Tobago native Carlan Arthur enters his senior season at USF coming off a standout junior campaign. Arthur set a personal best and placed fourth in the 800-meters at the BIG EAST Outdoor Championship finals with a time of 1:49.53. The finish earned Arthur a spot in the NCAA Regionals for the first time in his career. His 800-meters time places him second on the all-time USF charts with the chance for an even better finish in 2009. Joining Arthur in the mid-distance will be returning junior Mikail Ebanks. Last season, Ebanks was a BIG EAST qualifier in the 800-meters as well as a participant in USF's 4x400 relay team that finished eighth at the conference meet. Ebanks holds a personal-best 1:51.78 in the 800-meters - a mark he will look to improve on in 2009.

The distance crew for the Bulls this season will consist primarily of newcomers paced by the senior leadership of Ryan Courtoy. Last season, Courtoy ran personal-best times of 1:57.56 in the 800-meters and 3:55.20 in the 1500-meters. Pedro Carela enters his sophomore season after a pair of cross country seasons in which he posed solid results while setting the pace for the Bulls through a few meets. Kyle Van Zile, a transfer from Mississippi State, is one of many newcomers who will look to make an impact during their first season as a BIG EAST competitor.

Combined Events

Senior Grant Scelzi (pictured) will utilize his versatility this season while competing in the combined events. Scelzi already has experience in the area and holds a personal best point total of 6,093 in the decathlon. His individual event personal bests include a 190-10 mark in the javelin and a clearance of 15-3 in the pole vault while qualifying for the BIG EAST Championship in both events. Fellow senior Anthony Zanella will join Scelzi as a combined events competitor this season. Zanella holds a personal best 5,650 point total in the decathlon. Last season, his personal best marks included 11.68 in the 100-meter-dash, 53.60 in the 400-meters, 18.48 in the 110-meter hurdles, a leap of 20-3.50 in the long jump and a discus throw of 107-9.



Men's BIG EAST/NCAA Standards

BIG EAST Indoor Track & Field Qualifying Standards

Event	FAT/Mark	Hand Time
60 Meters	7.06	
60-Meter Hurdles	8.58	
200 Meters	22.69	49.6
400 Meters	49.84	1:05.4
800 Meters	1:55.24	1:55.0
1000 Meters	2:30.04	2:29.8
Mile	4:19.54	4:19.3
3,000 Meters	8:26.04	8:25.8
5,000 Meters	14:47.14	14:46.9
Long Jump	6.70m	
Triple Jump	13.36m	
High Jump	1.91m	
Pole Vault	4.35m	
Shot Put	14.63m	
Weight Throw	14.97m	

NCAA Indoor Track & Field Qualifying Standards

Event	Automatic	Provisional
55 Meters	6.14@	6.26@
60 Meters	6.63@	6.74@
55-Meter Hurdles	7.17@	7.38@
60-Meter Hurdles	7.70@	7.91@
200 Meters	21.08	21.48
400 Meters	46.55	47.65
800 Meters	1:48.80	1:51.10
Mile	4:00.30	4:04.80
3,000 Meters	7:55.80	8:06.30
5,000 Meters	13:48.90	14:11.90
1,600-Meter Relay	3:08.10	3:12.00
Mile Relay	3:09.10	3:13.20
Distance Medley Relay-Meters	9:36.20	9:47.90
Distance Medley Relay-Yards	9:39.70	9:51.40
High Jump	2.24m (7-4 1/4)	2.14m (7-1/4)
Pole Vault	5.50m (18-0 1/2)	5.20m (17-0 3/4)
Long Jump	7.85m (25-9 1/4)	7.50m (24-7 1/4)
Triple Jump	16.10m (52-10)	15.40m (50-6 1/4)
Shot Put	19.30m (63-4)	17.75m (58-3)
35-Pound Weight	21.50m (70-6 1/2)	19.50m (63-11 3/4)
Heptathlon	5,650 points	5,300 points

BIG EAST Outdoor Track & Field Qualifying Standards

Event	FAT/Mark	Hand Time
100 Meters	11.10	
110-Meter Hurdles	15.35	
200 Meters	22.18	
400 Meters	49.04	48.8
400-Meter Hurdles	55.64	55.4
800 Meters	1:53.64	1:53.4
1,500 Meters	3:55.64	3:55.0
3,000m Steeplechase	9:25.24	9:25.0
5,000 Meters	14:47.14	14:46.9
10,000 Meters	31:00.64	31:00.4
Long Jump	6.90m	
Triple Jump	14.00m	
High Jump	1.98m	
Pole Vault	4.55m	
Shot Put	14.75m	
Discus	42.40m	
Javelin	54.00m	
Hammer Throw	49.00m	

NCAA Outdoor Track & Field Qualifying Standards

Event	Standard	Altitude Adjustment
100 Meters	10.55	+ .03/+ .06
200 Meters	21.35	+ .07/+ .12
400 Meters	47.20	+ .11/+ .21
800 Meters	1:50.40	
1,500 Meters	3:47.80	
Mile	4:06.00	
3,000-Meter Steeplechase	9:07.00	
5,000 Meters	14:12.00	
110-Meter Hurdles	14.30	+ .04/+ .08
400-Meter Hurdles	52.51	+ .11/+ .21
400-Meter Relay	40.66	+ .12/+ .24
440-Yard Relay	40.86	+ .12/+ .24
1,600-Meter Relay	3:10.00	+ .44/+ .84
Mile Relay	3:11.20	+ .44/+ .84
High Jump	2.10m (6-10 3/4)	
Pole Vault	5.05m (16-7)	
Long Jump	7.34m (24-1)	
Triple Jump	15.00m (49-2 1/2)	
Shot Put	16.80m (55-1 1/2)	
Discus Throw	51.70m (169-7)	
Javelin Throw	61.60m (202-1)	
Hammer Throw	55.60m (182-5)	



2008-09 Schedules

2008 Cross Country Schedule

<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>
September 5	UCF Black & Gold Challenge	Orlando, Fla.
September 20	Mountain Dew Invitational	Gainesville, Fla.
September 27	FSU Invitational	Tallahassee, Fla.
October 3	Paul Short Invitational	Bethlehem, Pa.
October 11	Disney Invitational	Orlando, Fla.
October 31	BIG EAST Championships	Bronx, N.Y.
November 15	NCAA Regionals	Knoxville, Tenn.
November 24	NCAA Championships	Terre Haute, Ind.

2008-09 Indoor Track & Field Schedule

<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>
December 5-6	Oiler Open	Findlay, Ohio
January 17	Indiana Invitational	Bloomington, Ind.
January 24	Red Simmons Invitational	Ann Arbor, Mich.
January 30	Reebok Invitational	Boston, Mass.
February 6-7	New Balance Invitational	New York, N.Y.
February 21-22	BIG EAST Indoor Championships	New York, N.Y.
March 13-14	NCAA Indoor Championships	College Station, Tex.

2009 Outdoor Track & Field Schedule

<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>
March 6	USF Open	Tampa, Fla.
March 20	Bulls Invitational	Tampa, Fla.
March 28	South Florida Quad Meet	Tampa, Fla.
April 3-4	Florida Relays	Gainesville, Fla.
April 11	Tailwind Invitational	Los Angeles, Calif.
April 18	LSU Alumni Gold	Baton Rouge, La.
May 1-3	BIG EAST Outdoor Championships	Philadelphia, Pa.
May 15-16	Georgia Tech Invitational	Atlanta, Ga.
May 29-30	NCAA East Regional Championships	Greensboro, N.C.
June 10-13	NCAA Outdoor Championships	Fayetteville, Ark.
June 20	USA Junior-Senior National Championships	Eugene, Ore.

Coaches & Staff



2008-09 USF Coaching Staff

Standing (From L to R) : Eric McCarrol, Warren Bye, Don Marsh
Kneeling (From L to R) : Lissa Olson, Toby Colyer, Dena Reif



Warren BYE

Fifth Season, Third as Head Coach | Indiana '00

Head Coach

Warren Bye is in his third season as head coach of the University of South Florida track & field/cross country team. Bye was previously the interim head coach before being formally named to the position on July 12, 2006.

Prior to being named head coach, Bye served two years with the Bulls as an assistant coach, specializing in horizontal jumps and combined events. With the help of Bye, the Bulls had eight athletes qualify in 10 events for the 2006 NCAA East Regional, as well as three advance on to the National meet in Sacramento, Calif. In addition to managing USF's home meets, Bye has also worked as an EXCEL counselor in USF's Academic Services. He came to USF from the University of Louisville, where he was the women's cross country and track & field head coach from 2002-2004. In addition to helping train NCAA qualifiers and conference champions at Louisville, he was recognized for three straight years by the NCAA for the team's grade point average.

Bye began his six-year tenure at Louisville in 1998 as an assistant coach, focusing on sprints, hurdles, jumps and combined events. He guided the Cardinals to their highest point totals ever at both the indoor and outdoor Conference USA Championships in 2002. UofL's fifth-place showing at the outdoor meet equaled the highest finish by the Cards in 12 years. Prior to that, he was the sprint, hurdles, jumps and combined-event coach for both the men's and women's teams.

In just five short years while at UofL, Bye was involved in over 40 of the current indoor and outdoor school records. In three years as head coach, Bye had six individual Conference USA Champions and had 20 athletes finish among the top three at the indoor and outdoor conference meets. Bye coached six NCAA Mid-East regional qualifiers in two years and one NCAA Qualifier in the high jump. In the classroom at Louisville, the women's program placed an astounding 25 of 30 student-athletes on the Spring Athletic Director's Honor Roll for maintaining a 3.0 grade point average for the semester. The program maintained its highest two-year GPA (3.24 in 2001-02; 3.29 in 2002-03) since the record was kept beginning in 1988-89.

Further coaching familiarity extends to Indiana University, his alma mater, where Bye was a volunteer assistant from 1996-1998. During that same period, he was Executive Director of the Indiana Track Club in Bloomington, Ind. Under his guidance, the club's membership increased from 70 to 250 members in just one season.

Also at IU, he worked with legendary coach Sam Bell, who developed numerous Olympic athletes and is an inspiration to Bye. "Warren is perceptive, cares about kids and is very knowledgeable about the sport," said Bell, now retired. "His mind is like a sponge when it comes to absorbing information on how to make improvements. He is an exceptional coaching talent who has a bright future in the sport of track & field."

In all, Coach Bye has 20 years of coaching experience, with 13 of those at the NCAA Division I level. He is well versed in the technical events, having shared coaching and training duties with both former NCAA Decathlon Champion Kerry Zimmerman (Indiana '83) and 2000 Heptathlon Olympian De Nathan (Indiana '91).

In addition to his solid coaching background, Bye's experience in facility development at both Louisville and Indiana will prove helpful as USF embarks on construction of a \$2.79 million on-campus track facility.

Bye, a former decathlete who specialized in the jumps and hurdles at Indiana earned a Bachelor of Science in kinesiology-teaching (K-12) in 2000. He is also a graduate of Crawford County High School in Marengo, Ind.



The Bye File

Education: B.S. Kinesiology-Teaching -- Indiana University

Experience:

1996-1998

Volunteer Assistant - Indiana University

1996-1998

Executive Director - Indiana Track Club
- Tripled membership in just one year

1998-2002

Assistant Coach - University of Louisville
- Specialized in sprints, hurdles, jumps, and combined events
- Highest Outdoor C-USA finish ever - 2002

2002-2004

Head Coach - University of Louisville
- 40 Indoor & Outdoor school records
- 6 individual C-USA Champions
- 6 NCAA Regional qualifiers
- 1 NCAA qualifier
- Highest GPA in school history

2004-2006

Assistant Coach - University of South Florida
- Specialized in horizontal jumps, combined events and hurdles
- 8 NCAA Regional qualifiers - 2005-06
- 3 NCAA qualifiers - 2005-06

July 12, 2006 - Present

Head Coach - University of South Florida
- 81 BIG EAST qualifiers in 46 events - 2006-08
- 16 NCAA Regional qualifiers - 2006-08
- 5 NCAA Championship qualifiers - 2006-08
- 4 BIG EAST Champions - 2007-08
- 2 All-America selections - 2007-08
- 1 USA Olympic Trials finalist - 2007-08





Dena REIF

First Season | Memphis '94

Assistant Coach

Dena Reif begins her first year at USF as an assistant coach. Reif's prior coaching experience spans several years and brings a wealth of knowledge to the staff.

Reif's collegiate coaching experience ranges back to 1994 when she first worked at Purdue as a volunteer women's cross country coach.

Her next stop was at her alma mater - the University of Memphis – where she began as a volunteer before working her way up to a graduate assistant position. She would eventually become the head women's cross country coach and assistant track coach.

In the fall of 1997, Reif moved on to the University of Southern Mississippi, where she spent a total of six years, three as the assistant men's and women's cross country/track coach, and the latter three as the head of both the men's and women's cross country teams.

During her first year with the Golden Eagles, Reif was named the Conference USA Cross Country Coach of the Year.

Her impressive resume was recognized by Virginia Commonwealth University (VCU), where she spent four years from 2002 until 2006. With VCU, Reif was the women's head track and field/cross country coach and was the coordinator for recruiting, travel, scheduling and practice planning.

Reif was recognized in 2005 as the Colonial Athletics Association (CAA) Track Coach of the Year.

Reif's educational background includes the completion of a bachelor of science in education (exercise and sport science) from Memphis..

The Memphis native moved with her husband Jim and four-year old daughter from her hometown, where she was coaching at Memphis Catholic high school, to Tampa to join the USF staff.





Toby COLYER

Third Season | Tennessee '01

Assistant Coach

Toby Colyer begins his third year at USF with responsibilities of throws coach. Colyer's prior coaching experience spans nearly 10 years, both professionally and as a student-athlete.

A former All-American in javelin at the University of Tennessee, Colyer earned three letters for the Volunteers and served as a team captain for the 2001 NCAA Outdoor Championship squad. He transferred to Tennessee from Wallace State Community College in Hanceville, Ala., where he was also a scholarship athlete and 1997 NJCAA All-American and Indoor National Champion in the shot put.

Following his graduation from Tennessee, Colyer remained with the team, first as a student-coach and later as an administrative assistant, overseeing all throwing events, budgeting and video analysis. He managed equipment, supervised three student-managers on the team and organized all the team travel as well. Colyer also lent his expertise as an instructor at UT's All-American Track and Field Camp in 2004 and 2005.

His background also extends to coaching throwers at the high school and club levels.

At USF, Colyer has coached two BIG EAST runner-ups, one school record holder, one NCAA qualifier, seven top-five performances in school history, and in 2008 alone, Colyer coached five NCAA Regional qualifiers.

All of the athletes Colyer worked with in his first season with the Bulls posted personal bests.

Colyer earned his bachelor's degree in sociology from Tennessee in 2001. He is a native of McAlisterville, Pa., and holds Level I and II USA Track & Field certifications.





Don MARSH

Eleventh Season | Michigan State '60

Assistant Coach

Don Marsh begins his 11th year as a member of the University of South Florida track and field staff specializing in the jumps, vaults and hurdles. Prior to his position with the Bulls, Marsh spent three years (1995-97) as an assistant coach at Saginaw Valley State University and as an extremely successful high school coach in Michigan.

During his time at SVSU Marsh helped Cardinal athletes to several top finishes in the NCAA Division II Championships in the high jump, long jump, decathlon and the 100 meters. In addition, he coached four All-Americans in the high jump, the hurdles, the pole vault and the 400 meters.

During his 25 years at Flint-Kearsley High School, he molded one of the premier track and field programs in the state, regularly winning conference, regional and state titles. He was named Michigan's State Coach of the Year in 1974, 1978 and 1992. He was also named Midwest Track Coach of the Year in 1992, and was a finalist for National Coach of the Year that same year. In 1996, he was inducted into the Michigan Track Coaches Hall of Fame.

Marsh continues to make his mark in track and field here at South Florida. Under his guidance, USF high jumper Jimmy Baxter earned All-America honors for the third time in four years in 2005 and placed third at the NCAA championships with a height of 7' 5". In addition, pole vaulter Jonathon Miller won the Conference USA championship for a second straight year in 2004 with a conference and school record height of 17' 4.5". Marsh would help Miller achieve a third-peat in pole vault a year later. He also coached freshman Megan Malone to a Conference USA indoor championship with a height 12' 5.5" in '05.

Marsh remains an active community advocate for track and field, and he has served as a top official for the past four Special Olympics International Games.

Marsh was a high school state champion himself and a four-year letter winner at Michigan State University, where he ran the 400 meters. He graduated with a Bachelor of Science degree from Michigan State in biology and a Master's degree in administration from Central Michigan University.

Marsh and his wife, Betty, have four children, Jeff, David, Tim, and Leigh Anne and three grandchildren.





Eric McCARROL

Third Season | Indiana '88

Assistant Coach

Eric McCarrol is starting his third year for USF track & field as the sprints-relays coach. The Indiana native was a collegiate standout at both Ball State and Indiana University, and has since served as an assistant coach at Indiana-Purdue University and most recently as the head coach for three separate junior Olympic programs.

Before transferring to IU, McCarrol achieved All-American status at Ball State and placed fifth in the long jump at the NCAA Division I National Championships. He was also named team MVP and was the Mid-American Conference long jump champion for both indoor and outdoor. At Indiana, McCarrol attained long jump champion status for the Big Ten, placed eighth at the NCAA National Championships and sixth at the TAC National Championships. He garnered All-American status at IU as well.

McCarrol's coaching experience began in 1978 as the director for several summer age groups and sports camps. From 1988 – 1990, he assisted with men's and women's field events while completing undergrad and post-grad work at Indiana. McCarrol's tenure as the sprints and jumps coach at Indiana-Purdue spanned four years, from 2000-04. During that same time, he headed up several Junior Olympic Programs, as well as guided a variety of area high schools to top-tier state and national finishes. Additionally, McCarrol has served as the director of Boys & Girls Clubs of St. Croix, and was an assistant coach of Stars 2000 Track Club in the U.S. Virgin Islands.

His professional career also includes working as a professional conflict mediator, a motivational speaker and a diversity presenter for over 11 years.

To date at USF, McCarrol has coached three school record holders, four USA Track and Field Junior National Qualifiers, one NCAA Championships qualifier, one All-American, one USA Olympic Trials Qualifier, and 16 student-athletes who reached a school top-five performance in the 2007-2008 season alone.

McCarrol graduated from Indiana University in 1988 with a Bachelor of Arts degree in telecommunications and a minor in psychology. He holds both USA Track & Field Level I and Level II certifications. In 2002, he was inducted into the Fort Wayne African American Historical Museum's Sports Hall of Fame and named their Track & Field Athlete of the Century. McCarrol has also received several awards, including the Hope Award and Fort Wayne Sports Corporation's Community Achievement Service Award for his numerous community service activities.





Lissa
OLSON
First Season | Washington State '89

Assistant Coach

Lissa Olson enters her first year at USF and brings with her a resume highlighted by coaching success over a 16 year body of work.

She joins the staff after a season coaching Linderwood University in 2007-08 where she oversaw the long jump, triple jump and the high jump. In just one year she added to an already impressive resume by coaching jumpers to NAIA National Champions in both the Indoor and Outdoor Triple Jump, along with All-American's in the Triple jump, High Jump and Long jump.

Before her year and Linderwood, Olson was head coach at Purdue University from 2001-05. She took over the head position after serving as an assistant since 1998. Under her guidance, she led the Boilermakers to some of the most successful season in the program's history and Olson's sprinters, hurdlers and relay teams were a huge part of the successes.

Under Olson's guidance, high jumper Shaun Guice achieved his fourth consecutive indoor All-America honor the only Boilermaker to do so.

Before joining the Purdue staff in 1998, Olson was associate head coach for the men's and women's teams at Washington State from 1995 to 1998. She coached jumps, assisted with sprints and hurdles, and worked in recruiting.

From 1992 to 1994, Olson was an assistant coach at Washington, where she coached men's and women's jumps, women's throws, and the heptathlon.

Before coaching at Washington, Olson was assistant track and field coach at Central Washington. She coached men's and women's jumps and multi-events and guided several Wildcat athletes to top NAIA finishes.

A sprinter, hurdler and high jumper at Washington State from 1987 to 1991, Olson, as Lissa Gray, ranks third on the Cougars' all-time high jump list. She competed at both the indoor and outdoor NCAA Championships, as well as the USA indoor and outdoor championships.

In her seven years with the Boilermakers, Olson coached 14 All-Americans, ten school record holders, including two relay teams, as well as two Big Ten Freshmen of the Year.

In the summer of 2002, she was head coach for the USA Under 25 Team, which earned more medals than any other team in American track and field history. She resumed her duties as Team USA head coach this past summer, taking the USA Pan-Am Junior Team to Barbados.

Olson became USA Track and Field Level I certified in 1998 and Level II certified in 1999. She also completed Level III education in jumps. A member of the USA Track and Field Development Committee, she worked at the 2000 Olympic Trials in Sacramento and coached the nation's elite jumpers at the Junior Elite camp held at the Olympic Training Center in San Diego in the summers of 2000 and 2001. For the past three years, she has served as a guest clinician at some of the biggest clinics in the country including, the USA All Star Track and Field Clinic in Atlantic City, N.J., and the Ohio State High School Athletic Association in Columbus.

Olson earned a B.A. in education and a master's in education/athletic administration from Washington State. In addition, she has completed coursework for a Ph.D. in athletic administration from Washington State.

Volunteer Coaches and Support Staff



Jaydian Miller
Volunteer Coach



Brian Zipler
Volunteer Coach



Lisa Giblin
Volunteer Coach



Taylor Stallings
Volunteer Coach



Bubba Faniel
Equipment Manager



Courtney Lewellen
Academic Support



Matt Smith
Athletic Trainer



Aaron Komerek
Strength and Conditioning



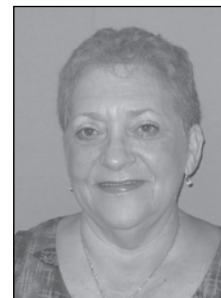
Nate Jonson
Official Coordinator



Debbie Pershing
Travel Coordinator



Scott Grace
Facility Manager



Fran Schoel
Administrative Assistant

2008 Track Renovation Project



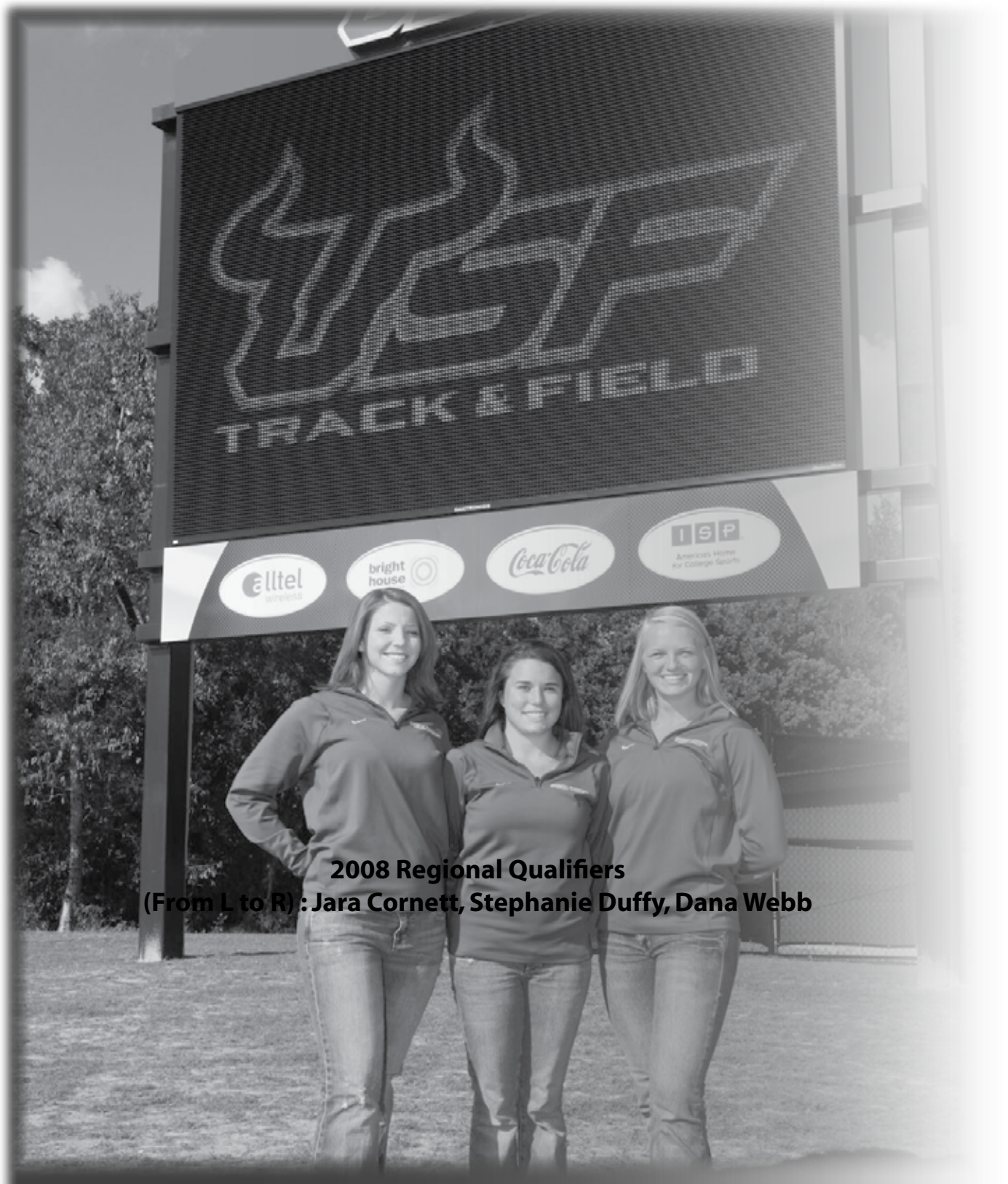
In Sept. 2008 USF completed upgrades on its track & field stadium, making the facility one-of-a-kind in the state of Florida and the entire BIG EAST conference. The project - which began April 21, 2008 and was completed in September - cost \$2.79 million.

Project Features:

- Eight lane, 400-meter track with 48 inch lanes in accordance with IAAF specifications.
- New state-of-the-art Mondotrack surface - the same surface used at the 2008 Beijing Olympics - on the track and throws zones. USF is now the fourth university in the nation to have Mondotrack.
- New and improved high jump and throws areas.
- Three new pole vault runways, two new javelin runways, a new long jump runway and a new triple jump runway which will allow for flexibility in combatting the possibility of high winds during competition.



Women's Biographies



2008 Regional Qualifiers
(From L to R): Jara Cornett, Stephanie Duffy, Dana Webb



Jara CORNETT

Senior | 5-7 | Throws

Cimarron, Kan. | Ingalls HS

Personal Best : Javelin - 149-7 (2007)

Major: Criminology

2008: Earned All-BIG EAST Academic Honors ... **Outdoor ...** Transferred from Johnson County Community College ... Set the USF school record in the javelin with a distance of 144-9 to win the Aztec Invitational (March 14-15) ... Won the javelin with an NCAA Regional qualifying mark of 143-7 at the USF Open (March 7) ... Placed seventh with a javelin throw of 139-5 at the BIG EAST Championships (May 2-4) ... Finished 13th in the javelin at the NCAA Regional Championships with a distance of 141-10 (May 30-31).

2007: NJCAA Scholar Athlete ... **Outdoor ...** Finished second at the NJCAA National Championships (May 18-19) in the javelin with a distance of 142-7 ... Won the Region XI and the East Jayhawk Conference title in the javelin with a personal best of 149-4 (May 5) ... Earned All-American, Region and Conference honors ... Set the Johnson County school record in the javelin.

2006: Outdoor ... Attended Johnson County Community College in Overland Park, Kansas ... Received All-America honors with a seventh place finish in the javelin with a distance of 123-0 at the NJCAA Regional Championships (May 19-20) ... Finished sixth at the Region XI Championships and second at the East Jayhawk Conference Championships (May 6) with a distance of 122-8 ... All-Region and Conference performer ... Set a personal best in the javelin of 127-11.

Ingalls High School: Earned four letters in track & field, one in cross country and one in basketball ... Set the school record in the javelin with a throw of 126-0 ... Qualified for the Kansas state meet as a sophomore and as a senior in the javelin.

Personal: Born on April 19, 1987 in Ingalls, KS ... Daughter of Robin Cornett / Gail & Tanya Cornett ... Has one brother and two sisters ... Enjoys listening to music, scrap booking, swimming and spending time with family and friends.



Malissa COUSIN

Senior | 5-7 | Pole Vault

Brandon, Fla. | Tampa Bay Tech HS

Personal Best : Pole Vault - 11-11.75 (2007)

Major: Biology

2008: Earned All-BIG EAST Academic Honors ... **Outdoor ...** Hit the BIG EAST standard for the pole vault twice during the season at the Bulls Invitational (March 21) and the UTEP Invitational (March 29) ... Cleared a season-best of 11-3.5 ... **Indoor ...** Did not compete due to injury.

2007: Won the team award for Toughest Competitor at the first annual team banquet ... **Outdoor ...** Finished seventh at the BIG EAST Championships (May 3-5) in the pole vault with a best jump of 11-11.75 - the third highest clearance in USF history ... **Indoor ...** Set a personal best of 11-6 at the Reebok Invitational (January 26) ... Finished 11th at BIG EAST Championships (Feb. 17-18) with a jump of 11-3.75 in the pole vault.

2006: Outdoor ... Recorded a personal best in the pole vault of 11-5.75 at the BIG EAST Championships (May 4-6) and finished 13th ... Cracked into the USF all-time top five in the pole vault ... **Indoor ...** Jumped a best of 11-0 at the Saginaw Valley Holiday Classic (Dec. 9) which qualified for the BIG EAST Championships.

Tampa Bay Tech High School: Three-time Florida state qualifier in the pole vault ... Placed fourth as a senior at the state meet with a clearance of 10-6 ... Set a personal best of 11-0 at the Bob Hayes Invitational ... As a senior, received all-county honors and was elected team captain ... Awarded the Pepsi Scholar-Athlete award.

Personal: Born on June 26, 1987 in Brandon, Fla. ... Daughter of Deborah Lopez.





Ashley GRIGSBY

Senior | 5-7 | Middle Distance

Princeton, Fla. | Coral Reef HS

Personal Best : 800-Meters - 2:14.83 (2006)

Major: Criminology

2008: Earned All-BIG EAST Academic Honors ... **Outdoor** ... All-BIG EAST performer as a member of the 4x800 relay ... Clocked a personal best of 57.99 in the 400-meters at the LSU Alumni Gold (April 19) ... Ran a season-best in the 800-meters of 2:17.60 at the Florida Relays (April 4-5) ... **Indoor** ... Ran the 500-meters in a personal-best time of 1:17.59 at the Reebok Boston Meet (Jan. 25) which improved her third all-time mark from 2007 ... Won the Saginaw Valley Holiday Classic in the 800-meters (Dec. 7).

2007: Named to the BIG EAST Academic Honor Roll ... **Outdoor** ... Ran a season-best time of 2:16.70 in the 800-meters at the Miami Hurricane Invitational (March 16) ... Ran at the BIG EAST Championships on the 4x800 relay ... **Indoor** ... Earned All-BIG EAST honors with a fifth place finish on the 4x800 relay team which also broke the USF school record ... Ran a personal-best of 1:17.85 at the Reebok Invitational (Jan. 26) to have the third fastest time ever at USF which improves on the time she ran in 2006.

2006: Named to the BIG EAST Academic Honor Roll ... **Outdoor** ... Ran a personal-best time of 2:14.84 in the 800-meters at the Miami Elite (April 15) ... **Indoor** ... Ran the 500-meters at the Reebok Boston meet (Jan. 21) in a personal-best time of 1:18.20 which was third all-time ever at USF ... Had a season-best time of 2:20.64 in the 800-meters at the Pepsi Invitational (Feb. 5) ... Qualified for the BIG EAST as a member of the 4x800 relay.

Coral Reef High School: Qualified for the Florida state 4A meet in the 800-meters as a sophomore, junior and senior ... Ran a personal best of 2:15.91 ... Ran in the Florida state Cross Country Championships as a junior.

Personal: Born on April 10, 1987 ... Daughter of Thelma and Carlos Grigsby ... Has one sister, Ebony.



Jazmine HIGHSMITH

Senior | 5-10 | Throws

Miami, Fla. | Northwestern HS

Personal Best : Shot Put - 44-4.25 (2006)
Weight Throw - 50-8.5 (2008)
Hammer Throw - 158-4 (2008)

Major: Interdisciplinary Social Science

2008: Outdoor ... Moved to fourth all-time in the hammer throw at USF and qualified for the BIG EAST Championships with a distance of 158-4 ... **Indoor** ... Threw personal-bests in the first three meets of the season in the weight throw ... Won the Saginaw Valley Holiday Classic weight throw with a 49-11 mark (Dec. 7) ... Hit the BIG EAST qualifying standard at the Maryland Invitational (Jan. 14) with a personal-best of 50-8.5.

2007: Outdoor ... Qualified for the BIG EAST Championships in the hammer throw with a personal-best of 153-0 at the USF Invitational (March 8) ... Finished ninth in the shot put at the BIG EAST (May 3-5) with a season-best of 43-9 ... **Indoor** ... Had personal-bests in the weight throw of 47-2.5 at the Florida Invitational (Jan. 13) and in the shot put of 42-8 at the Saginaw Valley Holiday Classic (Dec. 8)

2006: Named to the BIG EAST Academic Honor Roll ... **Outdoor** ... Threw a personal-best of 44-4.25 in the shot put at the Florida State Relays (March 28) ... Finished 11th in the shot put at the BIG EAST Championships (May 4-6) with a shot put of 42-8.75 ... Released a best in the hammer throw of 128-7 at the USF Quad meet (April 1) ... **Indoor** ... Had bests in the shot put of 40-5.50 and 43-9 in the weight throw at the Saginaw Valley Holiday Classic (Dec. 9).

Northwestern High School: Honors Graduate ... Personal-bests of 42-4 in the shot put and 127-0 in the discus ... Named all-county second team her senior year and was all-county honorable mention as a junior three-time Florida state 4A qualifier in the discus and two-time qualifier in the shot put.

Personal: Born on May 11, 1987 in Miami, Fla. ... Daughter of Marthenia Mapps ... Has four siblings ... Enjoys shopping and sleeping.





Vanetta RANDLE

Senior | 5-8 | Jumps

Plant City, Fla. | Durant HS

Personal Best : Long Jump - 18-11.25 (2008)

Major: Psychology

2008: Outdoor ... Jumped a season-best in the long jump of 16-9.25 ... Season cut short due to injury ... **Indoor ...** Set a personal-best of 18-11.25 along with the third best jump in USF history at the Saginaw Valley Holiday Classic (Dec. 7) ... Ran a personal-best in the 60-and 200-meters with times of 7.88 and 26.56 respectively ... Qualified for the BIG EAST Championships in the long jump ... Won the long jump at 60-meters at the Saginaw Valley Holiday Classic.

2007: Named to the BIG EAST Academic All-Star team ... **Outdoor ...** Did not compete due to injury ... **Indoor ...** Qualified for the BIG EAST Championships in the pentathlon and long jump ... Set a personal-best in the pentathlon of 3200 points, the second-highest point total in USF history at the Red Simmons Invitational (Jan. 19) ... Had a personal-best of 17-11.5 at the Reebok Boston meet (Jan. 26).

2006: Outdoor ... Jumped a personal-best of 18-5.75 in the long jump at the UCF Invitational (March 3) ... Qualified for the BIG EAST Championships in the long jump ... Set a personal-best in the triple jump with a distance of 35-8.5 at the UCF Invitational (March 2) ... **Indoor ...** Hit the BIG EAST standard in the long jump with a personal-best of 17-8.75 at the Red Simmons Invitational (Jan. 21).

Durant High School: Ran personal-bests of 12.12 in the 100-meters, 25.67 in the 200-meters and 58.43 in the 400-meters ... Jumped a personal-best of 17-9.75 at the Bob Hayes Invitational and 36-5 in the triple jump at the Steak & Shake meet ... Qualified for the Florida state meet in the triple jump as a senior.

Personal: Born on October, 20 1987 ... Daughter of Victor and Vanessa Randle ... Has one brother, Victor ... Visited Australia as part of the Southern Stars track team in 2002 ... Lived in Germany for two years.



Pernilla SAVESTRAND

Senior | 5-7 | Middle Distance

Goteborg, Sweden | Sigrid Rudebecks HS

Personal Best : 800-meters - 2:12.66 (2008)
1500-meters - 4:36.75 (2007)

Major: International Business

2008: Earned All-BIG EAST Academic Honors ... **Outdoor ...** Broke into the all-time top five with the third-best time in the 800-meters at the LSU Alumni Gold (April 19) with a personal-best time of 2:12.66 ... Earned All-BIG EAST honors with a sixth place finish on the 4x800 relay ... Had a season-best in the 1500 meters at the Bulls Invitational (March 21) with a time of 4:48.73 ... Finished 14th in the 800 meters at the BIG EAST Championships in a time of 2:15.43 ... **Indoor ...** Did not compete due to injury.

2007: Named to the BIG EAST Academic All-Star Team ... **Outdoor ...** Ran a season-best in the 800 meters at the Hurricane Invitational (March 16) with a time of 2:15.23 ... Ran a best 1500 meters at the FSU Relays (March 23-24) of 4:36.25 ... **Indoor ...** Earned All-BIG EAST honors as a member of the 4x800 relay ... Clocked a personal-best in the 800 meters in a time of 2:15.76 at the Red Simmons meet (Jan. 19), which places fifth all-time at USF ... Personal-best in the mile at the Florida Invitational of 4:58.00 and 2:57.07 in the 1000 meters at the Reebok Boston meet (Jan. 26) ... Finished 11th at the BIG EAST Championships in the mile with a time of 5:00.74 ... **Cross Country ...** Finished as the top USF runner in every meet but one during the season.

2006: Outdoor ... Ran a season-best of 4:38.30 at the FSU Relays (March 22-23) in the 1500 meters ... Clocked a best 800 meters time of 2:19.73 at the USF Quad meet (April 1) ... Finished 15th at the BIG EAST Championships in the 1500 meters with a time of 4:50.21 ... **Indoor ...** Season-best of 5:28.35 in the 1500 meters at the Pepsi Invitational (Feb. 5).

Sigrid Rudebecks High School: Ran a personal-best of 4:32.20 in the 1500 meters and 2:14.00 in the 800 meters ... Eleven-time Swedish Junior National Champion.

Personal: Born December 9, 1986 in Goteborg, Sweden ... Daughter of Katharina and Bengt Savestrand.





Sara WILLIAMS

Senior | 5-6 | Combined Events

Leesburg, Fla. | Leesburg HS

Personal Best : Pentathlon - 3199 (2008)
Heptathlon - 4550 (2007)

Major: Business

2008: Earned All-BIG EAST Academic Honors ... **Outdoor** ... Scored a season-best of 4502 in the heptathlon at the FSU Relay (March 27-28) ... Had a season-best of 15.04 in the 100-meter hurdles at 5-5.25 in the high jump, both at the FSU Relays (March 27-28) ... Qualified for the BIG EAST Championships in both the heptathlon and the high jump, but due to injury, only competed in the high jump (May 2-4) ... **Indoor** ... Set a personal-best of 3199 in the pentathlon at the BIG EAST Championships (Feb. 21-22) ... Threw a personal-best in the shot put of 32-0.75 at the Indiana Pentathlon (Jan. 25).

2007: Named to the BIG EAST Academic All-Star Team ... **Outdoor** ... Scored a season-best in the heptathlon of 4351 at the Hurricane Invitational (March 18-19) ... Qualified for the BIG EAST Championships in the heptathlon and high jump ... Cleared a best in the high jump of 5-4.24 at the Hurricane Invitational ... Set a lifetime-best in the javelin and 800-meters ... **Indoor** ... Finished 11th in the pentathlon at the BIG EAST Championships with a personal-best of 3187 that was third all-time at USF.

2006: Outdoor ... Scored a personal-best of 4623 points in the heptathlon at the BIG EAST Championships (May 4-6) with a seventh place finish ... Set season-bests in the 100-meter hurdles of 15.01, long jump of 17-4.25 and the high jump of 5-6 ... **Indoor** ... Set a personal-best in the pentathlon of 2764 at the Red Simmons Indoor meet.

Leesburg High School: Five-time Florida state qualifier ... Set personal-bests at the Regional Championships of 14.87 in the 100-meter hurdles, 45.65 in the 300-meter hurdles and 5-5 in the high jump ... Scored 4200 in the heptathlon.

Personal: Born August 12, 1986 in Leesburg, Fla. ... Daughter of Jim and Sandy Williams ... Has three brothers, Zeke, Luke and Matt.



Yvana HEPBURN

Junior | 5-10 | Hurdles

Pomona, N.Y. | North Rockland HS

Personal Best : 60-Meter Hurdles - 8.86 (2008)
100-Meter Hurdles - 14.11 (2008)

Major: Sports Communications

2008: Earned All-BIG EAST Academic Honors ... **Outdoor** ... Tied a personal-best in the 100-meter hurdles at the UTEP Invitational (March 29) in a time of 14.11 ... Scored for the Bulls at the BIG EAST Championships (May 2-4) as a member of the 4x100 relay ... Won the 100-meter hurdles at the Aztec Invitational (March 13-14) and the Bulls Invitational (March 21) ... **Indoor** ... Finished seventh at the BIG EAST Championships in the 60-meter hurdles with a personal-best time of 8.86 ... Moved into the USF all-time top five list in both the 55-meter and 60-meter hurdles ... Won the Saginaw Valley Holiday Classic in the 60-meter hurdles.

2007: Received Outstanding Freshman Track & Field Athlete award at the first annual awards banquet ... **Outdoor** ... Finished seventh in the 100-meter hurdles at the BIG EAST Championships (May 3-5) in a time of 14.32 ... Ran a personal-best time of 14.11 at the prelims of the BIG EAST Championships ... **Indoor** ... Clocked a lifetime-best time of 8.83 in the 60-meter hurdles at Red Simmons (Jan. 20) ... Won the Saginaw Valley Holiday Classic (Dec. 8).

North Rockland High School: Three-time New York state champion and All-American ... Four-year letter winner in track & field.

Personal: Born November 9, 1976 in New York. ... Daughter of Gregory and Adris Hepburn ... Has two brothers, Brandon and David ... Enjoys dancing, singing and playing the piano and viola.





Avantece
KING

Junior | 6-2 | Sprints

Daytona Beach, Fla. | Mainland HS

Personal Best : 400-meters - 55.90 (2006)

Major: Exercise Science / Public Health

2008: Outdoor & Indoor ... Did not compete due to injury.

2007: Outdoor ... Ran a season-best of 25.96 in the 200-meters and 57.97 in the 400-meters... **Indoor** ... Ran a best time of 60.37 in the 400-meters at the Florida Invitational (Jan. 13).

Mainland High School: Four year honors student ... Earned letters in track, volleyball, cross country, and basketball ... As a junior, earned rookie of the year in volleyball ... Florida State qualifier for track as a junior and senior ... Ran personal-bests of 55.90 in the 400-meters and 25.35 in the 200-meters.

Personal: Born March 8, 1988 in Daytona, Fla. ... Daughter of Charley Harrell ... Has two brothers, Cedrick and Brian ... Enjoys reading, running, volleyball and crochet.



Kayla
RICHMOND

Junior | Position | Hurdles

Ft. Myers, Fla. | Ft. Myers HS

Personal Best : 400-meter hurdles - 1:05.58 (2007)

Major: Business Management

2008: Earned BIG EAST Academic Honors ... **Outdoor** ... Ran a season-best in the 400-meter hurdles of 1:05.91 at the Florida Relays (April 4-5) ... **Indoor** ... Ran the 500-meters at the Reebok Boston Indoor meet in a personal best time of 1:21.14.

2007: Named to the BIG EAST Academic All-Star Team ... Received the Outstanding Academic Female Freshman at the first annual team banquet ... Dean's List Honors College ... **Outdoor** ... Ran a personal-best in the 400-meter hurdles at the LSU Alumni Gold (April 21) in a time of 1:05.58.

Fort Myers High School: Named most valuable runner as a sophomore and senior ... Earned four letters in track, three in soccer and one in cross country ... Florida State qualifier in the 300-meter hurdles as a senior ... Set the school record for the 300-meter hurdles with a time of 45.16 ... Three-time district champion in the 300-meter hurdles ... Four-time regional qualifier in the 300-meter hurdles ... Named to the News Press All-Area Team.

Personal: Born December 30, 1987 in Ft. Myers, Fla. ... Daughter of Kirk and Debbie Richmond ... Has two brothers, Kiel and Kenny ... Enjoys photography and flying.



Samantha
SHADE

Junior | 5-7 | Jumps

Kissimmee, Fla. | Poinciana HS

Personal Best : Long Jump - 17-8.25 (2007)

Triple Jump - 39-3.25 (2007)

2008: ... Earned All-BIG EAST Academic Honors ... Received the team award for Toughest Competitor ... **Outdoor** ... Earned All-BIG EAST honors with a season-best jump in the triple jump of 38-10.25 at the BIG EAST Championships (May 2-4) ... Jumped a season-best of 18-1.5 in the long jump at the UTEP Invitational (March 29) ... Won the triple jump at the USF Open (March 7) with a leap of 38-6.5 ...

Indoor ... Finished 11th at the BIG EAST Championships in the triple jump with a personal-best jump of 37-7.75.

2007: Outdoor ... Jumped a personal-best of 39-3.25 in the triple jump at the Embry Riddle Classic (March 29) ... Set a personal-best in the long jump of 17-8.25 at the Miami Elite Meet (April 14) ... Clocked a personal-best in the 200-meters of 25.98 at the Embry Riddle Classic.

Kissimmee High School ... Qualified for the Florida State meet as a sophomore in the triple jump and in the 100-meter hurdles as a senior ... Set personal-bests of 15.09 in the 100-meter hurdles as a senior at the Regional Championships and 36-6 in the triple jump as a junior.

Personal: Born September 30, 1988 in Brooklyn, N.Y. ... Daughter of Rudolph Shade and Patricia Wint ... Has three brothers and three sisters ... Enjoys sleeping, eating, and shopping.





Rebecca ZUHLKE

Junior | 5-5 | Middle Distance

Palm Bay, Fla. | Holy Trinity HS

Personal Best : 5000 meters - 18:41.00 (2005)

Major: Nursing

2008: One of five cross country runners part of the USTFCCA top in the nation all-academic team ... **Outdoor** ... Ran a season-best in the 1500-meters of 5:14.80 at the Bulls Invitational (March 21) ... **2007 Cross Country** ... Clocked a best time of 20:38 at the Louisville Invitational (Sept. 29).

2007: Named to the BIG EAST Academic Honor Roll ... **2006 Cross Country** ... Ran in four races and had a best 5K of 19:28.19 at the Mountain Dew Classic Invitational (Sept. 16).

Holy Trinity High School ... Lettered four years in both cross country and track ... Member of two cross country state championship teams and one track state championship in 2006 ... Ran personal-bests in the 5K in a time of 18.41 and the mile in 5:08 ... Named All-Star and Runner of the Year.

Personal ... Born July 17, 1987 in Melbourne, Fla ... Daughter of Kevin and Janet Zuhlke ... Has two sisters, Sarah and Rachel ... Enjoys beach volleyball, soccer, and wood work.



Stephanie DUFFY

Sophomore | 5-1 | Pole Vault

Monroe, N.Y. | Washingtonville HS

Personal Best : Pole Vault - 12-9.5 (2008)

Major: Education

2008: Earned All-BIG EAST Academic Honors ... Won team awards for Outstanding Female Freshman of the Year and Academic Freshmen of the Year ... **Outdoor** ... Qualified for the USA Junior Championships (Jan. 20-23) with a season-best mark of 12-9.50 in the pole vault that was second all-time at USF ... Placed 10th at the NCAA East Regional Championships (May 30-31) with a 12-0 clearance ... Received All-Conference honors with a fourth place finish at the BIG EAST Championships (May 2-4) with a height of 12-5.5 ... **Indoor** ... All-BIG EAST performer with a fourth place finish at the BIG EAST Championships (Feb. 20-21) with a height of 12-3.5 ... Set a season-best at the New Balance Armory Invitational (Feb. 7-8) by clearing 12-5.5 ... Won the pole vault at the Saginaw Valley Holiday Classic (Dec. 7).

Washingtonville High School: Won three New York State pole vault titles ... Three-time All-American ... As a senior, finished second in the pole vault at the Nike Outdoor High School Nationals ... Jumped a personal best of 13-1 as a senior indoors ... Qualified for the New York State meet three times as a diver ... Member of the National Honor Society and was the Student Coalition President ... Had perfect attendance all throughout high school.

Personal: Born February 8, 1989 in Suffern, N.Y. ... Parents are Edward and Kathryn Duffy ... Has two brothers, Michael and Daniel ... Enjoys swimming, diving, and the beach.



Kristy COOPER

Sophomore | 5-3 | Distance

Niceville, Fla. | Niceville HS

Personal Best : Cross Country 5K - 20:41 (2007)

Major: Undecided

2008: ... **Indoor/ Outdoor** ... Did not compete due to injury ... **2007 Cross Country** ... Ran in two cross country meets before an injury ... Ran a best 5K at the Georgia State Invitational in a time of 20:41.

Niceville High School: Finished in the top 10 in the district all four years and three times at the regional championships ... Was All-Area First Team all four years ... FACA All-Star ... Finished sixth at the state championships in the 5K as a senior ... Honor roll all four years ... Member of the National Honor Society.

Personal: Born August 6, 1989 in Orlando Fla ... Daughter of Darren and Michelle Cooper ... Has eight siblings: Jessica, Michael, Daniel, Emily, Carter, Evan, Lindsey, and Karrissa ... Enjoys running, basketball, and drawing.





Rachel ETIENNE

Sophomore | 5-9 | Combined Events

Fort Pierce, Fla. | Port St. Luice HS

Personal Best : 400-meters - 57.14 (2007)

Major: Physical Therapy

2008: Outdoor ... Ran a season-best of 58.54 in the 400-meters at the Bulls Invitational (March 21) ... **Indoor** ... Qualified for the BIG EAST Championships as a member of the 4x800 relay ... Ran a personal-best of 61.39 at the Saginaw Valley Holiday Classic (Dec. 8) in the 400-meters ... Set a personal-best in the 500-meters with a time of 1:17.93, the fourth fastest time all-time at USF.

Port St. Lucie High School: Team MVP in track and field four times, three times in cross country and once in basketball ... Broke seven high school records ... Ten-time county champion and six-time district champion in track ... Two-time regional champion and one time county champion in cross country ... Earned letters in track, cross country and basketball with a total of 10 ... Holds bests of 57.14 in the 400-meters and 2:23.00 in the 800-meters.

Personal: Born March 15, 1989 in West Palm Beach, Fla ... Daughter of Marie and Dezales Etienne.



Stacia SMITH

Sophomore | 5-8 | Sprints

Palm Bay, Fla. | West Shore HS

Personal Best : 100-meter-dash - 12.14 (2008)
200-meter-dash - 24.87 (2008)

Major: Undecided

2008: Outdoor ... BIG EAST qualifier in both the 100-meter-dash and the 200-meter-dash ... BIG EAST scorer as a member of the 4x100 relay team ... Ran a personal-best in the 100-meter dash of 12.14 at the BIG EAST Championships (May 2-4) ... Clocked a personal-best in the 200-meter-dash at the LSU Alumni Gold meet (April 19) with a time of 24.87 ... **Indoor** ... Qualified for the BIG EAST Championships in the 60-meters ... Won the 200-meter-dash at the Boston Reebok Indoor Meet (Jan. 25) and the Saginaw Valley Holiday Classic in a time of 25.83.

West Shore High School: Florida State Qualifier as a sophomore in the 100-meter-dash and as a senior in the 100-meter-dash, 200-meter-dash and high jump ... Three-time regional qualifier in the 100-meter-dash and 200-meter-dash ... Ran personal-bests as a senior in the 100-meter-dash with a time of 11.95 and in the 200-meter-dash in 25.10 ... Cleared a best in the high jump of 5-4 ... Named team MVP as a sophomore, junior and senior ... Earned one letter in volleyball, three in basketball and four in track & field ... Named to the Latin Honor Society and SGA.



Dana WEBB

Sophomore | 5-7 | Pole Vault

Valparaiso, Ind. | Valparaiso HS

Personal Best : Pole Vault - 12-7.5 (2008)

Major: Exercise Science

2008: Named to the BIG EAST All-Academic Team ... Won team award for Female Freshman Athlete of the Year ... **Outdoor** ... Finished ninth at the NCAA East Regional Championships (May 30-31) in the pole vault with a jump of 12-6 ... Earned All-Conference honors at the BIG EAST Championships (May 2-4) with a sixth place finish with a jump of 11-11.75 ... Sits third all-time in the pole vault at USF with a height of 12-7.5, a personal-best at the Bulls Invitational (March 21) ... **Indoor** ... Received All-Conference honors in the pole vault by clearing a personal-best of 12-3.50 at the BIG EAST Championships (Feb. 20-21).

Valparaiso High School: Jumped a personal-best of 12-0 in the pole vault ... Two-time Indiana State qualifier in the pole vault ... As a senior, earned All-State honors in the pole vault with a fifth place finish at the state meet ... Competed in both the Indiana State Fair pole vault competition and the Midwest Meet of Champions as a senior and placed fourth and fifth respectively ... Earned three letters in track and three in gymnastics ... Member of the National Honor Society.

Personal: Born October 3, 1988 in Hammond, Ind. ... Daughter of Jeff and Sheri Webb ... Has one brother, Bryan and one sister, Kara.





Sarah
CANTER

Freshman | 5-8 | Throws

Knoxville, Tenn. | Bearden HS

Personal Best : Discus - 135-4
Javelin - 124-0

Major: Undecided

High School: Two-time state Tennessee Qualifier in the discus ... Placed third as a senior at the state meet with a toss of 131-3 ... Earned All-State honors with a second place finish in the discus as a junior ... Received All-State honors in soccer as a junior and senior ... Named to the All-Region basketball team as a junior and was elected team captain as a senior ... Earned four letters in track, three in basketball and two in soccer ... Holds personal-bests of 135-4 in the discus and 124-0 in the javelin.

Personal: Born January 27, 1990 in Knoxville, Tenn. ... Daughter of Karen Shotwell ... Has two brothers, Adam and Matt Canter.



Shantel
CHAMBERS

Freshman | 5-7 | Middle Distance

Chester, Pa. | Chester HS

Personal Best : 800-meters 2:10.05

Major: Criminology

High School: Four year Pennsylvania State Qualifier in the 800-meters ... State runner-up in the 800-meters as a sophomore and senior ... Earned All-State honors all four years ... Elected team captain as a junior and senior ... Honor roll student all four years ... Member of the National Honor Society for three years and was Valedictorian of her class of 2008.

Personal: Born May 20, 1990 in Chester Pa. ... Daughter of Danielle Glasco ... Has one brother, Daniel, and three sisters, Shana, Sharen and Serena ... Enjoys reading, doing hair, going shopping and hanging out.



Christine
JOHNSTON

Freshman | 5-6 | Distance

Middle Island, N.Y. | Longwood HS

Personal Best : 5000-meters - 18:50.00
2000-meter steeple: 07:14.00

Major: Elementary Education

Longwood High School: Received Most Outstanding Senior Female Athlete Award at Longwood High School as a senior ... Nominee for Suffolk County Sports Hall of Fame Dellecave Award in 2008 ... Earned All-County and League all four years in both cross country and track & field ... Nike National Qualifier in the steeplechase as both a junior and senior ... USATF Jr. Olympics Northeast Regional Cross Country Champion in 2005 ... Earned a total of 18 letters ... Honor student all four years ... All-County Academic Track & Field in 07 - 08.

Personal: Born May 7, 1990 in Port Jefferson, N.Y. ... Daughter of Joe & Ann Johnston ... Has one brother, James, and one sister, Jennifer ... Enjoys going to the beach, surfing, shopping, hanging out with friends and eating.



Allie
PRENDERGAST

Freshman | 5-5 | Distance

Orlando, Fla. | Lake Highland HS

Personal Best : 3200-meters - 11:16.00 (2008)

Major: Exercise Science

Lake Highland High School: Earned All-State cross country honors as a junior and senior ... 2008 team MVP of cross country and track ... Team captain in cross country and track as a sophomore, junior and senior ... Ran a personal-best time of 11:16.00 in the 3200-meters as a senior ... Member of the National Honor Society, Merit Studies, and Honor Roll ... Received four letters in cross country, four in track and one in soccer.

Personal: Born February 5, 1990 in Orlando, Fla. ... Daughter of Frank and Amy Prendergast ... Has one brother, Frank, and one sister, Jessie ... Enjoys cooking, shopping and reading.





Nicole ROZARIO

Freshman | 5-5 | Distance

Middletown, N.Y. | Pine Bush HS

Personal Best : 2000-meter steeplechase - 6:50.00
5000-meter steeplechase - 18.03.00

Major: Biology

Pine Bush High School: Three-time high school All-American ... All-State and All-County in cross country and track & field as a sophomore, junior and senior ... Three-time Empire State Games champion and record holder in the 2000-meter steeplechase ... Section 9 steeplechase record holder ... State champion in the 4x400 relay in 2008 ... Received MVP for distance at Pine Bush ... Elected team captain as a sophomore, junior, and senior ... Earned four letters in cross country, six for indoor track and five in outdoor track ... Honor roll student all four years and a member of the National Honor society.

Personal: Born November 24, 1990 in Warwick, N.Y. ... Daughter of Dennis & Darlene Rozario ... Has one brother, Dominic ... Enjoys all sports, being with friends, eating and the beach.



Alex ROSENBERGER

Freshman | 5-8 | Hurdles

Ramsey, N.J. | Ramsey HS

Personal Best : High Jump - 5-7 (2008)
400-meter hurdles - 1:02.65 (2007)

Major: Undecided

Ramsey High School: Finished second at the state meet of champions in the high jump in 2008 ... Three-time New Jersey group 11 champion in the 400-meter hurdles and one-time champion in the high jump ... Earned All-County honors in the 400-meter hurdles in 2006 and in the high jump in 2007 and 2008 ... Received three letters in soccer, four in basketball and four in track and field.

Personal: Born on July 11, 1989 in Ramsey, N.J. ... Daughter of John and Mariel Rosenberger ... Has two brothers and one sister.



Yasmin SMITH

Freshman | 5-5 | Distance

Swindon, Wiltshire UK | Ridge way High School

Personal Best : 3000-meters - 9:57.00 (2007)

Major: Undecided

Ridgeway High School: U-20 cross country Southwest County Champion ... Won Wiltshire country track and cross country championships from 2001-2008 ... Finished fourth in 2005 and seventh in 2008 in the 3000-meters at the English Schools Championships ... Placed 15th in the English School championships in cross country in 2007.

Personal: Born October 19, 1989 in Swindon, Wiltshire England ... Has one brother, Aaren ... Enjoys hanging out with friends and shopping.



Devin SPOERLE

Freshman | 5-5 | Distance

Titusville, Fla. | Astronaut HS

Personal Best : 5000-meters - 18:14.00 (2008)

Major: Nursing

Astronaut High School: Two-time Florida State champion as a senior in cross country and 3200-meters in track ... Earned All-State honors in both cross country and track ... Two-time conference champion in the 3200-meters ... Received team MVP honors as a senior in cross country and track ... Holds school record in the 5K and 3200-meters ... Cross country team captain ... Earned four letters in cross country and track ... Awarded female athlete of the year in Brevard County ... Member of the Biology Honor Society.

Personal: Born November 21, 1989 in Titusville, Fla. ... Daughter of Joe and Patti Spoerle ... She has two brothers ... Enjoys shopping, going to the beach and sports.



Casey WAGNER

Freshman | 5-7 | Javelin

Quakake, Pa. | Tamaqua Area HS

Personal Best : Javelin - 146-5 (2008)

Major: Early Childhood Education

Tamaqua Area High School: Three-time Pennsylvania State qualifier and finished fifth as a sophomore, fourth as a junior and second as a senior ... Earned All-State honors as a senior ... District champion as a senior in the javelin and 4x400 relay ... Broke league and school record in the javelin ... Scored 1000 points in basketball in 2008 ... Named Times News Tennis player of the year in 2007 & 2008 ... Team Captain in 2008 of the tennis team ... Earned four letters in basketball and tennis, three in track and one in softball ... Honor Roll student all throughout high school ... Member of the National Honor society, English Honor society and Spanish Honor society.

Personal: Born March 24, 1990 in Hazleton, Pa. ... Daughter of Paul & Laura Wagner ... Has one brother, Matt, and two sisters, Randi and Jamie ... Enjoys hanging out with friends, sports, eating and sleeping.



Atasha WARREN

Freshman | 5-4 | Throws

Wabasso, Fla. | Sebastian River HS

Personal Best : Shot Put - 46-7 (2008)

Discus - 137-7 (2008)

Major: Undecided

Sebastian River High School: Florida State 3A qualifier as a sophomore, junior and senior ... Three-time Florida State Champion, twice in the discus and once in the shot put ... Threw a personal-best of 46-7 in the shot put and 137-7 in the discus ... Earned all-state, all region and all-conference as a sophomore, junior and senior ... Won a district championship in basketball in 2005-06 and again in the 2006-07 season ... Earned four letters each in basketball and track ... Graduated with honors.

Personal: Born April 3, 1990 in Vero Beach, Fla. ... Daughter of Clifford and Sherry Warren ... Has two sisters, Alicia and Anitra ... Enjoys playing sports, watching movies, drawing and sleeping in her spare time.



Jen WYNANDS

Freshman | 5-6 | Distance

Yunn, Ontario, Canada | Thousand Island Secondary School

Personal Best : 1500-meters - 4:53 (2008)

Major: Elementary Education

Thousand Island Secondary School: 2008 Team OFSAA cross country bronze medalist ... Earned two letters in cross country and track and field ... Ran best times as a senior in the 1500-meters in a time of 4:53 and in the 3000-meters in a time of 10:27 ... Holds bests of 18:25 in the 5000-meters and 5:23 in the 1500-meter steeplechase ... Honor student as a freshman through senior ... Ontario Scholar.

Personal: Born June 2, 1989 in Brockville, Ontario Canada ... Daughter of Ed and Janet Wynands ... Has two brothers and one sister ... Enjoys running, writing, and traveling.



2008-09 USF Track & Field/ Cross Country



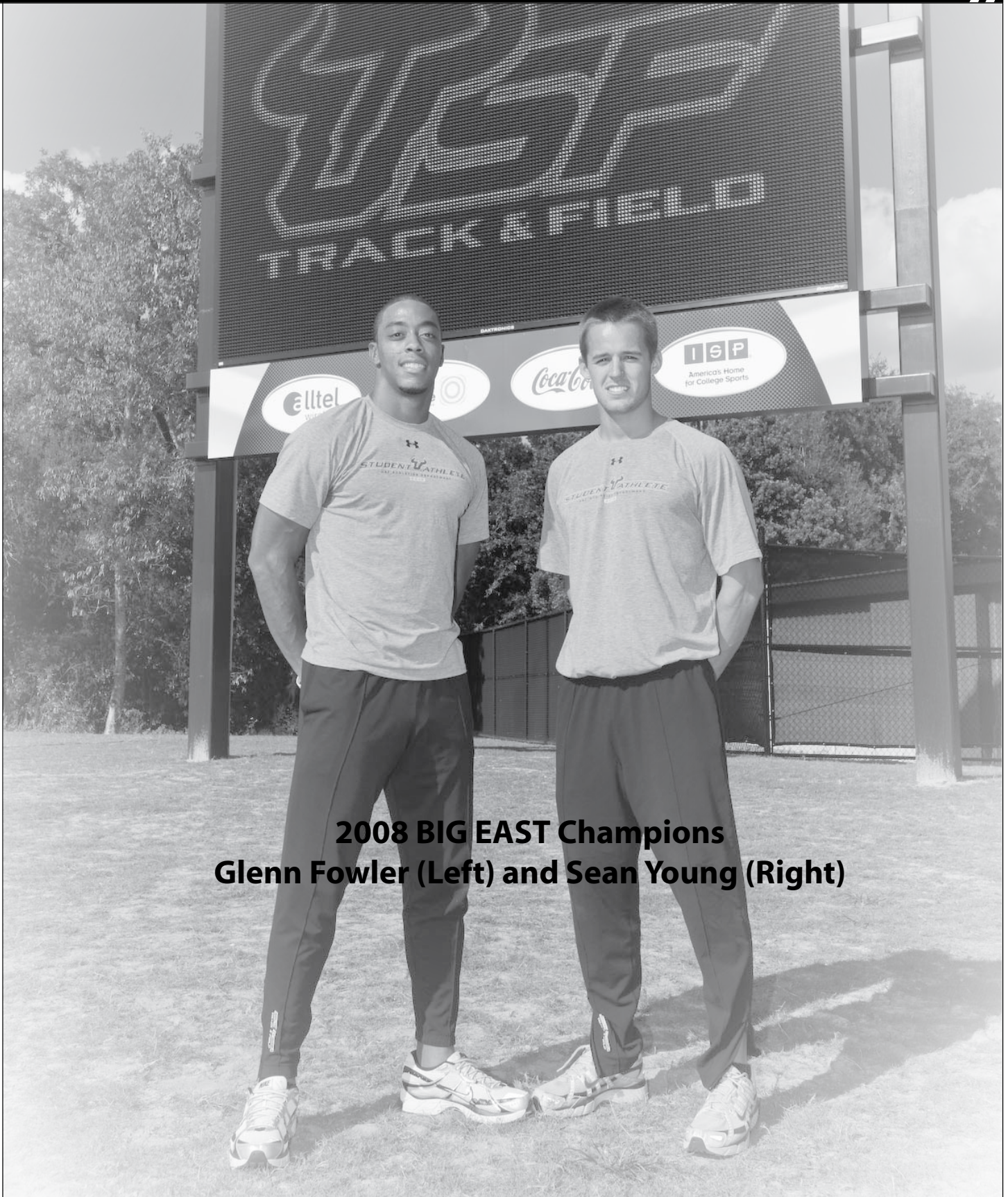
2008-2009 Women's Track & Field / Cross Country Team



2008-2009 Men's Track & Field / Cross Country Team



Men's Biographies



**2008 BIG EAST Champions
Glenn Fowler (Left) and Sean Young (Right)**



Carlan ARTHUR

Senior | 5-8 | Middle Distance

Trinidad & Tobago | Mucorapoc HS

Personal Best : 800-meters - 1:49.53 (2008)

Major: Political Science / Pre-Law

2008: Team Award winner for Toughest Male Competitor ... **Outdoor** ... Finished 18th at the NCAA Regional Championships with a time of 1:50.38 in the 800-meters (May 30-31) ... BIG EAST All-Conference performer with a fourth place finish in the 800-meters with a time of 1:49.53; a personal-best time and the second all-time best at USF (May 3-5) ... Finished eighth at the BIG EAST Championships as a member of the 4x400 relay team ... Ran and won the 1500-meters at the USF Open (March 7) in a time of 4:00.81, a season-best ... Won the 800-meters at the Aztec Invitational (March 15) and UCLA Invitational (April 9-10).

2007: Outdoor ... Redshirted

2006: Outdoor ... Received All-Regional and Conference honors in the 800-meters ... Ranked second all-time at Colby CC in both the 800-meters and 400-meters with times of 1:53.42 and 48.40 respectively ... Ran a personal-best of 1:51.03 in the 800-meters ... **Indoor** ... NJCAA All-American in the 800-meters with a second place finish at the JUCO Nationals (March 7-8) ... Set the 800-meters record at Colby CC in a time of 1:54.32 ... Ranked second all-time at Colby in the 1000-meters with a personal-best time of 2:33.84 and fifth all-time in the 400-meters with a time of 49.98.

2005: Attended Colby Community College in Kansas ... **Outdoor** ... Qualified for the NJCAA National Championships (May 20-21) in the 800-meters ... Finished fourth at the Region IX championships in the 800-meters and ninth in the 1500-meters with a times of 1:55.35 and 4:10.14 ... **Indoor** ... Received All-American honors with a fifth place finish in the 800-meters at the NJCAA National Championships (March 6-7).

Mucorapoc High School: Represented Trinidad at the Pan AM Junior Championships.

Personal: Born July 12, 1984 in Trinidad ... Son of Diane Arthur ... Has two sisters, Cherse Arthur and Marsha Mohand ... Enjoy dancing and playing soccer.



Errol BLACKMON

Senior | 5-9 | High Jump

Pensacola, Fla. | Washington HS

Personal Best : High Jump - 7-00.25 (2006)

Major: Accounting

2008: Outdoor ... Qualified for the East Regional Championships for the third year in a row ... Jumped a season-best of 6-10.75 at the Florida Relays (April 4-5) ... Cleared 6-9 at the BIG EAST Championships (May 2-4).

2007: Won Team Award for Outstanding Male Athlete of the Year ... **Outdoor** ... Earned a trip to the NCAA Championships (June 6-9) after finishing fifth at the East Regional Championships (May 25-26) ... Received All-BIG EAST honors with a second place finish in the high jump at the BIG EAST Championships (May 3-5) ... Jumped a season-best of 6-10.75 in four meets during the season.

2006: Outdoor ... Finished 14th at the NCAA Championships (June 7-10) in the high jump ... Placed third at the NCAA East Regional Championships and earned all-region honors ... Finished second at the BIG EAST Championships (May 4-6) and earned All-BIG EAST honors ... Jumped a personal-best of 7-0.25 in the high jump which places fourth all-time at USF.

2005: Attended Mississippi State University

Washington High School: Florida State Champion in the high jump with a personal-best of 6-10.

Personal: Born July 3, 1986 in Pensacola, Fla. ... Son of Shelia and Marty Blackmon.





Glenn FOWLER

Senior | 6-0 | Hurdles

Ocala, Fla. | Ocala HS

Personal Best : 110-meter hurdles - 14.16 (2008)
400-meter hurdles - 51.30 (2008)

Major: Criminology

2008: Transferred from Wallace State Community College ... Team Award Winner for the Outstanding BIG EAST Competitor ... **Outdoor** ... NCAA Regional Qualifier in both the 110- and 400-meter hurdles ... Finished 11th at the Regional championships in the 400-meter hurdles in a time of 51.54 (May 30-31) ... Two-time All-BIG EAST performer with a first place in the 400-meter hurdles and a fourth place in the 110-meter hurdles with a personal-best time of 14.16 (May 4) ... Had a personal-best in the 400-meter hurdles of 51.26 at the Florida Relays (April 3-4) ... Stands as the second best all-time in both 110- and 400-meter hurdles at USF ... Won the 400-meter hurdles at the Aztec Invitational (March 13) and at the Bulls Invitational (March 21) as well as the 110-meter hurdles at the Bulls Invitational.

2007: Outdoor ... Ran personal-bests of 14.60 in the 110-meter hurdles and 52.60 in the 400-meter hurdles ... **Indoor** ... Earned NJCAA All-American status in the 60-meter hurdles at the NJCAA Indoor National Championships (March 2-3).

2006: Attended Wallace State Community College in Hanceville, Ala. ... Participated in the NJCAA Nationals in the 110-meter and 400-meter hurdles and also as an alternate on the 4x400 relay (May 19-20).

Ocala High School: Won the Florida State 3A meet in the 110-meter hurdles with a time of 14.20, a personal best, and in the 300-meter hurdles in 37.21 ... Nominated as the most outstanding sprinter in the county ... Holds both the 100-meter and 300-meter hurdle records at Forest High ... Elected team captain as both a junior and senior ... Earned letters in both track and football.

Personal: Born February 23, 1987 in Tampa, Fla. ... Son of Janice Rivers ... Has two brothers, Eddie and Daniel, and has two sisters, Natasha and Scheimeka ... Enjoys listening to music and playing cards.



Grant SCELZI

Senior | 6-1 | Combined Events

Largo, Fla. | Largo HS

Personal Best : Decathlon - 6093 (2007)
Javelin - 190-10 (2007)
Pole Vault - 15-3 (2007)

2008: Earned All-BIG EAST Academic Honors ... **Outdoor** ... Had a seasonal-best in the javelin of 183-7 at the UCLA Invitational (April 11-12) and 15-1.75 in the pole vault at the LSU Invitational (April 19) ... Qualified for the BIG EAST in both the javelin and pole vault.

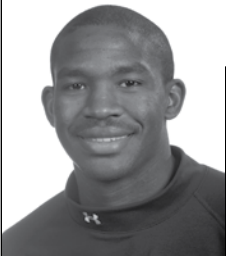
2007: Won team award for the most improved male athlete at the first annual team awards banquet ... **Outdoor** ... Qualified for the BIG EAST Championships (May 4-6) in four events: javelin, pole vault, high jump and decathlon ... Earned All-BIG EAST Conference honors in the javelin with a personal-best toss of 190-10 and in the pole vault with a 15-3 clearance ... Scored a personal-best in the decathlon of 6093 points at the FSU Relays (March 27-28) ... Moved into the number two spot all-time at USF in both the javelin and decathlon.

2006: Outdoor ... Finished eighth at the BIG EAST Championships in the pole vault with a personal-best of 15-3 ... Placed fourth at the FSU Relays in the decathlon.

Largo High School: Florida State Champion in the pole vault as a senior with a clearance of 15-0 ... Three-time conference champion, four-time district champion and a two-time regional champion in the pole vault ... Four year letter winner in football, wrestling, track and basketball ... Earned All-District, Regional and State honors in wrestling.

Personal: Born February 15, 1987 in Tarpon Springs, Fla. ... Guardians are Robert and Taya Scelzi ... Has two brothers, Chris and Clay, and one sister, Crystal ... Enjoys jet skiing, wake boarding, poker, surfing, fishing and basketball.





Jordan SEABROOK

Senior | 5-10 | Hurdles

Indianapolis, Ind. | North Central HS

Personal Best : 110-meter hurdles - 14.32

Major: Mass Communications with focus in Journalism

2008: Earned All-BIG EAST Academic honors ... **Outdoor** ... Qualified for the BIG EAST Championships in the 200-meters, 110-meter hurdles, 400-meter hurdles and 4x100 relay ... All-BIG EAST performer after placing sixth on the 4x100 relay ... Ran season-bests of 22.11 in the 200-meters at the UCLA Invitational (April 11), 14.50 in the 110-meter hurdles at the BIG EAST Championships (May 2-4) and 53.45 in the 400-meter hurdles at the Florida Relays (April 3-4).

2007: Earned All-BIG EAST Academic honors ... **Outdoor** ... Set the school record in the 4x100 relay at the UCF Invitational (March 3) ... Ran a personal-best in the 110-meter hurdles in a time of 14.32 at UCF Invitational (March 3), the second fastest time ran at USF, and 53.02 in the 400-meter hurdles at the Texas Invitational (March 24).

2006: Outdoor ... Qualified for the BIG EAST Championships in the 110-meter hurdles and 53.89 in the 400-meter hurdles at the BIG EAST Championships (May 5-7) ... Ran on the 4x100 relay throughout the season.

North Central High School: Ran a personal-best time of 13.86 in the 110-meter hurdles and 37.47 in the 300-meter hurdles ... Named two-time NSCAA High School All-American in soccer for 2003 and 2004.

Personal: Born June 27, 1987 in Indianapolis, Ind. ... Son of Philip and Sheryl Seabrook ... Has one sister, Akilah ... Enjoys music ... Plays on the USF men's soccer team.



Sean YOUNG

Senior | 6-0 | Pole Vault

Titusville, Fla. | Astronaut HS

Personal Best : Pole Vault - 17-2.75 (2008)

Major: Physical Education

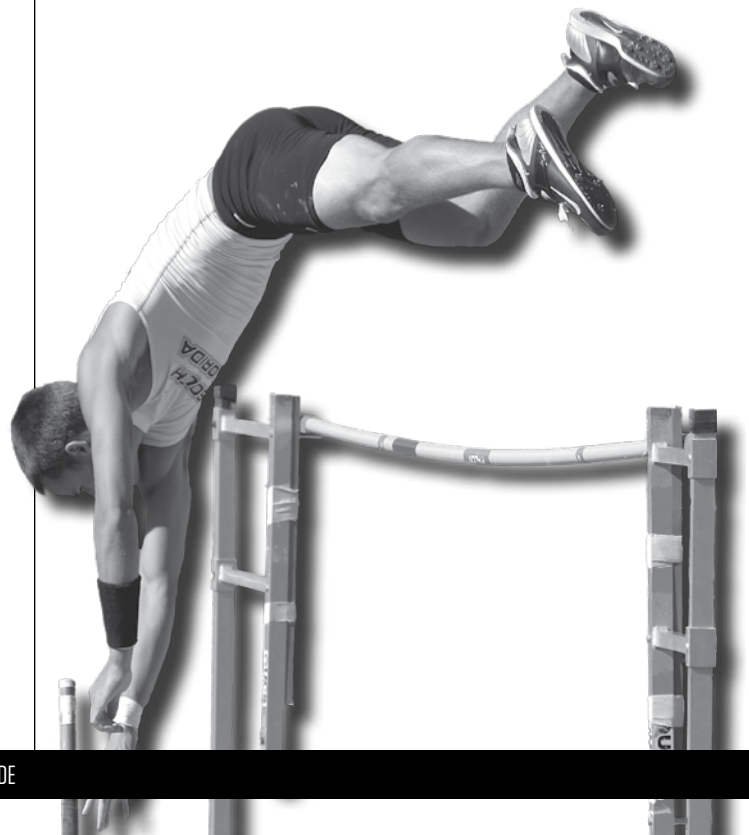
2008: Team Award winner for Outstanding Track and Field Male athlete of the year ... **Outdoor** ... Finished 14th in the pole vault at the NCAA Championships (June 13-16) ... Earned All-Region honors with a fourth place finish at the NCAA East Regional Championships (May 30-31) ... BIG EAST Conference Champion and all-conference performer in the pole vault with a leap of 16-6.25 (May 2-4) ... Moved to the number two all-time at USF with a personal-best jump of 17-2.75 at the NCAA Championships ... Won the pole vault at the Bulls Invitational (March 21).

2007: Transferred from Florida International ... **Outdoor** ... Earned All-Conference honors with a second place finish at the BIG EAST Championships (May 4-6) with a personal-best jump of 16-2.75 ... Broke into the all-time top five with the third-best jump at USF.

2006: Attended Florida International University ... Won the team award for most outstanding newcomer ... **Outdoor** ... Set the school record in the pole vault with a clearance of 16-1, a personal-best ... Placed third at the Sun Belt conference championships in the pole vault ... **Indoor** ... Broke the school record with a 15-7 attempt.

Astronaut High School: Set a personal-best and a school record with a height of 15-6 ... Three-time conference and district champion ... One-time regional champion ... Florida State runner-up as a senior in the pole vault ... Four-time all-conference ... Lettered four times in track, twice in swimming and once in football.

Personal: Born December 27, 1985 in Titusville, Fla. ... Son of Brenda and Sam Gheen / Kevin and Stephanie Young ... Enjoys hunting, surfing, fishing, diving and riding 4-wheelers ... Has two brothers, Ryan and Aaron, and one sister, Lacey.





Anthony ZANELLA

Senior | 6-1 | Combined Events

Naples, Fla. | Palmetto Ridge HS

Personal Best : Decathlon - 5650 (2007)

2008: Outdoor ... Clocked season-bests in the 100-meter-dash in a time of 11.68 at the UCLA Jackie Joyner and Carl Lewis Meet (April 10-11), 53.60 in the 400-meters at the Aztec Invitational (March 14-15) and the 110-meter hurdles in a time of 18.48 at the Bulls Invitational (March 21) ... Leaped a season-best in the long jump with a distance of 20-3.50 ... Threw a personal-best in the discus at the Aztec Invitational with a distance of 107-9.

2007: Outdoor ... Qualified for the BIG EAST Championships in the decathlon ... Threw the javelin to a personal-best of 162-10 at the BIG EAST Championships (May 3-5) to place him fourth all-time at USF in the event and scored a personal-best in the decathlon of 5650, also at the BIG EAST Championships.

2006: Earned All-BIG EAST honors ... **Outdoor** ... Clocked personal-bests in the 100-meter-dash with a time of 11.44, 23.00 in the 200-meter-dash, both at the Miami Invitational (March 18) ... Ran a best time 51.19 in the 400-meters at the USF Quad Meet (April 1) ... Jumped a season-best of 20-6.50 at the Ole Miss Invitational (April 8).

Palmetto High School: Claimed All-State, All-Regional, All-County in 2005 ... Jumped a personal-best in the long jump of 23-2 and ran a best time of 49.91 in the 400-meters.

Personal: Born January 16, 1987 in Naples, Fla. ... Son of Jeff and Jeanine Zanella ... Has one brother, Justin, and one sister, Brooke ... Enjoys reading and traveling.



Ryan COURTOY

Junior | 5-9 | Distance

Tampa, Fla. | Wharton HS

Personal Best : 1500-meters - 3:55.20 (2008)

2008: Outdoor ... Ran personal-best times of 1:57.56 in the 800-meters at the Bulls Invitational (March 21) and 3:55.20 in the 1500-meters at the Florida Relays (April 3-4) ... Won the 800-meters and the 1500-meters at the Bulls Invitational (March 21) ... **Cross Country 2007** ... Led the Bulls in three of six meets ... Ran a best 8K time of 25:42.00 at the Louisville Invitational (Sept. 29) ... Ran at the BIG EAST Championships and South Regional Championships.

2007: Outdoor ... Ran a best in the 1500-meters of 4:00.10 at the Miami Hurricane Invitational (March 17) ... **Cross Country 2006** ... Ran a season-best of 26:26 at the Disney Invitational ... Also ran at the BIG EAST Championships and NCAA South Regional Championships.

Wharton High School: Earned four letters in cross country, three in track and one in baseball ... Awarded cross country rookie of the year as a freshman ... Received first team all-county as a sophomore, junior and senior ... First team all-state as a junior and senior in track and cross country ... Holds five school records for Wharton and one for Armwood High.

Personal: Born October 23, 1987 in St. Petersburg, Fla. ... Son of Charles and Laurie Courtoy ... Has one sister ... Enjoys running, eating, video games, sleeping and hanging out with friends





Mikail EBANKS

Junior | 5-7 | Middle Distance

Hallandale, Fla. | Hallandale HS

Personal Best : 800-meters - 1:51.78 (2008)

Major: Political Science

2008: Outdoor ... BIG EAST Qualifier in the 800-meters and 4x400 relay ... Finished eighth at the BIG EAST Championships (May 2-4) in the 4x400 relay ... Ran season-bests of 1:52.00 in the 800-meters at the Florida Relays (April 3-4) and 4:12.10 in the 1500-meters at the USF Open (March 7).

2007: Outdoor ... Posted a season-best of 1:52.74 in the 800-meters at the Georgia Tech Invitational (May 12) ... Won the FSU Relays in the 800-meters with a time of 1:54.14 ... Ran the 1500-meters at the LSU Alumni Gold Meet (April 21) in a time of 4:41.30.

Hallandale High School: Three-time Florida State Champion ... Earned two state titles in the 800-meters and one in the 4x400 relay ... Set personal-bests of 1:51.78 in the 800-meters and 48.24 in the 400-meters.

Personal: Born May 20, 1988 in Jamaica ... Lived in Miami Dade County ... Has seven sisters and three brothers ... Enjoys playing drums, chess, sleeping, eating, and cooking.



Alfonso FERGUSON

Junior | 6-0 | Hurdles

Ft. Lauderdale, Fla. | Ft. Lauderdale HS

Personal Best : 110-meter hurdles - 14.82 (2007)
400-meter hurdles - 55.40 (2007)

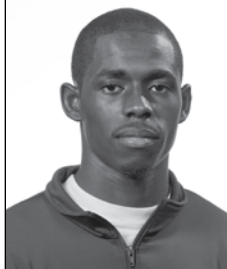
Major: Mass Communications

2008: Outdoor ... Ran the 110-meter hurdles in a season-best time of 15.43 at the LSU Alumni Gold (April 19) and the 400-meter hurdles in a time of 56.17 at the Aztec Invitational (March 14-15).

2007: Outdoor ... Ran personal-best of 14.82 in the 110-meter hurdles at the UCF Invitational (March 3) and 55.40 in the 400-meter hurdles at the APU Invitational (March 14) ... Qualified for the BIG EAST Championships in both the 110-meter and 400-meter hurdles.

Ft. Lauderdale High School: Ran top times of 55.20 in the 400-meter hurdles, 38.73 in the 300-meter hurdles, both as a junior ... Four year letter winner in track ... Nominated as team captain and named MVP his senior year ... All-County as a junior and All-State as a sophomore, junior and senior ... Four time scholar athlete and named to the principal's honor roll twice.

Personal: Born on November 4, 1987 in Kingston, Jamaica ... Son of Alfonso and Vivette Ferguson ... Has three brothers and three sisters.



Greg FONTUS

Junior | 5-7 | Sprints

Miami, Fla. | Dr. Krop HS

Personal Best : 100-meter-dash - 10.55 (2007)
200-meter-dash - 21.52 (2008)

Major: Finance / Accounting

2008: Outdoor: All-Conference performer by placing sixth in the 4x100 relay (May 2-4) ... Qualified for the BIG EAST Championships in the 100-meter and 200-meter dashes ... Ran the 200-meter-dash in a personal-best time of 21.52 at the LSU Alumni Gold (April 19), which stands third all-time at USF ... Clocked a season-best time of 10.73 at the Florida Relays (April 3-4).

2007: Outdoor: Ran personal-bests of 10.55 in the 100-meter-dash and 21.65 in the 200-meter-dash, both at the Hurricane Invitational (March 15) ... Set a school record in the 4x100 relay at the UCF Invitational (March 3) ... Qualified for the BIG EAST Championships in the 100-meter-dash, 200-meter-dash and 4x100 relay.

Dr. Krop High School: Clocked personal-bests of 10.82 in the 100-meter-dash and 21.84 in the 200-meter-dash ... Received Miami Dade All-County Honors and was MVP as a senior ... Four year letter winner in track and three years in football.

Personal: Born December 14, 1987 in Miami, Fla ... Son of Georgette Fontus ... Has two sisters, Darlene and Georges ... Enjoys playing the trumpet, listening to music and eating.





Michael KURSTEINER

Junior | 6-5 | High Jump

Brooksville, Fla. | Nature Coast Tech HS

Personal Best : High Jump - 6-10.75 (2007)
Triple Jump - 46-4.25 (2007)

Major: Criminology

2008: Outdoor ... NCAA Regional Qualifier in the high jump for the second straight year with a jump of 6-10.75 ... Earned All-Conference honors with a fifth place finish in the high jump at the BIG EAST Championships (May 2-4) ... Won the USF Open (March 7), Bulls Invitational (March 21) and UCLA Invitational (April 10), all at the regional qualifying height of 6-10.75.

2007: Won team award for outstanding freshman male athlete of the year ... **Outdoor ...** Cleared a personal-best height of 6-10.75, which is the fifth all-time highest jump at USF ... Earned All-Conference honors with a fifth place finish at the BIG EAST Championships (May 4-6) ... Qualified for the BIG EAST Championships in the triple jump with a personal-best jump of 46-4.25, fifth all-time at USF ... NCAA Regional Qualifier in the high jump.

Nature Coast High School: Earned four letters in track, three in basketball, two in football and one in swimming ... Florida State Champion in the high jump as a senior ... Holds school records in the high, long and triple jumps ... Earned gold medals at the 2005 and 2006 AAU Nationals ... Jumped a personal-best of 6-10 at the Nike Outdoor Nationals and received All-American honors.

Personal: Born December 19, 1987 ... Son of John and Candy Kursteiner ... Trained with Olympic track and field gold medalist Dennis Mitchell.



Armante MARSHALL

Junior | 5-8 | Sprints

Tallahassee, Fla. | Lincoln HS

Personal Best : 100-meter-dash - 10.42 (2006)

Major: Biomedical Science

2008: Outdoor ... Earned All-BIG EAST honors as a member of the 4x100 relay team ... Did not compete most of the season due to injury.

2007: Did not compete

Lincoln High School: 2004 Adidas Outdoor Track and Field All-American ... 2005 Nike Outdoor Track & Field All-American (4x100 National Champions) ... Clocked a best of 40.54 at the Seminole Invitational which topped the nation in 2005 ... Ran a personal-best of 10.42 in the 100-meter-dash at the Chiles High School Invitational ... District and regional champion in the 100-meter-dash ... Finished third in the Florida State Meet in the 100-meter-dash with a time of 10.88.

Personal: Born June 17, 1987 in Albany Ga. ... Son of Lenny and Birgitte Marshall ... Has one sister, Brianna ... Enjoys fishing, playing Madden and hanging out with friends.



Norman NICHOLAS

Junior | 5-9 | Sprints

Palm Beach Gardens, Fla. | Gardens HS

Personal Best : Long Jump - 22-5.25 (2008)

Major: Business

2008: Earned All-BIG EAST Academic Honors ... **Outdoor ...** Jumped a personal-best in the long jump of 22-6.25 at the USF Open (March 7) ... This jump is the fifth all-time best in USF history ... Ran a season-best of 11.54 in the 100-meter-dash at the LSU Alumni Gold (April 19) and in the 200-meter-dash at the Aztec Invitational (March 14-15) in a time of 25.97 ... Also ran on the 4x100 relay at the USF Open (March 7).

2007: Outdoor ... BIG EAST Qualifier in the 100-meter-dash with a season-best time of 10.88 at the BIG EAST Championships (May 3-5) ... Clocked a personal-best of 22.75 in the 200-meter-dash at the LSU Alumni Gold (April 21).

Palm Beach Gardens High School: Earned four letters in track and two in football ... Finished fourth in the Florida State meet in the 100-meter-dash as a junior ... Received Best in Sprint award as a sophomore and junior ... Named team captain of his team as a junior and a senior ... Set school records in the long jump with a leap of 22-9, 110-meter hurdles in a time of 14.40, 4x100 relay in 41.50 and the 200-meter-dash in a time of 21.70, all as a senior.

Personal: Born on January 4, 1988 in California ... Has four sisters and two brothers ... Enjoys sports and music.





Tyler PERKINS

Junior | 6-3 | Throws

Tampa, Fla. | Wharton HS

Personal Best : Discus - 174-10
Hammer - 160-2
Javelin - 173-1

Major: Journalism

2008: Outdoor ... Finished 16th at the NCAA Regional Championships with a toss of 159-6 in the discus (May 30-31) ... Earned All-BIG EAST honors with a second place at the BIG EAST Championships (May 3-5) with a personal-best in the discus of 174-10, the second all-time best throw at USF ... Qualified for the BIG EAST in the hammer throw with a personal-best of 160-2 at the Bulls Invitational (March 21) ... Threw a personal-best the javelin of 173-1 at the USF Open (March 7) ... Won the discus at the USF Open and Bulls Invitational.

2007: Outdoor ... BIG EAST qualifier in the discus and hammer ... Finished fifth at the BIG EAST Championships (May 4-6) in the discus and earned all-conference honors ... Threw a personal-best in the discus of 167-10 at the USF Invitational (March 9) which is the third best all-time at USF ... Tossed the hammer to a personal-best of 159-4 which places fourth all time at USF.

Wharton High School: Earned All-County and Conference in both the shot put and discus at a junior and senior ... Florida State qualifier in the discus as a senior ... Received two letters in track ... Tossed the discus to a personal best of 162-0.

Personal: Born August 16, 1987 in Tampa, Fla. ... Has one brother, Nolan, and one sister, Alyson ... Son of Bill and Gena Perkins ... Enjoys playing guitar and going to the beach.



D'Andre RUFF

Junior | 6-0 | Sprints

Palm Beach Gardens, Fla. | Gardens HS

Personal Best : 100-meter-dash - 10.60 (2007)
200-meter-dash - 21.77 (2008)

Major: Sports Psychology / Physical Therapy

2008: Outdoor ... Ran a personal-best in the 200-meter-dash of 21.77 at the Aztec Invitational (March 14-15), which is the fourth all-time fastest at USF and a BIG EAST qualifying time ... Earned All-BIG EAST honors with a sixth place finish on the 4x100 relay ... Qualified for the BIG EAST Championships with a season-best in the 100-meter-dash with a time of 10.81.

2007: Received the Toughest Male Competitor Award at the first annual team awards banquet ... **Outdoor** ... Qualified for the BIG EAST Championships in five events: 100-meter-dash, 200-meter-dash, 400-meters, 4x100 relay and 4x400 relay ... Ran a season-best in the 100-meter-dash at the BIG EAST (May 3-5) with a time of 10.60 ... School record holder as a member of the 4x100 relay team.

Palm Beach Gardens High School: Holds school records in the 100-meter-dash, 400-meters and 4x100 relay ... Ran a personal-best time of 10.58 in the 100-meter-dash and 48.89 in the 400-meters ... Earned two letters in track and one in football ... Placed second in the decathlon at the 2004 Regional Junior Olympics ... Two time 4A District champion in the 100-meter-dash ... Received Best Sprinter Award as a senior.

Personal: Born May 30, 1988 in West Palm Beach, Fla. ... Son of Cindy and Tyrone Allen ... Has two sisters and one brother ... Enjoys cooking, music, and is a family guy.





Josh WIMBLEY

Junior | 5-9 | Sprints

Sunrise, Fla. | Piper HS

Personal Best : 200-meters - 20.98 (2008)
400-meters - 47.98 (2007)

Major: Political Science

2008: Won the team award for Most Improved Male ... **Outdoor** ... NCAA Regional Qualifier with a personal-best in the 200-meters of 20.98 at the Aztec Invitational (March 14-15) to place second all-time at USF ... Ran a season-best of 400-meters in a time of 48.36 at the Aztec Invitational ... Ran on the 4x400 relay team at the BIG EAST Championships (May 2-4).

2007: Won team award for outstanding freshmen male of the year ... **Outdoor** ... Ran a season-best of 21.40 in the 200-meters at the BIG EAST Championships (May 4-6) which is the second fastest time ever at USF ... Ran a season-best of 21.42 at the BIG EAST Championships prelims which places him second all-time at USF ... Qualified for the USA Junior Nationals in the 200-meters.

Piper High School: Ran a personal-best in the 200-meters of 21.31 ... Named All-State as a senior ... Named MVP of the team all four years ... Awarded the Sun-Sentinel athlete of the year in 2005 ... Scholar-Athlete of the year in 2006 ... Earned four letters in cross country and track.

Personal: Born on May 23, 1985 in Ft. Lauderdale, Florida ... Son of Elizabeth Wimbley ... Has three sisters ... Enjoys eating and running.



Pedro CARELA

Sophomore | 5-9 | Distance

Tampa, Fla. | Wharton HS

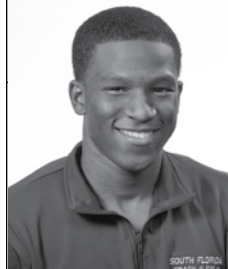
Personal Best : 8K Cross Country - 26:53.00 (2007)

Major: Undecided

2008: Team award winner for Most Outstanding Cross Country Runner ... **2007 Cross Country** ... Led the Bulls team at the in the last four meets of the season ... Ran a best 8K at the Disney Invitational (Oct. 6) in a time of 26:53.00 ... Clocked a time of 27:00.00 at the BIG EAST Championships (Oct. 27).

Wharton High School ... Two-time state qualifier in the mile ... Won two district titles in the mile and the other in the two mile ... Made cross country First Team as a junior and senior ... Named All-District and All-Regional as a junior and senior ... Five-time letter winner , two times in cross country and three times in track.

Personal: Born February 16, 1989 in Carolina, PR ... Son of Angel and Marina Carela ... Has two brothers, Angel and Gelmar ... Enjoys playing the piano.



Kendale McDANIEL

Sophomore | 6-3 | Hurdles

Royal Palm Beach, Fla. | Ft. Pierce HS

Personal Best : 110-meter hurdles - 14.30 (2008)
400-meter hurdles - 54.30 (2008)

Major: Biomedical Science

2008: Won team award for Most Outstanding Male Freshmen Athlete of the Year ... **Outdoor** ... Ran a personal-best at the Florida Relays in the 110-meter hurdles of 14.30 ... Set his personal-best at the Bulls Invitational in the 400-meter hurdles after crossing the line in 54.30 ... Was a BIG EAST qualifier in both the 110-meter and 400-meter hurdles ... Sits at third all-time in USF history in the 110-meter hurdles ... Was a USA Junior qualifier in the 110-meter hurdles.

Ft. Pierce High School: Two-time Florida State qualifier ... Two-time Scripps Treasure Coast All-Area First Team ... Palm Beach Post First Team All-Area ... Graduated with Honors.

Personal: Son of Larthenia Howard and Morris McDaniel ... Has two brothers, Bryce and Bailey ... Enjoys playing chess.





Kyle VAN ZILE

Sophomore | 5-8 | Distance

Fort Walton Beach, Fla. | Choctawhatchee HS

Personal Best : 8K Cross Country - 25:10 (2007)

Major: Business

2008: Attended Mississippi State University . . . Earned All-SEC Academic Honors . . .
2007 Cross Country . . . Ran a personal-best in the 8K of 25:10 . . . Ran 26.27 at the Notre Dame Invitational . . . Clocked a season-best in the 6K with a time of 19:48.00 at the Mississippi State Invitational . . . Finished 86th at the SEC Championships.

Choctawhatchee High School: Holds personal-best times of 4:23 in the mile, 1:58.00 in the 800-meters and 52.00 in the 400-meters . . . Named MVP in cross country as a senior . . . Named to the All-Panhandle team in 2006 . . . Ranked fifth in the state as a senior in cross country . . . Earned four letters in cross country and track and two in soccer.

Personal: Born on December 12, 1988 in Red Bank, N.J. . . . Son of Bruce and Jackie Van Zile . . . Has one brother, Justin, and two sisters, Robyn and Carolyn . . . Enjoys playing beach volleyball.



David ARISTIL

Freshman | 5-9 | Hurdles

Boynton Beach, Fla. | Park Vista HS

Personal: 110 M Hurdles - 14.13
300 M Hurdles - 37.20

Major: Biomedical Sciences

Park Vista High School: Named Sun-Sentinel Athlete of the Year and Palm Beach Post Player of the Year.. First team county honoree... Most Valuable Performer Warriors Invitational... Earned five varsity letters in track and football... Coached by Jeff Fossen

Personal: Born on December 12, 1988 in Red Bank, N.J. . . . Son of Aris and Clerias . . . Has one brother, Dieuly is a Professional Boxer.





Kirk DANDRIDGE

Freshman | 6-0 | Pole Vault

Lecanto, Fla. | Lecanto HS

Personal Best : Pole Vault - 15-6 (2007)

Major: Pre-Physical Therapy

Leacanto High School: Set a personal-best in the pole vault of 15-6 ... Was a three-time district champion and a two-time regional champion ... Placed second and third at the state meet throughout his career ... Is a six-time school record holder ... Was named MVP of the track team twice ... Named team captain his senior season ... Two-time all-county member ... Golden South champion as a junior and runner-up as a senior ... Earned three letters in track and one in golf ... Honor Roll student.

Personal: Son of Kirk and Elizabeth Dandridge ... Has six sisters ... Enjoys cycling, swimming and music production.



Reshaw EXILIEN

Freshman | 6-0 | Sprints

Riviera Beach, Fla. | Dwyer HS

Personal Best : 200-meter-dash - 21.45 (2007)
400-meters - 47.9 (2007)

Major: Pre-Veterinary

Dwyer High School: Three-time Florida State qualifier in the 400-meters ... State runner-up as a senior in the 400-meters ... Ran a personal-best as a junior at the state meet of 47.90 ... County and district champion in the 400-meters as a sophomore, junior and senior ... First team all-county select for the Palm Beach Post & Sun-Sentinel ... Team MVP honors as a junior and senior ... Awarded most athletic for Dwyer's class of 2008 ... Nominated as team captain as a junior and senior.

Personal: Born May 22, 1990 in Palm Beach Gardens, Fla. ... Son of Felica Jones ... Has one brother, Michael Fluerezald, and two sisters, Nakitta Exillen and Brittany Fluerezald ... Enjoys playing basketball.



Marcus HICKS

Freshman | 6-1 | Throws

West Palm Beach, Fla. | Dwyer HS

Personal Best : Shot Put - 54-10 (HS, 2008)

Major: Psychology

Dwyer High School: Undefeated in shot put competition in 2008, setting a personal best 54-10 ... Won conference, county, district, regional and state shot put championships as a senior ... Conference, district and regional runner-up in 2007 shot put competition ... Shot put district champion as a sophomore ... Earned four letters in track and field.

Personal: Son of Pamela Hicks ... Has one brother, Antonio ... Enjoys basketball, movies and hanging out with friends.





Jared
THOMAS

Freshman | 6-1 | Throws

Pensacola, Fla. | Pensacola HS

Personal Best: Discus - 183-8
Shot Put - 49-9

Major: Undecided

Pensacola & Woodham High School: 2A Florida State Champion in the discus as a junior with a toss of 163-9.25 ... 3A State runner-up in the discus as a senior with a throw of 183-8 ... Holds school records in the discus and shot put at both Pensacola and former Woodham High School ... Earned All-District, Region, and State as a junior and senior ... Voted Team MVP as a senior ... Elected team captain as a senior ... Received three letters in football and four in track.

Personal: Born February 17, 1990 in Pensacola, Fla ... Son of Denise and Rodi Campbell ... Has four brothers and two sisters.



Philip
WISE

Freshman | 5-9 | Distance

Gainesville, Fla. | Bucholz HS

Personal Best: Mile - 4:22 (2008)

Major: Pre-Medical Sciences

Buchholz High School: Earned All-State honors in cross country ... Ran personal-bests of 16:05 in cross country and 4:22 in the mile ... Team MVP in 2007 cross country and 2008 in track ... Named Gainesville Sun runner of the year ... Received three letters in cross country and four in track ... Member of the Spanish Honors society.

Personal: Born April 1, 1990 in Gainesville, Fla ... Son of Mike and Patty Wise ... Has one sister, Danielle ... Enjoys music and fishing.



2007-08 Season Review



2008 All-American Denise von Eynatten

Women's Indoor Track Review



2008 Indoor Honors

2008 NCAA Indoor All-Americans

Denise von Eynatten Pole Vault (Fourth)

2008 BIG EAST Champions

Denise von Eynatten Pole Vault

2008 All-BIG EAST Performers

Denise von Eynatten	Pole Vault (First)
Dana Webb	Pole Vault (Third)
Stephanie Duffy	Pole Vault (Fourth)
Karla Savery	Pole Vault (Fifth)
Taylor Stallings	Weight Throw (Sixth)
Maressa Pinzini	800-Meters (Sixth)
Courtney LaCroix	High Jump (Sixth)

2008 NCAA Team Finish

46th (Four points)

2008 BIG EAST Team Finish

10th Place (35 points)

BIG EAST Championship Meet Record

Denise von Eynatten Pole Vault (13-5)

USF School Records Set

Denise von Eynatten	Pole Vault (13-11.25)
Lou'Tisha Hall	High Jump (5-9.25)

2008 Indoor Top Times

Event	Athlete	Meet	Time/Mark
55m	Stacia Smith	Boston	7.27
60m	Stacia Smith	BIG EAST	7.74
200m	Stacia Smith	Boston	25.64
400m	Rachel Etienne	Saginaw	61.39
500m	Ashley Grigsby	Boston	1:17.59
800m	Maressa Pinzini	BIG EAST	2:13.00
1000m	Maressa Pinzini	Boston	2:56.44
55m Hurdles	Yvana Hepburn	Boston	8.23
60m Hurdles	Yvana Hepburn	BIG EAST	8.68
Long Jump	Vanetta Randle	Saginaw	18-11.25
Triple Jump	Rosalynn Woodberry	Armory	38-6.75
High Jump	Lou'Tisha Hall	Boston	5-9.25
Pole Vault	Denise von Eynatten	NCAA	13-11.25
Shot Put	Taylor Stallings	Armory	48-7.5
Weight Throw	Taylor Stallings	BIG EAST	58-0.5
Pentathlon	Sara Williams	BIG EAST	3199

Spring 2008 Academic Highlights

BIG EAST Academic Honor Roll

Women's Team	41
Men's Team	8

USTFCCCA All-Academic Honors

Women's Team (Indoor & Outdoor Track and Field)
Stephanie Duffy (Individual Honor)
Dana Webb (Individual Honor)

Team and Individual GPA's

Women's Team Overall (Spring 2008)	3.26
Women's 4.0 GPA's (Spring 2008)	7
Women's 3.0 + GPA's (Spring 2008)	47
Men's 3.0 + GPA's (Spring 2008)	12

Women's Outdoor Track Review

2008 Outdoor Honors

2008 NCAA Championship Qualifiers

Denise von Eynatten Pole Vault (13th)
Taylar Stallings Discus (13th)

2008 All-Regional Performers

Denise von Eynatten Pole Vault (Third)
Taylar Stallings Discus (Fourth)

2008 Regional Qualifiers

Denise von Eynatten Pole Vault
Taylar Stallings Discus
Taylar Stallings Hammer
Taylar Stallings Shot Put
Dana Webb Pole Vault
Stephanie Duffy Pole Vault
Jara Cornett Javelin
Lou'Tisha Hall High Jump

2008 All-BIG EAST Performers

Denise von Eynatten Pole Vault (Second)
Taylar Stallings Shot Put (Second)
Lou'Tisha Hall High Jump (Third)
Stephanie Duffy Pole Vault (Fourth)
Dana Webb Pole Vault (Fifth)
Ashley Grigsby 4x800 Relay (Sixth)
Emily Wakley 4x800 Relay (Sixth)
Maressa Pinzini 4x800 Relay (Sixth)
Pernilla Savestrand 4x800 Relay (Sixth)
Samantha Shade Triple Jump (Sixth)

2008 NCAA Regional Team Finish

18th Place (11 points)

2008 BIG EAST Team Finish

11th Place (39.50 points)

USF School Records Set

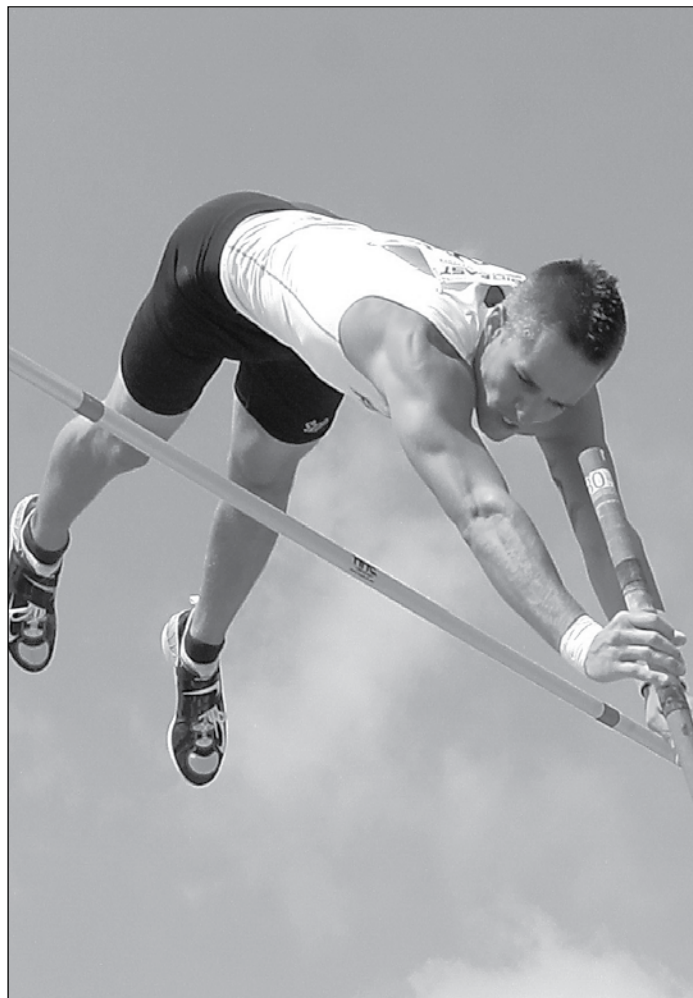
Jara Cornett Javelin (144-9)
Denise von Eynatten Pole Vault (13-5.25)
Lou'Tisha Hall High Jump (5-10)



2008 Outdoor Top Times

Event	Athlete	Meet	Time/Mark
100m	Altaria Hawkins	LSU	11.97
200m	Altaria Hawkins	LSU	24.69
400m	Ashley Grigsby	LSU	57.99
800m	Pernilla Savestrand	LSU	2:12.66
1500m	Pernilla Savestrand	LSU	4:48.73
3000m	Lisa Giblin	USF	11:36.92
100m Hurdles	Yvana Hepburn	UTEP	14.11
400m Hurdles	Kayla Richmond	Florida	1:05.91
Long Jump	Rosalynn Woodberry	USF	18-3.5
Triple Jump	Samantha Shade	BIG EAST	38-10.25
High Jump	Lou'Tisha Hall	LSU	5-10
Pole Vault	Denise von Eynatten	USF	13-5.25
Shot Put	Taylar Stallings	BIG EAST	50-1.75
Discus	Taylar Stallings	Aztec	173-2
Hammer	Taylar Stallings	USF	186-1
Javelin	Jara Cornett	Aztec	144-9
Heptathlon	Sara Williams	FSU	4502

Men's Outdoor Track Review



2008 Outdoor Top Times

Event	Athlete	Time/Mark
100m	Greg Fontus	10.73
200m	Josh Wimbley	20.98
400m	Josh Wimbley	48.36
800m	Carlan Arthur	1:49.53
1500m	Ryan Courtoy	3:55.50
110m Hurdles	Glenn Fowler	14.16
400m Hurdles	Glenn Fowler	51.26
Long Jump	Mikese Morse	25-11
Triple Jump	Mikese Morse	38-10.25
High Jump	Errol Blackmon	6-10.75
High Jump	Michael Kursteiner	6-10.75
Pole Vault	Sean Young	17-2.75
Discus	Tyler Perkins	174-10
Javelin	Grant Scelzi	183-7
Hammer	Tyler Perkins	160-2

2008 Indoor Honors

2008 NCAA Indoor All-Americans

Mikese Morse Long Jump (Ninth)

2008 NCAA Championship Qualifiers

Mikese Morse Long Jump
Sean Young Pole Vault

2008 All-Region Performers

Mikese Morse Long Jump (Third)
Sean Young Pole Vault (Fourth)

2008 Regional Qualifiers

Carlan Arthur 800 Meters
Errol Blackmon High Jump
Glenn Fowler 110m Hurdles
Glenn Fowler 400m Hurdles
Michael Kursteiner High Jump
Mikese Morse Long Jump
Tyler Perkins Discus
Josh Wimbley 200 Meters
Sean Young Pole Vault

2008 BIG EAST Champions

Glenn Fowler 400m Hurdles
Mikese Morse Long Jump
Sean Young Pole Vault

2008 All-BIG EAST Performers

Carlan Arthur 800 Meters
Greg Fontus 4x100 Meters
D'Andre Ruff 4x100 Meters
Armante Marshall 4x100 Meters
Jordan Seabrook 4x100 Meters
Glenn Fowler 110m Hurdles
Glenn Fowler 400m Hurdles
Michael Kursteiner High Jump
Sean Young Pole Vault
Mikese Morse Long Jump

2008 NCAA Regional Team Finish

19th Place (10.50 points)

2008 BIG EAST Team Finish

Seventh Place (63 points)

USF School Records Set

Mikese Morse Long Jump (25-11)

Women's Cross Country Review

By Event

UCF Black & Gold Challenge (5K)

Allie Prendergast	19:02.92
Yasmin Smith	19:09.75
Devin Spoerle	19:17.47
Jen Wynands	19:24.82
Nicole Rozario	20:07.46
Christin Johnston	20:31.99
Kelly Savery	21:54.21
Danielle Harris	22:21.36
Kristy Cooper	22:49.61
Leandra Mikos	22:51.70
Ruby Perez	26:50.97
Kristine Budd	27:49.50
Elizabeth McGeehan	30:23.79

Mountain Dew Invitational (5K)

Yasmin Smith	18:17.77
Nicole Rozario	18:31.37
Jen Wynands	18:57.46
Allie Prendergast	19:03.12
Christine Johnson	19:13.09
Devin Spoerle	19:42.06
Shaniel Chambers	19:48.16
Kelly Savery	20:45.18
Natalie Brethauer	21:29.77
Kristy Cooper	21:36.13
Leandra Mikos	21:48.58
Danielle Harris	21:56.49
Kaylee Brown	22:29.62
Ashley Grigsby	22:59.85
Kristin Degraw-Higgins	23:14.70
Ruby Perez	24:00.20
Elizabeth McGeehan	28:10.86
Mary Billington	29:07.14

FSU Invitational (5K)

Yasmin Smith	17:54.59
Nicole Rozario	18:11.94
Jen Wynands	18:24.58
Allie Prendergast	18:40.75
Christine Johnston	18:48.10
Pernilla Savestrand	19:02.83
Kristy Cooper	20:27.18
Kelly Savery	20:40.08
Natalie Brethauer	21:11.70
Leandra Mikos	21:12.99
Rebecca Zuhlke	21:21.84
Kaylee Brown	21:34.39

Paul Short Invitational (6K)

Yasmin Smith	21:35
Nicole Rozario	21:54
Jen Wynands	22:04
Allie Prendergast	22:07
Christine Johnston	22:49
Pernilla Savestrand	22:57
Devin Spoerle	23:03

Walt Disney Classic (5K)

Nicole Rozario	18:17.20
Jen Wynands	18:31.40
Allie Prendergast	18:35.00
Pernilla Savestrand	18:38.10
Devin Spoerle	18:56.70
Christine Johnston	19:23.00
Kelly Savery	20:22.30
Kristy Cooper	21:03.70
Danielle Harris	21:04.60
Natalie Brethauer	21:06.80
Leandra Mikos	21:08.00
Rebecca Zuhlke	21:40.90
Kaylee Brown	21:48.80
Kristin Degraw-Higgins	22:29.80
Jennifer Strykowski	22:43.00
Ruby Perez	23:27.30
Nicole Wrenn	23:56.20
Nikki Guadagnino	25:30.40
Elizabeth McGeehan	26:07.90
Monique Konstantinovic	26:51.60
Kristine Budd	26:56.50
Tiffany Miller	28:39.10
Mary Billington	28:49.90

BIG EAST Championships (6K)

Nicole Rozario	22:31.60
Pernilla Savestrand	22:45.90
Devin Spoerle	22:48.70
Jenn Wynands	23:07.10
Yasmin Smith	23:17.10
Christine Johnston	23:29.90
Shaniel Chambers	23:31.00
Allie Prendergast	24:12.10
Kelly Savery	25:47.30

NCAA South Regional (6K)

Nicole Rozario	22:36.22
Jen Wynands	23:05.55
Devin Spoerle	23:07.97
Christine Johnston	23:45:17
Yasmin Smith	24:00.10
Allie Prendergast	25:05.14
Pernilla Savestrand	24:31.95



Men's Cross Country Review

By Event

Mountain Dew Invitational (8K)

Kyle Van Zile	26:39.33
Phillip Wise	26:53.11
Pedro Carela	26:59.66
Jonathan Bing	28:29.02
Sean Foster	29:56.72
Brooks Wells	30:35.72
Brett Hinds	31:06.53
Scott Bilodeau	31:07.35

FSU Invitational (8K)

Kyle Van Zile	26:31.18
Pedro Carela	26:36.19
Phillip Wise	26:39.24
Scott Bilodeau	27:21.84
Jonathan Bing	28:35.60

Paul Short Invitational (8K)

Kyle Van Zile	26:03
Phillip Wise	26:09
Pedro Carela	26:31
Jonathan Bing	27:59
Sean Foster	28:55
Scott Bilodeau	29:43
Brett Hinds	29:48

Disney Invitational (8K)

Pedro Carela	26:12.81
Kyle Van Zile	26:53.10
Lucas Simari	30:08.70
Sean Foster	30:27.10
Brett Hinds	30:40.40
Scott Bilodeau	31:54.60

BIG EAST Championships (8K)

Phillip Wise	27:00.50
Kyle Van Zile	27:52.90
Pedro Carela	28:41.90
Jonathan Bing	29:52.90
Lucas Simari	30:22.40
Sean Foster	30:15.50
Brett Hinds	31:46.10
Scott Bilodeau	33:31.50

NCAA South Regional (8K)

Pedro Carela	34:37.39
Kyle Van Zile	35:06.35
Phillip Wise	35:31.35
Lucas Simari	37:22.33
Jonathan Bing	38:08.91
Sean Foster	38:31.56

By Individual

Scott Bilodeau

31:07.35	Mountain Dew Invitational
27:21.84	FSU Invitational
29:43	Paul Short Invitational
31:54.60	Disney Invitational
33:31.50	BIG EAST Championships

Jonathan Bing

28:29.02	Mountain Dew Invitational
28:35.60	FSU Invitational
27:59	Paul Short Invitational
29:52.90	BIG EAST Championships
38:08.91	NCAA South Regionals

Pedro Carela

26:59.66	Mountain Dew Invitational
26:36.19	FSU Invitational
26:31	Paul Short Invitational
26:12.81	Disney Invitational
28:41.90	BIG EAST Championships
34:37.39	NCAA South Regional

Brett Hinds

31:06.53	Mountain Dew Invitational
29:48	Paul Short Invitational
30:40.40	Disney Invitational
31:46.10	BIG EAST Championships

Sean Foster

29:56.72	Mountain Dew Invitational
28:55	Paul Short Invitational
30:27.10	Disney Invitational
30:15.50	BIG EAST Championships
38:31.56	NCAA South Regional

Lucas Simari

30:08.70	Disney Invitational
30:22.40	BIG EAST Championships
37:22.33	NCAA South Regional

Brooks Wells

30:35.72	Mountain Dew Invitational
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Phillip Wise

26:53.11	Mountain Dew Invitational
26:39.24	FSU Invitational
26:09	Paul Short Invitational
27:00.50	BIG EAST Championships
35:31.35	NCAA South Regional

Kyle Van Zile

26:39.33	Mountain Dew Invitational
26:31.18	FSU Invitational
26:03	Paul Short Invitational
26:53.10	Disney Invitational
27:52.90	BIG EAST Championships
35:06.35	NCAA South Regional





1992 & 1993 All-American and NCAA Champion Jon Dennis

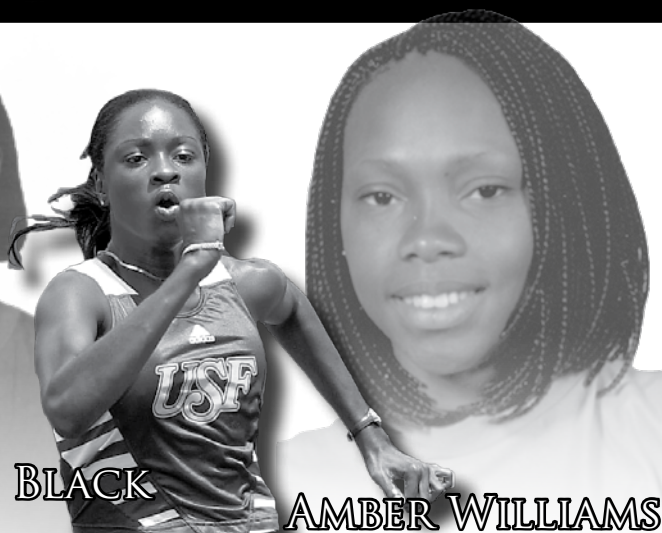
USF ALL-AMERICANS



DENISE VON EYNATTEN



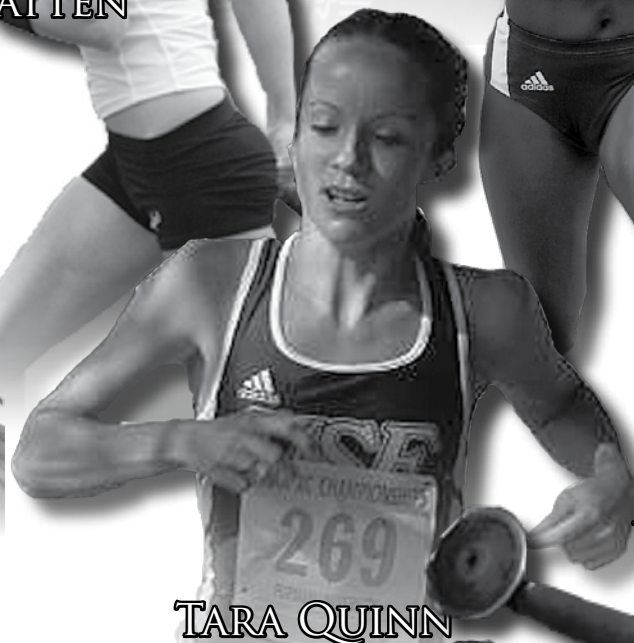
KERINE BLACK



AMBER WILLIAMS



SASHA SPRINGER



TARA QUINN



MAITELAND MARKS



DAMU CHERRY



DAYANA OCTAVIEN



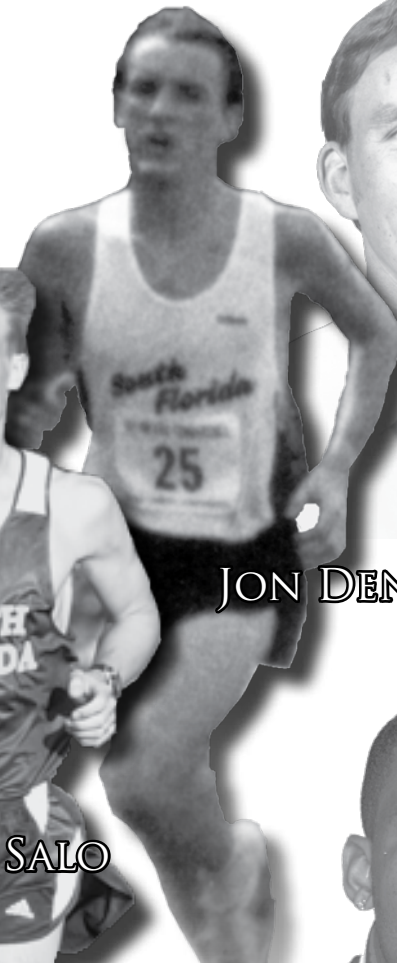
USF ALL-AMERICANS



CHRISTA BENTON



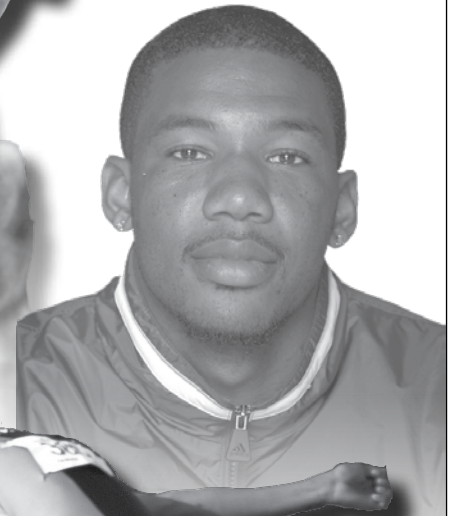
JAN-ERIK SALO



JON DENNIS



CHANDRA BREWER



JIMMY BAXTER



NCAA History - Women's

USF All-Americans

Kerine Black

1999	Indoor	Triple Jump
2000	Indoor	Triple Jump
2000	Outdoor	Triple Jump
2001	Indoor	Long Jump
2001	Outdoor	4x100m Relay

Christa Benton

2003	Cross Country	
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Chandra Brewer

2003	Outdoor	Shot Put
2005	Indoor	Shot Put
2005	Outdoor	Shot Put

Damu Cherry

2001	Outdoor	4x100m Relay
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Maiteland Marks

2001	Outdoor	4x100m Relay
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Tara Quinn

2002	Outdoor	10,000 Meters
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Dayana Octavien

2004	Indoor	Weight Throw
2004	Outdoor	Discus

Sasha Springer

2001	Outdoor	4x100m Relay
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Amber Williams

2001	Outdoor	4x100m Relay
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Cross Country NCAA Qualifying Teams

1997
1998
1999
2000
2001

Cross Country South Region Team Champions

1997
2000

NCAA Team Finishes

Outdoor
2000 - 34th
2002 - 29th
2003 - 62nd
2004 - 34th
2005 - 51st

Indoor
1999 - 57th
2000 - 34th
2001 - 45th

NCAA Indoor Qualifiers

1999 - Kerine Black Triple Jump
2000 - Kerine Black Triple Jump
2000 - Damu Cherry 60m Hurdles
2000 - Maiteland Marks 200 Meters
2001 - Kerine Black 60 Meters
2001 - Kerine Black Long Jump
2001 - Kerine Black Triple Jump
2004 - Dayana Octavien Weight Throw
2004 - Alexis McGaffagan Pentathlon
2005 - Chandra Brewer Shot Put
2008 - Denise von Eynatten Pole Vault

1999 - Kerine Black Triple Jump
1999 - Damu Cherry 100m Hurdles
1999 - Marrio Otto 10,000 Meters
2000 - Kerine Black Triple Jump
2000 - Damu Cherry 100m Hurdles
2001 - Kerine Black 100 Meters
2001 - Kerine Black Long Jump
2001 - Kerine Black Triple Jump
2001 - Kerine Black 4x100 Relay
2001 - Kerine Black 10,000 Meters
2001 - Tara Quinn 4x100 Relay
2001 - Maiteland Marks 4x100 Relay
2001 - Sasha Springer 4x100 Relay
2001 - Amber Williams 4x100 Relay
2001 - Damu Cherry 4x100 Relay
2002 - Kerine Black Triple Jump
2002 - Tara Quinn 10,000 Meters
2003 - Chandra Brewer Shot Put
2003 - Alexis McGaffagan High Jump
2003 - Dayana Octavien Discus
2003 - Dayana Octavien Hammer
2004 - Chandra Brewer Shot Put
2004 - Dayana Octavien Discus
2005 - Chandra Brewer Shot Put
2006 - Taylar Stallings Discus
2008 - Taylar Stallings Discus
2008 - Denise von Eynatten Pole Vault

NCAA Outdoor Qualifiers



Kerine Black

Men's NCAA History / Men's & Women's Regionals

NCAA Champions

Jon Dennis

1992	Outdoor	5,000 Meters
1993	Outdoor	5,000 Meters

NCAA All-Americans

Jimmy Baxter

2001	Indoor	High Jump
2003	Outdoor	High Jump
2004	Outdoor	High Jump

Jon Dennis

1992	Outdoor	5,000 Meters
1993	Outdoor	5,000 Meters

Mikese Morse

2008	Outdoor	Long Jump
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Jan-Erik Salo

2001	Outdoor	Steeplechase
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NCAA Cross Country Qualifying Teams

1998

1999

2000



NCAA Qualifiers

Outdoor

1991 - Dror Vakin	10,000 Meters
1991 - Chris Paine	5,000 Meters
1992 - Jon Dennis	5,000 Meters
1992 - John Bowden	1,500 Meters
1993 - Jon Dennis	5,000 Meters
1993 - Eddie Melia	Steeplechase
1996 - Kemel Thompson	400m Hurdles
1997 - Llewelyn Bredwood	100 Meters
1999 - Sheldon Collins	800 Meters
2000 - Jan-Erik Salo	Steeplechase
2001 - Jimmy Baxter	High Jump
2001 - Jan-Erik Salo	Steeplechase
2002 - Jimmy Baxter	High Jump
2003 - Jimmy Baxter	High Jump
2004 - Jimmy Baxter	High Jump
2006 - Errol Blackmon	High Jump
2006 - Jonathon Miller	Pole Vault
2007 - Errol Blackmon	High Jump
2008 - Mikese Morse	Long Jump
2008 - Sean Young	Pole Vault

Indoor

1994 - Gez Owens	3,000 Meters
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Cross Country

2002 - Andrew Smith	10,000 Meters
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NCAA Men's Regional Qualifiers

2003

Jimmy Baxter	Stephan Ketterl
Andre Bondruant	Jonathon Miller
Robert Fennell	

2004

Jimmy Baxter	Jaydian Miller
Robert Fennell	Jonathon Miller

2005

Brandon Carey	Jaydian Miller
Jarrold Hall	Patrick Martin

2006

Errol Blackmon	Patrick Martin
Stephan Gaddis	Jaydian Miller
Jarrold Hall	Jonathon Miller

2007

Errol Blackmon	Jaydian Miller
Michael Kursteiner	Mikese Morse

2008

Carlan Arthur	Mikese Morse
Errol Blackmon	Tyler Perkins
Glenn Fowler	Josh Wimbley
Michael Kursteiner	Sean Young

NCAA Women's Regional Qualifiers

2003

Charlissa Anderson	Irene Ledbetter
Chandra Brewer	Alexis McGaffagan
Amber Delpino	Dayana Octavien
Bente General	Christina West
Karoline Hagen	Symone Whitaker

2004

Chandra Brewer	Alexis McGaffagan
Amber Delpino	Dayana Octavien
Altaria Hawkins	Megan Malone
Karoline Hagen	

2005

Chandra Brewer

2006

Megan Malone

2008

Jara Cornett	Denise von Eynatten
Stephanie Duffy	Dana Webb
Lou Tisha Hall	Taylor Stallings



Sean Young



Women's Conference History

USF Conference Champions

Indoor

1996 - Marilyn Payton	400 Meters
- South Florida Relay	DMR
1997 - Marilyn Payton	400 Meters
1998 - Maiteland Marks	200 Meters
1999 - Maiteland Marks	200 Meters
- Minna Rasimus	5,000 Meters
- Damu Cherry	60 Meter Hurdles
2000 - Sasha Springer	200 Meters
- Maria Otto	5,000 Meters
- Kerine Black	Triple Jump
2001 - Kerine Black	60 Meters
- Jolene Williams	3,000 Meters
2003 - Bente General	800 Meters
- Chandra Brewer	Shot Put
- Dayana Octavien	Weight Throw
- Alexis McGaffagan	Pentathln
2004 - Bente General	800 Meters
- Chandra Brewer	Shot Put
- Dayana Octavien	Weight Throw
- Megan Malone	Pole Vault
2005 - Chandra Brewer	Shot Put
2008 - Denise von Eynatten	Pole Vault



Champions by Numbers

Chandra Brewer	8
Kerine Black	7
Dayana Octavien	7
Marilyn Payton	4
Maria Otto	4
Bente General	3
Maiteland Marks	2
Jolene Williams	2
Amber Delpino	2
Sasha Springer	1
Minna Rasimus	1
Nichole McCarthy	1
Tara Quinn	1
Damu Cherry	1
Joyce Owes	1
Megan Malone	1
Alexis McGaffagan	1
Denise von Eynatten	1

USF Conference Champions

Outdoor

1996 - Erin McClain	400 Meters
- Joyce Owes	Hammer
- Kissy Simmons	Heptathlon
- South Florida Relay	4x400 Relay
1997 - Marilyn Payton	400 Meters
1998 - Marilyn Payton	400 Meters
- Maria Otto	10,000 Meters
- South Florida Relay	4x100 Relay
1999 - Maria Otto	5,000 Meters
- Maria Otto	10,000 Meters
- Kerine Black	Triple Jump
2000 - Kerine Black	200 Meters
- Nichole McCarthy	10,000 Meters
- Kerine Black	Triple Jump
- South Florida Relay	4x100 Relay
2001 - Kerine Black	100 Meters
- Jolene Williams	5,000 Meters
- Kerine Black	Long Jump
- Kerine Black	Triple Jump
2002 - Tara Quinn	10,000 Meters
- Chandra Brewer	Shot Put
- Dayana Octavien	Discus
2003 - Bente General	800 Meters
- Amber Delpino	400M Hurdles
- Chandra Brewer	Shot Put
- Dayana Octavien	Discus
- Dayana Octavien	Hammer
- South Florida Relay	4x400 Relay
2005 - Chandra Brewer	Shot Put
- Chandra Brewer	Discus



Denise von Eynatten

Team Championships

1998 - Cross Country	Conference USA
1999 - Cross Country	Conference USA
2000 - Indoor Track & Field	Conference USA
2001 - Indoor Track & Field	Conference USA
2003 - Outdoor Track & Field	Conference USA

Conference Honors

All-Decade Team (Conference USA)

Kerine Black
Amber Delpino
Dayana Octavien

Cross Country (Conference USA)

1995 - Maria Otto	Freshman of the Year
1996 - Laura Karpalisto	Freshman of the Year
2001 - Christa Benton	Freshman of the Year
2004 - Christa Benton	Athlete of the Year

Indoor (Conference USA)

1999 - Kerine Black	Athlete of the Year
2001 - Kerine Black	Athlete of the Year
2002 - Bente General	Freshman of the Year
2004 - Dayana Octavien	Athlete of the Year

Outdoor (Conference USA)

1999 - Maria Otto	Athlete of the Year
2001 - Kerine Black	Athlete of the Year
2002 - Tara Quinn	Athlete of the Year
2004 - Dayana Octavien	Athlete of the Year
2005 - Chandra Brewer	Athlete of the Year

Conference Record Holders

Indoor (BIG EAST)

2008 - Denise von Eynatten	Pole Vault
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Indoor (Conference USA)

2004 - Dayana Octavien	Weight Throw
2002 - Tara Quinn	5,000 Meters

Outdoor (Conference USA)

2005 - Chandra Brewer	Shot Put
2004 - Dayana Octavien	Discus
2004 - Dayana Octavien	Hammer
2002 - Tara Quinn	10,000 Meters
2001 - Kerine Black	Triple Jump
1999 - Maria Otto	5,000 Meters

Men's and Women's Conference History

Men's Team Championships

1997 - Cross Country	Conference USA
1998 - Cross Country	Conference USA
2000 - Cross Country	Conference USA

Conference Champions

2002 - Andrew Smith	Cross Country 8K
1996 - Gary Bradley	Indoor 400 Meters

Outdoor

1997 - Llewelyn Bredwood	100 Meters
- Robert Malseed	5,000 Meters
1998 - Llewelyn Bredwood	100 Meters
- Llewelyn Bredwood	200 Meters
- Sheldon Monderoy	Mile
2000 - Jan-Erik Salo	1,500 Meters
- Jimmy Baxter	High Jump
2002 - Jimmy Baxter	High Jump
2003 - Adam Chumley	10,000 Meters
- Jonathon Miller	Pole Vault
2004 - Jonathon Miller	Pole Vault
2005 - Jonathon Miller	Pole Vault
2008 - Sean Young	Pole Vault
- Mikese Morse	Long Jump
- Glenn Fowler	400M Hurdles

Conference Honors

Cross Country (Conference USA)

1997 - Russ Berbers	Freshman of the Year
2002 - Andrew Smith	Athlete of the Year

Outdoor (Conference USA)

1996 - Kemel Thompson	Athlete of the Year
1998 - Llewelyn Bredwood	Athlete of the Year
2001 - Jimmy Baxter	Freshman of the Year
2003 - Jonathon Miller	Freshman of the Year

Conference Record Holders

Outdoor (Conference USA)

2004 - Jonathon Miller	Pole Vault
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All-BIG EAST Conference Performers

Women

2006 (Indoor)	
Courtney LaCroix	Jessica Helldener
Taylor Stallings	
2006 (Outdoor)	
Megan Malone	Taylor Stallings
2007 (Indoor)	
Ashley Grigsby	Emily Wakley
Maressa Pinzini	Courtney LaCroix
Pernilla Savestrand	
2008 (Indoor)	
Denise von Eynatten	Taylor Stallings
Dana Webb	Karla Savery
Stephanie Duffy	Courtney LaCroix
Maressa Pinzini	
2008 (Outdoor)	
Denise von Eynatten	Taylor Stallings
Dana Webb	Ashley Grigsby
Stephanie Duffy	Lou'Tisha Hall
Pernilla Savestrand	Samantha Shade
Emily Wakley	Maressa Pinzini

All-BIG EAST Conference Performers

Men

2006 (Outdoor)	
Errol Blackmon	Dearron Duval
Tiawo Egun	Jarrold Hall
Stephan Gaddis	Jonathon Miller
Jordan Seabrook	
2007 (Outdoor)	
Errol Blackmon	D'Andre Ruff
Brian Zipler	Jarrold Hall
Michael Kursteiner	Stephan Gaddis
Tyler Perkins	Grant Scelzi
Josh Wimbley	
2008 (Outdoor)	
Mikese Morse	Carlan Arthur
Sean Young	Greg Fontus
Brian Zipler	Tyler Perkins
Armante Marshall	Jordan Seabrook
D'Andre Ruff	Glenn Fowler



Glenn Fowler



Champions by Numbers

Llewelyn Bredwood	3
Jonathon Miller	3
Jimmy Baxter	2
Andrew Smith	1
Gary Bradley	1
Robert Malseed	1
Sheldon Monderoy	1
Jan-Erik Salo	1
Adam Chumley	1
Sean Young	1
Mikese Morse	1
Glenn Fowler	1

School Records - Women's

Indoor Track Events

Event	Athlete	Time/Mark (Year)
55m	Sasha Springer	6.89 (2000)
60m	Kerine Black	7.37 (2000)
200m	Maiteland Marks	24.10 (2000)
400m	Marilyn Payton	55.12 (1998)
500m	Bente General	1:14.91 (2004)
800m	Bente General	2:09.66 (2003)
1000m	Bente General	2:55.33 (2005)
Mile	Bente General	4:48.98 (2003)
3000m	Sarah Erickson	9:34.33 (1995)
5000m	Minna Rassimus	16:16.36 (1999)
55m Hurdles	Damu Cherry	7.76 (2000)
60m Hurdles	Damu Cherry	8.41 (2000)
4x400 Relay	Delpino, General Hagan, McGaffagan	3:45.75 (2004)
4x800 Relay	Wakley, Grigsby Pinzini, Savestrand	9:03.00 (2007)
DMR	Arndt, Kill, Delpino, Williams	11:38.28 (2001)

Indoor Field Events

Event	Athlete	Time/Mark (Year)
Long Jump	Kerine Black	21-10 (2000)
Triple Jump	Kerine Black	44-0.75 (2000)
High Jump	Lou'Tisha Hall	5-9.25 (2008)
Pole Vault	Denise von Eynatten	13-11.25 (2008)
Shot Put	Chandra Brewer	52-4.50 (2005)
Weight Throw	Dayana Octavien	69-9.50 (2004)
Pentathlon	Alexis McGaffagan	3893 (2003)



Outdoor Track Events

Event	Athlete	Time/Mark (Year)
100m	Kerine Black	11.45 (2000)
200m	Kerine Black	23.45 (2000)
400m	Marilyn Payton	53.26 (1998)
800m	Bente General	2:07.32 (2002)
1500m	Minna Rassimus	4:23.00 (1999)
3000m	Minna Rassimus	9:32.74 (1995)
5000m	Minna Rassimus	16:16.00 (1999)
10000m	Tara Quinn	33:27.34 (2002)
100m Hurdles	Damu Cherry	13.24 (2000)
400m Hurdles	Amber Delpino	57.03 (2004)
4x100 Relay	Black, Cherry Marks, Springer	44.37 (2000)
4x200 Relay	Black, Cherry Marks, Springer	(2000)
4x400 Relay	Daniel, Marks, McClain, Payton	3:38.51 (1998)
4x800 Relay	Wakley, Pinzini Grigsby, Savestrand	(2007)

Outdoor Field Events

Event	Athlete	Time/Mark (Year)
Long Jump	Kerine Black	21-04 (2000)
Triple Jump	Kerine Black	44-3.5 (2000)
High Jump	Lou'Tisha Hall	5-10 (2008)
Pole Vault	Denise von Eynatten	13-5.25 (2008)
Shot Put	Chandra Brewer	55-5.75 (2005)
Discus	Dayana Octavien	191-9 (2004)
Hammer	Dayana Octavien	209-10 (2004)
Javelin	Jara Cornett	144-9 (2008)
Heptathlon	Alexis McGaffagan	5121 (2004)



School Records - Men's / Stadium Records



Llewelyn Bredwood

Outdoor Track Events

Event	Athlete	Time/Mark (Year)
100m	Llewelyn Bredwood	10.20 (1998)
200m	Llewelyn Bredwood	20.50 (1998)
400m	Carlton Mitchell	47.28 (2007)
800m	Sheldon Collins	1:47.95 (1999)
1500m	John Bowden	3:39.49 (1991)
3K Steeplechase	Jan-Erik Salo	8:39.22 (2000)
5000m	Jon Dennis	13:46.33 (1993)
10000m	Dror Vaknin	29:25.00 (1991)
110m Hurdles	Wassan Wajd	14.10 (2000)
400m Hurdles	Kemel Thompson	50.50 (1996)
4x100 Relay	Fontus, Gilliam Ruff, Seabrook	40.83 (2007)
4x400 Relay	Moreland, Thompson, Schuler, Bradley	3:10.38 (1996)
4x800 Relay	Lincoln, Vitale Burris, Burgbrant	7:35.04 (2003)

Outdoor Field Events

Event	Athlete	Time/Mark (Year)
Long Jump	Mikese Morse	25-11 (2008)
Triple Jump	Jaydian Miller	51-1.5 (2006)
High Jump	Jimmy Baxter	7-5 (2004)
Pole Vault	Jonathon Miller	17-4.25 (2004)
Shot Put	Robert Fennell	55-0 (2004)
Discus	Robert Fennell	175-8 (2004)
Hammer	Paul Szawranskvj	187-1 (1992)
Javelin	Andre Bondurant	204-7 (2000)
Decathlon	Jeremy Geisel	6110 (2000)

USF Stadium Records

Women's

Event	Athlete	Time/Mark (Year)
100m	Kerine Black (USF)	11.45 (2001)
200m	Sheri-Ann Brooks (FIU)	23.25 (2005)
400m	Marilyn Payton (USF)	53.26 (1998)
800m	Vernetta Rolle (Houston)	2:06.57 (1998)
1500m	Hanne Lyngstad (Tulane)	4:17.99 (1998)
3000m	Hanne Lyngstad (Tulane)	9:44.25 (1998)
5000m	Hanne Lyngstad (Tulane)	16:43.92 (1998)
10000m	Sarah Barth (Marquette)	35:09.65 (2002)
100m Hurdles	Jenny Adams (Houston)	13.22 (1998)
400m Hurdles	Najda Peterson (Tulane)	57.89 (2001)
4x100 Relay	Houston	45.22 (2001)
4x400 Relay	Houston	3:38.36 (1998)
4x800 Relay	North Florida	9:41.08 (2006)
Long Jump	Jenny Adams (Houston)	20-8.5 (1998)
Triple Jump	Kerine Black (USF)	42-6.75 (2001)
High Jump	Deirde Mullen (UConn)	6-0 (2005)
Pole Vault	Denise von Eynatten (USF)	13-5.25 (2008)
Shot Put	Chandra Brewer (USF-U)	56-10 (2008)
Discus	Dayana Octavien (USF-U)	185-10 (2008)
Javelin	Catherine Betz (Tulane)	165-3 (2001)
Hammer	Beth Mallory (Alabama)	201-3 (2006)
Heptathlon	Hope Sinclair (S. Miss)	5361 (2001)

Men's

Event	Athlete	Time/Mark (Year)
100m	Llewelyn Bredwood (USF)	10.20 (1998)
200m	Llewelyn Bredwood (USF)	20.55 (1998)
400m	Dennis Darling (Houston)	46.29 (1998)
800m	Karim Alston (Houston)	1:48.61 (1998)
1500m	Amos Kipyeeon (Tulane)	3:42.02 (1998)
3000m	Baranabas Kirui (Ole Miss)	8:43.53 (2006)
5000m	Amos Kipyeeon (Tulane)	14:35.44 (1998)
10000m	Vince Shery (Charlotte)	30:58.64 (2001)
110m Hurdles	Linnie Yarbrough (Unatt.)	13.34 (2007)
400m Hurdles	Greg Christie (Houston)	51.14 (1998)
4x100 Relay	Memphis	40.19 (2001)
4x400 Relay	Houston	3:10.91 (1998)
4x800 Relay	USF	8:02.96 (2006)
Long Jump	Will Montgomery (Char.)	25-0 (2001)
Triple Jump	Noel Comrie (Tulane)	52-1.75 (2001)
High Jump	Jimmy Baxter (USF)	7-5 (2001)
Pole Vault	Jake Radzevich (UConn)	17-0 (2001)
Shot Put	John Davis (Houston)	62-7.75 (1998)
Discus	James Dennis (Louisville)	187-4 (1998)
Javelin	Nathan Junius (Tulane)	218-10 (2001)
Hammer	Ryan Carey (DePaul)	211-10 (1998)
Heptathlon	Jason Wilson (S. Miss)	7102 (1998)

Top Five - Women's Indoor

55 Meters

1. Sasha Springer	6.89	2000
2. Kerine Black	6.90	2000
3. Damu Cherry	7.00	2000
4. Ashley Ward	7.00	2005
5. Tracy Young	7.01	1993

60 Meters

1. Kerine Black	7.37	2000
2. Damu Cherry	7.52	2000
3. Maitland Marks	7.56	2000
4. Sasha Springer	7.56	2000
5. Jequitta Hall	7.58	2005

200 Meters

1. Maitland Marks	24.10	2000
2. Sasha Springer	24.23	2000
3. Kerine Black	24.68	2000
4. Ashley Ward	24.85	2005
5. Jequitta Hall	25.17	2005

400 Meters

1. Marilyn Payton	55.12	1998
2. Maitland Marks	55.96	2000
3. Amber Delpino	55.99	2003
4. Karoline Hagen	56.19	2004
5. Erin McClain	56.86	1997

500 Meters

1. Bente General	1:14.91	2004
2. Claire Ragot	1:17.00	2004
3. Ashley Grigsby	1:17.59	2008
4. Rachel Etienne	1:17.95	2008
5. Andrea Foley	1:18.22	2008

800 Meters

1. Bente General	2:09.66	2003
2. Maressa Pinzini	2:13.00	2008
3. Linda Kalender	2:13.76	1992
4. Amelia Griffith	2:15.24	1993
5. Pernilla Savestrand	2:15.76	2007

1000 Meters

1. Bente General	2:55.33	2005
2. Maressa Pinzini	2:56.44	2008
3. Pernilla Savestrand	2:57.00	2007
4. Emily Wakley	2:59.21	2008



Mile

1. Bente General	4:28.98	2003
2. Jolene Williams	4:50.11	2001
3. Rita Arndt	4:51.34	2001
4. Lisa O'Connor	4:53.80	1996
5. Pernilla Savestrand	4:55.27	2007

3000 Meters

1. Sarah Erickson	9:34.33	1995
2. Minna Rassimus	9:37.05	1995
3. Tara Quinn	9:42.48	2002
4. Jessica Helldener	9:44.12	2006
5. Aimee Lund	9:45.00	1994

5000 Meters

1. Minna Rassimus	16:16.36	1999
2. Tara Quinn	16:33.24	2002
3. Maria Otto	16:46.93	1999
4. Jolene Williams	16:57.08	2001
5. Jessica Hellender	17:00.30	2006

55-Meter Hurdles

1. Damu Cherry	7.76	2000
2. Makeda Prime	7.91	2000
3. Maitland Marks	7.98	2000
4. Tracy Young	8.07	1993
5. Yvana Hepburn	8.23	2008

60-Meter Hurdles

1. Damu Cherry	8.41	2000
2. Maitland Marks	8.48	2000
3. Makeda Prime	8.57	2000
4. Yvana Hepburn	8.68	2008
5. Austera Wilkins	8.82	2005

Long Jump

1. Kerine Black	21-10	2000
2. Chrissy Blades	19-2.25	1996
3. Vanetta Randle	18-11	2008
4. Melinda Wesley	18-10.75	1997
5. Michele Gardner	18-5	1996

Triple Jump

1. Kerine Black	44-0.75	2000
2. Irene Ledbetter	39-3	2003
3. Makeda Prime	39-1.25	2000
4. Charlissa Anderson	39-0.5	2003
5. Rosalynn Woodberry	38-6	2008

High Jump

1. Lou'Tisha Hall	5-9.25	2008
2. Alexis McGaffagan	5-8.75	2003
3. Courtney LaCroix	5-8.75	2007
4. Carmen Crespo	5-7.25	2002
5. Urana Joseph	5-6	1996

Pole Vault

1. Denise von Eynatten	13-11.25	2008
2. Megan Malone	12-6	2006
3. Stephanie Duffy	12-5.5	2008
4. Dana Webb	12-3.5	2008
5. Betsy Maston	12-0	2004

Shot Put

1. Chandra Brewer	52-4.5	2005
2. Dayana Octavien	48-8	2004
3. Taylar Stallings	48-7.25	2008
4. Misti Barber	45-4.5	2006
5. Jazmine Highsmith	43-3.75	2007



Top Five - Women's Indoor/Outdoor

Weight Throw

1. Dayana Octavien	69-9.5	2004
2. Taylar Stallings	58-0.5	2008
3. Chandra Brewer	55-2.5	2005
4. Tasha Talley	54-8	1996
5. Patti Hall	54-3.75	2000

Chandra Brewer



Pentathlon

1. Alexis McGaffagan	3893	2003
2. Vanetta Randle	3200	2007
3. Sara Williams	3199	2008
4. Symone Whitaker	2605	2005
5. Andrea Foley	1959	2005

4x400 Relay

1. Amber Delpino	3:45.75	2004
Bente General		
Karoline Hagen		
Alexis McGaffagan		

4x800 Relay

1. Emily Wakley	9:03.00	2007
Ashley Grigsby		
Maressa Pinzini		
Pernilla Savestrand		

Distance Medley Relay

1. Rita Arndt	11:38.28	2001
C. Hill		
Amber Delpino		
Jolene Williams		

OUTDOOR

100 Meters

1. Kerine Black	11.45	2000
2. Sasha Springer	11.53	2001
3. Jaquitta Hall	11.76	2005
4. Damu Cherry	11.78	2000
5. Maitland Marks	11.78	2000

200 Meters

1. Kerine Black	23.45	2000
2. Sasha Springer	23.66	2000
3. Maitland Marks	23.97	2000
4. Tracy Young	24.00	1993
5. Erin McClain	24.12	1998

400 Meters

1. Marilyn Payton	53.26	2002
2. Kerine Black	54.41	2000
3. Amber Williams	54.66	2000
4. Karoline Hagen	54.71	2004
5. Maitland Marks	54.77	2000

800 Meters

1. Bente General	2:07.22	2002
2. Jennifer Hoke	2:12.49	1992
3. Pernilla Savestrand	2:12.66	2008
4. Amelia Griffith	2:12.82	1996
5. Jen O'Conner	2:13.00	1997

1500 Meters

1. Minna Rassimus	4:23.00	1999
2. Aimee Lund	4:26.04	2001
3. Rita Arndt	4:28.05	2002
4. Amelia Griffith	4:28.94	2001
5. Maria Otto	4:28.18	1993

3000 Meters

1. Minna Rassimus	9:32.74	1995
2. Aimee Lund	9:41.80	1994
3. Rita Arndt	9:41.89	2001
4. Amelia Griffith	9:42.22	1993
5. Maria Otto	9:43.00	1999

5000 Meters

1. Minna Rassimus	16:16.00	1999
2. Jolene Williams	16:21.26	2001
3. Rita Arndt	16:34.07	1999
4. Amelia Griffith	16:51.33	2005
5. Maria Otto	16:54.68	2006

10000 Meters

1. Tara Quinn	33:27.34	2002
2. Maria Otto	34:09.00	1999
3. Jen Dorna	35:10.79	2001
4. Christa Benton	35:17.00	2005
5. Tracee Mills	36:19.00	1992

3K Steeplechase

1. Rita Arndt	10:38.41	2001
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4x100 Relay

1. Kerine Black	44.37	2000
Damu Cherry		
Maitland Marks		
Sasha Springer		

4x200 Relay

1. Kerine Black	1:34.54	2000
Damu Cherry		
Maitland Marks		
Sasha Springer		

4x400 Relay

1. Maryse Daniel	3:38.51	1998
Maitland Marks		
Erin McClain		
Marilyn Payton		



Christa Benton

Top Five - Women's Outdoor

100-Meter Hurdles

1. Damu Cherry	13.24	2000
2. Maitland Marks	13.70	2000
3. Tracy Young	13.89	2000
4. Makeda Prime	13.90	2005
5. Marilyn Payton	14.10	1993

400-Meter Hurdles

1. Amber Delpino	57.03	2000
2. Claire Ragot	1:00.29	2000
3. Maitland Marks	1:00.37	2000
4. Nikole Collins	1:00.57	2000
5. Bente General	1:00.85	2005

Long Jump

1. Kerine Black	21-4	2000
2. Melinda Wesley	19-10	2000
3. Rosalynn Woodberry	19-2	2007
4. Chrissy Blades	18-9.75	2005
5. Charlissa Anderson	18-8.5	2005

Triple Jump

1. Kerine Black	44-3.5	1998
2. Charlissa Anderson	40-9.5	2000
3. Irene Ledbetter	40-0	2003
4. Maryse Daniel	39-10.25	2004
5. Rosalynn Woodberry	39-7.25	1997

High Jump

1. Lou'Tisha Hall	5-10	2008
2. Alexis McGaffagan	5-9.25	2003
3. Carmen Crespo	5-8.5	2002
4. Courtney LaCroix	5-7.25	2005
5. Kissy Simmons	5-7.25	1998



Lou'Tisha Hall

Pole Vault

1. Denise von Eynatten	13-5.25	2008
2. Stephanie Duffy	12-9.5	2008
3. Megan Malone	12-7.5	2006
4. Dana Webb	12-7.5	2008
5. Karla Savery	12-1.5	2008

Shot Put

1. Chandra Brewer	55-5.75	2005
2. Dayana Octavien	51-2.75	2004
3. Taylar Stallings	50-1.75	2008
4. Misti Barber	46-3.25	2006
5. Tia Peoples	44-7	1999

Discus

1. Dayana Octavien	191-9	2004
2. Taylar Stallings	173-2	2008
3. Chandra Brewer	155-11	2005
4. Misti Barber	153-4	2005
5. Joyce Owes	152-6	1993

Javelin

1. Jara Cornett	144-9	2008
2. Stephanie Boyer	132-6	2001
3. Erin Cecil	130-6	2001
4. Denise von Eynatten	127-10	2008
5. Stephanie Velardi	122-0	2007

Hammer

1. Dayana Octavien	209-10	2004
2. Taylar Stallings	186-1	2008
3. Chandra Brewer	160-10.25	2004
4. Jazmine Highsmith	158-4	2008
5. Tasha Talley	157-9	1997

Heptathlon

1. Alexis McGaffagan	5121	2003
2. Sara Williams	4623	2006
3. Kissy Simmons	4451	1998
4. Erin Cecil	4440	2003
5. Urana Joseph	3839	1997

2008 Additions

Indoor

500m	Ashley Grigsby	#3
500m	Rachel Etienne	#4
500m	Andrea Foley	#5
800m	Maressa Pinzini	#2
1000m	Maressa Pinzini	#2
1000m	Emily Wakley	#4
55m Hurdles	Yvana Hepburn	#5
60m Hurdles	Yvana Hepburn	#4
Long Jump	Vanetta Randle	#3
Triple Jump	Rosalynn Woodberry	#5
Pole Vault	Denise von Eynatten	#1
Pole Vault	Stephanie Duffy	#3
Pole Vault	Dana Webb	#4
Shot Put	Taylor Stallings	#3
Weight Throw	Taylor Stallings	#2
High Jump	Lou'Tisha Hall	#1

Outdoor

800m	Pernilla Savestrand	#3
High Jump	Lou'Tisha Hall	#1
Pole Vault	Denise von Eynatten	#1
Pole Vault	Stephanie Duffy	#2
Pole Vault	Dana Webb	#3
Pole Vault	Karla Savery	#5
Shot Put	Taylor Stallings	#3
Discus	Taylor Stallings	#2
Hammer	Taylor Stallings	#2
Hammer	Jazmine Highsmith	#4
Javelin	Jara Cornett	#1
Javelin	Denise von Eynatten	#4



Jara Cornett

Top Five - Men's Outdoor

100 Meters

1. Llewelyn Bredwood	10.20	1998
2. Ryan Gilliam	10.54	2007
3. Greg Fontus	10.55	2007
4. D'Andre Ruff	10.60	2007
5. Lafan Williams	10.78	2001

200 Meters

1. Llewelyn Bredwood	20.50	1998
2. Josh Wimbley	20.98	2008
3. Greg Fontus	21.63	2008
4. D'Andre Ruff	21.77	2007
5. Taiwo Egun	21.79	2005

400 Meters

1. Carlton Mitchell	47.28	2007
2. Gary Bradley	47.94	1997
3. Josh Wimbley	47.98	2007
4. Charles Oswald	48.74	1994
5. D'Andre Ruff	48.91	2007

800 Meters

1. Sheldon Collins	1:47.95	1999
2. Carlan Arthur	1:49.53	2008
3. John Bowden	1:49.66	1994
4. Lennox Ellis	1:50.71	1995
5. Jason Frank	1:51.31	1996

1500 Meters

1. John Bowden	3:39.49	1999
2. Jon Dennis	8:42.66	1993
3. Jan-Erik Salo	3:45.32	2002
4. Andrew Smith	3:47.28	2001
5. Jason Frank	3:47.31	1993

3K Steeplechase

1. Jan-Erik Salo	8:39.22	2000
2. Jon Dennis	8:42.66	1993
3. Ernie Millia	8:46.42	1994
4. John Bowden	9:09.86	1994
5. Malcom Campbell	9:11.02	1994

5000 Meters

1. Jon Dennis	13:46.33	1993
2. Chris Payne	13:57.21	1995
3. John Bowden	14:04.10	1993
4. Geralt Owen	14:12.00	1995
5. Andrew Smith	14:14.00	2002

10,000 Meters

1. Dror Vaknin	29:25.00	1992
2. Gavin Sloan	29:33.00	1994
3. Keith Batten	29:46.00	1996
4. Dave Barbash	29:52.00	1994
5. Russ Gerbers	29:57.00	2000

4x100 Relay

1. Greg Fontus	40.83	2007
Ryan Gilliam		
D'Andre Ruff		
Jordan Seabrook		

4x400 Relay

1. T. Moreland	3:10.40	1996
K. Thompson		
C. Schuler		
G. Bradley		

4x800 Relay

1. D. Lincoln	7:35.04	2003
J. Vitale		
C. Schuler		
G. Bradley		

110-Meter Hurdles

1. Hassan Wajid	14.10	2000
2. Glenn Fowler	14.16	2008
3. Kendale McDaniel	14.30	2008
4. Jordan Seabrook	14.32	2007
5. Taiwo Egun	14.34	2006

400-Meter Hurdles

1. Kemel Thompson	50.50	1996
2. Glenn Fowler	51.25	2008
3. Pat Martin	51.74	2006
4. Jarrod Hall	51.97	2005
5. Jordan Seabrook	53.02	2007

Long Jump

1. Mikese Morse	25-11	2008
2. Jaydian Miller	25-3.5	2006
3. Forrest Dudley	24-3	1997
4. Taiwo Egun	22-9	2004
5. Norman Nicholas	22-5.25	2008

Triple Jump

1. Jaydian Miller	51-1.5	2006
2. Mario Leonigato	49-2	1997
3. Taiwo Egun	48-6	2004
4. Mikese Morse	47-4.25	2007
5. Michael Kursteiner	46-6	2007

High Jump

1. Jimmy Baxter	7-5	2004
2. Sean Brown	7-3.25	2000
3. Stephan Ketterl	7-0.75	2001
4. Errol Blackmon	7-0.25	2006
5. Michael Kursteiner	6-10.75	2007

Pole Vault

1. Jonathon Miller	17-4.25	2004
2. Sean Young	17-2.75	2008
3. Stephan Gaddis	16-6.75	2006
4. Randy Nunang	16-2	1994
5. Steve Lytle	15-7	2003



Top Five - Men's Outdoors

Shot Put

1. Robert Fennell	55-0	2004
2. Brandon Carey	53-5	2004
3. Russell Tyson	52-3.75	2005

Discus

1. Robert Fennell	175-8	2004
2. Tyler Perkins	174-10	2008
3. Rory Marsh	168-11	2005
4. Brandon Carey	167-5	2005

Javelin

1. Andre Bondurant	204-7	2000
2. Grant Scelzi	190-10	2007
3. Jeremy Geisel	178-4	1999
4. Tyler Perkins	173-1	2008
5. Tony Zanella	162-10	2007

Hammer

1. Paul Szawranskvj	187-1	1992
2. Brandon Carey	175-8	2004
3. Robert Fennell	164-2	2004
4. Tyler Perkins	160-2	2008

2008 Additions

Outdoor

200m	Josh Wimbley	#2
200m	Greg Fontus	#3
200m	D'Andre Ruff	#4
800m	Carlan Arthur	#2
110H	Glenn Fowler	#2
110H	Kendale McDaniel	#3
400H	Glenn Fowler	#2
Long Jump	Mikese Morse	#1
Long Jump	Norman Nicholas	#5
Triple Jump	Mikese Morse	#4
Pole Vault	Sean Young	#2
Hammer	Tyler Perkins	#4
Discus	Tyler Perkins	#2
Javelin	Tyler Perkins	#4



All-Time Roster

A

Acosta, Sonia – 2007, Distance, Tampa, Fla.
Alombro, Tiffany – 1998-02, Mid-distance, Longwood, Fla.
Alvarez, Michelle – Pres., Distance, Orlando, Fla.
Anderson, Charlisa – 2000-04, Sprints/Jumps, Belle Glade, Fla.
Anderson, Erica – Pres., Distance, Sarasota, Fla.
Anderson, Kristin – Pres., Distance, Sarasota, Fla.
Anderson, Michael – 1994, Distance, Plant City, Fla.
Archer, Evette- 2006-08, Mis-distance, Brandon, Fla.
Archer, Evonne - 2005-08, Mid- distance, Brandon, Fla.
Arndt, Rita – 1997-01, Distance, Saline, Mich.
Arthur, Carlan- Pres., Mid-distance, Trinidad & Tabago
Aqui, Alex – 1995, Throws, Lakeland, Fla.

B

Badnarski, Elizabeth – 1987
Barbash, David – 1985-86, Distance
Barber, Misty – 2004- 06, Throws, Miami, Fla.
Barthmus, Sabrina – 1988
Bauer, Lindsey – 2008, Distance, Bradenton, Fla.
Bawden, Gina – 1995, Distance, Auckland, New Zealand
Baxter, Jimmy – 2001-03, Jumps, St. Petersburg, Fla.
Benton, Christa – 2001-05, Distance, St. Petersburg, Fla.
Bergbrandt, Mikael – 2002-06, Mid-Distance, Gothenburg, Sweden
Black, Kerine – 1997-01, Jumps/Sprints/Relays, Ft. Pierce, Fla.
Blackmon, Errol – 2004-08, High Jump, Pensacola, Fla.
Blossem, Twila – 2000, Mid-distance, Miami, Fla.
Bondurant, Andre – 1998-02, Throws, Guatemala City, Guatemala
Bowden, John – 1994, Distance,
Boyer, Stefanie – 1998-02, Throws, Stephens City, Va.
Bradley, Gary – 1995, Sprints/Relays, Palmetto, Fla.
Bredwood, Llewelyn – 1995, Sprints/Relays, Palm Bay, Fla.
Brenner, Jessica – Pres., Distance, Henderson, Nev.
Brethauer, Natalie – 2007-Pres., Distance
Brewer, Chandra – 2000-04, Throws, Bartow, Fla.
Budd, Kristine – Pres., Distance, New Port Richey, Fla.
Burriss, Sean – 2002-06, Distance, Rockledge, Fla.
Burse, Robert – 1995, Hurdles/Relays, Miami Fla.
Butler, Stacy – 1995, Sprints/Relays, Delray Beach, Fla.
Butler, Tabitha – 2000-04, Throws, Gainesville, Fla.

C

Candorin, John – 1985, Distance
Carby, Steve – 1985-87, Distance
Carella, Pedro- Pres., Distance, Tampa, Fla.
Carey, Brandon – 2002-06, Throws, Gulf Breeze, Fla.
Carling, Andrew – 1996-00, Distance, Van Etten, N.Y.
Carter, Jennifer – 2000-01, Distance, Ft. Myers, Fla.
Cecil, Erin – 2001-04, Heptathlon/Javelin, Naples, Fla.
Chamberlain, Tammy – 1989
Charles, Andrew – 2003-05 Mid. Distance, Orlando, Fla.
Christensen, Katherine – 2007, Distance, Navarre, Fla.
Chumbley, Adam – 2000-04, Distance, Port Charlotte, Fla.
Colburn, Scott – 1989, Distance, Spring Hill, Fla.
Collins, Nikole – 1997-01, Hurdles, Perth Amboy, N.J.
Connolly, Brenda – 1987
Cooper, Kristen- 2006, Distance, Niceville, Fla.
Cooper, Kristy – Pres., Distance, Niceville, Fla.
Cope, Theresa – 1995, Sprints/Relays, Merritt Island, Fla.
Cork, Renee – 1989

Cornett, Jara- Pres., Javelin, Cimarron, Kan.
Courtoy, Ryan- Pres., Distance, Tampa, Fla.
Cousin, Melissa – Pres., Pole Vault, Brandon, Fla.
Cox, Chris – 2003-07, Distance, Orlando, Fla.
Crespo, Carmen – 2001-04, Jumps/Hurdles, Tampa, Fla.
Cugue, Carl – 1995, Jumps, Miami Beach, Fla.
Curtiss, Heather – 1995, Middle Distance, Tampa, Fla.

D

Dahlem, Brandon – 2004 -Pres. Distance, Gainesville, Fla.
Delpino, Amber – 1999-03, Sprints, Pensacola, Fla.
Donaldson, Craig – 1995, Jumps, Coral Springs, Fla.
Dorna, Jennifer – 1997-01, Distance, Cincinnati, Ohio
Drevitson, Elaine – 1999-03, Pole Vault, Deltona, Fla.
Duffy, Stephanie-Pres., Pole Vault, Monroe, NY.
Durnell, Grace – 1995, Distance, Fremont, Ohio

E

Ebanks, Mikail- Pres., Mid-distance, Hallandale, Fla.
Edwards, Nancy – 2001-05, Jumps, Port Richey, Fla.
Edwards, Tamischca – 1995, Sprints/Relays, Ft. Lauderdale, Fla.
Egan, Barry – 1998-02, Distance, Tifferary, Ireland
Egun, Taiwo – 2002-06, Hurdles/Jumps, Tampa, Fla.
Ellis, Lennox – 1994, Middle Distance/Relays, Pensacola, Fla.
Erickson, Sarah – 1994, Mid-distance, Hawley, Minn.
Etches, Christi - 2002-06, Throws, Roaton, Honduras
Etches, Shannah – 1995, Hurdles/Relays, Boca Raton, Fla.
Etienne, Rachel- Pres., Sprints, Fort Pierce, Fla.
Evans, Jennifer – 1987

F

Fennell, Robert – 2001-05, Throws, Miami, Fla.
Fenton, Kyle – 1996-2000, Distance, New Hartford, N.Y.
Ferguson, Alfonso- Pres., Hurdles, Ft. Lauderdale, Fla.
Fernandez, Vivian – 1988
Finn, Beki- 2007, Pole Vault, Bethlehem, Pa.
Foley, Andrea – 2004-2008, Hurdles, Punta Gorda, Fla.
Fontus, Greg- Pres., Sprints, Miami, Fla.
Fowler, Glenn- Pres., Hurdles, Ocala, Fla.
Foyle, Kelly – 2008, Distance, St. Petersburg, Fla.
Foyle, Maressa – 2008, Distance, St. Petersburg, Fla.
Freedman, Scott – 1994, Distance, Miami, Fla.
Fuller, Kristy – 1999-03, Distance, Lutz, Fla.

G

Gaddis, Stephen, 2003-07, Pole Vault, Mexico Beach, Fla.
Gardner, Michelle – 1995, Jumps/Sprints/Relays, Cocoa, Fla.
General, Bente – 2001-05, Mid-distance, Itzehoe, Germany
Georges, Artemis -1987-88, Distance, Boston, Mass.
Gerbers, Russ – 1997-01, Distance, Wyoming, Mich.
Giblin, Lisa – Pres., Distance, Tallahassee, Fla.
Gilliam, Ryan- 2006-08, Sprints, Tallahassee, Fla.
Gillyard, Trendesha – 2003-07, High Jump, Jacksonville, Fla.
Good, Brian – 1995, Middle Distance, Pensacola, Fla.
Goodison, Andrew – 1995, Pole Vault, Lakeland, Fla.
Gould, Samantha – 1989
Grech, Tony – 2002-04, Distance/Mid-Distance, Naples, Fla.
Greenbaugh, Paul – 1989, Distance, Collinswood, N.J.
Greer, Jill – 2008, Distance, Tampa, Fla.
Grigsby, Ashley- Pres., Mid-distance, Princeton, Fla.

All-Time Roster

Gutierrez, Vannya – 1999-03, Sprints, Altamonte Springs, Fla.

H

Haab, Eddie – 1999-03, Pole Vault, New Port Richey, Fla.
Hagen, Karoline – 2000-04, Sprints, Hamburg, Germany
Halberg, Bess – 1987
Hall, Jarrod – 2003-07, Hurdles/Sprints, Jacksonville, Fla.
Hall, Jequita – 2003-07, Sprints, Miami, Fla.
Hall, Sara – 2003-07, Mid-Distance, Plant City, Fla.
Hall, Xederick – 2001-02, Hurdles, Miami, Fla.
Hansen, Veronica – 1988-89, Distance, Valrico, Fla.
Harper, Katie – 2008, Sprints, Ocala, Fla.
Harris, Danielle – 2008, Distance, Clearwater, Fla.
Havaich, Stacey – 2000-04, Distance, Youngstown, Ohio
Hawkins, Altaira – 2003-2008 Sprints, Miami, Fla.
Heckman, Tami – 1995, Middle Distance, Plains, Mont.
Hellender, Jessica – 2002-2006, Distance, Cooper City, Fla.
Hendry, Thomas – 2004, Pole Vault, St. Petersburg, Fla.
Henriquez, Leslie – 1987
Henry, Latoya – 2004-06, Hurdles, Miami, Fla.
Hepburn, Yvana – Pres., Sprints, Pomona, N.Y.
Highsmith, Jazmine – Pres., Throws, Miami, Fla.
Hoke, Jenifer – 1989
Hornbeck, Kristina – 1999-00, Pole Vault, Tampa, Fla.
Hortian, Adam – 2004-08, Distance, Waterloo, Ontario, Canada
Hunt, Sivonia – 2008, Sprints, Gainesville, Fla.

J

Jackson, Jamia – 2000-04, Sprints/Jumps, Lake City, Fla.
Johnson, Deann – 1995, Multi-events, Lakeland, Fla.
Johnson, Matt – 1997-01, Distance, Oregon City, Oregon
Jones, Richard – 1999-01, Distance, Port-O-Spain, Trinidad
Joseph, Urana – 1995, Multi-events, St. Lucia, Wisc.
Josephs, Paula – 1995, Hurdles, Tampa, Fla.

K

Kalander, Linda – 1997-01, Mid-distance, Edsevo, Finland
Karlskin, Whitney – 2008, Distance, Kissimmee, Fla.
Ketterl, Josef Stephan – 2000-04, Jumps, Bonita Springs, Fla.
Kibbe, Heather – 1988, Distance, St. Petersburg, Fla.
Kill, Cori – 1999-00, Distance, Powell, Ohio
King, Avaniece - Pres., Sprints, Daytona Beach, Fla.
Koos, Jeff – 1989, Distance, Palm Harbor Fla.
Kroll, Marlen, 1995, Throws, Old Bridge, N.J.
Kursteiner, Michael- Pres., High Jump, Brooksville, Fla.

L

La Croix, Courtney – 2004-2008, High Jump, Palm Harbor, Fla.
Langston, Danny – 1998-02, Mid-distance, New Port Richey, Fla.
Ledbetter, Irene – 2001-05, Jumps/Hurdles, Orlando, Fla.
Lewis, Michelle – 1995, Jumps/Relays, Boca Raton, Fla.
Lincoln, Derek – 2002-06, Distance, Toronto, Canada
Longato, Mario Leon – 1995, Jumps, Lima, Peru
Lugo, Priscilla – 2008, Distance, Kissimmee, Fla.
Lund, Aimee – 1995, Distance, New Port Richey, Fla.
Lyon, Carolyn – 1997-02, Distance, Odessa, Fla.
Lynn, Gina Marie – 1988-89, Distance, Tampa, Fla.
Lytle, Steve – 2000-04, Pole Vault, St. Cloud, Fla.

M

Malseed, Robert – 1995, Distance, Colchester, UK

Malone, Megan – 2003-Pres., Pole Vault, Apollo Beach, Fla.
Marsh, Rory – 1996-00, Throws, St. Elizabeth, Jamaica
Marshall, Armante- 2007, Sprints, Tallahassee, Fla.
Marshall, Doris – 1995, Hurdles/Jumps/Relays, Quincy, Fla.
Martin, Christine – 2008, Distance, Cocoa, Fla.
Martin, Patrick – 2003-05, Hurdles, Lusby, Maryland
Masterson, Jeff – 2005-06 Distance, New Port Richey, Fla.
Matthews, Kaley – 2008, Distance, St. Petersburg, Fla.
Matson, Elizabeth – 2000-04, Pole Vault, Gulf Breeze, Fla.
Mavhera, Gray – 1994, Distance, Odzi, Zimbabwe
Maxwell, Liz – 1995, Distance, Newburgh, N.Y.
May, Stephanie – 1987, Distance
Mazano, Muchapiwa – 1995, Distance, Shuruswi, Zimbabwe
McCarthy, Nicole – 1998-02, Distance, Clermont, Fla.
McComas, Ashley – 1999-03, Distance, Powell, Ohio
McCormick, Mia – 1998-03, Distance, Winter Park, Fla.
McDaniel, Kendale- Pres., Hurdles, Royal Palm Beach, Fla.
McDonald, Jeff – 1995, Throws, Jupiter, Fla.
McDonlad, Nikki – 1995, Sprints/Relays, Gainesville, Fla.
McGaffigan, Alexis – 2000-04, Sprints/Jumps, Largo Fla.
Mikos, Leandra - Pres., Distance, Land O Lakes, Fla.
Miller Blaine, 2000-04, Pole Vault, Lakeland, Fla.
Miller, Jaydian – 2003-07, Jumps, Miami, Fla.
Miller, Jonathan – 2002-06, Pole Vault, Valrico, Fla.
Miller, Tiffany – Pres., Hurdles, Deltona, Fla.
Mills, Tracee – 1989
Mitchell, Carlton- 2007-08, Sprints, Lutz, Fla.
Montemeyer, Vivian – 1995, Jumps, New Port Richey, Fla.
Morris, Valquisha – 2002-05, Sprints/Jumps, West Palm Beach, Fla.
Morse, Mikese- 2007-08, Horizontal Jumps, Tampa, Fla.
Musselman, Kurt – 1995, Throws, Kempton, Germany

N

Neumann, Jim – 1995, Distance, Centerline, Mich.
Newcomb, Blair – 2002-05, Pole Vault, St. Petersburg, Fla.
Nicholas, Norman- Pres., Sprints, Palm Beach Gardens, Fla.
Novak, Matt – 1989, Distance, Coral Springs, Fla.

O

Octavien, Dyanna – 2000-04, Throws, Naples, Fla.
Orlik, Claire – 1995, Distance, Coral Springs

P

Parker, Mike – 1989, Distance, Bradenton, Fla.
Parliament, Cindy – 1988-89
Patrick, Tim – 1986, Distance
Patterson, Touya – 1995, Sprints/Relays, Tampa, Fla.
Payton, Marilyn – 1995, Hurdles/Relays, Royal Palm Beach, Fla.
Penrod, Jaime – 1995, Throws, Oxford, Mich.
Peoples, Bertia – 1999-03, Throws, Tampa, Fla.
Perez, Ruby – Pres., Distance, Tallahassee, Fla.
Perez, Yvonne – Pres., Distance, Tampa, Fla.
Perkins, Tyler- Pres., Throws, Tampa, Fla.
Pinzini, Maressa – 2004-2008, Distance, Elkins Park, Penn.
Potalivo, Hunter- 2008, Pole Vault, Summerland Key, Fla.
Poulos, Kristen – 2003-07, Distance, Flint, Mich.
Prime, Makeda – 1997-01, Sprints/Hurdles, Trinidad

Q

Quinn, Tara – 1998-02, Distance, Waderdown, Canada
Quinn, Tiffany – 1998-02, Waderdown, Canada



All-Time Roster

R

Randle, Vanetta – Pres., Combined Events, Plant City, Fla.

Ray, Stacy – 1987

Ragot, Claire – 2004-05, Hurdles, Le Mans, France

Raguso, Greta – 1989

Rich, Devon – 2002-06, Sprints, Seminole, Fla.

Richmond, Kayla- Pres., Hurdles, Tallahassee, Fla.

Rodgers, Shevella - 2008, Distance, Floral City, Fla.

Rodriquez, Michael – 2005-Pres., Distance, Ocala, Fla.

Rogers, Robin – 1989, Distance, Maitland, Fla.

Ruedy, Frank -1989, Distance, Ft. Myers, Fla.

Ruff, D'Andre- Pres., Sprints, Palm Beach Gardens, Fla.

Ruiz, Norma Vanessa – 1995, Distance, Tampa, Fla.

S

Salo, Jan-Erik – 1996-00, Distance, Kronoby, Finland

Santoro, Stephanie – 1995, Distance, Tampa, Fla.

Savery, Karla – 2004-2008, Pole Vault, Tallahassee, Fla.

Savery, Kelly- Pres., Distance, Tallahassee, Fla.

Savestrand, Pernilla – Pres., Distance, Gothenburg, Sweden

Saylor, Rachael - 2008, Distance, St. Petersburg, Fla.

Seabrook, Jordan – Pres., Hurdles, Indianapolis, Ind.

Scarborough, Monica – 1988-89, Distance, Brooklyn, N.Y.

Scelzi, Grant- Pres., Combined Events , Largo, Fla.

Scott, Nicole – 1998-02, Mid-distance, St. Petersburg, Fla.

Schertzer, Amy - 2008, Throws, Lakeland, Fla.

Schra, Jessica – 1995, Distance, Sweet Home, Oregon

Shalor, Regina – 1987, Distance

Shoby, Brianne – Pres., Distance, St. Petersburg, Fla.

Shuler, Cleveland – 1995, Jumps/Hurdles, Delray Beach, Fla.

Simmons, Kissy – 1995, Multi-events, Floral City, Fla.

Sloane, Gavin – 1989, Distance, Clinton, N.J.

Springer, Sasha – 1996-00, Sprints, Port-o-Spain, Trinidad

Smith, Andrew – 1998-02, Distance, Toronto, Canada

Smith, Stacia – Pres., Sprints, Palm Bay, Fla.

Smithyman, Megan – Pres., Distance, Point of Rocks, Md.

St. Lawrence, Lynn – 2005-07, Pole Vault, Goshen, N.Y.

Stark, Jim – 1989, Distance, Ormund Beach, Fla.

Stallings, Tylar – 2003-2008, Throws, Martinez, Ga.

Strykowski, Jennifer – Pres., Distance, Schaumburg, Fla.

Szawranskyj, Paul – 1995, Throws, Clearwater, Fla.

T

Talley, Tasha – 1995, Throws, Orlando, Fla.

Taylor, Kimaiya – 2001-05, Hurdles, West Palm Beach, Fla.

Thomas, Ryan – 2004-07 Distance, Lakewood, Fla.

Thompson, Kemel – 1995, Hurdles/Relays, Kissimmee, Fla.

Till, Sara - 2008, Mid-Distance, Jacksonville, Fla.

Tillman, Pat – 1989, Distance, Maitland, Fla.

Tims, Ryan – 2004-05, Distance, Jacksonville, Fla.

Tisell, Tom – 1989, Distance, Ft. Myers, Fla.

Titcomb, Alison – 1989

Tomkinson, Clare – 1995, Mid-Distance, Leicester, UK

Tryban, Ashley – Pres., Distance, Cheboygan, Mich.

Tuccio, Melissa – 2001-05, Mid-Distance, New Port Richey, Fla.

Tyson, Russell – 2002-06, Throws, St. Petersburg, Fla.

V

Vaknin, Dror – 1989-92, Distance, Ft. Myers, Fla.

Valdes, Leslie -1987-88, Distance, Sarasota, Fla.

Vanette, Randle- Pres., Pentathlon/LJ, Plant City, Fla.

Vaughn, Anthony – 1995, Hurdles/Relays, Lauderhill, Fla.

Velardi, Stephanie- 2006-08, Throws, Denville, NJ.

W

Walczuk, Jennifer – 1998-02, Distance, Waterford, Mich.

Walden, Greg – 1995, Pole Vault, Orange Park, Fla.

Wakley, Emily – 2004-2008, Mid. Distance, Orlando, Fla.

Webb, Dana- Pres., Pole Vault, Valparaiso, Ind.

Wegener, Russ – 1995, Throws, Seminole, Fla.

West, Kristina – 2000-04, Jumps/Pole Vault, Davie, Fla.

Wey, Matthey – 1995, Throws, Weymouth, Mass.

Whaley, Matt – 1997-01, Distance, Bonita Springs, Fla.

Whaley, Mike – 1997-01, Distance, Bonita Springs, Fla.

Whittaker, Symone – 2005, Hurdles, Ft. Lauderdale, Fla.

Wilkins, Austrea – 2001-05, Hurdles, Ft. Lauderdale, Fla.

Williams, Aleshia – 2001-04, Hurdles, Lauderdale Lakes, Fla.

Williams, Amber – 1998-00, Sprints, Pensacola, Fla.

Williams, Jolene – 1996-00, Distance, Middlebury, Ind.

Williams, Sara – 2005-Pres. Multi., Leesburg, Fla.

Wilson, Keisha – 1995, Mid-Distance, Ft. Walton Beach, Fla.

Wimbley, Josh- Pres., Sprints, Sunrise, Fla.

Wong, Melanie – Pres., Distance, Lutz, Fla.

Woodberry, Rosalynn – 2005-08, Jumps, Niceville

Y

Young, Sean- Pres., Pole Vault, Titusville, Fla.

Z

Zanella, Anthony- Pres., Combined Events, Naples, Fla.

Zipler, Brian - 2004-08, High Jump, Tamp

Zuhlke, Rebecca- Pres., Distance, Palm Bay, Fla.



Tampa... Hometown of the Bulls

It serves as a vacation getaway to 18 million people a year, but to us it's home. And what a great place it is. We revel in the kiss of the sun, the caress of the breeze and the sparkle of the turquoise water all around us. Sometimes at the end of a long winter weekend, we call our friends, who are buried under a blanket of snow, and tell them how we spent our day. Playing golf in short sleeves. Enjoying our boat. Hosting a picnic in the park. At times the temptation to rub it in wears down even the best of us.

Ideally located on the coast of Florida's beautiful Gulf of Mexico, the Tampa Bay region provides easy access to Gulf beaches and surrounding cities. The area's central location also provides access to other Florida treasures, perfect for day trips including Orlando, Daytona and Miami.

Just east of downtown Tampa, Ybor City, one of only three Florida National Historic Districts, mixes the past with the present. The area, which was famous for its flourishing cigar industry during the late 19th and early 20th centuries, is now famous for its rich culture and exciting nightlife.

Centro Ybor, a former cigar factory itself, is now a popular spot for shopping and dining. Ybor City also offers art studios and Spanish-Cuban ethnic restaurants with a true taste of the local cuisine. But the fun doesn't stop when the sun goes down. At night, Ybor City comes alive with nightclubs showcasing the blues, jazz and rock. For those who enjoy somewhat quieter nights, Centro Ybor, at the heart of the city, offers a more family-type atmosphere with shops, restaurants and a movie theater. No matter how you like to spend your evenings, Ybor City won't disappoint you.

Weekends are never dull here. In addition to cultural events, the area offers theme parks such as Busch Gardens and Adventure Island, professional sports, boating, year-round golf and a destination where families can escape to marvel at Florida's natural majesty.

Yes, the sun does shine on us an average of 240 days a year, but that's only part of the picture. Just take a more in-depth look at the many items that make Tampa Bay an ideal place to call home.

73° The average annual temperature in Tampa is a comfortable 73 degrees. Tampa Bay's weather is a combination of bright sunny days tempered by gentle bay breezes.

63° If you are going to pack a coat, make sure it is a light one. The average winter temperature in Tampa is 63 degrees. Local residents enjoy sunshine year round and without the hassle of severe winter weather.

26 The Tampa Bay area is lined by 26 miles of famous white sand beaches. Local spots Caladesi Island, Fort Desoto Park and Siesta Key are regularly listed among the top 10 beaches in America.

2.6 The Tampa Bay area, which includes Tampa, St. Petersburg, Ybor City, Plant City and Temple Terrace, is home to 2.6 million residents. Tampa is the third most populous city in Florida.

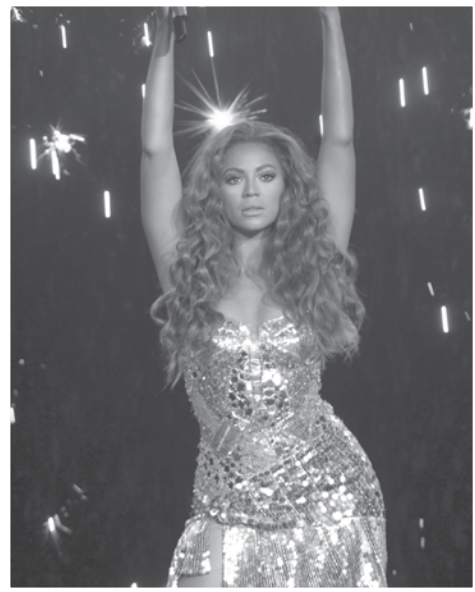
19 Nearly 19 million travelers come through Tampa International Airport each year. The airport offers the ease of a small city with the advantages of 271 daily flights and has been listed as the most efficient airport in America.

5 The Bay Area is such a hotbed of diversity that the U.S. Census Bureau named the area one of the five most diverse, integrated urban areas in the country. This diverse mix of homes and cultures adds to the area's high quality of life.



Credit: Tampa Bay & Company





Tampa Bay's Top Concerts

- 50 Cent
- Beyonce
- Bruce Springsteen
- Chris Brown
- Dave Matthews
- Jimmy Buffett
- Lil John
- Lil Wayne
- Ludacris
- My Chemical Romance
- Rick Ross
- Paul Wall
- Pearl Jam
- Pit Bull
- Radiohead
- Tool
- Tom Petty
- T-Pain
- Young Jeezy
- Warped Tour

◀◀ BEYONCE KNOWLES





Tampa's University



1 USF is the only Florida university designated by the Carnegie Foundation for the Advancement of Teaching as the "most engaged."

17 USF was selected by *Princeton Review* as one of the "366 Best Colleges" in the United States and was ranked 17th among all schools for diversity.

3 USF is one of only three Florida public universities classified by the Carnegie Foundation in the top tier of research universities.

19 The student-to-faculty ratio at the University of South Florida is 19 to 1. The average high school GPA is 3.71. Average SAT score is 1148, fifty-five percent graduated within the top 20 percent of their high school class and 32 percent are minorities.

9 USF is the ninth largest public university in the nation with an enrollment of over 45,000 students during the 2007-08 academic year.

1,300 The 2007 USF Stampede of Service drew more than 1,300 volunteers to work on a variety of projects involving children, the elderly, homelessness issues and environmental clean-ups.



President Genshaft

President Judy Genshaft, who was named Tampa Bay's Business Woman of the Year by the *Tampa Bay Business Journal*, was appointed president of the University of South Florida in July 2000.

During Dr. Genshaft's presidency, USF has been nationally recognized as a top-tier national research university, and it is on track to be among the top public research universities in the nation. With campuses in Tampa, St. Petersburg, Sarasota-Manatee and Lakeland, USF serves more than 44,000 students in more than 200 degree programs on the undergraduate, masters, specialist and doctoral levels, including the doctor of medicine.

President Genshaft led the development and implementation of a five-year strategic plan that focuses USF resources on strategic priorities. Under her leadership, USF continues to be recognized as a powerful magnet for research, federal grants and economic development.



The University of South Florida



First-Class Facilities

USF boasts modern science and engineering labs, a communications building with a full range of broadcast facilities, on-campus public television and radio stations, foreign language listening labs, fine art studios and a contemporary art museum, photo darkrooms, education teaching labs, and an on-campus elementary school. Hundreds of computers are available seven days a week in 12 labs, conveniently located on all four campuses, with free Internet access.



Economic Impact

USF has contributed significantly to the development of the economy and quality of life of the Tampa Bay region. Employing 11,000 faculty and staff, the University has an \$1.8 billion annual budget and an annual economic impact of \$3.2 billion on the Tampa Bay region. USF has produced more than 212,000 graduates, spurred a network of specialty hospitals around its medical school and brought more than \$300 million in research grants to the area.



Discover USF



The University of South Florida is one of Florida's top three public research universities. Established in 1956, it is operated under the laws of the state of Florida and governed by the Florida Board of Governors and the USF Board of Trustees. USF provides undergraduate and graduate students with opportunities to participate in research and to seek solutions to local, national and global problems.

USF is committed to providing students with high quality-learning opportunities, building community and business partnerships, and research for discovery and innovation. Successes in these endeavors led to dual designations for USF by the Carnegie Foundation for the Advancement of Teaching as a Very-High Research and a Community-Engaged university.

USF serves more than 45,000 students on campuses in Tampa, St. Petersburg, Sarasota-Manatee, and Lakeland. It is focused on these strategic priorities:

- Student Success
- Research and Innovation
- Community Engagement
- Global Literacy and Impact
- Integrated, Interdisciplinary Inquiry



A Leader In Research

The Carnegie Foundation for the Advancement of Teaching has placed USF in its highest classification level, which is "Research University with Very High Research Activity." Of the 4,321 colleges and universities classified, USF is one of only 63 public universities in the highest tier. Inclusion at this level affirms USF's position among the top research universities in the nation. USF was awarded more than \$300 million in research contracts and grants last year

USF is one of 76 universities in the nation designated by The Carnegie Foundation for the Advancement of Teaching as being most engaged with their communities and one of only 10 public research universities across the country designated as "very high research" and "community-engaged." USF is the only Florida university – public or private – to receive this classification.

At the center of the Tampa Bay region's medical, biotechnology and bioscience research, USF has become a major player in the highly competitive research arena. USF's internationally renowned researchers are making radical breakthroughs in marine science, medicine, engineering and social research. Work in counter-terrorism and biological defense, optical sensors, immunology, Alzheimer's and other neurological disorders, aging studies, laser technology and alternative fuels has gained national and international recognition.

The university is a leader in establishing public/private partnerships for the mutual exchange of resources and talent for research and development. USF is one of the anchors of the 21-county Florida High Technology Corridor that runs from the Atlantic coast to the Gulf of Mexico along Interstate 4. This innovative partnership is just one important initiative that links business and education in the Tampa Bay region, providing the muscle to grow high-tech industry here locally and ensuring a qualified and competitive workforce for the future.

The University's master-planned Research and Development Park, on the Tampa campus, links USF facilities to high-tech research firms, devoting 1.2 million square feet of space to offices, research and development activities. A hotel on the property has 1,400 square feet of conference and meeting facilities, opening new opportunities for conferences and collaborative activities.





Athlete-First Facilities



« The Hall of Fame area inside the Athletic Training Center

In May 2004, the USF athletic family moved into a sparkling new \$15 million facility that provides student-athletes with an outstanding environment for improving the mind and body, with impressive space for academic counseling, sports medicine and strength and conditioning, in addition to a home for the athletic department staff.

The building sits on the eastern end of campus and gives an impressive view for those entering campus on Bull Run. The facility is 104,000 square feet and brings the vast majority of the athletic department under one roof.

With the exception of men's and women's basketball, volleyball and men's and women's golf, the remainder of the 13 athletic teams call the new facility home. The basketball teams remain in the on-campus Sun Dome, where volleyball also takes up residence in its home - The Corral. The golf teams remain housed at the on-campus USF Golf Course, The Claw.

The facility includes a 10,000-square foot strength and conditioning center with state-of-the-art medical and strength equipment. It also has an ultra-impressive Academic Enrichment Center that covers one-fourth of the upper floor in the two-story complex. The AEC includes a computer study lab, a separate study lounge, a library and office space for counselors and tutors.

The Sports Medicine Clinic is also housed in the new Athletic Training Center. Opened in May of 2004, the 5,400 square foot clinic is designed with the health care of every student-athlete in mind. It features brand new modalities and rehab equipment, as well as three Hydroworx series pools. The Hydroworx 1000 is equipped with an underwater treadmill, three current jets, an underwater camera monitoring system and a computer control console. These pools are state-of-the-art and will allow the student-athletes an extra tool to return to play quickly and safely.

The Academic Enrichment Center is designed to provide the academic support and the learning environment so that each student-athlete has the opportunity to reach his or her goals. It is the home of comprehensive services including advising, tutoring, and counseling, available to all USF student-athletes.



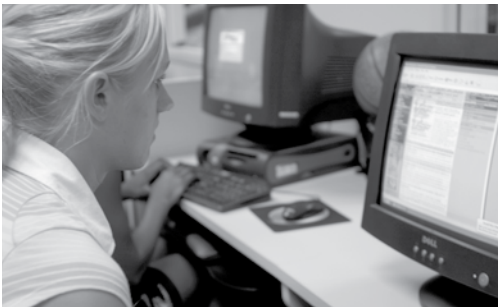


»» Track & Field / Cross Country Academic Support Staff

One of the challenges for student-athletes is juggling the pressures of school, a social life and being an athlete. The good news for USF athletes is that they have access to an academic support team with individuals that can speak from experience about balancing those pressures and suggest paths to success.

Associate Athletics Director/SWA Amy Haworth (left), who oversees the Academic Services Department and reports to the University Department of Student Life, was a Division I volleyball player at Central Florida. Her husband was a Division I football player.

Academic advisor Courtney Lewellen (middle) will provide academic support staff member for USF Athletics this season. Lewellen is a former standout for the USF softball team.



Assistant AD Justin Miller (right) has worked at the highest level of athletics with the Tampa Bay Buccaneers, Cleveland Cavaliers and the NFL Players Association. His ties to the NFL remain as he heads up the "When the Helmets Come Off" campaign with the Bucs. The program focuses on college degree completion for athletes who were drafted into the league before graduation.

Career Development

A major focus of the Academic Enrichment program is to provide designed to prepare student-athletes for careers beyond the field and court. Networking opportunities, career placement services, workshops in resume writing, cover letter composition and interview skills provide student-athletes with the vital resources to prepare them for this phase of their development.

Personal Development

The personal development component of the program encompasses a wide variety of areas including leadership development and decision making, financial planning and money management, personal health, disordered eating and other topic areas requested by student-athletes, coaches or administrators. Focus is also placed on assisting student-athletes with the transition process going from varsity athlete to a career off the field.

Community Service

The Academic Enrichment Program serves to coordinate all of the efforts by our student-athletes and coaches as well as the SAAC organization in the area of community service. Organized, coordinated efforts in community service afford student-athletes safe, constructive and manageable opportunities to work within the greater Tampa area in providing services to hospitals, youth organizations and reading programs in local elementary schools. Service learning is an important component of the Academic Enrichment Program.



President Judy Genshaft



Appointed president of the University of South Florida in July 2000, Judy Genshaft has begun her ninth year as the top executive of the nation's ninth largest public university.

During President Genshaft's tenure, USF has risen rapidly into the ranks of America's top research universities. USF is one of only 63 public research universities in the country named by The Carnegie Foundation for the Advancement of Teaching to its highest tier of research productivity. It is the only Florida university designated by the Carnegie Foundation as "most engaged" — and one of only ten public research universities nationwide that hold the dual designation of "very high research" and "community engaged."

USF has been experiencing record-breaking years for research funding — more than \$300 million in research contracts and grants in 2007. The National Science Foundation survey of federally financed research and development expenditures at universities and colleges ranks USF the second highest in Florida.

Under Genshaft's leadership, USF has been making remarkable breakthroughs in medicine, biotechnology, engineering, the environment and other fields with positive impact on lives around the world. She led a successful effort to secure funding for USF's first Florida Center of Excellence. The university received top ranking of all proposals and was awarded \$8 million to create a center for biomolecular identification and targeted therapeutics. In addition, Genshaft established a bioscience research park, which serves as a hub for the integration of research and entrepreneurship for the Tampa Bay region.

One of Genshaft's top priorities has been integrating USF's research and educational missions. Initiatives such as the Undergraduate Research Experience and Undergraduate Research Symposium provide powerful learning experiences.

On a national level, Genshaft serves as vice chair of the American Council on Education and on the Big East Executive Board. She is chair of the Greater Tampa Chamber of Commerce and previously was chair of the Tampa Bay Partnership. She is a member of the Florida High-Tech Corridor Council and the Florida Council of 100. In 2007, Genshaft was named Tampa Bay Business Journal Business Woman of the Year.

Prior to joining USF, Genshaft served as provost and vice president for academic affairs at the University at Albany, State University of New York and in various positions during a 16-year tenure at The Ohio State University. She holds a bachelor's degree in social work and psychology from the University of Wisconsin at Madison and a master's degree in school counseling and a doctorate in counseling psychology from Kent State University.



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DR. BOB SULLINS Faculty Representative

Bob Sullins, who is in the midst of his first full year as the Athletic Department's Faculty Representative, received his B.S. in Mathematics at Stetson University and his M.Ed. and Ed.D. in Educational Administration from the University of Florida. Currently he serves as Dean of Undergraduate Studies at the University of South Florida.

His role with athletics is to be key a communicator, sounding board and consultant on issues relating to the department and its support of the overall mission of the University.

He has held tenured faculty appointments in Community College and Higher Education at Virginia Tech and USF and also has filled a number of administrative roles. While in Virginia, he served as Dean of Instruction at Wytheville Community College, as President of New River Community College and as Director of the Division of Administrative and Educational Services at Virginia Tech. He also served as Vice President for Educational and Student Services at St. Petersburg Junior College before

his appointment at USF.

The longtime Florida resident has taught graduate courses on the Community College, College Teaching, Finance and Budgeting of Colleges and Universities, Community College Administration and Leadership and College Governance. He also serves on a number of doctoral students' dissertation committees.

He has authored or coauthored a number of monographs, articles in professional journals and research reports on topics such as college and university organization, administration, finance, governance and curriculum; state level governance and coordination; high school, community college and university articulation; advising and retention; faculty and staff development; planning and institutional effectiveness. He also has presented papers, speeches and workshops and has consulted with more than 100 colleges and universities on issues similar to his list of publications. His research interests are varied but generally relate to issues of college and university administration and leadership.

Sullins has served in numerous state, regional and national leadership roles with agencies and associations such as the American Association of Community Colleges, the Joint Council on Economic Education, the National Council on Community Services and Continuing Education, the commission on Small Rural Colleges, Kellogg Foundation Advisory Council, and the Florida Council on Instructional Affairs. He currently serves on a number of university committees and councils and is a member of the Articulation Coordinating Committee, the ACC Standing Committee on Postsecondary Articulation Policy, and the Oversight Committee for Common Prerequisites for the Florida Department of Education.

Doug Woolard

Director of Athletics

When University of South Florida Director of Athletics Doug Woolard was named to his current position at the Tampa school in May 2004, he brought with him an already impressive administrative resume in intercollegiate athletics that was highly respected nationwide. So it is no surprise to anyone across the country that Woolard has continued to build upon that resume and has positioned USF as one of the premier athletics departments in the prestigious BIG EAST Conference.

In four years at USF, Woolard has inspired and led a number of initiatives that have allowed the Bulls' program to make a successful transition into BIG EAST.

Although USF had already accepted a bid to join the BIG EAST when Woolard assumed command, his tireless work to set a strong foundation at the outset has not gone unnoticed.

The BIG EAST places the Bulls in an elite neighborhood of programs, but Woolard set a goal upon his hiring to make USF one of the best programs in the conference. To do that, he has stressed the importance of a strong partnership between staff, student-athletes and community.

Woolard has led a successful effort to earmark a new "athletics footprint" on campus that will allow the program to initiate efforts to build new facilities in a core area on campus. As the fund raising hits its peak, USF will improve facilities for baseball, basketball, softball, soccer, tennis and track and field.

That fact couldn't be more evident than over the past two years. During that span, Woolard was a major factor in helping to secure nearly \$3 million in funds from Hillsborough County which will renovate USF's soccer and track and field facility and stadium. The renovations, which are tentatively scheduled to end in September 2008, include the construction of a new eight-lane, 400-meter track that is built to IAAF specifications and utilizes a new Mondotrack surface, the same surface that will be used in Beijing for the 2008 Summer Olympics. USF is just the fourth school nationwide to install the surface and the first in the State of Florida. The track will also have new and improved high jump, discus, hammer and shot put areas along with runways and pits for the long and triple jump, javelin and pole vault. A new state-of-the-art scoreboard will also be installed.

In addition, Woolard helped to solidify a \$3 million lead-gift for the Pamela and Leslie Muma Basketball Practice Facility. The new state-of-the-art facility will feature multiple basketball practice courts, new locker rooms, offices and lounges, along with video and meeting rooms.

Already, USF has added nearly \$2 million in video scoreboards to the Sun Dome, USF's basketball arena, and Woolard has a progressive plan to re-fit the entire seating configuration in the arena.

Woolard has also been proactive in retaining successful coaches, having negotiated new contracts with Jim Leavitt (football), Ken Eriksen (softball), Jose Fernandez (women's basketball) and George Kiefer (men's soccer). Leavitt, who in 2008 received a new seven-year contract extension through the 2014-15 academic year, remains the only football coach USF has ever had and led the program to three straight bowl games — the Meineke Car Care Bowl (2005), the Papajohns.com Bowl (2006) and the Brut Sun Bowl (2007) — in the program's first 11 years of existence. Eriksen has annually led his softball program into postseason competition and was an assistant coach for the 2004 USA Olympic Team. During the 2008 season, he led his softball team to the schools first-ever BIG EAST Conference regular season title and he was named the league's coach of the Year. Fernandez has led the women's basketball program to postseason play in each of the past five years — including the 2006 NCAA Tournament — the only such appearances in the program's history. Kiefer, the 2005 National Soccer Coaches Association of America South Region Coach of the Year, has turned the USF soccer program into one of the most competitive in the country taking the Bulls to two NCAA Tournaments in his six seasons, including a Sweet 16 appearance in 2007.

Woolard has also gone out and secured high-profile head coaches such as Stan Heath, to lead the men's basketball program, who came to USF after leading the University of Arkansas for five years and helping the Razorbacks to a pair of NCAA Tournaments. Woolard also hired Tampa native Lelo Prado as the schools baseball coach after Prado led the University of Louisville for 11 seasons and helped the Cardinals to their first-ever NCAA Tournament in 2002. That same year he was tabbed Coach of the Year by both the Conference USA and USA Baseball. In addition, Woolard hired Denise Schilte-Brown, one of the top up and coming women's soccer coaches in America, who previously held the same position at Virginia Commonwealth University, leading the Rams to two NCAA College Cups in 2004 and 2005 before coming to USF. Woolard also hired Agustin Moreno as the schools women's tennis coach. Moreno has guided the Bulls to three consecutive BIG EAST Conference Championship matches — winning the title in 2007 — and to three-straight NCAA Championship appearances. Moreno was also been tabbed the BIG EAST Conference Coach of the Year, also in 2007.

Expanded television and radio coverage for USF programs has also been a key initiative for Woolard. In 2005, he helped complete an agreement that allows for the most electronic media exposure in school history. In addition to USF's football and men's basketball programs upgrading to more powerful stations, every USF women's basketball and baseball game is now being aired on the radio for the first time ever. Opportunities will also exist for USF's softball and volleyball programs. There is also more television exposure through re-broadcast opportunities for all of USF's athletic teams on Bright House Networks in Tampa Bay. In addition to USF's current radio network for football, Woolard next plans on securing the program's first-ever Hispanic radio agreement.

In 2007 the USF Department of Athletics entered into a ten year multimedia contract with ISP Sports, the country's leader in the college sports marketing industry. The deal, worth a minimum of \$22 million strategically aligns both ISP Sports and ESPN Regional Television as USF's multimedia rights holders.

As someone who is extremely proud of his involvement and commitment to the local community, Woolard took the "bull by the horns" and successfully oversaw the University's involvement as host of first and second rounds of the 2008 NCAA Men's Basketball Tournament and then the 2008 NCAA Women's Final Four which were both held at the St. Pete Times Forum in downtown Tampa. This marked the first time in the 28-year history of the Women's Final Four that the host school — or city — also hosted the men's first and second rounds.



DOUG & CHERRIE WOOLARD

In 2004 — his first year at USF and the Bulls' final season in Conference USA — Woolard helped build momentum heading into the program's initiation into the BIG EAST. The women's track, golf and softball teams earned NCAA bids and the women's basketball team had its finest season ever and played in a second-straight postseason tournament. Men's basketball built strong momentum at the end of the year with upset wins over Charlotte, Houston and Cincinnati en route to the semifinals of the Conference USA Tournament.

All of this has not been achieved without continued emphasis on academics. Woolard has taken a personal involvement in building resources that will allow USF to maintain its early success in the NCAA's new APR (Academic Progress Rate) rankings. Woolard has hired Amy Haworth to oversee the Academic Services area and their professional backgrounds provide USF student-athletes with a wealth of support. Additionally, Woolard has hired the first-ever full-time Champs/Life Skills Director at USF.

Woolard's contributions extend to the community, where he has worked hard to build on existing relationships while opening the door for new ones as well.

Woolard's leadership role is one he is fit to assume and one in which he has experience. In October 1994, he assumed leadership of the Saint Louis University Department of Athletics as its Director and guided the program through a historic period that included the school's inclusion as a founding member of Conference USA, and more recently its acceptance of membership in the Atlantic 10 Conference.

While overseeing a department that was progressive in its competitive success, Woolard also proved to be a large asset in a community that like Tampa Bay, presents the challenge of finding a niche with professional football, baseball and hockey in the market.

The Saint Louis men's basketball team has consistently ranked among the top 30 in the nation in annual attendance during Woolard's decade at the helm. Three times, the program was among the nation's top 10, peaking with an average attendance of 17,708. Further, the men's soccer program at Saint Louis is consistently in the nation's top 10 in attendance by averaging over 2,800 fans a game in a stadium that was constructed for the men and women's teams under Woolard's watch.

Further enhancing the community partnership, Woolard has remained committed to bringing all Billiken athletic events back on campus. In addition to constructing a new soccer stadium, Saint Louis has added a new softball facility and nine new tennis courts on campus. Woolard also began fund raising efforts — before coming to USF — on Chaifetz Arena, a \$70 million on-campus multi-purpose facility that is the home for Saint Louis men's and women's basketball teams. The facility opened in April 2008.

Woolard also oversaw the Saint Louis athletics department as it made considerable advances outside the athletic arena. Under his tutelage, and while the Billikens were in Conference USA, Saint Louis student-athletes recorded the highest grade point average in the league.

While maintaining an outstanding department at Saint Louis, Woolard has also become a prominent figure on national committees. Presently he is a member of the NCAA Sports Wagering Task Force, which has been charged with recommending strategies to counteract sports wagering by student-athletes. He is a past chair of the Conference USA directors of athletics committee and he also served as the league's representative on the NCAA Academic/Eligibility/Compliance (AEC) Cabinet, where he chaired the amateurism and agents subcommittee. Woolard has also served as C-USA's alternate to the NCAA Management Council, the most powerful committee in the NCAA governance structure.

Prior to joining Saint Louis, Woolard worked for the nationally respected Jim Livengood at Washington State University. Under Livengood, who is now the Director of Athletics at Arizona and a past chair of the NCAA Men's Basketball Committee, Woolard was the associate director for external operations from 1989-94 after one year (1988-89) as an assistant director of athletics.

While at Washington State, Woolard was a key member of the senior management staff that oversaw a successful football program, and he played a prominent role in the entire department's relationship with the community.

Woolard and his wife, Cherrie, have two children, Chris and Amy.

Athletics Administration



Track & Field/Cross Country Administrator -- Barry Clements

Senior Associate AD / Sports & Programs Services

An employee in the USF since 1983, Barry Clements was promoted to his current position as Senior Associate Athletic Director for Sports and Program Services in 2007.

Clements provides oversight to eight sports at USF including men's basketball, women's basketball, men's and women's cross country, women's soccer, women's indoor track and, men's and women's outdoor track. Additionally, Clements administratively oversees the Equipment Area, the Sports Medicine Department, the Strength and Conditioning Department and the Video Area.

Clements was extremely involved in the overall building of USF's athletic training center, specifically overseeing the equipment, sports medicine and strength and conditioning areas.

Arguably, however, one of the biggest accomplishments that Clements was involved in was USF securing \$2.79 million to build a new track and field complex adjacent to the current track. The new facility will allow Hillsborough County to host a variety of events such as the World Disability Games, the Adult International Disability Games, Special Olympics, Florida State High School Track and Field Championships, and other events offered through the Hillsborough County Parks, Recreation and Conservation Department. The facility will also host National Collegiate Athletic Association regional meets and serve the needs of USF students through physical education classes, intramural sports activities, and campus recreation.

Clements has overseen the sports medicine area since 1983 when he first came to USF. In January 1993, he was promoted to assistant director of athletics. Over the course of his tenure, Clements has built a comprehensive Sports Medicine Department and program that is one of the best in the country. He is also responsible for building the Strength and Conditioning Department. As in sports medicine, Clements served as the head person in that area and remains certified by the National Strength and Conditioning Association.

A certified member of the National Athletic Trainers Association and the Southeastern Athletic Trainers Association, Clements is also a past president of the Athletic Trainers Association of Florida. During his presidency, that organization became incorporated and tax-exempt while achieving registration and licensure. Clements also served as a Doping Control Officer for the United States Anti Doping Agency, formerly the United States Olympic Committee of which he also served as an athletic trainer for men's and women's volleyball during the Olympic Festival in 1993. He was invited to be the men's volleyball athletic trainer for the World University Games in 1995.

Clements won the 1993 Florida Athletic Trainer of the Year Award, and was also the 1992 winner in the college and professional sports division. In 2003, Clements was inducted into the Athletic Trainers Association of Florida Hall of Fame. Most recently, Clements was named the 2006 Outstanding Associate Director of Athletics by the All-American Football Foundation.

He has been a lecturer on sports medicine, including tours of Sweden, Finland and Russia. In 1994, he became the first American trainer to work the European Championships.

Clements, 47, graduated from Ball State, where he was named an Outstanding Young Alumnus in 1994, and has a master's degree from Kent State. Prior to coming to USF he was the head athletic trainer at Stebbins High School in Dayton, Ohio. He was also the director of Dick Baumgartner's Basketball Shooting Camps during the early to mid eighties when the camps were the largest in the country. Other previous experience includes athletic trainer positions with the Cleveland Browns, the Orlando All-Star Classic, and the Olympic Training Center in Colorado Springs.

Clements is a native of Richmond, Ind. He and his wife, Melissa, reside in Temple Terrace with their daughter, Nicole (12).



Bill McGillis
Executive Associate
Director of Athletics



Scott Glaser
Associate AD / Facilities
& Event
Management



Amy Haworth
Associate AD / SA
Development/ SWA



Steve Horton
Associate AD/
Compliance



Brett Huebner
Associate AD/CFO



Vicki Mitchell
Associate AD/
Development



Lee Roy Selmon
President/Foundation
Partnership for
Athletics



Chris Freet
Assistant AD/
Communications



Andrew Goodrich
Assistant AD/
Administration



Curtis Jones
Assistant AD/
Football Academic
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Jim Louk
Assistant AD/
Ticket Sales & Broad-
casting



Ron McKeefery
Assistant AD/
Strength & Conditioning



Justin Miller
Assistant AD/Academ-
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Development



Eric Soncrant
Assistant AD/Bulls Club
Executive Director



Rick Stumpf
Assistant AD/Compli-
ance Coordination



Ayo Taylor-Dixon
Assistant AD/Marketing
& Promotions



Communications Staff



CHRIS FREET

Assistant Director of Athletics / Communications

Chris Freet was hired as the Assistant Athletics Director for Communications at the University of South Florida in August of 2007.

Since his arrival, Freet has taken over duties as the contact for the nationally-ranked football program and overseen a full-time staff of six individuals and a student contingent of 10.

The USF football program has received regular national media coverage, both in print and online, since his arrival and has reeled in an unprecedented amount of national honors. In 2007, USF went from having zero Division I All-Americans to three and one honorable mention award. Defensive end George Selvie earned NCAA consensus All-America honors after a sophomore season in which he led the country in tackles for loss and ranked second in sacks. Cornerback Mike Jenkins also pulled in first team All-America honors, while linebacker Ben Moffitt was named a third team All-American and Trae Williams was an honorable mention award winner.

Freet came to USF after five years with the nationally recognized Athletics Media Relations Department at the University of Oklahoma.

In his most recent position with OU as Associate Director of Media Relations, Freet handled secondary duties with the Sooner football team and served as the primary contact for women's basketball.

In previous years, he also served as the contact for the softball, volleyball and men's and women's gymnastics programs.

The Mission Hills, California native oversaw the successful promotion of Courtney Paris to 2007 AP Player of the Year, while also playing an integral part in the successful promotion of Heisman trophy winner Jason White and All-Americans Adrian Peterson, Mark Clayton and Jammal Brown.

The 28-year old resides in South Tampa and graduated from the UC Santa Barbara in 2002 with a degree in communications and minor in sports management.



Mike Hogan
Assistant Director
Women's Basketball



Amy Woodruff
Assistant Director
Football (2), Baseball



Jeff Wuerth
Assistant Director
Men's Basketball



Maile Keeney
Assistant Director
Men's Soccer, Softball



Brad Borghetti
Intern
Women's Soccer, Tennis



Lindsey Campbell
Intern
Volleyball, Track&Field/XC

Contacting USF Communications

Chris Freet	Assistant Athletics Director / Communications
Mike Hogan	Assistant Communications Director
Amy Woodruff	Assistant Communications Director
Jeff Wuerth	Assistant Communications Director
Maile Keeney	Assistant Communications Director
Brad Borghetti	Intern
Lindsey Campbell	Intern

Office

(813) 974-4086
(813) 974-4092
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(813) 974-4029

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(321) 356-7769
(330) 883-9506
(813) 468-3075

E-Mail

cfreet@admin.usf.edu
mhogan@admin.usf.edu
woodruff@admin.usf.edu
jwuerth@admin.usf.edu
mkeeney@admin.usf.edu
bborghetti@admin.usf.edu
lcampbell@admin.usf.edu

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Mailing Address & Shipping Address:

USF Communications
4202 E. Fowler ATH100
Tampa, FL 33620

BIG EAST Conference

In 2008-09, the BIG EAST will be in its fourth year as the nation's largest Division I-A conference. The first year with 16 members was wrought with curiosity among those in the world of collegiate athletics and in the media, but the league thrived in its new alignment, enjoying significant success in the athletic arenas, on the playing fields and in the classroom.

The goals of the BIG EAST have remained constant throughout its history -- to compete at the highest level and to do so with integrity and sportsmanship.

In 2005-06, the BIG EAST welcomed five new members to increase its membership to 16: University of Cincinnati, DePaul University, University of Louisville, Marquette University and the University of South Florida. Some were ready to call the new BIG EAST alignment too unwieldy, but the league showed that there can be strength in numbers even when that number is a large one.

BIG EAST institutions reside in nine of the nation's top 34 largest media markets, including New York, Chicago, Philadelphia, Washington, D.C., Tampa, Pittsburgh, Hartford, Milwaukee and Cincinnati. With its newest members, BIG EAST markets will contain almost one fourth of all television households in the U.S.

Since opening its doors in 1979, the league has won over 25 national championships in six different sports and nearly 150 student-athletes have won individual national titles.

The BIG EAST has always been able to boast that some of its best students are also some of its best athletes. More than 350 student-athletes have earned Academic All-America honors.

Moving proactively has been a consistent strategy for the conference that was formed in 1979. The BIG EAST has continually turned challenges into opportunities to become stronger.

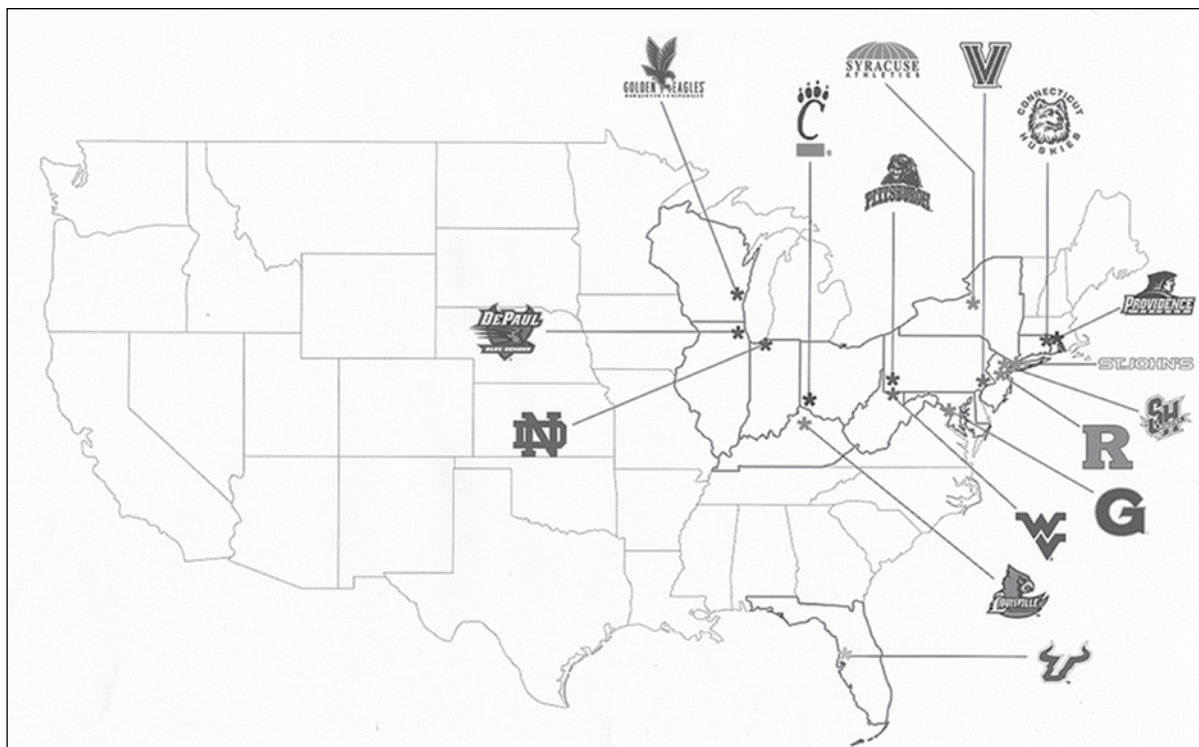
The BIG EAST became a reality on May 31, 1979, following a meeting of athletic directors from Providence College, St. John's, Georgetown and Syracuse Universities. Seton Hall, Connecticut and Boston College completed the original seven school alliance.

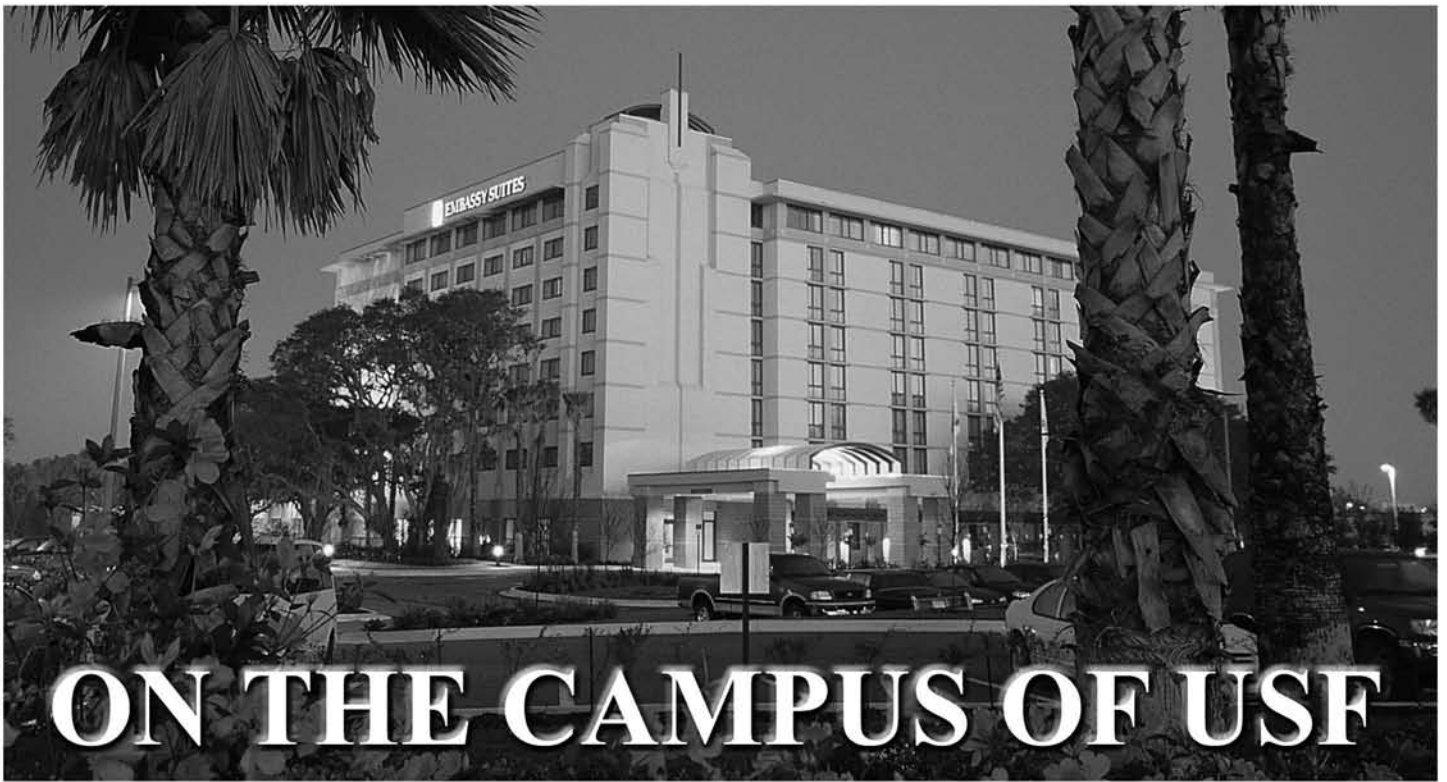
While the membership has both increased and changed, the focus of the BIG EAST has not wavered. The conference reflects a tradition of broad based programs, led by administrators and coaches who place a constant emphasis on academic integrity. The BIG EAST Conference has enjoyed a leadership role nationally. Its student athletes own significantly high graduation rates and their record of scholastic achievement notably show a balance between intercollegiate athletics and academics.

Any successful organization needs outstanding leadership. Michael Tranchese, the league's first full-time employee, and for 11 years the associate to Dave Gavitt, moved into the Commissioner's chair in 1990.

More than 550 BIG EAST athletes have earned All America recognition and dozens have won individual NCAA national championships. The BIG EAST has been well represented in U.S. or foreign national and Olympic teams. Several athletes earned gold medals in each of the last five summer Olympiads.

The BIG EAST has its headquarters in Providence where the conference administers to more than 5,500 athletes in 23 sports.





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CROSS COUNTRY/TRACK & FIELD

BULLS



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Duffy



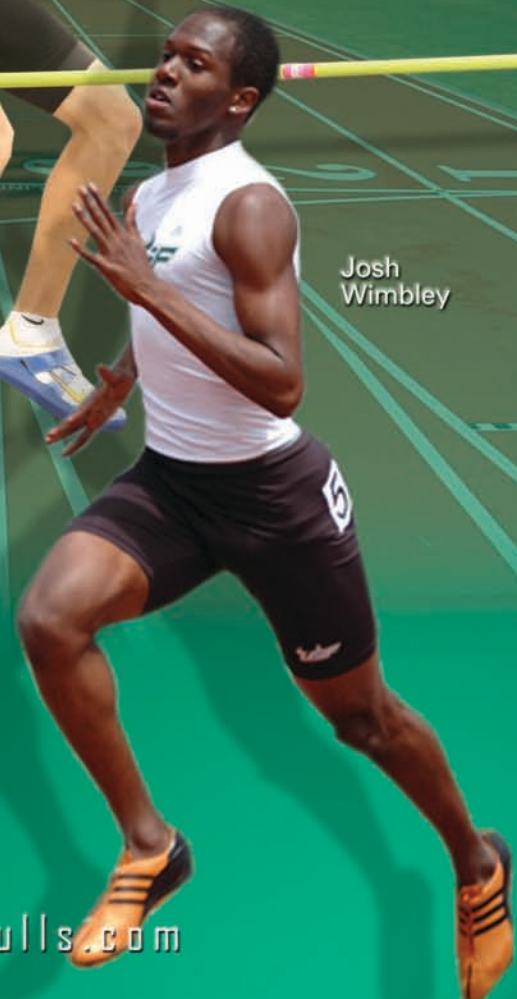
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Webb



Michael
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Tyler
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